

# ENDEAVOUR (SOUTHERN)

**Regional President:** TBA

**Regional Course Coordinator:** Vic Costi [esu3avc@gmail.com](mailto:esu3avc@gmail.com) **Enquiries only**

**IMPORTANT INFORMATION:** You must book to attend a course. Refer to "Booking a Course" on page 4.

## BOTANY BAY FAMILY HISTORY RESEARCH CENTRE

184 Gannons Rd South Caringbah

Genealogy

### EXPLORING YOUR FAMILY'S PAST HISTORY (max 15)

**Thursday 7 Jul, Friday 12 Aug (Open Day), Thursday 1 Sep & Thursday 3 Nov 10.00 to 11.30**

This course is an introduction to family history research. We explore our family memories, start a family tree and gather documents for proof. We learn about family history programmes and methods to record our story for posterity. Leader: Lilian Magill [lily@researchbylily.com.au](mailto:lily@researchbylily.com.au)

0409 911 402

**Bookings:** Carole Goodyer [jamescarole1@live.com.au](mailto:jamescarole1@live.com.au)  
0411 529 245

## CRONULLA COMMUNITY HALL

Meeting Room 1

38-60 Croydon St

wheelchair access, train station nearby

Language French

### FRENCH FOR INTERMEDIATE SPEAKERS (max 16)

**Every Monday from 25 Jul 2:00 to 3:30**

Intermediate level French, basic knowledge required. Revive your grammar, practise your conversation skills, and enjoy reading French texts. Have fun in a relaxed learning environment.

Leader and **Bookings:** Susan Molloy-Johnson  
[twotwelves@outlook.com](mailto:twotwelves@outlook.com) 9546 5170

## CRONULLA SCHOOL OF ARTS

Upstairs Activity Room/Lecture Room

6 Surf Rd

wheelchair access, lift available and train station nearby

Poetry

### POETRY IS ALIVE (max 40)

**Second and fourth Thursday from 14 Jul 1:30 to 3:30**

Join us as we are dipping a toe into Edgar Allan Poe, or drowning in Browning. Let's jump on *Mulga Bill's Bicycle* and cruise through centuries of poetry. Members are welcome to present their favourite poems, or their own work.

Leader and **Bookings:** Elisabeth Peters  
[heinzliz@optusnet.com.au](mailto:heinzliz@optusnet.com.au) 0466 893 747 9523 3743

Language French **COURSE CANCELLED**

### SPEAKING FRENCH FOR POST BEGINNERS (max 15)

**Every Monday from 18 Jul 1:30 to 3:30**

This course is for those who have done more than one year of French and who want to move on from beginners French.

Leader and **Bookings:** Joan Craven  
[marjoan4@hotmail.com](mailto:marjoan4@hotmail.com) 0408 978 435

History Ancient

### RISE AND FALL OF CIVILISATIONS (max 25)

**First and third Tuesday from 19 Jul 10:00 to 12:00**

In-depth study of the rise and fall of civilisations and empires from ancient to modern times by way of reading, discussion and TV documentary (when available). Class members may suggest topics and/or contribute to the group, if they wish.

Leader: Olga Bondarenko [olgab@ozemail.com.au](mailto:olgab@ozemail.com.au)  
**Bookings:** Dorothy Dalyell [ddalyell@bigpond.com](mailto:ddalyell@bigpond.com)  
9520 5563

Travel

### ARMCHAIR TRAVELLERS (max 40)

**First and third Wednesday from 20 Jul 10:00 to 12:00**

We come together with the common interest of sharing our travel experiences, using audio visual equipment. Some members choose not to present and enjoy the presentations as the audience.

Leader: Gwyn Leix [gleix@optusnet.com.au](mailto:gleix@optusnet.com.au)  
**Bookings:** Kate Churcher [kchurcher2@hotmail.com](mailto:kchurcher2@hotmail.com)  
0433 140 900

Language Italian

### ITALIAN LANGUAGE AND CULTURE (max 15)

**Every Thursday from 21 Jul 10:00 to 12:00**

Focuses on speaking, writing, listening and reading Italian at a basic level or higher. We explore grammar, literature, poetry, history, art, songs, opera themes and recipes. Classes are in English and Italian, depending on the topic and the class.

Leader: John Della Torre [jrdellatorre@gmail.com](mailto:jrdellatorre@gmail.com) 8544 1758  
**Bookings:** Judy Bassford [judybassford7@gmail.com](mailto:judybassford7@gmail.com)  
9527 2931

Cinema

### FILM APPRECIATION AND DISCUSSION (max 20)

**Third Thursday from 21 Jul 1:00 to 3:00**

This group is focussed on contemporary film. Selection of films is carried out democratically and they are watched in our own time. The films are discussed at the monthly meetings. Presentation of films is appreciated but not mandatory.

