

# CITY AND INNER WEST

**President:** Vicki Moss vicki@mcglashan.com.au (preferred) 0417 160 856

**Regional Course Coordinator:** Anne Hall 0419 017 364 annenhall@gmail.com **Enquiries only**

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**IMPORTANT INFORMATION:** You must book to attend a course. Refer to 'Booking a Course' on page 4.

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## CITY AND INNER WEST REGION OF SYDNEY u3a

### Annual General Meeting and Election of Office Bearers

Will be held on: **Wednesday 12 March 2025 commencing at 1:30**

at: **Burwood Club RSL**, 96 Shaftesbury Rd - Parking on Site

**Guest Speaker:** Ron Ringer

**Topic:** Bricks

Believe it or not, the humble brick continues to have an enormous impact on our lives. Historian Ron Ringer tells the fascinating and entertaining story of how bricks built our towns and cities.

Refreshments afterwards

Nomination forms from: Vicki Moss 0417 160 856 vicki@mcglashan.com.au (preferred)

RSVP by 5 March to: Anne Hall 0419 017 364 annenhall@gmail.com (preferred)

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## ASHFIELD: CARDINAL FREEMAN RETIREMENT VILLAGE

137 Victoria St

wheelchair access, parking nearby

Venue Coordinator Anne Hall annenhall@gmail.com (preferred) 0419 017 364

Games Bridge

### BRIDGE FOR THE LESS COMPETITIVE

**Every Tuesday from 7 Jan 1:00 to 4:00**

Brush up your bridge skills in our informal group in a friendly non-competitive atmosphere. All levels of skill welcome.

Leader and **Bookings:** Cherie Lucas

harpo2021@gmail.com 9799 1716

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## CLUB ASHFIELD

5-7 Charlotte St parking onsite

Venue Coordinator Lois Knight lmknight66@gmail.com 9798 6525

Qigong Tai Chi

### QIGONG, FAN, AND COLLABORATIVE TAI CHI (max 15)

**Every Tuesday from 4 Feb 10:30 to 12:00**

(excluding school holidays)

Class begins with ba duan jin and mini wild goose qigong where beginners are welcome, followed by 24 and 28 form tai chi chuan suitable for those with some experience. A modified kung fu fan completes the session.

Leader and **Bookings:** Deborah Gracic

deb.gracic@gmail.com 9636 6512

Lois Knight lmknight66@gmail.com 9798 6525

Relaxation Exercise

### COOPERATIVE RELAXATION AND STRETCHING ACTIVITIES (max 20)

**Every Wednesday from 5 Feb 10:00 to 12:00**

(excluding school holidays)

This course is for exercise in a collaborative atmosphere.

Leader: Lois Knight lmknight66@gmail.com 9798 6525

**Bookings:** Margaret Quinn 0412 134 300

Qigong

### COLLABORATIVE QIGONG (max 15)

**Every Friday from 7 Feb 10:00 to 11:30**

(excluding school holidays)

This is qigong in a collaborative environment. Qigong, according to Chinese culture, is beneficial to maintaining good health.

**Bookings:** Denise Yuen sdyuen@gmail.com 0410 570 188

Language ESL

### ENGLISH AS A SECOND LANGUAGE (max 14)

**Every Friday from 7 Feb 10:30 to 12:30**

(excluding school holidays)

We look at how English works, focusing on a topic of interest to the group. Read aloud, discuss pronunciation, word meanings, spelling, grammar and current idioms. A relaxed way to practice and improve your English with a friendly group.

Leader and **Bookings:** Janet Egan janet.egan@gmail.com 0415 133 994

Dance

### SALSA PLUS MORE **\*\*NEW\*\***

**Every Thursday from 20 Feb 11:00 to 12:30**

(excluding school holidays)

Join us for some fun and fitness through dancing. No partners required. Start with gentle warm up exercises and basic Salsa; move at your own pace. Later explore other Latin/Ballroom dances with DanceSport registered coach.

