Sydney U3A Course Book January - June 2019

[Logo]

sharing growing socialising

Talks Courses Events

SEMESTER 2
July - December 2019

Sydney U3A Inc.
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Suite 10.2, St Martin’s Tower
31 Market St
Sydney NSW 2000

ABN: 32 251 810 797
mail@sydneyu3a.org
www.sydneyu3a.org

OUR COLOUR BRAND
VALUES EXPLAINED:
KINGFISHER BLUE = SHARING
We share our knowledge
GREEN = GROWING
Together we grow our minds
YELLOW = SOCIALISING
We interact and connect with others
RED = PASSION
Our passion is for education
based organisation providing continuing
education opportunities for people who
are no longer in full time employment. The
courses and talks are conducted in a relaxed
environment; are stimulating and interesting
across a wide variety of topics. Participating
members are provided with the opportunity
to form enduring friendships through
socialisation and community interaction
whilst learning something new.
SYDNEY U3A INC.

U3A ethos is to promote and foster the melding of lifelong learning, creativity, exercise and community interaction so that the third age, which occurs immediately after full-time employment, is truly the age of reinvention, rejuvenation, renewal, redirection. There are no course entrance requirements, no exams and no awards given.

Editor: Judithe Hall
Email: editor.sydneyu3a@gmail.com
Asst Editor: Marlene Kleemeyer
Course book printed and distributed by: Kwik Kopy Circular Quay
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Email: mail@sydneyu3a.org
Web: www.sydneyu3a.org

ENQUIRIES

General enquiries should be directed to central office
Enquiries relating to regional activities and/or courses should be made to regional presidents

SYDNEY U3A OFFICE BEARERS

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Email</th>
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<tbody>
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Regional Presidents

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<th>Email</th>
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INSURANCE

Sydney U3A Inc. has public liability insurance to cover against possible damage or injury to persons or property arising from proven negligence by any member of Sydney U3A or its invitees at the site on which the activity occurs, except in the case of water or aircraft activity.

Members participating in a course that has a physical component, such as bush walking, table tennis or exercise classes are required to sign a form acknowledging that the member understands the insurance cover before being accepted into one of these courses.
PRESIDENT’S MESSAGE

Sydney U3A is fortunate to have enthusiastic members who volunteer and contribute their expertise and skills in a variety of ways. Leaders of courses, venue organisers, regional committee members, office volunteers and members of the Board of Management are all volunteers. At the recent Sydney U3A AGM two key members of the Board of Management completed their terms. On your behalf I would like to thank Marilyn Noonan, outgoing Treasurer, and Jenny Hawkins, outgoing Secretary, for their dedicated service over the last three years. Two new members have joined the Board of Management, Lynda Cronshaw has taken on the role of Administration Manager and Paula Poon is the incoming Secretary. Welcome to both Lynda and Paula, you are already making a huge contribution.

As I attended the AGMs of the Regions earlier in the year it was exciting to see the number of people volunteering to join committees and to lead courses. Welcome to all new members to these committees and to new course leaders. We have also welcomed many new office volunteers to our regular teams. They are enthusiastic and very efficient new members of the office team.

We would like to welcome more members to committees, to consider how best to publicise U3A; and leaders to introduce new courses. We are here to share knowledge and friendship and you all have an important role to play in sharing your knowledge, skills, time and friendship.

Enjoy all the wonderful offerings for Semester 2 2019.

Barbara Boston, President, Sydney U3A Inc

VP EDUCATION REPORT

Thank you to the volunteers who give their time, skills and knowledge. Your contribution enables our wonderful organisation to function. You are the heartbeat of the U3A movement.

Our colourband values tell our story - we share our knowledge (Kingfisher blue). We grow our minds (green). We socialise and interact (yellow). Our passion is for education (red)

A special thank you to the great editing team led by Judithe Hall in producing the S1, 2019 course book. Because we had a new team plus a new printer, things were more intense and more complicated than envisaged. Overall the magnificent effort expended brought results and we can all be proud of the outcome. Feedback indicates that the addition of proofreaders to our team significantly assisted the regions. We have now recruited an assistant editor, Marlene Kleemeyer. By adding Marlene to the team we are better able to spread the huge workload and develop effective succession planning.

Our exciting news is that, behind the scenes, we are running a pilot project to facilitate members to book courses on line. Our objective is to develop an on-line course book in such a manner that will enable online course bookings and provide reliable statistical information to improve Sydney U3A’s ability to deliver educational programs and attract more members. A course book will continue to be produced and every member who requires a hard copy will be provided with one. However, not all members require a hard copy. Already we provide electronic versions (PDF) to those members who so choose. By necessity we are attempting to satisfy member demand to book on line, reduce costs and move more into the electronic age in which we exist.

Enjoy S2 2019 courses, talks and events.

Dianne Ekert. Vice President, (Education), Sydney U3A Inc.

IMPORTANT INFORMATION – PLEASE READ

- You must book for all courses that you wish to attend, unless otherwise indicated
- To book, email or phone the booking person listed
- In case of problems, contact the regional course coordinator or nominated venue coordinator. Course and venue coordinators DO NOT TAKE BOOKINGS
- Please provide name, membership and contact numbers when booking
- Some courses have a maximum number of attendees. This number is indicated in brackets after the course or event
- Full details of transport including parking availability should be requested from the bookings person at the time of booking
- Book early to avoid disappointment as many classes fill quickly
- If you are unable to attend a course into which you have booked, ensure that you cancel the booking so that others on the waiting list may attend
- Courses are held either weekly, fortnightly, monthly, bimonthly or as a single session
- Some courses include a small fee for materials and/or use of equipment
- All members may attend any event/course/talk advertised in any region subject to availability
- Indexes are arranged alphabetically by specific subject (eg languages under French, German etc) and separately by suburb

The on-line course booking system for members is operating successfully in most Australian capital city U3As. It has been agreed that Sydney U3A should undertake a pilot scheme for online bookings during Semester 2, 2019.

The selected courses are:
- Events tour of St Mary's Cathedral led by David Wardle – two tour dates – page 6 of this course book
- Endeavour Region – Three courses: Cryptic Crosswords (p25) and Brain Games (p26) at Cronulla and Discussion Group at South Hurstville (p28)
- Harbourside North Region - Castle Cove Retirement Village – Barbara Boston – 12 courses pages 34-35 of this course book

We encourage members to book these events/courses online as part of our pilot project. Please go to www.sydneyu3a.org
EVENTS
Semester 2, 2019

GUIDED TOUR OF MUSEUM OF FIRE (15)

Wednesday 31 July

This Museum at 1 Museum Drive Penrith has one of the finest collections of its kind in the world, from the early 1800s to modern times. It stands as a testimony to the heroic efforts of our firefighters, and guards their history and heritage for future generations.

Entry fee $12 (includes morning tea) payable in advance by direct deposit or EFTPOS only (no cash, cheques or money orders). Payment details provided when booking. No refunds.

Train 9:18 from Central platform 5 to Penrith. Arriving 10:06. Travel in second carriage.

Meet at exit barrier on northern side, near Lord Sheffield Circuit. Ample on-site parking.

Bookings essential: from 9:00 Monday 8 July to 5:00 Friday 12 July only.

Leader unable to process bookings outside this period.

Email bookings only: beatricescheepers@gmail.com; 0402 969 004 (enquiries only). Please provide membership and telephone numbers when booking.

Organised by City and Inner West Region

SHOWCASING 30 YEARS OF U3A IN ENDEAVOUR REGION:
Welcome to New Members and Leaders’ Showcase of Courses

Friday 26 July 2:00 - 4:00

Cronulla Community Hall, Room 1
38-60 Croydon Street, access via walkway next to shop 15

Guest Speaker: U3A member and author Mary Small

All members, including new members, potential members and leaders, are invited to attend our special 30th year celebration, which is an invaluable opportunity for all members to indicate support for the continuing success of our organisation and to celebrate the splendid contribution that we and our predecessors have made over the past 30 years.

Your attendance will confirm that you are interested in promoting the excellent work of U3A as an ongoing community influence in the Sutherland and St George regions. The Showcase will also be an opportunity for each Leader to report on the highlights of their course for the year and to showcase features of their course for the second semester of 2019.

Entertainment and afternoon tea will provide the opportunity for members to socialise.

Organised by Endeavour(Southern) Region
EVENTS
Semester 2, 2019

ENDEAVOUR (SOUTHERN) REGION OF SYDNEY U3A
FIFTH TUESDAY OCCASIONAL PUBLIC LECTURE

Tuesday 30 July 10:15 for 10:30

CLUB on EAST (formerly Sutherland United Service Club)
7 East Parade, Sutherland. Club car park available for attendees.

Guest Speaker: David White
Revisiting Vietnam

Ex-Warrant Officer 1st Class David White is a veteran of the Vietnam War and was on active duty in the Battle of Long Tan. For the past eight years, David has been involved with the Australian Vietnam Volunteer Resource Group which provides humanitarian aid to the people of Vietnam. He travels to the Ba-ria Vung Tau Province in southeast Vietnam for several months each year.

David’s talk will include: his family (over 100 years of military service), the Vietnam experience, conscription, post-Vietnam, and his AVVRG work.

Enquiries only: Nilva Martini 0455 110 826; nilvalsim@yahoo.com.au

No bookings required. Entrance - gold coin donation.

These lectures are open to the public and all U3A members.

Organised by Endeavour(Southern) Region

TOUR OF ST MARY’S CATHEDRAL (20)

Wednesday 17 July at 10.30
or
Monday 12 August at 10.30

St Mary’s Cathedral, St Mary’s Road, Sydney was designed by architect William Wardell after the first cathedral burnt down in 1865. It was substantially completed by 1928, although the spires were not added until 2000. It is built in the Victorian Gothic style, has beautiful stained-glass windows and tells the story of the foundation and development of the Roman Catholic faith in Australia.

Bookings are essential. We encourage you to book this tour online as part of our pilot project for online bookings (see further details at the front of this course book). Go to www.sydneyu3a.org, or alternatively email officemgr.sydneyu3a@gmail.com

When booking please quote your name, U3A number and telephone number

You must arrive 15 minutes before the tour begins: the meeting point is inside the Cathedral by the bookshop. A charge of $5 per person, which contributes to the upkeep of the Cathedral, will be collected on the day.

Further information on St Mary’s Cathedral can be found at https://www.stmaryscathedral.org.au/

Organised by David Wardle
EVENTS
Semester 2, 2019

HOW THE COURTS WORK (15)

Leader: Beatrice Scheepers

Part 1: Friday 9 August

Meet 9:30 corner of Central and George Streets, opposite Events Cinemas

Enjoy an insider’s view of the history, charm and workings of the inferior courts (civil and criminal) sitting at Brickfield Hill. Finish 12:45. Affordable Korean lunch afterwards.

Part 2: Friday 16 August

Meet 9:30 at Queen Victoria Statue on Queens Square, opposite Hyde Park Barracks, Macquarie Street

Explore the intricacies of the superior courts (civil and criminal) at Queens Square. Finish 12:45. Affordable lunch afterwards.

SPECIAL TREAT: The High Court will be sitting in Sydney on 16 August.

Bookings essential for both dates: between 9:00 Monday 29 July and 5:00 Friday 2 August. Bookings cannot be processed outside that period.

Places will be determined by ballot. Please provide membership and telephone numbers when booking.

Email bookings only: Sue Lamont smlamont@outlook.com; 0419 418 508 (enquires only).

Please note: Airport-style security applies at all courts, and participants are asked to leave all aerosols and sharp-bladed instruments at home. No photography allowed.

Organised by City and Inner West Region

GUIDED TOUR OF CAPITOL THEATRE (15)

Monday 2 September

The Capitol Theatre, 13 Campbell Street Haymarket, has a great story to tell. Over the last century it has morphed from hippodrome to picture palace to rock venue to musical theatre space. Come and enjoy a guided tour highlighting John Eberson’s quirky design vision and the intricacies of staging a major musical production.

Meet at Capitol Square light rail stop on Hay Street, near George Street Haymarket at 9:45

Cost $30.50 (no refunds) payable in advance by direct deposit or EFTPOS only (no cash, cheques or money orders). Payment details provided when booking.

Bookings essential: between 9:00 Monday 22 July and 5:00 Friday 26 July. Leader unable to process bookings and payment outside that period.

Email bookings only: beatricescheepers@gmail.com
Please provide membership and telephone numbers when booking.

Organised by City and Inner West Region
TOUR OF SYDNEY’S GOVERNMENT HOUSE (20)

Saturday 20 July at 11:00
or
Friday 16 August at 11:00

Macquarie Street, Sydney
Located on Conservatorium Road alongside the Royal Botanical Gardens

Opened in 1845, Sydney’s Government House is the vice-regal residence of the Governor of NSW and one of the finest examples of Gothic Revival architecture in Sydney.

View the restored grand historic interiors, including the exquisite hand-painted stencil ceilings, and a significant collection of portraits, furniture, decorative arts and gubernatorial memorabilia, many of them produced in New South Wales and of heritage significance.

Government House is a busy ‘working house’ which is host to many vice-regal and charitable events and royal visitors. Set in a beautiful landscaped garden with views over Farm Cove and the Harbour it also offers an unusual perspective of the Sydney Opera House. You will be able to visit the gardens once the tour ends.

**Bookings are essential:** David Wardle: djwardle01@gmail.com
When booking please quote your name, U3A number and telephone number

Please aim to arrive at the gatehouse 15 minutes before the tour begins and produce your U3A card or the document you used to register for the course. As bags are not allowed into the House, a trolley will be stationed at the entry point to deposit bags and wheeled round to the exit point for baggage collection

More information on Government House can be found at https://www.governor.nsw.gov.au/government-house/

Organised by David Wardle

ANYONE FOR SPASM? (15)

Wednesday 30 October

Tucked away inside the grounds of Gladesville Hospital is a beautiful museum run by the Society for the Preservation of Artefacts of Surgery and Medicine. Come and enjoy a guided tour through the history of moveable health memorabilia and other heritage items.

**Meet at bus stop near the corner of Victoria Road and Norton Manning Drive Gladesville at 10:46**

Entry fee $10 payable on the day (includes morning tea).

**Bookings essential:** from 9:00 Friday 18 October. Leader unable to process bookings before that time.

**Email bookings only:** beatricescheepers@gmail.com; 0402 969 004 (enquiries only).
Please provide membership and telephone numbers when booking.

Organised by City and Inner West Region
EVENTS
Semester 2, 2019

SPARKLING HIGH TEA AT VAUCLUSE HOUSE TEAROOMS (15)

Tuesday 8 October

Relax in the beautiful gardens on WC Wentworth’s 19th century estate (69A Wentworth Road Vaucluse) and enjoy something savoury, something sweet, with coffee/tea and sparkling wine. Dietary requirements catered for.

Cost $55 (no refunds) payable in advance by direct deposit or EFTPOS only (no cash, cheques or money orders). Payment details provided when booking. No refunds.

Free parking on site, entry opposite Coolong Road.

Meet in Tearooms car park at 1:45

Bookings essential: from 9:00 Monday 26 August to 5:00 Friday 30 August. Leader unable to process bookings and payments outside that period.

Email bookings only: beatricescheepers@gmail.com; 0402 969 004 (enquiries only). Please provide membership and telephone numbers when booking.

Organised by City and Inner West Region

ENDEAVOUR (SOUTHERN) REGION OF SYDNEY U3A
FIFTH TUESDAY OCCASIONAL PUBLIC LECTURE

Tuesday 29 October 10:15 for 10:30

CLUB on EAST (formerly Sutherland United Service Club)
7 East Parade, Sutherland. Club car park available for attendees.

Guest Speaker: Les Miller
Me, My Son and Antarctica

Having spent 15 months at Mawson in Antarctica 50 years ago, Les shares his experiences as a radio operator during 1964-1965, and introducing his son to this amazing part of the world. They spent four weeks together in Ushuaia, the Antarctic Peninsula, South Georgia and the Falklands – partly following in the wake of the great Sir Ernest Shackleton’s ill fated voyage.

Enquiries only: Nilva Martini 0455 110 826; nilvalsim@yahoo.com.au

No bookings required. Entrance - gold coin donation.

These lectures are open to the public and all U3A members.

Organised by Endeavour (Southern) Region
TULIP TIME IN THE SOUTHERN HIGHLANDS (51)

Tuesday 24 September 8:30 – 5:00

Meet at Fitzwilliam Street, Parramatta at 8:30am for an 8.45am sharp departure.

Booking is essential: June Keith 96211215

Cost: $70 based on 40 participants and payable by Friday 6 Sept.

**A small extra charge maybe necessary if numbers are less than 40.

Our destination is the beautiful Southern Highlands. First stop is the Glass Café at Mittagong, for a delicious morning tea with freshly made scones. Wonderful spring colours blossom on our visit to Corbett Gardens, one of many gardens of the Bowral Tulip Time Festival, and a proud supporter of local charities in its 50 year history.

A delicious 2 course lunch will follow at Moss Vale RSL Club after which our awaiting air-conditioned coach will take us on a brief tour of the surrounding area and then return to Parramatta.

Organised by Greater Western Region

AN ABORIGINAL CULTURE TOUR OF THE NEW BARANGAROO RESERVE (40)

Wednesday 17 October 10:30

(you must be there 15 minutes before the tour begins)

Meet at the Munn Street Reserve entrance at the end of High Street

Cost is $22 per head (no refunds)

Comfortable walking shoes essential

There will be two simultaneously tours of 20 persons each

Bookings essential: Marje Ashworth marjeash@tpg.com.au 8387 3989 between 9.00 and 5.00, Monday to Friday please

Come and learn about the spiritual and cultural significance of Barangaroo Reserve, a six-hectare headland on the Harbour featuring 75,000 native Australian trees and shrubs. Listen to the stories about Barangaroo the woman and the lives and traditions of her people. The tour is supported by a team of Aboriginal Services Guides and we might be lucky to meet Clarence Stockee again who took us round the Botanical Gardens on a tour some years ago. You will learn about the native history of Sydney Harbour, the importance of the land to Australia’s Aboriginal heritage and the clans of the Eora Nation that once lived where Sydney now stands. The walk is downhill but a fairly easy walk and, of course, is affected by the weather so bring hat and sunscreen if it’s hot or an umbrella if it’s a ‘just in case’ day. If you walk through Barangaroo there is a lift to take you to the top.

Organised by Harbourside North Region
EVENTS
Semester 2, 2019

TOURS OF THE NICHOLSON MUSEUM AND SYDNEY UNIVERSITY (20)

Sydney University, Manning Rd, Camperdown

The Nicholson Museum is Australia’s oldest university museum and home to the largest collection of antiquities in the Southern Hemisphere. From the intriguing to the macabre the Museum, founded in 1860, provides insight into the minds of the archaeologists, collectors and curators who have contributed to it. This may be your last opportunity to visit the original museum before the collection becomes part of the Chau Chak Wing Museum in 2020.

Egyptian collection: Wednesday 7 August or Monday 2 September
Greek and Roman collection: Wednesday 21 August or Tuesday 10 September
Heritage Tour of Sydney University: Wednesday 28 August or Tuesday 17 September

All tours will commence at 11:00 and the cost for the services of the University guide will be $8 per person, collected on the day.

The Nicholson museum is located in the main quadrangle of Sydney University. We will meet in the sheltered area by the entrance for all tours.

Bookings are essential: David Wardle: djwardle01@gmail.com
When booking please quote your name, U3A number and telephone number

Further information on the Nicholson Museum at the University of Sydney can be found at http://sydney.edu.au/museums/collections/nicholson.shtml

Organised by David Wardle

TOUR OF ABC STUDIOS, ULTIMO CENTRE

Tuesday 10 September at 9:50
(you must be there 15 minutes before the tour begins)

700 Harris Street, Cnr Thomas Street, Ultimo
Cost is $8 per head (no refunds)

Bookings essential: Marje Ashworth marjeash@tpg.com.au
8387 3989 between 9.00 and 5.00, Monday to Friday please

There was such a huge response to the tour of the ABC last semester that we are repeating it this semester. The Centre brings together all aspects of television, radio, new media, transmission and news and current affairs. We are likely to visit one of the ABC’s two digital television production studios, hair and makeup, special effects, an on-air radio studio, a news studio and a control room. Come along and rub shoulders with some of the country’s most respected journalists, television and radio personalities. We can also take advantage of the café on the ground floor.

Organised by Harbourside North Region
EVENTS  
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COME AND STARGAZE AT SYDNEY OBSERVATORY (36)

Thursday 29 August 1:45 for 2:00 (duration: 90 minutes)

Cost is $10 per head (no refunds)
There will be two simultaneous tours of 18 persons each

Limited parking. Comfortable walking shoes essential

Bookings essential: Marje Ashworth marjeash@tpg.com.au
8387 3989 between 9.00 and 5.00, Monday to Friday please

Astronomers and locals have been charting the skies of the southern hemisphere since 1858 but you can see the sky at close quarters for yourself and discover more about the science through the Observatory’s giant telescopes and staff guided tours. On the tour there are spectacular views of Sydney Harbour and you can view the sun (weather permitting) using a special solar telescope. You can also enjoy a perfectly clear simulated night in the digital planetarium.

Organised by Harbourside North Region

2020 READERS FESTIVAL (75)

Wednesday 12 February – Friday 14 February 2020

The Carrington Hotel, Katoomba

The theme of next year’s Readers Festival is Irish Literature and Culture, and will include writers, film and music. All talks will be illustrated with slides and/or video clips. The Festival winds up with the very popular Trivial Pursuit session, based on talks and discussions during the event.

This is an opportunity to meet and make friends with like-minded people and stay in a unique comfortable heritage hotel.

The Carrington is reachable by train or car, and is one block from Katoomba railway station.

Numbers will be limited to 75 people, and we expect to be booked out early.
Rooms will be allocated on a first-come first-served basis.

Prices:

Single en-suite (2 nights) - $535
Single, no bathroom (2 nights) - $457
Double or twin-share en-suite (2 nights) - $790
Double or twin-share, no bathroom (2 nights) - $715

These prices include all activities, meals, wine with dinner, the welcome cocktail party and gratuities

For further details and bookings: contact Cheryl Summers 0405 572 413; summerscheryl@gmail.com

Supported by Harbourside North Region
2020 HOLIDAY: TAMWORTH (49)

Monday 9 March to Saturday 14 March 2020

Depart Monday 9 March 8:00am from Fitzwilliam Street, Parramatta and 8:30am from Railway Street, Pennant Hills Station

Return Saturday 14 March at around 4:30pm to Railway Street, Pennant Hills Station and 5:00pm to Fitzwilliam Street, Parramatta

Cost:
- $1098pp for 40 and above
- $1125pp for 35 - 39
- $1160pp for 30 - 34
- Single supplement $275 (Limited rooms)

During this holiday we will be staying at the Tamworth EconoLodge. Over the week we will be exploring Tamworth, Uralla, Armidale, Wallabadah, Quirindi, Werris Creek and Nundle.

The itinerary is so full of interesting tours and experiences that they cannot be all covered in this notice. Please see a copy of the full itinerary posted on the Greater Western section of Sydney U3A’s website.

Bookings for U3A members (non-member spouses/partners accepted) open on 12 August 2019

Bookings: Diana Pine 4861 3721. Address for payment given at time of booking.

Deposit: $100 made payable to Coach Holidays & Tours to be posted to Diana by 16 September 2019

NB: Balance made payable to Coach Holidays & Tours must be posted to Diana by 4 February 2020

Cancellation Policy: Deposits are non-refundable within 40 days of departure. Eligible deposit refunds prior to 40 days are subject to a $50 per person cancellation fee. The balance is partly refundable until the time and date of departure. Further details about cancellation policy sent with deposit receipt.

Inclusions: Air-conditioned coach, accommodation, all meals and entrance fees.

NB: If the tour is not full, non-members of U3A will be accepted.

