



SYDNEY
U3A

sharing growing socialising

passion

Talks Courses Events

SEMESTER 2

July - December 2021

Sydney U3A Inc.
02 9267 9056
Suite 10.2, St Martin's Tower
31 Market St
Sydney NSW 2000

ABN: 32 251 810 797
mail@sydneyu3a.org
www.sydneyu3a.org

Date	Region	Page	course title	change requested
19/06/2021HN		32	MONDAYS AT HUNTERS HILL	change booking details to: online at www.sydneyu3a.org or with Venue Coordinator Judy Harris, unless indicated below.
19/06/2021HN		38	Talking Points (zoom)	change booking to refer to online; online at www.sydneyu3a.org (preferred) or Rosemarie Einstein erin@starmor.net.au
20/06/2021HN		38	THURSDAYS ON ZOOM	change booking details to be same as Talking Points
23/06/2021GW		23	Tai Chi	Every Thursday from 15 Jul
23/06/2021GW		27	People and Events that changed the World	16th Dec will now be "The Convict System in the Aust Colonies. From its origins, development and abandonment" Presenter Geoff Davidson
23/06/2021GW		25	Gentle Exercise	Every Tuesday from 6 July 1:00-3:00
23/06/2021GW		25	Line Dancing	Every Wednesday from 14 July 1:00-3:00
23/06/2021GW		25	Ballroom Dancing	Every Thursday from 8 July 1:00-3:00
23/06/2021GW		27	People and Events that changed the World	18 Nov will now be Harold Cazneaux presented by Con Bugden
23/06/2021GW		27	People and Events that changed the World	Jennifer Doudna & Ernest Rutherford will change from 18 Nov to 2nd Dec
23/06/2021GW		24	Single Session Tuesday	American Civil War will be on 17th Aug and 31 Aug and 14 Sep will be TBA Check GW Website
28/06/2021CIW		14	Everything you wanted to know about the Internet	Please change Wednesday to Thursday
28/06/2021HN		28	events x 2	change Enquiries to Bookings
24/06/2021CIW		14	Cinema Discussion Group	Delete and replace with FILM DISCUSSION GROUP (Max 15) Zoom Online Alternate Wednesdays from 7 July 1:30 - 3:30pm. A stimulating review and lively discussion of one film every fortnight chosen by the group at each session from SBS on Demand. The result is an invigorating, insightful and enjoyable Zoom Online discussion from the comfort of your own home. Leader and Bookings: Ross Giannone 0409 382 384
24/06/2021 CIW		13	FRIDAY AFTERNOON INTERMEDIATE ITALIAN AT THE LIBRARY (max 20)	Change start date to 6 Aug
2/07/2021East		16	MAROUBRA LIONEL BOWEN LIBRARY	MAROUBRA LIONEL BOWEN LIBRARY 669 Anzac Parade Maroubra
2/07/2021East		16	FILM DISCUSSION GROUP	FILM DISCUSSION GROUP (max 20) Alternate Tuesdays from 6 July 10:00 to 12:00 Share your opinion on acting, characters, plots, direction and cinematography in two current release films each fortnight. Leaders and bookings: Graham Blazey 9365 1961 gblazey@optusnet.com.au or Gail Filetti 9349 5591 rgfil@bigpond.com
2/07/2021East		16	CURRENT AFFAIRS DISCUSSION GROUP	CURRENT AFFAIRS DISCUSSION GROUP Alternate Tuesdays from 13 July 10:00 to 2:00 Join us if you are interested in the world around you, occasional debate and social interaction. Leader and bookings: Marise Segelov 9363 4023 04 10 514 866 marisesegelov@gmail.com
2/07/2021HN		36	DEVELOPING YOUR MEMOIR	change Alternate Wednesdays to Every Wednesday
5/07/2021HN		30	Pioneering aviation in the Pacific Islands	change date to 30 July (not 13 Aug)
5/07/2021HN		29	It was a dark and stormy night	remove from Course Book
7/07/2021GW		24	A Lively Discussion Group	New venue Northmead Bowling Club, and time/date change Alternate Wednesdays from 7 Jul from 1:30 to 3:30
7/07/2021GW		26	Travel and History Together	add details of each presentation, change first date, remove "See the GW website for dates of individual presentations". Every 4th Tuesday from 10 Aug except Dec 2:00 to 4:00 1. Russia 10 Aug Presenter Con Bugden 2. Central Australia 7 Sept Presenter Linda Gibson-Langford 3. Germany and Austria 5 Oct Presenter Judy Buhagiar 4. China 2 Nov Presenter Jim Houghton 5. Cape York 30 Nov Presenter Sue Bailey 6. Malta 14 Dec Presenter Con Bugden
7/07/2021HN		38	TALKING POINTS	delete 8 July and 18 November, change 23 September to 30 September
8/07/2021HN		35	2. Ursula's story: from Berlin to Bayview	Now on Zoom (no longer Mosman Art Gallery)
8/07/2021HN		36	1. The Nobel Disease: why top scientists sometimes go loopy?	Now on Zoom (no longer Mosman Art Gallery; The Melody Room)
8/07/2021HN		37	1. Urgent issues in the supply of electricity	Now on Zoom
12/07/2021UN		50	MORE GREAT MOMENTS IN SCIENCE	Now on Zoom (no longer Mosman Square Seniors Centre)

SEE PAGE 59 FOR FURTHER CHANGES



SYDNEY U3A INC.

The colours of the U3A logo reflect our vision of

SHARING - GROWING - SOCIALISING - PASSION

SYDNEY U3A OVERVIEW

The ethos of Sydney U3A is to promote and foster the melding of lifelong learning, exercise and community interaction, so that the third age - the time when full time employment has ended - is truly the age of reinvention, rejuvenation, renewal and redirection.

Sydney University of the Third Age (Sydney U3A) offers hundreds of intellectually stimulating courses, across **seven** regions of metropolitan Sydney and across a wide spectrum of topics, including the arts, sciences, history, leisure, language, computing, discussion groups, literature, travel, philosophy, music, cinema, economics, writing, family history, theatre, and fitness.

7 REGIONS

CITY AND INNER WEST	Ashfield, Burwood, City, Glebe, Leichhardt, Millers Point, Revesby, Rozelle, Strathfield
EASTERN	Bondi, Maroubra, Paddington, Randwick, Waverley, Woollahra
ENDEAVOUR	Cronulla, Gymea, Hurstville, Kogarah, Miranda, Oatley, Sans Souci, Sutherland, Yowie Bay
GREATER WESTERN	Blacktown, Parramatta, Toongabbie
HARBOURSIDE NORTH	Castle Cove, Chatswood, Greenwich, Hunters Hill, Lane Cove, Mosman, McMahons Point, Roseville
NORTHERN BEACHES	Avalon, Balgowlah, Belrose, Collaroy, Forestville, Frenchs Forest, Mona Vale, Narrabeen, Newport, North Curl Curl, Warriewood
UPPER NORTH	Berowra, Castle Hill, Epping, Gordon, Hornsby, Killara, Lindfield, Pennant Hills, Pymble, St Ives, Turramurra, Wahroonga, Waitara.

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GENERAL ENQUIRIES

Central Office Suite 10.2, 31 Market St, Sydney NSW
Monday to Friday 10:00 - 1:00
Ph: 02 9267 9056 or email: mail@sydneyu3a.org
Web: www.sydneyu3a.org

SPECIFIC ENQUIRIES

Related to regional activities and/or courses can be made to Regional Presidents or Regional Course Coordinators listed in this book.

This Course Book provides details of the wide variety of courses, presentations, events, and other information, that is available to all U3A members. Courses are offered in different ways; some are single presentations, others go for several weeks or through the entire semester.

Thank you to the Regional Coordinators and their teams, for compiling the information for this book; to the editor Keith Crowe, and to Kwik Kopy Circular Quay for the printing.

COURSE LISTING ORDER

Courses are listed within regions - in alphabetical order of location/suburb - and then by start date.

COURSE DELIVERY

The COVID -19 epidemic still has some effect on our provision of courses. However, in general most courses are now back face-to-face with some restrictions on seating etc. Details may change after this course book is printed. Any amendments/updates are advised on the main web page and in each region's section.

BOOKING A COURSE

The starting point to book a course is included in each course listing. It will either be a person to contact, or reference to a website, where you can book online.

In order to book and attend a course, please note the following:

- Contact the person whose name/email/phone number is given as the booking secretary, OR, go to the website indicated in the listing
- If there is a problem with this - contact the venue or course coordinator
- Provide your name, membership number (see note below) and phone number, if booking by email or phone
- Use the MyU3A booking facility - where indicated - membership number and password are required
- Some courses have a maximum number of attendees, which will be indicated in brackets after the course or event; e.g. (max 10). If you are unable to attend a course after you have booked, please notify the booking secretary, or cancel online - as there can be waiting lists
- Wear your membership badge at all times for face to face meetings.

Note:

If you are not a member, you may book a course, and then attend up to two sessions, before you need to become a member.

INSURANCE

Sydney U3A Inc. has public liability insurance to cover against possible damage or injury to persons or property arising from proven negligence by any member of Sydney U3A or its invitees at the site on which the activity occurs, except in the case of water or aircraft activity.

Members participating in a course that has a physical component, such as bush walking, table tennis or exercise classes, are required to sign a form acknowledging that the members understand the insurance cover, before being accepted into one of these courses.

PRINCIPAL OFFICERS

President	Judy Harris	president.sydneyu3a@gmail.com
VP Education	Anne Richardson	vpeducation.sydneyu3a@gmail.com
VP Public Relations	TBA	
Treasurer	Ivona Kadlec	sydu3a.treasurer@gmail.com
Secretary	Pamela Frei	secretary.sydneyu3a@gmail.com
Admin Manager	Lynda Cronshaw	officemgr.sydneyu3a@gmail.com

REGIONAL PRESIDENTS

City and Inner West	Jennifer Waldron	jenniferwaldron2@gmail.com
Eastern	David Rosenwax	drosenwax@bigpond
Endeavour	TBA	
Greater Western	TBA	
Harbourside North	Michael Suckling	mwsing@tpg.com.au
Northern Beaches	Rosemary McCulloch	ramcull@gmail.com
Upper North	TBA	



PRESIDENT MESSAGE

We now are about to move into the Second Semester for 2021. Keep our fingers crossed that we don't have a repeat of last year. Last week U3A held a strategic planning day. Two representatives from each Region and the Executive Committee attended. Everyone had terrific input and we must try and move forward. Due to last year's problems membership has been our biggest worry. We are down about 17% on our membership. If you know of anyone whose membership has lapsed, please ask them to come back and join our friends at U3A.

We welcome Mandy Rowe as the new editor of " Stay Connected". Contributions such as poems and articles can be accepted for the Newsletter.

Don't forget to have your jab. I have. Keep safe.

Judy Harris



VP EDUCATION MESSAGE

How blessed are we all to be living in Australia where the impact of Covid has been dealt with so successfully? As you will see in our Semester 2 Course Book, almost all face to face sessions are back, despite some enforced restrictions. Zoom courses are also still provided. The 7 volunteer Regional Course Coordinators and their teams have done a great job in ensuring that there are sessions which will embrace the interests of all U3A members.

In the past months, it has been my delight and honour to attend many U3A talks across several regions. How exciting it is to spend time together in fellowship and learning!

Let us continue to enjoy what U3A offers by sharing, growing, socialising and with passion. We do so appreciate your support during these unprecedented times.

Anne Richardson

CITY AND INNER WEST

President: Jennifer Waldron jenniferwaldron2@gmail.com

Regional Course Coordinator: Anne Hall 0419 017 364 annenhall@gmail.com **Enquiries only**

IMPORTANT INFORMATION: You must book to attend a course. Refer to "Booking a Course" on page 4.

GUIDED TOUR OF MUSEUM OF PRINTING (max 15)

Beatrice Scheepers City and Inner West

will be held on: **Tuesday 10 August**

address: **Cnr Station & Ransley Streets Penrith**

Train 9:18 from Central to Penrith (BMT line). Arrive 10:06. Bus to Museum. Parking on site.

The Penrith Museum of Printing houses a collection of fully operational letterpress machinery and equipment. A number of items are more than 100 years old and still running smoothly. View the intricacy of the Linotypes and Intertypes, and enjoy the sight and sound of the Wharfedale and Albion presses.

Cost \$10, payable on the day. Optional lunch afterwards at local café inside beautiful heritage-listed cottage.

Bookings essential, and only between 9am Monday 2 August and 5pm Wednesday 4 August. Places to be determined by ballot. Results notified by 5pm Friday 6 August. Priority given to members who provide telephone number, membership number and expiry date when booking.

Email bookings only: Beatrice Scheepers egoranje@gmail.com 0402 969 004 (enquiries only)

GUIDED TOUR OF SYDNEY TRADES HALL (max 15)

Beatrice Scheepers City and Inner West

will be held on: **Thursday 12 August from 9:45 to 12:30**

address: **Cnr Goulburn & Dixon Streets Haymarket**

Meet at front entrance at 9:45. Start time 10:00

Designed in the Victorian Commercial Italianate style, the Trades Hall was built as a meeting place for Australia's trade union movement. This tour will explore its heritage architecture, the history of progressive movements hosted there and its role in broadcasting and literacy services.

Free event. Optional Malaysian lunch afterwards.

Bookings essential, and only between 9am Monday 2 August and 5pm Wednesday 4 August. Places to be determined by ballot. Results notified by 5pm Friday 6 August. Priority given to members who provide telephone number, membership number and expiry date.

Email bookings only: Beatrice Scheepers egoranje@gmail.com 0402 969 004 (enquiries only)

LOCAL HISTORY TOUR OF CENTRAL STATION (max 10)

Beatrice Scheepers City and Inner West

will be held on: **Tuesday 24 August from 9:30**

address: **Railway Colonnade Dr, Haymarket**

Meet at Henry Deane Plaza, 2 Lee St, Railway Square at 9:30.

Central Station is one of Sydney's grandest public buildings. Its construction was a huge undertaking, requiring the relocation of several cemeteries and the demolition of a large number of historic buildings. Come and explore the many stories associated with this site.

Requirements: reasonable fitness, comfortable shoes, water and sun/rain protection.

Bookings essential, and only between 9am Monday 16 August and 5pm Wednesday 18 August. Places to be determined by ballot. Results notified by 5pm Friday 20 August. Priority given to members who provide telephone number, membership number and expiry date.

Email bookings only: Perses Irani perses@outlook.com.au

Leader: Beatrice Scheepers 0402 969 004 (enquiries only)

HISTORY WALK ALONG HAWTHORNE CANAL (max 15)

Beatrice Scheepers City and Inner West

will be held on: **Tuesday 7 September from 9:30**

address: **Leichhardt North Light Rail Stop**

Meet at 9:30 at Leichhardt North Light Rail stop.

Long Cove Creek, nowadays known as the Hawthorne Canal, has a rich and varied history. It is thought that the Creek, during pre-colonial times, formed the natural boundary between the Gadigal and Wangal people. These days it separates Leichhardt from Haberfield. Come for a walk along its banks and discover the creative arts hubs, the heritage infrastructure, the engineering marvels, and the stories of rebellion. Total distance 4km, mostly flat.

Requirements: reasonable fitness, comfortable shoes, sun/rain protection, and water.

Optional coffee/lunch afterwards at local café. Walk finishes at Lewisham West Light Rail stop.

Bookings essential, and only between 9am Monday 16 August and 5pm Wednesday 18 August.

Places to be determined by ballot. Results notified by 5pm Friday 20 August. Priority given to members who provide telephone number, membership number and expiry date when booking.

Email bookings only: Sue Wilson sue.wilson33@gmail.com

Leader: Beatrice Scheepers 0402 969 004 (enquiries only)

HIDDEN AT ROOKWOOD (max 15)

Beatrice Scheepers City and Inner West

will be held on: **Tuesday 28 September from 8:40**

address: **Lidcombe**

Train 8:40 from Central to Strathfield (T1 line). Arrive 8:54. Bus from station to venue.

Come and take a look at HIDDEN, the annual open-air sculpture exhibition at Rookwood Cemetery, followed by a guided tour of some of the historic gravesites.

Optional coffee/lunch afterwards at on-site café.

Requirements: reasonable fitness, comfortable shoes, sun and rain protection, and water.

This event is free of charge, but members are encouraged to make a donation to Friends of Rookwood Inc.

Bookings essential, and only between 9am Monday 13 September and 5pm Wednesday 15 September. Places to be determined by ballot. Results notified by 5pm Friday 17 September. Priority given to members who provide telephone number, membership number and expiry date when booking.

Email bookings only: Beatrice Scheepers egoranje@gmail.com 0402 969 004 (enquiries only)

LOCAL HISTORY TOUR OF CENTRAL STATION (max 10)

Beatrice Scheepers City and Inner West

will be held on: **Friday 1 October from 9:30**

address: **Railway Colonnade Dr, Haymarket**

Meet at Henry Deane Plaza, 2 Lee St, Railway Square at 09:30.

Central Station is one of Sydney's grandest public buildings. Its construction was a huge undertaking, requiring the relocation of several cemeteries and the demolition of a large number of historic buildings. Come and explore the many stories associated with this site.

Requirements: reasonable fitness, comfortable shoes, water and sun/rain protection

Bookings taken only between 9am Monday 20 September and 5pm Wednesday 22 September. Places to be determined by ballot. Results notified by 5pm Friday 24 September. Priority given to members who provide telephone number, membership number and expiry date.

Email bookings only: Audrey Newman farndon@optusnet.com.au

Leader: Beatrice Scheepers 0402 969 004 (enquiries only)

GUIDED TOUR OF CARSS COTTAGE MUSUEM (max 8/15)

Beatrice Scheepers City and Inner West

will be held on: **Tuesday 12 October**

address: **74 Carwar Avenue Carss Park**

Train 9:40 from Central to Hurstville (T4 line). Arrive 10:00. Bus from station, then 10 minute walk to venue.

Carss Cottage, one of the oldest buildings in southern Sydney, was built in the 1860s from sandstone quarried on site. After the owner's death, the cottage was initially bequeathed to the Sydney Sailors' Home, and later sold to Kogarah Council. Nowadays it is home to the Kogarah Historical Society.

Maximum number depends on the weather. **Cost \$5, payable on the day.**

Optional coffee/lunch afterwards at waterside café in the park.

Bookings essential, and only between 9am Monday 27 September and 5pm Wednesday 29 September.

Places to be determined by ballot. Results notified by 5pm Friday 1 October. Priority given to members who provide telephone number, membership number and expiry date when booking.

Email bookings only: Beatrice Scheepers egoranje@gmail.com 0402 969 004 (enquiries only)

DEVONSHIRE TEA AT HISTORIC HAMBLEDON COTTAGE (max 20)

Beatrice Scheepers City and Inner West

will be held on: **Friday 22 October**

address: **63 Hassall Street Parramatta**

Train 10:05 from Central to Parramatta (T1 line). Arrive 10:33. Bus from station to venue.

Enjoy a Devonshire Tea in the lush heritage garden, followed by a guided tour of Hambledon Cottage, a colonial Georgian-style bungalow built in 1824 for John Macarthur.

Cost: \$14 per person, payable on the day.

Bookings essential, and only between 9am Monday 11 October and 5pm Wednesday 13 October.

Places to be determined by ballot. Results notified by 5pm Friday 15 October.

Priority given to members who provide telephone number, membership number and expiry date when booking.

Email bookings only: Beatrice Scheepers egoranje@gmail.com 0402 969 004 (enquiries only)

ASHFIELD CARDINAL FREEMAN RETIREMENT VILLAGE

137 Victoria St Ashfield

Parking available Wheelchair access

Venue Coordinator Anne Hall 041 901 7364

annenhall@gmail.com

Games Bridge

BRIDGE FOR THE LESS COMPETITIVE

Every Tuesday from 6 Jul 1:00 to 4:00

Every Saturday from 10 Jul 1:00 to 4:00

Brush up your bridge skills in our informal group in a friendly non-competitive atmosphere. All levels of skill welcome.

Leader and **bookings:** Cherie Lucas 9799 1716

harpo2021@gmail.com

CLUB ASHFIELD

5-7 Charlotte St. Parking available

Venue Coordinator Jennifer Waldron 8753 0521

jenniferwaldron2@gmail.com

Qi Gong Tai Chi

QI GONG, FAN, AND COLLABORATIVE TAI CHI (max 15)

Every Tuesday from 13 Jul 10:30 to 12:00 (excluding school holidays)

Class begins with ba duan jin and mini wild goose qi gong where beginners are welcome, followed by 24 and 28 form tai chi chuan suitable for those with some experience. A modified kung fu fan completes the session.

Leader: Deborah Gracic 9639 6512

deb.gracic@gmail.com

Bookings: Lois Knight 9798 6525

lknight60@bigpond.com

Relaxation Exercise

COOPERATIVE RELAXATION AND STRETCHING ACTIVITIES (max 20)

Every Wednesday from 14 Jul 10:00 to 12:00 (excluding school holidays)

This course is for exercise in a collaborative atmosphere.

Leader: Lois Knight

Bookings: Margaret Quinn

marg.terry@bigpond.com

Qi Gong

COLLABORATIVE QI GONG (max 15)

Every Friday from 16 Jul 10:00 to 11:30 (excluding school holidays)

This is qi gong in a collaborative environment, experienced practitioners only. Qi gong, according to Chinese culture, is beneficial to maintaining good health.

Leader: Alan Avanzado

Bookings: Denise Yuen 0410 570 188 sdyuen@gmail.com

Language ESL

ENGLISH AS A SECOND LANGUAGE (max 14)

Every Thursday from 29 Jul 10:30 to 12:30

We look at how English works, focusing on a topic of interest to the group. Read aloud, discuss pronunciation, word meanings, spelling, grammar and current idiom. A relaxed way to practise and improve your English with a friendly group.

Leader and **bookings:** Janet Egan 0415 133 994

janet.egan@gmail.com

CLUB BURWOOD

Cnr Burwood Rd and George St

Venue Coordinator Anne Hall 0419 017 364

annenhall@gmail.com

Current Affairs

DISCUSSION GROUP CURRENT AFFAIRS

Every Monday from 5 Jul 10:00 to 12:00

News of the day. No topics are out of bounds, but we discuss politics and religion with sensitivity. Members sometimes prepare a topic for discussion.

Format: freewheeling.

Leader and **bookings:** Michael Holland

mhol1234@gmail.com

Cinema Movies

POPCORN ANYONE? (max 15)

Alternate Wednesdays from 7 Jul 1:30 to 3:30

Come along to a fun and friendly discussion on what's screening at the cinema or on free streaming services. We meet once a fortnight for an exploration of two movies chosen by the group.

Leader and **bookings:** Beatrice Scheepers 0402 969 004

(enquires only) egoranje@gmail.com

History France

THE FRENCH REVOLUTION-THEN AND NOW

Alternate Wednesdays from 21 Jul 10:00 to 12:00

As an introduction: the 60s, a trip down memory lane. Next: The French Revolution is a huge mirror image of much of what we have become.

Leader: Frank Wilson 8021 7059

Bookings: Betty Candy 9716 4775

bjcandy@bigpond.com

BURWOOD RSL

92 Shaftesbury Rd Parking available Wheelchair access

Venue Coordinator Anne Hall 0419 017 364

annenhall@gmail.com

Economics Investment

INVESTMENT DISCUSSION GROUP

Alternate Thursdays from 1 Jul 9:30 to 11:45

Understand the forces and current events that affect investment markets. We examine specific topics and undertake some practical activity. This is a discussion group only, and our members are not permitted, by law, to provide financial advice.

Leader and **bookings:** Greg Buriak 0422 599 417

buriak@optusnet.com.au

Current Affairs

SOCIAL ISSUES AND CURRENT AFFAIRS DISCUSSION GROUP (max 15)

Alternate Fridays from 2 Jul 10:00 to 12:30

Meetings are divided into two sessions by a tea break. First session: Topic for discussion prepared and presented by a volunteer. Second Session: Current Affairs, no subject taboo. A friendly, intelligent group where everyone is encouraged to participate.

Leader and **bookings:** Graham Murphy 9713 9730

gramur@bigpond.com

Languages Japanese

BEGINNERS/TRAVELLERS JAPANESE (max 10)

Every Tuesday from 13 Jul 10:00 to 12:00

(excluding school holidays)

People travelling to Japan would benefit from this course. The course caters for complete beginners and also those with a little more language experience. The course includes conversation, culture, shared travel experiences and hiragana script.

Leader: Haruko Tanaka 0424 225 863

haruko@aae.edu.au

Bookings: Maria Daniele 0414 560 951

Literature General

A PLACE IN TIME

Alternate Fridays from 9 Jul 10:30 to 12:30

Come on a voyage through literature to various places in the world at a particular time in their history and examine the social and political issues involved in the period. First novel *Unsheltered* by Barbra Kingsolver

Leader: Iris Ryall 9744 1647

Bookings: Edna May 9797 8202

BURWOOD WOODSTOCK COMMUNITY CENTRE

22 Church St Parking available

Venue Coordinator Anne Hall 0419 017 364

annenhall@gmail.com

Languages Italian

ITALIAN CONVERSATION INTERMEDIATE (max 10)

Every Wednesday from 7 Jul 10:00 to 12:00

Improve your conversational skills; for students who have knowledge of Italian grammar. Note: no handouts will be supplied.

Leader and **bookings:** Nadia Favotto 9705 7217

0429 060 013

Cinema Movies

CLASSIC MOVIES (max 12)

Alternate Wednesdays from 7 Jul 10:00 to 12:30

From the silent to the contemporary era a selection of influential films that helped develop the industry. Explore and analyse background and historical settings plus production issues and biographical details pertaining to the director, cast and production personnel.

Leader and **bookings**: Hugh Watson 9519 5082
Anne Hall 0419 017 364 annenhall@gmail.com (preferred)

Music Recorder

RECORDER GROUP

Every Tuesday from 13 Jul 10:30 to 12:30 (excluding school holidays)

An established group, we perform a wide variety of music at intermediate level (not for beginners). Opportunity to lunch afterwards.

