

NORTHERN BEACHES

Regional President: Kerrie Sanders kersand@bigpond.com **Enquiries only**
Regional Course Coordinator: TBA

IMPORTANT INFORMATION: You must book to attend a course. Refer to 'Booking a Course' on page 4.

AVALON RECREATION CENTRE

59 Old Barrenjoey Rd wheelchair access, parking nearby
Venue Coordinator Eve Lane evelane222@gmail.com
0455 948 864

Art

ART GROUPS (max 12)

Every Monday from 1 Jul

Group 1: 9:30 to 12:15; Group 2: 12:15 to 3:00

Enjoy the company of other artists with varying levels of skill. Bring your own equipment (any medium). No tuition given.

Leader: Gen Watts genwatts@hotmail.com

Bookings: Eve Lane evelane222@gmail.com

BALGOWLAH: CLUB TOTEM

195 Condamine St wheelchair access, parking onsite
Venue Coordinator Sandra Orton
sandraorton038@gmail.com

Book Group

LITERATURE

Alternate Wednesdays from 24 Jul 11:00 to 1:00

Washaway Room Level 3

A wide range of authors and their books are discussed.

These include *The Second Sleep* by Robert Harris, *Demon Copperhead* by Barbara Kingsolver, *Small things like These* by Claire Keegan, *The Queen is Dead* by Stan Grant and *The Promise* by Damon Galgut.

Leader: Sandra Orton sandraorton038@gmail.com
0460 795 959

Bookings: Janelle Laidlaw

janelledorothylaidlaw@gmail.com 0418 436 127

BELROSE BOWLING CLUB

146 Forest Way parking onsite
Venue Coordinator Peter Nixon pnixon0443@gmail.com
0402 379 109

Games Bowls

ENJOY A GAME OF BOWLS

Every Friday from 9 Aug 10:00 to 12:00 (3 sessions)

Learn to play bowls and have fun with friends.

Equipment provided and coaches on hand. Just come along, bring a friend or two and enjoy a game over three Friday mornings.

Leader and **Bookings:** Peter Nixon pnixon0443@gmail.com
0402 379 109

FORESTVILLE RSL CLUB

22 Melwood Ave wheelchair access, parking onsite
Venue Coordinator Beth Robertson
bethrobertson@aapt.net.au

Craft

CRAFT IN THE FOREST

Alternate Fridays from 5 Jul 10:00 to 12:00

Bistro

Join our inspirational group of craft enthusiasts for a relaxing morning of chat and the sharing of new skills. No prior knowledge expected, only the love of learning new creative ideas.

Leader and **Bookings:** Beth Robertson
bethrobertson@aapt.net.au 9452 2396

FRENCHS FOREST: LIONEL WATTS COMMUNITY CENTRE

93-95 Blackbutts Rd wheelchair access, parking nearby
Venue Coordinator John Watt john@wattever.com
0407 547 583

FRIDAYS IN THE FOREST

Last Friday of every month from 26 Jul 10:00 to 12:00

A monthly program of separate presentations on a wide variety of topics given by people with expertise in, and enthusiasm for, their subject. Something for everyone.

Leader: John Watt john@wattever.com (preferred)
0407 547 583

Bookings not required.

History

1. Harems of the sultans

26 Jul

Cindy is back, this time to tell us about the Harems of the Sultans. Learn about the treacherous politics of the harem, hotbeds of jealousies and intrigue. This will be fun!
Speaker: Cindy Davies

Politics

2. What is democracy really about?

30 August

Democracy, what is it? Was Putin's election democratic? What about the USA elections coming up? What about our own? Come and find out from our own Peter Nixon.
Speaker: Peter Nixon

Medical Matters

3. Medical matters and our body

27 Sep

How are you feeling? Our speaker Dr John Walsh will help us decode the mysteries of medicine and our body, what it's made of, what can go wrong and how to treat it.
Speaker: Dr John Walsh

Famous People

4. Remarkable characters of Sydney

25 Oct

Graham Sims recounts the incredible stories of Bea Miles and "The Eternity Man" Arthur Stace. Two remarkable characters of Sydney who Graham has met and had personal encounters.

