

HARBOURSIDE NORTH

Regional President: Michael Suckling mwsing@tpg.com.au
Regional Course Coordinator: Rosemarie Einstein einstein@starmar.net.au
Enquiries only 0412 043 377

IMPORTANT INFORMATION: You may need to book to attend a course. Refer to 'Booking a Course' on page 4.

CASTLE COVE: THE RESIDENCES

8B Deepwater Rd off Eastern Valley Way
Parking nearby
Venue Coordinator Barbara Boston
nboston@bigpond.net.au (preferred) 9417 2967

TUESDAYS AT CASTLE COVE

Every Tuesday from 11 Jul 10:30 to 12:30

Bookings: <https://sydneyu3a.org> or Barbara Boston
nboston@bigpond.net.au (preferred) 9417 2967

Current Affairs

1. Small European countries

11, 18 Jul

Putting the microscope on some of Europe's micro-nations, relics of Europe's complex history which still survive. 1: The Vatican and Andorra. 2: Liechtenstein, Monaco, San Marino and some other oddities.

Presenter: Graham Spindler

History

2. Fiji - an insider's perspective Part 1: 1800's

25 Jul

Early cannibal and tribal warfare days, arrival of the missionaries, the first European settlers, cession to Queen Victoria, early colonial days, Indians coming to Fiji and the alternative.

Presenter: Andrew Drysdale

History

3. Patrols into the Stone Age

1 Aug

Dave Wilkins served three years in PNG during the 1960's where his patrols into the wilds of that land provided many adventures including confrontations with cannibals.

Presenter: Dave Wilkins

Music History

4. A history of popular music

8 Aug

Remembering the music of the 1950's to 1980's. Relive some of the biggest years in music history as a flood of memories come your way. A must for all baby boomers.

Presenter: Graham Bell

Music History

5. The musical theatre - a celebration

15 Aug

An overview of the musical from a historical perspective from the early days to the present.

Presenter: Graham Ball

History

6. Fiji - an insider's perspective Part 2

22 Aug

Steps forward (1960's to the present). The final days of the Colonial Government, independence and the political adolescence after that, leading ultimately to the Coups and then the rebuilding.

Presenter: Andrew Drysdale

Technology

7. Artificial intelligence - past, present, and future

29 Aug

An easy-to-follow introduction to the state of AI in popular culture and the real world, including the arguments about its potential benefits and risks and what the future may hold.

Presenter: Jeff Burgess

Art

8. Cave Art: European and Asian

5 Sep

Using DVDs, we look at two examples of cave art: (i) Paleolithic art in Spain and France (ii) Buddhist art of the Mogao Caves (Thousand Buddha Caves) of northwest China.

Presenter: Barbara Boston

Art History

9. Paradise on earth: Enclosed gardens

12 Sep

A look at the history, mystery, and mythology of gardens depicted in selected works of art. Artists have observed and reflected on life around them to produce unique creations.

Presenter: Robijn Alexandra

Science

10. One planet, its people and their rocky relationship

19 Sep

We owe our very existence to special features of our planet and its dynamic behaviour, which is why a knowledge of geology is vital to our survival.

Presenter: Garry Lowder

Travel Culture

11. Japan - the island country of East Asia

26 Sep

The history and geography of Japan, population demographics, language, religions, political system, their constitution, the role of the Imperial Family and other aspects of Japan, including their parliamentary democracy.

Presenter: Ian Thompson

Current Affairs

12. Modern democratic governments

3 Oct

The global custodians of 'democratic freedom' insist that they are the 'true' representatives of their people. But whose interests do they actually represent? Let us look at some modern democracies.

Presenter: Himanshu Jala

Travel

13. Living and working in Japan as a foreigner

10 Oct

We consider Japanese customs, business culture, travel, schooling, etiquette, cuisine and fashion, plus the correct way to bow and other quaint aspects of daily life in Japan. Presenter: Ian Thompson

Travel

14. Six World Heritage sites worth visiting (part 1)

17 Oct

The cultural context, history, and, where relevant, geological and topographical history, biodiversity, and history of contact with humanity of each site (DVD presentation). Easter Island and the Maori; Teotihuacan Largest City of Mesoamerica. Presenter: Barbara Boston

Travel

15. Six World Heritage sites worth visiting (part 2)

24 Oct

Ancient Egyptian Thebes; Ruins of Pompeii and Herculaneum. Presenter: Barbara Boston

Travel

16. Six World Heritage sites worth visiting (part 3)

31 Oct

Virunga National Park Gorilla Sanctuary; Canada's Rocky Mountains. Presenter: Barbara Boston

Advertising

17. Adventures in advertising

7 Nov

Tom worked on major international campaigns in Sydney, Singapore and London, before opening his own agency. He will talk on the highs and lows of the advertising industry. Presenter: Tom Glynn

Medical Matters History

18. Top medical advances of all time and recent breakthroughs

14 Nov

There is little doubt that identifying diseases and their treatment is as old as humanity itself. We discuss the treatment advances old and new. Presenter: Punchi Dassanayke

History War

19. Three Vietnam Wars 1946-1975

21 Nov

Three Vietnam Wars from 1946 to 1975 were separate but all connected. This talk discusses each, plus the main controversies surrounding the second (the American) War. Presenter: Dave Wilkins

Art History

20. Christmas signs and symbols

28 Nov

This presentation is a selection of works of art featuring stars, angels, gifts, family feasts, trees and images illustrating the narrative of the birth of Jesus that is celebrated in December each year. Presenter: Robijn Alexandra

CHATSWOOD: DOUGHERTY COMMUNITY CENTRE

7 Victor St parking nearby, wheelchair access
Venue Coordinator Janet Douglas janet_away@yahoo.com (preferred) 0423 947 411

