

HARBOURSIDE NORTH

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Regional Course Coordinator: Rosemarie Einstein 0412 043 377
einstein@starmer.net.au
Enquiries only

HARBOURSIDE NORTH REGION OF SYDNEY U3A

Notice is hereby given that the

Annual General Meeting and Election of Office Bearers

followed by our

Annual Celebration Lunch

will be held on

Friday 7 December commencing at 12 noon

at

Lane Cove Country Club

River Road, Lane Cove (ample parking available in the ground)

Further details will be notified

Harbourside North members are encouraged to attend

All Sydney U3A members are welcome

Invitations will be posted on request

Please write this date into your diary now

2019 - Welcome the New Year with Harbourside North U3A Mosman Square Seniors Centre

WHIST DRIVES

Wednesdays 16 and 23 January 2019

Coffee and cakes at 10:00. Start playing at 10:30 (no charge!)

New and potential members welcome. No experience required
Come and join us, and meet new and old friends in a casual and friendly atmosphere

Bookings: Lesley Duffill 9969 9546; leslie.duffill@bigpond.com

The Harbourside North Region Committee

invites you to

MORNING TEA AND CAKES

at

The Art Gallery Mosman

Monday 4th February 2019 at 10:00

An introductory morning to the University of the Third Age for members and friends and new and potential members.
Come and share your ideas, suggestions, and experiences of life in U3A!
See and hear what U3A has in store for you in 2019.

**For information contact Eve Klein: cyeve@tpg.com.au or
Lesley Duffill leslie.duffill@bigpond.com**

CHATSWOOD: DOUGHERTY COMMUNITY CENTRE

7 Victor Street. Three-hour free parking at Westfield car park opposite. A short walk from Chatswood bus and train interchange. **Wheelchair accessible.**

**For enquires contact Judy Harris 0447 194 510
judyharris2@bigpond.com**

Booking for all sessions, with the listed person below, is essential.

THE PACIFIC ASCENDANCY (2) 182HD01

We look at the rebirth, recalibration and repositioning of two of the world's supra-regional economies - the Atlantic and the Indo-Pacific - since 1946 and how the Indo-Pacific is becoming the strategic centre of global economic and cultural growth. Also, where does Australia fit in? (8 sessions)

Alt Tuesdays from 10 July 10:30 - 12:30

Leader: Ian De Mellow

Bookings: Ursula Schappi ursulasch@bigpond.com 9955 7628

ADVANCED RECORDER 182HD02

Treble, tenor, bass and descant players welcome. Basic sight-reading is essential. The emphasis is on playing musically. (11 sessions)

Alt Mondays from 16 July 10:30 - 12:30

Leader and bookings: Katie Lucy-Smith 8416 3266

DISCUSSION GROUP 182HD03

Would you like to hear some interesting opinions? Do you want to air some of your own? This is a varied group who consider some of the issues of life and living that contribute to our modern existence. (10 sessions)

Alt Thursdays from 19 July 10:00 - 12:00

Leader and bookings: Margaret Thomason 9488 8960

ORGAN DONATION AND TRANSPLANTATION: HOW DOES IT WORK? 182HD04

What organs and tissues can be donated? How does one get onto the transplant waiting list? Learn about the process followed by professionals to make this miracle possible.

Mondays 23 and 30 July 10:30 - 12:30

Speaker: Cristina Baleriola

Bookings: Janet Bayley janet_b27@hotmail.com 0414 139 947

LEARN THE RECORDER 182HD05

Have fun learning to play descant, treble or tenor recorders beautifully. A small knowledge of music and recorder playing is required. You will need a recorder, music stand and will have to buy the set Tutor (Enjoy the Recorder by Brian Bonsor). (10 sessions)

Alt Wednesdays from 25 July 10:30 - 12:30

Leader and bookings: Katie Lucy-Smith 8416 3266

DISCUSSION GROUP**(15) 182HD06

We are a small and friendly group who discuss both local and overseas events. We value all opinions and do not take ourselves too seriously. (10 sessions)

Alt Thursdays from 26 July 10:30 - 12:30

Leader and bookings: John Yates

johnyates@hotmail.com 0437 394 225

DEVELOPMENT OF THE ENGLISH LANGUAGE: WHY IS IT SO? 182HD07

English is probably the richest language in the world; why? how? Lovable and maddening, easy yet difficult - a surprising insight into our daily use. (4 sessions)

Each Friday from 3 Aug 10:30 - 12:30

Leader: Margherita Curtis

Bookings: Kathy Vern-Barnett

kvemb@optusnet.com.au 0414 694 925

AUSTRALIAN DRAMA AND THE FLYING COSGROVES 182HD08

Australians have always loved drama and the Cosgrove brothers (ancestors of the Governor-General) were right into it. Pantomime, melodrama and silent films will be shown and discussed.

Thursday 9 Aug 10:30 - 12:30

Speaker: Jenny Rudd O'Neill

Bookings: Julie Dixon 9413 3506

GERMAN FOR POST-BEGINNERS 182HD09

Starting with a revision of basic grammar, the course covers past and perfect tense and more complex sentences. It includes plenty of practice in listening, speaking, reading and writing on everyday topics of the German-speaking countries. (12 sessions)

Each Thursday from 9 Aug 1:00 - 3:00

Leader and bookings: Bettina Boss 0466 979 460

HEALTHY BRAIN, HEALTHY AGING 182HD10

This session provides an overview of memory and dementia and how it impacts on changes in the brain. It provides strategies for keeping your brain healthy and reducing the risks of developing dementia.

Friday 7 Sept 10:30 - 12:30

Speaker: Libby Palmer

Bookings: Rosemarie Einstein

einstein@starmar.net.au 0412 043 377

THE EVOLUTION OF THE UNIVERSE 182HD11

This audio-visual presentation will outline our current understanding of the evolution of the universe from the big bang to the present, including the appearance of life on earth.

Tuesday 18 Sept 1:00 - 3:00

Speaker: Kevin Murray

Bookings: Barbara Ellis bellis58@bigpond.com 9416 3071

AGE DISCRIMINATION 182HD12

We are living longer and healthier lives than ever before. However, age discrimination can prevent older Australians from enjoying independence and fulfilment. Dr Patterson will discuss her work to improve this situation in her three core areas – elder abuse, older workers and older women at risk of homelessness.

