

CITY AND INNER WEST

Regional Course Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com **Enquiries only**

CITY AND INNER WEST REGION OF SYDNEY U3A

Notice is hereby given that the 2019
Annual General Meeting and Election of Office Bearers

will be held on
Wednesday 13 February 1:30 – 3:30

at
Burwood RSL CLUB
96 Shaftesbury Road Burwood
(ample parking available on site)

Guest Speaker:

Historian Dr Peter Hobbins, MPHA, an expert on Sydney epidemics. The topic will be the flu pandemic which led to 3 February 1919 being known as 'mask day' in NSW

The meeting will be followed by refreshments and opportunities for members to socialise

Information and committee nomination forms are available from
Jenny Waldron 8753 0521 jenniferwaldron2@gmail.com

Please RSVP to Anne Hall 0419 017 364; annenhall@gmail.com
All Sydney U3A members are welcome to attend

ASHFIELD: CARDINAL FREEMAN RETIREMENT VILLAGE

137 Victoria Street. Limited off-street parking.
Wheelchair accessible

Venue Coordinator: Lesley Painter
0401 038 050; painterl@bigpond.net.au

BRIDGE FOR THE LESS COMPETITIVE 191WA01

Brush up your bridge skills in our informal group in a friendly non-competitive atmosphere. All levels of skill welcome.

Each Tuesday from 5 Feb 1:00 - 4:00

Leader and bookings: Liz Sobolewski 9630 7592

SATURDAY BRIDGE 191WA02

Brush up your bridge skills in an informal group in a friendly non-competitive atmosphere. All levels of skill welcome.

Each Saturday from 9 Feb 1:00 - 4:00

Leader and bookings: Linda Dewberry
lindamd23@gmail.com

ASHFIELD CIVIC CENTRE

260 Liverpool Road.

Venue Coordinator: Anne Hall
0419 017 364 annenhall@gmail.com

RECORDER GROUP 191WE01

This course is for members who enjoy playing the recorder and would like to join an established group. We perform a wide variety of music at intermediate level (not for beginners). Opportunity to lunch afterwards.

Each Tuesday from 29 Jan 10:30 - 12:30

(excluding school holidays)

Leader and bookings: David Young 0414 249 618; 9569 8167
dy4health@optusnet.com.au

CLUB ASHFIELD

5-7 Charlotte Street, 2nd level (lift available). Car park: Elizabeth Street, token from Club required for exit.

Venue Coordinator: Jennifer Waldron
8753 0521 jenniferwaldron2@gmail.com

QI GONG, FAN, AND COLLABORATIVE TAI CHI(15) 191WF01**

Class begins with ba duan jin and mini wild goose qi gong where beginners are welcome, followed by 24 and 28 form tai chi chuan suitable for those with some experience. A modified kung fu fan completes the session.

Each Tuesday from 5 Feb 10:30 - 12:00

(excluding school holidays)

Leaders and bookings: Lois Knight 9798 6525

lknight60@bigpond.com

Deborah Gracic 9636 6512 gracic.deb@gmail.com

FOR THE LOVE OF DANCE(40)..... 191WF02**

Enjoy dancing to the rhythm of the waltz, rumba, cha cha, charleston, tango and more, in this relaxed and easy to follow class. Use your memory skills and help your balance. A class good for the soul, all the way from your head to your toes. This is not partner dancing.

**Each Tuesday from 5 Feb 1:00 - 2:00
(excluding school holidays)**

Leader and bookings: Bobbie Kersten 0410 873 605
bobbiekersten@gmail.com

**COOPERATIVE RELAXATION..... 191WF03
AND STRETCHING ACTIVITIES**(36)**

This course is for exercise in a collaborative atmosphere.

**Each Wednesday from 6 Feb 10:00 - 12:00
(excluding school holidays)**

Leader and bookings: Lois Knight 9798 6525
lknight60@bigpond.com

**ENGLISH AS A SECOND..... 191WF04
LANGUAGE**(14)**

We investigate how English works, focusing on a topic of interest to the group. We read aloud and discuss pronunciation, word meanings, spelling, grammar and current idiom. This is a relaxed way to practice and improve your English with a friendly group.

**Each Thursday from 7 Feb 10:30 - 12:30
(excluding school holidays)**

Leader and bookings: Janet Egan 0415 133 994
janet.egan@gmail.com

COLLABORATIVE QI GONG(15)..... 191WF05**

This is qi gong in a collaborative environment, experienced practitioners only. Qi gong, according to Chinese culture, is beneficial to maintaining good health.

**Each Friday from 8 Feb 10:00 - 11:30
(excluding school holidays)**

Leader: Alan Avanzado
Bookings: Denise Yuen 0410 570 188 sdyuen@gmail.com

TAI CHI CHUAN(20)..... 191WF06**

Attention to the breath and gentle movements of the tai chi form helps us get in touch with our inner space. This space is usually occupied with thoughts and feelings which do not allow us to be present in the moment. As our attention span develops through the 'practice' we learn to be present to the nature of our being and able to see reality as it is.

**Each Wednesday from 6 Feb 1:15 - 2:30
(excluding school holidays)**

Leader: Horacio Paz 9420 5291; 0407 912 561
Bookings: Jennifer Waldron 8753 0521
jenniferwaldron2@gmail.com

BURWOOD RSL CLUB

92 Shaftesbury Road. On-site parking.

Wheelchair accessible

Venue Coordinator: Anne Hall

0419 017 364; annenhall@gmail.com

CINEMA DISCUSSION GROUP 191WB01

This stimulating group discusses two films per fortnight. Films are chosen by the group at each session. The result is an invigorating, insightful and very enjoyable discussion. Places limited.