Organised by Greater Western Region
ASHFIELD: CARDINAL FREEMAN RETIREMENT VILLAGE

137 Victoria St. Limited off-street parking.
Wheelchair access
Venue Coordinator: Lesley Painter
0401 038 050 painterl@bigpond.net.au

BRIDGE FOR THE LESS COMPETITIVE

Brush up your bridge skills in our informal group in a friendly non-competitive atmosphere. All levels of skill welcome.
Each Tuesday from 2 July 1:00 - 4:00
Leader and bookings: Liz Sobolewski 9630 7592

SATURDAY BRIDGE

Brush up your bridge skills in an informal group in a friendly non-competitive atmosphere. All levels of skill welcome.
Each Saturday from 6 July 1:00 - 4:00
Leader and bookings: Linda Dewberry
lindamd23@gmail.com

ASHFIELD CIVIC CENTRE

260 Liverpool Rd
Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

RECORDER GROUP

An established group, we perform a wide variety of music at intermediate level (not for beginners). Opportunity to lunch afterwards.
Each Tuesday from 23 July 10:30 - 12:30
(excluding school holidays)
Leader and bookings: David Young 0414 249 618;
9569 8167 dy4health@optusnet.com.au

CLUB ASHFIELD

5-7 Charlotte St. 2nd level (lift available). Parking available.
Venue Coordinator: Jennifer Waldron 8753 0521
jenniferwaldron2@gmail.com

QI GONG, FAN, AND COLLABORATIVE TAI CHI (15)

Class begins with ba duan jin and mini wild goose qi gong where beginners are welcome, followed by 24 and 28 form t'ai chi chuan suitable for those with some experience. A modified kung fu fan completes the session.
Each Tuesday from 23 July 10:30 - 12:00
(excluding school holidays)
Leaders and bookings: Lois Knight 9798 6525
lknight60@bigpond.com
Deborah Gracic 9636 6512 gracic.deb@gmail.com

FOR THE LOVE OF DANCE (40)

Dance to the rhythm of the waltz, rumba, cha cha, charleston, tango and more, in this relaxed and easy to follow class. Good for the soul, all the way from your head to your toes. This is not partner dancing.
Each Tuesday from 23 July 1:00 - 2:00
(excluding school holidays)
Leader and bookings: Bobbie Kersten 0410 873 605
bobbiekersten@gmail.com

COOPERATIVE RELAXATION AND STRETCHING ACTIVITIES (20)

This course is for exercise in a collaborative atmosphere.
Each Wednesday from 24 July 10:00 - 12:00
(excluding school holidays)
Leader and bookings: Lois Knight 9798 6525
lknight60@bigpond.com

ENGLISH AS A SECOND LANGUAGE (14)

We look at how English works, focusing on a topic of interest to the group. Read aloud, discuss pronunciation, word meanings, spelling, grammar and current idiom. A relaxed way to practise and improve your English with a friendly group.
Each Thursday from 25 July 10:30 - 12:30
(excluding school holidays)
Leader and bookings: Janet Egan 0415 133 994
janet.egan@gmail.com

COLLABORATIVE QI GONG (15)

This is qi gong in a collaborative environment, experienced practitioners only. Qi gong, according to Chinese culture, is beneficial to maintaining good health.
Each Friday from 26 July 10:00 - 11:30
(excluding school holidays)
Leader: Alan Avanzado
Bookings: Denise Yuen 0410 570 188 sdyuen@gmail.com

BURWOOD RSL CLUB

92 Shaftesbury Rd. On-site parking.
Wheelchair access
Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

CINEMA DISCUSSION GROUP (20)

A stimulating discussion of two films per fortnight chosen by the group at each session. The result is an invigorating, insightful and very enjoyable discussion.
Alt Wednesdays from 3 July 1:30 - 3:30
Leader: Frank Wilson 8021 7059
Bookings: Betty Candy 9799 9030
bjcandy@bigpond.com
INVESTMENT DISCUSSION GROUP
Understand the forces and current events that affect investment markets. We examine specific topics and undertake some practical activity. This is a discussion group only, and our members are not permitted, by law, to provide financial advice.
Alt Thursdays from 4 July 9:30 - 11:45
Leader and bookings: Greg Buriak 0422 599 417
buriak@optusnet.com.au

THE BEST OF BRITISH
Come on a voyage through great British literature from the early 19th century to the present day and explore the social and historical issues which it raises. First novel Rebecca by Daphne du Maurier.
Alt Fridays from 12 July 10:30 - 12:30
Leader: Iris Ryall 9744 1647
Bookings: Edna May 9797 8202

DISCUSSION GROUP: SOCIAL ISSUES AND CURRENT AFFAIRS (15)
Meetings are divided into two sessions by a tea break. First session: Topic for discussion prepared and presented by a volunteer. Second Session: Current Affairs, no subject taboo. A friendly, intelligent group where everyone is encouraged to participate.
Alt Fridays from 5 July 10:00 - 12:30
Leader and bookings: George Elliott 9874 7208
shs14gle@bigpond.com

TRAVELLER’S JAPANESE (10)
Benefit from the experience of our teacher and other course participants who have travelled to Japan. The class covers basic language skills, customs and culture. A textbook is used.
Each Tuesday from 23 July 10:00 - 12:00 (excluding school holidays)
Leader: Haruko Tanaka 0424 225 863 haruko@aae.edu.au
Bookings: Gayle Osborne 0429 459 443 gmosborne153@bigpond.com

ITALIAN CONVERSATION INTERMEDIATE (10)
Improve your conversational skills for students who have knowledge of Italian grammar. Note: no handouts will be supplied.
Each Wednesday from 3 July 10:00 - 12:00
Leader and bookings: Nadia Favotto 9705 7217; 0429 060 013

CLASSIC MOVIES (12)
From the silent to the contemporary era a selection of influential films that helped develop the industry. Explore and analyse background and historical settings plus production issues and biographical details pertaining to the director, cast and production personnel.
Alt Wednesdays from 3 July 10:00 - 12:30
Leader: Hugh Watson 9519 5082
Bookings: Marie Doyle 9558 4223

FILM DISCUSSION GROUP
Members discuss two movies every fortnight and give their rating. Members vote on future movies with two volunteering to present their choices.
Alt Thursdays from 4 July 1:30 - 3:30
Leader: John Swords 9516 3915 swords.j@gmail.com
Bookings: Carol Green 9516 3915

BURWOOD: WOODSTOCK COMMUNITY CENTRE
22 Church St. On-site parking
Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

CURRENT AFFAIRS DISCUSSION
News of the day. No topics are out of bounds, but we discuss politics and religion with sensitivity. Members sometimes prepare a topic for discussion. Format: freewheeling.
Each Monday from 1 July 10:00 - 12:00 (Public holidays excluded)
Leader and bookings: Michael Holland mholl1234@gmail.com

TRAVEL PLUS LUNCH
Meet other avid travellers, share your travel experiences, tips and recommendations. After the meeting we will sample international cuisine in a nearby restaurant.
First Tuesday of each month from 2 July 10:00 - 12:00
Leader and bookings: Greg Buriak 0422 599 417
buriak@optusnet.com.au

DECONSTRUCTING CONTEMPORARY ART (25)
Visit contemporary art shows in Sydney galleries fortnightly. On alternate weeks, meet at Customs House for evaluation of news, events, trends, theory and history of the work visited. Build a virtual art collection and develop a personal aesthetic. Good physical fitness required.
Each Thursday from 4 July 10:30 - 12:30
Alternate weeks 1:30 - 3:30 gallery visits
Leader and bookings: Wendy Fraser 9569 7942; 0408 711 672 barrieandwendy@gmail.com

CLUB BURWOOD
Cnr Burwood Rd and George St
Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

‘ISMS’ IN HISTORY
This course examines some ‘isms’ and discusses the individuals who promoted them: capitalism, Adam Smith; communism, Karl Marx; Conservatism, Edmund Burke; atheism, Socrates and Richard Dawkins; Fascism, Hitler and Mussolini.
Alt Wednesdays from 3 July 10:00 - 12:00
Leader: Frank Wilson 8021 7059
Bookings: Betty Candy 9799 9030 bjcandy@bigpond.com

CITY: CUSTOMS HOUSE LIBRARY
Alfred St opposite Circular Quay station. Meeting room Level 2.
Venue Coordinator: Jennifer Waldron 8753 0521
jenniferwaldron2@gmail.com

DECONSTRUCTING CONTEMPORARY ART (25)
Visit contemporary art shows in Sydney galleries fortnightly. On alternate weeks, meet at Customs House for evaluation of news, events, trends, theory and history of the work visited. Build a virtual art collection and develop a personal aesthetic. Good physical fitness required.
Each Thursday from 4 July 10:30 - 12:30
Alternate weeks 1:30 - 3:30 gallery visits
Leader and bookings: Wendy Fraser 9569 7942; 0408 711 672 barrieandwendy@gmail.com
FILM APPRECIATION (20)

Do you enjoy contemporary cinema and sharing your ideas? Members of this group research a film and lead the discussion three to four times a year. We also look at issues, trends and news in the film world.
Alt Thursdays from 11 July 1:30 - 3:30
Leader and bookings: Susanne de Ferranti 0410 603 425 sdeferranti@ozemail.com.au

CITY: MILLERS POINT
COMMUNITY CENTRE

Harry Jensen Centre, 17 Argyle St (cnr Watson Rd) Street parking available. Wheelchair access
Venue Coordinator: Anne Pill 9550 9248
dapill2@bigpond.com

THURSDAY MORNINGS AT MILLERS POINT

Thursday 25 Jul 10:00 - 12:00 Speaker: Louise Hallinan
Fromelles and General Sir John Monash
The worst 24 hours in Australian history in July 1916 led to the amazing identification of almost 200 lost diggers a century later.
Thursday 25 Jul 10:00 - 12:00 Speaker: Peter Allen
Henry VIII – Part 1
What role did Henry VIII’s grandmother play in the Tudor ascendency? Why was he wary of the House of York?
Thursday 1 Aug 10:00 - 12:00 Speaker: John McLennan
Charles Darwin (1809-82)
Known as the scientist who gave us the theory of evolution, Charles Darwin changed the thinking pattern of intellectuals and the common people.
Thursday 8 Aug 10:00 - 12:00 Speaker: Srinivas Karkenahalli
Albert Einstein (1879-1955)
Famous for his theory of relativity and the formula, e=mc squared, Albert Einstein shook the beliefs of scientists and the common people.
Thursday 15 Aug 10:00 - 12:00 Speaker: Srinivas Karkenahalli
Medical Entomology – the Australian paralysis tick
A study of the biology, habitat and medical implications of the Australian paralysis tick on both humans and companion animals.
Thursday 22 Aug 10:00 - 12:00 Speaker: Ian Thompson
Henry VIII – Part 2
Why did Henry VIII have so many wives? Did he start his new religion because of his religious convictions? What was the Pilgrimage of Grace?
Thursday 29 Aug 10:00 - 12:00 Speaker: John McLennan

Medical Entomology – Insects as Vectors of Disease
A focus on the biology and habitat of mosquitoes as vectors of disease and unease, including malaria, dengue, yellow-fever, lymphatic filariasis and Zika virus.
Thursday 5 Sept 10:00 - 12:00 Speaker: Ian Thompson

Parramatta Female Factory
Tales of hardship, survival and joy, of women from the earliest surviving convict site, birthplace of women workers’ action.
Thursday 12 Sept 10:00 - 12:00 Speaker: Gay Hendriksen

History of the Royal Albert Hall
This Hall is much more than just the Prom Concerts and has a fascinating history of how and why it came to be built originally.
Thursday 19 Sept 10:00 - 12:00 Speaker: Rosemary McCulloch

Matthew Flinders, who Named Australia
The village lad who ran away to sea. Tales of war at sea, shipwrecks, Intrigue, and a love story for the ages!
Thursday 26 Sept 10:00 - 12:00 Speaker: Jim Haynes

Girt by Sea and Ringed by Menace
What the censors hid: the Japanese who landed in Western Australia in WWII and whose 28 submarines patrolled our east coast and sank over 50 ships.
Thursday 17 Oct 10:00 - 12:00 Speaker: Jim Haynes

Operating your Windows Laptop (6)
Bring your laptop to learn how to store and retrieve information, email photos and documents and produce a professional flyer. Windows only systems.
Thursday 7, 14, 21 Nov 10:00 - 12:00 Speaker: David McKay

The Theatre of Bertolt Brecht
The great German poet and playwright has had a profound influence on theatre. We examine the controversial production techniques and three of his major plays: Life of Galileo, Mother Courage and Her Children, and The Caucasian Chalk Circle.
Thursdays 28 Nov, 5, 12 Dec 10:00 - 12:00 Leader: Margaret Stoljar

CRACKING CRYPTIC CROSSWORDS (12)
Get into the minds of cryptic crossword compilers and learn how to solve their devious clues. Have fun and gain satisfaction while keeping your brain active. (4 sessions)
Wednesday 31 July, 7, 21, 28 Aug 1:30 - 3:30 Leader and bookings: Ron Shapiro 9810 4490 rmbjs@iinet.net.au (preferred)

PASSIONATE TRAVELLERS

Enjoy a presentation of holiday experiences, culture and history on one or more countries in a friendly, relaxed manner, with Q and A, and time to enjoy chatting over a complimentary morning tea.
Leaders: Robin Amos, Bobbie Kersten 0410 873 605
Canadian Arctic, Baffin Island and Greenland
Wednesday 3 July 10:30 - 12:30 Speaker: Sue Bailey

Helsinki to Saint Petersburg
Wednesday 7 Aug 10:30 - 12:30 Speaker: Rosanna Casolin

Colchester, Norwich and York
Wednesday 4 Sept 10:30 - 12:30 Speaker: Ronda Gaffey
Portugal
Wednesday 2 Oct 10:30 - 12:30  Speaker: Lesley Painter

Venice
Wednesday 6 Nov 10:30 - 12:30  Speaker: Ron Shapiro

Germany
Wednesday 4 Dec 10:30 - 12:30  Speaker: Takiko Yalichev

**FRENCH INTERMEDIATE CONVERSATION (12)**
The course aims to enhance members’ ability to converse in French, thus a basic knowledge of French grammar and vocabulary is an essential prerequisite.
2nd, 3rd, 4th and 5th (if applicable) Wednesday each month from 10 July 11:00 - 12:30
Leader and Bookings: Amal Ghosn amalghosn3@gmail.com

**DRUMMOYNE COMMUNITY CENTRE**
10 Cometrowe St. Street parking. Wheelchair access
Venue Coordinator: Anne Hall 0419 017 364 annenhall@gmail.com

**ITALIAN CONVERSATION (10)**
Basic knowledge required as class will be conducted in Italian. Emphasis on speaking.
Each Monday from 22 July 2:00 - 3:15 (except school holidays)
Leader and bookings: Lori Banham 0409 814 127 lori.b@bigpond.com

**FRENCH CONVERSATION (10)**
Requires a good basic knowledge of French grammar and must be able to converse adequately in French. Emphasis on speaking and listening.
Each Wednesday from 24 July 1:30 - 3:30 (except school holidays)
Leader and bookings: Jocelyne Sealey rjbow@tpg.com.au

**INTERMEDIATE SPANISH (10)**
For students who already have a basic conversational level of Spanish. Emphasis is placed on improving fluidity of conversation. Class will be conducted mostly in Spanish.
Each Wednesday from 3 July 1:15 - 3:15
Leader and bookings: Les Margulis 0421 456 806; 02 4757 1437 lesmargulis@gmail.com

**GLEBE: THE OLD TOWN HALL**
160 St Johns Rd. Wheelchair access
Venue Coordinator: Pauline Valentine 0412 595 891 gregory_1947@hotmail.com

**DRAWING (12)**
We use black and white (charcoal, pencil, ink) with some other media, such as Conté. The basics are covered, including tone, perspective and composition. Students are encouraged to suggest topics. Only an interest in drawing is required.
Alt Thursdays from 25 July 10:00 - 12:00
Leader and bookings: Neville Bendall 9660 1873

**GLEBE LIBRARY: BENLEDI ROOM**
186 Glebe Point Rd (cnr Wigram Rd)
Venue Coordinator: Pauline Valentine 0412 595 891 gregory_1947@hotmail.com

**JAPANESE**
Knowledge of hiragana, katakana and some kanji will be helpful. We use a text book, Japanese for Busy People II twice per month and a few articles printed from topics of current Japanese interests.
Each Thursday from 25 July 10:00 - 12:00
Leaders: Nobuyo Williams 0420 770 661 or Haruko Johansson 8957 7016
Bookings: Juanita Englefield 9816 5807

**GLEBE: NAG’S HEAD HOTEL**
162 St Johns Rd. Upstairs Conference Room. Limited street parking.
Venue Coordinator: Jan Macindoe 9660 0208 jnmacindoe@gmail.com

**FIRST FRIDAY BOOK GROUP (12)**
Favourite books are chosen by members for discussion by the group.
First Friday of each month from 5 July 10:00 - 12:00
Leader and bookings: Jan Macindoe 9660 0208; 0424 537 557 jnmacindoe@gmail.com

**GLEBE: ST. HELEN’S COMMUNITY CENTRE**
184 Glebe Point Rd. Wheelchair access
Venue Coordinator: Pauline Valentine 0412 595 891 gregory_1947@hotmail.com

**PATHWAYS TO THE GODS**
This is a course about the religions that have evolved over time, including their differing cultural contexts. Present focus: early Christianity.
2nd and 4th Fridays from 26 July 10:00 - 12:00
Leader and bookings: Jacques Goldman 9518 6741
GLEBE: TOXTETH HOTEL

345 Glebe Point Rd. Fireside Lounge, ground floor. Street parking.
Venue Coordinator: Michael Holland
mhol1234@gmail.com

PHILOSOPHY IN THE PUB (10)

Topics from a wide range of political and cultural themes are examined from a philosophic perspective. Discussion aims to promote differing worldviews and challenge belief systems. Members are expected to participate in internet/web research, questioning and facilitating. Email address essential.
Series 1: Each Tuesday from 30 July 3:00 - 5:00
Series 2: Each Tuesday from 22 Oct 3:00 - 5:00
Leader and bookings: Michael Holland mhol1234@gmail.com

LEICHhardt municipal library

23 Norton St. Italian Forum (Piazza level). Lift to parking station. Concession parking with validated ticket.
Wheelchair access
Venue Coordinator: Barbara Burton 9798 5620; 0429 090 332 beburton@iprimus.com.au
FRIDAY MORNINGS AT THE LIBRARY

Bookings essential: Margot Walker: 0404 362 490 margotinaw@gmail.com (email bookings preferred). Please give course name, date, membership number and contact details. Confirmation sent by email.

1. Shakespeare: Measure for Measure (CD, DVD) (20)
Vienna is ‘boiling’ with sin and corruption. The Duke closes the brothels and makes fornication punishable by death. How, the play asks, can we combine justice and effective deterrents, with mercy and tolerance of human weakness? Bring text. (4 sessions)
From Friday 5 July 10:30 - 12:30 Leader: Margaret Beale

2. Sailing, Suffering and Success: Surviving Quarantine in the 19th Century (30)
Sailing to Australia was healthier than we presume. But how did colonial immigrants survive deadly diseases in Sydney’s Quarantine Station?
Friday 2 Aug 10:30 - 12:30 Speaker: Peter Hobbins

3. Major Inventions Over the Past 150 Years (30)
Radios, telephones, wind generators, refrigeration, X-rays, solar power, plastics, motorcars, nuclear power and computers, David speaks to each in lay terms explaining how they work.
Friday 9 Aug 10:30 - 12:30 Speaker: David Malone

4. New Endeavour (30)
Learn about the genesis, funding difficulties and sourcing the materials for this Bicentennial project to build the replica of Lieutenant James Cook’s ship in Fremantle.
Friday 16 Aug 10:30 - 12:30 Speaker: Leigh Haines

5. Sydney Marine Park (30)
This session covers the history, science, politics, benefits and threats of a new underwater national park running from Newcastle to the Shoalhaven.
Friday 23 Aug 10:30 - 12:30 Speaker: David Stead

6. Healthy Brain: Healthy Ageing (30)
This talk discusses memory and dementia and provides strategies for keeping the brain healthy and reducing the risks of developing dementia.
Friday 30 Aug 10:30 - 12:30 Speaker: Libby Palmer

7. Atheism (30)
Atheism is surprisingly ancient as well as modern: even today some see it as heresy. It is, arguably, far more normal than some believe.
Friday 6 Sept 10:30 - 12:30 Speaker: Frank Wilson

8. So, what is Genealogy? (30)
Why is genealogy so popular? Learn the fundamentals of finding your ancestors, growing your family tree and preserving the past for future generations.
Friday 13 Sept 10:30 - 12:30 Speaker: Leigh Haines

9. Estonia (30)
What could be interesting about the history and culture of Estonia, a nation smaller than Tasmania, and the homeland of my parents?
Friday 20 Sept 10:30 - 12:30 Speaker: Anne Richardson

10. Crime, Punishment and Civil Disputes in Colonial NSW (30)
Series covers problems with assigned convicts and the adventures of Jane New, the trials of Edwin Smith Hall of the Monitor, including the Church Pew Cases; the struggle of the courts arising from Aboriginal/Settler conflict including the Myall Creek Massacre. (4 sessions)
From Friday 27 Sept 10:30 - 12:30 Leader: Malcolm Robertson

11. Pekanbaru Death Railway (30)
How allied POWs, including Australians, were forced to build the Pekanbaru Death Railway (West Sumatra) and why it became the ‘forgotten railway’.
Friday 25 Oct 10:30 - 12:30 Speaker: Andrew West

Scientist, author and environmentalist, author of Silent Spring, Carson ignited the modern environment movement.
Friday 1 Nov 10:30 - 12:30 Speaker: Janine Kitson

13. Impact of Climate Change on Health and Disease (30)
Increasing temperatures, rising seas and natural disasters are a feature of climate change. We examine how these impact on the overall health of our community.
Friday 8 Nov 10:30 - 12:30 Speaker: Penny Bishop

Why is Carson more relevant than ever when abnormal weather events are becoming the new norm and we are losing so much of our biodiversity?
Friday 15 Nov 10:30 - 12:30 Speaker: Janine Kitson

Historically exciting and challenging times: Lyn Moore reviews the fight for women’s rights, and the personalities of the women fighting for rights we now enjoy.
Friday 22 Nov 10:30 - 12:30 Speaker: Lyn Moore

16. Standardisation (30)
Our world is saturated with standards and standardisation. It may be mechanical, moral and ethical. It is a surprisingly fascinating study.
Friday 29 Nov 10:30 - 12:30 Speaker: Frank Wilson
17. Australia's Environmental Pioneers (30)
Learn about our pioneer conservationists pivoting environmental interest from discovery and understanding to protection, setting the foundations for modern conservation.
Friday 6 Dec 10:30 - 12:30  Speaker: David Stead

FRIDAY AFTERNOONS AT THE LIBRARY
ITALIAN BEGINNERS 2 (20)
We assume a degree of basic knowledge, around 40 to 60 hours of instruction. We will continue using the same textbook: Buongiorno Italia, supplemented by online exercises. Note: this is a full-year course.
Each Friday from 2 Aug 1:30 - 3:30
Leader and bookings: Pia Ottavian 0424 738 824; pia.ottavian@yahoo.com.au

REVESBY COMMUNITY HALL
Macarthur Ave. Street parking.
Venue Coordinator: Joy Pegler 9771 6185
peglerjm@bigpond.com

TAI CHI (20)
For tai chi novices as well as for more experienced practitioners. The aim is for all participants to progress from 6 to 24 tai chi forms.
Each Thursday from 25 July 9:30 - 11:00
(except school holidays)
Leader and bookings: Patrick Brennan 9773 4182

REVESBY WORKERS CLUB
20 Brett St. On-site parking.
Venue Coordinator: Joy Pegler 9771 6185
peglerjm@bigpond.com

AUSTRALIAN PERSPECTIVES (25)
An informal discussion group during which the guest speaker introduces us to their varied ethnic, cultural and historical experiences.
Third Thursday of each month from 15 Aug 2:00 - 4:00
(except school holidays)
Leader and bookings: Joy Pegler 9771 6185
peglerjm@bigpond.com

Experiences as a Volunteer in East Timor
Working as a civil engineering volunteer in Timor-Leste 10 years after its renewed independence emphasised for the speaker the importance and relevance of Australia’s foreign aid program.
Thursday 15 Aug 2:00 - 4:00  Speaker: Derry Thomas

Mosquitoes as Vectors of Disease and Unease
A study of the biology and habitat of mosquitoes with a focus on the major diseases that they transmit both globally and within Australia.
Thursday 19 Sept 2:00 - 4:00  Speaker: Ian Thompson

Researching the Biographical History of Colonial Midwives
The speaker is researching the elusive background of 19th century Australian midwives and how they connected with their communities.
Thursday 17 Oct 2:00 - 4:00  Speaker: Lesley Potter

Fairbridge Farm: School for Child Migrants
Personal recollections of a 10-year stay at Fairbridge, the speaker having been sent there as a 7-year-old in 1948.
Thursday 21 Nov 2:00 - 4:00  Speaker: Daphne Appleby

FILM DISCUSSION GROUP (25)
Members undertake to view up to three group-selected films screening during the coming month. At each meeting, a volunteer introduces one of the selected films followed by a group discussion.
Fourth Tuesday of each month from 23 July 10:00 - 12:00
Leader and bookings: Robyn Deane 9726 4279; rdeanee@optusnet.com

MINDFULNESS (25)
Mindfulness enhances awareness of self in relation to others, including the environment, which in turn informs and empowers you with knowledge/insight enabling self-regulation (of your thoughts, emotions and behaviour).
Thursday 1 Aug, 5 Sept and 3 Oct 2:00 - 3:30
Leader and Bookings: Grace Thomas 0424 229 742
gracethom066@gmail.com

ROZELLE: HANNAFORD CENTRE
608 Darling St (cnr Nelson St).  Wheelchair access
Venue Coordinator: Barbara Burton 9798 5620; 0429 090 332  beburton@iprimus.com.au

DISCUSSION GROUP (15)
This group will focus on historical events, philosophy and literature. Each member is given the opportunity to decide on and present the topic for discussion.
Each Monday from 22 July 10:30 - 12:30
Leader: Fay McKenzie-Edmonds
Bookings: Yvonne Wingrave 9797 9237; 0437 000 684
yvonnewingrave@gmail.com

FRENCH INTERMEDIATE (15)
A reasonable knowledge of French grammar, vocabulary and pronunciation is assumed. Reading, writing, listening and speaking activities are used to consolidate and extend that knowledge and skills. There will be some formal grammar and a few laughs along the way.
Each Tuesday from 23 July 10:00 - 11:30
Leader and bookings: Alan Rodrick 9819 6579
alan.rodrick@gmail.com

ADVANCED FRENCH CONVERSATION (15)
For people with a reasonable background in French wanting to continue to engage in conversation. The focus is on spoken French to improve fluency and pronunciation, or just for the joy of speaking such a beautiful language.
Each Tuesday from 23 July 11:45 - 1:15
Leader: Rhonda Stien
Bookings: Sue Tronser 9818 3268
suetronser@gmail.com
FRENCH FOR BEGINNERS (15)
Beginners and those with some expertise wishing to consolidate their knowledge. Basic vocabulary, grammar, pronunciation. Simple conversation to tourist level. Text: Collins Easy Learning French Grammar and Practice, 2nd Edition 2016. $25 at Abbeys 10% discount with Leader’s name and U3A.
Each Tuesday from 23 July 2:00 - 3:30
Leader and bookings: Michael Georgeson 9818 2648 michael.georgeson@gmail.com

DISCUSSION GROUP IN ADVANCED FRENCH (10)
La participation à ce groupe permettra aux membres de s’exprimer avec plus d’aisance sur un grand nombre de sujets selon le goût des membres. Il faudra donc un bon niveau de compréhension et d’expression orales au départ.
Each Thursday from 4 July 2:00 - 3:30
Leader and bookings: Verity Bagot 9810 1730; 0439 489 738 verity.chianea@gmail.com

ROZELLE NEIGHBOURHOOD CENTRE
756 Darling St.
Venue Coordinator: Lesley Painter 0401 038 050 painterl@bigpond.net.au
DISCUSSION GROUP TOPICAL ISSUES (16)
A lively group discusses local and global issues. These can include interesting social, political, economic and environmental concerns.
Alt Wednesdays from 3 July 10:30 - 12:30
Leader and Bookings: Vivian Wolff 0419 630 678

STRATHFIELD CROQUET CLUB
50 Redmyre Rd. Street parking.
Venue Coordinator: Anne Hall 0419 017 364 annenhall@gmail.com
TRY CROQUET
An easy to learn game that offers fun, friendship and an outdoor activity. Skills learnt for ricochet and gateball can be transferred between games. Wear comfortable clothing and flat soled shoes. Bring a water bottle, sunglasses and hat. Equipment provided.
Thursdays 4,11,18 July 2:00 – 4:00
Leader and bookings: Ruth Bridger 9736 3410 krbridger@bigpond.com

WOOLLOOMOOLOO: OZANAM LEARNING CENTRE
Level 3, 99 Forbes St. Limited parking. Wheelchair access
Venue Coordinator: Anton Crouch
Leader and Bookings: Anton Crouch 9660 2889 anton.crouch@optusnet.com.au

FILM GROUP
A course series considering motion pictures in a thematic way. Themes include genres and the work of directors and actors. A film is shown at each session, with members encouraged to consider the work in its historical context.