Wednesday 19 Sept 10:30 - 12:30

Speaker: Kay Patterson

Bookings: Annemarie Moore

mooreannemarie1948@gmail.com 0421 716 232

CRIME, PUNISHMENT AND CIVIL DISPUTES IN COLONIAL NSW 182HD13

These lectures cover the justice system from 1800, with the arrival of Governor King. Convict punishment is looked at. The 1808 (Rum) Rebellion, the period of rebel power and the justice system in this period are all examined. Finally, the arrival of Governor Macquarie is considered. (4 sessions)

Each Monday from 8 Oct 10:30 - 12:30

Speaker: Malcolm Robertson

Bookings: Joy Martin joymartin@optusnet.com.au 9888 6465

NAPOLEON AND THE AUSTRALIAN CONNECTION 182HD14

A talk on the meteoric rise/falls in his career with some emphasis on the final years and their importance to Australia.

Tuesday 9 Oct 10:30 - 12:30

Speaker: Geoff Davidson

Bookings: Marilyn Hunnisett

mhunnisett@bigpond.com 9925 0469

A MUSICAL JOURNEY THROUGH THE ROYAL COURTS OF EUROPE..... 182HD15

We shall take an imaginary journey through four of the wealthiest and most powerful royal courts of Europe which had the desire and the resources to attract the very best thinkers and musicians and create centres of excellence which were the envy of the world. (4 sessions)

Alt Tuesdays from 9 Oct 1:30 - 3:30

Speaker: John Yates

Bookings: Jan Yeoman janyeoman@bigpond.com 9411 3457

AUSTRALIA: THE GREAT SOUTH LAND - WHERE IS IT?..... 182HD16

Covering the search from earliest times until settlement and establishment of the Colonies.

Thursday 25 Oct 10:00 - 12:00

Speaker: Geoff Davidson

Bookings: Marilyn Hunnisett

mhunnisett@bigpond.com 9925 0469

LIVING LATIN..... 182HD17

Most people can recall the saying 'Latin is dead. First it killed the Romans now it's killing me.' Is this a fair statement? Make your own decision after hearing this talk.

Monday 5 Nov 10:30 - 12:30

Speaker: Anne Richardson

Bookings: Max Richardson annesil@hotmail.com 0414 367 467

WINSTON CHURCHILL..... 182HD18

This digitally colourised DVD presentation outlines his long, fascinating life and career in peace, war and politics.

Tuesday 13 Nov 10:30 - 12:30

Speaker: Geoff Davidson

Bookings: Marilyn Hunnisett

mhunnisett@bigpond.com 9925 0469

MOSMAN ART GALLERY

Corner of Myahgah Road and Art Gallery Way (opposite Alan Border Oval). 3-hour parking lower level of Bridgepoint Shopping Centre, Spit Junction. Short walk from buses and Spit Road and Military Road intersection.

Wheelchair accessible

Venue coordinator: Eve Klein 9969 7994 (enquiries only)

MONDAYS IN MOSMAN..... 182HA01

All courses are from 10:30 to 12:30

No Bookings Required.

Enquiries Eve Klein 9969 7994 cyeve@tpg.com.au

1. Well-being and Leadership in Late Modernity

This presentation covers the historical trends in the digitalised age. Our speaker is planning to publish a book on how the Facebook society differs to that prior to 2004.

Monday 2 July

Speaker: James Warn

2. Napoleon and the Australian Connection

A talk on Napoleon's meteoric rises and falls in his career with emphasis on the final years and their importance to Australia.

Monday 9 July

Speaker: Geoff Davidson

3. Australia: The Great Southland (Just Where Is It?)

Covering the search from earliest times until settlement and establishment of the Colonies.

Monday 16 July

Speaker: Geoff Davidson

4. The Convict System in Australia

Examining the background and system operating from 1788 until 1868, which accounted for the transportation of 160,000 men, women and children.

Monday 23 July

Speaker: Geoff Davidson

5. Educating Academically High Ability Children in Schools Today

Typical school classrooms in Sydney are mixed ability, multi-cultural and inclusive. Educational policies stress that all children have the right to an education that supports achievement of potential. An academic outlines how to achieve the goal for the brightest students.

Monday 30 July

Speaker: Robyn Lonergan

6. An Introduction to Entomology

The study of insects and other arthropods

Monday 6 Aug

Speaker: Ian Thompson

7. The Paralysis of Ticks and Fleas

Explaining their biology, habitat and human significance

Monday 13 Aug

Speaker: Ian Thompson

8. The Leopard Revisited

The story of the decadent and dying Sicilian aristocracy threatened by the approaching forces of democracy and revolution in the 1860's as seen by the Prince of Salina, *The Leopard* in the film and novel of the same name.

Monday 20 Aug

Speaker: John Maneschi

9. The Garvan Institute of Medical Research

Offers a session which focuses on understanding the role of genes and molecular and cellular processes in health and disease as the basis for developing future preventions, treatments and cures.

Monday 27 Aug

Speakers: Scientist Julia Kiss together with a medical researcher

10. Walking in Wiesbaden

A slide lecture and discussion by a celebrated conceptual artist that depicts the personal responses to the history of her family and their experience of the Holocaust.

Monday 3 Sept

Speaker: Ella Dreyfus

Please note: owing to the unavailability of the hall due to the event of the Mosman Art Prize, there will be no sessions on **10 and 17 Sept.**

11. A Walk and Talk through the Mosman Art Gallery

Monday 24 Sept

Speakers: The Mosman Art Gallery guides

12. The Royal Botanical Gardens of Sydney

The oldest scientific institution in the country, the Gardens sit on the land of the Cadigal People. Our speaker is the site coordinator of volunteer programs and offers us an account of the various phases of the Garden's history.

Monday 8 Oct

Speaker: Paul Nicholson

13. The Potential of 'Problem-Based Learning' as a Teaching Strategy in Secondary Schools

Based on the work completed for a doctorate thesis, this talk reports on the success of this strategy and its potential.

Monday 15 Oct

Speaker: Robin Lonergan

14. Life in Submarines

Joined the Navy at age 15 and then drafted to submarines for 5 years. This is a story rich in historical experience in Oberon class submarines and the impact on the speaker's life.

