

UPPER NORTH

Regional President: Marilyn Pryor marilynpryor7@gmail.com 0414 493 415
Regional Course Coordinator: Deb Heagney heagney@bigpond.com **Enquiries only**

IMPORTANT INFORMATION: You must book to attend a course. Refer to 'Booking a Course' on page 4.

BEROWRA COMMUNITY CENTRE

Gully Rd (behind Berowra Oval)
train station nearby, parking onsite, short walk to Berowra Station

Venue Coordinator: Anne Rayment
annerayment@hotmail.com

AFFAIRS OF INTEREST IN THE CURRENT WORLD **Second and fourth Mondays of every month from** **8 Jul 10:00 to 12:00**

Balcony room

A series of talks of general interest looking at topics relevant to people living in today's world.

Leaders: Joan Scott and Jackie Wilson

Bookings: Joan Scott djscott@tpg.com.au (preferred)
0405 453 396

Legal

1. Science in the witness box

8 Jul

The Chamberlain case featured brilliant barristers and deficient scientists. What has changed since?

Presenter: Ben Selinger

Environment

2. Sydney waste management

22 Jul

Making less and doing more. Personal and community priorities.

Presenter: Janine Ricketts

Food

3. Australia's culinary history

12 Aug

Changes in food and culture from convict ships to the present day.

Presenter: Diana Noyce

Broadcasting

4. The ABC – achievements and challenges

26 Aug

The ABC faces many challenges in our rapidly changing media landscape.

Presenter: Janine Kitson

Wildlife

5. Australia's wildlife conservancy

9 Sept

Turning the tide on Australia's animal extinction crisis.

Presenter: Cathy Sowden

Travel

6. Life in the Perigord, France

23 Sept

This beautiful part of France is home to painted caves, medieval castles, foie gras and fine wines.

Presenter: John Walsh

Environment

7. Nuclear power generation

14 Oct

Facts and features concerning nuclear power and nuclear waste.

Presenter: Wesley Harder

Environment

8. Cure inequality through housing design

28 Oct

Ways to live with environmentally friendly use of buildings, land, energy and water.

Presenter: Tone Wheeler

Transport

9. Transformation of transport

11 Nov

Options for your next vehicle? Going electric?

Presenter: Mary Hendricks

Science

10. Fireworks

25 Nov

Used throughout the world, this is a fiery, explosive and colourful method of celebration.

Presenter: Joan Scott

BRUSH FARM NETBALL COURTS

1 Lawson Street, Eastwood

parking onsite

Venue Coordinator: Al Reeks areeks61@gmail.com

Games Pickleball

PICKLEBALL

Every Wednesday from 24 Jul 10:00 to 12:00

Pickleball is a fun game which mixes three sports into one – tennis, badminton and table tennis. It is played on a badminton size court. The net is lower than a tennis net, the paddles are the size of a beach bat and typically made of graphite and the ball is light plastic.

Leader and **Bookings:** Al Reeks areeks61@gmail.com

EASTWOOD CROQUET CLUB

Corner of West Parade & Wingate Avenue
train station nearby
Venue Coordinator: Patricia Sykes
sykesp062@gmail.com

Games Croquet

INTRODUCTION TO CROQUET

Fridays from 5 Jul

The game of croquet is low impact, strategic, mentally stimulating and offers effective yet gentle exercise. All equipment supplied and lessons by a qualified coach. Dress code is casual with flat soled shoes or joggers. Bring water bottle, hat and sunglasses.
Leader and **Bookings:** The Secretary
secretary@eastwoodcroquetclub.org.au 9654 2248

EPPING LEISURE AND LEARNING CENTRE

1 Chambers Court, off Pembroke Street,
beneath the Library
wheelchair access, limited parking, train station nearby,
bus stop nearby
Venue Coordinator: Tricia Tsang
rydenurse@yahoo.com.au 0408 288 386

Tai Chi

TAI CHI (max 20)

Alternate Wednesdays from 3 Jul 1:00 to 3:00

Function Room

Gain health benefits through its gentle exercises and relaxation, ideal for Third Agers. Tai Chi's graceful, fluid movements combine three forms of exercise: strength, stretching and breathing. Participants should provide fitness assurance.