Alt Wednesdays from 6 Feb 1:30 - 3:30

Leader: Frank Wilson 8021 7059
Bookings: Betty Candy 9799 9030 bjcandy@bigpond.com

INVESTMENT DISCUSSION GROUP..... 191WB02

Understand the forces and current events that affect investment markets. We examine specific topics and undertake some practical activity. **This is a discussion group only, and our members are not permitted, by law, to provide financial advice.**

Alt Thursdays from 14 Feb 9:30 - 11:45

Leader and bookings: Greg Buriak 0422 599 417
buriak@optusnet.com.au

THE BEST OF BRITISH..... 191WB03

Come on a voyage through great British literature from the early 19th century to the present day and explore the social and historical issues which it raises. First novel *Wuthering Heights* by Emily Brontë.

Alt Fridays from 8 Feb 10:30 - 12:30

Leader: Iris Ryall 9744 1647
Bookings: Edna May 9797 8202

**DISCUSSION GROUP: SOCIAL 191WB04
ISSUES AND CURRENT AFFAIRS**(15)**

Meetings are divided into two sessions by a tea break. First session: Topic for discussion prepared and presented by any group member who volunteers. Second Session: Current Affairs, no subject taboo. A friendly, intelligent group of men and women where everyone is encouraged to participate.

Alt Fridays from 1 Feb 10:00 - 12:30

Leader and bookings: George Elliott 9874 7208
shs14gle@bigpond.com

TRAVELLER'S JAPANESE(10)..... 191WB05**

If you are intending to travel to Japan this course will be of interest to you. The class covers basic language skills, Japanese customs and culture. We also benefit from the experience of our teacher and other course participants who have travelled to Japan. A textbook is used.

**Each Tuesday from 5 Feb 10:00 - 12:00
(excluding school holidays)**

Leader: Haruko Tanaka 0424 225 863 haruko@aae.edu.au
Bookings: Gayle Osborne 0429 459 443
gmosborne153@bigpond.com

BURWOOD: WOODSTOCK COMMUNITY CENTRE

22 Church Street. On-site parking.

Venue Coordinator: Anne Hall

0419 017 364 annenhall@gmail.com

CURRENT AFFAIRS DISCUSSION 191WO01

News of the day. No topics are out of bounds, but we discuss politics and religion with sensitivity. Members sometimes prepare a topic for discussion. Format: freewheeling.

**Each Monday from 14 Jan 10:00 - 12:00
(Public holidays excluded)**

Leader and bookings: Michael Holland
mhol1234@gmail.com

TRAVEL PLUS LUNCH 191WO02

Meet other avid travellers, share your travel experiences, tips and recommendations. After the meeting we will sample international cuisine in a nearby restaurant.

First Tuesday of each month from 5 Feb 10:00 - 12:00

Leader and bookings: Greg Buriak 0422 599 417
buriak@optusnet.com.au

ITALIAN CONVERSATION 191WO03

This class aims to improve conversational skills for students who have knowledge of Italian grammar. Note: no handouts will be supplied.

Each Wednesday from 30 Jan 10:00 - 12:00

Leader and bookings: Nadia Favotto 9705 7217;
0429 060 013

FILM DISCUSSION GROUP 191WO04

Members are invited to discuss two movies every fortnight and give their rating. Members vote on future movies with two volunteering to present their choices.

Alt Thursdays from 31 Jan 1:30 - 3:30

Leader: John Swords 9516 3915 swords.j@gmail.com
Bookings: Carol Green 9516 3915

CLUB BURWOOD

Corner Burwood Road and George Street.

Venue Coordinator: Anne Hall

0419 017 364 annenhall@gmail.com

'ISMS' IN HISTORY 191WY01

There are a number of beliefs and practices that end in 'ism'. This course examines some 'isms' and we discuss the individuals who promoted them: capitalism, Adam Smith; communism, Karl Marx; Conservatism, Edmund Burke; atheism, Socrates and Richard Dawkins; Fascism, Hitler and Mussolini.

Alt Wednesdays from 6 Feb 10:00 - 12:00

Leader: Frank Wilson 8021 7059
Bookings: Betty Candy 9799 9030 bjcandy@bigpond.com

CITY: CUSTOMS HOUSE LIBRARY

Alfred Street, opposite Circular Quay station. Meeting room Level 2. Please enter quietly through Reading Room.

Venue Coordinator: Jennifer Waldron

8753 0521 jenniferwaldron2@gmail.com

DECONSTRUCTING 191WC01 CONTEMPORARY ART**(25)

Every other Thursday we visit contemporary art shows in Sydney galleries. On alternate weeks, we meet at Customs House for evaluation of news, events, trends, theory and history of the work visited. We build a virtual art collection and develop a personal aesthetic. Good level of physical fitness required as walking involved.

Each Thursday from 7 Feb 10:30 - 12:30

Alternate weeks 1:30 - 3:30 gallery visits

Leader and bookings: Wendy Fraser
9569 7942; 0408 711 672 barrieandwendy@gmail.com

FILM APPRECIATION**(20) 191WC02

Do you enjoy contemporary cinema and sharing your ideas? Members of this group research a film and lead the discussion three to four times a year. We also look at issues, trends and news in the film world.