Leader and **Bookings:** Nazni Farooq

naz\_studies@yahoo.com

## CLUB BURWOOD

Cnr Burwood Rd and George St train station nearby  
Venue Coordinator Anne Hall annenhall@gmail.com  
(preferred) 0419 017 364

Current Affairs

### DISCUSSION GROUP CURRENT AFFAIRS

**Every Monday from 3 Feb 10:00 to 12:00**

We are a friendly group who discuss current affairs topics nominated by our members in turn. We allow issues and context to be fully explored with no topic out of bounds. Our discussions are always conducted with respect and sensitivity.

Leader and **Bookings:** John Neely  
johnwilliamneely@gmail.com 0418 471 183

Sociology History

### SOME VERY SURPRISING HISTORIES

**Alternate Wednesdays from 5 Feb 10:00 to 12:00**

You will be astonished at the unsuspected history of such things as alcohol, diet and sport amongst much else. An engaging and stimulating course.

Leader: Frank Wilson

**Bookings:** Betty Candy bjcandy@bigpond.com  
9716 4775

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## BURWOOD RSL

96 Shaftesbury Rd parking onsite, train station nearby  
Venue Coordinator Anne Hall annenhall@gmail.com  
(preferred) 0419 017 364

Language Japanese

### JAPANESE FOR BEGINNERS

**Every Tuesday from 4 Feb 10:00 to 12:00**

(excluding school holidays)

The course caters for complete beginners and also those with a little more language experience. The course includes conversation, culture, shared travel experiences and hiragana script.

Leader: Haruko Tanaka haruko1304@gmail.com  
0424 225 863

**Bookings:** Maria Daniele 0414 560 951

Cinema

### CLASSIC MOVIES

**Alternate Wednesdays from 12 Feb 10:00 to 12:30**

From the silent to the contemporary era: a selection of influential films that helped develop the industry. Explore and analyse background and historical settings plus production issues and biographical details pertaining to the director, cast and production personnel.

Leader: Hugh Watson 9519 5082

**Bookings:** Anne Hall annenhall@gmail.com (preferred)  
0419 017 364

Economics Investment

### INVESTMENT DISCUSSION GROUP

**Alternate Thursdays from 13 Feb 9:30 to 11:45**

Understand the forces and current events that affect investment markets. We examine specific topics and undertake some practical activity. This is a discussion group only, and our members are not permitted, by law, to provide financial advice.

Leader and **Bookings:** Greg Buriak  
buriak@optusnet.com.au 0422 599 417

Discussion Group

### SOCIAL ISSUES AND CURRENT AFFAIRS (max 17)

**Alternate Fridays from 14 Feb 10:00 to 12:30**

Meetings are divided into two sessions by a tea break. First session: Topic for discussion prepared and presented by a volunteer. Second Session: Current Affairs, no subject taboo. A friendly, intelligent group where everyone is encouraged to participate.

Leader and **Bookings:** Graham Murphy  
gramur@bigpond.com 9713 9730

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## BURWOOD: WOODSTOCK COMMUNITY CENTRE

22 Church St train station nearby, parking onsite  
Venue Coordinator Anne Hall annenhall@gmail.com  
(preferred) 0419 017 364

Music Recorder

### RECORDER GROUP

**Every Tuesday from 4 Feb 10:30 to 12:30**

(excluding school holidays)

A long-established friendly group. We perform a wide variety of music at intermediate level (not for beginners). Lunch afterwards at Burwood RSL.

Leader and **Bookings:** David Young dy4health@gmail.com  
0414 249 618 or 9569 8167

Cinema

### POPCORN ANYONE? (max 15)

**Alternate Wednesdays from 5 Feb 1:30 to 3:30**

Come along to a fun and friendly discussion on what's screening at the cinema or on free streaming services. We explore two movies chosen by the group each fortnight.

