



Talks Courses Events

SEMESTER 2
July - December 2017

Sydney U3A Inc.
9262 2702
36 Carrington St
Sydney NSW 2000

ABN: 32 251 810 797
mail@sydneyu3a.org
www.sydneyu3a.org

SYDNEY U3A INC.

U3A operates in many countries to provide low-cost intellectual stimulation for people in active retirement. There are no formal entrance requirements and no examinations. It is self-supporting and run by its members.

The course book is published twice a year (January/June) by Sydney U3A Inc.

Editors: Ian Thompson and Elizabeth Waring.

Assistant Editor and Proofreader: Elizabeth Goodman.

Printed and mailed by B.E.E. Printmail

Sydney U3A: Level 2, 36 Carrington Street,
Sydney NSW 2000

Phone: 9262 2702 **Fax:** 9262 2542

Email: mail@sydneyu3a.org

Sydney U3A Website: www.sydneyu3a.org

Office Hours: 10:00 - 1:00 Monday to Friday

SYDNEY U3A OFFICE BEARERS

President	Barbara Boston	9417 2967
VP (Education)	Dianne Ekert	0419 245 756
VP (Public Relations)	Sally Davis	9411 3800
Treasurer	Marilyn Noonan	0418 267 711
Secretary	Jennifer Hawkins	0418 464 253
Admin Manager	Carolyn Franklin	0400 852 282

Regional Presidents

Eastern	Carolyn (Caro) Phillips	9389 2440
Endeavour	Denis Paulin (Vice Pres)	9522 4073
Greater Western	Dorothy Johnson	9621 2389
Harbourside North	Judy Harris	9427 2076
Inner West	Jennifer Waldron	8753 0521
Northern Beaches	Rosemary McCulloch	0448 095 958
Upper North	Grahame Marr	9487 3806

INSURANCE

Sydney U3A Inc. has public liability insurance to cover against possible damage or injury to persons or property arising from proven negligence by any member of Sydney U3A or its invitees at the site on which the activity occurs, except in the case of water or aircraft activity.

Members participating in a course that has a physical component, such as bush walking or exercise classes, are asked to sign a form acknowledging that the member understands the insurance cover before being accepted into one of these courses.

IMPORTANT - PLEASE READ

Members of Sydney U3A may join courses in any region, subject to availability.

- You must book for all courses you wish to attend, unless indicated otherwise.
- To book into a course, contact the booking secretary on the phone number or email address provided.
- In the case of problems, contact the regional course coordinator or nominated venue coordinators - however course and venue coordinators will NOT take bookings for courses.
- Please provide membership number and contact details when booking.

CONTENTS

NOTICES

SYDNEY U3A.....	2
IMPORTANT - PLEASE READ	2

EDITORIAL MATTERS

PRESIDENT'S MESSAGE.....	3
THANK YOU.....	3

EVENTS FOR ALL.....	4
---------------------	---

COURSE BOOK

EASTERN.....	9
ENDEAVOUR (SOUTHERN)	14
GREATER WESTERN.....	20
HARBOURSIDE NORTH.....	24
INNER WEST	34
NORTHERN BEACHES.....	41
UPPER NORTH.....	49

PLANNING CALENDAR	57
-------------------------	----

INDEXES	58-59
---------------	-------

ENQUIRIES

General enquiries should normally be directed to the Central Office (9262 2702).

Enquiries about regional activities and courses should be made to the above regional representatives.

PRESIDENT'S MESSAGE



At the AGM for Sydney U3A in March I was greatly honoured to have been elected as President. I have been a member of Sydney U3A since 2009 and have taken an active role from the beginning serving as Secretary from March 2009 to March 2012 and as President of the Harbourside North Region from December 2012 to December 2016.

Over the last three years much has been achieved but there is always something else that needs doing. A sub-committee has been formed to update the By Laws and the Policies and Procedures Manual. This committee started by updating the role description for the Vice President Education. All role descriptions will be updated to bring them in to line with current practices.

I am indebted to Past President Beverley Peken for all that has been achieved. Her team worked tirelessly to bring about positive change in the operation of our organisation, particularly through the vibrant new image of our website and all publications and through the efficiency brought into the operation of the office.

Congratulations to the dedicated team of Regional and Venue Coordinators who have prepared this Course Book and thank you to Ian Thompson and his team of proof readers who have put the book together.

I hope to be able to meet and exchange ideas with many of you in the coming months. I also urge all members to attend the U3A network NSW conference at the Lower Town Hall Sydney on Thursday 29 June.

Barbara Boston, President, Sydney U3A Inc.

THANK YOU

I am passionate about education and believe that access to education is a birthright that stays with us through life's journey. Accordingly I am excited to assume the role of Vice President (Education), but I am also humbled especially when I look at the challenges.

The VP Education role is to develop strategy for educational policy and procedure, to grow the number of leaders, establish a mentoring team, develop greater connections between universities, TAFE colleges and community organisations and Sydney U3A. Focus will be a holistic approach where education, creativity and exercise fuse to provide cognitive longevity and healthy ageing.

The VP Education role will no longer be physically involved in course book editing. Ian Thompson will continue that function.

I am constantly amazed at the depth and breadth of members' knowledge and skills, and more particularly at the willingness to share that knowledge. Sydney U3A is a truly wonderful volunteer organisation that 'punches above its weight'. It contributes significantly to the physical and mental wellbeing of its members, and as a consequence, governments save many thousands of dollars in health costs.

I look forward to supporting and interacting with the regional course coordinators, working with the management team and in broadening Sydney U3A's educational philosophy.

Mega thanks to Beverley Peken, Barbara Boston and Ian Thompson for their support and encouragement. It is a privilege, an honour and a great responsibility to take on this job. I will do it with everything I have to the best of my ability.

Dianne Ekert, Vice President (Education), Sydney U3A Inc.



LAST CHANCE TO REGISTER TO ATTEND U3A NETWORK NSW CONFERENCE - JUNE 28, 29, 30

THE THIRD AGE : CREATIVE & HEALTHY LIVING

Welcome Dinner

Morning Tea and Lunch

Internationally Recognised Speakers

Presentations plus Q & A sessions on:

Big History; The arts & creative relationships to healthy ageing; Purpose driven engagement where older people challenged by loneliness impact the lives of others through creative participation; Potentials of networked technologies to enhance active ageing

Full program and Registration Form on: www.u3answconference.org

EVENTS FOR ALL

Semester 2, 2017

EASTERN REGION EVENTS

Please refer to the table on page 9 for a wide range of events and conducted tours arranged by Eastern Region

Bookings essential for all events via our website - <http://sydneyu3a.org/>
Click on Eastern region calendar, scroll down to month, select date and then book.
Members without email, please phone Kate on 9663 5685 after 2pm

ENDEAVOUR (SOUTHERN) REGION OF SYDNEY U3A FIFTH TUESDAY OCCASIONAL LECTURES

will be held at

CLUB on EAST (formerly Sutherland United Service Club)

7 East Parade, Sutherland – a short walk from Sutherland Station.
Club car park available for attendees.

Tuesday 29 August 10:15 for 10:30

**Guest Speaker: Christine Wenborn
ANIMAL WATCHER**

'It is twenty minutes before the end of the two-hour watch. My attention is captured by a juvenile clapping and vocalising to attract the attention of a female. Intently I document my observations and marvel at the similarity between the human species and these primates. I could be in central Africa watching these gentle giants following their daily routine. Instead I am at one of Australia's most prestigious zoos known for its excellence in animal care and breeding programs for endangered species. I am an Animal Watcher.'

It has been twelve years since Christine became an Animal Behaviourist at Sydney's Taronga Zoo. During that time, visitors have often asked her what she is doing and why. It is hoped that this talk will answer those questions.

Tuesday 31 October 10:15 for 10:30

**Guest Speaker: Elisabeth Peters
BOB DYLAN, THE TIMES THEY WERE A CHANGIN'**

Bob Dylan is an American songwriter, singer, painter and writer. He has been influential in popular music and culture for more than five decades. Much of his most celebrated work dates from the 1960s, when his songs chronicled social unrest. Bob Dylan was, some may say, a surprising, recipient of the Nobel Prize for literature. As we know he did not attend the official ceremony in Sweden but has subsequently travelled to Sweden to receive his prize. Many of us grew up with, and were influenced by his music and his philosophical outlook and comments, on the events of the sixties. Did he really deserve the Nobel Prize?

Elisabeth Peters is known to us in Endeavour region as a poet of some note and an outstanding contributor to U3A through committee activity over many years. She has studied the works of Bob Dylan extensively and will concentrate on 'the man and his songs in the context of the times'. We will hear his songs and discussion will be encouraged on the meaning of many of his famous songs and others not so familiar.

All members, **especially new members**, are invited to attend our regular Fifth Tuesday Lectures. This is a further contribution to the community by U3A and provides an excellent opportunity for members to meet with fellow members and an opportunity of outreach to welcome and interact with visitors from our community. Further updates and specific information on the program and speakers will be provided on our website and through our member's emails and monthly bulletin, which is provided to all Leaders for the information of all course members.

For enquiries only: Nilva Martini 0416 067 647 / nilvalsim@yahoo.com.au

No bookings are required. Entrance fee - gold coin donation.

Organised by Endeavour (Southern) Region

EVENTS FOR ALL

Semester 2, 2017

CHRISTMAS IN JULY

Thursday 13 July

Historic Blue Mountains Hotel across from Lawson Railway Station

Lunch includes traditional Roast, Plum Pudding, Glass of Wine, Tea and Coffee, with a little history included.

Cost \$20, pay on the day

Train 10:18 Central Country Platform, 3rd carriage to Lawson

Bookings essential: Bobbie Kersten 8854 1646 / 0410 873 605 bobbiekersten@gmail.com

Organised by Inner West Region

UTS CAMPUS CRAWL**(15)

Wednesday 13 September

Due to popular demand, course leader Beatrice Scheepers is repeating this tour.

This vibrant young university is in the process of transforming its city campus. It is home to some cutting-edge educational facilities, dramatic architecture and stunning interior spaces. On this tour we'll visit the Faculty of Engineering and Information Technology, the Faculty of Science and Graduate School of Health, the Dr Chau Chak Wing building (designed by Frank Gehry) and the newly rejuvenated Goods Line.

Meet outside Mecure Hotel, Railway Square at 9:30

Bookings essential, from 9 am Monday 28 August (no booking before that time please).

Email bookings only: maryfsutton123@gmail.com / 0423 512 479 (enquiries only).

Organised by Inner West Region

BOWRAL TULIPS at Corbett Gardens

Thursday 14 September

Train 8:42 Central Suburban Platform 23 to Campbelltown.

Change for motor train 9:53 Platform 4 to Bowral.

Leader will meet at Campbelltown Station. Return train 2:04 from Bowral.

Entry \$5, pay on the day

Bookings essential: Bobbie Kersten 88541646 / 0410 873 605 bobbiekersten@gmail.com

Organised by Inner West Region

NORMAN LINDSAY GALLERY and MUSEUM

Tuesday 26 September

Visit the historic National Trust property Home of the Artist in Faulconbridge. Bring a picnic, or lunch in the lovely café on the property. There will be time to enjoy the Gallery and Garden surrounds.

Optional: I can lead you on a 20-minute walk through beautiful bush after lunch if anyone wishes.

Train 9:18 Central Country platform to Springwood, then bus to Gallery.

Return bus 2:49 only, then train 3:24 from Springwood.

Guided tour cost \$10, pay on the day

Bookings essential: Bobbie Kersten 8854 1646 / 0410 873 605 bobbiekersten@gmail.com

Organised by Inner West Region

EVENTS FOR ALL

Semester 2, 2017

A VISIT TO HISTORIC HAMBLEDON COTTAGE**(20)

Thursday 2 November

Leader: Beatrice Scheepers

Colonial Georgian cottage built in 1824 for John Macarthur, set in two acres of land with heritage trees. Guided tour includes Devonshire tea/coffee.

Ferry 9:07 from Wharf 5 Circular Quay to Parramatta, 15-minute walk through parkland.

Leader joins ferry at Abbotsford. Option of train back to city.

Cost \$13.50 payable in advance by Direct Deposit or EFT only (no cheques, money orders or cash). Payment details when booking. No refunds

**Bookings essential, but only between 2 and 13 October please.
Leader unable to process bookings or payments outside that period**

Email bookings only beatricescheepers@gmail.com / 0402 969 004 (enquiries only)

Organised by Inner West Region

HOW THE COURTS WORK**(15)

Due to popular demand, course leader Beatrice Scheepers is repeating these two tours

Part 1: Friday 10 November

Meet 9:30 corner Central and George Streets, opposite Event cinemas.

Enjoy an insider's view of the history, charms and curiosities of the inferior courts (civil and criminal) sitting at Brickfield Hill. Finish 12:45. Affordable Korean lunch afterwards.

Part 2: Friday 17 November

Meet 9:30 at Queen Victoria statue on Queens Square, opposite Hyde Park Barracks, Macquarie Street.

Discover the quirks and intricacies of the superior courts (civil and criminal) at Queens Square, and view the recent refurbishments to the Law Courts building. Finish 12:30. Affordable lunch afterwards.

Special treat: the High Court will be sitting in Sydney on 17 November.)

Bookings essential from 9am sharp Monday 23 October (no bookings before that time please).

Email bookings only beatricescheepers@gmail.com

Please note: Airport-style security applies at all courts, and participants are asked to leave all aerosols and sharp-bladed instruments at home. No photography allowed.

Organised by Inner West Region

GUIDED TOUR of FEMALE ORPHAN SCHOOL**(20)

Tuesday 28 November

Leader Beatrice Scheepers

The female Orphan School is Australia's only surviving three-storey building and one of the most significant heritage sites in NSW.

Guided tour includes tea/coffee with muffins and pastries.

Train 9:19 from Central platform 18 to Parramatta. Arrive 9:46. M52 bus from Parramatta station to UWS campus, 10-minute walk to venue. Meet outside exit barrier at Parramatta station.

Cost \$19.50 payable in advance by Direct Deposit or EFT only (no cheques, money orders or cash). Payment details provided when booking. No refunds

**Bookings essential, but only between 6 and 17 November please.
Leader unable to process bookings and payments outside that period.**

Email bookings only beatricescheepers@gmail.com / 0402 969 004 (enquiries only)

Organised by Inner West Region

EVENTS FOR ALL

Semester 2, 2017

GUIDED TOUR OF SAINT PATRICK'S, CHURCH HILL**(20)

Tuesday 19 September

Leader Beatrice Scheepers

Guided tour of Saint Patrick's Church Hill, one of Sydney's oldest Catholic churches. Heritage buildings include the church (1844), convent chapel (1876), former presbytery (1889) and former convent (1892).

Meet at 9:45 in Lang Park, corner Lang, Grosvenor and York Streets, near Wynyard.

Cost \$10, payable on the day

Bookings essential between 28 August and 8 September

Email bookings only: Sue Lamont smlamont@outlook.com / 0419 418 508 (enquiries only)

Organised by Inner West Region

TOUR THE MAGNIFICENT ST MARY'S CATHEDRAL**(20)

Wednesday 16 August at 10:30

St Mary's Road, Sydney

Short walk through Hyde Park from St James Station
or any number of buses from Circular Quay.

The Cathedral was designed by architect William Wardell after the first cathedral burnt down in 1865. It was substantially completed by 1928 although the spires were not added until 2000. It is built in the Victorian Gothic style, has beautiful stained glass windows and tells the story of the foundation and development of the Roman Catholic faith in Australia. Underneath the Cathedral is the beautiful Crypt which is highlighted by its magnificent Terrazzo Mosaic flooring and is the final resting places of Sydney's pioneer priests and the previous Archbishops of Sydney. Apart from being beautiful and historic, it is a very vibrant and active cathedral constantly visited by school groups, tourists and those attending service.

Meet at 10:30 at the Cathedral House Office, the building next to the Cathedral.

The tour lasts 90 minutes; cost \$5 payable on the day.

Bookings essential with Marje Ashworth at 0405 446029 or email marjeash@tpg.com.au
Provide membership and telephone number.

Organised by Harbourside North Region

JOIN US FOR THE DAY WITH *THREAD TOGETHER*** (25)

Wednesday 18 October at 10am

Address: Unit 1, 1 Anderson Street, Banksmeadow

Plenty of parking either on site or nearby streets or Bus 301 from Circular Quay, Stand D, dropping off close to Eastgardens with a 500m walk via Wentworth Road and Baker Street.

Driving recommended - double up with a friend

We may stay awhile so bring your lunch.

Thread Together is an organization providing clothing to people doing it tough. Not only providing the clothing but putting together outfits to help people build confidence, dignity and motivation -creating a brighter future for people in crisis. This is an extremely worthwhile enterprise.

Thread Together was founded in 2012, collaborating with some of Australia's largest clothing suppliers and social service agencies. It helps the homeless, victims of domestic violence, asylum seekers, indigenous communities, ex-inmates and other vulnerable groups in the community. It has the power to turn lives around. The organisation makes an incredible impact on the lives of those less fortunate than us.

There is no charge but bookings are essential with Marje Ashworth marjeash@tpg.com.au
Provide membership and telephone number.

Organised by Harbourside North Region

EVENTS FOR ALL

Semester 2, 2017

YOU ARE INVITED TO A SPECIAL GOURMET PICNIC

Location: Manly Dam

Friday 20 October 12:00 – 3:00

Enjoy the tranquil environment of one of the largest freshwater lakes in the Sydney metropolitan area.

The bushland is rich in plant life and birds.

All food is provided, also plates and cutlery and there will be a surprise speaker.

You only need to bring your own drink and a chair.

Vehicle access is via King Street, off Condamine Street, Manly Vale

Tickets \$20 and further information from Rosemary McCulloch 0448 095 958 / ramccull@gmail.com

Organised by Northern Beaches Region

READERS FESTIVAL 2018

The Carrington Hotel, Katoomba

Wednesday 14 to Friday 16 February 2018

Next year's Readers Festival will feature Crime Fiction, a genre which has been frequently requested. Andrew Caro will be the MC as usual. We will have most of our usual speakers and some new ones. They will speak on writers such as Wilkie Collins, Sir Arthur Conan Doyle, Dashiell Hammett, Dorothy L. Sayers and Donna Leon. There will be a talk on crime in ballet: Stravinsky's *Petrushka*. All talks will include fascinating illustrations.

The very popular and competitive Trivial Pursuit will be held again. We may all end up considering why Crime Fiction is so popular and have the 'cosies' become too violent? Numbers will be limited to 75 and we expect to be booked out early. Rooms will be allocated on a first-come first-served basis.

Prices: Single ensuite (2 nights) \$490; single, no bath (2 nights) \$430
Dbl or twin share (2 nights), \$720; Dbl/twin share, no bath, \$660

These prices include all meals and activities and the welcome cocktail party.

Cheryl Summers 0405 572 413 / summerscheryl@gmail.com

Organised by Harbourside North Region

2018 HOLIDAY: BELLINGEN**(47)

Sunday 18 March to Friday 23 March 2018

Depart Sunday 18 March 8:00 from Fitzwilliam Street, Parramatta and 8:30 from Railway Street, Pennant Hills Station.

**Return Friday 23 March at approximately 4:30 pm to Station Street,
Pennant Hills Station and 5:00 pm to Fitzwilliam Street, Parramatta.**

Cost: \$1055 pp if 40-plus bookings; an extra \$30 if numbers below 40. Single supplement \$275 (\$55 per night).

Bookings for U3A members (non-member spouses/partners accepted) open on 14 August 2017.

Bookings: Diana Pine 4861 3721. Address for payment given at time of booking.

Deposit: \$100 made payable to Coach Holidays & Tours to be posted to Diana by 1 September 2017.

NB: Balance made payable to Coach Holidays & Tours must be posted to Diana by 15 February 2018.

Cancellation Policy: Deposits are non-refundable within 30 days of departure. Eligible deposit refunds prior to 30 days are subject to a \$50 per person cancellation fee. The balance is partly refundable until the time and date of departure.

Inclusions: Air-conditioned coach, accommodation, all meals and entrance fees.

NB: If the tour is not full, non-members of U3A will be accepted.

During this holiday we will be staying at the Bellingen Valley Lodge. Over the week we will be exploring Bellingen, Dorrigo, Grafton, Kempsey and Coffs Harbour. Among many interesting tours we will be visiting the new Slim Dusty Centre near Kempsey.

The itinerary is so full of interesting tours and experiences that they cannot be all covered in this notice. Please see a copy of the full itinerary posted on the Greater Western section of Sydney U3A's website.

Organised by Greater Western Region

EASTERN

Regional Course Co-ordinator: Margaret Steel 9371 6953

Enquiries only

EASTERN EVENTS

Bookings essential for all events via our website - <http://sydneyu3a.org/> which will open one month before each event.

Click on Eastern region, calendar, scroll down to month, select date and then book.

Members without email please phone Kate on 9663 5685 after 2pm.

Members should consider taking bottled water to all tours

All Sydney U3A members welcome

Thursday 13 July

Queen Victoria Building - guided tour(15)**

A guided tour of an iconic building in the city centre that has both charm and history. Meet at the Information Desk on the ground floor, under the centre dome, at **11:15 for 11:30** start. Cost \$15
Morning tea at Cellini's on the 2nd floor (members own cost).

Thursday 24 Aug

Cockatoo Island - guided tour(40)**

This island has a long history, stretching from convict days to constructing the largest dry dock in the Southern hemisphere. Catch the **9:37 ferry at Circular Quay Wharf 5**. Tour commences at **10:30**. Please check ferry timetables as they can change. Cost \$12
Morning tea is at Societe Overboard cafe near the Cockatoo Island wharf (members own cost).

Thursday 21 Sept

Heritage Maritime Museum(40)**

Wharf 7, Pirrama Road, Pyrmont. Our maritime treasures, restored using the old woodworking skills to repair or rebuild a range of vessels. Meet at the desk on Wharf 7 at **10:30**. Transport: Ferry to National Maritime Museum, light rail to the Casino, or 389 bus to the museum. Cost \$10
Morning tea at Biaggio, 48 Pirrama Road, has been booked (members own cost). Biaggio is a lovely café on the water on Darling Harbour (two minutes' walk from the Museum).

Thursday 12 Oct

Australian Museum – guided tour(40)**

Indigenous Australians and their use of science
1 William Street, Sydney (entrance in College Street; follow the ramp). Meet at the Information Desk at **10:30**. \$6 entry + \$10 tour.
Morning tea in the new café in the Museum, on the 4th floor. Café booked (members own cost).

Thursday 9 Nov

Queen Victoria Building - guided tour(15)**

A guided tour of an iconic building in the city centre that has both charm and history. Meet at the Information Desk on the ground floor, under the centre dome, at **11:15 for 11:30** start. Cost \$15
Morning tea can be held at Cellini's on the 2nd floor (members own cost).

Thursday 23 Nov

Woollahra Library - talk by Michael Carey(50)**

451 New South Head Road, Double Bay, 1st floor. Escalators and lift available. Meet at **9:45 for 10:00** start; finish 12 noon. Our speaker will discuss ethical and legal aspects regarding euthanasia; when do moral issues arise and what might they be? Cost \$7 includes morning tea. Transport: Buses 324/325 from Park St and Watsons Bay; 326 from Bondi Junction. Alight all buses at Double Bay Shopping Centre. Parking available.

WOOLLAHRA: ALL SAINTS CHURCH CENTRE

85 Ocean Street. Disabled parking available. **Wheelchair accessible.**

Buses from Bondi Junction: 200 at 9.45 am to Trelawney Street; or 327 at 10.07 am opposite church; 389 at 9.59/10.09 (in Grafton St.) to first stop in Ocean Street, or train to Edgecliff station. Short walk from station, turning right into Ocean Street.

