

UPPER NORTH

Regional Course Coordinators:

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Enquiries Only

UPPER NORTH REGION OF SYDNEY U3A

WELCOME TO NEW MEMBERS

SHOWCASE

will be held on

Monday 11 February from 1:30 - 3:00

Turrumurra Uniting Church

10 Turrumurra Avenue (behind shopping area car park)

Welcome to a **Showcase of Courses**, where new and current members and non-members can sample what's on at U3A in Semester 1 this year.

Listen to short lectures on a wide range of topics, including new courses.

Discuss the courses you might be interested in with course leaders.

Meet the Upper North committee members to discuss general U3A matters.

Refreshments provided

BRING YOUR FRIENDS

Bookings: Claudine Parr 9487 2170 c_parr@exemail.com.au

Sue Shaw 9868 4056 ssh84119@bigpond.net.au

Marilyn Pryor 9449 3415 marilynpryor7@gmail.com

BEROWRA: COMMUNITY CENTRE

The Gully Road, Balcony Room. Ample parking on-site.

Venue Convener: Anne Lycett j_alycett@optusnet.com.au

AFFAIRS OF INTEREST 191NAO1

A series of 8 talks by speakers expert in their field to include

- The Secret Life of Teeth
- Peat Island
- Essington Lewis, Australia's Greatest Industrialist
- The Heritage Pub Crawl of Hornsby Shire
- World of D'Oyly Carte
- Every Immigrant's Story
- Development of Agriculture in Australia Part 1
- Development of Agriculture in Australia Part 2

**Second and fourth Mondays of the month from
11 Feb 10:00 - 12:00**

Leader and bookings: Anne Lycett j_alycett@optus.com.au

CURRENT WORLD 191NAO2

A series of five talks looking at what is happening in the current world viewed through the eyes of scientists and technologists. 10:00 – 12:00

1. Patents and Inventions

A look at the fascinating world of patents, inventions and intellectual property law.

Monday 18 Feb

Speaker: Ian Thompson

2. DNA. How did it build you and me?

Monday 18 March

Speaker: Punchi Dassanayake

3. Telecommunications

Following the development of modern telecommunications and use in today's world.

Monday 29 April

Speaker: Hugh Daniel

4. Topic and speaker be advised

Monday 20 May

5. All Things Great and Small

From galaxies to DNA - some scientific observations on scales that defy the imagination.

Monday 17 June

Presenter: Terry Freeman

Leader and bookings: Joan Scott djscott@tpg.com.au

CASTLE HILL: WARRINA VILLAGE ARV

Alix Scott Community Centre, Langshaw Circuit.
Parking available.

Venue Convener: Jenny Trimboli 96861954

ISSUES AND IDEAS 191NC01

In this lively, long-lived group, newcomers are very welcome. We research papers (on a voluntary basis) on a wide variety of contemporary issues. We then discuss one per session.

Alt Tuesdays from 12 Feb 10:00 - 12:00

Leader and bookings: Jenny Trimboli 9686 1954

GREAT BOOKS OF THE WESTERN WORLD 191NC02

This course commences with The Children's Act, by Ian McEwan followed by the play Streetcar Named Desire, by Tennessee Williams.

Alt Tuesdays from 5 Feb 10:00 - 12:00

Leader and bookings: Jenny Trimboli 9686 1954

EPPING: COMMUNITY CENTRE

9 Oxford Street. Meeting room. Limited parking.

Wheelchair accessible.

**Venue Convener: Ian De Mellow
9487 1908 ian.mellow@bigpond.com**

BIG MOMENTS IN AUSTRALIAN SCIENCE 191NF01

Here we continue our series on the significant breakthroughs in the history of science, with particular emphasis upon Australia's unique contributions to the world of knowledge, including: building the Endeavour replica, artificial intelligence, aerosols, Australia's role in the frontiers of space and issues with Australia's weather.

Alt Wednesdays from 20 Feb 10:00 - 12:00

Leader and bookings: David Malone 0418 440 828
dymalone@bigpond.net.au

EXPLORATION OF THE PACIFIC IN THE AGE OF COOK 191NF02

How did the Pacific become a part of the European map of the world and what were the consequences of this, both for the West and the peoples of the Pacific? How did European Great Power rivalry play out in the exploration of the Pacific? Such are the questions which will be addressed. (8 sessions)

Alt. Wednesdays from 27 Feb 10:00 - 12:00

Leader: John Gascoigne
Bookings: Ian De Mellow 94871908

EPPING: LEISURE AND LEARNING CENTRE

1 Chambers Court, off Pembroke Street, beneath Library. Limited parking. **Wheelchair accessible.**

**Venue Convener: Ian De Mellow
9487 1908 ian.mellow@bigpond.com**

THE WORLD'S DEBATE: THE RISE OF CHRISTENDOM AND ISLAM 191NE01

A continuing exploration, into modern times, of the issues relating to the Middle East. The title is taken from historian Edward Gibbon to describe the rise of Christendom and Islam, beginning with their civil wars, opposing doctrines, territorial ambitions and civilising cultures, all of which impact the modern Middle East.

