

CITY AND INNER WEST

Regional Course Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com **Enquiries only**

ASHFIELD: CARDINAL FREEMAN RETIREMENT VILLAGE

137 Victoria St. Limited off-street parking.

Wheelchair access

Venue Coordinator: Lesley Painter

0401 038 050 painterl@bigpond.net.au

BRIDGE FOR THE LESS COMPETITIVE

Brush up your bridge skills in our informal group in a friendly non-competitive atmosphere. All levels of skill welcome.

Each Tuesday from 2 July 1:00 - 4:00

Leader and bookings: Liz Sobolewski 9630 7592

SATURDAY BRIDGE

Brush up your bridge skills in an informal group in a friendly non-competitive atmosphere. All levels of skill welcome.

Each Saturday from 6 July 1:00 - 4:00

Leader and bookings: Linda Dewberry
lindamd23@gmail.com

ASHFIELD CIVIC CENTRE

260 Liverpool Rd

Venue Coordinator: Anne Hall 0419 017 364

annenhall@gmail.com

RECORDER GROUP

An established group, we perform a wide variety of music at intermediate level (not for beginners). Opportunity to lunch afterwards.

Each Tuesday from 23 July 10:30 - 12:30
(excluding school holidays)

Leader and bookings: David Young 0414 249 618;
9569 8167 dy4health@optusnet.com.au

CLUB ASHFIELD

5-7 Charlotte St. 2nd level (lift available). Parking available.

Venue Coordinator: Jennifer Waldron 8753 0521

jenniferwaldron2@gmail.com

QI GONG, FAN, AND COLLABORATIVE TAI CHI (15)

Class begins with ba duan jin and mini wild goose qi gong where beginners are welcome, followed by 24 and 28 form tai chi chuan suitable for those with some experience. A modified kung fu fan completes the session.

Each Tuesday from 23 July 10:30 - 12:00
(excluding school holidays)

Leaders and bookings: Lois Knight 9798 6525
lknight60@bigpond.com
Deborah Gracic 9636 6512 gracic.deb@gmail.com

FOR THE LOVE OF DANCE (40)

Dance to the rhythm of the waltz, rumba, cha cha, charleston, tango and more, in this relaxed and easy to follow class. Good for the soul, all the way from your head to your toes. This is not partner dancing.

Each Tuesday from 23 July 1:00 - 2:00
(excluding school holidays)

Leader and bookings: Bobbie Kersten 0410 873 605
bobbiekersten@gmail.com

COOPERATIVE RELAXATION AND STRETCHING ACTIVITIES (20)

This course is for exercise in a collaborative atmosphere.

Each Wednesday from 24 July 10:00 - 12:00
(excluding school holidays)

Leader and bookings: Lois Knight 9798 6525
lknight60@bigpond.com

ENGLISH AS A SECOND LANGUAGE (14)

We look at how English works, focusing on a topic of interest to the group. Read aloud, discuss pronunciation, word meanings, spelling, grammar and current idiom. A relaxed way to practise and improve your English with a friendly group.

Each Thursday from 25 July 10:30 - 12:30
(excluding school holidays)

Leader and bookings: Janet Egan 0415 133 994
janet.egan@gmail.com

COLLABORATIVE QI GONG (15)

This is qi gong in a collaborative environment, experienced practitioners only. Qi gong, according to Chinese culture, is beneficial to maintaining good health.

Each Friday from 26 July 10:00 - 11:30
(excluding school holidays)

Leader: Alan Avanzado
Bookings: Denise Yuen 0410 570 188 sdyuen@gmail.com

BURWOOD RSL CLUB

92 Shaftesbury Rd. On-site parking.

Wheelchair access

Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

CINEMA DISCUSSION GROUP (20)

A stimulating discussion of two films per fortnight chosen by the group at each session. The result is an invigorating, insightful and very enjoyable discussion.

Alt Wednesdays from 3 July 1:30 - 3:30

Leader: Frank Wilson 8021 7059
Bookings: Betty Candy 9799 9030
bjcandy@bigpond.com

INVESTMENT DISCUSSION GROUP

Understand the forces and current events that affect investment markets. We examine specific topics and undertake some practical activity. **This is a discussion group only, and our members are not permitted, by law, to provide financial advice.**

Alt Thursdays from 4 July 9:30 - 11:45

Leader and bookings: Greg Buriak 0422 599 417
buriak@optusnet.com.au

THE BEST OF BRITISH

Come on a voyage through great British literature from the early 19th century to the present day and explore the social and historical issues which it raises. First novel *Rebecca* by Daphne du Maurier.