MIX AND MATCH MONDAYS 172EW01
AT WOOLLAHRA

All sessions 10:30 - 12:30 No bookings required

1. History of World War II

The Second World War comprised a number of conflicts which together generated the most destructive war of the 20th century and which has played a major role in shaping the world today. This series of talks will outline each conflict that contributed to the Second World War. (8 sessions)

Each Monday from 24 July

Speaker: Colin Smith

2. Misunderstood Middle Ages

A wide-ranging look at the major achievements of the Middle Ages and how they underpin much of what is thought to be unique to the Enlightenment and modernity.

Monday 18 Sept

Speaker: Tony McCurdy

3. Decisive Battles of World History

A review of the key battles over the last three thousand years which have decisively changed the course of history, covering events, outcomes and key individuals involved.

Monday 25 Sept

Speaker: Tony McCurdy

4. Inventions that Changed the World

A survey of the origin, nature and impact of those inventions that have had a major influence in changing the world from prehistoric times to the 21st century.

Monday 9 Oct

Speaker: Tony McCurdy

5. The Internet of Things

Science and technology are progressing at an ever-increasing speed, the latest 'hot topic' being the 'Internet of Things'. Billions of smart devices, all connected to the internet, are potentially changing the way we live; devices include ones that will help us to stay longer in our own homes as we age.

Monday 16 Oct

Speaker: Malcolm Raymond

6. Telehealth

The communications revolution has meant carer and patient no longer need to be co-located. The presenter will show, through examples from his CSIRO research, how telehealth can change the way services are delivered in aged and critical care.

Monday 23 Oct

Speaker: Laurie Wilson

7. Growing Up on a Kibbutz

A 'then and now' comparison of life on a kibbutz, from true socialism at the beginning of the 20th century to village or small-town living like any small town we know.

Monday 30 Oct

Speaker: Ruth Macklin

8. When Britain bullied China

China's century of humiliation began with the Opium Wars of 1839-1860. Britain led the way for the imperialist powers of the day to force unequal treaties on a once-proud but weakened empire.

Monday 6 Nov

Speaker: Gordon Mar

9. Chinese Coolies in France, WW I

How did thousands of Chinese farmers and labourers come to be working for the Allies in France during the Great War? The untold story of China's quest for international recognition which ended in betrayal and humiliation.

Monday 13 Nov

Speaker: Gordon Mar

10. Legal Life Planning - Important Issues for Seniors

The presentation will cover general life documents, including Wills, Power of Attorney, Living Wills/Advance Care Directives, and Estate Management. Gold-coin donation requested to cover cost of handouts.

Monday 20 Nov

Speaker: Jill Yates

11. Music for Refugees

Topics include the history of the Music for Refugees project; contact with SERCO; ABC and SBS TV filming inside Villawood; the Children and Adult project; instrument collection procedure and audience participation.

Monday 27 Nov

Speaker: Phillip Feinstein

12. The Nazi Hitler Period

1. As a child I escaped the Nazi Hitler period. Later in Australia, I was influenced by many social aspects which created an awareness of tolerance and anti-prejudice, especially with youth.

2. Work for refugee integration and telephone counselling.

Mondays 4 and 11 Dec

Speaker: Eva Engel

ENJOY TUESDAYS AT WOOLLAHRA 172EW02

All sessions 10:30 - 12:30 No bookings required

1. Casanova

You will be surprised, delighted, shocked and amused to learn about this Venetian adventurer and his picturesque life.

Tuesday 25 July

Speaker: Paul Barclay

2. Music from the Ashes

An examination of the remarkable melodies, words and music composed during and after the Holocaust.

Tuesday 1 Aug

Speaker: Joseph Toltz

3. Isaac Newton

Learn about the greatest of mathematicians and a top astronomer, who was also an alchemist and researcher of Biblical history.

Tuesday 8 Aug

Speaker: Paul Barclay

4. News: Good, Bad or Fake?

The group examines, analyses and assesses media stories and comment. Was the media story well-received, well-researched, well-written and well-presented - or was it biased or otherwise inadequate? The speaker is a widely experienced journalist. (5 sessions)

Every second Tuesday from 15 August

Speaker: Ronnie Hoffman

5. Sharing the Chosen Land

This talk will explore the history and wonders of wildlife conservation and man's relationship to nature in the Holy Land from Biblical times to the present day.

Tuesday 22 Aug

Speaker: Robert Schneider

6. Commercialising Medical Research

The inside story of how medical discoveries are commercialised and why so many potential cures never become available to the public.

Tuesday 5 Sept

Speaker: Sandra See

7. Defending the Public Good - Parks

This talk explores the concept of 'the public good', its application to urban parks, and the means to protect and ensure their survival.

Tuesday 19 Sept

Speaker: Warwick Mayne-Wilson

8. Lighten Up and Laugh, and Lighten Up and Write

A look at the value of humour, fun and play for our well-being. The second talk will focus on the pleasure of writing for your own enjoyment and/or for a wider audience.

Tuesdays 3 and 17 Oct

Speaker: Helene Grover

9. The Art of Thanksgiving in a Dog Eat Dog World

An investigation of the Biblical pattern of giving thanks and its modern-day application. The art of thanksgiving has been shown by psychologists to be profoundly good for human beings. We've lost that art; feeling rather than we deserve what we have. Can we relearn it?

Tuesday 24 Oct

Speaker: Michael Jensen

10. The Unexamined Life is Not Worth Living

The talk will help you to live the 'good life', enabling you to live consciously and ethically as an everyday habit.

Tuesday 31 Oct

Speaker: Vera Ranki

11. A Historic Garden Revisited

From near-destruction to complete restoration, this talk examines the changing fortunes of West Green House and its gardens by Australian gardener Marylyn Abbott.

Tuesday 7 Nov

Speaker: Patricia Priestley

12. Four European Novels of the Twentieth Century

Some of the most interesting novels were written in languages other than English. Four of the most influential were *Metamorphosis* by Franz Kafka, *The Outsider* by Albert Camus, *The Leopard* by Giuseppe di Lampedusa, and *One Day in the Life of Ivan Denisovich* by Aleksander Solzhenitsyn. (4 sessions)

Each Tuesday from 14 Nov

Speaker: Margaret Little

13. Music Therapy

Discover what makes music so special? Learn about the important and valuable work of music therapists.

Tuesday 12 Dec

Speaker: Dianne Langan

JOIN OUR FABULOUS FRIDAYS.....172EW03

All sessions 10:30 - 12:30

No bookings required unless stated otherwise

1. Learning How to Die

This presentation and conversation will focus on the question: 'How do I learn how to die?' Biographical material and your own ideas will be used to explore the question.

Friday 28 July

Speaker: Bryan Gray

2. Dr Herbert 'Paddy' Moran

The presentation will provide an overview of Dr Herbert 'Paddy' Moran's life and discuss his contribution to Australian medical advancement and intellectual life in Australia's inter-war period.

Friday 4 Aug

Speaker: Anne Thoeming

3. Geology in the Landscape Art of Lloyd Rees

The talk will explore the influence of geology and land forms on the landscapes painted by Lloyd Rees on the South Coast, particularly those in the Gerringong area.

Friday 11 Aug

Speaker: Peter Clarke

4. Tips on Buying Shares

Information will be provided on various criteria to use when buying or selling shares. A practical approach will be emphasised. **Note:** This is a discussion group only and our members are not allowed, by law, to provide specific financial advice.

Friday 18 Aug

Speaker: David Hunt

5. Dying Today

Most people are unaware that with proper medical consent you can pass on when the time is right, of your own volition. But what if you have lost capacity to give medical instructions? The law has the answer.

Friday 25 Aug

Speaker: Dr Lindsay Stoddart

6. US Politics

A review of President Trump's first eight months in office highlighting his choice of a Supreme Court nominee and his actions in domestic and foreign policy areas.

Friday 1 Sept

Speaker: Bill Levantrosser

7. Religion, Prophecies and the Decline of Magic in England in the 15th and 16th centuries

During the 16th century, English people developed a belief in their own capacity to help themselves, thus rendering the everyday power of magic redundant

Friday 8 Sept

Speaker: Dorothy McDonald

8. Henry VIII and Robin Hood

Perish the thought! Henry in green tights!

Friday 15 Sept

Speaker: Dorothy McDonald

9. Magical Moments by the Johann Strauss Orchestra

Magical Moments is an orchestral presentation of celebration by Andre Rieu Studios from 13 films including *Cats*. **This is a DVD-based presentation.**

Friday 22 Sept

Presenter: Andre Rieu - DVD

10. A Variety of Soloists from the Johann Strauss Orchestra

Soloists with a piano accompaniment include Suzan Erins, Louisa Louwse, Carlo Marfioletti and Carmen Monarchs singing a variety of pieces. **This is a DVD-based presentation.**

Friday 29 Sept

Presenter: Andre Rieu - DVD

11. Beowulf : the Scandinavian Mystical Hero

Beowulf is the longest epic poem in Old English. It was written at the end of the 10th century. Come and discover his epic battles with the evil Grendel and her equally evil mother.

Friday 6 Oct

Speaker: Dorothy McDonald

12. Life in the British Navy in the Age of Sail

The men, the ships, the life, the food, the diseases and the hardship, including the brutal floggings.

Friday 13 Oct

Speaker: Dorothy McDonald

13. Sydney's Golden Stone

The talk addresses the geology and quarrying of Sydney sandstone, then concentrates on the history and architecture of some historical buildings.

Friday 20 Oct

Speaker: Peter Clarke

14. Avoiding Mayhem When You Pass

What Estate Planning comprises and what you may require:

- A bulletproof will
- Enduring Powers of Attorney
- Enduring Appointment of Guardianship
- An Advance Health Care Directive
- Perhaps, a Binding Death Nomination

Our speaker is an expert in testamentary trust wills and looks forward to a dialogue with us.

Note: This is a discussion group only and our members are not allowed, by law, to provide specific legal advice.

Friday 27 Oct

Speaker: Lindsay Stoddart

15. Healthy You - Be your Own Doctor and Self-Monitor Your Health

This course will demonstrate and inform on the use of technology to maintain health and manage chronic conditions. Bring your smart phone.

Friday 3 Nov

Speaker: Thomas Delisi

16. Think More, Think Differently, Think Better

A series of six sessions exploring and developing various useful thinking skills.

Book this series on Eventbrite from U3A website. Click on Eastern region, calendar, scroll down to month, select date and then book. Members without email please phone Kate on 9663 5685 after 2pm

Each Friday from 10 Nov to 15 Dec

BOOKED SESSIONS ONLY

Speaker: Henry Collins

BONDI JUNCTION: WAVERLEY COMMUNITY AND SENIORS CENTRE

31- 33 Spring Street (Mill Hill Community Centre), Bondi Junction. Regular buses or trains to Bondi Junction.

SPANISH INTERMEDIATE 172ES01

An adequate knowledge of grammar, vocabulary and pronunciation is needed, as well as a sense of humour.

Each Thursday from 6 July 10:00 - 12:00

Leader and bookings: Christine Lozano 9389 4310

ELIZABETH BAY: TREBARTHA APARTMENTS

Residents' Lounge 2nd Floor, 61-69 Roslyn Gardens. 10 minute walk from Kings Cross Station. Buses: 323, 324, 325 from Watsons Bay/Bondi Junction; 326, 327 from Circular Quay. Limited street parking.

LAST FRIDAY BOOK CLUB 172ET01

Share your interest in books by enjoying lively discussions with other avid readers. At each meeting the group decides the next book to be discussed, with the condition that it is readily available at an affordable price or can be borrowed from a local library (5 sessions).

Last Friday of each month from 28 July 10:30 - 12:30

Leader and bookings: Jan Macindoe 9660 0208

0424 537 557

jnmacindoe@gmail.com

MAROUBRA: BOWEN LIBRARY

Anzac Parade (cnr Gale St) Maroubra Junction
Buses 353,400 from Bondi Junction; 393, 397, 399 from Central Railway or the city.

FILM DISCUSSION**(20) 172EM01

Do you enjoy going to the movies, and would you like to share your opinions with others? Each fortnight, a discussion of acting, characters, plot and cinematography will be held on one or two nominated movies.

Alt Tuesdays from 11 July 10:00 - 12:00

Leaders and bookings: Graham Blazey 9365 1961

Gail Filetti 9349 5591

DISCUSSION GROUP 172EM02

If you are interested in the world around you, combined with a love of the occasional debate, come and join us at Maroubra. We have fun.

Alt Tuesdays from 18 July 10:00 - 12:00

Leader and bookings: Marise Segelov 9363 4023

GERMAN LANGUAGE GROUP 172EM03

This beginners' course offers a clear, step-by-step approach to German grammar, combined with speaking about everyday topics and understanding the culture of German-speaking countries (10 sessions).

Each Thursday from 12 Oct 11:00 - 1:00

Leader and bookings: Bettina Boss 0466 979 460;

b.boss@nsw.edu.au

PADDINGTON: EJ WARD COMMUNITY CENTRE

189 Underwood Street, Paddington. Buses 380, 381, street parking.

FRENCH INTERMEDIATE 172EP01

Some previous knowledge is required. Course covers basic grammar, reading, vocabulary and conversation.

Alt Mondays from 24 July 10:30 - 12:30

Leaders and bookings: Albert and Arlette Rousseau

9371 5725, ajarousseau@optusnet.com.au

FRENCH ADVANCED 172EP02

This is an informal discussion group. We chat, debate topical subjects, read articles, learn pronunciation and have fun while brushing up on our French. This is a full year course.

Alt Fridays from 21 July 10:30 - 12:00

Leader and bookings: Sabina Menczel 9371 5760

FRENCH CONVERSATION.....172EP03

Lively discussion group debating topical subjects (lounge area). This is a full year course.

Each Thursday from 13 July 9:30 - 11:00

Leader and bookings: Sophie Brown 9953 2557
anjalisela@gmail.com

GERMAN CONVERSATION.....172EP04

Wednesdays 1:00 - 3:00 - commencing in Oct.

Leader and bookings: Hilmar Fiedler 8958 4079
hilmarfiedler@gmail.com; 0411 508 739
(after 1 Oct. for commencement date)

WOOLLAHRA: GADEN COMMUNITY CENTRE

(Previously known as the Woollahra: Holdsworth Community Centre)

Cnr. Edgecliffe Road and Queen Street, Woollahra. Bus 200 from Bondi Junction.

ITALIAN ADVANCED.....172EG01

This course is for more advanced students.

Alt Wednesdays from 12 July 10:30 - 12:30

Leader and bookings:
Isabella Fransechini 9380 9231

BEGINNERS FRENCH.....172EG02

The focus is on conversation necessary for travel.

The course covers basic grammar, pronunciation and vocabulary. This is a full year course.

Each Thursday from 13 July 10:45 - 12:45

Leader and bookings: Jeanette Pham; 0409 751 377
nguyetpham45@yahoo.com.au

PRIVATE HOMES

BRONTE BOOK GROUP.....172EH01

**First Thursday of each month from 6 July
2pm onwards**

Leader and bookings: Janet Sculfer 9387 2770

GERMAN CONVERSATION.....172EH02
- BONDI JUNCTION

Alt. Fridays from 14 July 10:00 - 12:00

Leader: Anne Mistler; amistler@hotmail.com.au
Bookings: Annette Krausmann 0437 943 727

MUSIC, COFFEE (and cake) - RANDWICK.....172EH03

We will listen to compositions from the great masters and include less-often heard works and composers.

Every second Monday from 24 July 2:00 - 4:00

Leader and bookings: Julie Reid 8668 5522

NORTH BONDI BOOK GROUP.....172EH04

**Third Wednesday of each month from 19 July
2pm onwards**

Leader and bookings: Patricia Dunn 9365 6896

ROSE BAY BOOK GROUP.....172EH05

**First Wednesday of each month from 12 July
2pm onwards**

Leader and bookings: Sylvia Bennett 9371 5547

ENDEAVOUR (SOUTHERN)

Regional Course Co-ordinator: Ted Watson 9527 3689

Email: ej.watson@optusnet.com.au

Enquiries only

ENDEAVOUR (SOUTHERN) REGION OF SYDNEY U3A

Notice is hereby given that the

Annual General Meeting and Election of Office Bearers followed by a Welcome to New Members

will be held on

Thursday 30 November 2017 10:00 for 10:30

at

Cronulla School of Arts, Upstairs Theatrette

6 Surf Road, Cronulla

All members, including new members and especially Leaders, are invited to attend our Annual General Meeting, which is an invaluable opportunity for all members to indicate support for the continuing success of our organisation. Your attendance will confirm that you are interested in promoting the excellent work of U3A as an ongoing community influence in the Sutherland and St George regions. The AGM will also be an opportunity for each Leader to report on the highlights of their courses for the year and to showcase features of their courses for the first semester of 2018.

Entertainment and morning tea will follow the AGM, providing opportunity for members to socialise and renew acquaintance with others, and to make welcome new members in our region.

Positions open for election/re-election are President, Vice President, Secretary, Treasurer, Regional Course Coordinator and Committee Members.

Information and nomination forms may be obtained from and returned to Secretary, Thelma King 9525 1580, 31A Drake Avenue, Caringbah 2229 by 16 November 2017

All Sydney U3A members are welcome to attend.

Please write this date in your diary now.

ENDEAVOUR (SOUTHERN) REGION OF SYDNEY U3A FIFTH TUESDAY OCCASIONAL LECTURES

will be held at

CLUB on EAST (formerly Sutherland United Service Club)

7 East Parade, Sutherland

Tuesday 29 August 10:15 for 10:30

**Guest Speaker: Christine Wenborn
ANIMAL WATCHER**

Tuesday 31 October 10:15 for 10:30

**Guest Speaker: Elisabeth Peters
BOB DYLAN - THE TIMES THEY WERE A-CHANGING**

All members, **especially new members**, are invited to attend these two Fifth Tuesday Occasional Lectures. This is a further contribution to the community by U3A and provides an excellent opportunity for members to meet with fellow members and an opportunity of outreach to welcome and interact with visitors from our community.

**Please refer to page 4 in the Events for All section
at the front of this course book for full details.**

Please write these dates in your diary now.

CRONULLA SCHOOL OF ARTS

A two-storey building with two rooms in 6 Surf Road. A short, level walk from the station.

1. Upstairs Activity Room

BEGINNER'S FRENCH**(15) 172EC01

This course is designed for those who may have done some French at school many years ago but have forgotten most of it and wish to refresh their memory. There will also be a cultural component.

Each Friday from 7 July 2:00 - 3:30

Leader and bookings: Allanah Jarman
0497 963 231; allanahjarman@gmail.com

BEGINNER'S LATIN**(12) 172EC02

Latin is not dead. It lives on in all the Romance languages and many English words. Indisputably, the Romans created one of history's greatest empires conquering most of the known world. Latin is not an easy language to learn, but if you are a pedant, then this course is for you.

Each Tuesday from 4 July 2:00 - 3:30

Leader and bookings: Allanah Jarman
0497 963 231; allanahjarman@gmail.com

SOLVING CRYPTIC CROSSWORDS**(12) 172EC03

This class is ideal for the less-experienced solvers who already have some basic knowledge of cryptic techniques. Sharpen your cryptic crosswords-solving skills as we work as a group in cracking the compiler's devious yet often delightful clues. A bit of mind-stretching enjoyment.

First and third Wednesday from 5 July 2:00 - 4:00

Leader and bookings: Rosemary De Gabriele
0404 015 807; r.degabriele@optusnet.com.au

FILM APPRECIATION AND DISCUSSION**(15) 172EC04

Monthly meet-up to discuss quality films, viewed independently. Two films decided on by a show of hands and discussed at the following meeting. All aspects of the film will be discussed during the session.

Third Thursday of each month from 20 July 10:00 - 12:00

Leader: Anita Spinks 0423 532 582; anitaspinks@live.com.au
Bookings: Ross Bell 8005 6218; rossbell1952@gmail.com

BRAIN GAMES**(20) 172EC05

Extensive research provides growing evidence that in addition to maintaining physical fitness and eating sensibly, brain health in older people can be maintained and diseases which cause dementia can be avoided or deferred. The Brain Game Project is designed to complement the physical exercise program.

Second and fourth Friday of each month from 28 July 10:00 - 12:00

Leader and bookings: Denis Paulin 9522 4073
0438 594 206; d.paulin@bigpond.com

2. Upstairs Theatrette

EXPLORATIONS IN MUSIC 172EC06

A music appreciation course. A listening experience covering various kinds of music from early classical, romantic, orchestral and choral through to jazz and synthesizer. We explore different countries, themes or individual composers from a range of different eras. Detailed handouts supplied. Come, enjoy and be challenged.

Second and fourth Wednesday of each month from 26 July 1:00 - 3:00

Leader: Sam Adams 9522 9386
Bookings: Dorothy Mills 9520 4072.

THE PURSUIT OF POETRY 172EC07

Members are encouraged to present poems created before, within and beyond the long-accepted Western criteria of poetical literature such as songlines. Troubadours, folksongs and ballads; five centuries of the Western Canon; contemporary verse styles and song lyrics. We also encourage members to present their own poetry.

Second and fourth Thursday of each month from 27 July 2:00 - 4:00

Leader and bookings: Patricia Green 9524 2523
0408 555 264; patfrantica@bigpond.com

ART HISTORY 172EC08

This course looks at the works of world-famous artists over the centuries. Members of the class present biographies with DVD and computer presentations.

Second and fourth Tuesday of each month from 25 July 10:00 - 12:00

Leader: Beverley Theodore 9532 1141; tpl5@bigpond.com
Bookings: Margaret Kingston 9522 9868
m.kingston1@bigpond.com

GEMS OF THE SILVER SCREEN 172EC09

Films: current, 40s and 50s periods, all in DVD format, for your enjoyment.

First and third Tuesday of each month from 18 July 10:00 - 12:00 (approx. finish time)

Leader and bookings: Brian Harvey 9521 5822

ASPECTS OF AUSTRALIAN HISTORY 172EC10

A potpourri of Australian history presented by some class members and occasional guest speakers.

Second and fourth Monday of each month from 24 July 1:00 - 3:00

Leader: Barry Hughes 9520 6130; bcmltc2@netspace.net.au
Bookings: Beryl Davis 9524 2661

ARMCHAIR TRAVELLERS 172EC11

Come and share travel stories and visual presentation from all over the world. We have vacancies and the venue is 'accessible'.

First and third Wednesday of each month from 19 July 10:00 - 12:00

Leader: Kate Churcher 9523 6990; 0433 140 900
kchurcher2@hotmail.com
Bookings: Margaret Durie 9525 9189; 0403 391 845
marg2229@bigpond.com

BALLET ON SCREEN**(40) 172EC12

The program for this semester includes

17 July *Cinderella* (Dutch National Ballet)

21 Aug *The Bolt* (Bolshoi Ballet)

18 Sept *Ondine* (Fonteyn) (Royal Ballet)

16 Oct *Queen of Spades/Passacaglia* (Bolshoi Ballet)

20 Nov *The Hard Nut* (Mark Morris Dance Group)
followed by our Christmas Party

Third Monday of each month from 17 July 1:30 - 4:00

Leader: Jean Singleton-Turner 9525 6084
Bookings: Marina Saunders 9527 4564
marinthers@gmail.com (preferred)

READING AND DISCUSSING 172EC13

SHAKESPEARE**(25)

We begin with reading an appropriately chilling play, *The Winter's Tale*. It is Shakespeare's first great success in his new genre, the Romances. He blends the exotic and magical with tragedy and optimism.