Monday 22 Oct

Speaker: Douglas Edwards

15. Wings Over the Indian Ocean

Based on the autobiographical novel *The Highway of the Gods* our speaker tells of her father Alan Morris's service in the RAAF including Bomber Command in WW2, his career

as a Qantas pilot, and his contribution to the development of international aviation.

Monday 29 Oct

Speaker: Penelope Bonnell

16. Two Knights at the Movies: Sir John Mills and Sir Alec Guinness

The lives and careers of two amazing stars of stage and screen. They had many parallels, their paths crossing often, but were very different personalities. Interviews and film clips included.

Mondays 5 and 12 Nov

Speaker: Nora Hinchin

17. Signs and Symbols: Their History and Significance

Symbols are a universal language and their use to portray a message, warning or information is an ancient method of expression as well as predating alphabets and are increasingly prevalent in today's world.

Monday 19 Nov

Speaker: John Flint

18. The Venice of Donna Leon

Donna Leon is a crime writer featuring a Venetian police detective. Her novels reflect the lives, attitudes and environment of Venice.

Monday 26 Nov

Speaker: Nora Hinchin

THE MELODY ROOM AT MOSMAN ART GALLERY

Corner of Myahgah Road and Art Gallery Way (opposite Alan Border Oval). Three-hour parking lower level of Bridgepoint Shopping Centre, Spit Junction. Short walk from buses and Spit Road and Military Road intersection.

Wheelchair accessible

Venue coordinator: Annika Tults 9882 3669 aktults@yahoo.com.au

RUSSIAN HISTORY: ROMANOVS 182HR01 TO REVOLUTION

Significant moments from the Romanovs to the 1917 Revolution and the vicissitudes of the Russian people under Tsarist rule, illustrated through film clips and images.

Thursday 12 July 1:30 - 3:30

Speaker: John Flint

Bookings: Annika Tults 9882 3669 aktults@yahoo.com.au

RUSSIAN MUSIC 182HR02

Russian music developed within a restless, turbulent history; we meet familiar composers; Tchaikovsky, Prokofiev and Stravinsky, their contemporaries and the environment within which they worked, through music, images and film strips.

Thursday 19 July 1:30 - 3:30

Speaker: Nora Hinchin

Bookings: Inez Glanger 9960 1495 inez.glanger17@gmail.com

TELEHEALTH 182HR03

The communications revolution has meant carer and patient no longer need to be co-located. The presenter will show through examples from his CSIRO research, how telehealth can change the way services are delivered in aged and critical care.

Thursday 26 July 1:30 - 3:30

Speaker: Laurie Wilson

Bookings: Inez Glanger 9960 1495 inez.glanger17@gmail.com

BIO-MIMICRY 182HR04

What do space panels, the Eastgate Centre, medical sutures, seatbelts, tsunami warning systems and dresses worn by Maria Sharapova have in common? Come and find out how they were all inspired by nature. (3 sessions)

Each Thursday from 2 Aug 1:30 - 3:30

Leader: Lesley Duffill

Bookings: Margaret Lanigan 9960 3603 (not before 1 July) mlan4298@bigpond.net.au (preferred)

THE SURVIVOR'S STORY 182HR05

Being blonde and blue-eyed saved the speaker and her family from the Nazis in World War II. The story of a family in Budapest and their journey to Australia.

Thursday 23 Aug 1:30 - 3:30

Speaker: Kathy Bradley

Bookings: Inez Glanger 9960 1495 inez.glanger17@gmail.com

WHO INVENTED WHAT WHEN 182HR06

We look at how many things we take for granted were invented and investigate the history of science behind everyday objects of contemporary life.

Thursday 30 Aug 1:30 - 3:30

Speaker: Ian Thompson

Bookings: Annika Tults 9882 3669 aktults@yahoo.com.au

MAJOR FAITHS AND TRADITIONS OF THE EAST 182HR07

The Orient gave rise to the development of major world religions. We examine the origins, development and spread of Zoroastrianism, Hinduism and Buddhism.

Thursday 6 Sept 1:30 - 3:30

Speaker: Himanshu Jhala

Bookings: Annika Tults 9882 3669 aktults@yahoo.com.au

ISLAM 182HR08

Islam arose in the Arabian Desert in the seventh century and rapidly spread to become a world faith. We discuss its overall impact as well as some misconceptions.

Thursday 13 Sept 1:30 - 3:30

Speaker: Himanshu Jhala

Bookings: Inez Glanger 9960 1495 inez.glanger17@gmail.com

MODERN MOVEMENTS AND CULTS 182HR09

We briefly look at some of the usual cults and beliefs of more modern times: Mormons, Jehovah's Witnesses, Krishna Consciousness, Baha'i, Theosophical Society and Rastafarians.

Thursday 20 Sept 1:30 - 3:30

Speaker: Himanshu Jhala

Bookings: Inez Glanger 9960 1495 inez.glanger17@gmail.com

CRIME, PUNISHMENT AND CIVIL DISPUTES IN COLONIAL NSW 182HR10

These lectures examine the birth and development of the Criminal and Civil justice Systems in the Colony. Some of the early cases are considered, including the harsh punishment of offenders. The rise to power of the NSW Corp. is also looked at. (4 sessions)

Each Thursday from 27 Sept 1:30 - 3:30

Speaker: Malcolm Robertson

Bookings: Annika Tults 9882 3669 aktults@yahoo.com.au

CLINICAL FORENSIC SCIENCE MEDICINE 182HR11

Tony is a retired police forensic medical officer. He will describe the practice of clinical forensic medicine.

Thursday 25 Oct 1:30 - 3:30

Speaker: Tony Moynham

Bookings: Annika Tults 9882 3669 aktults@yahoo.com.au

ME, MY SON AND ANTARCTICA 182HR12

Les introduced his 23-year-old son to Antarctica following Sir Ernest Shackleton's famous boat journey, plus witnessing amazing wildlife, mountains and geography of that Great South Land.

Thursday 1 Nov 1:30 - 3:30

Speaker: Les Miller

Bookings: Annika Tults 9882 3669 aktults@yahoo.com.au

CLIMATE POLITICS 101: HOW TO HELP YOUR GRANDCHILDREN MAKE SENSE OF IT ALL 182HR13

How the transmission to zero emission is playing out as a monumental battle between fossil fuel interests fighting a rear guard action against ever more cost effective clean technologies.