Series 1. The British Down-Under
From the ‘ocker’ Overlanders to the mysterious Walkabout
Each Monday from 22 July to 26 Aug 10:00 - 12:30

Series 2. Personal Favourites
Includes the expected It happened One Night to the unexpected Terror in Texas Town.
Each Monday from 14 Oct to 18 Nov 10:00 - 12:30

PRIVATE HOMES
Venue Coordinator: Jennifer Waldron 8753 0521 jenniferwaldron2@gmail.com

STANMORE BOOK CLUB (10)
A wide range of books are selected by members who lead a discussion of their choice.
First Monday of each month from 1 July 2:00 - 4:00
Leader: Wendy Fraser
Bookings: Bernice Lee 0412 969 440 bernicejlee@gmail.com

CLASSICAL BOOK CLUB (STANMORE) (10)
We take turns to read aloud from the text, unlike most book clubs where reading is done at home and discussed later. We read two or three lengthy and challenging books during the year, generating lively discussion. The first book is The Brothers Karamazov by Dostoevsy.
Alt Tuesdays from 9 July 10:30 - 12:30
Leader and bookings: Sondra Griffiths 9332 4490 sondragriffiths135@gmail.com

INNER WEST BOOK GROUP (VARIOUS LOCATIONS) (12)
Enhance your enjoyment of reading by sharing your ideas with others. Every four weeks we will read and discuss a book, choosing from a wide range of literature. First book is The Twin by Gerbrand Bakker.
Every four weeks from Wednesday 24 July 2:00 - 4:00
Leader and bookings: Christine Hingerty 0499 887 308 chingerty@internode.on.net

OUT THERE!
Coordinator: Bobbie Kersten 0410 873 605 bobbiekersten@gmail.com

MY FAVOURITE ETHNIC EATING PLACE
Enjoy good food and conversation at five monthly lunches at inexpensive restaurants within the Sydney LGA. Members choose venues with cuisines from different cultures, with a talk by the restaurateur, about food/traditions. Members pay for their own meal.
Second Wednesday of each month from 10 July 12:00 - 2:30
Leader and bookings: Krista Corlis 0400 708 754; 8765 9267 ktcorlis38@gmail.com
FOURTH TUESDAY LUNCH GROUP (12)
Lunch at restaurants that serve a variety of cuisines situated close to public transport around Sydney City and Inner West LGAs. The chef/owner is encouraged to tell us his/her background/menu development. We try to book BYO wine restaurants (corkage charged).

Fourth Tuesday each month from 23 July
Leader and bookings: David Cameron 9810 6498 djcameron38@gmail.com

MUNCH ON BRUNCH (12)
Step out and come brunching at a slick café somewhere in the inner city, or perhaps a bit further afield, but always close to public transport. Our venues are picked for their enticing food offerings, sharp design and quality coffee.

Third Thursday of each month from 18 July
Leader and bookings: Beatrice Scheepers 0402 969 004 (enquiries only) beatricescheepers@gmail.com (bookings only)

VISITING REGIONAL GALLERIES
Using public transport, we visit regional art galleries to see a diversity of art. More information, plus details of outing, supplied when enrolling.

Visit two or three times a month on Saturday and an occasional Sunday depending on exhibition dates beginning July. Early am to mid-afternoon
Leader and bookings: Joanne Gordon 0418 224 211 joannegordon@bigpond.com (preferred)
Please supply phone and U3A membership number.

WALKING WITH A TOUCH OF HISTORY: BUSH, HARBOUR, RIVER AND COASTAL WALKS
Medium grade walks. You are responsible for your own safety. Bring hat, water, morning tea and lunch. Wear shoes with a safe walking tread. NOTE: We travel in the third train carriage. Timetables subject to change: Check Transport Info Line 131500.

Last Sunday of each month from 28 July
Leader and bookings: Bobbie Kersten 0410 873 605 bobbiekersten@gmail.com

Bondi to Watsons Bay
Sunday 28 July
9:08 Circular Quay Bus 333 Stand B to Bondi Beach
Bus 380 at 9:52 to Lancaster St

Fairy Meadow to Wollongong
Sunday 25 Aug
9:29 Train (Kiama) Platform 25 Change at Thirroul

Quakers Hat to Balmoral Beach
Sunday 29 Sept
9:37 Bus 180 Stand A to Quakers Lane

Blackheath Rhododendron Garden
Sunday 27 Oct
9:18 Train Central Country Platform 7

Hermitage Track to Watsons Bay
Sunday 24 Nov
9:40 Bus 325 Cnr Wynyard and York St
To Bayview Hill St Rose Bay
EASTERN REGION OF SYDNEY U3A

Notice is hereby given that the
**Annual General Meeting and Election of Office Bearers**

will be held on
**Monday 18 November**
at 10.30 am

**Waverley Library Theatrette**
32 Denison St, Bondi Junction

**Speaker: Ronnie Hofmann**
followed by the AGM commencing at 11.00

All members are invited to attend our Annual General Meeting and should consider standing for election to the Committee to assist in the running of our excellent organization. Positions for election are President, Secretary, Treasurer, Course Coordinator, Assistant Course Coordinator, Public Relations Officer, and Committee Members.

**Lunch (no cost) will be provided following the AGM**

Booking for lunch by 11 November and Nomination forms for Committee Members are available from Sandra See sandra.l.see@gmail.com

Forms must be returned by Tuesday 12 November
All financial U3A members are welcome to attend
Please write this date in your diary now.

EASTERN
Regional Course Coordinator: Margaret Steel 9371 6953
mste8801@bigpond.net.au Enquiries only

BONDI JUNCTION: WAVERLEY LIBRARY THEATRETTE
32 Denison St. Parking and lift available
All sessions 10:30 - 12:30 No bookings required unless specifically stated.

MONDAYS AT WAVERLEY LIBRARY

1. The Theatre of Bertolt Brecht
Life of Galileo, 2. The Caucasian Chalk Circle.
3. Mother Courage and her Children. 3 sessions
**Monday 29 July, 5 Aug and 19 Aug**
Speaker: Margaret Stoljar

2. History ‘isms’
Beliefs and practices known as ‘isms’ by individuals who promoted them. 1. Atheism
**Monday 2 Sept** Speaker: Frank Wilson

3. History ‘isms’
Beliefs and practices known as ‘isms’ by individuals who promoted them. 2. Scholasticism
**Monday 16 Sept** Speaker: Frank Wilson

4. History ‘isms’
Beliefs and practices known as ‘isms’ by individuals who promoted them. 3. Rationalism
**Monday 23 Sept** Speaker: Frank Wilson

5. First step on the Moon
Tom Reid’s role in the 1969 Apollo 11 mission, the direct transmission of Armstrong’s first step on the moon to Honeysuckle Creek, ACT, then to a world-wide TV audience.
**Monday 30 Sept** Speaker: Andrew Tink

6. History ‘isms’
Beliefs and practices known as ‘isms’ by individuals who promoted them. 4. Capitalism
**Monday 21 Oct** Speaker: Frank Wilson

7. History ‘isms’
Beliefs and practices known as ‘isms’ by individuals who promoted them. 5. Conservatism
**Monday 28 Oct** Speaker: Frank Wilson

8. History ‘isms’
Beliefs and practices known as ‘isms’ by individuals who promoted them. 6. Nationalism
**Monday 4 Nov** Speaker: Frank Wilson
9. AGM (Refer first page)
Monday 18 Nov  Speaker: Ronnie Hofmann

10. History ‘isms’
Beliefs and practices known as ‘isms’ by individuals who
promoted them. 7. Internationalism
Monday 25 Nov  Speaker: Frank Wilson

11. History ‘isms’
Beliefs and practices known as ‘isms’ by individuals who
promoted them. 8. Consumerism
Monday 2 Dec  Speaker: Frank Wilson

FRIDAYS AT WAVERLEY LIBRARY THEATRETTE.

32 Denison St. Parking and lift available
All sessions. 10:30 – 12:20. No bookings required unless
specifically requested.

Music Appreciation - a fortnightly course
Aim is to share, learn and enjoy your music
1. ‘Feeling Good’ music- a personal selection of
classical and popular music.
2. Selection of contemporary classical composers.
3. Your requests; classical, opera, choral and popular.
4. Selection of Australian composers.
5. Great performers of the BBC Proms.
Alternate Fridays on 26 July, 9 Aug, 6 Sept,
20 Sept, 4 Oct
Leader: Mary Healey North

Truth, Lies and Authenticity
We have again discovered how, in the midst of their lies, a
public figure can be trusted as ‘authentic’ -‘true to what he
really is’. Can any discourse be objective? A use of Hannah
Arendt’s critique in approaching such questions. (five
sessions)
Leader: Max Deutscher

Australian Museum
Created in 1827 it is one of the oldest world museums,
showcasing natural history, historical people and events.
Friday 11 Oct
Speaker: Stewart Reed

Healthy Brain Ageing
How brains age, what to do about it (if possible) and what
are the findings so far.
Friday 18 Oct
Speaker: From Healthy Brain Ageing Research Centre

Understanding How Songs Work
Songwriting Lyrics and Melody Structure. (four sessions)
Friday 25 Oct, and 1, 8, 15 Nov
Leader: Jim Haynes

Military History
The story of the ‘walers’ of the Australian Light Horse
Brigade and their charge on Beersheba, on to the relief of
Jerusalem by General Allenby in 1917.
Friday 22 Nov
Speaker: Peter Allen

CHRISTMAS PARTY
All Eastern Suburbs members, speakers, venue assistants
and committee members are invited.
6 December Bookings to sandra.l.see@gmail.com
by 2 December

BONDI JUNCTION: WAVERLEY
SENIORS AND COMMUNITY CENTRE
31- 33 Spring St (Mill Hill Community Centre)

SPANISH INTERMEDIATE
An adequate knowledge of grammar, vocabulary and
pronunciation is needed, as well as a sense of humour.
Each Thursday continuous, 10:00 – 12.00
Leader and bookings: Christine Lozano 9389 4310

MAROUBRA: LIONEL
BOWEN LIBRARY
669 Anzac Pde (cnr Gale St), Maroubra Junction.

FILM DISCUSSION (20)
Do you enjoy going to the movies and would you
enjoy sharing your opinions with others? Each fortnight
a discussion of acting, characters, plot and cinema
topography will be held on two nominated movies.
Alt Tuesdays from 9 July 10:30 - 12:30
Leaders and bookings: Graham Blazey 9365 1961
gblazey@optusnet.com.au OR
Gail Filetti 9349 5591 rgfil@bigpond.au

DISCUSSION GROUP
If you are interested in the world around you, combined
with a love of an occasional debate, come and join us at
Maroubra. We have fun.
Alt Tuesdays from 2 July 10:00 - 12:00
Leader and bookings: Marise Segelov 9363 4023,
0410 514 866 marisesegelov@gmail.com

PADDINGTON: EJ WARD
COMMUNITY CENTRE
189 Underwood St. Parking available.

FRENCH ADVANCED
This is an informal discussion group. We chat, debate
topical subjects, read articles, and learn pronunciation while
brushing up on our French. This is a full year course.
Alt. Fridays from 12 July 10:30 - 12:00
Leader and bookings: Sabina Menczel 9371 5760
nemtchinov@hotmail.com 0422 347 344

FRENCH CONVERSATION
Lively discussion group debating topical subjects (in lounge
area). This is a full year course, currently booked out.
Each Thursday from 18 July- 21 Nov 9:30 - 11:00
Leader and bookings: Michael Sullivan
nemtchinov@hotmail.com 0422 347 344

PLAY READING
Potential Thespians, this is your chance to act by play
reading! A variety of plays will be performed by members
taking turns to speak a role or watch. The plays will also be
discussed in terms of their merits and contexts.
Each Monday 8 sessions from 5 August - 23 September.
10.30 am - 12 noon
Leader: Patrick Hutchinson
patrickhutchinson48@gmail.com 0449 678 857
RANDWICK: MARGARET MARTIN LIBRARY
Level 1, Royal Randwick Shopping Centre, Belmore Rd

FILM DISCUSSION (15)
If you enjoy going to the movies and sharing your ideas, this group discusses two films per fortnight, chosen by the group at each session. Discussion will include cast, direction, plot and production in a stimulating and fun environment.
Alt Thursdays from 11 July 1:00 – 3:30
Leader and bookings: Sheila Philippou 9152 9445 sheilabunn@yahoo.com.au

WOOLLAHRA: GADEN COMMUNITY CENTRE
(Formerly known as the Woollahra Holdsworth Community Centre). Cnr Edgecliff Rd and Queen St.

ITALIAN ADVANCED
This course is for more advanced students.
Alt Wednesdays from 10 July 10:30 - 12:30
Leader and bookings: Isabella Fransechini 9380 9231

BEGINNERS FRENCH
The focus is on conversation necessary for travel. The course covers basic grammar, pronunciation and vocabulary. This is a full year course.
Each Thursday 10:45 - 12:45
Leader and bookings: Jeanette Pham 0409 751 377 nguyetpham45@yahoo.com.au

PRIVATE HOMES

BRONTE BOOK GROUP
First Thursday of each month from 4 July 2:00 onwards
Leader and bookings: Janet Sculfer 9387 2770 sculferandmackenzie@iinet.net.au

NORTH BONDI BOOK GROUP
New members welcome.
Third Wednesday of each month from 17 July 2:00 onwards
Leader and bookings: Patricia Dunn 9365 6896

ROSE BAY BOOK GROUP
First Wednesday of each month from 3 July 2:00 onwards
Leader and bookings: Sylvia Bennett 9371 5547

MUSIC, COFFEE AND CAKE (Randwick)
We will listen to compositions from the great masters focusing on less-often heard works and composers. Group participation is warmly welcomed.
Every second Monday from 29 July 2:00 - 4:00
Leader and bookings: Julie Reid 8668 5522
CRONULLA SCHOOL OF ARTS

A two-storey building with two rooms upstairs in 6 Surf Rd.

1. Upstairs Activity Room

BOOK CHAT
Share aspects of your favourite book with participating members.

First Friday of each month from 5 July 1:00 - 2:30
Leader and bookings: Mary Small 9522 9917
marysmall@optusnet.com.au

BEGINNERS SPEAKING FRENCH (16)

This course is for those members who are beginners in speaking the French language.

Each Monday from 1 July 1:30 - 3:30
Leader and bookings: Joan Craven 0408 978 435
marjoan4@hotmail.com

BEGINNERS FRENCH (15)

This course is for those members who are beginners in the French language.

Each Tuesday from 2 July 2:00 - 3:30
Leader and bookings: Allanah Jarman 0497 963 231
allanahjjarman@gmail.com

SOLVING CRYPTIC CROSSWORDS - INTERMEDIATE (15)

This class is ideal for the less experienced solvers who already have some basic knowledge of cryptic techniques. Sharpen your cryptic crosswords solving skills as we work as a group in cracking compiler’s devious yet often delightful clues. A bit of mind stretching enjoyment.

First and Third Wednesdays from 3 July 2:00 - 4:00
Bookings are essential. We encourage you to book this course online as part of our pilot project for online bookings (see further details at the front of this course book). Go to www.sydneyu3a.org, or alternatively contact Rosemary De Gabriele 0404 015 807
r.degabriele@optusnet.com.au

ENDEAVOUR (SOUTHERN) REGION OF SYDNEY U3A
FIFTH TUESDAY OCCASIONAL PUBLIC LECTURE

CLUB on EAST (formerly Sutherland United Service Club)
7 East Pde, Sutherland Club car park available for attendees

Tuesday 30 July 10:15 for 10:30
Guest Speaker: David White
Revisiting Vietnam

Tuesday 29 October 10:15 for 10:30
Guest Speaker: Les Miller
Me, my son and Antarctica

Please see the EVENTS section for further details.

ENDEAVOUR (SOUTHERN) REGION OF SYDNEY U3A
SHOWCASING 30 YEARS OF U3A IN ENDEAVOUR REGION:
Welcome to new members and Leaders’ Showcase of Courses

Friday 26 July 2:00 to 4:00
Cronulla Community Hall, Room 1
38-60 Croydon Street, access via walkway next to shop 15

Guest Speaker: U3A member and author Mary Small
Please see the EVENTS section for further details.

The Annual General Meeting of the Endeavour (Southern) Region of Sydney U3A has been rescheduled until Semester 1, 2020. Details will appear in the Semester 1, 2020 Sydney U3A Course Book and at www.sydneyu3a.org
BRAIN GAMES (25)

Extensive research provides growing evidence that in addition to maintaining physical fitness and eating sensibly, brain health in older people can be maintained and disease which causes dementia can be avoided or deferred. The Brain Game Project is designed to complement the physical exercise program.

Second and fourth Friday of each month from 12 July 10:00 - 12:00
Bookings are essential. We encourage you to book this course online as part of our pilot project for online bookings (see further details at the front of this course book). Go to www.sydneyu3a.org, or alternatively contact Denis Paulin 0438 594 206 d.paulin@bigpond.com

OPEN MINDS (20)

A discussion group keen to tackle the harder problems in life. An opportunity to explain your point of view and learn how and why others think differently.

Second and fourth Wednesdays from 24 July 10:00 - 12:00
Leader and booking: Anita Spinks 0423 532 582
anitaspinks@live.com.au

LOCAL VOCALS: CRONULLA (30)

Join us to sing some of the world’s vast repertoire of songs and learn a little about song-writing and written music. Not sung since school? Or not at all? Planning to join a choir? All welcome! Words and music supplied.

Each Thursday from 25 July 10:00 - 12:00
Leader and bookings: Anita Spinks 0423 532 582
anitaspinks@live.com.au
Co Leader: Barbara Adams 0438 299 108
beejava@outlook.com

2. Upstairs Theatre

EXPLORATIONS IN MUSIC

A music appreciation course covering various kinds of music from early classical, romantic, orchestral and choral through to jazz and synthesizer. We explore different countries, themes or individual composers from a range of different eras. Detailed handouts supplied. Enjoy and be challenged.

Second and fourth Wednesdays of each month from 24 July 1:00 - 3:00
Leader: Sam Adams 9522 9386
Bookings: Trevor Campbell 9525 6970

POETRY IS ALIVE

Join us as we are dipping a toe into Edgar Allan Poe, or drowning in Browning. Let’s jump on Mulga Bill’s Bicycle together and cruise through centuries of poetry. Members are welcome to present their favourite poems, or even their own work.

Second and fourth Thursdays of each month from 25 July 2:00 - 4:00
Leader and bookings: Elisabeth Peters 9523 3743 or 0466 893 747 heinzliz@optusnet.com.au

ART HISTORY

This course looks at the works of world-famous artists over the centuries. Members of the class present biographies with DVD and computer presentation.

Second and fourth Tuesdays of each month from 23 July 10:00 - 12:00
Leader: Beverley Theodore 9532 1141 tpl5@bigpond.com
Bookings: Teresa Lambert 9502 4420
teresalambert@hotmail.com

ASPECTS OF AUSTRALIAN HISTORY

A potpourri of Australian history presented by some class members and occasional guest speakers.

Second and fourth Mondays of each month from 22 July 1:00 - 3:00
Leader: Mary Small 9522 9917
Bookings: Margaret Durie 0403 391 845
marg2229@bigpond.com (preferred)

ARMCHAIR TRAVELLERS

Our group meets to share worldwide travel stories and visual presentations. Members connect to the audio-visual equipment in the upstairs theatre which is lift accessible. Some members choose not to present and enjoy being the audience. Morning tea is provided for a 50 cent donation.

First and third Wednesdays of each month from 7 Aug 10:00 - 12:00 (except school holidays)
Leader: Kate Churcher 9523 6990 or 0433 140 900
kchurcher2@hotmail.com
Bookings: Margaret Durie: 9525 9189 or 0403 391 845
marg2229@bigpond.com

BALLET ON SCREEN (40)

The proposed program for this semester is:
- Sylvia (Royal Ballet)
- Coppelia (L’Ecole de Danse de L’Opera National de Paris)
- The Two Pigeons (Royal Ballet)
- La Fille Mal Gardee (Basle Ballet)
- Woolf Works (Royal Ballet) (in 3 parts with 3 of the above)
- The Merry Widow (Australian Ballet)

Third Monday of each month from 19 Aug 1:30 - 4:00
Leader: Jean Singleton-Turner 9525 6084
jsingleton7@bigpond.com
Secretary and bookings: Marina Saunders 9527 4564
marinthers@gmail.com (preferred)

COMIC OPERA (40)

For both beginners and aficionados of light opera. A brief talk will precede a sub-titled on-screen performance, abridged to fit the time slot when necessary. The proposed program is:
- Die Zauberflote (The Magic Flute) (Mozart)
- Il Barbiere di Siviglia (The Barber of Seville) (Rossini)
- La Fille du Regiment (The Daughter of the Regiment) (Donizetti)

Tuesdays: 3 sessions on 2 July, 6 Aug, 20 Aug 1:00 - 4:00
Leader and bookings: Jean Singleton-Turner 9525 6084
jsingleton7@bigpond.com
Secretary and bookings: Rosemary Backhouse 9546 5373
backhouse.rosemary@gmail.com (preferred)

PATHWAYS TO THE GODS

We’re looking into the beginning of Christianity by reading the New Testament and other ancient documents from surrounding cultures, including their mystery religions, to create a biography of Jesus. How relevant are his sayings and parables today?

Second and Fourth Tuesdays from 23 July 12:30 - 2:30
Leader and bookings: Jacques Goldman 9518 6741
AT THE CINEMA - BURT LANCASTER
Explore the life and career of actor/producer Burt Lancaster through talks, viewing his major movies and discussion
First and third Thursdays of each month from 18 July 1:30 - 4:30
Sessions will start at 1:30pm but vary in length depending on the movie.
Leader and bookings: Robert Englund 8521 7540 r.englund@optusnet.com.au

CRONULLA COMMUNITY HALL
38-60 Croydon St Meeting room 1. Access via walkway next to shop 15.
FRENCH FOR INTERMEDIATE SPEAKERS (16)
Intermediate-level French, basic knowledge required. Revive your grammar, practise your conversation skills, and enjoy reading French texts. Have fun in a relaxed learning environment.
Each Monday from 22 Jul 2:00 - 3:30
Leader and bookings: Susan Molloy-Johnson 9546 5170 twotwelves@outlook.com

GYMEA COMMUNITY CENTRE
39 Gymea Bay Rd. Enter from Talara Road.
AUSTRALIA OUR LAND (15)
Using books and videos from the library we study and discuss the environmental, geographical, historical and cultural aspects of our wonderful country.
Each Wednesday from 24 July 10:00 - 12:00
Leader: Angela Balding 9524 2018
Bookings: Leona Harris 9522 3225

GYMEA COMMUNITY HALL
31-33 Gymea Bay Rd. Enter from Talara Rd.
CREATIVE WRITING
Fun with words. From a selection of topics, express yourself in the format of your choice in either prose, poetry or essay.
Alt Mondays from 01 July 10:00 - 12:00
Leader: Ann O’Connor 0424 968 380 annoc@tpg.com.au
Bookings: Sandra Keller 9540 1194 or 0417 134 210 kellers@aanet.com.au

MIDDLE EASTERN DANCING
The oldest dance form for women explored and expressed to traditional music. A great way to keep fit and have fun. If you can walk you can dance.
Each Monday from 01 July 1:30 - 3:00
Leader: Faye Green 9521 6575
shalinabd@bigpond.com
Bookings and Secretary: Wendy Lobwein 9527 4696 wendy.lobwein@hotmail.com

DRAWING (20)
Member-driven art classes where we employ various styles and mediums. Includes visits to art exhibitions.
Each Tuesday from 02 July 1:000 - 3:00
Joint Leader: Stephen Churm 9589 0413 or 0411 500 380 foam33@optusnet.com.au
Joint leader: Janice Russell 9527 1965 or 0418 422 752 barrie.edgar@bigpond.com
Bookings: Pam McGrath 9524 4346 mcgrath.ffss@gmail.com

DISCOVERING ART
This class will discuss the different aspects of art from architecture to sculpture with art related topics. We will also look at your favourite artists. Visits to art galleries are a regular highlight.
First and third Tuesdays of each month from 06 Aug 10:00 - 12:00
Leader: Marie Paterson 9524 0279
Bookings: Margaret Wilkes 9523 1614 margiewilkes@live.com.au

SOLVING CRYPTOGRAPHIC CROSSWORDS: A BEGINNERS COURSE (12)
Do you enjoy puzzles but have always found cryptic crosswords totally unfathomable? Discover the rules and techniques that underpin cryptic clues. In this 8 week course, we’ll work through lots of examples. Enjoy solving setters’ crafty clues. Great for the brain and lots of fun.
Each Thursday from 11 July 2:00 - 4:00
Leader and bookings: Rosemary De Gabriele 0404 015 807 (preferred) r.degabriele@optusnet.com.au

HURSTVILLE LIBRARY
Dora Rd. Miles Franklin Room
DISCUSSION GROUP (15)
Each attendee has 5 uninterrupted minutes to present their experience, research and findings on a predetermined topic, usually current affairs. Group discussion follows until the topic is exhausted and afternoon tea with more social conversation sees the meeting out.
Second and fourth Tuesday of each month from 09 July 1:00 - 3:00
Leader: Andrew Maclean 9543 2539
aach.maclean@optusnet.com.au
Bookings: Garry Griffiths 0468 809 332 margig@ozemail.com.au