Alt Wednesdays from 13 Feb 1:00 - 3:00

Leader and bookings: Ian De Mellow 9487 1908
ian.mellow@bigpond.com

TAI CHI**(20)..... 191NE02

Learn the ancient art of tai chi and gain health benefits through its gentle exercises and relaxation, ideal for Third Agers. Tai chi's graceful, fluid movements combine three forms of exercise: strength, stretching and breathing. Participants should provide assurance from their GP that they are medically fit to undertake an exercise course. (10 sessions)

Alt Wednesdays from 20 Feb 1:00 - 3:00

Leader and bookings: Siang Tan 9888 7874

EPPING: UNITING CHURCH

Corner Chester and Oxford Streets. Small hall.

**Venue Convener: Sandra Luntz
9874 3382 sandra.luntz@gmail.com**

BOOK DISCUSSION GROUP 191NX01

A reading and discussion group with an occasional classic text, but with the emphasis on contemporary literature.

Alt Thursdays from 7 Feb 10:00 - 12:00

Leaders: Sandra Luntz and Jane Harris
Bookings: Sandra Luntz 98743382 sandra.luntz@gmail.com

GORDON: LIBRARY

799 Pacific Highway. Parking on Highway after 10am or in parking station. 3-hour parking at Woolworths.

Wheelchair accessible

**Venue Convener: Margaret Harragon
gordontaichi@hotmail.com**

TAI CHI**(15)..... 191NG01

Learn the ancient art of tai chi and qi gong and gain health benefits through its gentle exercises and relaxation. Tai chi's graceful fluid movements combine three forms of exercise: strength, stretching and breathing. Participants should provide assurance from their GP that they are medically fit to undertake an exercise course.

Each Thursday from 7 Feb to 6 June 10:00 - 12:00

Leader: Michael Wong and Rose Pettett
Bookings: Margaret Harragon gordontaichi@hotmail.com

HORNSBY: CENTRAL LIBRARY

28-44 George Street (entry in Hunter Lane). Opposite Hornsby station. Parking: Council car park, or nearby Westfield Shopping Centre.

**Venue Convener: Marjorie Perry
9440 7131 marjorieperry@iinet.net.au**

ITALIAN FOR TRAVELLERS 191NY01

Are you planning to visit Italy or have you been there and long to return? This course deals with everyday Italian in travel situations and cultural background to enhance your experience.

12:45-1:45 No prior knowledge of Italian is assumed.

1:45-2:15 Cultural discussion.

2:15-3:15 Some prior knowledge of the language is expected.

After 3:15 Coffee and conversation, in Italian, may follow in a local café.

Meeting Room (20 sessions)

Each Tuesday from 5 Feb to 18 June 12:45 - 3:15

Leader and bookings: Paddy Gunning 9456 1291
gunnosp@gmail.com

AUSTRALIAN HISTORY SEMINARS 191NY02

Historians and researchers discuss their work. Topics include

- Local Aboriginal Culture
- Rookwood: Sleeping City
- Me, My Son and Antarctica
- The Sydney Wars
- The First Fleet
- Heroic Men & Fighting Ships
- Bea Miles: An Aussie Free Spirit
- The Embroiderers Guild NSW
- History Through Family Images
- A Conversation: Australia's Unfinished Business.

Meeting Room

Alt Tuesdays from 5 Feb 10:15 – 12:15 (10 sessions)

Leader: Garry Smith

Bookings: William Davies 0404 072 562

dtiger@optusnet.com.au

TRAVELLING LADIES 191NY03

Be enthralled by the experiences of adventurous ladies whose forgotten stories we retell of journeys made a century ago to little-known parts of the world, including Paraguay, Asia Minor, Siberia and Sudan.

Meeting Room

Alt Tuesdays from 12 Feb to 9 April 10:15 – 12:15
(5 sessions)

Leader: Nola Bramble

Bookings: Lynette Trupp 9484 2641

roblyntrupp@bigpond.com.au

PSYCHOLOGY 191NY04

The Individual and Society: The tale of a Minister, Entrepreneur and Soldier

Sociology looks at social structures and their impact on behaviour.

Psychology looks at the inner processes of behaviour. These talks will examine the interaction of social structures and the individual in 1810 to 1822 Australian society by looking at the behaviours of Marsden, Macarthur, and Macquarie.

Meeting Room

Alt Tuesdays from 7 May to 18 June 10:15 – 12:15
(4 sessions)

Leader and bookings: Laurie Facer 9484 4970

laurief@facer.com.au

POMPEII AND POMPEIAN WALL 191NY05 PAINTING

13 February The city and its main public buildings, from the beginnings in the 6th century BC to August 24, AD 79.

27 February The main examples of the so-called First and Second Style of wall painting (House of Sallust, Villa of Oplontis, Villa of the Mysteries).