Leader and **Bookings:** Dennis Siang Tan
dshtan@bigblue.net.au 9888 7874

INTERESTING SPEAKERS AT EPPING (max 30)

Alternate Wednesdays from 24 Jul 1:00 to 3:00

Function Room

A group of speakers on a variety of subjects. Leader and **Bookings:** Tricia Tsang rydenurse@yahoo.com.au 0408 288 386

Technology

1. ID Support NSW

24 Jul

Learn how to spot a scam, run a credit check, the benefits of creating strong passwords and how to keep safe from identity crime.

Presenter: Alicia Anderson

History Iran

2. Isfahan: Pearl of Islam

7 Aug

The Safavid era witnessed the birth of modern Iran and ushered in a golden age of Islamic art and architecture. The capital, Shah Abbas, became one of the most dazzling cities of the Islamic world.

Presenter: John Tidmarsh

Photography

3. 12 Photos which made Australia

21 Aug

Twelve (12) iconic images of Australia from 1845 to 2013 showing the development of photographic art and technology over time and reflecting on who we are.
Presenter: Laurie Wilson

Education

4. Fire safety and prevention – tips and guidelines

4 Sep

Learn basic safety knowledge and fire protection, using fire safety equipment. Also information on lithium-ion battery safety.

Presenters: Fire and Rescue NSW

History Local

5. Virtual Walks

18 Sep

Take a virtual walk and hear interesting insights into things you might walk past without noticing – the largest and smallest, oldest and youngest, unexpected and bizarre.

(a) Sydney's CBD, The Rocks and Parramatta

(b) Kings Cross and Darlinghurst.

Presenter: Trevor McAlister

History Europe

6. Europe: the Renaissance and the Enlightenment

2 Oct – Part 1, 16 Oct – Part 2

30 Oct – Part 3, 13 Nov – Part 4

In this continuing 4-part course from 2022 and 2023, we look at revolutions in philosophical ideas, arts and politics, the first empire builder, Napoleon Bonaparte's achievements, and European imperialism that followed based on his naval supremacy.

Presenter: Ian de Mellow

EPPING UNITING CHURCH

Corner Chester and Oxford Sts
train station nearby, bus stop nearby
Venue Coordinators: Sandra Luntz (Book Discussion Group)
sandra.luntz@gmail.com 9874 3382
Sheena Caswell (Scottish Country Dancing) sheena.caswell@gmail.com 0401 847 468

Dance

SCOTTISH COUNTRY DANCING (max 16)

Every Friday from 5 Jul 10:00 to 11:30

Large hall

A fun social activity for all ages. As soon as you hear the wonderful Scottish music you will want to dance. Moderate physical fitness is required but no previous dance experience or partner is needed. Wear soft shoes and light clothing.

Leader and **Bookings:** Sheena Caswell
sheena.caswell@gmail.com 0401 847 468

Book Group

BOOK DISCUSSION GROUP

Alternate Thursdays from 11 Jul 10:00 to 12:00

A reading and discussion group that considers a variety of texts with an emphasis on contemporary literature but also includes an occasional classic. The title of the first book for discussion will be given on enrolment.

Leaders: Sandra Luntz and Barbara Boston

Bookings: Sandra Luntz sandra.luntz@gmail.com (preferred) 9874 3382

GORDON LIBRARY

799 Pacific Highway
wheelchair access, parking nearby, train station nearby
Venue Coordinator: Heather Lakiss
heatherlakiss@gmail.com (preferred) 0402 080 045

Philosophy

PHILOSOPHY

Alternate Mondays from 8 Jul 10:00 to 12:00

Meeting Room 2

This course looks at 'No Excuses: Existentialism': a series of lectures from the Great Courses DVDs.

Leader: Jock Buselli Jock.Buselli@tpg.com.au 9484 7041

Bookings: Stanis Osterly stanisosterly@hotmail.com

Tai Chi

TAI CHI (max 15)

Every Thursday from 8 Aug 10:00 to 12:30

(two classes 10:00 to 11:00 and 11:00 to 12:30)

Meeting Room 2

Learn the ancient art of Tai Chi and Qigong and gain health benefits through gentle strength, stretching and breathing exercises.

