



SYDNEY
U3A

sharing growing socialising

passion

Talks Courses Events

SEMESTER 1

January - June 2019

Sydney U3A Inc.
02 9267 9056
Suite 10.2 / St Martin's Tower
31 Market St
Sydney NSW 2000

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www.sydneyu3a.org

SYDNEY U3A INC.

U3A ethos is to promote and foster the melding of lifelong learning, creativity, exercise and community interaction so that the third age, which occurs immediately after full-time employment, is truly the age of reinvention, rejuvenation, renewal, redirection. There are no course entrance requirements, no exams and no awards given. The course book is published biannually in January and June each year

Editor: Judithe Hall

Email: editor.sydneyu3a@gmail.com

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ENQUIRIES

General enquiries should be directed to central office – 9267 9056

Enquiries relating to regional activities and/or courses should be made to regional presidents

SYDNEY U3A OFFICE BEARERS

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INSURANCE

Sydney U3A Inc has public liability insurance to cover against possible damage or injury to persons or property arising from proven negligence by any member of Sydney U3A or its invitees at the site on which the activity occurs, except in the case of water or aircraft activity.

Members participating in a course that has a physical component, such as bush walking, table tennis or exercise classes, are required to sign a form acknowledging that the member understands the insurance cover before being accepted into one of these courses.

CONTENTS

EVENTS	4
COURSE BOOK	
CITY AND INNER WEST.....	11
EASTERN	20
ENDEAVOUR.....	24
GREATER WESTERN.....	30
HARBOURSIDE NORTH	34
NORTHERN BEACHES	45
UPPER NORTH	55
INDEXES	64-65

PRESIDENT'S MESSAGE



Welcome to a new year in U3A. As each year begins we look forward to receiving our Course Book and are appreciative of the hard work of all the volunteers who work on its preparation. However, there are volunteers who are unknown voices at the end of the office phone. They are office volunteers who ensure that Sydney U3A operates smoothly.

The following members have worked in the office for more than ten years: Dorothy Dalyell, Linley Bartlett, Val Hazlewood, Jan Whitten, Judy Matthew, Wynsome Clarke, Annika Tults, Mairi Grieve, Audrey Tonkin, Christine Shea and Chris Ross. Kate McCosker, Mary Malone and Bruce Clark have recently 'retired' after more than ten years. They deserve special recognition for their service to Sydney U3A

The search for a new office was expedited by two special members. I would like to thank John Ekert, who did all the ground work to find a new premises and Stuart Cumming, who ensured that the technical aspects of the move went as smoothly as possible. We now have a bright, freshly fitted out office with an interesting outlook. If you are in the city come in and visit.

Each year we recognize the work of members who have given exceptional service to Sydney U3A in three or more areas. This year we are celebrating the achievements of five very special members. I hope you will join us at the AGM on Wednesday 20 March when these members are granted Honorary Life Membership.

Barbara Boston, President, Sydney U3A Inc.

VP EDUCATION REPORT

As we roll into 2019 I look back on an incredibly busy year. The most enjoyable part has been attending regional functions and AGMs, meeting members and volunteers. The most challenging part has been organising the course book.

Last semester I thought the course book editor role "sorted." Not correct! Four members who volunteered for the position resigned due to health issues. Thankfully Judithe Hall came to the rescue. Judithe and her team have done a wonderful job in producing our book.

We decided that it is more efficient to have a "team" with a proofreader assigned to each region rather than a single entity. This has spread the load and we are now better placed to progress an effective succession plan. We will continue to develop ways to improve. We will explore ways to make it easier to electronically access course details and facilitate online bookings. We aim to move further into the electronic world of the 21st century.

I again ask all members to reflect upon the value of our volunteers, specifically to reflect upon the enormous contribution made by our leaders, regional and venue coordinators. We also need to recognise the contribution made by the office volunteers.

Sydney U3A colour brand values are once more used on this course book cover so that members can reflect upon the philosophy and ethos of our very special organisation.

Kingfisher Blue – Sharing, Green – Growing, Yellow – Socialising, Red - Passion

Enjoy the wonderful courses, talks and events programed for S1 2019.

Dianne Ekert, Vice President (Education), Sydney U3A Inc.



A GUIDE TO READING YOUR COURSE BOOK

Events: All members may attend any event advertised in any section of the course book and in any region subject to availability.

Courses/Talks: All members may attend any course/talk advertised in any region of the course book, subject to availability.

Attendee Numbers: *(10) Indicates the maximum number of positions available in the course being advertised.

IMPORTANT - PLEASE READ

Members of Sydney U3A may join courses in any region, subject to availability.

- You must book for all courses that you wish to attend, unless otherwise indicated
- To book, email or phone the booking secretary
- In case of problems, contact the regional course coordinator or nominated venue coordinator. Course and venue coordinators **DO NOT TAKE BOOKINGS**
- Please provide name, membership and contact numbers when booking
- Book early to avoid disappointment as many classes fill quickly
- If you are unable to attend a course into which you have booked, ensure that you cancel the booking so that others on the waiting list may attend
- Courses are held either weekly, fortnightly, monthly, bimonthly or as a single session
- Some courses include a small fee for materials and/or use of equipment

EVENTS

Semester 1, 2019

TOUR OF SYDNEY'S GOVERNMENT HOUSE**(20)

Macquarie Street, Sydney

Located on Conservatorium Road alongside the Royal Botanical Gardens

As numbers are limited, two identical tours on different dates will be conducted

Tour number must be nominated when booking

Tour 1 - Sunday 17 February at 11:00

Tour 2 - Friday 15 March at 11:00

Opened in 1845, Sydney's Government House is the vice-regal residence of the Governor of NSW and one of the finest examples of Gothic Revival architecture in Sydney.

View the restored grand historic interiors, including the exquisite hand-painted stencil ceilings. The House also showcases a significant collection of portraits, furniture, decorative arts and gubernatorial memorabilia, many of them produced in New South Wales and of heritage significance.

Government House is a busy 'working house' which is host to many vice-regal and charitable events and royal visitors. Set in a beautiful landscaped garden with views over Farm Cove and the Harbour it also offers an unusual perspective of the Sydney Opera House. You will be able to visit the gardens once the tour ends.

Booking is essential David Wardle : djwardle@msn.com.au

When booking quote your name, U3A number and telephone number

You must arrive 15 minutes before the tour begins for signing in and bag checks

Note: Your Driver's Licence, Medicare or Seniors Card number must be provided at the gatehouse in order to collect ticket

Organised by David Wardle

TOUR OF ST MARY'S CATHEDRAL**(20)

St Mary's Road, Sydney

As numbers are limited, two identical tours on different dates will be conducted

Tour number must be nominated when booking

Tour 1 - Wednesday 20 February at 10.30

Tour 2 - Wednesday 13 March at 10.30

St Mary's Cathedral was designed by architect William Wardell after the first cathedral burnt down in 1865. It was substantially completed by 1928, although the spires were not added until 2000. It is built in the Victorian Gothic style, has beautiful stained-glass windows and tells the story of the foundation and development of the Roman Catholic faith in Australia.

Underneath the cathedral is the beautiful crypt which is highlighted by its magnificent terrazzo mosaic flooring and is the final resting place of Sydney's pioneer priests and the previous archbishops of Sydney. Apart from being beautiful and historic, it is a very vibrant and active cathedral constantly visited by school groups, tourists and those attending service.

Booking is essential David Wardle : djwardle@msn.com.au

When booking quote your name, U3A number and telephone number

You must arrive 15 minutes before the tour begins

Organised by David Wardle

EVENTS

Semester 1, 2019

GUIDED TOUR OF HISTORIC LINNWOOD **(20)

Thursday 4 April

Set within five hectares of grounds with mature trees, Linnwood was built in 1891 as a stately home for George McCredie, a prominent politician, engineer and Justice of the Peace. Since then Linnwood has had many lives: a children's home, a truant school and a home science training establishment.

Guided tour includes Devonshire tea/coffee. Cost \$10 payable on the day

Train 9:36 from Central platform 19 to Guildford. Arrive 10:16. Travel in second carriage.
Meet at exit barrier on Military Road. Ample on-site parking

Email bookings only: : beatricescheepers@gmail.com : 0402 969 004 (enquiries only)
Please provide membership number and telephone number when booking.

Organised by City and Inner West Region

KIAMA LIGHTHOUSE AND BLOWHOLE

Visit the HISTORIC OLD HERITAGE PILOT'S COTTAGE MUSEUM

Wednesday 27 February

Entry: \$2.00

Lunch at one of the many cafés in Kiama or bring your own picnic

An easy 20 minute walk from the station

Train 9:27 Central Platform 25 to Kiama arriving 11:39. Travel in the second carriage
Please bring morning tea to have on the train.

Bookings essential: Bobbie Kersten 0410 873 605 bobbiakersten@gmail.com (preferred)

Organised by City and Inner West Region

GUIDED TOUR OF LANCER BARRACKS AND MUSEUM **(15)

Thursday 28 February

These buildings, erected on the orders of Governor Macquarie, form the oldest continuously used military barracks on the mainland of Australia. Completed in 1820 the structures were designed for a company of 100 officers and men, and served as barracks of British regiments stationed there during convict times. Cost \$5 payable on the day

Train 9:25 from Central platform 18 to Parramatta. Arrive 9:52 Travel in 2nd carriage
Meet at exit barrier on Liverpool-Parramatta Transitway for coffee nearby

Bookings essential from 9:00 Thursday 14 February. Leader unable to process bookings before that time.

Email bookings only: beatricescheepers@gmail.com 0402 969 004 (enquiries only)

Please provide membership number and telephone number when booking.

Please note There are no on site toilet facilities, and the terrain is uneven and not suitable for people with mobility restrictions.

Organised by City and Inner West Region

EVENTS

Semester 1, 2019

HOW THE COURTS WORK** (15)

Part 1: Friday 15 March

Meet 9:30am corner of Central and George Streets, opposite Events Cinemas

Enjoy an insider's view of the history, charm and curiosities of the inferior courts (civil and criminal) sitting at Brickfield Hill. Finish 12:45. Affordable Korean lunch afterwards.

Part 2: Friday 22 March

Meet 9:30 at Queen Victoria Statue on Queens Square, opposite Hyde Park Barracks, Macquarie Street

Discover the quirks and intricacies of the superior courts (civil and criminal) at Queens Square, and view the recent refurbishments to the Law Courts building. Finish 12:45. Affordable lunch afterwards.

SPECIAL TREAT: the High Court will be sitting in Sydney on 22 March

Bookings essential for both dates between 9:00 Monday 4 March and 5:00 Friday 8 March

Leader unable to process bookings outside that period

Places will be determined by ballot. Please provide membership number and telephone number when booking

Email bookings only: beatricescheepers@gmail.com 0402 969 004 enquiries only

Please note: Airport-style security applies at all courts, and participants are asked to leave all aerosols and sharp-bladed instruments at home. No photography allowed.

Organised by City and Inner West Region

GUIDED TOUR OF CENTRAL PARK**(20)

Tuesday 27 June

Leader: Beatrice Scheepers

This vibrant urban village on Broadway is the talk of the town. The old Tooths Brewery site has been transformed into a place of engineering marvels, stunning design and the world's tallest vertical garden. Clever restoration has revitalised the industrial heritage, the landscape architecture provides a calming complement to the high-rise intensity, and the joint is jumping with quaint cafés, small bars and fine cuisine. Underneath it all flows an old watercourse, witness to widespread greed, exploitation and foul deeds.

Meet outside the Mercure Hotel, Railway Square at 9:30

Bookings essential, from 9:00 Monday 10 June. No bookings before that time please

Please provide membership number and telephone number when booking

Email booking only: AudreyNewman.farndon@optusnet.com.au phone 9810 3247 (enquiries only)

Organised by City and Inner West Region

EVENTS

Semester 1, 2019

SURRY HILLS ART CRAWL **(20)

Thursday 7 March

Leader: Beatrice Scheepers

Tucked away behind Central Railway Station is one of Sydney's most charming arts precincts, showcasing an exciting range of creative talents. Come and discover what's on display at the many galleries and studios.

Bookings essential from 9:00 Monday 25 February (no bookings before that time please)

Email bookings only: Sue Lamont smlamont@outlook.com 0419 418 508 (enquiries only)
Please provide membership number and contact details when booking

Meet 9:30 at entrance to Mercure Hotel, Railway Square

Organised by City and Inner West Region

ENDEAVOUR (SOUTHERN) REGION OF SYDNEY U3A

FIFTH TUESDAY OCCASIONAL PUBLIC LECTURE

will be held at

CLUB on EAST (formerly Sutherland United Service Club)

7 East Parade, Sutherland

Club car park available for attendees

Tuesday 30 April 2019 10:15 for 10:30

Guest Speaker: Dr Graeme Wells

THE CROCODILE CHAMPION - PIONEERING CROCODILE SURVEYS IN AUSTRALIA

Graeme Wells firstly worked on 'Honorary Service' for the Australian Museum and NSW Fisheries, whilst attending Strathfield South High School in Sydney. In his first year of University studies he was employed by CSIRO Fisheries & Oceanography, based at Karumba, North Queensland. This involved extensive field travel in seaplanes throughout the tidal river systems of the Gulf of Carpentaria – on the Northern Prawns Project, and then work [mostly prawns] for Northern Territory Fisheries, based out of Darwin. On completion of undergraduate studies he took employment in the Department of Environmental Physics, School of Physics, University of Sydney as Research Assistant to Professor Harry Messel. In the 1970's and 1980's he surveyed populations of saltwater crocodiles throughout the tidal river systems of the Kimberley coastline of Western Australia, the entire Northern Territory coastline and on both sides of Cape York Peninsula, Queensland.

Dr. Graeme Wells is a Mangrove Ecologist and is a joint author of some twenty one books detailing the saltwater crocodile surveys in Northern Australia. He is also the author of the best-selling Children's Book 'Crocodile Tales'. This talk is on the pioneering crocodile surveys and associated matters.

For enquiries only: Nilva Martini 0455 110 826

No bookings are required. Entrance - gold coin donation.

Organised by Endeavour (Southern) Region

EVENTS

Semester 1, 2019

TOUR OF ABC STUDIOS ULTIMO CENTRE(45)**

Wednesday 17 April at 9.50

(you must be there 15 minutes before the tour begins)

700 Harris Street, Cnr Thomas Street, Ultimo

Cost is \$8 per head (no refunds)

Easy walk from Central Station

Bookings essential with Marje Ashworth on 8387 3989

between 9.00 and 5.00 Monday to Friday please

or email marjeash@tpg.com.au

There was such a huge response to the tour of the ABC last semester that we are repeating it this year. The Centre brings together all aspects of television, radio, new media, transmission and news and current affairs. We are likely to visit one of the ABC's two digital television production studios, hair and makeup, special effects, an on-air radio studio, a news studio and a control room. Come along and rub shoulders with some of the country's most respected journalists, television and radio personalities. We can also take advantage of the café on the ground floor.

Organised by Harbourside North Region

TOUR OF THE NEW MITCHELL GALLERIES AT THE MITCHELL LIBRARY(30)**

Friday 17 May at 12.00 pm

**Cnr Macquarie Street & Shakespeare Place situated between the
Royal Botanical Gardens and Parliament House**

Meet at the Enquiry Desk in the Foyer at 11.45 Tour one hour No charge

Bookings essential with Marje Ashworth on 8387 3989

between 9.00 and 5.00 Monday to Friday please

or email marjeash@tpg.com.au

The State Library of NSW is one of the great libraries of the world, with a history dating back to 1826. It opened originally in Pitt Street as the Australian Subscription Library with the foundation stone of the existing building being laid in 1906. The Mitchell Library opened to the public in 1910. Its renowned historical and contemporary collections, comprising more than six million items, hold the growing memory of our state and nation. In March this year, the missing diaries of Australian literary great, Miles Franklin, were donated to the State Library and are now on show to the general public along with a number of other items which haven't been on show for many years

Organised by Harbourside North Region

EVENTS

Semester 1, 2019

A SHIPS 'N' SHORE TOUR WITH SYDNEY HERITAGE FLEET**(26)

Tuesday 12 March at 9.30

Meet at the two big anchors outside the main door of the
Australian National Maritime Museum near Pyrmont Bridge

Cost is \$35 per head (no refunds).

Essential to wear sturdy flat footwear (no sandals or open toes). Not for people with
mobility issues - there are stairs to get onto and below decks

Bookings essential with Marje Ashworth on 8387 3989
between 9.00 and 5.00 Monday to Friday please
or email marjeash@tpg.com.au

We have enjoyed this tour many times before. It is a real nautical experience, starting with morning tea and a short talk on board the 1874 James Craig. After exploring the ship's museum we board the heritage vessel Harman for a cruise on the harbour with commentary. Then we visit the Heritage Docks and Workshop at Rozelle where our heritage vessels are moored and the steamer John Oxley (1927) and ferry Kanangra (1912) are being restored. After a guided tour around the site, we eventually end up back at the Maritime Museum where people who have booked a tour can enjoy their fish and chips (or other choices) at Yots Café for \$15, including tea and coffee.

Organised by Harbourside North Region

HOLIDAY: BATEMANS BAY**(49)

Sunday 10 March - Friday 15 March 2019

Depart Sunday 10 March 8:00am from
Railway St, Pennant Hills Station and
8:30am from Fitzwilliam St, Parramatta.

Return Friday 15 March at approximately 4:30pm to
Fitzwilliam St, Parramatta and
5:00pm to Railway St, Pennant Hills Station.

PLEASE NOTE: Whilst bookings and deposits were taken in September 2018, if interested in this holiday please contact Diana Pine on 48613721 to ascertain if any rooms are still available. The itinerary for this holiday is available on the U3A Website.

For those U3A members already booked on this holiday please note:

Full Payment: Balance made payable to Coach Holidays and Tours must be posted to Diana by 11 February 2019. The balance is partly refundable until the time and date of departure. No refund can be made after the time of departure or for any unused portions of the tour. Deposits are non-refundable within 30 days of departure. Eligible deposit refunds prior to this time are subject to a service charge of \$50 per person.

Organised by Greater Western Region

EVENTS

Semester 1, 2019

BERRY "CHOCOLATES AND WINE" OUTING(40)**

Tuesday 9 April 2019 9.00am – 5.00pm

Meet at Fitzwilliam Street, Parramatta at 8:45 for a 9.00 sharp departure.

Booking is Essential: Bev Cockburn 96357802

Cost: \$56 based on 40 participants and payable by Friday 22 March.

****A small extra charge maybe necessary if numbers are less than 40.**

We travel south to beautiful Berry and the Treat Factory, enjoying morning tea in their grounds. The factory is situated in an old butter factory where it is possible to see and taste chocolates, confectionary and jam being produced during our tour. Rejoining our coach, we explore the local area before heading to Shoalhaven Ex-Servicemen's Club for lunch and the use of the club's facilities.

In the afternoon, we travel to the historic Coolangatta Estate, the region's most awarded, family-owned winery, where we can sample their wines and take in the magnificent rural and coastal views, after which we will return to Parramatta at approximately 5.00pm.

Organised by Greater Western Region

LITHGOW PROPERTIES VISIT

Lithgow's Gardens of Stone

Thursday/Friday 23 - 24 May

It is expected that all participants will have attended the first two parts of this course which are to be held at North Curl Curl Community Centre on 18 April and 9 May (Course Number 191BD16)

We will then travel to Lithgow to explore the Gardens and Museums introduced in Parts 1 and 2

We catch the 8:50 train departing Central Railway Station to Lithgow. When arriving in Lithgow we will be met by a mini bus and taken to visit Lithgow's Gardens of Stone as well as the State Mine Museum, Eskbank House Museum and Secret Creek Sanctuary.

We will stay overnight at the Lithgow Workies Club Motel. Return to Central Station by 6:30pm the following evening

**Cost: \$135 - lunches, dinner, breakfast, afternoon tea, mini-bus transport, guided tours and all entrance fees
Accommodation: Twin share room \$200; Single room \$180**

For further information and booking please contact

Janine Kitson janinemkitson@gmail.com 0428 860 623, or

Ruth Buchanan ruth.buchanan@bigpond.com

Organised by Northern Beaches Region

CITY AND INNER WEST

Regional Course Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com **Enquiries only**

CITY AND INNER WEST REGION OF SYDNEY U3A

Notice is hereby given that the 2019
Annual General Meeting and Election of Office Bearers

will be held on
Wednesday 13 February 1:30 – 3:30

at
Burwood RSL CLUB
96 Shaftesbury Road Burwood
(ample parking available on site)

Guest Speaker:

Historian Dr Peter Hobbins, MPHA, an expert on Sydney epidemics. The topic will be the flu pandemic which led to 3 February 1919 being known as 'mask day' in NSW

The meeting will be followed by refreshments and opportunities for members to socialise

Information and committee nomination forms are available from
Jenny Waldron 8753 0521 jenniferwaldron2@gmail.com

Please RSVP to Anne Hall 0419 017 364; annenhall@gmail.com
All Sydney U3A members are welcome to attend

ASHFIELD: CARDINAL FREEMAN RETIREMENT VILLAGE

137 Victoria Street. Limited off-street parking.
Wheelchair accessible

Venue Coordinator: Lesley Painter
0401 038 050; painterl@bigpond.net.au

BRIDGE FOR THE LESS COMPETITIVE 191WA01

Brush up your bridge skills in our informal group in a friendly non-competitive atmosphere. All levels of skill welcome.

Each Tuesday from 5 Feb 1:00 - 4:00

Leader and bookings: Liz Sobolewski 9630 7592

SATURDAY BRIDGE 191WA02

Brush up your bridge skills in an informal group in a friendly non-competitive atmosphere. All levels of skill welcome.

Each Saturday from 9 Feb 1:00 - 4:00

Leader and bookings: Linda Dewberry
lindamd23@gmail.com

ASHFIELD CIVIC CENTRE

260 Liverpool Road.

Venue Coordinator: Anne Hall
0419 017 364 annenhall@gmail.com

RECORDER GROUP 191WE01

This course is for members who enjoy playing the recorder and would like to join an established group. We perform a wide variety of music at intermediate level (not for beginners). Opportunity to lunch afterwards.

Each Tuesday from 29 Jan 10:30 - 12:30

(excluding school holidays)

Leader and bookings: David Young 0414 249 618; 9569 8167
dy4health@optusnet.com.au

CLUB ASHFIELD

5-7 Charlotte Street, 2nd level (lift available). Car park: Elizabeth Street, token from Club required for exit.

Venue Coordinator: Jennifer Waldron
8753 0521 jenniferwaldron2@gmail.com

QI GONG, FAN, AND COLLABORATIVE TAI CHI(15) 191WF01**

Class begins with ba duan jin and mini wild goose qi gong where beginners are welcome, followed by 24 and 28 form tai chi chuan suitable for those with some experience. A modified kung fu fan completes the session.

Each Tuesday from 5 Feb 10:30 - 12:00

(excluding school holidays)

Leaders and bookings: Lois Knight 9798 6525

lknight60@bigpond.com

Deborah Gracic 9636 6512 gracic.deb@gmail.com

FOR THE LOVE OF DANCE(40)..... 191WF02**

Enjoy dancing to the rhythm of the waltz, rumba, cha cha, charleston, tango and more, in this relaxed and easy to follow class. Use your memory skills and help your balance. A class good for the soul, all the way from your head to your toes. This is not partner dancing.

**Each Tuesday from 5 Feb 1:00 - 2:00
(excluding school holidays)**

Leader and bookings: Bobbie Kersten 0410 873 605
bobbiekersten@gmail.com

**COOPERATIVE RELAXATION..... 191WF03
AND STRETCHING ACTIVITIES**(36)**

This course is for exercise in a collaborative atmosphere.

**Each Wednesday from 6 Feb 10:00 - 12:00
(excluding school holidays)**

Leader and bookings: Lois Knight 9798 6525
lknight60@bigpond.com

**ENGLISH AS A SECOND..... 191WF04
LANGUAGE**(14)**

We investigate how English works, focusing on a topic of interest to the group. We read aloud and discuss pronunciation, word meanings, spelling, grammar and current idiom. This is a relaxed way to practice and improve your English with a friendly group.

**Each Thursday from 7 Feb 10:30 - 12:30
(excluding school holidays)**

Leader and bookings: Janet Egan 0415 133 994
janet.egan@gmail.com

COLLABORATIVE QI GONG(15)..... 191WF05**

This is qi gong in a collaborative environment, experienced practitioners only. Qi gong, according to Chinese culture, is beneficial to maintaining good health.

**Each Friday from 8 Feb 10:00 - 11:30
(excluding school holidays)**

Leader: Alan Avanzado
Bookings: Denise Yuen 0410 570 188 sdyuen@gmail.com

TAI CHI CHUAN(20)..... 191WF06**

Attention to the breath and gentle movements of the tai chi form helps us get in touch with our inner space. This space is usually occupied with thoughts and feelings which do not allow us to be present in the moment. As our attention span develops through the 'practice' we learn to be present to the nature of our being and able to see reality as it is.

**Each Wednesday from 6 Feb 1:15 - 2:30
(excluding school holidays)**

Leader: Horacio Paz 9420 5291; 0407 912 561
Bookings: Jennifer Waldron 8753 0521
jenniferwaldron2@gmail.com

BURWOOD RSL CLUB

92 Shaftesbury Road. On-site parking.

Wheelchair accessible

Venue Coordinator: Anne Hall

0419 017 364; annenhall@gmail.com

CINEMA DISCUSSION GROUP 191WB01

This stimulating group discusses two films per fortnight. Films are chosen by the group at each session. The result is an invigorating, insightful and very enjoyable discussion. Places limited.

Alt Wednesdays from 6 Feb 1:30 - 3:30

Leader: Frank Wilson 8021 7059
Bookings: Betty Candy 9799 9030 bjcandy@bigpond.com

INVESTMENT DISCUSSION GROUP..... 191WB02

Understand the forces and current events that affect investment markets. We examine specific topics and undertake some practical activity. **This is a discussion group only, and our members are not permitted, by law, to provide financial advice.**

Alt Thursdays from 14 Feb 9:30 - 11:45

Leader and bookings: Greg Buriak 0422 599 417
buriak@optusnet.com.au

THE BEST OF BRITISH..... 191WB03

Come on a voyage through great British literature from the early 19th century to the present day and explore the social and historical issues which it raises. First novel *Wuthering Heights* by Emily Brontë.

Alt Fridays from 8 Feb 10:30 - 12:30

Leader: Iris Ryall 9744 1647
Bookings: Edna May 9797 8202

**DISCUSSION GROUP: SOCIAL 191WB04
ISSUES AND CURRENT AFFAIRS**(15)**

Meetings are divided into two sessions by a tea break. First session: Topic for discussion prepared and presented by any group member who volunteers. Second Session: Current Affairs, no subject taboo. A friendly, intelligent group of men and women where everyone is encouraged to participate.

Alt Fridays from 1 Feb 10:00 - 12:30

Leader and bookings: George Elliott 9874 7208
shs14gle@bigpond.com

TRAVELLER'S JAPANESE(10)..... 191WB05**

If you are intending to travel to Japan this course will be of interest to you. The class covers basic language skills, Japanese customs and culture. We also benefit from the experience of our teacher and other course participants who have travelled to Japan. A textbook is used.

**Each Tuesday from 5 Feb 10:00 - 12:00
(excluding school holidays)**

Leader: Haruko Tanaka 0424 225 863 haruko@aae.edu.au
Bookings: Gayle Osborne 0429 459 443
gmosborne153@bigpond.com

BURWOOD: WOODSTOCK COMMUNITY CENTRE

22 Church Street. On-site parking.

Venue Coordinator: Anne Hall

0419 017 364 annenhall@gmail.com

CURRENT AFFAIRS DISCUSSION 191WO01

News of the day. No topics are out of bounds, but we discuss politics and religion with sensitivity. Members sometimes prepare a topic for discussion. Format: freewheeling.

**Each Monday from 14 Jan 10:00 - 12:00
(Public holidays excluded)**

Leader and bookings: Michael Holland
mhol1234@gmail.com

TRAVEL PLUS LUNCH 191WO02

Meet other avid travellers, share your travel experiences, tips and recommendations. After the meeting we will sample international cuisine in a nearby restaurant.

First Tuesday of each month from 5 Feb 10:00 - 12:00

Leader and bookings: Greg Buriak 0422 599 417
buriak@optusnet.com.au

ITALIAN CONVERSATION 191WO03

This class aims to improve conversational skills for students who have knowledge of Italian grammar. Note: no handouts will be supplied.

Each Wednesday from 30 Jan 10:00 - 12:00

Leader and bookings: Nadia Favotto 9705 7217;
0429 060 013

FILM DISCUSSION GROUP 191WO04

Members are invited to discuss two movies every fortnight and give their rating. Members vote on future movies with two volunteering to present their choices.

Alt Thursdays from 31 Jan 1:30 - 3:30

Leader: John Swords 9516 3915 swords.j@gmail.com
Bookings: Carol Green 9516 3915

CLUB BURWOOD

Corner Burwood Road and George Street.

Venue Coordinator: Anne Hall

0419 017 364 annenhall@gmail.com

'ISMS' IN HISTORY 191WY01

There are a number of beliefs and practices that end in 'ism'. This course examines some 'isms' and we discuss the individuals who promoted them: capitalism, Adam Smith; communism, Karl Marx; Conservatism, Edmund Burke; atheism, Socrates and Richard Dawkins; Fascism, Hitler and Mussolini.

Alt Wednesdays from 6 Feb 10:00 - 12:00

Leader: Frank Wilson 8021 7059
Bookings: Betty Candy 9799 9030 bjcandy@bigpond.com

CITY: CUSTOMS HOUSE LIBRARY

Alfred Street, opposite Circular Quay station. Meeting room Level 2. Please enter quietly through Reading Room.

Venue Coordinator: Jennifer Waldron

8753 0521 jenniferwaldron2@gmail.com

DECONSTRUCTING 191WC01 CONTEMPORARY ART**(25)

Every other Thursday we visit contemporary art shows in Sydney galleries. On alternate weeks, we meet at Customs House for evaluation of news, events, trends, theory and history of the work visited. We build a virtual art collection and develop a personal aesthetic. Good level of physical fitness required as walking involved.

Each Thursday from 7 Feb 10:30 - 12:30

Alternate weeks 1:30 - 3:30 gallery visits

Leader and bookings: Wendy Fraser
9569 7942; 0408 711 672 barrieandwendy@gmail.com

FILM APPRECIATION**(20) 191WC02

Do you enjoy contemporary cinema and sharing your ideas? Members of this group research a film and lead the discussion three to four times a year. We also look at issues, trends and news in the film world.

Alt Thursdays from 7 Feb 1:30 - 3:30

Leader and bookings: Susanne de Ferranti 9660 3425
sdeferranti@ozemail.com.au

DRUMMOYNE COMMUNITY CENTRE

10 Cometrowe Street. Street parking.

Wheelchair accessible

Venue Coordinator: Anne Hall

0419 017 364; annenhall@gmail.com

ITALIAN CONVERSATION**(10) 191WD01

Basic knowledge required as class will be conducted in Italian. Emphasis on speaking.

Each Monday from 4 Feb 2:00 - 3:15

(except school holidays)

Leader and bookings: Lori Banham 0409 814 127
lori.b@bigpond.net.au

FRENCH CONVERSATION 191WD02 INTERMEDIATE**(15)

Requires a good basic knowledge of French grammar and must be able to converse adequately in French. Emphasis on speaking and listening.

Each Wednesday from 20 Feb 1:30 - 3:30

(except school holidays)

Leader and bookings: Jocelyne Sealey rjbow@tpg.com.au

INTERMEDIATE SPANISH**(10) 191WD03

Course is designed for students who already have a basic conversational level of Spanish. Emphasis is placed on improving fluidity of conversation. Class will be conducted mostly in Spanish.

Each Wednesday from 6 Feb 1:15 - 3:15

Leader and bookings: Les Margulis 0421 456 806;
02 4757 1437 lesmargulis@gmail.com

GLEBE: THE OLD TOWN HALL

160 St Johns Road.

Venue Coordinator: Pauline Valentine

0412 595 891; gregory_1947@hotmail.com

DRAWING**(12) 191WG01

We use black and white (charcoal, pencil, ink) with some other media, such as Conté. The basics are covered, including tone, perspective and composition. Students are encouraged to suggest topics. Weather permitting, we draw outdoors and occasionally visit art galleries. Only an interest in drawing is required.