Leader and **Bookings:** Beatrice Scheepers  
egoranje@gmail.com 0402 969 004 (enquiries only)

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## GLEBE LIBRARY

186 Glebe Point Rd Cnr Wigram Rd, Benledi Room  
Venue Coordinator Pauline Valentine  
gregory\_1947@hotmail.com (preferred)  
0412 595 891 **SEE ALSO PAGE 17**

Language Japanese

### JAPANESE

**Every Thursday from 6 Feb from 10:00 to 12:00**

Knowledge of hiragana, katakana and some kanji will be helpful. We use a textbook, *Japanese for Busy People II*, twice per month and a few articles printed from topics of current Japanese interests.

Leader: Nobuyo Williams 0420 770 661 or  
Haruko Johansson 8957 7016

**Bookings:** Jan O'Loughlin janmi333@hotmail.com  
0422 637 385

Book Group

### FIRST FRIDAY BOOK GROUP

**First Friday from 7 Feb 10:00 to 12:00**

Favourite books are chosen by members for discussion by the group. New members very welcome.

Leader and **Bookings:** Jan MacIndoe  
nmacindoe@gmail.com 0424 537 557

## GLEBE: THE OLD TOWN HALL

160 St Johns Rd Bus 469, 470  
Venue Coordinator Pauline Valentine  
gregory\_1947@hotmail.com (preferred) 0412 595 891

Art Drawing

### **DRAWING/FIGURE SKETCHING (max 15) \*\*NEW\*\***

**Alternate Thursdays from 6 Feb 10:00 to 12:00**

Still life and landscape: draw what you see and sense, not what you know.

Figure sketching: build up the main foundation of drawing and sense of form and construction.

Doodling: create a picture to find an interesting way of drawing.

Leader: Kylac Phung

**Bookings:** Quyen Phung quyen088@gmail.com (preferred)  
0411 546 884

Craft

### **KNITTING AND CROCHETING**

**Alternate Thursdays from 13 Feb 10:00 to 12:00**

Do you enjoy knitting/crocheting but need a focus for your efforts or someone to share your ideas with, get hints, or chat with. Bring your own needles and yarn and a cushion for the plastic chairs.

Leader and **Bookings:** Gen Healy gen@nghealy.com (preferred)  
0418 404 810

Music Ukulele

### **STRUMMIN' TOGETHER AGAIN**

**Alternate Thursdays from 13 Feb 2:00 to 3:30**

We have a ball, singing and strumming our ukuleles and exploring diverse aspects of music. Learning an instrument is a challenge, but so beneficial for memory, concentration, finger dexterity and more! Familiarity with basic open chords is assumed.

**Bookings:** Pauline Valentine gregory\_1947@hotmail.com  
0412 595 891

## GLEBE: TOXTETH HOTEL

345 Glebe Point Rd Fireside Lounge  
ground floor parking nearby  
Venue Coordinator Susan Wood  
susantwood@bigpond.com

Philosophy

### **PHILOSOPHY IN THE PUB (max 10)**

**Alternate Tuesdays from 4 Feb 3:00 to 5:00**

Topics from a wide range of political and cultural themes are examined from a philosophical perspective.

Discussion aims to promote differing world views and challenge belief systems. Members are expected to participate in internet/ web research, questioning and facilitating.

Leader and **Bookings:** Susan Wood  
susantwood@bigpond.com

### **COURSE BELOW CANCELLED**

Art Drawing

### **DRAWING (max 15)**

**Alternate Thursdays from 13 Feb 10:00 to 12:00**

## LEICHHARDT LIBRARY

23 Norton St Forum Piazza Level paid parking on site

### **FRIDAY MORNINGS AT THE LIBRARY (max 20)**

**Alternate Fridays from Feb 10:30 to 12:30**

Interesting talks covering various topics.

**Bookings:** Janice Millard rjmillard5@icloud.com  
0419 203 361

History Australia

### **1. Historical convict bricks- they built this city**

**14 Feb**

Bricks by the billion. Ron Ringer, author of *The Brickmasters: 1788-2008*, will give an illustrated talk on how early Sydney's brick heritage took shape.

