

EASTERN

Regional President: David Rosenwax AM drosenwax@bigpond.com
Regional Course Coordinator: Mary Healy-North maryhealynorth1@bigpond.com **Enquiries only**

IMPORTANT INFORMATION: You do not need to book for any courses at COA Centre Woollahra.

EASTERN REGION OF SYDNEY u3a

Annual General Meeting and Election of Office Bearers

Will be held on: **22 March 2024 commencing at 12 noon**

at: **COA Centre**

address: 25 Rowe St Woollahra

Guest Speaker: Lanning Bennett

Bookings for the AGM essential. Contact Secretary Sandy See at Sandra.l.see@gmail.com

Please consider standing for a position on the committee.

Nominations forms will be emailed to Eastern members and must be returned to Secretary before 15 March 2024. The AGM will be followed by a talk by **TBA**

COA CENTRE WOOLLAHRA

25 Rowe St

wheelchair access, train station nearby,

bus stop nearby

Discussion Group Current Affairs

THE NEWS: THE GOOD, BAD AND THE FAKE

Thursdays from 22 Feb 10.30 to 12:00 (3 sessions)

29 Feb, 7 Mar

Upstairs Activity Room

A blend of discussion and study group, looking at current news stories and assessing and criticising their selection, presentation and authenticity.

Leader: Ronnie Hoffman

FRIDAYS AT COA CENTRE WOOLLAHRA

Every Friday from 2 Feb 10:30 to 12:00

A variety of presentations of general interest looking at topics relevant to people living in today's world

NO BOOKINGS are required.

History

1. The Myall Creek Massacre

2 Feb

The Myall Creek Massacre in 1838

Presenter: Mark Tedeschi KC AM

History

2. Aspects of Chinese-Australian landscape & garden heritage

9 Feb

An overview of Australian waves of interaction over time with China, and Chinese Australians.

Presenter: Stuart Read, Heritage NSW

Politics

3. Election of a President

16 Feb

At the beginning of 2024 there will be increased interest and misinformation about how Americans elect a President.

Presenter: Harry Melkonian

Science

4. The history of vacuum

23 Feb

The history of vacuum: from an abhorrent idea to a useful tool for industry and medicine to a new quandary for cosmology.

Presenter: Debbie Rudder

History

5. John Stuart Mill

1 Mar

The "Father of Liberalism" from the nineteenth century revisits the planet to tell us about his life and thoughts and comment on their relevance today.

Presenter: Peter Nixon

History

6. Mary Wollstonecraft

8 Mar

This writer and early feminist from the eighteenth century revisits the planet to tell us about her tumultuous life and those of her daughters.

Presenter: Peter Nixon

Music Appreciation

7. Music appreciation

15 Mar

Opera was invented by dilettantes in Florence in 1598.

Opera has been used as a voice of the aristocracy, the oppressed and the liberated, It inspired revolution.

Presenter: Andy Bromberger

History

8. Sydney Mechanics School of the Arts

22 Mar

History of this facility.

Presenter: Ellen Elzey

29 Mar

No presentation - Good Friday Public Holiday

History

9. Sephardi-Mizrahi Voices at the Jewish Museum

5 Apr

The Jewish Museum is committed to showcasing the diversity of the Jewish community and increasing the visibility of the Sephardi-Mizrahi community members. Presenter: Dr Carol Langley, Sephardi and Mizrahi Community Liaison, Sydney Jewish Museum

History

10. Money and outsourcing

12 Apr

Many of us seem to hand our retirement money to others to manage, not really knowing what they do with the money and why. We need to pay attention to who is doing it and is it working for us. Presenter: Lanning Bennett

History

11. The Paddington Society

19 Apr

The history of this society. Presenter: Penny Johnston

History

12. The stories behind hidden Sydney

26 Apr

Kings Cross and Surry Hills including stories of Kate Leigh and Tilly Devine and other underground figures. Presenter: Trevor McAlister

History

13. European musical instrument making: Sydney 1830

3 May

The relationship between free-settler musical instrument making and their assigned convict servants from 1830 to 1850.

Presenter: Michael Lea

History

14. Waverley Community Men's Shed

10 May

How the Men's Shed began in Australia and the amazing growth over 50 years and some of the activities the Men's Shed currently undertakes.

Presenter: Peter Black

Art History

15. Vincent van Gogh

17 May

Van Gogh is today one of the most liked artists but sold only one painting in his life. We shall view his paintings and discuss his life.

Presenter: Reinhard Ronnebeck

History

16. Captives for Freedom

24 May

West Papua, the closest Indonesian province to Australia, and the capture of Stephen Hill's UN and WWF staff by the OPM Freedom Fighters to bring their cause to the attention of the world on behalf of the Indigenous people. Presenter: Professor Emeritus Stephen Hill, Wollongong University

Chemistry

17. Science in the Witness Box

31 May

In the Chamberlain case 40 years ago, the prosecution came to court with brilliant barristers and expensive, arrogant deficient scientists. What has happened since in the courts and labs. I recount a personal journey.