Leader and **bookings**: David Young 0414 249 618
9569 8167 dy4health@optusnet.com.au

CITY U3A OFFICE

Suite 10.2 31 Market St Opposite QVB
Venue Coordinator Jennifer Waldron 8753 0521
jenniferwaldron2@gmail.com

Art Outdoor Outings

DECONSTRUCTING CONTEMPORARY ART (max 25)

Every Thursday from 22 Jul 1:30 to 3:30

Alternate weeks 1:30 to 3:30 gallery visits

Visit contemporary art shows in Sydney galleries fortnightly. On alternate weeks, meet at City Office for evaluation of news, events, trends, theory and history of the work visited. Build a virtual art collection and develop a personal aesthetic. Good physical fitness required.

Leader and **bookings**: Wendy Fraser 9569 7942
0408 711 672 barrieandwendy@gmail.com

Crosswords

CRACKING CRYPTIC CROSSWORDS (max 12)

Tuesdays from 6 Jul 1:00 to 3:00 (4 sessions)

Get into the mind of cryptic crossword compilers and learn how to solve their devious clues. Have fun while keeping your brain active.

Leader and **bookings**: Ron Shapiro 4225 0270
rmbjs@iinet.net.au (preferred)

Language French

BEGINNER'S FRENCH (max 10)

Every Wednesday from 7 Jul 2:00 to 3:30

The course caters for complete beginners and also those with a little more language experience. The course includes conversational grammar.

Leader and **bookings**: Annelise Karpos 0410 404 940
annelisekarpos6@gmail.com

Language English

MAKING THE MACQUARIE DICTIONARY

Thursday 15 Jul 1:30 to 3:00

Conceived in the 1960s but not published until 1981. How was the dictionary brought to life, to reflect Australian English as it was heard and written? An interesting story of its long road to publication and how it has since evolved.

Leader: Pat Manser
Bookings: Paula Poon 0423 258 591 readingpp@hotmail.com

Cinema Movies

FILM APPRECIATION (max 20)

Alternate Mondays from 19 Jul 1:30 to 3:30

Do you enjoy contemporary cinema and sharing your ideas? Members of this group research a film and lead the discussion three to four times a year. We also look at issues, trends and news in the film world.

Leader and **bookings**: Susanne de Ferranti
0410 603 425 sdeferranti@ozemail.com.au

Literature

READING ANCIENT GREEK DRAMA

Tuesdays from 3 Aug 1:30 to 3:30 (6 sessions)

Participate in reading out loud *Sophocles' Oedipus the King and Antigone*. How can it be that you can only see when you have been blinded? From this we will discuss ancient Greek theatre, mythology, religion and society.

You will need a copy of Sophocles, *The Theban Plays*, (translation E F Watling, Penguin Classics essential)

Leader: Craig Campbell

Bookings: Paula Poon 0423 258 591
readingpp@hotmail.com (preferred)

Science and Technology Nature

MEDICAL ENTOMOLOGY – MOSQUITOES

Thursday 7 Oct 1:30 to 3:30

A study of the biology and habitat of global and Australia specific mosquitos as vectors of disease and unease – the deadliest animal on this earth by far.

Leader: Ian Thompson

Bookings: Vicki Moss 0417 160 856
vicki@mcglashan.com.au (preferred)

History

THE PANAMA CANAL

Tuesday 12 October 1:30 to 3:30

A most ingenious engineering feat. Although first considered in the fifteenth century, it only came to fruition in 1913.

Related historical events in Middle and South America will also be discussed.

Speaker: Dr David Rosenwax

Bookings: Vicki Moss 0417 160 856
vicki@mcglashan.com.au (preferred)

Science and Technology Nature

ENTOMOLOGY – COCKROACHES AND FLIES

Thursday 21 Oct 1:30 to 3:30

A close-up look at the biology and habitat of cockroaches and flies around the home, their life-cycle, their feeding habits and the diseases they may carry.

Leader: Ian Thompson

Bookings: Vicki Moss 0417 160 856
vicki@mcglashan.com.au (preferred)

Famous People

MARIE CURIE (1867 – 1934)

Tuesday 9 November 1:30 to 3:30

From humble beginnings in Poland to Pantheon in Paris with two Nobel Prizes in science, Marie Curie's is an extraordinary journey of agony and ecstasy. While her discovery of Radium gave us a way of treating cancer, it opened new branches of Physics.

Speaker: Sydney Srinivas

Bookings: Vicki Moss 0417 160 856
vicki@mcglashan.com.au (preferred)

Famous People

CHARLES DARWIN (1809 – 1882)

Tuesday 16 November 1:30 to 3:30

All life is but a tree and humans are only a branch therein.

We evolved from tiny animals. How and why?

Did nature make a selection of the fittest to survive?

What is Charles Darwin's contribution to evolution?

Speaker: Sydney Srinivas

Bookings: Vicki Moss 0417 160 856

vicki@mcglashan.com.au (preferred)

Graphology

HOW TO ANALYSE HANDWRITING (max 8)

Tuesdays from 30 Nov 1:30 to 3:00 (3 sessions)

Handwriting is a sophisticated form of communication employing dots, lines, spaces, shapes and assembling them to communicate with others, each developing our own style. This session will teach you how to analyse your own handwriting.

Leader: Robijna (Alex) Alexandra

Bookings: Vicki Moss 0417 160 856

vicki@mcglashan.com.au (preferred)

DRUMMOYNE COMMUNITY CENTRE

10 Crometrowe St. Parking available Wheelchair access

Venue Coordinator Anne Hall 0419 017 364

annenhall@gmail.com

Languages Italian

ITALIAN CONVERSATION (max 10)

Every Monday from 12 Jul 2:00 to 3:15 (except school holidays)

Basic knowledge required as class will be conducted in Italian. Emphasis on speaking.

Leader and **bookings:** Lori Banham 0409 814 127

lori.b@bigpond.com

Language Spanish

CONVERSATIONAL SPANISH (max 10)

Every Wednesday from 7 Jul 12:30 to 2:30

Improve your Spanish from basic to intermediate through conversation.

Leader and **bookings:** Vivien McGuire 0418 259 102

vmcguire@tpg.com.au

GLEBE LIBRARY BENLEDI ROOM

186 Glebe Point Rd cnr Wigram Rd

Venue Coordinator Pauline Valentine 0412 595 891

gregory_1947@hotmail.com

Languages Japanese

JAPANESE

Every Thursday from 15 Jul 10:00 to 12:00

Knowledge of hiragana, katakana and some kanji will be helpful. We use a textbook, *Japanese for Busy People II*, twice per month and a few articles printed from topics of current Japanese interests.

Leaders: Nobuyo Williams 0420 770 661 or

Haruko Johansson 8957 7016

Bookings: Juanita Englefield 9816 5807

GLEBE NAG'S HEAD HOTEL

162 St Johns Rd. Parking available

Venue Coordinator Jan Macindoe 0424 537 557

jnmacindoe@gmail.com

Book Groups

FIRST FRIDAY BOOK GROUP (max 12)

First Friday of Every month from 2 Jul 11:00 to 1:00

Favourite books are chosen by members for discussion by the group. Venue and starting time may vary, depending on Covid restrictions.

Leader and **bookings:** Jan Macindoe 0424 537 557

jnmacindoe@gmail.com

GLEBE THE OLD TOWN HALL

160 St Johns Rd.

Venue Coordinator Pauline Valentine

0412 595 891 gregory_1947@hotmail.com

Art Drawing

DRAWING (max 12)

Alternate Thursdays from 15 Jul 10:00 to 12:00

We use black and white (charcoal, pencil, ink) with some other media, such as Conté. The basics are covered, including tone, perspective and composition. Students are encouraged to suggest topics. Only an interest in drawing is required.

Leader and **bookings:** Neville Bendall 9660 1873

Music Ukulele

STRUMMIN' WITH JEN

Alternate Thursdays from 15 Jul 2:00 to 3:30

We have a ball, singing and strumming our ukuleles and exploring diverse aspects of music. Learning an instrument is a challenge, but so beneficial for memory, concentration, finger dexterity and more! Familiarity with basic open chords is assumed.

Leader: Jennifer Lowe

Bookings: Pauline Valentine 0412 595 891

gregory_1947@hotmail.com

GLEBE: TOXTETH HOTEL

345 Glebe Point Rd Fireside Lounge Ground Floor

Parking available

Venue Coordinator Michael Holland mhol1234@gmail.com

Philosophy

PHILOSOPHY IN THE PUB (max 10)

Alternate Tuesdays from 13 Jul 3:00 to 5:00

Topics from a wide range of political and cultural themes are examined from a philosophic perspective. Discussion aims to promote differing worldviews and challenge belief systems. Members are expected to participate in internet/web research, questioning and facilitating.

Leader and **bookings:** Michael Holland

mhol1234@gmail.com (**email bookings essential**)

LEICHHARDT LIBRARY

23 Norton St Italian Forum Piazza Level
Parking available Wheelchair access
Venue Coordinator Barbara Burton 0429 090 332
barb.e.bur@gmail.com

FRIDAY MORNINGS AT THE LIBRARY (max 20)

Every Friday from 2 Jul 10:30 to 12:30

Bookings: Janice Millard 0419 203 361 rjmillard5@icloud.com

History Australia

1. The Tasman Map

2 Jul

The first map of Australia (1606-1644) shows a recognisable outline that was not to change until James Cook charted the east coast in 1770.

Presenter: Ian Burnett

Environment Transport

2. The Transformation of Transport

9 Jul

The Who's Who of electric cars; buses; trucks: Opportunity for lowering emissions of shipping; airlines: What distributed urban design means; how Australia stacks up globally.

Presenter: Mary Hendriks

History Australia

3. Remarkable Colonial Women You Have Probably Never Heard Of

16 Jul

Beautiful images accompany Jessica's talk, inspiring us with true stories of three remarkable women from Sydney's early colonial days. Fascinating discoveries made when writing 'Esther'.

Presenter: Jessica North

History Disasters

4. Danger Was My Business

23 Jul

Critical incidents attended by Gary include the Christmas Day hotel fire in Kings Cross, Granville train disaster and the Christchurch earthquake in New Zealand.

Presenter: Gary Raymond

Medical Matters

5. Frontiers of Medical Imaging

30 Jul

X-rays, CT (computer tomography), MRI (magnetic resonance imaging), nuclear medicine, PET (positron emission tomography). Speaker was involved in important developments for medical ultrasound, in Sydney.

Presenter: Laurie Wilson

History Australia

6. 7. & 8. Australian History Seminars

6, 13 & 20 Aug

Based on Australian History. Topics: Irish famine; Orphan Girls in colonial NSW; Our Family Origins; Country Graveyard Tales; based mainly on his own family history.

Presenter: Gary Smith

Psychology

9. Psychology: Some Key Concepts

27 Aug

Who is the real father of psychology? What is the difference between psychology and psychiatry?

Presenter: Reinhard Ronnebeck

Science and Technology

10. & 11. The Three Industrial Revolutions & The Impending Fourth

3 & 10 Sep

1st: Engineering; machine age; steam power.

2nd: Scientific: electricity, germ theory, synthetic fertilizers and the structure of DNA.

3rd: Digital Age in which we all live today.

4th: Artificial Intelligence, quantum computing, personalised medicine, and the hydrogen economy.

Presenter: Don Napper

Science and Technology Nature

12. An Introduction to the Fungi Kingdom

17 Sep

We examine what separates members of the fungi kingdom - including mushrooms, toadstools, mildews, smuts, moulds, and yeasts - from the plant and animal kingdoms.

Presenter: Ian Thompson

History Transport

13. Mankind's Challenge with the Tyranny of Distance

24 Sep

Air, water, land: a brief history of flying, water travel and motor vehicles.

Presenter: David Malone

Legal Matters

14. Ethics

1 Oct

What's it all about Alfie? Where do ethics come from?

What about the law?

Presenter: Brian Bailey

History

15. The 1960's! Was this an Historical Faultline?

8 Oct

This will be a discussion involving group memory because most of us have experienced this period.

Presenter: Frank Wilson

Music

16. 17. Rossini: Prodigy, Celebrity and Wit

15 & 22 Oct

Rossini was a great operatic composer, also a celebrated bon viveur, chef and raconteur, whose parties were sought after occasions.

Presenter: Nora Hinchin

History Asia

18. 19. 20. Japan, Korea, Myanmar, Indochina and South East Asia

29 Oct, 5 & 12 Nov

The Far Eastern states of Japan and Korea represent ancient cultures, characteristic ways of life and a history of rivalries. The limelight is currently on the political and refugee crisis in Myanmar. We look at South East Asia's cultural and political legacies.

Presenter: Himanshu Jhala

History Ancient

21. 22. 23. 24. The World of Aegean Greece - From Minos to Agamemnon

19 & 26 Nov, 3 & 10 Dec

This series of four talks will explore the rise and fall of both the brilliant Minoan civilisation, with its opulent palaces and wonderfully naturalistic art, and the powerful Mycenaean kingdoms renowned for their imposing walled citadels and monumental tombs.

Presenter: John Tidmarsh

Languages Italian

FRIDAY AFTERNOON INTERMEDIATE ITALIAN AT THE LIBRARY (max 20)

Every Friday from 6 Aug 1:30 to 3:30

A convivial and welcoming group who enjoy practicing the four linguistic skills of speaking, listening, reading, writing; and revising grammar, mostly from online websites, to consolidate our knowledge.

Leader and **bookings**: Pia Ottavian 0424 738 824
pia.ottavian@yahoo.com.au

LEICHHARDT MARKET PLACE COMMUNITY ROOM

1/122-138 Flood St Leichhardt

Venue Coordinator Barbara Burton 0429 090 332
barb.e.bur@gmail.com

Current Affairs

DISCUSSION GROUP TOPICAL ISSUES (max 8)

Alternate Wednesdays from 14 Jul 10:30 to 12:30

Are you interested in the state of the world? Come join a welcoming and lively group to discuss local and global issues, including social, political, economic and environmental concerns.

Leader and **bookings**: Vivien Wolff 0419 630 678
vivw447@gmail.com

REVESBY COMMUNITY HALL

Macarthur Ave. Parking available

Venue Coordinator Joy Pegler 9771 6185
peglerjm@bigpond.com

Tai Chi

TAI CHI (max 20)

Every Thursday from 15 Jul 9:30 to 11:00 (except school holidays)

For tai chi novices as well as for more experienced practitioners. The aim is for all participants to progress from 6 to 24 tai chi forms.

Leader and **bookings**: Christine Chew
0413 149 938 chrischew@optusnet.com.au (preferred)

REVESBY WORKERS CLUB

20 Brett St. Parking available

Venue Coordinator Joy Pegler 9771 6185
peglerjm@bigpond.com

Cinema Movies

FILM DISCUSSION GROUP (max 10)

Fourth Tuesday of Every month from 23 Jul 10:00 to 12:00

Members undertake to view up to three group-selected films screening during the coming month. At Every meeting, a volunteer introduces one of the selected films, followed by group discussion.

Leader and **bookings**: Robyn Deane 9726 4279
rdeanee@optusnet.com

ROZELLE: HANNAFORD CENTRE

608 Darling St cnr Nelson St. Wheelchair access
Venue Coordinator Barbara Burton 0429 090 332
barb.e.bur@gmail.com

Discussion Groups Literature History Philosophy
DISCUSSION GROUP (max 8)

Every Monday from 12 Jul 10:30 to 12:30

Focusing on historical events, philosophy and literature. Every member is given the opportunity to decide on and present the topic for discussion.

Leader and **bookings**: Barry Bidwell 0408 607 434
barry_bidwell@yahoo.com.au

Language French

FRENCH INTERMEDIATE (max 8)

Every Tuesday from 13 Jul 10:00 to 11:30

A reasonable knowledge of French grammar, vocabulary and pronunciation is assumed. Reading, writing, listening and speaking activities are used to consolidate and extend that knowledge and skill. There will be some formal grammar and a few laughs along the way.

Leader and **bookings**: Alan Rodrick 9819 6579
alan.rodrick@gmail.com

Languages French

ADVANCED FRENCH DISCUSSION (max 12)

Every Tuesday from 13 Jul 11:00 to 12:30

A solid background in French is necessary. Focus is on conversational French to improve fluency with occasional grammar. Members are expected to be actively involved in contributing ideas and material for discussion. Leader is a facilitator, not a teacher.

Leader and **bookings**: Sue Tronser 0418 673 670
suetronser@gmail.com

Languages French

FRENCH FOR POST BEGINNERS (max 12)

Every Tuesday from 13 Jul 2:00 to 3:30

Suitable for those who have some basic French and wish to consolidate their knowledge. We focus on correct pronunciation, grammar and improving conversational skills to tourist level.

Leader and **bookings**: Michael Georgeson 0412 163 844
michael.georgeson@gmail.com

Languages French

DISCUSSION GROUP IN ADVANCED FRENCH (max 8)

Every Thursday from 1 Jul 2:00 to 3:30

La participation à ce groupe permettra aux membres de s'exprimer avec plus d'aisance sur un grand nombre de sujets selon le goût des membres. Il faudra donc un bon niveau de compréhension et d'expression orales au départ.

Leader and **bookings**: Verity Bagot 0439 489 738
verity.chianea@gmail.com

STRATHFIELD CROQUET CLUB

50 Redmyre Rd Street parking

Venue Coordinator Anne Hall 0419 017 364
annenhall@gmail.com

Croquet

TRY CROQUET

Every Friday from 6 Aug 9:00 to 12:00 (3 sessions)

An easy to learn game that offers fun, friendship, mental stimulation and physical activity outdoors. Learn about the evolution of croquet, learn new skills, learn to play several mallet sports. All coaching and equipment are free. Two lawns at one of Australia's oldest clubs.

Leader and **bookings**: Bob Phillips
bobphillips@bigpond.com

PRIVATE HOMES

Venue Coordinator Jennifer Waldron 8753 0521
jenniferwaldron2@gmail.com

Book Groups

STANMORE BOOK CLUB (Stanmore) (max 10)

First Monday of Every month from 5 Jul 2:00 to 4:00

A wide range of books are selected by members who lead a discussion of their choice.

Leader: Wendy Fraser

Bookings: Bernice Lee 0412 969 440
bernicejlee@gmail.com

Book Groups

CLASSICAL BOOK CLUB (Stanmore) (max 10)

Alternate Tuesdays from 6 Jul 10:30 to 12:30

We take turns to read aloud from the text, in this case *Dombey and Son* by Charles Dickens. We read two or three challenging books generating lively discussion during our meeting.

Leader and **bookings**: Sondra Griffiths 9332 4490
sondragriffiths135@gmail.com

Book Groups

INNER WEST BOOK GROUP (various locations) (max 12)

Every four weeks from Wednesday 7 Jul 2:00 to 4:00

Enhance your enjoyment of reading by sharing your ideas with others. Every four weeks we will read and discuss a book, choosing from a wide range of literature. First book is *Honeybee* by Craig Silvey.

Leader and **bookings**: Christine Hingerty 0499 887 308
chingerty@internode.on.net

OUT THERE

Venue Coordinator Anne Hall 0419 017 364
annenhall@gmail.com

Outdoor Outings Eating out

MY FAVOURITE ETHNIC EATING PLACE

Second Wednesday of Every month from 14 Jul 12:00 to 2:30

Enjoy good food and conversation at inexpensive restaurants accessible by public transport. Members choose venues with cuisines from different cultures, and a talk by the restaurateur, about food/traditions. Members pay for their own meal.

Leader and **bookings**: Krista Corlis 0400 708 754
kcorlis@bigpond.com (preferred)

Outdoor Outings Eating out

MUNCH ON BRUNCH

Third Thursday of Every month from 15 Jul

Step out and come brunching at a slick café somewhere in the inner city, or perhaps a bit further afield, but mostly close to public transport. Our venues are picked for their enticing food offerings, sharp design and quality coffee.

Leader and **bookings**: Beatrice Scheepers
egoranje@gmail.com 0402 969 004 (enquiries only)

Outdoor Outings Galleries

VISITING REGIONAL and SUBURBAN GALLERIES

Join our lively group on visits to regional and suburban galleries to view a variety of exhibitions.

Saturdays, twice a month (occasional Sunday) depending on exhibition dates, early am to mid-afternoon; travel by public transport.

Leader and **bookings**: Joanne Gordon 0418 224 211
joannegordon@bigpond.com (preferred)
Please supply phone, U3A membership number and expiry date.

ZOOM

Science and Technology

EVERYTHING YOU WANTED TO KNOW ABOUT THE INTERNET (BUT WERE AFRAID TO ASK) (zoom)

Thursdays from 1 Jul 10:00 to 11:30 (3 sessions)

The Internet is everywhere. But how does it work?

And why are there all these funny cat videos?

Session 1: connect to the internet? receive videos?
The Cold War and CERN.

Session 2: TLA; URL; DNS. Web pages, and Kodak.
Session 3: Q & A. My funny cat videos.

Leader and **bookings**: David Farrell 0420 678 403
david_v_farrell@hotmail.com

Cinema Movies

FILM DISCUSSION GROUP (Max 15) (zoom)

Alternate Wednesdays from 7 July 1:30 - 3:30pm.

A stimulating review and lively discussion of one film every fortnight chosen by the group at each session from SBS on Demand.

The result is an invigorating, insightful and enjoyable zoom online discussion from the comfort of your own home.

Leader and **bookings**: Ross Giannone 0409 382 384

Discussion Group

AUSTRALIAN PERSPECTIVES (zoom)

Third Thursday of Every month from 15 Jul 2:00 to 4:00 (except school holidays)

An informal discussion group during which the guest speaker introduces us to their varied ethnic, cultural and historical experiences. Speakers and topics will be announced in advance in the monthly C & IW Newsletter and on the website.

Leader and **bookings**: Joy Pegler 9771 6185
peglerjm@bigpond.com

EASTERN

Regional President: David Rosenwax AM drosenwax@bigpond.com

Regional Course Coordinator: Mary Healy-North maryhealynorth1@bigpond.com **Enquiries only**

IMPORTANT INFORMATION: Please note booking details listed with courses.

COA CENTRE

25 Rowe St Woollahra 200m from Bondi Junction rail and bus interchange; parking Westfield (2 hrs free)
Venue Coordinator Sandy See 0412 044 811
sandra.l.see@gmail.com

Technology

ARTIFICIAL INTELLIGENCE

Friday 30 Jul 10:30 to 12:00

Artificial Intelligence: is it really intelligent and what is its impact on us?

Leader Thomas Delisi thomasjdl@gmail.com

Bookings: No booking required

Psychology

PSYCHOLOGY SOME KEY CONCEPTS

Friday 6 Aug 10:30 to 12:00

Psychology-some key concepts: who is the father of psychology? What is the difference between psychology and psychiatry? Details of IQ tests, personality tests, psychosis, neurosis, psychotherapy.

Leader: Dr Rheinhard Ronnebeck
rwronnebeck@yahoo.com.au

Bookings: No booking required

Religion

INTERRELIGIOUS DIALOGUE

Friday 13 Aug 10:30 to 12:00

Fr Mcinerney is the Director of Columban Centre for Christian-Muslim Relations: he will present some issues in Christian Muslim relations, past and present.

Leader: Rev Fr Patrick McInerney, Columban missionary priest

Bookings: No booking required

Literature

THE LIVES OF MEN IN LITERATURE

Friday 20 Aug 10:30 to 12:00

How the lives of men are treated in fiction: consider 2 novels written in different countries during 20th century: *Goodbye Columbus* by Philip Roth and *Dirt Music* by Tim Winton.

Leader: Margaret Little

Bookings: No booking required

Politics

INTERESTS OF MODERN DEMOCRATIC GOVERNMENTS

Friday 27 Aug 10:30 to 12:00

Modern Democratic Governments: whose interests do they promote? "Government of the people, by the people, for the people" Who are these mysterious people whose interests modern democratic governments appear to represent?

Leader: Himanshu Jhala

Bookings: No booking required

History

POLYNESIA-ITS HISTORY, MYTHS AND LEGENDS

Friday 3 Sep 10:30 to 12:00

Discover the Polynesian Mythology and Legends. Polynesia is a vast region of Pacific Ocean consisting of hundreds of island groups of different cultural and political histories.

Leader: Nitza Lowenstein

Bookings: No booking required

Health

SOUND THERAPY: HOW TO WAKE UP EAR AND BRAIN VITALITY

Friday 10 Sep 10:30 to 12:00

Sound therapy: how to wake up ear and brain vitality

Leader: Rafeale Joury lectures@mysoundtherapy.com

Bookings: No booking required

Music

MUSIC TO GLADDEN THE SOUL: HANDEL AND MOZART

Friday 17 Sep 10:30 to 12:00

Handel and Mozart choruses: what did Mozart say about Handel; and come and enjoy some of Handel's great choruses from *The Messiah* and *Dixit Dominus* and Mozart's *Grand Mass in C minor* and *Requiem*

Leader: Mary Healy-North maryhealynorth1@bigpond.com

Bookings: No booking required

Health

IMPACT OF AGING ON FEET AND LOWER LIMBS

Friday 24 Sep 10:30 to 12:00

Impact of aging on feet and lower limbs

Leader: Annie Walsh annie.walsh@outlook.co.nz

Bookings: No booking required

History

CURRENCIES OF THE FIRST SETTLEMENT

Friday 1 Oct 10:30 to 12:00

The First Fleet arrived in 1788 bringing with it 300 pounds held by Captain Arthur Phillip and any random coins in the purses of passengers. The coins were a mixture of currencies from around the world. It was confusing because no one knew their worth. What could be done?

Leader: David Rosenwax maryhealynorth1@bigpond.com

Bookings: No booking required

History

PEOPLE WHO CHANGED THE WORLD: MOHAMMED

Friday 8 Oct 10:30 to 12:00

People who changed the world: Mohammed

Leader: David Hanlon maryhealynorth1@bigpond.com

Bookings: No booking required

Legal matters

LEGAL MATTERS

Friday 15 Oct 10:30 to 12:00

Life as a migrant solicitor in Australia, and recent changes to various laws, eg. traffic laws.

Leader: Mark Stenberg

Bookings: No booking required

Legal matters

ESTATE PLANNING

Friday 22 Oct 10:30 to 12:00

Estate planning: Wills, Power of Attorney, Advanced Care Plans - what can possibly go wrong?

