

CITY AND INNER WEST

Regional Course Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com **Enquiries only**

CITY AND INNER WEST REGION OF SYDNEY U3A

Notice is hereby given that the 2020
Annual General Meeting and Election of Office Bearers
will be held on

Wednesday 12 February 1:30 – 3:30
Burwood RSL CLUB
96 Shaftesbury Rd Burwood (ample parking available on site)

Guest Speaker: Richard (Dick) Whitaker
Meteorologist and Author
Topic: Of Droughts and Flooding Rains

The meeting will be followed by refreshments and opportunities for members to socialise.
Information and committee nomination forms are available from
Jenny Waldron 8753 0521 jenniferwaldron2@gmail.com

Please RSVP to Anne Hall 0419 017 364 annenhall@gmail.com
All Sydney U3A members are welcome to attend

PLEASE SEE OUR 6 ENTRIES IN 'EVENTS'

ASHFIELD: CARDINAL FREEMAN RETIREMENT VILLAGE

137 Victoria St. Parking available Wheelchair access
Venue Coordinator: Lesley Painter 0401 038 050
painter.lesley@gmail.com

BRIDGE FOR THE LESS COMPETITIVE

Brush up your bridge skills in our informal group in
a friendly non-competitive atmosphere. All levels of
skill welcome.

Each Tuesday from 7 Jan 1:00 - 4:00
Each Saturday from 11 Jan 1:00 - 4:00

Leader and **bookings:** Cherie Lucas 9799 1716
cherielucas97@yahoo.com

CLUB ASHFIELD

5-7 Charlotte St 2nd level (lift available). Parking available
Venue Coordinator: Jennifer Waldron 8753 0521
jenniferwaldron2@gmail.com

COLLABORATIVE QI GONG (15)

This is qi gong in a collaborative environment, experienced
practitioners only. Qi gong, according to Chinese culture, is
beneficial to maintaining good health.

Each Friday from 7 Feb 10:00 - 11:30
(excluding school holidays)

Leader: Alan Avanzado

Bookings: Denise Yuen 0410 570 188 sdyuen@gmail.com

COOPERATIVE RELAXATION AND STRETCHING ACTIVITIES (20)

This course is for exercise in a collaborative atmosphere
**Each Wednesday from 5 Feb 10:00 - 12:00 (excluding
school holidays)**

Leader and **bookings:** Margaret Quinn
marg.terry@bigpond.com

ENGLISH AS A SECOND LANGUAGE (14)

The focus of this course is on building vocabulary, improving
pronunciation and increasing confidence. We have group
conversations and exercises on vocabulary, spelling and
grammar. We read from material agreed on by the class. This
is a friendly supportive group.

**Each Thursday from 6 Feb 10:30 - 12:30 (excluding
school holidays)**

Leader and **bookings:** Janet Egan 0415 133 994
janet.egan@gmail.com

FOR THE LOVE OF DANCE (40)

Dance to the rhythm of the waltz, rumba, cha cha, charleston, tango and more, in this relaxed and easy to follow class. Good for the soul, all the way from your head to your toes. This is not partner dancing.

Each Tuesday from 4 Feb 1:00 - 2:00
(excluding school holidays)

Leader and **bookings:** Bobbie Kersten 0410 873 605
bobbiekersten@gmail.com

QI GONG, FAN, AND COLLABORATIVE TAI CHI (15)

Class begins with ba duan jin and mini wild goose qi gong where beginners are welcome, followed by 24 and 28 form tai chi chuan suitable for those with some experience. A modified kung fu fan completes the session.

Each Tuesday from 4 Feb 10:30 - 12:00
(excluding school holidays)

Leaders and **bookings:** Lois Knight 9798 6525
lknight60@bigpond.com
Deborah Gracic 9636 6512 gracic.deb@gmail.com

RECORDER GROUP

An established group, we perform a wide variety of music at intermediate level (not for beginners). Opportunity to lunch afterwards.

Each Tuesday from 4 Feb 10:30 - 12:30
(excluding school holidays)

Leader and **bookings:** David Young 0414 249 618;
9569 8167 dy4health@optusnet.com.au

BURWOOD RSL CLUB

92 Shaftesbury Rd Parking available Wheelchair access
Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

A PLACE IN TIME

Come on a voyage through literature to various countries at a particular time in their history and examine the social and political issues involved in the period. First novel *People of the Book* by Geraldine Brooks.

Alt Fridays from 7 Feb 10:30 - 12:30

Leader: Iris Ryall 9744 1647

Bookings: Edna May 9797 8202

BEGINNERS JAPANESE (10)

People travelling to Japan would benefit from this course. The first hour is for beginners conversation only. The second hour caters for those with a little more language experience. The course includes conversation, culture, shared travel experiences and hiragana script.