Speaker: Graham Sims

History Maritime

5. European search for the Great Southland

29 Nov

Geoff Davidson will tell us about some of the myths and lesser known facts that led to the European discovery and spectacular development of our once far off land.

Speaker: Geoff Davidson

FRENCHS FOREST: THE DUTCH CLUB

1 Grattan Cres (off Bantry Bay Rd)

wheelchair access, parking onsite

Venue Coordinator John Peters jayefpe@hotmail.com

0412 161 069

Music Ukulele

UKULELE INTERMEDIATE/ADVANCED

Every Tuesday from 2 Jul 1:30 to 3:30

If you have learnt at least six basic chords, now is the time to move to or join this group. Lots of fun, strumming, singing and an opportunity to gain confidence in leading a song.

Leader and **Bookings:** John Peters jayefpe@hotmail.com

0412 161 069

NARRABEEN: TRAMSHED ARTS AND COMMUNITY CENTRE

1395A Pittwater Rd

wheelchair access, parking nearby

Venue Coordinator Marcia Andrews

marciaandrews711@hotmail.com

Art Drawing and Painting

ART: PAINTING AND DRAWING IN ANY MEDIUM

Every Monday from 1 Jul 1:00 to 4:00

Berry Hall

We are a happy group of painters who paint in their medium of choice, yet still dabble in other mediums. Newcomers are welcome but there is a waiting list.

Leader: June Rodden june@rodde.net 9402 4550

Bookings: Narelle Harvey neli1@bigpond.com

0447 865 657

Discussion Group Movies

MONDAY AT THE MOVIES - MAM

First Monday every month from 1 Jul 2:00 to 4:00

Lakeview Hall

Enjoy current movies? Our movie club operates similar to a book club. Every month view up to three nominated movies in your own time and join us for a stimulating discussion about the plot, actors, producers and cinematography.

Decide your own ratings.

Leader and **Bookings:** Liz Boase

lizzyboasebruce@gmail.com 0413 736 331

Current Affairs

TOPICS OF OUR TIMES (max 25)

Alternate Tuesdays from 2 Jul 2:00 to 4:00

Berry Hall

Discussions about a wide spectrum of contemporary issues with the aim to deepen our knowledge and understanding. Members are encouraged to submit topics and actively participate in the discussions. However you are welcome to simply listen.

Leader: Antoine van de Walle

antoinevdwalle@gmail.com 8056 7882

Bookings: Peggy Crocker fripeg@optusnet.com.au

9975 6828

Yoga

YOGA AND RELAXATION

Every Thursday from 4 Jul 10:15 to 11:45

Lakeview Hall

Every class consists of basic yoga practice, breathing and deep relaxation which will help improve joint mobility, increase muscle flexibility and bone density.

Leader: Maryanne Deans Kolek

Bookings: Liz Kelly liz@lizkelly.id.au

Current Affairs

HISTORY OF MORAL THOUGHT

Thursdays 11 and 18 Jul 10:00 to 12:00 (2 sessions)

Lakeview Hall

Some thoughts on how our views about what is right and what is wrong have changed over the centuries.

Leader: Peter Nixon

Bookings not required

Language French

ADVANCED FRENCH

Alternate Fridays from 12 Jul 10:00 to 12:00

Berry Hall

Advanced conversation in French based on a text and tape.

Leader: Wendy Clark scorpio39@bigpond.com

9913 9807

Bookings: Maureen Black maurengb192@gmail.com

9982 7149

NARRABEEN NORTH: NARRABEEN BAPTIST CHURCH

13 Grenfell Ave (cnr Wakehurst Parkway)

wheelchair access, parking onsite

Venue Coordinator Barbara Bohm

jeddassam1@bigpond.com 9913 3481

Music Ukulele

UKULELE FOR BEGINNERS

Every Tuesday from 2 Jul 11:45 to 1:00

(except school holidays)

Level 1, Room 2

This course is for rank beginners. If you have always wanted to play a musical instrument, this is the place for you. You will learn the main chords, have great fun playing and singing. Come along and have a go!

Leader and **Bookings:** Felicity Davis

felicity@sciencefilms.com.au 0414 470 644

Music Guitar

ACOUSTIC GUITAR GROUP

First three Wednesdays every month from 3 Jul 10:30 to 12:30

Level 1, Room 2

The group will continue building a repertoire of classic soft rock/blues acoustic pieces. Only basic skills with guitar chords and following lyric/chord charts are needed. Bring own guitar and music stand. Due to popularity, places are limited.