Thursday 8 Nov 1:30 - 3:30

Speaker: Warren Yates

Bookings: Margaret Lanigan 9960 3603 (not before 1 July)
mlan4298@bigpond.net.au (preferred)

SHOULD EVERYONE HAVE SOLAR POWER AND BATTERIES? IS IT REALLY WORTHWHILE? 182HR14

Things are changing really fast – come and find out what you need to know about going solar and how homeowners can play an important role in supporting the national grid.

Thursday 15 Nov 1:30 - 3:30

Speaker: Graeme Jessup

Bookings: Margaret Lanigan 9960 3603 (not before 1 July)
mlan4298@bigpond.net.au (preferred)

LIVING LATIN 182HR15

Most people can recall the saying 'Latin is dead. First it killed the Romans and now it is killing me'. Is this a fair statement? Make your own decision after hearing my talk.

Thursday 22 Nov 1:30 - 3:30

Leader: Anne Richardson

Bookings: Annika Tults 9882 3669 aktults@yahoo.com.au

ART: PAINTING AND SKETCHING(12)** 182HR16

Learn how to successfully manipulate colours, line and shape with a friendly group. Painting with acrylics, sketching with charcoal or pencil. All interested members are welcome. A small amount of theory will help develop skills to create both classical and abstract art.

Alt Tuesdays from 7 Aug 1:30 - 3:30

Leader and bookings: Kulliki Poole

9451 3011 or 0414 451 636

DEVELOPING YOUR MEMOIR OR FAMILY STORY 182HR17

Your life is unique. How can you make your memoir or family history more interesting for readers? We use practical exercises to build a story step by step for future generations. Beginners most welcome.

Alt Tuesdays from 31 July 1:30 - 3:30

Leader and bookings: Jenny Rudd O'Neill 9908 3925

jennyruddoneill@optusnet.com.au (preferred)

MOSMAN SQUARE SENIORS CENTRE

Next to Mosman Council Chambers off Military Road, Spit Junction. 3 hour parking lower level Bridgepoint Shopping Centre. **Wheelchair accessible**

Venue coordinator: Merv Simmons 9968 4817 or 0409 929 971 pammerv@hotmail.com

If unable to contact the bookings person specified below, please contact Venue Coordinator. **Bookings Essential**

THE RIVALRY BETWEEN WEST AND EAST 182HS01

Is the dominance of the West over the East coming to an end? We explore briefly the long history of the cultural, economic, political, social and military development of the world's two core regimes. (4 sessions)

Each Wednesday from 11 July 10:00 - 12:00

Leader: Peter Nixon

Bookings: Pamela Simmons 9968 4817 (after 5pm)

pammerv@hotmail.com

USING ANIMALS IN MEDICAL RESEARCH 182HS02

How have past experiments on animals contributed to our current medical knowledge? What laws control such experiments today? And what of the future?

Wednesday 8 Aug 10:00 - 12:00

Speaker: Rosemarie Einstein

Bookings: Pamela Simmons 9968 4817 (after 5pm)

pammerv@hotmail.com

EMILY BRONTË'S WUTHERING HEIGHTS AND ANNE BRONTË'S THE TENANT OF WILDFELL HALL 182HS03

Wuthering Heights was described as 'a fiend of a novel' and *The Tenant of Wildfell Hall* was considered 'coarse' when the novels were published in 1847. We look at the subject matter of both novels in the light of 19th century sensibilities.

Participants are asked to read the novels if possible before the lectures. (3 sessions)

Each Wednesday from 15 Aug 10:00 - 12:00

Leader: Cindy Broadbent

Bookings: Pamela Simmons 9968 4817 (after 5pm)

pammerv@hotmail.com

THE FIRST FLEET TO BOTANY BAY 182HS04

These lectures consider the early days of the Colony to 1790, including the relationship with the Aborigines. The Epic voyage of the *Sirius* to the Cape of Good Hope is examined.

The fight to prevent Famine and the tragic loss of the *Sirius* are also considered. Told by those who were there.

(4 sessions)

Each Wednesday from 5 Sept 10:00 - 12:00

Leader: Malcolm Robertson

Bookings: Kathy Bradley 0408 284 288

dkbradley@bigpond.com

CRIME WRITING, POETRY AND SHAKESPEARE 182HS05

1. The Evolution of Crime Writing

How the writing of crime fiction has developed and changed through the centuries.

Wednesday 3 Oct 10:00 - 12:00

2. More Adventures with Poetry

How do we read and interpret poems? How do they affect us?

Wednesday 10 Oct 10:00 - 12:00

3. Shakespeare: The Greatest Ever?

We will examine two plays, *Hamlet* and *Macbeth*, and decide on our interpretation of them.

If you can, bring along a copy of the plays (not essential).

Wednesday 17 Oct 10:00 - 12:00

Leader: Kathy Bradley

Bookings: Trish Dawson 9948 2262 trish.dawson@hotmail.com

THE MUSIC OF LONDON 182HS06

Featuring Purcell and Handel in first session and Arthur Sullivan (with his partner, W S Gilbert) in the second.

Wednesdays 24 and 31 Oct 10:00 - 12:00

Leader: Rosemary McCulloch

Bookings: Kathy Bradley 0408 284 288

dkbradley@bigpond.com

A PERSONALISED VIEW OF HISTORY 182HS07

Two examples of how events in the past capture your imagination and potentially trigger more interest than others: the discovery of Troy, Mycenae and Knossos and the birth of modern archaeology (first session); and the turbulent times of the Tudors and the Stuarts in England (second session).

Wednesdays 7 and 14 Nov 10:00 - 12:00

Leader: Paul Wait

Bookings: Phyllis Clout 9969 6846

THE MUSIC OF FRANCE 182HS08

Featuring some well-known and some little-known music from this country, together with a special live recording of *Coppelia* by Leo Delibes

Wednesdays 21 and 28 Nov 10:00 - 12:00

Leader: Rosemary McCulloch

Bookings: Phyllis Clout 9969 6846

SPEND THE MORNING WITH EILEEN JOYCE 182HS09

Unique recordings of this marvellous Australian pianist whose career spanned more than 30 years and some reminders of her incredible life.