First and third Tuesday of each month from 18 July 2:00 - 4:00

Leader and bookings: Robert Englund 8521 7540
r.englund@optusnet.com.au (enrolment after 1 July)

COURTROOM DRAMA MOVIES 172EC14

Experience six of the best courtroom dramas of all time. Each session includes an introduction, a screening and discussion. Session dates and movies are:

- 20 July** *12 Angry Men*
- 3 Aug** *Witness for the Prosecution*
- 17 Aug** *Anatomy of a Murder*
- 7 Sept** *The Verdict*
- 21 Sept** *To Kill a Mockingbird*
- 19 Oct** *Primal Fear*

First and third Thursday of each month from

20 Jul 1:30 - 4:30

Sessions will start at 1:30 but vary in length depending on the movie.

Leader and bookings: Robert Englund 8521 7540
r.englund@optusnet.com.au (enrolment after 1 July)

CATHERINE COOKSON'S 172EC15 NOVELS ON DVD

Join us for a relaxing morning viewing Catherine Cookson's novels on screen.

Fourth Thursday of each month from

27 July 10:00 - 12:00

Leader and bookings Krista Blinco: 9540 3098

PATHWAYS TO THE GODS 172EC16

This course takes an historical approach to religion in all its aspects - devotional, esoteric and magic. During this semester we will look at the background to early Christianity: Ancient Egypt, Ancient Israel, the Gnostics, the Essenes and then the Gospels. We will also visit various places of worship.

Second and fourth Tuesday from 25 July 12:30 - 2:30

Leader and bookings: Jacques Goldman 9518 6741

MUSIC FOR FUN 172EC17

We meet to discover (or rediscover) the joy of music: to sing together, improve breath and pitch control, explore the basics of music, and to write songs. A good preparation for joining a choir. In the latter sessions, we will sing/learn new and Australian Christmas Carols

**Three sessions: Wednesdays 26 July, 9 Aug, 23 Aug
10:00 - 12:00**

**Three sessions: Wednesdays 8 Nov, 22 Nov and 13 Dec
10:00 - 12:00**

Leader and bookings Henry Collins (enrolment after 1 July)
9544 4328; henryhenrycollins@yahoo.com.au (preferred)

WOULD YOU LIKE TO BE A MENTOR? 172EC18

Many people can benefit from having a mentor; for example, disadvantaged children and youths, migrants, refugees, and impoverished solo parents. Retirees, seniors with a lifetime of experience and few restraints on time, can become good mentors. Successful mentoring involves empathy, intelligent listening and other skills, and awareness of potential pitfalls.

Thursday 3 August 10:00 - 12:00

Attitudes and skills for mentoring

Thursday 10 August 10:00 - 12:00

Experiences in mentoring - a discussion

Leader and bookings: Henry Collins (enrolment after 1 July)
9544 4328; henryhenrycollins@yahoo.com.au (preferred)

THINKING ABOUT RETIREMENT? 172EC19

A single session exploring the benefits, opportunities and rewards of, and potential restrictions on, arranging a successful retirement.

Thursday 17 August 10:00 - 12:00

Leader and bookings Henry Collins (enrolment after 1 July)
9544 4328; henryhenrycollins@yahoo.com.au (preferred)

LOVING LIFE AND LEARNING TO 172EC20 MANIFEST OUR WISHES

Each discussion will focus on how we can bring more joy and happiness into our lives. Can we focus on what we want and not our worries and cares? This is old knowledge and we need to test it to see if it really works. Join us to give it a try.

Each Monday from 3 July 10:00 - 12:00

Leader and bookings: Jan McCready 9523 2473
janmccready37@gmail.com

CRONULLA COMMUNITY HALL

38-60 Croydon Street. Meeting room 1. A short walk from station, Cronulla Street then into Cronulla Mall. Access via walkway next to shop 15. Parking is available in Croydon Street car park and enter beside numbers 38-60.

FRENCH FOR INTERMEDIATE 172EA01 SPEAKERS**(18)

Intermediate-level French, basic knowledge required. Revive your grammar, practice your conversation skills, and enjoy reading French texts. Have fun in a relaxed learning environment.

Each Monday from 17 July 2:00 - 3:30

Leader and bookings: Susan Molloy-Johnson
9546 5170; twotwelves@outlook.com

GYMEA COMMUNITY HALL

31-33 Gynea Bay Road. Short walk from station to rear of a small park beside the Gynea Hotel, or enter from Talara Road where parking may be found.

CREATIVE WRITING 172EG01

Fun with words.

Alt Mondays from 10 July 10:00 - 12:00

Leader: Frank Davis 9524 2661

Bookings: Sandra Keller 9540 1194; 0417 134 210
kellers@aanet.com.au

MIDDLE EASTERN DANCING 172EG02

The oldest dance form for women explored and expressed to traditional music. A great way to keep fit and have fun. If you can walk, you can dance.

Each Monday from 17 July 1:30 - 3:00

Leader and bookings: Faye Green 9521 6575
shalinabd@bigpond.com

DRAWING**(20) 172EG03

Explore drawing in various styles and mediums. Classes led by members who wish to pass on their expertise. Includes visits to art exhibitions.

Each Tuesday from 18 July 1:00 - 3:00

Leader: Judith Walker 9544 2638; juden@tpg.com.au
Bookings: Sue MacDonald 9528 8179
suzannemacdonald99@gmail.com

DISCOVERING ART 172EG04

This class will discuss the different aspects of art from architecture to sculpture with art-related topics. We will also look at your favourite artists. Visits to art galleries are a regular highlight.

**First and third Tuesday of each month from
18 July 10:00 - 12:00**

Leader: Marie Paterson 9524 0279

Bookings: Margaret Wilkes 9523 1614
margiewilkes@live.com.au

GYMEA COMMUNITY CENTRE

39 Gymea Bay Road. Short walk from station to rear of a small park beside the Gymea Hotel, or enter from Talara Road where parking may be found.

AUSTRALIA OUR LAND**(15) 172ED01

Using books and videos from the library we study and discuss the environmental, geographical, historical and cultural aspects of our wonderful country.

Each Wednesday from 19 July 10:00 - 12:00

Leader: Angela Balding 9524 2018

Bookings: Leona Harris 9522 3225

MIRANDA COMMUNITY CENTRE

93 Karimbla Road. A short walk south from station with parking in Karimbla or Kiara Roads, or in Miranda Fair.

AUSTRALIAN HISTORY 172EM01 DISCUSSION GROUP

Talks on any aspect of Australian history. Topics and talks chosen and given by group members who are prepared to do so.

First and third Wednesday of each month from 19 July 1:30 - 3:30

Leader: Janice Stokes 9543 1296; 0418 415 249

stokesj@optusnet.com.au

Bookings: Elizabeth Donovan 9524 9488

MIRANDA: WESTFIELD

600 Kingsway. A short walk from Miranda station. Suite G108, next to Lincraft Store on ground floor, Kiara Road.

THE RISE AND FALL OF ANCIENT 172EW01 CIVILISATIONS**(20)

In-depth study of ancient civilisations from early Egypt, surrounding empires and Mediterranean states.

Each Tuesday from 18 July 10:00 - 12:00

Leader: Elsie Barraclough 9529 7759

Bookings: Dorothy Dalyell 9520 5563; ddalyell@bigpond.com

WORLD HISTORY AND 172EW02 DEVELOPMENTS**(14)

This is a discussion group. All members are entitled to participate by doing research on agreed topics and taking part in group discussions.

Each Thursday from 20 July 10:00 - 12:00

Leader: Elizabeth Torok 9666 8169; 0422 557 457

emtor12@gmail.com

Bookings: Yvonne Muntz 9544 1122; 0432 942 527

yvonnemuntz@yahoo.com.au

FRENCH INTERMEDIATE**(18) 172EW03

Covers grammar, vocabulary, listening, conversation and dictation. Use will be made of printed and audio material.

Each Monday from 24 July 10:00 - 12:00

Leader: Bill Leach 9579 1251; 0413 691 373

billnell2@optusnet.com.au

Bookings: Denis Miller 9523 3627; denis.miller@bigpond.com

FRENCH CONVERSATION**(18) 172EW04

A small group participates in French conversation with an emphasis on correct pronunciation and fluency.

Each Monday from 24 July 12:00 - 1:00

Leader: Bill Leach 9579 1251; 0413 691 373

billnell2@optusnet.com.au

Bookings: Denis Miller 9523 3627; denis.miller@bigpond.com

OATLEY LIBRARY

26 Letitia Street. A 10-minute walk from Oatley Station (continue past the clock), or limited street parking.

ITALIAN LANGUAGE AND CULTURE 172EO01

Focuses on speaking, writing, listening and reading Italian at survival level or better, depending on the class. We explore grammar, literature, poetry, history, art, tourism, songs, opera themes, and recipes. Classes are in English and Italian depending on the topic and the class.

Each Thursday from 27 July 10:00 - 12:00

Leader and bookings: John Della Torre 8544 1758

ART FOR ENJOYMENT**(16) 172EO02

This is an art group that meets once a week to enjoy our own art. There are no formal lessons as each of us likes to do our own form of art. We have beginners to serious artists and find that we learn by helping each other.

Each Wednesday from 19 July 2:00 - 4:00

Leader and bookings: Doreen Kellett 9525 0531

0407 276 416; doreenkellett@live.com.au

SOUTH HURSTVILLE LIBRARY

1 Allen Street. Buses 970 or 972 from Hurstville or Miranda stations.

DISCUSSION GROUP**(16) 172EL01

Our friendly group enjoys stimulating and serious discussion on current affairs and a variety of subjects. There is controversy, reminiscing and usually lots of laughter.

Each Monday from 17 July 10:00 - 12:00

Leader and bookings: Betty Buchanan 9580 1366

AWARD-WINNING NOVELS**(15) 172EL02

Friendly group meeting to discuss award-winning novels, or novels any one of the group thinks should have won an award.

First Wednesday of each month from 2 Aug 10:30 - 12:30

Leader: Pat Copping 9529 6791; 18gingie@gmail.com

Bookings: Gloria Thompson; 9538 5857

thompson.gloria37@gmail.com

HURSTVILLE BENEVOLENT SOCIETY

7-11 The Avenue, Level 4, Bldg 2. Car park next door with access to lift. 10-minute walk from Hurstville station.

DISCUSSION GROUP**(15) 172EB01

Each member has five uninterrupted minutes to present their experience, research and findings on a predetermined, usually current affairs, topic. General discussion follows until the topic is exhausted. Social chat takes us to noon.

First and third Tuesday of each month from 4 July 10:00 - 12:00

Leader: Andrew Maclean 9543 2539

aach.maclean@optusnet.com.au

Bookings: Garry Griffiths 0468 809 332

margig@ozemail.com.au

WRITING CREATIVELY**(10) 172EB02

A small friendly self-help group where you can develop your writing skills and share your stories and life experiences. Beginners welcome.

First and third Tuesday of each month from 4 July 1:30 - 3:30

Leader: Yvonne Tracey 9587 3245; 0415 327 313

yvonne.calling1@bigpond.com

Bookings: Anita Spinks 0423 532 582; anitaspinks@live.com.au

KOGARAH SENIOR CITIZEN HALL

2 Taylor Street. A short walk from Kogarah Station.

GERMAN CONVERSATION..... 172EK01

Intermediate to advanced conversational German.
Second and fourth Thursday of each month from 27 July 10:00 - 12:00

Leader and bookings: Helmi Albrecht 9597 6628
0412 635 976; helmi.albrecht@gmx.de

SUTHERLAND LIBRARY

Committee Room, Sutherland Library, Belmont Street. Short walk from station.

CRIME LITERATURE**(20)..... 172ES01

We read crime books and then discuss them.

First and third Tuesday of each month from 18 July 10:00 - 12:00

Leader: Sharon Feltham 9575 7062

sharon.feltham@yahoo.com.au

Bookings: Barbara Allen 9542 2214; 0409 811 851

ART - SKETCHING**(15)..... 172ES02

We learn how to create sketch books with meaningful pages using pencil, ink and watercolour. We learn sketching in this class, and we often practise outdoors, too. We call ourselves 'ShireSketchers' and frequently join in with other Sketch clubs.

Every Thursday from 20 July 10:00 - 12:00

Leader: Peggy Annabel 9528 3391; 0402 354 968

peggy.annabel@bigpond.com

Bookings: Sue MacDonald 0418 227 745

SUTHERLAND LEISURE CENTRE

1 Rawson Avenue. Committee Room. Parking available. A long walk from the Sutherland station.

ASPECTS OF ARCHAEOLOGY..... 172ES03

There is a video each meeting on archaeology followed by reading from articles relating to archaeology, plus afternoon tea.

First and third Friday of each month from 7 July 2:00 - 4:00

Leader: Mary Armstrong 9567 0995

Bookings: Denis Miller 9523 3627; denis.miller@bigpond.com

YOWIE BAY: WATERBROOK LIFESTYLE RESORT

19 Wyralla Road, Yowie Bay. A long walk from Miranda station. Ample street parking.

MUSIC FOR PLEASURE: THE CLASSICAL ROMANTICS**(20)..... 172EY01

Music appreciation: classical and romantic periods.

First and third Tuesday of each month from 4 July 2:00 - 4:00

Leader: Joan Bolton 9541 3016; 0416 143 077

boltonjoan@hotmail.com

Co-leader: Bob Hallahan 9594 0214

jacbob@optusnet.com.au

Bookings: Chris Jenkins 9529 4444; chrisjenk66@hotmail.com

OUT THERE!

A VISIT TO THE MOUNTED POLICE**(25)..... 172EX01

Visit the historical museum and the stables (bring some carrots/apples to feed the horses). See the training area and equipment. Bring lunch and water. After the visit, we will walk to Prince Alfred Park for lunch. Meet on Chalmers Street outside the entrance to Devonshire Tunnel.

Tuesday 25 July 10:00

Bookings essential but only between 26 June and 10 July.
Beryl Davis 9524 2661

U3A ENDEAVOUR CAMPUS WALKERS..... 172EX02

Bush rambles and Sydney by ferry and foot. Routes previously walked by walk leaders. Walks described in our programs to indicate degree of difficulty. A four-to-five day social walking holiday held annually. Members are encouraged to participate in as many activities as possible.

Each Thursday from 20 July - variable meeting times

Leader: Bill Hunt 9521 2016; ara2233@yahoo.com

Bookings: June Symes 9524 2817; jsymes6@gmail.com

An annual administrative fee of \$10 is applicable.

WALKING IN SYDNEY AND SURROUNDS**(35)..... 172EX03

A variety of walks around all areas of Sydney and surrounds, ranging from medium level to easier bushwalks, track and street walks, going to beautiful and interesting places, whilst enjoying good company in the outdoors. We welcome members from all U3A regions to come and join us.

Alt Fridays from 14 July 8:30 - 3:00 (variable times)

Leader, coordinator and bookings: Margaret Harrison
9440 8780; 0405 392 521; mpharrison18@hotmail.com

WALKING AROUND SYDNEY**(35)..... 172EX04

A variety of walks around all areas of Sydney ranging from medium level to easier bushwalks, track and street walks, going to beautiful and interesting places, whilst enjoying good company outdoors. We welcome members from all U3A regions to come and join us. Various locations and times as per program.

Alt Fridays from 7 July 8:30 - 3:00 (variable times)

Leader: Ruth Perini 9868 3592; 0407 068 613

vperini@bigpond.net.au

Secretary and bookings: Colleen Bracken 9874 1012

0432 297 874; bracken65@gmail.com

U3A SYDNEY STRIDERS**(35)..... 172EX05

A variety of walks of Sydney and surrounds ranging from easy to medium grade bush, track and street walks, going to beautiful and interesting places with good company. We welcome members from all U3A regions to come and join us. Various locations and times as per program.

Alt Wednesdays from 5 July 8:30 - 3:00 (variable times)

Leader: Penny Howarth 9543 6881; 0411 180 050

pennyhowarth@bigpond.com

Bookings: Rosanne Burkhart 0413 128 967

rosanneburkhart@me.com

LUNCH A LOT WITH STYLE**(25)..... 172EX06

Share good food and conversation with others who enjoy eating out. We visit inexpensive restaurants which are chosen by group members so we can experience a variety of cuisines. All venues will be close to public transport. Members pay for their own meals and corkage, the laughter is free.

First Thursday of each month from 6 July 12 noon

Leader and bookings: Anna Winter 9553 0445

0449 673 144 (enquiries only); annau3a@gmail.com

(preferred)

HARVESTING IN THE SUBURBS AND SURROUNDS 172EX07

Monthly visits to community vegetable gardens in Sydney suburbs or surrounds. Gardens within walking distance of public transport. Bring lunch and a gold coin for garden entry. Members will be advised monthly of day, date and meeting place. Days may vary depending on garden opening time.

Date of first class to be advised.

Leader and bookings:

Joan Collins 9521 3269 (enquiries only)

joancollinsau@gmail.com (preferred)

Assistant Leader: Robyn Kemp 9520 4740 (enquiries only).

robynbillk@yahoo.com.au (preferred).

PRIVATE HOMES

BOOK BANTER (GyMEA)(12)** 172EH01

A wide variety of books are chosen by the members of the group and one book is discussed each month.

First Friday of each month from 4 Aug 1:30 - 3:00

Leader and bookings: Vicki Hann 0419 482 254

vickihann@hotmail.com

MUSIC TO WARM YOUR HEART (Lilli Pilli)(12)** 172EH02

We would love you to join us in a relaxing afternoon of beautiful classical music, followed by a scrumptious home-made continental afternoon tea.

First Monday of each month from 3 July 1:30 - 3:30

Joint Leaders: Dorothy Singleton and Krista Blinco

Bookings: Krista Blinco 9540 3098

HEALTHY RELAXATION MEDITATION (Kogarah)(12)** 172EH03

Healthy life, relaxation through meditation. Learn to sit in the stillness and find your inner place to unfold your blueprint for life 'know thyself'.

First and third Tuesday of each month from 18 July 2:00 - 4:00

Leader and bookings: Anna Winter 9553 0445

0449 673 144 (phone enquiries only)

annau3a@gmail.com (preferred)

PHOTOBOOKS FOR ABSOLUTE BEGINNERS (GyMEA)(6)** 172EH04

Have you wanted to make a photobook but just needed a nudge to get started? We use a freely available computer program to choose the book type, covers, theme, layouts and text. Class is very basic, for true 'photobook beginners'! Knowledge of basic computer skills assumed. (1km flat walk from GyMEA Station)

Friday 21 July 10:00 - 12:00

(the date for an optional follow-up session will be decided with participants on the day)

Leader and bookings: Jill McLelland 9524 6506

jillU3A@outlook.com

INTERESTING ISSUES AROUND SCIENCE (GyMEA)(30)** 172EH05

(1 km flat walk from GyMEA Station)

Three Thursdays 10:00 - 12:00

Leader for all sessions: Gordon McLelland

Bookings for all sessions: Jill McLelland 9524 6506

jillU3A@outlook.com

1: MRI: The People, the Science and the Beautiful Pictures

We will look at the history of MRI technology, glimpse its principles of operation, and consider safety issues. Michael is a physicist with a longstanding interest in medical imaging.

Thursday 6 July

Speaker: Michael Braun

2: Ticks: Tall Tales and True

Learn about the biology, effects on humans (including Mammalian Meat Allergy), tick management and avoidance, and removal of attached ticks. Stephen is Director of the Department of Medical Entomology at Westmead Hospital.

Thursday 20 July

Speaker: Stephen Doggett

3: Joseph Banks: his Australian Legacy

Native plant enthusiast Dr Rhonda Daniels will explain Joseph Banks' travels and collections in Australia, his botanical legacy (including the Australian Banksia genus), and the Joseph Banks Native Plants Reserve at Kareela.

Thursday 10 August

Speaker: Rhonda Daniels

GREATER WESTERN

Regional Course Co-ordinator: Sue Brennan 9624 4270 | 0417 288 927
Email: suebrennan88@gmail.com

GREATER WESTERN REGION OF SYDNEY U3A

Notice is hereby given that the

Annual General Meeting and Election of Office Bearers

will be held on

Friday 1 December 2pm

at

University of New England Future Campus

At Lecture Room, Level 1, 232 Church Street, Parramatta
(opposite partner campus site, 211 Church Street)

Entertainment and afternoon tea will follow, giving members the opportunity to socialise.
Please bring a plate. All office bearers' positions are open for election.

Members are requested to seriously consider standing for committee to ensure the future success of our region within this great organisation that offers us all so much in our Third Age.

Information and nomination forms may be obtained and returned to

Secretary: Ann Orel 9638 2547; annorel@hotmail.com
by **Friday 17 November.**

All Sydney U3A members are welcome to attend

THE HAWKESBURY PADDLEWHEELER LUNCH CRUISE**(40)

Tuesday 19th September 9am - 5pm

Meet at Fitzwilliam Street, Parramatta at 8:45am for a 9am departure

Booking essential: Bev Cockburn 9635 7802

Cost: \$70 based on 40 participants and payable by Friday, 1st September

Today we travel through Windsor to Richmond for morning tea, taking a look at the Penrith Lake Scheme as we travel along Castlereagh Road, through Agnes Banks, with commentary by our experienced Coach Captain.

Arriving back at Windsor at 12 noon, we will be welcomed aboard the Paddlewheeler for lunch consisting of chicken, sausages and salad, dessert, tea and coffee. As we cruise along the Hawkesbury River, with the paddle wheels churning, interesting and historic facts of the area will be explained. After a wonderful cruise, we will arrive back at Windsor at 2pm.

In the afternoon, we will be visiting the Lindt Chocolate Outlet at Marsden Park before returning to Parramatta between 4.30pm and 5pm.

PARRAMATTA

Level 2, 1-3 Fitzwilliam Street - adjacent to rail station, enter through 'RAFFLES' door, left of library entrance
Lift / wheelchair accessible.

MANDARIN 172GF01

This continuing course is intended for the Third Age people who want to learn Mandarin by means of learning Chinese characters and sentences using alphabetic transliteration. Your class level will determine alternate Monday session access.

Each Monday from 17 July 10:00 - 12:00

Leader and bookings: Ying Mei Zhang 9635 8798
or Nicole Liu 9311 2480

MANDARIN PIES (Practice in Everyday Speaking Chinese) 172GF02

These sessions are intended for learners of Mandarin who want to practice and improve their listening and speaking skills. Depending on skill level, activities range from basic

everyday conversation with emphasis on pronunciation and sentence structure, to role plays and discussions facilitated by native Mandarin speakers.

Each Friday from 21 July 1:00 - 3:00

Leader and bookings: Stanley Yan 9980 7289
stanyan100@hotmail.com

BOOK OF THE MONTH**(20) 172GF03

Discussion group. New members most welcome. Share the experience, expand your understanding and enjoy the process.

Every fourth Monday from 24 July 10:00 - 12:00

Leader and bookings: Isabel Halton 9872 4467

THRILLERS AND MYSTERIES 172GF04

A monthly book-reading group for those who read for entertainment and love 'whodunits'. We each take turns in selecting two authors for the following month.

Every fourth Monday from 17 July 1:00 - 3:00

Leader and bookings: Dorothy Johnson 9621 2389 (after 5 pm)

STORYTELLERS PARRAMATTA 172GF05

'Letting Thoughts Fly' is our motto. Come and join our lively, friendly group and write your family anecdotes, poems and tales both serious and frivolous. An optional topic is suggested for reading at the following session; however, personal themes are always welcome.

Alt Tuesdays from 4 July 10:00 - 12:00

Leader and bookings: Helen Reardon 9631 7241
helsjr@bigpond.com

GROWING YOUR FAMILY TREE 172GF06

Interested in your family history? Join a friendly, helpful group all engaged in digging up their ancestors.

Alt Tuesdays from 11 July 1:00 - 3:00

Leader and bookings: John Venables 9484 0526
john_venables@yahoo.com

SPANISH CONVERSATION**(15) 172GF07

Would you like to speak, read and write basic Spanish? If so, this is the course for you. Learn to connect with Spanish speakers and discover a beautiful language. We will learn to greet, make requests and converse in Spanish in the Latin way.