13 March The Third and Fourth Styles, from the period of Augustus to AD 79.

27 March Pompeii's Last Days – a case of ancient Roman fake news?

Meeting Room

Alt Wednesdays 1:00 – 3:00

Leader: Emeritus Prof. / Assoc. Prof Jean-Paul Descoedres

Bookings: Graeme Marshall 9489 8648

g.marshall1@bigpond.com

THE WORLD OF CLASSICAL MUSIC 191NY06

Continuing excursions into the world of classical music in all its forms, where you will meet familiar and not-so-familiar composers.

Meeting Room

Alt Wednesdays from 13 Feb 10:15 – 12:15

(10 sessions)

Leader: John Yates

Bookings: Nancy Sinden nsinden@ihug.com.au

PHYSICS AND THE BIG QUESTIONS 191NY07

Four topics selected from the series *Physics and the Big Questions*, presenting science in everyday terms and with demonstrations.

6 Feb Gravitational Waves – their discovery and significance

20 Feb Quantum Mechanics – A challenging field made visible (*These two include active demonstrations*).

6 March Stephen Hawking: his life, his legacy, and his exotic physics

20 March The Skeptics \$100,000 Prize and the Laws of Physics

Meeting Room Alt Wednesdays from 6 Feb 10:15 – 12:15

Leader: Ian Bryce

Bookings: Gerald Sabel sabels02@Optusnet.com.au

COMPUTER COURSES FOR BEGINNERS 191NY08

A series of four- week courses designed for beginners.

This is a 'hands on' course with small groups, taken by an ex IT trainer.

Places are very limited so bookings are essential. Participants will be expected to bring their own (fully charged) smart phone*, pad, notebook or laptop (*Course 1 only) and attend all 4 weeks. Courses will be repeated if there is sufficient demand.

Course 1: 7, 14, 21 and 28 Feb

Introduction to your digital device

This is a very basic course. We shall look at settings, searching the internet and sending an email including attachments. Explanations of the basic terminology will be given.

Course 2: 21 March, 28 March, 4 April, 11 April

Taking IT further

We shall take an introductory look at word processing (Word/Pages), presentation (PowerPoint/Keynote) and how to get started using these packages. The importance of file handling will be emphasised.

Esther Wait Room

Thursdays 1:00 – 3:00

Leader and bookings: Joan Scott djscott@tpg.com.au

FAMOUS ENGLISH LITERARY FIGURES 191NY09

Historian Phil Pryor will discuss figures such as Emily Bronte and Charles Dickens, focussing on transcribed lectures by Dr Elliot Engel.

Meeting Room

Wednesdays 1 May, 8 May, 22 May, 5 June and 12 June 1:00 – 3:00 pm

Leader: Phil Pryor

Bookings: Marilyn Pryor marilynpryor7@gmail.com

POETRY APPRECIATION..... 191NY10

Listen to and discuss a wide range of poets and their work including some of your old favourites. There will be occasional references to literary terms used in poetry where they may assist our appreciation.

Esther Wait Room

Alt Wednesdays from 6 Feb 1:00 – 3:00

Wednesdays 12 June and 10 July will be 2:00 – 4:00

Leader and bookings: Robert Plumbe
robert.plumbe@gmail.com

HORNSBY: LEISURE AND LEARNING CENTRE AND WALLAROBBA ARTS AND CULTURAL CENTRE

25 Edgeworth David Avenue. Limited on-site parking.

Venue Convener: Ros Markham 9416 8486

roslyn.markham@bigpond.com

YOGA..... 191NQ01

Yoga for everybody: beginners to the experienced will enjoy the benefits of correct breathing, bending, stretching, twisting, balance, mind control and relaxation. Yoga is about health and wellbeing and now is a good time to start. The class leader is an experienced, certified and practicing yoga teacher.

Each Wednesday from 6 Feb 6:15pm - 7:15pm (except school holidays)

Leader and bookings: Graham Marshall
graham.marshall3@outlook.com.au 0400 098 756

PAINTING IN ACRYLICS..... 191NQ02

Come and join our friendly class. Encouraging basic lessons are given to beginners and guidance and assistance provided when needed, whatever your skill level.

Alt Thursdays from 31 Jan 9:30 - 12:00

Leader and bookings: Janny Drayer 9144 1741
jannydrayer@gmail.com

WATERCOLOUR PAINTING..... 191NQ03

Discover the magic of watercolour painting in this friendly group whatever your skill level. Different techniques will be discussed and encouraged. Assistance and suggestions will be given to all, from beginners to more experienced levels. Everyone attending should provide their own materials.

Alt Thursdays from 7 Feb 9:30 - 12:00

Leader and bookings: Ildy Turner 9488 9114
ipturner@bigpond.net.au

MEDIUM TO ADVANCED RECORDER GROUP..... 191NQ04

This is a group meeting regularly to enjoy playing music.