Alt Thursdays from 7 Feb 10:00 - 12:00

Leader and bookings: Neville Bendall 9660 1873

GLEBE LIBRARY: BENLEDI ROOM

186 Glebe Point Road (corner Wigram Road).

Venue Coordinator: Pauline Valentine

0412 595 891; gregory_1947@hotmail.com

JAPANESE 191WJ01

Knowledge of hiragana and kanji will be helpful. Experiences in conversation will include grammar study. This is a small, social group but not for beginners.

Series 1: Each Thursday from 7 Feb 10:00 - 12:00

Leaders: Tsuiko Mukai 8384 4251 and

Haruko Johansson 8957 7016

Bookings: Juanita Englefield 9816 5807

STRUMMIN' WITH JEN 191WJ02

Introducing the ukulele, a happy, social instrument. User friendly so that those without musical knowledge or experience can quickly gain enough know-how to play simple songs and begin to experience all the benefits of music making. 'Strummin' Jen' makes it fun, learning the basics – intros, outros, chords, strumming and more.

Alt Thursdays from 7 Feb 2:00 - 3:45

Leader: Jenny Lowe

Bookings: Pauline Valentine 0412 595 891

gregory_1947@hotmail.com

GLEBE: NAG'S HEAD HOTEL

162 St Johns Road. Upstairs Conference Room.

Limited street parking.

Venue Coordinator: Jan Macindoe

9660 0208; jnmacindoe@gmail.com

FIRST FRIDAY BOOK GROUP**(12)..... 191WQ01

Favourite books are chosen by members for discussion by the group.

First Friday of each month from 1 Feb 10:00 - 12:00

Leader and bookings: Jan Macindoe 9660 0208;

0424 537 557 jnmacindoe@gmail.com

GLEBE: ST. HELEN'S COMMUNITY CENTRE

184 Glebe Point Road. **Wheelchair accessible.**

Venue Coordinator: Pauline Valentine

0412 595 891 gregory_1947@hotmail.com

PATHWAYS TO THE GODS 191WK01

This semester we will continue the exploration for the beginning of Christianity by reading the New Testament to create a biography of Jesus; as well as other ancient documents from cultures surrounding ancient Israel, including their mystery religions. Bring any edition Bible.

Second and Fourth Fridays from 8 Feb 10:00 - 12:00

Leader and bookings: Jacques Goldman 9518 6741

GLEBE: TOXTETH HOTEL

345 Glebe Point Road. Fireside Lounge, ground floor.

Street parking available.

Venue Coordinator: Michael Holland

mhol1234@gmail.com

PHILOSOPHY IN THE PUB**(12)..... 191WT01

Topics are drawn from a wide range of political and cultural themes, and examined from a philosophical perspective. Discussion aims to promote differing world views and to challenge common belief systems. Members are expected to participate in internet/web research, questioning and facilitating. Email address essential.

Series 1: Each Tuesday from 12 Feb to 26 March 3:00 - 5:00

Series 2: Each Tuesday from 7 May to 18 June 3:00 - 5:00

Leader and bookings: Michael Holland mhol1234@gmail.com

LEICHHARDT MUNICIPAL LIBRARY

23 Norton Street, Italian Forum (Piazza level). Lift to parking station beneath Library. Concession parking with validated ticket. **Wheelchair accessible.**

Venue Coordinator: Barbara Burton

9798 5620; 0429 090 332 beburton@iprimus.com.au

FRIDAY MORNINGS AT THE LIBRARY

Email bookings preferred: please give course name and date, membership number and contact details.

Confirmation will be sent by email

1. Stephen Hawking**(30) 191WL01

Scientist Stephen Hawking expanded our knowledge of black holes and the origin of our universe. Diagnosed at 20 with MND, and given two years to live, he survived to 74.

Friday 1 Feb 10:30 - 12:30

Speaker: Srinivas Karrenahalli

Bookings: Margot Walker 0404 362 490

margotinaw@gmail.com

2. Forensic Science and the 191WL02 Criminal/Civil Law**(30)

An introduction to forensic science including a study of forensic entomology and the use of insects in the investigation of criminal and other legal matters.

Friday 8 Feb 10:30 - 12:30

Speaker: Ian Thompson

Bookings: Margot Walker 0404 362 490

margotinaw@gmail.com

3. Imprisonment: 191WL03 How Much is Necessary? **(30)

Imprisonment appears to be a natural consequence of serious offending but has its own human and financial costs. We discuss these propositions and consider ways of doing things differently.

Friday 15 Feb 10:30 - 12:30

Speaker: Denise Weelands

Bookings: Margot Walker 0404 362 490

margotinaw@gmail.com

4. The History of Some Early 191WL04 Epidemics and Pandemics**(30)

Notable diseases through history will be discussed, including the Black Death, the bubonic plague, The Great Plague of London, Spanish flu, smallpox, cholera, leprosy, scurvy, tuberculosis and poliomyelitis.

Friday 22 Feb 10:30 - 12:30

Speaker: Ian Thompson

Bookings: Margot Walker 0404 362 490

margotinaw@gmail.com

5. Signs and Symbols: Their History 191WL05 and Significance**(30)

Symbols are a universal language and their use to portray a message, warning or information is an ancient method of expression, predating alphabets. They are increasingly prevalent in today's world.

Friday 1 March 10:30 - 12:30

Speaker: John Flint

Bookings: Margot Walker 0404 362 490

margotinaw@gmail.com

6. Ashoka, History's 191WL06 Greatest Emperor**(30)

Ashoka ruled India's greatest empire. He started with brutality and war but then found Buddhism and redemption. See why he was so exceptional and what his legacy has been.

Friday 8 March 10:30 - 12:30

Speaker: Terry Redmond

Bookings: Margot Walker 0404 362 490

margotinaw@gmail.com

7. The Spread of Buddhism(30)..... 191WL07**

From a minor Indian sect in 500 BC, Buddhism has grown into a world religion. See how it has expanded, contracted and related to other religions.

Friday 15 March 10:30 - 12:30

Speaker: Terry Redmond
Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

8. Iran Past and Present(30)..... 191WL08**

Iran has a 2,500-year-old history and was not always a Muslim country. In her illustrated talk, Cindy traces its history from the Ancient Persian Empire to the present day.

Friday 22 March 10:30 - 12:30

Speaker: Cindy Broadbent
Bookings: Margot Walker 0404 362 490;
margotinaw@gmail.com

9. Frank Briggs(30)..... 191WL09**

A pilot in World War I, he flew Billy Hughes to the Paris Peace Conference in 1919. In Australia, he pioneered air routes for commercial flight for our prospering businessmen.

Friday 29 March 10:30 - 12:30

Speaker: Chris Beazley
Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

10. Loris Bonney(30)..... 191WL10**

This talk illustrates perhaps the only creative outcome of the destructive tragedy that was Gallipoli: the work of artists and photographers, official and unofficial.

Friday 5 April 10:30 - 12:30

Speaker: Chris Beazley
Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

**11. Heroic Men and Fighting Ships..... 191WL11
and the Loss and Finding of AE1**(30)**

Stories of Naval heroes of WWI and WWII, their ships and their exploits, and learn of the finding of AE1, the Navy's first submarine in December 2017, using new technology.

Friday 12 April 10:30 - 12:30

Speaker: Noel Phelan ANMM
Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

**12. Some Gems of Classical..... 191WL12
Chinese Literature**(30)**

China has a rich literary tradition reaching back at least 3,000 years. Reading translated extracts from classical Chinese poetry, prose, fiction and drama, this course will explore the complexity and depth of China's culture prior to 1911. (4 sessions)

Each Friday from 26 April 10:30 - 12:30

Leader: Bernice Lee
Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

**13. Russian History: Romanovs 191WL13
to Revolution**(30)**

Significant moments in Russian history, from the Romanovs to the 1917 Revolution and the vicissitudes of the Russian people under Tsarist rule, illustrated through film clips and images.

Friday 24 May 10:30 - 12:30

Speaker: John Flint
Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

14. Russian Music(30)..... 191WL14**

Russian music developed within a restless, turbulent history. We meet familiar composers: Tchaikovsky, Prokofiev, Stravinsky, their contemporaries and the environment within which they worked, through music, images and film strips.

Friday 31 May 10:30 - 12:30

Speaker: Nora Hinchey
Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

**15. Crime, Punishment and Civil..... 191WL15
Disputes in Colonial NSW**(30)**

These talks commence with the problem of assigned convicts and the adventures of Jane New. The trials and tribulations of Edwin Smith Hall of the *Monitor*, including the Church Pew Cases are considered. Finally, the struggle of the courts arising from Aboriginal/Settler conflict, including the Myall Creek Massacre is examined. (4 sessions)

Each Friday from 7 June 10:30 - 12:30

Leader: Malcolm Robertson
Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

ITALIAN BEGINNERS 2(20)..... 191WLA01**

We assume a degree of basic knowledge, around 40-60 hours of instruction. We will continue using the same textbook: *Buongiorno Italia*, supplemented by online exercises. Note: this is a full year course.

Each Friday from 1 Feb 1:30 - 3:30

Leader and bookings: Pia Ottavian 0424 738 824
pia.ottavian@yahoo.com.au

MARRICKVILLE CROQUET CLUB

Marrickville Park. Corner of Fraser Street and Lawson Avenue. Entry via park, opposite the rose garden.

**Venue Coordinator: Anne Hall
0419 017 364; annenhall@gmail.com**

INTRODUCTION TO CROQUET 191WM01

This short series of lessons will teach you how to find your way around a croquet lawn, including how to hold the mallet, hit the balls and run hoops. Wear flat shoes and comfortable clothing. Equipment provided with \$3 green fee for each session. (4 sessions)

Wednesdays 1,8,15, 22 May 1:30 - 4:00

Leader and bookings: Charles Britton
mvcroquet@gmail.com

MARRICKVILLE LIBRARY

Corner of Marrickville and Petersham Roads.

**Wheelchair accessible
Venue Coordinator: Jennifer Waldron
8753 0521 jenniferwaldron2@gmail.com**

CLASSIC MOVIES(12) 191WM02**

Classic movies from the silent to the contemporary era. A selection of the very best and most influential films that helped develop the industry is presented. Analysis, background and historical settings plus production issues and biographical details pertaining to the director, cast and production personnel are explored.

Alt Wednesdays from 6 Feb 10:00 - 12:30

Leader: Hugh Watson 9519 5082
Bookings: Marie Doyle 9558 4223 mothra2@bigpond.com

MILLERS POINT COMMUNITY CENTRE

Harry Jensen Centre, 17 Argyle Street (corner Watson Road).
Street parking. **Wheelchair accessible**
Venue Coordinator: Carole Mockford
0450 314 916; gnecco7880@hotmail.com

THURSDAY MORNINGS AT 191WW01 MILLERS POINT

Thursday on dates indicated 10:00 - 12:00

Course leader: Carole Mockford

Bookings: Anne Pill

9550 9248 dapill2@bigpond.com (preferred)

Please provide talk title and date, membership number and contact details. All bookings will be confirmed by email.

1. Discoveries and Inventions that have Shaped our World

A look at some of the top discoveries and inventions that have changed the world we live in and the science and patents behind these inventions.

Thursday 31 Jan 10:00 - 12:00

Speaker: Ian Thompson

2. Iconic Australian Inventions of our Time

A look at some classic Australian inventions from the 19th century colonial era through to our present time and the people and science behind these discoveries and inventions.

Thursday 7 Feb 10:00 - 12:00

Speaker: Ian Thompson

3. Walking in Wiesbaden

A personal response to the tragedy and escape of the speaker's German family. Themes: history, war, racism, family and childhood traumas. New, positive ways to think/feel about past tragic events.

Thursday 14 Feb 10:00 - 12:00

Speaker: Ella Dreyfus

4. Napoleon and Wellington Part

Two-part presentation of the lives, personal histories and wars of Napoleon and British General Wellington. The two armies' operational methods, concluding with how in the end Wellington defeated Napoleon.

Thursday 21 Feb 10:00 - 12:00

Speaker: Michael Peters

5. Napoleon and Wellington Part 2

A continuation of the fascinating lives and histories of Napoleon and Wellington presented previously (21 Feb).

Thursday 28 Feb 10:00 - 12:00

Speaker: Michael Peters

6. Unlocking the History of some Early Epidemics and Pandemics

Notable diseases through history will be discussed including the Black Death and the bubonic plague, the Great Plague of London, Spanish flu, smallpox, cholera, leprosy, scurvy, tuberculosis and poliomyelitis.

Thursday 7 March 10:00 - 12:00

Speaker: Ian Thompson

7. Researching and Writing Biographical History with a Focus on Colonial Midwives

Fascinating details about the historical background and biography of 19th century Australian midwives. An illustration of how to research information on elusive people and their connection with their communities.

Thursday 14 March 10:00 - 12:00

Speaker: Lesley Potter

8. Logic and Reasoning

How we apply deduction and induction to find out about the world.

Thursday 21 March 10:00 - 12:00

Speaker: Ian Bryce

9. Meetings Bloody Meetings, and Dogs Who Have Owned Me

John Cleese's training film and a lighthearted look at the nature of meetings. Also, stories of the speaker's dogs and memorable dogs from the world of literature.

Thursday 28 March 10:00 - 12:00

Speaker: Graham Sims

10. Spooks, Spirits and Spectres and Bunyips and Beasties

Ghosts, phantoms and strange phenomena: the true story of Fisher's Ghost; the Phantom Stockman; the Min-Min Lights. Also, background, origins and possible explanations of the bunyip and other mysterious beasties.

Thursday 4 April 10:00 - 12:00

Speaker: Graham Sims

11. Gallipoli and Anzac Day

Using videos and photos, the speaker unravels fact from legend of the Dardanelles campaign, shares insights and astonishing stories of the diggers involved, and reflects on the subsequent Australian legacy.

Thursday 11 April 10:00 - 12:00

Speaker: Peter Allen

12. My Past Life, the Soviet Experience

The speaker's life in the Soviet Union from postwar childhood until 1975. The predicament of the Jews, why they fled and how they created jokes to survive physically and spiritually.

Thursday 2 May 10:00 - 12:00

Speaker: Frieda Belakhova

13. Alan Turing (1912-1954)

The man who broke the German code during WWII. His invention led to the emergence of computers. Being a homosexual, he paid a heavy price – his own life.

Thursday 9 May 10:00 - 12:00

Speaker: Sydney Srinivas

14. Alfred Nobel (1833-1896)

The great engineer and entrepreneur developed explosives employed in the construction of railroads and bridges. Great repentance on his part led to the emergence of the Nobel Prize.

Thursday 16 May 10:00 - 12:00

Speaker: Sydney Srinivas

15. A Soldier's Story

Story of a WWII Australian soldier in the first overseas convoy. He fought in North Africa and Greece and was a prisoner of war of the Germans for four years.

Thursday 23 May 10:00 - 12:00

Speaker: Michael Peters

16. Life and Mind

Exploring sentience, free will and morality.

Thursday 30 May 10:00 - 12:00

Speaker: Ian Bryce

17. Kafka and Kafkaesque

The German-Jewish Czech writer whose name has become an adjective. These sessions will look at his life and major works, including *The Trial*, *Metamorphosis*, *The Penal Colony* and *The Judgment*.

Thursdays 6, 13, and 20 June 10:00 - 12:00

Leader: Margaret Stoljar

18. Freckle-Faced, Feisty and Female

Approximately 27,960 convict women were transported to Australia from 1788. A descendent of two convicts will shed light on their lives and their legacy. Her story is often eclipsed by history.

Thursday 27 June 10:00 - 12:00

Speaker: Ronda Gaffey

CRACKING CRYPTIC 191WW02 CROSSWORDS**(12)

Get into the minds of cryptic crossword compilers and learn how to solve their devious clues.

Have fun and gain satisfaction while keeping your brain active. (4 sessions)

Tuesdays 5, 12, 19, 26 Feb 10:00 - 12:00

Leader and bookings: Ron Shapiro 9810 4490
rmbjs@iinet.net.au (preferred)

PASSIONATE TRAVELLERS 191WW03

Enjoy a presentation of holiday experiences, culture and history on one or more countries in a friendly, relaxed manner, with Q and A.

Leaders: Robin Amos, Bobbie Kersten 0410 873 605
Bookings: bobbiekersten@gmail.com (preferred)

1. Scandinavia and Iceland

Wednesday 6 Feb 10:30 - 12:30

Speaker: Sandy Mower

2. South Africa, Kruger National Park, Swaziland and Zimbabwe

Wednesday 6 March 10:30 - 12:30

Speaker: Bobbie Kersten

3. Shetland Islands

Wednesday 3 April 10:30 - 12:30

Speaker: Maria Gray Spence

4. Tibet and Places in China

Wednesday 1 May 10:30 - 12:30

Speakers: Christina and Robert Lin

5. Amalfi

Wednesday 5 Jun 10:30 - 12:30

Speaker: Joan Young

FRENCH INTERMEDIATE 191WW04 CONVERSATION**(12)

The course aims to enhance members' ability to converse in French, thus a basic knowledge of French grammar and vocabulary is an essential prerequisite.

2nd, 3rd, 4th and 5th (if applicable) Wednesday each month from 13 Feb to 26 June 11:00 - 12:30

Leader and bookings: Amal Ghosn amalghosn3@gmail.com

TABLE TENNIS 191WW05

Get your heart moving and your circulation going while improving your hand-eye coordination in a pleasant social and physical environment.

Each Thursday from 3 Jan 2:00 - 4:00

Each Friday from 4 Jan 10:30 - 12:30

Bookings: Carole Mockford

0450 314 916 gnecco7880@hotmail.com (preferred)

Bookings can be for either or both sessions.

PANANIA SENIOR CITIZEN'S CENTRE

Corner Peffer Street and Anderson Avenue.

Venue Coordinator: Joy Pegler

9771 6185; peglerjm@bigpond.com

AUSTRALIAN PERSPECTIVES**(25)..... 191WP01

An informal discussion group during which the guest speaker introduces us to their varied ethnic, cultural and historical experiences.

Leader and bookings: Joy Pegler 9771 6185

peglerjm@bigpond.com

1. The Study of Ticks and Spiders

The biology, habitat and impact of the paralysis tick on human health, plus a close-up look at the fascinating world of spiders found in and around the home and garden.

Thursday 21 Feb 2:00 - 4:00

Speaker: Ian Thompson

2. Towards a Makarrata: Australia's Hidden History

Acknowledging the truth of Aboriginal and non-Aboriginal history empowers us all to create a better future so we can walk together as Australians with dignity upon this ancient land.

Thursday 21 Mar 2:00 - 4:00

Speaker: Kerrie McKenzie

3. The Ship that Never Was

This talk is about the great escape made by convicts by ship from Tasmania to Chile in 1834. The story gives insights into the state of Tasmanian and Australian society at that time.

Thursday 16 May 2:00 - 4:00

Speaker: Adam Courtenay

4. Aboriginal Astronomy

The speaker is a member of the Australian Indigenous Astronomy Research Group at the University of NSW and works particularly in the area of cultural awareness.

Thursday 20 Jun 2:00 - 4:00

Speaker: Carla Guedes

REVESBY: COMMUNITY HALL

Macarthur Avenue.

Venue Coordinator: Joy Pegler

9771 6185; peglerjm@bigpond.com

TAI CHI**(25)..... 191WR01

This class is for tai chi novices as well as for more experienced practitioners. The aim is for all participants to progress from 6 to 24 tai chi forms.

Each Thursday from 31 Jan 9:30 - 11:00

(except school holidays)

Leader and bookings: Patrick Brennan 9773 4182

REVESBY WORKERS CLUB

20 Brett Street.

Venue Coordinator: Joy Pegler

9771 6185; peglerjm@bigpond.com

FILM DISCUSSION GROUP**(25)..... 191WR02

This group meets monthly to discuss recent movies.

Members undertake to view up to three group-selected feature films screening during the coming month. At each meeting, a volunteer from the group introduces one of the selected films. This will be followed by a group discussion.

Fourth Tuesday of each month from 26 Feb 10:00 - 12:00

Leader and bookings: Robyn Deane 9726 4279

rdeanee@optusnet.com

MINDFULNESS***(25) 191WR03

Mindfulness enhances awareness of self in relation to others, including the environment, which in turn informs and empowers you with knowledge/insight enabling self-regulation (of your thoughts, emotions and behaviour).

Thursday 7 Feb, 7 March and 4 April 2:00 - 3:00

Leader and bookings: Grace Thomas 0424 229 742
grace.thom@optusnet.com.au

ROZELLE: HANNAFORD CENTRE

608 Darling Street (corner Nelson Street).

Wheelchair accessible

Venue Coordinator: Barbara Burton

9798 5620; 0429 090 332 beburton@iprimus.com.au

DISCUSSION GROUP**(15) 191WS01

This group will focus on historical events, philosophy and literature. Each member is given the opportunity to decide on and present the topic for discussion.

Each Monday from 4 Feb 10:30 - 12:30

Leader: Fay McKenzie-Edmonds

Bookings: Yvonne Wingrave 9797 9237; 0437 000 684
yvonne.wingrave@gmail.com

FRENCH INTERMEDIATE**(15) 191WS02

A reasonable knowledge of French grammar, vocabulary and pronunciation is assumed. A variety of reading, writing, listening and speaking activities will be used to consolidate and extend that knowledge and those skills. There will be some formal grammar and a few laughs along the way.

Each Tuesday from 5 Feb 10:00 - 11:30

Leader and bookings: Alan Rodrick
9819 6579 alan.rodrick@gmail.com

ADVANCED FRENCH CONVERSATION 191WS03

This course is for people with a reasonable background in French who want to continue to engage in conversation. The focus of the course is on spoken French to improve fluency and pronunciation, or just for the joy of speaking such a beautiful language.

Each Tuesday from 5 Feb 11:45 - 1:15

Leader: Rhonda Stien

Bookings: Sue Tronser 9818 3268 suetronser@gmail.com

FRENCH FOR BEGINNERS**(15) 191WS04

French for beginners and those with some expertise wishing to consolidate their knowledge. We will use *Collins Easy Learning French Grammar and Practice, 2nd Edition 2016* (\$25 from Abbays). Use leader's name and mention U3A for 10 per cent discount. Course covers basic vocabulary, grammar, pronunciation and simple conversation to tourist level.

Each Tuesday from 5 Feb 2:00 - 3:30

Leader and bookings: Michael Georgeson 9818 2648
michael.georgeson@gmail.com

DISCUSSION GROUP IN 191WS05 ADVANCED FRENCH**(10)

La participation à ce groupe permettra aux membres de s'exprimer avec plus d'aisance sur un grand nombre de sujets selon le goût des membres. Il faudra donc un bon niveau de compréhension et d'expression orales au départ.

Each Thursday from 7 Feb 2:00 - 3:30

Leader and bookings: Verity Bagot 9810 1730; 0439 489 738
verity.chianea@gmail.com

ROZELLE NEIGHBOURHOOD CENTRE

756 Darling Street.

Venue Coordinator: Lesley Painter

0401 038 050 painterl@bigpond.net.au

DISCUSSION GROUP 191WU01 TOPICAL ISSUES**(16)

This is a lively group discussing local and global issues. These can include interesting social, political, economic and environmental concerns.

Alt Wednesdays from 30 Jan 10:30 - 12:30

Leader and bookings: Vivian Wolff 0419 630 678

STRATHFIELD CROQUET CLUB

50 Redmyre Road. Street parking available.

Venue Coordinator: Anne Hall

0419 017 364 annenhall@gmail.com

TRY CROQUET 191WN01

A low impact on joints, easy to learn game that offers fun, friendship and an outdoor activity for the rest of your life. Skills learnt can be transferred between games. Sessions are free and playing equipment provided. Wear comfortable sporty clothing and flat soled shoes (sneakers). Bring a water bottle, sunglasses and hat.

Course 1: Experience Ricochet and Gateball

Tuesdays 14, 21, 28 May 10:00 - 12:00 Arrive at 9:45

Course 2: Experience Golf Croquet and Gateball

Fridays 17, 24, 31 May 1:00 - 3:00 Arrive at 12:45

Leader and bookings: Ruth Bridger 9736 3410
krbridger@bigpond.com

WOOLLOOMOOLOO: OZANAM LEARNING CENTRE

Level 3, 99 Forbes Street. This facility is operated by the St Vincent de Paul Society and serves both the homeless and local community. **Disabled access and a lift.**

Venue Coordinator: Anton Crouch

anton.crouch@optusnet.com.au

FILM GROUP**(20) 191WZ01

A series of courses considering motion pictures in a thematic way. Generally, the time period covered is the 1930s, '40s and '50s. Themes include genres and the work of directors and actors. A film is shown at each session, with members encouraged to consider the work in its historical context. (2 series x 6 sessions each)

Leader and bookings: Anton Crouch

9660 2889 anton.crouch@optusnet.com.au

Series 1. Marlene Dietrich and Josef von Sternberg

Seven movies from *Blue Angel* (1930) to *Devil is a woman* (1935). One of the most famous (and notorious?) collaborations in Hollywood history. Their output was both exotic and erotic yet both director and star played down these aspects. He said he was painting with light and she said she simply did as she was told.

Each Monday from 11 Feb to 25 March 10:00 - 12:30

Series 2. Rouben Mamoulian

Rouben Mamoulian (1897-1987) achieved fame and fortune on Broadway in the 1930s and 1940s with premiere productions such as *Porgy and Bess* and *Oklahoma*. Along the way he directed motion pictures and established a reputation for brilliant innovation. He also established a reputation for being 'difficult'.

Each Monday from 29 April to 3 June 10:00 - 12:30

PRIVATE HOMES

Venue Coordinator: Jennifer Waldron
8753 0521 jenniferwaldron2@gmail.com

Please note that all private homes have limitations on numbers.

STANMORE BOOK CLUB**(10)..... 191WH01

A wide range of books will be selected by members who lead a discussion of their choice.

First Monday of each month from 4 Feb 2:00 - 4:00

Leader: Wendy Fraser

Bookings: Bernice Lee 0412 969 440 bernicejlee@gmail.com

CLASSICAL BOOK CLUB..... 191WH02 (Stanmore)**(10)

We take turns to read aloud from the text, unlike most book clubs where reading is done at home and discussed later with the group. We read two or three lengthy and challenging books during the year, generating lively discussion. The text for 2019 is *The Brothers Karamazov* by Dostoevsky.

Alt Tuesdays from 5 Feb 10:30 - 12:30

Leader and bookings: Sondra Griffiths 9332 4490
sondragriffiths135@gmail.com

INNER WEST BOOK GROUP..... 191WH03 (various locations)**(12)

Enhance your enjoyment of reading by sharing your ideas with others. Every four weeks we will read and discuss a book, choosing from a wide range of literature. First book in February is *The Orange Balloon Dog* by Don Thompson.

Every four weeks from Wednesday 6 Feb 2:00 - 4:00

Leader and bookings: Christine Hingerty 0499 887 308
chingerty@internode.on.net

OUT THERE!

Coordinator: Bobbie Kersten
0410 873 605 bobbiekersten@gmail.com

MY FAVOURITE ETHNIC EATING PLACE..... 191WX01

Do you enjoy good food and conversation with like-minded people? Monthly lunches at inexpensive restaurants within the Sydney LGA. Members in turn choose venues which will stimulate interest in cuisines from different cultures.

Supplemented with a talk by the restaurateur about food/traditions. Members pay for their own meal.

Second Wednesday of each month from 13 Feb 12:00 - 2:30

Leader and bookings: Krista Corlis 0400 708 754; 8765 9267
ktcorlis@bigpond.com.au

FOURTH TUESDAY LUNCH GROUP**(12) ... 191WX02

Lunch at restaurants that serve a variety of cuisines situated close to public transport around former Leichhardt Council LGA. We try to have the chef/owner tell us his/her background/menu development. We try to book BYO wine restaurants. Attendees who chose to BYOW are required to pay corkage. (5 sessions)

Fourth Tuesday each month from 26 Feb

Leader and bookings: David Cameron
9810 6498 djcameron38@gmail.com

MUNCH ON BRUNCH..... 191WX03

Step out and come brunching at a slick café somewhere in the inner city, or perhaps a bit further afield, but always close to public transport. Our venues are picked for their enticing food offerings, sharp design and quality coffee.

Third Thursday of each month from 21 Feb

Leader and bookings: Beatrice Scheepers 0402 969 004
enquiries only beatricescheepers@gmail.com bookings only

VISITING REGIONAL GALLERIES..... 191WX04

Using public transport, we will visit regional art galleries to see a diversity of art. More information, plus details of first outing, will be supplied when enrolling.

**Second or third Saturday or Sunday of each month
(depending on exhibition dates) from mid-Feb early am to mid-afternoon.**

Leaders: Helen Biddle and Joanne Gordon

Bookings: Joanne Gordon 0418 224 211

joanegordon@bigpond.com (preferred)

Please supply phone and U3A membership numbers

WALKING WITH A TOUCH OF HISTORY 191WX05

BUSH, HARBOUR, RIVER AND COASTAL WALKS

All walks medium grade. You are responsible for your own safety on the walks. Bring hat, water, morning tea and lunch. Wear shoes with a safe walking tread. NOTE: trains (we travel in the third carriage). Timetables subject to change: Check Transport Info Line 131500.

Last Sunday of each month from 24 Feb

Leader and bookings: Bobbie Kersten

0410 873 605 bobbiekersten@gmail.com

1.Palm Beach Lighthouse

Sunday 24 Feb

9:30 Carrington Street Wynyard

2.Palm Beach Bible Garden

Sunday 31 March

9:30 Carrington Street Wynyard

3.Mona Vale Headland to Narrabeen

Sunday 28 April

9:30 Carrington Street Wynyard

4.Narrabeen Lagoon Circuit

Sunday 26 May

9:30 Carrington Street Wynyard

5.Collaroy to Curl Curl

Sunday 30 June

9:30 Carrington Street Wynyard

EASTERN

Course Coordinator Margaret Steel: mste8801@bigpond.net.au
9371 6953 **Enquiries only**

BONDI: LIFESTYLE MANOR

Lower lounge area at Lifestyle Manor, 24-32 Flood St, Bondi. Street parking available.

BOOK DISCUSSIONS 191EB01

Share your interest in books by enjoying lively discussions with other avid readers. Books for discussion are chosen from members' recommendations, usually set some months ahead. We try to choose books available from local libraries. (6 sessions).

Friday from 25 Jan 10:30 - 12:30

Leader and bookings: Jan Macindoe
jnmacindoe@gmail.com 9660 0208; 0424 537 557

BONDI JUNCTION: WAVERLEY COMMUNITY AND SENIORS CENTRE

31- 33 Spring Street (Mill Hill Community Centre), Bondi Junction.

SPANISH INTERMEDIATE 191EAS01

An adequate knowledge of grammar, vocabulary and pronunciation is needed, as well as a sense of humour.

Each Thursday from 14 Feb 10:00 - 12:00

Leader and bookings: Christine Lozano 9389 4310

BONDI JUNCTION: WAVERLEY LIBRARY THEATRETTE

32 Denison St, Bondi Junction.

Free two hours parking available.

Lift available. Disability parking.

All sessions 10:30 - 12:30 No bookings required

MONDAYS AT WAVERLEY LIBRARY 191EBJ01

1. Australian Drama and the Cosgroves

Melodrama and silent films will be shown and discussed

Monday 25 Feb

Speaker: Jenny O'Neill

2. Australian Poets

We look at the work of two poets Douglas Stewart and Bruce Dawes and how they fit into 1. Historic era

2. How relevant are they today? 3. Some poetic techniques

4. Discussion and response.

Monday 4 March

Speaker: Kathy Bradley.

3. China in the 21stC: the New Empire

What drives Australia's largest trading partner? A presentation to explore the hidden China few people know.

Monday 11 March

Speaker: Thomas Delisi

4. Crown St. Women's Hospital

Judith looks at some highlights of the Crown St. Women's Hospital in Surry Hills, 1893-1983.

Once NSW'S largest women's hospital, it was innovative, controversial and full of larger than life characters.

Monday 18 March

Speaker: Judith Godden

5. An Unorthodox Life in Music

Ambre will speak about her life in music, as a concert pianist and composer, and her humanitarian project

"Girl, Piano, and Truck".

Monday 25 March

Speaker: Ambre Hammond

6. Long Bay – a Prison History

Using story, video and song, the speaker describes living with his parents, who were jail workers, and seven siblings in a jail home.

