

HARBOURSIDE NORTH

Regional President: Michael Suckling michaelsuckling@outlook.com
Regional Course Coordinator: Rosemarie Einstein einstein@starmar.net.au
Enquiries only 0412 043 377

IMPORTANT INFORMATION: You may need to book to attend a course. Refer to 'Booking a Course' on page 4.

HARBOURSIDE NORTH REGION OF SYDNEY u3a

Annual General Meeting and Election of Office Bearers

will be held on: **Friday 8 March commencing at 1.30pm**

at: **Northbridge Golf Club**

Address: 296c Sailors Bay Road, Northbridge (parking available in the grounds)

Followed by afternoon tea, with guest speaker Cameron Kirby

Bookings (by 1 Mar): Rosemarie Einstein einstein@starmar.net.au (preferred) or 0412 043 377

Harbourside North members are encouraged to attend. All Sydney u3a members welcome.

CASTLE COVE: THE RESIDENCES

8B Deepwater Rd off Eastern Valley Way

Parking nearby

Venue Coordinator Barbara Boston

barbboston2013@gmail.com (preferred) 9417 2967

Games

MAHJONG WESTERN STYLE

Every Thursday from 1 Feb 10:30 to 12:30

Join us for MahJong. We use the British rules, without scoring. The first player to get to MahJong wins. Everyone is welcome. Instruction is available. We follow the *Mahjong Players Companion* by Patricia A Thompson and Betty Maloney, available online.

Leader and **Bookings** Beverley Morrison

bmorrison6@bigpond.com 0417 990 699

TUESDAYS AT CASTLE COVE

Every Tuesday from 13 Feb 10:30 to 12:30

Interesting presentations on various topics each Tuesday.

Bookings: <https://sydneyu3a.org> or Barbara Boston

barbboston2013@gmail.com (preferred) 9417 2967

Music Appreciation

1. Cuba: a musical journey

13 Feb

Cuba is a 50's time capsule floating on a sea of music.

Share sights and sounds of Graham's music, focused on his 2017 visit to Cuba.

Presenter: Graham Spindler

Travel

2. The easy Camino

20 Feb

The Camino has been a pilgrimage route from medieval times. Today it is travelled, either in full or in part, by thousands of people. Graham will tell us of his experiences.

Presenter: Graham Spindler

History

3. Pioneering aviation in the Pacific

27 Feb

Traces Pacific Island aviation history from Kingsford Smith's historic landing in Suva, through the pioneering era, and Qantas' sometimes troubled involvement in today's Pacific national airlines.

Presenter: Andrew Drysdale

History Music

4. A history of early music: Romantic and before

5 Mar

The development of western classical music in Europe from the Dark Ages until the end of the 19th century.

Presenter: Graham Ball

Music Famous People

5. Wolfgang Amadeus Mozart

12 Mar

The life and music of one of the greatest composers of the Classical era.

Presenter: Graham Ball

History Famous People

6. Mary Wollstonecraft

19 Mar

Mary revisits the planet to tell us about her life and why Sydney has a station of the same name.

Presenter: Peter Nixon

History

7. First to fight: Australia's first battle in WWI

26 Mar

How, on 11 September 1914, the Australian Naval and Expeditionary Forces landed on Rabaul and took possession of German New Guinea.

Presenter: Dave Wilkins

Art History

8. The streets of Paris, Berlin and Vienna

2 Apr

Before crowds of tourists swamped European cities, the *flâneur*, symbol of the modern city of the late 19th and early 20th century, strolled the streets. Exciting inventions of photography and cinema quickly followed.

Presenter: Lydia Fegan

Science Environment

9. Why does carbon dioxide cause global warming?

9 Apr

Trace amounts of the greenhouse gas, carbon dioxide, cause climate change, whereas the far more prevalent atmospheric molecules that we breathe, oxygen and nitrogen do not. Why is it so?

Presenter: Don Napper

Science History

10. Gas warfare on the Western Front

16 Apr

The German chemist, Fritz Haber, was controversially awarded the 1918 Nobel Prize for Chemistry for developing artificial fertilizer, despite being responsible for poisonous gas warfare on the Western Front in 1915.

Presenter: Prof Don Napper

Art History

11. Outsider art

23 Apr

This talk takes you on a visual journey along the highways and byways of creativity, madness and outsider art. There are plenty of Old Masters, but why are there no Old Mistresses.

Presenter: Lydia Fegan

Travel

12. Travels through Turkey

30 Apr

Turkey is a large fascinating country with a diverse history and culture. Archaeological studies reveal its diverse civilisations.

Presenter: Barbara Boston

Art Photography

13. Caravaggio and the power of the cinematic image

7 May

How a radical painter of the 16th century changed Italian Baroque art and how understanding his images can improve photography.

Presenter: Martin Wetherill

Art History

14. Aphrodite/Venus: the history of a goddess

14 May

From a star in the sky to the cover of the New Yorker magazine; the history of Venus as visualized by artists.

Presenter: Robijn Alexandra

Art History

15. Gods and goddesses in Sydney

21 May

A surprising number of Greek gods and goddesses can be found in the Botanical Gardens, the city and Hyde Park. Public sculpture has been commissioned since the 1870's.

Presenter: Robijn Alexandra

History China

16. Foundations of Chinese civilisations

28 May, 4, 11, 18, 25 June

This DVD Course focuses on the foundational achievements of Chinese civilisation: prehistory, Han period, the west.

