

ENDEAVOUR (SOUTHERN)

Regional President: Cherie Clover cherie167@hotmail.com
Regional Course Coordinator: Judy Breen breenju3a@gmail.com

IMPORTANT INFORMATION: You must book to attend a course. Refer to 'Booking a Course' on page 4.

ENDEAVOUR REGION OF SYDNEY u3a

Annual General Meeting and Election of Office Bearers

will be held on: **Thursday 20th March commencing at 10:00am**
at: **Cronulla School of the Arts**

Address: 6 Surf Road, Cronulla.

CRONULLA COMMUNITY HALL

1/38-60 Croydon St
Meeting Room 1
wheelchair access, train station nearby

Language French

FRENCH FOR INTERMEDIATE SPEAKERS (max 16)

Every Monday from 10 Feb 2:00 to 3:30

(excluding school holidays)

Intermediate level French, basic knowledge required.
Revive your grammar, practise your conversation skills,
and enjoy reading French texts. Have fun in a relaxed
learning environment.

Leader and **Bookings:** Susan Molloy-Johnson
twotwelves@outlook.com

CRONULLA SCHOOL OF ARTS

6 Surf Rd, Arts Theatre
Upstairs Activity Room/Lecture Room, wheelchair access,
lift available, parking nearby, train station nearby.

PRESENTATIONS – TOPICS OF INTEREST (max 80)

Mondays or Tuesdays from 20 Jan 10:30 to 12:00

Various presentations about different interesting topics.

Enquiries ONLY Cherie Clover cherie167@hotmail.com

Bookings not required. Please bring a friend.

History

1. Pearls and pearling in Australia Monday

20 Jan

Journey from before white settlement, to the 'grab what you can' of early settlers on north coast of West Australia to current sustainable pearling industry practices. Hear about the mystique and glamour of some famous pearls.

Presenter: Gillian Lewis

Music

2. How musicals are made

Monday 3 Feb

How musicals are selected, cast, rehearsed, and staged and how it is now a big business.

Presenter: Tom Sweeney

Internet

3. Identity misuse. Identity protection is important!

Monday 10 Mar

ID Support NSW, the nation-leading identity support unit work to minimise risks associated with identity theft. Learn how to: strengthen your cyber resilience, stay secure online, spot a scam, run credit checks, create and maintain strong passwords.

Presenter Alicia Anderson

History

4. Tales from the cemeteries

Tuesday 29 April

A grim title but a funny talk. Revealing curious epitaphs written, unintentionally funny quotes and outright lies told on memorials. An enormous amount of material is found in cemeteries and nothing more satisfying connecting to an ancestor's grave.

Presenter: Judith Dunn

History

5. The Royal Flying Doctor Service

Monday 26 May

Learn about the history of the Royal Flying Doctor Service. The primary and emergency medical care today for rural and remote Australia. How is it funded and what is the future?

Presenter: Greg Woodward

Science

6. An introduction to Forensic Science

Monday 16 Jun

We look at the history of Forensic Science across a number of disciplines, including Forensic Anthropology, together with a study of Forensic Entomology and the use of insects in the investigation of criminal matters.

Presenter: Ian Thompson

Music

APPRECIATION OF CLASSICAL MUSIC **NEW**

(max 30)

2nd Wednesday from 8 Jan 10:00 to 1:00

An invitation to join not only classical music lovers, but for anyone who enjoys listening to beautiful music. Each month the program will feature a variety of Classical music. Leader: Margaret Durie

Bookings: Cherie Clover cherie167@hotmail.com

History Ancient

OVERVIEW OF ANCIENT AND MEDIEVAL HISTORY (max 30)

First and third Tuesday from 4 Feb 10:00 to 12:00
(excluding school holidays)

An overview of the rise and fall of civilisations and empires from ancient, medieval, to modern times by way of reading, discussion and TV documentaries (where available). Class members are encouraged to participate and/or contribute to the group.