Monday 1 April

Speaker: Pat Kennedy

7. Sir Hubert Wilkins, the Australian Polar Explorer 1888-1958

Aviator, Explorer, Photographer and Soldier. In numerous expeditions to the Poles Wilkins discovered new lands .He photographed the Balkans War, WW1, the Russian Famine, and Northern Australia's Aborigines. He toured in the Great Zeppelin *Hindenburg* and sailed a WW1 submarine under the Arctic Sea ice.

Monday 15, 29 April

Speaker: Christopher Beazley

8. The News You Choose

A discussion and communication workshop. Members to select, present and discuss good and bad examples of current news stories. Guided by an experienced journalist.

Monday 6 May

Speaker: Ronald Hoffman

9. Black Notes, White Notes

The influence of Afro-American music in classical music, from slave songs, rapture and jazz.

Monday 13 May

Speaker: Nora Hinchin

10. DNA. How Did it Build You and Me?

DNA is a complex molecule made of four nucleotides with symbols A, G, C and T. Together they make up the template to build all living organisms.

Monday 20 May

Speaker: Speaker Punchi Dassanayake

FRIDAYS AT WAVERLEY LIBRARY 191EBJ02

1. The Spread of Buddhism

Buddhism started as a minor Indian sect around 500BC and has grown to be one of the world's greatest religions. Politics, other religions and related timings will be examined.

Friday 22 Feb

Speaker: Terry Redmond.

2. Girt by Sea and Ringed by Menace, Australia...

A look at the heroic and tragic stories of Australian submarines in WWI and WWII : how the German submarines and Japanese U-Boats patrolled Australian coasts, laying mines and sinking ships.

Friday 1 March

Speaker: Jim Haynes OAM

3. Encounters with History through Great Paintings Part 1

We will explore religious divisions and conflict in post Renaissance Europe, starting with Vincenino's "Leparto" then politics and religion in Tudor England with Holbein's "The Ambassadors".

Friday 8 March

Speaker: Terry Farrell

4. Encounters with History through Great Paintings Part 2

We will look at aspects of the Enlightenment in England and Scotland, starting with Raeburn's "Rev. Robert Walker, Skating on Duddingston", then aspects of the American Revolution starting with Benjamin West's "Death of Wolfe".

Friday 15 March

Speaker: Terry Farrell

5. Encounters with History through Great Paintings Part 3

We will consider the French Revolution and its consequences starting with David's "Death of Marat". Then the Industrial Revolution in England and France starting with Turner's "The Fighting Temeraire".

Friday 22 March

Speaker: Terry Farrell

6. Encounters with History Through Great Paintings Part 4

We will explore the development of the Australian identity looking at the work of the Heidelberg School Painters onwards, up to the work of William Dobell.

Friday 29 March

Speaker: Terry Farrell

7. Times and Rhymes of Henry Lawson and C.J. Dennis

The remarkable life of Henry Lawson, his humor, observations of Australian Society and his love for it. Plus recitation of some wonderful works by C.J. Dennis, 'The People's Poet'.

Friday 5 April

Speaker: Jim Haynes OAM

8. A Conversation: Australia's Unfinished Business

From The Warrior's Spear to the Writer's Pen and the Artist's Brush To The Statement from the Heart: Treaty, Recognition, An Indigenous Voice and the Truth-Telling of Australian History.

Friday 12 April

Speaker: Kerrie McKenzie

9. Good Friday

Friday 19 April

No speaker

10. No Speaker

Friday 26 April

No speaker (too close to ANZAC Day)

11. Are We Alone in the Universe?

For several hundred years humans have speculated about the existence of life on heavenly bodies other than the earth. This talk will summarise where the search for such life has led us.

Friday 3 May

Speaker: Gordon McLelland

12. Poets and Poetry

To see things with fresh eyes, revivify the senses, stimulate the imagination - explore poetry, experience how great poets achieved *felt thoughts* to penetrate our hearts and minds.

Friday 10 May

Speaker: Marie-Louise Anderson

13. The Wit and Wisdom of the Race-Track. History of Australian Horse Racing

Gems from Jim's collection of stories, jokes, anecdotes and verse about the champions, changes, scandals and the Aussie love of horseracing - the sport that reflects our national identity.

Friday 17 May

Speaker: Jim Haynes OAM

14. Marie Curie

Born Maria Sklodowska, scientist Marie Curie was the first woman to win a Nobel Prize and the only person to win the award in two different fields - physics and chemistry.

Friday 24 May

Speaker: Sydney Srinivas

15. Two Colourful Premiers of NSW

Sir Henry Parkes is known as the Father of Federation, Sir Robert Askin is known for the quote "run the bastards over", when referring to demonstrators against the visit of Lyndon Johnson. What are their stories and how has history remembered them?

Friday 31 May, 14 June

Speaker: Barbara Boston

16. The D'Oyly Carte Opera Company

This was the company that staged the Gilbert and Sullivan Operas from 1870 to 1982, mainly at the Savoy Theatre. Listen to the music and enjoy looking at the costumes.

Friday 7 June

Speaker: Rosemary McCulloch

DOUBLE BAY: WOOLLHARA LIBRARY

451 New South Head Rd, Double Bay. Lift available. Free 1.5 hour parking behind the Library.

THURSDAYS AT DOUBLE BAY..... 191EDB01

All talks 10.30 am – 12.30pm

Bookings: mste8801@bigpond.net.au

1. The Islamic Golden Age

A survey of achievements of the Islamic Golden Age, covering a wide spectrum of achievements and their role in bridging the Ancient and Medieval worlds.

Thursday 11 April

Speaker: Tony McCurdy

2. The Trojan War

One of the most famous wars of all time but did it actually take place? Shrouded in mythology, it bequeathed to us terms, such as odyssey and Achilles heel.

Thursday 9 May

Speaker: David Wardle

3. Sir Hubert Wilkins, the Australian Polar Explorer 1888-1958

Wilkins toured in Graf Zeppelin. He converted a submarine to dive under the Arctic Ice and conquered the Antarctic with Lincoln Ellsworth.

Thursday 6 June

Speaker: Christopher Beazley

4. Mindfulness for a Balanced Life

21st Century living is stressful for all sorts of reasons. This course will introduce mindfulness skills as a way to manage stress, anxiety and other strong emotions. It will teach you how to relax and take in the good, how to savour and appreciate what works in your life rather than focusing on what doesn't.

Thursday 13, 20, and 27 June

Leader: Judith Lissing

NORTH BONDI BOOK GROUP 191EAW01

Third Wednesday of each month, 2pm onwards

Leader and bookings: Patricia Dunn 9365 6896

MAROUBRA: LIONEL BOWEN LIBRARY

669 Anzac Parade (cnr Gale St), Maroubra Junction.

FILM DISCUSSION (20)**..... 191EAM01

Do you enjoy going to the movies and would you enjoy sharing your opinions with others? Each fortnight a discussion of acting, characters, plot and cinema topography will be held on one or two nominated movies.

Alt Tuesdays from 5 Feb 10:30 – 12:30

Leaders and bookings, Graham Blazey

9365 1961 gblazey@optusnet.com.au

Gail Filetti 9349 5591 rgfil@bigpond.com

DISCUSSION GROUP 191EAM02

If you are interested in the world around you, combined with a love of the occasional debate, come and join us at Maroubra. We have fun.

Alt Tuesdays from 12 Feb 10:00 - 12:00

Leader and bookings: Marise Segelov 9363 4023;

0410 514 866 marisesegelov@gmail.com

PADDINGTON: EJ WARD COMMUNITY CENTRE

189 Underwood Street, Paddington. Street parking.

FRENCH ADVANCED 191EAP01

This is an informal discussion group. We chat, debate topical subjects, read articles, learn pronunciation and have fun while brushing up on our French. This is a full year course.

Alt Fridays from 8 Feb 10:30 - 12:00

Leader and bookings: Sabina Menczel 9371 5760

FRENCH CONVERSATION..... 191EAP02

Lively discussion group debating topical subjects (lounge area). This is a full year course.

Each Thursday from 7 Feb 9:30 - 11:00

Leader and bookings: Michael Sullivan

nemtchinov@hotmail.com 0422 347 344

RANDWICK: MARGARET MARTIN LIBRARY

Level 1, Royal Randwick Shopping Centre, Belmore Road, Randwick

FILM DISCUSSION ** (20)..... 191ER01

Do you enjoy going to the movies and sharing your ideas? This group discusses two films per fortnight which are chosen by the group at each session. Discussions will include cast, direction plot and production in a stimulating and fun environment.

Alt Thursdays from 24 Jan 1:00 - 3:00

Leader and bookings: Sheila Philippou 9152 9445

sheilabunn@yahoo.com.au

WOOLLAHRA: GADEN COMMUNITY CENTRE

(Formerly known as the Woollahra Holdsworth Community Centre) Corner Edgecliff Road and Queen Street, Woollahra.

ITALIAN ADVANCED..... 191EAG01

This course is for more advanced students.

Alt Wednesdays from 6 Feb 10:30 - 12:30

Leader and bookings: Isabella Fransechini 9380 9231

BEGINNERS FRENCH..... 191EAG02

The focus is on conversation necessary for travel. The course covers basic grammar, pronunciation and vocabulary. This is a full year course.

Each Thursday from 14 Feb 10:45 - 12:45

Leader and bookings: Jeanette Pham 0409 751 377

nguyetpham45@yahoo.com.au

WOOLLAHRA: GOODWIN VILLAGE

238-290 Jersey Rd, Woollahra. No onsite parking. Limited street parking.

WEDNESDAYS AT GOODWIN VILLAGE 191EGV01

Wednesdays 10.30 – 12.30

Bookings required: mste8801@bigpond.net.au

1. The Life and Influence of George Orwell

Claimed as hero by both Left and Right with detractors on both sides. A review of his life with a view to coming to a balanced assessment of his influence.

Wednesday 6 March

Speaker: Patrick Hutchinson

2. My Time as Bishop of Goulburn

My life as an adopted child and as a bishop.

Wednesday 3 April

Speaker: Stuart Robinson

3. On Being Loved - Emotions, Human Beings and God

Does God have emotions? Why do we love emotions? Why do we value emotions so much as a source of information about the world?

Wednesday 1 May

Speaker: Michael Jensen

4. Archipelago - A Journey across Indonesia

Indonesia is the most culturally diverse nation on the planet. Ian Burnet combines his love of adventure and travel with his knowledge of history, to take us on a journey across the Indonesian Archipelago.

Wednesday 5 June.

Speaker: Ian Burnet

PRIVATE HOMES

BRONTE BOOK GROUP (Bronte)..... 191EAH01

First Thursday of each month from 7 Feb 2:00 onwards

Leader and bookings: Janet Sculfer 0409222828

MUSIC, COFFEE AND CAKE (Randwick) 191EAH02

We will listen to compositions from the great masters focusing on less-often heard works and composers. Group participation is warmly welcomed.

Every second Monday from 11 Feb 2:00 – 4.00

Leader and bookings: Julie Reid 8668 5522

ROSE BAY BOOK GROUP (Rose Bay)..... 191EAH03

First Wednesday of each month from 6 Feb 2:00 onwards

Leader and bookings: Sylvia Bennett 9371 5547

ENDEAVOUR (SOUTHERN)

Regional Course Coordinator: Ted Watson 9527 3689
ej.watson@optusnet.com.au **Enquiries Only**

ENDEAVOUR (SOUTHERN) REGION OF SYDNEY U3A FIFTH TUESDAY OCCASIONAL PUBLIC LECTURES

will be held at

CLUB on EAST (formerly Sutherland United Service Club)

7 East Parade, Sutherland
Club car park available for attendees

Tuesday 30 April 2019 10:15 for 10:30

Guest Speaker: Dr Graeme Wells

A CROCODILE CHAMPION - A PIONEER OF SALTWATER CROCODILE SURVEYS IN AUSTRALIA

Please see the EVENTS section for further details

For enquiries only: Nilva Martini 0455 110 826 nilvalsim@yahoo.com.au

No bookings are required. Entrance - gold coin donation.

These lectures are open to the public and all U3A members, **especially new members**. This is a further contribution to the community by U3A and provides an excellent opportunity for members to meet with fellow members and an opportunity of outreach to welcome and interact with visitors from our community.

CRONULLA SCHOOL OF ARTS

A two-storey building with two rooms upstairs in 6 Surf Road.

1. Upstairs Activity Room

BOOK CHAT 191EC01

Share aspects of your favourite book with participating members.

First Friday of each month from 1 Feb 12:30 - 2:00

Leader and bookings: Mary Small 9522 9917
marysmall@optusnet.com.au

BEGINNERS SPEAKING FRENCH(16) 191EC02**

This course is for those members who are beginners in speaking the French language.

Each Monday from 4 Feb 1:30 - 3:30

Leader and bookings: Joan Craven 0408 978 435
marjoan4@hotmail.com

BEGINNERS ITALIAN(12) 191EC03**

This course is for those members who are beginners in speaking the Italian language.

Each Tuesday from 5 Feb 2:00 - 3:30

Leader and bookings: Allanah Jarman 0497 963 231
allanahjarman@gmail.com

SOLVING CRYPTIC..... 191EC04 CROSSWORDS INTERMEDIATE(15)**

This class is ideal for the less experienced solvers who already have some basic knowledge of cryptic techniques. Sharpen your cryptic crosswords solving skills as we work as a group in cracking compilers' devious yet often delightful clues. A bit of mind stretching enjoyment.

First and Third Wednesdays from 6 Feb 2:00 - 4:00

Leader and bookings: Rosemary De Gabriele
0404 015 807 r.degabriele@optusnet.com.au

FILM APPRECIATION 191EC05 AND DISCUSSION(20)**

Monthly meet-up to discuss films viewed independently. Two current films chosen by a show of hands and discussed at the following meeting. All aspects of the film will be discussed during the meeting. This is a fun course but we are serious film lovers.

Third Thursday of each month from 14 Feb 1:00 - 3:00

Leader: Anita Spinks 0423 532 582
anitaspinks@live.com.au
Bookings: Ross Bell 0402 285 972
rossbell1952@gmail.com

BRAIN GAMES 191EC06

Extensive research provides growing evidence that in addition to maintaining physical fitness and eating sensibly, brain health in older people can be maintained and diseases which cause dementia can be avoided or deferred. The Brain Game Project is designed to complement the physical exercise program.

Second and Fourth Friday of each month from 8 Feb 10:00 - 12:00

Leader and bookings: Denis Paulin
0438 594 206 d.paulin@bigpond.com

OPEN MINDS(20)** 191EC07

A discussion group keen to tackle the harder problems in life. An opportunity to explain your point of view and learn how and why others think differently.

Second and fourth Wednesdays from 30 Jan 10:00 - 12:00

Leader and bookings: Anita Spinks 0423 532 582
anitaspinks@live.com.au

PRESENTATION SKILLS 191EC08

Are you terrified of being on stage, or having to talk to an audience? Do you always choose the back row at a meeting and are afraid to stand and ask a question? Join us to learn, gently, how to overcome the fear and be more self-assertive.

Second and fourth Wednesdays on 13 and 27 Feb 1:30 - 3:30pm (2 sessions)

These sessions may be repeated depending on the demand.
Leader and bookings: Henry Collins 9544 4328;
0408 815 881 henryhenrycollins@yahoo.com.au (preferred)

2. Upstairs Theatre**EXPLORATIONS IN MUSIC** 191EC09

A music appreciation course. A listening experience covering various kinds of music from early classical, romantic, orchestral and choral through to jazz and synthesizer. We explore different countries, themes or individual composers from a range of different eras. Detailed handouts supplied. Come, enjoy and be challenged.

Second and fourth Wednesdays of each month from 13 Feb 1:00 - 3:00

Leader: Sam Adams 9522 9386
Bookings: Trevor Campbell 9525 6970

POETRY IS ALIVE 191EC10

Join us as we are dipping a toe into Edgar Allan Poe, or drowning in Browning. Let's jump on Mulga Bill's Bicycle together and cruise through centuries of poetry. Members are welcome to present their favourite poems, or even their own work.

Second and fourth Thursdays of each month from 14 Feb 2:00 - 4:00

Leader and bookings: Elisabeth Peters 9523 3743;
0466 893 747 heinzlizz@optusnet.com.au

ART HISTORY 191EC11

This course looks at the works of world-famous artists over the centuries. Members of the class present biographies with DVD and computer presentations.

Second and fourth Tuesdays of each month from 12 Feb 10:00 - 12:00

Leader: Beverley Theodore 9532 1141 tpl5@bigpond.com
Bookings: Teresa Lamberton
9502 4420 teresalamberton@hotmail.com

GEMS OF THE SILVER SCREEN 191EC12

Films: current, 40s and 50s periods, all in DVD format, for your enjoyment.

First and third Tuesdays of each month from 5 Feb 10:00 - 12:00 approx

Leader and bookings: Brian Harvey 9521 5822

ASPECTS OF AUSTRALIAN HISTORY 191EC13

A potpourri of Australian history presented by some class members and occasional guest speakers.

Second and fourth Mondays of each month from 13 Feb 1:00 - 3:00

Leader: Mary Small 9522 9917
Bookings: Margaret Durie
marg2229@bigpond.com (preferred) 0403 391 845

ARMCHAIR TRAVELLERS 191EC14

Come along and share travel stories and enjoy visual presentations from all over the world. We meet in the small theatre upstairs. If possible, we ask members to donate 50 cents per session towards morning tea which is provided.

First and third Wednesdays of each month from 6 Feb 10:00 - 12:00 (except school holidays)

Leader: Kate Churcher 9523 6990 or 0433 140 900
kchurcher2@hotmail.com
Bookings: Margaret Durie: 9525 9189 or 0403 391 845
marg2229@bigpond.com

BALLET ON SCREEN(40)** 191EC15

The proposed program for this semester is:

- *Alice's Adventures in Wonderland* (Royal Ballet)
- *Giselle* (Royal Ballet)
- *Excelsior* (Ballet of the Teatro alla Scala)
- *Jewels* (Ballet of the Opera National de Paris)

Third Monday of each month from 18 Feb 1:30 - 4:00

Leader: Jean Singleton-Turner
9525 6084 jsingleton7@bigpond.com
Bookings: Marina Saunders 9527 4564
marinthers@gmail.com (preferred)

COMIC OPERA(30)** 191EC16

Discover or revisit the delights of comic opera. Each session will comprise a brief introductory talk followed by an on-screen performance (abridged to fit the time slot when necessary). The proposed program is:

- *Le Nozze di Figaro* (*The Marriage of Figaro*) (Mozart) (subtitles)
- *L'Elisir d'Amore* (*The Love Potion*) (Donizetti) (subtitles)
- *The Gondoliers* (Gilbert & Sullivan)

First and Third Tuesdays from 05 Feb 1:00 - 4:00

Leader and bookings: Jean Singleton-Turner 9525 6084
(6pm-8pm) jsingleton7@bigpond.com (preferred)

PATHWAYS TO THE GODS 191EC17

We're looking into the beginning of Christianity by reading the New Testament and other ancient documents from surrounding cultures, including their mystery religions, to create a biography of Jesus. How relevant are his sayings and parables today?

Second and Fourth Tuesdays from 12 Feb 12:30 - 2:30

Leader and bookings: Jacques Goldman 9518 6741

GREAT FOREIGN MOVIES 191EC18

Experience a selection of classic Foreign Movies. Each session includes an introduction, a screening and discussion. The first screening will be "Cinema Paradiso" with the program for the rest of the semester available at the first session. Discussion will be encouraged after the showing of each movie.

First and third Thursdays of each month from 07 Feb 1:30 - 4:30

Sessions will start at 1:30pm but vary in length depending on the movie.

Leader and bookings: Robert Englund 8521 7540
r.englund@optusnet.com.au

SING FOR JOY, SING FOR LIFE! 191EC19

Join us to sing some of the world's vast repertoire of songs, and learn a little about song-writing and written music. Not sung since school? Or not at all? Planning to join a choir? All welcome! Words and music supplied.

Each Thursday from 7 Feb 10:00 - 12:00

Leader and bookings: Henry Collins 9544 4328
henryhenrycollins@yahoo.com.au (preferred)

CRONULLA COMMUNITY HALL

38-60 Croydon Street. Meeting room 1.
Access via walkway next to shop 15.

FRENCH FOR INTERMEDIATE 191EA01 SPEAKERS**(18)

Intermediate-level French, basic knowledge required. Revive your grammar, practice your conversation skills, and enjoy reading French texts. Have fun in a relaxed learning environment.

Each Monday from 04 Feb 2:00 - 3:30

Leader and bookings: Susan Molloy-Johnson 9546 5170
twotwelves@outlook.com

GYMEA COMMUNITY CENTRE

39 GyMEA Bay Road. Enter from Talara Road.

AUSTRALIA OUR LAND**(15) 191ED01

Using books and videos from the library we study and discuss the environmental, geographical, historical and cultural aspects of our wonderful country.

Each Wednesday from 6 Feb 10:00 - 12:00

Leader: Angela Balding 9524 2018
Bookings: Leona Harris 9522 3225

GYMEA COMMUNITY HALL

31-33 GyMEA Bay Road. Enter from Talara Road.

CREATIVE WRITING 191EG01

Fun with words.

Alt Mondays from 04 Feb 10:00 - 12:00

Leader: Ann O'Connor 9531 1645 annoc@tpg.com.au
Bookings: Sandra Keller 9540 1194 or 0417 134 210
kellers@aanet.com.au

MIDDLE EASTERN DANCING 191EG02

The oldest dance form for women explored and expressed to traditional music. A great way to keep fit and have fun. If you can walk you can dance.

Each Monday from 04 Feb 1:30 - 3:00

Leader: Faye Green 9521 6575 shalinabd@bigpond.com
Bookings and Secretary: Wendy Lobwein 9527 4696
wendy.rae.lob@hotmail.com

DRAWING**(20)..... 191EG03

Member-driven art classes where we employ various styles and mediums. Includes visits to art exhibitions.

Each Tuesday from 05 Feb 1:00 - 3:00

Joint Leader: Stephen Churm 9589 0413; 0411 500 380
foam33@optusnet.com.au
Joint leader: Janice Russell 9527 1965; 0418 422 752
barrie.edgar@bigpond.com
Bookings: Pam McGrath 9524 4346 mcgrath.ffss@gmail.com

DISCOVERING ART 191EG04

This class will discuss the different aspects of art from architecture to sculpture with art related topics. We will also look at your favourite artists. Visits to art galleries are a regular highlight.

First and third Tuesdays of each month from 05 Feb 10:00 - 12:00

Leader: Marie Paterson 9524 0279
Bookings: Margaret Wilkes 9523 1614
margiewilkes@live.com.au

SOLVING CRYPTIC CROSSWORDS:..... 191EG05 A BEGINNERS COURSE** (12)

Do you enjoy puzzles but have always found cryptic crosswords totally unfathomable? Discover the rules and techniques that underpin cryptic clues. In this 7 week course we'll work through lots of examples. Enjoy solving setters' crafty clues. Great for the brain and lots of fun.

Each Thursday from 14 Feb 2:00 - 4:00

Leader and bookings: Rosemary De Gabriele 0404 015 807
r.degabriele@optusnet.com.au

HURSTVILLE LIBRARY

Dora Road Hurstville (Miles Franklin Room) - between Dora Road and Queen Road.

DISCUSSION GROUP**(15) 191EH01

Each attendee has 5 uninterrupted minutes to present their experience, research and findings on a predetermined topic, usually current affairs. Group discussion follows until the topic is exhausted and afternoon tea and more social conversation sees the meeting out.

Second and fourth Tuesday of each month from 12 Feb 1:00 - 3:00

Leader: Andrew Maclean 9543 2539
aach.maclean@optusnet.com.au
Bookings: Garry Griffiths 0468 809 332
margig@ozemail.com.au

KOGARAH SENIOR CITIZENS HALL

2 Taylor Street.

GERMAN CONVERSATION 191EK01

Intermediate to advanced conversational German.

Second and fourth Thursdays of each month from 14 Feb 10:00 - 12:00

Leader and bookings: Helmi Albrecht 9597 6628 or
0412 635 976; helmi.albrecht@gmx.de

MIRANDA COMMUNITY CENTRE

93 Karimbla Road.

AUSTRALIAN HISTORY 191EM01 DISCUSSION GROUP

Talks on any aspect of Australian history. Topics and talks chosen and given by group members who are prepared to do so.

First and third Wednesdays of each month from 06 Feb 1:30 - 3:30

Leader: Janice Stokes 9543 1296 or 0418 415 249
stokesj@optusnet.com.au
Bookings: Elizabeth Donovan 9524 9488

MIRANDA: WESTFIELD

600 Kingsway. Suite G108, next to Lincraft Store on ground floor, Kiara Road.

THE RISE AND FALL OF ANCIENT CIVILISATIONS**(18) 191EW01

In-depth study of ancient civilisations and empires by way of reading, discussion and documentary DVDs. Class members are invited to suggest topics and otherwise contribute, if they wish to do so.

Each Tuesday from 05 Feb 10:00 - 12:00

Joint Leaders: Margaret McDonnell 9553 0489; 0422 619 267 mmcdonnell@tpg.com.au and Olga Bondarenko 9529 7314 olgab@ozemail.com.au
Bookings: Dorothy Dalyell 9520 5563 ddalyell@bigpond.com

WORLD HISTORY AND DEVELOPMENTS**(10) 191EW02

This is a discussion group. All members are entitled to participate by doing research on agreed topics and taking part in group discussions.

Each Thursday from 07 Feb 10:00 - 12:00

Leader: Elizabeth Torok 0422 557 457 emtor12@gmail.com
Bookings: Yvonne Muntz 9544 1122 or 0432 942 527

FRENCH INTERMEDIATE**(18) 191EW03

Covers grammar, vocabulary, listening, conversation and dictation. Use will be made of printed and audio material.

Each Monday from 04 Feb 10:00 - 12:00

Leader: Bill Leach 9579 1251 or 0413 691 373 billnell2@optusnet.com.au
Bookings and Secretary: Howard Nguyen: 9533 2772; 0415 191 927 hnguyen49@optusnet.com.au

FRENCH CONVERSATION**(18) 191EW04

A small group participates in French conversation with an emphasis on correct pronunciation and fluency.

Each Monday from 04 Feb 12:00 - 1:00

Leader: Bill Leach 9579 1251 or 0413 691 373 billnell2@optusnet.com.au
Bookings and Secretary: Howard Nguyen: 9533 2772; 0415 191 927 hnguyen49@optusnet.com.au

OATLEY LIBRARY

26 Letitia Street.

ITALIAN LANGUAGE AND CULTURE 191EO01

Focuses on speaking, writing, listening and reading Italian at survival level or better, depending on the class. We explore grammar, literature, poetry, history, art, tourism, songs, opera themes, and recipes. Classes are in English and Italian depending on the topic and the class.

Each Thursday from 07 Feb 10:00 - 12:00

Leader: John Della Torre 8544 1758
Bookings: Judy Bassford 9527 2931

ART FOR ENJOYMENT**(16) 191EO02

This is an art group that meets once a week to enjoy our own art. There are no formal lessons as each of us likes to do our own form of art. We have beginners to serious artists and find that we learn by helping each other.

Each Wednesday from 06 Feb 2:00 - 4:00

Leader and bookings: Doreen Kellett 9525 0531 or 0407 276 416; doreenkellett@live.com.au

SOUTH HURSTVILLE LIBRARY

1 Allen Street South Hurstville.

DISCUSSION GROUP**(18) 191EL01

Our friendly group enjoys stimulating and serious discussion on current affairs and a variety of subjects. There is controversy, reminiscing and usually lots of laughter.

Each Monday from 04 Feb 10:00 - 12:00

Leader and bookings: Denis Paulin 0438 594 206
d.paulin@bigpond.com

AWARD-WINNING NOVELS**(15) 191EL02

Friendly group meeting, to discuss award-winning novels, or novels any one of the group thinks should have won an award!

First Wednesday of each month from 06 Feb 10:30 - 12:30

Leader: Pat Copping 9529 6791 or 0432 345 501
18gingie@gmail.com

Bookings: Gloria Thompson 0403 899 349
thompson.gloria37@gmail.com

WRITING CREATIVELY**(12) 191EL03

A small friendly self-help group where you can develop your writing skills and share your stories and life experiences. Beginners welcome.

First and third Tuesdays of each month from 05 Feb 1:30 - 3:30

Leader: Yvonne Tracey 9587 3245 or 0415 327 313
yvonne.calling1@bigpond.com

Bookings: Patricia Skinner 9547 0406
donleyton10@gmail.com

SUTHERLAND LEISURE CENTRE

1 Rawson Avenue. Committee Room.

ASPECTS OF ARCHAEOLOGY**(16) 191ES01

There is a video each meeting on archaeology followed by reading from articles relating to archaeology, plus afternoon tea.

First and third Friday of each month from 01 Feb 2:00 - 4:00

Leader and bookings: Mary Armstrong 9567 0995

SUTHERLAND LIBRARY

Committee Room, Sutherland Library, Belmont Street.

ART - SKETCHING**(15) 191ES02

Learn quick observational sketching. Illustrate your journal of memorable sights and occasions. We use only pencil, pen and watercolours, because we also, on weekends, frequently venture outdoors or join other sketch groups. We are the ShireSketchers, sharing and helping each other to practise urban sketching.

Every Thursday from 07 Feb 10:00 - 12:00

Leader: Peggy Annabel 0402 354 968; 9528 3391
peggy.annabel@bigpond.com

Bookings: John Wu 0413 694 883 j54316@hotmail.com

SUTHERLAND CLUB ON EAST

7 East Parade Sutherland. Club Coffee Shop.

CRIME LITERATURE..... 191ES03

In depth discussion about listed book and author; all input is welcome. The reading list is compiled at the end of each year by the Leader in consultation with members. Authors from all over the world are included. This is a friendly, social and intelligent group.

First and third Tuesdays of each month from 05 Feb 10:00 - 12:00

Leader: Carol Dawson 0405 311 749

carousel43@bigpond.com

Secretary and bookings: Carolyn Schinazzi 9525 7617

carolandreno@gmail.com

YOWIE BAY: WATERBROOK LIFESTYLE RESORT

19 Wyralla Road, Yowie Bay.

MUSIC FOR PLEASURE: THE CLASSICAL ROMANTICS**(20)..... 191EY01

Music appreciation: classical and romantic periods.

First and third Tuesdays of each month from 05 Feb 2:00 - 4:00

Leaders: Joan Bolton 9541 3016 or 0416 143 077

boltonjoan@hotmail.com

and Bob Hallahan 9594 0214 jacob@optusnet.com.au

Bookings: Chris Jenkins 9529 4444 chrisjenk66@hotmail.com

OUT THERE

U3A ENDEAVOUR CAMPUS WALKERS..... 191EX01

Bush Rambles and Sydney by ferry and foot. Routes previously walked by walk leaders. Walks described in our programs to indicate degree of difficulty. A 4-5 day social walking holiday held annually. Members are encouraged to participate in as many activities as possible. An annual administrative fee of \$10 is applicable.

Each Thursday from 07 Feb - variable meeting times

Leader: Bill Hunt 9521 2016 ara2233@yahoo.com (preferred)

Bookings: June Symes 9524 2817

jsymes6@gmail.com (preferred)

WALKING IN SYDNEY AND SURROUNDS**(35)..... 191EX02

A variety of walks around all areas of Sydney and surrounds ranging from medium level to easier bushwalks, track and street walks, going to beautiful and interesting places, whilst enjoying good company in the outdoors. We welcome members from all U3A regions to come and join us.

Alt Fridays from 15 Feb 8:30 - 3:00 (variable times)

Leader, coordinator and bookings: Graham Lee 9546 7994 or 0490 464 928; tonilee91@gmail.com

WALKING AROUND SYDNEY**(40)..... 191EX03

A variety of walks around all areas of Sydney and surrounds ranging from easy to medium/hard bushwalks, track and street walks. Members from all U3A regions are welcome.

Alt Fridays from 8 Feb (variable times)

Leader: Ruth Perini. 0407 068 613 vperini@bigpond.net.au

Secretary and bookings: Colleen Bracken

0432 297 874 bracken65@gmail.com (preferred)

U3A SYDNEY STRIDERS**(40)..... 191EX04

A variety of walks of Sydney and surrounds ranging from easy to medium grade bush, track and street walks, going to beautiful and interesting places, with good company. We welcome members from all U3A regions to come and join us.

Various locations and times as per program.