Presenter: Barbara Boston

CHATSWOOD: DOUGHERTY COMMUNITY CENTRE

7 Victor St

Wheelchair access, parking nearby, train station nearby

Venue Coordinator Janet Douglas janet_away@yahoo.com (preferred) 0423 947 411

Music Recorder

ADVANCED RECORDER

Alternate Mondays from 29 Jan 10:30 to 12:30

Treble, tenor, bass and descant players welcome. Basic sight reading is essential. The emphasis is on playing musically.

Leader and Bookings: Katie Lucy-Smith 0404 839 826

Discussion Group

DISCUSSION GROUP 1

Alternate Thursdays from 1 Feb 10:00 to 12:00

Would you like to hear some interesting opinions?

Do you want to air some of your own? This is a varied group who consider some of the issues of life and living that contribute to our modern existence.

Leader and Bookings: Jill Tukian

jill.tukian@me.com (preferred) 0431 053 395

Language French

FRENCH FOR NEAR BEGINNERS (max 12)

Mondays from 5 Feb 10:30 to 12:30 (8 sessions)

Can you remember a little high school French? If so, this course is for you. We will study basic phrases through topics such as likes and dislikes, hotel bookings and asking the way. This course focuses on conversation.

Leader and Bookings: Bridget Miall

bridgetmiall@gmail.com (preferred) 9411 7882

Music Recorder

INTERMEDIATE RECORDER GROUP

Alternate Wednesdays from 7 Feb 10:30 to 12:30

This group has some experience playing descant, treble and tenor recorders. This group uses Book 2 of the set tutor *Learn to Play the Recorder* by Brian Bonsor and plays 5-part music.

Leader and Bookings: Katie Lucy-Smith 0404 839 826

Discussion Group

DISCUSSION GROUP 2

Alternate Thursdays from 8 Feb 10:30 to 12:30

We are a small and friendly group who discuss both local and overseas events. We value all opinions and do not take ourselves too seriously.

Leader and Bookings: Chris Patten chrisfpatten@gmail.com (preferred) 0417 219 847

FRIDAYS AT CHATSWOOD

Fridays from 16 Feb 10:30 to 12:30

Interesting presentations on various topics each Friday.

Future

1. Feeding and watering our future world

16 Feb

"There will be more food eaten in the next 50 years than in the whole history of humanity" (Prof Megan Clark). The challenges, successes and misconceptions of providing global food security from an Australian perspective.

Presenter: Chris Russell

Bookings: Annemarie Moore

mooreannemarie1948@gmail.com (preferred) 0421 716 232

Science Religion

2. The science of religion

23 Feb

Examining those theories that attempt to explain the origin and experience of religious belief as the result of purely natural processes.

Presenter: Kevin Murray

Bookings: Janet Douglas janet_away@yahoo.com

(preferred) 0423 947 411

Science Inventions

3. Artificial Intelligence – past, present and future

1 Mar

An easy-to-follow introduction to the state of AI in popular culture and the real world, including the arguments about its potential benefits and risks and what the future may hold.

Presenter: Jeff Burgess

Bookings: Ursula Schappi ursulasch@bigpond.com (preferred) 9955 7628

Art History

4. The Bauhaus and its legacy

8 Mar

The Bauhaus is considered the 20th century's most influential art school. This talk describes the school, its people, designs and its influence on Australian practitioners.

Presenter: Stewart Reed

Bookings: Ursula Schappi ursulasch@bigpond.com (preferred) 9955 7628

Religion

5. Tales from the Spirit of Things (ABC RN)

15 Mar

The highs and lows of faith leaders and followers have changed our world, but few know the inside stories that make religion a fascinating subject. They include a housewife spy and the 'discovery' of Jesus' tomb!

Presenter: Rachael Kohn

Bookings: Robert Henderson robkit.henderson@bigpond.com (preferred) 0419 223 001

History Australia

6. The history of Gladesville Hospital

22 Mar

Formerly known as Tarban Creek Lunatic Asylum, the hospital was established in 1838 and closed in 1993. It was the most significant colonial building between Sydney and Parramatta.

Presenter: Chris Schofield

Bookings: Ursula Schappi ursulasch@bigpond.com (preferred) 9955 7628

Science Physics

7. Rocket science for beginners

19 Apr

The principles involved in design of flight vehicles, including aircraft, rockets, and spacecraft. The effect of altitude and how the sound barrier was broken. Includes hands-on demonstrations.

Presenter: Ian Burnet

Bookings: Ursula Schappi ursulasch@bigpond.com (preferred) 9955 7628

Music

8. Mozart in Turkey - opera in a harem (*Il Seraglio*)

26 Apr

Mozart's opera *Il Seraglio* is set in Istanbul. Director Elijah Moshinsky takes us there with a production of the opera, part documentary and part film.

Presenters: John Flint and Nora Hinchin

Bookings: Robert Henderson robkit.henderson@bigpond.com (preferred) 0419 223 001

Nutrition Food

9. The culinary life of Charles Darwin

10 May

A unique look at Darwin not from a scientific, but from a culinary perspective. Darwin not only collected specimens for observation but also ate them.

Presenter: Diana Noyce

Bookings: Ursula Schappi ursulasch@bigpond.com (preferred) 9955 7628

Internet

10. Staying safe on the internet

17 May

Simple techniques to avoid identity theft, scams and hacking. A non-technical discussion to offer tips and techniques, do's and don'ts and suggest ways to manage passwords.

Presenter: Roger McDougall

Bookings: Annemarie Moore mooreannemarie1948@gmail.com (preferred) 0421 716 232

TUESDAYS AT CHATSWOOD

Tuesdays from 20 Feb 10:30 to 12:30

Interesting presentations on various topics each Tuesday.