Leader: Olga Bondarenko olgab@ozemail.com.au

Bookings: Carmen Izquierdo marycarmeniz@hotmail.com

Literature

READING AND DISCUSSING SHAKESPEARE (max 20)

First and Third Tuesdays from 4 Feb 2:00 to 3:30

Join in reading aloud the great plays and discussing their plots, characters, etc. The title of the play will be advised when you book. Please bring a copy of the play.

Leader and **Bookings:** Robert Englund

r.englund@optusnet.com.au 8521 7540

Travel

ARMCHAIR TRAVELLERS (max 50)

First and Third Wednesdays from 5 Feb 10:00 to 12:00
(excluding school holidays)

We come together with the common interest of sharing our travel experiences, using audio visual equipment. Some members choose not to present and enjoy the presentations as the audience.

Leader: Gwyn Leix gleix@optusnet.com.au 0415 130 756

Bookings: Kate Churcher kchurcher2@hotmail.com
0433 140 900

Music

HISTORY OF ROCK MUSIC FROM 1960s ONWARDS (max 40)

First Thursday from 6 Feb 10:00 to 12:00
(excluding school holidays)

This course explores the fabulous music and careers of world-famous bands, solo artists and albums from the 1960s to the present day. Class members are encouraged to participate and contribute to the group by giving a presentation. We mainly use YouTube, DVD's and CD's.

Leader and **Bookings:** Robin Hill
robinu3asydney@gmail.com

Language Italian

ITALIAN LANGUAGE AND CULTURE (max 15)

Every Thursday from 6 Feb 10:00 to 12:00
(excluding school holidays)

Basic Italian is required for students to participate in course activities which include conversation, listening, reading, with some writing exercises to practise appropriate grammar. Expand your appreciation of Italian culture through conversation, stories, poems and songs.

Acting Leader: Aurelia Pompili

Bookings: Judy Bassford judybassford7@gmail.com
9527 2931

Cinema

AT THE CINEMA – SPENCER TRACEY (max 40)

First and Third Thursday from 6 Feb 1:30 to 4:00

Experience and discuss films starring one of Hollywood's most famous actors who secured nine Oscar nominations. A program will be available at the first session.

Leader and **Bookings:** Robert Englund

r.englund@optusnet.com.au 8521 7540

Discussion Group

OPEN MINDS DISCUSSION GROUP B (max 15)

First and Third Friday from 7 Feb 10:00 to 12:00

Topics of current interest are suggested by members. Each member has the opportunity to express their point of view uninterrupted. This is followed by questions and comments given in a respectful manner.

Leader and **Bookings:** Anita Spinks

anitaspinks@live.com.au (email preferred) 0423 532 582

Art Appreciation

ART HISTORY (max 40)

Second and Fourth Tuesdays from 11 Feb 10:00 to 12:00

(excluding school holidays)

This course looks at the works of world-famous artists over the centuries. Members of the class present biographies with DVD and computer presentation.

Leader: Margaret Kingston m.kingston1@bigpond.com
0404 045 435

Bookings: Teresa Lamberton

teresalamberton@hotmail.com 0414 425 353 or

Carol Cook cook44271@gmail.com 0488 286 324

Discussion Group

OPEN MINDS DISCUSSION GROUP A (max 15)

Second and Fourth Wednesdays from 12 Feb 10:00 to 12:00

Topics of current interest are suggested by members. Each member has the opportunity to express their point of view uninterrupted. This is followed by questions and comments given in a respectful manner.

Leader and **Bookings:** Anita Spinks

anitaspinks@live.com.au (email preferred)
0423 532 582

Games

BRAIN GAMES (max 20)

Second and Fourth Fridays from 14 Feb 10:00 to 12:00

Extensive research provides growing evidence that in addition to maintaining physical fitness and eating sensibly, maintaining brain health in older people may assist in reducing the disease which causes dementia.

Leader and **Bookings:** Denis Paulin

d.paulin@bigpond.com 0438 594 206

History Local

FROM MAPS TO MEMORIES (max 40) **NEW**

Monday 17 Feb 10:00 to 12:00

Tracing Sutherland Shire's Property Evolution. Explore the history of properties and the surrounding area in Sutherland Shire using various historical and contemporary resources available online. We combine local history with practical research techniques that can be applied to any area.

