

HARBOURSIDE NORTH

Regional Course Coordinator: Rosemarie Einstein 0412 043 377
einstein@starmar.net.au **Enquiries only**

HARBOURSIDE NORTH REGION OF SYDNEY U3A

**Notice is hereby given that the
Annual General Meeting and Election of Office Bearers**

followed by

Afternoon Tea with guest speaker

will be held on

Friday 6 March 2020 at 1:30

Lane Cove Golf Club River Road, Lane Cove
(ample parking available in the grounds)

Bookings: Rosemarie Einstein einstein@starmar.net.au (preferred) or 0412 043 377
Harbourside North members are encouraged to attend.
All Sydney U3A members are welcome.
Invitations will be posted on request.

PLEASE SEE OUR 2 ENTRIES IN 'EVENTS'

HARBOURSIDE NORTH REGION COMMITTEE

invites you to

MORNING TEA

**at The Art Gallery Mosman
Monday 3 February 2020 at 10:30**

An introductory morning to U3A for members and friends and new and potential members.
Come share your ideas, suggestions, and experiences of life in U3A!

CASTLE COVE: WATERMARK RETIREMENT VILLAGE

8b Deepwater Rd off Eastern Valley Way. Parking available
Venue coordinator: Barbara Boston 9417 2967
nboston@bigpond.net.au

Bookings are essential for all courses. We encourage you to book them online as part of our pilot project for online bookings (see further details at the front of this course book). Go to www.sydneyu3a.org, or alternatively email officemgr.sydneyu3a@gmail.com. Otherwise book through Venue Coordinator

SHORT COURSES

A HISTORY OF EARLY MUSIC: ROMANTIC AND BEFORE

Western classical music in Europe from the Dark Ages to the end of the C19th includes Medieval, Renaissance, Baroque, Classical and Romantic

Tuesday 4 Feb 10:30 - 12:30

Speaker: Graham Ball

A HISTORY OF 20TH CENTURY MUSIC

A diverse range of musical styles was pioneered by composers ranging from Stravinsky to John Williams, including classical, jazz, film, country and rock and roll

Tuesday 11 Feb 10:30 - 12:30

Speaker: Graham Ball

A CELEBRATION OF THE MUSICAL

The musicals of the western world, from Jacques Offenbach in the C18th to the present, use combinations of songs, spoken dialogue, acting and dance

Tuesday 18 Feb 10:30 - 12:30

Speaker: Graham Ball

AUSTRALIAN AGRICULTURE

An exploration of the development of our national agriculture from 1788 to the latest explanation of high-tech science of food and fibre production. (2 sessions)

Tuesdays 25 Feb and 3 Mar 10:30 - 12:30

Leader: Peter Sloane

OUR DYNAMIC EARTH

1. From the Big Bang to the Present - how did we get here and where are we going?
2. The Bountiful Planet - what are everyday things made of?
3. On a Solid Foundation - landscape, climate, and our geological history.
4. Volcanoes, Earthquakes and Tsunamis – the whys and wherefores. (4 sessions)

Each Tuesday from 10 Mar 10:30 - 12:30

Leader: Garry Lowder

A TASTE OF OPERA

We outline the composer's life and career, the story of the opera and scenes from a filmed version.

1. Rossini: *The Italian Girl in Algiers*
2. Humperdink: *Hansel and Gretel*

Tuesdays 7 and 14 Apr 10:00 - 12:30

Leader: Nora Hinchin and John Flint

ROSSINI - PRODIGY, CELEBRITY AND WIT

C19th musical genius, a wealthy celebrity in his early twenties, bon viveur, chef, raconteur. A look at his life and works, popular and not so well known

Tuesdays 21 and 28 Apr 10:30 - 12:30

Leader: Nora Hinchin

SOME GEMS OF CLASSICAL CHINESE LITERATURE

China has a rich literary tradition, reaching back at least 3,000 years. Reading translated extracts from classical Chinese poetry, prose fiction and drama, we explore the complexity and depth of China's culture prior to 1911 (4 sessions)

Each Tuesday from 5 May 10:30-12:30

Leader: Bernice Lee

THE NOBEL PRIZE - ITS FOUNDER AND HIS LEGACY

The prestigious Nobel prizes are awarded at a glittering ceremony on Nobel's birthday. We examine the life and character of the man who established the prize and look at the stories behind some of the winners. (2 sessions)

Tuesdays 2 and 9 Jun 10:30 - 12:30

Leader: Penny Bishop

RACHEL CARSON AND NATURE

Rachel Carson (1907-1964) celebrated how Nature is intricately and beautifully connected in danger. Why is her message so important to revisit as we confront the global future? (2 sessions)

Tuesdays 16 and 23 Jun 10:30 - 12:30

Leader: Janine Kitson

FULL SEMESTER COURSE

FRIDAY FILMS AT CASTLE COVE (24)

Classic movies presented with some analysis and background pertaining to cast, direction and production issues. (11 sessions)

1. *Kind Hearts and Coronets* (1949)
2. *Play Misty for Me* (1971)
3. *Duck soup* (1933)
4. *Gilda* (1949)

Full program at first session

Alt Fridays from 7 Feb 10:30 - 12:30

Leader: Hugh Watson

CHATSWOOD: DOUGHERTY COMMUNITY CENTRE

7 Victor St. Parking available. Wheelchair access

Venue coordinators: Janet Douglas janet_away@yahoo.com

(preferred) 0423 947 411 and Ursula Schappi

ursulasch@bigpond.com (preferred) 0407 995 578

Bookings essential for all sessions with the listed persons below

SHORT COURSES

SPACE: THE NEW FRONTIER

Learn about recent developments in the challenges, preparation and prospects for space travel

Tuesday 25 Feb 10.30 - 12.30

Speaker: Joan Scott

Bookings: Annemarie Moore

mooreannemarie1948@gmail.com (preferred) or 0421 716 232

MIND YOUR MIND

With increasing longevity the incidence of dementia, including Alzheimer's disease, is rising. What can we do to manage it and lessen our personal risk?