Leader and **Bookings:** Rose Pettett

rose.pettett@gmail.com 0402 287 738

HORNSBY: CENTRAL LIBRARY

28-44 George St (entry in Hunter Lane) wheelchair access, parking nearby, train station nearby, bus stop nearby
Venue Coordinator: Vicky Davies vdavies710@gmail.com (preferred) 0422 522 550

History Australia

AUSTRALIAN HISTORY SEMINARS

Alternate Tuesdays from 23 Jul 10:15 to 12:15

Room 4

A course including a diverse range of topics and speakers dealing with early history, famous individuals, local history, the Great War and Irish and Greek immigration.

Leader and **Bookings:** Garry Smith garmal@outlook.com.au (preferred) 0418 443 147

Language Italian

ITALIAN FOR TRAVELLING

Every Tuesday from 23 Jul 10 sessions only

Room 2

10:30 to 12:30: Beginners and people who have done less than 50 hours prior learning.

Room 8

1:30 to 3:30: Beyond beginners for more advanced students. Do you long to visit Italy sometime soon? We deal with language basics for everyday travel situations and cultural topics to enhance your travel.

Leader and **Bookings:** Paddy Gunning

gunnos@gmail.com (preferred) 0415 857 947

Travel

TRAVELLING LADIES

Alternate Tuesdays from 30 Jul 10:15 to 12:15

4 sessions only

Room 4

Four amazing hair-raising stories of travels in little explored parts of the world. Come and listen to some adventurous ladies share their incredible experiences of pursuing their wanderlust.

Leader: Nola Bramble

Bookings: Lynette Trupp roblyntrupp@bigpond.com.au (preferred) 9484 2641

EXTRA LECTURES OF INTEREST

Alternate Tuesdays from 24 Sep 10:15 to 12:15

4 sessions only

Room 4

A short series of talks on a variety of topics.

Bookings: Lynette Trupp roblyntrupp@bigpond.com.au (preferred) 9484 2641

Food

1. All about herbs and spices

24 Sep

Herbie is one of Australia's foremost culinary specialists. With a passion for herbs and spices, he is the author of *The Spice and Herb Bible*.

Presenter: Ian "Herbie" Hemphill

History New Zealand

2. The First Maori War – 1845 to 1848

8 Oct

An illustrated history and origins of The First Maori War in the early days of New Zealand, covering a short background on early New Zealand, the causes, history and outcomes of the conflict.

Presenter: Peter Headley

Health

3. Kinesiology

22 Oct

The word Kinesiology is derived from the Greek word "kinetic" meaning moving energy. This lecture provides information on the workings of Kinesiology and explains where it fits into the complementary health industry.

Presenter: Steve Powell

Medical Matters History

4. The History of Medicine

5 Nov

John is a retired Orthopaedic Surgeon and will discuss our body, what it's made of, what can go wrong and how to treat it as we grow older.

Presenter: Dr John Walsh

HORNSBY: LEISURE AND LEARNING CENTRE

25 Edgeworth David Avenue

wheelchair access, parking nearby, bus stop nearby

Venue Coordinator: Heather Lakiss heatherlakiss@gmail.com (preferred) 0402 080 045

Dance

DANCE DYNAMICS

Every Tuesday from 2 Jul 10:00 to 11:15

This dance fitness class is all about having fun while moving your body to great music. A wonderful way to improve your coordination and balance as well as providing benefits for your physical, emotional and mental health.

Leader and **Bookings:** Deb Heagney

heagney@bigpond.com 0409 448 542

Art Painting

WATERCOLOUR PAINTING (max 16)

Alternate Thursdays from 4 Jul 9:30 to 12:00

Discover the magic of watercolour painting in this friendly group, whatever your skill level. Different techniques will be given from beginners to more experienced levels. Everyone attending should bring their own materials.

Leader and **Bookings:** Ildy Turner ipturner@bigpond.net.au 0414 949 488

Art Painting

PAINTING IN ACRYLICS (max 15)

Alternate Thursdays from 11 Jul 9:30 to 12:00

Come and join our friendly class. Basic skills lessons are given to beginners, as well as guidance and assistance provided to all, whatever your skill level.