Each Tuesday from 4 Feb 10:00 - 12:00
(excluding school holidays)

Leader: Haruko Tanaka 0424 225 863 haruko@aae.edu.au

Bookings: Gayle Osborne 0429 459 443
gmosborne153@bigpond.com

CINEMA DISCUSSION GROUP (20)

A stimulating discussion of two films per fortnight chosen by the group at each session. The result is an invigorating, insightful and very enjoyable discussion.

Alt Wednesdays from 5 Feb 1:30 - 3:30

Leader: Ross Giannone 0409 382 384

Bookings: Betty Candy 9799 9030 bjcandy@bigpond.com

DISCUSSION GROUP: SOCIAL ISSUES AND CURRENT AFFAIRS (15)

Meetings are divided into two sessions by a tea break. First session: Topic for discussion prepared and presented by a volunteer. Second Session: Current Affairs, no subject taboo. A friendly, intelligent group where everyone is encouraged to participate.

Alt Fridays from 31 Jan 10:00 - 12:30

Leader and **bookings:** Graham Murphy 9713 9730
gramur@bigpond.com

INVESTMENT DISCUSSION GROUP

Understand the forces and current events that affect investment markets. We examine specific topics and undertake some practical activity. **This is a discussion group only, and our members are not permitted, by law, to provide financial advice.**

Alt Thursdays from 13 Feb 9:30 - 11:45

Leader and **bookings:** Greg Buriak 0422 599 417
buriak@optusnet.com.au

BURWOOD: WOODSTOCK COMMUNITY CENTRE

22 Church St Parking available
Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

A TASTE OF CROQUET

Through drawings, videos, photos, and animation, discover the evolution of croquet, its social ramifications, strategies, skills and potential for helping people stay fit and healthy.

Friday 27 Mar 10:00 - 12:00

Speakers: Bob Phillips, Peter Hall, Ruth Bridger

Bookings: Bob Phillips 9736 3746 bobphillips@bigpond.com

CLASSIC MOVIES (12)

From the silent to the contemporary era a selection of influential films that helped develop the industry. Explore and analyse background and historical settings plus production issues and biographical details pertaining to the director, cast and production personnel.

Alt Wednesdays from 5 Feb 10:00 - 12:30

Leader: Hugh Watson 9519 5082

Bookings: Marie Doyle 9558 4223

CURRENT AFFAIRS DISCUSSION

News of the day. No topics are out of bounds, but we discuss politics and religion with sensitivity. Members sometimes prepare a topic for discussion. Format: freewheeling.

Each Monday from 13 Jan 10:00 - 12:00

(public holidays excluded)

Leader and **bookings:** Michael Holland
mhol1234@gmail.com

ITALIAN CONVERSATION INTERMEDIATE (10)

Improve your conversational skills; for students who have knowledge of Italian grammar. Note: no handouts will be supplied.

Each Wednesday from 5 Feb 10:00 - 12:00

Leader and **bookings:** Nadia Favotto 9705 7217;
0429 060 013

FILM DISCUSSION GROUP

Members discuss two movies every fortnight and give their rating. Members vote on future movies with two volunteering to present their choices

Alt Thursdays from 30 Jan 1:30 - 3:30

Leader: Narelle Gerrish 9555 1774
narellegerrish@hotmail.com

Bookings: Carol Green 9516 3915 or Rosemary Bollard
rosemaryanne@ozemail.com.au

TRAVEL PLUS LUNCH

Meet other avid travellers, share your travel experiences, tips and recommendations. After the meeting we will sample international cuisine in a nearby restaurant

First Tuesday of each month from 4 Feb 10:00 - 12:00

Leader and **bookings:** Greg Buriak 0422 599 417
buriak@optusnet.com.au

CLUB BURWOOD

Cnr Burwood Rd and George St
Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

'ISMS' AND 'OLOGIES' IN HISTORY

This course examines some 'isms' and discusses the individuals who promoted them: McCarthyism, elitism, sectarianism, feminism, ageism, multiculturalism and monoculturalism, egalitarianism and libertarianism, dynasticism, antidisestablishmentarianism, mythology, criminology and penology

Alt Wednesdays from 5 Feb 10:00 - 12:00

Leader: Frank Wilson 8021 7059
Bookings: Betty Candy 9799 9030 bjcandy@bigpond.com

CITY: CUSTOMS HOUSE LIBRARY

Alfred St opposite Circular Quay station Meeting room Level 2
Venue Coordinator: Jennifer Waldron 8753 0521
jenniferwaldron2@gmail.com

DECONSTRUCTING CONTEMPORARY ART (25)

Visit contemporary art shows in Sydney galleries fortnightly. On alternate weeks, meet at Customs House for evaluation of news, events, trends, theory and history of the work visited. Build a virtual art collection and develop a personal aesthetic. Good physical fitness required