Tuesday 3 Mar 10.30 - 12.30

Speaker: Christine Lopacinski

Bookings: Janice Gentle jlg436@bigpond.com (preferred) or 9439 3801

IRAN: THE ELEPHANT IN THE MOUNTAINS

A history of Iran: extraordinary civilisation with roots in the Iron Age; outstanding imperial power in the ancient world; conquered by Islam, to emerge today as the champion of the Shi'a, with ambitions for Middle Eastern hegemony. (4 sessions)

Alt Tuesdays from 10 Mar 10.30 - 12.30

Leader: Ian de Mellow

Bookings: Kathy Vern-Barnett kvernb@internode.on.net (preferred) or 0414 694 925

BUSH POETRY

The musical, informal nature of bush poetry is an excellent medium to express a range of emotions. Enjoy readings of Henry Lawson, Banjo Patterson and others

Tuesday 17 Mar 10.30 - 12.30

Speaker: Christine Lopacinski

Bookings: Gaye Griffiths gaye.griffiths@gmail.com (preferred) or 9417 4037

SOME CURRENT ISSUES IN CRIMINAL JUSTICE IN NSW

Considerations of effectiveness, efficiency, politics and changes in society result in changes in criminal laws and procedures. We discuss some prominent issues presently being addressed in NSW

Friday 20 Mar 10.30 - 12.30

Speaker: Nicholas Cowdery AO QC

Bookings: Barbara Ellis, bellis58@bigpond.com (preferred) or 9416 3071

ESTONIA

This country is the precious and beloved homeland of my parents. It is smaller than Tasmania, but amazing in its survival, people, history and forward thinking.

Friday 3 Apr 10.30 - 12.30

Speaker: Anne Richardson

Bookings: Max Richardson annesil@hotmail.com (preferred) or message on 9419 8143

WHERE AUSTRALIA COLLIDES WITH ASIA

The epic voyages of Continent Australia: Joseph Banks, Alfred Russel Wallace and Charles Darwin which led to the landmark work *On the Origin of Species*

Tuesday 14 Apr 10.30 - 12.30

Speaker: Ian Burnet

Bookings: Janice Gentle jlg436@bigpond.com (preferred) or 9439 3801

WILLOUGHBY HISTORICAL SOCIETY

Meet at the Dougherty Centre and take a short walk to the Willoughby Historical Society Museum to learn some of the fascinating history of the Willoughby area

Friday 24 Apr 10.30 - 12.30

Speaker: Paul Storm

Bookings: Janet Douglas janet_away@yahoo.com (preferred) or 9419 5603

HISTORY OF MORAL THOUGHT

Explore how humans in the east and west have decided what is "good" and what is "bad" by listening to Homer, Confucius, Aristotle, Buddha, Thomas Aquinas, Mohammed, Hobbes, Kant, Nietzsche, Sartre and others - not as serious as it sounds! (4 sessions)

Tuesdays from 28 Apr 10.30 - 12.30

Leader: Peter Nixon

Bookings: Ronda Broadbridge rbroadbr@tpg.com.au (preferred) or 9417 1943

HOW THE LIVES OF MEN ARE TREATED IN FICTION

Four novels written in different countries during the C20th Are there similarities and/or differences in the lives of men described in

1. *A Portrait of the Artist as a Young Man* - James Joyce
2. *Goodbye Columbus* - Phillip Roth
3. *Waterland* - Graham Swift
4. *Dirt Music* - Tim Winton (4 sessions)

Fridays from 8 May 1:30 - 3:30

Leader: Margaret Little

Bookings: Margaret Parker athena650@yahoo.com.au (preferred) or 9411 5529

TIME

Considers the different ways in which time has been measured throughout history

Tuesday 2 Jun 10:30 - 12:30

Speaker: David Malone

Bookings: Joy Martin joymartin@optusnet.com.au (preferred) or 9888 6465

INTERNATIONAL SPACE STATIONS

An overview of the international space station and some earthly benefits that have come from research carried out in space

Tuesday 9 Jun 10:30 - 12:30

Speaker: David Malone

Bookings: Ronda Broadbridge rbroadbr@tpg.com.au (preferred) or 9417 1943

THE DNA REVOLUTION

The latest revolutionary advances in DNA research and gene editing and the many ethical issues that result from them.

Tuesday 16 Jun 10:30 - 12:30

Speaker: Kevin Murray

Bookings: Janet Douglas janet_away@yahoo.com (preferred) or 9419 5603

FULL SEMESTER COURSES

ADVANCED RECORDER

Treble, tenor, bass and descant players welcome.

Basic sight-reading is essential. The emphasis is on playing musically

Alt Mondays from 3 Feb 10:30 - 12:30

Leader and **bookings:** Katie Lucy-Smith 8416 3266

DISCUSSION GROUP 1

Would you like to hear some interesting opinions? Air some of your own? This is a varied group who consider some of the issues of life and living that contribute to our modern existence

Alt Thursdays from 13 Feb 10:00 - 12:00

Leader and **bookings:** Margaret Thomason 9488 8960

DISCUSSION GROUP 2

We are a small and friendly group who discuss both local and overseas events. We value all opinions and do not take ourselves too seriously

Alt Thursdays from 23 Jan 10:30 - 12:30

Leader and **bookings:** John Yates johnyates80@hotmail.com (preferred) or 0437 394 225

FRENCH FOR NEAR BEGINNERS

Can you remember a little high school French? If so, this course is for you. We will study basic phrases through topics such as likes and dislikes, hotel bookings and asking the way. This course focuses on conversation