Leader and **Bookings:** Janny Drayer
jannydrayer@gmail.com 0432 121 999

HORNSBY: STOREY PARK COMMUNITY CENTRE

12 Old Berowra Road
car parking, bus stop nearby
Venue Coordinator: Heather Lakiss heatherlakiss@gmail.com
0402 080 045

Music Recorder

MEDIUM TO ADVANCED RECORDER (max 13)

Alternate Wednesdays from 3 Jul 10:00 to 12:30

Room 1

The Northern Recorder Players are a friendly and relaxed group whose purpose is to enjoy making beautiful music from a wide repertoire. Sight reading ability required.

Leader and **Bookings:** Viv Peters viv55peters@gmail.com
0401 371 472

LINDFIELD GARDENS RETIREMENT VILLAGE

2 Ulmarra Place, East Lindfield
street parking available
Venue Coordinator: Book through the village office
9416 8466

VARIOUS SPEAKERS

Fourth Thursday of Every Month from 25 Jul 10:00 to 12:00

Village Centre

Various speakers present different topics of interest.

Bookings: Book through the village office 9416 8466

History Local

1. Tramways of the North Shore and Manly 25 Jul

Trams once connected the Northern Beaches coastal communities, leaving behind a rich history that still captivates us today.

Presenter: Ron Besdansky

Famous People

2. Newtown's "Noble Woman" of the Great Depression 22 Aug

Matron Olive Angermunde, a commendable and dedicated nurse, played a significant role in the healthcare community during the 1929 to 1932 Depression.

Presenter: Dr Terry Beed

History USA

3. Know your American presidents 26 Sep

Facts about the American Presidency in the past.

Presenter: Nigel Hubbard

History Maritime

4. The Halvorsen story

24 Oct

The Halvorsen family came to Australia with very little but worked hard with extraordinary commitment to the design and building of boats we now know as the classic Halvorsen. Presenter: Noel Phelan

Literature History

5. The 19th century lady novelist

28 Nov

Career options for female writers and their novels.

Presenter: Jennifer Hubbard

LINDFIELD SENIORS CENTRE

259 Pacific Highway (behind Library)
wheelchair access, limited parking onsite,
parking nearby, train station nearby
Venue Coordinator: Marika McLachlan
marikamclachlan@bigpond.com 0411 151 722

Book Group

MODERN AND CLASSIC NOVELS

Alternate Thursdays from 4 Jul 10:15 to 12:15

Meeting room, main building

A literary discussion group studying 10-11 books each semester in a friendly and informal setting.

All enthusiastic readers welcome. Book titles will be provided upon enrolment.

Leader and **Bookings:** Maurice O'Donovan
odonovan.1@bigpond.com 9411 8717

Language Spanish

POST INTERMEDIATE SPANISH

Alternate Mondays from 8 Jul 2:00 to 4:00

Meeting room, main building

Continuing course. A reasonable knowledge of grammar is required encompassing all tenses and understanding of subjunctives. The course will focus on listening, reading and speaking. There will be continual grammar revision.

A variety of teaching methods will be used.

Leader and **Bookings:** Jenny Brady

jennybry30@hotmail.com 9966 8510 or 0403 923 555

Language Latin

LATIN INTERMEDIATE

Every Wednesday from 24 Jul 1:00 to 3:00

Resource centre, bottom of driveway not school holidays

This continuing course is based on Part 3 of the second edition of the *Oxford Latin Course* enhanced by passages of prose and poetry from various classical authors.

Anyone with some basic knowledge of Latin is welcome to join us.

Leader and **Bookings:** Helen Ledwidge

helenledwidge685@gmail.com 0414 489 716

Language German

GERMAN ADVANCED

Every Friday from 26 Jul 9:30 to 11:00

Meeting Room, main building

Students need to have a sound knowledge of German.

Newspaper articles, passages from literature and poetry for discussion. New members welcome.

Leader and **Bookings:** Marika McLachlan

marikamclachlan@bigpond.com 0411 151 722

Language German

GERMAN INTERMEDIATE

Every Friday from 26 Jul 11:00 to 12:30

Meeting Room, main building

em 2008 neu Abschlusskurs – Kursbuch Niveaustufe C1 and Arbeitsbuch (ISBN 978-3-19-511697-8); *Der arme Millionar: A course in everyday German BBC Radio basis for discussion in German.*

Leader and **Bookings:** Marika McLachlan

marikamclachlan@bigpond.com 0411 151 722

PENNANT HILLS: HORNSBY KU-RING-GAI CHILD AND FAMILY HEALTH CENTRE

5 Fisher Avenue

parking nearby, train station nearby

Venue Coordinator: Heather Lakiss

heatherlakiss@gmail.com 0402 080 045

Poetry

POETRY WRITING

Alternate Thursdays from 25 Jul 10:00 to 12:00

Group Room

We are a relaxed group of poets seeking to improve our writing. Bring a draft, receive positive and constructive comments.