Leader: Danielle Radomski, Radomski Legal
danielle@radomskilegal.com.au

Bookings: No booking required

Politics

MY PATH TO POLITICAL ACTIVISM IN THE USA

Friday 29 Oct 10:30 to 12:00

From a teenager in 1968 Annie was inspired to action by the assassination of her heroes Martin Luther King Jr and Bobby Kennedy and the arrest and trial of the Chicago 7. Hear what happened next in her journey to political action and her work to get women into the US Senate.

Leader: Annie Hinkley

Bookings: No booking required

Science Climate

HOT AIR POLLUTION

Friday 5 Nov 10:30 to 12:00

The evolution of the Earth's atmosphere; pollution and greenhouse gases; the atmosphere of other planets.

Leader: Joan Scott

Bookings: No booking required

Science

IMPACTFUL AUSTRALIAN FEMALE SCIENTISTS

Friday 12 Nov 10:30 to 12:00

Impactful Australian Female Scientists-who are they and what do they do in the STEM fields: science, technology, engineering, medicine, mathematics.

Leader: Sandy See sandra.l.see@gmail.com

Bookings: No booking required

Psychology

CONNECT WITH NATURE

Friday 19 Nov 10:30 to 12:00

Connect with Nature: the how and why of forming a relationship with nature that is good for us and good for nature.

Leader: Dr Les Higgins

Bookings: No booking required

Politics

BREXIT, BORIS AND BEYOND

Friday 26 Nov 10:30 to 12:00

Why did UK join the Common Market?
Why did UK leave EU? What is the future for the UK, the EU and Australia?

Leader: Dr Jennie Sansom

Bookings: No booking required

Psychology

WHY IS CHANGE SO HARD?

Friday 3 Dec 10:30 to 12:00

Making significant and permanent changes in our familiar way of doing things is not easy. People try to entice us into changing our ways by offering incentives for adopting new behaviour. This talk will explore some of the reasons why these typical approaches to motivating and managing change do not succeed.

Leader: Dr Peter Saul

Bookings: No booking required

Law

COULD THE GLOBAL FINANCIAL CRISIS OF 2008 OCCUR AGAIN?

Friday 10 Dec 10:30 to 12:00

From 2010-2020 corporate lawyer Bob Hinckley worked for the US federal government in Washington where he uncovered huge fraud in mortgage backed securities that led to the global financial crisis of 2008. He was an adviser to investigations into a dozen banks. He will talk about writing on changing the existing law to safeguard the public from corporate abuse.

Leader: Bob Hinkley

Bookings: No booking required

MAROUBRA LIONEL BOWEN LIBRARY

669 Anzac Parade Maroubra

Discussion Group Movies

FILM DISCUSSION GROUP (max 20)

Alternate Tuesdays from 6 July 10:00 to 12:00

Share your opinion on acting, characters, plots, direction and cinematography in two current release films each fortnight.

Leaders and **bookings:** Graham Blazey 9365 1961
gblazey@optusnet.com.au or Gail Filetti 9349 5591
rgfil@bigpond.com

Discussion Group Current Affairs

CURRENT AFFAIRS DISCUSSION GROUP

Alternate Tuesdays from 13 Jul 10:00 to 2:00

Join us, if you are interested in the world around you, occasional debate and social interaction.

Leader and **bookings:** Marise Segelov 9363 4023
0410 514 866 marisesegelov@gmail.com

PADDINGTON EJ WARD CENTRE

189 Underwood St Paddington (cnr George St)
Buses to Oxford St Paddington; limited street parking
Venue Coordinator Paula Macintosh 0425 074 488
pmackint1@yahoo.com

Language French

FRENCH CONVERSATION (INTERMEDIATE) (max 20)

Thursdays from 1 Jul 10:30 to 12:30

French language level: it is conversation, not a lesson, to get the most out of this group, people need to be able to speak some French intelligibly and understand others who speak French more fluently.

Leader: Michelle Scheibmaier 0414 078 917

Bookings: Paula Macintosh 042 5074 488
pmackint1@yahoo.com

Language Spanish

SPANISH (INTERMEDIATE)

Thursdays from 1 Jul 10:30 to 12:30

This is primarily conversation in Spanish. We welcome new members any time. The level of conversation assumes a basic knowledge of grammar and vocabulary.

Leader: Christina Lozano clozano@iprimus.com.au

Bookings: Ian Finck 0405 499 515 or 0402 407 105
ifin55@gmail.com or zoe.r.goldstein@gmail.com

PRIVATE HOMES

Book Group

WOOLLAHRA BOOK GROUP

First Thursday of month from 1 Jul

Goodwin Village Apt 257, 238-290 Jersey Rd Woollahra
Members suggest a book they have read on an interesting subject. Recently published books are avoided because they can be on long local libraries' reservation lists. New members are welcome.

Leader and **bookings:** Janet Sculfer 0427 870 817
sculferandmackenzie@iinet.net.au

Book Group

ROSE BAY BOOK GROUP

First Wednesday of month from 7 Jul 2:00 to 4:00

Rose Bay Participants' homes
Everyone gets to choose a book to discuss, we take it in turns to meet at each other's home. New members welcome.
Leader and **bookings:** Sylvia Bennett 9371 5547

Music Appreciation

MUSIC, COFFEE AND CAKE

Every second Tuesday from 13 Jul 2:00 to 4:00

Randwick
Listen to compositions of great masters, focussing on less well known works; group participation welcomed
Leader and **bookings:** Julie Reid 0411 575 157
juliereid@gmail.com

Book Group

NORTH BONDI BOOK GROUP

Third Wednesday each month from 21 Jul 2:00 to 4:00

North Bondi
People come with suggestions of AUTHORS to read and discuss. Conversation pivots around what people have read of the author. At other times we pick a genre to read and discuss; thrillers, biography, history, science fiction. New members welcome.

Leader and **bookings:** Liza Cohen 9389 1336
liza.cohen@yahoo.com

ZOOM

Language French

FRENCH FOR BEGINNERS (zoom)

Thursdays from 1 Jul 10:30 to 12:30

Full year course. Each zoom class has 3 sessions of 40 minutes with a 5 minute break between sessions.
Leader and **bookings:** Jeanette Pham 0409 751 377
nguyetpham45@yahoo.com.au

Science

THE ANTARCTIC-PROTECTING THE MARINE ENVIRONMENT (zoom)

Wednesday from 15 Sep 10:30 to 12:00

The history of the Antarctic Treaty responsible for governing human activities on the Antarctic continent.
Leader: Lynda Goldsworthy AM

Bookings: Mary Healy-North 0409 818 525
maryhealynorth1@bigpond.com

Philosophy

WONDERING ABOUT CONSCIOUSNESS PART 1 (zoom)

Wednesday from 6 Oct 10:30 to 12:00

In these two lectures (part 1 and 2) we shall consider approaches to being conscious and to thinking that we find in two 20C philosophers : Michele Le Doeuff and Hannah Arendt (Reading notes will be available by email).

Leader: Prof Max Deutsch
Bookings: Mary Healy-North 0409 818 525
maryhealynorth1@bigpond.com

Philosophy

WONDERING ABOUT CONSCIOUSNESS PART 2 (zoom)

Wednesday from 20 Oct 10:30 to 12:00

In these two lectures (part 1 and 2) we shall consider approaches to being conscious and to thinking that we find in two 20C philosophers: Michele Le Doeuff and Hannah Arendt (Reading notes will be available by email).

Leader: Prof Max Deutsch
Bookings: Mary Healy-North 0409 818 525
maryhealynorth1@bigpond.com

ENDEAVOUR (SOUTHERN)

Regional President: TBA

Regional Course Coordinator: Jim Sloan 0404 060 633 jsloan@sloan.id.au **Enquiries only**

IMPORTANT INFORMATION: You must book to attend a course. Refer to "Booking a Course" on page 4.

CRONULLA COMMUNITY HALL

Meeting Room 1. 38-60 Croydon St Cronulla
Wheelchair Access

Languages French

FRENCH FOR INTERMEDIATE SPEAKERS (max 16)

Every Monday from 12 Jul 2:00 to 3:30

Intermediate-level French, basic knowledge required. Revive your grammar, practise your conversation skills, and enjoy reading French texts. Have fun in a relaxed learning environment.

Leader and **bookings:** Susan Molloy-Johnson 9546 5170 twotwelves@outlook.com

CRONULLA SCHOOL OF ARTS

6 Surf Road Cronulla
Lift and wheelchair access

Languages Italian

ITALIAN LANGUAGE AND CULTURE (max 15)

Every Thursday from 1 Jul 10:00 to 12:00

Upstairs Lecture Room
Focuses on speaking, writing, listening and reading Italian at survival level or better. We explore grammar, literature, poetry, history, art, tourism, songs, opera themes, and recipes. Classes are in English and Italian depending on the topic and the class.

Leader: John Della Torre 8544 1758 jrdellatorre@gmail.com

Bookings: Judy Bassford 9527 2931 judybassford7@gmail.com

Cinema

AT THE CINEMA – JAMES STEWART (max 40)

First and third Thursdays of each month from 1 Jul 1:30 to 4:30 (approx.)

Upstairs Lecture Room
Explore the life and career of James Stewart through talks, viewing his major films and discussion. A program will be available at the first session. Sessions start at 1:30, finishing times vary based upon movie shown. Leader and **bookings:** Robert Englund 8521 7540 r.englund@optusnet.com.au

Games

BRAIN GAMES (max 20)

Second and fourth Fridays from 9 Jul 10:00 to 12:00

Upstairs Activity Room
Extensive research provides growing evidence that in addition to maintaining physical fitness and eating sensibly, maintaining brain health in older people may assist in reducing the disease which causes dementia. This course is designed to complement a physical exercise program. Leader and **bookings:** contact Denis Paulin 0438 594 206 d.paulin@bigpond.com

Languages French

SPEAKING FRENCH TO POST BEGINNERS (max 15)

Every Monday from 12 Jul 1:30 to 3:30 (except school holidays)

Upstairs Activity Room
This course is for those who have done more than one year of French and who want to move on from beginners French. Leader and **bookings:** Joan Craven 0408 978 435 marjoan4@hotmail.com

Art Appreciation

ART HISTORY (max 40)

Second and fourth Tuesdays of each month from 13 Jul 10:00 to 12:00 (except school holidays)

Upstairs Lecture Room
This course looks at the works of world-famous artists over the centuries. Members of the class present biographies with DVD and computer presentation. Leader: Margaret Kingston 95229868 m.kingston1@bigpond.com
Bookings: Teresa Lamberton 0414 425 353 teresalamberton@hotmail.com and Carol Cook 0488 286 324 carolcook39@optusnet.com.au

Languages Japanese

JAPANESE LANGUAGE AND CULTURE (max 15)

Each Tuesday from 13 Jul 1:00 to 3:00

Upstairs Activity Room
An introductory course of Japanese language and culture covering a variety of topics. Focusing on listening, speaking and reading, classwork is interactive and collaborative, aiming to promote confidence in all skills areas. Writing is an option available to interested participants. Leader and **bookings:** Jean Swinyard 0401 198 073 (text only) jeanswinyard@gmail.com

Discussion Groups

OPEN MINDS DISCUSSION GROUP (max 20)

**Second and fourth Wednesdays from 14 Jul
10:00 to 12:00 (except school holidays)**

Upstairs Activity Room

A discussion group keen to tackle the harder problems in life. An opportunity to explain your point of view and learn how and why others think differently.

Leader and **bookings**: Anita Spinks 0423 532 582
anitaspinks@live.com.au

Music Appreciation

EXPLORATIONS IN MUSIC (max 40)

**Second and fourth Wednesdays of each month from
14 Jul 1:00 to 3:00**

Upstairs Lecture Room

A music appreciation course covering various kinds of music from early classical, romantic, orchestral and choral through to jazz and synthesizer. We explore different countries, themes or individual composers from a range of eras. Detailed handouts supplied. Enjoy and be challenged.

Leader: Sam Adams 9522 9386

Bookings: Trevor Campbell 9525 6970

Music Singing

SINGING FOR FUN (max 20)

**First and third Thursdays from 15 Jul 10:00 to 12:00
(except school holidays)**

Upstairs Activity Room

Do you enjoy singing? Then join our social group for an uplifting sing-along. No need to read music, song sheets are supplied. We sing a wide range of popular songs from Medieval to Modern, have fun themed classes, participant presentations and discuss the background of the music.

Leader: Barbara Adams 0438 299 108

beejaya@outlook.com

Bookings: Janice Day 0437 696 325

sozuga@bigpond.com

Cinema

FILM APPRECIATION AND DISCUSSION (max 20)

Third Thursday of each month from 15 Jul 1:00 to 3:00

Upstairs Activity Room

Members of this film group watch contemporary films at the cinema in their own time. We meet for two of the set films once a month. Selection of the films is democratic, but it's expected that films of a high quality are chosen.

Leader and **bookings**: Anita Spinks 0423 532 582
anitaspinks@live.com.au

Bookings: Ross Bell 9586 4061 or 0402 285 972
rossbell1952@gmail.com

Creative Writing

CREATIVE WRITING CRONULLA

**First and third Mondays from 19 Jul 10:00 to 12:00
(except school holidays)**

Upstairs Lecture Room

Fun with words. From a selection of topics, express yourself in the format of your choice in either prose, poetry or essay.

Leader: Ann O'Connor 0424 968 380 annoc@tpg.com.au

Bookings: Sandra Keller 9540 1194 or 0417 134 210
as.keller@bigpond.com

History Ancient

THE RISE AND FALL OF ANCIENT CIVILISATIONS AND EMPIRES (max 40)

First and Third Tuesday from 20 Jul 10:00 to 12:00

Upstairs Lecture Room

In-depth study of the rise and fall of civilisations and empires from ancient to modern times by way of reading, discussion and TV documentary (when available). Class members may suggest topics and otherwise contribute to the group, if they wish to do so.

Leader: Olga Bondarenko 0432 882 560

olgab@ozemail.com.au

Bookings: Dorothy Dalyell 9520 5563

ddalyell@bigpond.com

Travel

ARMCHAIR TRAVELLERS (max 40)

**First and third Wednesdays of each month from
21 Jul 10:00 to 12:00 (except school holidays)**

Upstairs Lecture Room

We come together with the common interest of sharing our travel experiences and use the audio-visual equipment in the upstairs Lecture Room. Some members choose not to present and enjoy the presentations as the audience. There is a lift available to access upstairs if needed.

Leader: Ketty Crossley 0405 245 315

crossleyks@optusnet.com.au

Bookings: Kate Churcher 9523 6990 or 0433 140 900

kchurcher2@hotmail.com

Poetry

POETRY IS ALIVE (max 40)

**Second and fourth Thursdays of each month from
22 Jul 1:30 to 3:30**

Upstairs Lecture Room

Join us as we are dipping a toe into Edgar Allan Poe, or drowning in Browning. Let's jump on Mulga Bill's Bicycle and cruise through centuries of poetry. Members are welcome to present their favourite poems, or their own work.

Leader and **bookings**: Elisabeth Peters 9523 3743

or 0466 893 747 heinzlizz@optusnet.com.au

GYMEA BOWLING CLUB

691 Kingsway, Gymea

Games

BACKGAMMON (max 20)

**First and Third Tuesdays of each month from 6 Jul
3:00 to 5:00**

Do you like Backgammon or would you like to learn? We are looking for local players as well as newcomers to the game to come and join us. We will support you in getting your game skills up and running. We also plan to create local tournaments as well as engagement with other Backgammon groups in Sydney.

Leader and **bookings**: Johnny Pace 0414 894 876

johnnypace1@optusnet.com.au

GYMEA COMMUNITY HALL

31-33 Gymea Bay Rd, Gymea

Dance

MIDDLE EASTERN DANCING

Every Monday from 5 Jul 1:30 to 2:30

The oldest dance form for women explored and expressed to traditional and western music. This is a fusion of many dance styles to tailored to fit older bodies. A great way to keep fit and have fun. If you can walk you can dance.

Leader: Faye Green 9521 6575
shalinabd@bigpond.com

Bookings: Wendy Lobwein 9527 4696 or 0404 348 974
wendy.rae.lob@hotmail.com

Art Drawing

DRAWING (max 20)

Every Tuesday from 13 Jul 1:00 to 3:00

Member-driven art classes where we employ various styles and mediums. Includes visits to art exhibitions.

Leaders: Christine Horrocks 0438 614 087
christine.anne7@bigpond.com and
Diana Smith 0439 780 732 dianams44@gmail.com

Bookings: Pam McGrath 0490 046 988
mcgrath.ffss@gmail.com

Art Appreciation

DISCOVERING ART

First and third Tuesdays of each month from 20 Jul 10:00 to 12:00

This class will discuss the different aspects of art from architecture to sculpture with art related topics. We will also look at your favourite artists. Visits to art galleries are a regular highlight.

Leader and **bookings:** Margaret Wilkes 0407 958 924 or
9523 1614 margiewilkes@live.com.au

GYMEA TRADIES

57 Manchester Road, Gymea

Art Drawing

SHIRE SKETCHING (max 40)

Every Thursday from 08 Jul 10:00 to 12:00

Waratah Room

Learn quick observational urban sketching. Illustrate your journal of Sutherland Shire sights and occasions. Using only pencil, pen and watercolours, we also venture outdoors on Saturday mornings or join other sketch groups. We are the ShireSketchers, sharing and helping each other.

Leaders: Peggy Annabel 0402 354 968 or 9528 3391
peggy.annabel@bigpond.com and
Carol Cook 0488 286 324
carolcook39@optusnet.com.au

Bookings: John Wu 0413 694 883
j54316@hotmail.com

HURSTVILLE UNITING COLIN MCFADYEN, RETIREMENT VILLAGE

47 Woniara Road Hurstville

Creative Writing

CREATIVE WRITING HURSTVILLE (max 12)

Third Tuesdays of every month from 20 Jul 1:30 to 3:30

Come share your stories and life experiences through the written word.

Leader: Yvonne Tracey 9587 3245 or 0415 327 313
yvonne.calling1@bigpond.com

Bookings: Patricia Skinner 9547 0406
donleyton10@gmail.com

KOGARAH SENIOR CITIZEN HALL

2 Taylor St, Kogarah

Languages German

GERMAN CONVERSATION

Second and fourth Thursdays of each month from 8 Jul 10:00 to 12:00

Intermediate to advanced conversational German.
Leader and **bookings:** Helmi Albrecht 9597 6628 or
0412 635 976 helmi.albrecht@gmx.de

MIRANDA COMMUNITY CENTRE

93 Karimbla Rd, Miranda

Discussion Groups

AUSTRALIAN HISTORY DISCUSSION GROUP (max 18)

First and third Wednesdays of each month from 21 Jul 1:30 to 3:30

Talks on any aspect of Australian history. Topics and talks chosen and given by group members who are prepared to do so.

Leader: Janice Stokes 9543 1296 or 0418 415 249
stokesj@optusnet.com.au

Bookings: Elizabeth Donovan 9524 9488

OATLEY LIBRARY

26 Letitia St, Oatley

Art

ART FOR ENJOYMENT (max 16)

Every Wednesday from 7 Jul 2:00 to 4:00

The name says it all. Join our group and spend 2 hrs of enjoyment doing any kind of art or craft with a very friendly social group.

Leader and **bookings:** Doreen Kellett 0407 276 416
doreenkellett@live.com.au

SOUTH HURSTVILLE RSL (THE PINNACLE)

72 Connells Point RD South Hurstville

Book Groups

AWARD-WINNING NOVELS (max 15)

First Wednesday of each month from 7 Jul 10:30 to 12:30

Friendly group meeting, to discuss award-winning novels, or novels any one of the group thinks should have won an award!

Leader and **bookings**: Pat Copping 9529 6791 or 0432 345 501 18gingie@gmail.com

Discussion Groups

DISCUSSION GROUP (max 15)

Every Monday from 12 Jul 10:00 to 12:00

Our friendly group enjoys stimulating and serious discussion on current affairs and a variety of subjects. There is controversy, reminiscing and usually lots of laughter.

Leader and **bookings**: Denis Paulin 0438 594 206 d.paulin@bigpond.com

Discussion Groups

DISCUSSION GROUP (max 15)

Second and fourth Tuesday of every month from 13 Jul 2:00 to 4:00

The Group's purpose is to provide information and insight into matters of current social interest and importance. Each attendee gives a five-minute presentation on a previously agreed topic. Research (homework) is generally necessary.

Leader: Andrew Maclean 9543 2539

aach.maclean@optusnet.com.au

Bookings: Garry Griffiths 0468 809 332 margig@ozemail.com.au

SUTHERLAND CLUB ON EAST

7 East Pde, Sutherland

Book Groups

CRIME READERS GROUP

First and third Tuesdays of each month from 20 Jul 10:15 to 12:00 (except school holidays)

In depth discussion about listed book and author; all input welcome. The reading list is compiled yearly by the Leader in consultation with members. Authors from all over the world are included. A friendly, social and intelligent group.

Leader: Carol Dawson 0405 311 749

carousel2079@gmail.com

Bookings: Carolyn Schinazzi 9525 7617 or 0433 574 990 carolandreno@gmail.com

SUTHERLAND LEISURE CENTRE

Rawson Avenue Sutherland

Archaeology

ASPECTS OF ARCHAEOLOGY (max 16)

First and third Fridays of each month from 2 Jul 2:00 to 4:00

There is a video each meeting on archaeology followed by reading from articles relating to archaeology.

Leader and **bookings**: Mary Armstrong 9567 0995

YOWIE BAY ARDENCY AROONA LIFESTYLE RESORT

19 Wyralla Rd, Yowie Bay

Music Appreciation

MUSIC FOR PLEASURE: THE CLASSICAL ROMANTICS (max 20)

First and third Tuesdays of each month from 6 Jul 2:00 to 4:00

Without being too prescriptive, Music for Pleasure like to include the best of musical styles ranging from Baroque to Classical to Romantic to the Twentieth Century. This may include chamber music, concertos, symphonies and choral works. Members are encouraged to make suggestions regarding choices for future programs.

Leader: Bob Hallahan 9594 0214 jacobob@optusnet.com.au

Bookings: Chris Jenkins 9529 4444 chrisjenk66@hotmail.com

PRIVATE HOMES

Book Groups

BOOK BANTER (GyMEA) (max 20)

First Friday of each month from 2 Jul 1:30 to 3:00

Upstairs Activity Room

A wide variety of books are chosen by the members of the group and one book is discussed each month.

Leader and **bookings**: Vicki Hann 0419 482 254

vickihann@hotmail.com

Literature

AUSTRALIA OUR LAND (GyMEA) (max 10)

Every Wednesday from 7 Jul 10:00 to 12:00

Using books and videos from the library we study and discuss the environmental, geographical, historical and cultural aspects of our wonderful country.

Leader: Angela Balding 9524 2018

Bookings: Leona Harris 9522 3225

History Architecture

SYDNEY'S 19TH CENTURY CITY BUILDINGS (Kirrawee) (max 12)

Second and fourth Monday each month from 12 Jul 1:30 to 3:30

Become acquainted with Sydney's sandstone government buildings and its many department stores whose journey began as tiny shops or just a basket. Classic architecture and quality good were all important to this developing city.

Leader: Nola Watt 0467 162 749

Bookings: Cherie Clover 0410 404 351

cherie167@hotmail.com

Meditation

HEALTHY RELAXATION MEDITATION (Kogarah) (max 12)

First and Third Tuesdays of each month from 20 Jul 1:30 to 3:30 (except school holidays)

Healthy life, relaxation through meditation. Learn to sit in the stillness and find your inner place to unfold your blueprint for life 'know thyself'.

Leader and **bookings**: Anna Winter 9553 0445

or 0449 673 144 (enquiries only)

annau3a@gmail.com (preferred)

OUT THERE

Outdoor Outings Eating Out

LUNCH A LOT WITH STYLE (max 25)

First Thursday of each month from 1 Jul 12:30 (various venues)

Enjoy eating out? Share good food and conversation?

We visit inexpensive restaurants chosen by group members to experience a variety of cuisines. Venues will be close to public transport. Members pay for own meals and corkage; the laughter is free.

Leader and **bookings**: Anna Winter 9553 0445 or 0449 673 144 (enquiries only)
annau3a@gmail.com (preferred)

Outdoor Outings Bushwalking

WALKING AROUND SYDNEY (max 40)

Alternate Fridays from 2 Jul (variable times)

A variety of walks around all areas of Sydney and surrounds ranging from easy to medium/hard bushwalks, track and street walks. Members from all U3A regions are welcome.

Leader: Wendy Donelan 0402 495 739
wdonelan54@gmail.com

Bookings: Jennifer Hawkins 9533 6470
jenniferhawkins798@gmail.com (preferred)

Art Drawing

SHIRE - SKETCHING (max 40)

Every Saturday from 10 Jul (variable times)

Learn quick observational urban sketching. Illustrate your journal of Sutherland Shire sights and occasions. Using only pencil, pen and watercolours, we venture outdoors on Saturday mornings or join other sketch groups. We are the ShireSketchers, sharing and helping each other.

Leaders: Peggy Annabel 0402 354 968 or 9528 3391
peggy.annabel@bigpond.com and
Carol Cook 0488 286 324 carolcook39@optusnet.com.au
Bookings: John Wu 0413 694 883 j54316@hotmail.com

Outdoor Outings Bushwalking

U3A SYDNEY STRIDERS (max 35)

Alternate Wednesdays from 14 Jul - approx. 9:00 start

A variety of walks of Sydney and surrounds ranging from easy to difficult grade bush, track and street walks, going to beautiful and interesting places, with good company. Various locations and times as per program.

Leader: Penny Howarth 0411 180 050
pennyhowarth2@gmail.com

Bookings: Rosanne Burkhart 0413 128 967
rburkhart@bigpond.com

Outdoor Outings Bushwalking

U3A ENDEAVOUR CAMPUS WALKERS (max 35)

Every Thursday from 15 Jul - variable meeting times

Bush Rambles and Sydney by ferry and foot. Routes previously walked by walk leaders. Walks in our programs indicate degree of difficulty. A 4-5 day social walking holiday held annually. Members encouraged to participate as much as possible. Annual administrative fee of \$10 applicable.