Each Monday from 3 Feb 10:30 - 12:30

Leader and **bookings:** Bridget Miall 9411 7882

GERMAN FOR POST BEGINNERS

We cover simple conversation with some grammar practice. This course is for those who have completed at least one elementary German course

Thursdays from 5 Mar 1:00 - 3:00

Leader and **bookings:** Bettina Boss 0466 979 460

INTRODUCTORY SPANISH

Planning to travel to a Spanish speaking country? Near beginner? Then join Marta, a Spanish speaker from South America, to have fun learning Spanish

Mondays from 9 Mar 1.30 - 3.30

Leader and **bookings:** Marta Moreno
bettymenalabarca@hotmail.com (preferred) or 8541 8287

LEARN THE RECORDER

Have fun learning to play descant, treble or tenor recorders beautifully. A small knowledge of music and recorder playing is required. You will need a recorder, music stand and will have to buy the set Tutor (*Enjoy the Recorder* by Brian Bonsor)

Alt Wednesdays from 29 Jan 10:30 - 12:30

Leader and **bookings:** Katie Lucy-Smith 8416 3266

THE CLASSICAL ERA IN MUSIC

This course is a freestanding sequel to last year's Bach and Baroque course and will focus on the remarkable contributions of Haydn and Mozart to our music heritage

Alt Thursdays from 6 Feb 10:00 - 12:00

Leader: John Hughes

Bookings: Jan Yeoman janyeoman@bigpond.com (preferred) or 9411 3457

CHATSWOOD NAN TIEN BUDDHIST TEMPLE LIBRARY

4 Spring Street Chatswood. Next door to Westfield

Venue coordinator and **bookings:** Judy Harris
JudyHarris2@bigpond.com or 0447 194 510

Bookings essential for all sessions

SHORT COURSES

MEDITATION: THEORY AND PRACTICE

Meditation is a practice to connect with ourselves and the world. For inner peace and joy, we need the ability to release stress and anxiety

Thursday 27 Feb 10.30 - 12.30

Speaker: Ven Miao You

EXAMPLES OF ASIAN TEMPLES

The diverse architectural magnificence of Temples in Bhutan, Myanmar, China and other Asian countries will be explored

Thursday 26 Mar 10.30 - 12.30

Speaker: Raymond Lee

GALLIPOLI AND ANZAC DAY

Unravelling the facts from the legends of the Dardanelles campaign. Share some insights and astonishing stories of diggers involved - and the Australian legacy

Thursday 16 Apr 10.30 - 12.30

Speaker: Peter Allen

THE KYOTO MANIFESTO FOR GLOBAL ECONOMICS (II)

The power to heal a 'fractured society' which lies in the depth of our humanity - our spirituality applied across all business and economic decisions

Thursday 14 May 10.30 - 12.30

Speaker: Emeritus Prof Stephen Hill AM

THE TWELVE GODS AND GODDESSES OF FLOWERS AND CALLIGRAPHY

Stuart's art, exhibited in many countries, depicts a specially chosen flower complemented by poetry and calligraphy.

Each flower represents a character in Chinese history

Thursday 11 Jun 10.30 - 12.30

Speaker: Sze Chiu Leung (Stuart Leung)

GREENWICH: THE BAYTREE RETIREMENT RESORT

6 Ulonga Ave (off Innes Rd)

Program coordinator: Lesley Duffill 9969 9546

leslieduffill@gmail.com

Venue coordinator: Andrew Caro 9433 8056

Bookings essential for all sessions with the listed persons below

SHORT COURSES

IRAN PAST AND PRESENT

1. From Zoroastrianism to Islam trace Iran's 2,500 yr old history to the beginning of the C20th

2. Iran in the C20th and C21st. Fall of the Shah and the American Hostage crisis

Tuesdays 4 and 11 Feb 10:00 - 12:00

Leader: Cindy Davies Broadbent

Bookings: Lesley Duffill leslieduffill@gmail.com (preferred) or 9969 9546

CELEBRATING NATURE

Rachel Carson (1907-1964) celebrated how Nature is intricately and beautifully connected in danger. Why is her message so important to revisit as we confront the global future? (2 sessions)

Tuesdays 18 and 25 Feb 10.00 - 12:00

Leader: Janine Kitson

Bookings: Margaret Vermeesch 9433 8048

HISTORY OF THE MEASUREMENT OF TIME

The measurement of time from very early periods to atomic clocks, with some movies and sounds included

Tuesday 3 Mar 10:00 - 12:00

Speaker: David Malone

Bookings: Rosalind Lund-Conlon 9807 9956

HISTORY OF THE DEVELOPMENT OF PLASTICS

How the products we know today are processed and manufactured

Tuesday 10 Mar 10.00 - 12.00

Speaker: David Malone

Bookings: Rosalind Lund-Conlon 9807 9956

INSIDE PINE GAP

Learn about the history of Pine Gap from an insider who served 18 years in Operations. Discover what Pine Gap does and why it is there

Tuesday 17 Mar 10:00 - 12:00

Speaker: David Rosenberg

Bookings: Diana Brooks 9433 8031

THE DEFENCE OF SYDNEY

From the first white settlement, NSW Governors established a plan to defend Sydney against capture by both the Spanish and Napoleon

Tuesday 24 Mar 10:00 - 12:00

Speaker: Don Napper

Bookings: Mary Morrison 9433 8004

HISTORY OF COCKATOO ISLAND

Cockatoo Island was a prison for 70 years, first for convicts then a female reformatory and finally for petty criminals

Tuesday 31 Mar 10:00 - 12:00

Speaker: Don Napper

Bookings: Mary Morrison 9433 8004

AUSTRALIAN POETS

Classic Australian poets and the social environment that produced them. From Patterson to Dawe