Alt Tuesdays from 4 July 1:00 - 3:00

Leader: Isabel Doyle
Bookings: Sue Brennan 9624 4270; 0417 288 927
suebrennan88@gmail.com (preferred)

SINGLE SESSION TUESDAYS**(20) 172GF08

A series of separate presentations on subjects of general interest.

All talks are from 10:00 - 12:00

Bookings: Sue Brennan 9624 4270; 0417 288 927
suebrennan88@gmail.com (preferred)

1. The Roman Empire – Crisis and Transformation

We look at the way in which the third-century Roman Empire was, in the space of 100 years, rescued from imminent dissolution by the great emperors Diocletian and Constantine.

Tuesday 11 July

Speaker: Tony McCurdy

2. Chartres – The Perfect Cathedral

We take an in-depth tour covering all features of the most complete French Gothic cathedral. Ideal for those who want to refresh their memories and for those who would like to be prepared for their first visit.

Tuesday 25 July

Speaker: Tony McCurdy

3. William Dawes: Exploring Aboriginal Language

Dawes' pioneering work in both language and map-making in the early years of the NSW colony were fraught with the difficulty of misunderstanding, both for the settlers and the indigenous people.

Tuesday 8 Aug

Speaker: Ross Bell

4. Women of Wealth, Power and Intelligence in Roman Asia Minor

An interactive journey looking at the lives and lifestyles of the wealthy, fashionable women of the 323 - 31 BCE in the Roman Empire, notably Cleopatra VII and Plancia Magna of Persia

Tuesday 22 Aug

Speaker: Lyn Kidson

5. Silver Hallmarks

You'll be aware of silver hallmarks, now you can discover their history and origin. Bring items for identification. (Note: Valuations can't be given.)

Tuesday 5 Sept

Speaker: Colin Beacroft

6. The History of Royal Albert Hall

'Not just a pretty picture'. Come and learn about the amazing history of this much-loved, well-known and much used London landmark.

Tuesday 3 Oct

Speaker: Rosemary McCulloch

7. Shakespeare's Women

Were the women in Shakespeare's plays heroines or the causes of the downfall of the men? Come and hear about Cleopatra, Cordelia and other women characters. Make your own decisions.

Tuesday 17 Oct

Speaker: Anne Richardson

8. The Bayeux Tapestry

The Norman Conquest is recorded in the Bayeux Tapestry. It is often regarded as 'the world's oldest comic book'. Is it propaganda or a unique record of history, secular or sacred art?

Tuesday 31 Oct

Speaker: Dorothy Mc Donald

9. 'From Flops to Tops'

Films, books, operas, music, inventions and ideas did not always have an easy road to success or acceptance. Conversely, much that was popular in its heyday has sunk into oblivion. A wide-ranging presentation in words, images and music.

Tuesdays 14 and 28 Nov

Speakers: Nora Hinchin and John Flint

OUR WORDS 172GF09

Interested in the origin of language? Words and sayings can be fun. Join us and enjoy them. Bring a word and we'll use it in an 'on-the-spot' writing task. Hone your writing skills with a friendly, like-minded group and let your talent emerge.

Alt Wednesdays from 5 July 1:00 - 3:00

Leaders and bookings: Ann Orel 9638 2547
annorel@hotmail.com
Rachelle Rassaby 9797 2287; rrassaby@gmail.com

MARCHING OFF TO WAR 172GF10

Three boys from the Southern Tablelands marched off to WWI for King and Empire. They all died on the battlefield. Their beginnings and ends frame the story.

Wednesday 12 July 1:30 - 3:30

Speaker: Garry Smith
Bookings: Sue Brennan 9624 4270; 0417 288 927
suebrennan88@gmail.com (preferred)

'LEST WE FORGET' - WWI POETRY 172GF11

While many fighting men in the trenches and air battles of WWI wrote poetry, it was the women at home that wrote the most powerful verse.

Wednesday 26 July 1:30 - 3:30

Speaker: Garry Smith
Bookings: Sue Brennan 9624 4270; 0417 288 927
suebrennan88@gmail.com (preferred)

ANCIENT CULTURES 172GF12

(4 sessions)

Leader: Himanshu Jhala
Bookings: Sue Brennan 9624 4270; 0417 288 927
suebrennan88@gmail.com (preferred)

1. The Origin, Development and Spread of Hinduism, Buddhism and Sikhism

Religion influences our lives. A broad understanding of different religions helps us understand our society. The East gave rise to many religions. Two of the oldest are Hinduism and Buddhism.

Wednesday 9 Aug 1:00 - 3:00

2. The Other Eastern Faiths and Traditions

Islam and Zoroastrianism are monotheistic religions. We trace their origins, development and spread. Eastern faiths and traditions of Sikhism, Confucianism, Taoism and Shinto are also significant.

Wednesday 23 Aug 1:00 - 3:00

3. The Rise and Decline of the British Empire, and Its Legacies

For over three centuries, Great Britain developed and ruled over up to a quarter of the world's population. We trace its origin, spread, decline and its legacies.

Wednesday 6 Sept 1:00 - 3:00

4. Mass Movement of the Subjugated Communities

Over the history of civilisations, there have been significant involuntary mass movements such as the African slave trade, the Jews and the Armenians fleeing persecution, and the Indian indentured labourers.

Wednesday 20 Sept 1:00 - 3:00

SIR SIDNEY KIDMAN – CATTLE KING 172GF13

Sidney Kidman rose from desperate poverty to become the largest landowner in Australia. In 1921 he was knighted for his services to the war effort.

Wednesday 4 Oct 1:30 - 3:30

Speaker: Barbara Boston

Bookings: Sue Brennan 9624 4270; 0417 288 927
suebrennan88@gmail.com (preferred)

MAY GIBBS – HER LIFE AND WORKS 172GF14

Iconic Australian May Gibbs is best known for her book *Snugglypot and Cuddlepipie*. However, this forms only part of her diverse output. These sessions will describe how, from her birth in England to her death in Sydney 92 years later, she left her distinctive mark in a wide range of fields.

Wednesdays 18 Oct, 1 Nov, 15 Nov 1:00 - 3:00

Leader: Stewart Reed

Bookings: Sue Brennan 9624 4270; 0417 288 927
suebrennan88@gmail.com (preferred)

CALLIGRAPHY**(18) 172GF15

Learn 'beautiful writing' and discover the artist within. No experience or talent necessary.

Alt Thursdays from 13 July 1:00 - 3:00

Leader and bookings: Georgie Tuck 9626 1334
georginatuck93@gmail.com

PEOPLE WHO CHANGED THE WORLD 172GF16

We look closely at the lives of personalities who had a significant influence on humanity's social and economic development. Our focus is psychological. We consider the environment they grew up in, their family relationships, what they did that may have changed their world and how that may have affected our own lives.

Alt Thursdays from 17 Aug 2:00 - 4:00

Leader: Barry Hanlon

Bookings: Rex Broadbent 0433 000 556
rexpatoptusnet.com.au (preferred)

1. Indira Ghandi

Indian politician and prime minister.

Thursday 17 Aug

2. Malcolm McLean

Trucking and shipping entrepreneur.

Thursday 31 Aug

3. Andreas Vesalius

Founder of anatomy and modern medicine.

Thursday 14 Sept

4. Elizabeth Tudor

Made England great.

Thursday 28 Sept

5. Michael Faraday

Physicist and chemist.

Thursday 12 Oct

6. Boudica, Queen of the Iceni

Gave the Romans a hard time.

Thursday 26 Oct

7. Galileo Galilei

Astronomer and scientist.

Thursday 9 Nov

8. Siddhartha Gautama

Nepalese philosopher and teacher.

Thursday 23 Nov

PARRAMATTA: HARRY TODD BAND HALL

Jubilee Lane, Parramatta (approach from Jubilee Park on Parkes Street)

THE NORMAN CONQUEST 172GT01 OF ENGLAND**(50)

We will discuss all aspects of William the Conqueror's invasion including the events that led up to it and what happened afterwards. Discussion will continue on the Norman dynasty, the Bayeux Tapestry and the Doomsday Book.

Alt Fridays from 7 July 10:00 - 12:00

Bookings: Sue Brennan; 0417 288 927
suebrennan88@gmail.com

A LIVELY DISCUSSION GROUP 172GT02

Have your say. I may not agree with what you say but I will defend your right to say it.

Alt Fridays from 14 July 10:00 - 12:00

Leader: Bob Russell

Bookings: Dorothy Johnson 9621 2389 (after 5 pm)

GUILDFORD: HEWITT HOUSE

Corner of Guildford and Byron Roads.

WRITING CREATIVELY 172GG01

Learn the skills of transforming experiences into prose and poetry and share the results in a friendly supportive environment.

Alt Wednesdays from 12 July 1:30 - 3:30

Leader and bookings: Lorna Clayton 8861 5736

BLACKTOWN: WESTPOINT

Community Room, Fourth Floor, up Alpha Street ramp. Four hours parking available with Seniors Card. **Wheelchair accessible.**

TAI CHI 172GW01

Tai Chi has been said to relieve stress, arthritis and blood pressure, assist in the mobility of mind and body and aid blood circulation and muscle toning. Beginners and advanced welcome.

Each Tuesday from 4 July 1:30 - 2:30

Leader and bookings: Vicky Fitzgibbon 9622 5638
0427 240 583; vickyfitzgibbon47@gmail.com

POETRY AND PROSE FOR 172GW02 EVERYONE**(15)

Bring your poems or prose to read, or just relax and listen to the reading of established authors, or members' own work.

Alt Thursdays from 6 July 10:00 - 12:00

Leader and bookings: Margaret Bacon 9622 7874
margaretbacon8@gmail.com

PIONEERS OF COLONIAL AUSTRALIA 172GW03

We will discuss the roles the Pioneers played in opening up and establishing Australia. Major pioneers will be discussed including James Kelly, Caroline Chisholm, Francis Greenway, Mary Reiby and many more.

Alt Thursdays from 13 July 10:00 - 12:00

Bookings: Sue Brennan; 0417 288 927
suebrennan88@gmail.com

TOPICAL CHAT**(12) 172GW04

Bring along your ideas for light-hearted discussions with fellow members.

Alt Fridays from 14 July 10:00 - 12:00

Leader and bookings: Norma Fergusson 9622 8580
normajferg@gmail.com

FUN AND GAMES 172GW05

A light-hearted course to stretch your mind by playing Scrabble, rummikub, canasta, and other games in a friendly atmosphere.

Alt Fridays from 7 July 10:00 - 1:00

Leader and bookings: June Keith 9621 1215
junekeith@optusnet.com.au

BLACKTOWN CITY LIBRARY

Study Room (or other), Level 1, corner of Alpha Street and Flushcombe Road. **Wheelchair accessible.**

FAMILY TREE MYSTERIES SOLVED**(10) 172GL01

This is a support group for those addicted to researching their family history. Members range from beginners to those with over thirty years' experience in genealogy. Come and join our friendly and helpful group whose members assist each other to solve their genealogy problems.

Alt Tuesdays from 11 July 10:30 - 12:30

Leader: Marie Donaldson 9621 3375
Bookings: Linley Bartlett 9624 3939; linleyb@hotmail.com

TOONGABBIE: ST ANTHONY'S CHURCH HALL

Aurelia Street. Close to rail station and bus stop for 705 and 711, both Blacktown-Toongabbie-Parramatta and return services. Some parking available.

CANASTA AND MAH JONG 172GS01 (WESTERN STYLE)

Learn canasta and mah jong (Western style). Practice, refresh and polish up your skills for both these social games with a friendly group.

Each Monday from 3 July 1:00 - 3:30

(No session public holiday 2 Oct)
Leader and bookings: Jon Hendrikse 0411 472 633
jhendrikse39@hotmail.com

GENTLE EXERCISE AND 172GS02 DEEP RELAXATION**(20)

This course aims to promote a depth of consciousness below the stressful surface. Discover the joy of deep relaxation and the health benefits of some very easy stretching. Please bring your own exercise mat and pillow.

Each Tuesday from 11 July 1:00 - 3:00

Leader and bookings: Warwick Pitt 9727 8415
warwickpitt@hotmail.com

LINE DANCING 172GS03

Come along as a beginner and learn line dancing or further your skills with this enjoyable, healthy activity to country or modern music.

Each Wednesday from 5 July 1:00 - 3:00

Leader and bookings: Vicky Fitzgibbon 9622 5638
0427 240 583 vickyfitzgibbon47@gmail.com

PRIVATE HOMES

DESK-TOP FLYING FOR 172GH01 SENIORS (Carlingford)**(12)

Any frustrated aviators can learn to fly/navigate/enjoy scenery from some of 22,000 airports around the world using a stable of 50 aircraft (Wright Brothers to a 747). Projected onto a 6' x 4' screen. No flying experience necessary. Venue close to Carlingford railway station and Parramatta/Epping bus route.

Alt Tuesdays from 11 July 1:30 - 3:30

Leader and bookings: Keith Manwaring 9872 2907
snrpilot18@gmail.com

BRIDGE FOR ADVANCED PLAYERS 172GH02 (North Parramatta)**(8)

Bridge for advanced players in a non-competitive atmosphere.

Alt Wednesdays from 12 July 10:00 - 12:00

Leader and bookings: Liz Sobolewski 9630 7592

LET'S TALK ABOUT IT 172GH03 (Merrylands West)**(10)

Informal discussion about the activities and personalities of yesterday and today's prominent people, including royalty, outstanding contributors to the world scene and people in the news for whatever reason.

Alt Wednesdays from 5 July 10:00 - 12:00

Leader and bookings: Bev Cockburn 9635 7802
bevco4@bigpond.com (preferred)

ANYONE FOR MURDER? 172GH04 (Merrylands West)**(10)

Participants will be offered a selection of DVDs and videos of murder mysteries featuring well-known fictional sleuths such as Frost, Morse, Colombo, Barnaby, Miss Marple, Hercule Poirot and Inspector Lynley. Episodes of *Endeavour*, *Lewis* and *Vera* may also be added to our adventures!

Alt Wednesdays from 12 July 10:00 - 12:30

Leader and bookings: Bev Cockburn 9635 7802
bevco4@bigpond.com (preferred)

MUSIC AND SONG (Carlingford)**(8) 172GH05

Learn theory and terminology of music, voice production and breathing methods. Bring along a short life story of your most admired composer and sing your favourite song.

Fourth Wednesday of each month from 26 July 1:00 - 3:00

Leader and bookings: Suzanne Su 9872 1230

EXPLORING THE PAST 172GH06 (Merrylands West)**(10)

Video clips and discussion about various famous people and events of historic importance.

Alt Thursdays from 6 July 10:00 - 12:00

Leader and bookings: Bev Cockburn 9635 7802
bevco4@bigpond.com (preferred)

MUSIC AND OTHER JOYFUL 172GH07 NOISES (Oatlands)**(10)

Class members are invited to bring their own choice of music (tapes, CDs) and perhaps talk about the reason for their choice, be it personal or about the composition or musician. Any kind of music is welcome, including musical jokes.

Last Friday of each month from 28 July 10:00 - 12:00

Leader and bookings: June Kendrick 9638 1752

HARBOURSIDE NORTH

Regional Course Co-ordinator: Kathy Vern-Barnett 0414 694 925
Email: kvern@optusnet.com.au

Enquiries only

HARBOURSIDE NORTH REGION OF SYDNEY U3A

Notice is hereby given that the

Annual General Meeting and Election of Office Bearers

will be held on

Friday 8 December 2017 commencing at 12 noon

followed by our

Annual Celebration Lunch

at

Mosman Club

719 Military Road, Mosman

Guest Speaker to be advised

For booking enquiries and nomination forms, please phone:
Marje Ashworth 0405 446 029 **after** 23 Oct (9 am to 5 pm on weekdays).
Further enquiries: Jan Bartholomew jan.bartholomew@gmail.com

Please write this date into your diary now!

2018 - Welcome the New Year with Harbourside North U3A

Mosman Square Seniors Centre

WHIST DRIVES

Wednesdays 24 and 31 January 2018

Coffee and cakes at 10am start playing at 10:30am (no charge!)

New and potential members welcome.
Come and join us, and meet new and old friends in a casual and friendly atmosphere.

Bookings: Lesley Duffill 9969 9546; leslie.duffill@bigpond.com

The Harbourside North Region Committee

invites you to

MORNING TEA AND CAKES

at

The Art Gallery Mosman

Monday 5th February 2018 at 10:30 am

An introductory morning to the University of the Third Age
for members and friends and new and potential members.
Come and share your ideas, suggestions, and experiences of life in U3A!
See and hear what U3A has in store for you in 2018.

For information contact Lesley Duffill leslie.duffill@bigpond.com

CHATSWOOD: DOUGHERTY COMMUNITY CENTRE

7 Victor Street. Three-hour free parking at Westfield car park opposite. A short walk from Chatswood bus and train interchange. **Wheelchair accessible.**

Venue coordinator: Kathy Vern-Barnett 0414 694 925; kvernb@optusnet.com.au

Booking for all sessions is essential

THE PACIFIC ASCENDANCY 172HD01

We examine the phenomenon of the Trans-Pacific nations and their ascendancies to the epicentre of global economic and geopolitical activity in the 21st century. The impact this will have on the Atlantic economies will also be discussed. (8 sessions)

Alt Tuesdays from 11 July 10:30 - 12:30

Leader: Ian De Mellow

Bookings: Jill Tukian 9527 7730; tukian47@tpg.com.au (preferred)

MONGOLIA: LAND OF BLUE SKY 172HD02

Everyone has heard of Genghis Khan and the Mongol Empire. Not many know the Mongolian history from Bronze Age settlements to today's modern mining industry, or that Mongolia is a recognised major centre of Buddhist culture. The long sweep of history in this fascinating part of the world will be explained. (3 sessions)

Each Wednesday from 12 July 10:30 - 12:30

Leader: Peter Sloane

Bookings: Lynette Brady 9958 3577
bradybridge@gmail.com (preferred)

INTERMEDIATE TO ADVANCED RECORDER 172HD03

Treble, tenor, bass and descant players welcome. Basic sight-reading is essential. The emphasis is on playing musically. (11 sessions)

Alt Mondays from 17 July 10:30 - 12:30

Leader and bookings: Katie Lucy-Smith 8416 3266

THE PLAY'S THE THING 172HD04

Many people enjoy an evening in the theatre. It has appealed to widely differing audiences since its beginnings two and a half thousand years ago in Ancient Greece. We will trace the development of the play with the aid of recorded performances, ending with an overview of contemporary theatre. (8 sessions)

Alt Thursdays from 13 July 10:30 - 12:30

Leader: Keith Potten

Bookings: Jan Yeoman 9411 3457; janyeoman@bigpond.com (preferred)

DISCUSSION GROUP**(12) 172HD05

We are a small and friendly group who discuss both local and overseas events. We value all opinions and do not take ourselves too seriously. (11 sessions)

Alt Thursdays from 13 July 10:30 - 12:30

Leader: Alison Hynes

Bookings: John Yates 0437 394 225
johnyates80@hotmail.com (preferred)

DISCUSSION GROUP 172HD06

Would you like to hear some interesting opinions? Do you want to air some of your own? This is a varied group who consider some of the issues of life and living that contribute to our modern existence. (11 sessions)

Alt Thursdays from 20 July 10:00 - 12:00

Leader and bookings: Margaret Thomason 9488 8960

PROPRIOCEPTION 172HD07

About six million years ago, a humanoid walked on two legs for the very first time. This presentation explains how the art of standing and staying upright was refined.

Monday 24 July 10:30 - 12:30

Speaker: Punchi Dassanayake

Bookings: Janet Bayley 9411 1847; janet_b27@hotmail.com (preferred)

BEGINNERS' RECORDER 172HD08

Learn descant, treble or tenor recorder. Music will be supplied at a small fee. You will need to bring your own recorder and music stand. Learn to read music and play beautifully. (11 sessions)

Alt Wednesdays from 26 July 10:30 - 12:30

Leader and bookings: Katie Lucy-Smith 8416 3266

THE HIDDEN FACE OF FAMILY 172HD09

VIOLENCE: TACKLING ELDER ABUSE

Elder abuse is a largely hidden problem. We look at different types of abuse, obstacles to getting legal help and how legal and health services are partnering to address the issues.

Wednesday 2 Aug 10:00 - 12:00

Speakers: Siobhan Ryan and Yvonne Lipianin

Bookings: Rosemarie Einstein 0412 043 377
einstein@starmar.net.au (preferred)

AUSTRALIA'S HIDDEN HISTORY 172HD10

Acknowledging the truth of Australian history empowers us all to create a better future, so that one day we can all walk together as Australians with dignity upon this ancient land.

Friday 4 Aug 1:30 - 3:30

Speaker: Kerrie McKenzie

Bookings: Kathy Vern-Barnett 0414 694 925
kvernb@optusnet.com.au (preferred)

SENIOR SAFETY AND THE NEXT-OF-KIN PROGRAM 172HD11

A Crime Prevention officer will provide information about personal and home safety tailored for seniors with the aim of making participants feel safer within the community and in their homes.

Thursday 10 Aug 1:30 - 3:30

Speaker: Michael Alexander

Bookings: Rosemarie Einstein 0412 043 377
einstein@starmar.net.au (preferred)

THE EVOLUTION OF CRIME WRITING 172HD12

Is Sleeping Beauty a crime story? Why are we fascinated by the crime genre and how has it evolved to reach its current peak?

Monday 14 Aug 10:30 - 12:30

Speaker: Kathy Bradley

Bookings: Marilyn Hunnisett 9925 0469
mhunnisett@bigpond.com (preferred)

TWO SEPARATE STORIES 172HD13

1. One man's search for an anti-venom against the Sydney funnelweb spider.
2. A light-hearted look at some of our best and known ghosts and strange phenomena.

Friday 25 Aug 10:30 - 12:30

Speaker: Graham Sims

Bookings: Kathy Vern-Barnett 0414 694 925

kvernb@optusnet.com.

ELIZABETH I: THE REALITY OF HER SUCCESS 172HD14

History tells us that Elizabeth I made a great impact on people and events during her reign. Let us investigate her rule, her life and the times and see how successful she really was.

Monday 28 Aug 10:30 - 12:30

Speaker: Anne Richardson

Bookings: Max Richardson 0414 367 467

annesil@hotmail.com (preferred)

JAMES I: 'THE WISEST FOOL IN CHRISTENDOM' 172HD15

Was it because he ruled after Elizabeth I that he was given this title? We will hear about his achievements, challenges and failures so we can determine whether he deserved this title or not.

Monday 4 Sept 10:30 - 12:30

Speaker: Anne Richardson

Bookings: Max Richardson 0414 367 467

annesil@hotmail.com (preferred)

LISTENING TO PRISONERS 172HD16

Our speaker is an official visitor who has listened to the concerns of thousands of inmates, and also spoken to the correctional officers who have the difficult task of incarcerating prisoners while at the same time preparing them for life outside.

Wednesday 13 Sept 10:30 - 12:30

Speaker: Fergus Hynes

Bookings: Marilyn Hunnisett 9925 0469

mhunnisett@bigpond.com (preferred)

CRIME, PUNISHMENT AND CIVIL DISPUTES IN COLONIAL NSW 172HD17

These lectures, given by a QC, consider the legacy of the British Justice System brought with the First Fleet. The establishment and development of both the Criminal and Civil Justice systems in early NSW, and convict treatment and punishment are also examined. (5 sessions)

Each Monday from 9 Oct 10:30 - 12:30

Leader: Malcolm Robertson

Bookings: Annemarie Moore 0421 716 232

mooreannemarie@hotmail.com (preferred)

WINDOWSILL GARDENING WITH MICROGREENS 172HD18

If you have limited space, limited mobility or just limited patience, then come along and learn how easy it is to grow microgreens in small containers.