Speaker: Ron Ringer

Music

### **2. You say goodbye and I say hello**

**28 Feb**

From the Beatles to Bocelli, enjoy and discover stories behind some wonderful songs on the themes of hello and goodbye.

Speaker: Graham Spindler

Travel

### **3. Most scenic railway journeys in the world**

**14 Mar**

As train travel is getting more popular with tourists, we look at the best scenic railway journeys in all the five continents.

Speaker: Punchi Dassanayake

History Australia

### **4. A brick story one step forward**

**28 Mar**

The follow-up talk from 14 Feb on Sydney's growth, a place to call home, technological advance and brickmaking operations, economic depression, onwards and upwards from 1900-1930.

Speaker: Ron Ringer

History Papua New Guinea

### **5. Patrols into the Stone Age in PNG**

**11 Apr**

Mid-1960's patrols into the primitive wilds of Papua New Guinea confronting threatening cannibals plus A Court Martial in PNG.

Speaker: David Wilkins

Language English

### **6. History of Oz slang**

**2 May**

Background to the Macquarie Dictionary and its adventures in spelling, taboo words, flashpoints in politics and new words. The standards in usage – cliches, punctuation, jargon. Speaker: Sue Butler

Health

### **7. Drugs that affect mood and behaviour Part 1**

**16 May**

Learn how alcohol, cannabis and benzodiazepines (Valium like drugs) work in the body and the dangers associated with their use.

Speaker: Dr Rosemarie Einstein

Geography

### **8. Great river systems on our planet**

**30 May**

Our rocky planet has many surprises. We look at some of the great rivers and the diverse civilisations they pass through.

Speaker: Punchi Dassanyake

Famous People

### 9. Bee Miles

13 Jun

An in-depth discussion on one of the 20th century's most fascinating and intriguing figures, and the historical and political events that shaped her life.

Speaker: Rose Ellis

Health

### 10. Drugs that affect mood and behaviour Part 2

27 Jun

'Ice', ecstasy and cocaine are just some of the illicit substances causing problems today. How they work in the body and their associated dangers.

Speaker: Dr Rosemarie Einstein

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## MARRICKVILLE LIBRARY

313 Marrickville Rd JJ Cahill Room

parking under library from Livingston Rd, train station nearby, bus stop nearby

Book Group

### THE BIG ISSUES BOOK CLUB

Second Thursday from 13 Feb 10:30 to 12:30

Are you passionate about politics, climate change, the environment? Do you question decisions made by those in power that shape our lives, our nation and the world at large? Each month we will discuss a current title, chosen by the group.

Leader and **Bookings:** Stuart Corner  
corner.stuart@gmail.com 0419 492 190

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## REVESBY COMMUNITY HALL

Macarthur Ave

Venue Coordinator Joy Pegler

peglerjm@bigpond.com 9771 6185

Tai Chi

### TAI CHI (max 25)

Every Thursday from 6 Feb 9:30 to 11:00

(except school holidays)

For tai chi novices as well as for more experienced practitioners. The aim is for all participants to progress from 6 to 24 tai chi forms.

Leader and **Bookings:** Christine Chew  
chrischew@optusnet.com.au (preferred) 0413 149 938

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## REVESBY WORKERS CLUB

20 Brett St parking onsite

Venue Coordinator Joy Pegler peglerjm@bigpond.com  
9771 6185

Cinema Movies

### FILM DISCUSSION GROUP (max 12)

Fourth Tuesday from 28 Jan 10:00 to 12:00

Members undertake to view up to three group-selected films screening during the coming month. At every meeting, a volunteer introduces one of the selected films, followed by group discussion.