Leader: Jeff Madsen jeff@lyptus.com.au

Bookings: Judy Breen breenjju3a@gmail.com

Cinema

WHAT MAKES GREAT MOVIES GREAT (max 20)

Fourth Thursday from 27 Feb 1:00 to 3:00

Short talk about the characteristics of film selected, that go towards making it great viewing. Screening of film without interruption. General discussion of film by members, while having afternoon tea.

Leader and **Bookings:** Anita Spinks anitaspinks@live.com.au (email preferred) 0423 532 582

History Local

USING MAPS IN FAMILY HISTORY (max 40) **NEW**

Monday 31 Mar 10:00 to 12:00

Show – don't tell!! Replace lengthy descriptions of places with a simple map and improve your family stories. Learn how to source maps that can be used to research your ancestors and gain a sense of place for your family.

Leader: Jeff Madsen jeff@lyptus.com.au

Bookings: Judy Breen breenju3a@gmail.com

GYMEA COMMUNITY CENTRE

31-33 Gymea Bay Rd

Wheelchair access, parking nearby,
train station nearby

Dance

MIDDLE EASTERN DANCING (max 30)

Every Monday from 3 Feb 1:00 to 2:00

Many styles of dance are used in these classes – Middle Eastern/Gypsy/Latin/Spanish/African. The music is a mix of "old time" numbers and some traditional music. The choreography suits older bodies and there is never any pressure to "get it right".

Leader: Faye Green shalinabd@bigpond.com 9521 6575

Bookings: Wendy Lobwein wendy.rae.lob@hotmail.com 9527 4696

Art Appreciation

DISCOVERING ART (max 25)

First and Third Tuesdays from 4 Feb 10:00 to 12:00

(excluding school holidays)

This class will study and discuss a range of art-related topics, including architecture, artists, art movements and much, much more. We also visit a variety of art galleries as a regular highlight.

Leader and **Bookings:** Margaret Wilkes margiewilkes@live.com.au 0407 958 924

Art Drawing

DRAWING WITH COLOUR (max 20)

Every Tuesday from 4 Feb 1:00 to 3:00

(excluding school holidays)

Member-driven art classes where we employ various styles and mediums, such as water colour, pastel, pen and ink, graphite and charcoal. Details for each class is emailed weekly to members.

Leader: Christine Horrocks christine.anne7@outlook.com

0438 614 087 **Bookings:** Kerrie Gowen kerriegowen65@icloud.com 0409 457 028

GYMEA TRADIES

57 Manchester Rd

Wheelchair access, parking onsite, train station nearby

Archaeology

ASPECTS OF ARCHAEOLOGY (max 16)

First and Third Wed from 5 Feb 2:00 to 4:00

There is a video each meeting on archaeology followed by readings from articles relating to archaeology.

Leader: Mary Armstrong 9534 2675

Bookings: Judy Breen breenju3a@gmail.com 0417 490 177

Art Urban Sketching

SUTHERLAND URBAN SKETCHING (max 40)

Every Thursday from 6 Feb 10:00 to 12:00

(excluding school holidays)

Learn observational URBAN SKETCHING to illustrate YOUR JOURNAL from YOUR environment, in water colours. We sketch outdoors on Saturdays. Beginners and experienced sketchers welcome.

Leaders: Peggy Annabel

peggy.annabel@bigpond.com 0402 354 968

Carol Cook cook44271@gmail.com.au 0488 286 324

Bookings: Anne O'Donnell anneodonn@gmail.com 0408 203 205

Language

CONVERSATIONAL ITALIAN (max 12)

Every Wednesday from 12 Feb 11:00 to 1:00

(excluding school holidays)

From beginners Italian, we will continue with extending our knowledge of grammar and sentence structure to become more confident speakers, readers, writers and listeners.

furthering our knowledge of Italian language and culture. If you are a beginner, check with our booker if class suitable.