Music Recorder

RECORDER GROUP

Alternate Wednesdays from 5 Jul 10:30 to 12:30

Have fun playing descant, treble and tenor recorders. This group uses Book 2 of the set tutor *Learn to Play the Recorder* by Brian Bonsor and plays 3-part music. Leader and **Bookings:** Katie Lucy-Smith 0404 839 826

Music Recorder

ADVANCED RECORDER

Alternate Mondays from 10 Jul 10:30 to 12:30

Treble, tenor, bass and descant players welcome. Basic sight reading is essential. The emphasis is on playing musically. Leader and **Bookings:** Katie Lucy-Smith 0404 839 826

TUESDAYS AT CHATSWOOD

Tuesdays from 11 Jul 10:30 to 12:30

~~Music~~

~~1. The World of Classical Music~~ CANCELLED

~~11, 25 Jul, 8, 22 Aug, 5 Sep~~

~~If music be the food of love, give me an excess. Be prepared to feast on a galaxy of composers: some you will know, others you may not, and others who you don't know you don't know.~~

~~Presenter: John Yates~~

~~**Bookings:** Robert Henderson~~

~~robkit.henderson@bigpond.com (preferred) 0419 223 001~~

Current Affairs

2. Australia - Fiji Relations: Frenemies?

1 Aug

The complex political relationships between Fiji and Australia and the impact of the Chinese in the Pacific, seen through the eyes of a Fiji European.

Presenter: Andrew Drysdale

Bookings: Janet Douglas janet_away@yahoo.com (preferred) 0423 947 411

History

3. The final, fateful feast on RMS Titanic

12 Sep

The table accoutrements and menus offered to passengers, showing the food consumed by the different classes in the days and moments leading to the sinking of the Titanic.

Presenter: Diana Noyce

Bookings: Annemarie Moore

mooreannemarie1948@gmail.com (preferred)
0421 716 232

History Literature

4. Mary Wollstonecraft revisits

19, 26 Sep

Mary revisits our planet to tell us about her life as an early feminist and author and to reflect on how much has changed for women since the 18th Century.

Presenter: Peter Nixon

Bookings: Rosemary Sparkes

rosemaryannsparkes@gmail.com (preferred) 0400 181 091

Music

5. A history of early music: romantic and before

17 Oct

The development of western classical music in Europe from the Dark Ages until the end of the 19th Century.

Presenter: Graham Ball

Bookings: Janet Douglas janet_away@yahoo.com (preferred) 0423 947 411

Music

6. Wolfgang Amadeus Mozart

24 Oct

The life and music of the great composer. Presenting one of the greatest composers of the Classical era.

Presenter: Graham Ball

Bookings: Annemarie Moore

mooreannemarie1948@gmail.com (preferred) 0421 716 232

Music

7. Remembering the music of the 1950's to 1980's

31 Oct

Relive some of the biggest years in music history as a flood of memories come your way. A must for all baby boomers.

Presenter: Graham Ball

Bookings: Janet Douglas janet_away@yahoo.com

(preferred) 0423 947 411

Ethics

8. How do you want to go?

7 Nov

People choose to dispose of their bodies based on their religious beliefs or personal preferences. In this era of climate change, global warming and diminishing available grave sites, more people are looking for 'greener' funeral options.

Presenter: Paula Castile

Bookings: Janet Douglas janet_away@yahoo.com

(preferred) 0423 947 411

Medical Matters Health

9. Drugs that affect mood and behaviour - part 1

14 Nov

Learn how alcohol, cannabis and benzodiazepines (Valium-like drugs) work in the body and the dangers associated with their use.

Presenter: Rosemarie Einstein

Bookings: Rosemary Sparkes

rosemaryannsparkes@gmail.com (preferred) 0400 181 091

Medical Matters Health

10. Drugs that affect mood and behaviour - part 2

21 Nov

'Ice', Ecstasy and cocaine are just some of the illicit substances causing problems today. How do they work in the body and what dangers are associated with their use?

Presenter: Rosemarie Einstein

Bookings: Rosemary Sparkes

rosemaryannsparkes@gmail.com (preferred) 0400 181 091

Travel

11. About herbs and spices

28 Nov

"Herbie" shares his obsession with spices, his family history, debunks popular myths and tells anecdotes from his many trips to exotic climes in search of spices and their origins.

Presenter: Ian "Herbie" Hemphill

Bookings: Rosemary Sparkes

rosemaryannsparkes@gmail.com (preferred) 0400 181 091

FRIDAYS AT CHATSWOOD

Fridays from 21 Jul 10:30 to 12:30

History

1. From Mongols through to Mughals

21 Jul

Genghis Khan and his descendants once conquered and ruled the largest contiguous land empire in history, including prized territories of China, Russia, Iran and India.

Presenter: Jhala Himanshu

Bookings: Janet Douglas janet_away@yahoo.com

(preferred) 0423 947 411

History Medical Matters

2. Brief history of medicine and surgery; our body.

28 Jul

Medicine and surgery from the Stone Age to now. Our body, what we are made of, what can go wrong and how to treat it.

Presenter: Dr John Walsh

Bookings: Janet Douglas janet_away@yahoo.com

(preferred) 0423 947 411

Science

3. The James Webb Space Telescope

4 Aug

The design, deployment and operation of Hubble's successor, the JWST, and the science behind its fabulous early images.

Presenter: Kevin Murray

Bookings: Janet Douglas janet_away@yahoo.com

(preferred) 0423 947 411

Transport

4. Tramways of North Sydney

11 Aug

Development of tramways in Sydney from the mid-19th Century and the construction of the various lines comprising the North Sydney tramways starting in 1886.