Leader and **Bookings:** David Atkinson

atkinsondn6@gmail.com 0412 643 328

SOUTH TURRAMURRA: ST ANDREW'S UNITING CHURCH

Vernon St

parking onsite

Venue Coordinator: Grahame Marr

gwmarr1@bigpond.com (preferred) 0447 580 088

Language French

FRENCH PRE-INTERMEDIATE (max 15)

Every Tuesday from 23 Jul 1:00 to 3:00

Fellowship Room

not school holidays

For those who have completed at least 2 years of preliminary French course. Develop your skills in speaking, listening to, reading and writing French in a relaxed and friendly atmosphere. Three text books required.

Phone Leader for details.

Leader and **Bookings:** Shirley Beck 9634 4214

Language French

FRENCH INTERMEDIATE (max 15)

Every Thursday from 25 Jul 1:00 to 3:00

Fellowship Room

not school holidays

For those who have completed at least 3 years of preliminary French course. Develop your skills in speaking, listening, reading and writing French in a relaxed and friendly atmosphere. Three text books required.

Phone Leader for details.

Leader and **Bookings:** Shirley Beck 9634 4214

ST IVES FERNBANK RETIREMENT VILLAGE

2 Kitchener St parking onsite, parking nearby

Venue Coordinator: Vicky Davies vdavies710@gmail.com

(preferred) 0422 522 550

Creative Writing

SHORT STORY WRITING

Alternate Tuesdays from 30 Jul 10:00 to 12:00

Visitor Centre Games Room (one floor down)

Join our friendly and supportive group of amateur writers who enjoy writing short stories/articles on a specific theme. We are always amazed at the variety of different interpretations. Members discuss and offer appreciation and constructive criticism. No experience? No problem.

Leader and **Bookings:** Liz Laslett lizlaslett45@gmail.com

0410 498 621

ST IVES UNITING CHURCH

Cnr Douglas St and Mona Vale Rd

wheelchair access, parking onsite

Venue Coordinator: Vicky Davies vdavies710@gmail.com

(preferred) 0422 522 550

Music Ukulele

UKULELE FOR FUN

Every Wednesday from 3 Jul 9:15 to 12:00

(beginners 9:15 to 9:45, beyond beginners 9:30 to 12:00)

Wesley Room

Looking for a new interest? Come and have fun with our friendly group. Beginners welcome and no experience necessary. Start-up ukuleles available to try. Music is so good for the soul. Strum and sing with us just for fun.

Leader: Dennis Simmons

Bookings: Barrie Heath foxv217@gmail.com 0450 405 526

Cinema

THE GOLDEN AGE OF CINEMA

Alternate Fridays from 12 Jul 10:00 to 12:30

Wesley Room

Classic films from the 1920s to the 1960s will be screened.

Leader and **Bookings:** Gary Tyrrell talk2garyt@gmail.com

0432 696 163

Discussion Group Current Affairs

CURRENT AFFAIRS (max 18)

Alternate Thursdays from 1 Aug 10:00 to 12:00

Calvin Room

We discuss and actively debate current news topics from local, national and international news sources. Debate can be lively and respectful of all opinions. Topics are sent in advance. New members warmly welcomed.

Leader and **Bookings:** Michael Branagan 0417 452 100

Dance

DANCE FOR FITNESS AND FUN, TWO

Every Friday from 2 Aug 10:00 to 11:30

Finlay Room

We dance to songs that we know and love. With music, rhythm and movement, we make new neuro pathways remembering the steps while exercising body and mind, improving memory and cardiac fitness, with the added bonus of friendship and laughter.

Leader and **Bookings:** Rose Pettett

rose.pettett@gmail.com 0402 287 738

Dance

DANCE FOR FITNESS AND FUN, ONE Every Monday from 5 Aug 10:00 to 11:30

Wesley Room

We dance to songs that we know and love. With music, rhythm and movement, we make new neuro pathways remembering the steps while exercising body and mind, improving memory and cardiac fitness, with the added bonus of friendship and laughter.