KOGARAH SENIOR CITIZEN HALL
2 Taylor St
GERMAN CONVERSATION
Intermediate to advanced conversational German.
Second and fourth Thursdays of each month from 25 July 10:00 - 12:00
Leader and bookings: Helmi Albrecht 9597 6628 or 0412 635 976 helmi.albrecht@gmx.de
ITALIAN LANGUAGE AND CULTURE
Focuses on speaking, writing, listening and reading Italian at survival level or better, depending on the class. We explore grammar, literature, poetry, history, art, tourism, songs, opera themes, and recipes. Classes are in English and Italian depending on the topic and the class.
Each Thursday from 01 Aug 10:00 - 12:00
Leader: John Della Torre 8544 1758
Bookings: Judy Bassford 9527 2931
judybassford7@gmail.com

ART FOR ENJOYMENT (16)
This is an art group that meets once a week to enjoy our own art. There are no formal lessons as each of us likes to do our own form of art. We have beginners to serious artists and find that we learn by helping each other.
Each Wednesday from 24 July 2:00 - 4:00
Leader and bookings: Doreen Kellett 9525 0531 or 0407 276 416 doreenkellett@live.com.au

MINDFULNESS (25)
Presented by Grace Thomas. Mindfulness enhances awareness of self in relation to others, including the environment, which in turn informs and empowers you with knowledge/insight, enabling self regulation (of your thoughts, emotions and behaviour).
Wednesdays 21 Aug, 25 Sept and 23 Oct 1:00 - 2:30
Leader and bookings: Anna Winter 9553 0445 or 0449 673 144 enquiries only. annau3a@gmail.com (preferred)

DISCUSSION GROUP (15)
Our friendly group enjoys stimulating and serious discussion on current affairs and a variety of subjects. There is controversy, reminiscing and usually lots of laughter.
Each Monday from 01 July 10:00 - 12:00
Joint Leaders: Margaret McDonnell 9553 0489 or 0422 619 267 mmcdonnell@tpg.com.au and Olga Bondarenko 9529 7314 olgab@ozemail.com.au
Bookings: Dorothy Dalyell 9520 5563 ddalyell@bigpond.com

AWARD-WINNING NOVELS (15)
Friendly group meeting, to discuss award-winning novels, or novels any one of the group thinks should have won an award!
First Wednesday of each month from 03 July 10:30 - 12:30
Leader: Pat Copping 9529 6791 or 0432 345 501 18gingie@gmail.com
Bookings: Gloria Thompson 0403 899 349 thompson.gloria37@gmail.com
WRITING CREATIVELY (12)
A small friendly self-help group where you can develop your writing skills and share your stories and life experiences. Beginners welcome.
First and third Tuesdays of each month from 06 Aug 1:30 - 3:30
Leader: Yvonne Tracey 9587 3245 or 0415 327 313
yvonne.calling1@bigpond.com
Bookings: Patricia Skinner 0497 054 981 or 9547 0406
donleyton10@gmail.com

SUTHERLAND CLUB ON EAST
7 East Pde Club Coffee Shop.
CRIME READERS GROUP
In depth discussion about listed book and author; all input is welcome. The reading list is compiled at the end of each year by the Leader in consultation with members. Authors from all over the world are included. This is a friendly, social and intelligent group.
First and third Tuesdays of each month from 02 July 10:15 - 12:00
Leader: Carol Dawson 0405 311 749
carousel43@bigpond.com
Secretary and bookings: Carolyn Schinazzi 9525 7617 or 0433 574 990 carolandreno@gmail.com

SUTHERLAND CROQUET CLUB
Rawson St.
INTRODUCTION TO CROQUET
Short introductory series of 3 x 2 hour free lessons of Golf Croquet. A fun game requiring both strategy and physical techniques. Wear comfortable clothing and flat soft soled shoes (sneakers). Bring water, hat and possibly sun glasses. Equipment is provided.
Thursday 11, 18, and 25 July 10:00 – 12:00am, arriving at 9:45
Leader and bookings Penny Howarth 0411 180 050
pennyhowarth2@gmail.com

SUTHERLAND LIBRARY
Belmont St. Committee Room.
ART - SKETCHING (15)
Learn quick observational sketching. Illustrate your journal of memorable sights and occasions. Using only pencil, pen and watercolours, because we also, on weekends, frequently venture outdoors or join other sketch groups. We are the ShireSketchers, sharing and helping each other to practise urban sketching.
Every Thursday from 04 July 10:00 - 12:00
Leader: Peggy Annabel 0402 354 968 or 9528 3391
peggy.annabel@bigpond.com
Bookings: John Wu 0413 694 883 j54316@hotmail.com

YOWIE BAY: WATERBROOK LIFESTYLE RESORT
19 Wyralla Rd.
MUSIC FOR PLEASURE: THE CLASSICAL ROMANTICS (20)
Music appreciation: classical and romantic periods.
First and third Tuesdays of each month from 02 July 2:00 - 4:00
Leaders: Joan Bolton 9541 3016 or 0416 143 077
boltonjoan@hotmail.com
and Bob Hallahan 9594 0214 jacbob@optusnet.com.au
Bookings: Chris Jenkins 9529 4444
chrisjenk66@hotmail.com

SUTHERLAND LEISURE CENTRE
1 Rawson Ave Committee Room.
ASPECTS OF ARCHAEOLOGY (16)
There is a video each meeting on archaeology followed by reading from articles relating to archaeology, plus afternoon tea.
First and third Friday of each month from 05 July 2:00 - 4:00
Leader and bookings: Mary Armstrong 9567 0995

OUT THERE
U3A ENDEAVOUR CAMPUS WALKERS
Bush Rambles and Sydney by ferry and foot. Routes previously walked by walk leaders. Walks described in our programs to indicate degree of difficulty. A 4-5 day social walking holiday held annually. Members are encouraged to participate in as many activities as possible. An annual administrative fee of $10 is applicable.
Each Thursday from 04 July - variable meeting times
Leader: Bill Hunt 9521 2016
ara2233@yahoo.com (preferred)
Bookings: June Symes 9524 2817
jsymes6@gmail.com (preferred)

WALKING IN SYDNEY AND SURROUNDS (35)
A variety of walks around all areas of Sydney and surrounds ranging from medium level to easier bushwalks, track and street walks, going to beautiful and interesting places, whilst enjoying good company in the outdoors. We welcome members from all U3A regions to come and join us.
Alt Fridays from 5 July 8:30 - 3:00 (variable times)
Leader, coordinator and bookings: Graham Lee
9546 7994 or 0490 464 928 tonilee91@gmail.com
WALKING AROUND SYDNEY (40)
A variety of walks around all areas of Sydney and surrounds ranging from easy to medium/hard bushwalks, track and street walks. Members from all U3A regions are welcome.
**Alt Fridays from 12 July (variable times)**
Leader: Wendy Donelan 0402 495 739; wdonelan54@gmail.com
Secretary and bookings: Jennifer Hawkins 9533 6470 jenniferhawkins798@gmail.com (preferred)

U3A SYDNEY STRIDERS (35)
A variety of walks of Sydney and surrounds ranging from easy to difficult grade bush, track and street walks, going to beautiful and interesting places, with good company. Various locations and times as per program.
**Alt Wednesdays from 10 July - approx 9:am start**
Leader: Penny Howarth 0411 180 050 pennyhowarth2@gmail.com
Secretary and bookings: Rosanne Burkhart 0413 128 967

LUNCH A LOT WITH STYLE (25)
Share good food and conversation with others who enjoy eating out. We visit inexpensive restaurants which are chosen by group members so we can experience a variety of cuisines. All venues will be close to public transport. Members pay for their own meals and corkage; the laughter is free.
**First Thursday of each month from 01 Aug 12:30**
Leader and bookings: Anna Winter 9553 0445 or 0449 673144 enquiries only  annau3a@gmail.com (preferred)

HARVESTING IN THE SUBURBS AND SURROUNDS (15)
Monthly visits to community vegetable gardens in Sydney suburbs or surrounds. Gardens within walking distance of public transport. Bring lunch and a gold coin for garden entry. Members will be advised monthly of day, date and meeting place. Days may vary depending on garden opening time.
**Comencing Wednesday 10 July**
Leader and bookings: Joan Collins 9521 3269 (enquiries only) joancollinsau@gmail.com (preferred)
Assistant Leader: Robyn Kemp 9520 4740 (enquiries only) robynbillk@yahoo.com.au (preferred)

PRIVATE HOMES

BOOK BANTER (Gymea) (12)
A wide variety of books are chosen by the members of the group and one book is discussed each month.
**First Friday of each month from 05 July 1:30 - 3:00**
Leader and bookings: Vicki Hann 0419 482 254 vickihann@hotmail.com

HEALTHY RELAXATION MEDITATION (Kogarah) (12)
Healthy life, relaxation through meditation. Learn to sit in the stillness and find your inner place to unfold your blueprint for life ‘know thyself’.
**First and Third Tuesdays of each month from 06 Aug 1:30 - 3:30**
Leader and bookings: Anna Winter 9553 0445 or 0449 673 144 annau3a@gmail.com

PHOTOBOOKS FOR ABSOLUTE BEGINNERS (Gymea) (6)
Have you wanted to make a photobook, but just needed a nudge to get started? Watch how to use a computer program, which is freely available. We’ll discuss how to choose the book type, covers, theme, layouts, text and embellishments. This will be very basic, so suitable for true “photobook beginners”! A knowledge of basic computer skills is assumed.
**Monday 22 July 10:00 - 12:00**
The date for an optional follow-up session will be decided with participants on the day.
Leader and Bookings: Jill McLelland 9524 6506 or 0423 381 665 jill@outlook.com

INTERESTING ISSUES AROUND SCIENCE (Gymea) (40)
Three Thursdays 10:00 - 12:00
Leader for all sessions: Gordon McLelland
Bookings for all sessions: Jill McLelland 9524 6506 jillU3A@outlook.com

1. Stem Cells and the Future
What are stem cells and how are they used in research and personalised medicine? Hear about CRISPR genome editing technology and its potential to cure genetic disease, create better bio-fuel and bring species back from extinction! **Thursday 18 July 2019**
Speaker: Tamara Treleaven

2: Evolution of the Universe: from quarks to atoms to stars and planets
How did the universe develop from the simple (Big Bang) to the complex (humans)? Where did the elements of life come from? How did planets form? These and other Big Questions will be addressed using science. **Thursday 8 August 2019** Speaker: Ian Bryce

3: Two Spectacular Archaeological Discoveries
The Riace Bronzes are two seven-foot-tall Greek sculptures from 450 BC discovered off southern Italy in 1973. The Iceman is a mummy from 3000 BC discovered in the Italian Alps in 1991. Both caused a sensation when they were found. **Thursday 31 October 2019** Speaker: Gordon McLelland
BLACKTOWN CITY LIBRARY
Level 1, cnr Alpha St and Flushcombe Rd.
Wheelchair access

FAMILY TREE MYSTERIES SOLVED (10)
This is a support group for those researching their family history. Members range from beginners to those with over thirty years’ experience in genealogy. Join our friendly and helpful group whose members assist each other to solve their genealogy problems.
Alt Tuesdays from 9 July 10:00 - 12:00
Leader: Roslyn McMullen rmrfm12@gmail.com
Bookings: Marie Donaldson mariedonaldson@optusnet.com.au

BLACKTOWN: WESTPOINT
Community Room, Fourth Floor, up Alpha St Ramp.
Parking available. Wheelchair access

POETRY AND PROSE FOR EVERYONE(15)
Bring your poems or prose to read, or just relax and listen to the reading of established authors, or members’ own work.
Alt Thursdays from 4 July 10:00 - 12:00
Leader and bookings: Margaret Bacon 9622 7874 margaretbacon8@gmail.com

AUSTRALIA: ITS HISTORY, PEOPLE, EVENTS AND PLACES
Some outside presenters and some topics for sessions are chosen and presented by the group’s very enthusiastic members.
Alt Thursdays from 11 July 10:00 - 12:00
Leader: Chris Scott 0412 625 571 chris.don@me.com

FUN AND GAMES
A light-hearted course to stretch your mind by playing scrabble, rummikub, canasta, and other games in a friendly atmosphere.
Every Friday from 5 July 10:00 - 1:00
Leader and bookings: June Keith 9621 1215 junekeith@optusnet.com.au

CRAFT AND CONVERSATION
Enjoy round table chats whilst working on personal projects such as knitting and sewing. Bring your own supplies.
Every Friday from 5 July 10:00-1:00 (Venue shared with Fun and Games)
Leader and bookings: June Keith 9621 121 junekeith@optusnet.com.au

GUILDFORD: HEWITT HOUSE
Cnr Guildford and Byron Rds Parking available.

WRITING CREATIVELY
Learn the skills of transforming experiences into prose and poetry and share the results in a friendly supportive environment.
Alt Wednesdays from 10 July 1:30 - 3:30
Leader and bookings: Glennis Henning 9872 5042 k.henning@optusnet.com.au

PARRAMATTA: RAFFLES BUILDING
Level 2, 1-3 Fitzwilliam St - adjacent to rail station Wheelchair access and lift available
(Enter through glass doors left of library entrance)
Check with leaders for sessions during the school holidays

MANDARIN
This continuing course is intended for the Third Age people who want to learn Mandarin by means of learning Chinese characters and sentences using alphabetic transliteration. Your class level will determine alternate Monday session access.
Each Monday from 1 July 10:00 - 12:00
(no classes 8 July and 15 July)
Leader: Ying Mei Zhang
Bookings: Ying Mei Zhang 8872 7569 or Nicole Liu 9311 2480

MANDARIN PIES (Practice in Everyday Speaking Chinese)
These sessions are for learners of Mandarin who want to practice and improve their listening and speaking skills. Activities range from basic everyday conversation to role plays and discussions facilitated by native Mandarin speakers.
Each Friday from 5 July 1:00 - 3:00
Leader and bookings: Stanley Yan 0408 544 925 stanyan100@hotmail.com (preferred)

BOOK OF THE MONTH (20)
Discussion group. New members most welcome. Share the experience, expand your understanding and enjoy the process.
Every 4th Monday from 22 July 10:00 - 12:00
Leader and bookings: Isabel Halton 9872 4467
THRILLERS AND MYSTERIES
Join a monthly book-reading group for those who read for entertainment and love ‘whodunits’. We each take turns in selecting two authors for the following month.
Every 4th Monday from 15 July 1:00 - 3:00
Leader and bookings: Dorothy Johnson 9621 2389 (after 5pm)

STORYTELLERS PARRAMATTA
We are a group of storytellers who write our stories down—true, fictional, serious, topical, amusing, sometimes in verse. A topic is suggested as ‘homework’ (optional), to be read out at the following session. Free choice is always acceptable.
Alt Tuesdays from 2 July 10:00 - 12:00
Leader and Bookings: Helen Reardon 9631 7241
helsjr@bigpond.com

GROWING YOUR FAMILY TREE
Interested in your family history? Join a friendly, helpful group all engaged in digging up their ancestors.
Alt Tuesdays from 9 July 1:00 - 3:00
Leader and bookings: John Venables 9484 0526
john_venables@yahoo.com

TEN SINGLE SESSION TUESDAYS (30)
A series of separate presentations on subjects of general interest.
All talks are from 10:00 - 12:00
Bookings: suebrennan88@gmail.com

1. The Islamic Golden Age
The history and achievements of the Islamic Golden Age. A spectrum of human achievement/geography, its role in providing a bridge between ancient and modern world.
Tuesday 23 July Speaker: Tony McCurdy

2. Music, Leisure and Pleasure in the 18th Century
The Industrial Revolution transformed 18th century London. In what leisure pursuits did the ‘suddenly money/time enriched’ middle class indulge?
Tuesday 6 Aug Speaker: Nora Hinchen

3. Signs and Symbols: Their History & Significance
Sydney’s major natural history museum dates from 1827. We cover the museum’s objectives, its collection, buildings, people and important events during its 190-year history.
Tuesday 20 Aug Speaker: John Flint

4. Spooks, Spirits, Spectres, Bunyips & Beasties
The true story of Fisher’s Ghost, the Phantom Stockman, the Min-Min Lights. Backgrounds, origins and possible explanation of bunyips and other mysterious beasties.
Tuesday 3 Sept Speaker: Graham Sims

5. The Australian Light Horse and the Palestine Campaign
Story of the ‘walers’ of the ALH - from their charge on Beersheba to the relief of Jerusalem by General Allenby in 1917.
Tuesday 17 Sept Speaker: Peter Allen

6. My Mind’s Made Up, Don’t Confuse me With Facts!
An interactive challenging presentation where we look at popular perceptions about the world and contrast them with reality. Prepare to be surprised!
Tuesday 15 Oct Speaker: Tony McCurdy

7. Golden Years of Wireless
Using personal memories of the 40s and 50s Australian radio, hear Jack Davey, Bob Dyer, The Quiz Kids, ‘Yes What’, the serials, sports and more.
Tuesday 29 Oct Speaker: Graham Sims

8. Laughter Wellness: a talk about the serious benefits of laughter
Join us for a fun look at the serious benefits of laughter and find out how you can bring more laughter into your life.
Tuesday 12 Nov Speaker: Jane Broadberek

9. Macular Degeneration and Glaucoma
Age related macular degeneration and glaucoma. Types, causes, pathology, symptoms, signs and treatment will be discussed.
Tuesday 26 Nov Speakers: Dr Helen Do and Dr Shweta Kaushik

OUR WORDS
Interested in the origin of language? Words and sayings can be fun. Bring a word and we’ll use it in an ‘on-the-spot’ writing task. Hone your writing skills with a friendly, like-minded group and let your talent emerge.
Alt Wednesdays from 3 July 1:00 - 3:00
Leaders and bookings:
Ann Orel 9638 2547 anorel@hotmail.com
Rachelle Rassaby 9797 2287 rrassaby@gmail.com

CALLIGRAPHY (18)
Learn beautiful writing and discover your artist within. No experience or talent necessary but time and effort essential.
Alt Thursdays from 11 July 1:00 - 3:00
Leader: Georgie Tuck 9626 1334
georginatuck93@gmail.com

PEOPLE WHO CHANGED THE WORLD
A look at the lives of personalities with significant influence on the social/economic development of humanity. Our focus is psychological. We consider their life environment, family relationships, what they did, how this changed the world and affected peoples’ lives.
Alt Thursdays from 1 Aug 2:00-4:00
Leader: Barry Hanlon
Bookings: Rex Broadbent 0433 000 556
rexpat@optusnet.com.au (preferred)

1. Queen of Sheba
What is the biblical record of this woman and what do historians have to say about her?
1 Aug Presenter: Barry Hanlon

2. Urbain Le Verrier
A French astronomer and mathematician who specialised in celestial mechanics. Known for predicting the existence and position of Neptune using mathematics.
15 Aug Presenter: Barry Hanlon

3. Douglas Bader
A WW11 Royal Air Force flying ace. After losing his legs in 1931, he retrained and scored his first victories over Dunkirk in 1940.
29 Aug Presenter: Rex Broadbent

4. Kylie Minogue
Australia-British singer/actress. Recognised as the highest selling Australian artist of all time by the Australian Recording Industry Association.
12 Sept Discussion group led by Rex Broadbent

5. Douglas Mawson
An Australian geologist, Antarctic explorer and academic. A key expedition leader during the Heroic Age of Antarctic Exploration
26 Sept Presenter: Con Bugden
6. Henry Heinz
A German-American entrepreneur who founded the H.J. Heinz Company. Was influential in introducing high sanitary standards for food manufacturing.
24 Oct  Presenter: Barry Hanlon

7. Babe Ruth
A professional baseball player. Considered to be the greatest baseball player of all time.
7 Nov  Presenter: Barry Hanlon

8. Manuel Belgrano
An Argentine economist, lawyer, politician and military leader. Participated in the Argentine Wars of Independence and created the Argentinian flag.
21 Nov  Presenter: Barry Hanlon

PARRAMATTA: HARRY TODD BAND HALL
Jubilee Lane (approach from Jubilee Park on Parkes St) Parking available.

WORLD HISTORY: WORLD WAR 1
How did World War 1 start? Why did it turn into a stalemate of mud and trenches? How was the stalemate broken by the Allies in 1918? These and other issues will be explored.
Alt Fridays from 5 July 10:00 - 12:00
Leader: Colin Smith
Bookings: John Brockman alban.kingslangley@gmail.com

A LIVELY DISCUSSION GROUP
Have your say. I may not agree with what you say but I will defend your right to say it.
Alt Fridays from 12 July 10:00 - 12:00
Leader: Robert Russell
Bookings: Dorothy Johnson 9621 2389 (after 5pm)

TOONGABBIE: ST. ANTHONY’S CHURCH HALL
Aurelia St. Parking available. Wheelchair access

MONDAY CANASTA AND MAH JONG (WESTERN STYLE)
Learn Canasta and Mah Jong (Western Style). Practise, refresh and polish up your skills for both these social games with a friendly group.
Each Monday from 8 July 1:00 - 3:30
(No session public holiday 7 Oct)
Leader and bookings: Jon Hendrikse 0411 472 633 jhendrikse39@hotmail.com

GENTLE EXERCISE AND DEEP RELAXATION (20)
This course aims to promote a depth of consciousness below the stressful surface. Discover the joy of deep relaxation and the health benefits of some very easy stretching. Please bring your own exercise mat and pillow.
Each Tuesday from 2 July 1:00 - 3:00
Leader and bookings: Warwick Pitt: 9727 8415 warwickjpitt@hotmail.com

LINE DANCING
Come along as a beginner and learn line dancing or further your skills with this enjoyable, healthy activity to Country or Modern music.
Each Wednesday from 10 July 1:00 - 3:00
Leader and bookings: Vicky Fitzgibbon 0427 240 583 vickfitzgibbon47@gmail.com

BALLROOM DANCING
Have fun! Learn the basic steps of Latin American and Traditional Ballroom dancing. No partners required.
Each Thursday from 4 July 1:00 - 3:00
Leader and bookings: Cecilia Padlan 0415 965 325 cbeauty023@gmail.com

PRIVATE HOMES

DESK-TOP FLYING FOR SENIORS (Carlingford) (8)
Frustrated aviators can learn to fly/navigate/enjoy scenery from some of 22,000 airports around the world using a stable of 144 aircraft (Wright Brothers to an A380). Projected onto a 6’x4’ screen. No flying experience necessary.
Alt Tuesdays from 9 July 1:30 - 3:30
Leader and bookings: Keith Manwaring 9872 2907 snrpilot18@gmail.com

BRIDGE FOR ADVANCED PLAYERS (North Parramatta) (8)
Bridge for advanced players in a non-competitive atmosphere.
Alt Wednesday from 10 July 10:00 - 12:00
Leader and bookings: Liz Sobolewski 9630 7592

LET’S TALK ABOUT IT (South Wentworthville) (10)
Informal discussion about the activities and personalities of yesterday and today’s prominent people, including royalty, outstanding contributors to the world scene and people in the news for whatever reason.
Alt Wednesdays from 3 July 10:00 - 12:00
Leader and bookings: Bev Cockburn 9872 1230 bevco4@bigpond.com (preferred)

MUSIC AND SONG (Carlingford) (8)
Learn theory and terminology of music, voice production and breathing methods. Bring along a short life story of your most admired composer and sing your favourite song.
Fourth Wednesday of each month from 24 July 10:00 - 12:00
Leader and bookings: Suzanne Su 9872 1230

EXPLORING THE PAST (Merrylands West) (10)
Video clips and discussion about various famous people and events of historic importance from the past.
Alt Thursdays from 4 July 10:00 - 12:00
Leader and bookings: Bev Cockburn 9635 7802 bevco4@bigpond.com (preferred)
AUSTRALIAN PAINTING AND SCULPTURE 1788-1930s

Over 150 years Australia’s artists changed from simple recorders of life and landscapes to producing a variety of works in many styles. The artists and their works, including masterworks by many of Australia’s most-loved artists, are described. (2 sessions)

Tuesdays 6 and 13 Aug 10:30 - 12:30
Leader: Stewart Reed

SOME GEMS OF CLASSICAL CHINESE LITERATURE

China has a rich literary tradition, reaching back at least 3,000 years. Reading translated extracts from classical Chinese poetry, prose, fiction and drama, this course explores the complexity and depth of China’s culture prior to 1911. (4 sessions)

Each Tuesday from 20 Aug 10:00 - 12:30
Leader: Bernice Lee
LOUIS PASTEUR: HIS LIFE AND LEGACY
Louis Pasteur’s fame is based on his work in many different fields. The Pasteur Institute has nurtured many other brilliant scientists, such as Alexandre Yersin who discovered the cause of bubonic plague. (2 sessions)
Tuesdays 17 and 24 Sept 10:30 - 12:30
Leader: Penny Bishop

CHINA AND ITS GLOBAL IMPACT
The cultural and political history of China, from an ancient civilization through to a modern global superpower.
Tuesday 1 Oct 10:30 - 12:30
 Speaker: Himanshu Jhala

KENYA AND THE FORMER BRITISH EAST AFRICA
Kenya has attracted visitors, writers, hunters and adventurers with its wonderful landscapes, teeming wildlife, fascinating tribes, and as home to some of the earliest humans.
Tuesday 8 Oct 10:30 - 12:30
Speaker: Himanshu Jhala

THE FIRST WEAPONS OF MASS DESTRUCTION
This two part series describes the making and dropping of atomic bombs on the Japanese cities of Hiroshima and Nagasaki. (2 sessions)
Tuesdays 15 and 22 Oct 10:30 - 12:30
Leader: Punchi Dassanayake

ROMAN WOMEN AND SLAVES
From the words of Roman writers - Cicero, Pliny and others - we learn the truth about Roman women and slaves.
Tuesday 29 Oct 10:30 - 12:30
Speaker: Anne Richardson

A HISTORY OF JAZZ
This is a chance to discover, or rediscover, some of the most influential players, composers and music in jazz history.
Tuesday 5 Nov 10:30 - 12:30
Speaker: Graham Ball

THE AUSTRALIAN LIGHT HORSE AND THE PALESTINE CAMPAIGN
Videos and photos illustrate the story from the charge on Beersheba to the relief of Jerusalem by General Allenby in 1917.
Tuesday 12 Nov 10:30 - 12:30
Speaker: Peter Allen