Alt Thursdays from 7 Feb 1:30 - 3:30

Leader and bookings: Susanne de Ferranti 9660 3425
sdeferranti@ozemail.com.au

DRUMMOYNE COMMUNITY CENTRE

10 Cometrowe Street. Street parking.

Wheelchair accessible

Venue Coordinator: Anne Hall

0419 017 364; annenhall@gmail.com

ITALIAN CONVERSATION**(10) 191WD01

Basic knowledge required as class will be conducted in Italian. Emphasis on speaking.

Each Monday from 4 Feb 2:00 - 3:15

(except school holidays)

Leader and bookings: Lori Banham 0409 814 127
lori.b@bigpond.net.au

FRENCH CONVERSATION 191WD02 INTERMEDIATE**(15)

Requires a good basic knowledge of French grammar and must be able to converse adequately in French. Emphasis on speaking and listening.

Each Wednesday from 20 Feb 1:30 - 3:30

(except school holidays)

Leader and bookings: Jocelyne Sealey rjbow@tpg.com.au

INTERMEDIATE SPANISH**(10) 191WD03

Course is designed for students who already have a basic conversational level of Spanish. Emphasis is placed on improving fluidity of conversation. Class will be conducted mostly in Spanish.

Each Wednesday from 6 Feb 1:15 - 3:15

Leader and bookings: Les Margulis 0421 456 806;
02 4757 1437 lesmargulis@gmail.com

GLEBE: THE OLD TOWN HALL

160 St Johns Road.

Venue Coordinator: Pauline Valentine

0412 595 891; gregory_1947@hotmail.com

DRAWING**(12) 191WG01

We use black and white (charcoal, pencil, ink) with some other media, such as Conté. The basics are covered, including tone, perspective and composition. Students are encouraged to suggest topics. Weather permitting, we draw outdoors and occasionally visit art galleries. Only an interest in drawing is required.

Alt Thursdays from 7 Feb 10:00 - 12:00

Leader and bookings: Neville Bendall 9660 1873

GLEBE LIBRARY: BENLEDI ROOM

186 Glebe Point Road (corner Wigram Road).

Venue Coordinator: Pauline Valentine

0412 595 891; gregory_1947@hotmail.com

JAPANESE 191WJ01

Knowledge of hiragana and kanji will be helpful. Experiences in conversation will include grammar study. This is a small, social group but not for beginners.

Series 1: Each Thursday from 7 Feb 10:00 - 12:00

Leaders: Tsuiko Mukai 8384 4251 and

Haruko Johansson 8957 7016

Bookings: Juanita Englefield 9816 5807

STRUMMIN' WITH JEN 191WJ02

Introducing the ukulele, a happy, social instrument. User friendly so that those without musical knowledge or experience can quickly gain enough know-how to play simple songs and begin to experience all the benefits of music making. 'Strummin' Jen' makes it fun, learning the basics – intros, outros, chords, strumming and more.

Alt Thursdays from 7 Feb 2:00 - 3:45

Leader: Jenny Lowe

Bookings: Pauline Valentine 0412 595 891
gregory_1947@hotmail.com

GLEBE: NAG'S HEAD HOTEL

162 St Johns Road. Upstairs Conference Room.
Limited street parking.

Venue Coordinator: Jan Macindoe
9660 0208; jnmacindoe@gmail.com

FIRST FRIDAY BOOK GROUP**(12)..... 191WQ01

Favourite books are chosen by members for discussion by the group.

First Friday of each month from 1 Feb 10:00 - 12:00

Leader and bookings: Jan Macindoe 9660 0208;
0424 537 557 jnmacindoe@gmail.com

GLEBE: ST. HELEN'S COMMUNITY CENTRE

184 Glebe Point Road. **Wheelchair accessible.**

Venue Coordinator: Pauline Valentine
0412 595 891 gregory_1947@hotmail.com

PATHWAYS TO THE GODS 191WK01

This semester we will continue the exploration for the beginning of Christianity by reading the New Testament to create a biography of Jesus; as well as other ancient documents from cultures surrounding ancient Israel, including their mystery religions. Bring any edition Bible.

Second and Fourth Fridays from 8 Feb 10:00 - 12:00

Leader and bookings: Jacques Goldman 9518 6741

GLEBE: TOXTETH HOTEL

345 Glebe Point Road. Fireside Lounge, ground floor.
Street parking available.

Venue Coordinator: Michael Holland
mhol1234@gmail.com

PHILOSOPHY IN THE PUB**(12)..... 191WT01

Topics are drawn from a wide range of political and cultural themes, and examined from a philosophical perspective. Discussion aims to promote differing world views and to challenge common belief systems. Members are expected to participate in internet/web research, questioning and facilitating. Email address essential.

Series 1: Each Tuesday from 12 Feb to 26 March 3:00 - 5:00

Series 2: Each Tuesday from 7 May to 18 June 3:00 - 5:00

Leader and bookings: Michael Holland mhol1234@gmail.com

LEICHHARDT MUNICIPAL LIBRARY

23 Norton Street, Italian Forum (Piazza level). Lift to parking station beneath Library. Concession parking with validated ticket. **Wheelchair accessible.**

Venue Coordinator: Barbara Burton
9798 5620; 0429 090 332 beburton@iprimus.com.au

FRIDAY MORNINGS AT THE LIBRARY

Email bookings preferred: please give course name and date, membership number and contact details.