Wednesday 5 Dec 10:00 - 12:00

Leader: Rosemary McCulloch

Bookings: Phyllis Clout 9969 6846

THE MANORS OF MOSMAN RETIREMENT VILLAGE

6 Hale Road, Mosman (off Military Road).

Wheelchair accessible

Venue coordinator: Lesley Duffill 9969 9546

BOOK DISCUSSION GROUP 182HV01

This friendly group meets once a fortnight to discuss a variety of demanding literature including poetry, drama and non-fiction. New members welcomed.

Alt Tuesdays from 24 July 10:00 - 12:00

Leader: Mary Billing

Bookings: Elisabeth Kingsford Smith 9953 6993

TOPICAL ISSUES 182HV02

Our friendly group discusses two topics each meeting. Come and discuss current affairs and debate social issues. New members are always welcome.

Alt Wednesdays from 25 July 10:00 - 12:00

Leader: Joan Castle

Bookings: Rose Hochmann 9440 3349

CONTINUE YOUR MEMOIR 182HV03

This is a self-help course that will interest members who have been to a memoir or family story writing class and are well into their project. Group feedback and activities form the basis of the course to encourage members to keep writing.

Alt Tuesdays from 31 July 10:00 - 12:00

Leader and Bookings: Pamela Tilbrook

0413 377 212 pamelatilbrook@optusnet.com.au

MOSMAN: WARRINGAH BOWLING CLUB

82 Bradleys Head Road. Parking in nearby streets.

Venue coordinator: Ros Tinker 9969 9373

rostinker@bigpond.com

DANCE DELIGHT: MOVEMENT TO MUSIC 182HB01

Come along and move to a variety of great tunes where the emphasis is on enjoyment and variety, not technique. These sessions will include waltzes and other old-time ballroom dances, Latin American rhythms, rock-n-roll, line dances, free expression and lots more! All levels of fitness welcome. No partners required. (10 sessions)

Each Friday from 27 July 10:00 - 12:00

Leader and bookings: Ros Tinker

9969 9373 rostinker@bigpond.com (preferred)

McMAHONS POINT COMMUNITY CENTRE

165 Blues Point Road, 300 metres from North Sydney Station. Any bus or train to North Sydney Station. No on-site parking and parking in the area is impossible.

Venue coordinator: Lesley Duffill 9969 9546;

leslie.duffill@bigpond.com

WRITING POETRY**(12) 182HE01

This group explores the magic of poetry in all its various forms through reading, appreciating and writing. We give and receive friendly, positive feedback. (10 sessions)

Alt Tuesdays 24 July 10:00 - 12:00

Leader and bookings: Geoff Lucas 9416 7717

CREATIVE WRITING**(10) 182HE02

Do you like to write? Do you write as often as you wish? Join our friendly writers' group for support and incentive. New members welcomed. (10 sessions)

Alt Tuesdays from 31 July 10:00 - 12:00

Leader and bookings: Alan Ecob 0414 337 944

BOOK CLUB**(14) 182HE03

The club reads 10 novels per semester (both classics and modern) chosen by the members who all enjoy a lively discussion on the books read. New members welcomed. (10 sessions)

Alt Fridays from 27 July 27 10:00 - 12:00

Leader and bookings: Toni McLennan 9412 1585

McMAHONS POINT COMPUTER EDUCATION UNIT

McMahons Point Community Centre, 165 Blues Point Road, 350 metres from North Sydney Station and several bus routes. Parking over 2 hours impossible within 1 km.

Coordinator: Fay Smith

PLEASE NOTE: bookings are essential for all courses at this venue

APPLICATIONS: please apply via email: computeru3a@gmail.com providing following information:

- **Name:**
- **U3A number:**
- **Phone contact:**
- **Course number:**

If you cancel a course please let me know ASAP so a reserve can take your place.

WINDOWS CONTROLS**(6) 182HM01

Manage icons, move between windows, resize and move windows, find menus, use the task bar, change your home page. Suits Windows 7, 8 or 10.

Monday 2 July 9:30 - 12.30

Leader: Margaret Kropman

WINDOWS FILES 7, 8 AND 10**(6) 182HM02

Find, save, move and rename files and folders on your hard drive or memory sticks. Learn more about storage, retrieval, file types and folders.

Wednesday 4 July 9:30 - 12.30

Leader: Margaret Kropman

FACEBOOK(8)..... 182HM03**

Learn the basics of using Facebook, uploading photos, joining groups etc. This course will be taught using your iPad or similar tablet.

Wednesday 25 July 9:30 - 12:00

Leader: Fay Smith

MANAGING PHOTOS(6)..... 182HM04**

From a camera or android phone, save photos on your computer then organise, perform simple edits, email. You will already be skilled at creating folders and moving files between folders. Suits Windows 7, 8, 10.

Monday 30 July 9:30 - 12:30

Leader: Margaret Kropman

MANAGING PHOTOS(6)..... 182HM05**

From a camera or android phone, save photos on your computer then organise, perform simple edits, email. You will already be skilled at creating folders and moving files between folders. Suits Windows 7, 8, 10.

Wednesday 1 Aug 9:30 - 12:30

Leader: Margaret Kropman

iPAD/IPHONE(8)..... 182HM06**

Get to know your iPad/iPhone in the company of others under the guidance of our tutor. Please bring your device fully charged.

Wednesday 8 Aug 9:30 - 12:00

Leader: Fay Smith

ONLINE RETAIL(6)..... 182HM07**

Explore buying and selling on Gumtree, eBay, major online outlets and smaller vendors. Tips on security, privacy and payment. Suitable for Windows 7, 8, 10.

Monday 13 Aug 9:30 - 12:30

Leader: Margaret Kropman

i-TRAVEL(8)..... 182HM08**

Seminar format: learn the basics of travelling with technology, avoiding pitfalls and using your devices correctly; discussions with other members of the group.

Wednesday 15 Aug 9:30 - 12:00

Leader: Fay Smith

TEXT FORMATTING(6)..... 182HM09**

Make your emails more interesting: learn how to use different fonts, indent text, number paragraphs and insert clip art. Suits Windows 7, 8, 10.

Monday 20 Aug 9:30 - 12:30

Leader: Margaret Kropman

CASTLE COVE: WATERMARK RETIREMENT VILLAGE

8b Deepwater Road, off Eastern Valley Way. Alight from buses at Eastern Valley Way near Smith Street and continue north to Deepwater Road. There is street parking near the village.