Leader and **Bookings:** Anita Spinks  
[anitaspinks@live.com.au](mailto:anitaspinks@live.com.au) 0423 532 582

Games

### **BRAIN GAMES (max 20)**

#### **Second and fourth Friday from 22 Jul 10:00 to 12:00**

Extensive research provides growing evidence that in addition to maintaining physical fitness and eating sensibly, maintaining brain health in older people may assist in reducing the disease which causes dementia.

Leader and **Bookings:** Denis Paulin d.paulin@bigpond.com 0438 594 206

Literature

### **TRUTH/BEAUTY (max 20)**

#### **Second and fourth Monday from 25 Jul 10:30 to 12:30**

This is a literature study course that involves a deeper study of poetry, some prose and the occasional play. As a further tributary, we would occasionally study certain pieces of contemporary music, or indeed a film as literature.

Leader and **Bookings:** Bruno Ghezzi bghezzi@lycos.com 0459 474 746

Art Appreciation

### **ART HISTORY (max 40)**

#### **Second and fourth Tuesday from 26 Jul 10:00 to 12:00**

This course looks at the works of world-famous artists over the centuries. Members of the class present biographies with DVD and computer presentation.

Leader: Margaret Kingston m.kingston1@bigpond.com 9522 9868

**Bookings:** Teresa Lamberton

teresalamberton@hotmail.com 0414 425 353

**Bookings:** Carol Cook

carolcook39@optusnet.com.au 0488 286 324

Discussion Group

### **OPEN MINDS DISCUSSION GROUP (max 20)**

#### **Second and fourth Wednesday from 27 Jul 10:00 to 12:00**

The members choose and discuss various topics relating to current local and international issues. An opportunity to explain your point of view and learn how and why others think differently.

Leader and **Bookings:** Anita Spinks

anitaspinks@live.com.au 0423 532 582

Cinema

### **AT THE CINEMA – PAUL NEWMAN (max 40)**

#### **First and third Thursday from 4 Aug 1:30 to 4:00**

Explore the life and career of Paul Newman through talks, viewing his major films and discussion. A program will be available at the first session. Session finishing times vary based on the film shown.

Leader and **Bookings:** Robert Englund

r.englund@optusnet.com.au

Presentations

### **ENDEAVOUR MONTHLY 5TH TUESDAY TALK (max 80)**

#### **Fifth Tuesday from 30 Aug 10:30 to 12:30**

Short presentations on the 5th Tuesday of a month.

**Bookings:** Jim Sloan endeavou3atalks@gmail.com

**Bookings:** Cherie Clover cherie167@hotmail.com

### **1. 12 photographs which made Australia**

#### **30 Aug**

12 photographs from the 1840's to the early 2000's show how our country, its people, and the way we view the world, have changed.

Presenter: Laurie Wilson

## **2. Lawrence Hargrave: his early years**

### **29 Nov**

He explored New Guinea. In Sydney he experimented with flying machines and interpreted local rock carvings that proved the Spanish were here 200 years before Cook.

Presenter: Chris Beazley

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## **GYMEA BOWLING CLUB**

The Greens Room

691 Kingsway

wheelchair access, parking onsite, train station nearby

Games

### **BACKGAMMON (max 40)**

#### **Second and fourth Tuesday from 12 Jul 3:00 to 5:00**

Would you like to learn Backgammon or sharpen your skills? We will support you in getting your games skills up and running. All players and newcomers are welcome to join us.

Leader and **Bookings:** Johnny Pace

johnnypace1@optusnet.com.au 0414 894 876

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## **GYMEA COMMUNITY CENTRE**

Large Hall

31-33 Gymea Bay Rd

wheelchair access, parking nearby, train station nearby

Dance

### **MIDDLE EASTERN DANCING (max 40)**

#### **Every Monday from 4 Jul 1:00 to 2:00**

The oldest dance form for women explored and expressed to traditional and western music. A fusion of many dance styles tailored to older bodies. A great way to keep fit and have fun. If you can walk you can dance.

Leader: Faye Green shalinabd@bigpond.com 9521 6575

**Bookings:** Wendy Lobwein wendy.rae.lob@hotmail.com

0404 348 974

Art Appreciation

### **DISCOVERING ART (max 25)**

#### **First and third Tuesday from 19 Jul 10:00 to 12:00**

This class will discuss the different aspects of art from architecture to sculpture with art related topics. We will also look at your favourite artists. Visits to art galleries are a regular highlight.

Leader and **Bookings:** Margaret Wilkes

margiewilkes@live.com.au 0407 958 924 9523 1614

Art Drawing

### **DRAWING WITH COLOUR (max 20)**

#### **Every Tuesday from 19 Jul 1:00 to 3:00**

Member-driven art classes where we employ various styles and mediums.