Confirmation will be sent by email

1. Stephen Hawking**(30) 191WL01

Scientist Stephen Hawking expanded our knowledge of black holes and the origin of our universe. Diagnosed at 20 with MND, and given two years to live, he survived to 74.

Friday 1 Feb 10:30 - 12:30

Speaker: Srinivas Karrenahalli

Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

2. Forensic Science and the 191WL02 Criminal/Civil Law**(30)

An introduction to forensic science including a study of forensic entomology and the use of insects in the investigation of criminal and other legal matters.

Friday 8 Feb 10:30 - 12:30

Speaker: Ian Thompson

Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

3. Imprisonment: 191WL03 How Much is Necessary? **(30)

Imprisonment appears to be a natural consequence of serious offending but has its own human and financial costs. We discuss these propositions and consider ways of doing things differently.

Friday 15 Feb 10:30 - 12:30

Speaker: Denise Weelands

Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

4. The History of Some Early 191WL04 Epidemics and Pandemics**(30)

Notable diseases through history will be discussed, including the Black Death, the bubonic plague, The Great Plague of London, Spanish flu, smallpox, cholera, leprosy, scurvy, tuberculosis and poliomyelitis.

Friday 22 Feb 10:30 - 12:30

Speaker: Ian Thompson

Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

5. Signs and Symbols: Their History 191WL05 and Significance**(30)

Symbols are a universal language and their use to portray a message, warning or information is an ancient method of expression, predating alphabets. They are increasingly prevalent in today's world.

Friday 1 March 10:30 - 12:30

Speaker: John Flint

Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

6. Ashoka, History's 191WL06 Greatest Emperor**(30)

Ashoka ruled India's greatest empire. He started with brutality and war but then found Buddhism and redemption. See why he was so exceptional and what his legacy has been.

Friday 8 March 10:30 - 12:30

Speaker: Terry Redmond

Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

7. The Spread of Buddhism(30)..... 191WL07**

From a minor Indian sect in 500 BC, Buddhism has grown into a world religion. See how it has expanded, contracted and related to other religions.

Friday 15 March 10:30 - 12:30

Speaker: Terry Redmond
Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

8. Iran Past and Present(30)..... 191WL08**

Iran has a 2,500-year-old history and was not always a Muslim country. In her illustrated talk, Cindy traces its history from the Ancient Persian Empire to the present day.

Friday 22 March 10:30 - 12:30

Speaker: Cindy Broadbent
Bookings: Margot Walker 0404 362 490;
margotinaw@gmail.com

9. Frank Briggs(30)..... 191WL09**

A pilot in World War I, he flew Billy Hughes to the Paris Peace Conference in 1919. In Australia, he pioneered air routes for commercial flight for our prospering businessmen.

Friday 29 March 10:30 - 12:30

Speaker: Chris Beazley
Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

10. Loris Bonney(30)..... 191WL10**

This talk illustrates perhaps the only creative outcome of the destructive tragedy that was Gallipoli: the work of artists and photographers, official and unofficial.

Friday 5 April 10:30 - 12:30

Speaker: Chris Beazley
Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

**11. Heroic Men and Fighting Ships..... 191WL11
and the Loss and Finding of AE1**(30)**

Stories of Naval heroes of WWI and WWII, their ships and their exploits, and learn of the finding of AE1, the Navy's first submarine in December 2017, using new technology.

Friday 12 April 10:30 - 12:30

Speaker: Noel Phelan ANMM
Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

**12. Some Gems of Classical..... 191WL12
Chinese Literature**(30)**

China has a rich literary tradition reaching back at least 3,000 years. Reading translated extracts from classical Chinese poetry, prose, fiction and drama, this course will explore the complexity and depth of China's culture prior to 1911. (4 sessions)

Each Friday from 26 April 10:30 - 12:30

Leader: Bernice Lee
Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

**13. Russian History: Romanovs 191WL13
to Revolution**(30)**

Significant moments in Russian history, from the Romanovs to the 1917 Revolution and the vicissitudes of the Russian people under Tsarist rule, illustrated through film clips and images.

Friday 24 May 10:30 - 12:30

Speaker: John Flint
Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

14. Russian Music(30)..... 191WL14**

Russian music developed within a restless, turbulent history. We meet familiar composers: Tchaikovsky, Prokofiev, Stravinsky, their contemporaries and the environment within which they worked, through music, images and film strips.

Friday 31 May 10:30 - 12:30

Speaker: Nora Hinchey
Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

**15. Crime, Punishment and Civil..... 191WL15
Disputes in Colonial NSW**(30)**

These talks commence with the problem of assigned convicts and the adventures of Jane New. The trials and tribulations of Edwin Smith Hall of the *Monitor*, including the Church Pew Cases are considered. Finally, the struggle of the courts arising from Aboriginal/Settler conflict, including the Myall Creek Massacre is examined. (4 sessions)

Each Friday from 7 June 10:30 - 12:30

Leader: Malcolm Robertson
Bookings: Margot Walker 0404 362 490
margotinaw@gmail.com

ITALIAN BEGINNERS 2(20)..... 191WLA01**

We assume a degree of basic knowledge, around 40-60 hours of instruction. We will continue using the same textbook: *Buongiorno Italia*, supplemented by online exercises. Note: this is a full year course.