Venue coordinator: Barbara Boston 9417 2967

nboston@bigpond.net.au

Bookings essential for all courses

Barbara or Norma Boston - contact details as above

FRIDAY FILMS AT CASTLE COVE(24)..... 182HC01**

Classic movies from the silent to the contemporary era will be presented with some analysis and background pertaining to cast, direction and production issues. A full list of movies to be presented will be available at the first performance. (11 sessions)

Alt Fridays from 13 July 10:30 - 12:30

Leader: Hugh Watson

LOST WORLDS OF SOUTH AMERICA(24)..... 182HC02**

The dramatic terrain of South America is one of the great frontiers of archaeology. Buried by the centuries on soaring mountain slopes and beneath arid deserts and lush jungles, the remains of extraordinary civilizations are now coming to light. This DVD series explores the many cultures that rose and fell. (8 sessions)

Each Tuesday from 3 July 10:30 - 12:30

Introduced by: Barbara Boston

THE AUSTRALIAN MUSEUM..... 182HC03

Sydney's major natural history museum dates from 1827. This course describes the museum's objectives, collection (almost 20 million items), buildings, people and important events during its 190-year history.

Tuesday 28 Aug 10:30 - 12:30

Leader: Stewart Reed

WOMEN IN CHINA..... 182HC04

We will explore the role of women in traditional and modern China. Aspects considered will include the concubine, the adopted daughter-in-law, infanticide, foot binding, the legal status of women, literary women, women on the Long March and the Cultural Revolution, the one child policy and women in power. (4 sessions)

Each Tuesday from 4 Sept 10:30 - 12:30

Speaker: Bernice Lee

THE MUSEUM OF APPLIED ARTS AND SCIENCES..... 182HC05

Mired in controversy, this museum states that it is one of the few internationally covering design, arts, technology and science. This talk describes its history, collection, buildings, people and important events.

Tuesday 2 Oct 10:30 - 12:30

Speaker: Stewart Reed

THE STATE LIBRARY OF NSW..... 182HC06

While technically not a museum, the State Library has a vast and varied collection (apart from books) especially in the realm of Australiana including many rare and unique objects.

Tuesday 9 Oct 10:30 - 12:30

Speaker: Stewart Reed

THE STRUGGLE FOR UNITY: THE STORY OF THE FEDERATION OF AUSTRALIA..... 182HC07

Most Australians have little knowledge of how Australia became a nation. Author Graham Wilcox will tell the story of the struggle to become the only nation to occupy a whole continent.

Tuesday 16 Oct 10:30 - 12:30

Speaker: Graham Wilcox

THE BLACK DEATH..... 182HC08

We look at the causes and spread of the world's most devastating plague, its immediate effects on late medieval society and long term social and economic effects on early modernity.

Tuesday 23 Oct 10:30 - 12:30

Speaker: Antony McCurdy

WILD LIGHT: THE WILDERNESS PHOTOGRAPHS OF HENRY GOLD..... 182HC09

Henry Gold is one of Australia's leading wilderness photographers. His beautiful images have convinced politicians that places, such as the Greater Blue Mountains and the Gardens of Stone are too beautiful to destroy.

Tuesday 30 Oct 10:30 - 12:30

Speaker: Janine Kitson

INDIA THROUGH SEVEN CENTURIES OF ALIEN RULE AND HEGEMONY182HC10

India's legacy of long alien rule has greatly influenced its character. British Raj rose from a mercenary mercantile adventure inheriting the decaying but once great empire of the Mughals.

Tuesday 6 Nov 10:30 - 12:30

Speaker: Himanshu Jhala

HISTORY'S GREATEST VOYAGES OF EXPLORATION182HC11

A review of history's greatest voyages of exploration and the nature and motivation of the explorers who carried them out.

Tuesday 13 Nov 10:30 - 12:30

Speaker: Antony McCurdy

CAROLINE CHISHOLM: THE IMMIGRANTS' FRIEND182HC12

Her face is no longer on our five dollar note but her history should be remembered. She fought tirelessly for immigrants and ensured the prosperity of many new arrivals in NSW.

Tuesday 20 Nov 10:30 - 12:30

Speaker: Barbara Boston

HOW DOES POLITICS AFFECT YOUR DANCING?182HC13

In this talk comparisons are made between Fred Astaire, a Republican, and Gene Kelly, a Democrat. Reference will be made to the situation today.

Tuesday 27 Nov 10:30 - 12:30

Speaker: Anne Richardson

GREENWICH: THE BAYTREE RETIREMENT RESORT

6 Ulonga Avenue, Greenwich (off Innes Road, which is off Pacific Highway opposite the old ABC site).

Program coordinator: Lesley Duffill 9969 9546; leslieduffill@gmail.com

Venue coordinator: Andrew Caro 9433 8056

SATIRICAL NOVELS182HW01

We will discuss four great satirical novels (one per session): *Gulliver's Travels* (Jonathan Swift), *Tristram Shandy* (Sterne) *Vanity Fair* (Thackeray) and *The Trial* (Kafka). During the series we will examine the various types of literary humour and hopefully demonstrate the power of satire not just for its entertainment value but for its importance in socio/political commentary. (4 sessions)

Each Tuesday from 10 July 10:30 - 12:30

Leader: Andrew Caro

Bookings: Kate Caro 9433 8056

WORLD OF WORDS182HW02

Grammar, usage, pronunciation, etymology - we all have our prejudices, preferences, antipathies and ignorance. Come and air these with others. John will lead a provocative discussion about what is 'correct' and 'incorrect'.

Tuesday 7 Aug 10:30 - 12:30

Speaker: John Flint

Bookings: Lesley Duffill leslieduffill@bigpond.com

PLAGUES – ANCIENT AND MODERN182HW03

1. Louis Pasteur – His Life and Legacy

The fame of Louise Pasteur is based on his work in many different fields. The Pasteur Institute is named in his honour and had nurtured many other brilliant scientists.

2. Alexandre Yersin - Genius or Eccentric?

A little known scientist who trained with Pasteur. Yersin turned his back on the Pasteur Institute and spent most of his life in Vietnam. He is credited with the discovery of *Yersinia pestis*, the bacterium that causes bubonic plague.

Tuesdays 14 and 21 Aug 10:30 - 12:30

Speaker: Penny Bishop

Bookings: Ena Hall 9433 8076

A BRIEF HISTORY OF ASTRONOMY182HW04

Kevin will discuss how different cultures have sought to measure and understand the movements and nature of the heavens.