Presenter: Ronald Besdansky

Bookings: Annemarie Moore

mooreannemarie1948@gmail.com (preferred) 0421 716 232

History Europe

5. The idea of Europe

22 Sep, 6, 20 Oct, 10 Nov 11:00 to 12:30

Continues the Course presented in 2022. We look at the emergence of a new socio-economic system; the misadventures of the Crusades; and the end of Medievalism, before the Renaissance began to re-create the idea of a "Europe".

Presenter: Ian de Mellow

Bookings: Ursula Schappi ursulasch@bigpond.com

(preferred) 9955 7628

Nature

6. A way forward for conservation in Australia

25 Aug

Australian Wildlife Conservancy and what we do to protect and restore wildlife around the country. Why conservation is important and urgent.

Presenter: Annika Nystrom

Bookings: Ursula Schappi ursulasch@bigpond.com

(preferred) 9955 7628

History

7. The plane that flew around the world the wrong way

8 Sep

A commercial Catalina flying boat flight from Los Angeles to New Zealand was redirected from normal route home after the bombing of Pearl Harbor.

Presenter: Winsome Baker

Bookings: Ursula Schappi ursulasch@bigpond.com

(preferred) 9955 7628

Current Affairs

8. The growing movement for Australian criminal justice and prison reform

15 Sept 10:00 to 12:00

By Western European standards, Australia has a very high incarceration rate. The Justice Reform Initiative is a non-party political group committed to reducing Australia's harmful and costly reliance on incarceration.

Presenter: Robert Tickner

Bookings: Rosemary Sparkes

rosemaryannsparkes@gmail.com (preferred) 0400 181 091

History

9. Judy, the dog that won the Dickin Medal

13, 27 Oct

This is a true story about an English pointer who saved the lives of many prisoners of war trapped in Sumatra in WWII.

Presenter: Winsome Baker

Bookings: Ursula Schappi ursulasch@bigpond.com (preferred) 9955 7628

History

10. A brief history of gold

3 Nov

The lust for gold has permeated human history for thousands of years and it shows no signs of abating. Why?

Presenter: Garry Lowder

Bookings: Ursula Schappi ursulasch@bigpond.com (preferred) 9955 7628

History Australia

11. The first crossing of Australia from south to north

17 Nov

Many attempts were made to cross Australia from south to north. John McDouall Stuart and Burke & Wills tried at similar times. Only one succeeded.

Presenter: Barbara Boston

Bookings: Janet Douglas janet_away@yahoo.com (preferred) 0423 947 411

Discussion Group

DISCUSSION GROUP 2

Alternate Thursday from 27 Jul 10:30 to 12:30

We are a small and friendly group who discuss both local and overseas events. We value all opinions and do not take ourselves too seriously.

Leader and **Bookings:** John Yates

johnyates80@hotmail.com (preferred) 0437 394 225

Discussion Group

DISCUSSION GROUP 1

Alternate Thursdays from 3 Aug 10:00 to 12:00

Would you like to hear some interesting opinions? Do you want to air some of your own? This is a varied group who consider some of the issues of life and living that contribute to our modern existence.

Leader and **Bookings:** Jill Tukian jill.tukian@me.com

(preferred) 0431 053 395

Language German

PRACTICE YOUR GERMAN WITH SHORT STORIES

Every Thursday from 3 Aug 1:00 to 3:00

An intermediate course based on 20th century German short stories with English translations. Required text: *German Short Stories 1*, edited by Richard Newman, Penguin Books 1964.

Leader and **Bookings:** Bettina Boss

bossbettina3@gmail.com (preferred) 0466 979 460

GREENWICH: THE BAYTREE RETIREMENT RESORT

6 Ulonga Ave (Off Innes Rd)

wheelchair access

Venue Coordinator Marianne Thiering

mariannethiering@gmail.com (preferred) 0423 397 343

TUESDAYS AT GREENWICH

Every Tuesday from 4 Jul 10:00 to 12:00

Astronomy History

1. A brief history of astronomy

4 Jul

How different cultures throughout history have sought to measure and understand the movements and nature of the heavens.

Presenter: Kevin Murray

Bookings: Marianne Thiering mariannethiering@gmail.com (preferred) 0423 397 343

Music

2. A history of early music: romantic and before

11 Jul

The development of Western classical music in Europe from the Dark Ages until the end of the 19th century.

Presenter: Graham Ball

Bookings: Marianne Thiering mariannethiering@gmail.com (preferred) 0423 397 343

Science Astronomy

3. The James Webb Space Telescope

18 July

The design, deployment and operation of Hubble's successor, the JWST, and the science behind its fabulous early images pointing the way to future observations revealing more information than ever before.

Presenter: Kevin Murray

Bookings: Kate Caro kxcaro@gmail.com (preferred) 9433 8056

Art Appreciation

4. The art of Edouard Manet

25 Jul

Manet deliberately shocked the art world and exemplified the transition from Realism to Impressionism.

Presenter: Reinhard Ronnebeck

Bookings: Kate Caro kxcaro@gmail.com (preferred) 9433 8056

Current Affairs

5. The world in a grain of sand

1 Aug

Beach and desert sand and how it has transformed our world, including the hidden social and environmental costs of sand mining, and why Australia is selling sand to Saudi Arabia.

Presenter: Ian Thompson

Bookings: Marianne Thiering mariannethiering@gmail.com (preferred) 0423 397 343

History

6. Islamic civilisation's contribution

8 Aug

The contribution of Islamic civilisation to human knowledge in philosophy, mathematics, natural sciences, medicine, poetry, architecture and music is immense. This vibrant period is known as its Golden Age.

