



SYDNEY  
U3A

sharing growing socialising

passion

# Talks Courses Events

**SEMESTER 2**

July - December 2018

Sydney U3A Inc.  
9262 2702  
36 Carrington St  
Sydney NSW 2000

ABN: 32 251 810 797  
mail@sydneyu3a.org  
www.sydneyu3a.org

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## SYDNEY U3A INC.

U3A operates in many countries to provide low-cost intellectual stimulation for people in active retirement. There are no formal entrance requirements and no examinations. It is self-supporting and run by its members.

The course book is published twice a year (January/June) by Sydney U3A Inc.

**Editor:** Ian Thompson

**Printed and mailed by** B.E.E. Printmail

**Sydney U3A:** Level 2, 36 Carrington Street,  
Sydney NSW 2000

**Phone:** 9262 2702 **Fax:** 9262 2542

**Email:** mail@sydneyu3a.org

**Sydney U3A Website:** www.sydneyu3a.org

**Office Hours:** 10:00 - 1:00 Monday to Friday

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## ENQUIRIES

General enquiries should be directed to central office - 9262 2702. Enquiries about regional activities and courses should be made to regional presidents.

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## SYDNEY U3A OFFICE BEARERS

President	Barbara Boston	president.sydneyu3a@gmail.com	9417 2967
VP (Education)	Dianne Ekert	vpeducation.sydneyu3a@gmail.com	0419 245 756
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Treasurer	Marilyn Noonan	sydu3a.treasurer@gmail.com	0418 267 711
Secretary	Jennifer Hawkins	mail.sydneyu3a@gmail.com	0418 464 253
Admin Manager	TBA		

## Regional Presidents

Eastern	Warwick Mayne-Wilson	warwick@maynewilson.com.au	0423 770 558
Endeavour	Denis Paulin (Vice Pres)	d.paulin@bigpond.com	9522 4073
Greater Western	Colin Smith	colinsmith1@bigpond.com	0408 180 051
Harbourside North	Judy Harris	judyharris2@bigpond.com	9427 2076
Inner West	Jennifer Waldron	jenniferwaldron2@gmail.com	8753 0521
Northern Beaches	Rosemary McCulloch	ramccull@gmail.com	0448 095 958
Upper North	Grahame Marr	gwmarr1@bigpond.com	9487 3806

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## INSURANCE

Sydney U3A Inc. has public liability insurance to cover against possible damage or injury to persons or property arising from proven negligence by any member of Sydney U3A or its invitees at the site on which the activity occurs, except in the case of water or aircraft activity.

Members participating in a course that has a physical component, such as bush walking or exercise classes, are asked to sign a form acknowledging that the member understands the insurance cover before being accepted into one of these courses.

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## PRESIDENT'S MESSAGE



Sydney U3A celebrated 30 years of service to the community in March this year. Over those 30 years dedicated people have given of their time and skills to ensure that we continue to provide a service to people in retirement or semi-retirement who wish to keep their minds and bodies active. From the beginning, office volunteers have been at the core of our operations, and ensuring that we have comfortable premises in which to work has been important.

The earlier office in Young Street was occupied for 13 years until demolition was proposed. We have occupied the office in Carrington Street for five years, but as the lease expires at the end of August with no option to renew, we are again seeking new premises. We are hoping to find something in the same area.

Each month membership statistics are provided to the Management Committee and to Region membership secretaries. Currently we have 6,416 members in Sydney U3A. Sadly we only have 334 people who are listed as offering to volunteer in any capacity. This is 5.2% of our membership.

Our organisation operates purely through the goodwill of its volunteers, no one is paid to do the essential work to keep us going. Please think about who is doing all the work to ensure that our very valuable sessions continue from week to week. Ask yourself what you can offer and phone the office or send an email to become a valued member of our team. Enjoy Semester 2, 2018.

**Barbara Boston, President, Sydney U3A Inc.**

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## VP EDUCATION REPORT

Incredibly we are already half way through another busy year!

As the course book is our organisation's bible, the need to recruit a new course book editor/support team became my top priority. This meant that training plans were deferred. Whilst deferred, training is not forgotten and will be implemented during Semester 2.

We have been fortunate that a member, Michael Markham, has volunteered to take over the course book editor reins. Michael was a sub-editor at the SMH for over 20 years. His skill sets are ideally suited to the position. We are endeavouring to recruit a team of proofreaders to assist in this big and important role.

I ask all members to step back to reflect upon the value of our volunteers. Specifically to reflect upon the value of our leaders who share their knowledge and freely give their time and energy to provide educational opportunities for us.

Currently members pay an annual fee of \$60. If members attend just one lecture per week for 40 weeks per annum, the cost is \$1.50 per course lecture. Absolutely incredible monetary value particularly as we believe our leaders/ presenters are literally worth their weight in gold.

Unfortunately there have been a small number of people attending classes without renewing their membership. Please respect and value the contribution of all who give their time - regional course coordinators, committee members, leaders, office and other volunteers. We ask all members to check and ensure subscriptions are up-to-date.

Sydney U3A colour brand values are used on this course book cover so that members can appreciate the philosophy and special environment of our very special organisation.

Blue – Sharing, Green – Growing, Yellow – Socialising, Red - Passion

This semester there are over 450 courses. Enjoy

**Dianne Ekert, Vice President (Education), Sydney U3A Inc.**

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## A GUIDE TO READING YOUR COURSE BOOK

**Events for All:** All members may attend any event advertised in any section of the course book and in any region subject to availability.

**Courses/Talks:** All members may attend any course/talk advertised in any region of the course book, subject to availability.

**Attendee Numbers:** \*(10) Indicates the maximum number of positions available in the course being advertised.

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## IMPORTANT - PLEASE READ

**Members of Sydney U3A may join courses in any region, subject to availability.**

- You must book for all courses that you wish to attend, unless otherwise indicated.
- To book email or phone the booking secretary.
- In case of problems, contact the regional course coordinator or nominated venue coordinator. Course and venue coordinators **DO NOT TAKE BOOKINGS**.
- Please provide name, membership and contact numbers when booking.
- Book early to avoid disappointment as many classes fill quickly.
- If you are unable to attend a course into which you have booked, ensure that you cancel the booking so that others on the waiting list may attend.
- Courses are held either weekly, fortnightly, monthly, bimonthly or as a single session.
- A planning calendar is provided at the back of the course book to aid in choosing fortnightly courses.
- Some courses include a small fee for materials and/or use of equipment.

# EVENTS FOR ALL

Semester 2, 2018

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## LUNCHEON - WATERFRONT RESTAURANT, BEROWRA WATERS

**Tuesday 11 September 9am - 5pm**

**Meet at Fitzwilliam Street, Parramatta at 8.45am for a 9am departure**

We travel to the Cumberland State Forest for morning tea amongst the gum trees, with time to explore the information centre and also browse the nursery. Then we travel via Dural and Galston to Berowra Waters and the Waterview Restaurant to enjoy a lovely two course a la carte luncheon with wine, soft drinks, coffee and tea included.

Following our lunch, we will be calling into the House of Herbs and Roses at Dural to see what changes have been made. This was originally Hemphill's nursery for herbs and spices but is now a boutique restaurant and herb and spice outlet. We will just be there to explore it for future reference before returning home at approximately 5pm.

**Cost: \$57 based on 40 participants and payable by Friday 31 August**

**Note:** A small extra charge maybe necessary if numbers are less than 40

**Booking is essential:** Bev Cockburn 9635 7802

**Organised by Greater Western Region**

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## TOUR OF SYDNEY'S GOVERNMENT HOUSE

Macquarie Street, Sydney

Located on Conservatorium Road alongside the Royal Botanical Gardens

**Friday, August 10 at 10.30am**

**Tour again at 11am if numbers exceed 20**

Important: You must arrive no later than 10.20am (ten minutes prior to tour) for signing in and bag checks

Opened in 1845, Sydney's Government House is the vice-regal residence of the Governor of NSW and one of the finest examples of Gothic Revival architecture in Sydney.

View the restored grand historic interiors, including the exquisite hand-painted stencil ceilings. The House also showcases a significant collection of portraits, furniture, decorative arts and gubernatorial memorabilia, many of them produced in New South Wales and of heritage significance.

Government House is a busy 'working house' which is host to many vice-regal and charitable events and royal visitors. Set in a beautiful landscaped garden with views over Farm Cove and the Harbour and an unusual perspective of the Sydney Opera House. You will also be able to visit the gardens once the tour ends.

**Bookings essential** with Marje Ashworth 8387 3989 (between 9am and 5pm, Monday to Friday please)  
or email marjeash@tpg.com.au **with U3A number and telephone number**

**Note:** Your Driver's License, Medicare or Seniors Card number must be provided at time of booking

**Organised by Harbourside North Region**

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## TOUR OF ABC STUDIOS, ULTIMO CENTRE\*\*(45)

700 Harris Street, cnr Thomas Street, Ultimo. Easy walk from Central Station

**Wednesday 5 September at 9.50am**

**Cost is \$8 per head (no refunds)**

It is many years since we've toured the Sydney home of the ABC and the tours were always extremely popular.

The Centre brings together all aspects of television, radio, new media, transmission and news and current affairs. We are likely to visit one of the ABC's two digital television production studios, hair and makeup, special effects, an on-air radio studio, a news studio and a control room.

Come along and rub shoulders with some of the country's most respected journalists, television and radio personalities. We can also take advantage of the café on the ground floor.

**Bookings essential** with Marje Ashworth 8387 3989 (between 9am and 5pm, Monday to Friday please)  
or email marjeash@tpg.com.au with U3A number and telephone number

**Note: you must arrive 15 minutes before the tour begins**

**Organised by Harbourside North Region**

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# EVENTS FOR ALL

Semester 2, 2018

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## TOUR OF THE GREAT SYNAGOGUE

187a Elizabeth Street, Sydney  
Situated between Market and Park Streets

**Tuesday 16 October at 10am**

Handy for most public transport. Nearest train station St James

**The tour costs \$7**, payable on the day (correct change please), and takes an hour

This National Trust building is not only described as the most beautiful Synagogue in Australia and one of the national treasures of Australia, but one of the finest Synagogues in the world.

Our guide will provide information on the history of The Great Synagogue with information on Jews in Australia and Judaism generally. Tours last for one hour and there is wheelchair access if needed.

**Bookings essential** with Marje Ashworth 8387 3989 (between 9am and 5pm, Monday to Friday please)  
or marjeash@tpg.com.au with U3A number and telephone number

**Organised by Harbourside North Region**

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## NORTHERN BEACHES ANNUAL GOURMET PICNIC

Manly Dam Reserve (Area 3)  
Vehicle access is via King Street, off Condamine Street, Manly Vale

**Friday 19 October, 12noon - 3pm**

All food, plates and cutlery will be provided. You only need bring a chair and something to drink.

**There will be a surprise speaker to entertain us all.**

**Note:** If wet, the event will take place in Manly Vale Community Centre  
2 Innes Road, Manly Vale (opposite the end of King Street across Condamine Street)

**Tickets still only \$20 from: Rosemary McCulloch: ramccull@gmail.com**

**Organised by Northern Beaches Region**

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## CHRISTMAS IN JULY

**Historic Blue Mountains Hotel**

Across from Lawson Railway Station

**Tuesday 10 July**

Train 10.18am from Central Country Platform. Travel in the 2nd carriage to Lawson

**Cost: \$25** pay on the day. Includes traditional Roast, Plum Pudding, Glass of Wine, Tea and Coffee

**Bookings essential** (email preferred): Bobbie Kersten bobbiakersten@gmail.com : 0410 873 605

**Organised by City and Inner West Region**

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## GUIDED TOUR of HISTORIC LINNWOOD\*\*(20)

**Tuesday 7 August**

Set within five hectares of grounds with mature trees, Linnwood was built in 1891 as a stately home for George McCredie, a prominent politician, engineer and justice of the peace. Since then Linnwood has had many lives: as a children's home, a truant school and a home science training establishment.

**Guided tour includes Devonshire tea/coffee. Cost \$10 payable on the day**

Train 9.36am from Central platform 19 to Guildford. Arrive 10.16am

Meet at exit barrier on Military Road for a 10-minute walk to venue. Ample on-site parking.

**Bookings essential** from 9am Tuesday 17 July (no bookings before that time please)

Email bookings only: beatricescheepers@gmail.com : 0402 969 004 (enquiries only)

Please provide membership number and telephone number when booking

**Organised by City and Inner West Region**

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# EVENTS FOR ALL

Semester 2, 2018

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## GUIDED TOUR of CENTRAL PARK\*\*(20)

Thursday 16 August

Due to popular demand, course leader Beatrice Scheepers is repeating this outing

Meet outside the Mercure Hotel, Railway Square at 9.30am

This vibrant urban village on Broadway is the talk of the town. The old Tooths Brewery site has been transformed into a place of engineering marvels, stunning design and the world's tallest vertical garden.

Clever restoration has revitalised the industrial heritage, the landscape architecture provides a calming complement to the high rise intensity, and the joint is jumping with quaint cafés, small bars and fine cuisine.

Underneath it all flows an old watercourse, witness to widespread greed, exploitation and foul deeds.

**Bookings essential** from 9am Monday 30 July. No bookings before that please  
Email bookings only: Sue Lamont smlamont@outlook.com : 0419 418 508 (enquiries only)  
Please provide U3A membership number and telephone number when booking

Organised by City and Inner West Region

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## ALBION PARK – MACQUARIE PASS – MOSS VALE\*\*(12)

Tuesday 25 September

Train 9.24am from platform 4, Town Hall station to Albion Park arriving 11.15am. Travel in the second carriage.  
Please bring your own morning tea

At noon we then travel by bus for lovely scenic drive through magnificent Macquarie Pass to Moss Vale, arriving 1.05pm  
Lunch can be bought in Moss Vale or bring your own. Hourly trains return to the City.

Email bookings preferred: Audrey Newman: farndon@optusnet.com.au : 9810 3247 (phone enquiries only)

Organised by City and Inner West Region

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## HOW THE COURTS WORK\*\*(15)

Due to popular demand course leader Beatrice Scheepers is repeating these two walks

**Part 1: Friday 12 October**

**Meet 9:30 corner of Central and George Streets, opposite Event Cinemas**

Enjoy an insider's view of the history, charm and curiosities of the inferior courts (civil and criminal) sitting at Brickfield Hill.  
Finish 12:45. Affordable Korean lunch afterwards.

**Part 2: Friday 19 October**

**Meet 9:30 at Queen Victoria Statue on Queens Square, opposite Hyde Park Barracks, Macquarie Street**

Discover the quirks and intricacies of the superior courts (civil and criminal) at Queens Square, and view the recent refurbishments to the Law Courts building. **Special Treat:** the High Court will be sitting in Sydney this day  
Finish 12:45. Affordable lunch afterwards

**Bookings essential for both dates** - between 9am Monday 1 October and 5pm Friday 5 October  
**Due to popular demand, places will be determined by ballot**

**Email bookings only:** Sue Lamont smlamont@outlook.com : 0419 418 508 (enquiries only)  
Please provide membership number and telephone number when booking

**Please note:** Airport-style security applies at all courts, and participants are asked to leave all aerosols and sharp-bladed instruments at home. No photography allowed.

Organised by City and Inner West Region

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# EVENTS FOR ALL

Semester 2, 2018

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## GUIDED TOUR OF PARRAMATTA FEMALE FACTORY\*\*(15)

5 Fleet Street, North Parramatta

**Friday 2 November**

Cost \$5 payable on the day.

Train 8.40am from Central platform 18 to Parramatta.

Arrive 9.07am. Meet outside exit barrier on south side of Parramatta station.

549 Bus from Parramatta station to Parramatta Leagues Club for coffee/comfort stop. 10 minute walk to venue

**Please note:** there are no toilets, shelter or parking at the site. The ground is very uneven, so wear sturdy shoes.  
Limited photography allowed

**Bookings essential** but only between 9am Friday 12 and 5pm Friday 26 October  
Leader unable to process bookings outside that period

Email bookings only: [beatricescheepers@gmail.com](mailto:beatricescheepers@gmail.com) : 0402 969 004 (enquiries only)  
Please provide membership number and telephone number when booking

**Organised by City and Inner West Region**

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## GUIDED TOUR of CHOICE LABORATORIES\*\*(15)

57 Carrington Road, Marrickville

**Wednesday 7 November**

Each year thousands of products are tested at Choice Laboratories; from cots to coffee machines, mixers to microwaves, and tablet computers to travel insurance. The test results enable consumers to make informed choices about the best available products suitable for their needs.

Tour runs from 10am to 12noon. Optional light lunch afterwards (own cost) at nearby Concordia Club.

**Cost \$30** payable in advance by Direct Deposit or EFT only (no cheques, money orders or cash).

Payment details when booking. This is a prepaid event, so no refunds are possible.

For safety reasons participants must wear flat, closed-in shoes.

**Bookings essential**, but only between 9am Wednesday 3 October and 5pm Wednesday 17 October.  
Leader unable to process bookings or payments outside that period.

Email bookings only [beatricescheepers@gmail.com](mailto:beatricescheepers@gmail.com) : 0402 969 004 (enquiries only)  
Please provide membership number and telephone number when booking.

**Organised by City and Inner West Region**

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## ENDEAVOUR (SOUTHERN) REGION OF SYDNEY U3A FIFTH TUESDAY OCCASIONAL PUBLIC LECTURES

**CLUB on EAST (formerly Sutherland United Service Club)**

7 East Parade, Sutherland – a short walk from Sutherland Station.

**Tuesday 31 July 10:15 for 10:30**

**Guest Speaker: Anita Saviane**

**TRAVELLING DANGEROUSLY AND TELLING THE TALE**

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**Tuesday 30 October 10:15 for 10:30**

**Guest Speaker: Gillian Lewis**

**THE LIFE OF WILLIAM BLIGH - OUR 4th GOVERNOR**

No bookings are required For enquiries: Nilva Martini 0416 067 647 [nilvalsim@yahoo.com.au](mailto:nilvalsim@yahoo.com.au)

**Please refer to page 13 at the front of Endeavour region Courses for full details**

**Organised by Endeavour (Southern) Region**

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# EVENTS FOR ALL

Semester 1, 2019

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## 2019 HOLIDAY: BATEMANS BAY\*\*(49)

Sunday 10 March to Friday 15 March 2019

**Depart** Sunday 10 March 8am from Railway Street, Pennant Hills Station  
and 8:30am from Fitzwilliam Street, Parramatta

**Return** Friday 15 March at around 4.30pm to Fitzwilliam Street, Parramatta  
and 5pm to Railway Street, Pennant Hills Station

**Cost:**

- \$1045pp for 40 and above
- \$1070pp for 35 - 39
- \$1095pp for 30 - 34
- Single supplement \$250

During this holiday we will be staying at the **Lincoln Downs**. Over the week we will be exploring Batemans Bay, Nelligen, Braidwood, Narooma, Cobargo, Bermagui, Bodalla, Mogo and Moruya. We will travel home via the inland route to Goulburn and the Southern Highlands enjoying lunch at Mittagong.

The itinerary is so full of interesting tours and experiences that they cannot be all covered in this notice. Please see a copy of the full itinerary posted on the Greater Western section of Sydney U3A's website.

**Bookings** for U3A members (non-member spouses/partners accepted) open on 13 August 2018

**Bookings:** Diana Pine 4861 3721. Address for payment given at time of booking.

**Deposit:** \$100 made payable to Coach Holidays & Tours to be posted to Diana by 3 September 2018

**NB:** Balance made payable to Coach Holidays & Tours must be posted to Diana by 11 February 2019

**Cancellation Policy:** Deposits are non-refundable within 40 days of departure. Eligible deposit refunds prior to 40 days are subject to a \$50 per person cancellation fee. The balance is partly refundable until the time and date of departure.

**Inclusions:** Air-conditioned coach, accommodation, all meals and entrance fees.

**NB:** If the tour is not full, non-members of U3A will be accepted.

**Organised by Greater Western Region**

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## 2019 READERS FESTIVAL

The Carrington Hotel, Katoomba

Wednesday 13 February - Friday 15 February 2019

The theme of next year's Readers Festival will be **The Bloomsbury Group**, which was an informal association of unconventional and influential writers, artists and intellectuals who lived and worked in the Bloomsbury area of London in the first half of the 20th century. The Group included Virginia Woolf, Lytton Strachey, Dora Carrington and E.M. Forster.

All talks will be illustrated with slides and/or video clips. The Festival winds up with the very popular Trivial Pursuit session, based on talks and discussions during the Festival.

This is an opportunity to meet and make friends with like-minded people.

You will stay in a unique comfortable heritage hotel.

It is reachable by train (\$2.50 Opal card) or car, and is one block from Katoomba railway station.

**Numbers will be limited to 75 people, and we expect to be booked out early.**

**Rooms will be allocated on a first-come first-served basis.**

**Prices:**

Single en-suite (2 nights) - \$519

Single, no bathroom (2 nights) - \$457

Double or twin-share en-suite (2 nights) - \$758

Double or twin-share, no bathroom (2 nights) - \$696

**These prices include all activities, meals, wine with dinner, the welcome cocktail party and gratuities**

For further details and bookings: contact Cheryl Summers 0405 572 413; summerscheryl@gmail.com

**Supported by Harbourside North Region**

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# EASTERN

Regional Course Coordinator:

Margaret Steel: mste8801@bigpond.net.au | 9371 6953

Enquiries only

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## EASTERN REGION OF SYDNEY U3A

Notice is hereby given that the

### Annual General Meeting and Election of Office Bearers

will be held on

**Tuesday 2 October**

at

**All Saints' Church Hall**

85 Ocean Street, Woollahra

**At 10:30 four original members will give a resume on 'What U3A has meant for them'  
followed by the AGM commencing at 11:00**

All members are invited to attend our Annual General Meeting and should consider standing for election to the committee to assist in the running of our excellent organisation.

Positions for election are President, Vice President, Secretary, Treasurer, Course Coordinator, Assistant Course Coordinator, Public Relations Officer and Committee members.

**Lunch (no cost) will be provided following the AGM  
Booking for lunch Margaret: mste8801@bigpond.net.au**

Nomination forms for Committee members are available from Sandra See. Sandra.L.See@gmail.com

**Forms must be returned by Tuesday 25 September**

**All financial U3A members are welcome to attend**

**Please write this date in your diary now**

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## WOOLLAHRA, ALL SAINTS' CHURCH CENTRE

85 Ocean Street. Disabled parking available. Short walk from Edgecliff Station, turning right into Ocean Street.

**Wheelchair accessible.**

**MONDAYS AT WOOLLAHRA ..... 182EW01**

**All sessions 10:30 - 12:30 No bookings required**

### AUSTRALIA, A PROGRESSIVE NATION

#### 1. Life in Australia

I came to Australia at the age of six as a refugee from Vienna in escaping Hitler. I have spent most of my adult life working with young people trying to create awareness of tolerance and giving back to the community.

**Monday 23 July**

Speaker: Eva Engel

#### 2. Mystery religions

Extraordinary less well known religious spiritual activities known as mystery religions can be found in every culture overtime. This presentation will emphasise The Egyptian *Book of the Dead* and Rudolph Steiner's *Anthroposophy*.

**Monday 30 July**

Speaker: Jacques Goldman.

#### 3. An Evolution Revolution, Plants.

How long does evolution take? This study of introduced plants into Australia has uncovered that in less than 100 years we could have a new species in Australia.

**Monday 6 Aug**

Speaker: Claire Brandenburger

#### 4. The Mystery of the Holy Languages

Explore the hidden *figurate* numbers under the first verse in Hebrew language in the Bible and other hidden figures and shapes.

**Monday 13 Aug**

Speaker: Arie Ilisar

#### 5. Kafka and Kafkaesque

The German-Jewish Czech writer is one of the rare modern authors, whose name has become an adjective. These sessions will look at his life and major works including *The Trial*, *Metamorphosis*, *The Penal Colony*, and *The Judgment*.

**Mondays 20, 27 Aug plus 3 Sept**

Speaker: Margaret Stoljar

#### 6. Family Tree

This workshop will focus on the rare but significant way family history can repeat itself even generations later. Participants will bring their own anecdotal evidence for discussion.

**Monday 10 Sept**

Speaker: Bryan Gray

### 7. 20th C Female Adventurer, Explorer and Aeronaut

Laurie Bonney, cousin of Bert Hinkler, travelled the world solo in a Gypsy Moth in the 1930s. Despite mishaps and crashes she just looked like she had just stepped out of the beauty salons of the world aerodromes.

**Monday 17 Sept**

Speaker: Christopher Beazley

### 8. 20th C Adventurer, Explorer and Aeronaut

Frank Briggs, a pilot in the Great War, he flew Billy Hughes to the Paris Peace Conference, then in Australia pioneered commercial air flight for our prospering business people.

**Monday 24 Sept**

Speaker Christopher Beazley

### 9. 20th C Adventurer, Explorer and Aeronaut

Lawrence Hargrave 1850-1915 were his exploration years, surviving a shipwreck he explored New Guinea with early missionaries. In Sydney he experimented with flying machines and interpreted local rock carvings that showed the Spanish were here 200 years before Cook.

**Monday 8 Oct**

Speaker Christopher Beazley

### 10. The Black Death

We take a look at the causes and spread of the world's most devastating plague and its immediate effects on late medieval society and long term social and economic effects on early modernity.

**Monday 15 Oct**

Speaker: Tony McCurdy

### 11. History's Greatest Voyages of Exploration

A historical view of humanity's greatest voyages of exploration and the nature and motivation of the people who carried them out.

**Monday 22 Oct**

Speaker: Tony McCurdy

### 12. Decisive Battles of World History

A review of key battles over the last three thousand years which have decisively changed the course of history, covering the events, outcomes and key individuals involved.

**Monday 29 Oct**

Speaker Tony McCurdy

### 13. The Mystery of the Holy Languages

A philosophical view using *Chinese characters*. Numbers hidden in the Greek New Testament verses.

**Monday 5 Nov**

Speaker Arie Ilisar

### 14. Managing Hearing Loss

Presentation of the effects of hearing loss in the elderly and their families, with solutions to overcome the problem. A recipient of a solution will be present.

**Monday 12 Nov**

Speaker Celene McNeill

### 15. Caroline Chisholm, an Irresistible Force

Caroline shaped modern Australia by aiding early settlers in NSW, Victoria and South Australia. A committed radical innovator whose beliefs resonate in the 20<sup>th</sup> C.

**Monday 19 Nov**

Speaker: Sarah Goldman

### 16. Isle of Hope, Isle of Tears\*\*(50)

History provides a great source of Inspiration for Fiction. This book shows how fact and fiction go together to recreate an image of the past. Book Launch - includes lunch, no cost.

**Monday 26 Nov**

Speaker/Author: Coralie Peersoon

Bookings by 14 Nov. mste8801@bigpond.net.au

### 17. Food-borne Illness - is our food safe?

Modern day methods of food production and distribution can lead to outbreaks of disease.

**Monday 3 Dec**

Speaker Penny Bishop

### 18. The Impact of Climate Change on Health and Disease

Increasing temperatures, rising seas and natural disasters are a feature of climate change. In this talk we will look at how these events impact on our health.

**Monday 10 Dec**

Speaker: Penny Bishop

## ENJOY TUESDAYS AT WOOLLAHRA .....182EW02

All sessions 10:30 - 12:30

**No bookings required unless otherwise indicated**

### 1. Find the 'F' Type Woman in Your 40s and 50s and Beyond

Today we live longer, healthier lives and find ourselves with years, even more decades, more time than our ancestors, which creates a second or third act, and can be challenging.

**Tuesday 24 July**

Speaker: Coralie Peersoon

### 2. The Mystery of the Holy Languages

Explore the hidden numbers under the first verse in Hebrew language in the Bible.

**Tuesday 31 July**

Speaker: Arie Ilisar

### 3. Weird and Not-so-weird Wonderful Histories

Historian Harvey Broadbent AM turns his attention to the lighter side of history. Join Harvey for a morning of chuckles at historical events and figures that feature the bizarre, the eccentric, the ridiculous and just plain hilarious.

**Tuesday 7 Aug**

Speaker: Harvey Broadbent

### 4. Play Writing and Production

Session 1 will cover the rudiments of play writing including structure, character development and the fundamentals of writing for the theatre.

Session 2 will develop the ways and means of developing a play to production including finding cast and crew, budgeting and attracting an audience.

**Tuesday 14 and 21 Aug**

Speaker: Rivka Hartman

### 5. Healthy Brain Aging

Memory and thinking change with Age. What is and what is not Dementia? Five simple steps to maximise your brain health, including some brain games.

**Tuesday 28 Aug**

Speaker: Paddy Parnell

### 6. Weddings – Wicked, Wonderful and Wild

Wendy entertains with some of the fascinating, humorous and candid stories of the ceremonies she has performed in her 20 years as a Civil Marriage Celebrant.

**Tuesday 4 Sept**

Speaker: Wendy Bull

### 7. The Romanovs

Russia was ruled by a succession of autocrats, some repressive and murderous, some enlightened and all fascinating characters. A look at history from 1801.

**Tuesdays 11 Sept**

Speaker: David Wardle

### 8. Discussion

*Family Secrets* Author Liz Bryski. Available online to read or borrow from either Waverley or Woollahra Library. Review handout at talk

**Tuesday 18 Sept**

Speaker: Coordinator

### 9. Human Organ Transplant

This is a presentation of Growing New organs, DNA Transplants, Organ Transplants, Printing organs and more.

**Tuesday 25 Sept**

Speaker: Punci Dassanayke

### 10. Annual General Meeting

Further details are found in the notice at the start of the Easter region course. Lunch provided (no cost)

Booking for lunch Margaret: mste8801@bigpond.net.au

**Tuesday 2 Oct**

### 11. The Remarkable Scottish Enlightenment

Despite the small population and relative poverty, 18<sup>th</sup> c Scotland produced a remarkable group of thinkers, among them David Hume and Adam Smith, whose ideas have shaped the modern world. We look at the forces that shaped this remarkable group and consider their character and thought.

**Tuesdays 9, 16, 23, and 30 Oct**

Speaker: Terry Farrell

### 12. The News you Choose

The format is somewhere between a discussion group and a communication workshop, guided by a very experienced journalist. Members will present, select and discuss good and bad examples of current news stories.

**Tuesdays 13, 20, 27 Nov, plus 4 and 11 Dec.**

Leader: Ronnie Hoffman

## BONDI JUNCTION: WAVERLEY LIBRARY THEATRETTE

32 Denison St. Bondi Junction. A short walk from the station. Free two hour parking available.

**FRIDAYS AT BONDI JUNCTION..... 182EB01**

### 1. Attachment Letters from an Unlikely Friendship

Actress Ailsa and retired Priest Tony will discuss faith, friendship, walking, what it is to truly listen and to converse in this engaging friendship?

**Friday 27 July**

Speakers: Ailsa Piper and Tony Doherty

### 2. Most Life Changing Events are Unplanned

A series of firsthand accounts which show that chance, not intention, changes plans

**Friday 3 Aug**

Speaker: Ronnie Hoffman

### 3. Current Affairs Forum

We will discuss and debate actively current news topics on which members will have strong and different views. Topics are proposed by the members beforehand and everyone participates in the discussion, which is run by the proposer.

**Friday 10 Aug**

Leader: Arthur Lith

Bookings by 1 Aug. mste8801@bigpond.net.au

### 4. The Lives of women since the end of WWII

The three novels being discussed are

1. *Tirra Lirra by the River*, author Jessica Anderson, Waverley Library Theatre
2. *Nora Webster*, author Colin Tolbin, Mill Hill Centre in Waverley Library - 33 Spring St.
3. *The Children's Act*, author Ian McEwan, Waverley Library Theatre

All novels have women as the protagonist.

**Friday 17, 24, and 31 Aug**

Speaker Margaret Little

### 5. 20th C Australian Explorers, Adventurers and Aeronaut

George, Florence and Vince Taylor. In 1909 they recorded the first flight in Australia at Narrabeen Beach. George, artist, inventor and aeroplane builder; Florence, first female

graduate in architecture; Vince, first death defying aeronaut and stunt man.

**Friday 7 Sept**

Speaker: Christopher Beazley

### 6. China and the New Revolution

From one child to one mind. Big brother is closer than you think. What can this mean for each of us? China, the largest country in the world, is rapidly becoming totally unique. The ancient traditions of the Emperor are being played out by Technology on a scale unprecedented.

**Friday 24 Sept**

Speaker Thomas D'Lisi

### 7. When Australia Collides with Asia

This talk recounts the epic voyages of three great British naturalists, Joseph Banks, Charles Darwin and Alfred Russel Wallace and the voyage of continental Australia until it collides with Asia.

**Friday 21, 28 Sept and 5 Oct**

Speaker: Ian Burnet

### 8. The Celts in the British Isles

The Celts, an iron-age people, tied by similar language, religion and cultural expression, migrated from Central Europe in different directions from about 500 BCE. We will look at their history and culture in the British Isles, which leads into the cycles of stories concerning King Arthur and his Knights.

**Fridays 12 and 19 Oct**

Mill Hill Centre 33 Spring St. Waverley Library

**26 Oct** - Waverley Library Theatre

Speaker: Gail Ball

### 9. Well, What do You Know?

**Communicating in high stress context in five emergency departments, Part 1**

A research program data, to look at how nurses and doctors carry the knowledge/information about patients, while the latter spend time in emergency departments before being admitted to/released from hospital. Part 2 on 14 Dec.