Wednesday 11 Oct 10:30 - 12:30

Speaker: Jenny Beer

Bookings: Ronda Broadbridge 9417 1943 after Aug 4;

rbroadbr@tpg.com.au (preferred)

DECISION-MAKING PROCESSES IN OUR LIVES 172HD21

This session explores common decisions facing older individuals, basic steps to good decision-making, age differences in decision-making behaviour and ways to stay an adapted decision-maker.

Tuesday 24 Oct 1:30 - 3:30

Speaker: Jane Cioffi

Bookings: Robin Butlin 9144 1847; mrbgt41@gmail.com

(preferred)

MARIE CURIE 172HD22

Marie Curie belonged to a unique family which had five Nobel laureates. Born in Poland, she travelled to Paris in a fourth-class compartment, performed extraordinary research, and discovered radium.

Wednesday 1 Nov 10:30 - 12:30

Speaker: Sidney Srinivas

Bookings: Barbara Ellis 9416 3971; bellis58@bigpond.com

(preferred)

OBERAMMERGAU: THE PASSION PLAY IN 2020 172HD23

Hear from an expert about this unique event taking place in Germany. Plus travel tips for seniors!

Monday 13 Nov 10:30 - 12:30

Speaker: Fran Gildon

Bookings: Gaye Griffiths 9417 4037; gaye.griffiths@gmail.com

MUSIC, LEISURE AND PLEASURE IN 18th CENTURY LONDON 172HD24

The Industrial Revolution transformed 18th century London and suddenly the new enriched middle class had time and money to indulge in leisure pursuits. How did they spend their free time?

Tuesday 21 Nov 10:30 - 12:30

Speaker: Nora Hinchin

Bookings: Julie Dixon 9413 3506 (not 25 to 27 July)

MOSMAN ART GALLERY

Corner of Myahgah Road and Art Gallery Way (opposite Alan Border Oval). Three-hour parking lower level of Bridgepoint Shopping Centre, Spit Junction. Short walk from buses and Spit Road and Military Road intersection.

Wheelchair accessible.

Venue coordinator: Eve Klein 9969 7994 (enquiries only)

MONDAYS IN MOSMAN 172HA01

All courses are from 10:30 to 12:30

No Bookings Required.

Enquiries Eve Klein 9969 7994; cyeve@tpg.com.au

1. Mauritius

Exploring the history, landscape and cultures of this Dutch, French and then English colony. Once Matthew Flinders' prison, it's now a holiday destination.

Monday 3 July

Speaker: Margaret Szalay

2. Broken Hill and the Corner Country

Exploring BHP's original mining town and the surrounding regions of western NSW.

Monday 10 July

Speaker: Margaret Szalay

3. Medical Entomology

A study of insects that invade the human body such as mosquitoes, head lice and dust mites.

Monday 17 July

Speaker: Ian Thompson

4. How our Lives Reflect our Decisions

A professional exploration of the common decisions that face individuals and the basic steps of remaining a capable decision-maker.

Monday 24 July

Speaker: Jane Cioffi

5. Intellectual Property

A look at patents, trade marks and design registrations and how they are applied.

Monday 31 July

Speaker: Ian Thompson

6. The Golden Age of the Wireless; The True Story of the Bunyip.

Our popular raconteur offers two entertaining accounts, firstly his personal memories of the golden years of radio in Australia, and secondly his research into the origins of the fabled Australian bunyip.

Monday 7 Aug

Speaker: Graham Sim

7. The Big Picture of How the Earth Functions

A researched account of the evolution of life, the processes of birth, life, death and decay, and the impact on the sources of energy involved in the living world.

Monday 14 Aug

Speaker: David Marsh

8. Carers Awareness

The representative from Carers NSW defines for us the many areas of self-care and being a carer; we also explore the emotional care so necessary for our wellbeing.

Monday 21 Aug

Speaker: Felicity Rogers

9. 13th Century Languedoc, the Cathars, the Albigensians, the Crusaders in 1208

Part 1 explains the region, religion, principal players and reasons for Rome initiating the Crusades in 1208; part 2 concentrates on the years 1209-1244 and explains the weaponry, formation and effects of the Inquisition in Toulouse and the future legacy.

Mondays 28 Aug and 4 Sept

Speaker: Chris Serrano

Please note there will be no sessions on 11 and 18 Sept due to the judging of the 2017 Mosman Art Gallery Prize.

10. The 2017 Mosman Art Gallery Prize

The entry by the prize-winner is offered for exhibition and we are given a talk and guided tour of the exhibition.

Monday 25 Sept

Speakers: Art Gallery Guides

11. The Story of Cotton

Scientists found cotton balls and cloth that are at least 7000 years old in Mexican caves. Today's cotton industry in Australia is successful, with a history that began with the First Fleet.

Monday 9 Oct

Speaker: Rosemary McCulloch

12. Changing Landscapes Begin with Changing Ourselves

This talk is about the journey of change from the high-input industrial model of farming dominated by economics to present-time holistic management.

Monday 16 Oct

Speaker: David Marsh

13. The Sydney Adventist Hospital: The Largest Private Hospital in NSW

The curator of the Museum of the San tells of its 114-year history, the story of the fire, its development and ultimately the people involved.

Monday 23 Oct

Speaker: Michael Rigby

14. Have Fun with Family History

A journey into family history research with tips for future genealogists. Our speaker has published seven family histories and offers publishing workshops for U3A members each year.

Monday 30 Oct

Speaker: Margaret Szalay

15. Black Notes, White Notes

The influence on classical music of Afro-American music from slave songs, ragtime and jazz.

Monday 6 Nov

Speaker: Nora Hinchin

16. Samuel Johnson and his Times

Dr Johnson has been described as 'an ordinary extraordinary man' and his lifespan as the Age of Johnson. This course frames his life within the world of the Enlightenment.

Monday 13 Nov

Speaker: John Flint

17. Breaking Rank: The Life and Career of Dirk Bogarde

From British screen actor to TV star, from comedies to serious social and psychological themes, Dirk Bogarde later turned to writing.

Monday 20 Nov

Speaker: Nora Hinchin

18. The World of Words

Grammar, usage, pronunciation, etymology - we all have our prejudices, preferences, antipathies...and ignorance. Come and air these with others. John guarantees to lead a provocative discussion about what's 'correct' and what's 'incorrect'.

Monday 27 Nov

Speaker: John Flint

THE MELODY ROOM AT MOSMAN ART GALLERY

Corner of Myahgah Road and Art Gallery Way (opposite Alan Border Oval). Three-hour parking lower level of Bridgepoint Shopping Centre, Spit Junction. Short walk from buses and Spit Road and Military Road intersection.

Wheelchair accessible.

Venue coordinator: Annika Tufts 9882 3669; aktufts@yahoo.com.au

SIR HUBERT WILKINS: AUSTRALIA'S 172HR01 POLAR EXPLORER (1888-1958)

Aviator, soldier, geographer and photographer. Growing up in the backblocks of South Australia, he learned survival skills from the Aborigines. From 1912 to 1958, he discovered more of the Earth's surface than any other explorer. He photographed the Balkans War, WWI, the Russian famine; toured in the *Graf Zeppelin* and had many more adventures. (3 sessions)

Each Thursday from 13 July 1:30 - 3:30

Leader: Chris Beazley

Bookings: Annika Tufts 9882 3669; aktufts@yahoo.com.au

FRONTIERS OF MEDICAL IMAGING 172HR02

Health professionals have many ways to produce images of the internal structures of the human body, including X-rays, CT, MRI, PET and Ultrasound. These now produce graphic 3D and moving images.

Thursday 3 Aug 1:30 - 3:30

Speaker: Laurie Wilson

Bookings: Margaret Lanigan 9960 3603

mlan4298@bigpond.net.au

DECISIVE BATTLES OF WORLD HISTORY 172HR03

A review of the key battles that have taken place over the last 3000 years and which have decisively changed the course of history, covering the events, outcomes and key individuals involved.

Thursday 10 Aug 1:30 - 3:30

Speaker: Antony McCurdy

Bookings: Margaret Lanigan 9960 3603

mlan4298@bigpond.net.au

MY LIFE IN SUBMARINES 172HR04

A humorous true life story seen through the eyes of a submariner, who gives an insight into the many challenges and near disasters that are commonplace in these vessels.

Thursday 17 Aug 1:30 - 3:30

Speaker: Douglas Edwards

Bookings: Inez Glanger 9960 1495

inez.glanger17@gmail.com

BYZANTIUM 172HR05

The Roman Empire centred in Constantinople survived the fall of Rome for over 1000 years. It had a fascinating mix of history, culture, rules and religious controversies. As guardian of classical knowledge during the Dark Ages of Europe, it was also the bulwark against Islamic invasion for 700 years. (4 sessions)

Each Thursday from 24 Aug 1:30 - 3:30

Leader: Gail Ball

Bookings: Annika Tults 9882 3669; aktults@yahoo.com.au

THE CRIMINAL JUSTICE JOURNEY IN NSW 172HR06

We cover police and court processes that bring a matter into local court, the giving of evidence and reaching a verdict. We look at the District and Supreme Courts, jury trials, judge-alone trials and what happens when an offender is found guilty; finally, the appeals process.

Thursdays 21 and 28 Sept 1:30 - 3:30

Speaker: Val de Rome

Bookings: Margaret Lanigan 9960 3603

mlan4298@bigpond.net.au

ALAN BUCKLEY: THE REAL ACCIDENTAL DIPLOMAT 172HR07

Alan will relate tales and anecdotes from his 35 years as Commercial Counsellor in Irish embassies. Postings included China, India, Saudi Arabia, Dubai, India, Russia and Nigeria.

Thursday 5 Oct 1:30 - 3:30

Speaker: Alan Buckley

Bookings: Inez Glanger 9960 1495

inez.glanger17@gmail.com

ALFRED NOBEL (1833-96) 172HR08

Alfred Nobel, the great engineer and entrepreneur, developed explosives that were employed in the construction of roads and bridges. Great repentance on his part led to the emergence of the Nobel Prize.

Thursday 12 Oct 1:30 - 3:30

Speaker: Sydney Srivas

Bookings: Annika Tults 9882 3669; aktults@yahoo.com.au

ALAN TURING (1912-54) 172HR09

Turing was the man who broke the German Enigma code during the war. His invention led to the emergence of computers. A homosexual, he paid a heavy price: his own life.

Thursday 19 Oct 1:30 - 3:30

Speaker: Sydney Srivas

Bookings: Annika Tults 9882 3669; aktults@yahoo.com.au

UNDERSTANDING CONTROL OF TUMOUR CELL GROWTH IN BONE 172HR10

At the Garvan Institute we research Arthritis, Lupus, Alzheimer's, Osteoporosis, Diabetes and Cancer. Our speaker's research group aims to understand how we can control the growth of metastatic cancers in bone.

Thursday 26 Oct 1:30 - 3:30

Speaker: Michelle McDonald

Bookings: Inez Glanger 9960 1495

inez.glanger17@gmail.com

WHITE COOLIES: WOMEN POWs IN SUMATRA 172HR11

On 12 February 1942, 65 nurses left Singapore on the SS *Vyner-Brooke*. The ship was bombed and sank. We follow the story of the nurses who survived imprisonment by the Japanese.

Thursday 2 Nov 1:30 - 3:30

Speaker: Barbara Boston

Bookings: Inez Glanger 9960 1495; inez.glanger17@gmail.com

ISAAC NEWTON 172HR12

Greatest of mathematicians, a top astronomer, Newton was also an alchemist and a researcher of biblical history.

Thursday 9 Nov 1:30 - 3:30

Speaker: Paul Barclay

Bookings: Annika Tults 9882 3669; aktults@yahoo.com.au

PEOPLE WHO CHANGED THE WORLD: ERNEST RUTHERFORD 172HR13

A New Zealand physicist, Rutherford's research into radioactivity was also the foundation science for the smoke detector which has saved thousands of lives.

Thursday 16 Nov 1:30 - 3:30

Speaker: Barry Hanlon

Bookings: Margaret Lanigan 9960 3603

mlan4298@bigpond.net.au

WW I: SOME PERSONAL EXPLORATIONS AND REFLECTIONS 172HR14

Our speaker's investigation of his father's World War I service led to some interesting discoveries of why Australian soldiers were so successful. He puts this down to leadership and will give a brief account of five noted Australian generals.

Thursdays 23 and 30 Nov 1:30 - 3:30

Speaker: Clive Williams

Bookings: Annika Tults 9882 3669; aktults@yahoo.com.au

DEVELOPING YOUR MEMOIR OR FAMILY STORY 172HR15

How you can make your memoir or family story more acceptable to yourself and more interesting for others. This course is a continuation from Semester 1 and new members are welcome. We use practical exercises and discussion to build and write our story for future generations. (9 sessions)

Alt Tuesdays from 4 July 1:30 - 3:30

Leader and bookings: Faith Gibson 9427 0257; 0401 678 722

faithgibson39@gmail.com (preferred)

For information: Jenny O'Neill

Jennyruddoneill@optusnet.com.au

WORKSHOP: PUBLISHING YOUR BOOK 172HR16

Family or local history, memoir or biography, novel or cookbook: are you ready to publish? This course will concentrate on the following:

Week 1: formatting your manuscript, layout, book size, photos, charts, maps and editing.

Week 2: cover design, registering your book, preparing print specifications, quotes, quantities and marketing.

Tuesdays 7 and 21 Nov 1:30 - 3:30

Leader and bookings: Margaret Szalay 9904 1829

margaret@cremorne1.com

ART: PAINTING AND SKETCHING(12)** 172HR17

Learn how to successfully manipulate colours, line and shape with a friendly group. Painting with acrylics, sketching with charcoal or pencil. All interested members are welcome. A small amount of theory will help develop skills to create both classical and abstract art.

Alt Tuesdays from 11 July 1:30 - 3:30

Leader and bookings: Kulliki Poole 9451 3011; 0414 451 636

MOSMAN SQUARE SENIORS CENTRE

Next to Mosman Council Chambers off Military Road, Spit Junction. 3 hour parking lower level Bridgepoint Shopping Centre. **Wheelchair accessible.**

Venue coordinator: Merv Simmons 9968 4817; 0409 929 971

If unable to contact the bookings person specified below, please contact Venue Coordinator. **Bookings Essential**

VISIT ANTARCTICA - BEFORE IT'S TOO LATE!..... 172HS01

Ever wanted to go to Antarctica before climate change irreversibly impacts the continent? Maybe this will inspire or deter you. Ice, penguins, seals, whales, awesome scenery, history and climate extremes make a visit the most memorable experience on Earth.

Wednesday 12 July 10:00 - 12:00

Speaker: Graham Levido

Bookings: Pamela Simmons 9968 4817 (after 5 pm)

THE BLACK DEATH: THE WORLD'S MOST DEVASTATING PLAGUE..... 172HS02

In the mid-14th century, the medieval world experienced one of the most devastating pandemics to ever strike humankind - the Black Death. We'll explore from multiple angles in order to understand how this pandemic originated, spread, and transformed the medieval world. (4 sessions)

Each Wednesday from 19 July 10:00 - 12:00

Leader: Rosemary McCulloch

Bookings: Pamela Simmons 9968 4817 (after 5 pm)

HISTORY OF MORAL THOUGHT..... 172HS03

From Homer's Greece to John Stuart Mill's England, from Confucius to the French Declaration of Human Rights, social needs and political desires have shaped moral thinking and therefore global history. In these four sessions, we will recall the stories of selected philosophers and perhaps question some of our cherished beliefs. (4 sessions)

Each Wednesday from 16 Aug 10:00 - 12:00

Leader: Peter Nixon

Bookings: Norma Kidner 8094 9292 (after 5 pm)

SPECIFIC EXERCISE FOR SPECIFIC HEALTH CONDITIONS..... 172HS04

Exercise is not a 'one size fits all' game. The right types, intensities and frequency of exercise are important when taking into account a person's health status.

Wednesday 13 Sept 10:00 - 12:00

Speaker: Brendan Cummins

Bookings: Kathy Bradley 9901 4564 (after 5 pm); dkbradley@bigpond.com

THE EVOLUTION OF CRIME WRITING..... 172HS05

'Truth will come to light, murder cannot be hid long'. The greatest writer in the English language used crime to create great stories. We look at the evolution of the genre.

Wednesday 20 Sept 10:00 - 12:00

Speaker: Kathy Bradley

Bookings: Pamela Simmons 9968 4817 (after 5pm)

THE EUROPEAN DISCOVERY OF INDIA..... 172HS06

Portuguese sailors set about exploring and conquering the world, and their discovery of India transformed history. Who discovered it first? When and why was it discovered? What happened as a result?

Wednesday 27 Sept 10:00 - 12:00

Speaker: Paul Wait

Bookings: Phyllis Clout 9969 6846

THE FIRST FLEET TO BOTANY BAY 1787-90..... 172HS07

These lectures cover the planning and preparation for the First Fleet and the establishment of NSW; the long journey to Botany Bay; and the settlement of the colony up to the arrival of the Second Fleet in 1790. Much of the story is told by those who were there. (3 sessions)

Each Wednesday from 4 Oct 10:00 - 12:00

Leader: Malcolm Robertson

Bookings: Norma Kidner 8094 9292 (after 5 pm)

BEETHOVEN AND LISZT: TWO GIANTS LINKED IN A SURPRISING WAY..... 172HS08

Born in 1770, Ludwig van Beethoven remains one of the most famous and influential of all composers, whilst no other composer has been so copiously written about and so little understood as Franz Liszt who was born in 1811. (6 sessions)

Each Wednesday from 25 Oct 10:00 - 12:00

Leader: Rosemary McCulloch

Bookings: Phyllis Clout 9969 6846

THE MANORS OF MOSMAN RETIREMENT VILLAGE

6 Hale Road, Mosman (off Military Road). Buses 143, 144, 175, 247, 257, M30.

Wheelchair accessible.

Venue coordinator: Lesley Duffill 9969 9546

BOOK DISCUSSION GROUP..... 172HV01

This friendly group meets once a fortnight to discuss a variety of demanding literature including poetry, drama and non-fiction. New members welcomed.

Alt Tuesdays from 25 July 10:00 - 12:00

Leader: Mary Billing

Bookings: Elisabeth Kingsford Smith 9953 6993

TOPICAL ISSUES..... 172HV02

Our friendly group discusses two topics each meeting. Come and discuss current affairs and debate social issues. New members are always welcome.

Alt Wednesdays from 19 July 10:00 - 12:00

Leader: Joan Castle

Bookings: Rose Hochmann 9440 3349

MOSMAN: WARRINGAH BOWLING CLUB

82 Bradleys Head Road. Buses: 247 from Chatswood to Taronga Zoo stops at the Club; 238 from Athol Wharf to Balmoral Beach stops not far from Club, near the Mosman Police Station. Parking in nearby streets.

Venue coordinator: Ros Tinker 9969 9373; rostinker@bigpond.com

DANCE DELIGHT: MOVEMENT TO MUSIC..... 172HB01

Come along and move to a variety of great tunes where the emphasis is on enjoyment and variety, not technique. These sessions will include waltzes and other old-time ballroom dances, Latin American rhythms, rock-n-roll, line dances, free expression and lots more! All levels of fitness welcome. No partners required. (10 sessions)

Each Friday from 21 July 10:00 - 12:00

Leader and bookings: Ros Tinker 9969 9373
rostinker@bigpond.com (preferred)

SOCIAL MAH-JONG:.....172HB02
WESTERN STYLE(42)**

Do you want to learn? Have you had some experience and need a refresher course? All are most welcome! We faithfully follow Thompson and Maloney 1990, 1991 and 1999. Do come and enjoy our company and delightful venue. We provide an excellent opportunity for continuing brain development and rich, social interaction. (10 sessions)
Each Wednesday from 19 July 1:30 - 4:30
Leader and bookings: Janiece Moylan 0406 432 391
janiecemoylan@gmail.com

McMAHONS POINT COMMUNITY CENTRE

165 Blues Point Road, 300 metres from North Sydney Station. Any bus or train to North Sydney Station. Bus routes 265, 269, 229, 230 run within 20 metres of the centre. No on-site parking and parking in the area is impossible.
Venue coordinator: Lesley Duffill 9969 9546;
leslie.duffill@bigpond.com

WRITING POETRY(12).....172HE01**

This group explores the magic of poetry in all its various forms through reading, appreciating and writing. We give and receive friendly, positive feedback. (10 sessions)
Alt Tuesdays 18 July from 10:00 - 12:00
Leader and bookings: Geoff Lucas 9416 7717

CREATIVE WRITING(10).....172HE02**

Do you like to write? Do you write as often as you wish? Join our friendly writers' group for the incentive you need. Remember, the 'muse' won't come to you – you'll have to come to it. Some vacancies now for those seeking the opportunity.
Alt Tuesdays from 25 July 10:00 - 12:00
Leader and bookings: Alan Ecob 0414 337 944

BOOK CLUB(14).....172HE03**

The club reads 10 novels per semester (both classics and modern) chosen by the members who all enjoy a lively discussion on the books read. New members welcomed. (10 sessions)
Alt Fridays from 21 July 10:00 - 12:00
Leader and bookings: Toni McLennan 9412 1585

McMAHONS POINT COMPUTER EDUCATION UNIT

McMahons Point Community Centre, 165 Blues Point Road, 350 metres from North Sydney Station and several bus routes. Buses 265, 269, 229, 230 run past or close to the Centre. Parking over 2 hours impossible within 1 km.
Coordinator: Fay Smith

PLEASE NOTE: bookings are essential for all courses at this venue.

APPLICATIONS: please apply via email:
computeru3a@gmail.com providing following information:

Name
U3A number:
Phone contact:
Course number:

If you cancel a course please let me know ASAP so a reserve can take your place.

FACEBOOK: HALF-DAY.....172HM01
INTRODUCTION(6)**

Introduction to social media, uploading photos, creating

groups and setting up your Facebook site. You will learn a lot of useful skills in this workshop.

Wednesday 23 Aug 9:30 - 12:00

Leader: Fay Smith

iPAD/iPHONE(8).....172HM02**

Get to know your iPad/iPhone in the company of others under the guidance of our tutor. Please bring your device fully charged.

Wednesday 30 Aug 9:30 - 12:00

Leader: Fay Smith

i-TRAVEL(8).....172HM03**

Seminar format: learn the basics of travelling with technology, avoiding pitfalls and using your devices correctly; discussions with other members of the group.

Wednesday 6 Sept 9:30 - 12:00

Leader: Fay Smith

WINDOWS 7, 8 AND 10(6).....172HM04**

Find, save, move and rename files and folders on your hard drive or memory sticks. Learn more about storage, retrieval, file types and folders.

Wednesday 25 Oct 9:30 - 12:30

Leader: Margaret Kropman

MANAGING PHOTOS FROM A.....172HM05
CAMERA OR ANDROID PHONE(6)**

Save photos on your computer then organise, perform simple edits, email. You will already be skilled at creating folders and moving files between folders. Suits Windows 7, 8, 10.

Wednesday 1 Nov 9:30 - 12:30

Leader: Margaret Kropman

CASTLE COVE: WATERMARK RETIREMENT VILLAGE

8b Deepwater Road, off Eastern Valley Way. Forest Coach Lines Bus 270 from Clarence St Sydney. Bus 207 from North Sydney. Bus 136 from Chatswood Station. Alight from bus at Eastern Valley Way and continue north to Deepwater Road. There is street parking near the village.