Each Friday from 1 Feb 1:30 - 3:30

Leader and bookings: Pia Ottavian 0424 738 824
pia.ottavian@yahoo.com.au

MARRICKVILLE CROQUET CLUB

Marrickville Park. Corner of Fraser Street and Lawson Avenue. Entry via park, opposite the rose garden.

**Venue Coordinator: Anne Hall
0419 017 364; annenhall@gmail.com**

INTRODUCTION TO CROQUET 191WM01

This short series of lessons will teach you how to find your way around a croquet lawn, including how to hold the mallet, hit the balls and run hoops. Wear flat shoes and comfortable clothing. Equipment provided with \$3 green fee for each session. (4 sessions)

Wednesdays 1,8,15, 22 May 1:30 - 4:00

Leader and bookings: Charles Britton
mvcroquet@gmail.com

MARRICKVILLE LIBRARY

Corner of Marrickville and Petersham Roads.

**Wheelchair accessible
Venue Coordinator: Jennifer Waldron
8753 0521 jenniferwaldron2@gmail.com**

CLASSIC MOVIES(12) 191WM02**

Classic movies from the silent to the contemporary era. A selection of the very best and most influential films that helped develop the industry is presented. Analysis, background and historical settings plus production issues and biographical details pertaining to the director, cast and production personnel are explored.

Alt Wednesdays from 6 Feb 10:00 - 12:30

Leader: Hugh Watson 9519 5082
Bookings: Marie Doyle 9558 4223 mothra2@bigpond.com

MILLERS POINT COMMUNITY CENTRE

Harry Jensen Centre, 17 Argyle Street (corner Watson Road).
Street parking. **Wheelchair accessible**
Venue Coordinator: Carole Mockford
0450 314 916; gnecco7880@hotmail.com

THURSDAY MORNINGS AT 191WW01 MILLERS POINT

Thursday on dates indicated 10:00 - 12:00

Course leader: Carole Mockford

Bookings: Anne Pill

9550 9248 dapill2@bigpond.com (preferred)

Please provide talk title and date, membership number and contact details. All bookings will be confirmed by email.

1. Discoveries and Inventions that have Shaped our World

A look at some of the top discoveries and inventions that have changed the world we live in and the science and patents behind these inventions.

Thursday 31 Jan 10:00 - 12:00

Speaker: Ian Thompson

2. Iconic Australian Inventions of our Time

A look at some classic Australian inventions from the 19th century colonial era through to our present time and the people and science behind these discoveries and inventions.

Thursday 7 Feb 10:00 - 12:00

Speaker: Ian Thompson

3. Walking in Wiesbaden

A personal response to the tragedy and escape of the speaker's German family. Themes: history, war, racism, family and childhood traumas. New, positive ways to think/feel about past tragic events.

Thursday 14 Feb 10:00 - 12:00

Speaker: Ella Dreyfus

4. Napoleon and Wellington Part

Two-part presentation of the lives, personal histories and wars of Napoleon and British General Wellington. The two armies' operational methods, concluding with how in the end Wellington defeated Napoleon.

Thursday 21 Feb 10:00 - 12:00

Speaker: Michael Peters

5. Napoleon and Wellington Part 2

A continuation of the fascinating lives and histories of Napoleon and Wellington presented previously (21 Feb).

Thursday 28 Feb 10:00 - 12:00

Speaker: Michael Peters

6. Unlocking the History of some Early Epidemics and Pandemics

Notable diseases through history will be discussed including the Black Death and the bubonic plague, the Great Plague of London, Spanish flu, smallpox, cholera, leprosy, scurvy, tuberculosis and poliomyelitis.

Thursday 7 March 10:00 - 12:00

Speaker: Ian Thompson

7. Researching and Writing Biographical History with a Focus on Colonial Midwives

Fascinating details about the historical background and biography of 19th century Australian midwives. An illustration of how to research information on elusive people and their connection with their communities.

Thursday 14 March 10:00 - 12:00

Speaker: Lesley Potter

8. Logic and Reasoning

How we apply deduction and induction to find out about the world.

Thursday 21 March 10:00 - 12:00

Speaker: Ian Bryce

9. Meetings Bloody Meetings, and Dogs Who Have Owned Me

John Cleese's training film and a lighthearted look at the nature of meetings. Also, stories of the speaker's dogs and memorable dogs from the world of literature.

Thursday 28 March 10:00 - 12:00

Speaker: Graham Sims

10. Spooks, Spirits and Spectres and Bunyips and Beasties

Ghosts, phantoms and strange phenomena: the true story of Fisher's Ghost; the Phantom Stockman; the Min-Min Lights. Also, background, origins and possible explanations of the bunyip and other mysterious beasties.

Thursday 4 April 10:00 - 12:00

Speaker: Graham Sims

11. Gallipoli and Anzac Day

Using videos and photos, the speaker unravels fact from legend of the Dardanelles campaign, shares insights and astonishing stories of the diggers involved, and reflects on the subsequent Australian legacy.

Thursday 11 April 10:00 - 12:00

Speaker: Peter Allen

12. My Past Life, the Soviet Experience

The speaker's life in the Soviet Union from postwar childhood until 1975. The predicament of the Jews, why they fled and how they created jokes to survive physically and spiritually.

Thursday 2 May 10:00 - 12:00

Speaker: Frieda Belakhova

13. Alan Turing (1912-1954)

The man who broke the German code during WWII. His invention led to the emergence of computers. Being a homosexual, he paid a heavy price – his own life.