WAS IT AGRICULTURE? ABORIGINAL LAND USE BEFORE 1788
Recent publications investigate aboriginal land use and question the ‘hunter-gatherer’ label given to aboriginal nations.
Tuesday 19 Nov 10:30 - 12:30
Speaker: Barbara Boston

ESTONIA
Learn how Estonia, smaller than Tasmania and the home of my parents, is leading the way in the world.
Tuesday 26 Nov 10:30 – 12:30
Speaker: Anne Richardson

CHATSWOOD: DOUGHERTY COMMUNITY CENTRE
7 Victor St. Parking available. Wheelchair access
Venue coordinators: Janet Douglas
janet_away@yahoo.com (preferred) 0423 947 411
and Ursula Schappi ursulasch@bigpond.com (preferred) 0407 995 578
Bookings essential for all sessions with the listed persons below

ADVANCED RECORDER
Treble, tenor, bass and descant players welcome. Basic sight-reading is essential. The emphasis is on playing musically. (10 sessions)
Alt Mondays from 1 July 10:30 - 12:30
Leader and bookings: Katie Lucy-Smith 8416 3266

DISCUSSION GROUP 1
Would you like to hear some interesting opinions? Do you want to air some of your own? This is a varied group who consider some of the issues of life and living that contribute to our modern existence. (12 sessions)
Alt Wednesdays from 3 July 10:00 - 12:00
Leader and bookings: Margaret Thomason 9488 8960

DISCUSSION GROUP 2
We are a small and friendly group who discuss both local and overseas events. We value all opinions and do not take ourselves too seriously. (11 sessions)
Alt Thursdays from 11 July 10:30 - 12:30
Leader and bookings: John Yates
johnyates80@hotmail.com (preferred) 0437 394 225

THE INDO-PACIFIC ASCENDENCY
Concepts of world order since the Pax Romana and an introduction to the Indo-Pacific Regional Order: Japan’s strategy in 1941; the collapse of colonial empires; the Maoist/Soviet challenges; America’s miscalculations and China’s on-going challenges. Where does Australia fit in? (8 sessions)
Alt Tuesdays from 16 July 10:30 – 12:30
Leader: Ian de Mellow
Bookings: Jill Tukian tukian47@tpg.com.au (preferred) 9527 7730

NORTH SHORE WILDERNESS SOCIETY
The Wilderness Society, founded in 1976 to save the Franklin River, is still working to protect our natural heritage across Australia and in your area.
Tuesday 23 July 10:30 - 12:30
Speakers: Diana Pryde and Garth Newton
Bookings: Barbara Ellis bellis58@bigpond.com (preferred) 9416 3071

LEARN THE RECORDER
Have fun learning to play descant, treble or tenor recorders beautifully. A small knowledge of music and recorder playing is required. You will need a recorder, music stand and will have to buy the set Tutor (Enjoy the Recorder by Brian Bonsor). (10 sessions)
Alt Wednesdays from 24 July 10:30 - 12:30
Leader and bookings: Katie Lucy-Smith 8416 3266
BUILDING THE HMB ENDEAVOUR REPLICA
The genesis of the Bicentennial project, funding difficulties and sourcing materials. Richly illustrated by rare photographs of building the replica of Lieutenant James Cook’s ship.
**Tuesday 6 August 1:30 - 3:30**
Speaker: Leigh Haines
Bookings: Ronda Broadbridge  r broadbr@tpg.com.au (preferred) 9417 1943

GERMAN FOR ADVANCED BEGINNERS
This course is for those who have completed at least one elementary German course. It aims at developing confidence in speaking and reading German and covers dialects of German-speaking countries. (14 sessions)
**Each Thursday from 8 Aug 1:00 – 3:00**
Leader and bookings: Bettina Boss 0466 979 460

INTRODUCTORY SPANISH
Planning to travel to a Spanish speaking country? Beginner learner? Then join Marta, a Spanish speaker from South America, to have fun learning Spanish. (6 sessions)
**Each Monday from 12 Aug 1:30 - 3:30**
Leader and bookings: Marta Moreno  bettimenalabarca@hotmail.com (preferred) 8541 8287

THE SNOWS OF KILIMANJARO
Thinking of setting out on this great trek? Learn about the trials and tribulations of attempting this adventure.
**Wednesday 21 Aug 10:30 - 12:30**
Leader and bookings: Fay Smith  computeru3a@gmail.com (preferred) or 0419 169 030

WHAT IS GENEALOGY?
Why genealogy is so popular, protecting yourself online, getting started in researching and finding ancestors, growing your family tree, recording findings and preserving the past.
**Tuesday 10 Sept 1:30 - 3:30**
Speaker: L Haines
Bookings: Ronda Broadbridge  r broadbr@tpg.com.au (preferred) 9417 1943

THE EVOLUTION OF HUMANS
Presenting a unique way of thinking about our evolutionary origins, then exploring in detail humanity’s more recent evolutionary journey.
**Tuesday 17 Sept 10:30 - 12:30**
Speakers: Kevin and Glenys Murray
Bookings: Kathy Vern-Barnett  k vernb@optusnet.com.au (preferred) 0414 694 925

IMPRESSIONS OF MONGOLIA AND SIBERIA
This richly illustrated talk will highlight the fascinating history, geography, culture, lifestyle, architecture and landscape of both countries.
**Tuesday 1 Oct 10:30 - 12:30**
Speakers: Kevin and Glenys Murray
Bookings: Kathy Vern-Barnett  k vernb@optusnet.com.au (preferred) 0414 694 925

STAMP COLLECTING
So much more than little pieces of paper. The wonderful world of art, geography, history and joy of creating order from chaos. Resume a hobby or seek an escape.
**Friday 18 Oct 1:30 - 3:30**
Speaker: John Pearson
Bookings: Gaye Griffiths  gaye.griffiths@gmail.com (preferred) 9417 4037

RUSSIAN HISTORY
We talk about the murder of the Romanovs and why historians are re-evaluating this history; then investigate the myths and the forgotten Australian connection. (4 sessions)
**Each Tuesday from 29 Oct 1:30 - 3:30**
Leader: Gabriella Lang
Bookings: Janet Bayley  janet_b27@hotmail.com (preferred) 0414 139 947

ASHOKA: HISTORY’S GREATEST EMPEROR
Ashoka ruled India’s largest empire and was Buddhism’s greatest promoter. His story goes from brutality and war to conversion and redemption. See why he was so exceptional.
**Friday 1 Nov 10:30 - 12:30**
Speaker: Terry Redmond
Bookings: Joy Martin  joymartin@optusnet.com.au (preferred) 9888 6465

GREENWICH: THE BAYTREE RETIREMENT RESORT
6 Ulonga Ave (off Innes Rd).
Program coordinator: Lesley Duffill 9969 9546; leslieduffill@gmail.com
Venue coordinator: Andrew Caro 9433 8056
Bookings essential for all sessions

MUSIC AT LARGE
1. Humour and music.
2. Some composers we don’t know we don’t know.
**Tuesdays 9 and 16 July 10:00 - 12:00**
Speaker: John Yates
Bookings: Lesley Duffill  leslieduffill@gmail.com 9969 9546

CINEMA
Join us for interesting pre-film discussions about the planning and shooting of major films; learn the history of some of our great actors and actresses and enjoy the film.
**Alt Fridays from 12 July 10.00 - 12:00**
Leader: Hugh Watson 9519 5082
Bookings: Margaret Vermeesch 9433 8048

THE TWO SIRS
We explore the lives and loves of Sir Walter Raleigh and Sir Walter Drake: were they villains or heroes?
**Tuesday 23 July 10:00 - 12:00**
Speaker and bookings: Anne Richardson annesil@hotmail.com 9419 8143

ESTONIA
The precious homeland of my parents, smaller than Tasmania but amazing in its culture, history and forward thinking.
**Tuesday 30 July 10:00 - 12:00**
Speaker and bookings: Anne Richardson annesil@hotmail.com 9419 8143

INTERNATIONAL SPACE STATION
An overview of the international space station, and some earthly benefits that have come from research carried out in space.
**Tuesday 6 Aug 10:00 - 12:00**
Speaker: David Malone
Bookings: Diana Brooks 9943 8031
SCIENTIFIC BREAKTHROUGHS FROM RADIOS TO NUCLEAR ENERGY
Technical breakthroughs in science over the past 150 years.
**Tuesday 13 Aug 10:00 - 12:00**
Speaker: David Malone
Bookings: Diana Brooks 9943 8031

ONE FOOT IN FRONT OF THE OTHER: WALKING THE CAMINO
What is the Camino, where, why and how do you walk it?
This amazing experience was shared with wonderful people from all over the world.
**Tuesday 20 Aug 10:00 - 12:00**
Speakers: Rosemarie Einstein and Jane Barnes
Bookings: Mary Morrison 9433 8004

CONVERSATIONS WITH SHAKESPEARE
Four plays, one per session: Antony and Cleopatra, Much Ado about Nothing, Twelfth Night and Hamlet. Each Sunday prior to the Tuesday session, a film of the Tuesday play will be screened at 4 pm at the cinema at the Baytree (all members signed in for the course are invited to attend). (4 sessions)
**Each Tuesday from 27 August 10:00 - 12:00**
Leader: Andrew Caro
Bookings: Kate Caro kxcaro@gmail.com (preferred) 9433 8056

POLITICAL UPHEAVAL AND LITERATURE IN 19TH CENTURY FRANCE
19th Century France through the lens of 4 great novels - Le Rouge et le Noir (Stendhal), Le Pere Goriot (Balzac), Mme Bovary (Flaubert) and l’Assommoir (Zola) - and their importance in the culture of the changing political regimes. (4 sessions)
**Each Tuesday from 24 Sept 10:00 - 12:00**
Leader: Terri Nixon
Bookings: Ena Hall johenall2@gmail.com (preferred) 9433 8076

THE LEGACY OF COLONISATION AND CHALLENGES OF HUMANITARIAN INTERVENTION: A CASE STUDY
An overview of the newly independent South Sudan and the causes and damaging effects of the civil war in 2014, based on personal impressions gained during periods working with a teaching NGO.
**Tuesday 22 Oct 10:00 - 12:00**
Speaker: Terry Farrell
Bookings: Margaret Vermeesch 9433 8048

STEM CELL SCIENCE: THEN AND NOW
Stem cell science is an extremely topical and fast-moving field of research with new breakthroughs every day. We cover current and future clinical trials in Australia.
**Tuesday 29 Oct 10:00 - 12:00**
Speaker: Tamara Treleaven
Bookings: Lesley Duffill leslieduffill@gmail.com 9969 9546

HUNTERS HILL: C A FAIRLAND HALL
14 Church St. Parking available.
Venue coordinator and bookings: Judy Harris
0447 194 510 JudyHarris2@bigpond.com
Bookings for all courses through Judy Harris, unless otherwise noted below.
Facebook: U3AHunters Hill

CAPTIVES FOR FREEDOM
Prof Hill, UN ambassador to PNG, and two staff were captured by OPM Freedom Fighters and held for 5 months. How did he handle negotiations and what future for West Papua?
**Monday 22 July 10:30 - 12:30**
Speaker: Emeritus Prof Stephen Hill AM

DRAWING FOR BEGINNERS (15)
Learn the skills and techniques of drawing, by studying the elements and principles of design. Learn the basic skills of relaxed “seeing and recording” while examining various drawing techniques. (6 sessions)
**Each Friday from 26 July 10:30 - 12:30**
Leader and bookings: Kate McClelland mclellands@ozemail.com.au 0413 388 959

INTRODUCTION TO SENSORY SCIENCE
How science and industry use the senses of smell, taste, sight and hearing to discover new information and develop new or better foods and beverages.
**Monday 29 July 10:30 - 12:30**
Speaker: Dr Greg Organ

JAMES BARNET - COLONIAL ARCHITECT
He served 28 years designing 1350 buildings such as Sydney GPO, police stations, courthouses, jails, lighthouses, Callan Park and the Lands Dept in Bridge St.
**Monday 5 Aug 10:30 - 12:30**
Speaker: Emeritus Prof Don Napper

THE KYOTO MANIFESTO FOR GLOBAL ECONOMICS
The platform for Community, Humanity and Spirituality and the failings of global economics to deliver the equity, sustainability and community empowerment needed to handle a troubled future.
**Monday 12 Aug 10:30 - 12:30**
Speaker: Emeritus Prof Stephen Hill AM

THE INS AND OUTS OF THE BLOOMSBURYS
The artists, poets and writers from the Bloomsbury period in the early 20th Century. What a life they lived.
**Monday 19 Aug 10:30 - 12:30**
Speakers: John Flint and Nora Hinchen

EXPLORING THE SCIENCE OF BEER
The brewing process, the role of each of the senses in beer appreciation and practical hints on how to enjoy your beer will be discussed.
**Monday 26 Aug 10:30 - 12:30**
Speaker: Dr Greg Organ

HISTORY OF MORAL THOUGHT
How society, from Homer to Sartre, has considered the question: what is right and what is wrong? We consider the many ways of grappling with the concept, through the work of Confucius, Buddha, Homer, Aristotle, Luther, Kant, Nietzsche, Sartre and more. (5 sessions)
**Each Tuesday from 5 Nov 10:00 - 12:00**
Leader: Peter Nixon
Bookings: Christine Blanks frblanks@bigpond.com (preferred) 9436 3451
LOST GRAVES
1. Bennelong, Phillip, Squires: An Aboriginal elder and two prominent First Fleet settlers whose stories are linked. Bennelong’s grave was lost but has been located and the stories are changing.
2. Bungaree and Flinders: First explorers to circumnavigate Australia. Flinders’ story is well known and his grave was re-discovered in 2019, but what of Bungaree?
Mondays 2 and 9 Sept 10:30 - 12:30
Speaker: Dr Peter Mitchell

THE FASCINATING WORLD OF PATENTS AND INVENTIONS
An introduction to Intellectual Property laws (patents, trademarks, copyright and design regulations), examples of patents and the science behind these discoveries and inventions.
Monday 16 Sept 10:30 - 12:30
Speaker: Ian Thompson

HISTORY OF LIGHTHOUSES
Sydney Lighthouses: the Macquarie, Barrenjoey, Cape Bailey Lighthouses and Leading Lights of Sydney Harbour; and the history of development of lighthouse design through the ages.
Monday 23 Sept 10:30 - 12:30
Speaker: Barbara Caldicott

ONE FOOT IN FRONT OF THE OTHER: WALKING THE CAMINO
What is the Camino, where is it, why and how do you walk it? Hear about how we shared this amazing experience with wonderful people from all over the world.
Monday 30 Sept 10:30 - 12:30
Speakers: Rosemarie Einstein and Jane Barnes

DNA: HOW DID IT BUILD YOU AND ME?
DNA is a complex molecule made of four nucleotides with the symbols A, T, G and C that provide the template to build all living things.
Monday 7 Oct 10:30 - 12:30
Speaker: Punchi Dassanayake

BUILDING THE HMB ENDEAVOUR REPLICA
The genesis, funding difficulties and sourcing of the materials for this Bicentennial project to build the replica of Lieutenant James Cook’s ship in Fremantle.
Monday 14 Oct 10:30 - 12:30
Speaker: Leigh Haines

THE PLANE THAT WENT THE WRONG WAY AROUND THE WORLD
The true story about a commercial PAN AM flight that was diverted on return from NZ due to the bombing of Pearl Harbor.
Monday 21 Oct 10:30 - 12:30
Speaker: Winsome Baker

WHAT IS GENEALOGY?
Learn why genealogy is so popular and the fundamentals of finding your ancestors, growing your family tree and preserving the past for future generations.
Monday 28 Oct 10:30 - 12:30
Speaker: Leigh Haines

AUSTRALIAN AGRICULTURE
An exploration of the development of our national agriculture from 1788 to the latest explanation of high-tech science of food and fibre production.
Mondays 4 and 11 Nov 10:30 - 12:30
Speaker: Peter Sloane

MUSIC FROM THE MOVIES
Key composers contribute to the development of film music. Original music is specifically written with dramatic narrative and emotional impact to enhance a film.
Monday 18 Nov 10:30 - 12:30
Speaker: Graham Ball

THE STORY OF MODERN POPULAR MUSIC: THE FIRST 40 YEARS
Popular music from the birth of 7-inch singles in the 50’s until 1980’s. This is the music that young people listened and danced to. A must for baby boomers.
Monday 25 November 10:30 - 12:30
Speaker: Graham Ball

AUSTRALIAN COUNTRY MUSIC: HUNTERS HILL CHRISTMAS PARTY
Come and celebrate Christmas with music, fun and singing at the end of 2019.
Monday 2 December 10:30 - 12:30
Speaker: Graham Ball

LANE COVE: LIVING AND LEARNING CENTRE
180 Longueville Rd.
Venue coordinator: Robert Lynn 9433 8066
Bookings for all sessions through the persons listed below

DISCUSSION GROUP
Topical issues and ideas discussed in a friendly and lively atmosphere. Join us to continue learning and communicating with an active group.
Alt Mondays from 1 July 10:30 - 12:30
Leader and bookings: Barbara Meth 9438 5014

BIOGRAPHY, AUTOBIOGRAPHY AND MEMOIR
At the first meeting, the group will discuss the book Stalin’s Daughter by Rosemary Sullivan.
Every Fourth Monday from 8 July 10:30 - 12:30
Leader and bookings: Janice Gentle 9439 3801

DISCUSSION GROUP
Join this happy group to air your views and discuss a variety of interesting topics selected by group members.
Alt Thursdays from 11 July 10:30 - 12:30
Leader: Beatrice Blanks 9427 0786
Bookings: Janice Gentle 9439 3801

‘ISMS’ IN HISTORY
Examines a number of beliefs and practices that end in ‘ism’.
• 11 July: Atheism
• 25 July: Stoicism, Cynicism and Epicureanism
• 8 August: Scholasticism
• 22 August: Humanism, Individualism and Liberalism
• 5 September: Rationalism, the Enlightenment and the French Revolution
• 19 September: Conservatism
• 3 October: Socialism, Communism and Radicalism
• 17 October: Nationalism
• 31 October: Racism
• 14 November: Fascism and Nazism
• 28 November: Internationalism
• 12 December: Secularism
Alt Thursdays from 11 July 1:30 - 3:30
Leader: Frank Wilson 8021 7059
Bookings: Ann Drysdale 9427 8435

BOOK DISCUSSION GROUP
A group centred on literary fiction. Our book for the first session is Milkman by Anna Burns.
Every Fourth Monday from 22 July 10:30 - 12:30
Leader and bookings: Janice Gentle 9439 3801

THE MANORS OF MOSMAN RETIREMENT VILLAGE
6 Hale Rd Mosman (off Military Rd). Wheelchair access
Venue coordinator: Lesley Duffill
leslieduffill@gmail.com 9969 9546
Bookings through the persons listed below

CONTINUE YOUR MEMOIR
This is a self-help course that will interest members who have been to a memoir or family story-writing class and are well into their project. Group feedback and activities form the basis of the course to encourage members to keep writing.
Alt Tuesdays from 9 July 10:00 - 12:00
Leader and Bookings: Pamela Tilbrook 0413 377 212
pamelatilbrook@optusnet.com.au

DISCUSSION GROUP
This is a group with a difference. You choose the topics and get your chance to decide the topics, both local and international. This is an opportunity to keep the mental engines running in a friendly, diverse and welcoming group.
Wednesdays from 10 July 10:00 - 12:00
Leader: Joan Castle
Bookings: Margaret Kropman 0434 839172

LITERARY DISCUSSION GROUP
This friendly group meets once a fortnight to discuss a variety of demanding literature including poetry, drama and non-fiction. New members welcomed.
Alt Tuesdays from 16 July 10:00 - 12:00
Leader: Mary Billing
Bookings: Elisabeth Kingsford Smith 9953 6993

MCMAHONS POINT COMPUTER EDUCATION UNIT
McMahons Point Community Centre 165 Blues Point Rd.
Venue Coordinator and bookings: Fay Smith
computeru3a@gmail.com
Bookings essential for all courses. Please apply via email providing following information:
Name:
U3A number:
Phone contact:
Course name and date:

If you cancel a course please let me know ASAP so a reserve can take your place.

WINDOWS CONTROLS (6)
Manage icons, move between windows, resize and move windows, find menus, use the Task Bar, change your home page. Suits Windows 7, 8 or 10.
Monday 1 July 9:30 - 12:30
Speaker: Margaret Kropman

WINDOWS FILES 7, 8 AND 10 (6)
Find, save, move and rename files and folders on your hard drive or memory sticks. Learn more about storage, retrieval, file types and folders.
Wednesday 3 July 9:30 – 12:30
Speaker: Margaret Kropman

MANAGING PHOTOS (6)
From a camera or android phone, save photos on your computer then organise, perform simple edits, email. You will already be skilled at creating folders and moving files between folders. Suits Windows 7, 8, 10.
Monday 29 July OR Wednesday 31 July 9:30 - 12:30
Speaker: Margaret Kropman

iPAD/iPHONE (8)
Get to know your iPad/iPhone in the company of others under the guidance of our tutor. Please bring your device fully charged.
Wednesday 7 Aug 9:30 - 12:00
Speaker: Fay Smith

ONLINE RETAIL (6)
Explore buying and selling on Gumtree, eBay, major online outlets and smaller vendors. Tips on security, privacy and payment. Suitable for Windows 7, 8, 10.
Monday 12 Aug 9:30 - 12:30
Speaker: Margaret Kropman
iTRAVEL (8)
Seminar format: learn the basics of travelling with technology, avoiding pitfalls and using your devices correctly; discussions with other group members.
Wednesday 14 Aug 9:30 - 12:00
Speaker: Fay Smith

TEXT FORMATTING (6)
Make your emails more interesting: learn how to use different fonts, indent text, number paragraphs and insert clip art. Suits Windows 7, 8, 10.
Monday 19 Aug 9:30 - 12:30
Speaker: Margaret Kropman

THE MELODY ROOM AT MOSMAN ART GALLERY
Cnr Myahgah Rd and Art Gallery Way. Parking available. Wheelchair access.
Venue coordinator: Annika Tults 9882 3669 aktults@yahoo.com.au
Bookings with the listed persons below are essential

MEN, MACHINES AND MEDICINES OF WW2
This presentation describes the many inventions in armaments and delivery systems and the medical breakthroughs that occurred during WW2.
Thursday 11 July 1:30 - 3:30
Speaker: Punchi Dassanayake
Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

POISONOUS STINGS
This presentation describes some of the poisonous creatures in Australia and the treatment of their stings, both in Western and alternative medicine.
Thursday 18 July 1:30 - 3:30
Speakers: Punchi Dassanayake and Ian Thompson
Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

ART: PAINTING AND SKETCHING (12)
Learn how to successfully manipulate colours, line and shape in a friendly group. Painting with acrylics, sketching with charcoal or pencil. All interested members are welcome. A small amount of theory will help develop skills to create both classical and abstract art.
Alt Tuesdays from 23 July 1:30 - 3:30
Leader and bookings: Kulliki Poole 9451 3011; 0414 451 636

SYDNEY LIGHTHOUSES
Sydney Lighthouses: the Macquarie, Barrenjoey, Cape Bailey Lighthouses and Leading Lights of Sydney Harbour; and the history of the development of lighthouse design through the ages.
Thursday 25 July 1:30 - 3:30
Speaker: Barbara Caldicott
Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

DEVELOPING YOUR MEMOIR
Your life is unique. How can you make your memoir or family history more interesting for readers? We use practical exercises to build a story step-by-step for future generations. Beginners welcome. (6 sessions)
Alt Tuesdays from 30 July 1:30 - 3:30
Leader and bookings: Jenny Rudd O’Neill jennyruddoneill@optusnet.com.au (preferred) 9908 3925

INSIDE PINE GAP
Controversial since being established by treaty with the USA in 1966: learn Pine Gap’s history from an insider who served 18 years in operations.
Thursday 1 Aug 1:30 - 3:30
Speaker: David Rosenberg
Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

MUSIC FROM THE MOVIES
The key composers who have contributed to the development of film music as an art form and the history of music in general.
Thursday 8 Aug 1:30 - 3:30
Speaker: Graham Ball
Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

LOUIS PASTEUR
Pasteur is famous for his work in many different fields. His legacy, the Pasteur Institute, has nurtured many brilliant scientists.
Thursday 15 Aug 1:30 - 3:30
Speaker: Dr Penny Bishop
Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

ALEXANDRE YERINS – GENIUS OR ECCENTRIC?
Alexandre Yersin trained with Pasteur but spent most of his life in Vietnam. He discovered the bacterium that causes the bubonic plague.
Thursday 22 Aug 1:30 - 3:30
Speaker: Dr Penny Bishop
Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

WEIRD AND NOT SO WONDERFUL HISTORIES
The lighter sides of historical events: chuckle at the bizarre, the eccentric, ridiculous and just plain hilarious histories of the world.
Thursday 29 Aug 1:30 - 3:30
Speaker: Tony McCurdy
Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

THE TROJAN WAR
Fact or fiction? A fascinating story incorporating mythology and history and bequeathing us such terms as ‘odyssey’ and ‘Achilles Heel’.
Thursday 5 Sept 1:30 - 3:30
Speaker: David Wardle
Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

HISTORY OF 20TH CENTURY MUSIC
The diversification of music in the 20th century including developments in classical music, jazz, film music, country music and rock and roll.
Thursday 12 Sept 1:30 - 3:30
Speaker: Graham Ball
Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

AN AFTERNOON OF MURDER, BLOODSHED, JEALOUSY AND RAGE
Explore the theatre of Ancient Greece where the best soap operas were written. Along the way you will meet some extremely awesome women.
Thursday 19 Sept 1:30 - 3:30
Speaker: Diana Phiels
Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495
IMPRESSIONS OF SIBERIA AND RUSSIA
This illustrated talk shares our experiences travelling from Vladivostok to St Petersburg, exploring the fascinating history, geography, culture, architecture and landscapes of Siberia and Russia.
Thursday 26 Sept 1:30 - 3:30
Speakers: Kevin and Glens Murray
Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

DISRUPTION 1
Some of the technology advances from our past, the developments expected over the next few years and how they affect our lifestyles.
Thursday 3 Oct 1:30 - 3:30
Speaker: Malcolm Raymond
Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