Leader and **Bookings:** Claudie Moffatt
cmof5582@bigpond.net.au 0411270037

Music Performance

THE 3RD AGE ROCK ORCHESTRA

First three Wednesdays every month from 3 Jul 2:00 to 5:00

Auditorium

The orchestra plays classic rock music with singers and post-beginners on all instruments. Basic skills with following chord charts are needed. Reading music is an advantage. The orchestra performs a few times a year. At present there are vacancies for strings, brass and woodwind.

Leader and **Bookings:** Harvey Broadbent
3rdagerockorchestra@gmail.com 0414 486 675

Art Painting

THURSDAY ART GROUP

Every Thursday from 4 Jul 1:00 to 4:00

Education Centre GF

For those who enjoy putting paint on canvas or paper via your preferred medium join our relaxed group. With varying levels of skill, we work on our own projects and commonly share techniques, ideas and information which is welcomed by all.

Leader: Alf Silvester a.silvester@optusnet.com.au
0493 043 111

Bookings: Barbara Tuna 0407 513 045 text only

Music Singing

SINGING FOR THE JOY OF SINGING

Alternate Fridays from 5 Jul 10:00 to 12:00

Auditorium

Join us in singing well-known songs from all genres. Anyone who enjoys singing, irrespective of ability, is welcome to join our friendly group to sing, hum along or just sit and listen.

Leader and **Bookings:** Lynne Wasinski
lynne.wasinski@gmail.com 0408 971 060

Language French

FRENCH POST BEGINNERS/INTERMEDIATE Alternate Fridays from 5 Jul 10:00 to 12:00

Education Centre GF

Easy going course suitable for people with a basic knowledge of French Grammar. Not suitable for beginners or for people who have not opened a French book since school. Books used are *Easy French Reader* by R. de Roussy de Sales (3rd edition) and *French Made Simple* by Pamela Rose Haze.

Leader and **Bookings:** Olivia Kesby
olivia.kesby@gmail.com 0401 303 472

Philosophy

HISTORY OF PHILOSOPHY 5

Alternate Tuesdays from 9 Jul 10:00 to 12:00 Education Centre GF

We cover key ancient and modern Western philosophers in the area of metaphysics, theory of knowledge, ethics and politics. The focus of the course is life's meaning as considered by these thinkers.

Leader and **Bookings:** John Lauricella jml1010@yahoo.com
9918 2142

Language Latin

LATIN BEGINNERS I (max 16)

Alternate Fridays from 12 Jul 9:30 to 11:30 (8 sessions)

Education Centre GF

Continuation of Latin Beginners Course including Classical Latin grammar, sentence formation and vocabulary through exercises and readings with the objective of introducing you to Latin literary texts. Text: *The Oxford Latin Course Part 1 - Student Book (ISBN 9780 19912264)*

Leader and **Bookings:** Gail Sadler gailasadler@gmail.com
0420 989 170

Philosophy

HISTORY OF PHILOSOPHY 6

Alternate Fridays from 12 Jul 10:00 to 12:00

Auditorium

We cover key ancient and modern Western philosophers in the area of metaphysics, theory of knowledge, ethics and politics. The focus of the course is life's meaning as considered by these thinkers.

Leader and **Bookings:** John Lauricella jml1010@yahoo.com
9918 2142

Language Latin

LATIN INTERMEDIATE I (max 10)

Alternate Fridays from 12 Jul 12:30 to 2:30 (8 sessions)

Education Centre GF

Continuation course (for 2024 students) covering Classical Latin grammar and vocabulary through exercises and readings with the inclusion of Latin literary texts. Texts: *The Oxford Latin Course Part 1* and *The Oxford Latin Course Part II*

Leader and **Bookings:** Gail Sadler gailasadler@gmail.com
0420 989 170

NARRABEEN NORTH: NARRABEEN RSL CLUB

116 Nareen Pde parking onsite

Games Croquet

CROQUET (max 20)

Every Tuesday from 2 Jul 8:30 to 12:00

Bowling Green

Teaching available on request. No partner required. Mallets supplied. Games are organised on a first come basis. Class currently full, new players will be added to a waiting list.