Thursday 9 May 10:00 - 12:00

Speaker: Sydney Srinivas

14. Alfred Nobel (1833-1896)

The great engineer and entrepreneur developed explosives employed in the construction of railroads and bridges. Great repentance on his part led to the emergence of the Nobel Prize.

Thursday 16 May 10:00 - 12:00

Speaker: Sydney Srinivas

15. A Soldier's Story

Story of a WWII Australian soldier in the first overseas convoy. He fought in North Africa and Greece and was a prisoner of war of the Germans for four years.

Thursday 23 May 10:00 - 12:00

Speaker: Michael Peters

16. Life and Mind

Exploring sentience, free will and morality.

Thursday 30 May 10:00 - 12:00

Speaker: Ian Bryce

17. Kafka and Kafkaesque

The German-Jewish Czech writer whose name has become an adjective. These sessions will look at his life and major works, including *The Trial*, *Metamorphosis*, *The Penal Colony* and *The Judgment*.

Thursdays 6, 13, and 20 June 10:00 - 12:00

Leader: Margaret Stoljar

18. Freckle-Faced, Feisty and Female

Approximately 27,960 convict women were transported to Australia from 1788. A descendent of two convicts will shed light on their lives and their legacy. Her story is often eclipsed by history.

Thursday 27 June 10:00 - 12:00

Speaker: Ronda Gaffey

CRACKING CRYPTIC 191WW02 CROSSWORDS**(12)

Get into the minds of cryptic crossword compilers and learn how to solve their devious clues.

Have fun and gain satisfaction while keeping your brain active. (4 sessions)

Tuesdays 5, 12, 19, 26 Feb 10:00 - 12:00

Leader and bookings: Ron Shapiro 9810 4490
rmbjs@iinet.net.au (preferred)

PASSIONATE TRAVELLERS 191WW03

Enjoy a presentation of holiday experiences, culture and history on one or more countries in a friendly, relaxed manner, with Q and A.

Leaders: Robin Amos, Bobbie Kersten 0410 873 605
Bookings: bobbiekersten@gmail.com (preferred)

1. Scandinavia and Iceland

Wednesday 6 Feb 10:30 - 12:30

Speaker: Sandy Mower

2. South Africa, Kruger National Park, Swaziland and Zimbabwe

Wednesday 6 March 10:30 - 12:30

Speaker: Bobbie Kersten

3. Shetland Islands

Wednesday 3 April 10:30 - 12:30

Speaker: Maria Gray Spence

4. Tibet and Places in China

Wednesday 1 May 10:30 - 12:30

Speakers: Christina and Robert Lin

5. Amalfi

Wednesday 5 Jun 10:30 - 12:30

Speaker: Joan Young

FRENCH INTERMEDIATE 191WW04 CONVERSATION**(12)

The course aims to enhance members' ability to converse in French, thus a basic knowledge of French grammar and vocabulary is an essential prerequisite.

2nd, 3rd, 4th and 5th (if applicable) Wednesday each month from 13 Feb to 26 June 11:00 - 12:30

Leader and bookings: Amal Ghosn amalghosn3@gmail.com

TABLE TENNIS 191WW05

Get your heart moving and your circulation going while improving your hand-eye coordination in a pleasant social and physical environment.

Each Thursday from 3 Jan 2:00 - 4:00

Each Friday from 4 Jan 10:30 - 12:30

Bookings: Carole Mockford

0450 314 916 gnecco7880@hotmail.com (preferred)

Bookings can be for either or both sessions.

PANANIA SENIOR CITIZEN'S CENTRE

Corner Peffer Street and Anderson Avenue.

Venue Coordinator: Joy Pegler

9771 6185; peglerjm@bigpond.com

AUSTRALIAN PERSPECTIVES**(25)..... 191WP01

An informal discussion group during which the guest speaker introduces us to their varied ethnic, cultural and historical experiences.

Leader and bookings: Joy Pegler 9771 6185

peglerjm@bigpond.com

1. The Study of Ticks and Spiders

The biology, habitat and impact of the paralysis tick on human health, plus a close-up look at the fascinating world of spiders found in and around the home and garden.

Thursday 21 Feb 2:00 - 4:00

Speaker: Ian Thompson

2. Towards a Makarrata: Australia's Hidden History

Acknowledging the truth of Aboriginal and non-Aboriginal history empowers us all to create a better future so we can walk together as Australians with dignity upon this ancient land.

Thursday 21 Mar 2:00 - 4:00

Speaker: Kerrie McKenzie

3. The Ship that Never Was

This talk is about the great escape made by convicts by ship from Tasmania to Chile in 1834. The story gives insights into the state of Tasmanian and Australian society at that time.

Thursday 16 May 2:00 - 4:00

Speaker: Adam Courtenay

4. Aboriginal Astronomy

The speaker is a member of the Australian Indigenous Astronomy Research Group at the University of NSW and works particularly in the area of cultural awareness.

Thursday 20 Jun 2:00 - 4:00

Speaker: Carla Guedes

REVESBY: COMMUNITY HALL

Macarthur Avenue.

Venue Coordinator: Joy Pegler

9771 6185; peglerjm@bigpond.com

TAI CHI**(25)..... 191WR01

This class is for tai chi novices as well as for more experienced practitioners. The aim is for all participants to progress from 6 to 24 tai chi forms.

