

UPPER NORTH

Regional President: Marilyn Pryor marilynpryor7@gmail.com 0414 493 415
Regional Course Coordinator: Deb Heagney heagney@bigpond.com **Enquiries only**

IMPORTANT INFORMATION: You must book to attend a course. Refer to 'Booking a Course' on page 4.

UPPER NORTH REGION OF SYDNEY u3a

Annual General Meeting and Election of Office Bearers and Welcome to New Members

will be held on **Friday 31 January, 2025 commencing at 1.30pm**

at **Turramurra Uniting Church**

10 Turramurra Avenue (behind shopping area car park).

Reports by the President and other Committee members.

Presentation by guest speaker, John Cameron, who has extensive experience with computer systems and has followed the development of ChatGPT and AI closely. John will give us a brief look into the growth of artificial intelligence which is already changing the world, just as the internet did twenty years ago.

Election of office bearers for 2025: Members are invited to join the Upper North Committee to assist with the running of our wonderful organisation. Information and nomination forms may be obtained from, and returned to, the Secretary, Sylvia Hibberd, sylviau3aun@gmail.com or 0428 596 046 by Wednesday 22 January.

Refreshments provided.

Please RSVP to Marilyn Pryor at marilynpryor7@gmail.com or 0414 493 415 by no later than Wednesday 22 January.

BEROWRA COMMUNITY CENTRE

Gully Rd (behind Berowra Oval)
train station nearby, parking onsite.
Venue Coordinator Anne Rayment
annerayment@hotmail.com

AFFAIRS OF INTEREST IN THE CURRENT WORLD

Second and fourth Mondays (Tues if Mon is a public holiday) from 10 Feb 10:00 to 12:00

Balcony room

A series of talks of general interest looking at topics relevant to people living in today's world.

Leaders: Joan Scott and Jackie Wilson

Bookings: Joan Scott djscott.joan@gmail.com (preferred)
0405 453 396

Language History

1. History of Australian slang / rebel without a cause
10 Feb

These two talks follow the pattern of development of Australian English vocabulary and consider the effects of language change.

Presenter: Sue Butler

Technology

2. Glass

24 Feb

Glass is used every day. It has a long history of creating beautiful objects, scientific instruments and devices that may surprise you.

Presenter: Debbie Rudder

Legal

3. What is a Justice of the Peace

10 Mar

Learn how JPs provide an essential community service and form an integral part of the social and legal history of many Commonwealth countries.

Presenter: Andrew Miles

Technology

4. Renewable energy and electric cars

24 Mar

An overview of energy sources that are available and of benefit to us all throughout the world.

Presenter: Ross Clements

Human Body

5. Kinesiology

14 Apr

Kinesiology is the study of bodily movement. We will explain how it works and where it fits into complementary medicine.

Presenter: Steve Powell

History World

6. Harems of the Sultans

28 Apr

We unravel some of the myths and mysteries of the treacherous politics of the harems of Turkey – hot beds of intrigue and danger.

Presenter: Cindy Davies

Media

7. Media and celebrities behind the screen

12 May

Anita is one of Australia's most distinguished television producers and based on her book *Secrets Beyond the Screen*, she will reveal all.

Presenter: Anita Jacoby AM

Future

8. Grey matters: managing the world's ageing population 26 May

We consider why the world's population is ageing, its challenges and opportunities and how selected countries are managing the issue.
Presenter: Jackie Wilson

Politics

9. What is democracy really about? 10 Jun

What is democracy? We consider the world's major systems, such as those of Russia and the USA and how they compare with our own in Australia.
Presenter: Peter Nixon

BRUSH FARM NETBALL COURTS

1 Lawson Street, Eastwood parking onsite
Venue Coordinator Al Reeks areeks61@gmail.com

Games Pickleball

PICKLEBALL

Every Wednesday from 5 Feb 10:00 to 12:00

Pickleball is a fun game which mixes three sports into one – tennis, badminton and table tennis. It is played on a badminton size court. The net is lower than a tennis net, the paddles are the size of a beach bat and typically made of graphite and the ball is light plastic.
Leader and **Bookings:** Al Reeks areeks61@gmail.com

EASTWOOD CROQUET CLUB

Corner of West Parade & Wingate Avenue
train station nearby
Venue Coordinator Patricia Sykes pasyk.un21@gmail.com

Games Croquet

INTRODUCTION TO CROQUET

Fridays from 7 Feb

The game of croquet is low impact, strategic, mentally stimulating and offers effective yet gentle exercise on excellent, beautifully maintained lawns. All equipment supplied and lessons by a qualified coach. Dress code is casual with flat soled shoes or joggers.