Alt Wednesdays 6 Feb 10:00 - 12:30

Leader and bookings: Annette Salt 9489 5997

KILLARA: LOURDES RETIREMENT VILLAGE

95 Stanhope Road. Village Auditorium. Easy parking in Stanhope Road. Wheelchair accessible.

Venue Convener and Leader: Lesley Ransley 9880 9949 ellar1@bigpond.com

HISTORICAL AND OTHER INTERESTING TOPICS..... 191NR01

A lecture series on a wide variety of topics given by people with expertise in, and enthusiasm for, their subject. The auditorium is equipped for audio-visual presentations. Comments and questions are encouraged.

Bookings not required.

First Thursday of each month 10:00 - 12:00

1. The Pacific Ascendancy

How the Indo-Pacific is becoming the strategic center of global and cultural growth. Where does Australia fit into it?

Thursday 7 Feb

Speaker: Ian De Mellow

2. Violin Making

What goes into the making of a beautiful sounding instrument? You'll have a greater respect for it after this talk.

Thursday 7 March

Speaker: Raymond Howes

3. Australia the Great Southland

Covering the search from earliest times until settlement and establishment of the Colony.

Thursday 4 April

Speaker: Geoff Davidson

4. The HMAS Melbourne/HMAS Voyager Collision

In February 1964 destroyer HMAS Voyager was cut in half by aircraft carrier HMAS Melbourne. Could it have been avoided? Has blame really been fairly apportioned?

Thursday 2 May

Speaker: Noel Phelan

5. The Australian Food Industry

The importance of the food sector; management of food safety and the distinction from food security; examples of food product development.

Thursday 6 June

Speaker: Dr Christopher Hudson

LINDFIELD GARDENS

2 Ulmarra Place, Lindfield. Meetings held at the village centre. Ample street parking.

Book through the office 9416 8466 **10:00 - 12:00**

SERIES OF INTERESTING TALKS ON A VARIETY OF SUBJECTS..... 191ND01

1. Matthew Flinders. The boy who read *Robinson Crusoe* and Named Our Land 'Australia'. Girt by Sea and Ringed by Menace

28 Feb 2019

Speaker: Jim Haynes

2. The History of Photography

28 March 2019

Speaker: Ian Thompson

3. The History of Rock and Roll Music in Australia – From a Radio Announcer's Point of View

18 April 2019

Speaker: Pete Graham

4. **Stephen Hawking- His Life and Legacy**

23 May 2019

Speaker: Ian Bryce

5. **Elizabeth 1**

27 June 2019

Speaker: Anne Richardson

LINDFIELD: SENIOR CITIZENS RESOURCE CENTRE

271 Pacific Highway, behind Library. Limited on-site parking.

Wheelchair accessible

Venue Convener: Marika McLachlan

marikamclachlan@bigpond.com 9988 3199

ROMAN HISTORY: Life in the Provinces 191NL01

The Roman Empire was acquired by conquering tribes and cities with different culture and backgrounds. By the second century AD a concept of Romanness had developed, but with local differences.

Alt Mondays from 18 Feb 10:00 - 12:00

Leader and bookings: Leonie Hayne 9417 2894

Secretary: Jenny Johnston 9416 3639

RUSSIAN ADVANCED CONVERSATION 191NL02

This is a continuing course where new members with an adequate level of Russian are very welcome.

Each Monday from 18 Feb 12:00 - 2:00

Leader: Olga Petlevanny 9939 6871

Bookings: Leon Aroustian 86784047 leonalph@gmail.com

PRE- INTERMEDIATE SPANISH 191NL03

For those who have already completed some study of the language, this is a course offering instruction in basic grammar with the introduction of useful phrases, and opportunities for conversation. A variety of teaching methods will be used.

Alt Mondays from 4 Feb 2:00 - 4:00

Leader and bookings: Jenny Brady 9966 8510

jennybry03@hotmail.com

SPANISH CONVERSATION 191NL04

Most of the time we discuss current affairs, cultural events or a subject previously decided upon. Spanish is spoken 90 percent of the time. Good knowledge of the language is required.

Alt Tuesdays from 5 Feb 2:00 - 4:00

Leader: Maria Criado 0424 939 767

Bookings: Jenny Brady 9966 8510

LATIN INTERMEDIATE A..... 1918NL05

This continuing course will proceed from Stage 54 of the *Oxford Latin Course Part III* and more complex grammar enhanced by passages of prose and poetry from classical authors.

Each Wednesday from 7 Feb 1:45 - 3:45

Leader and bookings: Helen Ledwidge 9489 7161

hledwidge@iprimus.com.au

HOW TO READ AND WRITE 191NL06

MUSIC (beginners)

How to understand and create those black dots. Class will write and perform own rhythm and melody work for a variety of instruments and voice in various styles.

Alt Wednesdays from 6 Feb 2:00 - 4:00

Leader and bookings: Dawn Nettheim 9869 0451

dawn@bigpond.net.au

MODERN AND CLASSIC NOVELS 191NL07

A literary discussion group studying 10 -11 books each semester in a friendly and informal setting. All enthusiastic readers welcome. The first two books will be *North and South* by Elizabeth Gaskell followed by *The Only Story* by Julian Barnes.