Leader: Jean McInerney 0418 453 508 jraymond.
mcinerney@bigpond.com

Bookings: June Symes 9524 2817 or 0408 077 900
jsymes6@gmail.com (preferred)

Outdoor Outings Bushwalking

WALKING IN SYDNEY AND SURROUNDS (max 35)

Alternate Fridays from 16 Jul 8:30 to 3:00 (variable times) (except school holidays)

A variety of walks around greater Sydney and surrounds ranging from medium to easier bushwalks, track and street walks, seeing beautiful and interesting places, whilst enjoying good company. We welcome members from all U3A regions to come and join us.

Leader and **bookings**: Teresa and John Lamberton
Teresa 0414 425 353 John 0419 249 711
teresalamberton@hotmail.com

ZOOM

Languages French

FRENCH CONVERSATION (max 10) (zoom)

Every Monday from 12 Jul 12:30 to 1:30 (except school holidays)

Small group participating in French conversation with an emphasis on fluency and correct pronunciation. With a maximum of 10 members.

Leader: Jill Kendrigan 0412 389 601 drigan@idx.com.au
Bookings: Howard Nguyen: 9533 2772 or 0415 191 927
hnguyen49@optusnet.com.au

Languages French

FRENCH INTERMEDIATE (max 10) (zoom)

Every Monday from 12 Jul 10:00 to 12:00 (except school holidays)

Small group refreshing their grammar, vocabulary, listening and pronunciation skills. We will use some downloaded material. The maximum class will be 10 persons.

Leader: Jean Harrow 0400 207 271
jeanharrow1@gmail.com

Bookings: Howard Nguyen: 9533 2772 or 0415 191 927
hnguyen49@optusnet.com.au

Presentations

ENDEAVOUR MONTHLY TUESDAY TALK (zoom)

Last Tuesday each month from 27 Jul 10:30am to 12:30pm (except school holidays)

Once a month we host a talk on general interests. Our speakers will present on a variety of topics ranging from archaeology to zoology. If you have a good topic please contact Cherie Clover 0410 404 351 cherie167@hotmail.com and we will try to arrange it.

Leader: Jim Sloan 0404 060 633 jsloan@sloan.id.au
Bookings: endeavours3atalks@gmail.com

Travel

TRAVELLERS ON ZOOM (max 20) (zoom)

1st Thursday of the month from 05 Aug 2:00 to 4:00 (except school holidays)

The goal is for people with a common interest to share their travel experiences with a PowerPoint or Keynote Presentation of their photographs and use the 'shared screen' with the Leader who hosts and organises the meeting. Some members may choose not to present and enjoy the presentations as the audience.

Leader and **bookings**: Kate Churcher 9523 6990
or 0433 140 900 kchurcher2@hotmail.com

GREATER WESTERN

Regional President: TBA
Regional Course Coordinator: Sue Bailey 0416 027 049
sueb0356@gmail.com(preferred) **Enquiries only**

IMPORTANT INFORMATION: You must book to attend a course. Refer to "Booking a Course" on page 4.

2022 HOLIDAY: WANGARATTA (max 13)

Organised by Greater Western Region
will be held on: **Sunday 1 May to Friday 6 May 2022**

Depart Sunday 1 May 7:15am from Central Station Bay 8 Western Forecourt
and 8:00am from Railway St Pennant Hills and 8:30am from Fitzwilliam St Parramatta

Return Friday 6 May at around 4:30pm to Fitzwilliam St Parramatta and 5:00pm to Railway St Pennant Hills and
5:45pm to Central Station

Cost \$1225pp based upon a minimum of 30 – 34 passengers
Single supplement \$375

This holiday was scheduled to take place in April 2021 but owing to the Corona Virus was cancelled and rescheduled for the date above. As a result of the cancellation 29 members booked for the 2021 holiday chose to stay on the booking list for the rescheduled Holiday. Consequently there are no single rooms left and only 6 rooms available for either doubles or twin share.

During this holiday we will be staying at the Wangaratta Gateway. Over the week we will be exploring Milawa, Yarrawonga, Mulwala, Glenrowan, Bright and Beechworth.

The itinerary is so full of interesting tours and experiences that they cannot be all covered in this notice. Please see a copy of the full itinerary posted on the Greater Western section of Sydney U3A's website.

Booking Conditions All passengers are required to provide evidence of their COVID-19 vaccination to Coach Holidays 30 days before departure.

Bookings for U3A members (non-member spouses/partners accepted) open on Monday 5 July 2021

Bookings: Diana Pine 4861 3721. Address for payment given at time of booking.

Deposit: \$100 made payable to Coach Holidays & Tours to be posted to Diana by Friday 16 October 2021

NB: Balance made payable to Coach Holidays & Tours must be posted to Diana by Monday 21 March 2022

Cancellation Policy: Travel Insurance is recommended. If the Corona Virus Pandemic prevents travel a full refund will be available. Further details regarding cancellation by the traveller will be provided at time of booking.

BINALONG PARK TENNIS COURTS

Binalong Rd, Old Toongabbie

Exercise

PICKLEBALL (max 12)

Every Wed from 7 Jul 10:30 to 11:30

Pickleball is a paddleball sport that combines elements of badminton, table tennis, and tennis. Two or four players use solid paddles to hit a perforated polymer ball, over a net.

All equipment supplied and instruction given.

Leader: Pat McGovern 0421 117 475
mcgovernpl@gmail.com

Bookings: Carol Limbo 0421 618081
carohlinaalbina@gmail.com (preferred)

BLACKTOWN ALPHA PARK HALL

Alpha St Parking available

Tai Chi Qi Gong

TAI CHI/QI GONG

Every Thursday from 15 Jul 9:30 to 10:30

The low impact nature of Tai Chi / Qi Gong is suitable for people of all ages. An Oriental exercise, that has been shown to improve balance, co-ordination, posture and flexibility. It also helps reduce the risk of falls in older people.

Leader and **bookings:** Ellen Pilgrim 0407 450 291
stanp@optusnet.com.au

Games

FUN AND GAMES (max 20)

Fridays from 2 Jul 10:00 - 12:00

A light-hearted course to stretch your mind by playing scrabble, rummikub, canasta, and other games in a friendly atmosphere.

Leader and **bookings:** June Keith 9621 1215
junekeith@optusnet.com.au

BLACKTOWN CITY LIBRARY

Level 1 cnr Alpha St and Flushcombe Rd Blacktown
Wheelchair access

History Family

FAMILY TREE MYSTERIES (MAX 10)

Alternate Tuesdays from 6 Jul 10:00 to 12:00

This is a support group for those researching their family history. Members range from beginners to those with over thirty years' experience in genealogy. Join our friendly and helpful group whose members assist each other to solve their genealogy problems.

Leader and **bookings:** Roslyn McMullen 0416 926 032
rmrfm12@gmail.com(preferred)

NORTHMEAD BOWLING CLUB

166 Windsor Road, Parking available, wheelchair access

Discussion Groups

A LIVELY DISCUSSION GROUP (MAX 15)

Alternate Wednesdays from 7 Jul 1:30 to 3:30 Have your say. I may not agree with what you say but I will defend your right to say it.

Leader and **bookings:** Judy McShane 0419 406 912

PARRAMATTA SWINBURNE UNIVERSITY OF TECHNOLOGY

Level 2 1-3 Fitzwilliam St adjacent to Library and rail station,
Wheelchair access and lift available
(Enter through glass doors left of library entrance).
Check with leaders for sessions during the school holidays

History Australia

AUSTRALIA: ITS HISTORY, PEOPLE, EVENTS AND PLACES (MAX 32)

Every fourth Monday from 5 Jul 10:00 to 12:00

Some outside presenters and some topics for sessions are chosen and presented by the group's very enthusiastic members.

Leader and **bookings:** Alan Smith 0418 112 771
boxvalecoal@hotmail.com (preferred)

SINGLE SESSION TUESDAYS

Alternate Tuesdays from 6 Jul 10:00 to 12:00

Bookings: Ken Jones 0421 878437
kensies@netspace.net.au (preferred)

Australian History

1. Teddy Sheehan VC

6 Jul

The first VC awarded to a Royal Australia Navy crew member.

Presenter Ron Ray

Medical Matters

2. Australian Paralysis tick

20 Jul

The Australian Paralysis tick.

Presenter Ian Thompson

Travel

3. Antics at the Airport

3 Aug

Stories from the front desk at the International Airport.

Presenter Cheryl Cartwright

Presentations

History USA

4. American Civil War

17 and 31 Aug

Presenter Barry Nielson

5. TBA

14 Sep

History War

6. Jewish survival in Yugoslavia during WW2

28 Sep

At the time of WW2 Ana and Gaby were part of two Jewish families living in different parts of Yugoslavia occupied by different foreign armies. Both survived by sheer luck.

Presenter Ana and Gaby Deleon

History Australia

7. Cockatoo Island

12 Oct

Learn of the fascinating history of one of the Sydney Harbour Islands.

Presenter Marie Palmer

Science and Technology General

8. Australian Sceptics Scientific Investigations

26 Oct

The skeptics offer a large prize for real evidence of the paranormal or new science. We have investigated many dubious claims and activities, many challenging the laws of physics.

Presenter Ian Bryce

History Australia

9. On the Edge of Sundown

9 Nov

A history of Broken Hill

Presenter Garry Hughes

History Australia

10. National Trust

23 Nov

A history of Old Govt House and Experiment Farm.

Presenter Rosalind Mears

Genealogy Family History

GROWING YOUR FAMILY TREE (max 15)

Alternate Tuesdays from 6 Jul 1.00 to 3:00

Interested in your family history? Join a friendly, helpful group all engaged in digging up their ancestors. Leader and **bookings**: John Venables 8542 6241 john_venables@yahoo.com

Calligraphy

CALLIGRAPHY (max 18)

Alternate Thursdays from 8 Jul 1:00 to 3:00

Learn beautiful writing and discover your artist within. A continuing course. No experience or talent necessary but time and effort essential.

Leader: Georgie Tuck 9626 1334

georginatuck93@gmail.com

Bookings: Deborah Gracic deb.gracic@gmail.com (preferred) 9636 6512

Language

OUR WORDS

Alternate Mondays from 12 Jul 10:00 to 12:00

Interested in the origin of language? Words and sayings can be fun. Bring a word and we'll use it in an 'on-the-spot' writing task. Hone your writing skills with a friendly, like-minded group and let your talent emerge.

Leader and **bookings**: Ann Orel 9638 2547 annorel@hotmail.com

Storytelling

STORYTELLERS PARRAMATTA (max 14)

Alternate Tuesdays from 13 Jul 10:00 to 12:00

We are a group of storytellers who write our stories down – true, fictional, serious, topical, amusing, sometimes in verse. A topic is suggested as 'homework' (optional), to be read out at the following session. Free choice is always acceptable.

Leader and **bookings**: Helen Reardon 9631 7241 helsjr@bigpond.com

Music Opera

MAGIC MOMENTS IN OPERA (max 10)

Alternate Wednesdays from 14 Jul 1:00 to 3:00

Share and learn more of the meaning and magic of classical music and particularly opera. Hear the stories of some of the great operas and then listen to some of the music.

Leader and **bookings**: Peter Anderson oevres@tpg.com.au

Book Groups

THRILLERS AND MYSTERIES (max 8)

Every fourth Monday from 15 Jul 1.00 to 3:00

Join a monthly book-reading group for those who read for entertainment and love 'whodunits'.

We each take turns in selecting two authors for the following month.

Leader and **bookings**: Ann Todd ph 0428 857 790

Book Group

BOOK OF THE MONTH (max 20)

Every fourth Monday from 19 Jul 10:00 to 12:00

Discussion group. New members most welcome. Share the experience, expand your understanding and enjoy the process.

Leader and **bookings**: Isabel Halton 9872 4467

TOONGABBIE ST. ANTHONY'S CHURCH HALL

Aurelia St Parking available Wheelchair access

Games Canasta Mah Jong

MONDAY CANASTA AND MAH JONG (WESTERN STYLE) (max 25)

Every Monday from 6 Jul 1:00 to 3:30

Learn Canasta and Mah Jong (Western Style). Practise, refresh and polish up your skills for both these social games with a friendly group. Scrabble and Rummikub also offered.

Leader: Jon Hendrikse 0434 160 554

aernout.hendrikse80@gmail.com

Bookings: June Keith 0412 040 230

junekeith@optusnet.com.au

Exercise

GENTLE EXERCISE AND DEEP RELAXATION (max 23)

Every Tuesday from 5 July 1:00 to 3:00

This course aims to promote a depth of consciousness below the stressful surface. Discover the joy of deep relaxation and the health benefits of some very easy stretching. Please bring your own exercise mat and pillow.

Leader and **bookings**: Warwick Pitt: 9727 8415

warwickjpitt@hotmail.com

Dance

LINE DANCING (max 30)

Every Wednesday from 14 Jul 1:00 to 3:00

"Kick-up-your-heels" to Country and Modern music with many a laugh in a friendly relaxed easy Line Dance class. Enjoy keeping fit, improving your balance while using your memory skills.

Bookings: Carol Limbo 0421 618 081

carohlinaalbina@gmail.com

Dance

BALLROOM DANCING (max 30)

Every Thursday from 8 Jul 1:00 to 3:00

Have fun! Learn the basic steps of Latin American, Traditional Ballroom and New Vogue dancing.

No partners required.

Leader and **bookings**: Cecilia Padlan 0415 965 325

cbeauty023@gmail.com

PRIVATE HOMES

Cinema Movies

ANYONE FOR MURDER? (South Wentworthville) (max 9)

Alternate Wednesdays from 7 Jul 10:00 to 12:30

Participants offered a selection of DVDs and videos of murder mysteries featuring well-known fictional sleuths such as Morse, Barnaby, Miss Marple & Hercule Poirot. Episodes of 'Endeavour', 'Lewis' and 'Vera' will be included.

Leader and **bookings**: Bev Cockburn 0408 489 804

bevco4@bigpond.com (preferred)

Game Bridge

BRIDGE FOR ADVANCED PLAYERS
(North Parramatta) (max 8)

Alternate Wednesday from 7 Jul 10:00 to 12:00

Bridge for advanced players in a non-competitive atmosphere.

Leader and **bookings**: Liz Sobolewski 9630 7592

Desktop Flying

DESK-TOP FLYING FOR SENIORS
(Carlingford) (max 8)

Alternate Tuesdays from 13 Jul 1:30 to 3:30

Frustrated aviators can learn to fly/navigate/enjoy scenery, on a large screen, from some of 22,000 airports around the world using a stable of 180 aircraft (Wright Brothers to an A380). No flying experience necessary.

Leader and **bookings**: Keith Manwaring 9872 2907
snrpilot18@gmail.com

Discussion Group

LET'S TALK ABOUT IT
(South Wentworthville) (max 9)

Alternate Wednesdays from 14 Jul 10:00 to 12:00

Informal discussion about the activities and personalities of yesterday and today's prominent people, including royalty, outstanding contributors to the world scene and people in the news for whatever reason.

Leader and **bookings**: Bev Cockburn 0408 489 804
bevco4@bigpond.com (preferred)

History

EXPLORING THE PAST
(South Wentworthville) (max 9)

Alternate Thursdays from 15 Jul 10:00 to 12:00

Video clips and discussion about various famous people and events of historic importance from the past.

Leader and **bookings**: Bev Cockburn 0408 489 804
bevco4@bigpond.com (preferred)

Music Appreciation

MUSIC AND SONG (Carlingford) (max 8)

Fourth Wednesday of each month from 28 Jul 10:00 to 12:00

Learn theory and terminology of music, voice production and breathing methods. Bring along a short life story of your most admired composer and sing your favourite song.

Leader and **bookings**: Suzanne Su 9872 1230

ZOOM COURSES

Psychology

CONFLICT RESOLUTION (max 10) (zoom)

Mondays from 5 Jul 1:00 to 3:00

Most people believe there are only three solutions to conflict: compromise, win or lose. But there are better ways. During these 10 weeks you will discover handy tools that will enable you to view conflict as an opportunity. This course will also almost certainly help enhance your personal growth.

Leader: Dr Mimi Wellisch mimi.wellisch@bigpond.com

Bookings: sydneyu3a.org

Language Mandarin

MANDARIN (max 30) (zoom)

Every Monday from 12 Jul 10:00 to 12:00

This continuing course is intended for the Third Age people who want to learn Mandarin by means of learning Chinese characters and sentences using alphabetic transliteration. Your class level will determine alternate Monday session access.

Leader: Ying Mei Zhang

Bookings: Ying Mei Zhang 8872 7569 or Stanley Yan 0408 544925 stanyan100@hotmail.com (preferred)

Travel

TRAVEL AND HISTORY TOGETHER (zoom)

Every 4th Tuesday from 10 Aug except Dec 2:00 to 4:00

As we can't travel at the moment, discover some of the history of places that have been visited. Hear the travel stories and see the photos!

Leader: Con Bugden bugdenc@gmail.com

Bookings: sydneyu3a.org

1. Russia

10 Aug

Presenter Con Bugden

2. Central Australia

7 Sept

Presenter Linda Gibson-Langford

3. Germany and Austria

5 Oct

Presenter Judy Buhagiar

4. China

2 Nov

Presenter Jim Houghton

5. Cape York

30 Nov

Presenter Sue Bailey

6. Malta

14 Dec

Presenter Con Bugden

Language Mandarin

MANDARIN PIES (PRACTICE IN EVERYDAY SPEAKING CHINESE) (zoom)

Every Friday from 16 Jul 1:00 to 3:00

These sessions are for learners of Mandarin who want to practice and improve their listening and speaking skills. Activities range from basic everyday conversation to role plays and discussions facilitated by native Mandarin speakers.

Leader and **bookings**: Stanley Yan 0408 544 925
stanyan100@hotmail.com (preferred)

ZOOM SINGLE SESSION TUESDAYS (zoom)

Alternate Tuesdays from 27 Jul 10:00 to 12:00

Bookings: Helene Seddon hseddonglass@gmail.com

sydneyu3a.org.au

Climate

1. Summer Bushfires 2019/2020

27 Jul

Presenter Richard Whitaker

Science and Technology

2. Technological Discoveries of the CSIRO

10 Aug

A brief overview of CSIRO, including some of the organisations "Top Ten" achievements, an introduction to the science of superconductivity and the successful, award winning, application of superconductor based sensors for the discovery of mineral deposits.

Presenter Keith Leslie

History Australia

3. Memorial Walk North Head

24 Aug

Hear the stories behind some of the people commemorated by the tiles on this walkway at North Head. Presenter Marie Palmer

History USA

4. Alexander Hamilton

7 Sep

Hear about the subject of the current hit musical.

Presenter Barry Nielson

History World

5. The World of Latin America

21 Sep, 5 Oct, 19 Oct

Emerging from the ancient civilizations and following the Iberian colonisation, nations of Central and Southern Americas have assimilated millions of newcomers, leaving their own marks on modern world history.

Presenter Himanshu Jhala

History Asia

6. Japan and Korea

2 Nov & 16 Nov

The Far Eastern states of Japan and Korea represent ancient cultures, characteristic ways of life and a history of rivalries.

Presenter Himanshu Jhala

PEOPLE AND EVENTS THAT CHANGED THE WORLD (zoom)

Alternate Thursdays from 29 Jul

Bookings: Rex Broadbent 0433 000 556

rexp@optusnet.com.au (preferred)

Famous People

1. St Joan of Arc

29 Jul

Independence activist

Presenter Con Bugden

Famous People

2. Marie Curie/Elizabeth Blackburn

12 Aug

Curie discovered 2 new chemical elements; designed the first portable X-ray machine. Blackburn: Human Cell Senescence, at the genetic level, leading to disease and ageing.

Presenter Punchi Dassanayake

Famous People

3. Indira Gandhi

26 Aug

First and only female Prime Minister of India

Presenter Rex Broadbent

Famous People

4. Richard Feynman

9 Sep

Nobel prize winning physicist; and the throat singers of Tanna Tuva

Presenter Colin Helmstedt

Famous People

5. Angela Merkel

23 Sep

Chancellor of Germany

Presenter Rex Broadbent

Famous People

6. Maya Angelou

7 Oct

African American poet and writer, and civil rights activist

Presenter Linda Gibson-Langford

Famous People

7. Amelia Earhart

21 Oct

1930's aviator

Presenter Con Bugden

Famous People

8. Emmeline Pankhurst

4 Nov

UK suffragette movement

Presenter Rex Broadbent

Famous People

9. Harold Cazneaux

18 Nov

Australian pioneering photographer.

Presenter Con Bugden

Famous People

10. Jennifer Doudna, Ernest Rutherford

2 Dec

Doudna: US scientist. Rutherford: first to split the atom

Presenter TBA

Famous People

11. TBA

16 Dec

The Convict System in the Aust Colonies. From its origins, development and abandonment.

Presenter Geoff Davidson

EMAIL COURSES

Creative Writing

WRITING CREATIVELY

Learn the skills of transforming experiences into prose and poetry and share the results in a friendly supportive environment.

Leader and bookings: Glennis Henning 9872 5042
k.henning@optusnet.com.au

HARBOURSIDE NORTH

Regional President: Michael Suckling mwsing@tpg.com.au
Regional Course Coordinator: Rosemarie Einstein 0412 043 377
einstein@starmar.net.au **Enquiries only**

IMPORTANT INFORMATION: You must book to attend a course. Refer to "Booking a Course" on page 4.

CHAU CHAK WING MUSEUM TOUR AT THE UNIVERSITY OF SYDNEY

Organised by Harbourside North

will be held on: **Friday 13 Aug from 10:00 to 12:00**

address: **Chau Chak Wing Museum, University of Sydney**

Sydney's newest centre for the Arts and Culture: the museum brings together art, science, history and ancient cultures on the University of Sydney's main campus. An expert guide will take you through the exhibitions, from visual arts to natural history, Mediterranean antiquities to Indigenous culture, and scientific instruments to historic photography.

The cost of the tour is \$20, Seniors: \$15. Instructions for getting to the museum can be found at

<https://www.sydney.edu.au/museum/about-us/getting-here.html>

Bookings to Rosemarie Einstein (einstein@starmar.net.au 0412 043 377)

INDIGENOUS HERITAGE WALK AT THE UNIVERSITY OF SYDNEY

Organised by Harbourside North

will be held on: **Thursday 21 Oct from 10:30 to 12:00**

address: **Chau Chak Wing Museum, University of Sydney**

Led by Koori guide and Cultural Heritage Officer Uncle Jimmy Smith, this tour will explore the campus, its Indigenous history and stories of its historic relationship with community. Jimmy will touch upon the Sydney basin, the Freedom Rides, ritual and ceremony, bush medicines and the trees, astronomy and life in his inimitable style

The cost of the tour is \$15, Seniors: \$10. Meet at the entrance to the museum.

Instructions for getting to the museum can be found at <https://www.sydney.edu.au/museum/abouttous/gettingtohere.html>

The walking tour covers the campus of the University of Sydney so wear comfortable shoes and sunscreen.

Bookings to Rosemarie Einstein (einstein@starmar.net.au 0412 043 377)

CASTLE COVE: WATERMARK RETIREMENT VILLAGE

8b Deepwater Rd off Eastern Valley Way.

Street parking available.

Venue Coordinator Barbara Boston 9417 2967

nboston@bigpond.net.au

TUESDAYS AT CASTLE COVE

Every Tuesday from 6 Jul 10:30 to 12:30

Bookings: online at www.sydneyu3a.org or Barbara Boston 9417 2967 nboston@bigpond.net.au

History Australia

1. New South Wales Government architects

6, 13 Jul

i. James Barnet, the longest serving GA,

built 1350 civic buildings across NSW.

ii. The contributions of the other most important GAs, from Francis Greenway to George McRae.

Presenter Don Napper

Famous People

2. The Nobel Prize – its founder and his legacy

20, 27 Jul

The life and character of the man who established the prize and a look at the stories behind some of the winners.

Presenter Penny Bishop

History

3. Sydney's conservation pioneers

3, 10 Aug

Sydney's early conservationists included Annie Wyatt, Myles Dunphy, Charles Bean and Walter Burley Griffin. Who were they and why is their legacy more important than ever?