Leader and **Bookings:** The Secretary
ecc111936@gmail.com 9654 2248

EPPING LEISURE AND LEARNING CENTRE

1 Chambers Court, off Pembroke Street,
beneath the Library wheelchair access, limited parking,
train station and bus stop nearby
Venue Coordinator Tricia Tsang
rydenurse@yahoo.com.au 0408 288 386

INTERESTING SPEAKERS AT EPPING (max 30)

Alternate Wednesdays from 12 Feb 1:00 to 3:00

Function Room

A group of speakers on a variety of subjects.

Leader and **Bookings:** Tricia Tsang
rydenurse@yahoo.com.au 0408 288 386

Technology

1. A closer look at the world of AI

12 Feb

AI is a game-changing technology with transformative potential. Amid the current hype, this presentation outlines what AI is, practical applications, new risks posed to individuals and strategies to manage them.
Presenter: Michelle Moffatt

Future

2. Nuclear power generation in Australia

26 Feb

Nuclear power, its history and some facts. Some humour and why we need it in Australia. How, and where, to treat nuclear waste in Australia.
Presenter: Wesley Harder

Health

3. Probiotics and human health

12 Mar

Since 2022 there has been an explosion of new research on probiotics and their effects on just about everything from the heart to the brain, across gender and lifespan. Hear about the latest findings.
Presenter: Dr Judy Ford

Travel

4. Mongolia and Siberia

26 Mar

Kevin and Glenys provide their impressions based on travels there and on research carried out since. Their multi-media presentation highlights the history, geography, culture, architecture, lifestyles and landscapes of each of these fascinating countries.
Presenters: Kevin and Glenys Murray

Medical Matters

5. First Aid and CPR

9 Apr

The session covers how to recognize cardiac arrest (not heart attack), CALL PUSH SHOCK, the role of CPR and an AED. There will be manikins and training AEDs for you to practise your skills.
Presenter: Joanne Struck, Heart of the Nation

History China

6. Who is Xi Jinping?

7 May

A closer look at one of the most powerful men, not only in China, but in the world. He has been leader since 2013 – what is he trying to achieve?
Presenter: Peter Nixon

Psychology

7. Psychology: some key concepts

21 May

Who is the real father of psychology? What is the difference between psychology and psychiatry? Details of IQ tests, personality tests, psychosis, neurosis and psychotherapy will be discussed.
Presenter: Reinhard Ronnebeck

Travel

8. India

4 Jun

This presentation will show wildlife and nature, dance and music, tradition and spirituality, naturopathy and Ayurveda, food and festivals, colours and fabrics, forts and palaces and many more such uniquely Indian experiences.
Presenter: Nirup Prabakaran

History Australia

9. Aboriginal discovery and migration

18 Jun

Aboriginals came to Australia approximately 45,000 years ago. The ocean crossing was remarkable, given the lack of any land bridge – preventing Asian animals coming and kangaroos living in Sumatra. We look at the consensus of theories.

Presenter: Stewart Fist

Tai Chi

TAI CHI (max 20)

Alternate Wednesdays from 19 Feb 1:00 to 3:00

Function Room

Gain health benefits through its gentle exercises and relaxation; ideal for Third Agers. Tai Chi's graceful, fluid movements combine three forms of exercise: strength, stretching and breathing. Participants should provide fitness assurance.

Leader and **Bookings:** Dennis Siang Tan
dshtan@bigblue.net.au 9888 7874

EPPING UNITING CHURCH

Corner Chester and Oxford Sts
train station and bus stop nearby
Venue Coordinator Patricia Sykes
pasyk.un21@gmail.com

Language Latin

LATIN FOR BEGINNERS ****NEW****

Alternate Tuesdays from 4 Feb 10:00 to 12:00

Old Manse Building

Join in and learn this fascinating ancient Romance language. The foundation of many European languages, including English. New beginners and lapsed former students are welcome. Text book is *Oxford Latin Course, Part 1*.

Leader and **Bookings:** Peter Moore plusph@gmail.com
(preferred) 0438 808 336

Book Group

BOOK DISCUSSION GROUP

Alternate Thursdays from 6 Feb 10:00 to 12:00

A reading and discussion group that considers a variety of texts with an emphasis on contemporary literature but also includes an occasional classic. The title of the first book for discussion will be given on enrolment.