Tuesday 7 Apr 10.00 - 12.00

Speaker: Terry Farrell

Bookings: Kate Caro 9433 805

AMERICAN POETS

We consider the different paths taken by T.S. Eliot and Robert Frost, and discuss what impact the modernist movement had on these two poets and their different response to it. (3 sessions)

Each Tuesday from 14 Apr 10.00 - 12.00

Leader: Terry Farrell

Bookings: Kate Caro 9433 8056

OPERA SERIES

We consider operas in the light of the composer's life and career. Operas discussed are The Turk in Italy (Rossini), Il Seraglio (Mozart), Rigoletto (Verdi) and The Pearlfishers (Bizet). (4 sessions)

Each Tuesday from 5 May 10.00 - 12.30

Leaders: John Flint and Nora Hinchin

Bookings: Christine Blanks frblanks@bigpond.com

(preferred) or 9436 3451

HUMANISM: AN ENLIGHTENED LIFE STANCE

Humanism holds the best knowledge is obtained through science, and the best morality motivated by human welfare. With enlightenment we realise humans are responsible for their own welfare

Tuesday 2 Jun 10:00 - 12:00

Speaker: Ian Bryce

Bookings: Mary Morrison 9433 8004

AUSTRALIAN SKEPTICS' SCIENTIFIC INVESTIGATIONS

Australian Skeptics offers a large prize for real evidence of the paranormal or new science. We investigated many dubious claims and activities challenging the laws of science

Tuesday 9 Jun 10.00 - 12.00

Speaker: Ian Bryce

Bookings: Mary Morrison 9433 8004

TWO ANCIENT DISEASES

Malaria has impacted civilisations for centuries with no vaccine or reliable treatment. Polio is an equally ancient disease causing paralysis and suffering. The successful polio vaccine was a milestone in modern medicine

Tuesdays 16 and 23 Jun 10.00 - 12.00

Leader: Penny Bishop

Bookings: Lesley Duffill leslieduffill@gmail.com (preferred) or 9969 9546

FULL SEMESTER COURSE

FRIDAY FILMS

Classic movies presented with some analysis and background pertaining to cast, direction and production issues

14 Feb: *Kind Hearts and Coronets* (1949)

28 Feb: *Play Misty for Me* (1971)

13 Mar: *Duck Soup* (1933)

27 Mar: *Gilda* (1946)

24 Apr: *The Guilty* (2018)

8 May: *Penthouse* (1933)

22 May: *The Birds* (1963)

5 Jun: *Captain Blood* (1935)

19 Jun: *Kind Lady* (1935)

3 Jul: *From Here to Eternity* (1953)

17 Jul: *The Fortune Cookie* (1966)

Alt Fridays from 14 Feb 10:00 - 12:00

(Coffee and cakes at 9:30)

Leader: Hugh Watson

Bookings: Margaret Vermeesch 9433 8048

HUNTERS HILL: C. A. FAIRLAND HALL

14 Church St Hunters Hill Ample street parking

Facebook: U3AHunters Hill

Venue Coordinator: Judy Harris 0447 194 510

Bookings are essential for all courses. We encourage you to book them online as part of our pilot project for online bookings (see further details at the front of this course book). Go to www.sydneyu3a.org or contact Judy Harris JudyHarris2@bigpond.com or 0447 194 510

SHORT COURSES

STORIES IN AUSTRALIAN STAINED GLASS

An illustrated lecture on Australia's rich heritage of stained glass in churches, public buildings, institutions and residences. Examples from every state's rural and urban areas

Monday 20 Jan 10.30 - 12.30

Speaker: Dr Beverley Sherry

WHY WE AGE: UNDERSTAND THE BIOLOGY AND ACTION NEEDED TO IMPROVE OUR HEALTH

Our bodies contain billions of cells. Aging results from limitations in cell division and the side effects of this. Understand the mechanisms and positive actions you can take.

Monday 3 Feb 10.30 - 12.30

Speaker: Dr Judy Ford

COCHLEAR IMPLANTS AND AUSTRALIAN LIONS HEARING DOGS

The latest amazing cochlear technologies and how Sydney, a Lions Hearing Dog, helps in the speaker's daily life.

Monday 10 Feb 10.30 - 12.30

Speaker: Fay Yarroll (and Sydney)

STEPHEN HAWKING - HIS LIFE, LEGACY AND PHYSICS

The world has lost an inspiring scientist, with a controversial private life, who illuminated the origins of the universe and shone at communicating this to the world

Monday 17 Feb 10.30 - 12.30

Speaker: Ian Bryce

DRAWING FOR BEGINNERS (15)

Want to draw? Develop a unique drawing style by studying the elements and principles of design. Learn the basic skills of relaxed seeing and recording and examine various drawing techniques. (6 sessions)

Each Friday from 21 Feb 10.30 - 12.30

Leader and **bookings:** Kate McClelland
mclellands@ozemail.com.au 0413 388 959

ET - WHERE ARE YOU?

The possibilities for life existing outside earth and our attempts to discover or make contact with them.

Monday 24 Feb 10.30 - 12.30

Speaker: Laurie Wilson

SURVIVING AND THRIVING AS A FIRST TIME TOURIST IN JAPAN

Tokyo is superficially the same as other major cities. Visitors will find life there fascinating and different, reflecting the unique people and culture of Japan

Monday 2 Mar 10.30 - 12.30

Speaker: Jeff Burgess

PSYCHOLOGY: SOME KEY CONCEPTS

Who is the real father of psychology? What is the difference between psychology and psychiatry? Details of IQ tests, personality tests, psychosis, neurosis and psychotherapy

Monday 9 Mar 10.30 - 12.30

Speaker: Dr Reinhard Ronnebeck

THE HEEL AND TOE OF THE ITALIAN BOOT

Puglia, Calabria and Basilicata: the history, environment and personalities of these southern regions of Italy, illustrated with images and film clips