Venue coordinator: Barbara Boston 9417 2967;

nboston@bigpond.net.au

Bookings essential for all courses

Barbara or Norma Boston - contact details as above

FRIDAY FILMS AT CASTLE COVE(24).....172HC01**

Classic movies from the silent to the contemporary era will be presented with some analysis and background pertaining to cast, direction and production issues. A full list of movies to be presented will be available at the first performance. Depending on demand, two groups may be formed. (11 sessions)

Group 1 Alt Fridays from 7 July 10:30 - 12:30

Group 2 Alt Fridays from 14 July 10:30 - 12:30

Leader: Hugh Watson

MAY GIBBS: HER LIFE AND WORKS.....172HC02

This series of lectures looks at all aspects of May Gibbs' life including the iconic *Snugglepot and Cuddlepie* books and also covers what has happened to her works and her memory since her death. (3 sessions)

Each Tuesday from 11 July 10:30 - 12:30

Leader: Stewart Reed

VINCENT: THE FULL STORY(24).....172HC03**

In this DVD series, Waldemar Januszczak traces the life of Vincent Van Gogh, concentrating not only on his infamous months of madness when he painted his best-known

pictures, but on his early years as a school teacher, linguist and religious fanatic. (3 sessions)

Each Tuesday from 1 Aug 10:30 - 12:30

Leader: Barbara Boston

DECISIVE BATTLES OF WORLD HISTORY..... 172HC04

A review of key battles over the last three thousand years which have decisively changed the course of history, covering the events, outcomes and key individuals involved.

Tuesday 22 Aug 10:30 - 12:30

Speaker: Antony McCurdy

DAMN THE DARDENELLES: THE CONTRIBUTION OF THE NAVY AT GALLIPOLI..... 172HC05

The contribution of the Navy has been largely overlooked. They played a part in the landings, provided gunfire support and eventual evacuation. *Submarine AE2* was first to penetrate the Dardanelles.

Tuesday 29 Aug 10:30 - 12:30

Speaker: Jim Hawkins

OPERAS ON DVD(24)**..... 172HC06

1. Fidelio Beethoven (1806)

The 1979 Glyndebourne Festival production, directed by Peter Hall with conductor Bernard Haitink.

Tuesday 5 Sept 10:00 - 12:30

2. Otello Rossini (1816)

Zurich Opera production 2012 with Cecilia Bartoli and John Osborn, directed by Moshe Leiser and Patrice Caurier.

Tuesday 12 Sept 10:00 - 12:30

Leader: Barbara Boston

THE SPIRITED LIFE OF MARIE BYLES..... 172HC07

Marie was a pioneer in many fields. As the first female solicitor of NSW she fought for women's rights in law; as a conservationist, she ensured preservation of National Parks.

Tuesday 19 Sept 10:30 - 12:30

Speaker: Anne McLeod

UNDERSTANDING THE WORLD'S GREATEST STRUCTURES..... 172HC08

This fascinating DVD series reveals the stories behind the most famous structures from thousands of years of history. Professor Stephen Ressler of the US Military Academy takes you on a richly illustrated tour that blends history and science to create an unforgettable survey of the world's most remarkable structural masterpieces. (8 sessions)

Each Tuesday from 26 Sept 10:30 - 12:30

Leader: Barbara Boston

GREENWICH: THE BAYTREE RETIREMENT RESORT

6 Ulonga Avenue, Greenwich (off Innes Road, which is off Pacific Highway opposite the old ABC site). Buses 252, 253, 286, 290, 143, 144 (along Pacific Highway).

No car parking is available at the venue

Program coordinator: Lesley Duffill 9969 9546;

leslie.duffill@bigpond.com

Venue coordinator: Andrew Caro 9433 8056

CAPITALISM, COMMUNISM AND SOCIALISM..... 172HW01

In the fifties a communist could be jailed in the USA, or a capitalist in Russia. In 2016 Bernie Sanders, a socialist, sought the Presidency of capitalist USA, while communist China is the largest world economy. A look into the history of these 'isms' provides a fresh insight into these anomalies. (4 sessions)

Each Tuesday from 18 July 10:30 - 12:30

Speaker: Peter Nixon

Bookings: Mary Morrison 9433 8004

THE EVOLUTION OF LIFE, THE UNIVERSE AND (ALMOST) EVERYTHING..... 172HW02

In this series we start by exploring where all the matter in the universe came from. We then examine the compelling evidence for biological evolution, from fossils to DNA, before we delve into the details of hominid evolution, revealing the fascinating story of where we 'really came from'. (3 sessions)

Each Tuesday from 15 Aug 10:30 - 12:30

Leader: Kevin Murray

Bookings: Ena Hall 9433 8076

CONVERSATIONS WITH SHAKESPEARE..... 172HW03

Each week one Shakespeare play will be discussed. Course leaders will open with comments, but there will be plenty of time for general discussion: Sept 5, *The Merchant of Venice*; Sept 12, *Measure for Measure*; Sept 19, *Richard III*; Sept 26, *King Lear*.

Each Tuesday from 5 Sept 10:30 - 12:30

Leaders: Andrew Caro and Gwynn Roberts

Bookings: Kate Caro 9433 8056

TWO AMERICAN STATESMEN..... 172HW04

1. Benjamin Franklin

Wit, diplomat, scientist and inventor, he had a profound influence on the politics of his time.

2. Thomas Jefferson

Author of *The Declaration of Independence* and the third President of USA.

Tuesdays 3 and 10 Oct 10:30 - 12:30

Leader: Paul Barclay

Bookings: Annika Tults 9882 3669

THE STAGES OF DEVELOPMENT OF DEMOCRACY IN ENGLAND, FRANCE AND AMERICA..... 172HW05

We will consider the turning points in the development of democracy by looking at some of the social underpinnings, and examining the internal and external challenges that face it today. (3 sessions)

Each Tuesday from 17 Oct 10:30 - 12:30

Leader: Terry Farrell

Bookings: Helen Kershaw 0400 130 486; helenjkershaw@gmail.com (preferred)

ASPECTS OF SCIENCE..... 172HW06

1. Frontiers of Medical Imaging

Professionals have many ways to produce images of internal structures of the human body, including X-rays, CT, MRI, PET scans and ultrasound. These now produce graphic 3D and moving images.

2. Telehealth: Healthcare at a Distance

The revolution in information and communication technologies has a large impact on healthcare. This talk describes how isolation no longer means patients can be denied quality health care.

3. ET Where Are You?

The search for life beyond Earth. 'Are we alone in the universe?' We will consider some of the science for extra-terrestrial life, as well as some speculative possibilities.

Each Tuesday from 7 Nov 10:30 - 12:30

Leader: Laurie Wilson

Bookings: Rosalie Lund-Conlon 9817 9956 (after 1 Aug)

MUSIC TO ENJOY 172HW07

We shall look closely at the lives and sublime music of four of our great 18th/19th century composers:

1. Mozart and Hayden

They had a close relationship both musically and personally. Mozart always said that he had learned how to write string quartets from Hayden.

2. Beethoven and Schubert

Beethoven remains one of the most famous and influential of all composers. Sadly, Schubert wrote once that he saw him across the room but did not have the courage to approach him.

Tuesdays 28 Nov and 5 Dec 10:30 - 12:30

Leader Rosemary McCullough

Bookings: Christine Blanks 9436 3451;

frblanks@bigpond.com (preferred)

HUNTERS HILL: C A FAIRLAND HALL

14 Church Street, Hunters Hill. Buses: 536 from Chatswood, 506 from the City, 538 from the Woolwich ferry, stops close. Ample car parking in nearby streets.

Venue coordinator and bookings: Judy Harris

0447 194 510; judyharris2@bigpond.com

Bookings essential for all courses at this venue

AUSTRALIAN COUNTRY MUSIC 172HU01

Where did Australian country music come from? The individuals who made the contemporary music scene.

Monday 17 July 10:30 - 12:30

Speaker: Graham Ball

OBERRAMMERGAU: THE PASSION PLAY 2020 172HU02

Hear from some experts about this unique event which has taken place every decade since 1634 in Oberammergau, Bavaria. Plus a few tips for travelling seniors.

Monday 24 July 10:30 - 12:30

Speaker: Fran Gildon

RATIONS AND ROOKIES 172HU03

Three brave, funny, surprising stories of the Home Front in Oz during WWII; a young woman and a young man train for elite new units. True, heart-warming stories bring the 75th anniversary of 1942 to life. (3 sessions)

Each Monday from 7 Aug 10:30 - 12:30

Leader: Heather Bentley

A TOURIST IN ANTARCTICA 172HU04

This session will focus on the speaker's interest and visits to the seventh continent, and the heroic age of exploration.

Monday 28 Aug 10:30 - 12:30

Speaker: Kevin Fitzpatrick

A CELEBRATION OF MUSICALS 172HU05

Musical stages of the western world, from the 18th Century to recent times.

Monday 4 Sept 10:30 - 12:30

Speaker: Graham Ball

HOUSE OF DREAMS AND THE BOOK OF CONSTANT STARS 172HU06

Wendy Sharpe, a noted Australian artist, lives and works in Sydney and Paris. She is an expressionist narrative painter; awards include Archibald and Sulman. She has held over 46 solo exhibitions globally.

Monday 11 Sept 10:30 - 12:30

Speaker: Wendy Sharpe

JAPANESE MIDGET SUBMARINE 172HU07

ATTACK ON SYDNEY HARBOUR

Coming ready or not! Find out the details of how the attack was carried out by the courageous Japanese naval personnel and the inadequate Sydney harbour defences.

Monday 18 Sept 10:30 - 12:30

Speaker: Noel Phelan

MUSIC FROM THE MOVIES 172HU08

Legends in film music from the silent era to the present day.

Monday 25 Sept 10:30 - 12:30

Speaker: Graham Ball

WHAT IS THE MIND? 172HU09

While the mind is clearly connected into our human biology, the way it functions is subjective. That is, it seems to be experience-based and subject to how we live as cultural beings.

Monday 9 Oct 10:30 - 12:30

Speaker: Brendon Stewart

HOW THE MIND AND RELIGION RELATE 172HU10

Carl Jung questions 'can a good God countenance the evils apparent in the world?' Jung argues that God may well be almighty to know how He should behave, given His massive power.

Monday 16 Oct 10:30 - 12:30

Speaker: Brendon Stewart

MARIE CURIE 172HU11

One of the greatest research scientists ever, awarded the Nobel Prize twice. She established the Marie Curie Institute in Paris and discovered radium and its importance in medicine and other areas.

Monday 23 Oct 10:30 - 12:30

Speaker: Sidney Srinivas

ALBERT EINSTEIN 172HU12

He established the Theory of Relativity, and said 'time and space are both relative'. He was named as responsible for the atom bomb and spent his last thirty years preaching world peace.

Monday 30 Oct 10:30 - 12:30

Speaker: Sidney Srinivas

GEORGE, FLORENCE AND VINCE TAYLOR 172HU13

In 1909 they recorded the first flight in Australia at Narrabeen Beach. George: journalist, architect, inventor and airplane builder. Florence: first woman graduate in architecture. Vince: Australia's aeronaut and stuntman.

Monday 6 Nov 10:30 - 12:30

Speaker: Chris Beasley

LORIS (LAURIE) BONNEY 172HU14

Cousin to Bert Hinkler. She travelled solo in a *Gypsy Moth*, made record flights and despite mishaps and crashes looked like she had just stepped out of the beauty parlour.

Monday 13 Nov 10:30 - 12:30

Speaker: Chris Beasley

MY TIME IN A MUSLIM BOARDING SCHOOL 172HU15

An insight into the lives of Islamic women, based on the speaker's personal experience living in a Muslim boarding school in Egypt. She has a display of some ethnic clothes.

Monday 20 Nov 10:30 - 12:30

Speaker: Ellen Wilton

OPTIMAL HEALTH FOR BRAIN, BODY AND MIND 172HU16

Nicola is a well-published Clinical Neuropsychologist, author, speaker and researcher with over 20 years' experience in brain health and wellbeing. She loves promoting optimal health for brain, body and mind.

Monday 27 Nov 10:30 - 12:30

Speaker: Nicola Gates

DRAWING FOR BEGINNERS**(15) 172HU17

Ever wanted to draw? Develop a unique drawing style through studying the Elements and Principles of Design. Learn the basic skills of relaxed 'seeing' and recording, while examining various drawing techniques. (6 sessions)

Each Friday from 21 July 10:30 - 12:30

Leader and bookings: Kate McClelland 8060 0041

QIGONG FOR HEALTH 172HU18

Gentle exercise for health, using Master Simon Blow's video.

Each Monday from 7 Aug 1:00 - 2:00

Leader and bookings: Trish O'Neill 0411 312 314

LANE COVE: LIVING AND LEARNING CENTRE

180 Longueville Road. Buses: 252, 253, 254 from City (Wynyard, Clarence St), 536 from Chatswood Station and Gladesville.

Venue coordinator: Robert Lynn 9433 8066

DISCUSSION GROUP 172HL01

Topical issues and ideas discussed in a friendly and lively atmosphere. Join us to continue learning and communicating with an active group.

Alt Mondays from 3 July 10:30 - 12:30

Leader and bookings: Barbara Meth 9438 5014

KEY TURNING POINTS IN HISTORY 172HL02

How far were certain individuals responsible for significant changes in historical developments? Such people as Martin Luther, Henry VIII, Abraham Lincoln, Adolf Hitler and Mao Tse Tung will, among others, be examined and discussed.

Alt Thursdays from 13 July (except 24 Aug to 5 Oct; refer below) 1:30 - 3:30

Leader: Frank Wilson 8021 7059

Bookings: Ann Drysdale 9427 8435

DISCUSSION GROUP 172HL03

Join this happy group to air your views and discuss a variety of interesting topics selected by the group of members.

Alt Thursdays from 13 July 10:30 - 12:30

Leader: Beatrice Blanks 8068 9393

Bookings: Val Kaley 9427 0786

BOOK DISCUSSION GROUP**(12) 172HL04

A group centred on literary fiction. Our book for the first session is *Cry, the Beloved Country* by Alan Paton. Group limited to 12 to ensure everyone has a chance to speak.

Every Fourth Monday from 24 July 10:30 - 12:30

Leader and bookings: Janice Gentle 9439 3801

THE MISUNDERSTOOD MIDDLE AGES 172HL05

A wide-ranging look at the major achievements of the Middle Ages and how they underpin much of what is thought of as unique to the Enlightenment and Modernity.

Thursday 24 Aug 1:30 - 3:30

Leader: Antony McCurdy

Bookings: Robert Lynn 9433 8066

MEDIEVAL HEROINES IN HISTORY AND LEGEND 172HL06

A look at the life and achievements of six outstanding medieval women whose personalities still engage and inspire the modern imagination.

Thursday 7 Sept 1:30 - 3:30

Leader: Antony McCurdy

Bookings: Robert Lynn 9433 8066

DECISIVE BATTLES OF WORLD HISTORY 172HL07

A review of key battles over the last three thousand years that have decisively changed the course of history, covering the events, outcomes and key individuals involved.

Thursday 21 Sept 1:30 - 3:30

Leader: Antony McCurdy

Bookings: Robert Lynn 9433 8066

THE SCIENCE OF HAPPINESS 172HL08

A look at the so-called science of human happiness and the way in which it is used to drive special interest political, economic and social agendas.

Thursday 5 Oct 1:30 - 3:30

Leader: Antony McCurdy

Bookings: Robert Lynn 9433 8066

ROSEVILLE UNITING CHURCH

7A Lord Street, Roseville. Short walk from the railway station along Hill Street and then turn left into Lord Street.

Venue coordinator: Sheila Caldwell 9498 1197

INTERMEDIATE RECORDER 172HY01

Play the recorder with a small group, meeting in a hall not far from Roseville station. New intermediate level students will be welcome.

Alt Mondays from 10 July 10:00 - 12:00

Leader and bookings: Sheila Caldwell 9498 1197

OUT THERE!

Coordinator: Kathy Vern-Barnett 0414 694 925;

kvernb@optusnet.com.au

THIRD FRIDAY LUNCH GROUP 172OT01

We meet for lunch at restaurants all over Sydney that serve a variety of cuisines. We do not go to only one area, we go everywhere in Sydney. We try to book BYO wine where there is a small corkage charge which attendees are required to pay.

Third Friday of every month from 21 July

Leader and bookings: Sarah Fennamore 9955 1962;

sfennamore@yahoo.com

FOOD FOR THOUGHT**(12) 172OT02

We meet to sample the cuisine of different nationalities all over Sydney. Friendliness, fun and food are the basis for finding out about different cultures.

Alt Fridays from 28 July

Leaders and bookings: Sissi Stewart 9908 2045 or

Lyn Honey 9997 3292; **sisken@bigpond.com**

INNER WEST

Regional Course Co-ordinator: Anne Hall 0419 017 364
annenhall@gmail.com
Enquiries only

ASHFIELD: CARDINAL FREEMAN RETIREMENT VILLAGE

137 Victoria Street. Buses: 413, 418. Street parking only.
Wheelchair accessible.
Venue Coordinator: Ron Shapiro rmbjs@iinet.net.au

BRIDGE FOR THE LESS COMPETITIVE 172WA01

Brush up your bridge skills with our informal group in a friendly non-competitive atmosphere. All levels of skill welcome.

Each Tuesday from 4 July 1:00 - 4:00

Leader and bookings: Liz Sobolewski 9630 7592

SATURDAY BRIDGE AND SCRABBLE 172WA02

Choose between Bridge and Scrabble while improving your skills at either in an informal group in a friendly non-competitive atmosphere. All levels of skills welcome.

Each Saturday from 1 July 1:00 - 4:00

Leader and bookings: Linda Dewberry lindamd23@gmail.com

ASHFIELD CIVIC CENTRE

260 Liverpool Road. Short (one block) walk from station. Buses: 418 from Bondi Junction; 461, 480, 483 from City.
Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

RECORDER GROUP 172WE01

This course is for people who enjoy playing the recorder and would like to join an established group. We perform a wide variety of music at intermediate level (not for beginners).

Each Tuesday from 18 July 10:30 - 12:30

Leader and bookings: David Young 0414 249 618
dy4health@optusnet.com.au

CLUB ASHFIELD

5-7 Charlotte Street, 2nd level (lift available). Short walk from station. Buses: 462, 464, 466, 480, 483, 491. Car Park: Elizabeth Street, token from Club required for exit.
Venue Coordinator: Jennifer Waldron 8753 0521
taffy3@tpg.com.au

COLLABORATIVE QIGONG, FAN, TAI CHI 172WF01

This class is for experienced members to enjoy Fan, Tai Chi 24 and 28 form and Qigong in a collaborative group.

Each Tuesday from 18 July 10:30 - 12:00
(excluding school holidays)

Leaders: Deborah Gracic and Lois Knight
Bookings: Lois Knight 9798 6525; lknight60@bigpond.com
Deborah Gracic 9636 6512; gracic.deb@gmail.com

FOR THE LOVE OF DANCE 172WF02

Enjoy dancing to the rhythm of the Waltz, Rumba, Cha Cha, Charleston, Tango and more, in this relaxed and easy-to-follow class, using your memory skills and helping your

balance. A class good for the soul, all the way from your head to your toes. This is not partner dancing.

Each Tuesday from 18 July 1:00 - 2:00
(excluding school holidays)

Leader and bookings: Bobbie Kersten 8854 1646;
bobbiekersten@gmail.com

COOPERATIVE RELAXATION 172WF03 AND STRETCHING ACTIVITIES

This course is for exercise in a collaborative atmosphere.

Each Wednesday from 19 July 10:00 - 12:00
(excluding school holidays)

Leader and bookings: Heather Adams 9712 7126
hladams@tpg.com.au

ENGLISH AS A SECOND LANGUAGE 172WF04

We investigate how English works, focusing on a topic of interest to the group. We read aloud and discuss pronunciation, word meanings, spelling, grammar and current idiom. This is a relaxed way to practise and improve your English with a friendly group.

Each Thursday from 20 July 10:30 - 12:30

Leader and bookings: Janet Egan 0415 133 994
janet.egan@gmail.com

SHARING FAMILY HISTORY 172WF05 RESEARCH**(14)

This is a friendly and passionate group of family historians who enjoy sharing their research and discovering all manner of twists and turns in their family narrative. We welcome anyone who is looking for extra help or has any question about their research.

First Thursday of each month from 3 Aug 10:00 - 12:00

Leaders: Ronda and John Gaffey
Bookings: Ronda Gaffey ahalcoop@bigpond.net.au

COLLABORATIVE QIGONG 172WF06

This course is for the practice of Qigong in a collaborative environment. Qigong, according to Chinese culture, is beneficial to maintaining good health.

Each Friday from 21 July 9:30 - 11:30
(excluding school holidays)

Leader: Gwenda Bate
Bookings: Denise Yuen 0410 570 188 sdyuen@gmail.com

TAI CHI CHUAN**(20) 172WF07

Paying attention to the gentle movements of the Tai Chi form helps us to get in touch with our inner space. This space is usually occupied with thoughts that do not allow us to be present in the moment. As our attention span develops, we learn to be present to the nature of our being.

Each Wednesday from 19 July 1:15 - 2:30
(excluding school holidays)

Leader and bookings: Horacio Paz 9420 5291; 0407 912 561

BURWOOD RSL CLUB

92 Shaftesbury Road, Burwood, Buses 490, 492 or short walk from station; on-site parking. **Wheelchair accessible.**

Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

CINEMA DISCUSSION GROUP**(18)..... 172WB01

This stimulating group discusses two films a fortnight. Films are chosen by the group at each session. The result is an invigorating and insightful discussion - very enjoyable.

Alt Wednesdays from 12 July 1:30 - 3:30

Leader: Frank Wilson 8021 7059

Bookings: Betty Candy 9799 9030; bjcandy@bigpond.com

INVESTMENT DISCUSSION GROUP..... 172WB02

Our course aims to help members to understand the forces and current events that affect investment markets. To do this, we examine specific topics and undertake some practical activity. **This is a discussion group only, and our members are not permitted, by law, to provide financial advice.**

Alt Thursdays from 6 July 9:30 - 11:45

Leader and bookings: Greg Buriak 9799 9663

buriak@optusnet.com.au

DETECTIVE FICTION..... 172WB03

This course traces the development of detective fiction through literature from the 19th century to the present day. It looks at issues involved in each case and examines the role of the detective, private investigator or special agent. First novel: *Enigma* by Robert Harris.

Alt Fridays from 14 July 10:30 - 12:30

Leader: Iris Ryall 9744 1647

Bookings: Edna May 9797 8202

DISCUSSION GROUP: SOCIAL ISSUES AND CURRENT AFFAIRS..... 172WB04

Each fortnightly meeting is divided into two sessions by a tea break. *First session:* Topic for discussion is prepared and presented by any group member who volunteers. *Second Session:* Current Affairs, no subject taboo. A friendly, intelligent group of men and women where everyone is encouraged to participate.

Alt Fridays from 7 July 10:00 - 12:30

Leader and bookings: George Elliott 9874 7208

shs14gle@bigpond.com

BURWOOD: WOODSTOCK COMMUNITY CENTRE

22 Church Street, Burwood. Short walk from Burwood Station. Buses 415,462,463,464,466. On-site parking.

Venue Coordinator: Anne Hall 0419 017 364

annenhall@gmail.com

CURRENT AFFAIRS DISCUSSION..... 172WO01

News of the day. No topics are out of bounds, but we discuss politics and religion with sensitivity. Members sometimes prepare a topic for discussion. Format: freewheeling.

Each Monday from 3 July 10:00 - 12:00

Leader: Mike Holland mhol1234@gmail.com

TEN 20TH CENTURY SINGERS AND MUSCIANS..... 172WO02

Come and discuss and listen (using quality bluetooth speakers) to Louis Armstrong, Ruth Etting, Paul Robeson, Mildred Bailey, Django Reinhardt, Doris Day, Mario Lanza, Rogers and Hammerstein/Hart, Connie Francis and Roy Orbison.