Leaders: Sandra Luntz and Barbara Boston

Bookings: Sandra Luntz sandra.luntz@gmail.com
(preferred) 9874 3382

Music

BASIC MUSIC THEORY & SIGHT SINGING PRACTICE (max 15) ****NEW****

Every Wednesday from 12 Feb 11:30 to 1:00

not school holidays

A fun way to learn basic music theory and apply it to reading vocal music scores. The three major components of the course are: basic elements of music, practice singing from music scores and vocal warm up exercises.

Leader and **Bookings:** Ying Carruthers
yingcarruthers@hotmail.com (preferred)
0414 822 180

Dance

SCOTTISH COUNTRY DANCING (max 16)

Every Friday from 14 Feb 10:00 to 11:30

Large hall

A fun social activity for all ages. As soon as you hear the wonderful Scottish music you will want to dance. Moderate physical fitness is required but no previous dance experience or partner is needed. Wear soft shoes and light clothing.

Leader: Sheena Caswell

sheena.caswell@gmail.com 0401 847 468

Bookings: Sue Shaw suesuespan@gmail.com

GORDON LIBRARY

799 Pacific Highway

wheelchair access, parking nearby, train station nearby

Venue Coordinator Heather Lakiss

heatherlakiss@gmail.com (preferred) 0402 080 045

Philosophy

PHILOSOPHY

Alternate Mondays from 3 Feb 10:00 to 12:00

Meeting Room 2

We will finish the present course on Existentialism and then start *Masters of Greek Thought: Plato, Socrates and Aristotle* using lectures on DVD recorded for the Great Courses series by Professor Robert C. Bartlett.

Leader: Jock Buselli Jock.Buselli@tpg.com.au
9484 7041

Bookings: Stanis Osterly stanisosterly@hotmail.com

Tai Chi

TAI CHI (max 15)

Every Thursday from 6 Feb 10:00 to 12:30

(two classes 10:00 to 11:00 and 11:00 to 12:30)

Meeting Room 2

Learn the ancient art of Tai Chi and Qigong and gain health benefits through gentle strength, stretching and breathing exercises.

Leader and **Bookings:** Rose Pettett

rose.pettett@gmail.com 0402 287 738

HORNSBY: CENTRAL LIBRARY

28-44 George St (entry in Hunter Lane)

wheelchair access, parking nearby, train station

and bus stop nearby

Venue Coordinator Vicky Davies vdavies710@gmail.com

(preferred) 0422 522 550

History Australia

AUSTRALIAN HISTORY SEMINARS

Alternate Tuesdays from 4 Feb 10:15 to 12:15

Room 4

A course including a diverse range of topics and speakers dealing with Captain Moonlight, Abel Tasman, John Norton, as well as the Battle of Beersheba, ABC TV Studios at Gore Hill, convict stories and fascinating photographs.

Leader and **Bookings:** Garry Smith

garmal@outlook.com.au (preferred) 0418 443 147

Language

LANGUAGES FOR TRAVELLING

Every Wednesday from 5 Feb

10:00 to 12:00: Spanish for beginners

1:30 to 3:30: Italian for beginners

Room 8

Do you delight in engaging with the local folk when travelling, understanding their culture, art history and cuisine? Spanish can be used, not only in Spain, but also in South and Central America...or is Italian your first love?

Leader and **Bookings:** Paddy Gunning gunnosp@gmail.com (preferred) 0415 857 947

Travel

TRAVELLING LADIES

Alternate Tuesdays from 11 Feb 10:15 to 12:15

4 sessions only

Room 4

For a travel experience peppered with humour, determination and resourcefulness, join our Victorian and Edwardian adventurers as they explore different and remote places.

Leader: Nola Bramble

Bookings: Lynette Trupp roblyntrupp@bigpond.com.au (preferred) 9484 2641

Legal

UNDERSTANDING AUSTRALIAN LAW ****NEW****

Alternate Tuesdays from 8 Apr 10:15 to 12:15

6 sessions only

Room 4

Where laws come from, how the system works, legal dimensions of current events including the Australian Constitution, rule of law, judges, juries, barristers, solicitors, how trials are run, the principles of evidence, crime contracts, negligence, human rights and international law.