Alt Fridays from 12 July 10:30 - 12:30

Leader: Iris Ryall 9744 1647
Bookings: Edna May 9797 8202

DISCUSSION GROUP: SOCIAL ISSUES AND CURRENT AFFAIRS (15)

Meetings are divided into two sessions by a tea break. First session: Topic for discussion prepared and presented by a volunteer. Second Session: Current Affairs, no subject taboo. A friendly, intelligent group where everyone is encouraged to participate.

Alt Fridays from 5 July 10:00 - 12:30

Leader and bookings: George Elliott 9874 7208
shs14gle@bigpond.com

TRAVELLER'S JAPANESE (10)

Benefit from the experience of our teacher and other course participants who have travelled to Japan. The class covers basic language skills, customs and culture. A textbook is used.

Each Tuesday from 23 July 10:00 - 12:00 (excluding school holidays)

Leader: Haruko Tanaka 0424 225 863 haruko@aae.edu.au
Bookings: Gayle Osborne 0429 459 443
gmosborne153@bigpond.com

BURWOOD: WOODSTOCK COMMUNITY CENTRE

22 Church St. On-site parking
Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

CURRENT AFFAIRS DISCUSSION

News of the day. No topics are out of bounds, but we discuss politics and religion with sensitivity. Members sometimes prepare a topic for discussion. Format: freewheeling.

Each Monday from 1 July 10:00 - 12:00 (Public holidays excluded)

Leader and bookings: Michael Holland
mhol1234@gmail.com

TRAVEL PLUS LUNCH

Meet other avid travellers, share your travel experiences, tips and recommendations. After the meeting we will sample international cuisine in a nearby restaurant.

First Tuesday of each month from 2 July 10:00 - 12:00

Leader and bookings: Greg Buriak 0422 599 417
buriak@optusnet.com.au

ITALIAN CONVERSATION INTERMEDIATE (10)

Improve your conversational skills for students who have knowledge of Italian grammar. Note: no handouts will be supplied.

Each Wednesday from 3 July 10:00 - 12:00

Leader and bookings: Nadia Favotto 9705 7217;
0429 060 013

CLASSIC MOVIES (12)

From the silent to the contemporary era a selection of influential films that helped develop the industry. Explore and analyse background and historical settings plus production issues and biographical details pertaining to the director, cast and production personnel.

Alt Wednesdays from 3 July 10:00 - 12:30

Leader: Hugh Watson 9519 5082
Bookings: Marie Doyle 9558 4223

FILM DISCUSSION GROUP

Members discuss two movies every fortnight and give their rating. Members vote on future movies with two volunteering to present their choices.

Alt Thursdays from 4 July 1:30 - 3:30

Leader: John Swords 9516 3915 swords.j@gmail.com
Bookings: Carol Green 9516 3915

CLUB BURWOOD

Cnr Burwood Rd and George St
Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

'ISMS' IN HISTORY

This course examines some 'isms' and discusses the individuals who promoted them: capitalism, Adam Smith; communism, Karl Marx; Conservatism, Edmund Burke; atheism, Socrates and Richard Dawkins; Fascism, Hitler and Mussolini.

Alt Wednesdays from 3 July 10:00 - 12:00

Leader: Frank Wilson 8021 7059
Bookings: Betty Candy 9799 9030 bjcandy@bigpond.com

CITY: CUSTOMS HOUSE LIBRARY

Alfred St opposite Circular Quay station. Meeting room Level 2.

Venue Coordinator: Jennifer Waldron 8753 0521
jenniferwaldron2@gmail.com

DECONSTRUCTING CONTEMPORARY ART (25)

Visit contemporary art shows in Sydney galleries fortnightly. On alternate weeks, meet at Customs House for evaluation of news, events, trends, theory and history of the work visited. Build a virtual art collection and develop a personal aesthetic. Good physical fitness required.

Each Thursday from 4 July 10:30 - 12:30

Alternate weeks 1:30 - 3:30 gallery visits

Leader and bookings: Wendy Fraser 9569 7942;
0408 711 672 barrieandwendy@gmail.com

FILM APPRECIATION (20)

Do you enjoy contemporary cinema and sharing your ideas? Members of this group research a film and lead the discussion three to four times a year. We also look at issues, trends and news in the film world.