Leader and **Bookings:** Robyn Deane  
rdeanee297@gmail.com 9726 4279

## ROZELLE: HANNAFORD CENTRE

608 Darling St Cnr Nelson St wheelchair access

Discussion Group

### DISCUSSION GROUP (max 12)

Every Monday from 3 Feb 10:30 to 12:30

(excluding school holidays)

A lively discussion group. Each member has the opportunity to suggest and lead the topic for discussion. Subjects vary widely depending upon the news of the day or past events, but may cover philosophy, literature, the arts and life sciences.

Leader and **Bookings:** Barry Bidwell  
barry\_bidwell@yahoo.com.au 0408 607 434

Language French

### FRENCH INTERMEDIATE (max 8)

Every Tuesday from 4 Feb 10:00 to 11:30

A reasonable knowledge of French grammar, vocabulary and pronunciation is assumed. Reading, writing, listening and speaking activities are used to consolidate and extend that knowledge and those skills. There will be some formal grammar and a few laughs along the way.

Leader and **Bookings:** Alan Rodrick  
alan.rodrick@gmail.com 9819 6579

Language French

### ADVANCED FRENCH DISCUSSION (max 12)

Every Tuesday from 4 Feb 11:30 to 1:00

A solid background in French is necessary. Focus is on conversational French covering a wide range of topics, enhanced by reading, videos and games. Members are expected to be actively involved in contributing ideas and material for discussion.

Leader and **Bookings:** Sue Tronser  
suetronser@gmail.com 0418 673 670

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## SYDNEY U3A OFFICE

Suite 502, Sydney Mechanics' School of Arts

280 Pitt Street, Sydney

Metro (Gadigal), train station, bus stop, light rail stop nearby

Venue Coordinator Kerri Thompson

kerrithmpsn052@gmail.com (preferred) 0452 588 058

Language French

### ONGOING INTERMEDIATE FRENCH

Every Wednesday from 29 Jan 12:00 to 2:00

Three years of study and a good sense of humour required. Emphasis on speaking and reading with a French accent, writing accurately and applying grammar rules in a friendly atmosphere.

Leader and **Bookings:** Annelise Karpos  
annelisekarpos6@gmail.com 0410 404 940

Art Galleries

### DECONSTRUCTING CONTEMPORARY ART (max 25)

Every Thursday from 30 Jan 1:30 to 3:30

Visit contemporary art shows in Sydney galleries fortnightly. On alternate weeks, meet at the City Office for evaluation of news, events, trends, theory and history of the work visited. Build a virtual art collection and develop a personal aesthetic. Good physical fitness required.

Leader and **Bookings:** Wendy Fraser  
barrieandwendy@gmail.com 9569 7942 or 0408 711 672

Cinema Movies

### **FILM APPRECIATION (max 18)**

**Alternate Mondays from 3 Feb 1:30 to 3:30**

Do you enjoy contemporary cinema and sharing your ideas? Members of this group research a film and lead the discussion three to four times a year. We also look at issues, trends and news in the film world.

Leader and **Bookings:** Susanne de Ferranti  
susannedeferranti@gmail.com

### **TUESDAYS IN THE CITY (max 33)**

**Most Tuesdays from 4 Feb 1:30 to 3:30**

Interesting talks covering various topics.

**Bookings:** <https://sydneyu3a.org> (preferred) or  
Veronica Yeung sanpuiman@hotmail.com 0417 160 856

Music

### **1. Stories behind the song lyrics**

**4 Feb**

Entertaining audio and visual journeys into the stories behind some well-known songs.

Presenter: Graham Spindler

Nature

### **2. Colourful lives**

**11 Feb**

Colours in nature attract some colourful people. They even have birds or fish named after them. Why is the story of their lives so interesting?

Presenter: Chloë Mason

History Papua New Guinea

### **3. New Guinea: Australia's role in the 1960s & 1914**

**18 Feb**

- 1: Tales of what Australian patrols encountered in New Guinea in the 1960s.
- 2: In 1914 the Australian contingent in New Guinea defeating the German force.

Presenter: David Wilkins

Literature History

### **4. History and mythology with storytelling**

**25 Feb**

A short history of myth from Indigenous to the present. Understanding ourselves, how we got to here, a brief survey and telling of Homer's Odyssey.