Leader: David Hirsch

Bookings: Lynette Trupp roblyntrupp@bigpond.com.au (preferred) 9484 2641

HORNSBY: LEISURE AND LEARNING CENTRE

25 Edgeworth David Avenue

wheelchair access, parking nearby, bus stop nearby

Venue Coordinator Heather Lakiss

heatherlakiss@gmail.com (preferred) 0402 080 045

Dance

DANCE DYNAMICS

Every Tuesday from 4 Feb 10:00 to 11:15

This dance fitness class is all about having fun while moving your body to great music. A wonderful way to improve your coordination and balance as well as providing benefits for your physical, emotional and mental health.

Leader and **Bookings:** Deb Heagney heagney@bigpond.com 0409 448 542

Art Painting

PAINTING IN ACRYLICS (max 15)

Alternate Thursdays from 6 Feb 9:30 to 12:00

Come and join our friendly class. Basic skills lessons are given to beginners, as well as guidance and assistance provided to all, whatever your skill level.

Leader and **Bookings:** Janny Drayer jannydrayer@gmail.com 0432 121 999

Art Painting

WATERCOLOUR PAINTING (max 16)

Alternate Thursdays from 13 Feb 9:30 to 12:00

Learn basic watercolour techniques or expand your skills in a friendly, supportive environment. If you are a beginner, the leader will give you a list of materials you will need.

Leader and **Bookings:** John Patten

jmpatten1@optusnet.com.au 0404 181 186

HORNSBY: STOREY PARK COMMUNITY CENTRE

12 Old Berowra Road

car parking, bus stop nearby

Venue Coordinator Heather Lakiss

heatherlakiss@gmail.com 0402 080 045

Music Recorder

MEDIUM TO ADVANCED RECORDER (max 13)

Alternate Wednesdays from 29 Jan 10:00 to 12:30

Room 1

The Northern Recorder Players are a friendly and relaxed group whose purpose is to enjoy making beautiful music from a wide repertoire. Sight reading ability required.

Leader and **Bookings:** Viv Peters viv55peters@gmail.com 0401 371 472

LINDFIELD GARDENS RETIREMENT VILLAGE

2 Ulmarra Place, East Lindfield

street parking available and bus at door

Venue Coordinator Sharon Jones

marysharone149@icloud.com

Bookings: Through the village office 9416 8466

VARIOUS SPEAKERS

Fourth Thursday from 27 Feb 10:00 to 12:00

Various speakers present different topics of interest.

Food

1. Food on the move / the pub with no beer

27 Feb

(a) History of dining on the Ghan from 1929 - outback pub meals with warm beer through to today's elegant dining with Australian wines and native bush fare.

(b) Coffee palaces and temperance hotels in Sydney and Melbourne in the 19th century.

Presenter: Diana Noyce

Famous People

2. Lucy Osburn

27 Mar

Controversial founder of the Sydney Hospital and how she founded modern nursing in Australia. She was later disowned by Florence Nightingale.

Presenter: Dr Judith Godden

History Maritime

3. The history of lighthouses

24 Apr

The history and development of lighthouses around the world, along the NSW coast and Sydney Harbour.

Presenter: Ian Thompson

History Local

4. Early Northbridge and environs

22 May

Privately built to promote residential development in the suburbs around Northbridge, the bridge opened as Long Gully Bridge in 1892.

Presenter: Ron Besdansky

Literature History

5. Lyrics quite contrary

26 Jun

A look at unlikely and often unpleasant origins and histories of some of the best known nursery rhymes and children's songs.

Presenter: Graham Spindler

LINDFIELD SENIORS CENTRE

259 Pacific Highway (behind Library) wheelchair access, limited parking onsite, parking nearby, train station nearby
Venue Coordinator Heather Lakiss
heatherlakiss@gmail.com 0402 080 045

Book Group

MODERN AND CLASSIC NOVELS

Alternate Thursdays from 30 Jan 10:15 to 12:15

Meeting room, main building

A literary discussion group studying 10-11 books each semester in a friendly and informal setting.

All enthusiastic readers welcome. 30 Jan: *The Magic Mountain* by Thomas Mann, 13 Feb: *The Bee Sting* by Paul Murray.

Leader and **Bookings:** Maurice O'Donovan
odonovan.1@bigpond.com 9411 8717

Language Spanish

POST INTERMEDIATE SPANISH

Alternate Mondays from 3 Feb 2:00 to 4:00

Meeting room, main building

Continuing course. A reasonable knowledge of grammar is required encompassing all tenses and understanding of subjunctives. The course will focus on listening, reading and speaking. There will be continual grammar revision.