Presenter Janine Kitson

History

4. Lady Emma Hamilton

17 Aug

Born into poverty, the beautiful Emma Hamilton became the confidante of the Queen of Naples, Horatio Nelson's lover and the muse of a fashionable English painter

Presenter James Murray

Music Opera

5. The story of opera

24 Aug

Opera, a combination of vocal and orchestral music, drama, visual arts and dance, has been inspiring people for ages. We follow 400 years of opera.
Presenter Graham Ball

Music Opera

6. Verdi and Puccini

31 Aug

Discover the lives and music of these giants of opera at a time when opera composers began to produce music that expressed their deepest feelings.
Presenter Graham Ball

History USA

7. Alexander Hamilton

7 Sep

One of the founding fathers of the USA Alexander Hamilton is the subject of the musical *Hamilton*. Come and learn more about him.
Presenter James Murray

History

8. A brief history of gold

14 Sep

Where does gold come from, how much is there and where do you find it? What is so special about gold? And what use is it anyway?
Presenter Dr Garry Lowder

Science and Technology General

9. Our dynamic Earth

21, 28 Sep

i. On A Solid Foundation - rocks, landscape and Australian geology.
ii. The Restless Planet - plate tectonics, earthquakes, volcanoes and climate.
Presenter Dr Garry Lowder

Marine Science Nature

10. Mysteries of the deep

5 Oct

Humans have explored the landmass of the earth extensively, but the sea still remains a mystery to a great extent. Let us unravel some of the unknowns.
Presenter Punchi Dassanayake

History Britain

11. 1066: The year that changed everything

12, 26 Oct

1066 changed the history of Britain from a Scandinavian orientation to mainland Europe. Jennifer Paxton's DVD talks will enlighten us.
Presenter Barbara Boston

Science and Technology

12. Hello, is anybody out there?

19 Oct

Is there intelligent life on planets outside our solar system? This is a question for our age and the future.
Presenter Punchi Dassanayake

History Ancient

13. The world of Aegean Greece – from Minos to Agamemnon

2, 9, 16, 23 Nov

The rise and fall of both the brilliant Minoan civilisation, with its opulent palaces and wonderfully naturalistic art, and the powerful Mycenaean kingdoms renowned for their imposing walled citadels and monumental tombs.
Presenter John Tidmarsh

CHATSWOOD DOUGHERTY COMMUNITY CENTRE

7 Victor St. Parking available. Wheelchair access
Venue Coordinators Janet Douglas janet_away@yahoo.com (preferred) 0423 947 411; Ursula Schappi ursulasch@bigpond.com (preferred) 0407 995 578

Music Recorder

RECORDER GROUP

Alt Wednesdays from 30 Jun 10:30 to 12:30 (12 sessions)

Have fun playing descant, treble and tenor recorders. This group uses Book 2 of the set tutor (Learn to play the Recorder by Brian Bonsor) and plays 3-part music.
Leader: Katie Lucy-Smith 8416 3266
Bookings: Katie Lucy-Smith 8416 3266

Music

ADVANCED RECORDER

Alternate Mondays from 5 Jul 10:30 to 12:30 (10 sessions)

Treble, tenor, bass and descant players welcome. Basic sight to reading is essential. The emphasis is on playing musically.
Leader and **bookings:** Katie Lucyto Smith 8416 3266

TUESDAYS AT CHATSWOOD

Tuesdays from 20 Jul 10:30 to 12:30

Writing

~~**1. 'It was a dark and stormy night'**~~

CANCELLED

~~20 Jul
Learn how to extract the ultimate thrills in your favoured genre. An introduction to mystery story writing that may be presented as a writing course next semester.
Presenter Tina Faulk~~

~~**Bookings:** Ursula Schappi 9955 7628
ursulasch@bigpond.com (preferred)~~

Movies

2. The golden years of Hollywood

27 Jul

A nostalgic journey through the movie industry, the different genres, the movies that started the Golden Age; the glamour, glitz and legendary stars.
Presenter Nitza Lowenstein
Bookings: Kathy Vern-Barnet 0414 694 925
kvernb@internode.on.net (preferred)

History Ancient

3. Egypt – pyramid building of the Old Kingdom (circa 2686 - 2182 BCE)

3, 10 Aug

Ancient Egyptian art portrayed a view of the world to serve the wider purpose of maintaining order that was bound with religion.
Presenter Robijan Alexandra
Bookings: Annemarie Moore 0421 716 232
mooreannemarie1948@gmail.com (preferred)

Science and Technology General

4. The engineering marvels of boats

17 Aug

Gretel built by Lars Halvorsen Sons, the brilliant engineering required to salvage the Costa Concordia off the coast of Italy and other maritime stories.
Presenter Noel Phelan
Bookings: Ursula Schappi 9955 7628
ursulasch@bigpond.com (preferred)

History

5. Women and romance in the life of Lachlan Macquarie

24 Aug

An exploration of relationships and marriage in the life of Lachlan Macquarie in North America, India, Britain and Australia in the period 1780-1824.

Presenter Robin Walsh

Bookings: Ronda Broadbridge 9417 1943
rbroadbr@tpg.com.au (preferred)

History Middle East

6. A modern history of Iran

31 Aug, 14, 28 Sep, 12 Oct

These lectures continue the story of Iran, bringing us into the 20th Century, with the discovery of oil, a brief democracy, followed by the dictatorship of the Pahlavi dynasty and the Islamic Revolution.

Presenter Ian de Mellow

Bookings: Kathy Vern-Barnet 0414 694 925
kvernbn@internode.on.net (preferred)

Music Appreciation

7. Music at the royal courts of Europe

7, 21 Sep, 5, 19 Oct

An imaginary journey through four of the wealthiest and most powerful 17th and 18th Centuries royal courts which had the desire and resources to attract the best thinkers and musicians, creating centres of excellence which were the envy of the world.

i. Louis XIV of France at Versailles

ii. Augustus the Strong at Dresden

iii. Frederick the Great at Potsdam

iv. Joseph II at Vienna.

Presenter John Yates

Bookings: Janet Douglas 9419 5603
janet_away@yahoo.com (preferred)

Dance

8. Dance: a topic not to be talked about

26 Oct

Dance is simply movement to music and comes in many different forms. Take a waltz into the wonderful world of dance and discover how we can dance again

Presenter Ros Tinker

Bookings: Ronda Broadbridge 9417 1943
rbroadbr@tpg.com.au (preferred)

Current Affairs

9. North Korea

2 Nov

We shall consider the various options for North Korea's future in the world, given all the problems, both natural and imposed, with which it has to deal.

Presenter John Yates

Bookings: Barbara Ellis 9416 3071
bellis58@bigpond.com (preferred)

Science and Technology General

10. Nuclear energy – Australia's proud history

16 Nov

The ups and downs of Australia's Atomic Energy Commission, development of uranium enrichment projects and Australia's contribution to nuclear medicine.

Presenter Martin Thomas

Bookings: Janet Douglas 9419 5603
janet_away@yahoo.com (preferred)

Discussion Groups

DISCUSSION GROUP 2

Alternate Thursdays from 22 Jul 10:30 to 12:30
(11 sessions)

We are a small and friendly group who discuss both local and overseas events. We value all opinions and do not take ourselves too seriously.

Leader and **bookings:** John Yates

johnyates80@hotmail.com (preferred) or 0437 394 225

Discussion Groups

DISCUSSION GROUP 1

Alternate Thursdays from 29 Jul 10:00 to 12:00
(12 sessions)

Would you like to hear some interesting opinions?

Do you want to air some of your own? This is a varied group who consider some of the issues of life and living that contribute to our modern existence.

Leader and **bookings:** Margaret Thomason 9488 8960
margaret.thomason@bigpond.com

Languages German

GERMAN FOR POST BEGINNERS

Every Thursday from 5 Aug 1:00 to 3:00
(12 sessions)

Simple conversation with some grammar practice for learners who have studied elementary German.

Leader and **bookings:** Bettina Boss

b.boss@unsw.edu.au (preferred) or 0466 979 460

Language Spanish

INTRODUCTORY SPANISH

Every Tuesday from 21 Sep 1:30 to 3:30
(8 sessions)

Planning to travel to a Spanish speaking country? Near beginner? Then join Marta, a Spanish speaker from South America, to have fun learning Spanish.

Leader: Marta Moreno 0431 005 830

bettymenalabarca@hotmail.com

Bookings: Marta Moreno 0431 005 830

bettymenalabarca@hotmail.com (preferred)

FRIDAYS AT CHATSWOOD

Fridays from 13 Aug 10:30 to 12.30

History

1. Pioneering aviation in the Pacific Islands

30 Jul

Personal, unique stories of the people who pioneered aviation in the islands, from Kingsford Smith's landing in Fiji to pioneering flyers throughout the Pacific Islands.

Presenter Andrew Drysdale

Bookings: Janet Douglas 9419 5603

janet_away@yahoo.com (preferred)

History Family

2. Born in the USSR

DELETED

27 Aug

~~How did families live in and survive the scarcity? What did they eat, wear and do? How did children spend their days?~~

~~Presenter Triin Pehk~~

~~**Bookings:** Barbara Ellis 9416 3071~~

~~bellis58@bigpond.com (preferred)~~

Science and Technology History

3. Sir Hubert Wilkins, a 20th C Australian of many talents

15, 22, 27 Oct

Photographer and soldier in WW1, he joined the Shackleton expedition to the Antarctic in 1922 and later proved that submarines were able to operate beneath the polar ice cap. Presenter Christopher Beazley

Bookings: Ursula Schappi 9955 7628
ursulasch@bigpond.com (preferred)

Genealogy Family History

Including Memoirs Science and Technology

4. Pine Gap – the inside story

12 Nov

Trained in Electronic Intelligence with extensive experience with satellite surveillance, David managed the Joint Defence Facility team in Pine Gap, Alice Springs.

Presenter David Rosenberg

Bookings: Joy Martin 0421 158 663
joymartin@optusnet.com.au (preferred)

GREENWICH THE BAYTREE RETIREMENT RESORT

6 Ulonga Ave (off Innes Rd). Wheelchair access.

Venue Coordinator Andrew Caro 9433 8056

kxcaro@gmail.com

Cinema

CINEMA

Alternate Fridays from 9 Jul 10:00 to 12:00

Join us for interesting pre-film discussions about the planning and shooting of major films; learn the history of some of our great actors and actresses and enjoy the film.

Leader: Hugh Watson

Bookings: Margaret Vermeesch 9433 8048
mvermeesch7@gmail.com

TUESDAYS AT GREENWICH

Every Tuesday from 13 Jul 10:00 to 12:00

Famous people

1. The making of the man - Lachlan Macquarie before Australia 1761-1809

13 Jul

An examination of the people, places and events that shaped the life of Lachlan Macquarie in N America, India, China, Egypt, Persia, Russia and Britain.

Presenter Robin Walsh

Bookings: Kate Caro 9433 8056
kxcaro@gmail.com

History Art Ancient

2. Troy - history, mystery and myth

20 Jul

From about 1600 - 1100 BCE, the story emerged and was remembered, embellished and visualised. Circa 800 BCE, Homer wrote The Iliad and The Odyssey. This story is told through Art.

Presenter Robijn Alexandra

Bookings: Kate Caro 9433 8056
kxcaro@gmail.com

History Art Ancient

3. Aphrodite/Venus, From star to cover of the New Yorker

27 Jul

Aphrodite/Venus has survived in art unchanged from her classical appearance. She is seen constantly in modern culture and continues to surprise and delight us.

This story is told through Art.

Presenter Robijn Alexandra

Bookings: Kate Caro 9433 8056 kxcaro@gmail.com

Science and Technology

4. Waves, music of the spheres NOW ON ZOOM 3 Aug

The wave is a unifying concept in physics seen as water waves, light waves, quantum matter waves and most recently gravitational waves.

Presenter Dr Laurie Wilson

Bookings: Andrew Caro 9433 8056
kxcaro@gmail.com

History Australia

5. NSW Colonial Architecture - first 100 years

10 Aug

The work of the three most important architects - Francis Greenway, James Barnet and Walter Liberty Vernon, with brief consideration of Edmund Blackett and George McRae

Presenter Don Napper

Bookings: Andrew Caro 9433 8056
kxcaro@gmail.com

History Family

6. Born in the USSR NOW ON ZOOM

17 Aug

My Soviet childhood in 1980's Estonia. An ethnographic look at everyday life in the Soviet Union.

Presenter Triin Pehk

Bookings: Andrew Caro 9433 8056
kxcaro@gmail.com

Literature

7. What constitutes great literature?

24, 31 Aug

i. We will try to identify the magic ingredient(s) that separate great from merely good literature.

ii. A look at the 'great' works identified in the first session.

Presenter Andrew Caro

Bookings: Kate Caro 9433 8056 kxcaro@gmail.com

Famous people

8. Willie Fennell

7 Sep

The golden years of radio, including the life and career of Willie Fennell who wrote and starred in Australia's first radio sitcom, "Life with Dexter"

Presenter Susan Fennell

Bookings: Dianna Brookes 9433 8031
dianna.brookes@gmail.com

Music Movies

9. Mozart at the movies

14 Sep

Mozart's compositions provide soundtracks to many films and movie scenes, presented with episodes from Mozart's life when he wrote those works.

Presenter Nora Hinchin

Bookings: Dianna Brookes 9433 8031
dianna.brookes@gmail.com

Literature

10. Samuel Johnson

21 Sep

Samuel Johnson's place in English literature and the establishment of English dictionaries.

Presenter John Flint

Bookings: Dianna Brookes
dianna.brookes@gmail.com 9433 8031

Music

11. Johan Adolf Hasse – an overlooked musical genius

28 Sep

Hasse (1699 – 1783), a German singer and composer, became probably the most famous composer of operas, cantatas and masses in Germany. His neglect is a real mystery.

Presenter John Carmody

Bookings: Margaret Vermeesch
mvermeesch7@gmail.com 9433 8048

Music

12. Giuseppe Antonio Brescianello - great but relatively unknown'

5 Oct

Presenter John Carmody

Bookings: Margaret Vermeesch
mvermeesch7@gmail.com 9433 8048

Dance

13. Dance - a topic not to be talked about

12 Oct

Dance is simply movement to music and comes in many different forms. Take a waltz into the wonderful world of dance and discover how we can dance again.

Presenter Ros Tinker

Bookings: Marianne Thiering
mariannethiering@gmail.com 9433 8059

History

14. Napoleon

19 Oct

The meteoric rises and falls in Napoleon's military and political career, with some emphasis on the latter years and their connection with and importance to Australia.

Presenter Geoff Davidson

Bookings: Marianne Thiering
mariannethiering@gmail.com 9433 8059

History

15. The convict system

26 Oct

The origins, development and ending of the transportation of thousands of prisoners to our Colonies, with emphasis on their treatment and conditions.

Presenter Geoff Davidson

Bookings: Marianne Thiering
mariannethiering@gmail.com 9433 8059

Famous people

16. Winston Churchill

9 Nov

One of the few who are called 'man of the century' – aristocrat, soldier, politician, author and Nobel Prize winner. A DVD presentation.

Presenter Geoff Davidson

Bookings: Marianne Thiering
mariannethiering@gmail.com 9433 8059

History

17. The history of Ireland

16, 23, 30 Nov

The sad and tumultuous story of Ireland, from primitive times to the modern era and Brexit.

Presenter Kate Caro

Bookings: Andrew Caro 9433 8056 kxcaro@gmail.com

HUNTERS HILL C A FAIRLAND HALL

14 Church St. Parking available.

Venue Coordinator Judy Harris 0447 194 510

JudyHarris2@bigpond.com

MONDAYS AT HUNTERS HILL

Every Monday from 5 Jul 10:30 to 12:30

Bookings: online at www.sydneyu3a.org or with Venue Coordinator Judy Harris, unless indicated below.

Music Appreciation

1. Music that helped win the wars

5 Jul

War-time music has played an important role in military and civilian life since the dawn of history

Presenter Graham Ball

Literature Australia

2. May Gibbs - her life and works

12, 19 Jul

May Gibbs best known work, *Snugglepot and Cuddlepie* was only one product of her extensive life. She excelled in a diverse range of fields from childhood until her death in Sydney.

Presenter Stewart Reed

History Australia

3. Historic houses of Sydney

26 Jul

Over approximately 240 years the different styles of houses (and usually gardens) of Sydney reflected the developing style of a changing city.

Presenter Stewart Reed

History

4. Three industrial revolutions

2 Aug

i. the engineering revolution ushering in the machine age

ii. the scientific era leading to electricity, the germ theory, synthetic fertilizers

iii. the digital age which we live in today.

Presenter Emeritus Prof Don Napper

Medical Matters

5. Frontiers of medical imaging

9 Aug

Medical practitioners now have a variety of non-invasive ways of imaging the human body, including x-rays, CT scans, MRI, nuclear medicine and PET scans.

Presenter Dr Laurie Wilson

Music Appreciation

6. Johann Adolph Hasse

16 Aug

Johann was a renowned 18th century German composer, singer and teacher of music

Presenter John Carmody

Language

7. The world of words

23 Aug

Grammar, usage, pronunciation, etymology, our prejudices, preferences, antipathies, ignorance. Take part in a provocative discussion about what is "correct" and "incorrect".

Presenter John Flint OAM

Music Appreciation

8. Mozart at the movies

30 Aug

Mozart's compositions provided soundtracks to many films. Movie scenes with episodes from Mozart's life when he wrote those works.

Presenter Nora Hinchin

Current Affairs

9. Public Interest Advocacy Centre Ltd

6 Sep

PIAC is an independent non-profit law & policy organisation dedicated to obtaining social justice for disadvantaged individuals and at the broader systemic level.

Presenter Jonathon Hunyor

Maritime

10. Women sailors

13 Sep

Our speaker from the Maritime Museum tells the stories of many women sailors young and old, from Australia and other countries.

Presenter Noel Phelan

Marine science

11. Mysteries of the deep sea

20 Sep

Humans have explored the land mass of the Earth extensively, but the sea still remains a mystery to a great extent. Let us unravel some unknowns.

Presenter Punchi Dassanayake

Current Affairs

12. Small European countries

27 Sep, 4 Oct

Putting the microscope on Europe's micro-nations: Andorra, Liechtenstein, Monaco, San Marino, The Vatican – and some other oddities – relics of Europe's complex history that still survive.

Presenter Graham Spindler

Current Affairs

13. Feeding the world

11 Oct

There will be more food eaten in the next 50 years than in the entire history of humanity.

Presenter Chris Russell AM

Current Affairs

14. The Arab world - the Arab spring and its aftermath

18 Oct

The Arabs founded Islam, a rich culture and preserved old world knowledge. In 2011 their world experienced widespread turmoil.

Presenter Himanshu Jhala

Travel

15. The easy Camino

25 Oct

A brief history and overview of Spain's challenging pilgrimage route, the Camino de Santiago – and my easy experience on it.

Presenter Graham Spindler

Music Appreciation

16. A tribute to Gilbert & Sullivan

1 Nov

Gilbert & Sullivan presented thirteen comic operas that contributed to the creation of modern music which was developed in late Victorian England.

Presenter Graham Ball

History

17. Fiji – an insider's perspective

8, 15 Nov

Fiji in the 1800's: tribal warfare, cannibalism, Cession, early Colonial era, arrival of the Indians, Independence, political adolescence, the coups and rebuilding – as experienced by a local Fiji European.

Presenter Andrew Drysdale

Art Appreciation

18. Public art sculpture in Sydney and suburbs

22 Nov

Outdoor and public sculptures can stand out, be almost invisible, loved or criticised. All tell us something about where we live, shop, sightsee, commemorate wars and attend religious services.

Presenter Ann Sutherland

Music Appreciation

19. Wolfgang Amadeus Mozart

29 Nov

He is one of the much loved composers in history who, in his 36 years, produced more than 600 pieces of music.

Presenter Graham Ball

Music

20. A history of jazz - Christmas carols and party

6 Dec

Come and enjoy some jazz, with some Christmas cheer, at our last meeting for the year.

Presenter Graham Ball

Art Drawing

DRAWING FOR BEGINNERS (max 15)

Every Friday from 23 Jul 10:30 to 12:30 (6 sessions)

Learn to draw and develop a unique drawing style by studying the elements and principles of design. Learn the basic skills of recording while examining various drawing techniques.

Leader and **bookings**: Kate McClelland
mclellands@ozemail.com.au 0413 388 959

LANE COVE GOLF CLUB

180 River Road, Northwood

Venue Coordinator Robert Lynn 9433 8066

Discussion Group

DISCUSSION GROUP

Alternate Thursdays from 8 Jul 10:00 to 12:00

Join this happy group to air your views and discuss a variety of interesting topics selected by group members.

Leader: Beatrice Blanks 8068 9393

Bookings: Val Kaley 9427 0786

LANE COVE LIVING AND LEARNING CENTRE

180 Longueville Rd
Venue Coordinator Robert Lynn 9433 8066

KEY INFLUENCERS IN THE DEVELOPMENT OF OUR SOCIETY

Alternate Thursdays from 8 Jul 1:30 to 3:30

Bookings: Ann Drysdale 9427 8435

Current Affairs

1. The 1960s - historical fault line?

8 Jul

Presenter Frank Wilson

Current Affairs

2. Secularism - what is it really?

22 Jul

Presenter Frank Wilson

Current Affairs

3. Mercantilism - is it all for gold?

5 Aug

Presenter Frank Wilson

Current Affairs

4. Capitalism - the source of our prosperity?

19 Aug

Presenter Frank Wilson

Current Affairs

5. Darwinism

2 Sep

Presenter Frank Wilson

Current Affairs

6. Militarism - is it always with us?

16 Sep

Presenter Frank Wilson

Current Affairs

7. Keynesianism. - economic saviour?

30 Sep

Presenter Frank Wilson

Current Affairs

8. Consumerism - what keeps us in employ?

14 Oct

Presenter Frank Wilson

Current Affairs

9. Feminism - are we nearly there?

28 Oct

Presenter Frank Wilson

Current Affairs

10. Criminology & Penology - the darker side of Society

11 Nov

Presenter Frank Wilson

Current Affairs

11. The State - an important and elusive concept

25 Nov

Presenter Frank Wilson

Book Group

BOOK GROUP

Every fourth Monday from 26 Jul 10:30 to 12:30

Discussion group centred on literary fiction. The book for discussion will be "*The Dictionary of Lost Words*" by Pip Williams.

Leader: Janice Gentle 9439 3801

Bookings: Janice Gentle 9439 3801

MCMAHONS POINT COMMUNITY CENTRE

165 Blues Point Rd. Venue Coordinator Lesley Duffill
0408 097 482 leslie.duffill@gmail.com

Book groups

BOOK GROUP

Alternate Fridays from 2 Jul 10:00 to 12:00

(10 sessions)

This group chooses 10 novels per semester to read (both classics and modern), and enjoys a lively discussion on those books.

Leader and **bookings:** Toni McLennan 9412 1585

Poetry Writing

WRITING POETRY (max 12)

Alternate Tuesdays from 7 Jul 10:00 to 12:00

(10 sessions)

This group explores the magic of poetry in its various forms through reading, appreciating and writing. We give and receive friendly, positive feedback.

New members welcome.

Leader and **bookings:** Geoff Lucas 9416 7717

THE MANORS OF MOSMAN RETIREMENT VILLAGE

6 Hale Rd (off Military Rd).

Venue Coordinator Lesley Duffill 0408 097 4821
eslieduffill@gmail.com

Discussion Groups

LITERARY DISCUSSION GROUP

Alternate Tuesdays from 13 Jul 10:00 to 12:00

This friendly group meets once a fortnight to discuss a variety of demanding literature including poetry, drama and nonfiction. New members welcomed.

Leader: Mary Billing

Bookings: Elisabeth Kingsford Smith 9953 6993

Discussion Groups

TOPICAL ISSUES DISCUSSION GROUP

Alternate Wednesdays from 14 Jul 10:00 to 12:00

At every meeting we discuss two topics chosen by the group at the previous meeting. We cover local and international topics in the news, hear short introductions by volunteers, and keep our mental engines running in a friendly and diverse group.

Leader and **bookings:** Margaret Kropman
0434 839 172

MOSMAN ART GALLERY

Cnr Myahgah Rd and Art Gallery Way. Parking available. Wheelchair access. Venue Coordinator Eve Klein 9969 7994 cyeve@tpg.com.au (enquiries only)

MONDAYS AT THE ART GALLERY

Every Monday from 5 Jul 10:30 to 12:30

Bookings Trish Dawson trish.dawson@hotmail.com

Current Affairs

1. Strangling Aunty: Perilous Times for the Australian Broadcasting Corporation

5 Jul

Virginia's newly published book explains how the ABC has lost its iconic status in society and has strayed from its respected public charter.

Presenter Virginia Small

Family History

2. Ursula's story; from Berlin to Bayview

12 Jul

NOW ON ZOOM

Writing my mother's remarkable life, working at the Berlin Olympics, fleeing the Nazis and proposing to the first Englishman she meets.

Presenter Vivien Wilson

History Australia

3. Twelve photographs that made Australia

19 Jul

These photographs, from the 1840s to the early 2000s, show how our country, its people, and the way we view the world have changed.

Presenter Laurie Wilson

Science

4. ET where are you?

26 Jul

NOW ON ZOOM

The search for life outside the Earth. Are we alone in the Universe?

Presenter Dr Laurie Wilson

Science

5. Time travel

2 Aug

NOW ON ZOOM

Travelling in time is a favourite theme of speculative fiction, but despite some paradoxes, it is not entirely ruled out by some theories in physics.

Presenter Dr Laurie Wilson

History Australia

6. Mary Reibey and early Sydney

9 Aug

Mary Reibey, transported to Sydney with the 4th Fleet, was eventually able to compete as an ex-convict and a successful business woman, with the tough business men and their snobbish wives.

Presenter John Walsh

Agriculture

7. Landcare in Australia

16, 23 Aug

NOW ON ZOOM

i. The story of the journey my family has taken from high input agriculture to a more earth-friendly way of producing food and fibre that leads to a true profit.

ii. The story of Landcare in the Boorowa River Catchment, a long running community group.

Presenter David Marsh

History Australia

8. In an evil hour: Lachlan Macquarie & the year 1816

30 Aug

A detailed examination of the people and events of 1816 in colonial New South Wales.

Presenter Robin Walsh

Science

9. Forces that have shaped our world and their impact on life and civilisation

6, 13, 20, 27 Sep

i. Life, the Universe and everything - from the Big Bang to Planet Earth.

ii. The bountiful planet - what are everyday things made of?

iii. On a solid foundation - landscape, climate and our geological history

iv. The restless planet - plate tectonics, volcanoes, earthquakes and climate.

Presenter Dr Garry Lowder

Psychology

10. Psychology: some key concepts

11 Oct

Who is the real father of psychology? What is the difference between psychology and psychiatry? Details of IQ tests, personality tests, psychosis, neurosis, psychotherapy will be discussed.

Presenter Dr Reinhardt Ronnebeck

Famous People

11. Five Irish actors

18 Oct

Highlights of the lives and loves of Irish actors across the centuries - Maureen O'Hara, Pierce Brosnan, Liam Neeson, Colin Farrell and Saoirse Ronan.

Presenter Anne Richardson

History USA

12. Abraham Lincoln

25 Oct

Of all the great statesmen of the 19th century, few equal and none surpass this man in wisdom, humour, character and achievement.

Presenter Rosemary McCulloch

History

13. The defeat of the Spanish Armada

1 Nov

Queen Elizabeth's decisive defeat of the Invincible Armada made England a world-class power and introduced effective long-range weapons into naval warfare for the first time.

Presenter Rosemary McCulloch

Music Appreciation

14. A history of opera

8 Nov

A combination of vocal and orchestral music, drama, visual arts and dance, has inspired people for ages. Its development, beginning in Italy during the Renaissance period until the present day.

Presenter Graham Ball

Music Appreciation

15. You must remember this

15, 22 Nov

Songs between World War I and World War II

Presenter Nora Hinchin

History Ancient

16. The Etruscans

29 Nov

The history of the Etruscans, their rich culture and influence on the Romans.

Presenter John Flint

MOSMAN ART GALLERY, THE MELODY ROOM

Cnr Myahgah Rd and Art Gallery Way
Parking available. Wheelchair access
Venue Coordinator Annika Tufts 0404 254 009
annikatults@gmail.com

Art Painting Drawing

ART: PAINTING AND SKETCHING (max 12)

Alternate Tuesdays from 6 Jul 1:30 to 3:30

Learn how to successfully manipulate colours, lines and shape in a friendly group. Painting with acrylics, sketching with charcoal or pencil. A small amount of theory will help develop skills to create both classical and abstract art.