Leader and **Bookings:** Rose Pettett
rose.pettett@gmail.com 0402 287 738

TURRAMURRA NORTH: THE LANDINGS

440 Bobbin Head Rd parking onsite
Venue Coordinator: Wendy Bull
thelandingsvilla@gmail.com 9488 5268

TOPICS OF INTEREST

Second and fourth Mondays from 8 Jul 2:00 to 3:30

Clubhouse

not public holidays

A variety of speakers lecture on their favourite subjects.

Leader: Wendy Bull thelandingsvilla@gmail.com 9488 5268
Bookings: no bookings required

Technology

1. Artificial Intelligence

8 Jul

The growth of Artificial Intelligence is already changing the world just as the internet did 20 years ago. The ChatGPT release and further developments since then have generated both excitement and concern.

Presenter: John Cameron

Anthropology

2. Living with the Anthropocene

22 Jul

We live in a time people refer to as the 'Anthropocene'. Humans have become the single most influential species on the planet causing significant global warming and changes to land, environment, water, organisms and atmosphere.

Presenter: Kevin Murray

Architecture

3. Historic houses of Sydney

12 Aug

Over approximately 240 years many houses (and usually gardens) in different styles have been built in Sydney. We look at some of these great houses, many of which are regularly open to the public.

Presenter: Stewart Reed

History Australia

4. Australian Museum NSW

26 Aug

Sydney's natural history museum dates from 1827. We take a look at the museum's collection (almost 22 million items), its building, people and important events during its history.

Presenter: Stewart Reed

History Japan

5. Japan (Part 1) – the island country of East Asia

9 Sep

We look at the history and geography of Japan, population demographics, language, religions, political system, their constitution, the role of the Imperial Family plus other aspects of Japan including their parliamentary democracy.

Presenter: Ian Thompson

Sydney u3a Course Book July - December 2024

Culture Japan

6. Japan (Part 2) – living and working as a foreigner

23 Sep

We consider Japanese customs, business culture, schooling, etiquette, cuisine and fashion plus the correct way in which to bow and other quaint aspects of daily life in Japan.

Presenter: Ian Thompson

Nature

7. The killer whales of Eden

14 Oct

The incredible true story of the unique relationship of a pod of killer whales (Orcas) and a whaling family in Eden and Twofold Bay on the far South Coast of NSW from the late 1800s until the 1930s.

Presenter: Graham Sims

History Maritime

8. How we won the America's Cup

28 Oct

On 26 September 1983, off the coast of Rhode Island, the yacht Australia II crossed the finish line to win the America's Cup. In the best of 7 races, Australia came from behind to win 4-3.

Presenter: Noel Phelan

Famous People

9. May Gibbs – cartoon and comic strips

11 Nov

While May Gibbs books, especially "*Snugglypot and Cuddlepie*" are well known, other aspects of her work aren't. This presentation looks at her fascinating cartoon and comics.

Presenter: Stewart Reed

Legal

10. Reflections of a former Director of Public Prosecutions

25 Nov

Nick Cowdery spent 50 years in criminal justice in various capacities and was a public defender, barrister and acting judge. For nearly 17 years he was Director of Public Prosecutions for NSW.

Presenter: Nick Cowdery AO QC

TURRAMURRA UNITING CHURCH

Turrumurra Avenue

wheelchair access, parking onsite, train station nearby,
bus stop nearby

Venue Coordinator: Vicky Davies vdavies710@gmail.com
(preferred) 0422 522 550

Language German

PRE INTERMEDIATE GERMAN

Every Monday from 22 Jul to 23 Sep then

14 Oct 10:00 to 12:00

Garden room

not school holidays

Participants will develop their German vocabulary and grammar skills through course work, listening and speaking activities. The course assumes some prior study of, or familiarity with, the German language.