A variety of teaching methods will be used.

Leader and **Bookings:** Jenny Brady
jennybry30@hotmail.com 9966 8510 or 0403 923 555

Language Latin

LATIN INTERMEDIATE

Every Wednesday from 5 Feb 1:00 to 3:00

Meeting Room, main building

not school holidays

This continuing course is based on Part 3 of the second edition of the *Oxford Latin Course* enhanced by passages of prose and poetry from various classical authors. Anyone with some basic knowledge of Latin is welcome to join us.

Leader and **Bookings:** Helen Ledwidge
helenledwidge685@gmail.com 0414 489 716

Language German

GERMAN ADVANCED

Every Friday from 14 Feb 9:30 to 11:00

Meeting Room, main building

Students need to have a sound knowledge of German.

Newspaper articles, passages from literature and poetry for discussion. New members welcome.

Leader and **Bookings:** Marika McLachlan
marikamclachlan@bigpond.com 0411 151 722

Language German

GERMAN INTERMEDIATE

Every Friday from 14 Feb 11:00 to 12:30

Meeting Room, main building

em 2008 neu Abschlusskurs – Kursbuch Niveaustufe C1 and Arbeitsbuch (ISBN 978-3-19-511697-8); *Der arme Millionar: A course in everyday German* BBC Radio basis for discussion in German.

Leader and **Bookings:** Marika McLachlan
marikamclachlan@bigpond.com 0411 151 722

PENNANT HILLS: HORNSBY KU-RING-GAI CHILD AND FAMILY HEALTH CENTRE

5 Fisher Avenue

parking nearby, train station nearby

Venue Coordinator Heather Lakiss

heatherlakiss@gmail.com 0402 080 045

Poetry

POETRY WRITING

Alternate Thursdays from 6 Feb 10:00 to 12:00

Group Room

We are a relaxed group of poets seeking to improve our writing. Bring a draft, receive positive and constructive comments.

Leader and **Bookings:** David Atkinson
atkinsondn6@gmail.com 0412 643 328

SOUTH TURRAMURRA: ST ANDREW'S UNITING CHURCH

Vernon St

parking onsite

Venue Coordinator Grahame Marr

gwmarr1@bigpond.com (preferred) 0447 580 088

Language French

FRENCH PRE-INTERMEDIATE (max 15)

Every Tuesday from 4 Feb 1:00 to 3:00

Fellowship Room

not school holidays

For those who have completed at least 2 years of preliminary French course. Develop your skills in speaking, listening to, reading and writing French in a relaxed and friendly atmosphere. Three text books required. Phone Leader for details.

Leader and **Bookings:** Shirley Beck 0447 545 070

Language French

FRENCH INTERMEDIATE (max 15)

Every Thursday from 6 Feb 1:00 to 3:00

Fellowship Room

not school holidays

For those who have completed at least 3 years of preliminary French course. Develop your skills in speaking, listening, reading and writing French in a relaxed and friendly atmosphere. Three text books required. Phone Leader for details.

Leader and **Bookings:** Shirley Beck 0447 545 070

ST IVES FERNBANK RETIREMENT VILLAGE

2 Kitchener St
parking onsite, parking nearby
Venue Coordinator Vicky Davies vdavies710@gmail.com
(preferred) 0422 522 550

Creative Writing

SHORT STORY WRITING (max 12)

Alternate Tuesdays from 11 Feb 10:00 to 12:00

Visitor Centre Games Room (one floor down)

Join our friendly and supportive group of amateur writers who enjoy writing short stories/articles on a specific theme. We are always amazed at the variety of different interpretations. Members discuss and offer appreciation and constructive criticism. No experience? No problem. Leader and **Bookings:** Liz Laslett lizlaslett45@gmail.com 0410 498 621

ST IVES UNITING CHURCH

Cnr Douglas St and Mona Vale Rd
wheelchair access, parking onsite
Venue Coordinator Vicky Davies vdavies710@gmail.com
(preferred) 0422 522 550

Dance

DANCE FOR FITNESS AND FUN, ONE

Every Monday from 3 Feb 10:00 to 11:30

Wesley Room

We dance to songs that we know and love. With music, rhythm and movement, we make new neuro pathways remembering the steps while exercising body and mind, improving memory and cardiac fitness, with the added bonus of friendship and laughter.