Alt Wednesdays from 06 Feb - approx 9:am start

Leader: Penny Howarth 9543 6881 0411 180 050

pennyhowarth@bigpond.com

Bookings: Rosanne Burkhart 0413 128 967

rosanneburkhart@me.com

LUNCH A LOT WITH STYLE..... 191EX05

Share good food and conversation with others who enjoy eating out. We visit inexpensive restaurants which are chosen by group members so we can experience a variety of cuisines. All venues will be close to public transport. Members pay for their own meals and corkage, the laughter is free.

First Thursday of each month from 03 Jan 12:30

Leader and bookings: Anna Winter 9553 0445 or

0449 673 144; annau3a@gmail.com

HARVESTING IN THE SUBURBS AND SURROUNDS**(15)..... 191EX06

Monthly visits to community vegetable gardens in Sydney suburbs or surrounds. Gardens within walking distance of public transport. Bring lunch and a gold coin for garden entry. Members will be advised monthly of day, date and meeting place. Days may vary depending on garden opening time.

Commencing Wednesday 13 Feb

Leader and bookings: Joan Collins 9521 3269 (enquiries only)

joancollinsau@gmail.com (preferred)

Assistant Leader: Robyn Kemp 9520 4740 (enquiries only)

robynbillk@yahoo.com.au (preferred).

PRIVATE HOMES

BOOK BANTER (GyMEA)**(12)..... 191EP01

A wide variety of books are chosen by the members of the group and one book is discussed each month.

First Friday of each month from 01 Feb 1:30 - 3:00

Leader and bookings: Vicki Hann 0419 482 254

vickihann@hotmail.com

HEALTHY RELAXATION MEDITATION (Kogarah)**(12)..... 191EP02

Healthy life, relaxation through meditation. Learn to sit in the stillness and find your inner place to unfold your blueprint for life 'know thyself'.

First and Third Tuesdays of each month from 05 Feb 1:30 - 3:30

Leader and bookings: Anna Winter 9553 0445; 0449 673 144 annau3a@gmail.com

PHOTOBOOKS FOR ABSOLUTE BEGINNERS (GyMEA)**(6)..... 191EP03

Have you wanted to make a photobook, but just needed a nudge to get started? Watch how to use a computer program which is freely available. We'll discuss how to choose the book type, covers, theme, layouts, text and embellishments. This will be very basic, so suitable for true "photobook beginners"! A knowledge of basic computer skills is assumed.

Wednesday 03 April 10:00 - 12:00

The date for an optional follow-up session will be decided with participants on the day.

Leader and bookings: Jill McLelland 9524 6506;

0423 381 665 jillu3a@outlook.com

GRANDPARENTS SHARE FUN 191EP04
IDEAS (Lilli Pilli)(10)**

Come and demonstrate something you love to do with the grandchildren. It could be food, craft, an experiment etc but ideally something healthy, educational and fun!

Monday 01 April (this is not an April Fool's joke!)
10:00 - 12:00 noon

The date for an optional follow-up session will be decided with participants on the day.

Co-Leaders Anita Spinks 0423 532 582 anitaspinks@live.com.au and Jill McLelland

Secretary and bookings: Jill McLelland 9524 6506
jillu3a@outlook.com

INTERESTING ISSUES AROUND 191EP05
SCIENCE (Gymea)(40)**

Three Thursdays 10:00 - 12:00

Leader for all sessions: Gordon McLelland

Bookings for all sessions: Jill McLelland
jillU3A@outlook.com 9524 6506

1: Maritime Archaeology & Sailing Passion

Join two archaeologists, volunteers at the Australian National Maritime Museum (ANMM), as they explore the world of maritime archaeology. It's much more than just shipwrecks! Learn about the tools and techniques and some fascinating discoveries. Then hear from a U3A member about her journey - from necessary training as a Sea Scout leader to a sailing passion.

Thursday 28 March 2019

Speakers: Pam Forbes & Greg Jackson and Octavia Barrington (Optional gold coin donation to the Australian National Maritime Museum)

2: Nature's Preventative Health Care System

Bush Heritage Australia protects endangered species and works to prevent the threatened species list from growing. Hear how they manage nearly 9 million ha across Australia for the greatest possible conservation benefit. Our speaker is Executive Manager of Bush Heritage's Science and Conservation Program.

Thursday 11 April 2019

Speaker: Rebecca Spindler

3: The Application of Forensic Science to Criminal and Civil Law

An introduction to Forensic Science, including a study of Forensic Entomology and the use of insects in the investigation of criminal and other legal matters.

Thursday 02 May 2019

Speaker: Ian Thompson

GREATER WESTERN

Regional Course Coordinator: Position Vacant
suebrennan88@gmail.com **Enquiries only**

GREATER WESTERN REGION OF SYDNEY U3A

Notice is hereby given that the
Annual General Meeting and Election of Office Bearers
will be held on

Friday 22 February at 2pm
RAFFLES BUILDING

Level 2, Room 'A', 1-3 Fitzwilliam Street
Adjacent to Parramatta rail station. Enter through Raffles door left of library entrance

All office bearers' positions are open for election.
Please consider standing for committee to ensure the future success of our region
Information and nomination forms will be emailed to all members who have provided
email addresses OR posted to those who have no email address.

Nomination forms must be returned to
Secretary Ann Orel annorel@hotmail.com OR posted to 4 Kenworthy Street, Dundas 2117
before **8 February 2019**.

PLEASE SEE OUR TWO ENTRIES in 'EVENTS'

PARRAMATTA: RAFFLES BUILDING

Level 2, 1-3 Fitzwilliam Street. Adjacent to rail station.
Wheelchair accessible and lift available
Enter through 'RAFFLES' door left of library entrance.
Check with leaders for sessions during the school holidays

MANDARIN 191GF01

This course is intended for the Third Age people who want to learn Mandarin by means of learning Chinese characters and sentences using alphabetic transliteration. Your class level will determine alternate Monday session access.

Each Monday from 11 Feb 10:00 - 12:00

Leader: Ying Mei Zhang

Bookings: Ying Mei Zhang 8872 7569 or Nicole Liu 9311 2480

MANDARIN P.I.E.S. 191GF02 **(Practice in Everyday Speaking Chinese)**

These sessions are intended for learners of Mandarin who want to practice and improve their listening and speaking skills. Depending on skill level, activities range from basic everyday conversation with emphasis on pronunciation and sentence structure, to role plays and discussions facilitated by native Mandarin speakers.

Each Friday from 8 Feb 1:00 - 3:00

Leader and bookings: Stanley Yan 0408 544 925
stanyan100@hotmail.com (email preferred)

BOOK OF THE MONTH(20)** 191GF03

Discussion group. New members most welcome. Share the experience, expand your understanding and enjoy the process.

Every 4th Monday from 4 Feb 10:00 - 12:00

Leader and bookings: Isabel Halton 9872 4467

THRILLERS AND MYSTERIES 191GF04

Join a monthly book-reading group for those who read for entertainment and love 'whodunits'.

We each take turns in selecting two authors for the following month.

Every 4th Monday from 25 February 1:00 - 3:00

Leader and bookings: Dorothy Johnson
9621 2389 (after 5pm)

STORYTELLERS PARRAMATTA 191GF05

Do you have an urge to write your stories? We are a group of storytellers who happen to write our stories down – true, fictional, serious, topical, amusing and sometimes in verse. A topic is suggested as 'homework' (optional), to be read out at the following session. Of course, free choice is always acceptable!

Alt Tuesdays from 12 Feb 10:00 - 12:00

Leader and Bookings: Helen Reardon 9631 7241
helsjr@bigpond.com

GROWING YOUR FAMILY TREE..... 191GF06

Interested in your family history? Join a friendly, helpful group all engaged in digging up their ancestors.

Alt Tuesdays from 5 Feb 1:00 - 3:00

Leader and bookings: John Venables 9484 0526
john_venables@yahoo.com

TEN SINGLE SESSION TUESDAYS(30) 191GF07**

A series of separate presentations on subjects of general interest.

All talks are from 10:00 - 12:00

Bookings: suebrennan88@gmail.com

1. How Much Imprisonment is Necessary?

Imprisonment appears to be a natural consequence of serious offending, but has its own human and financial costs. We discuss these propositions and consider ways of doing things differently.

Tuesday 5 Feb

Speaker: Denise Weelands

2. Healing Your Immune System

A woman was told she was dying, that modern medicine had nothing more to offer. Still, she found wellness. She shares the hurdles overcome in the process of restoring health.

Tuesday 19 Feb

Speaker: Lynda Dyer

3. The Australian Museum

Sydney's major natural history museum dates from 1827. The session covers the museum's objectives, its collection (almost 20 million items), buildings, people and important events during its 190 year history.

Tuesday 5 March

Speaker: Stewart Reed

4. The NSW State Library

The State Library has a vast and varied collection (apart from books), especially in the realm of Australiana, including many rare and unique objects.

Tuesday 19 March

Speaker: Stewart Reed

5. Can the Great Barrier Reef be Saved?

Why are so many opposed to the Adani's Carmichael Queensland mine? How does it threaten the Great Barrier Reef? Why must this 'largest living structure' on our planet be saved?

Tuesday 2 April

Speaker: Janine Kitson

6. Mapping an Empire

The gripping story of the stupendous work of 19th Century science, exploration and achievement involved in the mapping of India by the British.

Tuesday 16 April

Speaker: Tony McCurdy

7. Inventions that Changed the World

A survey of the origin, nature and impact of those inventions that have had a major influence in changing the world from pre-historic times to the 21st Century.

Tuesday 30 April

Speaker: Tony McCurdy

8. Cleopatra

The story of this fascinating woman. Is it fact, fiction or fantasy?

Two Tuesdays 14 and 28 May

Presenters: Nora Hinchin & John Flint

9. Age is an Attitude

Be intrigued by how attitude affects our aging process and simple changes we can make to stop the clock on aging. New research, thought processes and creative ideas to consider.

Tuesday 11 June

Speaker: Lynda Dyer

10. An Introduction to Entomology

An introduction to the fascinating world of insects and other arthropods found in and around the garden. Uncover some unusual facts surrounding these 'critters'.

Tuesday 25 June

Speaker: Ian Thompson

OUR WORDS..... 191GF08

Interested in the origin of language? Words and sayings can be fun. Join us and enjoy them. Bring a word and we'll use it in an 'on-the-spot' writing task. Hone your writing skills with a friendly, like-minded group and let your talent emerge.

Alt Wednesday from 13 Feb 1:00 - 3:00

Leaders and bookings: Ann Orel 9638 2547
annorel@hotmail.com

Rachelle Rassaby 9797 2287 rrasaby@gmail.com

CALLIGRAPHY(18) 191GF09**

Learn 'beautiful writing' and discover your artist within. No experience or talent necessary.

Alt Thursday from 7 Feb 1:00 - 3:00

Leader: Georgie Tuck 9626 1334
georginatuck93@gmail.com

PEOPLE WHO CHANGED THE WORLD 191GF10

We look closely at the lives of personalities who had a significant influence on the social and economic development of humanity. Our focus is psychological. We consider their life environment, their family relationships, what they did that may have changed their world and how that may have affected our lives.

Alt Thursday from 31 Jan 2:00 - 4:00

Leader: Barry Hanlon

Bookings: Rex Broadbent 0433 000 556
rexpatoptusnet.com.au (preferred)

1. Mary Halifax Somerville

Scottish science writer and polymath. She studied mathematics and astronomy and was nominated to be jointly the first female member of the Royal Astronomical Society simultaneously with Caroline Herschel.

31 Jan

2. John Flynn

Presbyterian minister who founded the Australian Inland Mission which later became Frontier Services, as well as founding what became the Royal Flying Doctor Service, the world's first air ambulance.

14 Feb

3. Ernesto 'Che' Guevara

Marxist revolutionary, physician, author, guerrilla leader, diplomat and military theorist.

28 Feb

4. Nikola Tesla

Inventor, electrical engineer, mechanical engineer, physicist, and futurist who is best known for his contributions to the design of the alternating current electricity supply system.

14 March

5. Alexander Vasilyevich Suvorov

Russian military leader, considered a national hero. He was the Count of Rymnik, Count of the Holy Roman Empire, Prince of Italy, and the last Generalissimo of the Russian Empire.

28 March

6. Sir Karl Popper

An Austrian-British philosopher and professor, regarded as one of the 20th century's greatest philosophers of science.

11 April

7. Robert Oppenheimer

Theoretical physicist and professor of physics at the University of California, Berkeley. Wartime head of the Los Alamos Laboratory, he is among those who are credited with being the "father of the atomic bomb".

9 May

8. Neil deGrasse Tyson

Astrophysicist, author, and science communicator. Since 1996, he has been the Frederick P. Rose Director of the Hayden Planetarium at the Rose Centre for Earth and Space in New York City.

23 May

9. Jacqueline Louise Lambie

Politician, leader and founder of the Jacqui Lambie Network. She served as a Senator for Tasmania from 2014 to 2017

6 June

10. Women in Astrophysics: Lisa Randall, Carolyn C. Porco & Janna J. Levin

A theoretical physicist working in particle physics and cosmology; a planetary scientist - the exploration of the outer solar system; and a theoretical cosmologist/associate professor of physics/astronomy.

20 June

PARRAMATTA: HARRY TODD BAND HALL

Jubilee Lane, Parramatta (approach from Jubilee Park on Parkes Street)

WORLD HISTORY: 191GH01 THE RUSSIAN REVOLUTION

The Russian February and October Revolutions in 1918 were two very different events that together changed the course of world history in the 20th Century. An explanation of how these events unfolded.

Alt Friday from 1 Feb 10:00 - 12:00

Leader: Colin Smith

Bookings: John Brockman alban.kingslangley@gmail.com

A LIVELY DISCUSSION GROUP 191GH02

Have your say. I may not agree with what you say but I will defend your right to say it.

Alt Friday from 8 Feb 10:00 - 12:00

Leader: Robert Russell

Bookings: Dorothy Johnson 9621 2389 (after 5pm)

GUILDFORD: HEWITT HOUSE

Corner of Guildford and Byron Roads

WRITING CREATIVELY 191GG01

Learn the skills of transforming experiences into prose and poetry and share the results in a friendly supportive environment.

Alt Wednesday from 6 Feb 1:30 - 3:30

Leader and bookings: Glennis Henning 9872 5042

k.henning@optusnet.com.au

BLACKTOWN: WESTPOINT

Community Room, Fourth Floor, up Alpha Street Ramp. Four hours parking available with Seniors Card.

Wheelchair accessible

POETRY AND PROSE 191GB01 FOR EVERYONE**(15)

Bring your poems or prose to read, or just relax and listen to the reading of established authors, or members' own work.

Alt Thursday from 14 Feb 10:00 - 12:00

Leader & bookings: Margaret Bacon 9622 7874

margaretbacon8@gmail.com

AUSTRALIA: ITS HISTORY, 191GB02 PEOPLE, EVENTS AND PLACES

Some outside presenters and some topics for sessions are chosen & presented by the group's very enthusiastic members.

Alt Thursday from 7 Feb 10:00 - 12:00

Leader: Chris Scott 0412 625 571 chris.don@me.com

Bookings: Margaret Anderson anderswhite@bigpond.com

FUN AND GAMES 191GB03

A light-hearted course to stretch your mind by playing scrabble, rummikub, canasta, and other games in a friendly atmosphere (11 sessions).

Every Friday from 8 Feb 10:00 - 1:00

Leader and bookings: June Keith 9621 1215

junekeith@optusnet.com.au

BLACKTOWN CITY LIBRARY

Study Room, Level 1, corner of Alpha Street and Flushcombe Road. **Wheelchair accessible**

FAMILY TREE MYSTERIES SOLVED**(10) 191GL01

This is a support group for those addicted to researching their family history. Members range from beginners, to those with over thirty years' experience in genealogy. Come and join our friendly and helpful group whose members assist each other to solve their genealogy problems.

Alt Tuesday from 5 Feb 10:00 - 12:00

Leader: Roslyn McMullen rrmfm12@gmail.com

Bookings: Marie Donaldson

mariedonaldson@optusnet.com.au

TOONGABBIE: ST. ANTHONY'S CHURCH HALL

Aurelia Street. Some parking available.

MONDAY CANASTA AND MAH JONG 191GT01 (WESTERN STYLE)

Learn Canasta and Mah Jong (Western Style). Practice, refresh and polish up your skills for both these social games with a friendly group.

Each Monday from 4 Feb 1:00 - 3:30 (Except 10 June)

Leader and bookings: Jon Hendrikse 0411 472 633
jhendrikse39@hotmail.com

GENTLE EXERCISE AND 191GT02 DEEP RELAXATION**(20)

This course aims to promote a depth of consciousness below the stressful surface. Discover the joy of deep relaxation and the health benefits of some very easy stretching. Please bring your own exercise mat and pillow.

Each Tuesday from 12 Feb 1:00 - 3:00

Leader and bookings: Warwick Pitt: 9727 8415
warwickpitt@hotmail.com

LINE DANCING 191GT03

Come along as a beginner and learn Line Dancing or further your skills with this enjoyable, healthy activity to Country or Modern music.

Each Wednesday from 6 Feb 1:00 - 3:00

Leader and bookings: Vicky Fitzgibbon 0427 240 583
vickfitzgibbon47@gmail.com

PRIVATE HOMES

DESKTOP FLYING FOR 191GP01 SENIORS (Carlingford) **(8)

Frustrated aviators can learn to fly/navigate/enjoy scenery from some of 22,000 airports around the world using a stable of 144 aircraft (Wright Brothers to an A380). Projected onto a 6'x4' screen. No flying experience necessary.

Alt Tuesday from 5 Feb 1:30 - 3:30

Leader and bookings: Keith Manwaring 9872 2907
snrpilot18@gmail.com

BRIDGE FOR ADVANCED PLAYERS 191GP02 (North Parramatta)**(8)

Bridge for advanced players in a non-competitive atmosphere.

Alt Wednesday from 9 Jan 10:00 - 12:00

Leader and bookings: Liz Sobolewski 9630 7592

LET'S TALK ABOUT IT 191GP03 (Merrylands West)**(10)

Informal discussion about the activities and personalities of yesterday and today's prominent people, including royalty, outstanding contributors to the world scene and people in the news for whatever reason.

Alt Wednesday from 13 Feb 10:00 - 12:00

Leader and bookings: Bev Cockburn 9635 7802
bevco4@bigpond.com (preferred)

ANYONE FOR MURDER? 191GP04 (Merrylands West)**(10)

Participants will be offered a selection of DVDs and videos of murder mysteries featuring well-known fictional sleuths such as Frost, Morse, Colombo, Barnaby, Miss Marple, Hercule Poirot, & Inspector Lynley. Episodes of 'Endeavour', 'Lewis' & 'Vera' may also be added to our adventures!

Alt Wednesday from 6 Feb 10:00 - 12:30

Leader and bookings: Bev Cockburn 9635 7802
bevco4@bigpond.com (preferred)

MUSIC AND SONG 191GP05 (Carlingford)**(8)

Learn theory and terminology of music, voice production and breathing methods. Bring along a short life story of your most admired composer and sing your favourite song.

Fourth Wednesday of each month from 27 Feb 1:00 - 3:00

Leader and bookings: Suzanne Su 9872 1230

EXPLORING THE PAST 191GP06 (Merrylands West)**(10)

Video clips and discussion about various famous people and events of historic importance from the past.

Alt Thursday from 14 Feb 10:00 - 12:00

Leader and bookings: Bev Cockburn 9635 7802
bevco4@bigpond.com (preferred)

HARBOURSIDE NORTH

Regional Course Coordinator: Rosemarie Einstein 0412 043 377
einstein@starmar.net.au **Enquiries Only**

HARBOURSIDE NORTH REGION OF SYDNEY U3A

Due to unforeseen circumstances,
the previously advertised date of the AGM has been changed
Notice is hereby given that the

Annual General Meeting and Election of Office Bearers

followed by our

Annual Celebration Lunch
with special guest speaker Graham Sims "Meetings, Bloody Meetings"

will be held on

Friday 8 March 2019 commencing at 12:00 noon

at

at the Lane Cove Country Club
River Road, Lane Cove

(ample parking available in the grounds)

Further details regarding bookings
will be included in the Harbourside North January newsletter

Harbourside North members are encouraged to attend
All Sydney U3A members are welcome.
Invitations will be posted on request.

2019 – WELCOME THE NEW YEAR WITH HARBOURSIDE NORTH U3A

Mosman Square Seniors Centre

WHIST DRIVES

Wednesdays 16 and 23 January 2019

Coffee and cakes at 10:00. Start playing at 10:30 (no charge!)

New and potential members welcome. No experience required.
Come and join us and meet new and old friends in a casual and friendly atmosphere.

Bookings: Lesley Duffill 9969 9546 leslie.duffill@bigpond.com

The Harbourside North Region Committee

invites you to

MORNING TEA AND CAKES

at

The Art Gallery Mosman
Monday 4 February 2019 at 10:00

An introductory morning to the University of the Third Age for members and friends and new and potential members.
Come and share your ideas, suggestions, and experiences of life in U3A!
See and hear what U3A has in store for you in 2019.

**For information contact Eve Klein: cyeve@tpg.com.au or
Lesley Duffill: leslie.duffill@bigpond.com**

CASTLE COVE: WATERMARK RETIREMENT VILLAGE

8b Deepwater Road, off Eastern Valley Way. There is street parking near the village.

Venue coordinator and bookings: Barbara Boston
9417 2967 nboston@bigpond.net.au
Bookings essential for all courses

FRIDAY FILMS AT CASTLE COVE**(24)..... 191HC01

Classic movies from the silent to the contemporary era will be presented with some analysis and background pertaining to cast, direction and production issues. A full list of movies to be presented will be available at the first session. (11 sessions)

Alt Fridays from 1 Feb 10:30 - 12:30

Leader: Hugh Watson

UNDERSTANDING JAPAN:..... 191HC02 A CULTURAL HISTORY**(24)

This DVD series brings you a grand portrait of Japan, one that reaches from its ancient roots as an archipelago of warring islands to its current status as a geopolitical giant. The journey is vibrantly illustrated with stunning images from the Smithsonian's vast collection of Japanese artwork and archival material. (8 sessions)

Each Tuesday from 5 Feb 10:30 - 12:30

Introduced by Barbara Boston

A TASTE OF OPERA 191HC03

Each session will contain an outline of the composer's life and career, the story of the opera and scenes from a filmed version of the opera that will link the work in a meaningful way. It may also contain amusing and irreverent anecdotes about the work and various productions. (4 sessions)

1. Beethoven: *Fidelio*
2. Humperdink: *Hansel and Gretel*
3. Handel: *Julius Caesar*
4. Mozart: *Così fan tutte*

Each Tuesday from 2 April 10:00 – 12:30

Leaders: Nora Hinchin and John Flint

THE GREAT SIEGE OF MALTA..... 191HC04

Many know of Malta, long besieged in WW2, but how many know of the great siege in the 16th century? What was it, who was involved and why was it so important?

Tuesday 30 April 10:30 - 12:30

Speaker: Paul Wait

IRAN PAST AND PRESENT 191HC05

This illustrated talk explores the recent as well as ancient history of Iran. Cindy's first novel is based on her research, conducted in Iran, into the Islamic revolution of 1979.

Tuesday 7 May 10:30 - 12:30

Speaker: Cindy Broadbent

THE BRONTES OF HAWORTH 191HC06

The bicentenary of the birth of Charlotte Bronte marked the beginning of celebrations for this remarkable family. We look at the lives of the Bronte family with particular reference to Charlotte Bronte's novel *Jane Eyre*. Participants are encouraged to read the novel or watch a DVD before the course begins.

Tuesdays 14 and 21 May 10:30 – 12:30

Leader: Cindy Broadbent

THE GENIUS OF GERARD 191HC07 MANLEY HOPKINS

In the poetry of this little known Jesuit Priest, who remained unpublished for decades after his death, we examine what has made him one of the greats of English poetry.

Tuesday 28 May 10:30 - 12:30

Speaker: Terry Farrell

NAPOLEON AND THE 191HC08 AUSTRALIAN CONNECTION

A talk on Napoleon's meteoric rises and falls in his career, with emphasis on the final years and their importance to Australia.

Tuesday 4 June 10:30 - 12:30

Speaker: Geoff Davidson

AUSTRALIA: THE GREAT SOUTHLAND..... 191HC09 (Just Where Is It?)

This talk covers the search from earliest times until settlement and establishment of the colonies.

Tuesday 11 June 10:30 - 12:30

Speaker: Geoff Davidson

THE CONVICT SYSTEM IN AUSTRALIA 191HC10

We examine the background and system operating from 1788 until 1868, which accounted for the transportation of 160,000 men, women and children.

Tuesday 18 June 10:30 - 12:30

Speaker: Geoff Davidson

WEIRD AND NOT SO WONDERFUL 191HC11 HISTORIES

An irreverent look at some of history's events – a morning of chuckles at the lighter side of history.

Tuesday 25 June 10:30 - 12:30

Speaker: Harvey Broadbent

CHATSWOOD: DOUGHERTY COMMUNITY CENTRE

7 Victor Street. Three-hour free parking at Westfield car park opposite. **Wheelchair accessible.**

Venue coordinators: Janet Douglas janet_away@yahoo.com (preferred) 0423 947 411 and Ursula Schappi ursulasch@bigpond.com (preferred) 0407 995 578

Bookings for all sessions are essential.

FRENCH FOR NEAR-BEGINNERS 191HD01

Can you remember a little high school French? If so, this course is for you. We will study basic phrases through topics such as likes and dislikes, hotel bookings and asking the way. This course focuses on conversation. (8 sessions)

Mondays from 4 Feb 10:30 - 12:30

Leader and bookings: Bridget Miall bridgetmiall@gmail.com 9411 7882

LEARN THE RECORDER 191HD02

Have fun learning to play descant, treble or tenor recorders beautifully. A small knowledge of music and recorder playing is required. You will need a recorder, music stand and will have to buy the set Tutor (*Enjoy the Recorder* by Brian Bonsor). (11 sessions)

Alt Wednesdays from 6 Feb 10:30 - 12:30

Leader and bookings: Katie Lucy-Smith 8416 3266

THE REFORMATION 191HD03

The time of the Reformation was a tumultuous era that included the schism of Western Christianity and one of the longest and bloodiest wars in European history. The religious thought and history surrounding this time will be examined. (4 sessions)

Alt Wednesdays from 6 Feb 10:30 - 12:30

Leader: Gail Ball

Bookings: Ronda Broadbridge

rbroadbr@tpg.com.au (preferred) 9417 1943

DISCUSSION GROUP(15) 191HD04**

We are a small and friendly group who discuss both local and overseas events. We value all opinions and do not take ourselves too seriously. (11 sessions)

Alt Thursdays from 7 Feb 10:30 - 12:30

Leader and bookings: John Yates

johnyates80@hotmail.com (preferred) 0437 394 225

MUSIC OF THE BAROQUE PERIOD 191HD05

Focussing especially on the lives and works of Handel and JS Bach. (10 sessions)

Alt Thursdays from 7 Feb 10:00 – 12:00

Leader: John Hughes

Bookings: Jan Yeoman

janyeoman@bigpond.com (preferred) 9411 3457

ADVANCED RECORDER 191HD06

Treble, tenor, bass and descant players welcome. Basic sight-reading is essential. The emphasis is on playing musically. (10 sessions)

Alt Mondays from 11 Feb 10:30 - 12:30

Leader and bookings: Katie Lucy-Smith 8416 3266

BANNED!! A HISTORY OF CENSORSHIP 191HD07

Should everyone be allowed to communicate publicly whatever they choose or should there be restrictions? Who should make these decisions? We will look at speech, writing and social media and the restrictions that have, or have not, been placed on them throughout recorded history. (6 sessions)

Alt Tuesdays from 12 Feb 1:30 - 3:30

Leader and bookings: Joan Giumelli

jguimelli@ozemail.com.au 9981 7509

DISCUSSION GROUP 191HD08

Would you like to hear some interesting opinions? Do you want to air some of your own? This is a varied group who consider some of the issues of life and living that contribute to our modern existence. (12 sessions)

Alt Thursdays from 14 Feb 10:00 - 12:00

Leader and bookings: Margaret Thomason 9488 8960

WONDERING ABOUT CONSCIOUSNESS 191HD09

Perhaps being conscious is not an *object* of knowledge. Our own consciousness is what we 'live through'. For another's consciousness, we must *wonder* what they think, feel, and sense. We shall consider methods of approach to *being* conscious that we find in 20th Century philosophers such as Jean-Paul Sartre, Michèle Le Dœuff and Ludwig Wittgenstein. (4 sessions)

Alt Fridays from 15 Feb 1:00-3:00

Leader: Max Deutscher

Bookings: Kathy Vern-Barnett

kvernb@optusnet.com.au (preferred) 0414 694 925

HOW MUCH IMPRISONMENT 191HD10 IS NECESSARY?

Imprisonment appears to be a natural consequence of serious offending but has its own human and financial costs. We discuss these propositions and consider ways of doing things differently.

Tuesday 19 Feb 10:30 - 12:30

Speaker: Denise Weelands

Bookings: Ronda Broadbridge

rbroadb@tpg.com.au (preferred) 9417 1943

BEATING THE BLUES 191HD11

We can all benefit from simple strategies to improve our psychological wellbeing. Keeping a positive frame of mind makes us happier and healthier.

Tuesday 26 Feb 10:30 - 12:30

Speaker: Dr Christine Lopacinski

Bookings: Joy Martin

joymartin@optusnet.com.au (preferred) 9888 6465

PREVENTING FALLS 191HD12

Falls...the consequences can be serious, from broken bones to loss of independence and mobility, even the ability to stay in your own home. Learn what you can do to reduce your risk of falling.

Tuesday 5 March 10:30 - 12:30

Speaker: Dr Christine Lopacinski

Bookings: Joy Martin

joymartin@optusnet.com.au (preferred) 9888 6465

GERMAN FOR ADVANCED BEGINNERS..... 191HD13

This course is for those who have completed at least one elementary German course. The course aims at developing confidence in speaking and reading German and considers German-speaking countries. (12 sessions)

Each Thursday from 7 March 1:00 - 3:00

Leader and bookings: Bettina Boss 0466 979 460

MYSTERIOUS BUNYIPS AND THYLACINES IN AUSTRALIA 191HD14

People may argue about the shape and size of a Bunyip. There are pictures of the thylacine, better known as the "Tasmanian Tiger" in Australian Museums. Graham will present both these mysterious Australian creatures.

Friday 15 March 10:30 - 12:30

Speaker: Graham Simms

Bookings: Janet Bayley

janet_b27@hotmail.com (preferred) 0414 139 947

STAMP COLLECTING 191HD15

So much more than little pieces of paper. Welcome to the wonderful world of art, geography, history and the simple joy of creating order from chaos. Resume a childhood hobby or seek a lifelong escape.

Friday 22 March 10:30 - 12:30

Speaker: John Pearson

Bookings: Gaye Griffiths

gaye.griffiths@gmail.com (preferred) 9417 4037

THE WORLD OF MASK..... 191HD16

Learn about the significance of Noh masks in Japanese Noh theatre and the performing arts. Hear how Noh masks compare with the masks used in the Commedia dell'Arte.

Friday 5 April 10:30 - 12:30

Speakers: Moe Rosa Hashimoto and Rocco Sorrenti

Bookings: Annemarie Moore

mooreannemarie1948@gmail.com (preferred) 0421 716 232

SIR HENRY PARKES – MY GREAT GREAT GRANDFATHER 191HD17

How the events of Henry Parkes' early life influenced his drive for social reform and his early promotion of a Federation. Ian will bring some of his personal items for display.

Tuesday 9 April 10:30 - 12:30

Speaker: Ian Thom

Bookings: Barbara Ellis

bellis58@bigpond.com (preferred) 9416 3071

THE CHANGING LIVES OF WOMEN IN THE 20th CENTURY AND HOW WRITERS ADDRESS THESE CHANGES ** (15) 191HD18

The topic will be addressed by considering the following books: (4 sessions)

- One Life: My Mother's Story - Kate Grenville
- Nora Webster – Colm Toibin
- The Children Act – Ian McEwan
- Mothering Sunday – Graham Swift

Fridays from 3 May 1:30 - 3:30

Leader: Margaret Little

Bookings: Margaret Parker

athena650@yahoo.com.au (preferred) 9411 5529

ONE FOOT IN FRONT OF THE OTHER: WALKING THE CAMINO 191HD19

What is the Camino, where is it, why and how do you walk it? Hear about how we shared this amazing experience with wonderful people from all over the world.

