

ENDEAVOUR (SOUTHERN)

Regional President: TBA

Regional Course Coordinator: Catherine Wormald catherinewormald99@gmail.com

IMPORTANT INFORMATION: You must book to attend a course. Refer to 'Booking a Course' on page 4.

ENDEAVOUR REGION OF SYDNEY u3a

Annual General Meeting and Election of Office Bearers

will be held on: **Thursday 28 March commencing at 9:30 to 10:00am**

at: **Cronulla School of the Arts**

Address: 6 Surf Road Cronulla.

6 Surf Road Cronulla

Upstairs Lecture Room, wheelchair access, lift available and train station nearby.

Enquiries: Cherie Clover: cherie167@hotmail.com

CRONULLA COMMUNITY HALL

1/38-60 Croydon St

Meeting Room, wheelchair access, train station nearby

Language French

FRENCH FOR INTERMEDIATE SPEAKERS (max 16)

Every Monday from 5 Feb 2:00 to 3:30

(excluding school holidays)

Intermediate level French, basic knowledge required.

Revive your grammar, practise your conversation skills, and enjoy reading French texts. Have fun in a relaxed learning environment.

Leader and **Bookings:** Susan Molloy-Johnson

twotwelves@outlook.com

CRONULLA SCHOOL OF ARTS

6 Surf Rd

Upstairs Activity Room/Lecture Room, wheelchair access, lift available and train station nearby.

PRESENTATIONS – TOPICS OF INTEREST (max 80)

Mondays and Tuesdays from 30 Jan 10:30 to 12:00

Various presentations about different interesting topics.

Enquiries ONLY Cherie Clover cherie167@hotmail.com

Bookings not required. Please bring a friend.

Archaeology

1. Maritime archaeology

Tuesday 30 Jan 10:30 to 12:00

Learn how maritime archaeology developed, about the tools and techniques, and discover some interesting shipwrecks.

Presenters: Greg Jackson and Pam Forbes

Photography

2. 12 Photos which made Australia

Monday 12 Feb

12 iconic images from 1845 to 2013 showing the development of photograph art and technology over time and reflecting who we are.

Presenter: Laure Wilson

Science

3. An introduction to sensory science

Monday 25 Mar

Explore how science and industry use the senses to discover new information and develop better food and beverages.

Presenter: Greg Organ

Current Affairs

4. The story of Bennelong Point and the Sydney Opera House

Tuesday 30 Apr

A story of Tubowgule (Bennelong Point) and the long and chequered history of the Sydney Opera House. The people who made it happen, the architect and builders that constructed it and the politicians that were involved.

Presenter: Margaret Durie

Travel History

5. The high art and Canada

Monday 13 May

Learn about the history of the region and the attempts to find and learn about the local inhabitants, the environment, the incredible scenery and wildlife.

Presenter: Diane Elphinstone

History

6. Pine Gap – the inside story

Monday 17 June

Pine Gap was established in Alice Springs in 1966. Trained in electronic intelligence with extensive experience in satellite surveillance. David managed the joint defence facility.

Presenter David Rosenberg

Music

HISTORY OF ROCK MUSIC FROM 1960s ONWARDS (max 15)

First Thursday of the month from 1 Feb 10:00 to 12:00
(excluding school holidays)

This course explores the works of world-famous bands, solo artists and rock musicians. All members of the class will be asked to present biographies with various technologies such as YouTube, DVD, CD and computer presentation.

Leader and **Bookings:** Robin Hill
robinu3asydney@gmail.com

Language Italian

ITALIAN LANGUAGE AND CULTURE (max 15)

Every Thursday from 1 Feb 10:00 to 12:00
(excluding school holidays)

Some basic Italian is required. Expand your Italian through stories, poems, songs and recipes with conversation and writing activities to practice the appropriate grammar. We also introduce some Italian history, culture and current affairs.

Leader: John Della Torre jrdellatorre@gmail.com 8544 1758
Bookings: Judy Bassford judybassford7@gmail.com 9527 2931

Cinema

AT THE CINEMA – ALFRED HITCHCOCK (max 40)

First and Third Thursday from 1 Feb 1:30 to 4:00

Experience and discuss some of the great films of the master of suspense. A program will be available at the first session.

Leader and **Bookings:** Robert Englund
r.englund@optusnet.com.au 8521 7540

Discussion Group

OPEN MINDS DISCUSSION GROUP B (max 20)

First and Third Friday from 2 Feb 10:00 to 12:00
(excluding school holidays)

Topics of current interest are suggested by members. Each member has the opportunity to express their point of view uninterrupted. This is followed by questions and comments given in a respectful manner.