THE ASIAN TUG OF WAR
How what goes on in Australia impacts life in China (it is always good to have friends in low places).
Thursday 10 Oct 1:30 - 3:30
Speaker: Dr Jur Thomas J Delisi
Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

THE GREAT GAME
1. British/Russian rivalry in the 1800’s: including Britain’s espionage programme to counter Russian expansion into Central Asia.
2. 20th century to present day: Boxer Rebellion, Russian Revolution, disintegration of Ottoman Empire and increasing rivalry between China, Russia and USA in Central Asia.
Thursdays 17 & 24 Oct 1:30 - 3:30
Leader: Peter Headley
Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

VENICE, MARCO POLO AND THE SILK ROAD
Venice was the greatest trading port in Europe in 1271 when Marco Polo joined his uncles on the journey east along the Silk Road to China.
Thursday 31 Oct 1:30 - 3:30
Speaker: Peter Headley
Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

SPOOKS, SPIRITS, SPECTRES, BUNYIPS AND BEASTIES
 Ghosts, phantoms and strange phenomena: the true stories of Fisher’s Ghost, the Phantom Stockman, the Min-Min Lights. Possible explanations of the bunyip and other mysterious beasties.
Thursday 7 Nov 1:30 - 3:30
Speaker: Graham Sims
Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

THE LIFE AND INFLUENCE OF GEORGE ORWELL
A review of the life of George Orwell, with a view to coming to a balanced assessment of his political and literary influence.
Thursday 14 Nov 1:30 - 3:30
Speaker: Patrick Hutchinson
Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

PUBLISHING YOUR BOOK: WORKSHOP
Family or local history, memoir or biography, novel or cookbook: are you ready to publish?
Week 1: formatting your manuscript, layout, book size, photos, charts, maps and editing.
Week 2: cover design, registering your book, preparing specifications, quotes, quantities, marketing.
Tuesdays 19 Nov & 3 Dec 1:30 – 3:30
Leader and bookings: Margaret Szalay margaret@cremorne1.com 9904 1829

SCIENCE MYTHS AND MISCONCEPTIONS
We examine a range of commonly held science-based myths by identifying their possible origins and the reasons why they persist despite contrary evidence.
Thursday 21 Nov 1:30 - 3:30
Speaker: Kevin Murray
Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

ARTIFICIAL INTELLIGENCE
As societies become increasingly wired, AI is automating how we live. As medical devices become implanted and networked, AI is a hidden doctor and nurse.
Thursday 28 Nov 1:30 - 3:30
Speaker: Dr Jur Thomas J Delisi
Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

MOSMAN ART GALLERY
Cnr Myahgah Rd and Art Gallery Way. Parking available. Wheelchair access
Venue coordinator: Eve Klein cyeve@tpg.com.au 9969 7994 (enquiries only)
No bookings required

THE HISTORY OF PHOTOGRAPHY
From pinholes to pixels – milestones dating back to the ancient Greeks that have contributed to the development of photography as we know it today.
Monday 1 July 10:30 - 12:30
Speaker: Ian Thompson

CHEMISTRY IN THE HOME
Exploring the chemical ingredients in everyday products found in the home: from the laundry, bedroom, bathroom, medicine cabinet, dining room and liquor cabinet.
Monday 8 July 10:30 - 12:30
Speaker: Ian Thompson

ESTONIA
Homeland of my parents, smaller than Tasmania but amazing in its culture, history and forward thinking. Learn about the survival and resilience of this small nation and its people.
Monday 15 July 10:30 - 12:30
Speaker: Anne Richardson

STEPHEN HAWKING: HIS LIFE AND LEGACY
He illuminated the origins of the universe, and shone at communicating his understanding to the world. What events shaped his life, and what will be his legacy?
Monday 22 July 10:30 - 12:30
Speaker: Ian Bryce
THE SKEPTICS’ $100,000 PRIZE AND THE LAWS OF PHYSICS
Australian Skeptics investigate claims of pseudoscience and the paranormal. They offer a prize for real evidence. This talk will outline the most entertaining examples.
Monday 29 July 10:30 - 12:30
Speaker: Ian Bryce

HUMANISM: AN ENLIGHTENED LIFE STANCE
The no-religion category has now overtaken all religions in Australia. Humanism holds that the best knowledge is obtained through science, and the best morality motivated by human welfare.
Monday 5 Aug 10:30 - 12:30
Speaker: Ian Bryce

COME FLY WITH ME
Kevin will show historic pictures but be prepared for an interactive session when we can share the highs and lows of our travels by flight.
Monday 12 Aug 10:30 - 12:30
Speaker: Kevin Fitzpatrick

LEADERSHIP
Who are the leaders you admire? Kevin will engage those present with Photolanguage, an instrument he has used in sessions with the Australian Armed Forces.
Monday 19 Aug 10:30 - 12:30
Speaker: Kevin Fitzpatrick

LADY CORNARO: PRIDE AND PRODIGY OF VENICE
Set at the height of the glory of the Venetian Republic, focusing on the first woman in the world to be awarded a university degree.
Monday 16 Sep 10:30 - 12:30
Speaker: John Maneschi

SIR JOHN MONASH
Usually considered Australia’s greatest soldier, John Monash was a complex man of courage and intellect who contributed to the development of Australia’s national identity.
Monday 23 Sep 10:30 - 12:30
Speaker: Dr John Morrison

THE AUSTRALIAN LIGHT HORSE
They were Australia’s mounted troops who served bravely at Gallipoli, and in the lesser-known Middle East campaigns. In the process they rode into history.
Monday 30 Sep 10:30 - 12:30
Speaker: Dr John Morrison

THE STORY OF OPERA
Born in Italy, opera - a combination of vocal and orchestral music, drama, visual arts and dance - has been inspiring people for ages.
Monday 14 Oct 10:30 - 12:30
Speaker: Graham Ball

VERDI AND PUCCINI
The music and lives of these giants of opera in the period when opera composers produced music that expressed their deepest feelings: the Romantic era.
Monday 21 Oct 10:30 - 12:30
Speaker: Graham Ball

A CELEBRATION OF THE MUSICAL
Presenting the stages of mainstream musicals of the western world, from Jacques Offenbach in the 18th century until the present day.
Monday 28 Oct 10:30 - 12:30
Speaker: Graham Ball

MOSMAN SQUARE SENIORS CENTRE
Next to Mosman Council Chambers off Military Rd Spit Junction. Parking available. Wheelchair access
Venue coordinators: Chris Serrano: christine.serrano165@gmail.com; Michael Suckling: mwsing@tpg.com.au.
No bookings necessary

MONEY, WEALTH AND POVERTY
These four talks will explain in simple terms some myths about money; why some countries are wealthy and others poor. We will question whether money really makes the world go round. (4 sessions)
Each Wednesday from 10 July 10:00 - 12:00
Speaker: Peter Nixon

IRAN, PAST AND PRESENT
From Zoroastrianism to Islam. This presentation traces Iran’s 2,500-year-old history to the present day.
Wednesday 14 Aug 10:00 - 12:00
Speaker: Cindy Davies-Broadbent
THE IRAN HOSTAGE CRISIS 1979-81
This presentation examines the politics behind the Iranian government’s detention of 53 US diplomats for 444 days.
Wednesday 21 Aug 10:00 - 12:00
Speaker: Cindy Davies-Broadbent

THE TAYLORS, OUR EARLY AERONAUTS
George and Florence led the Sydney Bohemian set into architecture, publishing, aviation. Vince (Captain Penfold) was Australia’s death-defying aeronaut and stuntman.
Wednesday 28 Aug 10:00 - 12:00
Speaker: Christopher Beasley

THE BLACK DEATH
The causes and spread of Europe’s most devastating plague, its immediate and long-term social and economic effects.
Wednesday 4 Sept 10:00 - 12:00
Speaker: Tony McCurdy

THE ISLAMIC GOLDEN AGE
The history and achievements of the Islamic Golden Age and its role in bridging the ancient, medieval and early modern world.
Wednesday 11 Sept 10:00 - 12:00
Speaker: Tony McCurdy

MY MIND’S MADE UP: DON’T CONFUSE ME WITH THE FACTS
An interactive and challenging presentation, exploring popular perceptions about the world and contrasting them with reality. Prepare to be surprised!
Wednesday 18 Sept 10:00 - 12:00
Speaker: Tony McCurdy

GREAT ORCHESTRAS AND THEIR FAMOUS CONDUCTORS
Great musical performances from the past can make a strong impression through the medium of recorded sound. We will consider not only the interpretations by famous conductors but also the orchestras with whom they were associated. (6 sessions)
Each Wednesday from 25 Sept 10:00 - 12:00
Speaker: Rosemary McCulloch

MODERN DEMOCRATIC GOVERNMENTS: WHOSE INTERESTS DO THEY REPRESENT?
“Government of the people, for the people, by the people.” Who are these mysterious ‘people’ they claim to represent?
Wednesday 6 Nov 10:00 - 12:00
Speaker: Himanshu Jhala

KENYA: FORMER BRITISH EAST AFRICA’S MAGIC LAND
Kenya has attracted visitors, writers, hunters and adventurers with its landscapes, wildlife, tribes, and fame as home to the earliest humans.
Wednesday 13 Nov 10:00 - 12:00
Speaker: Himanshu Jhala

VIRGINIA WOOLF
A life of illness, sadness and tragedy. Her life and work - particularly The Waves and To the Lighthouse - will be considered.
Wednesday 20 Nov 10:00 - 12:00
Speaker: Jenny Rudd O’Neill

WRITING YOUR MEMOIRS
You have lived through history! Enjoy reminiscing and discovering how recollections can become a story for future generations to treasure.
Wednesday 27 Nov 10:00 - 12:00
Speaker: Jenny Rudd O’Neill

ROSEVILLE NEW CHURCH
4 Shirley Rd.
Venue coordinator: Sheila Caldwell 9498 1197

INTERMEDIATE RECORDER
Play the recorder with a keen group, meeting in a hall not far from Roseville station. New intermediate-level students are welcome. (11 sessions)
Alt Mondays from 9 July 10:00 - 12:00
Leader and bookings: Sheila Caldwell 9498 1197 or Judy Faulkner 9416 4733

OUT THERE!
THIRD FRIDAY LUNCH GROUP
We meet for lunch at restaurants that serve a variety of cuisines. We go everywhere in Sydney, except the North Shore. We try to book BYO wine venues where there is a small corkage charge, which attendees are required to pay.
Third Friday of each month from 19 July
Leader and bookings: Sarah Fennamore 9955 1962 sfennamore@yahoo.com

FOOD FOR THOUGHT (12)
We meet to sample the cuisine of different nationalities all over Sydney. Friendliness, fun and food are the basis for finding out about different cultures.
Alt Fridays from 26 July
Leaders and bookings: Sissi Stewart sisken@bigpond.com (preferred) 9908 2045; or Lyn Honey 9997 3292
Leader Harvey Broadbent and U3A invite you to come along and enjoy the songs of your life with our own

THIRD AGE ROCK ORCHESTRA

Narrabeen Baptist Church
13 Grenfell Avenue North Narrabeen

Wednesday 10 July at 2 pm
An entertaining afternoon to sway along and tap your feet
Entry: Gold Coin Donation

Bookings essential during June
Please quote your name and membership number
Gaye Pringle gayepringle@gmail.com

ANNUAL GOURMET PICNIC

Manly Dam Reserve (Area 3)
Friday 25 October 12 noon to 3 pm

Enjoy the tranquil environment of one of the largest freshwater lakes in the Sydney metropolitan area.
The bushland is rich in plant life and birds.
All food, plates and cutlery will be provided. Bring a chair and something to drink

There will be a surprise speaker to entertain us all

Vehicle access via King Street, off Condamine Street, Manly Vale.
If wet, the event takes place in Manly Vale Community Centre, 2 Innes Road, Manly Vale (opposite the end of King Street across Condamine Street)

Tickets $20 from Rosemary McCulloch: ramccull@gmail.com
BALGOWLAH: CLUB TOTEM
195 Condamine St, Level 3 Washaway Room. Parking available. Lift from car park. Wheelchair access
Venue Coordinator: Maureen Smith 9982 7985
maureen.i.smith@bigpond.com

LITERATURE
A wide range of authors and their books are discussed. These include Milkman by Anna Burns, Bridge of Clay by Markus Zusak and The Shepherd's Hut by Tim Winton.
Alt Wednesdays from 24 July 11:00 - 1:00
Leader: Maureen Smith 9982 7985
maureen.i.smith@bigpond.com
Bookings: Helen Moore 9975 5203 helen.moore@iinet.net.au

BELROSE: GLENAEON RETIREMENT VILLAGE
207 Forest Way. Village Community Centre. Parking available inside village. Wheelchair access
Venue Coordinator: Margaret Robinson 9486 3528 merobinson2@bigpond.com

MAH JONG WESTERN STYLE
Play Mah Jong with a friendly group in very comfortable and scenic surroundings. Assistance given but no lessons. All welcome.
Each Tuesday from 2 July 9:00 - 12:00
Leader: Penny Bright
Bookings: David Bright 0404 446 326 dfbright@bigpond.com

COLLAROY: WARRINGAH PLACE RETIREMENT VILLAGE
1039 Pittwater Rd, Activities Room. Street parking, Wheelchair access
Venue Coordinator: Mary Comber 9948 4064
(No school and public holidays)

PLAY THE RECORDER (12)
A recorder group at a medium level playing soprano, alto and tenor recorders from the Renaissance to Bach through to Modern and Jazz, in the company of friendly people.
Each Monday from 22 July 10:30 - 12:00
Leader and bookings: Colleen Russell 9918 3817

ISSUES FOR DISCUSSION (15)
The topics are debated in a friendly inclusive atmosphere, so do come and enjoy the company of other U3A members.
Alt Thursdays from 1 Aug 2:00 - 4:00
Leader: Terry Ryan
Bookings: Mary Comber 9948 4064 marycomber1@iinet.net.au

COLLAROY PLATEAU: RSL VETERANS’ RETIREMENT VILLAGE
Veterans Pde, Montgomery Hall. Street parking. Wheelchair access

ART: PAINTING AND DRAWING IN ANY MEDIUM (14)
If you are an artist, or would-be artist, haven’t painted for years, or would just like to paint with a friendly group, maybe we are what you need.
Each Monday from 1 July 1:00 - 4:00
(No public holidays)
Leader: June Rodden 9402 4550
Bookings: Bronwyn Hale 9979 4481

FORESTVILLE: FOREST COMMUNITY ARTS CENTRE
Darley St. Parking available. Wheelchair access
Venue Coordinator: Terri Nixon 0414 358 318 thenixons23@optusnet.com.au

DRAWING FOR BEGINNERS
This class, for beginners ONLY, will continue practising basic drawing skills and will also look at various artists’ techniques to broaden their skills. As drawing skills progress, lessons on colours will be introduced later in the term. Classroom 2.
Second and fourth Tuesday of the month from 11 June 12:30 - 2:30
Leader and bookings: Kathleen Wilson 0400 348 818

CREATIVE WRITING (12)
This course does not teach writing. We edit, advise and discuss each member’s current work. We work through the school holidays. Lorikeet Room
Alt Mondays from 1 July 1:00 - 4:00
Leader and bookings: June McKimmie junemckimmie@gmail.com

ART PAINTING GROUP
Our group is a mix of very experienced artists who paint in acrylic and/or water colour. No tuition will be given but friendly advice is always available. We occasionally have special workshops. Classroom 2
First and third Tuesday of the month from 2 July 1:00 - 4:00
Leader and bookings: Kathleen Wilson 0400 348 818

THESE TRUTHS: A BRIEF HISTORY OF THE USA
Relying on Jill Lepore’s research, we explore the origins and rise of a divided nation from the American experiment based on political equality, natural rights and the sovereignty of the people to the mighty state machine of today. Has it delivered on its early promises? (4 sessions) Studio
Each Tuesday from 6 Aug 10:00 - 12:00
Leader: Peter Nixon
Bookings: Terri Nixon thenixons23@optusnet.com.au

ROMAN HISTORY: THE CITY OF ROME
Founded in fratricide, populated by outlaws and rapists, the small settlement of Rome grew over the centuries to rule the Mediterranean world and most of Western Europe. What physical changes did the city undergo? How did its inhabitants live? Heather Flawith Room
Alt Thursdays from 8 Aug 2:00 - 4:00
Leader and Bookings: Leonie Hayne 9417 2894
CRAFT IN THE FOREST
If you like to knit, crochet, draw, embroider, paint, do beading or colour with pencils, come along. For venue contact leader.
**First and third Friday of the month from 5 July**
10:00 - 12:00
Leader and bookings: Beth Robertson 9452 2396 (9:00 - 6:00) robertsonbeth12@yahoo.com.au

FRENCHS FOREST: LIONEL WATTS COMMUNITY CENTRE
93-95 Blackbutts Rd. Parking available
Venue Coordinator: Rosemary McCulloch ramccull@gmail.com 0448 095 958

FRIDAYS IN THE FOREST
A monthly program of separate presentations on a wide variety of topics given by people with expertise in, and enthusiasm for, their subject. Something for everyone.
(5 sessions) Bookings not required
**Last Friday in each month commencing 26 July**
10:00 - 12:00
Leader: Rosemary McCulloch 0448 095 958 ramccull@gmail.com
1. Entomology and the study of the cockroach
A close-up look at the biology and habitat of cockroaches, their life-cycle and feeding habits and the diseases they may carry.
**Friday 26 July** Speaker: Ian Thompson
2. Inside Pine Gap – the true story
Pine Gap has been controversial since it was established by treaty with the US in 1966. Learn its history from an insider who served there for 18 years.
**Friday 30 Aug** Speaker: David Rosenberg
3. Is poverty history yet?
Bridge of Hope Indonesia partners with Australians to help families out of poverty, with micro-loans, training in self-reliance, giving dignity to thousands. Hear some heart-warming stories.
**Friday 27 Sept** Speaker: Barbara Watt
4. The Australian Light Horse
Using videos and photos, Peter will take you on an amazing journey from the story of the extraordinary ‘walers’ of the Australian Light Horse to the present day.
**Friday 25 Oct** Speaker: Peter Allen
5. Danger was my business
Critical incidents attended by Gary include the Christmas Day hotel fire in Kings Cross, Granville Train Disaster and the Christchurch Earthquake in New Zealand.
**Friday 29 Nov** Speaker: Gary Raymond

MONA VALE MEMORIAL HALL
1606 Pittwater Rd. Meeting Room. Parking available
Venue Coordinator Elizabeth Waring elizabethwaring5@gmail.com

FRENCH LEVEL 3
This course covers reading, writing, grammar, and conversation. Must have basic knowledge of the language. Textbook used: *French Made Simple* by Pamela Rose Haze.
**Alt Wednesdays from 3 July 2:00 - 4:00**
Leader and bookings: Sarita Wright 9970 5906 saritawright35@gmail.com

FRENCH INTERMEDIATE ONGOING
Gentle paced course on all aspects of the French language. Reasonable vocabulary and knowledge of grammar required. Book used is *Easy French Reader Third Edition* by R de Roussy de Sales
**Alt Thursdays from 9 July 10:00 - 12:00**
Leader and bookings: Olivia Kesby 9938 3028 olivia.kesby@gmail.com

FRENCH LEVEL 4
For those who already have a comprehensive grasp of grammar and conversation. Textbook used *Collins Advanced French Grammar*, plus a variety of literature.
**Alt Wednesdays from 10 July 2:00 - 4:00**
Leader and bookings: Sarita Wright 9970 5906 saritawright35@gmail.com

HISTORY OF PHILOSOPHY 4
The philosophies of Hegel and Nietzsche will be explored. This course is designed as a continuation of the course History of Philosophy 3. New students are welcome, but they would be best served by completing History of Philosophy 3 first.
**Alt Tuesdays from 16 July 1:00 - 3:00**
Leader and bookings: John Lauricella 9918 2142 jml1010@yahoo.com

PHILOSOPHICAL THEMES – DESCARTES TO DERRIDA
This course will continue to explore modern and contemporary Western philosophy of reality (metaphysics) and knowledge (epistemology). Format: DVD and YouTube lectures combined with group discussions. No previous philosophy knowledge required.
**Alt Tuesdays from 23 July 2:00 - 4:00**
Leader and bookings: Mike Williams 0413 878 567 mikews@optusnet.com.au

NARRABEEN: BAPTIST CHURCH
13 Grenfell Ave (cnr Wakehurst Parkway). Parking available.
Wheelchair access
Venue Coordinator: Barbara Larkin 9913 3481 jeddasam1@bigpond.com

UKULELE FOR BEGINNERS
If you have ever wanted to learn to play the ukulele, this is your chance. We start from scratch. No prior knowledge of music necessary. Room 2, Level 1
**Each Tuesday from 2 July 1:30 - 2:30**
Leader and bookings: Felicity Davis 9979 8633 felicity@sciencefilms.com.au
UKULELE - INTERMEDIATE / ADVANCED
If you have learnt six basic chords, now is the time to move to or join this group. Lots of strumming, singing and fun.
Education Centre, Ground floor
Each Tuesday from 2 July 1:30 - 3:30
Leader and bookings: John Peters 0412 161 069
jayefpe@hotmail.com

UNPLUGGED ACOUSTIC GUITAR GROUP 1 and 2
The group will continue building a repertoire of classic soft rock/blues acoustic pieces. Only basic skills with guitar chords and following lyric/chord charts needed. Bring own guitar and music stand. Room 2, Level 1
First three Wednesdays in each month from 3 July 10:30 - 1:00
Leader and bookings: Harvey Broadbent 0414 486 675
harveybroadbent1915@gmail.com

THE 3RD AGE ROCK ORCHESTRA
Playing classic rock and pop is for good singers and post-beginners on all instruments except ukuleles. Basic skills with following lyric/chord charts needed. Ability to read musical notation not required but an advantage. Bring own instrument and music stand. Church
Each Wednesday from 3 July Feb 2:00 - 5:00
Leader and bookings: Harvey Broadbent 0414 486 675
harveybroadbent1915@gmail.com

CREATIVE PAINTING WORKSHOP
A relaxed group with varying levels of skill, we work on our own projects and commonly share techniques, ideas and information, which is welcomed by all. Education Centre, Ground floor
Each Thursday from 4 July 1:00 - 4:00
Leader: Susan Davies 0414 799 324
Bookings: Suzanne Allan 0458 712 033
zanne07@gmail.com (preferred)

FRENCH POST BEGINNERS (15)
On-going gentle paced course for people interested in furthering their knowledge of French. Basic vocabulary and grammar required. Book used is French Made Simple by Pamela Rose Haze. Education Centre, Ground floor
Alt Fridays from 5 July 10:00 - 12:00
Leader and bookings: Olivia Kesby 9938 3028
olivia.kesby@gmail.com

TRIVIA FOR SENIORS
Interesting and tricky questions and topics well suited to the U3A age group. Get up a team or come on your own and give the grey cells a workout! Prizes for the winning team. Education Centre, Ground floor
Alt Fridays from 5 July 10:00 - 12:00
Leader and bookings: Janet Atkinson 9970 6019
sophie@easy.com.au

ADVANCED FRENCH
Focusing on grammar and dictation, reading and conversation. Room 2, Level 1
Alt Mondays from 8 July 10:00 - 12:00
Leader and bookings: Sarita Wright 9970 5906
saritawright35@gmail.com

PHILOSOPHICAL THEMES - DESCARTES TO DERRIDA
This course will continue to explore modern and contemporary Western philosophy of reality (metaphysics) and knowledge (epistemology). Format: DVD and YouTube lectures combined with group discussions. No prior knowledge of philosophy required. Room 2, Level 1
Alt Fridays from 12 July 10:00 - 12:00
Leaders and bookings: Mike Williams 0413 878 567
mikews@optusnet.com.au

SOLVING CRYPTOIC CROSSWORDS : BASIC INTRODUCTION (16)
This course is intended for those with little or no knowledge of solving cryptic clues. (6 sessions) This is followed by working through full crosswords together where you will reinforce and build upon strategies and tactics learned. (4 sessions) Education Centre Ground floor. Bookings essential
Alt Fridays from 12 July 1:30 - 3:30
Leader and bookings: Eve Lane 0455 948 864
evelane222@gmail.com

HISTORY OF PHILOSOPHY 3
An introduction to philosophy via a survey of the philosophers of the 17th and 18th centuries, including Hume, Locke, Spinoza, Leibniz and Kant. These philosophers think within the context of the scientific revolution which undermined 2000 years of tradition. Room 2, Level 1
Alt Fridays from 19 July 10:00 - 12:00
Leader and bookings: John Lauricella 9918 2142
jml1010@yahoo.com

POST-INTRODUCTORY SPANISH B
Continuation of the Post-Introductory Spanish course taught in Semester 1. Aims at further developing spoken and written communication skills. Also covers grammar, pronunciation and an initiation into Spanish-speaking cultures. Previous knowledge equivalent to one Introductory Spanish course is required. Education Centre, Ground floor
Each Monday from 12 Aug 2:00 - 4:00
Leader and bookings: Alexis Tabensky 0424 983 618
a.tabensky@unsw.edu.au

NARRABEEN: TRAMSHED ARTS AND COMMUNITY CENTRE
1395A Pittwater Rd. Limited off-street parking.
Wheelchair access
Venue Coordinator: Rosemary McCulloch
ramccull@gmail.com 0448 095 958

OPERA ON SUNDAYS
Continuing our very successful opera series, we shall watch, on DVD, outstanding performances from opera houses around the world. Break between acts for lunch overlooking Narrabeen Lagoon (8 sessions). Lakeview Hall.
Alt Sundays from 4 Aug 11:00 - 3:00
except 10 and 24 Nov No school holidays
Leader and bookings: Rosemary McCulloch 0448 095 958
ramccull@gmail.com
TUESDAYS AT THE TRAMSHED

A series of separate presentations on a wide variety of topics given by people with expertise in, and enthusiasm for, their subject. (5 sessions) Lakeview Hall. Bookings not required.