Presenter: Jonathon Drew

Science Nature

### **5. Colour**

**4 Mar**

What is colour, from both scientific and artistic points of view, and how is colour created in nature, and in imaging technology?

Presenter: Laurie Wilson

History Ancient

### **6. Nefertiti, Akhenaten and the link with Tutankhamun**

**11 Mar**

Who were Nefertiti and Akhenaten? How did they try to change Ancient Egypt and what is their association with Tutankhamun.

Presenter: Glennise West

Literature

### **7. Rhyme or reason (the history behind nursery rhymes)**

**18 Mar**

Reveals English history hidden in Nursery Rhymes. Why was a baby on a tree top? Who was Humpty Dumpty? From the book, *Rhyme and Reason*.

Presenter: Susan Ackroyd

Archaeology

### **8. Endeavour – her life after Cook**

**25 Mar**

How do archaeologists go about finding a wreck? Learn the general principles and see how they were successfully applied to finding Cook's ship HMB Endeavour.

Presenter: Pam Forbes & Greg Jackson

Culture

### **9. April Fools' Day**

**1 Apr**

A look at the importance and /or otherwise of the what, who, when and where of this fun day.

Presenter: Geoff Davidson

Food

### **10. The pharmacology of herbs**

**8 Apr**

Herbs have been used in Medicine from time immemorial, Western Medicine is only a few hundred years old. We discuss herbal treatment in some detail.

Presenter: Punchi Dassanayake

Art

### **11. The art of Grace Cossington Smith**

**15 Apr**

Grace Cossington Smith was one of the most important post-impressionist Australian artists with a talent for making the everyday look brilliant. We view her art.

Presenter: Reinhard Ronnebeck

History War

### **12. 1940 evacuation from Hong Kong / Anzac commemoration**

**22 Apr**

1: In 1940 with the Japanese Army approaching, the British evacuated western women and children to Australia.

2: War memorials; National servicemen in the Vietnam War.

Presenter: Diane O'Hare & David Wilkins

Famous People

### **13. Mathematician Srinivasa Ramanujan**

**29 Apr**

Born into a poor Indian family, Ramanujan sat in front of his house formulating complicated theorems. Later he became one of the world's great mathematicians.

Presenter: Srinivas Sydney

Famous People

### **14. Eileen O'Connor - Our Lady of Coogee**

**6 May**

Eileen O'Connor was the founder of Sydney Brown Nurses. As the Holy See has recognised her holiness and virtue, could she become Australia's next saint?

Presenter: Monica O'Connell and Carls Lopez

Politics

### **15. What is democracy and why it's under pressure? Pt 1**

**13 May**

Some thoughts about how people's views about what is right or wrong have changed over the centuries.

Presenter: Peter Nixon?

Art

### **16. Lindsay family artists: Norman, Lionel etc**

**20 May**

Revisiting the Lindsays one century on. Are we still alarmed, or shocked? Warning: Slides will include nudity!

Presenter: Ann Sutherland

Politics

### 17. What is democracy and why it's under pressure? Pt 2

27 May

We expand on the views about right and wrong expressed in Part One (13 May) and examine some examples in detail.

Presenter: Peter Nixon

History Architecture

### 18. NSW colonial architect: James Barnet

3 Jun

During 28 years as colonial architect, Barnet designed 1,350 public buildings all over NSW, including post offices (eg the GPO), police stations, courthouses, jails, lighthouses.

Presenter: Don Napper

History Architecture

### 19. NSW colonial architects: The first 100 years

10 Jun

Colonial architects helped Barnet transform Sydney from a nondescript Georgian township to an international Victorian city, including Francis Greenway, Mortimer Lewis, Walter Vernon, George McRae.

Presenter: Don Napper

Health

### 20. Heart health and novel ways to regenerate cardiac tissue

17 Jun

Treatment of heart failure using a combination of advanced techniques, such as bioengineered heart tissues for cardiac regeneration using stem cells and 3D bioprinters.