Leader and **Bookings:** Anita Spinks
anitaspinks@live.com.au (email preferred) 0423 532 582

History Ancient

OVERVIEW OF ANCIENT AND MEDIEVAL HISTORY (max 25)

First and Third Tuesday from 6 Feb 10:00 to 12:00
(excluding school holidays)

An overview of the rise and fall of civilisations and empires from ancient, medieval to modern times by way of reading, discussion, and TV documentaries (where available). Class members are encouraged to participate and/or contribute to the group.

Leader: Olga Bondarenko olgab@ozemail.com.au

Bookings: Carmen Izquierdo MaryCarmeniz@hotmail.com

Literature

SHAKESPEARE: MYTHS, FACTS & UNCOMFORTABLE TRUTHS (max 40) **NEW**

First and Third Tuesdays from 6 Feb 2:00 to 3:30

Five talks that will; outline the forces which created Shakespeare's England; detail about Shakespeare's life and career; examine the myths raised to explain the gaps in our Shakespearean knowledge & review the impact of his creativity.

Leader and **Bookings:** Robert Englund
r.englund@optusnet.com.au 8521 7540

Travel

ARMCHAIR TRAVELLERS (max 50)

First and Third Wednesday from 7 Feb 10:00 to 12:00
(excluding school holidays)

We come together with the common interest of sharing our travel experiences, using audio visual equipment. Some members choose not to present and enjoy the presentations as the audience.

Leader: Gwyn Leix gleix@optusnet.com.au 0415 130 756

Bookings: Kate Churcher kchurcher2@hotmail.com 0433 140 900

Games

BRAIN GAMES (max 20)

Second and Fourth Fridays from 9 Feb 10:00 to 12:00

Extensive research provides growing evidence that in addition to maintaining physical fitness and eating sensibly, maintaining brain health in older people may assist in reducing the disease which causes dementia.

Leader and **Bookings:** Denis Paulin d.paulin@bigpond.com 0438 594 206

Art Appreciation

ART HISTORY (max 40)

Second and Fourth Tuesdays from 13 Feb 10:00 to 12:00
(excluding school holidays)

This course looks at the works of world-famous artists over the centuries. Members of the class present biographies with DVD and computer presentation.

Leader: Margaret Kingston m.kingston1@bigpond.com 0404 045 435

Bookings: Teresa Lamberton
teresalamberton@hotmail.com 0414 425 353 or
Carol Cook carolcook39@optusnet.com.au 0488 286 324

Discussion Group

OPEN MINDS DISCUSSION GROUP A (max 20)

Second and Fourth Wednesdays from 14 Feb 10:00 to 12:00

(excluding school holidays)

Topics of current interest are suggested by members. Each member has the opportunity to express their point of view uninterrupted. This is followed by questions and comments given in a respectful manner.

Leader and **Bookings:** Anita Spinks anitaspinks@live.com.au (email preferred) 0423 532 582

GYMEA COMMUNITY CENTRE

31-33 GyMEA Bay Rd

Wheelchair access, parking nearby, train station nearby

Dance

MIDDLE EASTERN DANCING (max 30)

Every Monday from 5 Feb 1:00 to 2:00

Many styles of dance are used in these classes – Middle Eastern/Gypsy/Latin/Spanish/African. The music is a mix of "old time" numbers that fit the dance style and some traditional music. Props are used. The choreography is tailored to suit older bodies and there is never any pressure to "get it right".

Leader: Faye Green shalinabd@bigpond.com 9521 6575

Bookings: Wendy Lobwein wendy.rae.lob@hotmail.com 9527 4696

Art Appreciation

DISCOVERING ART (max 25)

First and Third Tuesdays from 6 Feb 10:00 to 12:00

(excluding school holidays)

This class will study and discuss a range of art-related topics, including architecture, artists, art movements and much, much more. We also visit a variety of art galleries as a regular highlight.

Leader and **Bookings:** Margaret Wilkes
margiewilkes@live.com.au 0407 958 924

Art Drawing

DRAWING WITH COLOUR (max 20)

Every Tuesday from 6 Feb 1:00 to 3:00

(excluding school holidays)

Member-driven art classes where we employ various styles and mediums.