Leader and **Bookings:** Rose Pettett
rose.pettett@gmail.com 0402 287 738

Games Mahjong

MAHJONG PLAYERS GROUP ****NEW****

Alternate Tuesdays from 4 Feb 1:30 to 3:30

Finlay Room

A small group of experienced Mahjong players who are looking for new members interested in joining for stimulating play in a fun environment. Must be experienced in Western Mahjong and available to play each fortnight.

Leader: Marilyn Pryor

Bookings: Deb Heagney heagney@bigpond.com
0409 448 542

Music Ukulele

UKULELE FOR FUN

Every Wednesday from 5 Feb

9:15 to 9:45 Beginners

9:30 to 12:00 Beyond beginners

Wesley Room

Looking for a new interest? Come and have a lot of fun with our friendly group. Beginners welcome. We have start-up ukuleles available to try. Music is so good for the soul. Strum and sing with us just for fun.

Leader: Dennis Simmons

Bookings: Barrie Heath foxv217@gmail.com
0450 405 526

Dance

DANCE FOR FITNESS AND FUN, TWO

Every Friday from 7 Feb 10:00 to 11:30

Finlay Room

We dance to songs that we know and love. With music, rhythm and movement, we make new neuro pathways remembering the steps while exercising body and mind, improving memory and cardiac fitness, with the added bonus of friendship and laughter.

Leader and **Bookings:** Rose Pettett
rose.pettett@gmail.com 0402 287 738

Cinema

THE GOLDEN AGE OF CINEMA

Alternate Fridays from 7 Feb 10:00 to 12:30

Wesley Room

Classic films from the 1920s to the 1960s will be screened.

Leader and **Bookings:** Gary Tyrrell
talk2garyt@gmail.com 0432 696 163

Discussion Group Current Affairs

CURRENT AFFAIRS (max 18)

Alternate Thursdays from 13 Feb 10:00 to 12:00

Calvin Room

We discuss and actively debate current news topics from local, national and international news sources.

Debate can be lively and respectful of all opinions.

Topics are sent in advance.

Leader and **Bookings:** Michael Branagan
0417 452 100

TURRAMURRA NORTH: THE LANDINGS

440 Bobbin Head Rd
parking onsite
Venue Coordinator Wendy Bull
thelandingsvilla@gmail.com 9488 5268

TOPICS OF INTEREST

Second and fourth Mondays from 10 Feb 2:00 to 3:30

The Control Room in the Clubhouse

A variety of speakers lecture on their favourite subjects.

Leader: Wendy Bull thelandingsvilla@gmail.com
9488 5268

Bookings: no bookings required

Disasters

1. Search dogs Sydney

10 Feb

Highly qualified Search Technicians are partnered with expertly trained search dogs required for wilderness operations, disasters and casualty events.

Presenter: Chris D'Arcy

History Aviation

2. Pioneering aviation in the Pacific

24 Feb

We trace island aviation history from Kingsford Smith's 1928 historic landing in Suva through to the pioneering era, Qantas' sometimes troubled environment and Fiji's international airline's success in the aftermath of the 1987 military coups.

Presenter: Andrew Drysdale

Famous People

3. Sir Tannatt William Edgeworth David KBE CMG DSO FRs

10 Mar

Sir Edgeworth David (1858-1934) was an Antarctic explorer, war hero, University Professor and Geologist who discovered the mineral benefits of the Hornsby Quarry and first person to speak publicly of climate change.

Presenter: Cr Nathan Tilbury

History

4. Australia / Fiji frenemies

24 Mar

We look at some of the first white Australian settlers in Fiji through to the diplomatic manouvering with the Chinese of today.

Presenter: Andrew Drysdale

History Maritime

5. The navy at Gallipoli

14 Apr

A story of WW1 in 1914/1915 and the role of our RAN ships under the command of the RN and the decision by Churchill to attack Constantinople and to stop in joining the AXIS forces.

Presenter: Noel Phelan

Legal

6. Fox and Staniland Lawyers

28 Apr

We discuss the importance of legally written Wills and Estate disputes that face many families.

Presenter: Wal Abramowicz

Wildlife

7. Sydney Wildlife Rescue

12 May

The rescuing and care of sick, injured and orphaned wildlife such as koalas, wombats, echidnas and bandicoots to name a few, and how they are safely released back into the wild.