History Ancient

1. Cities in the sands: *Palmyra Bride of the Desert*

20 Feb

The colonnaded streets, oriental temples, and caravanserais of Palmyra bear witness to a caravan city that considered itself a worthy rival of Rome.

Presenter: John Tidmarsh

Bookings: Janet Douglas janet_away@yahoo.com (preferred) 0423 947 411

History Ancient

2. Cities in the sands: *Rose-Red city*

27 Feb

For centuries Petra, with its stunning rock-hewn temples and tombs, remained hidden from the west before emerging as one of the greatest cities of the ancient world.

Presenter: John Tidmarsh

Bookings: Janet Douglas janet_away@yahoo.com (preferred) 0423 947 411

Travel Culture

3. The temples of Java

5 Mar

How Hinduism and Buddhism came to Java. The history of the massive temple complexes of Borobodur, the world's largest Buddhist temple and Prambanan, the largest Hindu temple outside of India.

Presenter: Ian Burnet

Bookings: Janet Douglas janet_away@yahoo.com (preferred) 0423 947 411

History Maritime

4. The greatest voyage in maritime history

12 Mar

The greatest voyage in maritime history occurred 500 years ago, from 1519 to 1522, when the vessel *Victoria*, captained by Ferdinand Magellan and then Juan Sebastian del Cano, first circumnavigated the world.

Presenter: Ian Burnet

Bookings: Ursula Schappi ursulasch@bigpond.com (preferred) 9955 7628

Sociology

5. Baby boomers, Gen X and Millennials

19 Mar

The income, wealth, housing, working conditions, health education, environmental quality, social connections, safety and inequality of these generational groups and how these contribute to their relative well-being.

Presenter: Peter Abelson

Bookings: Rosemary Sparkes rosemaryannesparkes@gmail.com (preferred) 0400 181 091

Music History

6. Music that helped win the wars

26 Mar

An overview of Australia's role in the World Wars and the important contribution made by music towards the maintenance of morale both at home and abroad.

Presenter: Graham Ball

Bookings: Janet Douglas janet_away@yahoo.com (preferred) 0423 947 411

Art Culture

7. Sacred sites and the power of visual images

2 Apr

A look at a selection of sacred and pilgrim sites with significant social and/or cultural traditions, including Uluru, Pyramids, Delphi.

Presenter: Robijn Alexandra

Bookings: Ursula Schappi ursulasch@bigpond.com (preferred) 9955 7628

History China

8. My father, a driver for a Chinese opium warlord

16 Apr

Chinese Far Eastern Railway, warlords, the Japanese army and the triumph of Chinese communism figured prominently in my family's stories - from Russia via China to Sydney.

Presenter: Lydia Fegan

Bookings: Ursula Schappi ursulasch@bigpond.com (preferred) 9955 7628

Current Affairs

9. The ABC: its achievements and challenges

30 Apr

Learn about the ABC, Australia's national independent public broadcaster and the challenges it faces - both historically and currently in a rapidly changing media landscape.

Presenter: Janine Kitson

Bookings: Rosemary Sparkes rosemaryannsparkes@gmail.com (preferred) 0400 181 091

Current Affairs

10. The Middle East in 2024

21, 28 May

We revisit this troubled region as news has been scant since western forces withdrew.

Presenter: Peter Nixon

Bookings: Rosemary Sparkes rosemaryannsparkes@gmail.com (preferred) 0400 181 091

Music History

11. Music from the movies

11 Jun

From the silent era to the present day, films have always used music to make comedy funnier, tragedy sadder, tension tenser, to establish the mood and set the scene.

Presenter: Graham Ball

Bookings: Rosemary Sparkes rosemaryannsparkes@gmail.com (preferred) 0400 181 091

Psychology

12. Psychology: some key concepts

18 Jun

Who is the real father of psychology? What is the difference between psychology and psychiatry? Details of IQ tests, personality tests, psychosis, neurosis, psychotherapy will be discussed.

Presenter: Dr. Reinhard Ronnebeck

Bookings: Rosemary Sparkes rosemaryannsparkes@gmail.com (preferred) 0400 181 091

History

13. Everest: more than a mountain

25 Jun

Everest is a story of triumph and tragedy. This talk will cover both, from its discovery in the 19th century to the quest for its summit in the 20th.

Presenter: Judy Tenzing

Bookings: Rosemary Sparkes rosemaryannsparkes@gmail.com (preferred) 0400 181 091

Language German

GERMAN CONVERSATION AND SHORT TEXTS

Every Thursday from 7 Mar 1:00 to 3:00

A continuing course for learners beyond beginners' stage.

Leader and **Bookings:** Bettina Boss

bossbettina3@gmail.com (preferred) 0466 979 460

Language French

FRENCH GRAMMAR (max 12)

Mondays from 8 Apr 10:30 to 12:30 (6 sessions)

A basic course on grammar which follows on from the Near-Beginners course. Having learnt some functional language, you can reinforce your knowledge with a short excursion into the whys and wherefores of French grammar rules.

Leader and **Bookings:** Bridget Miall

bridgetmiall@gmail.com (preferred) 9411 7882

GREENWICH: THE BAYTREE RETIREMENT RESORT

6 Ulonga Ave (Off Innes Rd)

Wheelchair access, bus stop nearby

Venue Coordinator Marianne Thiering

mariannethiering@gmail.com (preferred) 0423 397 343

TUESDAYS AT GREENWICH

Every Tuesday from 30 Jan 10:00 to 12:00

Interesting presentations on various topics each Tuesday.