Leader and **bookings**: Kulliki Poole 9451 3011 or 0414 451 636

Writing

DEVELOPING YOUR MEMOIR

Every Wednesday from 14 Jul 12:30 to 2:30
(7 sessions)

Everyone has a unique life. We will use practical exercises to build a story, step by step, for future generations.

Beginners welcome. The first session will be a revision of last semester's course, for new members.

Leader and **bookings**: Jenny Rudd O'Neill
jennyruddoneill@optusnet.com.au (preferred) 9908 3925

THURSDAYS AT THE MELODY ROOM

Every Thursday from 15 Jul 1:00 to 3:00

Bookings: Annika Tufts 0404 254 009
annikatults@gmail.com

Science and Technology

1. The Nobel Disease: why do top scientists sometimes go loopy? NOW ON ZOOM

15 Jul

Nobel prizes are the highest recognition a scientist can earn, and yet many laureates later turn to "screwball" science.

Presenter Ian Bryce

Philosophy

2. Humanism – an enlightened life stance NOW ON ZOOM

What do the growing non-religious believe? Humanism holds that the best knowledge is obtained through science, and the best morality by human welfare

Presenter Ian Bryce

Current Affairs

3. Danger was my business NOW ON ZOOM

29 Jul
Critical incidents attended by Gary include the Christmas Day fire in Kings Cross, Granville train disaster and the Christchurch earthquake in New Zealand.

Presenter Gary Raymond

History General

4. Islamic Golden Age

5 Aug

A survey covering a wide spectrum of achievements of the Islamic Golden Age and their role in bridging the Ancient and Mediaeval worlds.

Presenter Tony McCurdy

History Family

5. Born in the USSR

DELETED

12 Aug

~~My Soviet childhood in 1980's Estonia. An ethnographic look at everyday life in the Soviet Union.~~

~~Presenter Triin Pehk~~

Drama

6. Who wrote the first sitcom?

19 Aug

Are we still laughing at the same jokes as the ancient Greeks and Romans? And where did theatre begin in Britain?

Presenter Diana Pheils

Drama Theatre

7. The Great Age of Elizabeth

26 Aug

A new theatre is born with University wits as playwrights. A stage is set for a genius.

Presenter Diana Pheils

Drama Theatre

8. Shakespeare

2 Sep

His life and times and his genius

Presenter Diana Pheils

Drama Theatre

9. From raw to the romantic

9 Sep

The impenetrable darkness of Jacobean theatre. Beautiful sets and sparkling wit end an era of great drama.

Presenter Diana Pheils

Science Nutrition

10. Food myths

16 Sep

Many popular food notions in the media and on social media about 'healthy' food and food safety are all just myths.

Presenter Gary Kennedy

History

11. Ashoka, history's greatest emperor

23 Sep

Ashoka ruled India's greatest empire. Starting with brutality and war, he then found Buddhism and redemption. Why

was he so exceptional and what has been his legacy?

Presenter Terry Redmond

Movies

12. The golden years of Hollywood

30 Sep

A nostalgic journey through the movie industry: the different genres, the movies that started the Golden Age; the glamour, glitz and legendary stars.

Presenter Nitza Lowenstein

Music

13. Music, leisure and pleasure in 18th Century London

7 Oct

The Industrial Revolution transformed 18th century London with the new enriched middle class having time and money for leisure pursuits. How did they spend their free time?

Presenter Nora Hinch

Current Affairs History

14. The rivalry between East and West

14, 21, 28 Oct, 4 Nov

Is the dominance of the West over the East coming to an end? We explore briefly the long history of the cultural, economic, political, social and military development of the world's two core regimes and why global tensions are growing.

Presenter Peter Nixon

History Ancient

15. Inca Empire: The rise and fall of South America's most powerful ancient empire

11 Nov

Discover their history, culture, mythology and demise. With an introduction to Machu Picchu, the 15th Century icon of Inca Civilisation.

Presenter Nitza Lowenstein

Music

16. Cuba: A musical journey

18 Nov

Cuba is a 50's time capsule floating on a sea of music. Enjoy some sights and sounds from Graham's 2017 visit.

Presenter Graham Spindler

Travel

17. South Africa, Swaziland and Kruger National Park

25 Nov

An illustrated talk of a tour through South Africa followed by a brief history from 1488 to the present.

Presenter Bobbie Kersten and Pam van Zyl

Publishing

PUBLISHING YOUR BOOK: WORKSHOP

Wednesdays 1 and 8 Sep 1:30 to 3:30

Family or local history, memoir or biography, novel or cookbook, are you ready to publish?

Week 1: formatting your manuscript, layout, book size, photos, charts, maps and editing.

Week 2: cover design, registering your book, preparing specifications, quotes, quantities, marketing.

Leader and **bookings**: Margaret Szalay
margaret@cremorne1.com

MOSMAN SQUARE SENIORS CENTRE

Next to Mosman Council Chambers off Military Rd Spit Junction. Parking available. Wheelchair access
Venue Coordinator Chris Serrano Michael Suckling
christine.serrano165@gmail.com mwsing@tpg.com.au

WEDNESDAYS AT MOSMAN SQUARE

Each Wednesday from 14 Jul 10:00 to 12:00

Bookings: online at www.sydneyu3a.org

ONLY if you do not have internet access, book with Rose White
rose4hsn.u3a@gmail.com (preferred) or at 9999 2218 if you do not have computer access at all

Current Affairs

1. Urgent issues in the supply of electricity

14 Jul NOW ON ZOOM

Renewables are destabilizing and reducing the price of wholesale power. The viability of our big coal-fired power generators is in doubt. How do we transition to a new energy future?

Presenter Robert Eales

Music Appreciation

2. Handel, the entrepreneur NOW ON ZOOM

21, 28 Jul, 4 Aug

Complementing John Flint's course on Bach in Semester 1, this course focuses on the life, personality, business acumen, and musical works of Handel.

Though a contemporary of Bach, the two men were different in most respects. They have been paradoxically described as 'equals only when they are incomparable'.

Presenter Nora Hinchey

Philosophy

3. History of human wisdom NOW ON ZOOM

11, 18, 25 Aug, 1 Sep

We explore how thinkers over the ages have tried to answer the big questions about creation, humanity, truth, morality and religion.

Presenter Peter Nixon

Music Appreciation

4. A journey through the music of France and Spain

8, 15, 22, 29 Sep

French classical music styles often have an identifiable national character and the music of Spain has played an important part in the development of Western music.

Come and enjoy examples from both countries.

Presenter Rosemary McCulloch

History Britain

5. Courage, tragedy and the struggle for the rule of law

6, 13, 20 Oct

The struggle for supremacy between the Stuart Kings and Parliament in 17th century England, a struggle was accompanied by courageous deeds and tragic events.

Presenter Malcolm Robertson

Medical Matters Science

6. Making a human baby

27 Oct

Human reproduction is complex. After a 3.8-billion-year journey we have reached a pinnacle position. This presentation describes the reproductive process leading to the birth of a human baby.

Presenter Punchi Dassanayake

Medical Matters Science

7. Howard Florey – the Australian laureate

3 Nov

Howard Florey is a celebrated Australian scientist, who refined penicillin, the first antibiotic, and helped raise the world life expectancy by several years.

Presenter Punchi Dassanayake

History

8. Cobalt and lustre: the glory of ancient Persia

10, 17, 24 Nov, 1 Dec

Few countries can boast of such an illustrious past as Iran. We examine the monuments of its most powerful empires, including the awe-inspiring Achaemenid palace of Persepolis, the remarkable fire temple of Sasanian Takht-i-Sulaiman (with its 'bottomless' lake) and the stunning gardens, caravanserais, and mosques of Isfahan, Pearl of Islam.

Presenter John Tidmarsh

OUT THERE

Outings Eating out

THIRD FRIDAY LUNCH GROUP

Third Friday of each month from 16 July

We meet for lunch at restaurants that serve a variety of cuisines. We go everywhere in Sydney, except the North Shore. We try to book BYO wine venues where there is a small corkage charge, which attendees are required to pay. Leader and **bookings**: Sarah Fennamore 9955 1962 sfennamore@yahoo.com

ZOOM

Venue Coordinator Rosemarie Einstein 0412 043 377 einstein@starmar.net.au

Discussion Group

TALKING POINTS (zoom)

Thursdays 22 Jul, 5, 19, Aug, 2, 16, 30 Sep, 7, 21 Oct, 4, Nov from 10:00 to 11:30

'Talking Points' will be a discussion on current affairs. Topics cover issues in the news and other matters of the times. No subject is barred. Everyone is encouraged to participate. A list of topics will be sent to participants on the Monday before to enable them to get their thoughts together. Leaders: Rosemarie Einstein, Ric Einstein

Bookings: online at www.sydneyu3a.org (preferred) or Rosemarie Einstein einstein@starmar.net.au

THURSDAYS ON ZOOM (zoom)

Thursdays from 8 Jul 10:00 to 12:00

Bookings: online at www.sydneyu3a.org (preferred) or Rosemarie Einstein einstein@starmar.net.au

Current Affairs

1. Listening across cultural difference

8 Jul

Stephen demonstrates sharing within another's cultural world from the most extreme cultural difference in the jungles of West Papua back to everyday life in Australia. Presenter Stephen Hill

Science

2. Science myths and misconceptions

15 Jul

Examining a diverse range of commonly held science-based myths, their origins and the reasons they persist in spite of contrary scientific evidence. Presenter Kevin Murray

Medical Matters History

3. The Royal Flying Doctor Service

29 Jul

The history of the Royal Flying Doctor Service. Primary and emergency medical care today for rural and remote Australia. How is it funded? The future? Presenter Wendy Swinburn

Travel

4. Impressions of Mongolia and Siberia

12 Aug

We highlight the fascinating history, geography, culture, architecture, lifestyles, wildlife and landscapes of Mongolia and Siberia.

Presenter Kevin and Glenys Murray

Nature

5. House plants

26 Aug

House plants improve air quality and have a beneficial psychological effect. Which plants prefer to grow indoors, where do they grow best and how to maintain them? Presenter Judith Sleijpen

History

6. Death of a Doctor

9 Sep

Fascinating 1920's Sydney story involving a doctor, athlete and war hero, married society lady, suspected illicit love and a murder, all inextricably bound. Presenter Richard Whitaker

Philosophy

7. Living for Life

23 Sep

This talk confronts how we can deal well with our impermanence or mortality, presented verbally and visually in parallel. Presenter Stephen Hill

Religion

8. A talk by Rachael Kohn

14 Oct

Rachael taught religious and Semitic studies at universities in Australia, England and Canada before joining the ABC in 1992. Title of talk TBA on website. Presenter Rachael Kohn

Medical Matters

9. CareFlight: saving lives, speeding recovery and serving the community

28 Oct

For 35 years CareFlight has been an Australian leader providing aeromedicine and emergency care. Hear about the realities, challenges and joys of this lifesaving work. Presenter Chris Waugh and CareFlight personnel

Medical Matters

10. Stroke – a time-critical emergency

11 Nov

If the treatment is initiated in time, 85% of strokes can be treated effectively. Prompt recognition and action is vital. Get the latest update. Presenter Christine Lopacinski

Medical Matters

11. Blindness and low Vision: when glasses and medical intervention aren't helping, what's next?

18 Nov

Learn about Vision Australia, common eye diseases which may cause vision impairment, specialised services, aids and equipment for vision impairment, dealing with vision impairment, seeking help. Presenter Nabill Jacob

NORTHERN BEACHES

Regional President: Rosemary McCulloch ramcull@gmail.com

Regional Course Coordinator: Runa Schmidt-Muller runasm@ihug.com.au **Enquiries only**

IMPORTANT INFORMATION: You must book to attend a course. Refer to "Booking a Course" on page 4.

CELEBRATION OF THE UNITED NATIONS INTERNATIONAL DAY OF OLDER PERSONS

Northern Beaches Region

will be held on: **Friday 1 Oct from 12:00 to 3:00**

address: **Lakeview Hall, Tramshed Arts & Community Centre, 1395A Pittwater Road, Narrabeen**

Every year 1st October is the United Nations International Day of Older Persons.

To celebrate such an important day, Northern Beaches Region is hosting a Lunch, including wine.

In addition, there will be entertainment. **All this for only \$20pp.**

More details nearer the date in the Northern Beaches Newsletter.

Bookings from 16 August only: Gaye Pringle gayepringle@gmail.com 0407 248 331

AVALON RECREATION CENTRE

59 Old Barrenjoey Rd Avalon.

Wheelchair access. Street parking

Venue Coordinator Eve Lane 0455 948 864

evelane222@gmail.com

Art

ART GROUPS

Every Monday from 5 Jul

Group 1: 9:30 to 12:15, Group 2: 12:15 to 3:00

Enjoy the company of other artists with varying levels of skill.

Bring your own equipment (any medium). No tuition given.

Leader: Gen Watts 0423 213 273 genwatts@hotmail.com

Bookings: Eve Lane 0455 948 864 evelane222@gmail.com

BALGOWLAH CLUB TOTEM

195 Condamine St. Wheelchair access. 3 hour parking in

Stockland Shopping Centre, lift from carpark

Venue Coordinator Maureen Smith 9982 7985

maureensmith2099@gmail.com

Book Group

LITERATURE

Alternate Wednesdays from 21 Jul 11:00 to 1:00

(8 sessions)

Washaway Room, Level 3

A wide range of authors and their books are discussed.

These include *A Room Made of Leaves* by Kate Grenville,

The Other Americans by Laila Lalami and *Girl, Woman,*

Other by Bernadine Evaristo.

Leader: Maureen Smith 9982 7985

maureensmith2099@gmail.com

Bookings: Helen Moore 9975 5203

helen.moore@iinet.net.au

FORESTVILLE FOREST COMMUNITY ARTS CENTRE

6 Darley St Forestville. Wheelchair access. Parking available

Venue Coordinator Jen Hill jenhill949@gmail.com

Crosswords

SOLVING CRYPTIC CROSSWORDS (BASIC INTRODUCTION)

Every Tuesday from 6 Jul 1:30 to 3:30

(6 sessions, ending 10 Aug)

Studio Room

Cryptic crosswords conform to a set of rules which, once you are aware of them, will help you unravel those tricky clues. A basic course intended for those who would like to learn some strategies and techniques to get started.

Leader and **bookings:** Eve Lane 0455 948 864

evelane222@gmail.com

Medical Matters

HOW COVID HAS CHANGED THE WORLD

Every Tuesday from 12 Oct 1:30 to 3:30 (4 sessions)

Studio Room

The pandemic has caused changes that go far beyond lockdowns, masks and vaccines. We explore how COVID might have changed the world as we knew it.

Leader: Peter Nixon

Bookings: Jen Hill jenhill949@gmail.com

Famous People

JAMES BARNET: COLONIAL ARCHITECT OF A THOUSAND PUBLIC BUILDINGS

Tuesday 9 Nov 2:30 to 4:30 (1 session)

Studio Room

James Barnett was the longest serving Colonial Architect.

During his 28 years in office he designed and built some 1350 public buildings in NSW.

Leader: Don Napper

Bookings: Jen Hill jenhill949@gmail.com

Famous People

THE NSW COLONIAL ARCHITECTS: THE FIRST 100 YEARS

Tuesday 16 Nov 2:30 to 4:30 (1 session)

Studio Room

2016 represented the bicentenary of the appointment of the first Government Architect. This talk will focus mainly on architects Francis Greenway and Walter Liberty Vernon.

Leader: Don Napper

Bookings: Jen Hill jenhill949@gmail.com

Famous People

DOROTHEA MACKELLAR AT PITTWATER

Wednesday 17 Nov 1:30 to 3:30 (1 session)

Heather Flawith Room

Famous Australian poet Dorothea Mackellar loved nothing more than relaxing at 'Tarrangaua' beside Lovett Bay. We explore this little known aspect of her life.

Leader: Keith Amos

Bookings Jen Hill jenhill949@gmail.com

FORESTVILLE RSL CLUB

22 Melwood Ave Forestville

Venue Coordinator Beth Robertson 9452 2396

bethrobertson@aapt.net.au

Craft

CRAFT IN THE FOREST

Alternate Fridays from 23 Jul 10:00 to 12:00

Join an inspirational group of craft enthusiasts for a relaxing morning of chat and the sharing of new skills. All crafts and art genres welcomed. No prior knowledge expected or assumed but the love of learning new creative ideas is mandatory.

Leader and **bookings:** Beth Robertson 9452 2396

bethrobertson@aapt.net.au

FRENCHS FOREST LIONEL WATTS COMMUNITY CENTRE

93-95 Blackbutts Rd. Wheelchair access. Parking available

Venue Coordinator John Watt 0407 547 583

john@wattever.com

Presentations

FRIDAYS IN THE FOREST

Last Friday every month from 30 Jul 10:00 to 12:00

A monthly program of separate presentations on a wide variety of topics given by people with expertise in, and enthusiasm for, their subject. Something for everyone.

Leader and **bookings:** John Watt 0407 547 583

john@wattever.com Email preferred, including member number and contact phone number

Current Affairs

1. Our Northern Beaches

30 Jul

Michael Regan, Mayor of Northern Beaches Council, will speak to us on issues that affect Northern Beaches and give us updates on developments. Come and hear and meet Michael.

Presenter Mayor Michael Regan

History Australia

2. Jack Munday and the Green Bans

27 Aug

Jack Munday and the famous Green Bans saved much of Sydney's green space and historic buildings. Meredith Burgmann, politician and Green Bans activist herself, will talk about those heady times.

Presenter The Hon Dr Meredith Burgmann

Cinema

3. Character Actors in the Movies

24 Sep

These familiar faces appear over and over again in minor parts, loveable, pitiful and villainous. A wonderful presentation with life stories and film clips.

Presenters John Flint and Nora Hinchin

History Australia

4. The Norfolk Island Story - From Hell to Paradise

29 Oct

Norfolk Island: a source of shipbuilding materials using convict labour with brutal floggings and public executions! Now tranquil and majestic and on everyone's bucket list. Patrick Dodd at his best.

Presenter Patrick Dodd

Presentation

5. Love and Tears - Braveheart

26 Nov

Love and Tears is a personal account of the journey with a son's autism. Braveheart are stories of courage for girls. Author Cecily Paterson will have us engaged and laughing.

Presenter Cecily Paterson

FRENCHS FOREST THE DUTCH CLUB

1 Grattan Cres (off Bantry Bay Rd)

Wheelchair access. Parking available

Venue Coordinator John Peters 0412 161 069

jayefpe@hotmail.com

Music Ukulele

UKULELE INTERMEDIATE/ADVANCED

Every Tuesday from 6 Jul 1:30 to 3:30

If you have learnt at least six basic chords, now is the time to join this group. Have fun strumming, singing, as well as an opportunity to learn how to lead a song, and learn microphone technique.

Leader and **bookings:** John Peters 0412 161 069

jayefpe@hotmail.com

MONA VALE MEMORIAL HALL

1606 Pittwater Rd. Parking available
Venue Coordinator Kay Hamilton 0409 767 027
nunderi@gmail.com

Movies

MONDAY AT THE MOVIES - MAM

Mondays once a month 5 Jul, 2 Aug, 6 Sep, 11 Oct, 1 Nov, 12 Dec from 10:00 to 12:00

Main Hall

Enjoy current movies? Our movie club operates similar to a book club. Every month view up to three nominated movies in your own time and join us for a stimulating discussion about the plot, actors, producers and cinematography. Decide your own ratings.

Leader and **bookings:** Heather Leggat 0413 531 431
ahleggat@bigpond.com

Language French

FRENCH LEVEL 4

Alternate Mondays from 5 Jul 2:30 to 4:30

For those who already have a comprehensive grasp of grammar and conversation. Textbooks: *Collins Advanced French Grammar*, *Schaum's French Grammar*, plus a variety of literature.

Leader and **bookings:** Sarita Wright 0439 474 459
saritawright35@gmail.com

Language Russian

RUSSIAN FOR BEGINNERS

Alternate Wednesdays from 7 Jul 2:00 to 4:00

Meeting Room

This course is for those with no knowledge of Russian. Learn Russian in a relaxed and enjoyable manner. The course book is *Learn Russian the Fast and Fun Way* by Thomas R Beyer, available online and at Abbey's Language Bookshop.

Leader: Tim Coyle 0449 120 346
m.coyle@iinet.net.au

Bookings: Mary May 8959 4995
maryamay@tpg.com.au

Language French

FRENCH LEVEL 3

Alternate Mondays from 12 Jul 2:30 to 4:30

This course covers grammar, reading, dictation and conversation. Must have basic knowledge of the language. Textbook: *Schaum's French Grammar*.

Leader and **bookings:** Sarita Wright 0439 474 459
saritawright35@gmail.com

Language French

FRENCH INTERMEDIATE ONGOING

Alternate Tuesdays from 13 Jul 10:00 to 12:00

Gentle paced course on all aspects of the French language. Reasonable vocabulary and knowledge of grammar required. Book used is *Easy French Reader* Third Edition by R de Roussy de Sales.

Leader and **bookings:** Olivia Kesby 0401 303 472
olivia.kesby@gmail.com

NARRABEEN NORTH BAPTIST CHURCH

13 Grenfell Ave (cnr Wakehurst Parkway)
Wheelchair access. Parking available
Venue Coordinator Barbara Larkin 9913 3481
jeddasam1@bigpond.com

Music Singing

SINGING FOR THE JOY OF SINGING

Alternate Fridays from 2 Jul 10:00 to 12:00

Come along and sing well known songs from all genres. Anyone who enjoys singing, irrespective of ability, is welcome to join our friendly group to sing, hum along or just sit and listen.

Leader: Lynne Wasinski 0408 971 060
lynne.wasinski@gmail.com

Bookings: Elizabeth Rush 0423 104 682
elizabethrush646@gmail.com

Language French

ADVANCED FRENCH

Alternate Mondays from 5 Jul 10:00 to 12:00

Room 2, Level 1

This course focuses on grammar, reading and conversation.

Leader and **bookings:** Sarita Wright 0439 474 459
saritawright35@gmail.com

Music Guitar

ACOUSTIC GUITAR GROUP

First three Wednesdays every month from 7 Jul 10:30 to 12:30

Room 2, Level 1

The group will continue building a repertoire of classic soft rock/blues acoustic pieces. Basic skills with guitar chords and following lyric/chord charts is needed. Bring own guitar and music stand.

Leader and **bookings:** Alan Brand 0419 427 763
ajbrand@optusnet.com.au

Music Performance

THE THIRD AGE ROCK ORCHESTRA

First three Wednesdays of every month from 7 Jul 2:00 to 5:00

Church

The group will continue building a repertoire of classic rock music. Bring your own instrument and music stand.

Leader and **bookings:** Harvey Broadbent 0414 486 675
harveybroadbent1915@gmail.com

Philosophy

HISTORY OF PHILOSOPHY 6

Alternate Tuesdays from 13 Jul 10:00 to 12:00

Education Centre

We cover key ancient and modern Western philosophers in the area of metaphysics, theory of knowledge, ethics and politics. The focus of the course is life's meaning as considered by these thinkers.

Leader and **bookings:** John Lauricella 9918 2142
jml1010@yahoo.com

Philosophy

ETHICS, THE PHILOSOPHY OF VALUES

Every Thursday from 15 Jul 10:00 to 12:30 (12 sessions)

Upstairs Meeting Rooms

This twelve week course looks at ethical values through watching and discussing a series of interactive lectures provided by Harvard lecturer Michael Sandel. No prior knowledge of philosophy required.

Leader and **bookings**: Mike Williams 0413 878 567
mikews@optusnet.com.au

Art Painting

CREATIVE PAINTING WORKSHOP

Every Thursday from 15 Jul 1:00 to 4:00

Education Centre

A relaxed group with varying levels of skill, we work on our own projects and are self-directed. If you love your art, join our group where we commonly share techniques, ideas and information.

Leader: Susan Davies 0414 799 324
daviessusan13@gmail.com

Bookings: Suzanne Allan 0458 712 033
zanne07@gmail.com

Psychology

HUMAN PSYCHOLOGY AND NLP: MAKING SENSE OF OUR EXPERIENCE

Every Thursday from 15 Jul 2:00 to 4:30 (10 sessions)

Upstairs Meeting Rooms

This ten week course addresses perception, learning, cognition, memory, language, beliefs and values.

The course will be interactive, requiring attendees to participate in various activities to support the ideas presented. The course is sourced from Psychology and Neuro-Linguistic Programming material.

Leader and **bookings**: Mike Williams 0413 878 567
mikews@optusnet.com.au

Philosophy

HISTORY OF PHILOSOPHY 5

Alternate Fridays from 16 Jul 10:00 to 12:00

Education Centre

We cover key ancient and modern Western philosophers in the area of metaphysics, theory of knowledge, ethics and politics. The focus of the course is life's meaning as considered by these thinkers.

Leader and **bookings**: John Lauricella 9918 2142
jml1010@yahoo.com

Language Latin

LATIN FOR BEGINNERS (max 10)

Alternate Fridays from 16 Jul 12:30 to 2:30 (Week A)

Education Centre

Alternate Fridays from 23 Jul 12:30 to 2:30 (Week B)

Education Centre

Continuation of Beginners level Latin including Classical Latin grammar, sentence formation and vocabulary through exercises and readings with the objective of introducing you to Latin literary texts. Text: *The Oxford Latin Course Part 1 – Student Book* (ISBN 9780 199122264).

Leader and **bookings**: Gail Sadler 0420 989 170
gailasadler@gmail.com

Music Ukulele

UKULELE FOR BEGINNERS

Every Tuesday from 20 Jul 1:15 to 2:30

Room 2, Level 1

This is a basic course for rank beginners. It is fun and you will be able to play at the end of it. The Ukulele is your chance to shine! No need to read music but the joy of singing does help!