**Friday 2 Nov**

Speaker: Marie Manidis

### 10. Walking History in the Eastern Suburbs

While working on a book on Group Psychology as well as with the walking volunteers, Graham researched Eastern Suburbs history and walking routes. This talk will highlight some resulting walks and stories.

**Friday 9 Nov**

Speaker: Graham Spindler

### 11. Please note: no speaker this day

**Friday 16 Nov**

### 12. The Struggle for Unity

A story of the Federation of Australia, which is of great historical significance to all Australians. It contains surprising details about the achievement of Federation that have never before been told.

**Friday 23 Nov**

Speaker: Graham Wilcox

### 13. Christmas at Waverley Library\*\*(50)

Members only. Booking required for catering. mste8801@bigpond.net.au

**Friday 30 Nov**

Speaker: TBA

### 14. Careering into Corrections

A woman in her late forties, having suddenly to support herself, finds employment in Corrective Services, and eventually sets up the first pre-transitional services in NSW.

**Friday 7 Dec**

Speaker Cleo Lynch

### 15. Well, What do You Know?

**Communicating in high stress context in five emergency departments, Part 2**

A research program data, to look at how nurses and doctors

carry the knowledge/information about patients, who spend time in emergency departments before being admitted to/ released from hospital.

**Friday 14 Dec**

Speaker Marie Manidis

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## BONDI: LIFESTYLE MANOR

Lower lounge area at Lifestyle Manor, 24-32 Flood St. Street parking available.

### BOOK GROUP ..... 182EB01

Share your interest in books by enjoying lively discussions with other avid readers. Books for discussion are chosen from members' recommendations, usually set some months ahead. We try to choose books available from local libraries. (6 sessions).

**Fridays from 27 July 10:30 - 12:30**

Leader and bookings: Jan Macindoe

jnmacindoe@gmail.com

9660 0208 or 0424 537 557

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## BONDI JUNCTION: WAVERLEY COMMUNITY AND SENIORS CENTRE

31- 33 Spring Street (Mill Hill Community Centre), Bondi Junction. Regular buses or trains to Bondi Junction.

### SPANISH INTERMEDIATE ..... 182ES01

An adequate knowledge of grammar, vocabulary and pronunciation is needed, as well as a sense of humour.

**Each Thursday from 26 July - 13 Dec 10:00 - 12:00**

Leader and bookings: Christine Lozano 9389 4310

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## MAROUBRA: LIONEL BOWEN LIBRARY

669 Anzac Parade (cnr Gale St), Maroubra Junction

### FILM DISCUSSION\*\*(20) ..... 182EM01

Do you enjoy going to the movies and would you enjoy sharing your opinions with others? Each fortnight a discussion of acting, characters, plot and cinema topography will be held on one or two nominated movies.

**Alt Tuesdays from 10 July 10:30 - 12:30**

Leaders and bookings, Graham Blazey 9365 1961

gblazey@optusnet.com.au

Gail Filetti 9349 5591 rdfila@bigpond.au

### DISCUSSION GROUP ..... 182EM02

If you are interested in the world around you, combined with a love of the occasional debate, come and join us at Maroubra. We have fun.

**Alt Tuesdays from 3 July 10:30 - 12:30**

Leader and bookings: Marise Segelov 9363 4023

0410 514 866 marisesegelov@gmail.com

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## PADDINGTON: EJ WARD COMMUNITY CENTRE

189 Underwood Street, Paddington. Street parking available

### FRENCH ADVANCED ..... 182EP01

This is an informal discussion group. We chat, debate topical subjects, read articles, learn pronunciation and have fun while brushing up on our French. This is a full year course.

**Alt Fridays from 13 July 10:30 - 12:00**

Leader and bookings: Sabina Menczel 9371 5760

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### FRENCH CONVERSATION ..... 182EP02

Lively discussion group debating topical subjects (lounge area). **Note:** this is a full year course - and where spaces may be limited for this semester.

**Each Thursday from 20 July- 23 Nov 9:30 - 11:00**

Leader and bookings: Michael Sullivan

nemtchinov@hotmail.com 0422 347 344

### BEING ON TIME ..... 182EPO3

This course will centre on Genevieve's book *Being in Time* (1963). She investigates the nature of Time in the philosophical tradition, and in the work of Proust and Virginia Woolf. We shall consider the questions she raises about the transience of the present, the loss of times past and the future as possibility. The book is available from the usual on-line sources. (10 sessions)

**Alt Fridays from 20 July - 23 Nov 10:30 - 12:30**

Leader and Bookings:

Maxwell.deutscher@mq.edu.au: 9251 5436

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## WOOLLAHRA: LIBRARY

451 New South Head Road, Double Bay. Escalators and lift available

### NORTH BONDI BOOK GROUP ..... 182EW01

New members welcome.

**Third Wednesday of each month, 2 pm onwards**

Leader and bookings: Patricia Dunn 9365 6896

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## WOOLLAHRA: GADEN COMMUNITY CENTRE

(Formerly known as the Woollahra: Holdsworth Community Centre). Corner Edgecliff Road and Queen Street, Woollahra. Bus 200 from Bondi Junction.

### ITALIAN ADVANCED ..... 182EG01

This course is for more advanced students.

**Alt Wednesdays from 11 July 10:30 - 12:30**

Leader and bookings: Isabella Fransechini 9380 9231

### BEGINNERS FRENCH ..... 182EG02

The focus is on conversation necessary for travel. The course covers basic grammar, pronunciation and vocabulary. This is a full year course.

**Each Thursday 10:45 - 12:45**

Leader and bookings: Jeanette Pham 0409 751 377

nguyetpham45@yahoo.com.au

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## PRIVATE HOMES

### BRONTE BOOK GROUP ..... 182EH01

**First Thursday of each month from 5 July 2pm onwards**

Leader and bookings: Janet Sculfer 0409 222 828

### ROSE BAY BOOK GROUP ..... 182EH02

**First Wednesday of each month from 4 July**

**2pm onwards**

Leader and bookings: Sylvia Bennett 9371 5547

### MUSIC, COFFEE AND CAKE - RANDWICK ..... 182EH03

We will listen to compositions from the great masters focusing on less-often heard works and composers.

Group participation is warmly welcomed.

**Every second Monday from 29 July 2:00 - 4:00**

Leader and bookings: Julie Reid 8668 5522



# ENDEAVOUR (SOUTHERN)

**Regional Course Coordinator:** Ted Watson 9527 3689

ej.watson@optusnet.com.au

**Enquiries only**

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## ENDEAVOUR (SOUTHERN) REGION OF SYDNEY U3A FIFTH TUESDAY OCCASIONAL PUBLIC LECTURE

will be held at

### **CLUB on EAST (formerly Sutherland United Service Club)**

7 East Parade, Sutherland – a short walk from Sutherland Station.

Club car park available for attendees

**Tuesday 31 July 10:15 for 10:30**

**Guest Speaker: Anita Saviane**

### **TRAVELLING DANGEROUSLY AND TELLING THE TALE**

Anita Saviane, retired solicitor, tax agent, champion swimmer and underwater adventurer is hell-bent on spending her kids' inheritance (SKI Club).

She shares her experiences of travel to exotic locations, along with many underwater adventures including:

- Scuba diving at Pulau Weh, Sumatra and visiting Banda Aceh
- Scuba diving at Raja Ampat, West Papua

Anita will also speak about:

- Botswana - sleeping in two-man tents
  - Antarctica - on a Russian ice-breaker
  - Tonga - swimming with the whales
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**Tuesday 30 October 10:15 for 10:30**

**Guest Speaker: Gillian Lewis**

### **THE LIFE OF WILLIAM BLIGH - OUR 4<sup>th</sup> GOVERNOR**

On Tuesday 30 October Endeavour U3A invite you to a presentation by Gillian Lewis, Australian National Maritime Museum (ANMM), about the life of William Bligh, our 4<sup>th</sup> Governor.

Gillian Lewis joined the ANMM as a volunteer guide in 2008 when she retired from a successful sales career in CSR Building Products. Gillian enjoys showing visitors over the museum's fleet of vessels and museum galleries and has been a member of the ANMM Speakers for over 4 years, developing several of their presentations.

- There's more to Bligh than mutiny, rum and rebellion. This courageous but maligned master mariner was a loving husband and father who cared for the welfare of his men and the indigenous people he encountered
- He showed skill and courage in battle and was praised by Nelson. That skill and courage was needed when Bligh and 18 supporters were cast adrift in an overcrowded small boat following the mutiny on HMAV Bounty with little chance of survival.
- The hellish small boat voyage to Timor took 48 days to cover the 3623 nautical mile journey in harrowing conditions and is one of the greatest feats of survival and endurance in modern history.

For enquiries only: Nilva Martini 0416 067 647 nilvalsim@yahoo.com.au

No bookings are required. Entrance - gold coin donation.

These two lectures are open to the public and all U3A members, **especially new members**. This is a further contribution to the community by U3A and provides an excellent opportunity for members to meet with fellow members and an opportunity of outreach to welcome and interact with visitors from our community.

**Please write this date in your diary now.**

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## ENDEAVOUR (SOUTHERN) REGION OF SYDNEY U3A

Notice is hereby given that the

**Annual General Meeting and Election of Office Bearers**  
followed by a Welcome to New Members and Leader's Showcase

will be held on

**Thursday 29 November 10:00 for 10:30**

at

**Cronulla School of Arts**

Upstairs Theatrette, 6 Surf Road, Cronulla

All members, including new members and especially leaders, are invited to attend our Annual General Meeting, which is an invaluable opportunity for all members to indicate support for the continuing success of our organisation.

Your attendance will confirm that you are interested in promoting the excellent work of U3A as an ongoing community influence in the Sutherland and St George regions. The AGM will also be an opportunity for each Leader to report on the highlights of their course for the year and to showcase features of their course for the first semester of 2019.

**Entertainment and morning tea will follow the AGM, providing opportunity for members to socialise and renew acquaintance with others, and to make welcome new members in our region.**

Positions open for election/re-election are President, Vice President, Secretary, Treasurer, Regional Course Coordinator and Committee Members.

Information and nomination forms may be obtained from and returned to Secretary, Jack Bell 0425 331 632 email jbe66368@bigpond.net.au, 8/14-16 Ocean Street Penshurst, 2222 by 16 November.

**All Sydney U3A members are welcome to attend**

**Please write this date in your diary now**

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## CRONULLA SCHOOL OF ARTS

A two-storey building with two rooms upstairs in 6 Surf Road. A short, level walk from the station.

### 1. Upstairs Activity Room

**PICK - A - BOOK** ..... 182EC01

No, not Bob Dyer but Mary Small, inviting you to share the delights of your favourite book (old or new) with others, in an informal (laid-back) discussion group.

**First Friday of each month from 6 July 2:00 - 3:30**

Leader and bookings: Mary Small  
9522 9917 marysmall@optusnet.com.au

**BEGINNER'S FRENCH -** ..... 182EC02  
**SPEAKING FRENCH\*\*(16)**

This course is for those members who are beginners in speaking the French language.

**Each Monday from 2 July 1:30 - 3:30**

Leader and bookings: Joan Craven  
0408 978 435 marjoan4@hotmail.com

**BEGINNER'S ITALIAN\*\*(12)** ..... 182EC03

This course is for those members who are beginners in speaking the Italian language.

**Each Tuesday from 24 July 2:00 - 3:30**

Leader and bookings: Allanah Jarman 0497 963 231  
allanahjarman@gmail.com

**SOLVING CRYPTIC CROSSWORDS -** ..... 182EC04  
**INTERMEDIATE\*\*(15)**

This class is ideal for the less experienced solvers who already have some basic knowledge of cryptic techniques. Sharpen your cryptic crosswords solving skills as we work as

a group in cracking compiler's devious yet often delightful clues. A bit of mind stretching enjoyment.

**First and Third Wednesdays from 4 July 2:00 - 4:00**

Leader and bookings: Rosemary De Gabriele  
0404 015 807 r.degabriele@optusnet.com.au

**FILM APPRECIATION AND** ..... 182EC05  
**DISCUSSION\*\*(15)**

Monthly meet-up to discuss quality films, viewed independently. Two films decided on by a show of hands and discussed at the following meeting. All aspects of the film will be discussed during the session.

**Third Thursday of each month from 19 July 1:00 - 3:00**

Leader: Anita Spinks 0423 532 582  
anitaspinks@live.com.au  
Bookings: Ross Bell 0402 285 972 rossbell1952@gmail.com

**BRAIN GAMES\*\*(24)** ..... 182EC06

Extensive research provides growing evidence that in addition to maintaining physical fitness and eating sensibly, brain health in older people can be maintained and disease which cause dementia can be avoided or deferred. The Brain Game Project is designed to complement the physical exercise program.

**Second and Fourth Friday of each month from 13 July 10:00 - 12:00**

Leader and bookings: Denis Paulin 9522 4073  
0438 594 206 d.paulin@bigpond.com

**MUSIC FOR FUN** ..... 182EC07

We meet to discover (or rediscover) the joy of music: to sing together, improve breath and pitch control, explore the basics of music, and to write songs. A good preparation for joining a choir.

**Each Thursday from 5 July 10:00 - 12:00**

Leader and bookings: Henry Collins 9544 4328  
henryhenrycollins@yahoo.com.au (preferred)

**OPEN MINDS\*\*(20)..... 182EC08**

A discussion group keen to tackle the harder problems in life. An opportunity to explain your point of view and learn how and why others think differently.

**Second and fourth Wednesdays from 25 July 10:00 - 12:00**

Joint Leader and bookings: Henry Collins 9544 4328  
henryhenrycollins@yahoo.com.au (preferred)

Joint Leader: Anita Spinks 0423 532 582  
anitaspinks@live.com.au

**2. Upstairs Theatrette****EXPLORATIONS IN MUSIC..... 182EC09**

A music appreciation course. A listening experience covering various kinds of music from early classical, romantic, orchestral and choral through to jazz and synthesizer. We explore different countries, themes or individual composers from a range of different eras. Detailed handouts supplied. Come, enjoy and be challenged.

**Second and fourth Wednesdays of each month from 25 July 1:00 - 3:00**

Leader: Sam Adams 9522 9386

Bookings: Trevor Campbell 9525 6970

**POETRY FOR PLEASURE..... 182EC10**

Join us as we are dipping a toe into Edgar Allan Poe, or drowning in Browning. Let's jump on Mulga Bill's Bicycle together and cruise through centuries of poetry. Members are welcome to present their favourite poems, or even their own work.

**Second and fourth Thursdays of each month from 26 July 2:00 - 4:00**

Leader and bookings: Elisabeth Peters 9523 3743  
0466 893 747 heinzliz@optusnet.com.au

**ART HISTORY..... 182EC11**

This course looks at the works of world-famous artists over the centuries. Members of the class present biographies with DVD and computer presentation.

**Second and fourth Tuesdays of each month from 24 July 10:00 - 12:00**

Leader: Beverley Theodore 9532 1141 tpl5@bigpond.com  
Bookings: Teresa Lamberton 9502 4420  
teresalamberton@hotmail.com

**GEMS OF THE SILVER SCREEN..... 182EC12**

Films: current, 40s and 50s periods, all in DVD format, for your enjoyment.

**First and third Tuesdays of each month from 3 July 10:00 - 12:00 approx**

Leader and bookings: Brian Harvey 9521 5822

**ASPECTS OF AUSTRALIAN HISTORY..... 182EC13**

A potpourri of Australian history presented by some class members and occasional guest speakers.

**Second and fourth Mondays of each month from 23 July 1:00 - 3:00**

Leader: Barry Hughes 9520 6130 bcmltc2@netspace.net.au  
Bookings: Beryl Davis 9524 2661

**ARMCHAIR TRAVELLERS..... 182EC14**

Come and share travel stories and visual presentations from all over the world. We meet in the small theatre upstairs. There is lift access and we have vacancies. If possible, we ask members to donate \$1 towards the morning tea which is provided.

First and third Wednesdays of each month from

**1 Aug 10:00 - 12:00 (except school holidays)**

Leader: Kate Churcher 9523 6990 or 0433 140 900  
kchurcher2@hotmail.com

Bookings: Margaret Durie: 9525 9189 or 0403 391 845  
marg2229@bigpond.com

**BALLET ON SCREEN\*\*(40)..... 182EC15**

The program for this semester includes:

- *The Nutcracker* (Australian Ballet, choreo Peter Wright)
- *The Metamorphosis* (Royal Ballet) with
- *The Chopin Dance Project Part 2* (Houston Ballet)
- *Cinderella* (The Dutch National Ballet)
- *Don Quixote* (Royal Ballet, Carlos Acosta)
- *The Merry Widow* (Australian Ballet, 1993)

**Third Monday of each month from 20 Aug 1:30 - 4:00**

Leader: Jean Singleton-Turner 9525 6084

jsingleton7@bigpond.com

Bookings: Marina Saunders 9527 4564  
marinthers@gmail.com (preferred)

**PATHWAYS TO THE GODS..... 182EC16**

We approach religion mainly through history. This semester, after looking at the background of Jesus of Nazareth (including the Gnostics and the Essenes), we will examine the last three years of his life and early Christianity.

**Second and Fourth Tuesdays from 24 July 12:30 - 2:30**

Leader and bookings: Jacques Goldman 9518 6741

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**CRONULLA COMMUNITY HALL**

38-60 Croydon Street. Meeting room 1. A short walk from station, Cronulla Street then into Cronulla Mall. Access via walkway next to shop 15. Parking is available in Croydon Street car park and enter beside numbers 38-60.

**FRENCH FOR INTERMEDIATE..... 182EA01  
SPEAKERS\*\*(18)**

Intermediate-level French, basic knowledge required. Revive your grammar, practice your conversation skills, and enjoy reading French texts. Have fun in a relaxed learning environment.

**Each Monday from 2 July 2:00 - 3:30**

Leader and bookings: Susan Molloy-Johnson 9546 5170  
twotwelves@outlook.com

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**GYMEA COMMUNITY HALL**

31-33 GyMEA Bay Road. Short walk from station to rear of a small park beside the GyMEA Hotel, or enter from Talara Road where parking may be found.

**CREATIVE WRITING..... 182EG01**

Fun with words.

**Alt Mondays from 9 July 10:00 - 12:00**

Leader: Ann O'Connor 9531 1645 annoc@tpg.com.au

Bookings: Sandra Keller 9540 1194 or 0417 134 210  
kellers@aanet.com.au

**MIDDLE EASTERN DANCING..... 182EG02**

The oldest dance form for women explored and expressed to traditional music. A great way to keep fit and have fun. If you can walk you can dance.

**Each Monday from 2 July 1:30 - 3:00**

Leader and bookings: Faye Green 9521 6575  
shalinabd@bigpond.com

**DRAWING\*\*(20)..... 182EG03**

Explore drawing in various styles and mediums. Classes led by members who wish to pass on their expertise. Includes visits to art exhibitions.

**Each Tuesday from 3 July 1:00 - 3:00**

Leader: Judith Walker 9544 2638 juden@tpg.com.au

Bookings: Sue MacDonald 9528 8179  
suzannemacdonald99@gmail.com



**DISCOVERING ART ..... 182EG04**

This class will discuss the different aspects of art from architecture to sculpture with art related topics.. We will also look at your favourite artists. Visits to art galleries are a regular highlight.

**First and third Tuesdays of each month from 7 Aug 10:00 - 12:00**

Leader: Marie Paterson 9524 0279  
Bookings: Margaret Wilkes 9523 1614  
margiewilkes@live.com.au

**GYMEA COMMUNITY CENTRE**

39 GyMEA Bay Road. Short walk from station to rear of a small park beside the GyMEA Hotel, or enter from Talara Road where parking may be found.

**AUSTRALIA OUR LAND\*\*(15) ..... 182ED01**

Using books and videos from the library we study and discuss the environmental, geographical, historical and cultural aspects of our wonderful country.

**Each Wednesday from 25 July 10:00 - 12:00**

Leader: Angela Balding 9524 2018  
Bookings: Leona Harris 9522 3225

**MIRANDA COMMUNITY CENTRE**

93 Karimbla Road. A short walk south from station with parking in Karimbla or Kiora Roads, or in Miranda Fair.

**AUSTRALIAN HISTORY ..... 182EM01  
DISCUSSION GROUP**

Talks on any aspect of Australian history. Topics and talks chosen and given by group members who are prepared to do so.

**First and third Wednesdays of each month from 4 July 1:30 - 3:30**

Leader: Janice Stokes 9543 1296 or 0418 415 249  
stokesj@optusnet.com.au  
Bookings: Elizabeth Donovan 9524 9488

**MIRANDA: WESTFIELD**

600 Kingsway. A short walk from Miranda station. Suite G108, next to Lincraft Store on ground floor, Kiora Road.

**THE RISE AND FALL OF ANCIENT ..... 182EW01  
CIVILISATIONS\*\*(20)**

In-depth study of ancient civilisations from early Egypt, surrounding empires and Mediterranean states. Class members are invited to suggest topics and speakers and otherwise contribute, if they wish to do so.

**Each Tuesday from 24 July 10:00 - 12:00**

Joint Leaders:  
Margaret McDonnell 9553 0489 mmcdonnell@tpg.com.au  
and Olga Bondarenko 9529 7314 olgab@ozemail.com.au  
Bookings: Dorothy Dalyell 9520 5563  
ddalyell@bigpond.com

**WORLD HISTORY AND ..... 182EW02  
DEVELOPMENTS\*\*(10)**

This is a discussion group. All members are entitled to participate by doing research on agreed topics and taking part in group discussions.

**Each Thursday from 5 July 10:00 - 12:00**

Leader: Elizabeth Torok 0422 557 457 emtor12@gmail.com  
Bookings: Yvonne Muntz 9544 1122 or 0432 942 527

**FRENCH INTERMEDIATE\*\*(18) ..... 182EW03**

Covers grammar, vocabulary, listening, conversation and dictation. Use will be made of printed and audio material.

**Each Monday from 2 July 10:00 - 12:00**

Leader: Bill Leach 9579 1251 or 0413 691 373  
billnell2@optusnet.com.au  
Bookings: Denis Miller 9523 3627 denis.miller@bigpond.com

**FRENCH CONVERSATION\*\*(18) ..... 182EW04**

A small group participates in French conversation with an emphasis on correct pronunciation and fluency.

**Each Monday from 2 July 12:00 - 1:00**

Leader: Bill Leach 9579 1251 or 0413 691 373  
billnell2@optusnet.com.au  
Bookings: Denis Miller 9523 3627 denis.miller@bigpond.com

**OATLEY LIBRARY**

26 Letitia Street. A 10-minute walk from Oatley Station (continue past the clock), or limited street parking.

**ITALIAN LANGUAGE AND CULTURE ..... 182EO01**

Focuses on speaking, writing, listening and reading Italian at survival level or better, depending on the class. We explore grammar, literature, poetry, history, art, tourism, songs, opera themes, and recipes. Classes are in English and Italian depending on the topic and the class.

**Each Thursday from 2 Aug 10:00 - 12:00**

Leader: John Della Torre 8544 1758  
Bookings: Judy Bassford 9527 2931

**ART FOR ENJOYMENT\*\*(16) ..... 182EO02**

This is an art group that meets once a week to enjoy our own art. There are no formal lessons as each of us likes to do our own form of art. We have beginners to serious artists and find that we learn by helping each other.

**Each Wednesday from 4 July 2:00 - 4:00**

Leader and bookings: Doreen Kellett  
9525 0531 or 0407 276 416  
doreenkellett@live.com.au

**SOUTH HURSTVILLE LIBRARY**

1 Allen Street. Regular buses from Hurstville or Miranda stations.

**DISCUSSION GROUP\*\*(18) ..... 182EL01**

Our friendly group enjoys stimulating and serious discussion on current affairs and a variety of subjects. There is controversy, reminiscing and usually lots of laughter.

**Each Monday from 23 July 10:00 - 12:00**

Leader and bookings: Betty Buchanan 9580 1366

**AWARD-WINNING NOVELS\*\*(15) ..... 182EL02**

Friendly group meeting, to discuss award-winning novels, or novels any one of the group thinks should have won an award!

**First Wednesday of each month from 4 July 10:30 - 12:30**

Leader: Pat Copping 9529 6791 or 0432 345 501  
18gingie@gmail.com  
Bookings: Gloria Thompson 0403 899 349  
thompson.gloria37@gmail.com

**WRITING CREATIVELY\*\*(12) ..... 182EL03**

A small friendly self-help group where you can develop your writing skills and share your stories and life experiences. Beginners welcome.

**First and fourth Tuesdays of each month from 3 July 1:30 - 3:00**

Leader: Yvonne Tracey 9587 3245 or 0415 327 313  
yvonne.calling1@bigpond.com  
Bookings: Patricia Skinner 9547 0406  
leytonadsl@dodo.com.au

## HURSTVILLE LIBRARY

Dora Road Hurstville (Miles Franklin Room) - between Dora Road and Queen Road. 5 minute walk from Hurstville station.

### DISCUSSION GROUP\*\*(15)..... 182EH01

Each attendee has five minutes to present their experience, research and findings on a predetermined, usually current affairs topic. Group discussion follows until the topic is exhausted and social chat takes over until 3pm.

**Second and fourth Tuesday of each month from 10 July 1:00 - 3:00**

Leader: Andrew Maclean 9543 2539

aach.maclea@optusnet.com.au

Bookings: Garry Griffiths 0468 809 332

margig@ozemail.com.au

## KOGARAH SENIOR CITIZEN HALL

2 Taylor Street. A short walk from Kogarah Station.

### GERMAN CONVERSATION ..... 182EK01

Intermediate to advanced conversational German.

**Second and fourth Thursdays of each month from 12 July 10:00 - 12:00**

Leader and bookings: Helmi Albrecht

9597 6628 or 0412 635 976 helmi.albrecht@gmx.de

## SUTHERLAND LIBRARY

Committee Room, Sutherland Library, Belmont Street. Short walk from station.

### CRIME LITERATURE ..... 182ES01

We read crime books and then discuss them.

**First and third Tuesdays of each month from 3 July 10:00 - 12:00**

Leader: Carol Dawson 0405 311 749

Secretary and bookings: Carolyn Schinazzi 9525 7617

carolandeno@gmail.com

### ART - SKETCHING\*\*(15)..... 182ES02

Learn quick observational sketching. Illustrate your journal of memorable sights and occasions. Using only pencil, pen and watercolours, because we also, on weekends, frequently venture outdoors or join other sketch groups. We are the ShireSketchers, sharing and helping each other to practise urban sketching.

**Every Thursday from 26 July 10:00 - 12:00**

Leader: Peggy Annabel 0402 354 968

peggy.annabel@bigpond.com

Bookings: John Wu 0413 694 883

## SUTHERLAND LEISURE CENTRE

1 Rawson Avenue. Committee Room. Parking available. A 15 minute walk from the Sutherland station.

### ASPECTS OF ARCHAEOLOGY\*\*(18)..... 182ES03

There is a video each meeting on archaeology followed by reading from articles relating to archaeology, plus afternoon tea.

**First and third Fridays of each month from 6 July 2:00 - 4:00**

Leader and bookings: Mary Armstrong 9567 0995

## YOWIE BAY: WATERBROOK LIFESTYLE RESORT

19 Wyralla Road, Yowie Bay. A long walk from Miranda station. Ample street parking.

### MUSIC FOR PLEASURE: THE CLASSICAL ROMANTICS\*\*(20)..... 182EY01

Music appreciation: classical and romantic periods.

**First and third Tuesdays of each month from 3 July 2:00 - 4:00**

Leaders: Joan Bolton 9541 3016 or 0416 143 077

boltonjoan@hotmail.com

and Bob Hallahan 9594 0214 jacobob@optusnet.com.au

Bookings: Chris Jenkins 9529 4444 chrisjenk66@hotmail.com

## OUT THERE

### U3A ENDEAVOUR CAMPUS WALKERS..... 182EX01

Bush Rambles and Sydney by ferry and foot. Routes previously walked by walk leaders. Walks described in our programs to indicate degree of difficulty. A 4-5 day social walking holiday held annually. Members are encouraged to participate in as many activities as possible. An annual administrative fee of \$10 is applicable.

**Each Thursday from 5 July - variable meeting times**

Leader: Bill Hunt 9521 2016

ara2233@yahoo.com (preferred)

Bookings: June Symes 9524 2817

jsymes6@gmail.com (preferred)

### WALKING IN SYDNEY AND SURROUNDS\*\*(35)..... 182EX02

A variety of walks around all areas of Sydney and surrounds ranging from medium level to easier bushwalks, track and street walks, going to beautiful and interesting places, whilst enjoying good company in the outdoors. We welcome members from all U3A regions to come and join us.

**Alt Fridays from 13 July 8:30 - 3:00 (variable times)**

Leader, coordinator and bookings:

Graham Lee 9546 7994 or 0408 627 316

tonilee91@gmail.com

### WALKING AROUND SYDNEY\*\*(35)..... 182EX03

A variety of walks around all areas of Sydney ranging from medium level to easier bushwalks, track and street walks, going to beautiful and interesting places, whilst enjoying good company in the outdoors. We welcome members from all U3A regions to come and join us. Various locations and times as per program.

**Alt Fridays from 6 July 8:30 - 3:00 (variable times)**

Leader: Ruth Perini. 0407 068 613 vperini@bigpond.net.au

Secretary and bookings: Colleen Bracken

bracken65@gmail.com 9874 1012 or 0432 297 874

### U3A SYDNEY STRIDERS\*\*(35)..... 182EX04

A variety of walks of Sydney and surrounds ranging from easy to medium grade bush, track and street walks, going to beautiful and interesting places, with good company. We welcome members from all U3A regions to come and join us. Various locations and times as per program.

**Alt Wednesdays from 4 July 8:30 - 3:00 (variable times)**

Leader: Penny Howarth 0422 078 027

pennyhowarth2@gmail.com

Bookings: Rosanne Burkhart 0413 128 967

rburkhart@bigpond.com

## **LUNCH A LOT WITH STYLE\*\*\*(25)..... 182EX05**

Share good food and conversation with others who enjoy eating out. We visit inexpensive restaurants which are chosen by group members so we can experience a variety of cuisines. All venues will be close to public transport. Members pay for their own meals and corkage, the laughter is free.

### **First Thursday of each month from 5 July 12:30**

Leader and bookings: Anna Winter  
9553 0445 or 0449 673 144 (enquiries only)  
annau3a@gmail.com (preferred)

## **HARVESTING IN THE SUBURBS..... 182EX06 AND SURROUNDS\*\*\*(15)**

Monthly visits to community vegetable gardens in Sydney suburbs or surrounds. Gardens within walking distance of public transport. Bring lunch and a gold coin for garden entry. Members will be advised monthly of day, date and meeting place. Days may vary depending on garden opening time.

### **Commencing Wednesday 11 July**

Leader and bookings: Joan Collins 9521 3269 (enquiries only) joancollinsau@gmail.com (preferred)  
Assistant Leader: Robyn Kemp 9520 4740 (enquiries only).  
robynbillk@yahoo.com.au (preferred).

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## **PRIVATE HOMES**

## **BOOK BANTER (GyMEA)\*\*(12)..... 182EH01**

A wide variety of books are chosen by the members of the group and one book is discussed each month.

### **First Friday of each month from 6 July 1:30 - 3:00**

Leader and bookings: Vicki Hann 0419 482 254  
vickihann@hotmail.com

## **HEALTHY RELAXATION MEDITATION..... 182EH02 (Kogarah)\*\*(12)**

Healthy life, relaxation through meditation. Learn to sit in the stillness and find your inner place to unfold your blueprint for life 'know thyself'.

### **First and Third Tuesdays of each month from 3 July 2:00 - 4:00**

Leader and bookings: Anna Winter 9553 0445  
0449 673 144 (phone enquiries only)  
annau3a@gmail.com (preferred)

## **PHOTOBOOKS FOR ABSOLUTE..... 182EH03 BEGINNERS (GyMEA)\*\*(6)**

(1km flat walk from GyMEA Station).

Have you wanted to make a photobook, but just needed a nudge to get started? Watch how to use a computer program, which is freely available. We'll discuss how to choose the book type, covers, theme, layouts, text and embellishments. This will be very basic, so suitable for true "photobook beginners"! A knowledge of basic computer skills is assumed.

### **Friday 20 July 10:00 - 12:00**

The date for an optional follow-up session will be decided with participants on the day.

Leader and Bookings: Jill McLelland 9524 6506  
jillU3A@outlook.com

## **INTERESTING ISSUES AROUND..... 182EH04 SCIENCE (GyMEA)\*\*(30)**

1 km flat walk from GyMEA Station

### **Three Thursdays 10:00 - 12:00**

Leader for all sessions: Gordon McLelland  
Bookings for all sessions: Jill McLelland  
jillU3A@outlook.com 9524 6506

## **1. Luck, Life and Rearing Kids in a Medical Practice**

Hear anecdotes about medicine and family, by the Specialist Physician who set up the first private Nuclear Medicine facility in Australia.

Speaker: Frank Broderick

**Thursday 19 July**

## **2. From Seatbelts to Stem Cells**

How has orthopaedics changed the world in the last 50 years? An orthopaedic surgeon will chat about amazing advances such as the joint replacement revolution, arthroscopic and tendon transfer surgery and ligament reconstruction.

Speaker: Brian Holt

**Thursday 9 Aug**

## **3. Are We Alone in the Universe?**

For several hundred years humans have speculated about the existence of life on heavenly bodies other than the Earth. Since about 1960 this has become a systematic search for intelligent life elsewhere in the universe and a search for any type of life on other bodies in our solar system. This talk will summarise these searches and where they have led us.