Leader: Bob Hunter 9970 7352

Bookings: Jill Barrett jillb45@hotmail.com

NEWPORT COMMUNITY CENTRE

11-13 The Boulevard wheelchair access, parking nearby

No public or school holidays

Venue Coordinator Helen Howes

helsim@internode.on.net 0424 464 047

Yoga

YOGA AND RELAXATION

Every Monday from 22 Jul 12:30 to 2:00

Main Hall

Every class consists of basic yoga practice, breathing and deep relaxation which will help improve joint mobility, increase muscle flexibility and bone density.

Teacher: Maryanne Deans Kolek

Leader and **Bookings:** Susan Barnard
susanbarnard@inet.net.au

Art Painting

ART CLASS WITH KAYE DEXTER

Every Monday from 22 Jul 1:00 to 4:00

Activity Rooms 1 and 2

This acrylics class enjoys using different techniques and styles. We bring our own equipment.

Leader: Kaye Dexter kdexter@bigpond.net.au

Bookings: Robyn Mayman peter@maymans.com 9918 2941

Drama

DRAMA ACTIVITIES

Alternate Wednesdays from 24 Jul 1:30 to 4:00

Activity Rooms 1 and 2

Looking for fun and an enjoyable activity that extends you? Join our drama activities where you will meet new people and have fun along the way. We do drama to music, also mime, improvisation and roleplaying.

Leader and **Bookings:** Helen Rosenkranz

helenrosenkranz@gmail.com 0405 060 727

Qigong

QIGONG

Every Wednesday (except first Wednesday every month) from 24 Jul 2:00 to 3:30

Main Hall

Reconnect with nature via this gentle, moving meditation originating in China. Relaxes the joints, aids digestion and sleep, calms the mind and gently tones and strengthens muscles. Work at your own level.

Leader and **Bookings:** Penny Auburn penauburn@gmail.com

Games Table Tennis

TABLE TENNIS (max 40)

Every Thursday from 25 Jul 1:15 to 4:15

Main Hall

Table tennis stimulates physical and mental performance. We offer the opportunity to revive a dormant skill and to socialise with new friends in an air-conditioned venue that is ideal for year round play.

Leader: Richard Hughes

Bookings: Ron Heald and Angela Gollmer

ra.u3a.tt@gmail.com

Language French

INTERMEDIATE FRENCH

Alternate Wednesdays from 31 Jul 1:30 to 3:30

Activity Rooms 1 and 2

A good knowledge of French grammar is required. The objective is to increase our working knowledge of the French language, the country and culture through development of vocabulary, grammar, speaking, writing, presentation and listening. Textbook and dictionary essential.

Leader: Danina Anderson danina_anderson@hotmail.com

Bookings: John Benjamin johnsbenjamin27@gmail.com

TOPICS OF INTEREST

First Wednesday every month from 7 Aug 1:30 to 3:30

Main Hall

Come and join a friendly group to experience separate presentations by people who are experts in or have enthusiasm for their subjects, covering a wide variety of topics from science, history, travel, the arts, social justice and some quirky topics.

Leader: Margaret White marg.white@me.com 0416 182 393

Bookings not required.

Drama

1. Drama! Drama! Drama!

7 Aug

An afternoon of murder, bloodshed, jealousy and rage! How Greek Tragedy has shaped the drama we enjoy today.

Presenter: Diana Pheils

Medical Matters Music

2. Imagine: surgeon/author/musician

4 Sep

This will be your opportunity to talk to a real live vascular surgeon and novelist about his two passions. Come with curiosity and questions. Be prepared to sing!

Presenter: Richard Harris

2 Oct School Holidays – Hall not available

History Local

3. History of Royal Agricultural Society

6 Nov

Country comes to the city. How the Easter Show has developed over 200 years. Show bags, side shows, hot scones, beautiful plants and animals!

Presenter: Suzanne Upton Archivist RAS

Music

4. Celtic music and musicians

4 Dec

Celtic music is a grouping of music genres that evolved out of the folk music of the Celtic people of Northwestern Europe. Hear the history behind Celtic Music, a performance by 7 players and a special afternoon tea!