Mondays 16 and 23 Mar 10.30 - 12.30

Speakers: Nora Hinchin & John Flint OAM

SECRETS OF THE IN-GROUP

Six older women realise that without social media skills, they're becoming irrelevant. Their book club doesn't cut it anymore, it's time to go virtual

Monday 30 Mar 10.30 - 12.30

Speaker: Loretta Re

HISTORY OF ROYAL REHABILITATION CENTRE AT RYDE

Opened in 1902 as Weemala, for people with disabilities and a home for 'incurables', it has developed into a world-class treatment and training centre

Monday 6 Apr 10.30 - 12.30

Speaker: Winsome Baker

HUMAN ORGAN REPLACEMENT

Organ transplantation is a highly effective treatment for advanced organ disease, with success rates in Australia among the highest in the world

Monday 13 Apr 10.30 - 12.30

Speaker: Punchi (Das) Dassanayake

50 YEARS AT THE ENSEMBLE THEATRE - WHAT FUN

Our speaker will give an insight into her 30 years as Artistic Director at The Ensemble, Australia's oldest independent theatre

Monday 20 Apr 10.30 - 12.30

Speaker: Sandra Bates AM

MARITIME MUSEUM - HEROIC MEN AND FIGHTING SHIPS

In WWII, our Navy were sometimes outnumbered and outgunned, fighting until there was no more ammunition and often until the order to abandon ship was given

Monday 27 Apr 10.30 - 12.30

Speaker: Merv Rosen

INSIDE PINE GAP

Learn about the history of Pine Gap from an insider who served 18 years in Operations. Discover what Pine Gap does and why it is there

Monday 4 May 10.30 - 12.30

Speaker: David Rosenberg

THESE TRUTHS - A BRIEF HISTORY OF THE USA UP TO THE CIVIL WAR

Using Jill Lepore's research, we explore the origins of a divided nation from the American experiment based on political equality, natural rights and the sovereignty of the people. (4 sessions)

Each Monday from 11 May 10.30 - 12.30

Speaker: Peter Nixon

ETERNAL DESIGN: JAPANESE ART AND ARCHITECTURE THROUGH TIME

Japanese artists have blended traditional with modern to create timeless artistic expression. Kathryn will talk about Niigata to Naoshima and how artists created eternal design

Monday 8 June 10.30 - 12.30

Speaker: Kathryn Hunyor

LANE COVE: LIVING AND LEARNING CENTRE

180 Longueville Rd

Venue coordinator: Robert Lynn 9433 8066

Bookings for all sessions through the persons listed below

FULL SEMESTER COURSES

BOOK DISCUSSION GROUP

A group centred on literary fiction. Our book for the first session is When the Night Comes by Favell Parrett

Every fourth Monday from 6 Jan 10:30 - 12:30

Leader and **bookings:** Janice Gentle 9439 3801

DISCUSSION GROUP 1

Join this happy group to air your views and discuss a variety of interesting topics selected by group members

Alt Thursdays from 6 Feb 10:30 - 12:30

Leader: Beatrice Blanks 8068 9393

Bookings: Val Kaley 9427 0786

DISCUSSION GROUP 2

Topical issues and ideas discussed in a friendly and lively atmosphere. Join us to continue learning and communicating with an active group

Alt Mondays from 10 Feb 10:30 - 12:30

Leader and **bookings**: Barbara Meth 9438 5014

'ISMS' IN HISTORY

Examine a number of beliefs and practices that end in 'ism'

1. **6 Feb**: Scholasticism
2. **20 Feb**: Monasticism
3. **5 Mar**: Fanaticism and Fundamentalism
4. **19 Mar**: Mercantilism
5. **2 Apr**: Capitalism
6. **16 Apr**: Darwinism
7. **30 Apr**: Secularism
8. **14 May**: Keynesianism
9. **28 May**: Consumerism
10. **11 Jun**: Feminism
11. **25 Jun**: Militarism

Alt Thursdays from 6 Feb (note breaks) 1:30 - 3:30

Leader: Frank Wilson 8021 7059

Bookings: Ann Drysdale 9427 8435

THE MANORS OF MOSMAN RETIREMENT VILLAGE

6 Hale Rd Mosman (off Military Rd). Wheelchair access
Venue coordinator: Lesley Duffill leslieduffill@gmail.com
9969 9546

Bookings through the persons listed below

FULL SEMESTER COURSES

CONTINUE YOUR MEMOIR

A self-help course that will interest members who have been to a memoir or family story-writing class and are well into their project. Group feedback and activities form the basis of the course to encourage members to keep writing

Alt Tuesdays from 4 Feb 10:00 - 12:00

Leader and **Bookings**: Pamela Tilbrook 0413 377 212
pamelatilbrook@optusnet.com.au

LITERARY DISCUSSION GROUP

This friendly group meets once a fortnight to discuss a variety of demanding literature including poetry, drama and non-fiction. New members welcomed

Alt Tuesdays from 11 Feb 10:00 - 12:00

Leader: Mary Billing

Bookings: Elisabeth Kingsford Smith 9953 6993

TOPICAL ISSUES DISCUSSIONS

This is a group with a difference. You choose the topics and get your chance to decide the topics, both local and international. This is an opportunity to keep the mental engines running in a friendly, diverse and welcoming group

Alt Wednesdays from 5 Feb 10:00 - 12:00

Leader: Joan Castle

Bookings: Margaret Kropman 0434 839172

McMAHONS POINT COMMUNITY CENTRE

165 Blues Point Rd

Venue coordinator: Lesley Duffill 9969 9546

leslieduffill@gmail.com

Bookings through the persons listed below

FULL SEMESTER COURSES

BOOK GROUP

This group reads 10 novels per semester (both classics and modern) chosen by the members who enjoy a lively discussion on books read

Alt Fridays from 7 Feb 10:00 - 12:00

Leader and **bookings**: Toni McLennan 9412 1585

WRITING POETRY (12)