History

1. European search for the Great South Land

30 Jan

Some of the myths and lesser known facts that led to the establishment and spectacular development of this once far off land.

Presenter: Geoff Davidson

Bookings: Marianne Thiering mariannethiering@gmail.com (preferred) 0423 397 343

Law Human Rights

2. Human Rights and the Criminal Law

6 Feb

The human rights of all participants must be observed and protected in the criminal justice process; that can be challenging, as reference to some particular cases including euthanasia and ICAC will show.

Presenter: Nicholas Cowdery AO KC

Bookings: Marianne Thiering mariannethiering@gmail.com (preferred) 0423 397 343

Nature History

3. Jenolan Caves revealed

13 Feb

The caves, from Aboriginal times to their discovery by Europeans and their opening to tourism.

Presenter: John Flint

Bookings: Kate Caro kxcaro@gmail.com (preferred) 9433 8056

Music Culture

4. Music, leisure, pleasure in 18th century London

20 Feb

The newly enriched middle class had time and money to indulge in leisure pursuits. How did they spend their time?

Presenter: Nora Hinchey

Bookings: Kate Caro kxcaro@gmail.com (preferred)
9433 8056

Anthropology

5. The evolutionary origins of humans

27 Feb

Presenting the latest fossil and genetic evidence.

Presenter: Kevin Murray

Bookings: Dianna Brooks dianna.brookes@gmail.com
(preferred) 9433 8031

Travel

6. New England in a nutshell

5 Mar

A broad look at the New England region of NSW, including its distinctive geology, geography, economy and social history.

Presenter: Dr Garry Lowder

Bookings: Dianna Brooks dianna.brookes@gmail.com
(preferred) 9433 8031

Art Science

7. Colour

12 Mar

What is colour? How have we analysed it from both scientific and artistic points of view? How is colour created in nature, and in our attempts to imitate nature?

Presenter: Adj Prof Laurie Wilson

Bookings: Dianna Brooks dianna.brookes@gmail.com
(preferred) 9433 8031

Music Appreciation

8. Cuba – a musical journey

19 Mar

Cuba is a 50's time capsule floating on a sea of music. Share sights and sounds of Graham's music, focused on his 2017 visit to Cuba.

Presenter: Graham Spindler

Bookings: Margaret Vermeesch mvermeesch7@gmail.com
(preferred) 9433 8048

Medical Matters

9. Australia wins the world cancer stakes

26 Mar

Australia has the world's highest rate of cancers; skin cancer, leukaemia, lymphoma, and many others are high. What are we doing wrong? What could we do better?

Presenter: Dr Judy Ford

Bookings: Margaret Vermeesch mvermeesch7@gmail.com
(preferred) 9433 8048

Current affairs

10. Africa since independence

2, 9 Apr

Our media tells us little about the continent of Africa. This is an attempt to correct that.

Presenter: Peter Nixon

Bookings: Margaret Vermeesch mvermeesch7@gmail.com
(preferred) 9433 8048

Psychology

11. Psychology: some key concepts

16 Apr

Who is the real father of psychology? What is the difference between psychology and psychiatry? Details of IQ tests, personality tests, psychosis, neurosis and psychotherapy will be discussed.

Presenter: Dr Reinhard Ronnebeck

Bookings: Marianne Thiering mariannethiering@gmail.com
(preferred) 0423 397 343

Nature

12. Poisonous stings

23 Apr

A look at some of the more dangerous creatures that are found in and around Australia, including snakes, spiders and water creatures.

Presenters: Ian Thompson

Bookings: Marianne Thiering mariannethiering@gmail.com
(preferred) 0423 397 343

Technology

13. Artificial intelligence - friend or foe?

30 Apr

AI is increasingly intertwined with human beings. Vast resources are being committed to the development of superintelligence. Are we aware of what is being created?

Presenter: Dr Jennifer Sansom

Bookings: Marianne Thiering mariannethiering@gmail.com
(preferred) 0423 397 343

Photography

14. Fake views

7 May

"The camera never lies", or does it? How images, still and moving, have been "faked" over the years.

Presenter: Adj Prof Laurie Wilson

Bookings: Dianna Brooks dianna.brookes@gmail.com
(preferred) 9433 8031

Music

15. The music that helped to win the wars

14 May

An overview of Australia's role in the World Wars and the important contribution made by music towards the maintenance of morale both at home and abroad during wartime.

Presenter: Graham Ball

Bookings: Kate Caro kxcaro@gmail.com (preferred)
9433 8056

History

16. Fiji – an insider's perspective (part 1)

21 May

Fiji's past through the early cannibal and tribal warfare days, arrival of the missionaries, white settlers, and the early colonial days.

Presenter: Andrew Drysdale

Bookings: Kate Caro kxcaro@gmail.com (preferred)
9433 8056

Current Affairs History

17. Fiji – an insider's perspective (part 2)

28 May

The final colonial days, independence followed by political upheavals and the rebuilding. What does the future hold?

Presenter: Andrew Drysdale

Bookings: Kate Caro kxcaro@gmail.com (preferred)
9433 8056

Literature

18. The literary works of J M Coetzee

4 Jun

J M Coetzee is the Nobel-prize-winning author of numerous novels including two that won the Booker Prize, Life and Times of Michael K and Disgrace. This talk provides an overview of his work.