Presenter: Himanshu Jhala

Bookings: Marianne Thiering mariannethiering@gmail.com (preferred) 0423 397 343

History Australia

7. The story of Cockatoo Island

15 Aug

Cockatoo Island was a prison from 1839 and a naval dockyard from 1913. More recently, the Sydney Harbour Federation Trust has transformed it into a cultural precinct.

Presenter: Don Napper

Bookings: Dianna Brooks dianna.brookes@gmail.com (preferred) 9433 8031

Science History

8. Gas warfare

22 Aug

The German chemist, Fritz Haber, was controversially awarded the 1918 Nobel Prize for Chemistry for developing artificial fertilizer despite introducing poisonous gas warfare on the Western Front in 1915.

Presenter: Don Napper

Bookings: Dianna Brookes dianna.brookes@gmail.com (preferred) 9433 8031

Nature

9. The impact of weather on the animal kingdom

29 Aug

We look at evolution and climate, and how members of the animal kingdom around the world, including insects, adapt to changing weather throughout the year.

Presenter: Ian Thompson

Bookings: Margaret Vermeesch mvermeesch7@gmail.com (preferred) 9433 8048

Current affairs

10. The Middle East in 2023

5, 12 Sep

With the focus on Ukraine, the conflicts and human catastrophe that this region endures are no longer front-page news.

Presenter: Peter Nixon

Bookings: Margaret Vermeesch mvermeesch7@gmail.com (preferred) 9433 8048

Music

11. A history of jazz

19 Sep

A broad survey of the development of jazz music from its African origins to the present day.

Presenter: Graham Ball

Bookings: Marianne Thiering mariannethiering@gmail.com (preferred) 0423 397 343

Travel

12. The Italian lakes

26 Sep, 3 Oct

The Italian Lakes, formerly Ice Age glaciers, are now tourist high spots. A look at their environment, importance, attractions, history and surrounding towns.

Presenters: Nora Hinchin and John Flint

Bookings: Marianne Thiering mariannethiering@gmail.com (preferred) 0423 397 343

Technology

13. Electricity supply for NSW

10 Oct

Renewables are destabilising the electricity grid. Our existing coal-fired power stations are ageing. Wholesale electricity prices are fluctuating widely. How do we transition to a new energy future?

Presenter: Robert Eales

Bookings: Dianna Brookes dianna.brookes@gmail.com (preferred) 9433 8031

Literature British

14. Shakespeare's plays – love (or lust) and heroines (1)

17 Oct

Romeo and Juliet. A film version will be shown at 10:30 on 15 Oct at The Baytree cinema. Free access for all booked members.

Presenter: Andrew Caro

Bookings: Dianna Brookes dianna.brookes@gmail.com (preferred) 9433 8031

Literature British

15. Shakespeare's plays – love (or lust) and heroines (2)

24 Oct

Antony and Cleopatra. A film version will be shown at 10:30 on 22 Oct at The Baytree cinema. Free access for all booked members.

Presenter: Andrew Caro

Bookings: Dianna Brookes dianna.brookes@gmail.com (preferred) 9433 8031

Science

16. One planet, one humanity, and their rocky relationship

31 Oct

We owe our very existence to special features of our planet and its dynamic behaviour, which is why a knowledge of geology is vital to our survival.

Presenter: Garry Lowder

Bookings: Marianne Thiering mariannethiering@gmail.com (preferred) 0423 397 343

Technology

17. Does our increasing use of technology concern you?

7 Nov

The internet, the web, social media and AI are creating a worrying future for many. Are we becoming too dependent on technology? Are we at risk? Can we protect ourselves?

Presenter: Jennifer Sansom

Bookings: Kate Caro kxcaro@gmail.com (preferred) 9433 8056

History Australia

18. New South Wales colonial architects

14, 21 Nov

I. The contributions of many important Government Architects, from Francis Greenway to George McRae.

II. James Barnet, the longest serving Government Architect, built 1350 civil buildings across NSW.

Presenter: Don Napper

Bookings: Kate Caro kxcaro@gmail.com (preferred) 9433 8056

Literature Australia

19. Writers on Sydney harbour

28 Nov

How has Sydney been depicted by writers? Aspects of our harbour in the work of Henry Lawson, D. H. Lawrence, Eleanor Dark, Ruth Park, Julia Baird, Gail Jones and others.

Presenter: Jenny Rudd O'Neill

Bookings: Margaret Vermeesch mvermeesch7@gmail.com (preferred) 9433 8048

History Australia

20. The bombing of Darwin

5 Dec

Darwin was attacked at 10 am and then again at 12 pm on 19 February 1942. What happened on that day to the people of Darwin?

Presenter: Noel Phelan

Bookings: Margaret Vermeesch mvermeesch7@gmail.com (preferred) 9433 8048

Music Opera

21. Verdi and Puccini

12 Dec

The lives and music of two great opera composers, Giuseppe Verdi and Giacomo Puccini.

Presenter: Graham Ball

Bookings: Marianne Thiering mariannethiering@gmail.com (preferred) 0423 397 343

HUNTERS HILL: C A FAIRLAND HALL

14 Church St
parking nearby
Venue Coordinator Judy Harris JudyHarris2@bigpond.com
(preferred) 0447 194 510

MONDAYS AT HUNTERS HILL

Every Monday from 10 Jul 10:30 to 12:30

Bookings: <https://sydneyu3a.org> OR Judy Harris
JudyHarris2@bigpond.com (preferred) 0447 194 510

Indigenous Australians

1. Punishment, First Nation's People

10 Jul

Australia's First Nation's people are over-represented in the Australian criminal justice system. Our speaker will discuss the many reasons and what of the future.

Presenter: Nicholas Cowdery AO QC

Current Affairs

2. The Middle East today: what is happening and why?

17, 24, 31 Jul

This is an attempt to make sense of the conflicts and power struggles which continue unabated in the Middle East today.