Each Thursday from 6 Feb 10:30 - 12:30

Alternate weeks 1:30 - 3:30 gallery visits
Leader and **bookings:** Wendy Fraser 9569 7942;
0408 711 672 barrieandwendy@gmail.com

FILM APPRECIATION (20)

Do you enjoy contemporary cinema and sharing your ideas? Members of this group research a film and lead the discussion three to four times a year. We also look at issues, trends and news in the film world

Alt Thursdays from 6 Feb 1:30 - 3:30

Leader and **bookings:** Susanne de Ferranti 0410 603 425
sdeferranti@ozemail.com.au

DRUMMOYNE COMMUNITY CENTRE

10 Cometrowe St. Parking available Wheelchair access
Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

INTERMEDIATE CONVERSATIONAL SPANISH (10)

Attend if you have already mastered the basics. You must know the three basic tenses and be able to hold a conversation. Class is mostly in Spanish with the objective of increasing fluency and fluidity

Each Wednesday from 5 Feb 1:15 - 3:15

Leader and **bookings:** Les Margulis 0421 456 806
lesmargulis@gmail.com

ITALIAN CONVERSATION (10)

Basic knowledge required as class will be conducted in Italian. Emphasis on speaking

Each Monday from 3 Feb 2:00 - 3:15

(except school holidays)
Leader and **bookings:** Lori Banham 0409 814 127
lori.b@bigpond.com

GLEBE: THE OLD TOWN HALL

160 St Johns Rd. Wheelchair access
Venue Coordinator: Pauline Valentine 0412 595 891
gregory_1947@hotmail.com

DRAWING (12)

We use black and white (charcoal, pencil, ink) with some other media, such as Conté. The basics are covered, including tone, perspective and composition. Students are encouraged to suggest topics. Only an interest in drawing is required

Alt Thursdays from 6 Feb 10:00 - 12:00

Leader and **bookings:** Neville Bendall 9660 1873

STRUMMIN' WITH JEN

We have a ball, singing and strumming our ukuleles and exploring diverse aspects of music. Learning an instrument is a challenge, but so beneficial for memory, concentration, finger dexterity and more! Familiarity with basic open chords is assumed.

Alt Thursdays from 6 Feb 2:00 - 3:45

Leader: Jenny Lowe
Bookings: Pauline Valentine 0412 595 891
gregory_1947@hotmail.com

GLEBE LIBRARY: BENLEDI ROOM

186 Glebe Point Rd cnr Wigram Rd
Venue Coordinator: Pauline Valentine 0412 595 891
gregory_1947@hotmail.com

JAPANESE

Knowledge of hiragana, katakana and some kanji will be helpful. We use a text book, *Japanese for Busy People II*, twice per month and a few articles printed from topics of current Japanese interests.

Each Thursday from 6 Feb 10:00 - 12:00

Leaders: Nobuyo Williams 0420 770 661 or
Haruko Johansson 8957 7016
Bookings: Juanita Englefield 9816 5807

GLEBE: NAG'S HEAD HOTEL

162 St Johns Rd Upstairs Conference Room Parking available
Venue Coordinator: Jan Macindoe 9660 0208
jnmacindoe@gmail.com

FIRST FRIDAY BOOK GROUP (12)

Favourite books are chosen by members for discussion by the group.

First Friday of each month from 7 Feb 10:00 - 12:00

Leader and **bookings:** Jan Macindoe 9660 0208;
0424 537 557 jnmacindoe@gmail.com

GLEBE: ST. HELEN'S COMMUNITY CENTRE

184 Glebe Point Rd Wheelchair access
Venue Coordinator: Pauline Valentine 0412 595 891
gregory_1947@hotmail.com

PATHWAYS TO THE GODS

We're looking into the beginning of Christianity by reading the New Testament and other ancient documents from surrounding cultures, including their mystery religions, to create a biography of Jesus. How relevant are his sayings and parables today?

Second and Fourth Fridays from 14 Feb 10:00 - 12:00

Leader and **bookings:** Jacques Goldman 9518 6741

GLEBE: TOXTETH HOTEL

345 Glebe Point Rd Fireside Lounge ground floor
Parking available
Venue Coordinator: Michael Holland mhol1234@gmail.com

PHILOSOPHY IN THE PUB (10)

Topics from a wide range of political and cultural themes are examined from a philosophic perspective. Discussion aims to promote differing worldviews and challenge belief systems. Members are expected to participate in internet/web research, questioning and facilitating

Series 1: Each Tuesday from 11 Feb 3:00 - 5:00

Series 2: Each Tuesday from 5 May 3:00 - 5:00

Leader and **bookings:** Michael Holland
mhol1234@gmail.com (email bookings essential)

LEICHHARDT MUNICIPAL LIBRARY

23 Norton St Italian Forum Piazza level Parking available
Wheelchair access
Venue Coordinator: Barbara Burton 9798 5620;
0429 090 332 barb.e.bur@gmail.com

FRIDAY MORNINGS AT THE LIBRARY

Bookings: Margot Walker: 0404 362 490

margotinaw@gmail.com

Email bookings preferred. Please give course name, date, membership number and contact details.