Speaker: Gordon McLelland

**Thursday 6 Sept**

# GREATER WESTERN

**Regional Course Coordinator:** Sue Brennan  
suebrennan88@gmail.com | 0417 288 927 | 9624 4270

**Assistant Course Co-ordinator:** Peter McGuire pmcguire@tpg.com.au

**Enquiries only**

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**PLEASE SEE OUR FOUR ENTRIES in 'EVENTS FOR ALL'**

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## PARRAMATTA

Level 2, 1-3 Fitzwilliam Street - adjacent to rail station  
**Lift / Wheelchair accessible**  
(Enter through 'RAFFLES' door, left of library entrance)  
**Check with leaders for sessions during the school holidays**

### MANDARIN ..... 182GF01

This continuing course is intended for the Third Age people who want to learn Mandarin by means of learning Chinese characters and sentences using alphabetic transliteration. Your class level will determine alternate Monday session access.

**Each Monday from 2 July 10:00 - 12:00**

Leader: Ying Mei Zhang  
Bookings: Ying Mei Zhang 9635 8798 or  
Nicole Liu 9311 2480

### MANDARIN P.I.E.S (Practice in Everyday Speaking Chinese) ..... 182GF02

These sessions are intended for learners of Mandarin who want to practice and improve their listening and speaking skills. Depending on skill level, activities range from basic everyday conversation with emphasis on pronunciation and sentence structure, to role plays and discussions facilitated by native Mandarin speakers.

**Each Friday from 6 July 1:00 - 3:00**

Leader and bookings: Stanley Yan 9980 7289  
stanyan100@hotmail.com

### BOOK OF THE MONTH\*\*(20) ..... 182GF03

Discussion group. New members most welcome. Share the experience, expand your understanding and enjoy the process.

**Every fourth Monday from 23 July 10:00 - 12:00**

Leader and bookings: Isabel Halton 9872 4467

### THRILLERS AND MYSTERIES ..... 182GF04

Join a monthly book-reading group for those who read for entertainment and love 'whodunits'. We each take turns in selecting two authors for the following month.

**Every fourth Monday from 16 July 1:00 - 3:00**

Leader and bookings: Dorothy Johnson  
9621 2389 (after 5pm)

### STORYTELLERS PARRAMATTA ..... 182GF05

'Letting Thoughts Fly' is our motto. Come and join our lively, friendly group and write your family anecdotes, poems and tales both serious and frivolous. An optional topic is suggested for reading at the following session, however, personal themes are always welcome.

**Alt Tuesdays from 3 July 10:00 - 12:00**

Leader and Bookings: Helen Reardon 9631.7241  
helsjr@bigpond.com

### GROWING YOUR FAMILY TREE ..... 182GF06

Interested in your family history? Join a friendly, helpful group all engaged in digging up their ancestors.

**Alt Tuesdays from 10 July 1:00 - 3:00**

Leader and bookings: John Venables 9484 0526  
john\_venables@yahoo.com

### TEN SINGLE SESSION TUESDAYS\*\*(30) ..... 182GF07

A series of separate presentations on subjects of general interest.

**All talks are from 10:00 - 12:00**

**NOTE: Bookings for sessions 6-10 will NOT be taken until 20 Aug**

Bookings: Sue Brennan 9624 4270 or 0417 288 927  
suebrennan88@gmail.com (preferred)

#### 1. Ghosts of Everest

An in depth study of the life and achievements of George Mallory before and on Mt Everest, and whether he could have made it to the top in 1924

**Tuesday 10 July**

Speaker: Tony McCurdy

#### 2. Great Voyages of Exploration

A review of history's greatest voyages of exploration and the nature and motivation of the explorers who carried them out

**Tuesday 24 July**

Speaker: Tony McCurdy

#### 3. Sydney Opera House

We'll look at what the Sydney Opera House was originally designed to be. It ought to be good for opera, and we still need an excellent concert hall. Could it be here in Parramatta!

**Tuesday 7 Aug**

Speaker: Peter Compagnoni

#### 4. NSW Department of Fair Trading - Your Rights

The State Government agency provides Information to consumers about fair and ethical business practices

**Tuesday 21 Aug**

Speaker: DFT presenter

#### 5. World of Words

Grammar, usage, pronunciation, etymology: we all have our preferences, prejudices, antipathies and ignorance. Come and air these with others. John guarantees to lead a provocative discussion about what is 'correct' / 'incorrect'.

**Tuesday 4 Sept**

Speaker: John Flint

#### 6. Grumpy Old Matthau

The life and film career of Walter Matthau, the rumpled, crumpled master of crotchety comedy, with accompanying illustrations, interviews and film clips.

**Tuesday 18 Sept**

Speaker: Nora Hinchin



## 7. Vaccination: The Debate

Today's major method used to prevent viral diseases. We'll trace the development of vaccines, describe how the immune system works and discuss controversial issues surrounding their use.

**Tuesday 16 Oct**

Speaker: Penny Bishop

## 8. Food-borne illness: Is Our Food Safe?

Gastrointestinal infections: the most common cause of illness in society. Modern day methods of food production/distribution can lead to disease outbreaks. How can we prevent the spread of these diseases?

**Tuesday 30 Oct**

Speaker: Penny Bishop

## 9. Life in Submarines

Doug joined the Navy, aged 15. Drafted to submarines for 5 years. His story is rich as an historical experience in 'O' Class submarines, and reveals the impact this had on his life.

**Tuesday 13 Nov**

Speaker: Doug Edwards

## 10. Weird and not so Wonderful Histories!

Join Harvey for a morning of chuckles at historical events and figures that feature 'the bizarre', 'the ridiculous' and 'the just plain hilarious'!

**Tuesday 27 Nov**

Speaker: Harvey Broadbent

## OUR WORDS ..... 182GF08

Interested in the origin of language? Words and sayings can be fun. Join us and enjoy them. Bring a word and we'll use it in an 'on-the-spot' writing task. Hone your writing skills with a friendly, like-minded group and let your talent emerge

**Alt Wednesdays from 4 July 1:00 - 3:00**

Leaders and bookings:

Ann Orel 9638 2547 annorel@hotmail.com

Rachelle Rassaby 9797 2287 rrassaby@gmail.com

## BASS AND FLINDERS ..... 182GF09

Navigator Matthew Flinders, a Royal Navy officer, and ship's surgeon George Bass, met on the HMS Reliance on their way to NSW. Our presenter is a Maritime Museum volunteer.

**Wednesday 11 July 1:00 - 3:00**

Speaker: Ron Ray

Bookings: Sue Brennan suebrennan88@gmail.com

## THE MODERN CALENDAR ..... 182GF10

We all use it but don't realise its fascinating history. Emperors and popes contributed and 'Little Denis'. Who?

**Wednesday 25 July 1:00 - 3:00**

Speaker: Paul Barclay

Bookings: Sue Brennan suebrennan88@gmail.com

## HUMAN INGENUITY THROUGH THE AGES ..... 182GF11

Human beings not only survived their incredible journey across the globe, but also prospered throughout the ages. We review some examples of human ingenuity from different walks of life.

**Wednesday 5 Sept 1:00 - 3:00**

Speaker: Himanshu Jhala

Bookings: Sue Brennan suebrennan88@gmail.com

## OUR DYNAMIC EARTH ..... 182GF12

A look at some of our planet's amazing features. Plate tectonics, earthquakes, volcanoes, and some phenomena you've heard of and would like to know more about, such as El Nino, greenhouse effect, auroras. (2 sessions – some DVDs will be shown)

**Wednesdays 19 Sept and 3 Oct 1:00 - 3:00**

Speaker and bookings: Sue Brennan

suebrennan88@gmail.com

## HOWARD FLOREY ..... 182GF13

An Australian best known for his work on penicillin, but there is much more to this famous scientist.

**Wednesday 17 Oct 1:00 - 3:00**

Speaker and Bookings: Sue Brennan

suebrennan88@gmail.com

## BREXIT: BRITAIN LEAVING THE EU ..... 182GF14

What influence will the Brexit negotiations have on Britain and the other European countries? How will Britain look, after the event?

**Wednesday 31 Oct 1:00 - 3:00**

Speaker: Angelika Lange

Bookings: Sue Brennan suebrennan88@gmail.com

## CALLIGRAPHY\*\*(18) ..... 182GF15

Learn 'beautiful writing' and discover your artist within. No experience or talent necessary.

**Alt Thursdays from 12 July 1:00 - 3:00**

Leader: Georgie Tuck 9626 1334

georginatuck93@gmail.com

## PEOPLE WHO CHANGED THE WORLD ..... 182GF16

We look closely at the lives of personalities who had a significant influence on the social and economic development of humanity. Our focus is psychological. We consider the environment they grew up in, their family relationships, what they did that may have changed their world and how that may have affected our own lives.

**Alt Thursdays from 5 July 2:00 - 4:00**

Leader: Barry Hanlon

Bookings: Rex Broadbent 0433 000 556

rexpatoptusnet.com.au (preferred)

### 1. Stephen Hawking

English theoretical physicist, cosmologist, author and Director of Research at the Centre for Theoretical Cosmology within the University of Cambridge.

**5 July**

### 2. Robert Baden-Powell

A British Army officer, writer, author of Scouting for Boys, first Chief Scout of the Boy Scouts Association and founder of the Girl Guides.

**2 Aug**

### 3. Andrew Lloyd Webber and Tim Rice

Baron Lloyd-Webber, an English composer and impresario of musical theatre. Sir Timothy Rice, an English author and multi (Academy, Golden Globe, Tony and Grammy) Award-winning lyricist

**16 Aug**

### 4. Phineus Taylor Barnum

An American showman, politician and businessman remembered for promoting celebrated hoaxes and for founding the Barnum and Bailey Circus.

**30 Aug**

### 5. Anna Maria 'Marie' Tussaud

A French artist known for her wax sculptures and Madame Tussauds, the wax museum she founded in London.

**13 Sept**

### 6. Mohandas 'Mahatma' Gandhi

An Indian activist, leader of the Indian independence movement against British rule.

**27 Sept**

### 7. Karol Józef Wojtyła

As John Paul II, Pope of the Catholic Church and sovereign of Vatican City from 1978 to 2005. He is called Saint John Paul the Great by some Catholics.

**25 Oct**

### 8. Mao Zedong

Commonly known as Chairman Mao, a Chinese communist revolutionary, poet, political theorist and founding father of the People's Republic of China.

8 Nov

### 9. Alfred Hitchcock

An English film director and producer, widely regarded as one of the most influential filmmakers in the history of cinema.

22 Nov

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## PARRAMATTA: HARRY TODD BAND HALL

Jubilee Lane, Parramatta. Approach from Jubilee Park on Parkes Street

### WORLD HISTORY: PEOPLE AND EVENTS ..... 182GH01

Presentations by group members on subjects of their choice.

**Alt Fridays from 6 July 10:00 - 12:00**

Bookings: Sue Brennan suebrennan88@gmail.com

### A LIVELY DISCUSSION GROUP ..... 182GH02

Have your say. I may not agree with what you say but I will defend your right to say it.

**Alt Fridays from 13 July 10:00 - 12:00**

Leader: Robert Russell

Bookings: Dorothy Johnson 9621 2389 (after 5pm)

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## GUILDFORD: HEWITT HOUSE

Corner of Guildford and Byron Roads.

### WRITING CREATIVELY ..... 182GG01

Learn the skills of transforming experiences into prose and poetry and share the results in a friendly supportive environment.

**Alt Wednesdays from 11 July 1:30 - 3:30**

Leader and bookings: Lorna Clayton 8861 5736

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## BLACKTOWN: WESTPOINT

Community Room, Fourth Floor, up Alpha Street Ramp. Four hours parking available with Seniors Card. **Wheelchair accessible**

### TAI CHI ..... 182GB01

Tai Chi has been said to relieve stress, arthritis and blood pressure. Assist in the mobility of mind and body. Aid blood circulation and muscle toning. Beginners and advanced classes.

**Each Tuesday from 3 July 1:30 - 2:30**

Leader and bookings: Vicky Fitzgibbon 9622 5638 0427 240 583 vickyfitzgibbon47@gmail.com

### POETRY AND PROSE FOR EVERYONE\*\*(15) ..... 182GB02

Bring your poems or prose to read, or just relax and listen to the reading of established authors, or members own work.

**Alt Thursdays from 5 July 10:00 - 12:00**

Leader and bookings: Margaret Bacon 9622 7874 margaretbacon8@gmail.com

### AUSTRALIA: IT'S HISTORY, PEOPLE, EVENTS AND PLACES ..... 182GB03

A new format: Topics for sessions are chosen and presented by the group's very enthusiastic members.

**Alt Thursdays from 12 July 10:00 - 12:00**

Bookings: Ted Hartley ted.hartley1948@hotmail.com  
Enquiries: Sue Brennan suebrennan88@gmail.com

### FUN AND GAMES ..... 182GB04

A light-hearted course to stretch your mind by playing scrabble, rummikub, canasta, and other games in a friendly atmosphere (11 sessions).

**Every Friday from 6 July 10:00 - 1:00**

Leader and bookings: June Keith 9621 1215  
junekeith@optusnet.com.au

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## BLACKTOWN CITY LIBRARY

Study Room, Level 1, corner of Alpha Street and Flushcombe Road. **Wheelchair accessible**

### FAMILY TREE MYSTERIES SOLVED\*\*(10) ..... 182GL01

This is a support group for those addicted to researching their family history. Members range from beginners, to those with over thirty years experience in genealogy. Come and join our friendly and helpful group whose members assist each other to solve their genealogy problems.

**Alt Tuesdays from 10 July 10:00 - 12:00**

Leader and Bookings: Jenny Sharp 0405 538 045  
jjsharp66@gmail.com (preferred)

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## TOONGABBIE: ST. ANTHONY'S CHURCH HALL

Aurelia Street. Close to rail station and bus stop. Some parking available.

### MONDAY CANASTA AND MAH JONG (WESTERN STYLE) ..... 182GT01

Learn Canasta and Mah Jong (Western Style). Practice, refresh and polish up your skills for both these social games with a friendly group.

**Each Monday from 2 July 1:00 - 3:30**

Leader and bookings: Jon Hendrikse 0411 472 633  
jhendrikse39@hotmail.com

### GENTLE EXERCISE AND DEEP RELAXATION\*\*(20) ..... 182GT02

This course aims to promote a depth of consciousness below the stressful surface. Discover the joy of deep relaxation and the health benefits of some very easy stretching. Please bring your own exercise mat and pillow.

**Each Tuesday from 3 July 1:00 - 3:00**

Leader and bookings: Warwick Pitt: 9727 8415  
warwickjpitt@hotmail.com

### LINE DANCING ..... 182GT03

Come along as a beginner and learn Line Dancing or further your skills with this enjoyable, healthy activity to Country or Modern music.

**Each Wednesday from 4 July 1:00 - 3:00**

Leader and bookings: Vicky Fitzgibbon 9622 5638  
0427 240 583 vickyfitzgibbon47@gmail.com

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## PRIVATE HOMES

### DESK-TOP FLYING FOR SENIORS (Carlingford)\*\*(12) ..... 182GP01

Frustrated aviators can learn to fly and navigate from 22,000 airports worldwide using a stable of 144 aircraft (Wright Brothers to an A380) projected from a laptop to a large screen TV. No flying experience necessary. Venue close to Carlingford Railway Station or Parramatta/Epping bus route.

**Alt Tuesdays from 10 July 1:30 - 3:30**

Leader and bookings: Keith Manwaring 9872 2907  
snrpilot18@gmail.com

**BRIDGE FOR ADVANCED PLAYERS ..... 182GP02**

**(North Parramatta)\*\*(8)**

Bridge for advanced players in a non-competitive atmosphere.

**Alt Wednesdays from 11 July 10:00 - 12:00**

Leader and bookings: Liz Sobolewski 9630 7592

**LET'S TALK ABOUT IT ..... 182GP03**

**(Merrylands West)\*\*(10)**

Informal discussion about the activities and personalities of yesterday and today's prominent people, including royalty, outstanding contributors to the world scene and people in the news for whatever reason.

**Alt Wednesdays from 4 July 10:00 - 12:00**

Leader and bookings: Bev Cockburn 9635 7802

bevco4@bigpond.com (preferred)

**ANYONE FOR MURDER? ..... 182GP04**

**(Merrylands West)\*\*(10)**

Participants will be offered a selection of DVDs and videos of murder mysteries featuring well-known fictional sleuths such as Frost, Morse, Colombo, Barnaby, Miss Marple and Hercule Poirot. Episodes of 'Endeavour', 'Lewis' and 'Vera' may also be added to our adventures!

**Alt Wednesdays from 11 July 10:00 - 12:30**

Leader and bookings: Bev Cockburn 9635 7802

bevco4@bigpond.com (preferred)

**MUSIC AND SONG (Carlingford)\*\*(8) ..... 182GP05**

Learn theory and terminology of music, voice production and breathing methods. Bring along a short life story of your most admired composer and sing your favourite song.

**Fourth Wednesday of each month from**

**25 July 10:00 - 12:00**

Leader and bookings: Suzanne Su 9872 1230

**EXPLORING THE PAST ..... 182GP06**

**(Merrylands West)\*\*(10)**

Video clips and discussion about various famous people and events of historic importance from the past.

**Alt Thursdays from 5 July 10:00 - 12:00**

Leader and bookings: Bev Cockburn 9635 7802

bevco4@bigpond.com (preferred)

**MUSIC AND OTHER JOYFUL ..... 182GP07**

**NOISES (Oatlands)\*\*(10)**

Class members are invited to bring their own choice of music (tapes, CDs) and perhaps talk about the reason for their choice, be it personal or about the composition or musician. Any kind of music is welcome, including musical jokes.

**Last Friday of each month from 27 July 10:00 - 12:00**

Leader and bookings: June Kendrick 9638 1752



# HARBOURSIDE NORTH

**President:** Judy Harris 0447 194 510 judyharris2@bigpond.com  
**Regional Course Coordinator:** Rosemarie Einstein 0412 043 377  
einstein@starmer.net.au  
**Enquiries only**

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## HARBOURSIDE NORTH REGION OF SYDNEY U3A

Notice is hereby given that the

### **Annual General Meeting and Election of Office Bearers**

followed by our

### **Annual Celebration Lunch**

will be held on

**Friday 7 December commencing at 12 noon**

at

### **Lane Cove Country Club**

River Road, Lane Cove (ample parking available in the ground)

Further details will be notified

Harbourside North members are encouraged to attend  
All Sydney U3A members are welcome  
Invitations will be posted on request

**Please write this date into your diary now**

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## **2019 - Welcome the New Year with Harbourside North U3A Mosman Square Seniors Centre**

### **WHIST DRIVES**

**Wednesdays 16 and 23 January 2019**

**Coffee and cakes at 10:00. Start playing at 10:30 (no charge!)**

New and potential members welcome. No experience required  
Come and join us, and meet new and old friends in a casual and friendly atmosphere

**Bookings: Lesley Duffill 9969 9546; leslie.duffill@bigpond.com**

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## **The Harbourside North Region Committee**

invites you to

### **MORNING TEA AND CAKES**

at

**The Art Gallery Mosman**

**Monday 4th February 2019 at 10:00**

An introductory morning to the University of the Third Age for members and friends and new and potential members.  
Come and share your ideas, suggestions, and experiences of life in U3A!  
See and hear what U3A has in store for you in 2019.

**For information contact Eve Klein: cyeve@tpg.com.au or  
Lesley Duffill leslie.duffill@bigpond.com**

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## CHATSWOOD: DOUGHERTY COMMUNITY CENTRE

7 Victor Street. Three-hour free parking at Westfield car park opposite. A short walk from Chatswood bus and train interchange. **Wheelchair accessible.**

**For enquires contact Judy Harris 0447 194 510**

**[judyharris2@bigpond.com](mailto:judyharris2@bigpond.com)**

**Booking for all sessions, with the listed person below, is essential.**

### THE PACIFIC ASCENDANCY (2) ..... 182HD01

We look at the rebirth, recalibration and repositioning of two of the world's supra-regional economies - the Atlantic and the Indo-Pacific - since 1946 and how the Indo-Pacific is becoming the strategic centre of global economic and cultural growth. Also, where does Australia fit in? (8 sessions)

**Alt Tuesdays from 10 July 10:30 - 12:30**

Leader: Ian De Mellow

Bookings: Ursula Schappi [ursulasch@bigpond.com](mailto:ursulasch@bigpond.com) 9955 7628

### ADVANCED RECORDER ..... 182HD02

Treble, tenor, bass and descant players welcome. Basic sight-reading is essential. The emphasis is on playing musically. (11 sessions)

**Alt Mondays from 16 July 10:30 - 12:30**

Leader and bookings: Katie Lucy-Smith 8416 3266

### DISCUSSION GROUP ..... 182HD03

Would you like to hear some interesting opinions? Do you want to air some of your own? This is a varied group who consider some of the issues of life and living that contribute to our modern existence. (10 sessions)

**Alt Thursdays from 19 July 10:00 - 12:00**

Leader and bookings: Margaret Thomason 9488 8960

### ORGAN DONATION AND TRANSPLANTATION: HOW DOES IT WORK? ..... 182HD04

What organs and tissues can be donated? How does one get onto the transplant waiting list? Learn about the process followed by professionals to make this miracle possible.

**Mondays 23 and 30 July 10:30 - 12:30**

Speaker: Cristina Baleriola

Bookings: Janet Bayley [janet\\_b27@hotmail.com](mailto:janet_b27@hotmail.com) 0414 139 947

### LEARN THE RECORDER ..... 182HD05

Have fun learning to play descant, treble or tenor recorders beautifully. A small knowledge of music and recorder playing is required. You will need a recorder, music stand and will have to buy the set Tutor (Enjoy the Recorder by Brian Bonsor). (10 sessions)

**Alt Wednesdays from 25 July 10:30 - 12:30**

Leader and bookings: Katie Lucy-Smith 8416 3266

### DISCUSSION GROUP\*\*(15) ..... 182HD06

We are a small and friendly group who discuss both local and overseas events. We value all opinions and do not take ourselves too seriously. (10 sessions)

**Alt Thursdays from 26 July 10:30 - 12:30**

Leader and bookings: John Yates

[johnyates@hotmail.com](mailto:johnyates@hotmail.com) 0437 394 225

### DEVELOPMENT OF THE ENGLISH LANGUAGE: WHY IS IT SO? ..... 182HD07

English is probably the richest language in the world; why? how? Lovable and maddening, easy yet difficult - a surprising insight into our daily use. (4 sessions)

**Each Friday from 3 Aug 10:30 - 12:30**

Leader: Margherita Curtis

Bookings: Kathy Vern-Barnett

[kvemb@optusnet.com.au](mailto:kvemb@optusnet.com.au) 0414 694 925

### AUSTRALIAN DRAMA AND THE FLYING COSGROVES ..... 182HD08

Australians have always loved drama and the Cosgrove brothers (ancestors of the Governor-General) were right into it. Pantomime, melodrama and silent films will be shown and discussed.

**Thursday 9 Aug 10:30 - 12:30**

Speaker: Jenny Rudd O'Neill

Bookings: Julie Dixon 9413 3506

### GERMAN FOR POST-BEGINNERS ..... 182HD09

Starting with a revision of basic grammar, the course covers past and perfect tense and more complex sentences. It includes plenty of practice in listening, speaking, reading and writing on everyday topics of the German-speaking countries. (12 sessions)

**Each Thursday from 9 Aug 1:00 - 3:00**

Leader and bookings: Bettina Boss 0466 979 460

### HEALTHY BRAIN, HEALTHY AGING ..... 182HD10

This session provides an overview of memory and dementia and how it impacts on changes in the brain. It provides strategies for keeping your brain healthy and reducing the risks of developing dementia.

**Friday 7 Sept 10:30 - 12:30**

Speaker: Libby Palmer

Bookings: Rosemarie Einstein

[einstein@starmar.net.au](mailto:einstein@starmar.net.au) 0412 043 377

### THE EVOLUTION OF THE UNIVERSE ..... 182HD11

This audio-visual presentation will outline our current understanding of the evolution of the universe from the big bang to the present, including the appearance of life on earth.

**Tuesday 18 Sept 1:00 - 3:00**

Speaker: Kevin Murray

Bookings: Barbara Ellis [bellis58@bigpond.com](mailto:bellis58@bigpond.com) 9416 3071

### AGE DISCRIMINATION ..... 182HD12

We are living longer and healthier lives than ever before. However, age discrimination can prevent older Australians from enjoying independence and fulfilment. Dr Patterson will discuss her work to improve this situation in her three core areas – elder abuse, older workers and older women at risk of homelessness.

**Wednesday 19 Sept 10:30 - 12:30**

Speaker: Kay Patterson

Bookings: Annemarie Moore

[mooreannemarie1948@gmail.com](mailto:mooreannemarie1948@gmail.com) 0421 716 232

### CRIME, PUNISHMENT AND CIVIL DISPUTES IN COLONIAL NSW ..... 182HD13

These lectures cover the justice system from 1800, with the arrival of Governor King. Convict punishment is looked at. The 1808 (Rum) Rebellion, the period of rebel power and the justice system in this period are all examined. Finally, the arrival of Governor Macquarie is considered. (4 sessions)

**Each Monday from 8 Oct 10:30 - 12:30**

Speaker: Malcolm Robertson

Bookings: Joy Martin [joymartin@optusnet.com.au](mailto:joymartin@optusnet.com.au) 9888 6465

### NAPOLEON AND THE AUSTRALIAN CONNECTION ..... 182HD14

A talk on the meteoric rise/falls in his career with some emphasis on the final years and their importance to Australia.

**Tuesday 9 Oct 10:30 - 12:30**

Speaker: Geoff Davidson

Bookings: Marilyn Hunnisett

[mhunnisett@bigpond.com](mailto:mhunnisett@bigpond.com) 9925 0469

## **A MUSICAL JOURNEY THROUGH THE ROYAL COURTS OF EUROPE**..... 182HD15

We shall take an imaginary journey through four of the wealthiest and most powerful royal courts of Europe which had the desire and the resources to attract the very best thinkers and musicians and create centres of excellence which were the envy of the world. (4 sessions)

**Alt Tuesdays from 9 Oct 1:30 - 3:30**

Speaker: John Yates

Bookings: Jan Yeoman janyeoman@bigpond.com 9411 3457

## **AUSTRALIA: THE GREAT SOUTH LAND - WHERE IS IT?**..... 182HD16

Covering the search from earliest times until settlement and establishment of the Colonies.

**Thursday 25 Oct 10:00 - 12:00**

Speaker: Geoff Davidson

Bookings: Marilyn Hunnisett

mhunnisett@bigpond.com 9925 0469

## **LIVING LATIN**..... 182HD17

Most people can recall the saying 'Latin is dead. First it killed the Romans now it's killing me.' Is this a fair statement? Make your own decision after hearing this talk.

**Monday 5 Nov 10:30 - 12:30**

Speaker: Anne Richardson

Bookings: Max Richardson annesil@hotmail.com 0414 367 467

## **WINSTON CHURCHILL**..... 182HD18

This digitally colourised DVD presentation outlines his long, fascinating life and career in peace, war and politics.

**Tuesday 13 Nov 10:30 - 12:30**

Speaker: Geoff Davidson

Bookings: Marilyn Hunnisett

mhunnisett@bigpond.com 9925 0469

## **MOSMAN ART GALLERY**

Corner of Myahgah Road and Art Gallery Way (opposite Alan Border Oval). 3-hour parking lower level of Bridgepoint Shopping Centre, Spit Junction. Short walk from buses and Spit Road and Military Road intersection.

**Wheelchair accessible**

**Venue coordinator: Eve Klein 9969 7994 (enquiries only)**

## **MONDAYS IN MOSMAN**..... 182HA01

All courses are from 10:30 to 12:30

No Bookings Required.

Enquiries Eve Klein 9969 7994 cyeve@tpg.com.au

### **1. Well-being and Leadership in Late Modernity**

This presentation covers the historical trends in the digitalised age. Our speaker is planning to publish a book on how the Facebook society differs to that prior to 2004.

**Monday 2 July**

Speaker: James Warn

### **2. Napoleon and the Australian Connection**

A talk on Napoleon's meteoric rises and falls in his career with emphasis on the final years and their importance to Australia.

**Monday 9 July**

Speaker: Geoff Davidson

### **3. Australia: The Great Southland (Just Where Is It?)**

Covering the search from earliest times until settlement and establishment of the Colonies.

**Monday 16 July**

Speaker: Geoff Davidson

### **4. The Convict System in Australia**

Examining the background and system operating from 1788 until 1868, which accounted for the transportation of 160,000 men, women and children.

**Monday 23 July**

Speaker: Geoff Davidson

## **5. Educating Academically High Ability Children in Schools Today**

Typical school classrooms in Sydney are mixed ability, multi-cultural and inclusive. Educational policies stress that all children have the right to an education that supports achievement of potential. An academic outlines how to achieve the goal for the brightest students.

**Monday 30 July**

Speaker: Robyn Lonergan

## **6. An Introduction to Entomology**

The study of insects and other arthropods

**Monday 6 Aug**

Speaker: Ian Thompson

## **7. The Paralysis of Ticks and Fleas**

Explaining their biology, habitat and human significance

**Monday 13 Aug**

Speaker: Ian Thompson

## **8. The Leopard Revisited**

The story of the decadent and dying Sicilian aristocracy threatened by the approaching forces of democracy and revolution in the 1860's as seen by the Prince of Salina, *The Leopard* in the film and novel of the same name.

**Monday 20 Aug**

Speaker: John Maneschi

## **9. The Garvan Institute of Medical Research**

Offers a session which focuses on understanding the role of genes and molecular and cellular processes in health and disease as the basis for developing future preventions, treatments and cures.

**Monday 27 Aug**

Speakers: Scientist Julia Kiss together with a medical researcher

## **10. Walking in Wiesbaden**

A slide lecture and discussion by a celebrated conceptual artist that depicts the personal responses to the history of her family and their experience of the Holocaust.

**Monday 3 Sept**

Speaker: Ella Dreyfus

**Please note:** owing to the unavailability of the hall due to the event of the Mosman Art Prize, there will be no sessions on **10 and 17 Sept.**

## **11. A Walk and Talk through the Mosman Art Gallery**

**Monday 24 Sept**

Speakers: The Mosman Art Gallery guides

## **12. The Royal Botanical Gardens of Sydney**

The oldest scientific institution in the country, the Gardens sit on the land of the Cadigal People. Our speaker is the site coordinator of volunteer programs and offers us an account of the various phases of the Garden's history.

**Monday 8 Oct**

Speaker: Paul Nicholson

## **13. The Potential of 'Problem-Based Learning' as a Teaching Strategy in Secondary Schools**

Based on the work completed for a doctorate thesis, this talk reports on the success of this strategy and its potential.

**Monday 15 Oct**

Speaker: Robin Lonergan

## **14. Life in Submarines**

Joined the Navy at age 15 and then drafted to submarines for 5 years. This is a story rich in historical experience in Oberon class submarines and the impact on the speaker's life.

**Monday 22 Oct**

Speaker: Douglas Edwards

## **15. Wings Over the Indian Ocean**

Based on the autobiographical novel *The Highway of the Gods* our speaker tells of her father Alan Morris's service in the RAAF including Bomber Command in WW2, his career

as a Qantas pilot, and his contribution to the development of international aviation.

**Monday 29 Oct**

Speaker: Penelope Bonnell

**16. Two Knights at the Movies: Sir John Mills and Sir Alec Guinness**

The lives and careers of two amazing stars of stage and screen. They had many parallels, their paths crossing often, but were very different personalities. Interviews and film clips included.

**Mondays 5 and 12 Nov**

Speaker: Nora Hinchin

**17. Signs and Symbols: Their History and Significance**

Symbols are a universal language and their use to portray a message, warning or information is an ancient method of expression as well as predating alphabets and are increasingly prevalent in today's world.

**Monday 19 Nov**

Speaker: John Flint

**18. The Venice of Donna Leon**

Donna Leon is a crime writer featuring a Venetian police detective. Her novels reflect the lives, attitudes and environment of Venice.

**Monday 26 Nov**

Speaker: Nora Hinchin

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## THE MELODY ROOM AT MOSMAN ART GALLERY

Corner of Myahgah Road and Art Gallery Way (opposite Alan Border Oval). Three-hour parking lower level of Bridgepoint Shopping Centre, Spit Junction. Short walk from buses and Spit Road and Military Road intersection.

**Wheelchair accessible**

**Venue coordinator: Annika Tults 9882 3669 aktults@yahoo.com.au**

**RUSSIAN HISTORY: ROMANOVS ..... 182HR01 TO REVOLUTION**

Significant moments from the Romanovs to the 1917 Revolution and the vicissitudes of the Russian people under Tsarist rule, illustrated through film clips and images.

**Thursday 12 July 1:30 - 3:30**

Speaker: John Flint

Bookings: Annika Tults 9882 3669 aktults@yahoo.com.au

**RUSSIAN MUSIC ..... 182HR02**

Russian music developed within a restless, turbulent history; we meet familiar composers; Tchaikovsky, Prokofiev and Stravinsky, their contemporaries and the environment within which they worked, through music, images and film strips.

**Thursday 19 July 1:30 - 3:30**

Speaker: Nora Hinchin

Bookings: Inez Glanger 9960 1495 inez.glanger17@gmail.com

**TELEHEALTH ..... 182HR03**

The communications revolution has meant carer and patient no longer need to be co-located. The presenter will show through examples from his CSIRO research, how telehealth can change the way services are delivered in aged and critical care.