Alt Monday from 24 July 1:00 - 3:00

Leader and bookings: Allan Maloney 0419 493 376

allanmal10@gmail.com

IPHONE OR IPAD iOS10 WORKSHOP..... 172WO03

The course is a beginner's course. You definitely need either an iPhone or iPad and you must have iOS10 installed on your device (old Apple devices may not be able to install

iOS10). The teaching method will be hands-on workshop. Topics will take into consideration what participants wish to learn.

Alt Wednesday from 12 July 1:00 - 3:00

Leader and bookings: Allan Maloney 0419 493 376

allanmal10@gmail.com

ITALIAN CONVERSATION INTERMEDIATE**(10)..... 172WO04

This class aims to improve conversational skills for students who have knowledge of Italian grammar. Note: no handouts will be supplied.

Each Wednesday from 5 July 10:00 - 12:00

Leader and bookings: Nadia Favotto 9705 7217; 0429 060 013

FILM DISCUSSION GROUP..... 172WO05

Members are invited to discuss two movies every fortnight and give their ratings. Members vote on future movies and with two volunteering to present their choices.

Alt Thursdays from 6 July 1:30 - 3:30

Leader: John Swords 9516 3915

CLUB BURWOOD

Corner Burwood Road and George Street. Close to station. Three-hour free parking at Burwood Plaza for seniors on presentation of seniors card and parking ticket at Centre Management for validation; entrance Wynne Ave.

Venue Coordinator: Anne Hall Mob: 0419 017 364
annenhall@gmail.com

TRAVELLER'S JAPANESE**(10)..... 172WY01

If you are planning a trip to Japan this course will be beneficial to you. The class will cover basic language skills, history and culture. No prior knowledge of Japanese required.

Each Tuesday from 18 July 10:00 - 12:00

Leader and bookings: Haruko Tanaka 0424 225 863

haruko@aae.edu.au

REVISIONISM IN HISTORY..... 172WY02

We re-examine historical events and topics. For example, did Hitler really cause WWII? Was there no written Australian history before 1945? Who fought the history 'wars' in Australia?

Alt Wednesdays from 12 July 10:00 - 12:00

Leader: Frank Wilson 8021 7059

Bookings: Betty Candy 9799 9030; bjcandy@bigpond.com

CITY: CUSTOMS HOUSE LIBRARY

Alfred Street, opposite Circular Quay station. Meeting room Level 2. Please enter quietly through Reading Room.

Venue Coordinator: Jennifer Waldron taffy3@tpg.com.au

DECONSTRUCTING CONTEMPORARY ART**(25)..... 172WC01

Every other Thursday we visit art shows in Sydney galleries and on alternate weeks, we meet at Customs House for evaluation of news, events, trends, theory and history of the works visited. We build a virtual art collection and develop a personal aesthetic. Note: some walking is involved when visiting galleries.

Each Thursday from 6 July 1:30 - 3:30; Alt Thursdays 10:30 - 12:30

Leader and bookings: Wendy Fraser 9569 7942; 0408 711 672
barrieandwendy@gmail.com

FILM APPRECIATION**(20)..... 172WC02

Do you enjoy contemporary cinema and sharing your ideas? Members of this group research a film and lead the discussion three to four times a year. We also look at issues, trends and news in the film world.

Alt Thursday from 13 July 1:30 - 3:30

Leader and bookings: Susanne de Ferranti 9660 3425
sdeferranti@ozemail.com.au

CITY: NSW WOMEN'S BOWLS ASSOCIATION OFFICE

Level 7, 309 Pitt St, Sydney

Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

ACHIEVING GOALS WITH CREATIVE THINKING**(18)..... 172WW02

How we think and what we think can limit what we achieve. All our goals call for new ideas. Creative thinking helps you find them. This workshop helps you learn about how you think and how to get the desired results from that thinking. And does it with fun.

Alt Thursdays from 27 July 10:00 - 12:00

Leader and bookings: David Synnott 9417 6559
creativity_speaker@bigpond.com

CROYDON PARK CLUB

55 Seymour Street, Croydon Park. Buses 462, 464, 466
Georges River Road, two-minute walk; 490,492 Brighton
Ave, six-minute walk; on-site parking.

Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

GUIDED AUTOBIOGRAPHY..... 172WV01

Sometimes it feels like a random series of events. But you know there is something more. In this course you may discover some of your life patterns from writing around set themes and then sharing this with the group. You will explore what these themes mean for you. (5 sessions)

Alt Tuesdays from 26 Sept 10:30 - 12:30

Leader: Ross Bell 8005 6218; rossu3a@gmail.com

DRUMMOYNE COMMUNITY CENTRE

10 Cometrowe Street. Very short walk from Lyons Road.
Buses 490, 492, 504 and X20 along Lions Road; 500 series
along Victoria Road. Street parking. **Wheelchair accessible.**

Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

FRENCH CONVERSATION INTERMEDIATE**(15)..... 172WD01

Assumes a reasonable knowledge of grammar. Class conducted in French. Emphasis on speaking.

Each Wednesday from 19 July 10:30 - 12:30
(except school holidays)

Leader and bookings: Jocelyne Sealey rjbow@tpg.com.au

SPANISH CONVERSATION INTERMEDIATE**(10)..... 172WD02

This class is NOT for beginners. It is conducted mostly in Spanish and focuses on improving your conversational skills and expanding your vocabulary. Prerequisites: previous study in the language and ability to conduct everyday

conversations.

Each Wednesday from 5 July 1:15 - 3:15

Leader and bookings: Les Margulis 0421 456 806
lesmargulis@gmail.com

CRACKING CRYPTIC CROSSWORDS..... 172WD03

Get into the minds of cryptic crossword compilers and learn how to solve their devious clues. Have fun and gain satisfaction while keeping your brain active.

Wednesdays 1:15 - 3:15

Course 1: 19, 26 July and 2, 16 Aug

Course 2: 30 Aug and 6, 20, 27 Sept

Leader and bookings: Ron Shapiro 9810 4490
rmbjs@iinet.net.au

GLEBE: THE OLD TOWN HALL

160 St John's Road. Bus 470 from city stops outside.

Venue Coordinator: Pauline Valentine 0412 595 891
gregory_1947@hotmail.com

DRAWING**(12)..... 172WG01

We use black and white (charcoal, pencil, ink) with some other media, such as Conté. The basics are covered, including tone, perspective and composition. Students are encouraged to suggest topics. Weather permitting, we draw outdoors and occasionally visit art galleries. Only an interest in drawing is required.

Alt Thursdays from 20 July 10:00 - 12:00

Leader and bookings: Neville Bendall 9660 1873

GLEBE LIBRARY: BENLEDI ROOM

186 Glebe Point Road (corner Wigram Road). Buses 370, 431 and 433 along Glebe Point Road.

Venue Coordinator: Pauline Valentine 0412 595 891
gregory_1947@hotmail.com

ADVANCED JAPANESE..... 172WJ01

This is a class for people who have an elementary knowledge of Japanese. It covers reading, writing and speaking the language in a small friendly group. New members welcome.

Series 3: Each Thursday from 20 July 10:00 - 12:00

Series 4: Each Thursday from 12 Oct 10:00 - 12:00

Leaders: Tsuiko Mukai 8384 4251 and

Haruko Johansson 8957 7016

Bookings: Juanita Englefield 9816 5807

johnengle@bigpond.com

MUSIC MATTERS..... 172WJ02

This course explores the incredible world of classical music, the lives of composers and performers together with musical ideas and topics. Learn about the well-loved, the unfamiliar and hear fascinating stories from the world of music and musicians. Come and enjoy much wonderful music from great recordings.

Alt Thursdays 13 July 2:00 - 4:00

Leader and bookings: Paul Butler lpbutler@bigpond.net.au

GLEBE: NAG'S HEAD HOTEL

162 St John's Road. Upstairs Conference Room. Bus 470 from city stops outside. Limited street parking. Easy walking from Glebe Point Road.

Venue Coordinator: Jan Macindoe 9660 0208
jnmacindoe@gmail.com

FIRST FRIDAY BOOK GROUP(12)** 172WQ01

Favourite books are chosen by members for discussion by the group.

First Friday of each month from 7 July 10:00 - 12:00

Leader and bookings: Jan Macindoe 9660 0208; 0424 537 557
nmacindoe@gmail.com

GLEBE: ST HELEN'S COMMUNITY CENTRE

184 Glebe Point Road. Buses: 370, 431, 433. **Wheelchair accessible.**

Venue Coordinator: Pauline Valentine 0412 595 891
gregory_1947@hotmail.com

PATHWAYS TO THE GODS

 172WK01

We take an historical approach to religion in all its aspects - external (exoteric), esoteric (mystical), and magic. In Semester 2, we approach Early Christianity through Ancient Israel, Ancient Egypt, the Gnostics and Essenes, before the Gospels.

Second and fourth Fridays from 28 July 10:00 - 12:00

Leader and bookings: Jacques Goldman 9518 6741

GLEBE: TOXTETH HOTEL

345 Glebe Point Road. Fireside Lounge, ground floor. Buses: 370, 431, 433. Street parking available.

Venue Coordinator: Michael Holland mhol1234@gmail.com

PHILOSOPHY IN THE PUB**(12)

 172WT01

Topics are drawn from a wide range of political and cultural themes, and examined from a philosophical perspective. Discussion aims to promote differing world views and to challenge common belief systems. Members are expected to participate in internet/web research, questioning and facilitating. Email address essential. (7 sessions)

Series 1: Each Tuesday from 25 July to 5 Sept 3:00 - 5:00

Series 2: Each Tuesday from 17 Oct to 5 Dec 3:00 - 5:00

Leader: Michael Holland mhol1234@gmail.com

LEICHHARDT MUNICIPAL LIBRARY

23 Norton Street, Italian Forum (Piazza level). Buses Norton Street, 370, 436/8/9, 440/4/5; Parramatta Road 412, 413, 461, 480/3 and M10 (Maroubra Junction to Leichhardt). Lift to parking station beneath Library. Note: Concession parking with validated ticket. **Wheelchair accessible.**

Venue Coordinator: Barbara Burton 9798 5620;
0429 090 332 beburton@iprimus.com.au

FRIDAY MORNINGS AT THE LIBRARY

Email bookings preferable: Please give course name and date, membership number and contact details. Confirmation will be sent by email.

A FEAST OF SHAKESPEARE: THE WARS OF THE ROSES**(30)

 172WL01

Three screen adaptations, *Henry VI* in two parts and *Richard III*, tell the story of the Wars of the Roses, an exceptionally turbulent period in British history. Shakespeare's plays are filmed in the visually breathtaking landscape and architecture of the period. Overview by Margaret Beale. **Bring lunch.** (3 sessions)

Fridays 7, 14 and 21 July 10:30 - 3:30

Leaders: Margaret Beale and Barbara Burton
Bookings: Margot Walker 9569 8654; 0404 362 490
margotinaw@gmail.com

MORE SHAKESPEARE: THE MERRY WIVES OF WINDSOR**(30)

 172WL02

A lively romp (absolutely no bloodshed!), direct from The Globe, centring on that notorious rogue, Falstaff, and his attempts to cover his drinking debts through swindling and seduction. **Bring lunch.**

Friday 28 July 10:30 - 3:30

Speakers: Margaret Beale and Barbara Burton
Bookings: Margot Walker 9569 8654; 0404 362 490
margotinaw@gmail.com

ART GALLERY OF NEW SOUTH WALES 1871 TO 2011**(30)

 172WL03

In 2013, the Art Gallery of NSW announced it would be celebrating its 150th anniversary in 2021. While probably most Sydneysiders have visited the Gallery at least once in their life, few know about its history (building, collection, exhibitions and personalities) including some of its 'hidden stories'.

Friday 4 and 18 Aug 10:30 - 12:30

Leader: Stewart Reed
Bookings: Margot Walker 9569 8654; 0404 362 490
margotinaw@gmail.com

BASS STRAIT ISLANDS**(30)

 172WL04

We explore the history and natural beauty of Flinders and King Islands in Bass Strait, off the north coast of Tasmania.

Friday 11 Aug 10:30 - 12:30

Speaker: Margaret Szalay
Bookings: Margot Walker 9569 8654; 0404 362 490
margotinaw@gmail.com

GREAT MINDS IN SCIENCE**(30)

 172WL05

Galileo Galilei, Isaac Newton, Srinivasa Ramanujan and Alan Turing left giant footprints on the sands of time. This series of talks brings out the agony and ecstasy of their lives and highlights their contribution to science. Suitably illustrated, these talks are aimed at a general audience. (4 sessions)

Each Friday from 25 Aug 10:30 - 12:30

Leader: Sydney Srinivas (Karkenhalli)
Bookings: Janice Millard 0419 203 361
rjmillard5@icloud.com

STARS, GALAXIES AND THE EXPANDING UNIVERSE**(30)

 172WL06

Why do stars shine? What is a pulsar? Earth is located in a spiral galaxy known as the Milky Way. How big is this galaxy and will it always remain in a spiral? In these talks we investigate these and other questions about our amazing universe.

Friday 22 and 29 Sept 10:30 - 12:30

Leader: Peter Kinna
Bookings: Janice Millard 0419 203 361
rjmillard5@icloud.com

WOMEN IN CHINA**(30)

 172WL07

We will explore the role of women in traditional and modern China through a number of case studies such as the concubine, the adopted daughter-in-law, infanticide, foot binding, the legal status of women, literary women, women on the Long March and the Cultural Revolution, the one-child policy and women in power. (4 sessions)

Each Friday from 6 Oct 10:30 - 12:30

Leader: Bernice Lee
Bookings: Margot Walker 9569 8654; 0404 362 490
margotinaw@gmail.com

THE INTERNATIONAL SPACE STATION(30)**..... 172WL08

This talk covers the background, details of the station and two short videos showing how the astronauts live. Learn about products in use today that resulted from research in space.

Friday 3 Nov 10:30 - 12:30

Speaker: David Malone

Bookings: Margot Walker 9569 8654; 0404 362 490

margotinaw@gmail.com

THE VALLEY OF THE PO(30)**..... 172WL09

Towns adjacent to Italy's longest river reflect many different aspects of Italian history, life, and culture. Our presenters will explore several towns, some better known than others, and will reference history, literature, art, music, and film, along with some personalities associated with the Valley of the Po.

Friday 10 and 17 Nov 10:30 - 12:30

Speakers: Nora Hinchin and John Flint

Bookings: Margot Walker 9569 8654; 0404 362 490

margotinaw@gmail.com

TURKEY: BEFORE AND AFTER GALLIPOLI(30)**..... 172WL10

Who exactly were the Anzacs' foes at Gallipoli? Author Harvey Broadbent AM details the rise and fall of the Turkish Ottoman Empire and its successor after WWI, the modern Turkish Republic. Session 1, The Ottoman Empire; session 2, The Turks at Gallipoli; session 3, Turkey since Gallipoli. (3 sessions)

Each Friday from 24 Nov 10:30 - 12:30

Leader: Harvey Broadbent

Bookings: Margot Walker 9569 8654; 0404 362 490

margotinaw@gmail.com

FRIDAY AFTERNOONS AT THE LIBRARY

ITALIAN BEGINNERS - 2(20)**..... 172WL11

We assume a degree of basic knowledge, around 40-60 hours of instruction. We will continue using the same textbook *Buongiorno Italia*, supplemented by online exercises.

Each Friday from 11 Aug 1:30 - 3:30

Leader and bookings: Pia Ottavian 0416 778 966

pia.ottavian@yahoo.com.au

MARRICKVILLE LIBRARY

Corner of Marrickville and Petersham Roads. Metrobus M30. Short walk from station. **Wheelchair accessible.**

Venue Coordinator: Jennifer Waldron 8753 0521

taffy3@tpg.com

CLASSIC MOVIES..... 172WM01

Classic movies from the silent to the contemporary era. A selection of the very best and most influential films that helped develop the industry is presented. Analysis, background and historical settings plus production issues and biographical details pertaining to the director, cast and production personnel are explored.

Alt Wednesdays from 5 July 10:00 - 12:30

Leader: Hugh Watson 9519 5082

Bookings: Marie Doyle 9558 4223; mothra2@bigpond.com

NEWINGTON COMMUNITY CENTRE

Avenue of Europe. Buses 526 (Olympic Park Wharf to Burwood via Strathfield); 525 (Parramatta, Strathfield, Burwood Stations); 540, 543, 544 (from Auburn and Eastwood stations, plus Macquarie Centre). Parking: \$4 for three hours.

Venue Coordinator: Joy Pegler 9771 6185

peglerjm@bigpond.com

PRINCIPLES OF ART DESIGN(20)**..... 172WN01

Do you wonder why some things look beautiful or evocative? Do you want to try your hand at art? Explore how different lines, shapes, colours and compositions suggest different moods as you create some basic art work. (8 sessions)

Fourth Tuesday of each month from 25 July 10:00 - 12:00

Leader and bookings: Lerle Craig 9648 0802

lerle@hotmail.com

PANANIA SENIOR CITIZEN'S CENTRE

Corner Pepper Street and Anderson Avenue. One-minute walk from station. Buses: 923 (Bankstown to Picnic Point), 924 (Bankstown to East Hills). Parking in adjacent car park accessed from Pepper Street.

Venue Coordinator: Joy Pegler 9771 6185

peglerjm@bigpond.com

AUSTRALIAN PERSPECTIVES(25)**..... 172WP01

This is an informal discussion group during which the guest speaker introduces us to their varied ethnic, cultural and historical experiences. (4 sessions)

Third Thursday of each month from 17 Aug 2:00 - 4:00

Leader and bookings: Joy Pegler 9771 6185

peglerjm@bigpond.com

17 Aug: Teaching children with special needs

The speaker will relate the experiences she gathered over the 40 years that she taught children with special needs and will describe what proved most effective. Often learning difficulties were caused or exacerbated by the child's domestic environment.

Speaker: Theresa Burdon

21 Sept: Effects of Climate Change on Pacific Islands

Since 2006 the speaker has worked in solidarity with the Pacific Islands. She will speak about the social and material problems of the societies that will be aggravated by the effects of climate change and the steps they are taking to alert the world.

Speaker: Jill Finnane

19 Oct: Purchasing Land for a Peasant Family in Sri Lanka

The speaker and her husband will relate their experiences before, during and after they purchased land for a peasant family in Sri Lanka.

Speaker: Jeanette Watson

16 Nov: Review of Sessions

There have been more than thirty individual sessions of Australian Perspectives over the past six years. So in this session we will recall what knowledge we gained about members of our community from those sessions.

Speaker: Joy Pegler

KEEP THE MARBLES ROLLING(25)**..... 172WP02

It is important for seniors to keep physically fit and also to keep their brains in good order. This course was designed by Eastlakes U3A member Peter Beale as a series of fun mental exercises to stretch our minds. (8 sessions)

Alt Thursdays from 27 July to 7 Sept, then 12 Oct to 23

Nov 2:00 - 4:00

Leader and bookings: Maureen Carter 9773 0409;

moz.carter@tpg.com.au

REVESBY: COMMUNITY HALL

Macarthur Avenue. Two-minute walk from Revesby Station. Buses 923 (Bankstown to Picnic Point); 924 (Bankstown to East Hills); 926 (Bankstown to Revesby Heights). Limited street parking.

Venue Coordinator: Joy Pegler 9771 6185

peglerjm@bigpond.com

TAI CHI(25)**..... 172WR01

This class is for Tai Chi novices as well as for more experienced practitioners. The aim is for all participants to progress from six to twenty-four Tai Chi forms.

Each Thursday from 6 July 9:30 - 11:00
(except school holidays)

Leader and bookings: Patrick Brennan 9773 4182

REVESBY CONGREGATIONAL CHURCH HALL

Macarthur Avenue. Buses: 923 (Bankstown to Picnic Point, 922, 924 (Bankstown to East Hills), 926 (Bankstown to Revesby Heights). On-site parking.

Venue Coordinator: Joy Pegler 9771 6185
peglerjm@bigpond.com

SOUTH-WEST SONGBIRDS..... 172WR02

Are you looking for a place to sing besides the shower? You're in luck. We aim to provide light-hearted group singing with accompaniment. Song requests welcome. Come and make new friends. All songbirds welcome to tweet along.

Alt Thursdays from 6 July 11:00 - 2:00

Leader and bookings: Gloria Cunneen 9773 831; 0424 258 348

REVESBY WORKERS CLUB

28 Brett St, Revesby. Five-minute walk from Revesby Station. Free Parking on site.

Venue Coordinator: Joy Pegler 9771 6185
peglerjm@bigpond.com

FILM DISCUSSION GROUP(25)**..... 172WR03

This friendly, relaxed group meets monthly to discuss recent movies. Members undertake to view, either independently or socially, up to three films screening during the coming month. At each meeting, a volunteer from the group reviews selected films followed by general discussion. (6 sessions)

Fourth Tuesday of each month from 25 July 10:00 - 12:00

Leader and bookings: Robyn Deane 9726 4279
rdeanee@optusnet.com.au

ROZELLE: HANNAFORD CENTRE

608 Darling Street (corner Nelson Street). Buses 444, 445 from Balmain East (Darling Street) Wharf. Victoria Road buses 502, 504. **Wheelchair accessible.**

Venue Coordinator: Barbara Burton 9798 5620
beburton@iprimus.com.au

DISCUSSION GROUP(15)**..... 172WS01

The group focuses on historical events, philosophy and literature.

Each Monday from 17 July 10:30 - 12:30

Leader: Fay McKenzie-Edmonds
Bookings: Barbara Oates 9818 5187
oates.barbara@bigpond.com

FRENCH(15)**..... 172WS02

Dans ce groupe, qui se compose de membres dont les connaissances, les compétences en français sont déjà assez bonnes, on cherche à raffermir, à étendre ces connaissances, ces compétences en se servant d'activités variées où l'on écoute, on lit, on écrit, on parle, on discute.

Each Tuesday from 11 July 10:45 - 12:15

Leader: Alan Rodrick
Bookings: Sue Tronser 9818 3268
suetronser@gmail.com

FRENCH CONVERSATION INTERMEDIATE(15)**..... 172WS03

The class aims to improve conversational skills in French for tourist purposes. We also discuss other matters of interest such as films, television and books. We read articles on various topics to improve pronunciation and translation and we touch on grammar as required.

Each Tuesday from 11 July 2:00 - 3:30

Leader and bookings: Michael Georgeson 9818 2648
michael.georgeson@gmail.com

ROZELLE NEIGHBOURHOOD CENTRE

756 Darling Street. Buses 444, 445 from Balmain East (Darling Street) Wharf. Victoria Road buses 502, 504.

Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

DISCUSSION GROUP(16)**..... 172WU01

This is a lively group discussing local and global topical issues. These can include interesting social, political, economic and environmental concerns.

Alt Wednesdays from 12 July 10:30 - 12:30

Leader and bookings: Renate Watkinson 9660 0294
wrenate@tpg.com.au

STRATHFIELD CROQUET CLUB

50 Redmyre Road, Strathfield. Eleven-minute walk from Strathfield Railway Station.

Venue Coordinator: Anne Hall 0419 017 364
annenhall@gmail.com

CROQUET IS A HIT, FIND OUT..... 172WN01

An introduction to two of the four game codes of croquet. Coaching and game experience included in each session. The Club will provide all playing equipment for a fee of \$5 a visit. Wear casual slacks or shorts (mallets are swung between legs) and flat covered shoes. An outdoor sport, dress for the weather. (3 sessions)

Each Friday from 14 July 1:30 - 3:30

Leader and bookings: Ruth Bridger 9736 3410; 0407 044 042
krbridger@bigpond.com

WOOLLOOMOOLOO: OZANAM LEARNING CENTRE

Level 3, 99 Forbes Street. Venue is operated by the St Vincent de Paul Society and serves both the homeless and local community. Short walk from Kings Cross Station via William Street. Buses 324, 325 along William Street, alight near the corner of Forbes Street. Limited street parking, many spots with meters. **Wheelchair accessible. Lift available.**

Venue Coordinator: Anton Crouch
anton.crouch@optusnet.com.au

FILM GROUP(20)**..... 172WZ01

Motion pictures viewed in a thematic way. Generally, the time period covered is the 1930s, 40s and 50s. Themes include genres and the work of directors and actors. A film is shown at each session, with members encouraged to consider the work in its historical context. (2 series x 6 sessions)

Series 1: Powell and Pressburger

Michael Powell and Emeric Pressburger, *The Archers*. Probably the finest of the producer/screenwriter/director duos that the screen has produced. We concentrate on the 1940s. The pictures seen will include the exotic *Black Narcissus* and the mystical *A Canterbury Tale*.