Presenter: Emeritus Prof Sue Kossew

Bookings: Margaret Vermeesch mvermeesch7@gmail.com
(preferred) 9433 8048

Science Religion

19. The science of religion

11 Jun

Examining theories and evidence, from evolution and the cognitive sciences, that seek to explain the experience of religious belief as a purely naturalistic phenomenon, originating entirely in the human brain.

Presenter: Kevin Murray

Bookings: Marianne Thiering mariannethiering@gmail.com (preferred) 0423 397 343

Music

20. Far out: music in space

18 Jun

Classic, pop, rock: Space has been the inspiration, setting and even venue for some remarkable music and music stories.

Presenter: Graham Spindler

Bookings: Marianne Thiering mariannethiering@gmail.com (preferred) 0423 397 343

History Australia

21. The defence of Sydney

25 June

From the first white settlement the NSW Governors established a plan to defend Sydney against capture by both the Spanish and Napoleon.

Presenter: Don Napper

Bookings: Margaret Vermeesch mvermeesch7@gmail.com (preferred) 9433 8048

HUNTERS HILL: C A FAIRLAND HALL

14 Church St parking nearby

Venue Coordinator Judy Harris Judyharris222@gmail.com (preferred) 0447 194 510

MONDAYS AT HUNTERS HILL

Every Monday from 29 Jan 10:30 to 12:30

Interesting presentations on various topics each Monday.

Bookings: <https://sydneyu3a.org> OR Judy Harris JudyHarris2@bigpond.com (preferred) 0447 194 510

Art Appreciation

1. Edouard Manet

29 Jan

Manet deliberately shocked the art world as he transitioned from realism to impressionism. We will view Manet's art.

Presenter: Reinhard Ronnebeck

Current Affairs

2. The pathway towards the US presidency

5 Feb

The primaries, money and party power, the ins and outs of how the USA struggles to nominate the last standing in this ordeal.

Presenter: Dr Harry Melkonian

Science Environment

3. An introduction to the fungi kingdom

12 Feb

What separates members of the fungi community; introducing both edible and non-edible mushrooms, toxic toadstools, mould and mildew, rusts and smuts, and yeast

Presenter: Ian Thompson

Food

4. Slippery Bob to baba ghanoush: Australia's culinary history

19 Feb

How Australia's food culture has been shaped by history.

Presenter: Diana Noyce

Medical Matters

5. Understanding brain health

26 Feb

How dementia affects people and what are the risk factors? Lifestyle can be responsible for up to 40% of the risk. What can we do to lessen our chances of developing dementia?

Presenter: Dr Christine Lopacinski

History Culture

6. India: diverse ethnicities, cultures and religions

4 Mar

India hosts a complete society of diverse cultures. It shaped cultures in Southeast Asia and in turn was profoundly impacted by Persianite Islamic culture.

Presenter: Himanshu Jhala

History Asia

7. India: political independence to a modern state

11 Mar

The second most profound impact on India was that of the British Raj. Since independence, India has been striving to restore its global prominence.

Presenter: Himanshu Jhala

Food

8. Easter traditions and mid-winter celebrations

18 Mar

Food is the centre of both Easter celebrations around the world and the midwinter celebrations in Antarctica.

Presenter: Diana Noyce

History

9. The ABC - its achievements and challenges

25 Mar

Learn about Australia's national independent public broadcaster and the challenges it faces - both historically and currently, in a rapidly changing media landscape.

Presenter: Janine Kitson

Travel Culture

10. Ireland

1 Apr

A small island off the coast of UK has helped populate many countries including Australia over the centuries. Why is this so?

This is a brief summary of the complex history of Ireland.

Presenter: Peter Nixon

Travel

11. Slow boat to UK

8 Apr

Sailing to UK in the world famous Kialoa II over five months, entering in the annual Fastnet race and then returning home for 49th Sydney to Hobart race.

Presenter: Lindsay May OAM

Music Appreciation

12. The musical theatre

15 Apr

An overview of musicals from a historical perspective from the early days to the present.

Presenter: Graham Ball

Travel

13. Two years sojourn in Burgundy

22 Apr

A retired couple and 37 kg labradoodle go to France, for the gap year we didn't have when we left school, to spend two years in Burgundy and the French Alps.

Presenter: John Verholst and Helen Lange

Science

14. A journey through the elements

29 Apr

The people, places and experiences from fifty years travelling the world as a geologist

Presenter: Dr Garry Lowder

History Culture

15. Sri Lanka: the pearl of the Indian Ocean

6 May

A personal view of this magical land whose history and culture are full of surprises.

Presenter: Dr Garry Lowder

Music Appreciation

16. Music from the movies

13 May

Past movies have used music to make comedy funny, tragedy sadder and tension tenser but, most often, to establish mood and set the scene.

Presenters: Graham Ball

Travel

17. The cycle of life

20 May

My adventures on a bicycle over thirteen years, covering 37,000 km across the Nullarbor and three continents, including the USA.

Presenter: Roger McDougall

Current Affairs

18. Is democracy failing the modern world?

27 May 3, 10 Jun

A chance to explore the tensions that exist between our personal and collective needs.

Presenter: Peter Nixon

History

19. Tramways of the North Shore

17 Jun

The development and construction of tramways on the North Shore.

Presenter: Ron Besdansky

Art Drawing

DRAWING FOR BEGINNERS (15)

Every Friday from 23 February 10.30 to 12.30

(6 sessions)

Learn to draw and develop a unique drawing style by studying the elements and principles of design. Learn the basic skills of recording while examining various drawing techniques.