Presenters: Dr Carmine Gentine and Andrea Natoli

Craft

### 21. A journey through quilt making

24 Jun

Tracing the history of textiles, machines, quilts - military, traditional and contemporary; and the people around the world who made them.

Presenter: Elisa Beecham

History Geography

### BUILDING THE DARLING HARBOUR FREEWAY

Thursday 6 Feb 1:30 to 3:30

Challenges and Intrigues around building of the Darling Harbour Freeway with its impact on today's heritage legislation – recommended if you're joining Max's Darling Harbour Walk.

Leader and **Bookings:** Max Underhill

maxwellunderhill@gmail.com for enquiries only

Max 0407998516 or Anna 0411361156

Book Group

### PATRICK O'BRIAN'S AUBREY-MATURIN NOVELS (max 12)

First Friday from 7 Feb 1:30 to 3:30

Join Captain Jack Aubrey and naturalist, intelligence agent and ship's doctor, Stephen Maturin in the era of the great sailing ships. Naval battles, Admiralty politics, espionage and the shifting allegiances of the Napoleonic wars keep our heroes on their toes.

Leader and **Bookings:** Elle Rasink

raspberryyink@icloud.com

Writing

### CITY WRITING CLUB

Alternate Mondays from 10 Feb 1:30 to 3:30

Life is a collection of stories often buried away. Our supportive group will write short pieces that can include anecdotes, verse, interesting facts or precious moments from our lives. Sharpen your pencils and come along with me on this journey.

Leader and **Bookings:** Patricia Thornton

bornbinkp@hotmail.com 0425 233 169

Book Group

### CITY READING GROUP (max 12)

Every Second and Fourth Friday from

14 February 1:30 to 3:30

Reading in a circle is very satisfying! Focusing on books well known but not always read, join us as we take turns in reading, then together discussing and rediscovering these treasures. Currently reading: *Montaigne, The Essays*.

Leader and **Bookings:** Elle Rasink

raspberryyink@icloud.com

### TECH THURSDAYS (max 33)

Alternate Thursdays 6 Mar to 1 May 1:30 to 3:30

Leader: David Farrell

**Bookings:** <https://sydneyu3a.org>

david\_v\_farrell@hotmail.com (preferred) 0420 678 403

Technology Computers

### 1. How to use an Android phone

6 Mar

Not just a phone, it's a computer that connects to the Internet! We will cover basic settings, security, apps, web browsing, email and podcast listening.

Technology Computers

### 2. How to use an iPhone

20 Mar

Not just a phone, it's a computer that connects to the Internet! We will cover basic settings, security, apps, web browsing, email and podcast listening.

Internet Computers

### 3. The Internet

3 Apr

A brief talk about the history of the internet, some basic features and terminology (DNS, TCP, URL and other TLAs) followed by a Q&A session.

Internet Computers

### 4. Internet security

17 Apr

If it sounds too good (or bad) to be true, it probably is. We'll cover keeping bank accounts safe on the internet followed by Q&A.

Technology Computers

### 5. Tech drop in

1 May

~~Book a timeslot and ask questions about phones, laptops, tablets, iPads, browsing, apps, email, podcast listening, word, excel or any other technical questions you have.~~

Technology Computers

### 6. Tech drop in

15 May

Book a timeslot and ask questions about phones, laptops, tablets, iPads, browsing, apps, email, podcast listening, word, excel or any other technical questions you have.

Technology Computers

### 7. What is happening with the Sydney u3a Website?

29 May

Come along to hear how the new system will work. Learn how to manage your membership, search for courses, enrol or cancel your enrolment.

Technology Computers

### 8. What is happening with the Sydney u3a Website?

12 Jun

Come along to hear how the new system will work. Learn how to manage your membership, search for courses, enrol or cancel your enrolment.