Monthly from Tuesday 6 Aug 11:00 - 1:00
Leader: Rosemary McCulloch 0448 095 958 ramccull@gmail.com

1. Cleopatra VII, last ruler of Ptolemaic Egypt
Femme fatale? Astute Politician? Can we see the real woman behind 2000 years of propaganda?
Tuesday 6 Aug Speaker: Leonie Hayne

2. The criminal process
When a police investigation leads to a person being charged, the matter goes to the Local Court. I will explain what happens in court, who does what and why.
Tuesday 3 Sept Speaker: Val de Rome

3. Iconic Australian inventions and discoveries
A look at the people and science and some classic Australian discoveries and inventions from the 19th century colonial era through to our present time.
Tuesday 1 Oct Speaker: Ian Thompson

4. Horses for the Olympics
Chosen to train and coordinate all the horses in the opening ceremony, he choreographed the tribute to the stock horse in the Sydney Olympic Games.
Tuesday 5 Nov Speaker: Don Eyb

5. The evolution of humans
After presenting a novel way of thinking about our origins, we then detail humanity’s more recent evolution as revealed by fossil and DNA evidence.
Tuesday 3 Dec Speaker: Don Eyb

MUSIC TO REMEMBER

Each session will concentrate on one particular great orchestra with examples of legendary performances from the past as well as recordings by artists of today. Lakeview Hall (9 sessions)
Alt Tuesdays from 13 Aug 11:00 - 1:00
Leader and bookings: Rosemary McCulloch ramccull@gmail.com 0448 095 958

MONDAY AT THE MOVIES (MAM)

For those who enjoy current movies, view up to three nominated movies in your own time and join us for a stimulating discussion about the plot, actors, producers and cinematography. Decide your own ratings.

Mondays 22 July, 12 Aug, 2 Sept, 14 Oct, 4 Nov, 2 Dec 10:00 - 12:00 No school holidays
Leader: Heather Leggat
Bookings: Alan Leggat 9997 3183 ahleggat@bigpond.com (preferred)

MAGIC OF POETRY

Enjoy poetry? Then come along and share your favourite poems and hear the magic of others in a fun relaxed atmosphere.

Wednesdays 24 July, 14 Aug, 11 Sept, 16 Oct, 13 Nov, 11 Dec 10:45 - 12:45 No school holidays
Leader: Alan Leggat
Bookings: Heather Leggat 9997 3183 ahleggat@bigpond.com (preferred)

LAUGHTER WELLNESS

A laughter session that typically leaves participants feeling more energised, positive and with a new outlook on life.
Alt Mondays from 5 Aug 9:00 - 10:30
Leader and bookings: Jane Broadbere 0407 667 534 jane.broadbere@gmail.com

NARRABEEN NORTH:

NARRABEEN RSL CLUB

116 Nareen Pde. Parking available
CROQUET (20)
Teaching available on request. No partner required. Mallets supplied. Games are organised to accommodate on a first come basis.
Each Tuesday from 2 July 8:30 - 12:00
Leader: Bob Hunter 9970 7352 hunterdeb@bigpond.com
Bookings: Jill Barrett 9982 2387 jillb45@hotmail.com

NEWPORT COMMUNITY CENTRE

11-13 The Boulevard. Parking available.
Wheelchair access
No courses at Newport during school holidays
Venue Coordinator Elizabeth Waring elizabethwarings5@gmail.com

WEDNESDAY AFTERNOON AT NEWPORT

Come and join a friendly group on the first Wednesday of each month. Enjoy the one-off lectures on a wide range of subjects. Main Hall (5 sessions) Bookings not required
1st Wednesday of each month from 3 July 1:30 - 3:30
Leader: Margaret White marg.whiteu3@gmail.com

1. The Garvan Institute
The history of Garvan. The areas of research that we focus on and some background on genomics, which unite all of our research disciplines.
Wednesday 3 July Speaker: Brad Timms

NARRABEEN NORTH:

COASTAL ENVIRONMENT CENTRE
Pelican Path, Lake Park Rd. Parking available.
Wheelchair access
Venue Coordinator: Barbara Larkin 9913 3481 jeddasam1@bigpond.com

CREATIVE PHOTOGRAPHY (20)
By sharing knowledge, we will improve our photographic techniques. Continuing from Semester one, each session will consist of a mixture of tutorials and interactive workshops, with members encouraged to share their knowledge and images.
Alt Thursdays from 4 July 10:30 - 12:30 No public holidays
Leaders: Laurie Wilson and Ian Thompson
Bookings: Laurie Wilson 9938 1454 laurie.wilson@optusnet.com.au (preferred)
2. Science, myths and misconceptions
Examining a range of commonly held science-based myths by identifying their possible origins and the reasons why they persist despite contrary scientific evidence.
**Wednesday 7 Aug** Speaker: Kevin Murray

3. Military fortification of West Head
Learn about the WW II design and construction of West Head Battery, the first line defence of Pittwater, Hawkesbury rail bridge and Woy Woy rail tunnel.
**Wednesday 4 Sept** Speaker: Ross Clelland

4. Travelling with the richest man in the world
Graham managed the travel arrangements of the Sultan of Brunei and his family. His story embraces changes that occurred when the current Sultan assumed power.
**Wednesday 6 Nov** Speaker: Graham Sellick

5. Life in late medieval England
This presentation brings to life Medieval England including dress, habits, diets, buildings, wars, plagues, education, beliefs, the church and what survived to this day.
**Wednesday 4 Dec** Speaker: Peter Headley

YOGA AND RELAXATION
Each class consists of basic yoga practice, breathing and deep relaxation, which will help improve joint mobility, increase muscle flexibility and bone density. Main Hall. Bookings essential for one nominated class only.
**Each Monday from 22 July 12:30 - 2:00**
**Each Friday from 26 July 12:30 - 2:00**
Bookings: Pamela Frei 0415 603 906
ciesta@tpg.com.au (preferred)

ART CLASS WITH KAYE DEXTER
This acrylics course is for advanced painters, who need to bring own equipment. Activities Room. Bookings essential
**Each Monday from 22 July 1:00 - 4:00**
Leader: Kaye Dexter
Bookings: Robyn Mayman 9918 2941
peter@maymans.com (preferred)

OUTSTANDING TOPICS AND SPEAKERS
This course features speakers on diverse topics who are experts in their field. Main Hall. Bookings not required
**Fourth Tuesday of each month from 23 July 1:30 - 3:30**
Leader: Margaret White marg.whiteu3@gmail.com

1. Diving for oil
Tales of underwater mishaps and misadventures on North Sea gas and oil platforms in the early Seventies, by a former Royal Navy diver.
**Tuesday 23 July** Speaker: David Strike

2. The use of animals in medical research
How have past experiments on animals contributed to our current medical knowledge? What laws control such experiments today? And what of the future?
**Tuesday 27 Aug** Speaker: Dr Rosemarie Einstein

3. Time travel
Travelling in time is a favourite theme for speculative fiction, but despite some paradoxes is not entirely ruled out by speculative theories in physics.
**Tuesday 24 Sept** Speaker: Dr Laurie Wilson

4. Mick’s way
When Mick, a sports coach to elite athletes, returned from his usual morning swim, little did he realise his life was to change forever.
**Tuesday 22 Oct** Speaker: Mick Miller

5. Behind the lyrics
Graham will share the secret history of a few good Twentieth Century songs with stories about their history and unexpected tales behind popular tunes.
**Tuesday 26 Nov** Speaker: Graham Spindler

DRAMA ACTIVITIES THROUGH MOVEMENT, MIME AND IMPROVISATION (20)
Looking for fun and an enjoyable activity that extends you? Join our drama activities where you will meet new people and have fun along the way. We do drama exercises to music, also mime and improvisation. Activities Room
**Bookings essential**
**Alt Wednesdays from 24 July 1:45 - 3:45**
Leader: Helen Rosenkranz 0405 060 727
helenrosenkranz@gmail.com
Bookings: Ann Hardiman 0406 921 476
hardimanja@gmail.com (preferred)

YOGA AND RELAXATION
The class consists of easy yoga postures which include stretching, joint mobility exercises, breathing practices and deep relaxation. The practice of yoga has many benefits including reducing stress by balancing the nervous system and helping to reduce blood pressure. Main Hall.
**Bookings essential for one nominated class only.**
**Each Wednesday, except first Wednesday of each month from 24 July 2:00 - 3:30**
Leader: Louise Matthews louismtws@yahoo.com.au
Bookings: Joy Cook 9979 3523
joy.e.cook@gmail.com (preferred)

ART CLASS WITH DENISE BARRY
This course will be working mostly in acrylic paint. The leader comes from a background as a practising artist (painter), art teacher and therapist. Activities Room
**Bookings essential**
**Each Thursday from 25 July 1:00 - 4:00**
Leader: Denise Barry 9974 5335
powerfulowl2@gmail.com
Bookings: Terry Bickerton 9970 7161
terry.bickerton@bigpond.com

TABLE TENNIS
We offer the opportunity to revive a dormant skill and to socialise with new friends. Main Hall. Bookings essential
**Each Thursday from 25 July 1:15 - 4:30**
Leader: Neil Mitchell 0405 123 521
pmcons@tpg.com.au
Bookings: Carole Young 0421 356 493
ciesta@tpg.com.au (preferred)

INTERMEDIATE FRENCH
A good knowledge of French grammar required. The objective is to increase our working knowledge of the French language, the country and culture through development of vocabulary, grammar, speaking, writing, presentation and listening. Textbook and dictionary essential. Activities Room.
**Bookings essential**
**Alt Wednesdays from 31 July 2:00 - 3:30**
Leader: Danina Anderson
Bookings: Frances Buchan 0412 127 182
francesandtonybuchan@gmail.com
PHOTOGRAPHY
Learn to take stunning photographs on your mobile phone or SLR covering composition and lighting. The course will comprise 3 sessions in either August or November.
Bookings essential
Mondays 5 Aug, 12 Aug, 19 Aug and 4 Nov, 11 Nov, 18 Nov from 9:00 - 12:00
Leader and Bookings: Tony Clark 0416 060 148 tony.clark.48@gmail.com

NEWPORT: PITTWATER PRESBYTERIAN CHURCH
Cnr Robertson Rd and Ocean Ave.

RECORDER CONSORT
A small group playing descant, treble, tenor and bass recorders, playing music from Renaissance to Bach through to Modern and Jazz. New players always welcome.
Church Hall.
Each Wednesday from 3 July 10:30 - 12:30
Leader and bookings: Colleen Russell 9918 3817

CREATIVE WRITING
We will look at essays, short stories, poetry and prose, articles and memoirs. Let loose your latent creativity – and fly!
Church Hall
Alt Wednesday from 10 July 1:00 - 2:30
Leader and bookings: Colleen Russell 9918 3817

NORTH CURL CURL COMMUNITY CENTRE
Cnr Griffin and Abbott Rds. Parking available inside the venue grounds
Venue Coordinator: Ruth Buchanan 0401 203 368 ruth.buchanan@bigpond.com

CHRISTMAS PARTY
End of Year Celebration with a Rock ‘n’ Roll Dance Party, including sing along to Christmas Carols. Guests welcome. The kitchen is closed - bring your own food and drink.
Saturday 7 December from 6:00 pm - 9:00 pm

ACTIVE SENIORS DANCE CLASSES
Learn social dances i.e. waltz, tango, rumba, rock, cha cha, sequence. Enjoy afternoon tea and meet new friends.
Each Friday from 28 June 1:30 - 3:30
Leader: Barbara Martin
Bookings: Susan Ascher 0439 912 512 sues2512@tpg.com.au

BALANCE ‘N’ BONES EXERCISE
Conditioning exercises for all major muscle groups and balancing to improve posture. Instruction by the Beth Denny DVD. Easy program at 9:30 followed by a slightly more advanced program at 10:30.
Each Monday from 1 July 9:30 - 10:20 and 10:30 - 11:20
Each Friday from 5 July 9:30 - 10:20 and 10:30 - 11:20
Leader and bookings: Ruth Buchanan ruth.buchanan@bigpond.com

DISCUSSION GROUP
A friendly forum at which matters of public interest are discussed and debated, all participants being free to express their views openly and nominate items for the agenda. Small meeting room
Each Monday from 1 July 1:30 – 3:30
Leader and bookings: Duba Skelton 0403 494 667

CANASTA (BOLIVIA VERSION)
If you can play canasta, take the opportunity to expand your skills by learning the rules of this game. Tuition will be provided during the first two playing sessions in July.
Each Monday from 1 July 1:00 - 4:00
Leader and bookings: Jacki Bateman 9913 8559 jackibateman@optusnet.com.au

MAH JONG - THE WESTERN GAME
Learn and play Mah Jong in a friendly atmosphere. Patient teaching is provided.
Each Thursday from 4 July 12:45 - 3:45
Leader: Judith Bennett email@narrabeenlagoon.org.au
Bookings: Rosalie Howard 9982 8130 rosaliehoward@bigpond.com

CANASTA (BOLIVIA VERSION) (30)
These sessions provide the opportunity for experienced players to play the game in a friendly environment.
Each Thursday from 4 July 12:45 - 3:45
Leader and bookings: Eve Lane 0455 948 864 evelane222@gmail.com

MUSIC – THE SOUNDTRACK OF OUR LIVES
Together we will share the memories that only a special piece of music can evoke. This is the Soundtrack of our Lives.
First Thursday of each month from 4 July 10:00 - 12:00
Leader and bookings: Brian Delgaty 0402 312 082 briandelgaty@gmail.com

SOCIAL SEQUENCE DANCING
Dancing for fun and to keep your mind and body active. Gracious old favourites. Come for an hour or more. Please bring your own lunch.
Each Tuesday from 5 July 10:00 - 1:45
Leader and bookings: Rosemary MacDonald 9905 3851

READING AND DISCUSSING SHAKESPEARE
Read aloud Shakespeare’s plays beginning with a comedy Much Ado About Nothing. Discuss his plots, characters and language. Consider his plays against his life and times. Bring a copy of the play.
Second and fourth Tuesday of each month from 9 July 2:00 - 4:00
Leader and bookings: Robert Englund r.englund@optusnet.com.au

A TASTE OF FRENCH CUISINE
The presentation will give an introduction to French Cuisine. Recipes for several popular dishes will be introduced, discussed and made available for tasting.
Thursday 11 July 10:00 - 12:00
Leader: Jim Murray
Bookings: Ruth Buchanan ruth.buchanan@bigpond.com
MUSICAL MEMORIES
Join us each month as we play a variety of music tracks that bring back memories of our happy times. A mix of Easy Listening, Rock and Roll, Jazz and Soul Music favourites.
Third Thursday of each month from 18 July 10:00 - 12:00
Leader and bookings: Brian Delgaty 0402 312 082 briandelgaty@gmail.com

THE BRITISH INDUSTRIAL REVOLUTION
During the Industrial Revolution Britain experienced a consistent growth in population. This three-part series will identify both the nature and origin of the changes as well as the remarkable individuals driving change.
Thursdays 8 Aug, 12 Sept and 31 Oct 10:00 - 12:00
Leader and bookings: Jim Murray Bookings: Peggy Crocker 9975 6828 fripeg@optusnet.com.au

THEATRE TALKS
Fourth Thursday of each month from 22 Aug 10:00 - 12:00
Speaker and bookings: Diana Pheils diana.pheils@bigpond.com
1. Who wrote the first sitcom?
Are we still laughing at the same jokes as the ancient Greeks and Romans? And where did theatre begin in Britain?
Thursday 22 Aug
2. Shakespeare
His world, his Influence and his genius.
Thursday 26 Sept
3. Society and sexuality
Actresses on stage. The glorious Restoration Theatre.
Thursday 24 Oct
4. Manners to melodrama
The Sheridan phenomenon and the rise of actors and acting.
Thursday 28 Oct

HISTORY OF JOHN MONASH
Brief introduction and his background, concentration on tactics he developed as seen in the Battle of Hamel and how these turned around the war for the Allies.
Thursday 29 Aug 10:00 - 12:00
Speaker: Carolyn Zietsch
Bookings: Ruth Buchanan ruth.buchanan@bigpond.com

BEHIND THE NEWS
Media outlets summarize important issues – political, economic or scientific – in a few catch phrases. These discussions will focus on a few topics that have been in the public eye recently with a view to examining them in greater depth. (3 sessions)
Thursday 10 Oct, 14 Nov, 12 Dec 10:00 - 12:00
Leader: Peter Nixon
Bookings: Virginia Lawrence virginialaw@bigpond.com

TOPICS OF OUR TIMES (25)
These issues may be local, national or international. Members are encouraged to submit topics and actively participate; however, you are welcome to simply listen.
Banksia Room
Alt Tuesdays from 2 July 2:00 - 4:00
Leader: Antoine van de Walle 8090 2884 antoinevdwalle@gmail.com
Bookings: Peggy Crocker 9975 6828 fripeg@optusnet.com.au

ELEMENTARY RUSSIAN
The course studies grammar and translations to achieve an ability to converse in daily situations and translate texts such as newspaper articles. Basic knowledge required.
Banksia Room
First and third Wednesday of the month from 3 July 2:00 - 4:00
Leader and bookings: Tim Coyle 0449 120 346 m.coyle@iinet.net.au (preferred)

SINGING FOR THE JOY OF SINGING
Come along and sing well-known songs from all genres. Anyone who enjoys singing, irrespective of ability, is welcome to join our friendly group to sing, hum along or just sit and listen. Angophora Room
Alt Fridays from 5 July 10:00 - 12:00
Leader: Lynda Cronshaw
Bookings: Elizabeth Rush 0423 104 682 elizabethrush646@gmail.com (preferred)

YOU NEED NOT AGREE (16)
A small group for discussion of topical, local, national, international or general matters where all opinions are welcome. Waratah Room
Alt Mondays from 8 July 10:00 - 12:00
Leader and bookings: Kevin Murray 9997 6078; 0413 306 146 kevandglenny@gmail.com (preferred)

PURE CLASS – A CREATIVE WRITING CLASS
Participants bring copies of work completed in the fortnight and engage in short challenges. You may choose to write poetry, novels, plays, short stories, memoirs or articles.
Waratah Room
Alt Mondays from 8 July 1:30 - 3:30 (no public holidays)
Leader and bookings: Diane Harding 9944 0886 dianeharding@optusnet.com.au

CONTEMPORARY ISSUES (25)
A friendly forum at which matters of public interest are discussed and debated, all participants being free to express their views openly and nominate items for the agenda. Banksia Room
Alt Thursdays from 11 July 2:00 - 4:00
Leader: Lynn Grierson 9913 3964
Bookings: Marianne van de Voorde 9913 7968 marmmonvan@hotmail.com

FRENCH CONVERSATION (16)
Advanced conversation in French based on a text and tape.
Waratah Room
Alt Fridays from 12 July 10:00 - 12:00 (no public holidays)
Leader: Wendy Clark
Bookings: Maureen Black 9982 7149 maureengb192@gmail.com

WARRIEWOOD: NELSON
HEATHER SENIOR CITIZENS CENTRE
Cnr Jacksons and Boondah Rds. Parking available
Wheelchair access
Venue Coordinator Marcia Andrews 9979 8707 marciaandrews711@hotmail.com

Sydney U3A Course Book July - December 2019
AN OVERVIEW OF SCIENCE
For members who enjoy science, please join us for a series of talks on a wide range of topics presented by speakers, expert in their field (10 sessions). Banksia Room
Bookings not required
Alt Fridays from 19 July 1:30 - 3:30
Leader: Ian Thompson collaroyplateau@hotmail.com
Enquiries: Merryn Parnell 9999 3414 merryn21@hotmail.com

1. Iconic Australian inventions of our time - part 1
A look at the people and science some classic Australian discoveries and inventions from the 19th century colonial era through to our present time.
Friday July 19 Speaker: Ian Thompson

2. Signs and symbols: their history and significance
Symbols are a universal language and their use to portray a message, warning or information is an ancient method of expression, predating alphabets.
Friday Aug 2 Speaker: John Flint

3. Evolution of the universe
We outline our current understanding of the evolution of the universe from the big bang to the present, including the appearance of life on earth.
Friday Aug 16 Speaker: Kevin Murray

4. Impact of climate change on health and disease
Increasing temperatures, rising seas and natural disasters are a feature of climate change. We examine how these impact on the overall health of our community
Friday Aug 30 Speaker: Dr Penny Bishop

5. Iconic Australian inventions of our time - part 2
A further look at the people and science some classic Australian discoveries and inventions, following on from the July 19 presentation.
Friday Sept 13 Speaker: Ian Thompson

6. Blood, blood products, transfusion and equipment
Blood is a complex fluid running inside our arteries and veins, supplying nourishment and oxygen to all the body cells, essentially giving us life.
Friday Sept 27 Speaker: Dr Punchi (Das) Dassanayake

7. Building the HMB Endeavour replica
Learn about this Bicentennial project, the genesis, funding difficulties, sourcing materials and see rare photos of building the replica of James Cook’s ship at Fremantle.
Friday Oct 11 Speaker: Leigh Haines

8. A study in cryptozoology
Mysterious critters such as the Bunyip, Yeti and Bigfoot that, either temporarily or continually defy logic as to what they are ... whether they are ... why they are.
Friday Oct 25 Speaker: Grahame Sims

9. Science and technology disruption
Our modern world is experiencing massive changes with new technology causing disruptions to our lives. We examine some new initiatives in a number of fields.
Friday Nov 8 Speaker: Malcolm Raymond

10. End of certainty: the decade that re-invented physics
Bookended by the two relativity theories, the decade from 1905 to 1915 revolutionised our thinking about time, space and the fundamental structure of matter.
Friday Nov 22 Speaker: Dr Laurie Wilson

BOOK DISCUSSION GROUP
Share your love and interest in books by enjoying lively discussions with other avid readers. All books will be chosen by the group from a wide range of literature including fiction, non-fiction and biography. Banksia Room
Alt Fridays from 26 July 1:30 - 3:30
(no school or public holidays)
Leader and bookings: Marcia Andrews 9979 8707 marciaandrews711@hotmail.com (preferred)

CONVERSATIONAL GERMAN
Do you want to improve your German? Participants should have medium knowledge of German. Emphasis of the classes will be on conversation and grammar. No beginners
Alt Thursdays from 8 Aug 9:30 - 11:30
Leader and bookings: Inge Kohl 0450 704 662 ingekohl@gmail.com

PRIVATE HOMES
Note: Bookings essential for all private homes

BACH TO THE FUTURE (Avalon) (20)
During each session we analyse a topic related to classical music, with examples of great recordings of the music being studied. Class members are encouraged to discuss the music and may suggest topics for future study.
Alt Fridays from 28 June 2:00 - 4:00
Leader and bookings: Roger Pratt 9918 9277 a.and.r.pratt2@bigpond.com

MAH JONG - THE WESTERN GAME (Belrose) (8)
Learn and play Mah Jong in a friendly atmosphere.
Each Monday from 1 July 12:30 - 4:30
Each Wednesday from 3 July 9:30 - 11:30
Leader and bookings: Delvene Lawrence 9975 3788 box142@bigpond.com

ART - OILS, PASTELS, ACRYLICS (Belrose) (10)
Enjoy art with a happy group of people for a friendly exchange of ideas and guidance.
Each Friday from 5 July 9:30 - 11:30
Leader and bookings: Delvene Lawrence 9975 3788 box142@bigpond.com

WENDY’S BOOK CLUB (Forestville) (10)
We read and discuss books borrowed as kits from the library. Every second meeting we share reading aloud another book chosen by the group to read on a continuing basis.
Alt Thursday from 8 Aug 9:30 - 11:30
Leader and bookings: Inge Kohl 0450 704 662 ingekohl@gmail.com

ANDROID TABLET COMPUTER WORKSHOPS (Frenchs Forest) (6)
Enjoy learning to use your Android tablet computer. Have fun and work collaboratively with peers and with the guidance of a tutor to uncover the power of your device.
Each Thursday from 18 July 1:00 - 3:00
Leader and bookings: Antoine van de Walle 8090 2884 antoinevdwalle@gmail.com
CURRENT WORLD

A series of talks looking at what is happening in the current world viewed through the eyes of scientists and technologists. These talks are suitable for scientists and non-scientists alike and will look at our environment and life in today's world.