Tuesday 7 May 10:30 – 12:30

Speakers: Rosemarie Einstein and Jane Barnes

Bookings: Marilyn Hunnisett

mhunnisett@bigpond.com (preferred) 9925 0469

AN INTRODUCTION TO SENSORY SCIENCE 191HD20

How science and industry use the senses of smell, taste, sight and hearing to discover new information and develop new or better foods and beverages.

Tuesday 14 May 10:30 – 12:30

Speaker: Dr Greg Organ

Bookings: Marilyn Hunnisett

mhunnisett@bigpond.com (preferred) 9925 0469

EXPLORING THE SCIENCE OF BEER 191HD21

Join us to explore the science of beer. The brewing process, the role of each of the senses in beer appreciation and practical hints on how to enjoy your beer will be discussed.

Tuesday 21 May 10:30 – 12:30

Speaker: Dr Greg Organ

Bookings: Marilyn Hunnisett

mhunnisett@bigpond.com (preferred) 9925 0469

GREENWICH: THE BAYTREE RETIREMENT RESORT

6 Ulonga Avenue, Greenwich (off Innes Road, which is off Pacific Highway opposite the old ABC site).

Program coordinator: Lesley Duffill 9969 9546

leslieduffill@gmail.com

Venue coordinator: Andrew Caro 9433 8056

Bookings are essential.

THE HISTORY OF WW2 191HW01

Continuing on from the November 2018 course this presents an outline of several conflicts of WW2, which together generated the most destructive war of the 20th century and played a major role in shaping the world today. (3 sessions)

Each Tuesday from 15 Jan 10:00 - 12:00

Leader: Colin Smith

Bookings: Lesley Duffill leslieduffill@gmail.com 9969 9546

THE SAVOY OPERAS 191HW02

A tribute to the Victorian-era theatrical partnership of W.S. Gilbert and Arthur Sullivan and to the works that they jointly created.

Tuesday 5 Feb 10:00 - 12:00

Speaker: Graham Ball

Bookings: Kate Caro 9433 8056

CINEMA 191HW03

Join us for coffee and cakes and interesting pre-film discussions about the planning and shooting of major films; learn the history of some of our great actors and actresses; and enjoy the film.

Alt Fridays from 8 Feb 10:00 - 12:00

Leader: Hugh Watson 9519 5082

Bookings: Margaret Vermeesch 9433 8048

STRUGGLE FOR UNITY: A STORY OF THE FEDERATION OF AUSTRALIA 191HW04

Sir Arthur Rutledge QC MP struggled to bring Queensland into the Commonwealth of Australia. The success of his efforts made Australia what it is today: one country on a continent with no international borders.

Tuesday 12 Feb 10:00 - 12:00

Speaker: Graham Wilcox

Bookings: Mary Morrison 9433 8004

THE RIVALRY BETWEEN WEST AND EAST 191HW05

Is the dominance of the West over the East coming to an end? We explore briefly the long history of the cultural, economic, political, social and military developments of the world's two core regimes. (4 sessions)

Each Tuesday from 19 Feb 10:00 - 12:00

Leader: Peter Nixon

Bookings: Ena Hall 9433 8076

THREE GREAT WOMEN OF THE 19TH CENTURY 191HW06

- Queen Victoria of England
- Florence Nightingale, the 'lady with the lamp'
- Eliza Arbuckle, pioneer of North Sydney

Two famous and admired women, trivialised in history by sentimentality; another almost totally unknown. Victoria, at 18, created astonishment and admiration. Nightingale transformed much more than nursing and hospitals. Eliza toiled in obscurity and transformed society on the North Shore. (3 sessions)

Each Tuesday from 19 March 10:00 - 12:00

Leader and bookings: Kate Caro 9433 8056

THE WORKS OF FAMOUS ARTISTS IN THE CONTEXT OF HISTORICAL EVENTS 191HW07

We will consider historical and non-historical works to get insights into significant transformative periods. The artists we will look at include Breughel, Holbein, Manet and Monet plus Australian artists, Condor Roberts and Dobell. (3 sessions)

Each Tuesday from 9 April 10:00 - 12:00

Leader: Terry Farrell

Bookings: Christine Blanks

frrblanks@bigpond.com (preferred) 9436 3451

CLINICAL FORENSIC SCIENCE 191HW08

Tony is a retired police forensic science officer. He will describe the practice of forensic medicine.

Tuesdays 30 April and 7 May 10:00 - 12:00

Speaker: Dr Tony Moynham

Bookings: Lesley Duffill

leslieduffill@gmail.com (preferred) 9969 9546

HISTORY AND PRESENT USE OF ALCOHOL, 'ICE', ECSTASY AND COCAINE 191HW09

These are among substances causing problems in society today. Why are they used? How do they affect the body and the mind? These questions for both legal and illicit drugs will be considered.

Tuesdays 14 and 21 May 10:00 - 12:00

Speaker: Dr Rosemarie Einstein

Bookings: Rosalind Lund-Conlon 9807 9956

PEOPLE WHO CHANGED THE WORLD 191HW10

We look closely at the lives of personalities who had a significant influence on the social and economic development of humanity. (5 sessions)

1. **28 May:** Eva Peron: Charismatic Argentinian leader
2. **4 June:** Catherine the Great: Consolidated Russia as a European Power
3. **18 June:** Gertrude Bell: Nobel prize winner, a founder of molecular biology
4. **25 June:** Muhammad Ibn 'Abd Allah': founder of Islam, a world religion
5. **2 July:** Phineas Taylor Barnum: American showman, politician, and businessman who is remembered for celebrated hoaxes and founding of The Barnum and Bailey circus.

Each Tuesday from 28 May 10:00 - 12:00 (except 11 June)

Leader: Barry Hanlon

Bookings: Helen Kershaw

helenjkershaw@gmail.com 0400 130 486

IMPACT OF CLIMATE CHANGE ON HEALTH AND DISEASE 191HW11

Increasing temperatures, rising seas and natural disasters are a feature of climate change. In this talk we will examine how these impact on the overall health of our community.

Tuesday 11 June 10:00 - 12:00

Speaker: Penny Bishop

Bookings: Helen Kershaw

helenjkershaw@gmail.com 0400 130 486

HUNTERS HILL: C A FAIRLAND HALL

14 Church Street, Hunters Hill.

Ample car parking in nearby streets.

Venue coordinator and bookings: Judy Harris

0447 194 510 JudyHarris2@bigpond.com

Bookings preferable for all courses at this venue unless otherwise noted below.

Facebook: U3AHunters Hill

SUNFLOWERS 191HU01

Janet Merkur recounts the story of her mother, Sergeant Regina Morgenstern of RAF (Enigma) and her wartime service as a signals operator in the secret world of codes and ciphers based at Bletchley Park UK.

Monday 21 Jan 10.30 - 12.30

Speaker: Janet Merkur

ESTONIA 191HU02

What could be interesting about such a small nation as Estonia, smaller than Tasmania? Its amazing history and culture. Learn about the survival and resilience of such a small nation and its people, including my parents.

Monday 4 Feb 10.30 - 12.30

Speaker: Anne Richardson

STEM CELL SCIENCE: NOW AND THE FUTURE 191HU03

Stem cell science is an extremely topical and fast moving field of research with new breakthroughs every day. We cover current and future clinical trials in Australia.

Monday 11 Feb 10.30 - 12.30

Speaker: Tamara Treleaven

RUSSIAN MUSIC AND HISTORY 191HU04

Russian music within a restless, turbulent history. We meet familiar composers - Tchaikovsky, Prokofiev and Stravinsky - and explore significant moments from the Romanovs to the 1917 Revolution and the vicissitudes of the Russian people under Tsarist rule.

Tuesdays 18 and 25 Feb 10.30 - 12.30

Speakers: John Flint & Nora Hinchin

DRAWING FOR BEGINNERS *(15) 191HU05

Ever wanted to draw? Develop a unique drawing style through studying the elements and principles of design. Learn the basic skills of relaxed "seeing and recording" while examining various drawing techniques. (6 sessions)

Each Friday from 22 Feb 10.30 - 12.30

Leader and bookings: Kate McClelland

mcllelands@ozemail.com.au 0413 388 959

A HISTORY OF JAZZ 191HU06

An opportunity to re-experience works, players and composers who have shaped the genre. For first-timers this is a chance to discover some of the most influential music in jazz history.

Monday 4 March 10.30 - 12.30

Speaker: Graham Ball

UNDERSTANDING OSTEOPOROSIS 191HU07

Osteoporosis is a silent condition that does not rear its ugly head until it's too late. Get diagnosed early and try to avoid the consequences for as long as possible.

Monday 11 March 10.30 – 12.30

Speaker: Winsome Baker

PAIN MANAGEMENT 191HU08

The history of pain treatment and the latest and greatest in managing musculo-skeletal pain since 2011.

Monday 18 March 10.30 – 12.30

Speaker: Winsome Baker

NORTH KOREA 191HU09

The real progress made with nuclear technologies is a matter of concern to other Asian countries and for the world. Let's look at the range of options for a peaceful solution to the complex problems of the Korean peninsula.

Monday 25 March 10.30 – 12.30

Speaker: John Yeats

MACULAR DEGENERATION (AMD) 191HU10

This talk summarises symptoms, assessment and modern treatment of age-related macular degeneration. AMD research and future treatment are also discussed and questions welcomed.

Monday 1 April 10.30 – 12.30

Speaker: Alex B L Hunyor

NSW PUBLIC TRUSTEE 191HU11

The importance of planning ahead for future legal, health and financial decisions. A Will, Power of Attorney and Enduring Guardianship are important documents that we, or our family, may need.

Monday 8 April 10.30 – 12.30

Speaker: Sharon Bullen

REDISCOVER CAROLINE CHISHOLM 191HU12

She once embellished our \$5 note, and is now almost forgotten. Biographer Sarah Goldman reveals a surprisingly modern woman who believed in a fair go for all.

Monday 15 April 10.30 – 12.30

Speaker: Sarah Goldman

GALLIPOLI AND ANZAC DAY 191HU13

Our speaker will try to unravel the facts from the legends of the Dardanelles campaign. Share some insights and astonishing stories of diggers involved – and the Australian legacy.

Monday 22 April 10.30 – 12.30

Speaker: Peter Allen

MARITIME MUSEUM – KRAIT AND OPERATION JAYWICK 191HU14

This Japanese fishing boat is best remembered for its raids on the Japanese in Singapore harbour in 1943 by a group of allied commandos who demonstrated extraordinary bravery, resilience and ingenuity.

Monday 29 April 10.30 – 12.30

Speaker: Merv Rosen

NICHOLSON MUSEUM - ARCHAEOLOGY OF NEA PAPHOS 191HU15

Sydney University archaeologists have been working at the site of Nea Paphos since 1995. This talk will explore the history of archaeology of Cyprus, the role of theatre in ancient life, and evidence that the dig is revealing Roman urban infrastructure.

Monday 6 May 10.30 – 12.30

Speaker: Dr Craig Barker

HOT AIR 191HU16

The composition of Earth's atmosphere and how it has evolved over the eons; pollution; greenhouse gases; and composition of the atmosphere on other planets.

Monday 13 May 10.30 – 12.30

Speaker: Joan Scott

WEIRD AND NOT SO WONDERFUL HISTORIES 191HU17

Our speaker turns his attention to the lighter sides of history events: chuckle at the bizarre, the eccentric and ridiculous and just plain hilarious histories of the world.

Monday 20 May 10.30 – 12.30

Speaker: Harvey Broadbent AM

SPACE: THE NEXT FRONTIER 191HU18

Challenges and preparation needed in facing future space travel.

Monday 27 May 10.30 – 12.30

Speaker: Joan Scott

HISTORY OF MORAL THOUGHT 191HU19

Traces the way society through the ages, from Homer to Sartre, has considered the question: what is right and what is wrong? We explore the many ways writers have grappled with the concept of right and wrong. We listen to Confucius, Buddha, Homer, Aristotle, Luther, Kant, Nietzsche, Sartre and many more. (4 sessions)

Each Monday from 3 June 10.30 – 12.30

Speaker: Peter Nixon

FROMELLES AND GENERAL SIR JOHN MONASH 191HU20

19-20 July 1916 saw the worst 24 hours in Australian history and led to the amazing identification of almost 200 lost diggers a century later. Comparison with the 1st AIF victories in 1918 under Monash's leadership could not be more stark.

Monday 1 July 10.30 – 12.30

Speaker: Peter Allen

LANE COVE: LIVING AND LEARNING CENTRE

180 Longueville Road.

Venue coordinator: Robert Lynn 9433 8066

Bookings through the persons listed below

DISCUSSION GROUP 191HL01

Topical issues and ideas discussed in a friendly and lively atmosphere. Join us to continue learning and communicating with an active group.

Alt Mondays from 14 Jan 10:30 - 12:30

Leader and bookings: Barbara Meth 9438 5014

AUSTRALIAN FOREIGN RELATIONS FROM 1788 TO 2019 191HL02

"Everything Australia wishes to accomplish as a nation depends upon its capacity to understand the outside world and respond effectively to it." Alan Gyngell (11 sessions)

- **7 Feb** External influences to 1788 eg El Nino, Cook and Scurvy
- **21 Feb** Britain and NSW to 1848: Tyranny of Distance
- **7 March** Creation of State Parliaments, British Law
- **21 March** Reactions to external threats: China and Russia
- **4 April** The "Yellow Peril": Japan and the development of an imperial defence policy
- **18 April** Australian nationalism in the 19th and early 20th centuries

- **2 May** The impact of World War 1
- **16 May** Inter-war foreign relations: trade and the imperial connection
- **30 May** World War 2 – reorientation toward the USA
- **13 June** Post-war foreign policy towards the USA and Asia. Migration and the White Australia policy.
- **27 June** Foreign policy to the present: China, the USA and the Middle East.

Alt Thursdays from 7 Feb 1:30 - 3:30

Leader: Frank Wilson 8021 7059

Bookings: Ann Drysdale 9427 8435

DISCUSSION GROUP 191HL03

Join this happy group to air your views and discuss a variety of interesting topics selected by group members.

Alt Thursdays from 7 Feb 10:30 - 12:30

Leader: Beatrice Blanks 8068 9393

Bookings: Val Kaley 9427 0786

BOOK DISCUSSION GROUP(12) 191HL04**

A group centred on literary fiction. Our book for the first session is *Our Souls at Night* by Kent Haruf. Group limited to 12 to ensure everyone has a chance to speak.

Every Fourth Monday from 7 Jan 10:30 - 12:30

Leader and bookings: Janice Gentle 9439 3801

THE MANORS OF MOSMAN RETIREMENT VILLAGE

6 Hale Road, Mosman (off Military Road).

Wheelchair accessible

Venue coordinator: Lesley Duffill 9969 9546

BOOK DISCUSSION GROUP 191HV01

This friendly group meets once a fortnight to discuss a variety of demanding literature including poetry, drama and non-fiction. New members welcomed.

Alt Tuesdays from 5 Feb 10:00 - 12:00

Leader: Mary Billing

Bookings: Elisabeth Kingsford Smith 9953 6993

TOPICAL ISSUES 191HV02

Our friendly group discusses two topics each meeting. Come and discuss current affairs and debate social issues. New members are always welcome.

Alt Wednesdays from 6 Feb 10:00 - 12:00

Leader: Joan Castle

Bookings: Rose Hochmann 9440 3349

CONTINUE YOUR MEMOIR 191HV03

This is a self-help course that will interest members who have been to a memoir or family story-writing class and are well into their project. Group feedback and activities form the basis of the course to encourage members to keep writing.

Alt Tuesdays from 12 Feb 10:00 - 12:00

Leader and bookings: Pamela Tilbrook 0413 377 212

pamelatilbrook@optusnet.com

McMAHONS POINT COMMUNITY CENTRE

165 Blues Point Road. 300 metres from North Sydney Station. No on-site parking and parking over 2 hours is impossible within 1 km.

**Venue coordinator: Lesley Duffill
9969 9546 leslie.duffill@bigpond.com**

WRITING POETRY(12) 191HE01**

This group explores the magic of poetry in its various forms through reading, appreciating and writing. We give and receive friendly, positive feedback. (10 sessions)

Alt Tuesdays from 5 Feb 10:00 - 12:00

Leader and bookings: Geoff Lucas 9416 7717

BOOK CLUB(14) 191HE02**

The club reads 10 novels per semester (both classics and modern) chosen by the members who all enjoy a lively discussion on the books read. New members welcomed. (10 sessions)

Alt Fridays from 8 Feb 10:00 - 12:00

Leader and bookings: Toni McLennan 9412 1585

McMAHONS POINT COMPUTER EDUCATION UNIT

McMahons Point Community Centre, 165 Blues Point Road, 300 metres from North Sydney Station. No on-site parking and parking over 2 hours is impossible within 1 km.

Venue Coordinator: Fay Smith computeru3a@gmail.com

Bookings are essential for all courses at this venue.

APPLICATIONS - please apply via email: computeru3a@gmail.com providing following information:

Name:

U3A number:

Phone contact:

Course number:

If you cancel a course please let me know ASAP so a reserve can take your place.

WINDOWS FILES **(6) 191HM01

Manage icons, move between windows, resize and move windows, find menus, use the Task Bar, change your home page. Suits Windows 7, 8 or 10.

Monday 4 March 9:30 - 12:30

Speaker: Margaret Kropman

WINDOWS FILES **(6) 191HM02

Manage icons, move between windows, resize and move windows, find menus, use the Task Bar, change your home page. Suits Windows 7, 8 or 10.

Wednesday 6 March 9:30 - 12:30

Speaker: Margaret Kropman

WINDOWS CONTROLS **(6) 191HM03

Find, save, move and rename files and folders on your hard drive or memory sticks. Learn more about storage, retrieval, file types and folders. Suits Windows 7, 8 or 10.

Monday 11 March 9:30 - 12:30

Speaker: Margaret Kropman

iPAD/iPHONE(8) 191HM04**

Get to know your iPad/iPhone in the company of others under the guidance of our tutor. Please bring your device fully charged.

Wednesday 13 March 9:30 - 12:00

Speaker: Fay Smith

MANAGING PHOTOS(6) 191HM05**

From a camera or android phone, save photos on your computer then organise, perform simple edits, email. You will already be skilled at creating folders and moving files between folders. Suits Windows 7, 8, 10.

Monday 18 March 9:30 - 12:30

Speaker: Margaret Kropman

FACEBOOK(8)191HM06**

Learn the basics of using Facebook, uploading photos, joining groups etc.. This course will be taught using your iPad or similar tablet.

Wednesday 20 March 9:30 - 12:00

Speaker: Fay Smith

TEXT FORMATTING(6).....191HM07**

Make your emails more interesting: learn how to use different fonts, indent text, number paragraphs and insert clip art. Suits Windows 7, 8, 10.

Monday 25 March 9:30 - 12:30

Speaker: Margaret Kropman

i-TRAVEL(10).....191HM08**

Seminar format: learn the basics of travelling with technology, avoiding pitfalls and using your devices correctly; discussions with other members of the group.

Wednesday 27 March 9:30 - 12:00

Speaker: Fay Smith

ONLINE RETAIL(6).....191HM09**

Explore buying and selling on Gumtree, eBay, major online outlets and smaller vendors. Tips on security, privacy and payment. Suitable for Windows 7, 8, 10.

Monday 1 April 9:30 - 12:30

Speaker: Margaret Kropman

MANAGING PHOTOS(6)191HM10**

From a camera or android phone, save photos on your computer then organise, perform simple edits, email. You will already be skilled at creating folders and moving files between folders. Suits Windows 7, 8, 10.

Wednesday 3 April 9:30 - 12:30

Speaker: Margaret Kropman

MOSMAN ART GALLERY

Corner of Myahgah Road and Art Gallery Way (opposite Alan Border Oval). 3-hour parking lower level of Bridgepoint Shopping Centre, Spit Junction.

Wheelchair accessible

Venue coordinator: Eve Klein cyeve@tpg.com.au

9969 7994 (enquiries only)

No bookings required

MORNING TEA WELCOME 191HAO1

An introduction to the University of the Third Age for members and friends and new and potential members. See and hear what U3A has in store for you in 2019.

Monday 4 February 10:30 - 12:30

THE UNLIKELY DEMOCRACY 191HAO2

An overview of the history of Australian democratic growth, particularly in the 19th century, as well as a look at the current state.

Monday 11 February 10:30 - 12:30

Speaker: Graham Spindler

FEDERATION AND THE CONSTITUTION 191HAO3

The process of Australian federation, an overview of our constitution and a review of current issues, including eligibility/citizenship issues.

Monday 18 February 10:30 - 12:30

Speaker: Graham Spindler

VOTING AND ELECTIONS..... 191HAO4

Looks at Australian voting systems and outcomes and those around the world.

Monday 25 February 10:30 - 12:30

Speaker: Graham Spindler

THE BIG HISTORY PROJECT 191HAO5

The project was started by David Christian from Macquarie University to enable the global teaching of Big History, which he describes as "the attempt to understand, in a unified way, the history of the Cosmos, Earth, Life and Humanity". This course covers history from the Big Bang through to the present, describing the major thresholds as the Cosmos and Life become more complex. No previous scientific knowledge required. (5 sessions)

Each Monday from 4 March 10:30 - 12:30

Speaker: Peter Nixon

WHEN AUSTRALIA COLLIDES WITH ASIA .. 191HAO6

Recounts the epic journey of three great British naturalists - Joseph Banks, Charles Darwin and Alfred Russel Wallace - and the voyage of continental Australia until it collides with Asia.

Monday 8 April 10:30 - 12:30

Speaker: Ian Burnet

BRUSHES IN THE BUSH: 191HAO7
AUSTRALIAN 19th AND 20th CENTURY LANDSCAPE PAINTING

Australian early colonial and modern artists have shown a fascination with nature and somewhat alien landscapes. A colourful and highly illustrated lecture, featuring some beautiful paintings.

Monday 15 April 10:30 - 12:30

Speaker: Harvey Broadbent

AUSTRALIAN ARTISTS 191HAO8
IN CONVERSATION

The speaker produced and conducted interviews for the ABC and will recount his experiences with prominent Australian artists (John Olsen, Janet Dawson and Imants Tillers, among others), with selected excerpts and images.

Monday 29 April 10:30 - 12:30

Speaker: Harvey Broadbent

MADAGASCAR HISTORY AND WILDLIFE ... 191HAO9

Because of its isolation from other landmasses, Madagascar is home to an abundance of plants and animals found nowhere else on earth. This presentation covers both the amazing wildlife on the island and its mixed history.

Monday 6 May 10:30 - 12:30

Speaker: Margaret Szalay

VAN GOGH: HIS LIFE IN PICTURES 191HAO10

Van Gogh became one of the most successful painters but did not receive recognition in his lifetime. This presentation provides a depiction of his volatile life and his most beautiful paintings.

Monday 13 May 10:30 - 12:30

Speaker: Reinhard Ronnebeck

THE STORY OF COCKATOO ISLAND 191HAO11

1. Early history

Seventy years as a prison, first for convicts then a female reformatory and finally a prison for petty criminals.

Monday 20 May 10:30 - 12:30

2. In the defence of Australia

Cockatoo Island served as a base to build 33 ships for the RAN, as well as to refit Oberon class submarines.

Monday 27 May 10:30 - 12:30

Speaker: Don Napper

A WALK AND TALK THROUGH THE MOSMAN ART GALLERY 191HAO12

Monday 3 June 10:30 - 12:30

Speaker: The Mosman Art Gallery Guides

THE ROYAL REHAB CENTRE AT RYDE 191HAO13

An account of the early beginnings and continuing role of the Centre in caring for people with disabilities, and the benefits from the generosity of volunteers and philanthropists.

Monday 17 June 10:30 - 12:30

Speaker: Winsome Baker

STORIES FROM THE MARITIME MUSEUM 191HAO14

By popular request, we are offered another two stories researched so effectively and depicted so vividly by our speaker.

Monday 24 June 10:30 - 12:30

Speaker: Noel Phelan

MOSMAN ART GALLERY: THE MELODY ROOM

Corner of Myahgah Road and Art Gallery Way (opposite Alan Border Oval). Three-hour parking lower level of Bridgepoint Shopping Centre, Spit Junction.

Wheelchair accessible

Venue coordinator: Annika Tults

9882 3669 aktults@yahoo.com.au

Bookings with the listed persons below are essential

STEPHEN HAWKING: HIS LIFE AND LEGACY 191HR01

The world has lost possibly the most inspiring scientist ever. He led a controversial private life. He illuminated the origins of the universe and shone at communicating this to the world.

Thursday 7 Feb 1:30 - 3:30

Speaker: Ian Bryce

Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

HISTORY OF EARLY MUSIC: ROMANTIC AND BEFORE 191HR02

The development of western classical music in Europe from the Dark Ages until the end of the 19th century.

Thursday 14 Feb 1:30 - 3:30

Speaker: Graham Ball

Bookings: Margaret Lanigan

mlan4298@bigpond.net.au (preferred) 9960 3603

MUSIC WITH HUMOUR 191HR03

Join us for a wonderful combination of humour and music to delight the senses, designed to send you away with a smile on your face and at peace with the world.

Thursday 21 Feb 1:30 - 3:30

Speaker: John Yates

Bookings: Margaret Lanigan

mlan4298@bigpond.net.au (preferred) 9960 3603

HISTORY'S GREATEST VOYAGES OF EXPLORATION 191HR04

A historical view of humanity's greatest voyages of exploration and the nature and motivation of the people who carried them out.

Thursday 28 Feb 1:30 - 3:30

Speaker: Tony McCurdy

Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

INSIDE PINE GAP 191HR05

The true story of a National Security agent. Controversial since being established by treaty with the USA in 1966, learn its history from an insider who served 18 years in operations.

Thursday 7 March 1:30 - 3:30

Speaker: David Rosenberg

Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

THE ETHICS OF GOVERNMENT EAVESDROPPING 191HR06

David discusses the ethical considerations of government eavesdropping; how legal and ethical eavesdropping is done at Pine Gap; and the oversight needed to ensure eavesdropping compliance.

Thursday 14 March 1:30 - 3:30

Speaker: David Rosenberg

Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

STEM CELLS: NOW AND THE FUTURE 191HR07

Stem cell science is an extremely topical and fast-moving field of research, with new breakthroughs being reported almost daily. We cover current and future clinical trials using stem cells in Australia.

Thursday 21 March 1:30 - 3:30

Speaker: Tamara Treleaven

Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

HELP IS AT HAND 191HR08

This is the theme running through a collection of stories by Cheryl, which tell about many funny incidents that arise from the 100,000 travellers that pass through Sydney airport each day.

Thursday 28 March 1:30 - 3:30

Speaker: Cheryl Cartwright

Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

ARCHAEOLOGY AND OTHER PRINCIPLES 191HR09

What do we know about the 65,000-year history of Australia and the Pacific and how do we know it?

Thursday 4 April 1:30 - 3:30

Speaker: Dr Peter White

Bookings: Annika Tults aktults@yahoo.com.au 9882 3669

WHAT I'VE LEARNT ABOUT ECOLOGY, ANTHROPOLOGY AND POLITICS FROM BIRDWATCHING 191HR10

Different habitats – different birds using travel. The speaker's hobby for almost 50 years has led to an understanding not only of ecology but also, surprisingly, anthropology and politics.

Thursday 11 April 1:30 - 3:30

Speaker: Joy Pegler

Bookings: Margaret Lanigan

mlan4298@bigpond.net.au (preferred) 9960 3603

THE ITALIAN VENETO 191HR11

The towns, country villas and culture of the region, which extends from the Venetian lagoon to the foothills of the Alps.

Thursday 18 April 1:30 - 3:30

Speakers Nora Hinchin and John Flint

Bookings: Margaret Lanigan

mlan4298@bigpond.net.au (preferred) 9960 3603

JEAN-FRANCOIS DE GALAUP COMPTE DE LAPEROUSE: HIS PLACE IN HISTORY 191HR12

Our speaker discusses the 18th century nobleman, naval officer and navigator; the La Perouse expedition when the ships spent six weeks in Botany Bay; ongoing ties between France and Australia; and the La Perouse Museum.

Thursday 2 May 1:30 - 3:30

Speaker: Carole Roussel

Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

NSW FAIR TRADING: SCAM AWARENESS SEMINAR 191HR13

NSW Fair Trading aims to educate the community about current scams and how to avoid being a victim of scams, highlighting strategies to identify and protect yourself from scammers.

Thursday 9 May 1:30 - 3:30

Speaker: Representative from NSW Fair Trading
Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

THE FERTILE CRESCENT 191HR14

The Agricultural Revolution radically changed almost every aspect of human life. Why and how it started and what it has led to is a fascinating and sobering story.

Thursday 16 May 1:30 - 3:30

Speaker: Angela Jones
Bookings: Annika Tufts aktults@yahoo.com.au 9882 3669

EPIGENETICS 191HR15

Epigenetics means outside of, or in addition to, genetics. How genes we inherit from our parents and grandparents and the environment they lived in can influence our health.

Thursday 23 May 1:30 - 3:30

Speaker: Punchi Dassanayke
Bookings: Annika Tufts aktults@yahoo.com.au 9882 3669

OVERVIEW OF PLASTICS 191HR16

We look at the history of plastic materials and the early applications through to today, the problems and the gains. We will also look at the processing of plastic into the products we use today.

Thursday 30 May 1:30 - 3:30

Speaker: David Malone
Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

CAROLINE CHISOLM: AN IRRESISTIBLE FORCE 191HR17

Caroline shaped modern Australia by aiding early settlers in NSW, Victoria and South Australia. A committed radical innovator, whose beliefs resonate in the 20th century.

Thursday 6 June 1:30 - 3:30

Speaker: Sarah Goldman
Bookings: Inez Glanger inez.glanger17@gmail.com 9960 1495

THE HISTORY OF SOME EARLY PANDEMICS 191HR18

Unlocking the history of some early epidemics and pandemics that impacted human civilisation, including the bubonic plague, smallpox, cholera, epilepsy and others.

Thursday 13 June 1:30 - 3:30

Speaker: Ian Thompson
Bookings: Annika Tufts aktults@yahoo.com.au 9882 3669

WEATHER/CLIMATE AND IMPACT ON THE ANIMAL KINGDOM 191HR19

Adapting to the weather. Evolution and climate. A synopsis of how members of the animal kingdom adapted to variations in climate and weather across the globe.

Thursday 20 June 1:30 - 3:30

Speaker: Ian Thompson
Bookings: Annika Tufts aktults@yahoo.com.au 9882 3669

ART: PAINTING AND SKETCHING(12)** 191HR20

Learn how to successfully manipulate colours, line and shape with a friendly group. Painting with acrylics, sketching with charcoal or pencil. All interested members are welcome. A small amount of theory will help develop skills to create both classical and abstract art.

Alt Tuesdays from 19 Feb 1:30 - 3:30

Leader and bookings: Kulliki Poole 9451 3011; 0414 451 636

DEVELOPING YOUR MEMOIR OR FAMILY STORY 191HR21

Your life is unique. How can you make your memoir or family history more interesting for readers? We use practical exercises to build a story step-by-step for future generations. Beginners most welcome. (8 sessions)

Alt Tuesdays from 12 March 1:30 - 3:30

Leader and bookings: Jenny Rudd O'Neill
jennyruddoneill@optusnet.com.au (preferred) 9908 3925

MOSMAN SQUARE SENIORS CENTRE

Next to Mosman Council Chambers off Military Road, Spit Junction. Three-hour parking lower level of Bridgepoint Shopping Centre, Spit Junction.

Wheelchair accessible

Venue coordinators: Merv Simmons

pammerv@hotmail.com 0409 929 971 and Chris Serrano christine.serrano@gmail.com 0410 651 304

Bookings for all sessions are essential. If unable to contact the bookings person specified below, please contact Venue Coordinator.

DANCE DELIGHT: MOVEMENT TO MUSIC 191HS01

Come along and move to a variety of great tunes where the emphasis is on enjoyment and variety, not technique. These sessions will include waltzes and other old-time ballroom dances, Latin American rhythms, rock-n-roll, line dances, free expression and lots more! No partners required. (11 sessions)

Each Friday from 1 Feb to 12 April 2.30-4.30 pm

Leader and bookings: Ros Tinker
rostinker@bigpond.com (preferred) 9969 9373

WEIRD AND NOT-SO-WONDERFUL HISTORIES No.2 191HS02

Historian Harvey Broadbent turns his attention to the lighter side of history. Join him for a morning of chuckles at historical events and figures that feature the bizarre, the eccentric, the ridiculous and the just plain hilarious.