Each Thursday from 31 Jan 9:30 - 11:00

(except school holidays)

Leader and bookings: Patrick Brennan 9773 4182

REVESBY WORKERS CLUB

20 Brett Street.

Venue Coordinator: Joy Pegler

9771 6185; peglerjm@bigpond.com

FILM DISCUSSION GROUP**(25)..... 191WR02

This group meets monthly to discuss recent movies.

Members undertake to view up to three group-selected feature films screening during the coming month. At each meeting, a volunteer from the group introduces one of the selected films. This will be followed by a group discussion.

Fourth Tuesday of each month from 26 Feb 10:00 - 12:00

Leader and bookings: Robyn Deane 9726 4279

rdeanee@optusnet.com

MINDFULNESS***(25) 191WR03

Mindfulness enhances awareness of self in relation to others, including the environment, which in turn informs and empowers you with knowledge/insight enabling self-regulation (of your thoughts, emotions and behaviour).

Thursday 7 Feb, 7 March and 4 April 2:00 - 3:00

Leader and bookings: Grace Thomas 0424 229 742
grace.thom@optusnet.com.au

ROZELLE: HANNAFORD CENTRE

608 Darling Street (corner Nelson Street).

Wheelchair accessible

Venue Coordinator: Barbara Burton

9798 5620; 0429 090 332 beburton@iprimus.com.au

DISCUSSION GROUP***(15) 191WS01

This group will focus on historical events, philosophy and literature. Each member is given the opportunity to decide on and present the topic for discussion.

Each Monday from 4 Feb 10:30 - 12:30

Leader: Fay McKenzie-Edmonds

Bookings: Yvonne Wingrave 9797 9237; 0437 000 684
yvonne.wingrave@gmail.com

FRENCH INTERMEDIATE***(15) 191WS02

A reasonable knowledge of French grammar, vocabulary and pronunciation is assumed. A variety of reading, writing, listening and speaking activities will be used to consolidate and extend that knowledge and those skills. There will be some formal grammar and a few laughs along the way.

Each Tuesday from 5 Feb 10:00 - 11:30

Leader and bookings: Alan Rodrick
9819 6579 alan.rodrick@gmail.com

ADVANCED FRENCH CONVERSATION 191WS03

This course is for people with a reasonable background in French who want to continue to engage in conversation. The focus of the course is on spoken French to improve fluency and pronunciation, or just for the joy of speaking such a beautiful language.

Each Tuesday from 5 Feb 11:45 - 1:15

Leader: Rhonda Stien

Bookings: Sue Tronser 9818 3268 suetronser@gmail.com

FRENCH FOR BEGINNERS***(15) 191WS04

French for beginners and those with some expertise wishing to consolidate their knowledge. We will use *Collins Easy Learning French Grammar and Practice, 2nd Edition 2016* (\$25 from Abbays). Use leader's name and mention U3A for 10 per cent discount. Course covers basic vocabulary, grammar, pronunciation and simple conversation to tourist level.

Each Tuesday from 5 Feb 2:00 - 3:30

Leader and bookings: Michael Georgeson 9818 2648
michael.georgeson@gmail.com

DISCUSSION GROUP IN 191WS05 ADVANCED FRENCH***(10)

La participation à ce groupe permettra aux membres de s'exprimer avec plus d'aisance sur un grand nombre de sujets selon le goût des membres. Il faudra donc un bon niveau de compréhension et d'expression orales au départ.

Each Thursday from 7 Feb 2:00 - 3:30

Leader and bookings: Verity Bagot 9810 1730; 0439 489 738
verity.chianea@gmail.com

ROZELLE NEIGHBOURHOOD CENTRE

756 Darling Street.

Venue Coordinator: Lesley Painter

0401 038 050 painterl@bigpond.net.au

DISCUSSION GROUP 191WU01 TOPICAL ISSUES***(16)

This is a lively group discussing local and global issues. These can include interesting social, political, economic and environmental concerns.

Alt Wednesdays from 30 Jan 10:30 - 12:30

Leader and bookings: Vivian Wolff 0419 630 678

STRATHFIELD CROQUET CLUB

50 Redmyre Road. Street parking available.

Venue Coordinator: Anne Hall

0419 017 364 annenhall@gmail.com

TRY CROQUET 191WN01

A low impact on joints, easy to learn game that offers fun, friendship and an outdoor activity for the rest of your life. Skills learnt can be transferred between games. Sessions are free and playing equipment provided. Wear comfortable sporty clothing and flat soled shoes (sneakers). Bring a water bottle, sunglasses and hat.

Course 1: Experience Ricochet and Gateball

Tuesdays 14, 21, 28 May 10:00 - 12:00 Arrive at 9:45

Course 2: Experience Golf Croquet and Gateball

Fridays 17, 24, 31 May 1:00 - 3:00 Arrive at 12:45

Leader and bookings: Ruth Bridger 9736 3410
krbridger@bigpond.com

WOOLLOOMOOLOO: OZANAM LEARNING CENTRE

Level 3, 99 Forbes Street. This facility is operated by the St Vincent de Paul Society and serves both the homeless and local community. **Disabled access and a lift.**

Venue Coordinator: Anton Crouch

anton.crouch@optusnet.com.au

FILM GROUP***(20) 191WZ01

A series of courses considering motion pictures in a thematic way. Generally, the time period covered is the 1930s, '40s and '50s. Themes include genres and the work of directors and actors. A film is shown at each session, with members encouraged to consider the work in its historical context. (2 series x 6 sessions each)

Leader and bookings: Anton Crouch

9660 2889 anton.crouch@optusnet.com.au

Series 1. Marlene Dietrich and Josef von Sternberg

Seven movies from *Blue Angel* (1930) to *Devil is a woman* (1935). One of the most famous (and notorious?) collaborations in Hollywood history. Their output was both exotic and erotic yet both director and star played down these aspects. He said he was painting with light and she said she simply did as she was told.