Alt Thursdays from 11 July 1:30 - 3:30

Leader and bookings: Susanne de Ferranti 0410 603 425
sdeferranti@ozemail.com.au

CITY: MILLERS POINT COMMUNITY CENTRE

Harry Jensen Centre, 17 Argyle St (cnr Watson Rd) Street parking available. **Wheelchair access**

Venue Coordinator: Anne Pill 9550 9248
dapill2@bigpond.com

THURSDAY MORNINGS AT MILLERS POINT

Thursdays on dates indicated 10:00 - 12:00

Bookings, unless otherwise indicated: Anne Pill 9550 9248;
dapill2@bigpond.com (preferred)

Please provide talk title, date, membership number and contact details. All bookings will be confirmed by email.

Improve your Memory and Brain Health

Discover the many causes of memory problems and the steps you can take to make a positive improvement in your memory.

Thursday 4 Jul 10:00 – 12:00 Speaker: Louise Hallinan

Fromelles and General Sir John Monash

The worst 24 hours in Australian history in July 1916 led to the amazing identification of almost 200 lost diggers a century later.

Thursday 25 Jul 10:00 - 12:00 Speaker: Peter Allen

Henry VIII – Part 1

What role did Henry VIII's grandmother play in the Tudor ascendancy? Why was he wary of the House of York?

Thursday 1 Aug 10:00 - 12:00 Speaker: John McLennan

Charles Darwin (1809-82)

Known as the scientist who gave us the theory of evolution, Charles Darwin changed the thinking pattern of intellectuals and the common people.

Thursday 8 Aug 10:00 - 12:00

Speaker: Srinivas Karkenahalli

Albert Einstein (1879-1955)

Famous for his theory of relativity and the formula, $e=mc^2$, Albert Einstein shook the beliefs of scientists and the common people.

Thursday 15 Aug 10:00 - 12:00

Speaker: Srinivas Karkenahalli

Medical Entomology – the Australian Paralysis Tick

A study of the biology, habitat and medical implications of the Australian paralysis tick on both humans and companion animals.

Thursday 22 Aug 10:00 - 12:00 Speaker: Ian Thompson

Henry VIII – Part 2

Why did Henry VIII have so many wives? Did he start his new religion because of his religious convictions? What was the Pilgrimage of Grace?

Thursday 29 Aug 10:00 - 12:00 Speaker: John McLennan

Medical Entomology – Insects as Vectors of Disease

A focus on the biology and habitat of mosquitoes as vectors of disease and unease, including malaria, dengue, yellow-fever, lymphatic filariasis and Zika virus.

Thursday 5 Sept 10:00 - 12:00 Speaker: Ian Thompson

Parramatta Female Factory

Tales of hardship, survival and joy, of women from the earliest surviving convict site, birthplace of women workers' action.

Thursday 12 Sept 10:00 - 12:00 Speaker: Gay Hendriksen

History of the Royal Albert Hall

This Hall is much more than just the Prom Concerts and has a fascinating history of how and why it came to be built originally.

Thursday 19 Sept 10:00 - 12:00

Speaker: Rosemary McCulloch

Matthew Flinders, who Named Australia

The village lad who ran away to sea. Tales of war at sea, shipwrecks, intrigue, and a love story for the ages!

Thursday 26 Sept 10:00 - 12:00 Speaker: Jim Haynes

Girt by Sea and Ringed by Menace

What the censors hid: the Japanese who landed in Western Australia in WWII and whose 28 submarines patrolled our east coast and sank over 50 ships.

Thursday 17 Oct 10:00 - 12:00 Speaker: Jim Haynes

Operating your Windows Laptop (6)

Bring your laptop to learn how to store and retrieve information, email photos and documents and produce a professional flyer. Windows only systems.

Thursday 7, 14, 21 Nov 10:00 - 12:00

Speaker: David McKay

The Theatre of Bertolt Brecht

The great German poet and playwright has had a profound influence on theatre. We examine the controversial production techniques and three of his major plays: *Life of Galileo*, *Mother Courage and Her Children*, and *The Caucasian Chalk Circle*.

Thursdays 28 Nov, 5, 12 Dec 10:00 - 12:00

Leader: Margaret Stoljar

CRACKING CRYPTIC CROSSWORDS (12)

Get into the minds of cryptic crossword compilers and learn how to solve their devious clues. Have fun and gain satisfaction while keeping your brain active. (4 sessions)

Wednesday 31 July, 7, 21, 28 Aug 1:30 - 3:30

Leader and bookings: Ron Shapiro 9810 4490

rmbjs@iinet.net.au (preferred)

PASSIONATE TRAVELLERS

Enjoy a presentation of holiday experiences, culture and history on one or more countries in a friendly, relaxed manner, with Q and A, and time to enjoy chatting over a complimentary morning tea.