Confirmation sent by email

1. Why We Age: Understand the Biology to Improve Your Health (30)

Our bodies contain billions of cells, each a small ecosystem. Ageing reflects limitations of cell division. Understand the mechanisms and positive actions you can take

Friday 7 Feb 10:30 - 12:30 Speaker: Judy Ford

2. Some Classic, Comic Poems and the Social and Literary Traditions that Shaped them (30)

Focusing on Australian poets: Banjo Patterson, C J Dennis, John O'Brien and Bruce Dawe; and British poets: Hilaire Belloc, Edmund Lear and T S Eliot

Fridays 14 and 21 Feb 10:30 - 12:30 Speaker: Terry Farrell

3. Impact of Climate Change on Health and Disease (30)

Increasing temperatures, rising seas and natural disasters are a feature of climate change. We examine how these impact on the overall health of our community

Friday 28 Feb 10:30 - 12:30 Speaker: Penny Bishop

4. Lawrence Hargrave: Explorer and Aviation Pioneer (30)

Adventure ran in Hargrave's veins: engineer, explorer, aeronautical pioneer, he survived shipwreck, explored New Guinea with early missionaries and, in Sydney, interpreted local rock carvings

Friday 6 Mar 10:30 - 12:30 Speaker: Chris Beazley

5. George, Florence, Vince Taylor: Doers of Their Time (30)

Taylor's recorded Australia's first flight at Narrabeen Beach in 1909. George: journalist, artist, inventor, aeroplane builder: Florence: first female graduate in architecture.

Vince: death-defying aeronaut and stuntman

Friday 13 Mar 10:30 - 12:30 Speaker: Chris Beazley

6. Aboriginal Rock Art of Northern Australia (30)

Judith provides an insight into the diversity of Aboriginal culture expressed in the rock art of Arnhem Land, the Kimberley and north Queensland

Friday 20 Mar 10:30 - 12:30 Speaker: Judith Hammond

7. The Development of Australian Agriculture (30)

An exploration of the development of our national agriculture from 1788 to the latest application of high-tech science to food and fibre production

Fridays 27 Mar and 3 Apr 10:30 - 12:30

Speaker: Peter Sloane

8. Edward Trickett: Australia's First Sporting World Champion (30)

Covering the life and times of Edward Trickett, Australia's first world champion in any sport: Trickett won the World Single Sculling Championship 1876-1880

Friday 17 Apr 10:30 - 12:30 Speaker: Lyndon Lockrey

9. Avenues of Honour in the Landscape: Australia's Living Memorials (30)

Australian Honour Avenues are reminders of patriotism and community spirit. Stuart calls for appreciation, conservation and better management to ensure their future

Friday 24 Apr 10.30 - 12.30 Speaker: Stuart Read

10. Museum of Applied Arts and Sciences/Powerhouse (30)

The Museum claims it is one of the few covering design, arts, technology and science. Stewart describes its history, buildings, collection and important events

Friday 1 May 10:30 - 12:30 Speaker: Stewart Reed

11. State Library of New South Wales (30)

While technically not a museum the State Library has a vast and varied collection (apart from books), especially about Australia, including rare and unique objects

Friday 8 May 10:30 - 12:30 Speaker: Stewart Reed

12. Music, Leisure and Pleasure in C18th London (30)

The Industrial Revolution transformed C18th London. Suddenly the newly enriched middle class indulged in leisure pursuits. How did they spend their free time?

Friday 15 May 10:30 - 12:30 Speaker: Nora Hinchin

13. The Heel and Toe of the Italian Boot (30)

Puglia, Calabria and Basilicata: the history, environment and personalities of these southern regions of Italy, illustrated with images and film clips

Fridays 22 and 29 May 10:30 - 12:30 Speakers: John Flint and Nora Hinchin

14. Phoenix From the Ashes (30)

A history of the theatres in Venice, particularly, La Fenice, the opera house destroyed three times by fire. Verdi, Wagner and Britten premiered operas there

Friday 5 Jun 10:30 - 12:30 Speakers: John Flint and Nora Hinchin

15. Pi and Art Meets Mathematics (30)

1. The fascinating number Pi: a source of wonder to mathematicians throughout history
2. History of tessellation and its influence on Dutch artist Maurits Cornelis Escher (1898 -1972)

Friday 12 Jun 10:30 - 12:30 Speaker: Richard Whitaker

16. The Arab World: A Fascinating Story (30)

C7th Nomads from the Arabian Desert, conquered the old Roman and Persian Empires, founded and spread Islam and gave the world a legacy of a rich culture and old world's preserved knowledge

Fridays 19 and 26 Jun 10:30 - 12:30

Speaker: Himanshu Jhala

17. Why Cryptic Crosswords? (30)

What are cryptic crosswords? Why are fans passionate about solving them, and could you enjoy doing them?