This group explores the magic of poetry in its various forms through reading, appreciating and writing. We give and receive friendly, positive feedback. (10 sessions)

Alt Tuesdays from 4 Feb 10:00 - 12:00

Leader and **bookings**: Geoff Lucas 9416 7717

McMAHONS POINT COMPUTER EDUCATION UNIT

McMahons Point Community Centre 165 Blues Point Rd
Venue Coordinator and **bookings**: Fay Smith
computeru3a@gmail.com

Bookings essential for all courses. Please apply via email to Fay Smith providing name, U3A member number, Ph contact, Course name and date

If you withdraw from a course, please advise ASAP so a reserve can take your place

SHORT COURSES

WINDOWS FILES 7, 8 AND 10 (6)

Find, save, move and rename files and folders on your hard drive or memory sticks. Learn more about storage, retrieval, file types and folders

Monday 2 Mar OR Wednesday 4 Mar 9:30 - 12:30

Speaker: Margaret Kropman

WINDOWS CONTROLS (6)

Manage icons, move between windows, resize and move windows, find menus, use the Task Bar, change your home page. Suits Windows 7, 8 or 10

Monday 9 Mar 9:30 - 12:30

Speaker: Margaret Kropman

IPAD/IPHONE (8)

Get to know your iPad/iPhone in the company of others under the guidance of our tutor. Please bring your device fully charged

Wednesday 11 Mar 9:30 - 12:00

Speaker: Fay Smith

MANAGING PHOTOS (6)

From a camera or android phone, save photos on your computer then organise, perform simple edits, email. For those skilled at creating folders and moving files between folders. Suits Windows 7, 8, 10

Monday 16 Mar OR Wednesday 1 Apr 9:30 - 12:30

Speaker: Margaret Kropman

TEXT FORMATTING (6)

Make your emails more interesting: learn how to use different fonts, indent text, number paragraphs and insert clip art. Suits Windows 7, 8, 10

Monday 23 Mar 9:30 - 12:30

Speaker: Margaret Kropman

iTRAVEL (8)

Seminar format: learn the basics of travelling with technology, avoiding pitfalls and using your devices correctly; discussions with other group members

Wednesday 25 Mar 9:30 - 12:00

Speaker: Fay Smith

ONLINE RETAIL (6)

Explore buying and selling on Gumtree, eBay, major online outlets and smaller vendors. Tips on security, privacy and payment. Suitable for Windows 7, 8, 10

Monday 30 Mar 9:30 - 12:30

Speaker: Margaret Kropman

THE MELODY ROOM AT MOSMAN ART GALLERY

Cnr Myahgah Rd and Art Gallery Way. Parking available. Wheelchair access

Venue coordinator: Annika Tults 9882 3669

aktults@yahoo.com.au

Bookings with the listed persons below are essential

SHORT COURSES

AN INTRODUCTION TO SENSORY SCIENCE

How science and industry use the senses - smell, taste, touch, sight, hearing - to discover new information and develop new or better foods and beverages

Thursday 6 Feb 1:30 - 3:30

Speaker: Greg Organ

Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

LESSONS OF LIFE – MEDIA, POLITICS AND PERSONAL

Leigh Hatcher reflects back on what he's learnt through four decades of broadcast journalism, reporting politics and the personal ups and downs of life

Thursday 13 Feb 1:30 - 3:30

Speaker: Leigh Hatcher

Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

ARCHIPELAGO - A JOURNEY ACROSS INDONESIA

Indonesia is the most culturally diverse nation on the planet. With Ian's experience of past travels and knowledge of its history, we journey across the Indonesian Archipelago

Thursday 20 Feb 1:30 - 3:30

Speaker: Ian Burnet

Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

DEVELOPING YOUR MEMOIR

Your life is unique. Make your memoir or family history more interesting for readers. We use practical exercises to build a story step-by-step for future generations. Beginners welcome. (4 sessions)

Alt Tuesdays from 25 Feb 1:30 - 3:30

Leader and **bookings:** Jenny Rudd O'Neill

jennyruddoneill@optusnet.com.au (preferred) or 9908 392

THE MALARIA ENIGMA

Malaria is an ancient disease but despite advances in medicine, there is still no reliable vaccine or cure

Thursday 27 Feb 1:30 - 3:30

Speaker: Dr Penny Bishop

Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

THE IMPACT OF CLIMATE CHANGE ON HEALTH AND DISEASE

Increasing temperatures, rising seas and natural disasters are a feature of climate changes. We examine how these impact on the overall health of our community

Thursday 5 Mar 1:30 - 3:30

Speaker: Dr Penny Bishop

Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

SYMMETRY

Symmetry is a unifying mathematical concept that lies at the heart of many of the arts and sciences, including religious art, crystallography, biology, chemistry and physics

Thursday 12 Mar 1:30 - 3:30

Speaker: Laurie Wilson

Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

INDIA: ITS JOURNEY FROM ANCIENT CIVILISATION TO MODERN POLITICAL STATE

India experienced ideas, beliefs and practices of a multitude of invaders over the centuries and contributed significantly to world knowledge. We examine its culture, belief systems and ethno-linguistic diversity. (2 sessions)

Thursdays 19 and 26 Mar 1:30 - 3:30

Leader: Himanshu Jhala

Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

MY PAST LIFE - THE SOVIET EXPERIENCE

My life in the Soviet Union from postwar childhood until 1975. The predicament of the Jews and how they created jokes to survive physically and spiritually

Thursday 2 Apr 1:30 - 3:30

Speaker: Frieda Belakhova

Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

ISLAMIC GOLDEN AGE

A survey of achievements of the Islamic Golden Age, covering a wide spectrum of achievements and their role in bridging the Ancient and Medieval worlds

Thursday 9 Apr 1:30 - 3:30

Speaker: Tony McCurdy

Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

MUSIC, LEISURE AND PLEASURE IN C18TH LONDON

The Industrial Revolution transformed C18th London giving the new enriched middle class time and money to indulge in leisure pursuits. How did they spend their free time?