Leaders: Robin Amos, Bobbie Kersten 0410 873 605

Bookings: bobbiekersten@gmail.com (preferred)

Canadian Arctic, Baffin Island and Greenland

Wednesday 3 July 10:30 - 12:30 Speaker: Sue Bailey

Helsinki to Saint Petersburg

Wednesday 7 Aug 10:30 - 12:30 Speaker: Rosanna Casolin

Colchester, Norwich and York

Wednesday 4 Sept 10:30 - 12:30 Speaker: Ronda Gaffey

Portugal

Wednesday 2 Oct 10:30 - 12:30 Speaker: Lesley Painter

Venice

Wednesday 6 Nov 10:30 - 12:30 Speaker: Ron Shapiro

Germany

Wednesday 4 Dec 10:30 - 12:30 Speaker: Takiko Yalichev

FRENCH INTERMEDIATE CONVERSATION (12)

The course aims to enhance members' ability to converse in French, thus a basic knowledge of French grammar and vocabulary is an essential prerequisite.

2nd, 3rd, 4th and 5th (if applicable) Wednesday each month from 10 July 11:00 - 12:30

Leader and Bookings: Amal Ghosn
amalghosn3@gmail.com

DRUMMOYNE COMMUNITY CENTRE

10 Cometrowe St. Street parking. **Wheelchair access**
Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

ITALIAN CONVERSATION (10)

Basic knowledge required as class will be conducted in Italian. Emphasis on speaking.

Each Monday from 22 July 2:00 - 3:15
(except school holidays)

Leader and bookings: Lori Banham 0409 814 127
lori.b@bigpond.com

FRENCH CONVERSATION (10)

Requires a good basic knowledge of French grammar and must be able to converse adequately in French. Emphasis on speaking and listening.

Each Wednesday from 24 July 1:30 - 3:30
(except school holidays)

Leader and bookings: Jocelyne Sealey rjbow@tpg.com.au

INTERMEDIATE SPANISH (10)

For students who already have a basic conversational level of Spanish. Emphasis is placed on improving fluidity of conversation. Class will be conducted mostly in Spanish.

Each Wednesday from 3 July 1:15 - 3:15

Leader and bookings: Les Margulis 0421 456 806;
02 4757 1437 lesmargulis@gmail.com

GLEBE: THE OLD TOWN HALL

160 St Johns Rd. Wheelchair access
Venue Coordinator: Pauline Valentine 0412 595 891
gregory_1947@hotmail.com

DRAWING (12)

We use black and white (charcoal, pencil, ink) with some other media, such as Conté. The basics are covered, including tone, perspective and composition. Students are encouraged to suggest topics. Only an interest in drawing is required.

Alt Thursdays from 25 July 10:00 - 12:00

Leader and bookings: Neville Bendall 9660 1873

STRUMMIN' WITH JEN

Introducing the ukulele, a happy, social instrument. Those without musical knowledge or experience can learn to play simple songs and experience all the benefits of music making. Learn the basics – intros, outros, chords, strumming and more.

Alt Thursdays from 25 July 2:00 - 3:45

Leader: Jenny Lowe

Bookings: Pauline Valentine 0412 595 891
gregory_1947@hotmail.com

GLEBE LIBRARY: BENLEDI ROOM

186 Glebe Point Rd (cnr Wigram Rd)

Venue Coordinator: Pauline Valentine 0412 595 891
gregory_1947@hotmail.com

JAPANESE

Knowledge of hiragana, katakana and some kanji will be helpful. We use a text book, *Japanese for Busy People II* twice per month and a few articles printed from topics of current Japanese interests.

Each Thursday from 25 July 10:00 - 12:00

Leaders: Nobuyo Williams 0420 770 661 or
Haruko Johansson 8957 7016

Bookings: Juanita Englefield 9816 5807

GLEBE: NAG'S HEAD HOTEL

162 St Johns Rd. Upstairs Conference Room.
Limited street parking.

Venue Coordinator: Jan Macindoe 9660 0208
jnmacindoe@gmail.com

FIRST FRIDAY BOOK GROUP (12)

Favourite books are chosen by members for discussion by the group.