Leader: Kylie Archer kylie@kidgredients.com.au

Bookings: Nilva Martini nilvalsim@gmail.com

MIRANDA COMMUNITY CENTRE

97 Karimbla Rd (corner Kiora Rd)

Wheelchair access, parking nearby, train station nearby

Discussion Group

AUSTRALIAN HISTORY DISCUSSION GROUP (max 20)

First and Third Wednesday from 5 Feb 1:30 to 3:30

(excluding school holidays)

Did you miss out on learning about Australian history at school? Come and join this informal group and learn about a variety of subjects from indigenous culture and settlement through to current day happenings.

Leader: Janice Stokes stokesj@optusnet.com.au

0418 415 249

Bookings: Caroline Munro 0424 377 458

OATLEY HOTEL

8 Oatley Ave, parking nearby

Discussion Group

DISCUSSION GROUP (max 15)

Every Monday from 3 Feb 10:00 to 12:00

Our friendly group enjoys stimulating and serious discussion on current affairs and a variety of subjects. There is controversy, reminiscing and usually lots of laughter.

Leader and **Bookings:** Denis Paulin d.paulin@bigpond.com
0438 594 206

OATLEY LIBRARY

26 Letitia St

Wheelchair access, parking nearby

Art

OATLEY ART AND CRAFTERS (max 12)

Every Wednesday from 5 Feb 2:00 to 4:00

(excluding school holidays)

Enjoy Art and Crafts? This group is for you! Bring your project of choice and enjoy a very social two hours creativity. Projects have included: painting, decoupage, knitting, quilting and sketching – anything arty or crafty. Afternoon tea supplied – along with laughter.

Leader and **Bookings:** Barbara-Jean

Adams beejaya@outlook.com 0438 299 108

Bookings: Maryanne Milligan 0416 965 736

SOUTH HURSTVILLE RSL

The Pinnacles 72 Connells Point Rd

Wheelchair access, parking nearby

Book Group

AWARD-WINNING BOOKS (max 10)

First Wednesday from 5 Feb 10:30 to 12:30

Friendly group meeting, to discuss award-winning novels, or novels any one of the group thinks should have won an award! Followed by lunch (optional).

Leader and **Bookings:** Pat Copping

18gingie@gmail.com 0432 345 501

Bookings: Vivienne Hayle vhayle@hotmail.com 0420 650 814

SUTHERLAND CLUB ON EAST

Coffee Shop 7 East Pde Wheelchair access, parking nearby

Book Group

CRIME WRITERS BOOK CLUB (max 14)

First and Third Tuesdays from 4 Feb 10:15 to 12:00

(excluding school holidays)

In depth discussion about listed book and author. All input welcome. The reading list is compiled yearly by the Leader in consultation with members. Authors from all over the world are included. A friendly, social and intelligent group. The group may meet for lunch afterwards.

Leader: Carol Dawson cadawson43@gmail.com 0405 311 749

Bookings: Carolyn Schinazzi carolandreno@gmail.com
0433 574 990

OUT THERE

Outdoors Bushwalking

ENDEAVOUR CAMPUS WALKERS (max 30)

Every Thursday from 6 Feb

(excluding school holidays)

Starting and finishing times vary using public transport and foot. Our walks program indicates degree of difficulty. We invite everyone to organise one walk per semester.

Leader: Christine Horrocks Christine.anne7@outlook.com
0438 614 087

Bookings: June Symes jsymes6@gmail.com 0408 077 900

Outdoors Eating Out

LUNCH A LOT WITH STYLE (max 25)

First Thursday from 6 Feb 12:30 to 2:00

Enjoy eating out? Share good food and conversation? We visit inexpensive restaurants chosen by group members.

Members pay for own meals and corkage.

The laughter is free.

Leader and **Bookings:** Shirley Demetriou
sdemetriou2@bigpond.com (bookings only)

0428 213 040 (enquiries only)

Outdoors Bushwalking

WALKING AROUND SYDNEY (max 40)

Alternate Friday from 7 Feb

Starting and Finishing times will vary.