Leader and **Bookings:** Kate McClelland
mclellands@ozemail.com.au 0413 388 959

LANE COVE: LIVING AND LEARNING CENTRE

180 Longueville Rd

Venue Coordinator Robert Lynn bobbylnn03@gmail.com

9433 8066

Book Group

BOOK GROUP

Every fourth Monday from 5 Feb 10:30 to 12:30

Group limited to twelve so everyone has a chance to speak. We welcome new members.

Leader: Janice Gentle

Bookings: Vanessa Follett 0490 652 292

MCPMAHONS POINT: COMMUNITY CENTRE

165 Blues Point Rd Wheelchair access

Venue Coordinator Lesley Duffill leslie.duffill@gmail.com

(preferred) 0408 097 482

Poetry

POETRY

Alternate Tuesdays from 6 Feb 10:00 to 12:00

This group explores the magic of poetry in its various forms through reading, appreciating and writing. We give and receive friendly, positive feedback. New members welcome.

Leader and **Bookings:** Geoff Lucas 0432 543 611

Book Group

BOOK GROUP

Alternate Fridays from 9 Feb 10:00 to 12:00

This group chooses 10 novels per semester to read (both classics and modern), and enjoys a lively discussion on those books. New members welcome.

Leader and **Bookings:** Toni McLennan 9412 1585

MOSMAN ART GALLERY

Cnr Myahgah Rd and Art Gallery Way Wheelchair access, parking nearby, bus stop nearby

Venue Coordinator Annika Tults annikatults@gmail.com

0404 254 009

MONDAYS AT THE ART GALLERY

Every Monday from 5 Feb 10:30 to 12:30

Interesting presentations on various topics each Monday.

No booking required

History, Food

1. The culinary life of Charles Darwin

5 Feb

A unique look at Darwin not from a scientific, but from a culinary perspective. Darwin not only collected specimens for observation but also ate them.

Presenter: Diana Noyce

Famous People Medical Matters

2. The Sackler story

12 Feb

How Valium, OxyContin, philanthropy, art galleries, museums, laboratories, lies, addictions, death, court cases and millions of dollars make up the story of the Sackler family.

Presenter: Dr Rosemarie Einstein

History

3. The Spanish Empire (part 1)

19 Feb

From Reconquista to Discovery of the New World: The Spanish Empire was a very powerful empire in the early modern period. Victory over the Moors led to the discovery of the Americas.

Presenter: Himanshu Jhala

History

4. The Spanish Empire (part 2)

26 Feb

A Global Empire is Lost Within Decades: The Spanish controlled European territories, vast regions in the Americas, Africa, various islands in Asia and Oceania. Napoleon's invasion in 1808 triggered its eventual collapse.
Presenter: Himanshu Jhala

Science Religion

5. The science of religion

4 Mar

Examining theories and evidence, from evolution and the cognitive sciences, that seek to explain the experience of religious belief as a purely naturalistic phenomenon originating entirely in the human brain.
Presenter: Kevin Murray

Current Affairs

6. The ABC - achievements and broadcasting challenges

11 Mar

Learn about Australia's national independent public broadcaster and the challenges it faces, both historically and currently, in a rapidly changing media landscape.
Presenter: Janine Kitson

History

7. A short history of ancient medicine (part 1)

18 Mar

The appearance of Asklepios: The era of classical Greece and Rome saw the emergence of the remarkable healing sanctuaries of Asklepios which are some of Greece's finest ancient sites. We will view his major works and learn about his life.
Presenter: John Tidmarsh

History

8. A short history of ancient medicine (part 2)

25 Mar

The Golden Age of Medicine: The rise of Islam in the east during the 7th century ushered in remarkable advances that remained the basis of medical and surgical knowledge until well into the Renaissance.
Presenters: John Tidmarsh

History

9. The first million years of human communication

8 Apr

The Internet is the most recent innovation in human communication, but possibly the most profound since the evolution of speech. Other historical innovations include writing, printing and electronic communication.
Presenter: Adj Prof Laurie Wilson

History Food

10. Of rice and men

15 Apr

The culinary life of prisoners in Changi during World War II. The artwork of one of the Australian prisoners provides an inspirational and alternative perspective on the life in Changi prison.
Presenter: Diana Noyce

History Culture

11. Life in the Perigord, France

22 Apr

A beautiful part of the South West of France, home to painted caves, mediaeval castles, foie gras and fine wines.
Presenter: John Walsh

History

12. Spy masters and code breakers of World War II

29 Apr

This talk traces the career of Leo Marks, his codes and his conspiracy of spies. Not all happy endings.
Presenter: Ian Bryce

Politics History

13. Africa since independence

6, 13, 20 May

These talks will look at what has happened in the Dark Continent since 1960. The areas of success and the areas of conflict.
Presenter: Peter Nixon

Entomology

14. Unwelcome insects found in the home

27 May

A close-up look at undesirable insects located in your home, including clothes moths, carpet beetles, silverfish, and pantry pests such as weevils and flour moths.
Presenter: Ian Thompson

History China

15. My father- driver for a Chinese opium warlord

3 June

Our family survived through tumultuous times in China between the 1920's and 1940's, finally finding peace in Australia.
Presenter: Lydia Fegan

History Australia

16. Australia's two invasions

17 Jun

Europeans came after the Aboriginals, but there are many historical misconceptions. Australia's real founder was James Matra – a fascinating adventurer, abolitionist and a man of science.
Presenter: Stewart Fist

Science

17. Biomimicry – Technology inspired by Nature

24 Jun

We consider some of the many inventions and breakthroughs in design and technology that have been inspired by the elements of mother nature.
Presenter: Ian Thompson

MOSMAN: THE GARRISON

13 Spit Road (enter from Punch Street)

Wheelchair access, bus stop nearby

Venue Coordinator Jenny Rudd O'Neill

Writing

WRITING YOUR MEMOIR (max 15)

Alternate Thursdays from 11 Apr 10:30 to 12:30

We will use practical exercises and discussion to build a story of your life, or part of it, or the life of someone you knew well. Beginners welcome. We are a friendly, supportive group.