First Friday of each month from 5 July 10:00 - 12:00

Leader and bookings: Jan Macindoe 9660 0208;
0424 537 557 jnmacindoe@gmail.com

GLEBE: ST. HELEN'S COMMUNITY CENTRE

184 Glebe Point Rd. Wheelchair access
Venue Coordinator: Pauline Valentine 0412 595 891
gregory_1947@hotmail.com

PATHWAYS TO THE GODS

This is a course about the religions that have evolved over time, including their differing cultural contexts.
Present focus: early Christianity.

2nd and 4th Fridays from 26 July 10:00 - 12:00

Leader and bookings: Jacques Goldman 9518 6741

GLEBE: TOXTETH HOTEL

345 Glebe Point Rd. Fireside Lounge, ground floor.
Street parking.

Venue Coordinator: Michael Holland
mhol1234@gmail.com

PHILOSOPHY IN THE PUB (10)

Topics from a wide range of political and cultural themes are examined from a philosophic perspective. Discussion aims to promote differing worldviews and challenge belief systems. Members are expected to participate in internet/web research, questioning and facilitating.

Email address essential.

Series 1: Each Tuesday from 30 July 3:00 - 5:00

Series 2: Each Tuesday from 22 Oct 3:00 - 5:00

Leader and bookings: Michael Holland
mhol1234@gmail.com

LEICHHARDT MUNICIPAL LIBRARY

23 Norton St. Italian Forum (Piazza level). Lift to parking station. Concession parking with validated ticket.

Wheelchair access

Venue Coordinator: Barbara Burton 9798 5620;
0429 090 332 beburton@iprimus.com.au

FRIDAY MORNINGS AT THE LIBRARY

Bookings essential: Margot Walker: 0404 362 490
margotinaw@gmail.com (email bookings preferred). Please give course name, date, membership number and contact details. Confirmation sent by email.

1. Shakespeare: Measure for Measure (CD, DVD) (20)

Vienna is 'boiling' with sin and corruption. The Duke closes the brothels and makes fornication punishable by death. How, the play asks, can we combine justice and effective deterrents, with mercy and tolerance of human weakness? Bring text. (4 sessions)

From Friday 5 July 10:30 - 12:30 Leader: Margaret Beale

2. Sailing, Suffering and Success: Surviving Quarantine in the 19th Century (30)

Sailing to Australia was healthier than we presume. But how did colonial immigrants survive deadly diseases in Sydney's Quarantine Station?

Friday 2 Aug 10:30 - 12:30 Speaker: Peter Hobbins

3. Major Inventions Over the Past 150 Years (30)

Radios, telephones, wind generators, refrigeration, X-rays, solar power, plastics, motorcars, nuclear power and computers, David speaks to each in lay terms explaining how they work.

Friday 9 Aug 10:30 - 12:30 Speaker: David Malone

4. New Endeavour (30)

Learn about the genesis, funding difficulties and sourcing the materials for this Bicentennial project to build the replica of Lieutenant James Cook's ship in Fremantle.

Friday 16 Aug 10:30 - 12:30 Speaker: Leigh Haines

5. Sydney Marine Park (30)

This session covers the history, science, politics, benefits and threats of a new underwater national park running from Newcastle to the Shoalhaven.

Friday 23 Aug 10:30 - 12:30 Speaker: David Stead

6. Healthy Brain: Healthy Ageing (30)

This talk discusses memory and dementia and provides strategies for keeping the brain healthy and reducing the risks of developing dementia.

Friday 30 Aug 10:30 - 12:30 Speaker: Libby Palmer

7. Atheism (30)

Atheism is surprisingly ancient as well as modern: even today some see it as heresy. It is, arguably, far more normal than some believe.

Friday 6 Sept 10:30 - 12:30 Speaker: Frank Wilson

8. So, what is Genealogy? (30)

Why is genealogy so popular? Learn the fundamentals of finding your ancestors, growing your family tree and preserving the past for future generations.

Friday 13 Sept 10:30 - 12:30 Speaker: Leigh Haines

9. Estonia (30)

What could be interesting about the history and culture of Estonia, a nation smaller than Tasmania, and the homeland of my parents?

Friday 20 Sept 10.30 - 12.30 Speaker: Anne Richardson

10. Crime, Punishment and Civil Disputes in Colonial NSW (30)

Series covers problems with assigned convicts and the adventures of Jane New, the trials of Edwin Smith Hall of the *Monitor*, including the Church Pew Cases; the struggle of the courts arising from Aboriginal/Settler conflict including the Myall Creek Massacre. (4 sessions)

From Friday 27 Sept 10:30 - 12:30

Leader: Malcolm Robertson

11. Pekanbaru Death Railway (30)

How allied POWs, including Australians, were forced to build the Pekanbaru Death Railway (West Sumatra) and why it became the 'forgotten railway'.