Leader and **bookings**: Felicity Davis 0414 470 644 or
9979 8633 felicity@sciencefilms.com.au

Language Spanish

INTERMEDIATE SPANISH

Every Monday from 9 Aug 2:00 to 4:00

Education Centre

Aims at developing confidence in Spanish speaking skills whilst revising and expanding grammar and vocabulary. For those with language skills equivalent to one-two years of Spanish. Please contact course leader for expected previous knowledge.

Leader and **bookings**: Alexis Tabensky 0424 983 618
a.tabensky@unsw.edu.au

NARRABEEN TRAMSHED ARTS AND COMMUNITY CENTRE

1395A Pittwater Rd. Wheelchair access.

Limited off-street parking

Venue Coordinator Rosemary McCulloch 0448 095 958
ramccull@gmail.com

Art Drawing and Painting

ART: PAINTING AND DRAWING IN ANY MEDIUM

Every Monday from 5 Jul 1:00 to 4:00

Berry Hall No public holidays

If you have not painted for years and want to create your masterpiece, this is the ideal place to do so. Artistic help is given when needed.

Leader: June Rodden 9402 4550 june@rodgen.net

Bookings: Shirley Jensen 9982 4395

Language French

FRENCH POST BEGINNERS (max 15)

Alternate Fridays from 9 Jul 10:00 to 12:00

Lakeview Hall

Ongoing gentle paced course for people wishing to further their knowledge of the French language. Basic grammar and vocabulary required. Book used is *French Made Simple* by Pamela Rose Haze.

Leader and **bookings**: Olivia Kesby 0401 303 472
olivia.kesby@gmail.com

Language French

FRENCH CONVERSATION

Alternate Fridays from 9 Jul 10:00 to 12:00

Berry Hall

Advanced conversation in French based on a text and tape.

Leader: Wendy Clark 9913 9807 scorpio39@bigpond.com
Bookings: Maureen Black 9982 7149
maurengb192@gmail.com

Current Affairs

TOPICS OF OUR TIMES (max 25)

Alternate Tuesdays from 13 Jul 2:00 to 4:00

Berry Hall

Discussions about a wide spectrum of contemporary issues with the aim to deepen our knowledge and understanding. Members are encouraged to submit topics and actively participate in the discussions; however, you are welcome to simply listen.

Leader: Antoine van de Walle 0401 095 797

antoinevdwalle@gmail.com

Bookings: Peggy Crocker 9975 6828

fripeg@optusnet.com.au

Movies

PIZZA AND PICTURES ON SUNDAYS

Alternate Sundays from 1 Aug 12:00 to 3:00

(10 sessions)

Lakeview Hall

This friendly group will meet over a lunch of pizza, melon with fruit juice and coffee, followed by an outstanding movie of yesteryear on DVD.

Leader and **bookings:** Rosemary McCulloch

0448 095 958 ramccull@gmail.com

Presentations

TUESDAYS AT THE TRAMSHED

First Tuesday every month from 3 Aug 11:00 to 1:00

Lakeview Hall

A series of separate presentations on a wide variety of topics given by people with expertise in and enthusiasm for, their subject.

Leader and **bookings:** Rosemary McCulloch

0448 095 958 ramccull@gmail.com

Presentation

1. A Soviet Childhood - Estonia in the 1980s

3 Aug

Estonian author and anthropologist looks at everyday life, how families lived and survived, what they ate and what clothes they wore and how children spent their days.

Presenter Triin Pehk

History Britain

2. The Defeat of the Spanish Armada

7 Sep

Queen Elizabeth's decisive defeat of the Invincible Armada made England a world class power and introduced effective long range weapons into naval warfare for the first time.

Presenter Rosemary McCulloch

History Australia Famous People

3. The Golden Years of Radio

5 Oct

Including the life and career of Willie Fennell who wrote and starred in Australia's first radio situation comedy, *Life with Dexter*.

Presenter Susie Fennell

Travel

4. Cambodia - Beyond the tourist trail

9 Nov

Although Cambodia is impoverished, employment in government, industry and the rapidly expanding service sector allows city dwellers to own cars and motorcycles, eat fast food and enjoy a vibrant nightlife.

Presenter Mike Pawley

Music Opera

5. The story of Gilbert and Sullivan

7 Dec

Their operas have enjoyed enduring international success and are still performed frequently throughout the English speaking world.

Presenter Rosemary McCulloch

Music Appreciation

COFFEE AND THE CLASSICS

Tuesdays from 10 Aug 11:00 to 1:00 10 and 24 Aug, 14 and 28 Sep, 12 and 26 Oct, 16 and 30 Nov, 14 Dec
Lakeview Hall

Starting with examples from the 17th century and progressing to the 20th, we shall enjoy legendary performances from the past as well as listening to many recordings by outstanding conductors and artists of our own day.

Leader and **bookings:** Rosemary McCulloch

0448 095 958 ramccull@gmail.com

NEWPORT COMMUNITY CENTRE

11-13 The Boulevard. Wheelchair access. Parking available

No public or school holidays

Venue Coordinator Helen Howes 0424 464 047

helsim@internode.on.net

Language French

INTERMEDIATE FRENCH

Alternate Wednesdays from 14 Jul 1:30 to 3:30

Activity Rooms 1 and 2

A good knowledge of French grammar is required.

The objective is to increase our working knowledge of the French language, the country and culture through development of vocabulary, grammar, speaking, writing, presentation and listening. Textbook and dictionary essential.

Leader: Danina Andersen 0414 816 772

danina_andersen@hotmail.com

Bookings: Frances Buchan 0412 127 182

francesbuchan@icloud.com

Yoga

YOGA AND RELAXATION

Every Wednesday (except first Wed every month) from 14 Jul 2:00 to 3:30

Main Hall

Please book only one Yoga class per week. Every class consists of easy yoga postures which help to increase muscle flexibility and joint mobility. Various breathing practices and deep relaxation also help to reduce stress by balancing the nervous system.

Leader: Louise Matthews 9981 4165

louisemtws@yahoo.com.au

Bookings: Pamela Frei 0415 603 906

pamelannfrei@icloud.com (preferred)

Art Painting

ART CLASS WITH DENISE BARRY

Every Thursday from 15 Jul 1:00 to 4:00

Activity Rooms 1 and 2

This course will be working mostly in acrylic paint. The leader comes from a background as a practising artist (painter), art teacher and therapist.

Leader: Denise Barry 9974 5335 powerfulowl2@gmail.com

Bookings: Terry Bickerton 9970 7161

terry.bickerton@bigpond.com

Table Tennis

TABLE TENNIS

Every Thursday from 15 Jul 1:15 to 4:15

Main Hall

Table tennis stimulates physical and mental performance. We offer the opportunity to revive a dormant skill and to socialise with new friends in an air-conditioned venue that is ideal for year round play.

Leader: Richard Hughes 9999 2435

69ingleside@gmail.com

Bookings: Carole Young caroleyoung@me.com

Yoga

YOGA AND RELAXATION

Every Friday from 16 Jul 12:30 to 2:00

Main Hall

Please book only one Yoga class per week.

Every class consists of basic yoga practice, breathing and deep relaxation which will help improve joint mobility, increase muscle flexibility and bone density.

Leader: Elizabeth Waring

elizabethwaring5@gmail.com

Bookings: Pamela Frei 0415 603 906

pamelannfrei@icloud.com (preferred)

Yoga

YOGA AND RELAXATION

Every Monday from 19 Jul 12:30 to 2:00

Main Hall

Please book only one Yoga class per week.

Every class consists of basic yoga practice, breathing and deep relaxation which will help improve joint mobility, increase muscle flexibility and bone density.

Leader: Susan Barnard 0490 408 105

susanbarnard@iinet.net.au

Bookings: Pamela Frei 0415 603 906

pamelannfrei@icloud.com (preferred)

Art Painting

ART CLASS WITH KAYE DEXTER

Every Monday from 19 Jul 1:00 to 4:00

Activity Rooms 1 and 2

This art class enjoys using different techniques and styles.

We paint with acrylics and bring our own equipment.

Leader: Kaye Dexter 0405 187 508

kdexter@bigpond.net.au

Bookings: Robyn Mayman 9918 2941

peter@maymans.com

Drama

DRAMA ACTIVITIES – MOVEMENT, MIME AND IMPROVISATION (max 20)

Alternate Wednesdays from 21 Jul 1:30 to 4:00

Activity Rooms 1 and 2

Looking for fun and an enjoyable activity that extends you?

Join our drama activities where you will meet new people

and have fun along the way. We do drama to music, also

mime, improvisation and roleplaying.

Leader: Helen Rosenkranz 0405 060 727

helenrosenkranz@gmail.com

Bookings: Claire Kennedy 0402 832 611

eurobin10@hotmail.com

Presentations General

TOPICS OF INTEREST AT NEWPORT

First Wednesday and Fourth Tuesday every month from 27 Jul 1:30 to 3:30

Main Hall

Come and join a friendly group to experience nine separate presentations by people who are experts in, or have enthusiasm for, their subjects, covering a wide variety of topics from science, history, travel, the arts, social justice and some quirky topics.

Leader: Margaret White 0416 182 393

marg.whiteu3@gmail.com

Bookings: Tricia Haines 0417 686 399

haines.avalon@bigpond.com

Human Body

1. The status of IVF today

27 Jul

One in six couples experience trouble conceiving.

Australian research is leading global companies, working towards a future where everyone in the community has the opportunity to create a family.

Presenter Kate Munnings

Literature General

2. Cry Quietly

4 Aug

An enthralling historical tale of a life's journey set in wartime Australia during the 1940's with romance, fulfilment, violence and dark secrets. First acclaimed novel by local Newport engineer.

Presenter Mike Musgrave

History General

3. Sketches of Fiji - Part 1

24 Aug

Images of the Pacific islands are palm trees, coral reefs, kava and sea level rise! 1800's Fiji was tribal warfare, cannibalism, cession, early Colonial era and new arrivals from India.

Presenter Andrew Drysdale

History General

4. Sketches of Fiji - Part 2

1 Sep

Independence: political adolescence, coups and rebuilding - experienced personally by a local Fiji European who paddled a tin boat up the Tamuvua River and became CEO of Fiji's Air Pacific.

Presenter Andrew Drysdale

Health

5. The scientist behind the NSW Food Safety Authority

6 Oct

Australia has some of the best food safety systems, but food poisoning incidents still occur and can have dramatic effects on people's lives and the reputation of the food industry.

Presenter Craig Shadbolt

Health

6. Lucy Osburn: Controversial founder of modern nursing in Australia

26 Oct

Lucy was the controversial matron of Sydney Hospital. Hear how she founded modern 'Nightingale' nursing in Australia and why Florence Nightingale disowned her.

Presenter Judith Godden

Photography

7. Photographs which made Australia

3 Nov

12 iconic images from 1845 to 2013 showing the development of photograph art and technology over that time and reflecting who we are.

Presenter Laurie Wilson

Genealogy

8. So, what is genealogy?

23 Nov

Learn the fundamentals of finding your ancestors, start growing your family tree, learn how to preserve the past for future generations and stay safe online.

Presenter Leigh Haines

Famous People

9. From Neighbours to Peter Rabbit

1 Dec

Raelee Hill, an Australian actor best known for portraying roles in some of Australia's most successful television series - Water Rats, Neighbours - and her latest movie Peter Rabbit 2.

Presenter Raelee Hill

NEWPORT PITTWATER PRESBYTERIAN CHURCH

Cnr Robertson Rd and Ocean Ave. **No public holidays**

Venue Coordinator Colleen Russell 9918 3817

s.louise.r@hotmail.com

Music Recorder

RECORDER CONSORT

Every Wednesday from 7 Jul 10:30 to 12:30

Church Hall

A small group playing descant, treble, tenor and bass recorders, playing music from Renaissance to Bach through to Modern and Jazz. New players always welcome.

Leader and **bookings:** Colleen Russell 9918 3817

s.louise.r@hotmail.com

NORTH CURL CURL COMMUNITY CENTRE

Cnr Griffin and Abbott Rds. Parking available inside the

venue grounds. **No public holidays**

Venue Coordinator Ruth Buchanan 0401 203 368

ruth.buchanan@bigpond.com

Presentations General

THURSDAYS AT NORTH CURL CURL

Every Thursday from 24 Jun 10:00 to 12:00

Main Hall

A series of weekly presentations by people who are experts in their subject.

Leader and **bookings:** Ruth Buchanan 0401 203 368

ruth.buchanan@bigpond.com

Music Performance

1. Music at North Curl Curl

24 Jun and 21 Oct

'Primal' is a group of three guitarists who play a wide range of familiar songs from the 1950's through to recent times, including rock, pop, blues, country and soul.

Presenter Mike Williams

Music Appreciation

2. Soundtrack of our lives

1 and 29 Jul, 2 Sep, 7 Oct, 4 Nov, 2 Dec

Playing fifties and sixties recordings from the popular music charts and stage musicals – with a fun discussion of the events, movies, TV and books of those years.

Presenter Brian Delgaty

Presentations

3. Plastic free living

8 Jul

Learn easy cost effective ways to reduce our plastic footprint.

Presenter Val de Rome

Theatre

4. Theatre In America, Part 1

15 Jul

'A Long Day's Journey into Night' and beyond.

Presenter Diana Pheils

Theatre

5. Theatre in America, Part 2

22 Jul

Tennessee Williams to Arthur Miller - from stage to screen.

Presenter Diana Pheils

Psychology

6. A brief history of human wisdom

5, 12, 19 and 26 Aug

Humans have always attempted to find answers to fundamental questions about existence, knowledge, values and reason. How have these answers changed over time?

Presenter Peter Nixon

Famous People

7. The great men of the 19th and early 20th century

9 Sep, 14 Oct, 11 Nov

Abraham Lincoln, Robert Louis Stevenson and Haile

Selassie of Ethiopia.

Presenter Rosemary McCulloch

Travel

8. Impressions of Mongolia and Alaska

16 Sep

We highlight the fascinating history, geography, culture, architecture, lifestyles, wildlife and landscapes of Mongolia and Alaska.

Presenters Kevin and Glenys Murray

Presentations

9. 10. 11. Presentations to be advised

23, 30 Sep and 28 Oct

Details will be provided in the monthly newsletter.

Presenter TBA

Travel

12. Impressions of Siberia and Russia

18 Nov

We share our experiences travelling from Vladivostok to St Petersburg, exploring the fascinating history, geography, culture, architecture, lifestyles and landscapes of Siberia and Russia.

Presenters Kevin and Glenys Murray

Health

13. Fresh food safety

25 Nov

An update on fresh food safety.

Presenter Craig Shadbolt, Dept of Primary Industry

Music Appreciation

14. Christmas brunch/lunch

9 Dec

Eve will present a selection of music including jazz, rock and musical theatre - plus a couple of surprises thrown in for good measure.

Presenter Eve Lane

Games Canasta

CANASTA - BOLIVIA VERSION (max 30)

Every Thursday from 1 Jul 12:45 to 3:45

Start timing: 12:35 for placing and 12:45 prompt to start play.

Main Hall

Take the opportunity to learn the intricate strategies and tactics of this version of Canasta. Tuition for new players will be provided on 1 and 8 July.

Leader and **bookings**: Eve Lane 0455 948 864 evelane222@gmail.com

Games Mah Jong

MAH JONG - THE WESTERN GAME (max 30)

Every Thursday from 1 Jul 12:45 to 3:45

Main Hall

Learn and play Mah Jong in a friendly atmosphere.

Patient teaching is provided.

Leader: Ruth Buchanan 0401 203 368

ruth.buchanan@bigpond.com

Bookings: Rosalie Howard
rosaliehoward@bigpond.com

Trivia

TRIVIA FOR FUN

Every Friday from 2 Jul 1:30 to 3:30

Come along to our friendly trivia sessions. Nothing too serious – just enough to exercise the grey cells! Come on your own or make up a team of six. Various presenters.

Leader and **bookings**: Eve Lane 0455 948 864 evelane222@gmail.com

Exercise

BALANCE 'N' BONES EXERCISE

Every Monday from 5 Jul 9:30 to 10:20 (Easy)

10:30 to 11.20 (Advanced)

Main Hall

Every Friday from 9 Jul 9:30 to 10:20 (Easy)

10:30 to 11.20 (Advanced)

Main Hall

Conditioning exercises for all major muscle groups and balancing to improve posture. Instruction by Beth Denny DVD.

Leaders: Runa Schmidt-Muller (Mondays)

Diane Muchar (Fridays)

Bookings: Barbara Ellis barbaraellisdeewhy@yahoo.com

Games Brain Games

QUIET GAMES SESSION (max 30)

Every Monday from 5 Jul 12:45 to 3:45

Main Hall

Games, chess, cards, scrabble, etc. Quiet space to play your own choice of game is available. You must have your own partners and equipment. You must arrive and depart at the correct times so as not to disturb others.

Leader and **bookings**: Jacki Bateman 9913 8559 jackibateman@optusnet.com.au

Science and Technology General

CURLY QUESTIONS IN SCIENCE NOW ON ZOOM

Alternate Tuesdays from 6 Jul 10:00 to 12:00

Main Hall

For members who enjoy science, please join us for a series of talks on a wide range of topics presented by speakers, experts in their field.

Leader and Enquiries: Laurie Wilson 0417 045 934

laurie.wilson@optusnet.com.au (preferred)

Bookings: Vivien Wilson vnewilson@optusnet.com.au

Science and Technology Astronomy

1. A brief history of astronomy

6 Jul

How different cultures through the ages have sought to measure and understand the movements and nature of the heaven.

Presenter Kevin Murray

Science and Technology General

2. Images of science

20 Jul

100 years of scientific discovery as seen through ten iconic images.

Presenter Dr Laurie Wilson

Science and Technology Mathematics Physics

3. Cracking Germany's Enigma Code in World War II

3 Aug

The German encoding system 'Enigma' and how the British deciphered this sophisticated code. A demonstration of a replica Enigma decoding machine will also be given.

Presenter Ross Clements

Science and Technology General

4. The world's deepest dive

17 Aug

Deep diving exploration, including the story of the Royal Navy's George Wookey who, in 1956, set a world depth record that has never been equalled.

Presenter David Strike

Science and Technology Astronomy

5. The birth of radio astronomy in Australia

31 Aug

Pioneering work in radio astronomy by physicist Joseph Pawsey and technologies that formed the basis of today's radio astronomy and telecommunications, including the link with Collaroy Plateau.

Presenter Hastings Pawsey

Science and Technology General

6. An overview of the recycling industry

14 Sep

A look at the reuse of waste including green waste, plus the reclaiming of rare metals, the exploitation of low-cost labour and various collection systems.

Presenter David Malone

Science and Technology General

7. The story of sand

28 Sep

The use of sand and how it has transformed civilisation, including the hidden social and environmental costs of sand mining throughout the world.

Presenter Ian Thompson

Science and Technology General

8. Epigenetics

12 Oct

Epigenetics means outside of, or in addition to, genetics. How genes we inherit from our parents and grandparents and the environment they lived in can influence our health.

Presenter Punci Dassanayake

Science and Technology General

9. Medicines - from discovery to market

26 Oct

An overview of the discovery, development and marketing approval of new medicines, including regulatory control at each stage to ensure quality, safety and efficacy.

Presenter Sunny Ko

Science and Technology General

10. The use of animals in medical research

9 Nov

How have past experiments on animals contributed to our current medical knowledge? What laws control such experiments today? And what of the future?

Presenter Dr Rosemarie Einstein

Science and Technology General

11. The year in science

23 Nov

A review of advances in science during the year 2021.

Presenters Dr Laurie Wilson and Ian Thompson

Current Affairs

ISSUES FOR DISCUSSION

Alternate Tuesdays from 13 Jul 2:00 to 4:00

The topics are debated in a friendly inclusive atmosphere so do come and enjoy the company of other U3A members.

Leader: Terry Ryan

Bookings: Mary Comber 9948 4064
marycomber1@iinet.net.au

WARRIEWOOD NELSON HEATHER SENIOR CITIZENS CENTRE

Cnr Jacksons and Boondah Rds

Wheelchair access, Parking available

Venue Coordinator Marcia Andrews 9979 8707

marciaandrews711@hotmail.com

Current Affairs

CONTEMPORARY ISSUES (max 25)

Alternate Thursdays from 8 Jul 1:45 to 3:45

Banksia Room

A friendly forum at which matters of public interest are discussed and debated. All participants are encouraged to express their views openly and nominate items for the agenda.

Leader and **bookings:** Lynn Grierson 9913 3964
lynngrrierson1@gmail.com

WARRIEWOOD TED BLACKWOOD COMMUNITY CENTRE

Cnr Jacksons and Boondah Rds

Wheelchair access, On-street Parking

Venue Coordinator Marcia Andrews 9979 8707

marciaandrews711@hotmail.com

Dance

ACTIVE SENIORS DANCE CLASSES (max 30)

Every Friday from 23 Jul 1:00 to 4:00

Main Hall

No school or public holidays

Two classes starting at 1:00 and 2:00.

Join us to learn ballroom and latin dancing. Social dances include waltz, tango, rhythm plus rumba, cha cha, samba and rock.

Leader: Barbara Martin 0413 656 387

danceballroom@optusnet.com.au

Bookings: Susan Ascher 0439 912 512

sues2512@tpg.com.au

PRIVATE HOMES

Language German

CONVERSATIONAL GERMAN

(Mona Vale) (max 6)

Alternate Thursdays from 8 Jul 10:00 to 12:00

Do you want to improve your German? Participants should have medium knowledge of German. Emphasis will be on conversation and some grammar. Not suitable for beginners.

Leader and **bookings:** Inge Kohl 9999 0001

ingekohl2@bigpond.com

Book Group

WENDY'S BOOK CLUB

(Forestville) (max 10)

Alternate Thursdays from 8 Jul 1:00 to 3:00

We read and discuss books borrowed as kits from the library. Every second meeting, we share reading aloud another book chosen by the group to read on a continuing basis.

Leader: Bernie Gibson 0416 231 513

bernieanddavid@hotmail.com

Bookings: Marianne Short 0403 939 004

Music Appreciation

BACH TO THE FUTURE

(Avalon) (max 20)

Alternate Fridays from 9 Jul 2:00 to 4:00

During each session we analyse a topic related to classical music, with examples of great recordings of the music being studied. Class members are encouraged to discuss the music and suggest topics for future study.

Leader and **bookings:** Roger Pratt 9918 9277

a.and.r.pratt2@bigpond.com

ZOOM MEETINGS

Photography

CREATIVE PHOTOGRAPHY (max 20) (zoom)

**Every Friday from 2 Jul 10:00 to 12:00
(times may vary depending on photo-shoot locations)**

Photography is best learned by experience. We will alternate photoshoot outings to interesting local locations with feedback sessions on Zoom, learning from one another. Some tutorial-based sessions will also be included on Zoom. Previous participants are welcome to re-join.

Leaders: Laurie Wilson and Ian Thompson

Bookings: Laurie Wilson 9938 1454

laurie.wilson@optusnet.com.au (preferred)

Current Affairs

YOU NEED NOT AGREE (zoom)

Every Monday from 5 Jul 10:00 to 12:00 (incl holidays)

A group discussion of topical, local, national, international or general matters where all opinions are welcome.

Leader and **bookings:** Kevin Murray 9997 6078

kevandglenny@gmail.com

UPPER NORTH

Regional President: TBA
Regional Course Coordinator: Susan Shaw 9868 4056
suesuespan@gmail.com **Enquiries only**

IMPORTANT INFORMATION: You must book to attend a course. Refer to "Booking a Course" on page 4.

BEROWRA COMMUNITY CENTRE

Gully Road, Berowra (behind Berowra Oval)
Large car park, close to Berowra Station
Venue Coordinator Anne Rayment
annerayment@hotmail.com

AFFAIRS OF INTEREST IN THE CURRENT WORLD

Second and fourth Mondays from 26 Jul 10:00 to 12:00 (unless a public holiday)

Balcony Room

A series of talks of general interest looking at topics relevant to people living in today's world.

Leaders: Joan Scott and Jackie Wilson

Speakers contact Jackie Wilson jhigw@yahoo.com

Bookings: Joan Scott 0405 453 396
djscott@tpg.com.au (preferred)

History

1. A Brief History of Gold

26 Jul

Gold's special place in human history, culture and mythology.
Presenter Dr Garry Lowder

Environment

2. Environmental Issues in NSW

9 Aug

Minister for Energy and Environment in NSW, the speaker has been our local MP since 2011.
Presenter Matt Kean (TBC)

China

3. China and its Global Impact

23 Aug

The cultural and political history, from an ancient civilization to a modern global superpower.
Presenter Himanshu Jhala

Psychology

4. Psychology - Some Key Concepts

13 Sep

Psychology v psychiatry. Tests for IQ and personality, psychosis, neurosis and more.
Presenter Dr Reinhard Ronnebeck

Disasters

5. Danger was my Business

27 Sep

The speaker discusses critical incidents which he personally attended.
Presenter Gary Raymond (Ret. Chief Police Inspector)

History Australian

6. Dirty Secrets

11 Oct

Australian Security Intelligence (ASIO) files from 1950s to 1980s.

Presenter Dr Meredith Bergmann

Technology

7. A Revolution We May Not Want

25 Oct

New Technology is changing the way we live - some will be for the better, some for worse.

Presenter Joan Scott

Migration

8. Forever on the Move

8 Nov

Jackie traces the reasons for migrations of her ancestors to South Africa and considers future migrations to Australia.

Presenter Jackie Wilson

Music

9. A World of Music

22 Nov

A professional classical singer shares her memories of fulfilling her dreams and ambitions.

Presenter Shirley Menary

CASTLE HILL WARRINA VILLAGE (ANGLICARE RETIREMENT VILLAGE)

Alix Scott Community Centre, Langshaw Circuit parking available

Venue Coordinator Jim Gray 9680 2873
jcgray01@optusnet.com.au

Discussion Group Current Affairs

ISSUES AND IDEAS (face to face and zoom)

Alternate Tuesdays from 6 Jul 10:00 to 12:00

This is a lively discussion group. We research and discuss papers on a wide variety of contemporary issues, taking turns (voluntary) to lead discussion on one particular issue per session. We sometimes invite outside speakers to lead the discussion.