Presenter: Graham Spindler

NEWPORT: PITTWATER PRESBYTERIAN CHURCH

Cnr Robertson Rd and Ocean Ave
parking nearby, not public holidays

Venue Coordinator Janeska Ahmed

janeska.ahmed@gmail.com

Music Recorder

RECORDER CONSORT

Every Wednesday from 3 Jul 10:30 to 12:30

A small group playing descant, treble, tenor and bass recorders, playing music from Renaissance to Bach through to Modern and Jazz. New players always welcome.

Leader and **Bookings:** Janeska Ahmed

janeska.ahmed@gmail.com

NORTH CURL CURL COMMUNITY CENTRE

Cnr Griffin and Abbott Rds

wheelchair access, parking onsite, not public holidays

Venue Coordinator Runa Schmidt-Muller

runasm@ihug.com.au

Exercise

BALANCE 'N' BONES EXERCISE

**Every Monday from 1 Jul 9:30 to 10:20 (Easy),
10:30 to 11:20 (Advanced)**

No class on 8 Jul due to maintenance at the Centre

**Every Friday from 5 Jul 9:30 to 10:20 (Easy),
10:30 to 11:20 (Advanced)**

No class on 12 Jul due to maintenance at the Centre

Conditioning exercises for all major muscle groups and balancing to improve posture. Instruction by Beth Denny DVD.

Leaders: Runa Schmidt-Muller runasm@ihug.com.au

(Mondays) Diane Muchar dmuchar@gmail.com (Fridays)

Bookings not required.

Games Bridge

SOCIAL BRIDGE

Every Monday from 1 Jul 1:00 to 4:00

No class on 8 Jul due to maintenance at the Centre

Basic Bridge knowledge required.

Leader: Ruth Buchanan ruth.buchanan@bigpond.com

Bookings: Leigh Hudson leighandrichard@gmail.com

Games Cards

CARD GAMES 500

Alternate Tuesdays from 2 Jul 10:00 to 12:00

We meet and enjoy or learn to play cards in a friendly and relaxed atmosphere. Tuition for new players will be provided.

Leader and **Bookings:** Wolfgang Buschhaus

wbuschhaus@gmail.com

Cinema

MOVIE SERIES: PRESENTER'S PICK

Alternate Tuesdays from 2 Jul 1:00 to 4:00

Details of the movies being presented will be in the Northern Beaches u3a Monthly Newsletter. Suggestions from our audience will be welcome.

Leader: Kerrie Sanders kersand@bigpond.com

Bookings not required

THURSDAYS AT NORTH CURL CURL

Every Thursday from 4 Jul 10:00 to 12:00

No class on 11 Jul due to maintenance at the Centre

A series of weekly presentations by people who are experts in their subject.

Leader: Runa Schmidt-Muller runasm@ihug.com.au

Bookings not required

Music Appreciation

1. Soundtrack of our Lives

First Thursday every month from 4 Jul

4 Jul: An illustrated talk and performance by Harvey with musicians from the Third Age Rock Orchestra entitled 'Singing The Blues'.

Presenter: Harvey Broadbent

1 Aug: Cuba in 2017 seemed like entering a cultural time warp kept afloat by music. Graham met with musical groups right across the island, sharing the joy of music that lifts its people above material deprivation.

Presenter: Graham Spindler

5 Sep: Music can change the world: Despite Beethoven's assertion, it probably can't, but music has often played a part in world events – sometimes for the better. A look at the stories behind some influential music.

Presenter: Graham Spindler

3 Oct: John and his Jazz Band "Just in Time" are a small group of experienced local musicians playing an eclectic mix of traditional jazz and American songbook.

Presenter: John McDougall

7 Nov: Lyrics quite contrary: A look at the often unlikely (and often unpleasant) origins and histories behind some of the best known traditional nursery rhymes and children's songs.

Presenter: Graham Spindler

5 Dec: Music session and Christmas lunch

Eve will introduce an eclectic mix of jazz, rock and musical theatre, mainly from the 40s, 50s and 60s. This will be followed by a shared lunch at approx. 11.45.