Wednesday 6 Feb 10:00 - 12:00

Speaker: Harvey Broadbent
Bookings: Pamela Simmons
pammerv@hotmail.com 0410 609 358 (after 5pm)

"BEE AMAZED" 191HS03

Learn why bees are so important to us and how they live. Discover the many different methods of beekeeping and the various products produced by these fascinating creatures.

Wednesday 13 Feb 10:00 - 12:00

Speaker: Judith Sleijpen
Bookings: Pamela Simmons
pammerv@hotmail.com 0410 609 358 (after 5pm)

USE AND ABUSE OF DRUGS THAT AFFECT MOOD AND BEHAVIOUR 191HS04

Alcohol, "ice", ecstasy, cocaine are just some of the substances causing problems in society today. Why are they used and how do they affect the body and mind? These questions and the history and present use and abuse of both legal and illicit drugs will be considered.

Wednesdays 20 and 27 Feb 10:00 - 12:00

Speaker: Dr Rosemarie Einstein
Bookings: Pamela Simmons
pammerv@hotmail.com 0410 609 358 (after 5pm)

ONE FOOT IN FRONT OF THE OTHER: WALKING THE CAMINO 191HS05

What is the Camino, where is it, why and how do you walk it? Hear about how we shared this amazing experience with wonderful people from all over the world.

Wednesday 6 March 10:00 – 12:00

Speakers: Rosemarie Einstein and Jane Barnes

Bookings: Pamela Simmons
pammerv@hotmail.com 0410 609 358 (after 5pm)

ENCOUNTERS WITH HISTORY THROUGH FAMOUS PAINTINGS 191HS06

- Religious conflict in post-renaissance Europe (*Lepanto*, Vincentino).
- Politics and religion in Tudor England (*The Ambassadors*, Holbein).
- Impacts of the Enlightenment in Britain (*Rev. Robert Walker Skating on Duddingston Loch*, Raeburn).
- Aspects of the American Revolution (*Death of Wolfe*, West).
- The French Revolution and its consequences (*Death of Marat*, David).
- Industrial changes in England and France (*The Fighting Temeraire*, Turner).
- In Australia: The Heidelberg School to Dobell.

Each Wednesday from 13 March 10:00 – 12:00 (3 sessions)

Leader: Terry Farrell

Bookings: Kathy Bradley dkbradley@bigpond.com
0408 284 288 (after 5 pm)

SCIENTISTS WHO SHAPED OUR FUTURE 191HS07

1. Galileo
2. Isaac Newton
3. Albert Einstein
4. Charles Darwin

Each Wednesday from 3 April 10:00 – 12:00 (4 sessions)

Leader: Srinivas Karksri

Bookings: Phyllis Clout 9969 6846

THE FIRST FLEET: THE VOYAGES BACK TO ENGLAND 191HS08

The transports and store ships needed to return. Scurvy stalked the ships. Tragedy was lurking in the shadows. For all that, the "Lady Penrhyn's" voyage was a magical mystery tour of exotic places. Seen through the eyes of Arthur Bowes Smyth.

Wednesdays 1 and 8 May 10:00 – 12:00

Speaker: Malcolm Robertson

Bookings: Kathy Bradley dkbradley@bigpond.com
0408 284 288 (after 5 pm)

THE INS AND OUTS OF THE BLOOMSBURY GROUP 191HS09

An attempt to describe the intricate intertwined relationships and affairs of the intellectual group who inhabited the Bloomsbury area of London in the first half of the 20th century.

Wednesday 15 May 10:00 – 12:00

Speaker: Nora Hinchin

Bookings: Phyllis Clout 9969 6846

THE HEEL AND TOE OF THE ITALIAN BOOT 191HS10

Puglia, Calabria and Basilicata: the history, environment and personalities of these southern regions of Italy, illustrated with images and film clips.

Wednesdays 22 and 29 May 10:00 – 12:00

Speakers: John Flint and Nora Hinchin

Bookings: Phyllis Clout 9969 6846

CHINA AND ITS GLOBAL IMPACT 191HS11

China is the oldest continuing culture in the world. We trace its cultural and political history from an ancient civilization through to a modern global superpower.

Wednesday 5 June 10:00 – 12:00

Speaker: Himanshu Jhala

Bookings: Trish Dawson trish.dawson@hotmail.com 9948 2262

IRAN AND THE FORGOTTEN PERSIAN CIVILISATION 191HS12

Iran was the original eastern super power and its empire was a global hub of culture, religion, science, art and technology from the 6th to the 4th centuries BC.

Wednesday 12 June 10:00 – 12:00

Speaker: Himanshu Jhala

Bookings: Trish Dawson trish.dawson@hotmail.com 9948 2262

GERMAN SCIENTISTS AND DOCTORS OF THE NAZI ERA 191HS13

For most of the 20th century, Germany had more Nobel Prize winners in sciences (Physics, Chemistry, Physiology, Medicine) than any other nation. Breakthrough discoveries by Nazi and non-Nazi scientists included a number in medicine.

Wednesday 19 June 10:00 – 12:00

Speaker: Punci Dassanayake

Bookings: Trish Dawson trish.dawson@hotmail.com 9948 2262

HUMAN ORGAN REPLACEMENT 191HS14

Organ transplantation is a highly effective treatment for advanced organ disease with success rates in Australia among the highest in the world. The heart transplant survival average is 14 years.

Wednesday 26 June 10:00 – 12:00

Speaker: Punci Dassanayake

Bookings: Trish Dawson trish.dawson@hotmail.com 9948 2262

ROSEVILLE NEW CHURCH

4 Shirley Road, Roseville.

Venue coordinator: Sheila Caldwell 9498 1197

INTERMEDIATE RECORDER 191HY01

Play the recorder with a keen group. New intermediate-level students are welcome. (11 sessions)

Alt Mondays from 4 Feb 10:00 - 12:00

Leader and bookings: Sheila Caldwell 9498 1197 or
Judy Faulkner 9416 4733

OUT THERE!

THIRD FRIDAY LUNCH GROUP 191OT01

We meet for lunch at restaurants all over Sydney that serve a variety of cuisines. We do not go to only one area, we go everywhere in Sydney. We try to book BYO wine venues where there is a small corkage charge, which attendees are required to pay.

Third Friday of each month from 15 Feb

Leader and bookings: Sarah Fennamore 9955 1962
sfennamore@yahoo.com

FOOD FOR THOUGHT**(12) 191OT02

We meet to sample the cuisine of different nationalities all over Sydney. Friendliness, fun and food are the basis for finding out about different cultures.

Alt Fridays from 22 Feb

Leaders and bookings: Sissi Stewart 9908 2045
sicken@bigpond.com; or Lyn Honey 9997 3292

NORTHERN BEACHES

Regional Course Coordinator: Runa Schmidt-Muller
runasm@ihug.com.au **Enquiries only**

NORTHERN BEACHES REGION OF SYDNEY U3A

Notice is hereby given that the
Annual General Meeting and Election of Office Bearers

followed by our
30th Celebration Lunch

will be held on
Wednesday 13 March commencing at 11:30 am

at
Long Reef Golf Club

Anzac Avenue, Collaroy 2097

**Guest Speaker: Detective Superintendent Deborah Wallace,
Commander, State Crime Command Criminal Groups Squad, NSW Police Force**

Doors will be open from 11 am for examination of reports and minutes from last year's meeting

Election of: President, Treasurer, Secretary, Course Coordinator plus committee members
Nomination forms will be included in the U3A Northern Beaches newsletter and on our website
Signed and completed forms should be returned to Secretary, Olivia Kesby, PO Box 318, Dee Why 2099
no later than 1 March

**For catering purposes please note that lunch will be \$40 payable in advance and we ask you
to respond by 1 March to Gaye Pringle gayepringle@gmail.com or 0407 248 331**

Please indicate any special dietary requirements when responding

SHOWCASE

Wednesday 13 February 10:00 - 12:00

Ted Blackwood Community Centre

Cnr Jacksons and Boondah Roads Warriewood

Choose your Northern Beaches courses the easy way
Hear about new and other courses direct from our leaders

**Fascinating courses include:
Photography, Science, French, Music, History, Literature, Singing, Yoga, Movies, Art - to name a few**

Join us for refreshments
Hear a number of short presentations as leaders showcase their courses
Take the opportunity to discuss a course with new and continuing leaders
Read more about courses on display around the room
Come along and make an informed decision and book your course(s) on the day!

**For catering purposes please RSVP to:
Gaye Pringle gayepringle@gmail.com or 0407 248 331 by 1 February**

BALGOWLAH: CLUB TOTEM

195 Condamine Street, Level 3, Washaway Room.
Three-hour free parking in Stockland Shopping Centre.
Lift from car park. Wheelchair accessible

Venue Coordinator: Maureen Smith
9982 7985 maureen.i.smith@bigpond.com

LITERATURE 191BB01

A wide range of authors and their books are discussed. These include *The Choke* by Sofie Laguna, *The Only Story* by Julian Barnes and *Maya's Notebook* by Isabel Allende.

Alt Wednesdays from 6 Feb 11:00 - 1:00

Leader: Maureen Smith 9982 7985

maureen.i.smith@bigpond.com

Bookings: Helen Moore 9975 5203 helen.moore@iinet.net.au

BELROSE: GLENAEON RETIREMENT VILLAGE

207 Forest Way. Village Community Centre.
Parking available inside village. **Wheelchair accessible.**

Venue Coordinator: Margaret Robinson
9486 3528 merobinson2@bigpond.com

MAH JONG WESTERN STYLE 191BG01

Play Mah Jong with a friendly group in very comfortable and scenic surroundings. Assistance given but no lessons. All welcome

Each Tuesday from 5 Feb 9:00 - 12:00

Leader: Penny Bright

Bookings: David Bright 0404 446 326

dfbright@bigpond.com

COLLARROY: WARRINGAH PLACE RETIREMENT VILLAGE

1039 Pittwater Road. Activities Room. Limited on-site parking. Street parking. **Wheelchair accessible**

Venue Coordinator: Mary Comber 9948 4064

ISSUES FOR DISCUSSION**(20)..... 191BP01

A participative group where all are encouraged to raise issues that may be of interest not only to themselves, but to others. The topics are debated in a friendly inclusive atmosphere, so do come and enjoy the company of other U3A members.

Alt Thursdays from 31 Jan 2:00 - 4:00

(No school and public holidays)

Leader: Terry Ryan

Bookings: Mary Comber 9948 4064

marycomber1@iinet.net.au

PLAY THE RECORDER**(12)..... 191BP02

A recorder group at a medium level playing soprano, alto and tenor recorders from the Renaissance to Bach through to Modern and Jazz, in the company of friendly people.

Each Monday from 11 Feb 10:30 - 12:00

(No school and public holidays)

Leader and bookings: Colleen Russell 9918 3817

COLLARROY PLATEAU: RSL VETERANS' RETIREMENT VILLAGE

Veterans Parade. Montgomery Hall. Limited on-site parking. Street parking available. **Wheelchair accessible**

ART: PAINTING AND DRAWING 191BV01 IN ANY MEDIUM**(14)

If you are an artist, or would-be artist, haven't painted for years, or would just like to paint with a friendly group, maybe we are what you need. This is not a teaching group, but assistance and appraisals are given.

Each Monday from 4 Feb 1:00 - 4:00 (No public holidays)

Leader: June Rodden 9402 4550

Bookings: Bronwyn Hale 9979 4481

FORESTVILLE: FOREST COMMUNITY ARTS CENTRE

Darley Street. Adjacent to library. Parking available. **Wheelchair accessible**

Venue Coordinator: Terri Nixon
8964 9574 thenixons23@optusnet.com.au

CREATIVE WRITING**(12) 191BF01

This course does not teach writing. We edit, advise and discuss each member's current work. We work through the school holidays. Course numbers are limited. Lorikeet Room

Alt Mondays from 14 Jan 1:00 - 4:00

Leader and bookings: June McKimmie

junemckimmie@gmail.com

POETS, POETRY, POEMS 191BF02

To see things with fresh eyes, to revivify your senses, to stimulate your imagination, read and explore poetry. Experience how great poetry achieved "felt thoughts" to penetrate our hearts and minds. Plunge into "Poetry, Poets, Poems" at the Forestville Community Centre. (6 sessions) Heather Flawith Room

Each Tuesday from 15 Jan 10:00 - 12:00

Leader and bookings: Marie-Louise Anderson 0413 760 253
marielouise13@optusnet.com.au

PAINTING AND DRAWING ART GROUP 191BF03

Come and join our friendly group of artists. Some paint, some draw. Enjoy three hours of artistic company using your choice of medium. (12 sessions) Studio Room

First and third Tuesday of each month from 5 Feb 1:00 - 4:00

Leader and bookings: Ann Chadderton 9451 6579
annchadderton@yahoo.com.au

ROMAN HISTORY: THE CITY OF ROME 191BF04

Founded in fratricide, peopled by outlaws and rapists, the small settlement of Rome grew over the centuries to rule the Mediterranean world and most of Western Europe. What physical changes did the city undergo? What sort of lives did its inhabitants live? Sessions will be illustrated. Heather Flawith Room

Alt Thursdays from 21 Feb 2:00 - 4:00

Leader and Bookings: Leonie Hayne 9417 2894

TWO FRENCH QUEENS AND AN EMPRESS..... 191BF05

Eleanore of Aquitaine, Catherine de Medici and Josephine Bonaparte lived centuries apart in very different circumstances. What do we know of them as individuals? Did historical events dictate their actions? How much could they decide for themselves? This course will provide input and encourage discussion of the issues raised. (4 sessions) Heather Flawith Room

Each Wednesday from 27 March 10:00 - 12:00

Leader and bookings: Terri Nixon 0414 358 318
thenixons23@optusnet.com.au

BIG HISTORY..... 191BF06

Based on the work by Prof David Christian, we explore the major thresholds in Big History, from the Big Bang, to the birth of the stars, the planets, earth and life, right up to modern times. (4 sessions) Heather Flawith Room

Each Tuesday from 4 June 10:00 - 12:00

Leader: Peter Nixon
Bookings: Terri Nixon thenixons23@optusnet.com.au

FRENCHS FOREST: LIONEL WATTS COMMUNITY CENTRE

93-95 Blackbutts Road, (behind Glen Street Theatre).
Easy parking

Venue Coordinator: Rosemary McCulloch
ramcull@gmail.com 0448 095 958

CRAFT IN THE FOREST..... 191BU01

Join a group of craft enthusiasts for a relaxing morning of chat and the sharing of new skills. If you like to knit, crochet, draw, embroider, paint, do beading or colour with pencils, come along. No prior knowledge expected, but the love of learning new creative ideas is mandatory!

Alt Fridays from 15 Feb 10:00 - 12:00

Leader and bookings: Beth Robertson 9452 2396
(9:00 - 6:00) robertsonbeth12@yahoo.com.au

FRIDAYS IN THE FOREST..... 191BU02

A monthly program of separate presentations on a wide variety of topics given by people with expertise in, and enthusiasm for, their subject. Something for everyone. (5 sessions) Bookings not required

Last Friday in each month commencing 22 Feb 10:00 - 12:00

Leader: Rosemary McCulloch
ramcull@gmail.com 0448 095 958

1. Why did Henry VIII have six wives?

This talk will examine the political, religious and diplomatic pressures that influenced the King's notorious marital problems

Friday 22 Feb

Speaker: Christopher Haigh

2. Elizabeth I and the problem of being a Queen

This talk will look at the ways in which politicians tried to manipulate a female monarch, and how Elizabeth tried to get her own way

Friday 29 March

Speaker: Christopher Haigh

3. The Great Game – part 1

This talk covers up to the 1840s when Britain began an active espionage programme to counter Russian expansion into Central Asia

Friday 3 May

Speaker: Peter Headley

4. The Great Game – part 2

This talk covers the 20th century up to the present day, including Boxer Rebellion, Russian Revolution, break up of Ottoman Empire and the increasing rivalry between China, Russia and USA in Central Asia.

Friday 24 May

Speaker: Peter Headley

5. Starring at the Stadium

Remember those great shows at Sydney's Stadium? Frank Sinatra, Buddy Holly, Cilla Black and many others. Enjoy those memories again on our Big Screen

Friday 28 June

Speaker: John Watt

MONA VALE MEMORIAL HALL

1606 Pittwater Road. Meeting Room. Parking available

Venue Coordinator Elizabeth Waring
elizabethwaring5@gmail.com

PHILOSOPHICAL THEMES..... 191BL01 **– DESCARTES TO DERRIDA**

This course will explore modern and contemporary Western philosophy of reality (metaphysics) and knowledge (epistemology). Format - DVD and YouTube lectures combined with group discussions. No previous philosophy knowledge required.

Alt Tuesdays from 5 Feb 2:00 - 4:00

Leader and bookings: Mike Williams 0413 878 567
mikews@optusnet.com.au

FRENCH LEVEL 4..... 191BL02

For those who already have a comprehensive grasp of grammar and conversation. Textbook used Collins Advanced *French Grammar*, plus a variety of literature.

Alt Wednesdays from 6 Feb 2:00 - 4:00

Leader and bookings: Sarita Wright 9970 5906
saritawright35@gmail.com

HISTORY OF PHILOSOPHY 3..... 191BL03

The philosophies of Hegel and Nietzsche will be explored. This course is designed as a continuation of the course History of Philosophy 2. New students welcome, but would be best served by first enrolling in History of Philosophy 2 at Narrabeen Baptist Church Venue

Alt Tuesdays from 12 Feb 1:00 - 3:00

Leader and bookings: John Lauricella 9918 2142
jml1010@yahoo.com

FRENCH LEVEL 3..... 191BL04

This course covers reading, writing, grammar, and conversation. Must have basic knowledge of the language. Textbook used: *French Made Simple* by Pamela Rose Haze.

Alt Wednesdays from 13 Feb 2:00 - 4:00

Leader and bookings: Sarita Wright 9970 5906
saritawright35@gmail.com

FRENCH INTERMEDIATE ONGOING..... 191BL05

Gentle paced course on all aspects of the French language. Reasonable vocabulary and knowledge of grammar required. Book used is *Easy French Reader Third Edition* – R. de Roussy de Sales

Alt Tuesdays from 5 March 10:00 - 12:00

Leader and bookings: Olivia Kesby 9938 3028
olivia.kesby@gmail.com

NARRABEEN: BAPTIST CHURCH

13 Grenfell Avenue, (cnr Wakehurst Parkway). By car, turn off Pittwater Road into Wakehurst Parkway, then immediate first right into Grenfell Avenue. **Wheelchair accessible**
Venue Coordinator: Barbara Bohm 9913 3481
jeddassam1@bigpond.com

UKULELE - INTERMEDIATE / ADVANCED 191BQ01

If you have learnt six basic chords, now is the time to move to or join this group. Lots of strumming, singing and fun. Education Centre, Ground floor
Each Tuesday from 8 Jan 1:30 - 3:30
Leader and bookings: John Peters 0412 161 069
jayefpe@hotmail.com

CREATIVE PAINTING WORKSHOP 191BQ02

For those who enjoy putting paint on canvas or paper via your preferred medium. A relaxed group with varying levels of skill, we work on our own projects and commonly share techniques, ideas and information which is welcomed by all. Education Centre Ground floor
Each Thursday from 10 Jan 1:00 - 4:00
Leader: Susan Davies 0414 799 324
Bookings: Suzanne Allan 0458 712 033 zanne07@gmail.com

TRIVIA FOR SENIORS 191BQ03

Interesting and tricky questions and topics well suited to the U3A age group, make for a lot of fun and laughter. Get up a team or come on your own and give the grey cells a workout! Prizes for the winning team. Education Centre, Ground floor
Alt Fridays from 1 Feb 1:00 - 3:00
Leader and bookings: Janet Atkinson 9970 6019
sophie@easy.com.au

ADVANCED FRENCH 191BQ04

Focusing on grammar and dictation, reading and conversation. Room 2, level 1
Alt Mondays from 4 Feb 10:00 - 12:00
Leader and bookings: Sarita Wright 9970 5906
saritawright35@gmail.com

UKULELE FOR BEGINNERS 191BQ05

If you have ever wanted to learn to play the ukulele, this is your chance. We start from scratch. No prior knowledge of music necessary. Come along and have a go, it's fun. Room 2, level 1
Each Tuesday from 5 Feb 1:30 - 2:30
Leader and bookings: Felicity Davis 9979 8633
felicity@sciencefilms.com.au

PHILOSOPHICAL THEMES 191BQ06

This semester we will be continuing our look at *Philosophy as a Guide to Living*. Format - DVD and YouTube lectures combined with group discussions. No prior knowledge of philosophy required. Room 2, level 1
Alt Fridays from 8 Feb 10:00 - 12:00
Leader and bookings: Mike Williams 0413 878 567
mikews@optusnet.com.au

SOLVING CRYPTIC CROSSWORDS 191BQ07 (BASIC INTRODUCTION)

Introducing you to the devious clue setting devices used by compilers. This course is intended for those with little or no knowledge of solving cryptic clues. (6 sessions). This is followed by four sessions working through full crosswords together where you will reinforce and build upon strategies and tactics learned. Education Centre Ground floor
Alt Fridays from 8 Feb 1:30 - 3:30
Leader and bookings: Eve Lane
0455 948 864 evelane222@gmail.com

UNPLUGGED ACOUSTIC GUITAR 191BQ08 GROUP 1 and 2

Harvey Broadbent will continue leading an UNPLUGGED acoustic guitar group to meet once a week for fourteen weeks. The group will continue building a repertoire of classic soft rock/blues acoustic pieces. Only basic skills with guitar chords and following lyric/chord charts needed. Bring own guitar and music stand. Room 2, level 1
First three Wednesdays in each month from 13 Feb 10:30 - 1:00
Leader and bookings: Harvey Broadbent 0414 486 675
harveybroadbent1915@gmail.com

THE 3RD AGE ROCK ORCHESTRA 191BQ09

The 3rd Age Rock Orchestra playing classic rock and pop is for good singers and post-beginners on all instruments except ukuleles, which are already well-catered for in the region. Basic skills with following lyric/chord charts needed. Ability to read musical notation not required but an advantage. Bring own instrument and music stand. Church
Each Wednesday from 13 Feb 2:00 - 5:00
Leader and bookings: Harvey Broadbent 0414 486 675
harveybroadbent1915@gmail.com

HISTORY OF PHILOSOPHY 2 191BQ10

An introduction to philosophy via a survey of the philosophers of the 17th and 18th centuries, including Descartes, Locke, Hume and Kant. These philosophers think in the context of the scientific revolution which shattered the classical worldview, informing western thinking for nearly 2000 years. Room 2 level 1
Alt Fridays from 15 Feb 10:00 - 12:00
Leader and bookings: John Lauricella 9918 2142
jml1010@yahoo.com

POST-INTRODUCTORY SPANISH 191BQ11

Builds upon the Introductory Spanish Course taught in 2018 and aims at further developing spoken and written communication skills. Also covers grammar, pronunciation and an initiation to Spanish-speaking cultures. Previous knowledge equivalent to one Introductory Spanish course is highly recommended. Education Centre Ground floor
Each Monday from 18 Feb 2:00 - 4:00
Leader and bookings: Alexis Tabensky 0424 983 618
a.tabensky@unsw.edu.au

FRENCH POST BEGINNERS**(15) 191BQ12

On-going gentle paced course for people interested in furthering their knowledge of French. Basic vocabulary and grammar required. Book used is *French Made Simple* by Pamela Rose Haze. Education Centre Ground floor
Alt Fridays from 15 March 10:00 - 12:00
Leader and bookings: Olivia Kesby 9938 3028
olivia.kesby@gmail.com

NARRABEEN: TRAMSHED ARTS AND COMMUNITY CENTRE

1395A Pittwater Rd Narrabeen Limited off-street parking
Wheelchair accessible
Venue Coordinator: Rosemary McCulloch
ramccull@gmail.com 0448 095 958

OPERA ON SUNDAYS 191BT01

Starting with Placido Domingo in Puccini's *The Girl of the Golden West*, we shall watch, on DVD, outstanding performances from opera houses around the world in the comfort of this newly refurbished venue and break between acts for lunch overlooking Narrabeen Lagoon. (9 sessions)
Alt Sundays from 3 Feb 11:00 - 3:00 (No school holidays)
Leader and bookings: Rosemary McCulloch
ramccull@gmail.com 0448 095 958

MUSIC TO REMEMBER 191BT02

Travel back in time from J S Bach, the organist and storyteller, through to those who followed and were inspired by him. Each session will concentrate on one particular classical composer with examples of legendary performances from the past as well as recordings by artists of today. Relax and enjoy listening. Lakeview Hall

Alt Tuesdays from 5 Feb 11:00 - 1:00

Leader and bookings: Rosemary McCulloch ramccull@gmail.com 0448 095 958

TUESDAYS IN NARRABEEN 191BT03

A series of separate presentations on a wide variety of topics given by people with expertise in and enthusiasm for their subject. (5 sessions) Lakeview Hall Bookings not required

Monthly from Tuesday 12 Feb 11:00 - 1:00

Leader: Rosemary McCulloch
0448 095 958 ramccull@gmail.com

1. Laughter Wellness

A laughter session that typically leaves participants feeling more energised, positive and with a new outlook on life.

Tuesday 12 Feb

Speaker: Jane Broadbere

2. Venice, Marco Polo and the Silk Road

Venice was the greatest trading port in Europe in 1271 when Marco Polo joined his uncles on the journey east along the Silk Road to China.

Tuesday 12 March

Speaker: Peter Headley

3. Long Reef

A very modest headland – more remarkable than Hogwarts

Tuesday 9 April

Speaker: Douglas Walker

4. Battle of Hamel and Battle of Fromelles

Peter's talk will focus on a small scale, brilliantly successful advance under the command of Lt-Gen John Monash as well as the worst 24 hours in Australia's entire history

Tuesday 14 May

Speaker: Peter Sweeney

5. Abraham Lincoln

Of all the great statesmen of the 19th century few equal and surely none surpass this man in wisdom and in humour, in character and in achievement.

Tuesday 11 June

Speaker: Rosemary McCulloch

NORTH NARRABEEN: COASTAL ENVIRONMENT CENTRE

Pelican Path, Lake Park Road. CEC is 40 metres inside the grounds of Sydney Lakeside Holiday Park. Car park opposite 34 Lake Park Road, 'The Melting Room Café'.

Wheelchair accessible

**Venue Coordinator: Barbara Bohm 9913 3481
jeddasam1@bigpond.com**

MONDAY AT THE MOVIES (MAM)..... 191BR01

For those who enjoy current movies, a movie club operating similarly to a book club. Each month view up to three nominated movies in your own time and join us for a stimulating discussion about the plot, actors, producers and cinematography. Decide your own ratings (5 sessions).

**Monday 4 Feb, 4 March, 1 April, 6 May, 3 June
10:00 - 12:00**

Leader: Heather Leggat
Bookings: Alan Leggat 9997 3183
ahleggat@bigpond.com (preferred)

MAGIC OF POETRY 191BR02

Enjoy poetry? Then come along and share your favourite poems and hear the magic of others in a fun relaxed atmosphere. (5 sessions) No school holidays

**Wednesdays 13 Feb, 13 March, 10 April, 15 May,
12 June, 10:00 - 12:00**

Leaders: Alan Leggat and Kevin Herbert
Bookings: Heather Leggat 9997 3183
ahleggat@bigpond.com (preferred)

CREATIVE PHOTOGRAPHY 191BR03

Everyone takes photos, but many of us would like to take our photography to the next level. This group will aim, by sharing knowledge, to improve our photographic techniques. Each session will consist of a mixture of tutorials and interactive workshops, with members encouraged to share their knowledge and images. (8 sessions) Note: this is a full-year course. No public holidays

Alt Thursday from 28 Feb 10:00 - 12:00

Leaders: Laurie Wilson and Ian Thompson
Bookings: Laurie Wilson 9938 1454
laurie.wilson@optusnet.com.au (preferred)

NORTH NARRABEEN: NARRABEEN RSL CLUB

116 Nareen Parade Narrabeen North.

CROQUET**(20)..... 191BS01

Enjoy the tranquillity of the bushland setting while playing Golf Croquet. Your concentration may be disturbed occasionally by the laughter of kookaburras and fellow players. Teaching available on request. No partner required. Mallets supplied. Games are organised to accommodate on a first come basis.

Each Tuesday from 5 Feb 8:30 - 12:00

Leader: Bob Hunter 9970 7352 hunterdeb@bigpond.com
Bookings: Jill Barrett 9982 2387 jillb45@hotmail.com

NEWPORT COMMUNITY CENTRE

11-13 The Boulevard, off Barrenjoey Road. Ample parking available. **Wheelchair accessible.**

No courses during school holidays

**Venue Coordinator: Elizabeth Waring
elizabethwaring5@gmail.com**

YOGA AND RELAXATION 191BC01

The course leader is an International Yoga Teacher's Association trained teacher. The class consists of simple yoga postures, including stretching for muscle flexibility, movements to keep joints flexible, breathing practices and deep relaxation. The practice of yoga helps to relieve stress by balancing our nervous system. Main Hall Bookings essential

**Each Wednesday, except first Wednesday of each month
from 30 Jan 2:00 - 3:30**

Leader: Louise Matthews louisemtws@yahoo.com.au
Bookings: Joy Cook 9979 3523
joy.e.cook@gmail.com (preferred)

ART CLASS WITH DENISE BARRY 191BC02

This course will be working mostly in acrylic paint. The emphasis will be on fun, relaxation and creativity, encouraging each individual style. The leader comes from a background as a practising artist (painter), art teacher and therapist. Activities Room Bookings essential

Each Thursday from 31 Jan 1:00 - 4:00

Leader: Denise Barry 9974 5335 powerfowl2@gmail.com
Bookings: Terry Bickerton 9970 7161
terry.bickerton@bigpond.com

TABLE TENNIS 191BC03

Table tennis stimulates physical and mental performance. The air-conditioned venue accommodating 4 tables is ideal for year-round play. We offer the opportunity to revive a dormant skill and to socialise with new friends. Main Hall Bookings essential

Each Thursday from 31 Jan 1:15 - 4:30

Leader: Neil Mitchell 0405 123 521 pnmcons@tpg.com.au

Bookings: Carole Young 0421 356 493

caroleyoung@me.com (preferred)

YOGA AND RELAXATION 191BC04

Bookings essential. Please book into one class only. Multiple class bookings are not permitted. Each class consists of basic yoga practice, breathing and deep relaxation, which will help improve joint mobility, increase muscle flexibility and bone density. It will balance your nervous system, reduce stress, hypertension and insomnia, helping to keep you happy and healthy. Main Hall

Each Friday from 1 Feb 12:30 - 2:00

Each Monday from 4 Feb 12:30 - 2:00

Bookings: Pamela Frei 0415 603 906

ciesta@tpg.com.au (preferred)

PHOTOGRAPHY 191BC05

Want to take better photos? The leader is an experienced photographer who will provide sessions in which he will explain how to design, compose and refine your photographs, with practical demonstrations and feedback. This course will be repeated three times during the semester, in February, March/April and June/July Activities Room Bookings essential

Mondays from 4 Feb 10:30 - 12:30

Leader and Bookings: Tony Clark 0416 060 148

tony.clark.48@gmail.com

ART CLASS WITH KAYE DEXTER 191BC06

This course is designed to develop painting skills in evolving artists. We shall use acrylic paints and explore a variety of techniques. The leader is a retired secondary art teacher and practising artist. Students will need to bring their own paper, canvas, paints, brushes and water containers etc. Activities Room Bookings essential

Each Monday from 4 Feb 1:00 - 4:00

Leader: Kaye Dexter

Bookings: Robyn Mayman 9918 2941

peter@maymans.com (preferred)

WEDNESDAY AFTERNOON 191BC07 AT NEWPORT

Come and join a friendly group on the first Wednesday of each month. Enjoy the one-off lectures on a wide range of subjects. Main Hall (5 sessions) Bookings not required

First Wednesday of each month from 6 Feb 1:30 - 3:30

Leader: Mavis Bickerton 9970 7161

mavis.bickerton@bigpond.com

1. Life in a Submarine

Doug joined the Australian Navy aged 15! Drafted to submarine for five years his story is rich as an historical experience in O-class submarines and the impact on his life.

Wednesday 6 Feb

Speaker: Douglas Edwards

2. Music, Leisure and Pleasure in 18th Century

The Industrial Revolution transformed 18th century London and suddenly the new enriched middle class had time and money to indulge in leisure pursuits. How did they spend their free time?