Friday 25 Oct 10:30 - 12:30 Speaker: Andrew West

12. Part 1: Rachel Carson (1907-1964) (30)

Scientist, author and environmentalist, author of *Silent Spring*, Carson ignited the modern environment movement.

Friday 1 Nov 10:30 - 12:30 Speaker: Janine Kitson

13. Impact of Climate Change on Health and Disease (30)

Increasing temperatures, rising seas and natural disasters are a feature of climate change. We examine how these impact on the overall health of our community.

Friday 8 Nov 10:30 - 12:30 Speaker: Penny Bishop

14. Part 2: Rachel Carson (1907-1964) (30)

Why is Carson more relevant than ever when abnormal weather events are becoming the new norm and we are losing so much of our biodiversity?

Friday 15 Nov 10:30 - 12:30 Speaker: Janine Kitson

15. The Australian Suffragette Movement: Who, Why and How? (30)

Historically exciting and challenging times: Lyn Moore reviews the fight for women's rights, and the personalities of the women fighting for rights we now enjoy.

Friday 22 Nov 10:30 - 12:30 Speaker: Lyn Moore

16. Standardisation (30)

Our world is saturated with standards and standardisation. It may be mechanical, moral and ethical. It is a surprisingly fascinating study.

Friday 29 Nov 10:30 - 12:30 Speaker: Frank Wilson

17. Australia's Environmental Pioneers (30)

Learn about our pioneer conservationists pivoting environmental interest from discovery and understanding to protection, setting the foundations for modern conservation.

Friday 6 Dec 10:30 - 12:30 Speaker: David Stead

FRIDAY AFTERNOONS AT THE LIBRARY

ITALIAN BEGINNERS 2 (20)

We assume a degree of basic knowledge, around 40 to 60 hours of instruction. We will continue using the same textbook: *Buongiorno Italia*, supplemented by online exercises. Note: this is a full-year course.

Each Friday from 2 Aug 1:30 - 3:30

Leader and bookings: Pia Ottavian 0424 738 824;
pia.ottavian@yahoo.com.au

REVESBY COMMUNITY HALL

Macarthur Ave. Street parking.

Venue Coordinator: Joy Pegler 9771 6185
peglerjm@bigpond.com

TAI CHI (20)

For tai chi novices as well as for more experienced practitioners. The aim is for all participants to progress from 6 to 24 tai chi forms.

Each Thursday from 25 July 9:30 - 11:00
(except school holidays)

Leader and bookings: Patrick Brennan 9773 4182

REVESBY WORKERS CLUB

20 Brett St. On-site parking.

Venue Coordinator: Joy Pegler 9771 6185
peglerjm@bigpond.com

AUSTRALIAN PERSPECTIVES (25)

An informal discussion group during which the guest speaker introduces us to their varied ethnic, cultural and historical experiences.

Third Thursday of each month from 15 Aug 2:00 - 4:00
(except school holidays)

Leader and bookings: Joy Pegler 9771 6185
peglerjm@bigpond.com

Experiences as a Volunteer in East Timor

Working as a civil engineering volunteer in Timor-Leste 10 years after its renewed independence emphasised for the speaker the importance and relevance of Australia's foreign aid program.

Thursday 15 Aug 2:00 - 4:00 Speaker: Derry Thomas

Mosquitoes as Vectors of Disease and Unease

A study of the biology and habitat of mosquitoes with a focus on the major diseases that they transmit both globally and within Australia.

Thursday 19 Sept 2:00 - 4:00 Speaker: Ian Thompson

Researching the Biographical History of Colonial Midwives

The speaker is researching the elusive background of 19th century Australian midwives and how they connected with their communities.

Thursday 17 Oct 2:00 - 4:00 Speaker: Lesley Potter

Fairbridge Farm: School for Child Migrants

Personal recollections of a 10-year stay at Fairbridge, the speaker having been sent there as a 7-year-old in 1948.

Thursday 21 Nov 2:00 - 4:00 Speaker: Daphne Appleby

FILM DISCUSSION GROUP (25)

Members undertake to view up to three group-selected films screening during the coming month. At each meeting, a volunteer introduces one of the selected films followed by a group discussion.