Friday 3 Jul 10:30 - 12:30 Speaker: Ron Shapiro

FRIDAY AFTERNOONS AT THE LIBRARY

INTERMEDIATE ITALIAN (20)

A convivial and welcoming group who enjoy practicing the four linguistic skills of speaking, listening, reading, writing; and revising grammar, mostly from online websites, to consolidate our knowledge

Each Friday from 7 Feb 1:30 - 3:30

Leader and **bookings:** Pia Ottavian 0424 738 824
pia.ottavian@yahoo.com.au

MILLERS POINT COMMUNITY CENTRE

Harry Jensen Centre 17 Argyle St cnr Watson Rd Parking available Wheelchair access
Venue Coordinator: Ian Singleton-Loaney 8753 0521; 0410 314 119 iansingletonloaney@gmail.com

CRACKING CRYPTIC CROSSWORDS (12)

Get into the minds of cryptic crossword compilers and learn how to solve their devious clues. Have fun and gain satisfaction while keeping your brain active. (4 sessions)

Tuesdays 4, 11, 18, 25 Feb 10:30 - 12:30

Leader: Ron Shapiro 9810 4490 rmbjs@iinet.net.au (preferred)

Bookings: Maree Sarsfield 0408 025 260 (text only)
mareesarsfield@hotmail.com (preferred)

PASSIONATE TRAVELLERS

Enjoy a presentation of holiday experiences, culture and history on one or more countries in a friendly, relaxed manner, with Q and A, and time to enjoy chatting over a complimentary morning tea

Leader and **bookings:** Bobbie Kersten 0410 873 605
bobbiekersten@gmail.com (preferred)

1. Sri Lanka

Wednesday 5 Feb 10:30 - 12:30 Speaker: Sandy Mower

2. Coastal Norway, Bergen to Kirkenes

Wednesday 4 Mar 10:30 - 12:30 Speaker: Anne Medlow

3. Part 1: Churchill a Town in Canada and the Polar Bear Capital of the World

Part 2: Borneo and the Search for the Wild Men

Wednesday 1 Apr 10:30 - 12:30 Speaker: Jill Yates

4. The Four Corners of India

Experience the varied states and territories across this fascinating land, each with its own landscapes, historical and religious sites, cities, villages, people and languages.

Wednesday 6 May 10:30 - 12:30 Speaker: John Hepworth

5. Peru

Wednesday 3 Jun 10:30 - 12:30 Speaker: Greg Valentine

READING ANCIENT GREEK DRAMA (12)

Participate in the ecstasy and terror of Euripides' *The Bacchae*. Bring along your best reading-out-loud voices. Plays by Sophocles and Aeschylus also. Reading will be our starting point for discussing ancient Greek theatre, mythology, religion and society. (6 sessions)

Tuesdays 3, 10, 17, 24, 31 Mar and 7 Apr

Leader: Craig Campbell

Bookings: Anne Hall 0419 017 364 (text preferred)

THURSDAY MORNINGS AT MILLERS POINT

Thursdays on dates indicated 10:30 - 12:30

Bookings: Maree Sarsfield 0408 025 260 (text only)
mareesarsfield@hotmail.com (preferred)

Please provide talk title, date, membership number and contact details. All bookings will be confirmed by email

1. The Enduring Appeal of Ancient Greek Art

A survey of the figurative sculpture over a 2,000 year period from Cycladic figurines to the dramatic figures of Hellenistic Greece

Thursday 6 Feb 10:30 - 12:30 Speaker: Robijna Alexandra

2. The Influence of Greek Art in Sydney Public Sculptures

In the Botanical Gardens, City and Hyde Park are numerous works of art influenced by ancient Greece including Choragic Monument and the Archibald Fountain

Thursday 13 Feb 10:30 - 12:30 Speaker: Robijna Alexandra

3. Cyber Security

How to identify a scam; how to keep kids and yourself safe in the wonderful world of cyberspace.

Thursday 20 Feb 10:30 - 12:30 Speaker: Peter Foye

4. Elizabeth Fry, Angel of the Prisons

Elizabeth befriended female prisoners at Newgate and reformed the whole prison system. Her love and concern extended to the prison ships and the colonies

Thursday 27 Feb 10:30 - 12:30 Speaker: Cate Whittaker

5. Anne Brontë, the Forgotten Brontë

2020 is Anne's bicentenary. Discover her short life through her workplaces, places she loved to visit and her home in the parsonage at Haworth

Thursday 5 Mar 10:30 - 12:30 Speaker: Cate Whittaker

6. Update on Climate Change

This talk will give an update on some of the latest research and statistics on what is happening around the globe with a focus on Australia

Thursday 12 Mar 10:30 - 12:30

Speaker: Lea Kannar-Lichtenburger

7. An Artist's Perspective on Climate Change

This talk will show how different artistic approaches can initiate discussion and generate engagement from the public about climate change

Thursday 19 Mar 10:30 - 12:30

Speaker: Lea Kannar-Lichtenburger

8. The Wit and Wisdom of CJ Dennis and the Times and Rhymes of Henry Lawson

The lives, times and verse of Australia's two great poets of the people.