**Thursday 26 July 1:30 - 3:30**

Speaker: Laurie Wilson

Bookings: Inez Glanger 9960 1495 inez.glanger17@gmail.com

**BIO-MIMICRY ..... 182HR04**

What do space panels, the Eastgate Centre, medical sutures, seatbelts, tsunami warning systems and dresses worn by Maria Sharapova have in common? Come and find out how they were all inspired by nature. (3 sessions)

**Each Thursday from 2 Aug 1:30 - 3:30**

Leader: Lesley Duffill

Bookings: Margaret Lanigan 9960 3603 (not before 1 July) mlan4298@bigpond.net.au (preferred)

**THE SURVIVOR'S STORY ..... 182HR05**

Being blonde and blue-eyed saved the speaker and her family from the Nazis in World War II. The story of a family in Budapest and their journey to Australia.

**Thursday 23 Aug 1:30 - 3:30**

Speaker: Kathy Bradley

Bookings: Inez Glanger 9960 1495 inez.glanger17@gmail.com

**WHO INVENTED WHAT WHEN ..... 182HR06**

We look at how many things we take for granted were invented and investigate the history of science behind everyday objects of contemporary life.

**Thursday 30 Aug 1:30 - 3:30**

Speaker: Ian Thompson

Bookings: Annika Tults 9882 3669 aktults@yahoo.com.au

**MAJOR FAITHS AND TRADITIONS OF THE EAST ..... 182HR07**

The Orient gave rise to the development of major world religions. We examine the origins, development and spread of Zoroastrianism, Hinduism and Buddhism.

**Thursday 6 Sept 1:30 - 3:30**

Speaker: Himanshu Jhala

Bookings: Annika Tults 9882 3669 aktults@yahoo.com.au

**ISLAM ..... 182HR08**

Islam arose in the Arabian Desert in the seventh century and rapidly spread to become a world faith. We discuss its overall impact as well as some misconceptions.

**Thursday 13 Sept 1:30 - 3:30**

Speaker: Himanshu Jhala

Bookings: Inez Glanger 9960 1495 inez.glanger17@gmail.com

**MODERN MOVEMENTS AND CULTS ..... 182HR09**

We briefly look at some of the usual cults and beliefs of more modern times: Mormons, Jehovah's Witnesses, Krishna Consciousness, Baha'i, Theosophical Society and Rastafarians.

**Thursday 20 Sept 1:30 - 3:30**

Speaker: Himanshu Jhala

Bookings: Inez Glanger 9960 1495 inez.glanger17@gmail.com

**CRIME, PUNISHMENT AND CIVIL DISPUTES IN COLONIAL NSW ..... 182HR10**

These lectures examine the birth and development of the Criminal and Civil justice Systems in the Colony. Some of the early cases are considered, including the harsh punishment of offenders. The rise to power of the NSW Corp. is also looked at. (4 sessions)

**Each Thursday from 27 Sept 1:30 - 3:30**

Speaker: Malcolm Robertson

Bookings: Annika Tults 9882 3669 aktults@yahoo.com.au

**CLINICAL FORENSIC SCIENCE MEDICINE ..... 182HR11**

Tony is a retired police forensic medical officer. He will describe the practice of clinical forensic medicine.

**Thursday 25 Oct 1:30 - 3:30**

Speaker: Tony Moynham

Bookings: Annika Tults 9882 3669 aktults@yahoo.com.au

**ME, MY SON AND ANTARCTICA ..... 182HR12**

Les introduced his 23-year-old son to Antarctica following Sir Ernest Shackleton's famous boat journey, plus witnessing amazing wildlife, mountains and geography of that Great South Land.

**Thursday 1 Nov 1:30 - 3:30**

Speaker: Les Miller

Bookings: Annika Tults 9882 3669 aktults@yahoo.com.au



**CLIMATE POLITICS 101: HOW TO HELP YOUR GRANDCHILDREN MAKE SENSE OF IT ALL** ..... 182HR13

How the transmission to zero emission is playing out as a monumental battle between fossil fuel interests fighting a rear guard action against ever more cost effective clean technologies.

**Thursday 8 Nov 1:30 - 3:30**

Speaker: Warren Yates

Bookings: Margaret Lanigan 9960 3603 (not before 1 July)  
mlan4298@bigpond.net.au (preferred)

**SHOULD EVERYONE HAVE SOLAR POWER AND BATTERIES? IS IT REALLY WORTHWHILE?** ..... 182HR14

Things are changing really fast – come and find out what you need to know about going solar and how homeowners can play an important role in supporting the national grid.

**Thursday 15 Nov 1:30 - 3:30**

Speaker: Graeme Jessup

Bookings: Margaret Lanigan 9960 3603 (not before 1 July)  
mlan4298@bigpond.net.au (preferred)

**LIVING LATIN** ..... 182HR15

Most people can recall the saying 'Latin is dead. First it killed the Romans and now it is killing me'. Is this a fair statement? Make your own decision after hearing my talk.

**Thursday 22 Nov 1:30 - 3:30**

Leader: Anne Richardson

Bookings: Annika Tults 9882 3669 aktults@yahoo.com.au

**ART: PAINTING AND SKETCHING\*\*(12)** ..... 182HR16

Learn how to successfully manipulate colours, line and shape with a friendly group. Painting with acrylics, sketching with charcoal or pencil. All interested members are welcome. A small amount of theory will help develop skills to create both classical and abstract art.

**Alt Tuesdays from 7 Aug 1:30 - 3:30**

Leader and bookings: Kulliki Poole

9451 3011 or 0414 451 636

**DEVELOPING YOUR MEMOIR OR FAMILY STORY** ..... 182HR17

Your life is unique. How can you make your memoir or family history more interesting for readers? We use practical exercises to build a story step by step for future generations. Beginners most welcome.

**Alt Tuesdays from 31 July 1:30 - 3:30**

Leader and bookings: Jenny Rudd O'Neill 9908 3925

jennyruddoneill@optusnet.com.au (preferred)

## MOSMAN SQUARE SENIORS CENTRE

Next to Mosman Council Chambers off Military Road, Spit Junction. 3 hour parking lower level Bridgepoint Shopping Centre. **Wheelchair accessible**

**Venue coordinator: Merv Simmons 9968 4817 or 0409 929 971 pammerv@hotmail.com**

If unable to contact the bookings person specified below, please contact Venue Coordinator. **Bookings Essential**

**THE RIVALRY BETWEEN WEST AND EAST** ..... 182HS01

Is the dominance of the West over the East coming to an end? We explore briefly the long history of the cultural, economic, political, social and military development of the world's two core regimes. (4 sessions)

**Each Wednesday from 11 July 10:00 - 12:00**

Leader: Peter Nixon

Bookings: Pamela Simmons 9968 4817 (after 5pm)

pammerv@hotmail.com

**USING ANIMALS IN MEDICAL RESEARCH** ..... 182HS02

How have past experiments on animals contributed to our current medical knowledge? What laws control such experiments today? And what of the future?

**Wednesday 8 Aug 10:00 - 12:00**

Speaker: Rosemarie Einstein

Bookings: Pamela Simmons 9968 4817 (after 5pm)

pammerv@hotmail.com

**EMILY BRONTË'S WUTHERING HEIGHTS AND ANNE BRONTË'S THE TENANT OF WILDFELL HALL** ..... 182HS03

*Wuthering Heights* was described as 'a fiend of a novel' and *The Tenant of Wildfell Hall* was considered 'coarse' when the novels were published in 1847. We look at the subject matter of both novels in the light of 19th century sensibilities.

Participants are asked to read the novels if possible before the lectures. (3 sessions)

**Each Wednesday from 15 Aug 10:00 - 12:00**

Leader: Cindy Broadbent

Bookings: Pamela Simmons 9968 4817 (after 5pm)

pammerv@hotmail.com

**THE FIRST FLEET TO BOTANY BAY** ..... 182HS04

These lectures consider the early days of the Colony to 1790, including the relationship with the Aborigines. The Epic voyage of the *Sirius* to the Cape of Good Hope is examined.

The fight to prevent Famine and the tragic loss of the *Sirius* are also considered. Told by those who were there.

(4 sessions)

**Each Wednesday from 5 Sept 10:00 - 12:00**

Leader: Malcolm Robertson

Bookings: Kathy Bradley 0408 284 288

dkbradley@bigpond.com

**CRIME WRITING, POETRY AND SHAKESPEARE** ..... 182HS05

**1. The Evolution of Crime Writing**

How the writing of crime fiction has developed and changed through the centuries.

**Wednesday 3 Oct 10:00 - 12:00**

**2. More Adventures with Poetry**

How do we read and interpret poems? How do they affect us?

**Wednesday 10 Oct 10:00 - 12:00**

**3. Shakespeare: The Greatest Ever?**

We will examine two plays, *Hamlet* and *Macbeth*, and decide on our interpretation of them.

If you can, bring along a copy of the plays (not essential).

**Wednesday 17 Oct 10:00 - 12:00**

Leader: Kathy Bradley

Bookings: Trish Dawson 9948 2262 trish.dawson@hotmail.com

**THE MUSIC OF LONDON** ..... 182HS06

Featuring Purcell and Handel in first session and Arthur Sullivan (with his partner, W S Gilbert) in the second.

**Wednesdays 24 and 31 Oct 10:00 - 12:00**

Leader: Rosemary McCulloch

Bookings: Kathy Bradley 0408 284 288

dkbradley@bigpond.com

**A PERSONALISED VIEW OF HISTORY** ..... 182HS07

Two examples of how events in the past capture your imagination and potentially trigger more interest than others: the discovery of Troy, Mycenae and Knossos and the birth of modern archaeology (first session); and the turbulent times of the Tudors and the Stuarts in England (second session).

**Wednesdays 7 and 14 Nov 10:00 - 12:00**

Leader: Paul Wait

Bookings: Phyllis Clout 9969 6846

## THE MUSIC OF FRANCE ..... 182HS08

Featuring some well-known and some little-known music from this country, together with a special live recording of *Coppelia* by Leo Delibes

**Wednesdays 21 and 28 Nov 10:00 - 12:00**

Leader: Rosemary McCulloch

Bookings: Phyllis Clout 9969 6846

## SPEND THE MORNING WITH EILEEN JOYCE ..... 182HS09

Unique recordings of this marvellous Australian pianist whose career spanned more than 30 years and some reminders of her incredible life.

**Wednesday 5 Dec 10:00 - 12:00**

Leader: Rosemary McCulloch

Bookings: Phyllis Clout 9969 6846

## THE MANORS OF MOSMAN RETIREMENT VILLAGE

6 Hale Road, Mosman (off Military Road).

**Wheelchair accessible**

**Venue coordinator: Lesley Duffill 9969 9546**

## BOOK DISCUSSION GROUP ..... 182HV01

This friendly group meets once a fortnight to discuss a variety of demanding literature including poetry, drama and non-fiction. New members welcomed.

**Alt Tuesdays from 24 July 10:00 - 12:00**

Leader: Mary Billing

Bookings: Elisabeth Kingsford Smith 9953 6993

## TOPICAL ISSUES ..... 182HV02

Our friendly group discusses two topics each meeting. Come and discuss current affairs and debate social issues. New members are always welcome.

**Alt Wednesdays from 25 July 10:00 - 12:00**

Leader: Joan Castle

Bookings: Rose Hochmann 9440 3349

## CONTINUE YOUR MEMOIR ..... 182HV03

This is a self-help course that will interest members who have been to a memoir or family story writing class and are well into their project. Group feedback and activities form the basis of the course to encourage members to keep writing.

**Alt Tuesdays from 31 July 10:00 - 12:00**

Leader and Bookings: Pamela Tilbrook

0413 377 212 pamelatilbrook@optusnet.com.au

## MOSMAN: WARRINGAH BOWLING CLUB

82 Bradleys Head Road. Parking in nearby streets.

**Venue coordinator: Ros Tinker 9969 9373**

**rostinker@bigpond.com**

## DANCE DELIGHT: MOVEMENT TO MUSIC ..... 182HB01

Come along and move to a variety of great tunes where the emphasis is on enjoyment and variety, not technique. These sessions will include waltzes and other old-time ballroom dances, Latin American rhythms, rock-n-roll, line dances, free expression and lots more! All levels of fitness welcome. No partners required. (10 sessions)

**Each Friday from 27 July 10:00 - 12:00**

Leader and bookings: Ros Tinker

9969 9373 rostinker@bigpond.com (preferred)

## McMAHONS POINT COMMUNITY CENTRE

165 Blues Point Road, 300 metres from North Sydney Station. Any bus or train to North Sydney Station. No on-site parking and parking in the area is impossible.

**Venue coordinator: Lesley Duffill 9969 9546;**

**leslie.duffill@bigpond.com**

## WRITING POETRY\*\*(12) ..... 182HE01

This group explores the magic of poetry in all its various forms through reading, appreciating and writing. We give and receive friendly, positive feedback. (10 sessions)

**Alt Tuesdays 24 July 10:00 - 12:00**

Leader and bookings: Geoff Lucas 9416 7717

## CREATIVE WRITING\*\*(10) ..... 182HE02

Do you like to write? Do you write as often as you wish? Join our friendly writers' group for support and incentive. New members welcomed. (10 sessions)

**Alt Tuesdays from 31 July 10:00 - 12:00**

Leader and bookings: Alan Ecob 0414 337 944

## BOOK CLUB\*\*(14) ..... 182HE03

The club reads 10 novels per semester (both classics and modern) chosen by the members who all enjoy a lively discussion on the books read. New members welcomed. (10 sessions)

**Alt Fridays from 27 July 27 10:00 - 12:00**

Leader and bookings: Toni McLennan 9412 1585

## McMAHONS POINT COMPUTER EDUCATION UNIT

McMahons Point Community Centre, 165 Blues Point Road, 350 metres from North Sydney Station and several bus routes. Parking over 2 hours impossible within 1 km.

**Coordinator: Fay Smith**

**PLEASE NOTE: bookings are essential for all courses at this venue**

**APPLICATIONS: please apply via email: computeru3a@gmail.com providing following information:**

- **Name:**
- **U3A number:**
- **Phone contact:**
- **Course number:**

**If you cancel a course please let me know ASAP so a reserve can take your place.**

## WINDOWS CONTROLS\*\*(6) ..... 182HM01

Manage icons, move between windows, resize and move windows, find menus, use the task bar, change your home page. Suits Windows 7, 8 or 10.

**Monday 2 July 9:30 - 12.30**

Leader: Margaret Kropman

## WINDOWS FILES 7, 8 AND 10\*\*(6) ..... 182HM02

Find, save, move and rename files and folders on your hard drive or memory sticks. Learn more about storage, retrieval, file types and folders.

**Wednesday 4 July 9:30 - 12.30**

Leader: Margaret Kropman

**FACEBOOK\*\*(8)..... 182HM03**

Learn the basics of using Facebook, uploading photos, joining groups etc. This course will be taught using your iPad or similar tablet.

**Wednesday 25 July 9:30 - 12:00**

Leader: Fay Smith

**MANAGING PHOTOS\*\*(6)..... 182HM04**

From a camera or android phone, save photos on your computer then organise, perform simple edits, email. You will already be skilled at creating folders and moving files between folders. Suits Windows 7, 8, 10.

**Monday 30 July 9:30 - 12:30**

Leader: Margaret Kropman

**MANAGING PHOTOS\*\*(6)..... 182HM05**

From a camera or android phone, save photos on your computer then organise, perform simple edits, email. You will already be skilled at creating folders and moving files between folders. Suits Windows 7, 8, 10.

**Wednesday 1 Aug 9:30 - 12:30**

Leader: Margaret Kropman

**iPAD/IPHONE\*\*(8)..... 182HM06**

Get to know your iPad/iPhone in the company of others under the guidance of our tutor. Please bring your device fully charged.

**Wednesday 8 Aug 9:30 - 12:00**

Leader: Fay Smith

**ONLINE RETAIL\*\*(6)..... 182HM07**

Explore buying and selling on Gumtree, eBay, major online outlets and smaller vendors. Tips on security, privacy and payment. Suitable for Windows 7, 8, 10.

**Monday 13 Aug 9:30 - 12:30**

Leader: Margaret Kropman

**i-TRAVEL\*\*(8)..... 182HM08**

Seminar format: learn the basics of travelling with technology, avoiding pitfalls and using your devices correctly; discussions with other members of the group.

**Wednesday 15 Aug 9:30 - 12:00**

Leader: Fay Smith

**TEXT FORMATTING\*\*(6)..... 182HM09**

Make your emails more interesting: learn how to use different fonts, indent text, number paragraphs and insert clip art. Suits Windows 7, 8, 10.

**Monday 20 Aug 9:30 - 12:30**

Leader: Margaret Kropman

## CASTLE COVE: WATERMARK RETIREMENT VILLAGE

8b Deepwater Road, off Eastern Valley Way. Alight from buses at Eastern Valley Way near Smith Street and continue north to Deepwater Road. There is street parking near the village.

**Venue coordinator: Barbara Boston 9417 2967**

**nboston@bigpond.net.au**

**Bookings essential for all courses**

Barbara or Norma Boston - contact details as above

**FRIDAY FILMS AT CASTLE COVE\*\*(24)..... 182HC01**

Classic movies from the silent to the contemporary era will be presented with some analysis and background pertaining to cast, direction and production issues. A full list of movies to be presented will be available at the first performance. (11 sessions)

**Alt Fridays from 13 July 10:30 - 12:30**

Leader: Hugh Watson

**LOST WORLDS OF SOUTH AMERICA\*\*(24)..... 182HC02**

The dramatic terrain of South America is one of the great frontiers of archaeology. Buried by the centuries on soaring mountain slopes and beneath arid deserts and lush jungles, the remains of extraordinary civilizations are now coming to light. This DVD series explores the many cultures that rose and fell. (8 sessions)

**Each Tuesday from 3 July 10:30 - 12:30**

Introduced by: Barbara Boston

**THE AUSTRALIAN MUSEUM..... 182HC03**

Sydney's major natural history museum dates from 1827. This course describes the museum's objectives, collection (almost 20 million items), buildings, people and important events during its 190-year history.

**Tuesday 28 Aug 10:30 - 12:30**

Leader: Stewart Reed

**WOMEN IN CHINA..... 182HC04**

We will explore the role of women in traditional and modern China. Aspects considered will include the concubine, the adopted daughter-in-law, infanticide, foot binding, the legal status of women, literary women, women on the Long March and the Cultural Revolution, the one child policy and women in power. (4 sessions)

**Each Tuesday from 4 Sept 10:30 - 12:30**

Speaker: Bernice Lee

**THE MUSEUM OF APPLIED ARTS AND SCIENCES..... 182HC05**

Mired in controversy, this museum states that it is one of the few internationally covering design, arts, technology and science. This talk describes its history, collection, buildings, people and important events.

**Tuesday 2 Oct 10:30 - 12:30**

Speaker: Stewart Reed

**THE STATE LIBRARY OF NSW..... 182HC06**

While technically not a museum, the State Library has a vast and varied collection (apart from books) especially in the realm of Australiana including many rare and unique objects.

**Tuesday 9 Oct 10:30 - 12:30**

Speaker: Stewart Reed

**THE STRUGGLE FOR UNITY: THE STORY OF THE FEDERATION OF AUSTRALIA..... 182HC07**

Most Australians have little knowledge of how Australia became a nation. Author Graham Wilcox will tell the story of the struggle to become the only nation to occupy a whole continent.

**Tuesday 16 Oct 10:30 - 12:30**

Speaker: Graham Wilcox

**THE BLACK DEATH..... 182HC08**

We look at the causes and spread of the world's most devastating plague, its immediate effects on late medieval society and long term social and economic effects on early modernity.

**Tuesday 23 Oct 10:30 - 12:30**

Speaker: Antony McCurdy

**WILD LIGHT: THE WILDERNESS PHOTOGRAPHS OF HENRY GOLD..... 182HC09**

Henry Gold is one of Australia's leading wilderness photographers. His beautiful images have convinced politicians that places, such as the Greater Blue Mountains and the Gardens of Stone are too beautiful to destroy.

**Tuesday 30 Oct 10:30 - 12:30**

Speaker: Janine Kitson



**INDIA THROUGH SEVEN CENTURIES OF ALIEN RULE AND HEGEMONY** .....182HC10

India's legacy of long alien rule has greatly influenced its character. British Raj rose from a mercenary mercantile adventure inheriting the decaying but once great empire of the Mughals.

**Tuesday 6 Nov 10:30 - 12:30**

Speaker: Himanshu Jhala

**HISTORY'S GREATEST VOYAGES OF EXPLORATION** .....182HC11

A review of history's greatest voyages of exploration and the nature and motivation of the explorers who carried them out.

**Tuesday 13 Nov 10:30 - 12:30**

Speaker: Antony McCurdy

**CAROLINE CHISHOLM: THE IMMIGRANTS' FRIEND** .....182HC12

Her face is no longer on our five dollar note but her history should be remembered. She fought tirelessly for immigrants and ensured the prosperity of many new arrivals in NSW.

**Tuesday 20 Nov 10:30 - 12:30**

Speaker: Barbara Boston

**HOW DOES POLITICS AFFECT YOUR DANCING?** .....182HC13

In this talk comparisons are made between Fred Astaire, a Republican, and Gene Kelly, a Democrat. Reference will be made to the situation today.

**Tuesday 27 Nov 10:30 - 12:30**

Speaker: Anne Richardson

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**GREENWICH: THE BAYTREE RETIREMENT RESORT**

6 Ulonga Avenue, Greenwich (off Innes Road, which is off Pacific Highway opposite the old ABC site).

**Program coordinator: Lesley Duffill 9969 9546; leslieduffill@gmail.com**

**Venue coordinator: Andrew Caro 9433 8056**

**SATIRICAL NOVELS** .....182HW01

We will discuss four great satirical novels (one per session): *Gulliver's Travels* (Jonathan Swift), *Tristram Shandy* (Sterne) *Vanity Fair* (Thackeray) and *The Trial* (Kafka). During the series we will examine the various types of literary humour and hopefully demonstrate the power of satire not just for its entertainment value but for its importance in socio/political commentary. (4 sessions)

**Each Tuesday from 10 July 10:30 - 12:30**

Leader: Andrew Caro

Bookings: Kate Caro 9433 8056

**WORLD OF WORDS** .....182HW02

Grammar, usage, pronunciation, etymology - we all have our prejudices, preferences, antipathies and ignorance. Come and air these with others. John will lead a provocative discussion about what is 'correct' and 'incorrect'.

**Tuesday 7 Aug 10:30 - 12:30**

Speaker: John Flint

Bookings: Lesley Duffill leslieduffill@bigpond.com

**PLAGUES – ANCIENT AND MODERN** .....182HW03

**1. Louis Pasteur – His Life and Legacy**

The fame of Louise Pasteur is based on his work in many different fields. The Pasteur Institute is named in his honour and had nurtured many other brilliant scientists.

**2. Alexandre Yersin - Genius or Eccentric?**

A little known scientist who trained with Pasteur. Yersin turned his back on the Pasteur Institute and spent most of his life in Vietnam. He is credited with the discovery of *Yersinia pestis*, the bacterium that causes bubonic plague.

**Tuesdays 14 and 21 Aug 10:30 - 12:30**

Speaker: Penny Bishop

Bookings: Ena Hall 9433 8076

**A BRIEF HISTORY OF ASTRONOMY** .....182HW04

Kevin will discuss how different cultures have sought to measure and understand the movements and nature of the heavens.

**Tuesday 28 Aug 10:30 - 12:30**

Speaker: Kevin Murray

Bookings: Mary Morrison 9433 8004

**IMPRESSIONS OF RUSSIA AND SIBERIA** .....182HW05

In this richly illustrated talk, Kevin and Glenys share some of their experiences and offer their impressions of the fascinating history, geography, culture, architecture and landscapes of Siberia and Russia.

**Tuesday 4 Sept 10:30 - 12:30**

Speaker: Kevin Murray

Bookings: Mary Morrison 9433 8004

**WALTER MATTHAU** .....182HW06

The life and film career of Walter Matthau, the ruffled, crumpled master of crotchety comedy, with accompanying illustrations, interviews and film clips.

**Tuesday 11 Sept 10:30 - 12:30**

Speaker: Nora Hinchin

Bookings: Christine Blanks 9436 3451

**TURKEY BEFORE AND AFTER GALLIPOLI** .....182HW07

To understand the nature and culture of the Anzacs' enemy at Gallipoli, Harvey traces the complex history of the Turks from ancient times to the outbreak of WW1. The second talk traces events from Kemal Ataturk's establishment of a secular republic in 1923 to the most recent events in this fascinating country.

**Tuesdays 18 and 25 Sept 10:30 - 12:30**

Speaker: Harvey Broadbent

Bookings: Kate Caro 9433 8056

**MUSICAL MOMENTS** .....182HW08

A musical miscellany with some composers that you know, some that you don't know and others that you don't know you don't know. (3 sessions)

**Each Tuesday from 2 Oct 10:30 - 12:30**

Leader: John Yates

Bookings: Rosalie Lund Conlon 9807 9956

**THE ART GALLERY OF NSW 1874-2012** .....182HW09

Sydney's Gallery has been the centre of artistic life for more than 150 years. These talks cover its history including the development of its collections, exhibitions, buildings artists, directors, audience, government relationships and other factors as well as the odd embarrassment.

**Tuesdays 23 and 30 Oct 10:30 - 12:30**

Speaker: Stewart Reed

Bookings: Helen Kershaw 0400 130 486

helenjkershaw@gmail.com (preferred)

**THE HISTORY OF WWII** .....182HW10

The Second World War comprised several conflicts which together generated the most destructive war of the 20th Century and which played a major role in shaping the world today. This series gives an outline of these conflicts. (4 sessions)

**Each Tuesday from 6 Nov 10:30 - 12:30**

Leader: Colin Smith

Bookings: Lesley Duffill leslieduffill@bigpond.com

**CINEMA** ..... 182HW11

Join us again for interesting pre-film discussions about the planning and shooting of major films; learn the history of some of our great actors and actresses; and view and enjoy the film.

Alt Fridays from 6 July

**Coffee and cakes at 10:00, session 10:30 - 12:30**

Leader: Hugh Watson 9519 5082

Bookings: Margaret Vermeesch 9433 8048

**HUNTERS HILL: C A FAIRLAND HALL**

14 Church Street, Hunters Hill. Ample car parking in nearby streets.

**All classes 10:30 – 12:30**

**Venue coordinator and bookings: Judy Harris**

**0447 194 510, Email: JudyHarris2@bigpond.com**

**Bookings preferable for all courses at this venue**

**Facebook: U3AHunters Hill**

**GREAT SIEGE OF MALTA** ..... 182HU01

Many know of Malta, long besieged in WW2, but how many know of the great siege in the 16<sup>th</sup> century? What was it, who was involved and why was it so important?

**Monday 2 July**

Speaker: Paul Wait

**TURKEY: THE ROAD LESS TRAVELLED** ..... 182HU02

Visit not only the famous sites of western Turkey but also into eastern Turkey; explore the culture, architecture and roads less travelled.

**Monday 9 July**

Speaker: June and Paul Wait

**OPEN HEART INTERNATIONAL** ..... 182HU03

Healthcare outreach programs using all medical and nursing volunteers who travel many regions of the world providing life-saving medical care to under-privileged people.

**Monday 16 July**

Speaker: Michael Were

**A HISTORY OF EARLY MUSIC** ..... 182HU04

Romantic and before. Graham is the Assistant Director of North Sydney Symphony Orchestra.

**Monday 23 July**

Speaker: Graham Ball

**NSW FAIR TRADING: SCAM AWARENESS SEMINAR** ..... 182HU05

NSW Fair Trading aims to educate the community about the current scams and to avoid becoming a victim of scams, highlighting strategies to identify and protect yourself from scammers.

**Monday 30 July**

Speaker: Representative from NSW Fair Trading

**ARCHEOLOGY AND OTHER PRINCIPLES** ..... 182HU06

What do we know about the 65,000-year history of Australia and the Pacific and how do we know it? Peter lectured at Sydney University.

**Monday 6 Aug**

Speaker: Peter White

**HEART OF THE SILK ROAD** ..... 182HU07

Crossroads of trade for 1,200 years. Travelled by Marco Polo, land of Empires, Persian, Alexander the Great, Ghengis Khan, Tamerlane, Russia, origins of the Moghuls, home of fabled Samarkand and Uzbekistan.

**Monday 13 Aug**

Speaker: Michael D'Arcy

**INSECTS OF DISEASE AND UNEASE** ..... 182HU08

A study of biology and habitats of insects as vectors of disease: insects such as mosquitoes, head lice, dust mites, bed bugs and other insects and arthropods that invade the human body.

**Monday 20 Aug**

Speaker: Ian Thompson

**CLEOPATRA** ..... 182HU09

The story of this fascinating woman. Is it fact, fiction or fantasy?

**Mondays 27 Aug and 10 Sept**

Speaker: Nora Hinch

**THE GOLDEN YEARS OF WIRELESS** ..... 182HU10

Using personal memories of the 40s and 50s Australian radio, hear Jack Davey, Bob Dyer, the Quiz Kids, Mrs 'Obbs, 'Yes What', the serials, boxing, wrestling and the races, Eric Baume, etc.

**Monday 3 Sept**

Speaker: Graham Sims

**LIFESTYLE LINKS TO ALZHEIMER'S RISKS** ..... 182HU11

Associate Professor Ross Grant provides a layman's insight into what changes are occurring in the brain when Alzheimer's Disease is developing and what lifestyle factors are likely making a major contribution.

**Monday 17 Sept**

Speaker: Ross Grant

**THE KILLER WHALES OF EDEN** ..... 182HU12

The true story of the unique relationship between a pod of killer whales (Orcas) and a whaling family in Twofold Bay from 1880 until 1930.

**Monday 24 Sept**

Speaker: Graham Sims

**ME AND MY SON IN ANTARCTICA** ..... 182HU13

This is Les's second presentation; he worked in Antarctica in the 60's and recently took his 20-year-old son in a team following Sir Ernest Shackleton's footsteps.

**Monday 8 Oct**

Speaker: Les Miller

**FORENSIC SCIENCE** ..... 182HU14

An introduction to forensic science including forensic anthropology and entomology and a study of insect and other arthropod biology in the investigation of criminal matters.

**Monday 15 Oct**

Speaker: Ian Thompson

**FRANK BRIGGS** ..... 182HU15

A pilot in the Great War. In 1919 he flew Billy Hughes to the Paris Peace Conference, then in Australia he pioneered the air routes for commercial flight for our prospering businessmen.

**Monday 22 Oct**

Speaker: Chris Beazley

**NSW COLONIAL ARCHITECTS: THE FIRST 100 YEARS** ..... 182HU16

Since 1816 and Francis Greenaway there have been 22 government-appointed architects. Sydney was transformed from a Georgian settlement into an international Victorian city. The presentation will feature six important architects.

**Monday 29 Oct**

Speaker: Don Napper

## CLINICAL FORENSIC MEDICINE ..... 182HU17

Tony is a retired police forensic medical officer. He will describe the practice of clinical forensic medicine.

**Monday 5 Nov**

Speaker: Tony Moynham

## THE LIVING ART OF NATURE'S GALLERY ..... 182HU18

Ray and Elma are amateur mycologists (study of fungi) and are interested in photography of orchid pollination. In 2014 they reported a local infestation of 'tomato red spider mites'.

**Monday 12 Nov**

Speakers: Ray and Elma Kearney

## DOES POLITICS AFFECT YOUR DANCING? .... 182HU19

Anne compares Fred Astaire with Gene Kelly; one was a Democrat and the other was a Republican.

**Monday 19 Nov**

Speaker: Anne Richardson

## FAMOUS AUSTRALIAN WOMEN ..... 182HU20

Australia has produced many famous women over many years. Who are they and what made them famous?

**Monday 26 Nov**

Speaker: Anne Richardson

## DRAWING FOR BEGINNERS\*\*(15) ..... 182HU21

Ever wanted to draw? Develop a unique drawing style through studying the Elements and Principles of Design. Learn the basic skills of relaxed 'seeing' and recording, while examining various drawing techniques. (6 sessions)

**Each Friday from 20 July**

Leader and bookings: Kate McClelland 8060 0041

## LANE COVE: LIVING AND LEARNING CENTRE

180 Longueville Road.

**Venue coordinator: Robert Lynn 9433 8066**

## DISCUSSION GROUP ..... 182HL01

Topical issues and ideas discussed in a friendly and lively atmosphere. Join us to continue learning and communicating with an active group.

**Alt Mondays from 9 July 10:30 - 12:30**

Leader and bookings: Barbara Meth 9438 5014

## REVISIONISM IN HISTORY ..... 182HL02

We will re-examine historical events and topics and challenge orthodox views regarding:

- **12 July** The history of Convictism in Australia.
- **26 July** The History Wars: a recent episode of resentment and bitter debate.
- **9 Aug** WW1: was it really the most destructive war in history?
- **18 Oct** The Nazis: who were they? Do popular images mislead?
- **1 Nov** Were the Soviet Union and Nazi Germany really totalitarian states?
- **15 Nov** 'Anti-semitism is not based on outright lies, but on half truths' (Pulzer)
- **29 Nov** WWII: A J P Taylor said that Hitler did not intend WWII but behaved as a normal statesman.