Tuesday 28 Aug 10:30 - 12:30

Speaker: Kevin Murray

Bookings: Mary Morrison 9433 8004

IMPRESSIONS OF RUSSIA AND SIBERIA182HW05

In this richly illustrated talk, Kevin and Glenys share some of their experiences and offer their impressions of the fascinating history, geography, culture, architecture and landscapes of Siberia and Russia.

Tuesday 4 Sept 10:30 - 12:30

Speaker: Kevin Murray

Bookings: Mary Morrison 9433 8004

WALTER MATTHAU182HW06

The life and film career of Walter Matthau, the ruffled, crumpled master of crotchety comedy, with accompanying illustrations, interviews and film clips.

Tuesday 11 Sept 10:30 - 12:30

Speaker: Nora Hinchin

Bookings: Christine Blanks 9436 3451

TURKEY BEFORE AND AFTER GALLIPOLI182HW07

To understand the nature and culture of the Anzacs' enemy at Gallipoli, Harvey traces the complex history of the Turks from ancient times to the outbreak of WW1. The second talk traces events from Kemal Ataturk's establishment of a secular republic in 1923 to the most recent events in this fascinating country.

Tuesdays 18 and 25 Sept 10:30 - 12:30

Speaker: Harvey Broadbent

Bookings: Kate Caro 9433 8056

MUSICAL MOMENTS182HW08

A musical miscellany with some composers that you know, some that you don't know and others that you don't know you don't know. (3 sessions)

Each Tuesday from 2 Oct 10:30 - 12:30

Leader: John Yates

Bookings: Rosalie Lund Conlon 9807 9956

THE ART GALLERY OF NSW 1874-2012182HW09

Sydney's Gallery has been the centre of artistic life for more than 150 years. These talks cover its history including the development of its collections, exhibitions, buildings artists, directors, audience, government relationships and other factors as well as the odd embarrassment.

Tuesdays 23 and 30 Oct 10:30 - 12:30

Speaker: Stewart Reed

Bookings: Helen Kershaw 0400 130 486

helenjkershaw@gmail.com (preferred)

THE HISTORY OF WWII182HW10

The Second World War comprised several conflicts which together generated the most destructive war of the 20th Century and which played a major role in shaping the world today. This series gives an outline of these conflicts. (4 sessions)

Each Tuesday from 6 Nov 10:30 - 12:30

Leader: Colin Smith

Bookings: Lesley Duffill leslieduffill@bigpond.com

CINEMA 182HW11

Join us again for interesting pre-film discussions about the planning and shooting of major films; learn the history of some of our great actors and actresses; and view and enjoy the film.

Alt Fridays from 6 July

Coffee and cakes at 10:00, session 10:30 - 12:30

Leader: Hugh Watson 9519 5082

Bookings: Margaret Vermeesch 9433 8048

HUNTERS HILL: C A FAIRLAND HALL

14 Church Street, Hunters Hill. Ample car parking in nearby streets.

All classes 10:30 – 12:30

Venue coordinator and bookings: Judy Harris

0447 194 510, Email: JudyHarris2@bigpond.com

Bookings preferable for all courses at this venue

Facebook: U3AHunters Hill

GREAT SIEGE OF MALTA 182HU01

Many know of Malta, long besieged in WW2, but how many know of the great siege in the 16th century? What was it, who was involved and why was it so important?

Monday 2 July

Speaker: Paul Wait

TURKEY: THE ROAD LESS TRAVELLED 182HU02

Visit not only the famous sites of western Turkey but also into eastern Turkey; explore the culture, architecture and roads less travelled.

Monday 9 July

Speaker: June and Paul Wait

OPEN HEART INTERNATIONAL 182HU03

Healthcare outreach programs using all medical and nursing volunteers who travel many regions of the world providing life-saving medical care to under-privileged people.

Monday 16 July

Speaker: Michael Were

A HISTORY OF EARLY MUSIC 182HU04

Romantic and before. Graham is the Assistant Director of North Sydney Symphony Orchestra.

Monday 23 July

Speaker: Graham Ball

NSW FAIR TRADING: SCAM AWARENESS SEMINAR 182HU05

NSW Fair Trading aims to educate the community about the current scams and to avoid becoming a victim of scams, highlighting strategies to identify and protect yourself from scammers.

Monday 30 July

Speaker: Representative from NSW Fair Trading

ARCHEOLOGY AND OTHER PRINCIPLES 182HU06

What do we know about the 65,000-year history of Australia and the Pacific and how do we know it? Peter lectured at Sydney University.

Monday 6 Aug

Speaker: Peter White

HEART OF THE SILK ROAD 182HU07

Crossroads of trade for 1,200 years. Travelled by Marco Polo, land of Empires, Persian, Alexander the Great, Ghengis Khan, Tamerlane, Russia, origins of the Moghuls, home of fabled Samarkand and Uzbekistan.

Monday 13 Aug

Speaker: Michael D'Arcy

INSECTS OF DISEASE AND UNEASE 182HU08

A study of biology and habitats of insects as vectors of disease: insects such as mosquitoes, head lice, dust mites, bed bugs and other insects and arthropods that invade the human body.

Monday 20 Aug

Speaker: Ian Thompson

CLEOPATRA 182HU09

The story of this fascinating woman. Is it fact, fiction or fantasy?

Mondays 27 Aug and 10 Sept

Speaker: Nora Hinch

THE GOLDEN YEARS OF WIRELESS 182HU10

Using personal memories of the 40s and 50s Australian radio, hear Jack Davey, Bob Dyer, the Quiz Kids, Mrs 'Obbs, 'Yes What', the serials, boxing, wrestling and the races, Eric Baume, etc.

Monday 3 Sept

Speaker: Graham Sims

LIFESTYLE LINKS TO ALZHEIMER'S RISKS 182HU11

Associate Professor Ross Grant provides a layman's insight into what changes are occurring in the brain when Alzheimer's Disease is developing and what lifestyle factors are likely making a major contribution.

Monday 17 Sept

Speaker: Ross Grant

THE KILLER WHALES OF EDEN 182HU12

The true story of the unique relationship between a pod of killer whales (Orcas) and a whaling family in Twofold Bay from 1880 until 1930.