Thursday 26 Mar 10:30 - 12:30 Speaker: Jim Haynes

9. Who Invented What When

A study of the history and science behind everyday contemporary objects we take for granted in the home

Thursday 2 Apr 10:30 - 12:30 Speaker: Ian Thompson

10. Evolution of the Universe – From Quarks to Humans

Atoms, stars, planet and life are parts of the process which gave rise to us. The dramatic events shaping our universe are woven into a Big Picture

Thursday 9 Apr 10:30 - 12:30 Speaker: Ian Bryce

11. Iconic Australian Inventions of our Time

A look at the people and science behind some classic Australian discoveries and inventions from the C19th colonial era through to the present time

Thursday 16 Apr 10:30 - 12:30 Speaker: Ian Thompson

12. Seeing Sydney Harbour

The fascinating history of Sydney's beautiful harbour seen through the eyes of artists who painted and drew it from 1788 till now.

Thursday 23 Apr 10:30-12:30 Speaker: Jim Haynes

13. The Fascinating World of Spiders

A close-up look at the biology and diversity of both dangerous and harmless ground-dwelling and web-spinning spiders found in the home and garden

Thursday 30 Apr 10:30 - 12:30 Speaker: Ian Thompson

14. Frank Briggs: Australian Aviator

Frank was an airman in WWI. In 1919 France, he was Billy Hughes' personal pilot. In Australia he pioneered commercial flight

Thursday 7 May 10:30 - 12:30 Speaker: Christopher Beazley

15. Lores Bonney: Australian Aviatix

Bonney travelled the world solo in a Gipsy Moth in the 1930s surviving mishaps and crashes. So who was she?

Thursday 14 May 10:30 - 12:30

Speaker: Christopher Beazley

16. Sir Hubert Wilkins: Australia's Polar Explorer 1888 – 1958

Wilkins filmed the 1912 Balkans war, then trekked the Arctic and in 1917 he photographed WWI with Hurley and Bean

Thursday 21 May 10:30 - 12:30

Speaker: Christopher Beazley

17. Sir Hubert Wilkins: Part 2

Wilkins joined Shackleton's expedition to Antarctica; filmed the 1922 Russian Famine; collected fauna in northern Australia; went to the Arctic

Thursday 28 May 10:30 - 12:30 Speaker: Christopher Beazley

18. Sir Hubert Wilkins: Part 3

Wilkins' 1929 world tour in Graf Zeppelin and the Hindenburg maiden flight; a trans-Arctic submarine attempt; Antarctic land discoveries

Thursday 4 Jun 10:30 - 12:30 Speaker: Christopher Beazley

19. An Introduction to the Art and Architecture of India

A general survey showing a link from the Indus Valley to the distinctive characteristics of later Buddhist, Hindu and Islamic art and architecture in India

Thursday 11 Jun 10:30 - 12:30 Speaker: Robijna Alexandra

20. A History of Yoga in Art: Stillness in Action

Yoga is popular in all parts of the world. This talk will look historically when yoga first appeared, why, and how it became acceptable

Thursday 18 Jun 10:30 - 12:30 Speaker: Robijna Alexandra

21. Sacred Sites

A look at the appeal of certain locations that have become sacred sites in different parts of the world: Uluru, Delphi, Bodhgaya

Thursday 25 Jun 10:30 - 12:30 Speaker: Robijna Alexandra

REVESBY COMMUNITY HALL

Macarthur Ave Parking available

Venue Coordinator: Joy Pegler 9771 6185

peglerjm@bigpond.com

TAI CHI (20)

For tai chi novices as well as for more experienced practitioners. The aim is for all participants to progress from 6 to 24 tai chi forms

Each Thursday from 30 Jan 9:30 - 11:00

(except school holidays)

Leader and **bookings:** Patrick Brennan 9773 4182

REVESBY WORKERS CLUB

20 Brett St Parking available

Venue Coordinator: Joy Pegler 9771 6185

peglerjm@bigpond.com

AUSTRALIAN PERSPECTIVES (25)

An informal discussion group during which the guest speaker introduces us to their varied ethnic, cultural and historical experiences

Third Thursday of each month from 20 Feb 2:00 - 4:00

(except school holidays)

Leader and **bookings:** Joy Pegler 9771 6185

peglerjm@bigpond.com

1. Captives for Freedom

Prof Hill, UN Ambassador to PNG, and two staff were captured by OPM Freedom Fighters and held for five months. How did he handle negotiations, and what future for West Papua?