**Alt Thursdays from 12 July to 9 Aug and 18 Oct to 29 Nov 1:30 - 3:30**

Leader: Frank Wilson 8021 7059

Bookings: Ann Drysdale 9427 8435

## INDIA THROUGH SEVEN CENTURIES ..... 182HL03 OF ALIEN RULE AND HEGEMONY

India's legacy of long alien rule has greatly influenced its character. British Raj rose from a mercenary mercantile adventure inheriting the decaying, but once great empire of the Mughals.

**Thursday 23 Aug 1:30 - 3:30**

Leader: Himanshu Jhala

Bookings: Ann Drysdale 9427 8435

## THE STRANGE AND COMPLEX CASE ..... 182HL04 OF THE MIDDLE EAST - A CENTURY OF TURBULENCE

The Ottomans collapsed at the end of the Great War. However, Anglo-French 'diplomacy' in the region has left a bitter legacy of suffering, mistrust and hatred.

**Thursday 4 Oct 1:30 - 3:30**

Leader: Himanshu Jhala

Bookings: Ann Drysdale 9427 8435

## DISCUSSION GROUP ..... 182HL05

Join this happy group to air your views and discuss a variety of interesting topics selected by the group of members.

**Alt Thursdays from 12 July 10:30 - 12:30**

Leader: Beatrice Blanks 8068 9393

Bookings: Val Kaley 9427 0786

## BOOK DISCUSSION GROUP\*\*(12) ..... 182HL06

A group centred on literary fiction. Our book for the first session is *Alice's Adventures in Wonderland* by Lewis Carroll. Group limited to 12 to ensure everyone has a chance to speak.

**Every Fourth Monday from 23 July 10:30 - 12:30**

Leader and bookings: Janice Gentle 9439 3801

## ROSEVILLE UNITING CHURCH

7A Lord Street, Roseville. Short walk from the railway station along Hill Street and then turn left into Lord Street.

**Venue coordinator: Sheila Caldwell 9498 1197**

## INTERMEDIATE RECORDER ..... 182HY01

Play the recorder with a keen group, meeting in a hall not far from Roseville station. New intermediate level students will be welcome.

**Alt Mondays from 23 July 10:00 - 12:00**

Leader and bookings: Sheila Caldwell 9498 1197

or Judy Faulkner 9416 4733

## OUT THERE!

### THIRD FRIDAY LUNCH GROUP ..... 182OT01

We meet for lunch at restaurants all over Sydney that serve a variety of cuisines. We do not go to only one area: we go everywhere in Sydney. We try to book BYO wine where there is a small corkage charge which attendees are required to pay.

**Third Friday of each month from 20 July**

Leader and bookings: Sarah Fennamore

9955 1962 sfennamore@yahoo.com

### FOOD FOR THOUGHT\*\*(12) ..... 182OT02

We meet to sample the cuisine of different nationalities all over Sydney. Friendliness, fun and food are the basis for finding out about different cultures.

**Alt Fridays from 27 July**

Leaders and bookings: Sissi Stewart 9908 2045;

or Lyn Honey 9997 3292 sissen@bigpond.com

# CITY AND INNER WEST

Regional Course Coordinator: Anne Hall 0419 017 364

annenhall@gmail.com

Enquiries only

## ASHFIELD: CARDINAL FREEMAN RETIREMENT VILLAGE

137 Victoria Street. Limited off-street parking. **Wheelchair accessible**

Venue Coordinator: Lesley Painter  
painterl@bigpond.net.au

### BRIDGE FOR THE LESS COMPETITIVE ..... 182WA01

Brush up your Bridge skills in our informal group in a friendly non-competitive atmosphere. All levels of skill welcome.

**Each Tuesday from 3 July 1:00 - 4:00**

Leader and bookings: Liz Sobolewski 9630 7592

### SATURDAY BRIDGE ..... 182WA02

Brush up your Bridge skills in an informal group in a friendly non-competitive atmosphere. All levels of skills welcome.

**Each Saturday from 7 July 1:00 - 4:00**

Leader and bookings: Linda Dewberry  
lindamd23@gmail.com

## ASHFIELD CIVIC CENTRE

260 Liverpool Road. Short (one block) walk from station.

Venue Coordinator: Anne Hall 0419 017 364  
annenhall@gmail.com

### RECORDER GROUP ..... 182WE01

This course is for members who enjoy playing the recorder and would like to join an established group. We perform a wide variety of music at intermediate level (not for beginners).

**Each Tuesday from 24 July 10:30 - 12:30**

(excluding school holidays)

Leader and bookings: David Young 0414 249 618 or  
9569 8167 dy4health@optusnet.com.au

## CLUB ASHFIELD

5-7 Charlotte Street, 2<sup>nd</sup> level (lift available). Short walk from station. Car Park: Elizabeth Street, token from Club required for exit.

Venue Coordinator: Jennifer Waldron 8753 0521  
jenniferwaldron2@gmail.com

### QIGONG, FAN, AND COLLABORATIVE ..... 182WF01 TAI CHI\*\*(15)

Beginners are welcome for the first 45 minutes of Qigong and modified Kung Fu Fan. This is followed by a collaborative practice session of 24/28 forms of Tai Chi Chuan for more experienced practitioners.

**Each Tuesday from 3 July 10:30 - 12:00**

(excluding school holidays)

Leaders and bookings:

Lois Knight 9798 6525 lknight60@bigpond.com  
Deborah Gracic 9636 6512 gracic.deb@gmail.com

### FOR THE LOVE OF DANCE\*\*(40) ..... 182WF02

Enjoy dancing to the rhythm of the Waltz, Rumba, Cha Cha, Charleston, Tango and more, in this relaxed and easy to follow class. Using your memory skills and helping your balance. A class good for the soul, all the way from your head to your toes. This is not partner dancing.

**Each Tuesday from 3 July 1:00 - 2:00**

(excluding school holidays)

Leader and bookings: Bobbie Kersten 0410 873 605  
bobbiekersten@gmail.com

### COOPERATIVE RELAXATION AND ..... 182WF03 STRETCHING ACTIVITIES\*\*(36)

This course is for exercise in a collaborative atmosphere.

**Each Wednesday from 4 July 10:00 - 12:00**

(excluding school holidays)

Leader and bookings: Lois Knight 9798 6525  
lknight60@bigpond.com

### ENGLISH AS A SECOND LANGUAGE\*\*(14) ..... 182WF04

We investigate how English works, focusing on a topic of interest to the group. We read aloud and discuss pronunciation, word meanings, spelling, grammar and current idiom. This is a relaxed way to practice and improve your English with a friendly group.

**Each Thursday from 5 July 10:30 - 12:30**

(excluding school holidays)

Leader and bookings: Janet Egan 0415 133 994  
janet.egan@gmail.com

### COLLABORATIVE QIGONG\*\*(15) ..... 182WF05

This is Qigong in a collaborative environment, experienced practitioners only. Qigong, according to Chinese culture, is beneficial to maintaining good health.

**Each Friday from 27 July 10:00 - 11:30**

(excluding school holidays)

Leader: Alan Avanzado

Bookings: Denise Yuen 0410 570 188 sdyuen@gmail.com

### TAI CHI CHUAN\*\*(20) ..... 182WF06

Paying attention to the breath and gentle movements of the Tai Chi form helps us to get in touch with our inner space. This space is usually occupied with thoughts and feelings which do not allow us to present in the moment. As our attention span develops through the 'practice' we learn to be present to the nature of our being and able to see reality as it is.

**Each Wednesday from 4 July 1:15 - 2:30**

(excluding school holidays)

Leader: Horacio Paz 9420 5291 or 0407 912 561  
Bookings: jenniferwaldron2@gmail.com

## BURWOOD RSL CLUB

92 Shaftesbury Road Burwood Short walk from station; on-site parking. **Wheelchair accessible**

Venue Coordinator: Anne Hall 0419 017 364  
annenhall@gmail.com

### CINEMA DISCUSSION GROUP ..... 182WB01

This stimulating group discusses two films per fortnight. Films are chosen by the group at each session. The result is an invigorating and insightful discussion - very enjoyable. Places limited.



**Alt Wednesdays from 25 July 1:30 - 3:30**  
Leader: Frank Wilson 8021 7059  
Bookings: Betty Candy 9799 9030 [bjcandy@bigpond.com](mailto:bjcandy@bigpond.com)

**INVESTMENT DISCUSSION GROUP ..... 182WB02**

Our course aims to help members to understand the forces and current events that affect investment markets. To do this, we shall examine specific topics and undertake some practical activity. This is a discussion group only, and our members are not permitted, by law, to provide financial advice.

**Alt Thursdays from 5 July 9:30 - 11:45**  
Leader and bookings: Greg Buriak 9799 9663  
[buriak@optusnet.com.au](mailto:buriak@optusnet.com.au)

**AMERICAN LITERATURE ..... 182WB03**

Come and explore, through literature, aspects of American society and history from early British settlement to the 21<sup>st</sup> century. First novel: *Of Mice and Men* by John Steinbeck.

**Alt Fridays from 13 July 10:30 - 12:30**  
Leader: Iris Ryall 9744 1647  
Bookings: Edna May 9797 8202

**DISCUSSION GROUP: SOCIAL ISSUES ..... 182WB04  
AND CURRENT AFFAIRS\*\*(15)**

Each fortnightly meeting is divided into two sessions by a tea break. *First session:* Topic for discussion is prepared and presented by any group member who volunteers. *Second Session:* Current Affairs, no subject taboo. A friendly, intelligent group of men and women where everyone is encouraged to participate.

**Alt Fridays from 6 July 10:00 - 12:30**  
Leader and bookings: George Elliott 9874 7208  
[shs14gle@bigpond.com](mailto:shs14gle@bigpond.com)

**TRAVELLER'S JAPANESE\*\*(10) ..... 182WB05**

If you are planning a trip to Japan this course will be beneficial to you. The class will cover basic language skills, history and culture. No prior knowledge of Japanese required.

**Each Tuesday from 24 July 10.00 - 12.00  
(excluding school holidays)**  
Leader: Haruko Tanaka 0424 225 863 [haruko@aae.edu.au](mailto:haruko@aae.edu.au)  
Bookings: Gayle Osborne 0429 459 443  
[gmosborne158@bigpond.com](mailto:gmosborne158@bigpond.com)

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## BURWOOD: WOODSTOCK COMMUNITY CENTRE

22 Church St Burwood. Short walk from Burwood Station.  
On-site parking.  
**Venue Coordinator: Anne Hall 0419 017 364**  
[annenhall@gmail.com](mailto:annenhall@gmail.com)

**CURRENT AFFAIRS DISCUSSION ..... 182WO01**

News of the day. No topics are out of bounds, but we discuss politics and religion with sensitivity. Members sometimes prepare a topic for discussion. Format: freewheeling.

**Each Monday from 2 July 10:00 - 12:00**  
Leader: Mike Holland  
[mhol1234@gmail.com](mailto:mhol1234@gmail.com)

**TRAVEL plus LUNCH ..... 182WO02**

Meet other avid travellers, share your travel experiences, tips and recommendations. After the meeting, we will sample international cuisine in a nearby restaurant.

**First Tuesday of each month from 3 July 10:00 - 12:00**  
Leader and bookings: Greg Buriak 9799 9663  
[buriak@optusnet.com.au](mailto:buriak@optusnet.com.au)

**ITALIAN CONVERSATION ..... 182WO03  
INTERMEDIATE\*\*(10)**

This class aims to improve conversational skills for students who have knowledge of Italian grammar. Note: no handouts will be supplied.

**Each Wednesday from 4 July 10:00 - 12:00**  
Leader and bookings: Nadia Favotto  
9705 7217 or 0429 060 013

**FILM DISCUSSION GROUP ..... 182WO04**

Members are invited to discuss two movies every fortnight and give their rating. Members vote on future movies and with two volunteering to present their choices.

**Alt Thursdays from 5 July 1:30 - 3:30**  
Leader: John Swords 9516 3915  
Bookings: Carol Green 9516 3915

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## CLUB BURWOOD

Corner Burwood Road and George Street. Close to Station.  
Venue Coordinator: **Anne Hall Mob: 0419 017 364**  
Email: [annenhall@gmail.com](mailto:annenhall@gmail.com)

**AUSTRALIAN FOREIGN ..... 182WY01  
RELATIONS SINCE 1788**

There will be particular reference to political leaders, such as Billy Hughes, R.G. Menzies, Gough Whitlam and Paul Keating. Some fascinating insights will be made.

**Alt Wednesdays from 11 July 10:00 - 12:00**  
Leader: Frank Wilson 8021 7059  
Bookings: Betty Candy 9799 9030  
[bjcandy@bigpond.com](mailto:bjcandy@bigpond.com)

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## CITY: CUSTOMS HOUSE LIBRARY

Alfred Street, opposite Circular Quay station. Meeting room Level 2. Please enter quietly through Reading Room.  
**Venue Coordinator: Jennifer Waldron**  
[jenniferwaldron2@gmail.com](mailto:jenniferwaldron2@gmail.com)

**DECONSTRUCTING CONTEMPORARY ..... 182WC01  
ART\*\*(25)**

Every other Thursday we visit contemporary art shows in Sydney galleries. On alternate weeks, we meet at Customs House for evaluation of news, events, trends, theory and history of the work visited. We build a virtual art collection and develop a personal aesthetic. Good level of physical fitness required as walking involved.

**Each Thursday from 12 July 10:30 - 12:30**  
**Alternate weeks 1:30 - 3:30 Gallery visits**  
Leader and bookings:  
Wendy Fraser 9569 7942 or  
0408 711 672  
[barrieandwendy@gmail.com](mailto:barrieandwendy@gmail.com)

**FILM APPRECIATION\*\*(20) ..... 182WC02**

Do you enjoy contemporary cinema and sharing your ideas? Members of this group research a film and lead the discussion three to four times a year. We also look at issues, trends and news in the film world.

**Alt Thursdays from 12 July 1:30 - 3:30**  
Leader and bookings: Susanne de Ferranti  
9660 3425  
[sdeferranti@ozemail.com.au](mailto:sdeferranti@ozemail.com.au)

## CITY: MILLERS POINT COMMUNITY CENTRE

Harry Jensen Centre, 17 Argyle St - Cnr Watson Rd, Millers Point. Street parking. **Wheelchair accessible**  
Venue Coordinator: Ron Shapiro, rmbjs@iinet.net.au

### THURSDAY MORNINGS..... 182WW01 AT MILLERS POINT

Thursday mornings on dates indicated 10:00 - 12:00

Course leader: Ron Shapiro

Bookings: Anne Pill; Email bookings preferred  
dapill2@bigpond.com 9550 9248

Please provide talk title and date, membership number and contact details. All bookings will be confirmed by email.

#### The Killer Whales of Eden (talk plus DVD)

The incredible, true story of the unique 40-year relationship between a pod of Killer Whales and a whaling family on the far south coast of NSW.

Thursday 26 July 10:00 - 12:00

Speaker: Graham Sims

#### The Life and Work of Stephen Hawking

Determination, dedication and devotion made him unique among scientists. Doctors gave him only a few months to live, but he went on to give us the *History of Time* itself.

Thursday 2 Aug 10:00 - 12:00

Speaker: Sydney Srinivas

#### The Huguenots' Heritage in Australia

Many descendants of Huguenots (French Protestants) who fled Catholic France over three centuries, settled in Australia in the 19th century. What were the French roots, experiences and stories of these descendants?

Thursday 9 Aug 10:00 - 12:00

Speaker: Roger Juchau

#### Healthy Brain, Healthy Ageing

An overview of memory and dementia and how it impacts on changes in the brain. It provides strategies for keeping your brain healthy and reducing the risks of developing dementia.

Thursday 16 Aug 10:00 - 12:00

Speaker: Libby Palmer

#### Writing and Producing Plays – a Practical Guide

Over two sessions which cover fundamentals of writing and producing for the theatre, participants will have an opportunity to write, discuss, get feedback on and produce a short scene.

Thursdays 23 and 30 Aug 10:00 - 12:00

Speaker: Rivka Hartman

#### Two Australian Stories from a Master Storyteller

##### The Golden Years of the Wireless

Personal memories and recorded histories of the golden years of Australian radio - Jack Davey, Bob Dyer, Eric Baume, The Quiz Kids, Mrs 'Obbs, Yes What?, serials, Lux Radio Theatre, etc.

##### Big Chief Little Wolf

One of the most popular and enduring wrestlers of all time, and his dreaded 'Indian Deathlock', the Gentle Giant with a secret soft spot for sick and troubled kids.

Thursday 6 Sept 10:00 - 12:00

Speaker: Graham Sims

#### Garden Insects and Bugs – a Close-up Look – Part 1

A close-up look at insects and other bugs found in the home garden, their reproduction, life cycle, habitat and feeding habits. See 27 Sept below for Part 2

Thursday 13 Sept 10:00 - 12:00

Speaker: Ian Thompson

#### Self-publishing Essentials

Planning to publish your book online as a paperback or ebook? Learn how to navigate the publishing process including editing, design, publishing, marketing and distribution.

Thursday 20 Sept 10:00 - 12:00

Speaker: Evan Shapiro

#### Garden Insects and Bugs – a Close-up Look - Part 2

A continuation of the fascinating life of the critters examined on 13 September.

Thursday 27 Sept 10:00 - 12:00

Speaker: Ian Thompson

#### Albert Einstein

The great scientist who established the Theory of Relativity, gave the celebrated formula,  $e = mc^2$  and a new interpretation of gravity. *Question, question and question* was his way of life.

Thursday 18 Oct 10:00 - 12:00

Speaker: Sydney Srinivas

#### What I've Learnt from Birdwatching

Different habitats mean different birds enticing birdwatchers to travel. For the speaker it also led to some understanding of ecology, and more surprisingly to anthropology and engagement with local politics.

Thursday 25 Oct 10:00 - 12:00

Speaker: Joy Pegler

#### Staying Safe Online

Learn how to recognise an internet scam and what to do to avoid being scammed. Learn how to set strong passwords that can be remembered and much more.

Thursday 1 Nov 10:00 - 12:00

Speaker: Peter Foye

#### The Sydney Art Scene Behind the Screens

The Sydney art scene is outstanding and there to be enjoyed. From the students' works of Artexpress to the International Biennale and the 15th century Lady and the Unicorn, galleries large and small welcome you all.

Thursday 8 Nov 10:00 - 12:00

Speaker: Wendy Fraser

#### Guardianship plus Restorative Justice

This session looks at matters relating to guardianship, financial management and enduring powers of attorney as considered by NCAT (Guardianship Division).

The speaker also discusses Restorative Justice - providing an opportunity for victims to meet with carefully screened offenders. Results can include knowledge, understanding and closure. We will look at a program conducted in Corrective Services. No legal advice will be provided at this session.

Thursday 15 Nov 10:00 - 12:00

Speaker: Rhonda Booby

#### Great Walks in and Around Sydney

A trio of experienced walkers will take us on a photographic journey around some of the beautiful walks in Sydney and surrounding areas.

Thursday 22 Nov 10:00 - 12:00

Speakers: Bobbie Kersten, Chris and Rob Lin

#### Senior Pedestrians Walking Safely

Recognising and reducing risks to which senior pedestrians are typically exposed.

Thursday 29 Nov 10:00 - 12:00

Speaker: Carolina Andrade

#### Using Today's Library

Getting the most out of your library in an age when digital resources predominate.

Thursday 6 Dec 10:00 - 12:00

Speaker: Lydie Bacot

### Senior Motorists Driving Safely

Safe driving practices for older drivers and legal requirements for seniors keeping their driving licences.

**Thursday 13 Dec 10:00 - 12:00**

Speaker: Carolina Andrade

### CRACKING CRYPTIC CROSSWORDS ..... 182WW02

Get into the minds of cryptic crossword compilers and learn how to solve their devious clues.

Have fun and gain satisfaction while keeping your brain active. (4 sessions)

**Tuesdays 16, 23 and 30 Oct, 6 Nov 10:00 - 12:00**

Leader and bookings (preferably by email):

Ron Shapiro 9810 4490 rmbjs@iinet.net.au

### PASSIONATE TRAVELLERS ..... 182WW03

An opportunity for travel enthusiasts to share enjoyable and interesting travel experiences and exchange practical information in an informal manner. Each month a country will be chosen starting with America.

**First Wednesday each month from**

**4 July to 5 Dec 10:30 - 12:30**

Leaders: Robin Amos, Bobbie Kersten and Takiko Yalichev

Bookings preferably by email: tysunflower@gmail.com

9957 4571 for enquiries only.

### TABLE TENNIS ..... 182WW04

Get your heart moving and your circulation going while improving your hand-eye coordination in a pleasant social and physical environment.

**Each Thursday 2:00 - 4:00 plus each Friday 10:30 - 12:30**

Leader and bookings: Lea Goldstein 0410 469 874

leagold@bigpond.com.

Bookings can be for either or both sessions.

## DRUMMOYNE COMMUNITY CENTRE

10 Cometrowe Street Drummoynes. Street parking.

**Wheelchair accessible**

**Venue Coordinator: Anne Hall 0419 017 364**

annenhall@gmail.com

### ITALIAN CONVERSATION\*\*(10) ..... 182WD01

Basic knowledge required as class will be conducted in Italian. Emphasis on speaking.

**Each Monday from 23 July 2:00 - 3:15**

**(except school holidays)**

Leader and bookings: Lori Banham 0409 814 127

lori.b@bigpond.com

### FRENCH CONVERSATION ..... 182WD02

#### INTERMEDIATE\*\*(15)

Assumes a reasonable knowledge of grammar. Class conducted in French. Emphasis on speaking.

**Each Wednesday from 25 July 10:30 - 12:30**

**(except school holidays)**

Leader and bookings: Jocelyne Sealey

rjbow@tpg.com.au

### SPANISH CONVERSATION ..... 182WD03

#### INTERMEDIATE\*\*(10)

This class is NOT for beginners. Help improve your conversational Spanish and enjoy Mexico and Spain more. Need to know past, present and future tenses.

**Each Wednesday from 11 July 1:15 - 3:15**

Leader and bookings: Les Margulis: 0421 456 806

lesmargulis@gmail.com

## GLEBE: THE OLD TOWN HALL

160 St John's Road.

**Venue Coordinator: Pauline Valentine 0412 595 891**

gregory\_1947@hotmail.com

### DRAWING\*\*(12) ..... 182WG01

We use black and white (charcoal, pencil, ink) with some other media, such as Conté. The basics are covered, including tone, perspective and composition. Students are encouraged to suggest topics. Weather permitting, we draw outdoors and occasionally visit art galleries. Only an interest in drawing is required.

**Alt Thursdays from 9 Aug 10:00 - 12:00**

Leader and bookings: Neville Bendall 9660 1873

## GLEBE LIBRARY: BENLEDI ROOM

186 Glebe Point Road (corner Wigram Road)

**Venue Coordinator: Pauline Valentine 0412 595 891**

gregory\_1947@hotmail.com

### JAPANESE ..... 182WJ01

Knowledge of Hiragana and Kanji will be helpful.

Experiences in conversation will include Grammar Study. This is a small, social group but not for beginners.

**Series 1: Each Thursday from 26 July 10:00 - 12:00**

Leaders: Tsuiko Mukai 8384 4251 and

Haruko Johansson 8957 7016

Bookings: Juanita Englefield 9816 5807

### STRUMMIN' WITH JEN ..... 182WJ02

Introducing the Ukulele, a happy, social instrument. User friendly so that those without musical knowledge or experience can quickly gain enough know-how to play simple songs and begin to experience all the benefits of music making. "Strummin' Jen" makes it fun, learning the basics – intros, outros, chords, strumming and more.

**Alt Thursdays 26 July 2:00 - 3:45**

Leader: Jenny Lowe

Bookings: Pauline Valentine 0412 595 891

gregory\_1947@hotmail.com

## GLEBE: NAG'S HEAD HOTEL

162 St John's Road. Upstairs Conference Room. Limited street parking. Easy walking from Glebe Point Road.

**Venue Coordinator: Jan Macindoe 9660 0208**

jnmacindoe@gmail.com

### FIRST FRIDAY BOOK GROUP\*\*(12) ..... 182WQ01

Favourite books are chosen by members for discussion by the group.

**First Friday of each month from 6 July 10:00 - 12:00**

Leader and bookings: Jan Macindoe 9660 0208 or

0424 537 557 jnmacindoe@gmail.com

## GLEBE: ST. HELEN'S COMMUNITY CENTRE

184 Glebe Point Road. Wheelchair accessible.

**Venue Coordinator: Pauline Valentine 0412 595 891**

gregory\_1947@hotmail.com

### PATHWAYS TO THE GODS ..... 182WK01

Having considered the Jewish background of Jesus of Nazareth, we will look at how early Christianity emerged during the religious and social events of the second Temple period in the Eastern Mediterranean. Bring your Bible - any edition.

**Second and Fourth Fridays from 10 Aug 10:00 - 12:00**

Leader and bookings: Jacques Goldman 9518 6741



## GLEBE: TOXTETH HOTEL

345 Glebe Point Road. Fireside Lounge, ground floor. Street parking available.

Venue Coordinator: Michael Holland mhol1234@gmail.com

### PHILOSOPHY IN THE PUB\*\*(12) ..... 182WT01

Topics are drawn from a wide range of political and cultural themes, and examined from a philosophical perspective. Discussion aims to promote differing worldviews and to challenge common belief systems. Members are expected to participate in internet/web research, questioning and facilitating. Email address essential.

**Series 1: Each Tuesday from 24 July to 11 Sept 3:00 - 5:00**

**Series 2: Each Tuesday from 23 Oct to 11 Dec 3:00 - 5:00**

Leader and bookings: Michael Holland mhol1234@gmail.com

## LEICHHARDT MUNICIPAL LIBRARY

23 Norton Street, Italian Forum (Piazza level). Lift to parking station beneath Library. Note: Concession parking with validated ticket. **Wheelchair accessible.**

Venue Coordinator: Barbara Burton

9798 5620 or 0429 090 332 beburton@iprimus.com.au

### FRIDAY MORNINGS AT THE LIBRARY

**Email bookings preferred: Please give course name and date, membership number and contact details.**

**Confirmation will be sent by email.**

### JULY AT THE LIBRARY: FESTIVAL OF GREAT PERFORMANCES\*\*(30) ..... 182WL01

Fabulous performances from the 20C including the film *England My England*, which juxtaposes 1666, the time of Charles II and Henry Purcell with 1966 England; a visit to the Verbier Festival in 2009; Fleming and Horotovsky's St Petersburg Odyssey; and Leonard Bernstein's last performance of *Candide* at the Barbicon. Bring lunch. (4 sessions)

**Each Friday from 6 July 10:30 - 3:30**

Presenter: Barbara Burton

Bookings: Margot Walker: 0404 362 490

margotinaw@gmail.com

### FAMILY LAW: HOW IT AFFECTS GRANDPARENTS AND GRANDCHILDREN\*\*(30) ..... 182WL02

Lyn Moore is a member of the faculties of Child and Adolescent, Forensic and Psychotherapy of the Royal Australian and NZ College of Psychiatry and has worked in public and private practice with extensive teaching and supervision of postgraduate students in psychiatry and other mental health disciplines. (2 sessions)

**Fridays 3 and 10 Aug 10:30 - 12:30**

Presenter: Lyn Moore

Bookings: Margot Walker: 0404 362 490

margotinaw@gmail.com

### THREE TALKS ON SCIENCE AND THE ENVIRONMENT\*\*(30) ..... 182WL03

#### 1. The History of Time Measurement

This covers how we first used time to do our chores and then through to today with atomic clocks in satellites; includes longitude and how some mechanisms work.

**Friday 17 Aug 10:30 - 12:30**

#### 2. The History of Plastics and Processing

The story of plastics is one David Malone knows well. He will talk about the materials, how they developed and how plastic products are made; also some pollution issues.

**Friday 24 Aug 10:30 - 12:30**

### 3. Wind-power and Application

This non-technical talk covers the historical development of windmills through to the big modern ones, with some dynamic movie clips, demonstrating their size.

**Friday 31 Aug 10:30 - 12:30**

Presenter: David Malone

Bookings: Margot Walker: 0404 362 490

margotinaw@gmail.com

### CLASSICAL AND BYZANTINE ART: AN OVERVIEW\*\*(30) ..... 182WL04

What did the early and later Romans (and the ancient Greeks) do for early visual culture? They refined realism and then formalised art, but their lingering heritage sparked the Renaissance.

**Friday 7 Sept 10:30 - 12:30**

Speaker: Harvey Broadbent

Bookings: Margot Walker: 0404 362 490

margotinaw@gmail.com

### MASS MOVEMENT OF THE SUBJUGATED COMMUNITIES\*\*(20) ..... 182WL05

Over the course of human history there have been significant involuntary mass movements, such as those of the African slave trade, the Jews, the Armenians and the Indian indentured labourers.

**Friday 14 Sept 10:30 - 12:30**

Speaker: Himanshu Jhala

Bookings: Margot Walker: 0404 362 490

margotinaw@gmail.com

### COMMONWEALTH OF AUSTRALIA: AN EVOLVING NATION\*\*(20) ..... 182WL06

How are external forces influencing a young Australian nation? A snapshot of political, cultural, economic, and 'other' influences which appear to impact on Australian society since Federation.

**Friday 21 Sept 10:30 - 12:30**

Speaker: Himanshu Jhala

Bookings: Margot Walker: 0404 362 490

margotinaw@gmail.com

### MODERN DEMOCRATIC GOVERNMENTS: AN INTERACTIVE SESSION\*\*(20) ..... 182WL07

Spinners, Winners and Losers! 'Government of the people, by the people, for the people.' Who are these mysterious 'people'? Whom do modern democratic governments actually appear to represent?

**Friday 28 Sept 10:30 - 12:30**

Speaker: Himanshu Jhala

Bookings: Margot Walker: 0404 362 490

margotinaw@gmail.com

### ART AND ARCHITECTURE OF THE OTTOMAN EMPIRE\*\*(30) ..... 182WL08

After the Byzantines, the sacred Islamic art forms, architecture and decoration of the Turkish Seljuks and Ottomans blossomed throughout the eastern Mediterranean. These traditions and great edifices persist today.

**Friday 5 Oct 10:30 - 12:30**

Speaker: Harvey Broadbent

Bookings: Janice Millard 0419 203 361

rjmillard5@icloud.com

### THE BRONTËS OF HAWORTH\*\*(30) ..... 182WL09

The bicentenary of Charlotte Brontë's birth in 2016 began the celebrations for this remarkable family. We look at the lives of the Brontë family with particular reference to Charlotte Brontë's novels *Jane Eyre* and *Villette*. Try to read both novels before the course begins or watch *Jane Eyre* on DVD. (3 sessions)

**Each Friday from 12 Oct 10:30 - 12:30**

Presenter: Cindy Broadbent  
Bookings: Janice Millard 0419 203 361  
rjmillard5@icloud.com

**THE ART AND PHOTOGRAPHY OF GALLIPOLI\*\*(30).....182WL10**

This talk illustrates perhaps the only creative outcome of the destructive tragedy that was Gallipoli: The work of artists and photographers, official and unofficial.

**Friday 2 Nov 10:30 - 12:30**

Speaker: Harvey Broadbent  
Bookings: Margot Walker: 0404 362 490  
margotinaw@gmail.com

**FROM GODS TO GIGABYTES: WHAT CAUSES CLIMATE CHANGE\*\*(30).....182WL11**

- a) Brief history of forecasting weather: Ancient times to Supercomputers.
- b) How climate change is detected using clues from the past, some major climate events; causes - natural and man-made.

**Friday 9 Nov 10:30 - 12:30**

Speaker: Dick Whittaker  
Bookings: Margot Walker: 0404 362 490  
margotinaw@gmail.com

**MAY GIBBS: HER LIFE AND WORKS\*\*(30).....182WL12**

Australian icon, May Gibbs, is best known for her book *Snugglypot and Cuddlepie*. However, this forms only part of her diverse output. This course will describe how, from her birth in England to her death in Sydney 92 years later, she left her distinctive mark in a range of fields. (3 sessions)

**Each Friday from 16 Nov 10:30 - 12:30**

Presenter: Stewart Reed  
Bookings: Margot Walker: 0404 362 490  
margotinaw@gmail.com

**COMIC AND CURIOUS POLITICAL COMMENT\*\*(30).....182WL13**

Satirical and comic songs and verse provide a humorous commentary on events and attitudes of the day. Examples are drawn from the 18<sup>th</sup> century to the present day.

**Friday 7 Dec 10:30 - 12:30**

Speaker: Len Clarke  
Bookings: Margot Walker: 0404 362 490  
margotinaw@gmail.com

**FRIDAY AFTERNOONS AT THE LIBRARY**

**ITALIAN BEGINNERS 2\*\*(20).....182WL14**

We assume a degree of basic knowledge, around 40-60 hours of instruction. We will continue using the same textbook: *Buongiorno Italia*, supplemented by online exercises.

**Each Friday from 3 Aug 1:30 - 3:30**

Leader and bookings: Pia Ottavian 0424 738 824  
pia.ottavian@yahoo.com.au

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**MARRICKVILLE CROQUET CLUB**

49 Pile St Marrickville. Corner of Fraser St and Lawson Avenue, (Entry via park, opposite the rose garden)

**Venue Coordinator: Anne Hall 0419 017 364  
annenhall@gmail.com**

**INTRODUCTION TO CROQUET.....182WM01**

This short series of lessons will teach you how to find your way around a croquet lawn, including how to hold the mallet, how to hit the balls and how to run hoops. Wear flat shoes

and comfortable clothing. Equipment provided with \$3 green fee for each session. (4 sessions)

**Wednesdays 5, 12, 19 and 26 Sept 9:30 - 12:00**

Leader and Bookings: Charles Britton  
mvcroquet@gmail.com

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**MARRICKVILLE LIBRARY**

Corner of Marrickville and Petersham Roads. Short walk from station. Wheelchair accessible

**Venue Coordinator: Jennifer Waldron 8753 0521  
jenniferwaldron2@gmail.com**

**CLASSIC MOVIES\*\*(12).....182WM01**

Classic movies from the silent to the contemporary era. A selection of the very best and most influential films that helped develop the industry is presented. Analysis, background and historical settings plus production issues and biographical details pertaining to the director, cast and production personnel are explored.