Each Monday from 11 Feb to 25 March 10:00 - 12:30

Series 2. Rouben Mamoulian

Rouben Mamoulian (1897-1987) achieved fame and fortune on Broadway in the 1930s and 1940s with premiere productions such as *Porgy and Bess* and *Oklahoma*. Along the way he directed motion pictures and established a reputation for brilliant innovation. He also established a reputation for being 'difficult'.

Each Monday from 29 April to 3 June 10:00 - 12:30

PRIVATE HOMES

Venue Coordinator: Jennifer Waldron
8753 0521 jenniferwaldron2@gmail.com

Please note that all private homes have limitations on numbers.

STANMORE BOOK CLUB**(10)..... 191WH01

A wide range of books will be selected by members who lead a discussion of their choice.

First Monday of each month from 4 Feb 2:00 - 4:00

Leader: Wendy Fraser

Bookings: Bernice Lee 0412 969 440 bernicejlee@gmail.com

CLASSICAL BOOK CLUB..... 191WH02 (Stanmore)**(10)

We take turns to read aloud from the text, unlike most book clubs where reading is done at home and discussed later with the group. We read two or three lengthy and challenging books during the year, generating lively discussion. The text for 2019 is *The Brothers Karamazov* by Dostoevsky.

Alt Tuesdays from 5 Feb 10:30 - 12:30

Leader and bookings: Sondra Griffiths 9332 4490
sondragriffiths135@gmail.com

INNER WEST BOOK GROUP..... 191WH03 (various locations)**(12)

Enhance your enjoyment of reading by sharing your ideas with others. Every four weeks we will read and discuss a book, choosing from a wide range of literature. First book in February is *The Orange Balloon Dog* by Don Thompson.

Every four weeks from Wednesday 6 Feb 2:00 - 4:00

Leader and bookings: Christine Hingerty 0499 887 308
chingerty@internode.on.net

OUT THERE!

Coordinator: Bobbie Kersten
0410 873 605 bobbiekersten@gmail.com

MY FAVOURITE ETHNIC EATING PLACE..... 191WX01

Do you enjoy good food and conversation with like-minded people? Monthly lunches at inexpensive restaurants within the Sydney LGA. Members in turn choose venues which will stimulate interest in cuisines from different cultures.

Supplemented with a talk by the restaurateur about food/traditions. Members pay for their own meal.

Second Wednesday of each month from 13 Feb 12:00 - 2:30

Leader and bookings: Krista Corlis 0400 708 754; 8765 9267
ktcorlis@bigpond.com.au

FOURTH TUESDAY LUNCH GROUP**(12) ... 191WX02

Lunch at restaurants that serve a variety of cuisines situated close to public transport around former Leichhardt Council LGA. We try to have the chef/owner tell us his/her background/menu development. We try to book BYO wine restaurants. Attendees who chose to BYOW are required to pay corkage. (5 sessions)

Fourth Tuesday each month from 26 Feb

Leader and bookings: David Cameron
9810 6498 djcameron38@gmail.com

MUNCH ON BRUNCH..... 191WX03

Step out and come brunching at a slick café somewhere in the inner city, or perhaps a bit further afield, but always close to public transport. Our venues are picked for their enticing food offerings, sharp design and quality coffee.

Third Thursday of each month from 21 Feb

Leader and bookings: Beatrice Scheepers 0402 969 004
enquiries only beatricescheepers@gmail.com bookings only

VISITING REGIONAL GALLERIES..... 191WX04

Using public transport, we will visit regional art galleries to see a diversity of art. More information, plus details of first outing, will be supplied when enrolling.

**Second or third Saturday or Sunday of each month
(depending on exhibition dates) from mid-Feb early am to mid-afternoon.**

Leaders: Helen Biddle and Joanne Gordon

Bookings: Joanne Gordon 0418 224 211

joanegordon@bigpond.com (preferred)

Please supply phone and U3A membership numbers

WALKING WITH A TOUCH OF HISTORY 191WX05

BUSH, HARBOUR, RIVER AND COASTAL WALKS

All walks medium grade. You are responsible for your own safety on the walks. Bring hat, water, morning tea and lunch. Wear shoes with a safe walking tread. NOTE: trains (we travel in the third carriage). Timetables subject to change: Check Transport Info Line 131500.

Last Sunday of each month from 24 Feb

Leader and bookings: Bobbie Kersten

0410 873 605 bobbiekersten@gmail.com

1.Palm Beach Lighthouse

Sunday 24 Feb

9:30 Carrington Street Wynyard

2.Palm Beach Bible Garden

Sunday 31 March

9:30 Carrington Street Wynyard

3.Mona Vale Headland to Narrabeen

Sunday 28 April

9:30 Carrington Street Wynyard

4.Narrabeen Lagoon Circuit

Sunday 26 May

9:30 Carrington Street Wynyard

5.Collaroy to Curl Curl

Sunday 30 June

9:30 Carrington Street Wynyard