Presenter: Peter Nixon

Medical Matters

3. Breast cancer: searching for and discovering the cause

7 Aug

A scientific detective story for non-scientists.

Presenter: Emeritus Prof. Jim Lawson

Music Appreciation

4. Cuba – a musical Journey

14 Aug

Cuba is a 50's time capsule floating on a sea of music. Share sights and sounds of Graham's music, focused on his 2017 visit to Cuba.

Presenter: Graham Spindler

Travel

5. Living and working in Japan as a foreigner

21 Aug

We consider Japanese customs, business culture, schooling, etiquette, cuisine and fashion plus the correct way to bow and other quaint aspects of daily life in Japan.

Presenter: Ian Thompson

Music Appreciation

6. Far out: music in space

28 Aug

Classics, pop, rock: Space has been the inspiration, setting, and even venue, for some remarkable music and musical stories.

Presenter: Graham Spindler

History Australia

7. Pine Gap - the inside story

4 Sept

Pine Gap was established in Alice Springs in 1966. Trained in electronic intelligence with extensive experience in satellite surveillance, David managed its joint defence facility.

Presenter: David Rosenberg

Nutrition

8. Spices: the plants that saved

11 Sept

"Herbie" is one of Australia's foremost culinary specialists. He has a passion for herbs and spices and is the author of The Spice and Herb Bible 3rd Edition

Presenter: Ian "Herbie" Hemphill

Science

9. Artificial intelligence - past, present and future

18 Sept

An easy-to-follow introduction to the state of AI in popular culture and the real world, including the arguments about its potential benefits and risks and what the future may hold.

Presenter: Jeff Burgess

Art Appreciation

10. New/er art galleries

25 Sept

Collections and foundations have found dazzling new ways to exhibit classic and contemporary art. The talk will illustrate some of the new institutions in Australia and around the world.

Presenter: Dr Ann Sutherland

Language Literature

11. William Shakespeare – his life, times and legacy.

2 Oct

No single writer has influenced how we use the English language more than William Shakespeare

Presenter: John Monro

Music Appreciation

12. History of early music – romantic and before

9 Oct

The development of western classical music in Europe from the Dark Ages until the end of the 19th century.

Presenter: Graham Ball

Music Appreciation

13. Wolfgang Amadeus Mozart

16 Oct

The life, times, and music of this most famous composer of the Classical era.

Presenter: Graham Ball

Health

14. The Australian paralysis tick

23 Oct

Their distribution, biology, lifestyle and ecology, and impact on health of humans and companion animals. Ticks and their association with meat allergies and Lyme Disease.

Presenter: Ian Thompson

Medical Matters

15. Australia wins the world cancer stakes

30 Oct

Australia has the world's highest rate of cancers: skin cancer, leukaemia, lymphoma and many others are high. What are we doing wrong? What could we do better?

Presenter: Dr Judy Ford

Health Medical Matters

16. The human heart: the pump with 80 years warranty

6 Nov

The human heart is a tough and hardworking organ. This presentation is about diseases of and treatments for the heart, including transplants, by-pass operations and more.

Presenter: Punchi Dasanayake

Travel

17. Central Italy

13, 20 Nov

The central Italian regions of Lazio, Umbria and Le Marche, their history, environment and social background gleaned from many visits to towns and countryside.

Presenters: John Flint & Nora Hinchin

Science

18. A history of the future

27 Nov

Over many centuries, people have attempted to predict how we will live in the future. Many of these predictions have been stunningly accurate and others just amusing and wide of the mark.

Presenter: Laurie Wilson

Music Appreciation

19. Music from the movies and u3a Christmas party

4 Dec

Some of the major composers who have contributed to the development of film music as an art form and the history of film music generally.

Presenter: Graham Ball

LANE COVE: LIVING AND LEARNING CENTRE

180 Longueville Rd

Venue Coordinator Robert Lynn boblynn03@gmail.com
9433 8066

Book Group

BOOK GROUP

Every fourth Monday from 24 Jul 10:30 to 12:30

Group limited to twelve so everyone has a chance to speak. The first book will be Lessons by Ian McEwan.

Leader and **Bookings**: Janice Gentle 0458 666 036

MCPMAHONS POINT: COMMUNITY CENTRE

165 Blues Point Rd

wheelchair access

Venue Coordinator Lesley Duffill leslie.duffill@gmail.com
(preferred) 0408 097 482

Poetry

POETRY

Alternate Tuesdays from 11 Jul 10:00 to 12:00

This group explores the magic of poetry in its various forms through reading, appreciating and writing. We give and receive friendly, positive feedback. New members welcome. Leader and **Bookings**: Geoff Lucas 0432 543 611

Book Group

BOOK GROUP

Alternate Fridays from 14 Jul 10:00 to 12:00

This group chooses 10 novels per semester to read (both classics and modern), and enjoys a lively discussion on those books. New members welcome.

Leader and **Bookings**: Toni McLennan 9412 1585

MOSMAN ART GALLERY

Cnr Myahgah Rd and Art Gallery Way
parking nearby, wheelchair access

Venue Coordinator Eve Klein everklein1@outlook.com
9969 7994

MONDAYS AT THE ART GALLERY

Every Monday from 3 Jul 10:30 to 12:30

No booking required

Computers

1. Computing for seniors (part 1)

3 Jul

A brief history of computer development, leading to the modern personal computer and a simple overview of using a PC, including using folders to enable sophisticated filing, naming and searching.

Presenter: Roger McDougall

Computers

2. Computing for seniors (part 2)

10 Jul

Managing mail, Google searching and tips and techniques when using a personal computer.