**Alt Wednesdays from 4 July 10:00 - 12:30**

Leader: Hugh Watson 9519 5082  
Bookings: Marie Doyle 9558 4223  
mothra2@bigpond.com

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**PANANIA SENIOR CITIZEN'S CENTRE**

Corner Pepper Street and Anderson Avenue. Parking in adjacent car park accessed from Pepper Street. One minute walk from station.

**Venue Coordinator: Joy Pegler 9771 6185  
peglerjm@bigpond.com**

**AUSTRALIAN PERSPECTIVES\*\*(25).....182WP01**

This is an informal discussion group during which the guest speaker introduces us to their varied ethnic, cultural and historical experiences. (4 sessions)

Leader and bookings: Joy Pegler 9771 6185  
peglerjm@bigpond.com

**Life in Shearing Sheds**

All we wanted to know about merino wool but had no one to ask! The speaker spent years as a wool classer in shearing sheds throughout NSW and Tasmania, was the manager of a wool scourer and carbonizing plant and then taught about the industry at TAFE

Speaker: Don Burvill

**Thursday 16 Aug 2:00 - 4:00**

**Estonian Kings**

The Estonians were also Vikings. The speaker will explain to us the various reasons why the historical record for this is very scant.

Speaker: Valdur Liira

**Thursday 20 Sep 2:00 - 4:00**

**The Spirited Life of Marie Byles**

Marie was a pioneer in many fields: as the first female solicitor of NSW she fought for women's rights in law, as a conservationist she ensured preservation of national parks.

Speaker: Anne McLeod

**Thursday 18 Oct 2:00 - 4:00**

**Fairbridge Farm: School for Child Migrants**

Personal recollections of a ten-year stay at Fairbridge, the speaker having been sent there as a seven-year-old in 1948.

Speaker: Daphne Appleby

**Thursday 15 Nov 2:00 - 4:00**

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## REVESBY: COMMUNITY HALL

Macarthur Avenue. Limited street parking. Two minute walk from Revesby Station

**Venue Coordinator: Joy Pegler 9771 6185**  
peglerjm@bigpond.com

### TAI CHI\*\*(25) ..... 182WR01

This class is for Tai Chi novices as well as for more experienced practitioners. The aim is for all participants to progress from six to twenty-four Tai Chi forms.

**Each Thursday from 26 July 9:30 - 11:00**

(except school holidays)

Leader and bookings: Patrick Brennan 9773 4182

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## REVESBY WORKERS CLUB

28 Brett Street. 5-minute walk from Revesby Station. Free parking on site.

**Venue Coordinator: Joy Pegler 9771 6185**  
peglerjm@bigpond.com

### FILM DISCUSSION GROUP\*\*(25) ..... 182WR03

This group meets monthly to discuss recent movies. Members undertake to view up to three group-selected feature films screening during the coming month. At each monthly meeting, a volunteer from the group will introduce one of the selected films. This will be followed by group discussion.

**Fourth Tuesday of each month from 26 July 10:00 - 12:00**

Leader and bookings: Robyn Deane 9726 4279

rdeanee@optusnet.com

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## ROZELLE: HANNAFORD CENTRE

608 Darling Street (corner Nelson Street). **Wheelchair accessible**

**Venue Coordinator: Barbara Burton**  
9798 5620 or 0429 090 332 beburton@iprimus.com.au

### DISCUSSION GROUP\*\*(15) ..... 182WS01

This group will focus on historical events, philosophy and literature and each member is given the opportunity to decide on and present the topic for discussion.

**Each Monday from 2 July 10:30 - 12:30**

Leader: Fay McKenzie-Edmonds

Bookings: Yvonne Wingrave 9797 9237; 0437 000 684  
yvonnewingrave@gmail.com

### FRENCH INTERMEDIATE\*\*(15) ..... 182WS02

A reasonable knowledge of French grammar, vocabulary and pronunciation is assumed. A variety of reading, writing, listening and speaking activities will be used to consolidate and extend that knowledge and those skills. There will be some formal grammar and a few laughs along the way

**Each Tuesday from 24 July 10:00 - 11:30**

Leader and bookings: Alan Rodrick 9819 6579  
alan.rodrick@gmail.com

### CONTINUING FRENCH ..... 182WS03

This course is for people with a reasonable background in French who want to continue to engage in conversation. The main focus of the course is on spoken French to improve fluency and pronunciation or just for the joy of speaking such a beautiful language.

**Each Tuesday from 24 July 11:45 - 1:15**

Leader: Rhonda Stien

Bookings: Sue Tronser 9818 3268

suetronser@gmail.com

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### FRENCH FOR BEGINNERS\*\*(15) ..... 182WS04

French for beginners and those with some expertise wishing to consolidate their knowledge. We will use *Collins Easy Learning French Grammar and Practice, 2nd Edition 2016* (\$25 from Abbeys). Use Leader's name and mention U3A for 10% discount. Course covers basic vocabulary, grammar, pronunciation and simple conversation to Tourist level.

**Each Tuesday from 24 July 2:00 - 3:30**

Leader and bookings: Michael Georgeson 9818 2648  
michael.georgeson@gmail.com

### ADVANCED FRENCH ..... 182WS05

#### CONVERSATION\*\*(10)

La participation à ce groupe permettra aux membres de s'exprimer avec plus d'aisance sur un grand nombre de sujets selon le goût des membres. Il faudra donc un bon niveau de compréhension et d'expression orales au départ.

**Each Thursday from 5 July 2:00 - 3:30**

Leader and bookings: Verity Bagot 9810 1730 or

0439 489 738

verity.chianea@gmail.com

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## ROZELLE NEIGHBOURHOOD CENTRE

756 Darling Street Rozelle

**Venue Coordinator: Anne Hall 0419 017 364**  
annenhall@gmail.com

### DISCUSSION GROUP - ..... 182WU01

#### TOPICAL ISSUES\*\*(16)

This is a lively group discussing local and global issues.

These can include interesting social, political, economic and environmental concerns.

**Alt Wednesdays from 11 July 10:30 - 12:30**

Leader and Bookings: Renate Watkinson 9660 0294

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## STRATHFIELD CROQUET CLUB

50 Redmyre Rd Strathfield. Walking distance from Strathfield Railway Station. Street parking available.

**Venue Coordinator: Anne Hall 0419 017 364**  
annenhall@gmail.com

### THE TWO G'S OF CROQUET: GOLF ..... 182WN01

#### CROQUET AND GATEBALL

Golf Croquet can be played as a singles or doubles game.

Gateball is a team sport (5 or less each side). Sessions are free and playing equipment will be provided. Wear comfortable sporty clothing and flat soled shoes (sneakers). Bring a water bottle, sunglasses and hat. Have fun while learning. (3 sessions)

**Tuesdays 17, 24 and 31 July 9:30 - 11:30 Arrive at 9:15**

Leader and bookings: Ruth Bridger 9736 3410

krbridger@bigpond.com

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## WOOLLOOMOOLOO: OZANAM LEARNING CENTRE

Level 3, 99 Forbes Street. This facility is operated by the St Vincent de Paul Society and serves both the homeless and local community. Train: 5-7-minute walk from Kings Cross Station (Eastern Suburbs line) via William Street. Limited street parking, many spots with meters. **Disabled access and a lift.**

**Venue Coordinator: Anton Crouch**  
anton.crouch@optusnet.com.au

### FILM GROUP\*\*(20) ..... 182WZ01

A series of courses considering motion pictures in a thematic way. Generally, the time period covered is the 1930s, 40s



and 50s. Themes include genres and the work of directors and actors. A film is shown at each session, with members encouraged to consider the work in its historical context. (2 series x 6 sessions each)

### Series 1. Thriller Comedies

Can murder be funny? The motion picture industry has thought so for a long time. How effective is Frankenstein's monster as a "straight man"? We'll find out and, along the way compare the well-known (Bob Hope and Danny Kaye) with the lesser known (Fred MacMurray and Bette Davis).

**Each Monday from 23 July 10:00 - 12:30**

### Series 2. Beginnings

Examples of the early work of some of those now in the pantheon of motion picture directors. Included are Dusan Makaveyev, Brian de Palma, Francis Coppola and Steven Spielberg.

**Each Monday from 15 Oct 10:00 - 12:30**

Leader and bookings: Anton Crouch 9660 2889  
anton.crouch@optusnet.com.au

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## PRIVATE HOMES

**Venue Coordinator: Jennifer Waldron**  
jenniferwaldron2@gmail.com

Please note that all private homes have limitations on numbers.

### STANMORE BOOK CLUB\*\*(10)..... 182WH01

A wide range of books will be selected by members who lead a discussion of their choice.

**First Monday of each month from 2 July 2:00 - 4:00**

Leader: Wendy Fraser  
Bookings: Bernice Lee 0412 969 440  
bernicejlee@gmail.com

### CLASSICAL BOOK CLUB (Stanmore)\*\*(10)..... 182WH02

Members take turns reading from prescribed text. Suggested text for the first semester is *Pepys Diary* by Samuel Pepys.

**Alt Tuesdays from 10 July 10:30 - 12:30**

Leader and bookings: Sondra Griffiths 9332 4490  
sondragriffiths135@gmail.com

### INNER WEST BOOK GROUP\*\*(12)..... 182WH03

Enhance your enjoyment of reading by sharing your ideas with others. Every four weeks we will read and discuss a book, choosing from a wide range of literature. First book in July is *Purple Hibiscus* by Chimamanda Ngozi Adiche.

**Every four weeks from Wednesday 25 July 2:00 - 4:00**

Leader and bookings: Jennie Winton 0401 727 718  
jwinton798@gmail.com

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## OUT THERE!

**Coordinator: Bobbie Kersten 0410 873 605**  
bobbiekersten@gmail.com

### MY FAVOURITE ETHNIC EATING PLACE..... 182WX01

Do you enjoy good food and conversation with like-minded people? Six monthly lunches at inexpensive restaurants within the Sydney LGA. Members in turn choose venues which will stimulate interest in cuisines from different cultures. Supplemented with a talk by the restaurateur, about food/traditions. Members pay for their own meal.

**Five monthly lunches from Wednesday 11 July 12:00 - 2:30**

Leaders and bookings: Jenny Hawkins 0418 464 253  
jenniferhawkins798@gmail.com  
Teresa Longbottom 0488 947 160  
teresa@longbottom.com.au

### FOURTH TUESDAY LUNCH GROUP\*\*(12)..... 182WX02

We will meet for lunch at restaurants that serve a variety of cuisines situated close to public transport around former Leichhardt Council LGA. We will try to have the chef/owner tell us his/her background/menu development. We will try to book BYO wine restaurants. Attendees who chose to BYOW are required to pay corkage. (5 sessions)

**Fourth Tuesday each month from 24 July**

Leaders and bookings: David Cameron 9810 6498  
djcameron38@gmail.com

### VISITING REGIONAL GALLERIES..... 182WX03

Using public transport, we will visit regional art galleries to see a diversity of art. More details, plus details of first outing, will be supplied when enrolling.

**Second or third Saturday or Sunday of each month (depending on exhibition dates) from mid July early-am to mid-afternoon.**

Leader and bookings: Helen Biddle  
helenjbiddle@gmail.com  
(Please supply phone and U3A membership number)

### WALKING WITH A TOUCH OF HISTORY..... 182WX04

#### BUSH-HARBOUR-RIVER and COASTAL WALKS

All walks medium-grade. You are responsible for your own safety on the walks. Bring hat, water, morning tea and lunch. Wear shoes with a safe walking tread. NOTE: trains: we travel in the third carriage. Timetables subject to change: Check Transport Info Line 131500.

**Last Sunday of each month from 29 July**

Leader and bookings: Bobbie Kersten 0410 873 605  
bobbiekersten@gmail.com  
(except Sept 23 which will be led by Thelma Hughes)

#### Meadowbank to Bicentennial Park

**Sunday 29 July**  
10:00 Meadowbank Station

#### Manly to Shelley Beach

**Sunday 26 Aug**  
10:00 Ferry Circular Quay. Return ferry to City

#### Hunters Hill Walk Kelly's Bush

**Sunday 23 Sept**  
9:40 Ferry Circular Quay Wharf 5. Return by ferry or bus  
Led by Thelma Hughes

#### Bundeena Coastal Walk

**Sunday 28 Oct**  
9:22 train to Cronulla then Ferry to Bundeena

#### Maroubra to Little Bay

**Sunday 25 Nov**  
9:45 Bus 377 Circular Quay  
If Circular Quay closed meet 10:00 outside Museum Station  
Return bus to City.



# NORTHERN BEACHES

**Regional Course Coordinator:** Runa Schmidt-Muller  
runasm@ihug.com.au  
**Enquiries only**

## NORTHERN BEACHES REGION OF SYDNEY U3A SHOWCASE

**Wednesday 11 July 10:00 - 12:00**

**Ted Blackwood Community Centre**

Cnr Jackson and Boondah Roads Warriewood

Choose your Northern Beaches courses the easy way  
Hear about new and other courses direct from our leaders

**Fascinating courses include:**

**Photography, Science, French, Music, History, Literature, Singing, Yoga, Movies, Art - to name a few**

Join us for refreshments

Hear a number of short presentations as leaders showcase their courses

Take the opportunity to discuss a course with new and continuing leaders

Read more about courses on display around the room

Come along and make an informed decision and book your course(s) on the day!

**Further details will be provided in our Newsletter and on the Website closer to the date**

**For catering purposes please RSVP to: Gaye Pringle gayepringle@gmail.com  
0407 248 331 or 9975 3182 by 30 June**

## BALGOWLAH: CLUB TOTEM

195 Condamine Street, Level 3, Washaway Room. Three-hour free parking in Stockland Shopping Centre. Lift from car park. Wheelchair accessible

**Venue Coordinator: Maureen Smith 9982 7985  
maureen.i.smith@bigpond.com**

**LITERATURE..... 182BB01**

A wide range of authors and their books are discussed. These include *Home Fire* by Kamila Shamsie, *The Birdman's Wife* by Melissa Ashley and *The Life To Come* by Michelle de Kretser.

**Alt Wednesdays from 25 July 11:00 - 1:00**

Leader: Maureen Smith 9982 7985  
maureen.i.smith@bigpond.com  
Bookings: Helen Moore 9975 5203  
helen.moore@iinet.net.au

## BELROSE: GLENAEON RETIREMENT VILLAGE

207 Forest Way. Village Community Centre. Parking available inside village. **Wheelchair accessible.**

**Venue Coordinator: Margaret Robinson 9486 3528  
merobinson2@bigpond.com**

**LEARN TO PLAY MAH JONG..... 182BT01**

Play Mah Jong (Western style) with a friendly group in very comfortable and scenic surroundings. Assistance given but no lessons. All Welcome

**Each Tuesday from 3 July 9:00 - 12:00**

Leader: Penny Bright  
Bookings: David Bright 0404 446 326

## COLLARROY: WARRINGAH PLACE RETIREMENT VILLAGE

1039 Pittwater Road. Activities Room. Limited on-site parking. Street parking. **Wheelchair accessible**  
**Venue Coordinator: Mary Comber 9948 4064**

**ISSUES FOR DISCUSSION\*\*(20)..... 182BP01**

A participative group where all those present are encouraged to raise issues that may be of interest to them and to others. The topics are debated in a friendly atmosphere for the benefit of all attendees. Please come and enjoy the company of other U3A members.

**Alt Thursdays from 5 July 2:00 - 4:00**

**(No school and public holidays)**

Leader: Jack Das  
Bookings: Margaret Lambert 9982 1427  
mdlambert@iprimus.com.au

**PLAY THE UKULELE\*\*(12)..... 182BP02**

Do you need some fun in your life? Do you like to sing? Ukuleles are back in fashion! No musical knowledge required, but some playing experience. Guitars also welcome. Please ring leader to establish your interest.

**Each Monday from 23 July 1:30 - 3:00**

**(No school and public holidays)**

Leader and bookings: Colleen Russell 9918 3817

**PLAY THE RECORDER\*\*(12)..... 182BP03**

For players with a small knowledge of descant, treble, tenor and bass recorders, playing music from Renaissance to Bach through to Modern and Jazz, in the company of friendly people.

**Each Monday from 23 July 3:30 - 4:30**

**(No school and public holidays)**

Leader and bookings: Colleen Russell 9918 3817

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## COLLARROY PLATEAU: RSL VETERANS' RETIREMENT VILLAGE

Veterans Parade. Northern Amenities Block. Limited on-site parking. Street parking available. **Wheelchair accessible**

### ART: PAINTING AND DRAWING ..... 182BV01 IN ANY MEDIUM\*\*(14)

If you are an artist, or would-be artist, haven't painted for years, or would just like to paint with a friendly group, maybe we are what you need. This is not a teaching group, but assistance and appraisals are given.

**Each Monday from 2 July 1:00 - 4:00 (No public holidays)**

Leader: June Rodden 9402 4550

Bookings: Bronwyn Hale 9979 4481

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## DAVIDSON: FRENCHS FOREST BUSHLAND CEMETERY

1 Hakea Avenue. Lorikeet Room, Administration Centre. Parking available in Cemetery grounds. **Wheelchair accessible**

**Venue Coordinator and Leader: Beth Robertson**

**Bookings essential for both courses via the leader**

**9452 2396 (9:00 - 5:00)**

**robertsonbeth12@yahoo.com.au**

### CRAFT IN THE FOREST ..... 182BG01

Join an inspirational group of craft enthusiasts for a relaxing morning of chat and the sharing of new skills. If you'd like to knit, crochet, draw, embroider, paint, do beading or just colour with pencils, do join this group. No prior knowledge expected, but the love of learning new creative ideas is mandatory! (11 sessions) Board Room

**Alt Fridays from 20 July 10:00 - 12:00**

Booking details as above

### ANZACS HEROES IN THE FOREST ..... 182BG02

Join a guided tour and hear amazing stories of the many heroic diggers who served in all military engagements, and rest at Frenchs Forest. You will enjoy narratives and biographical accounts based on the history of Australia's involvement in world hostilities, especially celebrating the centenary of the Armistice this year. Cemetery landscape - Meet at flag pole

**Thursday 8 Nov 9:30 - 12:00**

Booking details as above

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## FORESTVILLE: FOREST COMMUNITY ARTS CENTRE

Darley Street. Adjacent to library. Parking available.

**Wheelchair accessible**

**Venue Coordinator: Terri Nixon 8964 9574**

**thenixons23@optusnet.com.au**

### PAINTING AND DRAWING ART GROUP ..... 182BF01

Our group is a mix of very experienced artists and absolute beginners. Some paint, some sketch, all enjoying the company of other friendly and helpful members. You are very welcome to come and sketch or paint in your choice of medium. Call Kathleen for advice on what to bring. (12 sessions) Studio Room

**First and third Tuesday of each month from 3 July 1:00 - 4:00**

Leader: Ann Chadderton 9451 6579

Bookings: Kathleen Wilson 0400 348 318

kathleen6a@gmail.com

### CREATIVE WRITING\*\*(10 -12) ..... 182BF02

This course does not teach writing. We edit, advise and discuss each member's current work. We work through the school holidays. Course numbers are limited. (11 sessions) Lorikeet Room

**Alt Mondays from 9 July 1:00 - 4:00**

Leader and bookings: Jo McGahey 9986 3063

mcahey@tig.com.au

### ART WITH ELIZABETH BOUSTEAD ..... 182BF03

What is Art anyway? This is a hands-on class, exploring basic tools and ways of making paintings and works on paper. Stretch your brain! No experience necessary. Curiosity and patience desirable. (10 sessions) Studio Room

**Alt Thursday from 26 July 1:00 - 4:00**

Leader: Elizabeth Boustead elizjbou@gmail.com

Bookings: Ruth Buchanan

ruth.buchanan@bigpond.com

### ROMAN HISTORY: LIFE IN THE PROVINCES ..... 182BF04

The Roman Empire was acquired by conquering tribes and cities with different cultures and backgrounds. By the 2<sup>nd</sup> century AD a concept of Romanness had developed but with local differences. This course will discuss and illustrate the life of the areas and towns throughout the vast empire. CONTINUING COURSE. New members welcome.

(8 sessions) Heather Flawith Room

**Alt Thursdays from 23 Aug 2:00 - 4:00**

Leader and bookings: Leonie Hayne 9417 2894

### MONEY, WEALTH, POVERTY ..... 182BF05

These four talks will explain in simple terms why some countries are wealthy and others poor. We will question whether money really makes the world go round.

(4 sessions) Studio

**Alt Tuesdays from 9 Oct 10:00 - 12:00**

Leader: Peter Nixon 8964 9574 petermnixon@optusnet.com.au

Bookings: Terri Nixon 8964 9574

thenixons23@optusnet.com.au

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## FRENCHS FOREST: LIONEL WATTS COMMUNITY CENTRE

93-95 Blackbutts Road, (behind Glen Street Theatre). Easy parking

**Venue Coordinator: Rosemary McCulloch**

**ramccull@gmail.com 0448 095 958**

### FRIDAYS IN THE FOREST ..... 182BU01

A monthly program of separate presentations on a wide variety of topics given by people with expertise in, and enthusiasm for, their subject. Something for everyone. (6 sessions)

**Last Friday in each month (except Dec) commencing 27**

**July 10:00 - 12:00 Bookings not required**

#### 1. John Macarthur, Visionary or Villain

A journey through the life of this fascinating man who was a soldier, entrepreneur, politician and pastoralist, who with his wife Elizabeth, occupies such a prominent place in Australian history.

**Friday 27 July**

Speaker: Patrick Dodd

#### 2. The Convict System in Australia

Examining the background and system operating from 1788 until 1868 which accounted for the transportation of 160,000+ men, women and children.

**Friday 31 Aug**

Speaker: Geoff Davidson

### 3. Should Politicians go through a health check?

How Joseph Stalin, at the crucial Yalta conference towards the end of WWII, dominated, conned and manipulated two sick old men - Churchill and Roosevelt.

**Friday 28 Sept**

Speaker: George Biro

### 4. Savvy Tips for Seniors

Be a Savvy Senior – use Fraud Protection Strategies for Seniors and learn about some educational tools to help seniors protect themselves against fraud.

**Friday 26 Oct**

Speaker: Dept. of Fair Trading representative

### 5. Breathing Therapies

Breathing can become dysfunctional because of stress, asthma or other causes and this can reduce quality of life. Learn how to correct poor breathing habits and to breathe more efficiently.

**Friday 30 Nov**

Speaker: Rosalba Courtney

### 6. Scottish Piper

Did you know Bagpipers are actually considered good luck? It's an old custom to have the piper be the first one to greet the bride, thus ensuring a long and happy marriage. But, of course, the whole point of hiring a piper is the traditional music.

**Friday 14 Dec**

Speaker: John Elliott

## MONA VALE MEMORIAL HALL

1606 Pittwater Road. Meeting Room. Parking available

**Venue Coordinator Elizabeth Waring**  
elizabethwaring5@gmail.com

### PHILOSOPHICAL THEMES (Continued).....182BL01

This course continues our study of major Western philosophers as they relate to each other with respect to a specific theme - we will complete our look at ethical values, then move on to considering philosophy as a guide to living. Format DVD and YouTube introductory lectures combined with group discussions. Prior attendance at the previous series of lectures is recommended.

**Alt Tuesdays from 3 July 2:00 - 4:00**

Leader and bookings: Mike Williams 0413 878 567  
mikews@optusnet.com.au

### FRENCH LEVEL 3.....182BL02

This course covers reading, writing, grammar, and conversation. Must have basic knowledge of the language. Textbook used: *French Made Simple* by Pamela Rose Haze.

**Alt Wednesdays from 4 July 2:00 - 4:00**

Leader and bookings: Sarita Wright 9970 5906  
saritawright35@gmail.com

### FRENCH LEVEL 4.....182BL05

For those who already have a comprehensive grasp of grammar and conversation. Textbook used *Collins Advanced French Grammar*, plus a variety of literature.

**Alt Wednesdays from 11 July 2:00 - 4:00**

Leader and bookings: Sarita Wright 9970 5906  
saritawright35@gmail.com

### FRENCH INTERMEDIATE.....182BL03

On-going gentle paced course on all aspects of the French language. Reasonable vocabulary and knowledge of grammar required plus a sense of humour. Book used is *Easy French Reader Third Edition* – R. de Roussy de Sales

**Alt Tuesdays from 10 July 10:00 - 12:00**

Leader and bookings: Olivia Kesby 9938 3028  
olivia.kesby@gmail.com

### CONTEMPORARY PHILOSOPHY 2.....182BL04 HEIDEGGER FOR THE INITIATED

An Introduction into Heidegger's later philosophy, including:

- The Role of Art
- The Dangers of Technology
- Dwelling as a Mortal.

A basic knowledge of *Being and Time* – Division 1 or participation in our Heidegger for Beginners' course is essential. The required course book will be *Thinking of Being* by Lee Braver. Available online from The Book Depository.

**Alt Tuesdays from 10 July 1:00 - 3:00**

Leader and bookings: John Lauricella 9918 2142  
jml1010@yahoo.com

## NARRABEEN: BAPTIST CHURCH

13 Grenfell Avenue, (cnr Wakehurst Parkway). By car, turn off Pittwater Road into Wakehurst Parkway, then immediate first right into Grenfell Avenue. **Wheelchair accessible**

**Venue Coordinator: Barbara Bohm 9913 3481**  
jeddasam1@bigpond.com

### UKULELE - INTERMEDIATE / ADVANCED .....182BQ01

If you have learnt six basic chords, now is the time to move to or join this group. Lots of strumming, singing and fun.

Education Centre, Ground floor

**Each Tuesday from 3 July 1:30 - 3:30**

Leader and bookings: John Peters 0412 161 069  
jayefpe@hotmail.com

### UNPLUGGED ACOUSTIC.....182BQ02 GUITAR GROUP 1 and 2

Harvey Broadbent will continue leading an UNPLUGGED acoustic guitar group to meet once a week for fifteen weeks. The group will continue building a repertoire of classic soft rock/blues acoustic pieces. Only basic skills with guitar chords and following lyric/chord charts needed. Bring own guitar and music stand. Room 2, level 1

**First three Wednesdays in each month  
from 4 July 10:30 - 1:00**

Leader and bookings: Harvey Broadbent 0414 486 675  
harveybroadbent1915@gmail.com

### U3A ROCK ORCHESTRA.....182BQ03

The U3A Rock Orchestra playing classic rock and pop is for good singers and post-beginners on all instruments except ukuleles, which are already well-catered for in the region. Basic skills with following lyric/chord charts needed. Ability to read musical notation not required but an advantage.

Bring own instrument and music stand. Church

**Each Wednesday from 4 July 2:00 - 5:00**

Leader and bookings: Harvey Broadbent 0414 486 675  
harveybroadbent1915@gmail.com

### CREATIVE PAINTING WORKSHOP.....182BQ04

For those who enjoy putting paint on canvas or paper. A relaxed group with varying levels of skill, we work on our own projects and commonly share techniques, ideas and information which is welcomed by all. Education Centre Ground floor

**Each Thursday from 5 July 1:00 - 4:00**

Leader: Susan Davies 0414 799 324

Booking: Suzanne Allan 0458 712 033 zanne07@gmail.com

### PHILOSOPHICAL THEMES.....182BQ05

The aim of this course is to introduce major Western philosophers as they relate to each other with respect to a specific theme – initially we will look at Ethical values justice. In that way participants gain a sense of philosophy as a

coherent discourse and not just a jumble of opinions. DVD and YouTube introductory lectures combined with group discussions. No prior knowledge of philosophy required. Room 2, level 1

**Alt Fridays from 6 July 10:00 - 12:00**

Leaders and bookings: Mike Williams 0413 878 567  
mikews@optusnet.com.

**FRENCH POST BEGINNERS\*\*(15) ..... 182BQ06**

On-going gentle paced course for people interested in furthering their knowledge of French. Basic vocabulary and grammar required, plus a sense of humour. Book used is *French Made Simple* by Pamela Rose Haze. Education Centre, Ground floor

**Alt Fridays from 6 July 10:00 - 12:00**

Leader and bookings: Olivia Kesby 9938 3028  
olivia.kesby@gmail.com

**TRIVIA FOR SENIORS ..... 182BQ07**

Interesting and tricky questions and topics well suited to the U3A age group, make for a lot of fun and laughter. Get up a team or come on your own and give the grey cells a workout! Prizes for the winning team. Education Centre, Ground floor

**Alt Fridays from 6 July 1:00 - 3:00**

Leader and bookings: Janet Atkinson 9970 6019  
sophie@easy.com.au

**ADVANCED FRENCH ..... 182BQ08**

Focusing on grammar and dictation, reading and conversation. Room 2, level 1

**Alt Mondays from 9 July 10:00 - 12:00**

Leader and bookings: Sarita Wright 9970 5906  
saritawright35@gmail.com

**TUESDAYS IN NARRABEEN ..... 182BQ09**

A series of separate presentations on a wide variety of topics given by people with expertise in and enthusiasm for, their subject. This venue is well equipped for audio-visual lectures and has very comfortable seats. (6 sessions) Church.

**Bookings not required**

**Monthly from Tuesday 10 July 10:00 - 12:00**

Leader: Rosemary McCulloch 0448 095 958  
ramccull@gmail.com

**1. Australia, the Great South Land – Where is it?**

Covering the search from earliest times until settlement and establishment of the Colonies.

**Tuesday 10 July**

Speaker: Geoff Davidson

**2. Secret Life of Teeth**

From before the pyramids to the present day, teeth have played an important part of different cultures. What do they mean to Australians today?

**Tuesday 7 Aug**

Speaker: Sybille Lechner

**3. Living Lightly**

In 2012 Carole was contracted to work on a project with remote herding communities in Gujarat, India. Today she will focus on the lives of semi nomadic communities, their rich culture and their low carbon footprint.

**Tuesday 4 Sept**

Speaker: Carole Douglas

**4. Pirates of the Narrabeen**

An historical perspective of sailing from 4000 BC to the present day. Where does a new class of model yacht fit into this narrative? (Maritime Model Club of NSW)

**Tuesday 2 Oct**

Speakers: Bob Saunders and Richard Heggie

**5. Following my Dream**

Born in Australia but always strangely drawn to Africa, Tony tells of his life spent between the two countries and how it has led to his success as an author.

**Tuesday 6 Nov**

Speaker: Tony Park

**6. North Korea – Quo Vadis**

The main subject of this lecture is to provide an update on the situation following the round of high level meetings which have occurred over the last few months, and to provide some potential scenarios for the future.

**Tuesday 4 Dec**

Speaker: John Yates

**HISTORY OF PHILOSOPHY 1 ..... 182BQ10**

An introduction to Philosophy via a survey of the great philosophers of the west including Plato, Aristotle, Aquinas, Descartes and Kant. No prior familiarity with philosophy is required. Room 2 level 1

**Alt Fridays from 13 July 10:00 - 12:00**

Leader and bookings: John Lauricella 9918 2142  
jml1010@yahoo.com

**SOLVING CRYPTIC CROSSWORDS (BASIC INTRODUCTION) ..... 182BQ11**

If cryptic crosswords look like gibberish, then this is the course for you. Cryptic crosswords conform to a set of rules, which once you are aware of them, will help you to solve the clues. A basic course for those who would like to learn some strategies to get started. (6 sessions) Education Centre Ground floor

**Alt Fridays from 13 July 1:30 - 3:30**

Leader and bookings: Eve Lane evelane222@gmail.com

**INTRODUCTORY SPANISH B ..... 182BQ12**

Aimed at developing basic communication skills in Spanish, this course is a follow-up and revision of the Introductory Spanish course taught in Semester 1. All language skills are practiced; grammar, pronunciation and culture are studied; various teaching resources are used. Topics may include shopping, eating out, leisure and hobbies. Some previous knowledge required. (14 sessions) Education Centre Ground floor

**Each Monday from 23 July 2:00 - 4:00**

Leader and bookings: Alexis Tabensky  
a.tabensky@unsw.edu.au 0424 983 618

**MUSIC TO REMEMBER ..... 182BQ13**

Travel back in time from J S Bach, the organist and storyteller, through to those who followed and were inspired by him. Each session will concentrate on one particular classical composer with examples of legendary performances from the past as well as recordings by artists of today. Relax and enjoy listening. Church

**Alt Tuesdays from 31 July (except Oct 3 sessions) 10:00 - 12:00**

Leader and bookings: Rosemary McCulloch  
ramccull@gmail.com 0448 095 958

**UKULELE FOR BEGINNERS ..... 182BQ14**

If you have ever wanted to learn to play the ukulele, this is your chance. We start from scratch. No prior knowledge of music necessary. Come along and have a go, it's fun. Room 2 level 1

**Each Tuesday from 31 July 1:30 - 2:30**

Leader and bookings: Felicity Davis 9979 8633  
felicity@sciencefilms.com.au



## NORTH NARRABEEN: COASTAL ENVIRONMENT CENTRE

Pelican Path, Lake Park Road. If by travelling by bus, alight at Narrabeen High School; if travelling from south cross Pittwater Road then 300 metres walk along Lake Park Road. Follow Pelican Path along the lakeshore heading east. CEC is 40 metres inside the grounds of Sydney Lakeside Holiday Park. Car park opposite 34 Lake Park Road, 'The Melting Room Café'. **Wheelchair accessible**

**Venue Coordinator: Barbara Bohm 9913 3481**  
jeddasam1@bigpond.com

### MONDAY AT THE MOVIES (MAM)..... 182BR01

For those who enjoy current movies, a movie club operating similar to a book club. Each month, view up to three nominated movies in your own time and join us for a stimulating discussion about the plot, actors, producers and cinematography. Decide your own ratings (6 sessions).