Thursday 20 Feb 2:00 - 4:00 Speaker: Emeritus Prof

Stephen Hill AM

2. Aboriginal Astronomy

The speaker is a member of the Australian Indigenous Astronomy Research Group at the University of NSW and works particularly in the area of cultural awareness

Thursday 19 Mar 2:00 - 4:00

Speaker: Carla Guedes

3. The Convict System in Australia

We examine the background and system operating from 1788 until 1868, which accounted for the transportation of 160,000 men, women and children

Thursday 21 May 2:00 - 4:00

Speaker: Geoff Davidson

4. Misadventures and Miserable Ends

Murder, manslaughter, suicide, mishap: the very public business of determining death in colonial Sydney.

Thursday 18 Jun 2:00 - 4:00

Speaker: Catie Gilchrist

FILM DISCUSSION GROUP (25)

Members undertake to view up to three group-selected films screening during the coming month. At each meeting, a volunteer introduces one of the selected films, followed by group discussion.

Fourth Tuesday of each month from 28 Jan 10:00 - 12:00

Leader and **bookings:** Robyn Deane 9726 4279

rdeanee@optusnet.com

MINDFULNESS (25)

Mindfulness enhances awareness of self in relation to others, including the environment, which, in turn, informs and empowers you with knowledge/insight enabling self-regulation of your thoughts, emotions and behaviour

Thursdays 6 Feb, 5 Mar, 2 Apr 2:00 - 3:30

Leader and **bookings:** Grace Thomas 0424 229 742

gracethom066@gmail.com

ROZELLE: HANNAFORD CENTRE

608 Darling St cnr Nelson St Wheelchair access

Venue Coordinator: Barbara Burton 9798 5620;

0429 090 332 barb.e.bur@gmail.com

ADVANCED FRENCH CONVERSATION (15)

A reasonable background in French is necessary. Focus is on conversational French to improve fluency with occasional grammar. Members are expected to be actively involved in contributing ideas and material for discussion.

Leaders are facilitators, not teachers

Each Tuesday from 4 Feb 11:30 - 1:00

Leaders: Rhonda Stien and Sue Tronser

Bookings: Sue Tronser 9818 3268

suetronser@gmail.com

DISCUSSION GROUP (15)

Focusing on historical events, philosophy and literature. Each member is given the opportunity to decide on and present the topic for discussion

Each Monday from 3 Feb 10:30 - 12:30

Leader and **bookings:** Yvonne Wingrave 9797 9237;

0437 000 684 yvonnewingrave@gmail.com

DISCUSSION GROUP IN ADVANCED FRENCH (10)

La participation à ce groupe permettra aux membres de s'exprimer avec plus d'aisance sur un grand nombre de sujets selon le goût des membres. Il faudra donc un bon niveau de compréhension et d'expression orales au départ

Each Thursday from 6 Feb 2:00 - 3:30

Leader and **bookings:** Verity Bagot 9810 1730;

0439 489 738 verity.chianea@gmail.com

FRENCH INTERMEDIATE (15)

A reasonable knowledge of French grammar, vocabulary and pronunciation is assumed. Reading, writing, listening and speaking activities are used to consolidate and extend that knowledge and skill. There will be some formal grammar and a few laughs along the way

Each Tuesday from 4 Feb 10:00 - 11:30

Leader and **bookings:** Alan Rodrick 9819 6579

alan.rodrick@gmail.com

FRENCH FOR POST-BEGINNERS (15)

Suitable for those who have some basic French and wish to consolidate their knowledge. We focus on correct pronunciation, grammar and improving conversational skills to tourist level

Each Tuesday from 4 Feb 2:00 - 3:30

Leader and **bookings:** Michael Georgeson 9818 2648

michael.georgeson@gmail.com

ROZELLE NEIGHBOURHOOD CENTRE

756 Darling St

Venue Coordinator: Lesley Painter 0401 038 050

painter.lesley@gmail.com

DISCUSSION GROUP TOPICAL ISSUES (16)

A lively group discusses local and global issues. These can include interesting social, political, economic and environmental concerns.