Leader: Jenny Rudd O'Neill

jennyruddoneill@optusnet.com.au

Bookings: Pamela Tilbrook

pamelatilbrook@optusnet.com.au (preferred)

0413 377 212

THE MANORS OF MOSMAN RETIREMENT VILLAGE

6 Hale Rd, off Military Rd
Wheelchair access
Venue Coordinator Margaret Kropman
mkropman@optusnet.com.au (preferred) 0434 839 172

Discussion Group Current Affairs

TOPICAL ISSUES DISCUSSION GROUP

Alternate Wednesdays from 7 Feb 10:00 to 12:00

We cover local and international topics in the news. At every meeting we discuss two topics chosen by the group at the previous meeting, we hear short introductions then keep our mental engines running in a friendly and diverse group.

Leader: Peter Trout

Bookings: Margaret Kropman 0434 839 172

Discussion Group Book Group

LITERARY DISCUSSION GROUP

Alternate Tuesdays from 13 Feb 10:00 to 12:00

This friendly group meets once a fortnight to discuss a variety of demanding literature including poetry, drama and non-fiction. New members welcomed.

Leader: Mary Billing

Bookings: Elisabeth Kingsford 9953 6993

MOSMAN SQUARE SENIORS CENTRE

Next to Mosman Council Chambers
Off Military Rd, Spit Junction
Wheelchair access, parking nearby, bus stop nearby
Venue Coordinator Michael Suckling
michaelsuckling@outlook.com

WEDNESDAYS AT MOSMAN SQUARE

Every Wednesday from 7 Feb 10:00 to 12:00

Interesting presentations on various topics each Wednesday.

No booking required

Archaeology

1. Travels in Ancient Greece Part 1

7 Feb

How Athens with its art and culture became the dominant city of Classical Greece.

Presenter: John Tidmarsh

Archaeology

2. Travels in Ancient Greece Part 2

14 Feb

The stunning sanctuaries of Olympia and Delphi.

Presenter: John Tidmarsh

Archaeology

3. Travels in Ancient Greece Part 3

21 Feb

The palaces, houses, and astonishingly wealthy tombs of Macedonia.

Presenter: John Tidmarsh

Archaeology

4. Travels in Ancient Greece Part 4

28 Feb

Delos, the beautiful island of Apollo as well as the greatest emporium of the Hellenistic age.

Presenter: John Tidmarsh

Ethics

5. How do humans make decisions? Part 1

6 Mar

Judges, doctors, social workers and parents using the same set of facts often make widely different forecast and decisions. Why is this? With input from Daniel Kahneman and his colleagues, we look for some answers.

Presenter: Peter Nixon

Food History

6. A fateful feast

13 Mar

The last repast on RMS Titanic.

Presenter: Diana Noyce

History Europe

7. Great Migrations of European Peoples Part 1

20 Mar

Pre-historic Europe: The earliest human arrivals were followed by the Hunter Gatherers, Anatolian Farmers and the Indo-Europeans leading to the development of the earliest civilization of the Aegean.

Presenter: Himanshu Jhala

History Europe

8. Great Migrations of European Peoples Part 2

27 Mar

The Phoenicians colonised the Mediterranean coast, the Celts spread from Central Europe, the Romans succeeded the Greeks but collapsed in the west while countering the Barbarian migrations.

Presenter: Himanshu Jhala

Medical

9. Cholesterol

3 Apr

Drugs to treat Cholesterol are one of the most widely prescribed. Learn about the major changes that are coming in blood testing and medication and the way we will view cholesterol in future.

Presenter: Gayle Nelson

Science Health

10. Medical entomology – mosquitoes

10 Apr

The biology and habitat of the mosquito, the deadliest animal on earth by far. Diseases covered are world-wide and Australia specific - including Malaria, Dengue, Zika virus, Yellow Fever, Lymphatic Filariasis and Ross River Fever.

Presenter: Ian Thompson

History English

11. The real meaning of nursery rhymes

17 Apr

Most of our well known rhymes are really political satire. English history through rhymes.

Presenter: Susan Ackroyd

Science Health

12. Medical entomology – Paralysis Tick

24 Apr

Their distribution, biology, lifestyle, and ecology, plus impact on human health and companion animals. Also covered are ticks and their association with mammalian meat allergies, plus "Lyme Disease".