**Monday 2 July, 6 Aug, 3 Sept, 15 Oct, 5 Nov, 3 Dec**  
10:00 - 12:00

Leader: Heather Leggat

Bookings: Alan Leggat 9997 3183  
ahleggat@bigpond.com (preferred)

### MAGIC OF POETRY..... 182BR02

Enjoy poetry? Then come along and share your favourite poems and hear the magic of others in a fun relaxed atmosphere. (6 sessions) No school holidays

**Wednesday 4 July, 15 Aug, 12 Sept, 24 Oct, 21 Nov, 19 Dec**  
10:00 - 12:00

Leaders: Alan Leggat and Kevin Herbert

Bookings: Heather Leggat 9997 3183  
ahleggat@bigpond.com (preferred)

### CREATIVE PHOTOGRAPHY..... 182BR03

Everyone takes photos, but many of us would like to take our photography to the next level. This group will aim, by sharing knowledge, to improve our photographic techniques. Each session will consist of a mixture of tutorials and interactive workshops, with members encouraged to share their knowledge and images. (8 sessions) **No school holidays.**

*Note:* this is a continuing full-year course.

**Alt Thursday from 26 July (except 4 Oct) 10:00 - 12:00**

Leader: Laurie Wilson 9938 1454

Bookings: laurie.wilson@optusnet.com.au (preferred)

### THE HUMAN TIDE..... 182BR04

With talks and discussion, we will examine the history of migration from the beginning until now, the better to understand the troubled movement of peoples today.

(6 sessions) **No school holidays**

**Alt Tuesdays from 7 Aug 1:00 - 3:00**

Leader and bookings: Joan Giumelli 9981 7509

jgiumelli@ozemail.com.au

## NORTH NARRABEEN: NARRABEEN RSL CLUB

116 Nareen Parade Narrabeen North

### CROQUET..... 182BS01

Enjoy the tranquillity of the bushland setting while playing Golf Croquet. Your concentration may be disturbed occasionally by the laughter of kookaburras and fellow players. Teaching available on request. No partner required. Mallets supplied. Games are organised to accommodate on a first come basis.

**Weekly commencing Wednesday 3 July 8:30 - 12:00**

Leader: Bob Hunter 9970 7352 hunterdeb@bigpond.com

Booking: Jill Barrett 9982 2387 jillb45@hotmail.com

## NEWPORT COMMUNITY CENTRE

11-13 The Boulevard, off Barrenjoey Road. Buses Palm Beach/Manly and from Wynyard/Upper Peninsula to Newport Bowling Club. Ample parking available.

**Wheelchair accessible** **No courses at Newport during school holidays**

**Venue Coordinator Elizabeth Waring**  
elizabethwaring5@gmail.com

### WEDNESDAY AFTERNOON AT NEWPORT..... 182BC01

Come and join a friendly group on the first Wednesday of each month. Enjoy the one-off lectures on a wide range of subjects. Main Hall (5 sessions) **Bookings not required**

**First Wednesday of each month from 4 July 1:30 - 3:30**

Leader: Mavis Bickerton 9970 7161

mavis.bickerton@bigpond.com

#### 1. A DPP's reflections on some cases and some legal reforms

Nicholas Cowdery will discuss some of the more controversial cases he dealt with as DPP, some of the issues arising and some areas of law reform that were pursued.

**Wednesday 4 July**

Speaker: Nicholas Cowdery

#### 2. A Brief History of Astronomy

Examining how different cultures through the ages have sought to measure and explain the movements of the heavens, emphasising the Scientific Revolution that led to our modern understanding of the Universe.

**Wednesday 1 Aug**

Speaker: Kevin Murray

#### 3. Celebrant Ceremonies "Weddings – Wicked, Wonderful and Wild"

Whilst most weddings are enjoyable and wonderful affairs at which Wendy was very honoured to officiate, there are always those hilarious and even disastrous moments when events didn't quite work out! Come and hear more.

**Wednesday 5 Sept**

Speaker: Wendy Bull

#### 4. Medical Entomology - Mosquitoes

A focus on the biology and habitat of mosquitoes as vectors of disease and unease - including Malaria, Lymphatic filariasis, Yellow Fever, Dengue and Zika virus

**Wednesday 7 Nov**

Speaker: Ian Thompson

#### 5. The Royal Botanic Gardens Sydney

This talk will give us an insight into the Royal Botanic Gardens Sydney's Calyx and latest projects. We will look at the last 200 years and the vision for the future.

**Wednesday 5 Dec**

Speaker: Lorraine Emerson

### OUTSTANDING TOPICS AND SPEAKERS..... 182BC02

This course features speakers on diverse topics who are experts in their field. Tuesdays in Newport. Main Hall

**Bookings not required**

**Commencing Tuesday 24 July 1:30 - 3:30**

Leader: Mavis Bickerton 9970 7161

mavis.bickerton@bigpond.com

#### 1. The role of Harbour Master in Sydney and Botany Bay

Jeanine will speak on the work of operating a world class port that is recognised for its safe and efficient operations through the adaptation of modern technologies to age old traditions.

**Tuesday 24 July**

Speaker: Jeanine Drummond

## 2. Napoleon and the Australian Connection

A talk on the meteoric rises/falls in his career with some emphasis on the final years and their importance to Australia.

**Tuesday 28 Aug**

Speaker: Geoff Davidson

## 3. Getting your affairs in Order

This session aims to raise your awareness of how the Digital World has complicated our lives and legacy and to get us thinking how we can arrange our affairs.

**Tuesday 25 Sept**

Speaker: Sue Martin

## 4. The Story of the Cotton Industry

This crop has been grown since the Egyptians and long before. See some of the differences in various parts of the world. Learn of its importance to world development and enjoy some music from the deep South of the USA.

**Tuesday 23 Oct**

Speaker: Rosemary McCulloch

## 5. The Men from Snowy River

The 1961 undertaking by Royal Australian Navy Clearance Divers to save Australia's most ambitious civil engineering project from disaster when sluice gates governing the flow of water from Lake Eucumbene began to leak.

**Tuesday 27 Nov**

Speaker: David Strike

## DRAMA ACTIVITIES THROUGH MOVEMENT, MIME AND IMPROVISATION ..... 182BC03

Looking for a fun and enjoyable activity that extends you? Join our drama activities at Newport every second Wednesday. Not only will you meet new people and have fun along the way, but we'll be doing relaxation and drama exercises to music that will make you feel well and happy!

Activities Room

**Alt Wednesdays from 25 July 1:45 - 3:45**

Leader: Helen Rosenkranz 0405 060 727

[helenrosenkranz@gmail.com](mailto:helenrosenkranz@gmail.com)

Bookings: Ann Hardiman 9940 0460

[hardimanja@gmail.com](mailto:hardimanja@gmail.com) (preferred)

## YOGA AND RELAXATION ..... 182BC04

The course leader is an International Yoga Teacher's Association trained teacher. The class consists of simple yoga postures, including stretching for muscle flexibility, movements to keep joints flexible, breathing practices and deep relaxation. The practice of yoga helps to relieve stress by balancing our nervous system. Main Hall

**Each Wednesday - except first Wednesday of each month from 25 July 2:00 - 3:30**

Leader: Louise Matthews

[louisemtws@yahoo.com.au](mailto:louisemtws@yahoo.com.au)

Bookings: Joy Cook 9979 3523

[joy.e.cook@gmail.com](mailto:joy.e.cook@gmail.com) (preferred)

## ART CLASS WITH DENISE BARRY ..... 182BC05

This course will be working mainly in acrylic paint. The emphasis will be on fun, relaxation and creativity, encouraging each individual style. The leader comes from a background as a practising artist (painter), art teacher and therapist. Activities Room

**Each Thursday from 26 July 1:00 - 4:00**

Leader: Denise Barry 9974 5335 [powerfulowl2@gmail.com](mailto:powerfulowl2@gmail.com)

Bookings: Terry Bickerton 9970 7161

[terry.bickerton@bigpond.com](mailto:terry.bickerton@bigpond.com)

## TABLE TENNIS ..... 182BC06

This exercise stimulates physical and mental performance. The air-conditioned venue is ideal for year-round play. We offer the opportunity to revive a dormant skill and to socialise with new friends. Main Hall

## Each Thursday from 26 July 1:30 - 4:30

Leader: Neil Mitchell 0405 123 521 [primcons@tpg.com.au](mailto:primcons@tpg.com.au)

Bookings: Carole Young 0421 356 493

[caroleyoung@me.com](mailto:caroleyoung@me.com) (preferred)

## YOGA AND RELAXATION ..... 182BC07

Booking essential, please book into one class only. Multiple class bookings are not permitted. Each class consists of basic yoga practice, breathing and deep relaxation, which will help improve joint mobility, increase muscle flexibility and bone density. It will balance your nervous system, reduce stress, hypertension and insomnia, helping to keep you happy and healthy. Main Hall

**Each Friday from 27 July 12:30 - 2:00**

**Each Monday from 30 July 12:30 - 2:00**

Bookings: Pamela Frei 0415 603 906

[ciesta@tpg.com.au](mailto:ciesta@tpg.com.au) (preferred)

## ART CLASS WITH KAYE DEXTER ..... 182BC08

This course is designed to develop painting skills in medium and advanced students. We shall use acrylic paints and explore a variety of techniques. The leader is a retired secondary art teacher and practising artist. Students will need to bring their own paper, canvas, paints, brushes water containers etc. Activities Room

**Each Monday from 30 July 1:00 - 4:00**

Leader: Kaye Dexter

Bookings: Mike Williams 0413 878 567

[mikews@optusnet.com.au](mailto:mikews@optusnet.com.au) (preferred)

## INTERMEDIATE FRENCH ..... 182BC09

This course is for students with a good working order of French grammar including several tenses, solid intermediate vocabulary and some writing and speaking skills. Our objective is to increase our working knowledge of the French language, the country and culture through vocabulary and grammar development, speaking, writing, presenting and listening. Textbook and a good dictionary are essential. Check before purchasing any books. Activities Room.

**Alt Wednesdays from 1 Aug 1:15 - 3:15**

Leader: Danina Anderson [danina\\_anderson@hotmail.com](mailto:danina_anderson@hotmail.com)

Bookings: Frances Buchan 0412 127 182

[francesandtonybuchan@gmail.com](mailto:francesandtonybuchan@gmail.com)

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## NEWPORT: PITTWATER PRESBYTERIAN CHURCH

Corner Robertson Road and Ocean Avenue. Buses:

Wynyard/Upper Peninsula. Manly/Palm Beach

**Venue Coordinator: Ann Hardiman 9940 0460**

[hardimanja@gmail.com](mailto:hardimanja@gmail.com)

## CREATIVE WRITING ..... 182BN01

Do you like to write or to rhyme? Do you want to extend and improve your wordsmith skills and meet others of like mind? We will look at essays, short stories, poetry and prose, articles and memoirs. Let loose your latent creativity – and fly! (No Public holidays) Church Hall.

**Alt Wednesday from 11 July 1:00 - 2:30**

Leader and bookings: Colleen Russell 9918 3817

## RECORDER CONSORT ..... 182BN02

A small group playing descant, treble, tenor and bass recorders, playing music from Renaissance to Bach through to Modern and Jazz. We welcome new players at this level, in company of friendly people. (No Public holidays) Church Hall.

**Each Wednesday from 25 July 10:30 - 12:30**

Leader and bookings: Colleen Russell 9918 3817

## NORTH CURL CURL COMMUNITY CENTRE

Corner of Griffin and Abbott Roads. Parking available inside the venue grounds. Bus from Chatswood/Manly passes through Dee Why and stops on the corner of Griffin and Pitt Roads.

**Venue Coordinator: Ruth Buchanan 0401 203 368**  
ruth.buchanan@bigpond.com

### **BALANCE 'N' BONES EXERCISE**..... 182BD01

Conditioning exercises for all major muscle groups, balancing to improve posture, relaxation for mind and body following a low impact aerobic warmup. Instruction by the Beth Denny DVD. Easy program at 9:30 followed by an Advanced program at 10:30am. Come to one or both sessions. Main Hall

**Each Monday from 2 July 9:30 - 10:25 and 10:30 - 11:20**

**Each Friday from 6 July 9:30 - 10:25 and 10:30 - 11:20**

Leader and bookings: Ruth Buchanan 0401 203 368  
ruth.buchanan@bigpond.com

### **MAH JONG**..... 182BD02

Play Mah Jong – The Western Game in a quiet, friendly atmosphere. No teaching. Meeting room

**Each Monday from 2 July 1:00 - 3:45**

Leader and bookings: Jacki Bateman 9913 8559  
jackibateman@optusnet.com.au

### **SOCIAL SEQUENCE DANCING**..... 182BD03

Dancing for fun and to keep your mind and body active. Gracious old favourites. Please bring your own lunch. Main Hall

**Each Tuesday from 3 July 10:00 - 2:00**

Leader and bookings: Rosemary MacDonald 9905 3851

### **MUSIC – THE SOUNDTRACK OF OUR LIVES**..... 182BD04

Listen, laugh, sing along (or even get up and dance if the music takes you). Together we will review the years of our lives and share happy memories. Whether it is rock 'n roll, big band swing, country, jazz or classical, we will be playing many of those forgotten favourites of yours. This is the Soundtrack of our Lives...time to sit back with friends, relax, remember and enjoy! Bookings not required. Main Hall

**First Thursday of each Month from 5 July 10:00 - 12:00**

Leader and bookings: Brian Delgaty 0402 312 082  
briandelgaty@gmail.com

### **MAH JONG - THE WESTERN GAME**..... 182BD05

Learn and play Mah Jong in a friendly atmosphere. Patient teaching is provided. Main Hall

**Each Thursday from 5 July 12:45 - 3:45**

Leader: Christine Ferguson 0409 306 768  
chrisfer43@gmail.com

Bookings: Nancy Dick 9981 2119 nancydick71@gmail.com

### **CANASTA (BOLIVIA VERSION)**..... 182BD06

Canasta is a great social card game. This is an opportunity to learn the rules of the game, pick it up again if you have played before, or polish up your playing skills in a friendly and supportive environment. Tuition will be provided during the first two playing sessions of the Semester (5 July and 12 July)

**Each Thursday from 5 July 12:45 - 3:45 (prompt)**

Leader and bookings: Eve Lane evelane222@gmail.com

### **MAH JONG WESTERN STYLE**..... 182BD07

Play Mah Jong in a quiet, friendly atmosphere. No teaching. Very welcoming to new members, but must be an experienced player. Bookings not required. Meeting Room

**Each Friday from 6 July 10:00 - 1:00**

### **ACTIVE SENIORS DANCE CLASSES**..... 182BD08

Delightful social atmosphere. Popular 'Dance for Life with U3A'. Learn waltz, quickstep, slow foxtrot, Latin (e.g. rumba, cha cha and samba), jive and sequence dances. Keep mind and body active. From beginners to improvers and beyond. Have fun, dance, enjoy. Main Hall

**Each Friday from 6 July 1:30 - 3:30**

Leader: Barbara Martin 0413 656 387

danceballroom@optusnet.com.au

Bookings: Susan Ascher 0439 912 512

sues2512@tpg.com.au

### **DISCUSSION GROUP CURRENT ISSUES**..... 182BD09

Discussion on topics of interest selected by the members. Meeting Room

**Alt Mondays from 9 July 1:00 - 3:00**

Leader: Douglas Walker

Bookings: Ruth Buchanan ruth.buchanan@bigpond.com

### **CELEBRATING THE SEA**..... 182BD10

A series of 3 lectures by Janine Kitson

**Commencing Thursday 26 July 10:00 - 12:00**

Bookings Ruth Buchanan ruth.buchanan@bigpond.com

#### **1. Rachel Carson's Sea Trilogy**

Learn about Rachel Carson's 'sea trilogy' that was so fundamental in her final masterpiece Silent Spring (1962). Learn about this inspiring American scientist whose message is more relevant than ever.

**Thursday 26 July**

#### **2. Sydney's Marine Conservationist: David G. Stead**

David G. Stead (1877-1957) is one of Australia's pioneer conservationists. Yet few know about his work as a marine biologist. Learn about this visionary conservationist and his legacy.

**Thursday 9 Aug**

#### **3. Can the Great Barrier Reef be Saved?**

Why are so many opposed to the Adani's Carmichael mine in Queensland? How does it threaten the Great Barrier Reef? Why must this largest living structure on the planet be saved?

**Thursday 27 Sept**

### **FINDING YOUR VOICE**..... 182BD11

An interactive workshop designed to help you speak with confidence and clarity.

**Thursday 23 Aug 10:00 - 12:00**

Leader and bookings: Diana Pheils

diana\_pheils@bigpond.com

### **ACTING THE ROLE**..... 182BD12

Sit back and listen to some of the great female roles in theatre history. Hear how the voice is used to create their mood, period and character.

**Thursday 30 Aug 10:00 - 12:00**

Leader and bookings: Diana Pheils

diana\_pheils@bigpond.com

### **A TOUR OF INTERNATIONAL CUISINES**..... 182BD13

This course celebrates the cuisine of three quite different world areas. It looks at the history of each area and consequently the influences which flavoured each. (3 sessions)

**Thursday 13 Sept, 11 Oct, 13 Dec 10:00 - 12:00**

Leader Jim Murray

Bookings: Ruth Buchanan

ruth.buchanan@bigpond.com



**SOLVING CRYPTIC CROSSWORDS – ..... 182BD14**  
**A FOLLOW-ON COURSE**

This course is intended for those who have already completed the 'Solving Cryptic Crosswords' course held earlier in the year. These follow-on sessions will provide the opportunity for participants to reinforce and build upon the strategies and tactics learned, by working through full crosswords together. (6 sessions)

**Alt Tuesdays from 2 Oct 2:00 - 4:00**

Leader and bookings: Eve Lane 0455 948 864  
evelane222@gmail.com

**EQUATIONS THAT CHANGED THE WORLD ..... 182BD15**

We discuss some great breakthroughs in physics and maths that opened our eyes to the wonders of the natural world. No Maths or Physics knowledge required. (4 sessions)

**Alt Thursdays from 25 Oct 10:00 - 12:00**

Leader: Peter Nixon  
Bookings: Virginia Lawrence  
virginialaw@bigpond.com

**WARRIEWOOD: NELSON  
HEATHER SENIOR CITIZENS  
CENTRE**

Corner of Jacksons and Boondah Roads. Regular buses Palm Beach/Manly and from Wynyard/Upper Peninsula On-site parking available, or in Boondah Road. **Wheelchair accessible**

**Venue Coordinator Marcia Andrews 9979 8707**  
**marciaandrews711@hotmail.com**

**TOPICS OF OUR TIMES\*\*(25) ..... 182BW01**

A discussion group which will consider timely issues that affect and interest us all. These may be local, national or international. Whilst all members are encouraged to submit topics and actively participate in the discussions, you are welcome to simply listen. Banksia Room

**Alt Tuesdays from 3 July 2:00 - 4:00**

Leader: Antoine van de Walle 8090 2884  
antoinevdwalle@gmail.com  
Bookings: Peggy Crocker 9975 6828  
fripeg@optusnet.com.au

**SINGING FOR THE JOY OF SINGING ..... 182BW02**

We sing songs from shows and other well-known melodies. This activity suits anyone who enjoys singing, irrespective of ability. We are a very social group and make friends easily. Non-singers are welcome to attend to just listen and enjoy or hum along. Angophora Room

**Alt Fridays from 6 July 10:00 - 12:00**

Leader and bookings: Alan Turner-Morris  
alantm@optusnet.com.au

**YOU NEED NOT AGREE\*\*(16) ..... 182BW03**

A small group for discussion of topical and general matters where all opinions are welcome. Waratah Room

**Alt Mondays from 9 July 10:00 - 12:00**

Leader and Bookings: Kevin Murray 9997 6078  
kevandglenny@gmail.com (preferred)

**PURE CLASS – A CREATIVE ..... 182BW04**  
**WRITING CLASS**

An opportunity for people interested in writing fiction, poetry, short stories, articles, family histories and more, to read their work and receive constructive criticism and assistance with a view to improving their writing skills, as well

as enjoying others' contributions and friendship. Waratah Room

**Alt Mondays from 9 July 1:30 - 3:30 (no public holidays)**

Leader and bookings: Diane Harding 9944 0886  
dianeharding@optusnet.com.au

**CONTEMPORARY ISSUES\*\*(25) ..... 182BW05**

A friendly forum at which matters of public interest are discussed and debated, all participants being free to express their views openly and nominate items for the agenda. New members welcome. Banksia Room

**Alt Thursdays from 12 July 2:00 - 4:00**

Leader: Lynn Grierson 9913 3964 lynngrrierson1@gmail.com  
Bookings: Marianne van de Voorde 9913 7968  
marmonvan@hotmail.com

**FRENCH CONVERSATION\*\*(16) ..... 182BW06**

Advanced conversation in French based on a text and tape. Waratah Room

**Alt Fridays from 13 July 10:00 - 12:00 (no public holidays)**

Leader: Wendy Clark 9913 9807 scorpio39@bigpond.com  
Bookings: Maureen Black 9982 7149

**AN OVERVIEW OF SCIENCE ..... 182BW07**

For members who enjoy science, please join us for a series of talks on a wide range of topics presented by speakers, expert in their field (9 sessions). Banksia Room

**Alt Fridays from 20 July 1:30 - 3:30**

**Bookings not required**

Leader: Ian Thompson  
Enquiries: Merryn Parnell 9999 3414 merryn21@hotmail.com

**1. Meeting Sydney's Fresh Water Needs**

Learn why Sydney has seemingly unlimited clean fresh water but Cape Town does not. The presentation reviews the history and considers the challenges now facing the Sydney system.

**Friday 20 July**

Speaker: David Robinson

**2. Halley, the Comet and Friends**

Like his contemporary and friend Sir Isaac Newton, Halley made giant strides in our knowledge of the solar system, and indeed the universe itself. One of the greats!

**Friday 3 Aug**

Speaker: Paul Barclay

**3. Radio Astronomy, Collaroy Plateau and the Origins of Wi-Fi**

The pioneering work in radio astronomy undertaken by physicist Joseph Pawsey and the development of technologies that formed the basis of today's radio astronomy and telecommunications; including Wi-Fi and the link with Collaroy Plateau

**Friday 17 Aug**

Speaker: Hastings Pawsey

**4. The Internet of Things**

Science and Technology are progressing at an ever-increasing speed with the latest 'hot topic' being the 'Internet of Things' (IoT). IoT is seeing smart devices all connected to the Internet and potentially changing the way we live.

**Friday 31 Aug**

Speaker: Malcolm Raymond

**5. The Black Death, the World's Most Devastating Plague**

In the mid-14<sup>th</sup> century, the medieval world experienced one of the most devastating pandemics to ever strike humankind: The Black Death. We look at the epidemiology surrounding this plague that swept through Europe

**Friday 14 Sept**

Speaker: Tony McCurdy



### 6. Fire our Friend – Its Emissions our Foe?

The extraordinary benefits we reap from our mastery of fire; a look at the physics and chemistry of burning; a detailed discussion of the health implications of its use for home heating.

**Friday 28 Sept**

Speaker: Bill Thomson

### 7. Technology and the Food Processing Industry

We take a look behind the scenes at some technology covering various industries including food processing, wine, meat, dairy, grain crops and more, for safety, quality control and farmer payment.

**Friday 12 Oct**

Speaker: Rob Matthews

### 8. Urban Living with Wildlife

Sydney Wildlife members are dedicated to caring for Sydney's sick, injured and orphaned native fauna, including birds, mammals and reptiles. The speakers will bring an interesting collection of **live reptiles** to demonstrate

**Friday 26 Oct**

Speakers: Bev Young and Lynleigh Greig (Sydney Wildlife)

### 9. Galaxies and the Expanding Universe

How do we know that the Earth is located in an arm of a spiral galaxy and that the expansion rate of the Universe is accelerating? This talk investigates.

**Friday 9 Nov**

Speaker: Peter Kinna

### ELEMENTARY RUSSIAN ..... 182BW08

A course for those who know some Russian at an elementary level. We explain aspects of Russian grammar and attempt simple Russian-English translations to gain an appreciation for this rich language and culture. Banksia Room

**Alt Wednesdays from 25 July 2:00 - 4:00**

Leader and bookings: Tim Coyle 9979 7690

m.coyle@iinet.net.au (preferred)

### BOOK DISCUSSION GROUP ..... 182BW09

Share your interest in books by enjoying lively discussion with other avid readers. All books will be chosen by the group from a wide range of literature including fiction, non-fiction and biography. Banksia Room

**Alt Fridays from 27 July 1:30 - 3:30 (no school or public holidays)**

Leader: Kevin Herbert 9977 8505 white.boar@bigpond.com

Bookings: Marcia Andrews 9979 8707

marciaandrews711@hotmail.com

## PRIVATE HOMES

**Note: Booking essential for all private homes**

### MAH JONG - THE WESTERN GAME ..... 182BH01

**(Belrose)\*\*(10)**

Learn and play Mah Jong in a friendly atmosphere.

**Each Wednesday from 4 July 9:30 - 11:30**

Leader and bookings: Delvene Lawrence 9975 3788

box142@bigpond.com

### iPAD AND ANDROID TABLET COMPUTER ..... 182BH02

**WORKSHOPS (Belrose)\*\*(10)**

Enjoy learning to use your iPad or Android tablet computer. Have fun and work collaboratively with peers and with the guidance of a tutor to uncover the power of your device.

**Each Thursday from 5 July 1:00 - 3:00**

iPad - Leader and bookings: Delvene Lawrence 9975 3788

box142@bigpond.com

Android Tablet - Leader and bookings: Antoine van de Walle

8090 2884 antoinevdwalle@gmail.com

### ART - OILS, PASTELS, ACRYLICS ..... 182BH03

**(Belrose)\*\*(10)**

Enjoy art with a happy group of people for a friendly exchange of ideas and guidance

**Each Friday from 6 July 9:30 - 11:30**

Leader and bookings: Delvene Lawrence 9975 3788

box142@bigpond.com

### DISCUSSION GROUP ..... 182BH04

**(Killarney Heights)\*\*(12)**

The week in International politics and finance. Come and be part of this new and exciting group.

**Each Thursday from 12 July 10:00 - 12:00**

Leader and bookings: David Ingman 9975 4251

davidingman@yahoo.co.uk

### WENDY'S BOOK CLUB (Forestville)\*\*(10) ..... 182BH05

We meet fortnightly and read and discuss books borrowed as kits from the library. Every second meeting we share reading aloud another book chosen by the group to read on a continuing basis.

**Alt Thursdays from 12 July 1:00 - 3:00**

Leader: Bernie Gibson 0416 231 513

bernieanddavid@hotmail.com

Booking: Shirley Carruthers 9486 3657

### BACH TO THE FUTURE (Avalon)\*\*(20) ..... 182BH06

During each session a topic related to classical music is analysed, discussed and illustrated with relevant recordings by great performers. Subject suggestions from course participants are always welcomed.

**Alt Fridays from 13 July 2:00 - 4:00**

Leader and bookings: Roger Pratt 9918 9277

a.and.r.pratt2@bigpond.com

# UPPER NORTH

## Regional Course Coordinators:

Pauline Holbrook 9484 8335 | holbrookj@bigpond.com

Grahame Marr 9487 3806 | gwmmarr1@bigpond.com

Enquiries only

## UPPER NORTH REGION OF SYDNEY U3A

Notice is hereby given that the

### Annual General Meeting and Election of Office Bearers

will be held on

**Monday 12 November 2:00 - 3:30**

at

### Turrumurra Uniting Church

10 Turrumurra Avenue (behind shopping area car park)

The meeting will include reports by the President Grahame Marr and Treasurer Jane Cooper.

They will be followed by the election of officer bearers for 2019

Guest speakers will be announced at a later date.

Members are very welcome to join the committee to assist with the running of our wonderful organisation.

Information and nomination forms may be obtained and returned to

Secretary Marilyn Pryor 9449 3415; marilynpryor7@gmail.com by Friday 26 October

### Refreshments provided

Please RSVP by Monday 5 November to

Claudine Parr 9487 2170 c\_parr@exemail.com.au or Marilyn Pryor 9449 3415 marilynpryor7@gmail.com

## BEROWRA: COMMUNITY CENTRE

The Gully Road, Balcony room. Short walk from station.

Ample parking on-site

Venue Convener: Anne Lycett

j\_alycett@optusnet.com.au

### AFFAIRS OF INTEREST ..... 182NAO1

A series of talks covering a wide range of topics, including:

- City and country Australia – a comparison
- Mongolia Part 1
- Mongolia Part 2
- The Australian Paralysis Tick
- History's Greatest Voyages of Exploration
- Australian Unsung Hero
- Yellow Shadows on a White Land
- Travelling
- Powerhouse Museum

**Second and fourth Mondays of the month  
from 23 July 10:00 - 12:00**

Leader and bookings Anne Lycett j\_alycett@optus.com.au

### SIMPLY SCIENCE (single sessions) ..... 182NAO2

A series of five talks on scientific and technical topics designed for the layman. The speakers explain the subjects in simple non-scientific terms using pictures. The content includes many recent discoveries, is often topical and is applicable to the modern world.

**Mondays 10:00 - 12:00**

Leader and bookings: Joan Scott djscott@tpg.com.au

### 1. Entropy

**Monday 20 Aug** Speaker: Terry Freeman

### 2. Poisonous Stings

**Monday 17 Sept** Speakers: Punchi Dassanayake & Ian Thompson

### 3. Topic and speaker to be advised

**Monday 15 Oct**

### 4. Space - the New Frontier

**Monday 29 Oct** Speaker: Joan Scott

### 5. Wild Weather

**Monday 19 Nov** Speaker: Jackie Wilson

## CASTLE HILL: WARRINA VILLAGE ARV

Alix Scott Community Centre, Langshaw Circuit. Parking available

Venue Convener: Jenny Trimboli 9484 9223

### ISSUES AND IDEAS ..... 182NC01

In this lively, long-lived group, newcomers are very welcome. We research papers (on a voluntary basis) on a wide variety of contemporary issues. We then discuss one per session.

**Alt Tuesdays from 17 July 10:00 - 12:00**

Leader and bookings: Jenny Trimboli 9484 9223

### GREAT BOOKS OF THE WESTERN WORLD ..... 182NC02

This course commences with *Animal Farm* by George Orwell, followed by the play *Dead White Males* by David Williamson. New Members very welcome.

**Alt Tuesdays from 10 July 10:00 - 12:00**

Leader and bookings: Jenny Trimboli 9686 1954

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## EPPING: UNITING CHURCH

Corner Chester and Oxford Streets. Small hall. Short walk from station and bus interchange

**Venue Convener: Wendy Walker 9858 1162**  
robinwendy@optusnet.com.au

### BOOK DISCUSSION GROUP ..... 182NX01

A reading and discussion group with an occasional classic text, but with the emphasis on contemporary literature. The first book will be *A Gentleman in Moscow* by Amor Towles followed by *Plainsong* by Kent Haruf

**Alt Thursdays from 12 July 10:00 - 12:00**

Leader and bookings: Wendy Walker 9858 1162  
robinwendy@optusnet.com.au

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## EPPING: LEISURE AND LEARNING CENTRE

1 Chambers Court, off Pembroke Street, beneath Library. Short walk from station and bus interchange. Limited parking. **Wheelchair accessible.**

**Venue Convener: Ian De Mellow 9487 1908**  
ian.mellow@bigpond.com

### THE PACIFIC ASCENDANCY ..... 182NE01

We look at the re-births, re-calibrations and re-positioning of two of the world's supra regional economies: the Atlantic and the Indo-Pacific, since 1946, and how the Indo Pacific is becoming the strategic centre of global and cultural growth. Also, where does Australia fit in?

**Alt Wednesdays from 18 July 1:00 - 3:00**

Leader and bookings: Ian De Mellow 9487 1908  
ian.mellow@bigpond.com

### TAI CHI\*\*(20) ..... 182NE02

Learn the ancient art of Tai Chi and gain health benefits through its gentle exercises and relaxation, ideal for Third Agers. Tai Chi's graceful, fluid movements combine three forms of exercise: strength, stretching and breathing. Participants should provide assurance from their GP that they are medically fit to undertake an exercise course. (10 sessions)

**Alt Wednesdays from 25 July 1:00 - 3:00**

Leader and bookings: Siang Tan 9888 7874

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## EPPING: COMMUNITY CENTRE

9 Oxford Street. Meeting room. Short walk from Epping station and bus interchange. Limited parking. **Wheelchair accessible.**

**Venue Convener: Ian De Mellow 9487 1908**  
ian.mellow@bigpond.com

### MORE BIG MOMENTS IN THE HISTORY OF SCIENCE ..... 182NF01

We continue our series on the significant events in the history of science: the challenges of the pandemic, lethal insects and the advances in medical practice. Also gadgetry, weather disasters, the science of time and many more great adventures.

