

## **Greater Western Update No 9 6/10/2020**

Here's an update of our upcoming presentations.

### **Single Session Tuesdays. All sessions on Zoom at 1000hrs.**

**Tuesday 13<sup>th</sup> October My Favourite Convict.** Hear about a female convict who was involved in the first overthrow of an Australian government. Presenter is Bob Selinger

**Tuesday 27<sup>th</sup> October "Antarctica, the Last Frontier"** Presented by Barry Nielson

A highlight tour for the discovery of the unique survival strategies employed by living creatures in a hostile and extremely cold climate.

**Tuesday 10<sup>th</sup> November "StrokeSafe"**

- What stroke is and how to recognise the signs of stroke.
- What to do if someone is having a stroke.
- How to prevent stroke in you or the people you love.

Presenter Dinesh Narayan

### **Emerging Science All sessions on Zoom at 1000hrs**

When I was unable to get PhD presenters for Sept and October, Dr Christine Lopacinski and Ron Ray both very kindly offered to do presentations for us.

**Friday 9 Oct 1000hrs Beating Depression and Developing Resilience, presented by Christine Lopacinski.**

There has been considerable awareness of the importance of mental health this year. Has mental health become an industry? Mental health is important to our wellbeing and we need to manage it wisely. Resilience is the key.

**Friday 23 Oct 1000hrs Cook and the HMB Endeavour from a scientific point of view presented by Ron Ray.**

Focusing on Cooks many uses of the science available at the time and his furthering of scientific discoveries.

## **Friday History All sessions on Zoom at 1000hrs**

A huge thankyou to Himanshu for the wonderful series he has just presented. Colin Smith is giving us 2 presentations and Himanshu will be back for 2 final talks for the year

### **Friday 16<sup>th</sup> Oct and Friday 30<sup>th</sup> Oct**

In the early 1930s, many American workers escaped the Great Depression to live in the workers paradise of the USSR. They started a baseball league and had their own English newspaper while making Ford cars in Russia. So how did they end up in Stalin's gulag cutting down trees and digging for gold in frozen Siberia? Why did the USA forsake them?

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**Current Hot Spots of the World"** presented by Himanshu Jhala

**Friday 13<sup>th</sup> November** The trouble with Kashmir- a legacy from the "partition of India and

**Friday 27<sup>th</sup> November** Arab Spring and the turmoil in the Middle East

If you're not already registered for the above sessions, email me, Sue on [sueb0356@gmail.com](mailto:sueb0356@gmail.com)

## **People Who Changed The World. All sessions on Zoom at 1400hrs**

**Thursday 22nd Oct** The Industrial Revolution

Where ideas were taken up to motivate manufacturing to improve the living conditions and wealth.

Presenter: Jim Houghton

**Thursday 5th Nov.** World War 1

All about additional facts about the war itself & people & events

Presenter: Jim Houghton

**If you're not already registered for this Course, email Rex Broadbent**  
**rexp@optusnet.com.au**