Alt. Thursdays from 7 Feb

Leader and bookings: Maurice O'Donovan 9411 8717

odonovan.1@bigpond.com

GERMAN INTERMEDIATE 191NL08

Text book: em neu 2008 *Deutsch als Fremdsprache* –

Niveaustufe B2. Hauptkurs Kursbuch Hueber Verlag ISBN9 783195016957 Sechs Bausteine: Lesen, Sprechen, Hören, Schreiben, Grammatik, Wortschatz.

Basic German grammar required.

Each Friday from 15 Feb 11:00 - 12:30

Leader and bookings: Marika McLachlan 9988 3199;

0411 151 722

GERMAN ADVANCED 191NL09

Students need to have a sound knowledge of German. .

Each Friday from 15 Feb 9:30 - 11:00

Leader and bookings: Marika McLachlan 9988 3199;

0411 151 722

PENNANT HILLS: COMMUNITY CENTRE

Corner of Yarrara and Ramsey Roads. Small Hall (lower level, Library building). Community Centre car park or shopping centre opposite.

Venue Convener: Ros Markham 9416 8486

roslyn.markham@bigpond.com

FRENCH INFORMAL CONVERSATION 191NM01 GROUP

This group aims to encourage conversation in modern French in a relaxed atmosphere, with correction of grammar and usage. Topics for discussion include shared experiences, literature, music and current affairs.

Alt Wednesdays from 6 Feb 1:00 - 3:00

Leader: Chimène Hortense

Bookings: Mary Ferguson 0421 830 035

PENNANT HILLS: LEISURE AND LEARNING CENTRE

8 Warne Street. Some on-site parking, limited (3-hour) street parking.

Venue Convener: Ros Markham

9416 8486 roslyn.markham@bigpond.com

ART PRACTICE GROUP 191NP01

Love art? Then join this fun, relaxed class. Whether you are good at art or want to be good, this is the place for you.

Experiment with any media, explore your own style and develop your creative expression by learning to look. Bring your own materials. Beginners are welcome.

Alt Mondays from 4 Feb 1:00 - 4:00

Bob Talbot 0412 470 854 btalbot6@gmail.com

PYMBLE: UNITING CHURCH

Corner Pacific Highway and Livingstone Avenue. Opposite station. Limited on-site parking and with lift from lower parking area. John Downes meeting room.

Venue Convenor: Graeme Marshall
9489 8648 g.marshall1@bigpond.com

FRENCH READING AND WRITING..... 191NU01 INTERMEDIATE**(10)

For those having completed at least three years of a preliminary course. The aim of this course is to develop skills in reading, writing and speaking French.

Alt Wednesdays from 13 Feb 1:30 - 3:30

Leader and bookings: Peter Rennie 9451 8538

FRENCH READING AND WRITING..... 191NU02 ADVANCED**(10)

For those with a good basic knowledge of French grammar and pronunciation. The aim of the course is to develop students' skills in reading, writing and speaking French.

Alt Wednesdays from 6 Feb 1:30 - 3:30

Leader and bookings: Peter Rennie 9451 8538

ST IVES: UNITING CHURCH

Corner Douglas Street and Mona Vale Road, St Ives. Entrance to car park is in Douglas Street. In addition, street parking, level walking, disabled facilities, **wheelchair accessible. Courses are in the Calvin Room unless otherwise indicated.**

Venue Convener: Vicky Davies
0422 522 550 vdavies710@gmail.com

MONDAY AT ST IVES191NI01

This is a series of separate presentations by talented speakers on topics of general interest.

Alt Mondays from 4 Feb 10:00 -12:00

Leader and bookings: Joy Liddell 9449 5193
jjliddell@bigpond.com

1. Behind the Lyrics – The Secret history of a Few Good Songs

Stories behind a number of popular songs – mostly from the 1920- 70s

Monday 4 Feb

Speaker: Graham Spindler

2. The State Library of New South Wales

The State Library has a vast and varied collection (apart from books) including rare and unique objects and Australiana.

Monday 18 Feb

Speaker: Stewart Reed

3. The Impact and Challenge of the Wayside Chapel- Monday 4 March

Speaker: Guy Cooper

4. Appeals Court and the High Court

Learn what an appeal is, who can appeal and when. How appeal courts work and what they can and cannot do. Finally, we learn what the High Court does.

Monday 18 March

Speaker: Val de Rome

5. Black Notes, White Notes

This covers the influence of American slave songs, rag-time and jazz on classical music.

Monday 1 April

Speaker: Nora Hinchin

6. Weird and Not-so-Wonderful Histories Part 2A

lighter side of historical events and figures that feature the bizarre, the eccentric, the ridiculous and just plain hilarious.

Monday 29 April.

Speaker: Harvey Broadbent

7. The Garvan Institute of Medical Research

Focuses on the role of genes and molecular and cellular processes as the basis for developing future preventions, treatments and cures.

Monday 13 May.

Speaker: Scientist Julia Kiss together with a medical researcher.

8. The Black Death

We look at the causes and spread of the world's most devastating plague and its immediate and long-term social and economic effects.