Leaders and **bookings:** Jim Gray 9680 2873
jcgray01@optusnet.com.au and John Brockman
alban.kingslangley@gmail.com

EPHING COMMUNITY CENTRE

9 Oxford St, Upper and Lower Halls.
Wheelchair access
Venue Coordinator Ian De Mellow 9487 1908
ian.mellow@bigpond.com

Science

MORE GREAT MOMENTS IN SCIENCE NOW ON ZOOM

Alternate Wednesdays from 21 Jul 10:00 to 12:00

We begin with images of 100 years of science; built on the shoulders of heroes such as Sir Howard Florey; its astronomical explorers; those who study human ageing and the secrets of mycological science.

Leader and **bookings:** David Malone 0418 440 828
dymalone@bigpond.net.au

Tai Chi

TAI CHI (max 20)

Alternate Wednesdays from 21 Jul 1:00 to 3:00

Gain health benefits through its gentle exercises and relaxation. Ideal for Third Agers. Tai Chi's graceful fluid movements combine three forms of exercise: strength, stretching and breathing. Participants should provide fitness assurance.

Leader and **bookings:** Siang Tan 9888 7874

History

THE SHAPING OF EUROPE

Alternate Wednesdays from 28 Jul 1:00 to 3:00

We begin a continuing study of the 'Idea of Europe', with its Neolithic pioneers, to its intellectual awakening by Greece, then its colonization by Rome, Christendom and the medieval powers, finishing with the great blossoming of the Renaissance.

Leader and **bookings:** Ian De Mellow 9487 1908
ian.mellow@bigpond.com

EPHING UNITING CHURCH

Corner Chester and Oxford Streets
Short walk from station and bus interchange
Venue Coordinator Sandra Luntz (for Book Discussion Group) 9874 3382 sandra.luntz@gmail.com and Sheena Caswell (for Scottish Country Dancing) 0401 847 468 sheena.caswell@gmail.com

Book Group

BOOK DISCUSSION GROUP

Alternate Thursdays from 8 Jul 10:00 to 12:00

Large Hall

A reading and discussion group with an occasional classic text but with the emphasis on contemporary literature. First book for discussion will be advised on registering.

Leaders and **bookings:** Sandra Luntz 9874 3382 sandra.luntz@gmail.com and Barbara Boston 9417 2967 barbboston2013@gmail.com

Dance

SCOTTISH COUNTRY DANCING (max 16)

Every Friday from 18 Jun 10:00 to 11:30

Large Hall

A fun social activity for all ages. Dances are performed in sets of 6 or 8 people and as soon as you hear the wonderful wealth of Scottish music you will want to dance. Moderate physical fitness is required but no previous dance experience or partner is need. Wear soft shoes and light clothing.

Leader and **bookings:** Sheena Caswell 0401 847 468
sheena.caswell@gmail.com

GORDON LIBRARY

799 Pacific Highway. Parking available, wheelchair access.
Venue Coordinator Marjorie Perry
marjorieperry@inet.net.au

Philosophy

MIND BODY PHILOSOPHY

Alternate Mondays from 19 Jul 1:00 to 3:00 (11 sessions)

Meeting Room 2

No semester break between courses

Study of a course related to Philosophy will continue guided by the Great Courses series. The course will be a continuation of: Science Wars: What Scientists Know and How They Know It, presented on DVD by Prof. S. L. Goldman, Lehigh University, Pennsylvania.

Leader: Jock Buselli 9484 7041 Jock.Buselli@tpg.com.au
Bookings: Stanis Osterly stanisosterly@hotmail.com

Tai Chi

TAI CHI (max 15)

Every Thursday from 22 Jul 10:00 to 12:00

Meeting Room 2

Learn the ancient art of tai chi and qi gong and gain health benefits through gentle strength, stretching and breathing exercises in a one hour session. Participants should provide assurance from their GP that they are medically fit to undertake an exercise course.

Leader: Michael Wong and Rose Pettett

Bookings: Margaret Harragon
gordontaichi@hotmail.com

Music Appreciation

THE WORLD OF CLASSICAL MUSIC (max 44)

Alternate Wednesdays from 14 Jul 10:15 to 12:15 (10 sessions)

Meeting Room 2

Continuing excursions into the world of classical music in all its forms, where you will meet familiar and not so familiar composers.

Leader: John Yates

Bookings: Rick Walter rjwalter@tpg.com.au

HORNSBY LEISURE AND LEARNING CENTRE

25 Edgeworth David Avenue. Parking onsite
Venue Coordinator Heather Lakiss 0402 080 045
heatherlakiss@gmail.com

Art Painting

PAINTING IN ACRYLICS (max 15)

Alternate Thursdays from 22 Jul 9:30 to 12:00

Come and join our friendly class. Basic skills lessons are given to beginners, as well as guidance and assistance provided to all, whatever your skill level.

Leader and **bookings:** Janny Drayer 9144 1741
jannydrayer@gmail.com

Art Painting

WATERCOLOUR PAINTING (max 16)

Alternate Thursdays from 15 Jul 9:30 to 12:00

Discover the magic of watercolour painting in this friendly group whatever your skill level. Different techniques will be discussed and encouraged. Assistance and suggestions will be given from beginners to more experienced levels. Everyone attending should bring their own materials.

Leader and **bookings:** Ildy Turner 9488 9114
ipturner@bigpond.net.au

HORNSBY WALLAROBBA ARTS AND CULTURAL CENTRE

25 Edgeworth David Avenue. Parking onsite
Venue Coordinator Heather Lakiss 0402 080 045
heatherlakiss@gmail.com

Music Recorder

MEDIUM TO ADVANCED RECORDER (max 10)

Alternate Wednesdays from 14 Jul 10:00 to 12:30

The Drawing Room
This is a friendly and relaxed group whose purpose is the enjoyment of making beautiful music together.

Leader and **bookings:** Annette Salt 0407 873 455
saltnacl@bigpond.net.au

Poetry

POETRY APPRECIATION (max 10)

Alternate Wednesday from 14 Jul 1:00 to 3:00

Listen to and contribute your own selected poems, discuss a range of favourite and contemporary poets and their work. References to literary terms used in poetry will be occasional. Be ready to dig out your own poems of pleasure and discover new ones.

Leader and **bookings:** Robert Plumbe 0407 160 835
robert.plumbe@gmail.com

KILLARA LOURDES RETIREMENT VILLAGE

95 Stanhope Rd Village Auditorium
Wheelchair access, parking available
Venue Coordinator Robin Wines-Andersen 9416 2603
robinwines@me.com

HISTORICAL AND OTHER INTERESTING TOPICS

First Thursday of every month from 1 Jul 10:15 to 12:00

A lecture series on a variety of topics given by people with expertise in, and enthusiasm for, their subjects. The auditorium is equipped for audio visual presentations. Comments and questions are encouraged. **Bookings:** not required

History

1. Phoenix from the Ashes

1 Jul

A history of the theatres in Venice, particularly, La Fenice, the opera house destroyed three times by fire. Verdi, Wagner and Britten premiered operas there.

Presenter Nora Hinchin and John Flint

Ecology

2. Celebrating Sydney's 'Destination Pagoda'

5 Aug

Discover Sydney's spectacularly beautiful pagoda landscape near Lithgow, not found anywhere else in the world, that has the potential to transform Lithgow into an eco-tourist destination.

Presenter Janine Kitson

History

3. Cockatoo Island - Heart of the Harbour

2 Sep

Hear about the island's convict and shipbuilding past and more - with historic and current photos, and tales of hardship, escape and triumph.

Presenter Julie Evans (from the Harbour Trust)

Legal Matters

4. Keeping Women out of Prison

7 Oct

KWOOP Coalition came together to address some of the systemic failures of human rights which impact women in NSW prisons. What about their children?

Presenter Rosalind Strong AM

Health

5. The Pharmacology of Herbs

4 Nov

Herbs have been used as pharmaceutical from time immemorial, while Western medicine is only a few hundred years old. We discuss herbal treatment in some detail here.

Presenter Punchi (Das) Dassanayake

Climate

6. Voyage to Antarctica - Shackleton and Contemporary Issues

2 Dec

An account, with photographs of a recent visit to Antarctica, and its relationship to Ernest Shackleton. No one nation controls Antarctica but how will climate change affect it?

Presenter David Rosenwax AM

LINDFIELD GARDENS RETIREMENT VILLAGE

2 Ulmarra Place East Lindfield. Meetings held at the Village Centre, ample street parking available
Venue Coordinator Book through the office 9416 8466

VARIOUS SPEAKERS

Monthly on Thursdays from 22 Jul 10:00 to 12:00

Bookings: Book through the office 9416 8466

History

1. The History of Sydney Ferries

22 Jul

Presenter Mervyn Rosen

Science and Technology

2. Impact of Weather on the Animal Kingdom

26 Aug

Presenter Ian Thompson

Travel

3. Ghosts of Everest

23 Sep

Presenter Tony McCurdy

Health

4. How to Care for your Cells and Chromosomes to Minimize the Effects of Ageing

28 Oct

Presenter Dr Judy Ford

History

5. Roman Women and Slaves

25 Nov

Presenter Anne Richardson

LINDFIELD SENIOR CITIZENS RESOURCE CENTRE

271 Pacific Highway behind Library
Wheelchair access, limited on-site parking, short walk from station and Lindfield shopping car park
Venue Coordinator Marika McLachlan 9988 3199
0411 151 722 marikamclachlan@bigpond.com

Language Russian

RUSSIAN ADVANCED CONVERSATION (Cottage and zoom)

**Alternate Monday from 14 Jun 10:00 to 12:00
(Continuing Course)**

This is a continuing course where new members with an adequate level of Russian are welcome.

Leader and **bookings:** Dr Richard Brettell
0423 488 023 richardbrettell@hotmail.com

Language Spanish

PRE-INTERMEDIATE SPANISH

**Alternate Mondays from 21 Jun 2:00 to 4:00
(Continuing course)**

Cottage
For those who have already completed some study of the language, this is a course offering instruction in basic grammar with the introduction of useful phrases and opportunities for conversation. A variety of teaching methods will be used. Continuing course.

Leader and **bookings:** Jenny Brady
9966 8510 jennybry30@hotmail.com

Language Latin

LATIN INTERMEDIATE A

Each Wednesday from 23 Jun 1:00 to 3:00

This continuing course will proceed to Stage 54 of the Oxford Latin Course Part III with revision of part II and more complex grammar enhanced by passages of prose and poetry from classical authors.

Leader and **bookings:** Helen Ledwidge 9489 7161
0414 489 716 helenledwidge685@gmail.com

Music Appreciation

HOW TO READ AND WRITE MUSIC (BEGINNERS)

**Alternate Wednesdays from 23 Jun 2:00 to 4:00
(Continuing Course)**

Seniors Citizen Resource Centre Hall
How to understand and create those black dots. Class will write and perform own rhythm and melody work for a variety of instruments and voice in various styles.
Leader and **bookings:** Dawn Nettheim
9869 0451 dawn@bigpond.net.au

Book Group

MODERN AND CLASSIC NOVELS

Alternate Thursdays from 8 Jul 10:15 to 12:15

A literary discussion group studying 10 or 11 books each semester in a friendly and informal setting. All enthusiastic readers welcome. The first two books for the second semester are 8 July *The Mayor of Casterbridge* by Thomas Hardy, 22 July *Piranesi* by Susanna Clark.
Leader and **bookings:** Maurice O'Donovan
9411 8717 odonovan.1@bigpond.com

Language German

GERMAN INTERMEDIATE

Every Friday from 16 Jul 11:00 to 12:00

Hall
Text book: *em neu 2008 Deutsch als Fremdsprache - Niveaustufe B2. "Hauptkurs Kursbuch Hueber Verlag ISBN9 783195016957"* Sechs Bausteine: Lesen, Sprechen Horen Schreiben, Grammatik, Wortschatz. Basic German grammar required. New members welcome.
Leader and **bookings:** Marika McLachlan
9988 3199 or 0411 151 722

Language German

GERMAN ADVANCED

Every Friday from 16 Jul 9:30 to 11:00

Hall
Students need to have a sound knowledge of German. New members welcome.
Leader and **bookings:** Marika McLachlan
9988 3199 or 0411 151 722

ROSEVILLE ST ANDREW'S ANGLICAN CHURCH ROSEVILLE

Cnr Bancroft Ave and Hill St Roseville
Park in street, 1 min walk station
Venue Coordinator Heather Lakiss 0402 080 045
heatherlakiss@gmail.com

Language French

FRENCH READING AND WRITING INTERMEDIATE (max 10)

Alternate Wednesdays from 14 Jul 1:30 to 3:30

Kelman Room
For those who have completed at least three years of a preliminary course. The aim of this course is to develop skills in reading, writing and speaking French.
Leader and **bookings:** Peter Rennie 9451 8538

Language French

FRENCH READING AND WRITING ADVANCED (max 10)

Alternate Wednesdays from 21 Jul 1:30 to 3:30

Kelman Room

For those with a good basic knowledge of French grammar and pronunciation. The aim of the course is to develop students' skills in reading, writing and speaking French.

Leader and **bookings**: Peter Rennie 9451 8538

ST IVES FERNBANK RETIREMENT VILLAGE

2 Kitchener St, St Ives. Visitor Centre. Games Room.

Limited on-site parking. Street parking available in Kitchener St.

Venue Coordinator Vicky Davies 0422 522 550 (preferred)
vdavies710@gmail.com

Creative Writing

TUESDAY WORDSMITHS (max 12) NOW ON ZOOM

Alternate Tuesdays from 6 Jul 10:00 to 12:00

Everyone has a story to tell. Our friendly interactive group will help you find the key to unlock the door to your imagination. Leaders will rotate.

Bookings: Liz Laslett 0410 498 621

ST IVES UNITING CHURCH

Cnr Douglas St and Mona Vale Rd.

wheelchair accessible

Venue Coordinator Vicky Davies 0422 522 550 (preferred)
vdavies710@gmail.com

Cinema

THE GOLDEN AGE OF CINEMA

Alternate Fridays from 2 Jul 10:00 to 12:30

Wesley Room

Classic films from the 1920s to the 1960s will be screened.

Leader and **bookings**: Gary Tyrrell

0432 696 163 talk2garyt@gmail.com

Dance

DANCE EXERCISE FOR THE YOUNG AT HEART

Every Monday from 5 Jul 10:00 to 12:00

Wesley Room. In the event of any foreseeable class closure, please be assured that you will be informed in good time.

We dance to songs like Oh Carol, Obladi Oblada, Kiss Me, Pearly Shells, Candida etc. We'll have fun, the aerobics and music will energise you in this friendly group as we cha cha and step up to improve our health.

Leader and **bookings**: Rose Pettett 0402 287 738

rose.pettett@gmail.com

Music Ukulele

UKULELE FOR FUN NOW ON ZOOM

Every Wednesday from 7 Jul 9:00 to 12:00

Wesley Room

Have a lot of fun with a friendly group.

Leader: Dennis Simmons

Bookings: Barrie Heath: 0450 405 526 foxv217@gmail.com

Discussion Group Current Affairs

CURRENT AFFAIRS FORUM 2

Alternate Thursdays from 8 Jul 10:00 to 12:00

Calvin Room

We discuss and actively debate current news topics from local, national and international news sources. Debate can be lively and respectful of all opinions. Topics are sent in advance.

Leader: Michael Branagan 0417 452 100

Currently class full.

Science

GEOLOGICAL WONDERS

Alternate Wednesdays from 28 Jul 1:00 to 3:00

Calvin Room

Tour the Earth's great diversity and beauty in this awe inspiring course that visits the most amazing natural wonders in the world and explains the geology that underlines them.

Leader and **bookings**: Barrie Heath 0450 405 526

foxv217@gmail.com

THORNLEIGH HILLCREST UNITING CHURCH

1 Paling Street, Thornleigh

Venue Coordinator James Stowe 9484 6064

jamesstowe@optusnet.com.au

Games Bridge

BRIDGE FOR BEGINNERS

Alternate Tuesdays from 6 Jul 10:00 to 12:00

(10 sessions)

Learn to play both Social (Rubber) and Club (Duplicate) Bridge in a congenial social setting. 10 lessons. Notes supplied.

Leader and **bookings**: James Stowe 9484 6064

jamesstowe@optusnet.com.au

TURRUMURRA SOUTH ST ANDREW'S UNITING CHURCH

Cnr Chisholm Street and Vernon Street, South Turramurra

Parking available

Venue Coordinator Yiu Lam Kwan 94982952 0490045118

yiulam.kwan@gmail.com

Language French

FRENCH PRE-INTERMEDIATE (max 15)

Each Tuesday from 13 Jul 1:00 to 3:00

(excluding school holidays)

For those who have completed at least two years of a preliminary French course. Develop your skills in speaking, listening to reading and writing French in a relaxed and friendly atmosphere. Two text-books required. Phone Leader for details.

Leader: Shirley Beck

Bookings: Shirley Beck 0447 545 070 or 9634 4214

Language French

FRENCH INTERMEDIATE (max 15)

Each Thursday from 15 Jul 1:00 to 3:00 (excluding school holidays)

For those who have completed at least three years of a preliminary French course. Develop your skills in speaking, listening to reading and writing French in a relaxed and friendly atmosphere. Two text-books required. Phone leader for details.

Leader Shirley Beck

Bookings: Shirley Beck 0447 545 070 or 9634 4214

TURRAMURRA UNITING CHURCH

Turrumurra Ave, Turrumurra

Wheelchair access. Parking available

Venue Coordinator Vicky Davies 0422 522 550 (preferred)
vdavies710@gmail.com

Language German

GERMAN BEGINNERS

Every Monday from 12 Jul 10:00 to 12:00

Garden Room

This course is for those who have an elementary understanding of German grammar and who have a vocabulary including commonly used words and expressions. Members should be able to make themselves understood in simple, routine situations. The course aims to develop reading, writing, listening and speaking skills.

Leader and **bookings:** Michael Hummel 9869 1023
michael.hummel48@gmail.com

Current Affairs

CURRENT AFFAIRS DISCUSSION GROUP

Alternate Tuesdays from 13 Jul 10:00 to 12:00

Chapel

We discuss current affairs and associated ideas based on media reports in an informal and objective manner. Subjects for discussion by a leader who is rostered on a voluntary basis in each session.

New members welcome.

Leader and **bookings:** Jan Martin 9456 7774

Language Italian

ITALIAN FOR TRAVELLERS

Each Tuesday from 13 Jul 12:30 to 4:00

Garden Room

Are you planning to visit Italy or having been there, are you longing to return? No prior knowledge of Italian required. We will deal with everyday travel situations. With the language basics, I cover cultural topics to enhance your travel experience.

Leader and **bookings:** Paddy Gunning 9456 1291
gunnosp@gmail.com

History

TRUTH IN HISTORY

Alternate Thursdays from 15 Jul 9:30 to 11:30

Garden Room

We discuss wide ranging and relevant historical topics as new revelations and techniques renew our interest.

Leader: Phil Pryor

Bookings: Margaret Marshall 0418 253 949
shalldo15@gmail.com

Games

FUN PROBLEM SOLVING TO KEEP OUR MINDS ACTIVE NOW ON ZOOM

Alternate Tuesdays from 20 Jul 10:00 to 12:00

Garden Room

Let's challenge our brains and keep mentally agile by learning how to solve geometric puzzles such as tangrams and pentominoes, as well as space problems, number puzzles, word problems and logic problems. Please bring paper, pencils and scissors and, of course, an eraser.

Leader and **bookings:** Sandra Sadler 9484 5513
spsadler@dodo.com.au

History Australia

AUSTRALIAN HISTORY SEMINARS

Alternate Tuesdays from 20 Jul 10:00 to 12:00

Chapel

Topics such as The Great Australian Backyard, Murder by Bushrangers and Australia's First 10 Prime Ministers.

Leader and **bookings:** Garry Smith 0418 443 147
garmal@bigpond.com

WAHROONGA THE WONIORA

9 Woniora Ave, Wahroonga. Wheelchair access
Venue Coordinator Dorothee Schifter 9487 2578
dorothee.schifter@bigpond.com

Language German

GERMAN INTERMEDIATE (max 12)

Every Monday from 5 Jul 10:00 to 12:00

This course assumes that students have studied German in the past and want to brush up on their speaking, reading skills and basic grammar. The emphasis is on oral German and some necessary grammar.

Leader and **bookings:** Dorothee Schifter 9487 2578
dorothee.schifter@bigpond.com

PRIVATE HOMES

Venue Coordinator Marjorie Perry 9440 7131
marjorieperry@iinet.net.au

Book Groups

LITERARY MASTERPIECES (max 8)

Tuesdays Monthly from 6 Jul 10:00 to 12:00

St Ives

A small convivial group of passionate book lovers will focus upon extraordinary unforgettable stories by internationally acclaimed authors.

Leader and **bookings:** Kaye Horley 0412 750 487
kaye@practicalpsychology.com.au

Philosophy

PHILOSOPHY

Alternate Tuesdays from 6 Jul 10:30 to 12:30

Pymble

We research and study philosophers and the issues they raised. Are they still valid today? How and why? Members of the group choose topics. There are no formal lectures, but lots of discussion.

Leader and **bookings:** Margot Taverne 9449 2923
margottaverne@gmail.com

Creative Writing

A WAY WITH WORDS

Alternate Thursdays from 8 Jul 10:00 to 12:00

Pymble

Join our writing group in a motivating and supporting environment. Knowledgeable feedback is given to help you develop your writing skills.

Leader: Margaret Thomason 9488 8960

Bookings: Margot Taverne 9449 2923
margottaverne@gmail.com

Poetry

WITH RHYME AND REASON (max 10)

Alternate Thursdays from 15 Jul 10:30 to 12:30

Eastwood

We are a relaxed and convivial group who love to discuss poetry. Although our focus is 20th Century English language poets, we also look at poems in translation and poets from other eras. Material is distributed before each meeting.

Leader and **bookings:** Ron Wilkins 9876 1948
ronwtwilkins@hotmail.com

EMAIL AND POWERPOINT

Travel

SCANDINAVIA

Alternate Wednesdays from 7 Jul to 10 Nov (10 sessions)

A brief, well illustrated guide to the countries of Scandinavia, extended to include Finland and Iceland, as well as Sweden, Norway and Denmark. There is a great deal of visual material.

Leader and **bookings:** Graeme Aplin 9487 1839
graemeaplin@optusnet.com.au

ZOOM

Language Spanish

SPANISH CONVERSATION (zoom)

Alternate Tuesdays from 22 Jun 2:00 to 4:00 (Continuing course)

Most of the time we discuss current affairs, cultural events or a subject previously decided upon. Spanish is spoken 90 per cent of the time. Good knowledge of the language is required

Leader: Maria Criado

Bookings: Jenny Brady 9966 8510
jennybry30@hotmail.com

Music

MUSIC WE HAVE GROWN UP WITH (zoom)

Alternate Thursdays from 8 Jul 11:00 to 1:00

In 2021 we will continue exploring the magic of music from the 1920s to the 1970s. The music is delivered by way of video, enhancing the enjoyment

Leader and **bookings:** Howard Ferrer
howardf@optusnet.com.au

Language French

FRENCH INTERMEDIATE/ADVANCED (max 12) (zoom)

Every Wednesday from 14 July 9:30 to 11:30

This course is for those who have completed at least 4 years of French courses, and with a good basic knowledge of French grammar. It aims to develop skills in understanding spoken and written French, and in writing and speaking French.

Leader and **bookings:** Ethleen Low
0418 161 706 ethlow@bigpond.net.au

Science

SCIENCE AND TECHNOLOGY: GLIMPSES OF OUR PAST, PRESENT AND FUTURE (zoom)

Alternate Wednesdays from 28 Jul

Log in at 9.45 am for 10:00

Covers a wide range of scientific disciplines (physics, medical, biological, climate, engineering and others). Remain relevant and be informed by the quality of lectures offered.

Leader: Vivienne Ellis

Bookings: Andrew Bean 9983 1225
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2021 Calendar – New South Wales

JANUARY

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FEBRUARY

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DECEMBER

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26	27	28	29	30	31	

WEEK A BLUE WEEK B BLACK

PUBLIC HOLIDAYS RED

SCHOOL HOLIDAYS YELLOW

SHADING

Date	Region	page	course title	change requested
12/07/2021	UN	50	More Great Moments in Science	now on zoom
14/07/2021	HSN	35	Twelve photographs that made Australia	Now on Zoom (not at original venue)
14/07/2021	HSN	37	Handel, the entrepreneur	Now on Zoom (not at original venue)
14/07/2021	HSN	36	Humanism – an enlightened life stance	Now on Zoom (not at original venue)
14/07/2021	HSN	35	ET where are you?	Now on Zoom (not at original venue)
14/07/2021	HSN	36	Danger was my business	Now on Zoom (not at original venue)
14/07/2021	HSN	35	Time travel	Now on Zoom (not at original venue)
14/07/2021	HSN	31	Waves, music of the spheres	Now on Zoom (not at original venue)
14/07/2021	HSN	37	History of human wisdom	Now on Zoom (not at original venue)
14/07/2021	HSN	35	Landcare in Australia	Now on Zoom (not at original venue)
14/07/2021	HSN	31	Born in the USSR	Now on Zoom (not at original venue)
14/07/2021	HSN	36	Born in the USSR	Delete entry
14/07/2021	HSN	30	Born in the USSR	Delete entry
19/07/2021	UN	54	Fun Problem Solving to Keep our Minds Active	now on zoom
19/07/2021	UN	53	Tuesday Wordsmiths	now on zoom
19/07/2021	UN	53	Ukulele for Fun	now on zoom
16/07/2021	NB	46	Curly Questions in Science: Images of 100 years of Science	now on zoom
16/07/2021	HN	35	MONDAYS AT THE ART GALLERY	remove Trish Dawson's phone number



OUR COLOUR BRAND VALUES EXPLAINED:

KINGFISHER BLUE = SHARING

We share our knowledge

GREEN = GROWING

Together we grow our minds

YELLOW = SOCIALISING

We interact and connect with others

RED = PASSION

Our passion is for education

Sydney U3A is a not-for-profit volunteer based organisation providing continuing education opportunities for people who are no longer in full time employment. The courses and talks are conducted in a relaxed environment; are stimulating and interesting across a wide variety of topics. Participating members are provided with the opportunity to form enduring friendships through socialisation and community interaction whilst learning something new.