Presenter: Professor Emeritus Ben Selinger

Media

18. Behind the scenes in media and celebrity

7 Jun

Anita Jacoby AM is one of Australia's most distinguished television producers, from *The Gruen Transfer* to *Enough Rope with Andrew Denton* to *60 Minutes. Elders, Hungry Beast*. In 2022 Anita published her book *Secrets beyond the Screen*.

Presenter: Anita Jacoby AM

Architecture

19. Cure inequality through better housing design

14 Jun

Discusses ways to live in a more environmentally conscious way, to increase communality in building forms and better land, energy and water use.

Presenter: Adj Professor Tone Wheeler, UNSW

Medical Matters

20. How DNA made you and me

21 Jun

DNA is the blueprint for all living beings. We discuss how ATGC build our body's features and behaviours.

Presenter: Punchi Dassanayake

Science

21. Epigenetics

28 Jun

Epigenetics means in addition to Genetics. How the lifestyles of our parents and grandparents could influence our health and well being.

Presenter: Punchi Dassanayake

BONDI JUNCTION: MILL HOTEL

59B Oxford St

Book Group

EASTERN CRIME READERS GROUP

Third Tuesday every month from 15 Feb 10:15 to 12:15

The group selects titles for the Semester.

Booking and Leader: Sandy See

sandra.l.see@gmail.com 0412 044 811

BONDI JUNCTION: WAVERLY LIBRARY

32-48 Denison St

Level 1 Study Room 4

Book Group

WAVERLEY BOOK GROUP

First Thursday every month from 1 Feb 2:00 to 4:00

Everyone suggests a book they have read or recommended. New members welcome.

Bookings: Jennifer Woodroffe

jenniferwoodroffe@hotmail.com(preferred)

0418 40 4881

CLOVELLY SENIOR CITIZEN CENTRE

40-42 Arden St
On street parking, buses nearby

Discussion Group

CURRENT AFFAIRS DISCUSSION GROUP

Alternate Tuesdays from 13 Feb 10:00 to 12:00

Join us for occasional debate and social interaction if you are interested in the world around you.

Leader Gwen Zeller 0404 781 162 gszeller@gmail.com

Bookings: Marise Segelov marisesegelov@gmail.com
9363 4023 or 0410 514 866

Discussion Group Movies

FILM DISCUSSION GROUP (max 20)

Alternate Tuesdays from 6 Feb 10:00 to 12:00 Share your opinion on acting, characters, plots, cinematography.

Leader and **Bookings:** Graham Blazey
gblazey@optusnet.com.au 9365 1961 and
Gail Filetti rgfil@bigpond.com 9349 5591

PADDINGTON: EJ WARD CENTRE

189 Underwood St (cnr George St)
bus stop nearby

Language French

FRENCH CONVERSATION (Advanced) (max 20)

Every Thursday from 1 Feb 10:30 to 12:00

French language level: it is conversation, not a lesson.
To get the most out of this group, you need to be able to speak some French intelligibly and understand others who speak French more fluently.

Leader: Michelle Scheibmair 0414 978 917

Bookings: Paula Mackintosh pmackint1@yahoo.com
0425 074 488

PRIVATE HOMES

Book Group

WOOLLAHRA BOOK GROUP

First Thursday of month from 1 Feb 2:00 to 4:00

Goodwin Village Apt 257, 238-290 Jersey Rd Woollahra.

Members suggest a book they have read on an interesting subject. Recently published books are avoided because they can be on long local libraries' reservation lists. New members are welcome.

Leader and **Bookings:** Janet Sculfer
janetsculfer@icloud.com 0427 870 817

Book Group

ROSE BAY BOOK GROUP

First Wednesday of month from 7 Feb 2:00 to 4:00

Everyone gets to choose a book to discuss.
We take turns to meet at each other's homes.
New members welcome.

Leader and **Bookings:** Judy New 0414 686 844 or
9371 7250

Music Appreciation

DISCOVERING FINE MUSIC (Randwick)

Every second Monday from 12 Feb 2:00 to 4:00

We listen to compositions from the great masters, focusing on their lesser known works, as well as composers who are often overlooked today. We also include Australian composers and performers. Group participation warmly welcomed as are new members.

Leader and **Bookings:** Julie Reid julievreid@gmail.com
0411 575 157

Book Group

NORTH BONDI BOOK GROUP (max 10)

Third Wednesday every month from 21 Feb 2:00 to 4:00

People come with suggestions of authors to read and discuss. Conversation pivots around what people have read of the author. At other times we pick a genre to read and discuss; thrillers, biography, history, science fiction. New members are very welcome.

Leader and **Bookings:** Liza Cohn
liza.cohn@yahoo.com 9389 1336