Presenter: Eve Lane

Theatre

2. Theatre plays

18 Jul: Kitchen sink drama

15 Aug: Harold Pinter

19 Sep: More plays of the sixties

17 Oct: Tom Stoppard

21 Nov: Caryl Churchill and Edward Bond

These talks continue the story of modern theatre through the 60's and beyond, highlighting some of the most influential playwrights of our time

Presenter: Diana Pheils

Law

3. Seniors rights and services

25 Jul

This service supports older people with free independent and confidential telephone advice, advocacy and legal services.

Presenter: Deb Denman

Biography Sport

4. A Spanish love affair

8 Aug

Not wanting to spend the winter in cold, dark and wet London, probably behind a typewriter, Susan hopped on a train to Madrid. This is where the story really takes off.

Presenter: Susan Joy Alexander

Biography Military

5. Life on the line

22 Aug

Our guest speaker is a veteran of the RAN who saw multiple deployments to East Timor and Bougainville.

Tamara will tell us about her experiences and passion to help those in need.

Presenter: Tamara Sloper Harding OAM

Computers

6. Identity misuse

29 Aug

Aim of the session is to strengthen people's cyber resilience and arm them with the skills they need to stay secure online. Learn how to spot a scam, run a credit check, and create strong passwords.

Presenter: Alicia Anderson

Australia

7. History of lighthouses

12 Sep

The history and development of lighthouses around the world, plus a look at some lighthouses found along the NSW coast. We then study the location and uses of shipping navigation lights within Sydney harbour.

Presenter: Ian Thompson

Health

8. History of physiotherapy

26 Sep

Physiotherapy has developed since the days of massage-girls to a now highly skilled profession, with a wide range of applications.

Presenter: Winsome Baker

Law

9. What is a Justice of the Peace

10 Oct

Learn the fascinating history of the office of JP, how they provide an essential community service as volunteers and form an integral part of the social and legal history of many Commonwealth countries today.

Presenter: Andrew Miles

Sport

10. Female divers

24 Oct

Stories of underwater caves, sharks and shipwrecks, with an emphasis on the exploits of women divers who have "boldly gone where no man has gone before", to push back the boundaries of scientific knowledge and discovery.
Presenter: David Strike

Energy

11. Renewable energy and electric cars

31 Oct

Provides an overview of the many available energy sources around the world which could benefit us all. Attached to this presentation is a section overviewing today's electric cars.
Presenter: Ross Clements

Food

12. Feeding and watering our future world

14 Nov

There will be more food eaten in the next 50 years than in the whole history of humanity (Prof Megan Clark). The challenges, successes and misconceptions of providing global food security from an Australian perspective.
Presenter: Chris Russell AM

Technology computers

13. Our increasing use of technology

28 Nov

The internet, the web, social media and artificial intelligence are creating a worrying future for many. Are we becoming too dependent on technology? Are we at risk? Can we protect ourselves?
Presenter: Dr Jennifer Sansom

Food

14. Celebrating Christmas at the South Pole

12 Dec

If you think preparing for Christmas at home is demanding, spare a thought for the chef at the scientific research station in Antarctica. This talk reveals how Christmas is celebrated at the South Pole.
Presenter: Diana Noyce

Games Canasta

CANASTA - BOLIVIA VERSION

Every Thursday from 4 Jul 12:45 (prompt) to 4:00

No class on 11 Jul due to maintenance at the Centre

Take the opportunity to learn the strategies and tactics of this version of Canasta. Tuition for new players will be provided on 18 and 25 Jul.

Leader and **Bookings:** Eve Lane evelane222@gmail.com

Games Mahjong

MAHJONG - THE WESTERN GAME

Every Thursday from 4 Jul 1:00 to 4:00

No class on 11 Jul due to maintenance at the Centre

Learn and play Mahjong in a friendly atmosphere.

Patience teaching is provided by Judith Bennett.

Leader and **Bookings:** Sylvia Strike sylviastrike@hotmail.com

Trivia

TRIVIA FOR FUN

Every Friday from 5 Jul 1:15 to 3:15

No class on 12 Jul due to maintenance at the Centre

Come along to our friendly trivia sessions. Nothing too serious – just enough to exercise the grey cells! Come on your own or make up a team of six. Various presenters.