Fourth Tuesday of each month from 23 July 10:00 - 12:00

Leader and bookings: Robyn Deane 9726 4279;
rdeanee@optusnet.com

MINDFULNESS (25)

Mindfulness enhances awareness of self in relation to others, including the environment, which in turn informs and empowers you with knowledge/insight enabling self-regulation (of your thoughts, emotions and behaviour).

Thursday 1 Aug, 5 Sept and 3 Oct 2:00 - 3:30

Leader and Bookings: Grace Thomas 0424 229 742
gracethom066@gmail.com

ROZELLE: HANNAFORD CENTRE

608 Darling St (cnr Nelson St). **Wheelchair access**

Venue Coordinator: Barbara Burton 9798 5620;
0429 090 332 beburton@iprimus.com.au

DISCUSSION GROUP (15)

This group will focus on historical events, philosophy and literature. Each member is given the opportunity to decide on and present the topic for discussion.

Each Monday from 22 July 10:30 - 12:30

Leader: Fay McKenzie-Edmonds

Bookings: Yvonne Wingrave 9797 9237; 0437 000 684
yvonnewingrave@gmail.com

FRENCH INTERMEDIATE (15)

A reasonable knowledge of French grammar, vocabulary and pronunciation is assumed. Reading, writing, listening and speaking activities are used to consolidate and extend that knowledge and skills. There will be some formal grammar and a few laughs along the way.

Each Tuesday from 23 July 10:00 - 11:30

Leader and bookings: Alan Rodrick 9819 6579
alan.rodrick@gmail.com

ADVANCED FRENCH CONVERSATION (15)

For people with a reasonable background in French wanting to continue to engage in conversation. The focus is on spoken French to improve fluency and pronunciation, or just for the joy of speaking such a beautiful language.

Each Tuesday from 23 July 11:45 - 1:15

Leader: Rhonda Stien

Bookings: Sue Tronser 9818 3268
suetronser@gmail.com

FRENCH FOR BEGINNERS (15)

Beginners and those with some expertise wishing to consolidate their knowledge. Basic vocabulary, grammar, pronunciation. Simple conversation to tourist level. Text: *Collins Easy Learning French Grammar and Practice*, 2nd Edition 2016. \$25 at Abbeyes 10% discount with Leader's name and U3A.

Each Tuesday from 23 July 2:00 - 3:30

Leader and bookings: Michael Georgeson 9818 2648
michael.georgeson@gmail.com

DISCUSSION GROUP IN ADVANCED FRENCH (10)

La participation à ce groupe permettra aux membres de s'exprimer avec plus d'aisance sur un grand nombre de sujets selon le goût des membres. Il faudra donc un bon niveau de compréhension et d'expression orales au départ.

Each Thursday from 4 July 2:00 - 3:30

Leader and bookings: Verity Bagot 9810 1730;
0439 489 738 verity.chianea@gmail.com

ROZELLE NEIGHBOURHOOD CENTRE

756 Darling St.

Venue Coordinator: Lesley Painter 0401 038 050
painterl@bigpond.net.au

DISCUSSION GROUP TOPICAL ISSUES (16)

A lively group discusses local and global issues. These can include interesting social, political, economic and environmental concerns.

Alt Wednesdays from 3 July 10:30 - 12:30

Leader and Bookings: Vivian Wolff 0419 630 678

STRATHFIELD CROQUET CLUB

50 Redmyre Rd. Street parking.

Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

TRY CROQUET

An easy to learn game that offers fun, friendship and an outdoor activity. Skills learnt for ricochet and gateball can be transferred between games. Wear comfortable clothing and flat soled shoes. Bring a water bottle, sunglasses and hat. Equipment provided.

Thursdays 4,11,18 July 2:00 – 4:00

Leader and bookings: Ruth Bridger 9736 3410
krbridger@bigpond.com

WOOLLOOMOOLOO: OZANAM LEARNING CENTRE

Level 3, 99 Forbes St. Limited parking. **Wheelchair access**

Venue Coordinator: Anton Crouch

Leader and Bookings: Anton Crouch 9660 2889
anton.crouch@optusnet.com.au

FILM GROUP

A course series considering motion pictures in a thematic way. Themes include genres and the work of directors and actors. A film is shown at each session, with members encouraged to consider the work in its historical context.

Series 1. The British Down-Under

From the 'ocker' *Overlanders* to the mysterious *Walkabout*

Each Monday from 22 July to 26 Aug 10:00 - 12:30

Series 2. Personal Favourites

Includes the expected *It happened One Night* to the unexpected *Terror in Texas Town*.