Presenter: Roger McDougall

Computers

3. Staying safe on the internet

17 Jul

Simple techniques to avoid identity theft, scams and hacking. A non-technical discussion to offer tips and techniques, do's and don'ts and suggest ways to manage passwords.

Presenter: Roger McDougall

History

4. Pioneering aviation in the Pacific

24 Jul

Traces Pacific island aviation history from Kingsford Smith's 1928 historic landing in Suva, through the pioneering era and Qantas' sometimes troubled involvement to today's Pacific National airlines.

Presenter: Andrew Drysdale

History Theatre

5. Theatre comes to Australia 1789-1832

31 Jul

The development of the early years of theatre in Australia, from the first convict performance to the opening of the Sydney Theatre Royal.

Presenter: Janet McGaw

History Australia

6. Australian involvement in World Wars I and II

7 Aug

The British Empire was at its peak at the outbreak of WWI in August 1914 and, when Britain declared war on Germany in September 1939, Prime Minister Menzies followed suit.

Presenter: John Walsh

Art Appreciation

7. Monet

14 Aug

Claude Monet is widely regarded as the founder of impressionism, and for his landscape scenes painted outdoors. We will view his major works and learn about his life.

Presenter: Reinhardt Ronnebeck

Travel

8. Central Italy

21, 28 Aug

The central Italian regions of Lazio, Umbria and Le Marche, their history, environment and social background, gleaned from visits to towns and countryside.

Presenters: Nora Hinchin and John Flint

Health Current affairs

9. Baby Boomers, Gen X and Millennials

4 Sep

The income, wealth, housing, working conditions, health, education, environmental quality, social connections, safety and inequality of these generational groups and how these contribute to their relative well-being.

Presenter: Peter Abelson

Current Affairs Economics

10. House prices in Australia: 1980 to 2023

11 Sep

A comprehensive exposition of house and unit prices across Australia from 1980 to 2023 along with an explanation of the main causes and the main outcomes for households.

Presenter: Peter Abelson

Current Affairs

11. Local Government in a three-tiered system of government

18 Sep

The principles and practice of the many roles of local government in Australia. How local councils are subject to state government regulations, with special reference to NSW.

Presenter: Peter Abelson

Current affairs

12. Managing Mosman Council in the 1980's and 2010's

25 Sep

Some of the main events in Mosman Council between 1979 and 1987 and from 2012 to 2017 and how they were managed. The presenter was Mayor in both these periods.

Presenter: Peter Abelson

Politics

13. Our SE Asian neighbours

9, 16, 23 Oct

This forgotten zone of the earth's surface has only recently attracted the attention of the major powers again. Why is this so and how does it have an impact on Australia?

Presenter: Peter Nixon

Economics Sociology

14. The practice of cost-benefit analysis by Governments

30 Oct

The nature of cost-benefit analysis, its major applications in Australia, key issues in the principles and applications of cost-benefit analysis, some examples, and how this relates to the value of life.

Presenter: Peter Abelson

Literature

15. Writers on Sydney Harbour

6 Nov

How has Sydney been depicted by writers? Aspects of our harbour in the work of Henry Lawson, D. H. Lawrence, Eleanor Dark, Ruth Park, Julia Baird, Gail Jones and others.

Presenter: Jenny Rudd-O'Neill

History

16. How Britain changed the world

13 Nov

The transformation of Britain from a pre-industrial to an industrial society and the shift from traditional farming to a more capital-intensive economy driven by mechanized industry.

Presenter: Ian Thompson

Science

17. Discoveries, inventions that shaped our world

20 Nov

A look at some of the important discoveries and inventions that have changed the world we live in and the science behind these innovations.

Presenter: Ian Thompson

18. End-of-year celebration

27 Nov

Let's celebrate another successful year of u3a at the Art Gallery and find out what the future holds for Mondays in Mosman.

MOSMAN ART GALLERY: THE MELODY ROOM

Cnr Myahgah Rd and Art Gallery Way

parking nearby, wheelchair access

Venue Coordinator Annika Tults annikatults@gmail.com

0404 254 009

THURSDAYS AT THE MELODY ROOM

Every Thursday from 13 Jul 1:30 to 3:30

Bookings: Annika Tults annikatults@gmail.com (preferred)
0404 254 009

History

1. The Arab World, the Arab Spring and its aftermath

13, 20 Jul
The Arabs founded Islam, preserved old world knowledge, and created a rich culture. In 2011 their world experienced turmoil which frequently destabilised the region.

Presenter: Himanshu Jhala

Current Affairs

2. Frank and fearless

27 Jul

Our distinguished former DPP will talk about some contentious issues including euthanasia and ICAC as well as reflecting on some notorious cases.

Presenter: Nicholas Cowdery

Science

3. The year in science

3 Aug

A review of advances in science during 2022.

Presenter: Laurie Wilson

History

4. From Minos to Agamemnon: the Aegean Bronze Age

10, 17, 24 Aug
The rise and fall of the brilliant Minoan civilisation, with its opulent palaces and wonderfully naturalistic art and the Mycenaean kingdoms renowned for their imposing walled cities and monumental tombs.

Presenter: John Tidmarsh

Science

5. The James Webb telescope

31 Aug

The design, deployment and operation of Hubble's successor, the JWST, and the science behind its fabulous early images pointing the way to future observations revealing more information than ever before.

Presenter: Kevin Murray

History

6. The Australian Museum

7 Sep

Sydney's natural history museum dates from 1827. This presentation introduces the museum's collection (almost 22 million items), buildings, people and important events during its history.

Presenter: Stewart Reed

Power

7. Electricity supply in NSW

14 Sep

Renewables are destabilising the grid and reducing the price of wholesale power. All power stations are ageing. How do we transit to a new energy future?