**Alt Wednesdays from 25 July 10:00 - 12:00**

Leader and bookings: David Malone  
0418 440 828 dymalone@bigpond.net.au

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## GORDON: LIBRARY

799 Pacific Highway. Parking on Highway after 10am or in parking station. 3-hour parking at Woolworths. Short walk from station. **Wheelchair accessible**

**Venue Convener: Margaret Harragon**  
gordontaichi@hotmail.com

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### TAI CHI\*\*(15) ..... 182NG01

Learn the ancient art of Tai Chi and gain health benefits through its gentle exercises and relaxation. Tai Chi's graceful fluid movements combine three forms of exercise: strength, stretching and breathing. Participants should provide assurance from their GP that they are medically fit to undertake an exercise course.

**Each Thursday from 5 July to 6 Dec 10:00 - 12:00**

Leader: Michael Wong and Rose Pettett

Bookings: Margaret Harragon gordontaichi@hotmail.com

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## HORNSBY: LEISURE AND LEARNING CENTRE

25 Edgeworth David Avenue. Short walk from the station and Westfield Shopping Centre. Limited on-site parking.

**Venue Convener: Ros Markham 9416 8486**  
roslyn.markham@bigpond.com

### YOGA ..... 182NQ01

Yoga for everybody: beginners to the experienced will enjoy the benefits of correct breathing, bending, stretching, twisting, balance, mind control and relaxation. Yoga is about health and wellbeing and now is a good time to start. The class leader is an experienced, certified and practicing yoga teacher.

**Each Wednesday from 25 July (except school holidays) 6:15pm - 7:15pm**

Leader and bookings: Graham Marshall  
graham.marshall@outlook.com.au 0400 098 756

### PAINTING IN ACRYLICS ..... 182NQ02

Come and join our friendly class. Encouraging basic lessons are given to beginners and guidance and assistance provided when needed, whatever your skill level.

**Alt Thursdays from 2 Aug 9:30 - 12:00**

Leader and bookings:

Janny Drayer 9144 1741 jannydrayer@gmail.com

### WATERCOLOUR PAINTING ..... 182NQ03

Discover the magic of watercolour painting in this friendly group. Whatever your skill level. Different techniques will be discussed and encouraged. Assistance and suggestions will be given to all, from beginners to more experienced levels. Everyone attending should provide their own materials.

**Alt Thursdays from 26 July 9:30 - 12:00**

Leader and bookings: Ildy Turner  
9488 9114 ipturner@bigpond.net.au

### MEDIUM TO ADVANCED RECORDER GROUP ..... 182NQ04

This is a group meeting regularly to enjoy playing music.

**Alt Wednesdays from 25 July 10:00 - 12:30**

Leader and bookings: Annette Salt 9489 5997

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## HORNSBY: CENTRAL LIBRARY

28-44 George Street (entry in Hunter Lane). Opposite Hornsby station. Parking: Council car park, or nearby Westfield Shopping Centre.

**Venue Convener: Marjorie Perry 9440 7131**  
marjorieperry@inet.net.au

### ITALIAN FOR TRAVELLERS ..... 182NY01

Are you planning to visit Italy or have you been there and long to return? This course assumes no prior knowledge of Italian and will deal with everyday travel situations. As well as learning the basics of the language you will enjoy discussions on cultural topics to enhance your travel experience.

**Esther Wait Room. (20 sessions)**

**Each Tuesday from 24 July 12:45 - 3:15**

Leader and bookings: Paddy Gunning 9456 1291  
gunnos@gmail.com

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Sessions in all the following courses are held in the Library Meeting Room

**AUSTRALIAN HISTORY SEMINARS**..... 182NY02

Historians and researchers discuss their work. Topics include:

- My 15 Months on (Antarctic) Ice
- Sydney's Trams
- Sydney Harbour Since 1900
- Japanese Midget Submarine Attack on Sydney Harbour
- The Loss and Finding of AE1
- Mr Squiggle
- Bushrangers 1860s and 1870s
- Battles of Villers-Bretonneux and Hamel 1918
- Australian Motor Racing History
- In Her Own Image: Greek Australian Women; Beyond the Stereotypes.

**Alt Tuesdays from 10 July 10:15 - 12:15**

Leader: Garry Smith

Bookings: William Davies 0404 072 562

dtiger@optusnet.com.au

**POETRY APPRECIATION**..... 182NY03

Listen to and discuss a wide range of poets and their work, including some of your old favourites. There will be references to literary terms used in poetry.

**Alt Wednesdays from 11 July 10:15 - 12:15**

Facilitator and bookings: Ann Durie 9487 4929

anndurie8@gmail.com

**THE WORLD OF CLASSICAL MUSIC**..... 182NY04

Continuing excursions into the world of classical music in all its forms, where you will meet familiar and not-so-familiar composers.

**Alt Wednesdays from 4 July 10:15 - 12:15**

Leader: John Yates

Bookings: Nancy Sinden 9476 3632

nsinden@ihug.com.au

**PSYCHOLOGY**..... 182NY05

The purpose of this course is to overview the concepts and methods in the study of psychology. This course will review six perspectives on how the mind and body work to produce behaviours.

**Alt Tuesdays from 17 July 10:15 - 12:15**

**(No class 23 Oct)**

Leader and bookings: Laurie Facer 9484 4970

laurief@facer.com.au

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## KILLARA: LOURDES RETIREMENT VILLAGE

95 Stanhope Road. Village Auditorium. Easy parking in Stanhope Road. **Wheelchair accessible.**

**Venue Convener and Leader:**

**Lesley Ransley 9880 9949 ellar1@bigpond.com**

**HISTORICAL AND OTHER INTERESTING TOPICS**..... 182NR01

A lecture series on a wide variety of topics given by people with expertise in, and enthusiasm for, their subject. The auditorium is equipped for audio-visual presentations. Comments and questions are encouraged.

**Bookings not required.**

**First Thursday of each month 10:00 - 12:00**

**1. North Korea - a Personal Trip**

Anecdotes from a Democratic People's Republic of Korea journey, from the far northern border to the East Sea.

**Thursday 5 July**

Speaker: Maureen Brew

**2. The Huguenots - The Almost Forgotten People**

French Protestants who fled into exile in the 16th and 17th centuries to avoid persecution and enriched countries to

which they fled with their skills and industry.

**Thursday 2 Aug**

Speaker: Robert Nash

**3. Flags - Their History and Meaning**

This is the scientific history, symbolism and usage of flags or, by extension, any interest in flags in general including the Olympics and the Australian flag.

**Thursday 6 Sept**

Speaker: Joe Bollen

**4. Life in Israel Today**

Returning in August from a long spell living in Israel, the speaker will give an up-to-the-minute talk on life in that troubled area.

**Thursday 4 Oct**

Speaker: Karen Pisk

**5. William Wilkinson Wardell: The Pope's Architect in Australia**

St Patrick's Cathedral in Melbourne and St Mary's in Sydney are just two examples of imposing buildings designed by this architect.

**Thursday 1 Nov**

Speaker: Don Napper

**6. Weddings and other Commitment Ceremonies**

Funny stories from interesting ceremonies conducted by a popular celebrant will finish this Semester on a light note.

**Thursday 6 Dec**

Speaker: Wendy Bull

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## LINDFIELD GARDENS

2 Ulmarra Place, Lindfield. Meetings held at the village centre. Ample street parking.

**Last Thursday of each month 10:00 - 12:00**

**Book through the office 9416 8466**

**A SERIES OF INTERESTING TALKS ON A VARIETY OF SUBJECTS**..... 182ND01

**1. Sydney Living Museums**

**Thursday 26 July** Speaker: Gary Cook

**2. The Bayeux Tapestry**

**Thursday 30 Aug** Speaker: Bill Rees

**3. The Story of MV Krait**

**Thursday 27 Sept** Speaker: Mervyn Rosen

**4. Sharing our Environment with Wildlife**

**Thursday 25 Oct** Speaker: Beverley Young

**5. Land of the Thunder Dragon**

**Thursday 29 Nov** Speaker: Lois Feros

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## LINDFIELD: SENIOR CITIZENS RESOURCE CENTRE

271 Pacific Highway, behind Library. Short walk from station and Lindfield shopping car park. Limited on-site parking.

**Wheelchair accessible**

**Venue Convener: Marika McLachlan**

**marikamclachlan@bigpond.com 9988 3199**

**ROMAN HISTORY: THE EARLY EMPIRE**..... 182NL01

In January 27 B.C. the winner in the last Civil War acquired a new name, Augustus and introduced a modified form of Government, Rule by one man. This course will discuss the Political, Social and Religious History of the Reigns of Augustus and his family successors, Tiberius, Caligula, Claudius and Nero. (11 sessions)

**Alt Mondays from 20 Aug to 26 Nov 10:00 - 12:00**

Leader and bookings: Leonie Hayne 9417 2894

Secretary: Jenny Johnston 9416 3639



**RUSSIAN ADVANCED CONVERSATION ..... 182NL02**

This is a continuing course where new members with an adequate level of Russian are very welcome.

**Each Monday from 2 July 12:00 - 2:00**

Leader: Olga Petlevanny 9939 6871

Bookings: Natalia Chapanis-Sidhu 9887 1735

chapanisidhu@optusnet.com

**ADVANCED BEGINNERS SPANISH ..... 182NL03**

For those who have already completed some study of the language, this is a course offering instruction in basic grammar with the introduction of useful phrases, and opportunities for conversation. A variety of teaching methods will be used. Continuing course, new members welcome.

**Alt Mondays from 9 July 2:00 - 4:00**

Leader and bookings: Jenny Brady 9966 8510

**SPANISH CONVERSATION ..... 182NL04**

Most of the time we discuss current affairs, cultural events or a subject previously decided upon. Spanish is spoken 90 percent of the time. Good knowledge of the language is required.

**Alt Tuesdays from 10 July 2:00 - 4:00**

Leader: Maria Criado 0424 939 767

Bookings: Jenny Brady 9966 8510

**LATIN INTERMEDIATE A ..... 182NL05**

This continuing course will proceed from Stage 51 of the *Oxford Latin Course Part III* and more complex grammar enhanced by passages of prose and poetry from classical authors.

**Each Wednesday from 25 July 1:45 - 3:45**

Leader and bookings: Helen Ledwidge 9489 7161

hledwidge@iprimus.com.au

**HOW TO READ AND WRITE MUSIC ..... 182NL06 (beginners)**

How to understand and create those black dots. Class will write and perform own rhythm and melody work for a variety of instruments and voice in various styles.

**Wednesday from 11 July 2:00 - 4:00**

Leader and Bookings Dawn Nettheim

9869 0451 dawn@bigpond.net.au

**MODERN AND CLASSIC NOVELS ..... 182NL07**

A literary discussion group studying 10-11 books each semester in a friendly and informal setting. All enthusiastic readers welcome. The first two books will be *Lila* by Marilynne Robinson and *Grace* by Paul Lynch.

**Alt Thursdays from 12 July 10:15 - 12:15**

Leader and bookings: Maurice O'Donovan

9411 8717 odonovan.1@bigpond.com

**GERMAN INTERMEDIATE ..... 182NL08**

Text book: *em neu 2008 Deutsch als Fremdsprache – Niveaustufe B2. \*Hauptkurs Kursbuch Hueber Verlag ISBN9 783195016957 Sechs Bausteine: Lesen, Sprechen, Hören, Schreiben, Grammatik, Wortschatz.* Some basic German grammar required.

**Each Friday from 27 July 11:00 - 12:30**

Leader and bookings: Marika McLachlan 0411 151 722

**GERMAN ADVANCED ..... 182NL09**

New members welcome. Students need to have a sound knowledge of German.

**Each Friday from 13 July 9:30 - 11:00**

Leaders and bookings: Marika McLachlan

9988 3199 or 0411 151 722

Ebba van der Helder 9416 2232

**PENNANT HILLS: LEISURE AND LEARNING CENTRE**

8 Warne Street. Short walk from station. Some on-site parking, limited (3-hour) street parking.

**Venue Convener: Ros Markham**

**9416 8486 roslyn.markham@bigpond.com**

**ART PRACTICE GROUP ..... 182NP01**

Love art? Then join this fun, relaxed class. Whether you are good at art or want to be good, this is the place for you.

Experiment with any media, explore your own style and develop your creative expression by learning to look. Bring your own materials. Beginners are welcome.

**Alt Mondays from 23 July 1:00 - 4:00**

Bob Talbot 0412 470 854 btalbot6@gmail.com

**PENNANT HILLS: COMMUNITY CENTRE**

Corner of Yarrara and Ramsey Roads. Small Hall (lower level, Library building). Community Centre car park or shopping centre opposite.

**Venue Conveners: Ros Markham**

**9416 8486 roslyn.markham@bigpond.com**

**FRENCH- INFORMAL CONVERSATION GROUP ..... 182NM01**

This group aims to encourage conversation in modern French in a relaxed atmosphere, with correction of grammar and usage. Topics for discussion include shared experiences, literature, music and current affairs.

**Alt Wednesdays from 25 July 1:00 - 3:00**

Leader: Chimène Hortense

Bookings: Mary Ferguson 0421 830 035

**PYMBLE: UNITING CHURCH**

Corner Pacific Highway and Livingstone Avenue. Opposite station. Limited on-site parking and with lift from lower parking area. John Downes meeting room.

**Venue Convenor: Graeme Marshall**

**9489 8648 g.marshall1@bigpond.com**

**FRENCH READING AND WRITING INTERMEDIATE\*\*(10) ..... 182NU01**

For those having completed at least three years of a preliminary course. The aim of this course is to develop skills in reading, writing and speaking French.

**Alt Wednesdays from 4 July 1:30 - 3:30**

Leader and bookings: Peter Rennie 9451 8538

**FRENCH READING AND WRITING ADVANCED\*\*(10) ..... 182NU02**

Suitable for those with a good basic knowledge of French grammar and pronunciation.

**Alt Wednesdays from 11 July 1:30 - 3:30**

Leader and bookings: Peter Rennie 9451 8538

**ST. IVES: UNITING CHURCH**

Corner Douglas Street and Mona Vale Road, St. Ives. Entrance to Car park is in Douglas Street. In addition, street parking, level walking, disabled facilities, **wheelchair accessible. Courses are in the Calvin Room unless otherwise indicated**

**Venue Convenor: Alan Barge 0478 663 930**

**abarge@optusnet.com.au**

**PHILOSOPHY** ..... 182NI02

We research and study philosophers and the issues they raised. Are they still valid today? How and why? Members of the group choose topics. There are no formal lectures, but lots of discussion.

**Alt Tuesdays from 10 July 10:30 - 12:30**

Leader: Margot Taverne 9449 2923  
margottaverne@gmail.com

**ROMAN HISTORY: LIFE IN THE PROVINCES** ..... 182NI03

The Roman Empire was acquired by conquering tribes and cities with different cultures and backgrounds. By the second century AD. A concept of Romanness had developed, but with local differences. Continuing course. (Wesley Room)

**Alt Wednesdays from 22 Aug 10:00 - 12:00**

Leader and Bookings: Leonie Hayne 9417 2894

**WRITING STORIES** ..... 182NI04

Everyone has at least one story in them just waiting to be found. Whether your stories come from life or your imagination, come and find them in our group.

**Alt Wednesdays from 11 July 10:00 - 12:00**

Leader: Cecilia Inglis 9488 5404 or 0403 129 048  
ceciliainglis@yahoo.com.au  
Bookings: Carole Cohen 9144 1685  
cohenc2@bigpond.com

**UKULELE FOR FUN** ..... 182NI05

Join Roscoe, every Wednesday to have a lot of fun with a friendly group.

**Each Wednesday from 11 July 9:00 - 12:00**

Leader and Bookings: Roscoe Behrmann 0425 163 031  
roscoe.behrmann@bigpond.com

**SCIENCE AND TECHNOLOGY: GLIMPSES OF OUR PAST, PRESENT AND FUTURE** ..... 182NI06

Come and join us in our 13<sup>th</sup> year of providing a variety of highly qualified speakers with a passion for their subject and the ability to present their topic in an easy to understand format. (Wesley Room)

**Alt. Wednesdays from 18 July 10:00 - 12:00**

Leader: John Roberts  
Bookings: Peter Turner 9488 9114

**EXPERIENCING MEDIEVAL EUROPE** ..... 182NI07

A series of DVD sessions taking you through time to the golden ages of 12 of Europe's most beautiful medieval cities and discover the sights, sounds and streets of teeming markets, royal feasts and ritual, dramatic military engagements, magnificent religious pageantry and the many colourful layers of daily medieval life.

**Alt Wednesdays from 18 July 1:00 - 3:00**

Leader and bookings Barrie Heath  
9189 5126 or 0450 405 526

**SO WHAT IS IT ABOUT BEETHOVEN?** ..... 182NI08

Beethoven was born at a crucial pivot point in music history. We will take a fresh look at the events which impacted on his extraordinary life with some of the music for which he is renowned.

**Alt Thursdays from 5 July 10:00 - 12:00**

Leader John Hughes. No booking required

**CURRENT AFFAIRS FORUM 1** ..... 182NI09

We discuss and debate actively current events of importance in this friendly and lively group. New members welcome.

**Alt Thursdays from 5 July 10:00 - 12:00**

Leader and Bookings: Arthur Lith 9144 3541  
arthurlith@optusnet.com.au

**CURRENT AFFAIRS FORUM 2** ..... 182NI10

We discuss and debate actively, current news topics on which our members have strong and often different views.

New members welcome.

**Alt Thursdays from 12 July 10:00 - 12:00**

Leader and Bookings: Alan Barge 0478 663 930  
abarge@optusnet.com.au

**THE GOLDEN AGE OF CINEMA** ..... 182NI11

Films were made to be seen by an audience, so why not get this great feeling again by joining our group? Interesting films from a great range of sources will be screened, notes and information are provided (7 sessions)

**Alt Fridays from 20 July 10:00 - 12:30**

Leader and bookings: Alan Saunders 9144 6088  
thesaunders7@optusnet.com.au

**HEALTHY EATING FOR ONE** ..... 182NI12

This course covers the signs of good health in mature years, nutritional needs of mature adults to prevent age-related disease, healthy food choices and meals, together with demystifying food labels. (4 sessions)

**Alt Fridays from 20 July 1:00 - 3:00**

Leader and bookings: Susanne Hledik  
0414 497 512 phledik@bigpond.net.au

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**THORNLEIGH: HILLCREST UNITING CHURCH**

1 Paling Street

**Venue Convener: James Stowe 9484 6064**

**BRIDGE FOR BEGINNERS** .....

Learn to play both Social (Rubber) and Club (Duplicate) Bridge in a congenial social setting. 10 Lessons. Notes supplied.

**Alt Tuesdays from 3 July 10:00 - 12:00**

Leader and bookings: James Stowe 9484 6064

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**TURRAMURRA NORTH: THE COTSWOLDS VILLAGE**

28 Curagul Road, North Turramurra. Easy street parking and near to bus stop.

**Venue Convener: John Dryden 9449 2875**

**PLAY READING\*\*(12)** ..... 182NV01

Group reading of plays in a relaxed manner, no previous experience is necessary. Copies will be provided.

**Alt Fridays from 6 July 2:00 - 4:00**

Leader and bookings: John Dryden  
9449 2875 jdryden@inet.net.au

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**TURRAMURRA NORTH: THE LANDINGS**

440 Bobbin Head Road, North Turramurra. Clubhouse. Easy street parking. inside "The Landings" village near the Clubhouse.

**Venue Convener: Wendy Bull 9488 5268**  
thelandingsvilla@gmail.com

**TOPICS OF INTEREST** ..... 182NJ01

A variety of speakers lecture on their favourite subjects in the comfortable and well-equipped Clubhouse. auditorium.

**Second and fourth Tuesdays of each month Feb to Nov incl. 10:00 - 12:00**

**No Bookings required**

**1. The Art Gallery of NSW 1871-2012 – Session 1**

**Tuesday 10 July** Presenter: Stewart Reed

**2. The Art Gallery of NSW 1871-2012 – Session 2**

**Tuesday 24 July** Presenter: Stewart Reed

### 3. Family Court Decisions – Session 1

**Tuesday 14 Aug** Presenter: Lyn Moore

### 4. Family Court Decisions – Session 2

**Tuesday 28 Aug** Presenter: Lyn Moore

### 5. Youth off the Streets

**Tuesday 11 Sept** Presenter: Cheryl Johnstone

### 6. How Sweet it was and Spooks, Spirits and Spectres in Aussie Folklore

**Tuesday 25 Sept** Presenter: Graham Sims

### 7. Living History in the Ancient and Medieval World

**Tuesday 9 Oct** Presenter: Tony McCurdy

### 8. Impressions of Siberia and Russia

**Tuesday 23 Oct** Presenters Kevin and Glenys Murray

### 9. The Great Australian Gold Rush of the 1850s

**Tuesday 13 Nov** Presenter: Peter Headley

### 10. Well Known Australians but have you heard of them?

**Tuesday 27 Nov** Presenter: Graham Sims

## TURRAMURRA SOUTH: UNITING CHURCH

Corner Chisholm and Vernon Streets, South Turramurra. Vestry. Plenty of parking available. Bus to station.

**Venue Convener: Grahame Marr 9487 3806**

### FRENCH INTERMEDIATE/ADVANCED ..... 182NW01

This course is for those having completed at least four years of preliminary courses. It aims to develop skills in understanding, reading, writing, and speaking French.

**Each Wednesday from 25 July 10:00 - 12:00\*\*(12)**

Leader and bookings: Ethleen Low 9476 4259  
ethlow@bigpond.net.au

### FRENCH PRE-INTERMEDIATE ..... 182NW02

This course is for those who have completed at least 2 years of a preliminary French course. Develop your skills in speaking, listening to, reading and writing French in a relaxed and friendly atmosphere. Two text books are required. (Phone leader for details)

**Each Thursday from 26 July 1:00 - 3:00**

Leader and bookings: Shirley Beck 9634 4214

### FRENCH POST BEGINNERS ..... 182NW03

This course is for those who have completed at least one year of a preliminary French course. It will involve vocabulary, role plays and grammar to develop skills in speaking, listening to, reading and writing French. Two text books are required. (Phone leader for details)

**Each Tuesday from 24 July 1:00 - 3:00**

Leader and bookings: Shirley Beck 9634 4214

## TURRAMURRA: UNITING CHURCH

Turramurra Avenue. Adequate parking behind shopping centre. Short walk from station. **Wheelchair accessible.**

**Venue Convener: Ros Markham 9416 8486**

**roslyn.markham@bigpond.com**

### CURRENT AFFAIRS DISCUSSION GROUP ..... 182NT01

We discuss current affairs and associated ideas based on media reports in an informal and objective manner. Subjects presented for discussion by a leader who is rostered on a voluntary basis in each session. New members welcome.

**Alt Tuesdays from 17 July 10:00 - 12:00**

Leader and Bookings: Jan Martin 9456 7774

### TRUTH IN HISTORY ..... 182NT02

There is some mystery, myth, revelation, magic, murkiness in history as it unfolds. Modern science and research can help us in revision and reassessment. This is to be done by readings, discussion and inputs, using a few main texts and other research materials. Topics will be wide ranging and the class is welcome to approve or select.

**Alt Thursdays from 2 Aug 10:00 - 12:00**

Leader: Phil Pryor

Bookings: Margaret Marshall 9487 1898

### GERMAN BEGINNERS (CONTINUING) ..... 182NT03

This course is for those who have an elementary understanding of German grammar and who have a vocabulary including commonly – used words and expressions. Students should be able to make themselves understood in simple routine situations. The course aims to develop reading, writing, listening and speaking skills.

**Each Monday from 23 July 10:00 - 12:00**

Leader and bookings: Michael Hummel 9869 1023  
michael.hummel48@gmail.com

### FRENCH CONVERSATION\*\*(12) ..... 182NT04

We discuss current affairs, articles of interest from magazines and journals, also topics previously agreed on. New members with a good knowledge of French are welcome.

**Alt Fridays from 27 July 2:00 - 4:00**

Leader and bookings: Mary Lambert 9440 2531

### FUN PROBLEM SOLVING TO ..... 182NT05

#### KEEP OUR MINDS ACTIVE

Let's challenge our brains and keep mentally young and agile by learning how to solve geometric puzzles as well as space problems, number puzzles and logic problems. It is both satisfying and fun to find you can solve these using hands on activities involving paper, pencils and an eraser. Please bring these along with you.

**Alt Tuesdays from 24 July 10:00 - 12:00**

Leader and bookings: Sandra Sadler 9484 5513  
spsadler@dodo.com.au

## TURRAMURRA: ROHINI VILLAGE

51-53 Rohini Avenue, north of Eastern Road. Cowper Room. Close to rail, bus and parking.

**Venue Convener: Ros Markham 9416 8486**

**roslyn.markham@bigpond.com**

### SPEAKERS' PROGRAM ..... 182NN01

**Second Wednesday of each month from 11 July 10:30 - 12:00**

#### 1. Antics at the airport

**Wednesday 11 July** Speaker: Cheryl Cartwright

#### 2. White Coolies: Women POWs in Sumatra

**Wednesday 8 Aug** Speaker: Barbara Boston

#### 3. Emily Bronte: Wuthering Heights

**Wednesday 12 Sept** Speaker: Cindy Broadbent

#### 4. Life in Submarines

**Wednesday 10 Oct** Speaker: Doug Edwards

#### 5. Sydney Harbour Trust

**Wednesday 14 Nov** Speaker: Gary Cook

Leader and Bookings: Patricia Johnson 0416 013 413

### TUESDAY WORDSMITHS ..... 182NN02

Everyone has a story to tell. Our friendly interactive group will help you find the key to unlock the door to your imagination. New members are always welcome

**Alt Tuesdays from 24 July 10:00 - 12:00**

Leaders will rotate. Bookings: Barry Lloyd 9449 2202

**GREAT IDEAS OF PHILOSOPHY ..... 182NN03**

A new course on DVD in the Great Courses series will be presented, entitled "The Modern Intellectual Tradition: From Descartes to Derrida". , presented by Professor Lawrence Cahoon, College of the Holy Cross, USA), The course comprises 36 half hour lectures and explores Western Philosophy from the 17<sup>th</sup> to the 20<sup>th</sup> century.

**Alt Mondays from 23 July 10:00 - 12:00**

Leader: Jock Buselli 9484 7041 jock.buselli@tpg.com.au  
Bookings: Barbara Day 9416 3437 sippebar@bigpond.net.au

**WAHROONGA: THE WONIORA**

9 Woniora Avenue. Walking distance from Wahroonga Station. Plenty of on-site underground and street parking.

**Wheelchair accessible.**

**Venue Convener: Tina Vander Heyden 0414473712  
albertina6@hotmail.com**

**GERMAN INTERMEDIATE\*\*(12) ..... 182NB01**

This course assumes that students have studied German in the past and want to brush up on their speaking, reading skills and basic grammar. The emphasis is on oral German and some necessary grammar.

**Each Monday from 23 July 10:00 - 12:00**

Leader and bookings: Dorothee Schifter 9487 2578  
dorothee.schifter@bigpond.com

**PRIVATE HOMES**

**Venue Convener: Marjorie Perry 94407131  
marjorieperry@inet.net.au**

**DISCUSSION GROUP (Wahroonga)..... 182NH01**

A friendly group focusing on current affairs and topics of general interest

**Alt Mondays from 23 July 10:15 - 12:15**

Leader and bookings: Eva Browne 9487 7246

**INDONESIAN BEGINNERS (Wahroonga)..... 182NH02**

Learn the language of our closest neighbours. Textbook: *Colloquial Indonesian* by Sutanto Atmosumarto

**Alt Tuesdays from 24 July 1:30 - 3:30**

Leader and bookings: Tina Vander Heyden 0414 473 712  
albertina6@hotmail.com

**INDONESIAN INTERMEDIATE (Wahroonga)..... 182NH03**

Expand your knowledge of Indonesian with a small group of like-minded people in a relaxed atmosphere.

Textbook: *Bahasa Tetanggaku* by Ian J. White.

**Wednesday 8 Aug, 5 Sept, 17 Oct, 14 Nov**

(No class in Dec) 1:30 - 3:30

Leader and bookings: Tina Vander Heyden 0414 473 712  
albertina6@hotmail.com

**PLAY READING (Wahroonga)..... 182NH04**

No need for acting skills, just an interest in reading plays with a friendly group.

**Third Friday of each month from 20 July 1:30 - 3:30**

Leader and bookings: Jill Baxter 9487 5972

**WITH RHYME AND REASON ..... 182NH05  
(Eastwood)\*\*(10)**

We are a group of published poets and poetry lovers who meet together to study and discuss 20<sup>th</sup> Century poets and poetry from all over the world. Material is distributed before each meeting. The atmosphere is relaxed and convivial.

**Alt Thursdays from 26 July 10:30 - 12:30**

Leader and bookings: Ron Wilkins 9876 1948  
ronwtwilkins@hotmail.com

**BOOK DISCUSSION GROUP (Pymble)..... 182NH06**

We meet each month to discuss both fiction and non-fiction

**First Monday of each month from 2 July 10:00 - 12:00**

Leader and bookings: Bill Rees 9415 8257

**A WAY WITH WORDS (Pymble)..... 182NH07**

Join our writing group in a motivating and supporting environment. Knowledgeable feedback is given to help you develop your writing skills Close to bus stop and Pymble Station. Street parking.

**Alt. Thursdays from 26 July 10:00 - 12:00**

Leader: Margaret Thomason 9488 8960

Bookings: Margot Taverne 9449 2923

margottaverne@gmail.com

**WRITING MEMOIRS (St Ives) ..... 182NH08****Creative Writing**

A course for people who want a more structured approach to writing their memoirs (don't know where to begin?) The aim is to hold your own book in your hands.

**Alt Fridays from 6 July 10:00 - 12:00**

Leader and bookings Colleen McMillan 0447 365 900

colleenmcmillan11@gmail.com (email preferred)



# PLANNING CALENDAR

## July - December 2018

Use this calendar to plan your timetable.

A fortnightly course lies on one line for the duration of the semester.

Public holidays are shown in grey.

School holidays are shown in pink.

2018	July	August	September	October	November	December
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### Week A

Monday		9	23		6	20		3	17	1	15	29		12	26		10	24
Tuesday		10	24		7	21		4	18	2	16	30		13	27		11	25
Wednesday		11	25		8	22		5	19	3	17	31		14	28		12	26
Thursday		12	26		9	23		6	20	4	18		1	15	29		13	27
Friday		13	27		10	24		7	21	5	19		2	16	30		14	28
Saturday		14	28		11	25		8	22	6	20		3	17		1	15	29
Sunday	1	15	29		12	26		9	23	7	21		4	18		2	16	30

### Week B

Monday	2	16	30		13	27		10	24	8	22		5	19		3	17	31
Tuesday	3	17	31		14	28		11	25	9	23		6	20		4	18	
Wednesday	4	18		1	15	29		12	26	10	24		7	21		5	19	
Thursday	5	18		2	16	30		13	27	11	25		8	22		6	20	
Friday	6	20		3	17	31		14	28	12	26		9	23		7	21	
Saturday	7	21		4	18		1	15	29	13	27		10	24		8	22	
Sunday	8	22		5	19		2	16	30	14	28		11	25		9	23	

2019	January	February	March	April	May	June
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### Week A

Monday		7	21		4	18		4	18	1	15	29		13	27		10	24
Tuesday		8	22		5	19		5	19	2	16	30		14	28		11	25
Wednesday		9	23		6	20		6	20	3	17		1	15	29		12	26
Thursday		10	24		7	21		7	21	4	18		2	16	30		13	27
Friday		11	25		8	22		8	22	5	19		3	17	31		14	28
Saturday		12	26		9	23		9	23	6	20		4	18		1	15	29
Sunday		13	27		10	24		10	24	7	21		5	19		2	16	30

### Week B

Monday		14	28		11	25		11	25	8	22		6	20		3	17	
Tuesday	1	15	29		12	26		12	26	9	23		7	21		4	18	
Wednesday	2	16	30		13	27		13	27	10	24		8	22		5	19	
Thursday	3	17	31		14	28		14	28	11	25		9	23		6	20	
Friday	4	18		1	15		1	15	29	12	26		10	24		7	21	
Saturday	5	19		2	16		2	16	30	13	27		11	25		8	22	
Sunday	6	20		3	17		3	17	31	14	28		12	26		9	23	

### 2018

Bank Holiday - Monday 6 August  
 Labour Day - Monday 1 October  
 Christmas Day - Tuesday 25 December  
 Boxing Day - Wednesday 26 December

### 2019

Easter Friday - Friday 19 April  
 Easter Monday - Monday 22 April  
 Anzac Day - Thursday 25 April  
 Queen's Birthday - Monday 10 June

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SYDNEY  
U3A

**OUR COLOUR BRAND  
VALUES EXPLAINED:**

**BLUE = SHARING**

We share our knowledge

**GREEN = GROWING**

Together we grow our minds

**YELLOW = SOCIALISING**

We interact and connect with others

**RED = PASSION**

Our passion is for education

Sydney U3A is a not-for-profit volunteer based organisation providing continuing education opportunities for people who are no longer in full time employment. The courses and talks are conducted in a relaxed environment; are stimulating and interesting across a wide variety of topics. Participating members are provided with the opportunity to form enduring friendships through socialisation and community interaction whilst learning something new.