Wednesday 6 March

Speakers: Nora Hinchin and John Flint

3. Recording Sound on Feature Films

Ben will share his experience of working on such films as *Strictly Ballroom*, *The Sapphires* and *Rabbit Proof Fence*.

Wednesday 3 April

Speaker: Ben Osmo

4. The Survivor's Story

Being blonde and blue eyed saved the speaker and her family from the Nazis in World War II. The story of a family in Budapest and their journey to Australia.

Wednesday 1 May

Speaker: Kathy Bradley

5. How healthy is your cosy home fire?

The extraordinary benefits we reap from our mastery of fire; a history of the growth in our understanding of its wonders and a detailed discussion of the health implications of its use for home heating.

Wednesday 5 June

Speaker: Bill Thomson

DRAMA ACTIVITIES THROUGH 191BC08 MIME AND IMPROVISATION**(20)

Looking for a fun and enjoyable activity that extends you? Join our drama activities at Newport every second Wednesday. Not only will you meet new people and have fun along the way, but we'll do relaxation and drama exercises to music that will make you feel well and happy! Activities Room Bookings essential

Alt Wednesdays from 6 Feb 1:45 - 3:45

Leader: Helen Rosenkranz

0405 060 727 helenrosenkranz@gmail.com

Bookings: Ann Hardiman 9940 0460

hardimanja@gmail.com (preferred)

INTERMEDIATE FRENCH 191BC09

For students with a good knowledge of French grammar including several tenses, solid intermediate level vocabulary and with writing and listening skills. Our objective is to increase our working knowledge of the French language, the country and culture through development of vocabulary, grammar, speaking, writing, presentation and listening. Textbook and dictionary essential. Activities Room Bookings essential

Alt Wednesdays from 13 Feb 1:15 - 3:15

Leader: Danina Anderson danina_anderson@hotmail.com

Bookings: Frances Buchan 0412 127 182

francesandtonybuchan@gmail.com

OUTSTANDING TOPICS AND SPEAKERS 191BC10

This course features speakers on diverse topics who are experts in their field. Tuesdays in Newport. Main Hall Bookings not required

Commencing Tuesday 26 Feb 1:30 - 3:30

Leader: Mavis Bickerton 9970 7161

mavis.bickerton@bigpond.com

1. Dirty Secrets: Our ASIO Files

Dr Meredith Burgmann talks about her book *Dirty Secrets: Our ASIO Files* where well-known Australians Michael Kirby, David Stratton, Anne Summers, Peter Cundall and Gary Foley write about their ASIO files.

Tuesday 26 Feb

Speaker: Dr Meredith Burgmann

2. Everything you are allowed to know about Naval Intelligence

Triumphs and failures in naval intelligence had major implications for maritime campaigns in the first half of the 20th century. Are these past experiences lessons for the future?

Tuesday 26 March

Speaker: Tim Coyle

3. Adventures in Persia

Iran has a 2500-year history and was not always a Muslim country. In her illustrated talk, Cindy traces its history from the Ancient Persian Empire to the present day.

Tuesday 28 May

Speaker: Cindy Broadbent

4. The History of Time-keeping Devices

We explore the long history of attempts to measure the passing of time, from ancient sundials to automatic clocks, explaining how all these devices work.

Tuesday 25 June

Speaker: Kevin Murray

NEWPORT: PITTWATER PRESBYTERIAN CHURCH

Corner Robertson Road and Ocean Avenue.

RECORDER CONSORT 191BN01

A small group playing descant, treble, tenor and bass recorders, playing music from Renaissance to Bach through to Modern and Jazz. New players always welcome from medium to intermediate stage, in company with friendly people. Church Hall.

Each Wednesday from 9 Jan 10:30 - 12:30

(No public holidays)

Leader and bookings: Colleen Russell 9918 3817

CREATIVE WRITING 191BN02

Do you like to write or to rhyme? Do you want to extend and improve your wordsmith skills and meet others of like mind? We will look at essays, short stories, poetry and prose, articles and memoirs. Let loose your latent creativity – and fly!

Church Hall.

Alt Wednesday from 9 Jan 1:00 - 2:30

(No public holidays)

Leader and bookings: Colleen Russell 9918 3817

NORTH CURL CURL COMMUNITY CENTRE

Corner of Griffin and Abbott Roads. Parking available inside the venue grounds. All sessions in Main Hall unless stipulated.

Venue Coordinator: Ruth Buchanan

0401 203 368 ruth.buchanan@bigpond.com

SOCIAL SEQUENCE DANCING 191BD01

Dancing for fun and to keep your mind and body active. Gracious old favourites. Come for an hour or more. Please bring your own lunch.

Each Tuesday from 8 Jan 10:00 - 1:00

Leader and bookings: Rosemary MacDonald 9905 3851

BALANCE 'N' BONES EXERCISE 191BD02

Conditioning exercises for all major muscle groups, balancing to improve posture, relaxation for mind and body following a low impact aerobic warmup. Instruction by the Beth Denny DVD. Easy program at 9:30 followed by a slightly more advanced program at 10:30. Come to one or both sessions.

Each Monday from 21 Jan 9:30 - 10:20 and 10:30 - 11:20

Each Friday from 25 Jan 9:30 - 10:20 and 10:30 - 11:20

Leader and bookings: Ruth Buchanan
ruth.buchanan@bigpond.com

MAH JONG - THE WESTERN GAME 191BD03

Play the Western style of Mah Jong in a quiet, friendly atmosphere. No teaching.

Each Monday from 14 Jan 12:45 - 3:45

Leader and bookings: Jacki Bateman 9913 8559
jackibateman@optusnet.com.au

CANASTA (BOLIVIA VERSION) 191BD04

If you can play canasta, take the opportunity to expand your skills by learning the rules of this game. Tuition will be provided during the first two playing sessions of January.

Each Monday from 14 Jan 12:45 - 3:45

Leader and bookings: Jacki Bateman 9913 8559
jackibateman@optusnet.com.au

MUSICAL MEMORIES 191BD05

Join us each month as we play a variety of music tracks that bring back memories of our happy times. A mix of Easy Listening, Rock and Roll, Jazz and Soul Music favourites.

Third Thursday of each month from 21 Feb 10:00 - 12:00 (except 21 March)

Leader and bookings: Brian Delgaty 0402 312 082
briandelgaty@gmail.com

MAH JONG - THE WESTERN GAME 191BD06

Learn and play Mah Jong in a friendly atmosphere. Patient teaching is provided.

Each Thursday from 24 Jan 12:45 - 3:45

Leader: Christine Ferguson chrisfer43@gmail.com

Bookings: Rosalie Howard 9982 8130

rosaliehoward@bigpond.com

CANASTA (BOLIVIA VERSION) 191BD07

Bolivia Canasta is a game which employs many tactics and strategies. These sessions provide the opportunity for new players to learn the game in a friendly, supportive environment. New members are welcome to join on either 7 or 14 February, when tuition will be provided.

Each Thursday from 24 Jan 12:45 - 3:45

Leader and bookings: Eve Lane
0455 948 864 evelane222@gmail.com

BECAUSE IT'S THERE 191BD08

Diving yarns and stories of underwater exploration, discovery and adventure, from early times through to the present day.

Thursday 24 Jan 10:00 - 12:00

Speaker: David Strike

Bookings: Sylvia Strike sylviastrike@hotmail.com

A MORNING OF MURDER, 191BD09 BLOODSHED, JEALOUSY AND RAGE

Is this an episode of Game of Thrones? No this is GREEK TRAGEDY. Explore the theatre of Ancient Greece where the best soap operas were written. Along the way you will meet some extremely awesome and frightening women.

Thursday 31 Jan 10:00 - 12:00

Speaker and bookings: Diana Pheils
diana.pheils@bigpond.com

MAH JONG - THE WESTERN GAME 191BD10

Play Mah Jong in a quiet, friendly atmosphere. No teaching.

Very welcoming to any new members, but must be an experienced player. For more information call Judy Sheedy 9402 0780 Meeting Room **Bookings not required.**

Each Friday from 1 Feb 10:00 - 1:00

MUSIC – THE SOUNDTRACK OF OUR LIVES 191BD11

Listen, laugh, sing along (or even get up and dance if the music takes you). Together we will share the memories that only a special piece of music can evoke. Whether it is Rock 'n Roll, big band swing, country, or jazz or we will be playing many of those forgotten favourites of yours. This is the Soundtrack of our Lives. **Bookings not required.**

First Thursday of each month from 7 Feb 10:00 - 12:00

Leader and bookings: Brian Delgaty 0402 312 082
briandelgaty@gmail.com

ACTIVE SENIORS DANCE CLASSES 191BD12

Join Barbi and her dance team for a fun afternoon. All welcome beginner to advanced. Learn social dances i.e. waltz/tango/rumba/rock/cha cha/sequence. Enjoy afternoon tea and meet new friends.

Each Friday from 8 Feb 1:30 - 3:30

Leader: Barbara Martin
0413 656 387 danceballroom@optusnet.com.au
Bookings: Susan Ascher 0439 912 512
sues2512@tpg.com.au

SYDNEY MARINE PARK 191BD13

The Sydney Marine Park is a new underwater National Park stretching from Newcastle to the Shoalhaven and intended to protect marine species and habitats. It has become a divisive political issue leading up to the election. Learn about the history, science, politics, benefits and threats to a Marine Park and our blue front door.

Thursday 14 Feb, 10:00 - 12:00

Speaker: David G. Stead Jnr
Bookings: Ruth Buchanan 0401 203 368
ruth.buchanan@bigpond.com

THE LETTER "Z" IN THE CONTEXT OF RICHARD III 191BD14

Explore all the places beginning with the letter Z in the context of the life of King Richard III

Thursday 28 Feb 10:00 - 12:00

Speaker: Kevin Herbert
Bookings: Ruth Buchanan ruth.buchanan@bigpond.com

BEHIND THE NEWS 191BD15

Media outlets summarize important issues – political, economic or scientific – in a few catch phrases. These discussions will focus on a few topics that have been in the public eye recently with a view to examining them in greater depth. (4 sessions)

Thursdays 14 March, 21 March, 28 March, 11 April 10:00 - 12:00

Leader: Peter Nixon
Bookings: Virginia Lawrence virginialaw@bigpond.com

LITHGOW'S GARDENS OF STONE 191BD16

Part 1

Discover Lithgow's internationally unique pagodas that can be found nowhere else in the world and have the potential to transform Lithgow into an eco-tourist destination.

Thursday 18 April 10:00 - 12:00

Part 2

Learn about the 30-year environment campaign that continues to this day, to save Lithgow's unique and spectacular pagoda landscape, with some recently encouraging developments!

Thursday 9 May 10:00 - 12:00

Part 3

Having attended the first two lectures, we then visit Lithgow over two days, staying overnight at a local motel. Please refer to Events section at the front for full details.

Bookings essential

Thursday/Friday 23 and 24 May

Leader: Janine Kitson

Bookings: Ruth Buchanan ruth.buchanan@bigpond.com

SCIENCE AND TECHNOLOGY DISRUPTION 2 191BD17

Our modern world is experiencing massive changes with the introduction of new science and technology products and systems that are causing disruptions to our lives. This talk will look at new initiatives in a number of fields, some of which will 'Blow Your Minds'.

Thursday 30 May 10:00 - 12:00

Speaker: Malcolm Raymond

Bookings: Ruth Buchanan ruth.buchanan@bigpond.com

AUSTRALIA THE GREAT SOUTHLAND – WHERE IS IT? 191BD18

Covering the search from earliest times until settlement and establishment of the colonies.

Thursday 13 June 10:00 - 12:00

Speaker: Geoff Davidson

Bookings: Ruth Buchanan ruth.buchanan@bigpond.com

THE CONVICT SYSTEM IN AUSTRALIA 191BD19

Examine the background and system operating from 1788 until 1868 which accounted for the transportation of 160,000+ men, women and children.

Thursday 27 June 10:00 - 12:00

Speaker: Geoff Davidson

Bookings: Ruth Buchanan ruth.buchanan@bigpond.com

WARRIEWOOD: NELSON HEATHER SENIOR CITIZENS CENTRE

Corner of Jacksons and Boondah Roads. On-site parking available, or in Boondah Road. **Wheelchair accessible**
Venue Coordinator Marcia Andrews 9979 8707
marciaandrews711@hotmail.com

YOU NEED NOT AGREE**(16) 191BW01

A small group for discussion of topical, local, national, international or general matters where all opinions are welcome. Waratah Room

Alt Mondays from 7 Jan 10:00 - 12:00

Leader and bookings: Kevin Murray 9997 6078
kevandglenny@gmail.com (preferred)

CONTEMPORARY ISSUES**(25) 191BW02

A friendly forum at which matters of public interest are discussed and debated, all participants being free to express their views openly and nominate items for the agenda. New members welcome. Banksia Room

Alt Thursdays from 10 Jan 2:00 - 4:00

Leader: Lynn Grierson 9913 3964 lynngrrierson1@gmail.com
Bookings: Marianne van de Voorde 9913 7968
marmonvan@hotmail.com

TOPICS OF OUR TIMES**(25) 191BW03

A discussion group that aims to deepen our knowledge and understanding of timely issues that affect and interest us all. These issues may be local, national or international. Members are encouraged to submit topics and actively participate in the discussions, however you are welcome to simply listen. Banksia Room

Alt Tuesdays from 15 Jan 2:00 - 4:00

Leader: Antoine van de Walle
8090 2884 antoinevdwalle@gmail.com
Bookings: Peggy Crocker 9975 6828
fripeg@optusnet.com.au

BOOK DISCUSSION GROUP 191BW04

Share your love and interest in books by enjoying lively discussions with other avid readers. All books will be chosen by the group from a wide range of literature including fiction, non-fiction and biography. Banksia Room

Alt Fridays from 25 Jan 1:30 - 3:30 (no school or public holidays)

Leader: Kevin Herbert 9977 8505 white.boar@bigpond.com
Bookings: Marcia Andrews 9979 8707
marciaandrews711@hotmail.com (preferred)

SINGING FOR THE JOY 191BW05 OF SINGING

We sing well-known melodies and songs from shows. This activity suits anyone who enjoys singing, irrespective of ability. Non-singers are welcome to attend and just listen or hum along. We are a very social group and make friends easily. Angophora Room

Alt Fridays from 1 Feb 10:00 - 12:00

Leader: Alan Turner-Morris
Bookings: Elizabeth Rush 0423 104 682
elizabethrush46@gmail.com (preferred)

PURE CLASS – A CREATIVE 191BW06 WRITING CLASS

Opportunities to express writing skills and improve those skills with group feedback and ideas. Participants will bring copies of work completed in the fortnight and engage in short challenges. You may choose to write poetry, novels, plays, short stories, memoirs or articles. Waratah Room

Alt Mondays from 4 Feb 1:30 - 3:30 (no public holidays)

Leader and bookings: Diane Harding 9944 0886
dianeharding@optusnet.com.au

ELEMENTARY RUSSIAN 191BW07

Elementary Russian is for those who have a basic knowledge of the language. The course studies grammar and translations to achieve an ability to converse in daily situations and translate texts such as newspaper articles. Banksia Room

First and third Wednesday of the month from 6 Feb 2:00 - 4:00

Leader and bookings: Tim Coyle 0449 120 346
m.coyle@inet.net.au (preferred)

FRENCH CONVERSATION**(16) 191BW08

Advanced conversation in French based on a text and tape. Waratah Room

Alt Fridays from 8 Feb 10:00 - 12:00 (no public holidays)

Leader: Wendy Clark
Bookings: Maureen Black
9982 7149 maurengb192@gmail.com

AN OVERVIEW OF SCIENCE 191BW09

For members who enjoy science, please join us for a series of talks on a wide range of topics presented by speakers, expert in their field (10 sessions). Banksia Room Bookings not required

Alt Fridays from 15 Feb 1:30 - 3:30

Leader: Ian Thompson
Enquiries: Merryn Parnell 9999 3414 merryn21@hotmail.com

1. Science Myths and Misconceptions

We examine a range of commonly held science-based myths by identifying their possible origins and the reasons why they persist despite contrary scientific evidence.

15 Feb

Speaker: Kevin Murray

2. Two Talks by a Popular Story-teller and Raconteur

a. The funnel-web spider and its nemesis: the late Dr Struan Sutherland.

b. How sweet it was! The story of the sweets, lollies, ice-creams, biscuits and treats of our childhood.

1 March

Speaker: Graham Sims

3. The History of Time-keeping Devices

We explore the long history of attempts to measure the passing of time, from ancient sundials to atomic clocks, explaining how all these different devices work.

15 March

Speaker: Kevin Murray

4. Symmetry

Symmetry is a unifying mathematical concept which lies at the heart of many of the arts and the sciences, including religious art, crystallography, biology, chemistry and physics.

29 March

Speaker: Laurie Wilson

5. Understanding the Biology of Ageing and How You Can Reduce Its Effects

A geneticist's look at ageing in the broad areas of cell biology and physiology, explaining how cells' limits in proliferation lead to inflammation and the chronic illnesses of ageing.

12 April

Speaker: Dr Judy Ford

6. The Life and Work of Stephen Hawking

Determination, dedication and devotion made him unique among scientists. Doctors gave him only a few months to live, but he went on to give us the *History of Time* itself.

26 April

Speaker: Sydney Srinivas

7. Cracking Germany's Enigma Code in World War II

The German Military encoding system "Enigma" and how the British managed to decipher this sophisticated code. The speaker will bring and demonstrate the workings of a replica Enigma decoding machine.

10 May

Speaker: Ross Clements

8. Using Animals in Medical Research

How have past experiments on animals contributed to our current medical knowledge? What laws control such experiments today? And what of the future?

24 May

Speaker: Rosemarie Einstein

9. Two Weather Talks by a Meteorologist

- a. From Gods to gigabytes - a brief history of weather forecasting
- b. Severe weather in Sydney – a look at East Coast lows and thunderstorms

7 June

Speaker: Weatherman Dick Whitaker

10. A Miscellany of Inventions

We look at some major inventions in the past 150 years, including solar and wind power, nuclear power, batteries, radio, refrigeration and more.

21 June

Speaker: David Malone

PRIVATE HOMES

Note: Bookings essential for all private homes

BACH TO THE FUTURE (Avalon)(20) 191BH01**

During each session a topic related to classical music is analysed, discussed and illustrated by relevant recordings by great performers. Subject suggestions from course participants are always welcomed.

Alt Fridays from 25 Jan 2:00 - 4:00

Leader and bookings: Roger Pratt 9918 9277

a.and.r.pratt2@bigpond.com

MAH JONG - THE WESTERN GAME 191BH02 (Belrose)(10)**

Learn and play Mah Jong in a friendly atmosphere.

Each Wednesday from 6 Feb 9:30 - 11:30

Leader and bookings: Delvene Lawrence 9975 3788

box142@bigpond.com

ANDROID TABLET COMPUTER 191BH03 WORKSHOPS (Frenchs Forest)(6)**

Enjoy learning to use your Android tablet computer. Have fun and work collaboratively with peers and with the guidance of a tutor to uncover the power of your device.

Each Thursday from 7 Feb 1:00 - 3:00

Leader and bookings: Antoine van de Walle 8090 2884

antoinevdwalle@gmail.com

WENDY'S BOOK CLUB (Forestville)(10) 191BH04**

We meet fortnightly and read and discuss books borrowed as kits from the library. Every second meeting we share reading aloud another book chosen by the group to read on a continuing basis. This means you can have four weeks to read the library book if needed.

Alt Thursdays from 7 Feb 1:00 - 3:00

Leader: Bernie Gibson

0416 231 513 bernieanddavid@hotmail.com

Bookings: Shirley Carruthers 9486 3657

ART - OILS, PASTELS, 191BH05 ACRYLICS (Belrose)(10)**

Enjoy art with a happy group of people for a friendly exchange of ideas and guidance

Each Friday from 8 Feb 9:30 - 11:30

Leader and bookings: Delvene Lawrence 9975 3788

box142@bigpond.com

UPPER NORTH

Regional Course Coordinators:

Pauline Holbrook 94848335 | holbrookj@bigpond.com

Grahame Marr 9487 3806 | gwmarr1@bigpond.com

Enquiries Only

UPPER NORTH REGION OF SYDNEY U3A

WELCOME TO NEW MEMBERS

SHOWCASE

will be held on

Monday 11 February from 1:30 - 3:00

Turrumurra Uniting Church

10 Turrumurra Avenue (behind shopping area car park)

Welcome to a **Showcase of Courses**, where new and current members and non-members can sample what's on at U3A in Semester 1 this year.

Listen to short lectures on a wide range of topics, including new courses.

Discuss the courses you might be interested in with course leaders.

Meet the Upper North committee members to discuss general U3A matters.

Refreshments provided

BRING YOUR FRIENDS

Bookings: Claudine Parr 9487 2170 c_parr@exemail.com.au

Sue Shaw 9868 4056 ssh84119@bigpond.net.au

Marilyn Pryor 9449 3415 marilynpryor7@gmail.com

BEROWRA: COMMUNITY CENTRE

The Gully Road, Balcony Room. Ample parking on-site.

Venue Convener: Anne Lycett j_alycett@optusnet.com.au

AFFAIRS OF INTEREST 191NAO1

A series of 8 talks by speakers expert in their field to include

- The Secret Life of Teeth
- Peat Island
- Essington Lewis, Australia's Greatest Industrialist
- The Heritage Pub Crawl of Hornsby Shire
- World of D'Oyly Carte
- Every Immigrant's Story
- Development of Agriculture in Australia Part 1
- Development of Agriculture in Australia Part 2

**Second and fourth Mondays of the month from
11 Feb 10:00 - 12:00**

Leader and bookings: Anne Lycett j_alycett@optus.com.au

CURRENT WORLD 191NAO2

A series of five talks looking at what is happening in the current world viewed through the eyes of scientists and technologists. 10:00 – 12:00

1. Patents and Inventions

A look at the fascinating world of patents, inventions and intellectual property law.

Monday 18 Feb

Speaker: Ian Thompson

2. DNA. How did it build you and me?

Monday 18 March

Speaker: Punchi Dassanayake

3. Telecommunications

Following the development of modern telecommunications and use in today's world.

Monday 29 April

Speaker: Hugh Daniel

4. Topic and speaker be advised

Monday 20 May

5. All Things Great and Small

From galaxies to DNA - some scientific observations on scales that defy the imagination.

Monday 17 June

Presenter: Terry Freeman

Leader and bookings: Joan Scott djscott@tpg.com.au

CASTLE HILL: WARRINA VILLAGE ARV

Alix Scott Community Centre, Langshaw Circuit.
Parking available.

Venue Convener: Jenny Trimboli 96861954

ISSUES AND IDEAS 191NC01

In this lively, long-lived group, newcomers are very welcome. We research papers (on a voluntary basis) on a wide variety of contemporary issues. We then discuss one per session.

Alt Tuesdays from 12 Feb 10:00 - 12:00

Leader and bookings: Jenny Trimboli 9686 1954

GREAT BOOKS OF THE WESTERN WORLD 191NC02

This course commences with The Children's Act, by Ian McEwan followed by the play Streetcar Named Desire, by Tennessee Williams.

Alt Tuesdays from 5 Feb 10:00 - 12:00

Leader and bookings: Jenny Trimboli 9686 1954

EPPING: COMMUNITY CENTRE

9 Oxford Street. Meeting room. Limited parking.

Wheelchair accessible.

**Venue Convener: Ian De Mellow
9487 1908 ian.mellow@bigpond.com**

BIG MOMENTS IN AUSTRALIAN SCIENCE 191NF01

Here we continue our series on the significant breakthroughs in the history of science, with particular emphasis upon Australia's unique contributions to the world of knowledge, including: building the Endeavour replica, artificial intelligence, aerosols, Australia's role in the frontiers of space and issues with Australia's weather.

Alt Wednesdays from 20 Feb 10:00 - 12:00

Leader and bookings: David Malone 0418 440 828
dymalone@bigpond.net.au

EXPLORATION OF THE PACIFIC IN THE AGE OF COOK 191NF02

How did the Pacific become a part of the European map of the world and what were the consequences of this, both for the West and the peoples of the Pacific? How did European Great Power rivalry play out in the exploration of the Pacific? Such are the questions which will be addressed. (8 sessions)

Alt. Wednesdays from 27 Feb 10:00 - 12:00

Leader: John Gascoigne
Bookings: Ian De Mellow 94871908

EPPING: LEISURE AND LEARNING CENTRE

1 Chambers Court, off Pembroke Street, beneath Library. Limited parking. **Wheelchair accessible.**

**Venue Convener: Ian De Mellow
9487 1908 ian.mellow@bigpond.com**

THE WORLD'S DEBATE: THE RISE OF CHRISTENDOM AND ISLAM 191NE01

A continuing exploration, into modern times, of the issues relating to the Middle East. The title is taken from historian Edward Gibbon to describe the rise of Christendom and Islam, beginning with their civil wars, opposing doctrines, territorial ambitions and civilising cultures, all of which impact the modern Middle East.

Alt Wednesdays from 13 Feb 1:00 - 3:00

Leader and bookings: Ian De Mellow 9487 1908
ian.mellow@bigpond.com

TAI CHI**(20)..... 191NE02

Learn the ancient art of tai chi and gain health benefits through its gentle exercises and relaxation, ideal for Third Agers. Tai chi's graceful, fluid movements combine three forms of exercise: strength, stretching and breathing. Participants should provide assurance from their GP that they are medically fit to undertake an exercise course. (10 sessions)

Alt Wednesdays from 20 Feb 1:00 - 3:00

Leader and bookings: Siang Tan 9888 7874

EPPING: UNITING CHURCH

Corner Chester and Oxford Streets. Small hall.

**Venue Convener: Sandra Luntz
9874 3382 sandra.luntz@gmail.com**

BOOK DISCUSSION GROUP 191NX01

A reading and discussion group with an occasional classic text, but with the emphasis on contemporary literature.

Alt Thursdays from 7 Feb 10:00 - 12:00

Leaders: Sandra Luntz and Jane Harris
Bookings: Sandra Luntz 98743382 sandra.luntz@gmail.com

GORDON: LIBRARY

799 Pacific Highway. Parking on Highway after 10am or in parking station. 3-hour parking at Woolworths.

Wheelchair accessible

**Venue Convener: Margaret Harragon
gordontaichi@hotmail.com**

TAI CHI**(15)..... 191NG01

Learn the ancient art of tai chi and qi gong and gain health benefits through its gentle exercises and relaxation. Tai chi's graceful fluid movements combine three forms of exercise: strength, stretching and breathing. Participants should provide assurance from their GP that they are medically fit to undertake an exercise course.

Each Thursday from 7 Feb to 6 June 10:00 - 12:00

Leader: Michael Wong and Rose Pettett
Bookings: Margaret Harragon gordontaichi@hotmail.com

HORNSBY: CENTRAL LIBRARY

28-44 George Street (entry in Hunter Lane). Opposite Hornsby station. Parking: Council car park, or nearby Westfield Shopping Centre.

**Venue Convener: Marjorie Perry
9440 7131 marjorieperry@iinet.net.au**

ITALIAN FOR TRAVELLERS 191NY01

Are you planning to visit Italy or have you been there and long to return? This course deals with everyday Italian in travel situations and cultural background to enhance your experience.

12:45-1:45 No prior knowledge of Italian is assumed.

1:45-2:15 Cultural discussion.

2:15-3:15 Some prior knowledge of the language is expected.

After 3:15 Coffee and conversation, in Italian, may follow in a local café.

Meeting Room (20 sessions)

Each Tuesday from 5 Feb to 18 June 12:45 - 3:15

Leader and bookings: Paddy Gunning 9456 1291
gunnosp@gmail.com

AUSTRALIAN HISTORY SEMINARS 191NY02

Historians and researchers discuss their work. Topics include

- Local Aboriginal Culture
- Rookwood: Sleeping City
- Me, My Son and Antarctica
- The Sydney Wars
- The First Fleet
- Heroic Men & Fighting Ships
- Bea Miles: An Aussie Free Spirit
- The Embroiderers Guild NSW
- History Through Family Images
- A Conversation: Australia's Unfinished Business.

Meeting Room

Alt Tuesdays from 5 Feb 10:15 – 12:15 (10 sessions)

Leader: Garry Smith

Bookings: William Davies 0404 072 562

dtiger@optusnet.com.au

TRAVELLING LADIES 191NY03

Be enthralled by the experiences of adventurous ladies whose forgotten stories we retell of journeys made a century ago to little-known parts of the world, including Paraguay, Asia Minor, Siberia and Sudan.

Meeting Room

Alt Tuesdays from 12 Feb to 9 April 10:15 – 12:15
(5 sessions)

Leader: Nola Bramble

Bookings: Lynette Trupp 9484 2641

roblyntrupp@bigpond.com.au

PSYCHOLOGY 191NY04

The Individual and Society: The tale of a Minister, Entrepreneur and Soldier

Sociology looks at social structures and their impact on behaviour.

Psychology looks at the inner processes of behaviour. These talks will examine the interaction of social structures and the individual in 1810 to 1822 Australian society by looking at the behaviours of Marsden, Macarthur, and Macquarie.

Meeting Room

Alt Tuesdays from 7 May to 18 June 10:15 – 12:15
(4 sessions)

Leader and bookings: Laurie Facer 9484 4970

laurief@facer.com.au

POMPEII AND POMPEIAN WALL 191NY05 PAINTING

13 February The city and its main public buildings, from the beginnings in the 6th century BC to August 24, AD 79.

27 February The main examples of the so-called First and Second Style of wall painting (House of Sallust, Villa of Oplontis, Villa of the Mysteries).

13 March The Third and Fourth Styles, from the period of Augustus to AD 79.

27 March Pompeii's Last Days – a case of ancient Roman fake news?

Meeting Room

Alt Wednesdays 1:00 – 3:00

Leader: Emeritus Prof. / Assoc. Prof Jean-Paul Descoedres

Bookings: Graeme Marshall 9489 8648

g.marshall1@bigpond.com

THE WORLD OF CLASSICAL MUSIC 191NY06

Continuing excursions into the world of classical music in all its forms, where you will meet familiar and not-so-familiar composers.

Meeting Room

Alt Wednesdays from 13 Feb 10:15 – 12:15

(10 sessions)

Leader: John Yates

Bookings: Nancy Sinden nsinden@ihug.com.au

PHYSICS AND THE BIG QUESTIONS 191NY07

Four topics selected from the series *Physics and the Big Questions*, presenting science in everyday terms and with demonstrations.

6 Feb Gravitational Waves – their discovery and significance

20 Feb Quantum Mechanics – A challenging field made visible (*These two include active demonstrations*).

6 March Stephen Hawking: his life, his legacy, and his exotic physics

20 March The Skeptics \$100,000 Prize and the Laws of Physics

Meeting Room Alt Wednesdays from 6 Feb 10:15 – 12:15

Leader: Ian Bryce

Bookings: Gerald Sabel sabels02@Optusnet.com.au

COMPUTER COURSES FOR BEGINNERS 191NY08

A series of four- week courses designed for beginners.

This is a 'hands on' course with small groups, taken by an ex IT trainer.

Places are very limited so bookings are essential. Participants will be expected to bring their own (fully charged) smart phone*, pad, notebook or laptop (*Course 1 only) and attend all 4 weeks. Courses will be repeated if there is sufficient demand.

Course 1: 7, 14, 21 and 28 Feb

Introduction to your digital device

This is a very basic course. We shall look at settings, searching the internet and sending an email including attachments. Explanations of the basic terminology will be given.

Course 2: 21 March, 28 March, 4 April, 11 April

Taking IT further

We shall take an introductory look at word processing (Word/Pages), presentation (PowerPoint/Keynote) and how to get started using these packages. The importance of file handling will be emphasised.

Esther Wait Room

Thursdays 1:00 – 3:00

Leader and bookings: Joan Scott djscott@tpg.com.au

FAMOUS ENGLISH LITERARY FIGURES 191NY09

Historian Phil Pryor will discuss figures such as Emily Bronte and Charles Dickens, focussing on transcribed lectures by Dr Elliot Engel.

Meeting Room

Wednesdays 1 May, 8 May, 22 May, 5 June and 12 June 1:00 – 3:00 pm

Leader: Phil Pryor

Bookings: Marilyn Pryor marilynpryor7@gmail.com

POETRY APPRECIATION..... 191NY10

Listen to and discuss a wide range of poets and their work including some of your old favourites. There will be occasional references to literary terms used in poetry where they may assist our appreciation.

