



**A Message from U3A Eastern Region President,  
Dr David Rosenwax**

**New time for lectures in the eastern region:  
Friday mornings at 10.30 am commencing 30 April 2021**

**Location: COA Hall, 25 Rowe St, Woollahra** (200 metres from Bondi Junction bus and train interchange; parking at Westfield Bondi Junction).

- If you have not been to U3A for a while now is the time to join us again, meet new friends and hear some interesting presentations. (Everything is Covid safe so you do not have to worry)!
- U3A Eastern lectures, now being held at COA Hall, 25 Rowe St, Woollahra are being made available to COA members in a **mutual partnership\*** between our two not- for- profit organisations devoted to older people.
- **New time and day for U3A lectures:**

**Friday mornings 10.30 am – 12.00 midday, commencing Friday 30 April 2021**

**What`s on the program?**

- **On Thursday 22 April 2021 at 1.30 pm Stewart Reed** will lecture us on the comics and political cartoons of author and illustrator May Gibbs (creator of 'Cuddlepot and Snugglepie'). **This will be our last lecture on a Thursday afternoon and should not be missed as May Gibbs was an amazingly accomplished woman.**
- **On Friday 30 April 2021 at 10.30 am Trish Powers** will deliver a historical examination of **'The Irish Famine and its effect on Australia'**. She will particularly focus on the subsequent emigration of single females to Australia in particular, young orphaned females.
- **On Friday 7 May 2021 at 10.30 am Nitza Lowenstein will present 'Dr Google is making us sick'**. Nitza will explore health in the digital age, the impact on the doctor – patient relationship, the latest medical apps and how to find support groups and avoid cyberchondria.
- **Thomas Delisi** has rescheduled his talk on **'The QUAD – Asia`s response to a developing China'** to **10.30 am Friday 25 June 2021.**

\* U3A Eastern Region has accepted a generous proposal from COA to join forces to extend our coverage to each other`s membership to mutually support older people to reconnect, contribute and enjoy our lives.