1. Time
The measurement of time throughout history
Monday 19 Aug 10:00 – 12:00 Speaker: David Malone

2. Raging Skies
Severe thunderstorms around Sydney
Monday 16 Sept 10:00 – 12:00 Speaker: Richard Whitaker

3. Inventions
Monday 30 Sept 10:00 – 12:00 Speaker: Ian Thompson

4. Secrets of the Snowys
A unique, iconic ecosystem that could be under threat
Monday 21 Oct 10:00 – 12:00 Speaker: Jackie Wilson

5. Epigenetics
Monday 18 Nov 10:00 – 12:00
Speaker: Punchi Dassanayake

Leader and bookings:
Joan Scott djscott@tpg.com.au
CASTLE HILL: WARRINA VILLAGE ARV
Alix Scott Community Centre, Langshaw Circuit. Parking available.
Venue Convener: Jenny Trimboli 96861954

ISSUES AND IDEAS
In this lively, long-lived group, newcomers are very welcome. We research papers (on a voluntary basis) on a wide variety of contemporary issues. We then discuss one per session.
Alt Tuesdays from 2 July 10:00 – 12:00
Leader and bookings: Jenny Trimboli 96861954

GREAT BOOKS OF THE WESTERN WORLD
This course commences with How Green Was my Valley by Richard Llewellyn followed by the play The Dolls House by Heinrich Ibsen.
Alt Tuesdays from 9 July 10:00 – 12:00
Leader and Bookings: Jenny Trimboli 9686 1954

EPPING: COMMUNITY CENTRE
Venue Convener: Ian De Mellow 9487 1908
ian.mellow@bigpond.com

MORE BIG MOMENTS IN SCIENCE
A scientific series of general interest including the science of the human body, epigenetics, and drugs. This also includes: the science of the oceans, the search for life on other planets, spiders and Australian inventions.
Alt Wednesdays from 24 July 10:00 – 12:00
Leader and Bookings: David Malone 0418 440 828
dymalone@bigpond.net.au

SYDNEY’S MEDICAL MUSEUMS
Sydney has a number of medical museums attached to hospitals or in special areas that are open to the public and show the diversity of medicine in Australia.
Wednesday 14 Aug 10:00 – 12:00
Leader: Stewart Reed
Bookings: Ian De Mellow 9487 1908

MACQUARIE UNIVERSITY MUSEUMS
Macquarie University has created a number of outstanding museums and collections on its campus, open to the public. This course describes each museum’s highlights.
Wednesday 28 Aug 10:00 – 12:00
Leader: Stewart Reed
Bookings: Ian De Mellow 9487 1908

EPPING: LEISURE AND LEARNING CENTRE
1 Chambers Court, off Pembroke St, beneath Library. Parking available. Wheelchair access.
Venue Convener: Ian De Mellow 9487 1908
ian.mellow@bigpond.com

THE INDO-PACIFIC ASCENDANCY
We look at concepts of world order since the Pax Romana and introduce the Indo-Pacific Regional Order beginning with Japan’s ‘strategic imbecility’ in 1941, the collapse of colonial empires, the Maoist/Soviet challenges, America’s miscalculations and China’s challenges.
Alt Wednesdays from 17 July 1:00 – 3:00
Leader and Bookings: Ian De Mellow 9487 1908
ian.mellow@bigpond.com

TAI CHI (20)
Gain health benefits through its gentle exercises and relaxation, ideal for Third Agers. Tai Chi’s graceful, fluid movements combine three forms of exercise: strength, stretching and breathing. Participants should provide fitness assurance.
Alt Wednesdays from 10 July 1:00 – 3:00
Leader and Bookings: Siang Tan 9888 7874

EPPING: UNITING CHURCH
Cnr Chester and Oxford Sts. Small hall.
Venue Convener: Sandra Luntz 9874 3382
sandra.luntz@gmail.com

BOOK DISCUSSION GROUP
A reading and discussion group with an occasional classic text but with the emphasis on contemporary literature. Mothering Sunday, by Graham Swift for discussion on 11 July.
Alt Thursdays from 11 July 10:00 - 12:00
Leaders: Sandra Luntz and Jane Harris
Bookings: Jane Harris 9516 3828 / 0449 887 601
janeandjames@bigpond.com

GORDON: LIBRARY
Venue Convener: Margaret Harragon
gordontaichi@hotmail.com

TAI CHI (15)
Learn the ancient art of tai chi and qi gong and gain health benefits through gentle strength, stretching and breathing exercises. Participants should provide assurance from their GP that they are medically fit to undertake an exercise course.
Each Thursday from 11 July to 5 Dec 10:00 – 12:00
Leaders: Michael Wong and Rose Pettett
Bookings: Margaret Harragon gordontaichi@hotmail.com

HORNSBY: CENTRAL LIBRARY
28-44 George St (entry in Hunter Lane opposite Hornsby Station). Parking available.
Venue Convener: Marjorie Perry 9440 7131
marjorieperry@iinet.net.au

AUSTRALIAN HISTORY SEMINARS
Historians, academics and family historians present topics dealing with a diverse range of subjects ranging from Australian artists, convicts, bushrangers and our military history. Speakers encourage debate and questions on each topic. Meeting Room
Alt Tuesdays from 9 July 10:00 – 12:00 (10 sessions)
Leader: Garry Smith Bookings: William Davies
0404 072 562 dtiger@optusnet.com.au
AUSTRALIAN WORLD HERITAGE SITES
Australia’s involvement in the World Heritage process. A brief look at each of Australia’s nineteen World Heritage sites (e.g. Kakadu, Lord Howe Island, Convict Sites) and why they have been accepted for listing. Possible future nominations under consideration.
Meeting Room
Alt Wednesdays from 10 July to 13 Nov 10:15 – 12:00
Leader and Bookings: Graeme Aplin graemeaplin@optusnet.com.au

HISTORY OF ROMAN WALL PAINTING
1. Introduction. Greek and Etruscan ancestors.
2. Triumphal painting in Rome and the so-called First Pompeian Style.
4. Augustus’ residence on the Palatine and Third Style.
5. Domus Aurea and the Fourth Pompeian Style.
6. Post-Pompeian wall-painting (special emphasis on Ostia)
Meeting Room
Alt Tuesdays from 10 Sept to 19 Nov 10:00 – 12:00
Leader: Emeritus Prof /Assoc. Prof Jean-Paul Descoeudres Bookings: Graeme Marshall 9489 8648 g.marshall1@bigpond.com

ITALIAN FOR TRAVELLERS
Are you planning to visit Italy or having been there, are you longing to return? I assume no prior knowledge of Italian and deal with everyday travel situations. With the language basics, I cover cultural topics to enhance your travel experience.
Meeting Room (20 sessions)
Each Tuesday from 9 July 12:45 – 3:15
Leader and bookings: Paddy Gunning 9456 1291 gunnosp@gmail.com

POETRY APPRECIATION
Listen to and discuss a wide range of poets and their work including some of your old favourites. There will be occasional references to literary terms used in poetry. Please bring your poems of pleasure!
Esther Waite Room
Wednesday 10 July will be 2:00 – 4:00
Alt Wednesdays from 24 July 1:00 – 3:00
Leader and bookings: Robert Plumbe robplumbe@outlook.com

THE WAY OF ST. JAMES - CAMINO DE SANTIAGO IN SPAIN
30 July History continues. Art - Architecture - Myth and Legends along the way.
13 Aug My personal experience of the CAMINO FRANCÉS. Preparation, equipment, with photo presentation.
27 Aug My personal experience of the CAMINO del NORTE and The CAMINO de la PLATA with photo presentation.
Meeting Room
Alt Tuesdays 10:00 – 12:00
Leader: Bernhard (Ben) Adolphs Bookings: Graeme Marshall g.marshall1@bigpond.com

THE WORLD OF CLASSICAL MUSIC
Continuing excursions into the world of classical music in all its forms, where you will meet familiar and not-so-familiar composers.
Meeting Room
Alt Wednesdays from 17 July 10:00 – 12:15 (10 sessions)
Leader: John Yates
Bookings: Nancy Sinden nsinden@ihug.com.au

HORNSBY: LEISURE AND LEARNING CENTRE AND WALLAROBBA ARTS AND CULTURAL CENTRE
25 Edgeworth David Ave. Parking available.
Venue convener: Pam Morpeth 0415 393 987 pam.morpeth@optusnet.com.au

YOGA
Yoga for everybody: beginners to the experienced will enjoy the benefits of correct breathing, bending, stretching, twisting, balance, mind control and relaxation. Yoga is about health and wellbeing so start now with an experienced, certified and practicing yoga teacher.
Each Wednesday evening from 24 July (except school holidays) 6:15 – 7:15
Leader and Bookings: Graham Marshall 0400 098 756 graham.marshall3@outlook.com

PAINTING IN ACRYLICS
Come and join our friendly class. Encouraging basic lessons are given to beginners and guidance and assistance provided when needed, whatever your skill level.
Alt Thursdays from 1 Aug 9:30 – 12:00
Leader and Bookings: Ildy Turner 9488 9114 iptuner@bigpond.net.au

WATERCOLOUR PAINTING
Discover the magic of watercolour painting in this friendly group whatever your skill level. Different techniques will be discussed and encouraged. Assistance and suggestions will be given from beginners to more experienced levels. Everyone attending should bring their own materials.
Alt Thursdays from 25 July 9:30 – 12:00
Leader and Bookings: Annette Salt 0407 873 455 saltnacl@bigpond.net.au

MEDIUM TO ADVANCED RECORDER GROUP
This is a group meeting regularly to enjoy playing music. We meet in the front room at Wallarobba.
Alt Wednesdays from 24 July 10:00 – 12:30
Leader and bookings: Lesley Ransley 9880 9949 ellar1@bigpond.com

KILLARA: LOURDES RETIREMENT VILLAGE
95 Stanhope Rd. Village Auditorium. Parking available.
Venue Convener and Leader: Lesley Ransley 9880 9949 ellar1@bigpond.com
HISTORICAL AND OTHER INTERESTING TOPICS

A lecture series on a wide variety of topics given by people with expertise in, and enthusiasm for, their subject. The auditorium is equipped for audio-visual presentations. Comments and questions are encouraged.

Bookings not required. First Thursday of each month 10:00 – 12:00

1. Stem Cell Research
This research is a topical and fast-moving field and the speaker will explain what stem cells are and how they are being used.
Thursday 4 July Speaker: Tamara Treleaven

2. Some Current Issues in Criminal Justice in NSW
The speaker will share some controversial cases, issues arising and areas of law reform pursued.
Thursday 1 Aug Speaker: Nicholas Cowdery

3. Sir Henry Parkes - my great, great, grandfather
How the events of Henry Parkes' early life influenced his drive for social reform and his early promotion of a Federation.
Thursday 5 Sept Speaker: Ian Thom

4. The History of Time-keeping Devices
Explores the long history of attempts to measure the passing of time, from ancient sundials to atomic clocks and how they all work.
Thursday 3 Oct Speakers: Kevin and Glenys Murray

5. Captain / Governor / Sir William Bligh
Thursday 7 Nov Speaker to be advised

6. Walking the Camino de Santiago in Spain
What and where is it? How long is it and how do you walk it? An amazing experience shared with wonderful people from many countries.
Thursday 5 December Speakers: Rosemarie Einstein and Jane Barnes

LINDFIELD GARDENS

2 Ulmarra Place, Lindfield. Meetings held at the village centre. Parking available.
Book through the office 9416 8466. Thursdays 10:00 – 12:00

1. Anecdotes from a Sydney Airport Ambassador
25 July Speaker: Rhonda Miller

2. The Black Death
22 Aug Speaker: Tony McCurdy

3. Men, Machines and Medicine in World War II
26 Sept Speaker: Das Dissanayake

4. Beersheba and the ALHW Walers
24 Oct Speaker: Peter Allen

5. Fifty Secrets of Surry Hills & Redfern
28 Nov Speaker: Graham Cousens

LINDFIELD: SENIOR CITIZENS RESOURCE CENTRE

271 Pacific Hwy, behind Library. Parking available.
Wheelchair access.
Venue Convener: Marika McLachlan
marikamclachlan@bigpond.com 9988 3199

ROMAN HISTORY: LIFE IN THE PROVINCES

The Roman Empire was acquired by conquering tribes and cities with different cultures and backgrounds. By the second century AD a concept of Romanness had developed, but with local differences

Alt Mondays from 5 Aug 10:00 – 12:00
Leader and bookings: Leonie Hayne 9417 2894
Secretary: Jenny Johnston 94163639
jennyj37@bigpond.com

RUSSIAN ADVANCED CONVERSATION

This is a continuing course where new members with an adequate level of Russian are very welcome.
Each Monday from 8 July 12:00 – 2:00
Leader: Olga Petlevanny 99396871
Bookings: Natalia Chapanis Sidhu 9887 1735
chapanisidhu@optusnet.com

PRE-INTERMEDIATE SPANISH

For those who have already completed some study of the language, this is a course offering instruction in basic grammar with the introduction of useful phrases and opportunities for conversation. A variety of teaching methods will be used.

Alt Mondays from 8 July 2:00 – 4:00
Leader and bookings: Jenny Brady 9966 8510
jennybry03@hotmail.com

SPANISH CONVERSATION

Most of the time we discuss current affairs, cultural events or a subject previously decided upon. Spanish is spoken 90 percent of the time. Good knowledge of the language is required.

Alt Tuesdays from 9 July 2:00 – 4:00
Leader: Maria Criado 0424 939 767
Bookings: Jenny Brady 9966 8510

LATIN INTERMEDIATE A

This continuing course will proceed to Stage 54 of the Oxford Latin Course Part III and more complex grammar enhanced by passages of prose and poetry from classical authors.

Each Wednesday from 24 July 1:45 – 3:45
Leader and bookings: Helen Ledwidge 9489 7161
hledwidge@iprimus.com.au

HOW TO READ AND WRITE MUSIC (BEGINNERS)

How to understand and create those black dots. Class will write and perform own rhythm and melody work for a variety of instruments and voice in various styles.

Alt. Wednesday 24 July 2:00 – 4:00 in the Senior Citizen Resource Centre Hall
Leader and Bookings Dawn Nettheim 9869 045
dawn@bigpond.net.au

MODERN AND CLASSIC NOVELS

A literary discussion group studying 10 or 11 books each semester in a friendly and informal setting. All enthusiastic readers welcome. The first two books for second semester are Unsheltered by Barbara Kingsolver and Bright Air Black by David Vann.

Alt Thursdays from 11 July 10:15 – 12:15
Leader and bookings: Maurice O’Donovan 94118717
odonovan.1@bigpond.com
GERMAN INTERMEDIATE
Each Friday from 26 July 11:00 – 12:30
Leader and bookings: Marika McLachlan 9988 3199 or 0411 151 722

GERMAN ADVANCED
Students need to have a sound knowledge of German. New members welcome.
Each Friday from 26 July 9:30 – 11:00
Leader and bookings: Marika McLachlan 9988 3199 or 0411 151 722

FRENCH READING AND WRITING INTERMEDIATE (10)
For those having completed at least three years of a preliminary course. The aim of this course is to develop skills in reading, writing and speaking French.
Alt Wednesdays from 17 July 1:30 – 3:30
Leader and bookings: Peter Rennie 9451 8538

FRENCH READING AND WRITING ADVANCED (10)
For those with a good basic knowledge of French grammar and pronunciation. The aim of the course is to develop students’ skills in reading, writing and speaking French.
Alt Wednesdays from 24 July 1:30 – 3:30
Leader and bookings: Peter Rennie 9451 8538

ST IVES: UNITING CHURCH
Cnr Douglas St and Mona Vale Rd, St. Ives. Courses are in the Calvin Room unless otherwise indicated. Parking available. Wheelchair access.
Venue Convener: Vicky Davies 0422 522 550
vdavies710@gmail.com

PHILOSOPHY
We research and study philosophers and the issues they raised. Are they still valid today? How and why? Members of the group choose topics. There are no formal lectures but lots of discussion.
Alt Tuesdays from 9 July 10:30 – 12:30
Leader and bookings Margot Taverne 9449 2923
margottaverne@gmail.com

TUESDAY WORDSMITHS
Everyone has a story to tell. Our friendly interactive group will help you find the key to unlock the door to your imagination. Leaders will rotate. (Wesley Room)
Alt Tuesdays from 23 July 10:00 – 12:00
Bookings: Barry Lloyd 9449 2202

UKULELE FOR FUN
Have a lot of fun with a friendly group.
Each Wednesday from 24 July 9:00 – 12:00
Leader and bookings: Roscoe Behrmann 0425 163 031
roscoe.behrmann@bigpond.com

PYMBLE: UNITING CHURCH
Cnr Pacific Hwy and Livingstone Ave, opposite station. Downstairs classroom. Parking available.
Venue Convener: Graeme Marshall 9489 8648
g.marshall1@bigpond.com

SCIENCE AND TECHNOLOGY: GLIMPSES OF OUR PAST, PRESENT AND FUTURE
Science and Technology St Ives brings qualified lecturers who present things scientific and/or technology based. Done in an easy to understand format, we are in our 14th consecutive year presenting these courses. Each lecture is self-contained and informative. (Wesley Room)
Alt. Wednesdays from 17 July 10:00 – 12:00
Leader: Howard Ferrer howardf@optusnet.com.au
Bookings: Andrew Bean 9983 1225
1. The Science and Politics of Climate Change
   Wednesday 17 July  Speaker: Brian Spies

2. Digital Disruption in Medicine
   Wednesday 31 July  Speaker: Punchi Dassanayake

3. From Gods to Gigabytes
   Wednesday 14 Aug  Speaker: Dick Whitaker

4. Water Management Sydney
   Wednesday 28 Aug  Speaker: Michael Clarke

5. The Cracking of the Enigma Code in WWII
   Wednesday 11 Sept  Speaker: Ros Clements

6. The Science of Brewing Beer
   Wednesday 25 Sept  Speaker: Greg Organ

   Wednesday 9 Oct  Speaker: Barry Murphy

8. Advances in Stem Cell Technology
   Wednesday 23 Oct  Speaker: Tamara Treleaven

9. What has the first moon landing got to do with the ‘Wireless Revolution’?
   Wednesday 6 Nov  Speaker: Trevor Bird

10. Bringing Biology’s ‘code of life’ to Life with Proteomics
    Wednesday 20 Nov  Speaker: Mark Molloy

**MENDELSSOHN – THE COMPOSER**
Felix Mendelssohn was a brilliant all-round musician, composer, conductor and pianist, who became tremendously influential during the first half of the nineteenth century. Over 9 sessions we will cover his life story with examples of his finest works. (Wesley Room)

**CURRENT AFFAIRS FORUM 1**
We discuss and debate actively current events of importance in this friendly and lively group. New members welcome.

**CURRENT AFFAIRS FORUM 2**
We discuss and debate actively, current news topics on which our members have strong and often different views. New members welcome.

**THE GOLDEN AGE OF CINEMA**
Films were made to be seen by an audience, so why not get this great feeling again by joining our group? Interesting films from a great range of sources will be screened, notes and information are provided. (7 sessions)

**HEALTHY EATING FOR ONE**
This course covers the signs of good health in mature years; nutritional needs of mature adults to prevent age-related disease, healthy food choices and meals, together with demystifying food labels. (4 sessions)

**THORNLEIGH: HILLCREST UNITING CHURCH**
1 Paling St, Thornleigh
Venue Convener: James Stowe 9484 6064

**BRIDGE FOR BEGINNERS**
If you have ever wondered what the game of bridge is all about, here is your opportunity to find out. Learn to play both social (Rubber) and club (Duplicate) bridge in a relaxed and social setting.

**TURRAMURRA: ROHINI VILLAGE**
53 Rohini St, Cowper Place. Parking available.
Venue Convener: Marilyn Pryor 0414 493 415
marilynpryor7@gmail.com

**GREAT IDEAS OF PHILOSOPHY**
Continuation of Great Courses on DVD, comprising 36 half hour lectures exploring Western Philosophy from 17-20th century. The Modern Intellectual Tradition: from Descartes to Derrida by Prof. L. Cahoone, College of the Holy Cross, USA.

**SPEAKERS FOR A VARIETY OF TOPICS**
Second Wednesday of each month from 10 July 10:30 – 12:00
1. NSW Fair Trading
   Know your shopping rights and be scam aware
   Wednesday 10 July

2. The Golden Years of Wireless
   Memories, interests and recorded histories
   Wednesday 14 Aug  Speaker: Graham Sims

3. Volcanoes
   Their impact on human history and climate
   Wednesday 11 Sept  Speaker: Dr Garry Lowder (Geologist)

4. Handbells
   History and demonstrations
   Wednesday 9 Oct  Speaker: Phil Allen

5. State Library of NSW
   Its vast collection, many rare & iconic objects
   Wednesday 13 Nov  Speaker: Stewart Reed
   Leader and Bookings: Margaret Waldock 0419 740 181
   margaretwaldock@outlook.com
TURRAMURRA: UNITING CHURCH

Turramurra Ave. Parking available. Wheelchair access.
Venue Convener: Margaret Marshall 0418 253 949
shalldo15@gmail.com

CURRENT AFFAIRS DISCUSSION GROUP
We discuss current affairs and associated ideas based on media reports in an informal and objective manner. Subjects for discussion by a leader who is rostered on a voluntary basis in each session.
Alt Tuesdays from 30 July 10:00 – 12:00
Leader and bookings: Jan Martin 9456 7774

TRUTH IN HISTORY
There is some mystery, myth, revelation, magic, murkiness in history as it unfolds. Modern science and research can help us in revision and reassessment. Done by readings, discussions and inputs, using a few main texts and other research materials.
Alt Thursdays from 1 Aug 10:00 – 12:00
Leader: Phil Pryor
Bookings: Margaret Marshall 0418 253 949

GERMAN BEGINNERS (CONTINUING)
This course is for those who have an elementary understanding of German grammar and who have a vocabulary including commonly-used words and expressions.
Each Monday from 22 July 10:00 – 12:00. Finishing Monday 16 Sept
Leader and bookings: Michael Hummel 9869 1023
michael.hummel48@gmail.com

FRENCH CONVERSATION (12)
We discuss current affairs, articles of interest from magazines and journals, also topics previously agreed on. New members with a good knowledge of French are welcome.
Alt Fridays from 26 July 2:00 – 4:00
Leader and bookings: Mary Lambert 9440 2531

FUN PROBLEM SOLVING TO KEEP OUR MINDS ACTIVE
Let’s challenge our brains and keep mentally young and agile by learning how to solve geometric puzzles such as tangrams and pentominoes, as well as space problems, number puzzles, word problems and logic problems. Please bring along pencils, scissors and an eraser.
Alt Tuesdays from 6 Aug 10:00 – 12:00
Leader and bookings: Sandra Sadler 9484 5513
spsadler@dodo.com.au

TURRAMURRA NORTH: THE LANDINGS

440 Bobbin Head Rd, North Turramurra Clubhouse. Parking available.
Venue Convener: Wendy Bull 9488 5268
thelandingsvilla@gmail.com

TOPICS OF INTEREST
A variety of speakers lecture on their favourite subjects in the comfortable and well-equipped Clubhouse auditorium. Second and fourth Tuesdays of each month July to Nov incl. 10:00 – 11:30 No Bookings required

1. Surviving and Thriving as a First time Tourist in Japan
   Tuesday 9 July   Speaker: Jeff Burgess

2. Bush Rangers: Surviving the Bushranger Menace in NSW Country Towns
   Tuesday 23 July   Speaker: Garry Smith

3. Medieval Heroines in History and Legend
   Tuesday 13 Aug   Speaker: Tony McCurdy

4. 1st Maori War 1845-1848
   Tuesday 27 Aug   Speaker: Peter Headley

5. Spooks, Spectres & Spirits in Aussie Folklore
   Tuesday 10 Sept   Speaker: Graham Sims

6. Flight into Hell
   Tuesday 24 Sept   Speaker: Graham Sims

7. Art Gallery of NSW 1874 - 2012 (Session 1)
   Tuesday 8 Oct   Speaker: Stewart Reed

8. Art Gallery of NSW 1874 - 2012 (Session 2)
   Tuesday 22 Oct   Speaker: Stewart Reed

9. The Real Squizzy and Ida Story
   Tuesday 12 Nov   Speaker: Garry Smith

10. Forgotten Australians
    Tuesday 26 Nov   Speaker: Tony McCurdy

TURRAMURRA SOUTH: UNITING CHURCH

Venue Convener: Grahame Marr 9487 3806
gwmarr1@bigpond.com

FRENCH INTERMEDIATE/ADVANCED (12)
This course is for those having completed at least four years of preliminary courses. It aims to develop skills in understanding, reading, writing, and speaking French.
Each Wednesday from 24 July 10:00 – 12:00
Leader and bookings: Ethleen Low 9476 4259
ethlow@bigpond.net.au

FRENCH PRE-INTERMEDIATE (18)
This course is for those who have completed at least 2 years of a preliminary French course. Develop your skills in speaking, listening to, reading and writing French in a relaxed and friendly atmosphere. Two text books are required. (Phone leader for details)
Each Thursday from 25 July 1:00 – 3:00
Leader and bookings: Shirley Beck 9634 4214

FRENCH POST BEGINNERS (18)
This course is for those who have completed at least one year of a preliminary French course. It will involve vocabulary, role plays and grammar to develop skills in speaking, listening to, reading and writing French. Two text books are required. (Phone leader for details)
Each Tuesday from 23 July 1:00 – 3:00
Leader and bookings: Shirley Beck 9634 4214
WAHROONGA: THE WONIORA
9 Woniora Ave. Wheelchair access.
Venue Convener: Tina Vander Heyden 0414 473 712
albertinav@icloud.com

GERMAN INTERMEDIATE (12)
This course assumes that students have studied German in the past and want to brush up on their speaking, reading skills and basic grammar. The emphasis is on oral German and some necessary grammar.
Each Monday from 8 July 10:00 – 12:00
Leader and bookings: Dorothee Schifter 9487 2578
dorothee.schifter@bigpond.com

PRIVATE HOMES
Venue Convener: Marjorie Perry 9440 7131
marjorieperry111@gmail.com.au

INDONESIAN BEGINNERS (Wahroonga)
Learn the language of our closest neighbours. Textbook: Colloquial Indonesian by Sutanto Atmosumarto
Alt Tuesdays from 20 Aug to 12 Nov 1:30 – 3:30
Leader and bookings: Tina Vander Heyden 0414 473 712
albertinav@icloud.com

INDONESIAN INTERMEDIATE (Wahroonga)
Expand your knowledge of Indonesian with a small group of like-minded people in a relaxed atmosphere. Textbook: Bahasa Tetanggaku and Keren by Ian J. White.
Wednesday 21 Aug, 4 Sept, 30 Oct 1:30 – 3:30
Leader and bookings: Tina Vander Heyden 0414 473 712
albertinav@icloud.com

WRITING MEMOIRS (St Ives)
A course for people who want a more structured approach to writing their memoirs (don’t know where to begin?). The aim is to hold your own book in your hands.
Alt Fridays from 5 July 10:00 – 12:00
Leader and bookings Colleen McMillan 0447 365 900
colleenmcmillan11@gmail.com

PLAY READING (Wahroonga)
No need for acting skills, just an interest in reading plays with a friendly group.
Third Friday of each month from 19 July 1:30 – 3:30
Leader and bookings: Jill Baxter 9487 5972

WITH RHYME AND REASON (Eastwood) (10)
We are a group of published poets and poetry lovers who meet together to study and discuss 20th century poets and poetry from all over the world. Material is distributed before each meeting. The atmosphere is relaxed and convivial.
Alt Thursdays from 25 July 10:30 – 12:30
Leader and bookings: Gisela Nittel 9873 1857
gisela.nittel@gmail.com

A WAY WITH WORDS (Pymble)
Join our writing group in a motivating and supporting environment. Knowledgeable feedback is given to help you develop your writing skills. Parking available.
Alt Thursdays from 25 July 10:00 – 12:00
Leader: Margaret Thomason 9488 8960
Bookings: Margot Taverne 9449 2923
margottaverne@gmail.com
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OUR COLOUR BRAND VALUES EXPLAINED:

**KINGFISHER BLUE = SHARING**
We share our knowledge

**GREEN = GROWING**
Together we grow our minds

**YELLOW = SOCIALISING**
We interact and connect with others

**RED = PASSION**
Our passion is for education

Sydney U3A is a not-for-profit volunteer based organisation providing continuing education opportunities for people who are no longer in full time employment. The courses and talks are conducted in a relaxed environment; are stimulating and interesting across a wide variety of topics. Participating members are provided with the opportunity to form enduring friendships through socialisation and community interaction whilst learning something new.