Esther Wait Room

Alt Wednesdays from 6 Feb 1:00 – 3:00

Wednesdays 12 June and 10 July will be 2:00 – 4:00

Leader and bookings: Robert Plumbe
robert.plumbe@gmail.com

HORNSBY: LEISURE AND LEARNING CENTRE AND WALLAROBBA ARTS AND CULTURAL CENTRE

25 Edgeworth David Avenue. Limited on-site parking.

Venue Convener: Ros Markham 9416 8486

roslyn.markham@bigpond.com

YOGA..... 191NQ01

Yoga for everybody: beginners to the experienced will enjoy the benefits of correct breathing, bending, stretching, twisting, balance, mind control and relaxation. Yoga is about health and wellbeing and now is a good time to start. The class leader is an experienced, certified and practicing yoga teacher.

Each Wednesday from 6 Feb 6:15pm - 7:15pm (except school holidays)

Leader and bookings: Graham Marshall
graham.marshall3@outlook.com.au 0400 098 756

PAINTING IN ACRYLICS..... 191NQ02

Come and join our friendly class. Encouraging basic lessons are given to beginners and guidance and assistance provided when needed, whatever your skill level.

Alt Thursdays from 31 Jan 9:30 - 12:00

Leader and bookings: Janny Drayer 9144 1741
jannydrayer@gmail.com

WATERCOLOUR PAINTING..... 191NQ03

Discover the magic of watercolour painting in this friendly group whatever your skill level. Different techniques will be discussed and encouraged. Assistance and suggestions will be given to all, from beginners to more experienced levels. Everyone attending should provide their own materials.

Alt Thursdays from 7 Feb 9:30 - 12:00

Leader and bookings: Ildy Turner 9488 9114
ipturner@bigpond.net.au

MEDIUM TO ADVANCED RECORDER GROUP..... 191NQ04

This is a group meeting regularly to enjoy playing music.

Alt Wednesdays 6 Feb 10:00 - 12:30

Leader and bookings: Annette Salt 9489 5997

KILLARA: LOURDES RETIREMENT VILLAGE

95 Stanhope Road. Village Auditorium. Easy parking in Stanhope Road. Wheelchair accessible.

Venue Convener and Leader: Lesley Ransley 9880 9949
ellar1@bigpond.com

HISTORICAL AND OTHER INTERESTING TOPICS 191NR01

A lecture series on a wide variety of topics given by people with expertise in, and enthusiasm for, their subject. The auditorium is equipped for audio-visual presentations. Comments and questions are encouraged.

Bookings not required.

First Thursday of each month 10:00 - 12:00

1. The Pacific Ascendancy

How the Indo-Pacific is becoming the strategic center of global and cultural growth. Where does Australia fit into it?

Thursday 7 Feb

Speaker: Ian De Mellow

2. Violin Making

What goes into the making of a beautiful sounding instrument? You'll have a greater respect for it after this talk.

Thursday 7 March

Speaker: Raymond Howes

3. Australia the Great Southland

Covering the search from earliest times until settlement and establishment of the Colony.

Thursday 4 April

Speaker: Geoff Davidson

4. The HMAS Melbourne/HMAS Voyager Collision

In February 1964 destroyer HMAS Voyager was cut in half by aircraft carrier HMAS Melbourne. Could it have been avoided? Has blame really been fairly apportioned?

Thursday 2 May

Speaker: Noel Phelan

5. The Australian Food Industry

The importance of the food sector; management of food safety and the distinction from food security; examples of food product development.

Thursday 6 June

Speaker: Dr Christopher Hudson

LINDFIELD GARDENS

2 Ulmarra Place, Lindfield. Meetings held at the village centre. Ample street parking.

Book through the office 9416 8466 **10:00 - 12:00**

SERIES OF INTERESTING TALKS ON 191ND01 A VARIETY OF SUBJECTS

1. Matthew Flinders. The boy who read *Robinson Crusoe* and Named Our Land 'Australia'. Girt by Sea and Ringed by Menace

28 Feb 2019

Speaker: Jim Haynes

2. The History of Photography

28 March 2019

Speaker: Ian Thompson

3. The History of Rock and Roll Music in Australia – From a Radio Announcer's Point of View

18 April 2019

Speaker: Pete Graham

4. **Stephen Hawking- His Life and Legacy**

23 May 2019

Speaker: Ian Bryce

5. **Elizabeth 1**

27 June 2019

Speaker: Anne Richardson

LINDFIELD: SENIOR CITIZENS RESOURCE CENTRE

271 Pacific Highway, behind Library. Limited on-site parking.

Wheelchair accessible

Venue Convener: Marika McLachlan

marikamclachlan@bigpond.com 9988 3199

ROMAN HISTORY: Life in the Provinces 191NL01

The Roman Empire was acquired by conquering tribes and cities with different culture and backgrounds. By the second century AD a concept of Romanness had developed, but with local differences.

Alt Mondays from 18 Feb 10:00 - 12:00

Leader and bookings: Leonie Hayne 9417 2894

Secretary: Jenny Johnston 9416 3639

RUSSIAN ADVANCED CONVERSATION 191NL02

This is a continuing course where new members with an adequate level of Russian are very welcome.

Each Monday from 18 Feb 12:00 - 2:00

Leader: Olga Petlevanny 9939 6871

Bookings: Leon Aroustian 86784047 leonalph@gmail.com

PRE- INTERMEDIATE SPANISH 191NL03

For those who have already completed some study of the language, this is a course offering instruction in basic grammar with the introduction of useful phrases, and opportunities for conversation. A variety of teaching methods will be used.

Alt Mondays from 4 Feb 2:00 - 4:00

Leader and bookings: Jenny Brady 9966 8510

jennybry03@hotmail.com

SPANISH CONVERSATION 191NL04

Most of the time we discuss current affairs, cultural events or a subject previously decided upon. Spanish is spoken 90 percent of the time. Good knowledge of the language is required.

Alt Tuesdays from 5 Feb 2:00 - 4:00

Leader: Maria Criado 0424 939 767

Bookings: Jenny Brady 9966 8510

LATIN INTERMEDIATE A..... 1918NL05

This continuing course will proceed from Stage 54 of the *Oxford Latin Course Part III* and more complex grammar enhanced by passages of prose and poetry from classical authors.

Each Wednesday from 7 Feb 1:45 - 3:45

Leader and bookings: Helen Ledwidge 9489 7161

hledwidge@iprimus.com.au

HOW TO READ AND WRITE 191NL06

MUSIC (beginners)

How to understand and create those black dots. Class will write and perform own rhythm and melody work for a variety of instruments and voice in various styles.

Alt Wednesdays from 6 Feb 2:00 - 4:00

Leader and bookings: Dawn Nettheim 9869 0451

dawn@bigpond.net.au

MODERN AND CLASSIC NOVELS 191NL07

A literary discussion group studying 10 -11 books each semester in a friendly and informal setting. All enthusiastic readers welcome. The first two books will be *North and South* by Elizabeth Gaskell followed by *The Only Story* by Julian Barnes.

Alt. Thursdays from 7 Feb

Leader and bookings: Maurice O'Donovan 9411 8717

odonovan.1@bigpond.com

GERMAN INTERMEDIATE 191NL08

Text book: em neu 2008 *Deutsch als Fremdsprache* –

Niveaustufe B2. Hauptkurs Kursbuch Hueber Verlag ISBN9 783195016957 Sechs Bausteine: Lesen, Sprechen, Hören, Schreiben, Grammatik, Wortschatz.

Basic German grammar required.

Each Friday from 15 Feb 11:00 - 12:30

Leader and bookings: Marika McLachlan 9988 3199;

0411 151 722

GERMAN ADVANCED 191NL09

Students need to have a sound knowledge of German. .

Each Friday from 15 Feb 9:30 - 11:00

Leader and bookings: Marika McLachlan 9988 3199;

0411 151 722

PENNANT HILLS: COMMUNITY CENTRE

Corner of Yarrara and Ramsey Roads. Small Hall (lower level, Library building). Community Centre car park or shopping centre opposite.

Venue Convener: Ros Markham 9416 8486

roslyn.markham@bigpond.com

FRENCH INFORMAL CONVERSATION 191NM01 GROUP

This group aims to encourage conversation in modern French in a relaxed atmosphere, with correction of grammar and usage. Topics for discussion include shared experiences, literature, music and current affairs.

Alt Wednesdays from 6 Feb 1:00 - 3:00

Leader: Chimène Hortense

Bookings: Mary Ferguson 0421 830 035

PENNANT HILLS: LEISURE AND LEARNING CENTRE

8 Warne Street. Some on-site parking, limited (3-hour) street parking.

Venue Convener: Ros Markham

9416 8486 roslyn.markham@bigpond.com

ART PRACTICE GROUP 191NP01

Love art? Then join this fun, relaxed class. Whether you are good at art or want to be good, this is the place for you.

Experiment with any media, explore your own style and develop your creative expression by learning to look. Bring your own materials. Beginners are welcome.

Alt Mondays from 4 Feb 1:00 - 4:00

Bob Talbot 0412 470 854 btalbot6@gmail.com

PYMBLE: UNITING CHURCH

Corner Pacific Highway and Livingstone Avenue. Opposite station. Limited on-site parking and with lift from lower parking area. John Downes meeting room.

Venue Convenor: Graeme Marshall
9489 8648 g.marshall1@bigpond.com

FRENCH READING AND WRITING..... 191NU01 INTERMEDIATE**(10)

For those having completed at least three years of a preliminary course. The aim of this course is to develop skills in reading, writing and speaking French.

Alt Wednesdays from 13 Feb 1:30 - 3:30

Leader and bookings: Peter Rennie 9451 8538

FRENCH READING AND WRITING..... 191NU02 ADVANCED**(10)

For those with a good basic knowledge of French grammar and pronunciation. The aim of the course is to develop students' skills in reading, writing and speaking French.

Alt Wednesdays from 6 Feb 1:30 - 3:30

Leader and bookings: Peter Rennie 9451 8538

ST IVES: UNITING CHURCH

Corner Douglas Street and Mona Vale Road, St Ives. Entrance to car park is in Douglas Street. In addition, street parking, level walking, disabled facilities, **wheelchair accessible. Courses are in the Calvin Room unless otherwise indicated.**

Venue Convener: Vicky Davies
0422 522 550 vdavies710@gmail.com

MONDAY AT ST IVES191NI01

This is a series of separate presentations by talented speakers on topics of general interest.

Alt Mondays from 4 Feb 10:00 -12:00

Leader and bookings: Joy Liddell 9449 5193
jjliddell@bigpond.com

1. **Behind the Lyrics – The Secret history of a Few Good Songs**

Stories behind a number of popular songs – mostly from the 1920- 70s

Monday 4 Feb

Speaker: Graham Spindler

2. **The State Library of New South Wales**

The State Library has a vast and varied collection (apart from books) including rare and unique objects and Australiana.

Monday 18 Feb

Speaker: Stewart Reed

3. **The Impact and Challenge of the Wayside Chapel- Monday 4 March**

Speaker: Guy Cooper

4. **Appeals Court and the High Court**

Learn what an appeal is, who can appeal and when. How appeal courts work and what they can and cannot do. Finally, we learn what the High Court does.

Monday 18 March

Speaker: Val de Rome

5. **Black Notes, White Notes**

This covers the influence of American slave songs, rag-time and jazz on classical music.

Monday 1 April

Speaker: Nora Hinchin

6. **Weird and Not-so-Wonderful Histories Part 2A**

lighter side of historical events and figures that feature the bizarre, the eccentric, the ridiculous and just plain hilarious.

Monday 29 April.

Speaker: Harvey Broadbent

7. **The Garvan Institute of Medical Research**

Focuses on the role of genes and molecular and cellular processes as the basis for developing future preventions, treatments and cures.

Monday 13 May.

Speaker: Scientist Julia Kiss together with a medical researcher.

8. **The Black Death**

We look at the causes and spread of the world's most devastating plague and its immediate and long-term social and economic effects.

Monday 27 May

Speaker: Antony McCurdy

9. **Federation and the Constitution**

An overview of our constitution, current issues, along with the process of federation.

Monday 24 June

Speaker: Graham Spindler

TUESDAY WORDSMITHS191NI02

Everyone has a story to tell. Our friendly interactive group will help you find the key to unlock the door to your imagination. **Wesley Room**

Alt Tuesdays from 19 Feb 10:00 - 12:00 (except 5 March and 2 April)

Leaders will rotate.

Bookings: Barry Lloyd 9449 2202

PHILOSOPHY191NI03

We research and study philosophers and the issues they raised. Are they still valid today? How & why? Members of the group choose topics. There are no formal lectures but lots of discussion.

Alt Tuesdays from 5 Feb 10:30 - 12:30

Leader and bookings: Margot Taverne 94492923
margottaverne@gmail.com

ROMAN HISTORY: THE CITY OF ROME.....191NI04

Founded in fratricide, peopled by outlaws and rapists, the small settlement of Rome grew over the centuries to rule most of Western Europe. What physical changes did the city undergo? What sort of lives did its inhabitants live?

Wesley Room

Alt Wednesdays from 6 March 10:00 - 12:00

Leader and bookings: Leonie Hayne 9417 2894

Secretary: Jenny Johnston 9416 3639 j
enny37@bigpond.com

WRITING STORIES191NI05

Everyone has at least one story in them just waiting to be found. Whether your stories come from life or your imagination, come and find them in our group.

Alt Wednesdays from 6 March 10:00 - 12:00

Leader and bookings: Marlene Huggard 9488 5450 and Sarley Mitting 9144 1992

UKULELE FOR FUN191NI06

Join us every Wednesday to have a lot of fun with a friendly group.

Knox Room

Every Wednesday from 6 Feb 9:00 - 12:00

Leaders and bookings: Bruce Abrahams 0418 237 228

bruceja@bigpond.net.au

Kim Fillingham kim@fillinghamfamily.com

SCIENCE AND TECHNOLOGY:191NI07
GLIMPSES OF OUR PAST, PRESENT AND FUTURE

Come and join us in our fourteenth year of providing a variety of highly qualified speakers with a passion for their subject and the ability to present their topic in an easy to understand format. **Wesley Room**

Alt. Wednesdays from 13 February 10:00 -12:00

Leader and bookings: Peter Turner 9488 9114
ipturner@bigpond.net.au

LOST WORLDS OF SOUTH AMERICA191NI08

Buried by the centuries of soaring mountain slopes and beneath arid deserts and lush jungles are the remains of extraordinary, majestic civilisations. Many were completely unknown until recent decades and are now coming to light. **This DVD series** explores the many cultures that rose and fell.

Alt Wednesdays 8 sessions from 13 Feb 1:00 - 3:00

Leader and bookings Barrie Heath 0450 405 526
foxx217@gmail.com

CURRENT AFFAIRS FORUM 1191NI09

We discuss and actively debate current events of importance in this friendly and lively group.

Alt Thursdays from 14 Feb 10:00 - 12:00

Leader and bookings: Arthur Lith 9144 3541
arthurlith@optusnet.com.au

CURRENT AFFAIRS FORUM 2191NI10

We discuss and actively debate current news topics on which our members have strong and often different views.

Alt Thursdays from 7 Feb 10:00 - 12:00

Leader and bookings: Alan Barge 0478 663 930
barge.alan@gmail.com

THE GOLDEN AGE OF CINEMA191NI11

Films were made to be seen by an audience so why not get this great feeling again by joining our group? Interesting films from a great range of sources will be screened, notes and information are provided (8 sessions)

Alt Fridays from 15 March 10:00 - 12:30

Leader and bookings: Alan Saunders 9144 6088
thesaunders7@optusnet.com.au

HEALTHY EATING FOR ONE191NI12

This course covers the signs of good health in mature years: nutritional needs of mature adults to prevent age-related disease, healthy food choices and meals, together with demystifying food labels.

Alt Fridays 4 sessions from 8 Feb 1:00 -3:00

Leader and bookings: Susanne Hledik 0414 497 512
phledik@bigpond.net.au

TURRAMURRA: ROHINI VILLAGE

51-53 Rohini Avenue, north of Eastern Road. Parking nearby. Cowper Room.

Venue Convener: Ros Markham

9416 8486 roslyn.markham@bigpond.com

GREAT IDEAS OF PHILOSOPHY191NN01

A new course on DVD in the Great Courses series will be presented, entitled 'The Modern Intellectual Tradition: From Descartes to Derrida', presented by Prof. Lawrence Cahoon, College of the Holy Cross, USA, The course comprises 36 half hour lectures and explores Western Philosophy from the 17th to the 20th century.

Alt Mondays from 4 Feb 10:00 - 12:00

Leader: Jock Buselli 9484 7041 jock.buselli@tpg.com.au
Bookings: Barbara Day 9416 3437 sippebar@bigpond.net.au

MUSIC WE GREW UP WITH Part 3191NN02

We will explore various composers of popular music from the fifties, sixties, seventies and eighties.

Alt Thursdays from 7 Feb 10:00 – 12:00:

Leader: Howard Ferrer howardf@optusnet.net.com.au

Bookings: Ros Markham

94168486 roslyn.markham@bigpond.com

SPEAKERS' PROGRAM191NN03

Second Wednesday of each month from 13 February 10.30-12.30

1. The History of Women's Liberation

Wednesday 13 Feb

Speaker: Peter Stamford

2. Should Nuclear Power be part of Australia's 2050 clean energy commitment?

Wednesday 13 March

Speaker: Martin Thomas

3. Computer Pals for Seniors, Turramurra

Wednesday 10 April

Speaker: (President) Bill Soper.

4. The Gardens of Stone, Sydney

Wednesday 8 May

Speaker: Janine Kitson

5. The History of Autograph Books

Wednesday 12 June

Speaker: 'Elizabeth'

Leader and Bookings: Margaret Waldock

0419740181 margaretwaldock@outlook.com

TURRAMURRA: UNITING CHURCH

Turramurra Avenue. Adequate parking behind shopping centre. **Wheelchair accessible.**

Venue Convener: Ros Markham

9416 8486 roslyn.markham@bigpond.com

CURRENT AFFAIRS DISCUSSION GROUP191NT01

We discuss current affairs and associated ideas based on media reports in an informal and objective manner. Subjects presented for discussion by a leader who is rostered on a voluntary basis in each session.

Alt Tuesdays from 29 Jan 10:00 - 12:00

Leader and bookings: Jan Martin 9456 7774

TRUTH IN HISTORY191NT02

There is some mystery, myth, revelation, magic and murkiness in history as it unfolds. Modern science and research can help us in revision and reassessment. This is to be done by readings, discussion and input using a few main texts and other research materials. Topics will be wide ranging and the class is welcome to approve or select.

Alt Thursdays from 31 Jan 10:00 - 12:00

Leader: Phil Pryor

Bookings: Margaret Marshall 9487 1898

GERMAN BEGINNERS (CONTINUING)191NT03

This course is for those who have an elementary understanding of German grammar and who have a vocabulary including commonly-used words and expressions. Students should be able to make themselves understood in simple routine situations. The course aims to develop reading, writing, listening and speaking skills.

Each Monday from 4 Feb 10:00 - 12:00

Leader and bookings: Michael Hummel 9869 1023

michael.hummel48@gmail.com

FRENCH CONVERSATION**(12)..... 191NT04

We discuss current affairs, articles of interest from magazines and journals, also topics previously agreed on. New members with a good knowledge of French are welcome.

Alt Fridays from 8 Feb 2:00 - 4:00

Leader and bookings: Mary Lambert 9440 2531

FUN PROBLEM SOLVING TO KEEP OUR MINDS ACTIVE..... 191NT05

Let's challenge our brains and keep mentally young and agile by learning how to solve geometric puzzles, as well as space problems, number puzzles and logic problems. It is both satisfying and fun to find you can solve these using hands-on activities involving paper, pencils and an eraser. Please bring these along with you.

Alt Tuesdays from 5 Feb 10:00 - 12:00

Leader and bookings: Sandra Sadler 9484 5513

spsadler@dodo.com.au

TURRAMURRA NORTH: THE COTSWOLDS VILLAGE

28 Curagul Road, North Turramurra. Easy street parking.

Venue Convener: John Dryden 9449 2875

PLAY READING**(12)..... 191NV01

Group reading of plays in a relaxed manner, no previous experience is necessary. Copies will be provided.

Alt Fridays from 15 Feb 2:00 - 4:00

Leader and bookings: John Dryden 9449 2875

jdryden@iinet.net.au

TURRAMURRA NORTH: THE LANDINGS

440 Bobbin Head Road, North Turramurra. Clubhouse. Easy street parking inside *The Landings* village near the Clubhouse.

Venue Convener: Wendy Bull 9488 5268

thelandingsvilla@gmail.com

TOPICS OF INTEREST 191NJ01

A variety of speakers lecture on their favourite subjects in the comfortable and well-equipped Clubhouse. auditorium.

Second and fourth Tuesdays of each month Feb to

Nov incl. 10:00 – 11:30

No Bookings required

- 1. 2019 - The Year of the Broadway Revival**
Tuesday 12 Feb Presenter: Stewart Reed
- 2. The Evacuation of Children in Wartime**
Tuesday 26 Feb Presenter: Stewart Reed
- 3. An Update on the Fight Against Marine Plastic**
Tuesday 12 March Presenter: Jayne Paramor
- 4. The Evolution of Crime Fiction**
Tuesday 26 March Presenter: Kathy Bradley
- 5. Lose Amiens and Lose the War – The Battle of Villers Bretonneux**
Tuesday 9 April Presenter: David Wilkins

6. Marching Off to War: A Great War Trilogy

Tuesday 23 April Presenter: Garry Smith

7. The Black Death

Tuesday 14 May Presenter: Tony McCurdy

8. The Two Sires

Tuesday 28 May Presenter: Anne Richardson

9. The Bondi Big Wave Event of 1938 – Swell, Wave or Tsunami?

Tuesday 11 June Presenter: Dick Whitaker

10. Roman Women and Slaves

Tuesday 25 June Presenter: Anne Richardson

TURRAMURRA SOUTH: UNITING CHURCH

Corner Chisholm and Vernon Streets, South Turramurra. Vestry. Plenty of parking available.

Venue Convener: Grahame Marr 9487 3806

FRENCH INTERMEDIATE/ADVANCED..... 191NW01

This course is for those having completed at least four years of preliminary courses. It aims to develop skills in understanding, reading, writing, and speaking French.

Each Wednesday 6 Feb 10:00 - 12:00 (Max 12)**

Leader and bookings: Ethleen Low 9476 4259

ethlow@bigpond.net.au

FRENCH PRE-INTERMEDIATE 191NW02

This course is for those who have completed at least two years of a preliminary French course. Develop your skills in speaking, listening to, reading and writing French in a relaxed and friendly atmosphere. Two text books are required. (Phone leader for details)

Each Thursday from 7 Feb 1:00 - 3:00 ** (Max 18)

Leader and bookings: Shirley Beck 9634 4214

FRENCH POST BEGINNERS 191NW03

This course is for those who have completed at least one year of a preliminary French course. It will involve vocabulary, role plays and grammar to develop skills in speaking, listening to, reading and writing French. Two text books are required. (Phone leader for details)

Each Tuesday from 5 Feb 1:00 - 3:00 ** (Max18)

Leader and bookings: Shirley Beck 9634 4214

WAHROONGA: THE WONIORA

9 Woniora Avenue. Plenty of on-site underground and street parking. Wheelchair accessible.

Venue Convener: Tina Vander Heyden 0414473712

albertinav@icloud.com

GERMAN INTERMEDIATE**(12) 191NB01

This course assumes that students have studied German in the past and want to brush up on their speaking, reading skills and basic grammar. The emphasis is on oral German and some necessary grammar.

Each Monday from 4 Feb 10:00 - 12:00

Leader and bookings: Dorothee Schifter 9487 2578

dorothee.schifter@bigpond.com

PRIVATE HOMES

Venue Convener: Marjorie Perry 9440 7131
marjorieperry@iinet.net.au

DISCUSSION GROUP (Wahroonga) 191NH01

A friendly group focusing on current affairs and topics of general interest.

Alt Mondays from 11 Feb 10:15 - 12:15

Leader and bookings: Eva Browne 9487 7246

INDONESIAN BEGINNERS (Wahroonga) 191NH02

Learn the language of our closest neighbours. Textbook: *Colloquial Indonesian* by Sutanto Atmosumarto

Alt Tuesdays from 5 March 1:30 - 3:30

Leader and bookings: Tina Vander Heyden 0414 473 712
albertinav@icloud.com

INDONESIAN INTERMEDIATE 191NH03 (Wahroonga)

Expand your knowledge of Indonesian with a small group of like-minded people in a relaxed atmosphere.

Textbook: *Bahasa Tetanggaku* by Ian J. White.

Wednesday 6 March, 3 April, 1 May and 12 June 1:30 - 3:30

Leader and bookings: Tina Vander Heyden 0414 473 712
albertinav@icloud.com

WRITING MEMOIRS (St Ives) 191NH04

A course for people who want a more structured approach to writing their memoirs (don't know where to begin?). The aim is to hold your own book in your hands.

Alt Fridays from 1 Feb 10:00 – 12:00

Leader and bookings Colleen McMillan 0447 365 900
colleenmcmillan11@gmail.com

PLAY READING (Wahroonga) 191NH05

No need for acting skills, just an interest in reading plays with a friendly group.

Third Friday of each month from 15 Feb 1:30 - 3:30

Leader and bookings: Jill Baxter 9487 5972

WITH RHYME AND REASON 191NH06 (Eastwood) *(10)

We are a group of published poets and poetry lovers who meet together to study and discuss twentieth century poets and poetry from all over the world. Material is distributed before each meeting. The atmosphere is relaxed and convivial.

Alt Thursdays from 14 Feb 10:30 - 12:30

Leader and bookings: Ron Wilkins 9876 1948
ronwtwilkins@hotmail.com

BOOK DISCUSSION GROUP (Pymble) 191NH07

We meet each month to discuss both fiction and non-fiction.

First Monday of each month from 4 Feb 10:00 - 12:00

Leader and bookings: Bill Rees 9415 8257

A WAY WITH WORDS (Pymble) 191NH08

Join our writing group in a motivating and supporting environment. Knowledgeable feedback is given to help you develop your writing skills. Close to bus stop and Pymble Station. Street parking.

Alt. Thursdays from 7 Feb 10:00 - 12:00

Leader: Margaret Thomason 9488 8960
Bookings: Margot Taverne 9449 2923
margottaverne@gmail.com

SUBURBS INDEX

A		
Ashfield	Cardinal Freeman Village.....	11
	Civic Centre.....	11
	Club Ashfield.....	11, 12
Avalon	Private Home.....	54
B		
Balgowlah	Club Totem.....	46
Belrose	Glenaeon Retirement Village.....	46
	Private Home.....	54
	Community Centre.....	55
Berowra	Community Centre.....	55
Blacktown	City Library.....	32
	Westpoint.....	32
Bondi	Lifestyle Manor.....	20
Bondi Junction	Waverley Library.....	20, 21
	Waverley Community & Seniors Centre.....	20
Bronte	Private Home.....	23
Burwood	Club Burwood.....	13
	RSL Club.....	12
	Woodstock Community Centre.....	12
C		
Carlingford	Private Home.....	33
Castle Cove	Watermark Retirement Village.....	35, 36
Castle Hill	Warrina Village ARV.....	56
Chatswood	Dougherty Community Centre.....	36, 37
Collaroy	Warringah Place Retirement Village.....	46
Collaroy Plateau	RSL Veterans' Retirement Village.....	46
Cronulla	Community Hall.....	26
	School of Arts.....	24, 25, 26
Curl Curl North	Community Centre.....	51, 52
D		
Double Bay	Woolhara Library.....	21, 22
Drummoyne	Community Centre.....	13
E		
Eastwood	Private Home.....	63
Epping	Community Centre.....	56
	Leisure and Learning Centre.....	56
	Uniting Church.....	56
F		
Forestville	Forest Community Arts Centre.....	46, 47
	Private Home.....	54
Frenchs Forest	Lionel Watts Community Centre.....	47
	Private Home.....	54
G		
Glebe	Library - Benledi Room.....	13, 14
	Nag's Head Hotel.....	14
	St Helen's Community Centre.....	14
	The Old Town Hall.....	13
	Toxteth Hotel.....	14
Gordon	Library.....	56
Greenwich	The Baytree Retirement Resort.....	37, 38
Guildford	Hewitt House.....	32
Gymea	Community Hall.....	26
	Community Centre.....	26
	Private Home.....	28, 29
H		
Hornsby	Central Library.....	56, 57, 58
	Leisure and Learning Centre.....	58
Hunters Hill	C A Fairland Hall.....	38, 39
Hurstville	Hurstville Library.....	26
	South Hurstville Library.....	27
K		
Killara	Lourdes Retirement Village.....	58
Kogarah	Private Home.....	28
	Senior Citizen Hall.....	26
L		
Lane Cove	Living and Learning Centre.....	39, 40
Leichhardt	Municipal Library.....	14, 15
Lilli Pilli	Private Home.....	29
Lindfield	Lindfield Gardens.....	58, 59
	Senior Citizens Resource Centre.....	59
M		
Maroubra	Lionel Bowen Library.....	22
Marrickville	Croquet Club.....	15
	Library.....	15
McMahons Point	Community Centre.....	40
	Community Centre Computer Education.....	40, 41
Merrylands West	Private Home.....	33
Millers Point	Millers Point Community Centre.....	16, 17
Miranda	Community Centre.....	26
	Westfield.....	27
Mona Vale	Memorial Hall.....	47
Mosman	Art Gallery.....	35, 41, 42
	Art Gallery Melody Room.....	42, 43
	Mosman Square Seniors Centre.....	34, 43, 44
	The Manors Retirement Village.....	40
N		
Narrabeen	Baptist Church.....	48
	Tramshed Arts and Community Centre.....	48, 49
Narrabeen North	Coastal Environment Centre.....	49
	Narrabeen RSL Club.....	49
Newport	Community Centre.....	49, 50, 51
	Pittwater Presbyterian Church.....	51
O		
Oatley	Library.....	27
P		
Paddington	EJ Ward Community Centre.....	22
Panania	Senior Citizen's Centre.....	17
Parramatta	Raffles Building Fitzwilliam Street.....	30, 31, 32
	Harry Todd Band Hall.....	32
Parramatta North	Private Home.....	33
Pennant Hills	Community Centre.....	59
	Leisure and Learning Centre.....	59
Pymble	Private Home.....	63
	Uniting Church.....	60
R		
Randwick	Margaret Martin Library.....	22
	Private Home.....	23
Revesby	Community Hall.....	17
	Workers Club.....	17, 18
Rose Bay	Private Home.....	23
Roseville	New Church.....	44
Rozelle	Hannaford Centre.....	18
	Neighbourhood Centre.....	18
S		
St Ives	Private Home.....	63
	Uniting Church.....	60, 61
Stanmore	Private Home.....	19
Strathfield	Croquet Club.....	18
Sutherland	Club on East.....	24, 28
	Leisure Centre.....	27
	Library.....	27
Sydney City	Customs House Library.....	13
T		
Toongabbie	St Anthony's Church Hall.....	33
Turramurra	Rohini Village.....	61
	Uniting Church.....	55, 61, 62
Turramurra North	The Cotswolds Village.....	62
	The Landings.....	62
Turramurra South	Uniting Church.....	62
W		
Wahroonga	Private Home.....	63
	The Woniora.....	62
Warriewood	Nelson Heather Senior Citizens Centre.....	52, 53, 54
	Ted Blackwood Community Centre.....	45
Woollahra	Gaden Community Centre.....	22
	Goodwin Village.....	22
	Library.....	21, 22
Woolloomooloo	Ozanam Learning Centre.....	18
Y		
Yowie Bay	Waterbrook Lifestyle Resort.....	28



SYDNEY
U3A

**OUR COLOUR BRAND
VALUES EXPLAINED:**

KINGFISHER BLUE = SHARING

We share our knowledge

GREEN = GROWING

Together we grow our minds

YELLOW = SOCIALISING

We interact and connect with others

RED = PASSION

Our passion is for education

Sydney U3A is a not-for-profit volunteer based organisation providing continuing education opportunities for people who are no longer in full time employment. The courses and talks are conducted in a relaxed environment; are stimulating and interesting across a wide variety of topics. Participating members are provided with the opportunity to form enduring friendships through socialisation and community interaction whilst learning something new.