Leader: Christine Horrocks
christine.anne7@outlook.com 0438 614 087

Bookings: Kerrie Gowen
kerriegowan65@icloud.com 0409 457 028

GYMEA TRADIES

57 Manchester Rd

Wheelchair access, parking onsite, train station nearby

Art Urban Sketching

SHIRE SKETCHING (max 40)

Every Thursday from 1 Feb 10:00 to 12:00

(excluding school holidays)

Learn observational URBAN SKETCHING Thursdays and ILLUSTRATE YOUR SHIRE JOURNAL Saturday morning. Sketching parks, nature, architecture, people, bushlands, and historical locations in our beautiful Shire. We frequently join other Sketch Groups. We welcome beginners who say, "But I can't draw."

Leaders: Peggy Annabel peggy.annabel@bigpond.com
0402 354 968 and

Carol Cook carolcook39@optusnet.com.au
0488 286 324

Bookings: Anne O'Donnell anneodonn@gmail.com
0408 203 205

HURSTVILLE UNITING COLIN MCFADYEN RETIREMENT

47 Woniora Rd

(Entrance in Greenbank Street)

Wheelchair access, train station nearby

Creative Writing

CREATIVE WRITING HURSTVILLE (max 10)

Third Tuesday from 20 Feb 1:30 to 3:30

Come and share your stories and life experiences with a very friendly group through the written word.

Leader: Yvonne Tracey yvonne.calling1@bigpond.com
0415 327 313

Bookings: Patricia Skinner donleyton10@gmail.com
9547 0406

MIRANDA COMMUNITY CENTRE

97 Karimbla Rd (corner Kiora Rd)

Wheelchair access, parking nearby, train station nearby

Discussion Group

AUSTRALIAN HISTORY DISCUSSION GROUP (max 20)

First and Third Wednesday from 7 Feb 1:30 to 3:30

excluding school holidays

Did you miss out on learning about Australian history at school? Come and join this informal group and learn about a variety of subjects from indigenous culture and settlement through to current day happenings.

Leader: Janice Stokes stokesj@optusnet.com.au
0418 415 249

Bookings: Caroline Munro 0424 377 458

OATLEY LIBRARY

26 Letitia St

Wheelchair access, parking nearby

Art

ART FOR ENJOYMENT (max 12)

Every Wednesday from 31 Jan 2:00 to 4:00

(excluding school holidays)

The name says it all. Join our group and spend 2 hrs of enjoyment doing any kind of art or craft with a very friendly social group.

Leader and **Bookings:** Doreen Kellett
doreenkellett@live.com.au 0407 276 416

SOUTH HURSTVILLE RSL

The Pinnacles 72 Connells Point Rd

Wheelchair access, parking nearby

Discussion Group

DISCUSSION GROUP (max 15)

Every Monday from 5 Feb 10:00 to 12:00

Our friendly group enjoys stimulating and serious discussion on current affairs and a variety of subjects. There is controversy, reminiscing and usually lots of laughter.

Leader and **Bookings:** Denis Paulin d.paulin@bigpond.com
0438 594 206

Book Group

AWARD-WINNING BOOKS (max 10)

First Wednesday of every month from 7 Feb 10:30 to 12:30

Friendly group meeting, to discuss award-winning novels, or novels any one of the group thinks should have won an award! Followed by lunch (optional)

Leader and **Bookings:** Pat Copping
18gingie@gmail.com 0432 345 501

Bookings: Vivienne Hayle vhayle@hotmail.com
0420 650 814

SUTHERLAND CLUB ON EAST

Coffee Shop 7 East Pde Wheelchair access, parking nearby

Book Group

CRIME WRITERS BOOK CLUB (max 14)

First and Third Tuesdays from 6 Feb 10:15 to 12:00

(excluding school holidays)

In depth discussion about listed book and author. All input welcome. The reading list is compiled yearly by the Leader in consultation with members. Authors from all over the world are included. A friendly, social and intelligent group. The group may meet for lunch afterwards.

Leader: Carol Dawson carousel2079@gmail.com 0405 311 749

Bookings: Carolyn Schinazzi carolandreno@gmail.com 0433 574 990

SUTHERLAND SHIRE LIBRARY

30-36 Belmont St

Wheelchair access, parking onsite, train station nearby

Language

INTRODUCTION TO ITALIAN (max 10) **NEW**

Every Tuesday from 6 Feb 10.00 to 12.00

(excluding school holidays)

Learn the basic Italian grammar and simple conversation such as: introductions, ordering drinks and food, buying tickets, shopping & more.

Leader: John Neirotti aneirotti@hotmail.com

Bookings: Nilva Martini nilvalsim@gmail.com

OUT THERE

Outdoors Eating Out

LUNCH A LOT WITH STYLE (max 25)

First Thursday of the month from 1 Feb 12:30 to 2:00

Enjoy eating out? Share good food and conversation?