Leader: Christine Horrocks

christine.anne7@bigpond.com 0438 614 087

Leader: Diana Smith dianams44@gmail.com

**Bookings:** Pam McGrath mcgrath.ffss@gmail.com

0490 046 988

## GYMEA TRADIES

57 Manchester Rd  
wheelchair access, parking onsite, train station nearby

Art Sketching

### SHIRE SKETCHING (max 40)

**Every Thursday from 21 Jul 10:00 to 12:00**

Learn observational URBAN SKETCHING Thursdays, and ILLUSTRATE YOUR SHIRE JOURNAL on Saturday morning. We Sketch architecture, people, nature, parks, bushlands, shopping centres, and historical locations. Includes many extra optional sketch days. Beginners who say "But I can't draw" are welcome.

Leader: Peggy Annabel peggy.annabel@bigpond.com  
0402 354 968

Leader: Carol Cook carolcook39@optusnet.com.au  
0488 286 324

**Bookings:** Julie Donno juliedonno@yahoo.com.au

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## HURSTVILLE UNITING COLIN MCFADYEN RETIREMENT VILLAGE

47 Woniora Rd wheelchair access, train station nearby

Creative Writing

### CREATIVE WRITING HURSTVILLE (max 10)

**Third Tuesday from 19 Jul 1:30 to 3:30**

Come share your stories and life experiences through the written word.

Leader: Yvonne Tracey  
yvonne.calling1@bigpond.com 0415 327 313

**Bookings:** Patricia Skinner donleyton10@gmail.com  
9547 0406

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## MIRANDA COMMUNITY CENTRE

97 Karimbla Rd (corner Kiora Rd) wheelchair access, parking nearby, train station nearby

Discussion Group

### AUSTRALIAN HISTORY DISCUSSION GROUP (max 20)

**First and third Wednesday from 20 Jul 1:30 to 3:30** Did you miss out on learning about Australian history at school? Come and join this informal group and learn about a variety of subjects from indigenous culture and settlement through to current day happenings.

Leader and **Bookings:** Janice Stokes  
stokesj@optusnet.com.au 0418 415 249

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## OATLEY LIBRARY

26 Letitia St wheelchair access, parking nearby

Art

### ART FOR ENJOYMENT (max 10)

**Every Wednesday from 20 Jul 2:00 to 4:00**

The name says it all. Join our group and spend 2 hrs of enjoyment doing any kind of art or craft with a very friendly social group.

Leader and **Bookings:** Doreen Kellett  
doreenkellett@live.com.au 0407 276 416

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## RAMSGATE SENIOR CITIZENS HALL

382 Rocky Point Rd (corner Selmon St)  
Entry at the back

Meditation

### HEALTHY RELAXATION MEDITATION (max 25)

**First and third Tuesday from 5 Jul 2:00 to 4:00**

Healthy life, relaxation through meditation. Learn to sit in the stillness and find your inner place to unfold your blueprint for life 'know thyself'.

Leader and **Bookings:** Anna Winter  
annau3a@gmail.com (Bookings only)  
0449 673 144 (enquiries only)

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## SOUTH HURSTVILLE RSL

The Pinnacles

72 Connells Point Rd

wheelchair access, parking nearby

Book Group

### AWARD-WINNING NOVELS (max 15)

**First Wednesday from 6 Jul 12:00 Lunch, Book Discussion 12:00 to 2:00**

Friendly group meeting, to discuss award-winning novels, or novels any one of the group thinks should have won an award!

Leader and **Bookings:** Pat Copping  
18gingie@gmail.com 0432 345 501

**Bookings:** Vivienne Hayle vhayle@hotmail.com  
0420 650 814

Discussion Group

### DISCUSSION GROUP (max 15)

**Every Monday from 18 Jul 10:00 to 12:00**

Our friendly group enjoys stimulating and serious discussion on current affairs and a variety of subjects. There is controversy, reminiscing and usually lots of laughter.

Leader and **Bookings:** Denis Paulin  
d.paulin@bigpond.com 0438 594 206

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## SUTHERLAND CLUB ON EAST

Coffee Shop

7 East Pde

wheelchair access, parking nearby

Book Group

### CRIME READERS GROUP (max 15)

**First and third Tuesday from 5 Jul 10:15 to 12:00**

In depth discussion about listed book and author; all input welcome. The reading list is compiled yearly by the Leader in consultation with members. Authors from all over the world are included. A friendly, social and intelligent group.

Leader: Carol Dawson carouse12079@gmail.com  
0405 311 749

**Bookings:** Carolyn Schinazzi carolandreno@gmail.com  
0433 574 990

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# SUTHERLAND SHIRE LEISURE CENTRE

1 Rawson Ave wheelchair access, parking onsite

Archaeology

## ASPECTS OF ARCHAEOLOGY (max 16)

**First and third Friday from 1 Jul 2:00 to 4:00**

There is a video each meeting on archaeology followed by reading from articles relating to archaeology.