Presenter: Ian Thompson

History Europe

13. Great Migrations of European Peoples Part 3

1 May

The Middle Ages: internal migrations and external invasions. The Anglo-Saxons migrated to Britain; the Arabs invaded Spain; the Vikings launched pirating raids and the Swede-Rus, Normans, Magyars and Bulgars claimed new territories. Presenter: Himanshu Jhala

History Europe

14. Great Migrations of European Peoples Part 4

8 May

The modern period: empires, wars, refugees, post-war and post-colonial non-European migrants: European rivalries spilled out of Europe, leading to colonial empires. European Alliance System led to the two World Wars and subsequent influx of non-Europeans. Presenter: Himanshu Jhala

Ethics

15. How do humans make decisions? Part 2

15 May

Judges, doctors, social workers and parents using the same set of facts often make widely different forecast and decisions. Why is this? With input from Daniel Kahneman and his colleagues, we look for some answers. Presenter: Peter Nixon

History Photography

16. Fake views

22 May

"The camera never lies", or does it? How photographic images have been "faked" over the years. Presenter: Adj Prof Laurie Wilson

Wildlife

17. Australian Wildlife Conservancy

29 May

AWC is the biggest private owner and manager of land for conservation in Australia, turning the tide on Australia's extinction crisis and bringing renewed hope for threatened species. Presenter: Elly Gearing

Computers

18. Artificial Intelligence – past, present and future

5 June

An easy-to-follow introduction to the state of AI in popular culture and the real world, including the arguments about its potential benefits, risks and what the future may hold. Presenter: Jeff Burgess

Travel Culture

19. Temples of Java

12 June

The Hindu and Buddhist Temples of 7-9th century Java. Presenter: Ian Burnett

Food History

20. Feeding body and soul

19 June

The Midwinter Celebration in Antarctica. Presenter: Diana Noyce

Legal Human Rights

21. Drug Law Reform

26 June

There will always be drug consumers. Prohibition helps only the criminals, whose profits need to be taken out of the market. We need legalisation or, as a first step, decriminalisation of quantities consistent with personal use. Presenter: Nicholas Cowdery AO KC

Medical Matters Health

22. Putting alternative medicine to the test

3 Jul

The evolution of the clinical trial and how alternative medicine fares when subjected to modern clinical trials. Presenter: Kevin Murray

Maritime

23. The greatest sea voyage in maritime history

10 Jul

In 1521 the Spanish complete the first circumnavigation of the world. Presenter: Ian Burnett

Nature Science

24. Pattern formation in nature

17 Jul

How have natural processes produced the dazzling variety of patterns we see around us, from zebra stripes to sand ripples. Presenter: Adj Prof Laurie Wilson

Legal Human Rights

25. First Nations people and the criminal justice system

24 Jul

With less than 3% of the population, First Nations people are grossly over-represented in the criminal justice system. Why – and what can be done about it? Presenter: Nicholas Cowdery AO KC

WILLOUGHBY: HYGROVE DISPLAY SUITE

44 Penshurst St

Wheelchair access, parking nearby, bus stop nearby
Venue Coordinator Rohan Kirby
rohan@hyegrove.com.au (preferred) 0475 775 000

FRIDAYS AT WILLOUGHBY

Alternate Fridays from 2 Feb 10:30 to 12:30

Interesting presentations on various topics each Friday.

Bookings: Rohan Kirby rohan@hyegrove.com.au (preferred) 0475 775 000

History Australia

1. Northbridge

2 Feb

The history of Northbridge and its famous bridge based on material prepared for an exhibition commemorating the suburb's centenary in 2013. Presenter: Ron Besdansky

History Art

2. Troy: history, mystery and myth

16 Feb

A survey by various artists depicting the story of Troy that highlights the absurdity of war, which, at its core, holds sentiments that ring as true today as they did in antiquity. Presenter: Robijn Alexandra

Current Affairs Legal

3. NSW ICAC: background and recent reports

1 Mar

Why the ICAC exists, what it does, how it operates and recent ICAC reports. Presenters: Carla Teteris and Dr Iris Kirkpatrick

History

4. Cities in the sand: Along the Incense Route

15 Mar

Some of the most spectacular and romantic of the great desert caravan cities grew rich on the trade of spices, textiles and other cargoes and flourished during Graeco-Roman times along the legendary Silk and Incense routes.

Presenter: John Tidmarsh

Current Affairs

5. Electricity supply in NSW

12 Apr

Renewables are destabilising the grid and reducing the price of wholesale power. All power stations are ageing. How do we transit to a new energy future?

Presenter: Robert Eales

History

6. The first crossing of Australia from south to north

26 Apr

Many attempts were made to cross Australia from south to north. John McDouall Stuart and Burke & Wills tried at similar times. Only one succeeded.

Presenter: Barbara Boston

Science

7. Mysteries of the Deep Sea

10 May

Humans have explored the landmass of the Earth extensively, but the sea remains a mystery to a great extent. Let us unravel some unknowns.

Presenter: Punchi Dassanayake

History Medical Matters

8. Top historic and recent medical advances

24 May

There is little doubt that identifying diseases and their treatment is as old as humanity itself. We discuss the advances in treatment, old and new.

Presenter: Punchi Dassanayake

Travel Culture

9. Japan: The island country of East Asia

7 Jun

We examine the history and topography of Japan, plus their population demographics, political system, military, economy, plus other many other aspects of Japan including their parliamentary democracy and the Imperial family.

Presenter: Ian Thompson

Travel Culture

10. Living and working in Japan as a foreigner

21 Jun

We consider the Japanese language, religions, customs, business culture, their many public holidays, public transport, schooling, etiquette, cuisine and fashion, plus the correct way to bow and other quaint aspects of daily life in Japan.

Presenter: Ian Thompson

OUT THERE

Outdoors Eating out

THIRD FRIDAY LUNCH GROUP

Third Friday of each month from 16 Feb

We meet for lunch at restaurants that serve a variety of cuisines. We go everywhere in Sydney, except the North Shore. We try to book BYO wine venues where there is a small corkage charge, which attendees are required to pay.

Leader and **Bookings:** Sarah Fennamore

sfennamore@yahoo.com 9955 1962