Monday 27 May

Speaker: Antony McCurdy

9. Federation and the Constitution

An overview of our constitution, current issues, along with the process of federation.

Monday 24 June

Speaker: Graham Spindler

TUESDAY WORDSMITHS191NI02

Everyone has a story to tell. Our friendly interactive group will help you find the key to unlock the door to your imagination. **Wesley Room**

Alt Tuesdays from 19 Feb 10:00 - 12:00 (except 5 March and 2 April)

Leaders will rotate.

Bookings: Barry Lloyd 9449 2202

PHILOSOPHY191NI03

We research and study philosophers and the issues they raised. Are they still valid today? How & why? Members of the group choose topics. There are no formal lectures but lots of discussion.

Alt Tuesdays from 5 Feb 10:30 - 12:30

Leader and bookings: Margot Taverne 94492923
margottaverne@gmail.com

ROMAN HISTORY: THE CITY OF ROME.....191NI04

Founded in fratricide, peopled by outlaws and rapists, the small settlement of Rome grew over the centuries to rule most of Western Europe. What physical changes did the city undergo? What sort of lives did its inhabitants live?

Wesley Room

Alt Wednesdays from 6 March 10:00 - 12:00

Leader and bookings: Leonie Hayne 9417 2894

Secretary: Jenny Johnston 9416 3639 j
enny37@bigpond.com

WRITING STORIES191NI05

Everyone has at least one story in them just waiting to be found. Whether your stories come from life or your imagination, come and find them in our group.

Alt Wednesdays from 6 March 10:00 - 12:00

Leader and bookings: Marlene Huggard 9488 5450 and Sarley Mitting 9144 1992

UKULELE FOR FUN191NI06

Join us every Wednesday to have a lot of fun with a friendly group.

Knox Room

Every Wednesday from 6 Feb 9:00 - 12:00

Leaders and bookings: Bruce Abrahams 0418 237 228

bruceja@bigpond.net.au

Kim Fillingham kim@fillinghamfamily.com

SCIENCE AND TECHNOLOGY:191NI07
GLIMPSES OF OUR PAST, PRESENT AND FUTURE

Come and join us in our fourteenth year of providing a variety of highly qualified speakers with a passion for their subject and the ability to present their topic in an easy to understand format. **Wesley Room**

Alt. Wednesdays from 13 February 10:00 -12:00

Leader and bookings: Peter Turner 9488 9114
ipturner@bigpond.net.au

LOST WORLDS OF SOUTH AMERICA191NI08

Buried by the centuries of soaring mountain slopes and beneath arid deserts and lush jungles are the remains of extraordinary, majestic civilisations. Many were completely unknown until recent decades and are now coming to light. **This DVD series** explores the many cultures that rose and fell.

Alt Wednesdays 8 sessions from 13 Feb 1:00 - 3:00

Leader and bookings Barrie Heath 0450 405 526
foxx217@gmail.com

CURRENT AFFAIRS FORUM 1191NI09

We discuss and actively debate current events of importance in this friendly and lively group.

Alt Thursdays from 14 Feb 10:00 - 12:00

Leader and bookings: Arthur Lith 9144 3541
arthurlith@optusnet.com.au

CURRENT AFFAIRS FORUM 2191NI10

We discuss and actively debate current news topics on which our members have strong and often different views.

Alt Thursdays from 7 Feb 10:00 - 12:00

Leader and bookings: Alan Barge 0478 663 930
barga.alan@gmail.com

THE GOLDEN AGE OF CINEMA191NI11

Films were made to be seen by an audience so why not get this great feeling again by joining our group? Interesting films from a great range of sources will be screened, notes and information are provided (8 sessions)

Alt Fridays from 15 March 10:00 - 12:30

Leader and bookings: Alan Saunders 9144 6088
thesaunders7@optusnet.com.au

HEALTHY EATING FOR ONE191NI12

This course covers the signs of good health in mature years: nutritional needs of mature adults to prevent age-related disease, healthy food choices and meals, together with demystifying food labels.

Alt Fridays 4 sessions from 8 Feb 1:00 -3:00

Leader and bookings: Susanne Hledik 0414 497 512
phledik@bigpond.net.au

TURRAMURRA: ROHINI VILLAGE

51-53 Rohini Avenue, north of Eastern Road. Parking nearby. Cowper Room.

Venue Convener: Ros Markham

9416 8486 roslyn.markham@bigpond.com

GREAT IDEAS OF PHILOSOPHY191NN01

A new course on DVD in the Great Courses series will be presented, entitled 'The Modern Intellectual Tradition: From Descartes to Derrida', presented by Prof. Lawrence Cahoon, College of the Holy Cross, USA, The course comprises 36 half hour lectures and explores Western Philosophy from the 17th to the 20th century.

Alt Mondays from 4 Feb 10:00 - 12:00

Leader: Jock Buselli 9484 7041 jock.buselli@tpg.com.au
Bookings: Barbara Day 9416 3437 sippebar@bigpond.net.au

MUSIC WE GREW UP WITH Part 3191NN02

We will explore various composers of popular music from the fifties, sixties, seventies and eighties.