Leader and **Bookings:** Michael Hummel
michael.hummel48@gmail.com 0404 478 814

Discussion Group Current Affairs

CURRENT AFFAIRS DISCUSSION GROUP

Alternate Tuesdays from 23 Jul 10:00 to 12:00

Garden Room

We discuss current affairs and associated ideas based on media reports in an informal and objective manner. Subjects for discussion by a leader who is rostered on a voluntary basis in each session. New members welcome. Leader and **Bookings:** Margaret Rapsey rmapsey@bigpond.com (preferred) 9456 4410 0457 252 526

Games

FUN PUZZLES

Alternate Tuesdays from 30 Jul 10:00 to 12:00

Garden Room

Let's challenge our brains and keep mentally agile by learning how to solve geometric puzzles such as tangrams and pentominoes, as well as space problems, number puzzles, word and logic puzzles. You will need pencils, paper, scissors and eraser.

Leader and **Bookings:**

Sandra Sadler spsadler@dodo.com.au 9484 5513

History

HISTORY – FACTS AND FUN

Alternate Thursdays from 1 Aug 9:30 to 11:30

Garden Room

We cover many countries and timelines in history and include some interesting and amusing diversions. Questions and discussions always welcome.

Leader: Phil Pryor

Bookings: Margaret Marshall shalldo15@gmail.com 0418 253 949

WAHROONGA: THE WONIORA

9 Woniora Avenue
wheelchair access

Venue Coordinator: Dorothee Schifter
dorothee.schifter@bigpond.com 9487 2578

Language German

GERMAN INTERMEDIATE (max 12)

Every Monday from 1 Jul 10:15 to 12:15

This course assumes that students have studied German in the past and want to brush up on their speaking, reading skills and basic grammar. The emphasis is on oral German and some necessary grammar.

Leader and **Bookings:** Dorothee Schifter dorothee.schifter@bigpond.com 0400 164 817
(leave text message) 9487 2578

OUTDOORS

Outdoors Walking

OUT THERE

Third Wednesday of every month from 17 July

Join us for a variety of walks; bush, urban and coastal. Register your interest to receive information on the walks. Booked participants will receive full details early each month. Public transport options wherever feasible.

Leader and **Bookings:** Heather Lakiss
heatherlakiss@gmail.com 0402 080 045

PRIVATE HOMES

Venue Coordinator: Heather Lakiss
heatherlakiss@gmail.com 0402 080 045

Book Group

LITERARY MASTERPIECES (St Ives) (max 8)

First Friday of every month from 5 Jul 10:00 to 12:00

Welcome to a small group of lovers of reading and learning. Explore the best literature has to offer, with authors including Nobel Prize winners and texts from a variety of countries and cultures.

Book 1: Mahfouz - *Palace Walk*;

Book 2: Solzhenitsyn – *One Day in the Life of Ivan Denisovich*.

Leader and **Bookings:** Kaye Horley rkhorley@gmail.com 0412 750 487

Philosophy

PHILOSOPHY (Pymble)

Alternate Tuesdays from 9 Jul 10:30 to 12:30

train station nearby, bus stop nearby, parking nearby We discuss philosophical issues, especially those which are valid today. Members of the group choose topics. There are no formal lectures, but lots of discussion.

New members welcome.

Leader and **Bookings:** Margot Taverne
margottaverne@gmail.com 9449 2923

Bridge

BRIDGE (Thornleigh)

Alternate Wednesdays from 10 Jul 10:00 to 12:00

street parking, bus stop nearby

Learn to play both Social (Rubber) Bridge and Club

Duplicate Bridge in a congenial social setting. Directions provided on enrolment.

Leader and **Bookings:** James Stowe jstowe313@gmail.com 0411 238 664

Creative Writing

A WAY WITH WORDS (Pymble)

Alternate Thursdays from 11 Jul 10:00 to 12:00

train station nearby, bus stop nearby, parking nearby

Join our writing group in a motivating and supporting environment. Knowledgeable feedback is given to help you develop your writing skills. New members with some writing experience are welcome.

Leader: Margaret Thomason 9488 8960

Bookings: Margot Taverne margottaverne@gmail.com 9449 2923

Poetry

WITH RHYME AND REASON (Eastwood) (max 10)

Alternate Thursdays from 18 Jul 10:30 to 12:30

We are a relaxed and convivial group who love to discuss poetry. Although our focus is 20th century English language poets, we also look at poems in translation and poets from other eras. Material is distributed before each meeting.

Leader and **Bookings:** Ron Wilkins
ronwtwilkins@hotmail.com 9876 1948