Leader and **Bookings:** Eve Lane evelane222@gmail.com

CURLY QUESTIONS IN SCIENCE

Alternate Tuesdays from 23 July 10:00 to 12:00

For members who enjoy science, please join us for a series of talks on a wide range of topics presented by experts in their field.

Leaders: Laurie Wilson and Ian Thompson

Enquiries: Laurie Wilson wlaurie118@gmail.com (preferred)
0417 045 934

Bookings not required.

Science

1. Is nuclear power a realistic alternative for Australia?

23 Jul

Is nuclear power a viable and realistic alternative source of energy for Australia? This extremely relevant presentation brings in the science of nuclear power, the cost and the politics from a balanced viewpoint.

Presenter: Peter Nixon

Medical Matters History

2. The history of vaccinations plus scurvy

6 Aug

Astronauts of the past in the Age of Discovery were killed by Scurvy. Smallpox also, until Jenner discovered that milkmaids were immune. Learn how diet and vaccination helped us.

Presenter: Dr John Walsh

Inventions

3. ABC The New Inventors

20 Aug

Our presenter is an agricultural scientist and for many years was on the judging panel of the early ABC *The New Inventors* television program.

Presenter: Chris Russell AM

Evolution

4. The evolutionary origin of humans

3 Sep

Where did we really come from, as determined by the latest fossil and genetic evidence?

Presenter: Kevin Murray

Craft

5. The history and use of clay

17 Sep

The history, science, and the use of clay in ceramics and pottery over the centuries.

Presenter: David Malone

Computers Software/Apps

6. Artificial intelligence

1 Oct

An easy-to-follow introduction to the state of AI in popular culture and the real world, including the arguments about its potential benefits, risks and what the future may hold.

Presenter: Jeff Burgess

Inventions

7. The life of inventor Nikola Tesla

15 Oct

Nikola Tesla was a brilliant inventor but a tragic eccentric. His inventions included the generation of hydroelectric power and high voltage electricity transmission, inventions that are critical to our daily lives.

Presenter: Prof Don Napper

Medical Matters

8. The rise and rise of cancer

29 Oct

Royal Family members have had cancer, and everywhere cancer rates in younger people are increasing dramatically. This talk will use the latest world data to show you why.

Presenter: Dr Judy Ford

Nature

9. Pattern formation in nature

12 Nov

How have natural processes produced the dazzling variety of patterns we see around us, from zebra stripes to sand ripples?

Presenter: Dr Laurie Wilson

Nature

10. Extraordinary eyes – how animals see the world

26 Nov

For us, the world can be a stunning place, but what is it like for other members of the animal kingdom, and what function does colour serve for them?

Presenter: Ian Thompson

Current Affairs

ISSUES FOR DISCUSSION

Alternate Tuesdays from 23 Jul 2:00 to 4:00

A participative group where all are encouraged to raise issues that may be of interest to themselves and others. Topics are debated in a friendly and inclusive atmosphere. New members are very welcome.

Leader: Various

Enquiries: Carmen Exner carmen.exner@gmail.com

Book Group

BOOK CLUB

Tuesdays every 4 weeks from 30 Jul, 27 Aug, 24 Sep, 22 Oct, 19 Nov 10:00 to 12:00

Eastern end of hall

Join fellow book lovers monthly to select a book, and after reading, discuss at the next get together.

Leaders and **Bookings**: Anne Black anneblack@yahoo.com.au and Janie Stubbing janieandwal01@optusnet.com.au

PRIVATE HOMES

Book Group

WENDY'S BOOK CLUB (Forestville) (max 10)

Alternate Thursdays from 4 Jul 1:30 to 3:30

We borrow kits of books from the library. You will have four weeks to read your book before we discuss it. In the alternate meeting we share reading something aloud.

Leader: Bernie Gibson bernieanddavid@hotmail.com
0416 231 513

Bookings: Marienne Short 0403 939 004

Music Appreciation

BACH TO THE FUTURE (Avalon) (max 20)

Alternate Fridays from 26 Jul 2:00 to 4:00

During each session we analyse a topic related to classical music, with examples of great recordings of the music being studied. Class members are encouraged to discuss the music and suggest topics for future study.

Leader and **Bookings**: Roger Pratt
a.and.r.pratt2@bigpond.com 0405 199 093