Alt Thursdays from 7 Feb 10:00 – 12:00:

Leader: Howard Ferrer howardf@optusnet.net.com.au

Bookings: Ros Markham

94168486 roslyn.markham@bigpond.com

SPEAKERS' PROGRAM191NN03

Second Wednesday of each month from 13 February 10.30-12.30

1. The History of Women's Liberation

Wednesday 13 Feb

Speaker: Peter Stamford

2. Should Nuclear Power be part of Australia's 2050 clean energy commitment?

Wednesday 13 March

Speaker: Martin Thomas

3. Computer Pals for Seniors, Turramurra

Wednesday 10 April

Speaker: (President) Bill Soper.

4. The Gardens of Stone, Sydney

Wednesday 8 May

Speaker: Janine Kitson

5. The History of Autograph Books

Wednesday 12 June

Speaker: 'Elizabeth'

Leader and Bookings: Margaret Waldock

0419740181 margaretwaldock@outlook.com

TURRAMURRA: UNITING CHURCH

Turramurra Avenue. Adequate parking behind shopping centre. **Wheelchair accessible.**

Venue Convener: Ros Markham

9416 8486 roslyn.markham@bigpond.com

CURRENT AFFAIRS DISCUSSION GROUP191NT01

We discuss current affairs and associated ideas based on media reports in an informal and objective manner. Subjects presented for discussion by a leader who is rostered on a voluntary basis in each session.

Alt Tuesdays from 29 Jan 10:00 - 12:00

Leader and bookings: Jan Martin 9456 7774

TRUTH IN HISTORY191NT02

There is some mystery, myth, revelation, magic and murkiness in history as it unfolds. Modern science and research can help us in revision and reassessment. This is to be done by readings, discussion and input using a few main texts and other research materials. Topics will be wide ranging and the class is welcome to approve or select.

Alt Thursdays from 31 Jan 10:00 - 12:00

Leader: Phil Pryor

Bookings: Margaret Marshall 9487 1898

GERMAN BEGINNERS (CONTINUING)191NT03

This course is for those who have an elementary understanding of German grammar and who have a vocabulary including commonly-used words and expressions. Students should be able to make themselves understood in simple routine situations. The course aims to develop reading, writing, listening and speaking skills.

Each Monday from 4 Feb 10:00 - 12:00

Leader and bookings: Michael Hummel 9869 1023

michael.hummel48@gmail.com

FRENCH CONVERSATION**(12)..... 191NT04

We discuss current affairs, articles of interest from magazines and journals, also topics previously agreed on. New members with a good knowledge of French are welcome.

Alt Fridays from 8 Feb 2:00 - 4:00

Leader and bookings: Mary Lambert 9440 2531

FUN PROBLEM SOLVING TO KEEP OUR MINDS ACTIVE..... 191NT05

Let's challenge our brains and keep mentally young and agile by learning how to solve geometric puzzles, as well as space problems, number puzzles and logic problems. It is both satisfying and fun to find you can solve these using hands-on activities involving paper, pencils and an eraser. Please bring these along with you.

Alt Tuesdays from 5 Feb 10:00 - 12:00

Leader and bookings: Sandra Sadler 9484 5513

spsadler@dodo.com.au

TURRAMURRA NORTH: THE COTSWOLDS VILLAGE

28 Curagul Road, North Turramurra. Easy street parking.

Venue Convener: John Dryden 9449 2875

PLAY READING**(12)..... 191NV01

Group reading of plays in a relaxed manner, no previous experience is necessary. Copies will be provided.

Alt Fridays from 15 Feb 2:00 - 4:00

Leader and bookings: John Dryden 9449 2875

jdryden@iinet.net.au

TURRAMURRA NORTH: THE LANDINGS

440 Bobbin Head Road, North Turramurra. Clubhouse. Easy street parking inside *The Landings* village near the Clubhouse.

Venue Convener: Wendy Bull 9488 5268

thelandingsvilla@gmail.com

TOPICS OF INTEREST 191NJ01

A variety of speakers lecture on their favourite subjects in the comfortable and well-equipped Clubhouse. auditorium.

Second and fourth Tuesdays of each month Feb to

Nov incl. 10:00 – 11:30

No Bookings required

- 1. 2019 - The Year of the Broadway Revival**
Tuesday 12 Feb Presenter: Stewart Reed
- 2. The Evacuation of Children in Wartime**
Tuesday 26 Feb Presenter: Stewart Reed
- 3. An Update on the Fight Against Marine Plastic**
Tuesday 12 March Presenter: Jayne Paramor
- 4. The Evolution of Crime Fiction**
Tuesday 26 March Presenter: Kathy Bradley
- 5. Lose Amiens and Lose the War – The Battle of Villers Bretonneux**
Tuesday 9 April Presenter: David Wilkins

6. Marching Off to War: A Great War Trilogy

Tuesday 23 April Presenter: Garry Smith

7. The Black Death

Tuesday 14 May Presenter: Tony McCurdy

8. The Two Sires

Tuesday 28 May Presenter: Anne Richardson

9. The Bondi Big Wave Event of 1938 – Swell, Wave or Tsunami?

Tuesday 11 June Presenter: Dick Whitaker

10. Roman Women and Slaves

Tuesday 25 June Presenter: Anne Richardson

TURRAMURRA SOUTH: UNITING CHURCH

Corner Chisholm and Vernon Streets, South Turramurra. Vestry. Plenty of parking available.