Thursday 16 Apr 1:30 - 3:30

Speakers: Nora Hitchen and John Flint

Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

SIGNS AND SYMBOLS: THEIR HISTORY AND SIGNIFICANCE

Symbols are a universal language and their use to portray a message, warning or information is an ancient method of expression, predating alphabets

Thursday 23 Apr 1:30 - 3:30

Speaker: John Flint

Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

SOUTH AFRICA, SWAZILAND, KRUGER NATIONAL PARK AND ZIMBABWE

Growing up in South Africa: an illustrated talk of the above regions

Thursday 30 Apr 1:30 - 3:30

Speakers: Bobbie Kerstin, Mervian Dixon and Pam van Zyl

Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

IRAN, PAST AND PRESENT

Iran existed 2500 years ago and was not always a Muslim country. We trace its history from The Ancient Persian Empire to the present day

Thursday 7 May 1:30 - 3:30

Speaker: Cindy Broadbent

Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

DIRTY SECRETS: OUR ASIO FILES

Well known Australians such as Michael Kirby, Anne Summers and David Stratton discover they have ASIO files and write about them

Thursday 14 May 1:30 - 3:30

Speaker: Meredith Burgmann

Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

MADAGASCAR HISTORY AND WILDLIFE

Due to its isolation from other landmasses, Madagascar has plants and animals found nowhere else on earth. Learn about its amazing wildlife and mixed history

Thursday 21 May 1:30 - 3:30

Speaker: Margaret Szalay

Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

ASHOKA, HISTORY'S GREATEST EMPEROR

Ashoka ruled India's greatest Empire. He started with brutality and war, but found Buddhism and redemption. Why was he exceptional and what has been his legacy?

Thursday 28 May 1:30 - 3:30

Leader: Terry Redmond

Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

DISRUPTION 2

Our modern world is experiencing massive changes with the introduction of new science and technology products and systems that are causing disruption to our lives

Thursday 4 Jun 1:30 - 3:30

Speaker: Malcolm Raymond

Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

NAPOLEON AND THE AUSTRALIAN CONNECTION

A talk on the meteoric rises and falls of Napoleon's career, with emphasis on the final years and their importance to Australia

Thursday 11 Jun 1:30 - 3:30

Speaker: Geoff Davidson

Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

THE PLANE THAT WENT AROUND THE WORLD THE WRONG WAY

The true story about a commercial PAN AM flight that was diverted on return from New Zealand due to the bombing of Pearl Harbor

Thursday 18 Jun 1:30 - 3:30

Speaker: Winsome Baker

Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

FULL SEMESTER COURSE

ART: PAINTING AND SKETCHING (12)

Learn to successfully manipulate colours, line and shape. Painting with acrylics, sketching with charcoal or pencil. A small amount of theory will help develop skills to create both classical and abstract art

Alt Tuesdays from 18 Feb 1:30 - 3:30

Leader and **bookings:** Külliki Poole 9451 3011; 0414 451 636

MOSMAN ART GALLERY

Cnr Myahgah Rd and Art Gallery Way. Parking available. Wheelchair access

Venue coordinator: Eve Klein cyeve@tpg.com.au 9969 7994 (enquiries only)

No bookings required

SHORT COURSES

BEHIND THE LYRICS – THE SHOW MUST GO ON

The social and political histories and stories behind a few popular C20th show songs

Monday 10 Feb 10:30 - 12:30

Speaker: Graham Spindler

BEHIND THE LYRICS - ALL THIS AND WWII

The social and political histories and stories behind some of the significant songs of WWII

Monday 17 Feb 10:30 - 12:30

Speaker: Graham Spindler

THE EASY CAMINO

Pilgrim numbers on the Camino de Santiago have skyrocketed. We look at its history, significance and nature, and an easy walk along The Way

Monday 24 Feb 10:30 - 12:30

Speaker: Graham Spindler

NATIONAL POPULISM

An exploration of the origins of the C21st revolt against Liberal Democracy. We need to look at Trump and Brexit but the influence of National Populism stretches much further. (5 sessions)

Each Monday from 2 Mar 10:30 - 12:30

Speaker: Peter Nixon

THE WILDERNESS SOCIETY

A brief history of The Wilderness Society and the impact of their campaigns, including the New Laws For Nature campaign

Monday 6 Apr 10:30 - 12:30

Speaker: A member of the Wilderness Society

AUSTRALIAN AGRICULTURE

An exploration of the development of our national agriculture from 1788 to the latest application of high-tech science to food and fibre production. (2 sessions)

Mondays 20 and 27 Apr 10:30 - 12:30

Leader: Peter Sloane

INDUSTRIAL REVOLUTIONS

Mechanisation of cottage industries and their powering by steam engines was the first revolution. The second was based on science, resulting in electricity, pharmaceuticals and mass production. The third was the digital age and the fourth may be AI. (2 sessions)

Mondays 4 and 11 May 10:30 - 12:30

Leader: Emeritus Prof Don Napper

PSYCHOLOGY: SOME KEY CONCEPTS

The real father of psychology, the difference between psychology and psychiatry, IQ tests, personality tests, psychosis, neurosis, psychotherapy and more!