Presenter: Bev Young

Crime

8. Crime prevention

26 May

Our Ku-ring-gai Police Command speak about preventing crime in our area, fraudulent activities and theft, plus home, money and senior safety.

Presenter: Snr Constable Gemma Walker

Legal

9. Drug law reform

23 Jun

Nick Cowdery spent 50 years in criminal justice in various capacities and was a public defender, barrister and acting judge. For nearly 17 years he was Director of Public Prosecutions for NSW.

Presenter: Nick Cowdery AO QC

TURRAMURRA UNITING CHURCH

Turrumurra Avenue wheelchair access, parking onsite, train station and bus stop nearby

Venue Coordinator Vicky Davies vdavies710@gmail.com (preferred) 0422 522 550

Language German

PRE INTERMEDIATE GERMAN

Every Monday from 3 Feb 10:00 to 12:00

Garden room

not school holidays

Participants will develop their German vocabulary and grammar skills through course work, listening and speaking activities. The course assumes some prior study of, or familiarity with, the German language.

Leader and **Bookings:** Michael Hummel

michael.hummel48@gmail.com 0404 478 814

Discussion Group Current Affairs

CURRENT AFFAIRS DISCUSSION GROUP

Alternate Tuesdays from 4 Feb 10:00 to 12:00

Garden Room

We discuss current affairs and associated ideas based on media reports in an informal and objective manner. Subjects for discussion by a leader who is rostered on a voluntary basis in each session. New members welcome.

Leader and **Bookings:** Margaret Rapsey

rmrapsey@bigpond.com (preferred) 9456 4410

0457 252 526

Games

FUN PUZZLES

Alternate Tuesdays from 11 Feb 10:00 to 12:00

Garden Room

Let's challenge our brains and keep mentally agile by learning how to solve geometric puzzles such as tangrams and pentominoes, as well as space problems, number puzzles, word and logic puzzles. You will need pencils, paper, scissors and eraser.

Leader and **Bookings:** Sandra Sadler

spsadler@dodo.com.au 9484 5513

WAHROONGA: THE WONIORA

9 Woniora Avenue wheelchair access

Venue Coordinator Dorothee Schifter

dorothee.schifter@bigpond.com 9487 2578

Language German

GERMAN INTERMEDIATE (max 12)

Every Monday from 3 Feb 10:15 to 12:15

This course assumes that students have studied German in the past and want to brush up on their speaking, reading skills and basic grammar. The emphasis is on oral German and some necessary grammar.

Leader and **Bookings:** Dorothee Schifter

Dorothee.schifter@bigpond.com 0400 164 817

(leave text message) 9487 2578

OUTDOORS

Outdoors Walking

OUT THERE

Third Wednesday from 15 Jan

Join us for a variety of walks: bush, urban and coastal.

Register your interest to receive information on the walks.

Booked participants will receive full details early each month. Public transport options wherever feasible.

Leader and **Bookings:** Heather Lakiss

heatherlakiss@gmail.com 0402 080 045

PRIVATE HOMES

Venue Coordinator Heather Lakiss
heatherlakiss@gmail.com 0402 080 045

Creative Writing

INTERACTIVE CREATIVE WRITING (Dangar Island) (max 10) **NEW**

Alternate Wednesdays from 5 Feb 11:00 to 3:00

6 sessions only

Join well published, prize winning author and historian, Ann Howard, at her beautiful heritage home on Dangar Island.

Have a stroll around the island and then settle into your workshop with the vibrant Ann.

Leader and **Bookings:** Ann Howard
annhoward942@gmail.com

Book Group

LITERARY MASTERPIECES (St Ives) (max 8)

First Friday from 7 Feb 10:00 to 12:00

Welcome to a small group of lovers of reading and learning. Explore the best literature has to offer, with authors including Nobel Prize winners and texts from a variety of countries and cultures.

Book 1: *Carpentaria* by Alexis Wright

Leader and **Bookings:** Kaye Horley
rkhorley@gmail.com 0412 750 487

Poetry

WITH RHYME AND REASON (Denistone East) (max 10)

Alternate Thursdays from 13 Feb 10:30 to 12:30

We are a relaxed and convivial group who love to discuss poetry. Although our focus is 20th century English language poets, we also look at poems in translation and poets from other eras. Material is distributed before each meeting.

Leader and **Bookings:** Richard Clarke
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