Each Monday from 14 Oct to 18 Nov 10:00 - 12:30

PRIVATE HOMES

Venue Coordinator: Jennifer Waldron 8753 0521
jenniferwaldron2@gmail.com

STANMORE BOOK CLUB (10)

A wide range of books are selected by members who lead a discussion of their choice.

First Monday of each month from 1 July 2:00 - 4:00

Leader: Wendy Fraser

Bookings: Bernice Lee 0412 969 440

bernicejlee@gmail.com

CLASSICAL BOOK CLUB (STANMORE) (10)

We take turns to read aloud from the text, unlike most book clubs where reading is done at home and discussed later. We read two or three lengthy and challenging books during the year, generating lively discussion. The first book is *The Brothers Karamazov* by Dostoevsky.

Alt Tuesdays from 9 July 10:30 - 12:30

Leader and bookings: Sondra Griffiths 9332 4490
sondragriffiths135@gmail.com

INNER WEST BOOK GROUP (VARIOUS LOCATIONS) (12)

Enhance your enjoyment of reading by sharing your ideas with others. Every four weeks we will read and discuss a book, choosing from a wide range of literature. First book is *The Twin* by Gerbrand Bakker.

Every four weeks from Wednesday 24 July 2:00 - 4:00

Leader and bookings: Christine Hingerty 0499 887 308
chingerty@internode.on.net

OUT THERE!

Coordinator: Bobbie Kersten 0410 873 605
bobbiekersten@gmail.com

MY FAVOURITE ETHNIC EATING PLACE

Enjoy good food and conversation at five monthly lunches at inexpensive restaurants within the Sydney LGA.

Members choose venues with cuisines from different cultures, with a talk by the restaurateur, about food/traditions. Members pay for their own meal.

Second Wednesday of each month from 10 July 12:00 - 2:30

Leader and bookings: Krista Corlis 0400 708 754; 8765
9267 Ktcorlis38@gmail.com

FOURTH TUESDAY LUNCH GROUP (12)

Lunch at restaurants that serve a variety of cuisines situated close to public transport around Sydney City and Inner West LGA's. The chef/owner is encouraged to tell us his/her background/menu development. We try to book BYO wine restaurants (corkage charged).

Fourth Tuesday each month from 23 July

Leader and bookings: David Cameron 9810 6498
djcameron38@gmail.com

MUNCH ON BRUNCH (12)

Step out and come brunching at a slick café somewhere in the inner city, or perhaps a bit further afield, but always close to public transport. Our venues are picked for their enticing food offerings, sharp design and quality coffee.

Third Thursday of each month from 18 July

Leader and bookings: Beatrice Scheepers 0402 969 004
(enquiries only)
beatricescheepers@gmail.com (bookings only)

VISITING REGIONAL GALLERIES

Using public transport, we visit regional art galleries to see a diversity of art. More information, plus details of outing, supplied when enrolling.

Visit two or three times a month on Saturday and an occasional Sunday depending on exhibition dates beginning July. Early am to mid-afternoon

Leader and bookings: Joanne Gordon 0418 224 211
joanegordon@bigpond.com (preferred)
Please supply phone and U3A membership number.

WALKING WITH A TOUCH OF HISTORY: BUSH, HARBOUR, RIVER AND COASTAL WALKS

Medium grade walks. You are responsible for your own safety. Bring hat, water, morning tea and lunch. Wear shoes with a safe walking tread. NOTE: We travel in the third train carriage. Timetables subject to change: Check Transport Info Line 131500.

Last Sunday of each month from 28 July

Leader and bookings: Bobbie Kersten 0410 873 605
bobbiekersten@gmail.com

Bondi to Watsons Bay

Sunday 28 July

9:08 Circular Quay Bus 333 Stand B to Bondi Beach
Bus 380 at 9:52 to Lancaster St

Fairy Meadow to Wollongong

Sunday 25 Aug

9:29 Train (Kiama) Platform 25 Change at Thirroul

Quakers Hat to Balmoral Beach

Sunday 29 Sept

9:37 Bus 180 Stand A to Quakers Lane

Blackheath Rhododendron Garden

Sunday 27 Oct

9:18 Train Central Country Platform 7

Hermitage Track to Watsons Bay

Sunday 24 Nov

9:40 Bus 325 Cnr Wynyard and York St
To Bayview Hill St Rose Bay