

# EASTERN

**Regional President:** David Rosenwax AM [drosenwax@bigpond.com](mailto:drosenwax@bigpond.com)

**Regional Course Coordinator:** Mary Healy-North [maryhealynorth1@bigpond.com](mailto:maryhealynorth1@bigpond.com) **Enquiries only**

**IMPORTANT INFORMATION:** Please note booking details listed with courses.

## COA CENTRE

25 Rowe St Woollahra 200m from Bondi Junction rail and bus interchange; parking Westfield (2 hrs free)  
Venue Coordinator Sandy See 0412 044 811  
[sandra.l.see@gmail.com](mailto:sandra.l.see@gmail.com)

Technology

### ARTIFICIAL INTELLIGENCE

**Friday 30 Jul 10:30 to 12:00**

Artificial Intelligence: is it really intelligent and what is its impact on us?

Leader Thomas Delisi [thomasjdl@gmail.com](mailto:thomasjdl@gmail.com)

**Bookings:** No booking required

Psychology

### PSYCHOLOGY SOME KEY CONCEPTS

**Friday 6 Aug 10:30 to 12:00**

Psychology-some key concepts: who is the father of psychology? What is the difference between psychology and psychiatry? Details of IQ tests, personality tests, psychosis, neurosis, psychotherapy.

Leader: Dr Rheinhard Ronnebeck  
[rwronebeck@yahoo.com.au](mailto:rwronebeck@yahoo.com.au)

**Bookings:** No booking required

Religion

### INTERRELIGIOUS DIALOGUE

**Friday 13 Aug 10:30 to 12:00**

Fr Mcinerney is the Director of Columban Centre for Christian-Muslim Relations: he will present some issues in Christian Muslim relations, past and present.

Leader: Rev Fr Patrick McInerney, Columban missionary priest

**Bookings:** No booking required

Literature

### THE LIVES OF MEN IN LITERATURE

**Friday 20 Aug 10:30 to 12:00**

How the lives of men are treated in fiction: consider 2 novels written in different countries during 20th century: *Goodbye Columbus* by Philip Roth and *Dirt Music* by Tim Winton.

Leader: Margaret Little

**Bookings:** No booking required

Politics

### INTERESTS OF MODERN DEMOCRATIC GOVERNMENTS

**Friday 27 Aug 10:30 to 12:00**

Modern Democratic Governments: whose interests do they promote? "Government of the people, by the people, for the people" Who are these mysterious people whose interests modern democratic governments appear to represent?

Leader: Himanshu Jhala

**Bookings:** No booking required

History

### POLYNESIA-ITS HISTORY, MYTHS AND LEGENDS

**Friday 3 Sep 10:30 to 12:00**

Discover the Polynesian Mythology and Legends. Polynesia is a vast region of Pacific Ocean consisting of hundreds of island groups of different cultural and political histories.

Leader: Nitza Lowenstein

**Bookings:** No booking required

Health

### SOUND THERAPY: HOW TO WAKE UP EAR AND BRAIN VITALITY

**Friday 10 Sep 10:30 to 12:00**

Sound therapy: how to wake up ear and brain vitality

Leader: Rafeale Joury [lectures@mysoundtherapy.com](mailto:lectures@mysoundtherapy.com)

**Bookings:** No booking required

Music

### MUSIC TO GLADDEN THE SOUL: HANDEL AND MOZART

**Friday 17 Sep 10:30 to 12:00**

Handel and Mozart choruses: what did Mozart say about Handel; and come and enjoy some of Handel's great choruses from *The Messiah* and *Dixit Dominus* and Mozart's *Grand Mass in C minor* and *Requiem*

Leader: Mary Healy-North [maryhealynorth1@bigpond.com](mailto:maryhealynorth1@bigpond.com)

**Bookings:** No booking required

Health

### IMPACT OF AGING ON FEET AND LOWER LIMBS

**Friday 24 Sep 10:30 to 12:00**

Impact of aging on feet and lower limbs

Leader: Annie Walsh [annie.walsh@outlook.co.nz](mailto:annie.walsh@outlook.co.nz)

**Bookings:** No booking required

History

### CURRENCIES OF THE FIRST SETTLEMENT

**Friday 1 Oct 10:30 to 12:00**

The First Fleet arrived in 1788 bringing with it 300 pounds held by Captain Arthur Phillip and any random coins in the purses of passengers. The coins were a mixture of currencies from around the world. It was confusing because no one knew their worth. What could be done?