Alt Wednesdays from 5 Feb 10:30 - 12:30

Leader and **bookings:** Vivian Wolff 0419 630 678

STRATHFIELD CROQUET CLUB

50 Redmyre Rd Parking available

Venue Coordinator: Anne Hall 0419 017 364

annenhall@gmail.com

A TASTE OF CROQUET: PRACTICAL SESSIONS

Accredited croquet coaches will help participants learn the strategies and skills. These will be applied in games of golf croquet. Wear flat soled shoes, sunglasses and hat. Equipment and coaching provided \$10 each session

Friday 1, 8, 15 May

Bookings: Bob Phillips 9736 3746

bobphillips@bigpond.com

WOOLLOOMOOLOO: OZANAM LEARNING CENTRE

Level 3 99 Forbes St Parking available Wheelchair access
Venue Coordinator: Lesley Painter 0401 038 050
painter.lesley@gmail.com

LES CHEMINS DE JAZZ ET BLUES

The 'way' of jazz and blues, as revealed by the gramophone records of the period 1890 to 1940. No theory, no performances. We listen

Jazz Each Monday from 17 Feb 10:00 - 12:30

Blues Each Monday from 27 Apr 10:00 - 12:30

Leader and **bookings:** Anton Crouch 9660 2889
anton.crouch@optusnet.com.au

PRIVATE HOMES

Venue Coordinator: Jennifer Waldron 8753 0521
jenniferwaldron2@gmail.com

CLASSICAL BOOK CLUB (Stanmore) (10)

We take turns to read aloud from the text, in this case *The Brothers Karamazov*, by Fyodor Dostoyevsky continuing from 2019. We read two or three lengthy and challenging books during the year, generating lively discussion during our meeting

Alt Tuesdays from 4 Feb 10:30 - 12:30

Leader and **bookings:** Sondra Griffiths 9332 4490
sondragriffiths135@gmail.com

INNER WEST BOOK GROUP (various locations) (12)

Enhance your enjoyment of reading by sharing your ideas with others. Every four weeks we will read and discuss a book, choosing from a wide range of literature. First book is *A Gentleman in Moscow* by Amor Towles

Every four weeks from Wednesday 5 Feb 2:00 - 4:00

Leader and **bookings:** Christine Hingerty 0499 887 308
chingerty@internode.on.net

STANMORE BOOK CLUB (Stanmore) (10)

A wide range of books are selected by members who lead a discussion of their choice

First Monday of each month from 3 Feb 2:00 - 4:00

Leader: Wendy Fraser

Bookings: Bernice Lee 0412 969 440
bernicejlee@gmail.com

OUT THERE!

Coordinator: Bobbie Kersten 0410 873 605
bobbiekersten@gmail.com

FOURTH TUESDAY LUNCH GROUP (12)

Lunch at restaurants that serve a variety of cuisines, situated close to public transport around Sydney City and Inner West. The chef/owner is encouraged to tell us his/her background/menu development. We try to book BYO wine restaurants (corkage charged)

Fourth Tuesday of each month from 25 Feb

Leader and **bookings:** David Cameron 9810 6498
djcameron38@gmail.com

MUNCH ON BRUNCH (12)

Step out and come brunching at a slick café somewhere in the inner city, or perhaps a bit further afield, but always close to public transport. Our venues are picked for their enticing food offerings, sharp design and quality coffee

Third Thursday of each month from 16 Jan

Leader and **bookings:** Beatrice Scheepers 0402 969 004
(enquiries only)

beatricescheepers@gmail.com (bookings only)

MY FAVOURITE ETHNIC EATING PLACE

Enjoy good food and conversation at five lunches at inexpensive restaurants accessible by public transport. Members choose venues with cuisines from different cultures, and a talk by the restaurateur, about food/traditions. Members pay for their own meal

Second Wednesday of each month from 12 Feb 12:00 - 2:30

Leader and **bookings:** Krista Corlis 0400 708 754; 8765
9267 ktcorlis38@gmail.com

VISITING REGIONAL GALLERIES

Using public transport, visit regional art galleries to see a diversity of art. More information supplied when enrolling.

Visit two or three times a month on Saturday (occasional Sunday) depending on exhibition dates beginning February early am to mid-afternoon

Leader and **bookings:** Joanne Gordon 0418 224 211
joanegordon@bigpond.com (preferred) Please supply phone and U3A membership number

WALKING WITH A TOUCH OF HISTORY: BUSH, HARBOUR, RIVER AND COASTAL WALKS

Medium grade walks. You are responsible for your own safety. Bring hat, water, morning tea and lunch. Wear shoes with a safe walking tread. **NOTE:** Travel in the third train carriage. Timetables subject to change. Check Transport Info Line 13 1500

Last Sunday of each month from 23 Feb

Leader and **bookings:** Bobbie Kersten 0410 873 605
bobbiekersten@gmail.com

1. Lane Cove River Walk

Sunday 23 Feb 10:00

Chatswood Station Stand G Bus 259 to Lane Cove National Park

2. Manly Dam Circuit Bush Walk

Sunday 29 Mar 9:20

Bus 178 Stand D Carrington St Wynyard

3. Bondi to Coogee Coastal Walk

Sunday 26 Apr 9:30

Bus 333 Stand B Circular Quay

4. Cherrybrook Lake Circuit Bush Walk

Sunday 31 May 9:56

Parramatta Station Bus M60 or 600 to Cherrybrook Lake

5. Meadowbank to Rydalmere River Walk

Sunday 28 Jun 10:00

Meadowbank Station