Venue Convener: Grahame Marr 9487 3806

FRENCH INTERMEDIATE/ADVANCED..... 191NW01

This course is for those having completed at least four years of preliminary courses. It aims to develop skills in understanding, reading, writing, and speaking French.

Each Wednesday 6 Feb 10:00 - 12:00 (Max 12)**

Leader and bookings: Ethleen Low 9476 4259

ethlow@bigpond.net.au

FRENCH PRE-INTERMEDIATE 191NW02

This course is for those who have completed at least two years of a preliminary French course. Develop your skills in speaking, listening to, reading and writing French in a relaxed and friendly atmosphere. Two text books are required. (Phone leader for details)

Each Thursday from 7 Feb 1:00 - 3:00 ** (Max 18)

Leader and bookings: Shirley Beck 9634 4214

FRENCH POST BEGINNERS 191NW03

This course is for those who have completed at least one year of a preliminary French course. It will involve vocabulary, role plays and grammar to develop skills in speaking, listening to, reading and writing French. Two text books are required. (Phone leader for details)

Each Tuesday from 5 Feb 1:00 - 3:00 ** (Max18)

Leader and bookings: Shirley Beck 9634 4214

WAHROONGA: THE WONIORA

9 Woniora Avenue. Plenty of on-site underground and street parking. Wheelchair accessible.

Venue Convener: Tina Vander Heyden 0414473712

albertinav@icloud.com

GERMAN INTERMEDIATE**(12) 191NB01

This course assumes that students have studied German in the past and want to brush up on their speaking, reading skills and basic grammar. The emphasis is on oral German and some necessary grammar.

Each Monday from 4 Feb 10:00 - 12:00

Leader and bookings: Dorothee Schifter 9487 2578

dorothee.schifter@bigpond.com

PRIVATE HOMES

Venue Convener: Marjorie Perry 9440 7131
marjorieperry@iinet.net.au

DISCUSSION GROUP (Wahroonga) 191NH01

A friendly group focusing on current affairs and topics of general interest.

Alt Mondays from 11 Feb 10:15 - 12:15

Leader and bookings: Eva Browne 9487 7246

INDONESIAN BEGINNERS (Wahroonga) 191NH02

Learn the language of our closest neighbours. Textbook: *Colloquial Indonesian* by Sutanto Atmosumarto

Alt Tuesdays from 5 March 1:30 - 3:30

Leader and bookings: Tina Vander Heyden 0414 473 712
albertinav@icloud.com

INDONESIAN INTERMEDIATE 191NH03 (Wahroonga)

Expand your knowledge of Indonesian with a small group of like-minded people in a relaxed atmosphere.

Textbook: *Bahasa Tetanggaku* by Ian J. White.

Wednesday 6 March, 3 April, 1 May and 12 June 1:30 - 3:30

Leader and bookings: Tina Vander Heyden 0414 473 712
albertinav@icloud.com

WRITING MEMOIRS (St Ives) 191NH04

A course for people who want a more structured approach to writing their memoirs (don't know where to begin?). The aim is to hold your own book in your hands.

Alt Fridays from 1 Feb 10:00 – 12:00

Leader and bookings Colleen McMillan 0447 365 900
colleenmcmillan11@gmail.com

PLAY READING (Wahroonga) 191NH05

No need for acting skills, just an interest in reading plays with a friendly group.

Third Friday of each month from 15 Feb 1:30 - 3:30

Leader and bookings: Jill Baxter 9487 5972

WITH RHYME AND REASON 191NH06 (Eastwood) *(10)

We are a group of published poets and poetry lovers who meet together to study and discuss twentieth century poets and poetry from all over the world. Material is distributed before each meeting. The atmosphere is relaxed and convivial.

Alt Thursdays from 14 Feb 10:30 - 12:30

Leader and bookings: Ron Wilkins 9876 1948
ronwtwilkins@hotmail.com

BOOK DISCUSSION GROUP (Pymble) 191NH07

We meet each month to discuss both fiction and non-fiction.

First Monday of each month from 4 Feb 10:00 - 12:00

Leader and bookings: Bill Rees 9415 8257

A WAY WITH WORDS (Pymble) 191NH08

Join our writing group in a motivating and supporting environment. Knowledgeable feedback is given to help you develop your writing skills. Close to bus stop and Pymble Station. Street parking.

Alt. Thursdays from 7 Feb 10:00 - 12:00

Leader: Margaret Thomason 9488 8960
Bookings: Margot Taverne 9449 2923
margottaverne@gmail.com