Monday 24 Sept

Speaker: Graham Sims

ME AND MY SON IN ANTARCTICA 182HU13

This is Les's second presentation; he worked in Antarctica in the 60's and recently took his 20-year-old son in a team following Sir Ernest Shackleton's footsteps.

Monday 8 Oct

Speaker: Les Miller

FORENSIC SCIENCE 182HU14

An introduction to forensic science including forensic anthropology and entomology and a study of insect and other arthropod biology in the investigation of criminal matters.

Monday 15 Oct

Speaker: Ian Thompson

FRANK BRIGGS 182HU15

A pilot in the Great War. In 1919 he flew Billy Hughes to the Paris Peace Conference, then in Australia he pioneered the air routes for commercial flight for our prospering businessmen.

Monday 22 Oct

Speaker: Chris Beazley

NSW COLONIAL ARCHITECTS: THE FIRST 100 YEARS 182HU16

Since 1816 and Francis Greenaway there have been 22 government-appointed architects. Sydney was transformed from a Georgian settlement into an international Victorian city. The presentation will feature six important architects.

Monday 29 Oct

Speaker: Don Napper

CLINICAL FORENSIC MEDICINE 182HU17

Tony is a retired police forensic medical officer. He will describe the practice of clinical forensic medicine.

Monday 5 Nov

Speaker: Tony Moynham

THE LIVING ART OF NATURE'S GALLERY 182HU18

Ray and Elma are amateur mycologists (study of fungi) and are interested in photography of orchid pollination. In 2014 they reported a local infestation of 'tomato red spider mites'.

Monday 12 Nov

Speakers: Ray and Elma Kearney

DOES POLITICS AFFECT YOUR DANCING? 182HU19

Anne compares Fred Astaire with Gene Kelly; one was a Democrat and the other was a Republican.

Monday 19 Nov

Speaker: Anne Richardson

FAMOUS AUSTRALIAN WOMEN 182HU20

Australia has produced many famous women over many years. Who are they and what made them famous?

Monday 26 Nov

Speaker: Anne Richardson

DRAWING FOR BEGINNERS**(15) 182HU21

Ever wanted to draw? Develop a unique drawing style through studying the Elements and Principles of Design. Learn the basic skills of relaxed 'seeing' and recording, while examining various drawing techniques. (6 sessions)

Each Friday from 20 July

Leader and bookings: Kate McClelland 8060 0041

LANE COVE: LIVING AND LEARNING CENTRE

180 Longueville Road.

Venue coordinator: Robert Lynn 9433 8066

DISCUSSION GROUP 182HL01

Topical issues and ideas discussed in a friendly and lively atmosphere. Join us to continue learning and communicating with an active group.

Alt Mondays from 9 July 10:30 - 12:30

Leader and bookings: Barbara Meth 9438 5014

REVISIONISM IN HISTORY 182HL02

We will re-examine historical events and topics and challenge orthodox views regarding:

- **12 July** The history of Convictism in Australia.
- **26 July** The History Wars: a recent episode of resentment and bitter debate.
- **9 Aug** WW1: was it really the most destructive war in history?
- **18 Oct** The Nazis: who were they? Do popular images mislead?
- **1 Nov** Were the Soviet Union and Nazi Germany really totalitarian states?
- **15 Nov** 'Anti-semitism is not based on outright lies, but on half truths' (Pulzer)
- **29 Nov** WWII: A J P Taylor said that Hitler did not intend WWII but behaved as a normal statesman.

Alt Thursdays from 12 July to 9 Aug and 18 Oct to 29 Nov 1:30 - 3:30

Leader: Frank Wilson 8021 7059

Bookings: Ann Drysdale 9427 8435

INDIA THROUGH SEVEN CENTURIES 182HL03 OF ALIEN RULE AND HEGEMONY

India's legacy of long alien rule has greatly influenced its character. British Raj rose from a mercenary mercantile adventure inheriting the decaying, but once great empire of the Mughals.

Thursday 23 Aug 1:30 - 3:30

Leader: Himanshu Jhala

Bookings: Ann Drysdale 9427 8435

THE STRANGE AND COMPLEX CASE 182HL04 OF THE MIDDLE EAST - A CENTURY OF TURBULENCE

The Ottomans collapsed at the end of the Great War. However, Anglo-French 'diplomacy' in the region has left a bitter legacy of suffering, mistrust and hatred.

Thursday 4 Oct 1:30 - 3:30

Leader: Himanshu Jhala

Bookings: Ann Drysdale 9427 8435

DISCUSSION GROUP 182HL05

Join this happy group to air your views and discuss a variety of interesting topics selected by the group of members.

Alt Thursdays from 12 July 10:30 - 12:30

Leader: Beatrice Blanks 8068 9393

Bookings: Val Kaley 9427 0786

BOOK DISCUSSION GROUP**(12) 182HL06

A group centred on literary fiction. Our book for the first session is *Alice's Adventures in Wonderland* by Lewis Carroll. Group limited to 12 to ensure everyone has a chance to speak.

Every Fourth Monday from 23 July 10:30 - 12:30

Leader and bookings: Janice Gentle 9439 3801

ROSEVILLE UNITING CHURCH

7A Lord Street, Roseville. Short walk from the railway station along Hill Street and then turn left into Lord Street.

Venue coordinator: Sheila Caldwell 9498 1197

INTERMEDIATE RECORDER 182HY01

Play the recorder with a keen group, meeting in a hall not far from Roseville station. New intermediate level students will be welcome.

Alt Mondays from 23 July 10:00 - 12:00

Leader and bookings: Sheila Caldwell 9498 1197

or Judy Faulkner 9416 4733

OUT THERE!

THIRD FRIDAY LUNCH GROUP 182OT01

We meet for lunch at restaurants all over Sydney that serve a variety of cuisines. We do not go to only one area: we go everywhere in Sydney. We try to book BYO wine where there is a small corkage charge which attendees are required to pay.

Third Friday of each month from 20 July

Leader and bookings: Sarah Fennamore

9955 1962 sfennamore@yahoo.com

FOOD FOR THOUGHT**(12) 182OT02

We meet to sample the cuisine of different nationalities all over Sydney. Friendliness, fun and food are the basis for finding out about different cultures.

Alt Fridays from 27 July

Leaders and bookings: Sissi Stewart 9908 2045;

or Lyn Honey 9997 3292 sissen@bigpond.com