Leader: David Rosenwax [maryhealynorth1@bigpond.com](mailto:maryhealynorth1@bigpond.com)

**Bookings:** No booking required

History

### PEOPLE WHO CHANGED THE WORLD: MOHAMMED

**Friday 8 Oct 10:30 to 12:00**

People who changed the world: Mohammed

Leader: David Hanlon [maryhealynorth1@bigpond.com](mailto:maryhealynorth1@bigpond.com)

**Bookings:** No booking required

Legal matters

### LEGAL MATTERS

#### Friday 15 Oct 10:30 to 12:00

Life as a migrant solicitor in Australia, and recent changes to various laws, eg. traffic laws.

Leader: Mark Stenberg

**Bookings:** No booking required

Legal matters

### ESTATE PLANNING

#### Friday 22 Oct 10:30 to 12:00

Estate planning: Wills, Power of Attorney, Advanced Care Plans - what can possibly go wrong?

Leader: Danielle Radomski, Radomski Legal  
danielle@radomskilegal.com.au

**Bookings:** No booking required

Politics

### MY PATH TO POLITICAL ACTIVISM IN THE USA

#### Friday 29 Oct 10:30 to 12:00

From a teenager in 1968 Annie was inspired to action by the assassination of her heroes Martin Luther King Jr and Bobby Kennedy and the arrest and trial of the Chicago 7. Hear what happened next in her journey to political action and her work to get women into the US Senate.

Leader: Annie Hinkley

**Bookings:** No booking required

Science Climate

### HOT AIR POLLUTION

#### Friday 5 Nov 10:30 to 12:00

The evolution of the Earth's atmosphere; pollution and greenhouse gases; the atmosphere of other planets.

Leader: Joan Scott

**Bookings:** No booking required

Science

### IMPACTFUL AUSTRALIAN FEMALE SCIENTISTS

#### Friday 12 Nov 10:30 to 12:00

Impactful Australian Female Scientists-who are they and what do they do in the STEM fields: science, technology, engineering, medicine, mathematics.

Leader: Sandy See sandra.l.see@gmail.com

**Bookings:** No booking required

Psychology

### CONNECT WITH NATURE

#### Friday 19 Nov 10:30 to 12:00

Connect with Nature: the how and why of forming a relationship with nature that is good for us and good for nature.

Leader: Dr Les Higgins

**Bookings:** No booking required

Politics

### BREXIT, BORIS AND BEYOND

#### Friday 26 Nov 10:30 to 12:00

Why did UK join the Common Market?  
Why did UK leave EU? What is the future for the UK, the EU and Australia?

Leader: Dr Jennie Sansom

**Bookings:** No booking required

Psychology

### WHY IS CHANGE SO HARD?

#### Friday 3 Dec 10:30 to 12:00

Making significant and permanent changes in our familiar way of doing things is not easy. People try to entice us into changing our ways by offering incentives for adopting new behaviour. This talk will explore some of the reasons why these typical approaches to motivating and managing change do not succeed.

Leader: Dr Peter Saul

**Bookings:** No booking required

Law

### COULD THE GLOBAL FINANCIAL CRISIS OF 2008 OCCUR AGAIN?

#### Friday 10 Dec 10:30 to 12:00

From 2010-2020 corporate lawyer Bob Hinkley worked for the US federal government in Washington where he uncovered huge fraud in mortgage backed securities that led to the global financial crisis of 2008. He was an adviser to investigations into a dozen banks. He will talk about writing on changing the existing law to safeguard the public from corporate abuse.

Leader: Bob Hinkley

**Bookings:** No booking required

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## MAROUBRA LIONEL BOWEN LIBRARY

669 Anzac Parade Maroubra

Discussion Group Movies

### FILM DISCUSSION GROUP (max 20)

#### Alternate Tuesdays from 6 July 10:00 to 12:00

Share your opinion on acting, characters, plots, direction and cinematography in two current release films each fortnight.

Leaders and **bookings:** Graham Blazey 9365 1961  
gblazey@optusnet.com.au or Gail Filetti 9349 5591  
rgfil@bigpond.com

Discussion Group Current Affairs

### CURRENT AFFAIRS DISCUSSION GROUP

#### Alternate Tuesdays from 13 Jul 10:00 to 2:00

Join us, if you are interested in the world around you, occasional debate and social interaction.