Technology Computers

### 9. What is happening with the Sydney u3a Website?

26 Jun

Come along to hear how the new system will work. Learn how to manage your membership, search for courses, enrol or cancel your enrolment.

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## OUT THERE

Games Pétanque

### PÉTANQUE GROUP

Every second Monday from 10 Feb 2:00 to 4:00

Originating in France, the game is played by two teams with the goal of getting the most boules, or metal balls, closest to the target. Suitable for beginners and experienced players. Meet at the top gate at Ballast Point Park Birchgrove.

Leader and **Bookings:** Peter Neale and Linda Larsen peter.neale909@gmail.com 0403 366 613

Outdoors Eating Out

### LUNCH OUT AND ABOUT (max 20)

Second Tuesday from 11 Feb 12:00 to 2:30

Do you enjoy good food and conversation and a laugh? Join us. Venues are chosen to be accessible by public transport. Members pay for their own meal.

Leader and **Bookings:** Christine Saint chrisaint772@gmail.com 0435 274 700

Outdoors Eating Out

### MUNCH ON BRUNCH

Third Thursday from 20 Feb

Step out and come brunching at a slick café somewhere in the inner city, or perhaps a bit further afield, but mostly close to public transport. Our venues are picked for their enticing food offerings, sharp design and quality coffee.

Leader and **Bookings:** Beatrice Scheepers egoranje@gmail.com 0402 969 004 (enquiries only)

Outdoors Galleries

### VISITING REGIONAL and SUBURBAN GALLERIES

Saturdays twice a month (mid-morning to mid-afternoon)

Travel by public transport. Join our lively group on visits to regional and suburban galleries to view a variety of exhibitions.

Leader and **Bookings:** Joanne Gordon joannegordon@bigpond.com (preferred) 0418 224 211

## PRIVATE HOMES

Book Group

### INNER WEST BOOK GROUP (various locations) (max 12)

First Wednesday from 5 Feb 2:00 to 4:00

Enhance your enjoyment of reading by sharing your ideas with others. Once a month we will read and discuss a book, choosing from a wide range of literature both fiction and non-fiction. At the Feb meeting we will discuss *The Space between us* by Thrity Umrigar.

Leader and **Bookings:** Kris Clarke clarketk@gmail.com 9705 1017 (enquiries only)

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## NEW VENUE

### GLEBE: ST HELEN'S COMMUNITY CENTRE

184 Glebe Point Rd

Crosswords

### SOLVING CRYPTIC CROSSWORDS - BEGINNERS

**\*\*NEW\*\***

First and third Thursdays from 6 Feb 12:00 to 2:00

Want to learn how to solve cryptic crosswords, haven't done any recently or need a refresher? Learn the tricks that make them easier to solve, then we'll solve a crossword together. Bring writing materials. \$5 contribution for worksheets per semester.

Leader and **Bookings:** Genevieve Healy gen@nghealy.com preferred 0418 404 810

### GLEBE LIBRARY

186 Glebe Point Rd Cnr Wigram Rd, Benledi Room

### STORYTELLING AND MYTH

Every Wednesday from 5 Feb 11:00 to 1:00

Sessions explore and provide insight into story, myth and timeless universal themes. Sessions invite discovery of how our lives intersect with the larger story, with the aid of poetry, music, song and new ways to imagine our lives and world.

Leader and enquiries: Jonathon Drew, jondrew.mythos@gmail.com or 0414 268 024

**Bookings:** vicki@mcglashan.com.au

### ALEXANDRIA: CLIFF NOBLE CENTRE

24 Suttor Street (corner of Renwick Street)

Metro and train stations nearby, parking nearby

First and Third Wednesday from 5 Feb 1:00 to 3:00

"Ulysses" by James Joyce has been called the greatest novel of the 20th century, but reading it can be a daunting task. We will study the novel by taking turns reading it aloud and discussing it in a collaborative atmosphere.

Leader and **Bookings:** Bettina Boss, bossbettina3@gmail.com (preferred) or 0466 979 460