Presenter: Robert Eales

Travel Culture

8. Japan – the island country of East Asia

Sep 21

The history and geography of Japan, population, demographics, language, religions, political system, their constitution, plus the role of the Imperial Family of Japan.

Presenter: Ian Thompson

Travel Culture

9. Living and working in Japan as a foreigner

28 Sep

A foreigner encounters many differences in Japan including cuisine, customs, language and etiquette. Also try your hand at origami before tasting some food.

Presenter: Ian Thompson

Current Affairs

10. Should Australia choose between China and the USA?

5 Oct

When two giants clash economically and politically, where does this leave a country that is closely linked to both?

Presenter: Peter Nixon

History

11. Seven beverages that changed the world

12 Oct

History sometimes hinges on unexpected details. This talk will explore how seven beverages impacted the history and our way of life. Curious? Just come. You will not be disappointed.

Presenter: Thomas Delisi

History Famous People

12. Dining with dictators

19 Oct

The culinary habits of the world's most notorious 20th century despots: their favourite dishes, eccentricities, table talk, table manners, addictions and frequent terror of being poisoned.

Presenter: Diana Noyce

History

13. Spymasters and Codebreakers of WWII

26 Oct

The career of Leo Marks, his codes and his conspiracy of spies. Not all happy endings!

Presenter: Ian Bryce

Literature British

14. The Brontes of Haworth

2 Nov

This illustrated talk looks at the lives and writings of the remarkable Bronte sisters and their major works, including Jane Eyre. A must for all lovers of reading.

Presenter: Cindy Broadbent

History

15. Immigration 1840's to 1900

9 Nov

Based on diaries and records we explore the experiences of British, German and Chinese immigrants on sailing ships travelling to the colonies.

Presenter: Gavin Crawford

Science Medical Matters

16. Skin: the largest organ of the human body

16 Nov

Skin covers the entire body, weighs about 20 kg and is the largest organ. We describe the skin in detail, its defects and diseases.

Presenter: Punchi Dassanayake

History Australia

17. Colonial boat builders

23 Nov

The boats and boat builders of Sydney Cove, the Hawkesbury River and Darling Harbour in the early colonial period. Dharawal people, convicts, political prisoners, free settlers, entrepreneurs and currency lads.

Presenter: Gavin Crawford

MOSMAN BOWLING CLUB

15 Belmont Rd

parking nearby

Venue Coordinator Robyn Novakovic

robyn.novakovic@gmail.com (preferred) 0419 434 352

Games Bowls

LEARN TO PLAY LAWN BOWLS (max 20)

Tuesdays from 17 Oct 10:00 to 11:30

A six-week course for beginners (in groups of 4) to learn the basics of lawn bowls with one of our accredited coaches.

Improve your fitness and flexibility and have fun along the way. Each session will have an hour of coaching followed by 30 minutes of social bowls. Must book before 2 Oct.

Leader: Robyn Novakovic

Bookings: Anne Richardson u3asechs@gmail.com (preferred) 9419 8143

MOSMAN: THE GARRISON

13 Spit Road (enter from Punch Street)

wheelchair access bus stop nearby

Venue Coordinator Jenny Rudd O'Neill

Writing

DEVELOPING A PERSONAL STORY (max 16)

Alternate Thursdays from 6 Jul 10:30 to 12:30

(6 sessions)

We will use practical exercises and discussion to build a story of your life, or part of it, or the life of someone you knew well. A friendly, supportive group and beginners most welcome.

Leader: Jenny Rudd O'Neill

jennyruddoneill@optusnet.com.au

Bookings: Pamela Tilbrook

pamelatilbrook@optusnet.com.au (preferred) 0413 377 212

THE MANORS OF MOSMAN RETIREMENT VILLAGE

6 Hale Rd, off Military Rd
wheelchair access
Venue Coordinator Margaret Kropman
mkropman@optusnet.com.au (preferred) 0434 839 172

Discussion Group Current Affairs

TOPICAL ISSUES DISCUSSION GROUP

Alternate Wednesdays from 26 Jul 10:00 to 12:00

We cover local and international topics in the news. At every meeting we discuss two topics chosen by the group at the previous meeting, we hear short introductions then keep our mental engines running in a friendly and diverse group.

Leader: Peter Trout

Bookings: Margaret Kropman 0434 839 172

Discussion Group Book Group

LITERARY DISCUSSION GROUP

Alternate Tuesdays from 18 Jul 10:00 to 12:00

This friendly group meets once a fortnight to discuss a variety of demanding literature including poetry, drama and non-fiction. New members welcomed.

Leader: Mary Billing

Bookings: Elisabeth Kingsford 9953 6993

MOSMAN SQUARE SENIORS CENTRE

Next to Mosman Council Chambers
Off Military Rd, Spit Junction
Parking nearby, wheelchair access

WEDNESDAYS AT MOSMAN SQUARE

Every Wednesday from 26 Jul 10:00 to 12:00

No booking required

History

1. Fiji in the 1800's

26 Jul

Tribal warfare, cannibalism, the missionaries and white settlers, native Government, the failed rebellion of the whites, cession to Queen Victoria, early Colonial Government, the reasons for the Indians in Fiji.

Presenter: Andrew Drysdale

Transport

2. Tramways of North Sydney

2 Aug

This talk briefly covers the development of tramways in Sydney generally and the construction of the various lines comprising the North Sydney tramways.

Presenter: Ronald Besdanský

Archaeology

3. Travels in the Land of Incense

9 Aug

In the steps of Dame Freya Stark – a prolific traveller and writer whose books have never been out of print.

Presenter: John Tidmarsh

Culture

4. The urge to believe - anything

16 Aug

A look at our society in its religion, cultural and scientific sectors show that we are almost drowning in beliefs of a most irrational kind.