Leader and **bookings:** Marise Segelov 9363 4023  
0410 514 866 marisesegelov@gmail.com

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## PADDINGTON EJ WARD CENTRE

189 Underwood St Paddington (cnr George St)  
Buses to Oxford St Paddington; limited street parking  
Venue Coordinator Paula Macintosh 0425 074 488  
pmackint1@yahoo.com

Language French

### **FRENCH CONVERSATION (INTERMEDIATE) (max 20)**

#### **Thursdays from 1 Jul 10:30 to 12:30**

French language level: it is conversation, not a lesson, to get the most out of this group, people need to be able to speak some French intelligibly and understand others who speak French more fluently.

Leader: Michelle Scheibmaier 0414 078 917

**Bookings:** Paula Macintosh 042 5074 488  
pmackint1@yahoo.com

Language Spanish

### **SPANISH (INTERMEDIATE)**

#### **Thursdays from 1 Jul 10:30 to 12:30**

This is primarily conversation in Spanish. We welcome new members any time. The level of conversation assumes a basic knowledge of grammar and vocabulary.

Leader: Christina Lozano clozano@iprimus.com.au

**Bookings:** Ian Finck 0405 499 515 or 0402 407 105  
ifin55@gmail.com or zoe.r.goldstein@gmail.com

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## **PRIVATE HOMES**

Book Group

### **WOOLLAHRA BOOK GROUP**

#### **First Thursday of month from 1 Jul**

Goodwin Village Apt 257, 238-290 Jersey Rd Woollahra  
Members suggest a book they have read on an interesting subject. Recently published books are avoided because they can be on long local libraries' reservation lists. New members are welcome.

Leader and **bookings:** Janet Sculfer 0427 870 817  
sculferandmackenzie@iinet.net.au

Book Group

### **ROSE BAY BOOK GROUP**

#### **First Wednesday of month from 7 Jul 2:00 to 4:00**

Rose Bay Participants' homes  
Everyone gets to choose a book to discuss, we take it in turns to meet at each other's home. New members welcome.  
Leader and **bookings:** Sylvia Bennett 9371 5547

Music Appreciation

### **MUSIC, COFFEE AND CAKE**

#### **Every second Tuesday from 13 Jul 2:00 to 4:00**

Randwick  
Listen to compositions of great masters, focussing on less well known works; group participation welcomed  
Leader and **bookings:** Julie Reid 0411 575 157  
juliereid@gmail.com

Book Group

### **NORTH BONDI BOOK GROUP**

#### **Third Wednesday each month from 21 Jul 2:00 to 4:00**

North Bondi  
People come with suggestions of AUTHORS to read and discuss. Conversation pivots around what people have read of the author. At other times we pick a genre to read and discuss; thrillers, biography, history, science fiction. New members welcome.

Leader and **bookings:** Liza Cohen 9389 1336  
liza.cohen@yahoo.com

## **ZOOM**

Language French

### **FRENCH FOR BEGINNERS (zoom)**

#### **Thursdays from 1 Jul 10:30 to 12:30**

Full year course. Each zoom class has 3 sessions of 40 minutes with a 5 minute break between sessions.  
Leader and **bookings:** Jeanette Pham 0409 751 377  
nguyetpham45@yahoo.com.au

Science

### **THE ANTARCTIC-PROTECTING THE MARINE ENVIRONMENT (zoom)**

#### **Wednesday from 15 Sep 10:30 to 12:00**

The history of the Antarctic Treaty responsible for governing human activities on the Antarctic continent.  
Leader: Lynda Goldsworthy AM

**Bookings:** Mary Healy-North 0409 818 525  
maryhealynorth1@bigpond.com

Philosophy

### **WONDERING ABOUT CONSCIOUSNESS PART 1 (zoom)**

#### **Wednesday from 6 Oct 10:30 to 12:00**

In these two lectures (part 1 and 2) we shall consider approaches to being conscious and to thinking that we find in two 20C philosophers : Michele Le Doeuff and Hannah Arendt (Reading notes will be available by email).

Leader: Prof Max Deutsch  
**Bookings:** Mary Healy-North 0409 818 525  
maryhealynorth1@bigpond.com

Philosophy

### **WONDERING ABOUT CONSCIOUSNESS PART 2 (zoom)**

#### **Wednesday from 20 Oct 10:30 to 12:00**

In these two lectures (part 1 and 2) we shall consider approaches to being conscious and to thinking that we find in two 20C philosophers: Michele Le Doeuff and Hannah Arendt (Reading notes will be available by email).

Leader: Prof Max Deutsch  
**Bookings:** Mary Healy-North 0409 818 525  
maryhealynorth1@bigpond.com