Monday 18 May 10:30 - 12:30

Speaker: Dr Reinhard Ronnebeck

THE SNOWS OF KILIMANJARO

Thinking of setting out on the great trek? Learn about the trials and tribulations of attempting this adventure

Monday 25 May 10:30 - 12:30

Speaker: Fay Smith

ARTISTIC CONNECTIONS

Our Art Gallery guide will talk about connections of artists to family, place (particularly in Mosman) and time

Monday 1 Jun 10:30 - 12:30

Speaker: Ruth McGeechan

THE A TO Z OF AGING

Aging starts at conception and without remedial actions, from 40 onwards it can all be downhill. Learn 'what' you should do, and 'why' in order to stay healthy

Monday 15 Jun 10:30 - 12:30

Speaker: Dr Judy Ford

THE TASMAN MAP

Abel Tasman, the Dutch East India Company and the first Dutch discoveries of Australia

Monday 22 Jun 10:30 - 12:30

Speaker: Ian Burnet

STORIES FROM THE MARITIME MUSEUM

Ken Warby, racing in the Spirit of Australia, still holds the world water speed record that he set in October 1978

Monday 29 Jun 10:30 - 12:30

Speaker: Noel Phelan (Maritime Museum)

MOSMAN SQUARE SENIORS CENTRE

Next to Mosman Council Chambers off Military Rd Spit Junction

Parking available Wheelchair access

Venue coordinators: Chris Serrano:

christine.serrano165@gmail.com;

Michael Suckling: mwsing@tpg.com.au

No bookings necessary

SHORT COURSES

SIR HUBERT WILKINS

Aviator, explorer, photographer, soldier. In the modern age of exploration and discovery, Sir Hubert topped the list, but who was he? (3 sessions)

Each Wednesday from 5 Feb 10:00 - 12:00

Speaker: Chris Beazley

THE FIRST FLEET: VOYAGES BACK TO ENGLAND

The First Fleet ships returned to England - scurvy and tragedy abounded. However, the Lady Penrhyn's voyage was a magical mystery tour of exotic places. Seen through the eyes of Arthur Bowes Smyth. (2 sessions)

Wednesdays 26 Feb and 4 Mar 10:00 - 12:00

Speaker: Malcolm Robertson

RELIGION AND SCIENTIFIC THINKING

The remarkable role of religion in scientific thinking and discovery; and the reverse...the role of scientific discovery in religion

Wednesday 11 Mar 10:00 - 12:00

Speaker: Rachel Kohn

DNA: HOW DID IT BUILD YOU AND ME

The structure and function of DNA and genes and the process of Inheritance of human characteristics

Wednesday 18 Mar 10:00 - 12:00

Speaker: Punci Dassanayake

EPIGENETICS

Those factors outside of our genes, which influence not only our lives, but those of succeeding generations

Wednesday 25 Mar 10:00 - 12:00

Speaker: Punci Dassanayake

THESE TRUTHS: A BRIEF HISTORY OF THE USA

The origins and rise of a divided nation from the American experiment based on political equality, natural rights and the sovereignty of the people to the mighty state machine of today. (4 sessions)

Wednesdays from 1 Apr 10:00 - 12:00

Speaker: Peter Nixon

THE 7 LIVES OF EMPRESS JOSEPHINE

From obscurity on the island of Martinique to the heady heights of Napoleon's Empire, Josephine overcame enormous odds and survived

Wednesday 29 Apr 10:00 - 12:00

Leader: Terri Nixon

CAROLINE CHISHOLM

Caroline Chisholm was once on our \$5 note. Far from being passé, she was really a harbinger of Modern Australia

Wednesday 6 May 10:00 - 12:00

Leader: Sarah Goldman

MUSIC THAT HELPED WIN THE WAR

The role that music and songs played in helping to maintain morale at home and abroad during wartime

Wednesday 13 May 10:00 - 12:00

Speaker: Graham Ball

THE SAVOY OPERAS

A tribute to the Victorian Era theatrical partnership of W.S Gilbert and Arthur Sullivan and to the works they jointly created

Wednesday 20 May 10:00 - 12:00

Speaker: Graham Ball

THE SURVIVOR'S STORY

Being blonde and blue eyed saved the speaker and her family from the Nazis in World War II; the story of a family in Budapest and their journey to Australia.

Wednesday 27 May 10:00 - 12:00

Speaker: Kathy Bradley

STAGES OF AMERICA'S CHINA POLICY SINCE THE OPIUM WARS

1. America's involvement in the opium trade and its consequences. Theodore Roosevelt and Japan.
2. The development of the 'China Mirage': Christian missionaries, the Soong family, Time magazine and the China Lobby
3. The struggle for the 'Heavenly Mandate: Sun Yat-sen, Chiang Kai-shek and Mao Zedong. Opposing American views and interests
4. F D Roosevelt's balancing act before, during and after World War II. Korea and its consequences

(4 sessions)

Wednesdays from 3 Jun 10:00 - 12:00

Leader: Terry Farrell

ROSEVILLE NEW CHURCH

4 Shirley Rd.

Venue coordinator: Sheila Caldwell 9498 1197

FULL SEMESTER COURSE

INTERMEDIATE RECORDER

Play the recorder with a keen group, meeting in a hall not far from Roseville station. New intermediate-level students are welcome. (11 sessions)

Alt Mondays from 10 Feb 10:00 - 12:00

Leader and **bookings:** Sheila Caldwell 9498 1197 or Judy Faulkner 9416 4733

OUT THERE!

FULL SEMESTER COURSES

3RD FRIDAY LUNCH GROUP

We meet for lunch at restaurants that serve a variety of cuisines. We go everywhere in Sydney, except the North Shore. We try to book BYO wine venues where there is a small corkage charge, which attendees are required to pay

Third Friday of each month from 21 Feb

Leader and **bookings:** Sarah Fennamore 9955 1962
sfennamore@yahoo.com

FOOD FOR THOUGHT (12)

We meet to sample the cuisine of different nationalities all over Sydney. Friendliness, fun and food are the basis for finding out about different cultures.

Alt Fridays from 21 Feb

Leaders and **bookings:** Sissi Stewart sissen@bigpond.com (preferred) or 9908 2045; or Lyn Honey 9997 3292