We visit inexpensive restaurants chosen by group members.

Members pay for own meals and corkage.

The laughter is free.

Leader and **Bookings:** Shirley Demetriou sdemetriou2@bigpond.com (bookings only)

0428 213 040 (enquiries only)

Outdoors Bushwalking

ENDEAVOUR CAMPUS WALKERS (max 35)

Every Thursday from 1 Feb

Starting and finishing times will vary

Sydney by ferry and foot. Our Walks Program indicates degree of difficulty. We invite everyone to organise one walk each year.

Leader **Bookings:** Christine Horricks

Christine.anne7@outlook.com 0438 614 087

Outdoors Bushwalking

WALKING AROUND SYDNEY (max 40)

Alternate Friday from 2 Feb

Starting and Finishing times will vary

Meet new people, discover parts of Sydney and surrounds you may never have been to. Walks are accessed via public transport. Bush and street walks of varying difficulty and length planned and lead by members of the group.

Leader: Wendy Donelan wdonelan54@gmail.com 0402 495 739

Bookings: Jennifer Hawkins jenniferhawkins798@gmail.com (email preferred) 0418 464 253

Outdoors Sketching

SHIRE SKETCHING – COMPONENT OF THURSDAY SESSION (max 40)

Every Saturday from 3 Feb 10:00

Finishing times will vary

These Saturday sketching excursions are the practical outdoor component of the Thursday lessons of the SHIRE SKETCHING held at GyMEA Tradies. Additional outdoor sketching and meetups announced on ShireSketchers Pinterest.

Leaders: Peggy Annabel

peggy.annabel@bigpond.com 0402 354 968

Carol Cook carolcook39@optusnet.com.au

0488 286 324

Bookings: Anne O'Donnell anneodonn@gmail.com

0408 203 205

Outdoors

WALKING IN SYDNEY AND SURROUNDS (max 35)

Fortnightly from Friday 9 Feb

Starting and Finishing times will vary.

A variety of walks around greater Sydney and surrounds ranging from medium to easier bushwalks, track and street walks, seeing beautiful and interesting places, whilst 24enjoying good company. All u3a members are welcome.

Leader and **Bookings:** Teresa and John Lamberton

teresalamberton@hotmail.com 0414 425 353 or

0419 249 711

Outdoors Eating Out

FLAVOUR OF THE MONTH (max 10)

Second Friday of the month from 9 Feb 12:00 to 2:00

Explore good food from different cuisines. Learn about different cultures around the region and enjoy good company while dining. Each member is expected to organise one lunch for the semester.

Leader: Cherie Clover cherie167@hotmail.com

0410 404 351

Bookings: Carol Cook carolcook39@optusnet.com

0488 286 324

Outdoors Bushwalking

SYDNEY STRIDERS (max 35)

Alternate Wednesdays from 14 Feb 9:00 to 2:00

A variety of walks of Sydney and surrounds, mainly tracks and street walks, going to beautiful and scenic places, with good company. It is expected that all members assist with organising and leading walks. All u3a members are welcome. Leader: Mary Shannon

mshannon@ozemail.com.au 0439 813 174

Bookings: Lesley Tinker tinkertogs@gmail.com

0409 395 492

PRIVATE HOMES

History Culture

AUSTRALIA OUR LAND (GyMEA) (max 10)

(excludes holidays)

Every Wednesday from 31 Jan 10:00 to 12:00

Using books and videos from the library we study and discuss the environmental, geographical, historical and cultural aspects of our wonderful country.

Leader: Angela Balding bistenhouse@yahoo.com

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Bookings: Trevor Campbell 9525 6970

Book Group

BOOK BANTER (Gymea) (max 12)

First Friday of the month from 2 Feb 1:30 to 3:00

A wide variety of books are chosen by the members of the group and one book is discussed each month.

Leader and **Bookings:** Vicki Hann vickihann@hotmail.com
0419 482 254

Archaeology **VENUE TBA**

ASPECTS OF ARCHAEOLOGY (max 16)

First and Third Friday from 2 Feb 2:00 to 4:00

There is a video each meeting on archaeology followed by readings from articles relating to archaeology.

Leader and **Bookings:** Mary Armstrong 9534 2675

Bookings: Judy Breen breenjj3@gmail.com 0417 490 177

History

BECOME ACQUAINTED WITH SPECIAL WOMEN IN HISTORY (Kirrawee) (max 10)

Second Monday of the month from 12 Feb 1:30 to 3:30

A History class, but from a different perspective.

Discovering historical women in the course of history.

Leader and **Bookings:** Nola Watt 9545 1758