Presenter: Rachael Kohn

History Australia

5. Historic houses of Sydney

23 Aug

In about 240 years many houses (and usually gardens) in different styles have been built in Sydney. This describes many regularly open to the public.

Presenter: Stewart Reed

History

6. Sydney Living Museums

30 Aug

Covers the 12 properties of Sydney Living Museums and their other activities including the non-archival activities of NSW State Records.

Presenter: Stewart Reed

Music

7. A history of early music - romantic and before

6 Sep

The development of western classical music in Europe from the Dark Ages until the end of the 19th Century.

Presenter: Graham Ball

Music

8. Wolfgang Amadeus Mozart

13 Sep

The life and music of one of the greatest composers of the Classical era.

Presenter: Graham Ball

Current Affairs International Relations

9. Lesser-known conflicts in the world

20, 27 Sep, 4 Oct

There is the well-covered conflict in Ukraine and concern about Taiwan, but current conflicts in Armenia, Yemen, Haiti and many parts of Africa, for example, never get much publicity. Why are they taking place and who supports the warring parties?

Presenter: Peter Nixon

History

10. Japan and Korea

11, 18 Oct

The Far Eastern states of Japan and Korea represent ancient cultures, characteristic ways of life and a long history of cultural and political rivalries.

Presenter: Himanshu Jhala

Legal

11. NSW ICAC: background and recent reports

25 Oct

Why the ICAC exists, what it does, how it operates and recent ICAC reports.

Presenter: Heidrun Blackwood

Science

12. Australian inventions (Part 1)

1 Nov

A look at the people and science behind some of our classic Australian discoveries and inventions from the 19th Century colonial era through to our present time.

Presenter: Ian Thompson

Geography

13. Great river systems on our planet

8 Nov

Our rocky planet has many surprises. We look at some of the great rivers and the diverse civilisations they pass through.

Presenter: Punchi Dassanayake

Art

14. Mathematics in Art

15 Nov

Visual imagination in Art has often been inspired by mathematics, from the discovery of perspective in the Renaissance to the unreal worlds of Escher.

Presenter: Laurie Wilson

Legal

15. Human Rights and the Criminal Law

22 Nov

Human rights (otherwise civil liberties) are those rights that we all possess simply by being humans. Sometimes they bounce up against the criminal law.

Presenter: Nick Cowdery

History Australia

16. Australian inventions (Part 2)

29 Nov

A look at the people and science behind some of our classic Australian discoveries and inventions from the 19th century colonial era through to our present time.

Presenter: Ian Thompson

WILLOUGHBY: HYGROVE DISPLAY SUITE

44 Penshurst St

parking nearby wheelchair access

Venue Coordinator Mitsuko Provis

mitsuko@hyegrove.com.au (preferred) 8045 8694

FRIDAYS AT WILLOUGHBY

Alternate Fridays from 7 Jul 10:30 to 12:30

Bookings: Mitsuko Provis mitsuko@hyegrove.com.au (preferred) 8045 8694

History Australia

1. The Gardens of Stone – Lithgow

7 Jul

Learn about the campaign to save Lithgow's Gardens of Stone, a magnificent natural geomorphological wonderland that was finally gazetted as a State Conservation Area in late 2021.

Presenter: Janine Kitson

Science

2. Discoveries, inventions that shaped our world

21 Jul

A look at some of the important discoveries and inventions that have changed the world we live in and the science behind these discoveries.

Presenter: Ian Thompson

Current Affairs

3. Update on Russia and Ukraine, and China's role

4 Aug

This is an attempt to separate fact from fiction in the ongoing conflict and to see what might lie ahead.

Presenter: Peter Nixon

Economics

4. Financial security in retirement

18 Aug

Understanding financial options available before and during retirement and understanding the language of money.

Presenter: Lanning Bennett

Social Media

5. Social Media: how it has changed the world

1 Sept

Introduction to social media: the good, bad and ugly and its huge impact on society, politics and individuals.

Presenter: Nitza Lowenstein

Art Science

6. Colour

15 Sept

What is colour, how have we analysed it from both scientific and artistic points of view? How is colour created in nature, and in our attempts to imitate nature?

Presenter: Laurie Wilson

Science

7. Australian Skeptics' scientific investigations

29 Sept

The Skeptics offer a large prize for real evidence of the paranormal or new science. We have investigated many dubious claims and activities, many challenging the laws of physics.

Presenter: Ian Bryce

History

8. The history of human weapons

13 Oct

Historically important weapon developments, including rock throwing, spears, swords, bows and arrows, boomerangs, gunpowder, tanks and many more.

Presenter: David Malone

History Australia

9. Pine Gap

27 Oct

What it does and why it's there. The ethics of government eavesdropping, whistle blowing and leaking of confidential information.

Presenter: David Rosenberg

Literature

10. Freud and the Oedipus Complex

10 Nov

How Freud used the story of Oedipus in ancient Greek drama to illustrate family tensions which he believed to be universal.

Presenter: Margaret Stoljar

Historic Buildings Australia

11. Queen Victoria Building

24 Nov

The "QVB" was designed by 28-year-old architect George McRae as a monument to the long-reigning monarch, Victoria, and built in 1898 to replace the Sydney markets originally on the site.

Presenter: Natalie Cody

OUT THERE

Outdoors Eating out

THIRD FRIDAY LUNCH GROUP

Third Friday of each month from 21 Jul

We meet for lunch at restaurants that serve a variety of cuisines. We go everywhere in Sydney, except the North Shore. We try to book BYO wine venues where there is a small corkage charge, which attendees are required to pay.

Leader and **Bookings:** Sarah Fennamore

sfennamore@yahoo.com 9955 1962