Meet new people, discover parts of Sydney and surrounds you may never have been to. Walks are accessed via public transport. Bush and street walks of varying difficulty and length planned and lead by members of the group.

Leader: Teresa Longbottom teresalongbottom059@gmail.com

Bookings: Lesley Warwick lesleyaw17@gmail.com

Outdoors Sketching

SHIRE SKETCHING – URBAN SKETCHING

OUTDOORS (max 40)

Every Saturday from 8 Feb 10:00 to 12:00

(excluding school holidays)

Saturday sketching excursions are the outdoor component of the Thursday Gynea Tradies SHIRE SKETCHING class. Come out sketching to really observe our beautiful shire. Occasionally elsewhere with other urban sketch groups. All welcome.

Leaders: Peggy Annabel peggy.annabel@bigpond.com
0402 354 968

Carol Cook cook44271@gmail.com 0488 286 324

Bookings: Anne O'Donnell anneodonn@gmail.com
0408 203 205

Outdoors Walking

SYDNEY STRIDERS (max 35)

Alternate Wednesdays from 12 Feb 9:00 to 2:00

Travelling by public transport to a variety of scenic and interesting places around Sydney where we walk on tracks, streets and parks with some bushwalking. It is hoped that members will organise and lead walks in their local area.

Leader: Mary Shannon mary@shannon.id.au 0439 813 174

Bookings: Lesley Tinker tinkertogs@gmail.com 0409 395 492

Outdoors

WALKING IN SYDNEY AND SURROUNDS (max 35)

Fortnightly from Friday 14 Feb

Starting and finishing times will vary.

A variety of walks around greater Sydney and surrounds ranging from medium to easier bushwalks, track and street walks, seeing beautiful and interesting places, whilst enjoying good company. All u3a members are welcome.

Leader and **Bookings:** Teresa and John Lamberton
teresalamberton@hotmail.com 0414 425 353 or
0419 249 711

Outdoors Eating Out

FLAVOUR OF THE MONTH

Second Friday from 14 Feb 12:00 to 2:00

Explore good food from different cuisines and enjoy good company while dining. Individual members are expected to organise one lunch by finding a restaurant, emailing group members and collating the RSVP's.

Leader: Cherie Clover cherie167@hotmail.com
Bookings: Carol Cook cook44271@gmail.com

PRIVATE HOMES

History Culture

AUSTRALIA OUR LAND (Gymea) (max 10)

Every Wednesday from 5 Feb 10:00 to 12:00

(excluding school holidays)

Using books and videos from the library we study and discuss the environmental, geographical, historical and cultural aspects of our wonderful country.

Leader: Angela Balding bistenhouse@yahoo.com
0499 872 339

Bookings: Trevor Campbell 9525 6970

Book Group

BOOK BANTER (Caringbah) (max 12)

First Friday from 7 Feb 1:30 to 3:00

A wide variety of books are chosen by the members of the group and one book is discussed each month.

Leader and **Bookings:** Vicki Hann vickihann@hotmail.com
0419 482 254

Creative Writing

CREATIVE WRITING (South Hurstville) (max 10)

Third Tuesday from 18 Feb 1:30 to 3:30

Elevate your writing to new heights and embark on your creative writing journey while enjoying afternoon tea and meeting new people.

Leaders: Cathy Brett 0403 003 069 Jenny Jones
0403 943 932

Bookings: Patricia Skinner donleyton10@gmail.com
9547 0406

Photography

IT'S BACK! - PHOTOBOOKS FOR ABSOLUTE BEGINNERS (Gymea) (max 6)

Wednesday 9 April 10:00 to 12:00

Always wanted to make a photobook but just needed a nudge to get started? Using a freely available computer program, we'll discuss choosing book type, theme layouts, text and embellishments. Very suitable for true "photobook beginners"! Basic computer skills assumed.

Leader and **Bookings:** Jill McLelland jillU3A@outlook.com