Leader and **Bookings:** Mary Armstrong 9534 2675

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## OUT THERE

Outdoors Bushwalking

### U3A SYDNEY STRIDERS (max 30)

**Alternate Wednesday from 6 Jul 9:00 to 4:00**

A variety of walks of Sydney and surrounds ranging from easy to difficult grade bush, track and street walks, going to beautiful and interesting places, with good company.

Leader: Penny Howarth

pennyhowarth2@gmail.com 0411 180 050

**Bookings:** Rosanne Burkhart

rburkhart@bigpond.com 0413 128 967

Outdoors Bushwalking

### WALKING IN SYDNEY AND SURROUNDS (max 35)

**Alternate Friday from 1 Jul start/finishing times vary**

Walks around Sydney from medium to easier bushwalks, track and street walks, seeing interesting places, whilst enjoying good company. We welcome members from all U3A regions.

Leader and **Bookings:** Teresa and John Lamberton

teresalamberton@hotmail.com 0414 425 353

Outdoors Eating Out

### LUNCH A LOT WITH STYLE (max 25)

**First Thursday from 7 Jul 12:30 to 2:00**

Enjoy eating out, good food and conversation? We visit inexpensive restaurants with a variety of cuisines. Venues near public transport. Member funded; the laughter is free.

Leader: Anna Winter 0449 673 144

**Bookings:** Anna Winter annau3a@gmail.com

Outdoors Bushwalking

### WALKING AROUND SYDNEY (max 40)

**Alternate Friday from 8 Jul start/finishing times vary**

Walks around all areas of Sydney from easy to medium/hard. All members welcome.

Leader: Wendy Donelan wdonelan54@gmail.com

0402 495 739

**Bookings:** Jennifer Hawkins

jenniferhawkins798@gmail.com (preferred) 0418 464 253

Outdoors Bushwalking

### U3A ENDEAVOUR CAMPUS WALKERS (max 35)

**Every Thursday from 21 Jul start/finishing times vary**

Sydney by ferry and foot. Our programs indicate degree of difficulty. A 4-5 day social walking holiday held annually.

We invite everyone to organise a walk once a year.

Annual fee \$10.

Leader: Jean McInerney

jaymond.mcinerney@bigpond.com 0418 453 508

**Bookings:** June Symes jsymes6@gmail.com (preferred) 0408 077 900

Outdoors Sketching

## SHIRE SKETCHERS SATURDAY SKETCHING EXCURSIONS

**Saturday from 23 Jul Starting at 10:00**

**finishing times vary**

These are the practical outdoor component of the Thursday lessons of the Sutherland Shire Urban Sketchers Group.

See Shire Sketchers Thursday class for details.

Leader: Peggy Annabel peggy.annabel@bigpond.com

0402 354 968

Leader: Carol Cook carolcook39@optusnet.com.au

0488 286 324

**Bookings:** Julie Donno juliedonno@yahoo.com.au

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## PRIVATE HOMES

Book Group

### BOOK BANTER (GyMEA) (max 12)

**First Friday from 1 Jul 1:30 to 3:00**

A wide variety of books are chosen by the members of the group and one book is discussed each month.

Leader and **Bookings:** Vicki Hann vickihann@hotmail.com

0419 482 254

Music Appreciation

### MUSIC FOR PLEASURE (Blakehurst) (max 7)

**First and third Tuesday from 5 Jul 2:00 to 4:00**

We include the best of musical styles from Baroque to Classical to Romantic to the Twentieth Century. This may include chamber music, concertos, symphonies and choral works. Members are encouraged to make suggestions for future programs.

Leader: Bob Hallahan jacobob@optusnet.com.au

9594 0214

**Bookings:** Chris Jenkins chrisjenk66@hotmail.com

9529 4444

History Australia

### AUSTRALIA OUR LAND (GyMEA) (max 10)

**Every Wednesday from 6 July 10:00 to 12:00**

Using books and videos from the library we study and discuss the environmental, geographical, historical and cultural aspects of our wonderful country.

Leader: Angela Balding

bistenhouse@yahoo.com 9524 2018

**Bookings:** Trevor Campbell 9525 6979

History Architecture

### SYDNEY'S 19TH CENTURY CITY BUILDINGS (Kirrawee) (max 12)

**Second and fourth Monday from 11 Jul 1:30 to 3:30**

Become acquainted with Sydney's sandstone government buildings and its many department stores whose journey began as tiny shops or just a basket. Classic architecture and good quality were all important to this developing city.

Leader: Nola Watt 0467 162 749

**Bookings:** Liz Rutledge lizrutledge93@gmail.com

0435 178 315