Each Monday from 24 July 10:00 - 12:00

Series 2: Ladies of Noir

No, not ladies of the night but another instalment of the ever-popular style known as Film Noir, this time concentrating on the femme fatales, Janis Carter and Audrey Totter, for example.

Each Monday from 16 Oct 10:00 - 12:00

Leader and bookings: Anton Crouch 9660 2889

anton.crouch@optusnet.com.au

PRIVATE HOMES

Venue Coordinator: Jennifer Waldron taffy3@tpg.com.au

Please note that all private homes have limitations on numbers.

STANMORE BOOK CLUB**(10)..... 172WH01

A wide range of books will be selected by members who lead a discussion of their choice. The first book for July will be *Mothering Sunday* by Graham Swift.

First Monday of each month from 3 July 2:00 - 4:00

Leader: Wendy Fraser

Bookings: Bernice Lee 0412 969 440 bernicejlee@gmail.com

CLASSICAL BOOK CLUB (Stanmore)**(10)..... 172WH02

Members take turns reading from prescribed text. This is interspersed with lively discussion and commentary.

Suggested texts for the second semester 2017 are *Mabinogion* by Gwyn Jones and Thomas Jones, and *Pepys Diary* by Samuel Pepys.

Alt Tuesdays from 11 July 10:30 - 12:30

Leader and bookings: Sondra Griffiths 9332 4490

sondragriffiths135@gmail.com

INNER WEST BOOK GROUP 172WH03

Enhance your enjoyment of reading by sharing your ideas with others. Every four weeks we will read and discuss a book, choosing from a wide range of literature. First book in July is *Meinitz* by Chris Lewinski.

Every four weeks from Wednesday 26 July 2:00 - 4:00

Leader and bookings: Jennie Winton 9798 3589

jwinton798@gmail.com

OUT THERE!

Coordinator: Bobbie Kersten 8854 1646; 0410 873 605

bobbiekersten@gmail.com

MY FAVOURITE ETHNIC EATING PLACE 172WX01

Do you enjoy good food and conversation with like-minded people? Six monthly lunches at inexpensive restaurants within the Sydney LGA. Members in turn choose venues which will stimulate interest in cuisines from different cultures. Supplemented with a talk by the restaurateur, about food/traditions. Members pay for their own meal.

Second Wednesday of each month from 12 July 12:00 - 2:30

Leaders and bookings: Jenny Hawkins 0418 464 253

jenniferhawkins798gmail.com

Teresa Longbottom 0488 947 160; teresa@longbottom.com.au

FOURTH TUESDAY LUNCH GROUP**(12) 172WX02

We meet for lunch at restaurants that serve a variety of cuisines situated close to public transport around Leichhardt Council LGA. We invite the chef/owner to tell us his/her background/menu development. We will try to book BYO wine restaurants. Attendees who choose to BYOW are required to pay corkage (5 sessions)

Fourth Tuesday each month from 25 July time advised on booking

Leaders and bookings: David Cameron 9810 6498

djcameron@iprimus.com.au

VISITING REGIONAL GALLERIES 172WX03

Using public transport, we will visit regional art galleries to see a diversity of art. More details, plus details of first outing, will be supplied when enrolling.

Second or third Saturday or Sunday of each month (depending on exhibition dates) from mid July early-am to mid-afternoon.

Leader and bookings: Helen Biddle helenjbiddle@gmail.com
(Please supply phone and U3A membership number)

BUSH WALKS WITH A 172WX04 TOUCH OF HISTORY

All walks medium-grade. You are responsible for your own safety on the walks. Bring hat, water, morning tea and lunch. Wear shoes with a safe walking tread. Note: we travel in the third carriage of trains. Timetables subject to change: Check Transport Info Line 131500.

Last Sunday of each month from 30 July

Leader and bookings: Bobbie Kersten 8854 1646;

0410 873 605

bobbiekersten@gmail.com

Middle Head, Georges Heights, Balmoral

Sunday 30 July

9:40am Bus 244 Carrington St Wynyard. Return by bus.

Brisbane Waters

Sunday 27 Aug

9:15am train Central Country Platform to Woy Woy, walk to Ettalong. Return by bus and train to City.

Coastal Walk

Sunday 24 Sept

9:24am train Central Suburban Platform 25 to Kiama. Return by train.

Peninsular Walk

Sunday 29 Oct

9:22am train Central Platform 25 to Cronulla. Return train to City.

Nepean River Walk

Sunday 26 Nov

8:51am train Central Suburban Platform 18 or **9:18am train** Country Platform to Penrith. Return train to City.

NORTHERN BEACHES

Regional Course Coordinator: Runa Schmidt-Muller

runasm@ihug.com.au

Enquiries only

COMBINED SHOWCASE

and

NEW MEMBERS' MORNING TEA

Wednesday 5 July 10:00 - 12:00

Newport Community Centre

11 – 13 The Boulevard Newport

Choose your courses the easy way! Hear about new and other courses direct from our leaders.

Fascinating courses include:

Science, French, Music, History, Literature, Singing, Yoga, Movies and Art

Join us for tea, coffee, orange juice and morning tea. Hear a number of short presentations as leaders showcase their courses.

Take the opportunity to discuss a course with new and continuing leaders.

Read more about courses on display around the room.

Come along and make an informed decision and book your course(s) on the day!

Further details will be provided in our Newsletter and on the website closer to the date.

For catering purposes please RSVP to:

Gaye Pringle

0407 248 331 or 9975 3182

gayepringle@gmail.com

by 27 June for 5 July

BALGOWLAH: CLUB TOTEM

195 Condamine Street, Level 3, Washaway Room. Buses from Peninsula/Wynyard and Manly/Chatswood. Three-hour free parking in Stockland Shopping Centre. Lift from car park. **Wheelchair accessible**

Venue Coordinator: Helen Baseley 9905 3583

baseley@iprimus.com.au

LITERATURE 172BB01

A wide range of authors and their books are discussed. These include *Hag-seed* by Margaret Atwood, *The Sympathizer* by Viet Thanh Nguyen, and *The German Girl* by Armando Lucas Correa.

Alt Wednesdays from 26 July 11:00 - 1:00

Leader and bookings: Maureen Smith 9982 7985; maureen.i.smith@bigpond.com

BELROSE: GLENAEON RETIREMENT VILLAGE

207 Forest Way. Village Community Centre. Forest Coach Lines 270 from Warringah Mall/Frenchs Forest. Parking available inside village. **Wheelchair accessible.**

Venue Coordinator: Margaret Robinson 9486 3528

merobinson2@bigpond.com

LEARN TO PLAY MAH JONG 172BT01

Lessons on a one-to-one basis are conducted in a relaxed and easily understood way by an experienced teacher. Games are played with a reference book which illustrates the 'hands' to play. Beginners welcome.

Each Tuesday from 4 July 9:00 - 12:00

Leader: Penny Bright

Bookings: David Bright 0404 446 326

DOCUMENTARY FILMS 172BT02

A wide selection of films is shown on the large plasma screen in the Village Community Centre, with subsequent discussion.

Alt Mondays from 7 Aug 2:00 - 4:00

Leader: John Sheridan

Bookings: Margaret Robinson 9486 3528

BROOKVALE: WARRINGAH MALL LIBRARY

Pittwater Road. Library on level 2, adjacent to Hoyts theatre entrance. Three-hour free parking. Regular buses from Wynyard/Upper Peninsula and from Manly and Forest regions. **All sessions held in Multifunction Room within the library at the rear. Wheelchair accessible**

Venue Coordinator: Jack Baseley 9905 3583;

baseley@iprimus.com.au

ISSUES FOR DISCUSSION**(20) 172BA01

A participative group where all those present are encouraged to raise issues that may be of interest to them and to others. The topics are debated in a friendly atmosphere for the benefit of all attendees. Please come and enjoy the company of other U3A members.

Alt Thursdays from 20 July 1:30 - 3:30

Leader: Jack Das

Bookings: Mary Comber 9948 4064;

mary.comber@optusnet.com.au

BOOK CLUB*(9)..... 172BA02**

A book discussion group which meets monthly to share views on a variety of authors. Books are chosen from a range of genres according to the interests of the group. (5 sessions) **Thursdays 27 July, 24 Aug, 21 Sept, 19 Oct, 16 Nov 1:00 - 3:00**
Leader and bookings: Joan Giumelli 9981 7509
jgiumelli@ozemail.com.au

COLLAROY: WARRINGAH PLACE RETIREMENT VILLAGE

1039 Pittwater Road. Activities Room. Buses 155, 156 from Manly; 188, 190 from Wynyard/Upper Peninsula, L60 from Chatswood/Mona Vale. Limited on-site parking. Street parking. **Wheelchair accessible**

PLAY THE UKULELE*(12)..... 172BP01**

Do you need some fun in your life? Do you like to sing? Ukuleles are back in fashion! Come and join us and make new friends. No musical knowledge required. Guitars welcome too. Please ring leader to establish your interest. **Each Monday from 24 July 1:30 - 3:00 (No school and public holidays)**
Leader and bookings: Colleen Russell 9918 3817

PLAY THE RECORDER*(12)..... 172BP02**

Come and play the soprano and tenor recorders. Learn to read the music from Renaissance to Bach through to Modern and Jazz. Acquire a new musical skill in the company of friendly people. **Each Monday from 24 July 3:30 - 4:30 (No school and public holidays)**
Leader and bookings: Colleen Russell 9918 3817

COLLAROY PLATEAU: RSL VETERANS' RETIREMENT VILLAGE

Veterans Parade. Northern Amenities Block. Buses 179, 180 from Wynyard. Limited on-site parking. Street parking available. **Wheelchair accessible**

ART: PAINTING AND DRAWING IN ANY MEDIUM*(14)..... 172BV01**

If you are an artist, or would-be artist, haven't painted for years, or would just like to paint with a friendly group, maybe we are what you need. This is not a teaching group but assistance and appraisals are given. **Each Monday from 3 July 1:00 - 4:00 (No public holidays)**
Leader: June Rodden 9402 4550
Bookings: Bronwyn Hale 9979 4481

FORESTVILLE: FOREST COMMUNITY ARTS CENTRE

Darley Street. Adjacent to library. Bus 136 from Chatswood/Manly, Forest Coach Lines 270 from City/Terrey Hills, 280 from Chatswood/Warringah Mall. Parking available. **Wheelchair accessible**
Venue Coordinator: Terri Nixon 8964 9574
thenixons23@optusnet.com.au

CREATIVE WRITING*(10-12)..... 172BF01**

This small group has met for almost 20 years with a couple of original members, including published authors and poets. We do not teach writing. We critique, proofread and advise,

so you need to have something to present - poetry, short stories, fiction or family history. (13 sessions) Lorikeet Room **Alt Mondays from 3 July 1:00 - 4:00**
Leader and bookings: Jo McGahey 9986 3063
mcgahey@tig.com.au

PAINTING AND DRAWING ART GROUP 172BF02

Our group is a mix of very experienced artists and absolute newbies. Some paint, some sketch, all enjoying the company of other friendly and helpful members. You are very welcome to come and learn a new skill or to sketch or paint in your choice of medium with or without guidance. Call Kathleen for advice on what to bring. (12 sessions) Studio Room. **First and third Tuesdays of each month from 4 July 1:00 - 4:00**
Leader and bookings: Kathleen Wilson 0400 348 818
kathleen6a@gmail.com

ROMAN HISTORY: AUGUSTUS AND THE JULIO-CLAUDIANS 172BF03

In January 27 BC, the winner in the last civil war acquired a new name, Augustus, and introduced a modified form of Roman government, ruled by one man. We will discuss the political, social and religious history of the reigns of Augustus and his family successors - Tiberius, Caligula, Claudius and Nero. New members welcome. (9 sessions) Classroom 1 **Alt Thursdays from 13 July 2:00 - 4:00**
Leader and bookings: Leonie Hayne 9417 2894

GLOBALISM OR NATIONALISM: FRIEND OR FOE? 172BF04

Many global problems can only be solved at the expense of national sovereignty and local priorities. Think of climate change, the movement of large numbers of refugees from war-torn areas, religious fundamentalism and economic inequality. We trace the history of nationalism and globalism to gain a better understanding of these conflicting phenomena. (5 sessions) Heather Flawith Room **Each Tuesday from 15 Aug 10:00 - 12:00**
Leader: Peter Nixon 8964 9574
petermixon@optusnet.com.au
Bookings: Terri Nixon 8964 9574
thenixons23@optusnet.com.au

UNTOLD STORIES IN HISTORY 172BF05

We travel to three countries with fascinating, even shocking, stories. The women and the men of the English Restoration; the sushi, silk and zen of traditional Japan; the indigenous farmers of Australia rescuing colonial explorers. We also examine new scholarship on indigenous farming techniques, and the poet Oodgeroo Noonuccal (Kath Walker). (6 sessions) Heather Flawith Room **Each Friday from 13 Oct 10:00 - 12:00**
Leader and bookings: Heather Bentley 0408 158 858
heatherbentley.joy@gmail.com

FRENCHS FOREST: LIONEL WATTS COMMUNITY CENTRE

93-95 Blackbutts Road (behind Glen Street Theatre). Forest Coach Lines 281 from Chatswood/Davidson. Alight at Glen Street Theatre. Easy parking
Venue Coordinator: Rosemary McCulloch;
ramccull@gmail.com; 0448 095 958

FRIDAYS IN THE FOREST 172BU01

A monthly program of separate presentations on a wide variety of topics given by people with expertise in, and enthusiasm for, their subject. Something for everyone. **Last Friday of each month. All sessions 10:00 - 12:00**
Bookings not required

1. Railways – Past, Present and Future

The talk covers the development of railways, current railway operations, the types of trains in service around the world and the prospect of hi-speed rail in Australia.

Friday 28 July

Speaker: John Watsford

2. Listening to Prisoners

As an official visitor, appointed in 2001 by the NSW Minister for Corrections, Fergus has listened to the concerns of thousands of inmates and correctional officers, preparing prisoners for life outside.

Friday 25 Aug

Speaker: Fergus Hynes

3. Innovative Automatic Identification

Our speaker has conducted research on the regulatory environment surrounding the tracking and monitoring of people using commercial global positioning systems (GPS) applications in the area of dementia, mental illness, parolees and minors.

Friday 29 Sept

Speaker: Katina Michael

4. Governor Macquarie

Major General Lachlan Macquarie, a British career military officer, was the fifth Governor of NSW. He served in this role between 1810 and 1821, and was crucial in transforming New South Wales from a penal colony into what would become Australia.

Friday 27 Oct

Speaker: Patrick Dodd

5. Forest Memories

As historian for Northern Beaches Council (old Warringah Council), Michelle was responsible for last year's exhibition in History Week. Her presentation will focus on our beautiful local area and its changes over the years.

Friday 24 Nov

Speaker: Michelle Richmond

MONA VALE MEMORIAL HALL

1606 Pittwater Road. Meeting Room. Buses L85, L88, L90 from Wynyard/Upper Peninsula. Parking available.

FRENCH LEVEL 4..... 172BL01

For those who already have a comprehensive grasp of grammar and conversation. Textbook used: *Collins Advanced French Grammar*, plus a variety of literature.

Alt Wednesdays from 5 July 2:00 - 4:00

Leader and bookings: Sarita Wright 9970 5906
saritawright35@gmail.com

FRENCH INTERMEDIATE..... 172BL02

This course will cover reading, writing and grammar. Not suitable for beginners. Textbook used: *French Made Simple* by Pamela Rose Haze.

Alt Tuesdays from 11 July 10:00 - 12:00

Leader and bookings: Olivia Kesby 9938 3028
olivia.kesby@gmail.com

FRENCH LEVEL 3..... 172BL03

This course covers reading, writing, grammar, and conversation. Must have basic knowledge of the language. Textbook used: *French Made Simple* by Pamela Rose Haze.

Alt Wednesdays from 12 July 2:00 - 4:00

Leader and bookings: Sarita Wright 9970 5906
saritawright35@gmail.com

CONTEMPORARY PHILOSOPHY: HEIDEGGER FOR BEGINNERS..... 172BL04

An introduction to Martin Heidegger's master work, *Being and Time*. Our guiding question is: What is the world? What is it to be in the world as a human? Course textbook

(to be set) required, to be used in conjunction with course instruction.

Alt Tuesdays from 18 July 2:00 - 4:00

Leader: John Lauricella 9918 2142

Bookings: Mike Williams 0413 878 567

mikews@optusnet.com.au

PHILOSOPHICAL THEMES..... 172BL05

The aim of this course is to introduce major Western philosophers as they relate to each other with respect to a specific theme. Participants will gain a sense of philosophy as a coherent discourse and not just a jumble of opinions. DVD and You-Tube introductory lectures combined with group discussions. No prior knowledge of philosophy required.

Alt Tuesdays from 25 July 2:00 - 4:00

Leaders and bookings: Mike Williams 0413 878 8567

mikews@optusnet.com.au; or

John Lauricella jml1010@yahoo.com

NARRABEEN: BAPTIST CHURCH

13 Grenfell Avenue, (cnr Wakehurst Parkway). Regular buses from Wynyard/Upper Peninsula, 156 from Manly/Church Point to either Narrabeen Terminus or Gondola Road. **By car travelling north:** Cross Narrabeen Bridge, left into Rickard Road then left into Bristol Lane. The church is straight ahead. **By car travelling south:** Turn right off Pittwater Road into Wakehurst Parkway, then first right into Grenfell Avenue. **Wheelchair accessible**
Venue Coordinator: Barbara Bohm 9913 3481
jeddassam1@bigpond.com

UKULELE - INTERMEDIATE / ADVANCED..... 172BQ01

If you have learnt six basic chords, now is the time to move to or join this group. Lots of strumming, singing and fun. Education Centre, Ground floor.

Each Tuesday from 4 July 1:30 - 3:30

Leader and bookings: John Peters 0412 161 069
jayefpe@hotmail.com

ACOUSTIC GUITAR GROUP 1 and 2..... 172BQ02

Harvey Broadbent will conduct two post-beginners acoustic guitar groups, each to meet once a week for nine weeks. The group will build a repertoire of classic soft rock/blues acoustic pieces. Basic knowledge of chords and chord chart reading required. Room 2, level 1.

Each Wednesday from 5 July 10:30 - 1:00 and 2:00 - 4:00

Leader and bookings: Harvey Broadbent 0414 486 675
harveybroadbent1915@gmail.com

FRENCH POST-BEGINNERS**(15)..... 172BQ03

For people with an interest in France, the French and their language. Emphasis on correct pronunciation. Book used is *French Made Simple* by Pamela Rose Haze. Education Centre, Ground floor.

Alt Fridays from 7 July 10:00 - 12:00

Leader and bookings: Olivia Kesby 9938 3028
olivia.kesby@gmail.com

TRIVIA FOR SENIORS..... 172BQ04

Interesting and tricky questions and topics well-suited to the U3A age group, make for a lot of fun and laughter. Get up a team or come on your own and give the grey cells a workout! Prizes for the winning team. Education Centre, Ground floor.

Alt Fridays from 7 July 1:00 - 3:00

Leader and bookings: Janet Atkinson 9970 6019
sophie@easy.com.au

ADVANCED FRENCH..... 172BQ05

Focusing on grammar and dictation, reading and conversation. Room 2, level 1.

Alt Mondays from 10 July 10:00 - 12:00

Leader and bookings: Sarita Wright 9970 5906
saritawright35@gmail.com

UKULELE FOR BEGINNERS..... 172BQ06

If you have ever wanted to learn to play the ukulele, this is your chance. We start from scratch. No prior knowledge of music necessary. Come along and have a go, it's fun. Room 2, level 1.

Each Tuesday from 25 July 1:30 - 2:30

Leader and bookings: Felicity Davis 9979 8633
felicity@sciencefilms.com.au

NORTH NARRABEEN: COASTAL ENVIRONMENT CENTRE

Pelican Path, Lake Park Road. Regular buses from Wynyard/Upper Peninsula, 156 from Manly/Church Point. Alight at Narrabeen High School; if travelling from south cross Pittwater Road then 300 metres walk along Lake Park Road. Follow Pelican Path along the lakeshore heading east. CEC is 40 metres inside the grounds of Sydney Lakeside Holiday Park. Car park opposite 34 Lake Park Road, 'Whitewash Café'. **Wheelchair accessible**

Venue Coordinator: Barbara Bohm 9913 3481
jeddasam1@bigpond.com

MONDAY AT THE MOVIES (MAM)..... 172BR01

For those who enjoy current movies, a movie club operating similar to a book club. Each month, view up to three nominated movies in your own time and join us for a stimulating discussion about the plot, actors, producers and cinematography. Decide your own ratings (6 sessions).

Mondays 17 July, 7 Aug, 11 Sept, 9 Oct, 6 Nov, 4 Dec 10:00 - 12:00

Leader: Heather Leggat
Bookings: Alan Leggat 9997 3183
ahleggat@bigpond.com (preferred)

MAGIC OF POETRY..... 172BR02

Enjoy poetry? Then come along and share your favourite poems and hear the magic of others in a fun relaxed atmosphere. (6 sessions)

Wednesdays 19 July, 16 Aug, 13 Sept, 11 Oct, 8 Nov, 6 Dec 10:00 - 12:00

Leaders: Alan Leggat and Kevin Herbert
Bookings: Heather Leggat 9997 3183
ahleggat@bigpond.com (preferred)

NORTH NARRABEEN: NORTHERN BEACHES COMMUNITY COLLEGE

Community College Annex, 1525 Pittwater Road. Training Room 5 (or as stated on College noticeboard). Regular buses from Wynyard/Upper Peninsula, 156 from Manly/Church Point. Limited parking available at College. Car park opposite, across Pittwater Road. **Wheelchair accessible**

Venue Coordinator: Barbara Bohm 9913 3481
jeddasam1@bigpond.com

CREATIVE WRITING..... 172BX01

An opportunity for people interested in writing fiction, poetry, short stories, articles, family histories and more,

to read their work and receive constructive criticism and assistance with a view to improving their writing skills, as well as enjoying others' contributions and friendship.

Alt Mondays from 10 July 1:30 - 3:30 (no public holidays)

Leader and bookings: Diane Harding 9944 0886
dianeharding@optusnet.com.au

NEWPORT COMMUNITY CENTRE

11-13 The Boulevard, off Barrenjoey Road. Buses L88, L90 from Wynyard/Upper Peninsula to Newport Bowling Club. Ample parking available. **Wheelchair accessible. No courses at Newport during school holidays.**

Venue Coordinator: Elizabeth Waring;
elizabethwaring5@gmail.com

INTERMEDIATE FRENCH..... 172BC01

This course is for students who have a good working knowledge of Intermediate French Grammar. The objective is to increase our knowledge of the French language, country and culture through vocabulary development, grammar and writing, speaking, presenting and listening. Textbook and a good dictionary are essential. Check before purchasing any books. Activities Room.

Alt Wednesdays from 19 July 1:45 - 3:45

Leader: Danina Anderson; danina_anderson@hotmail.com
Bookings: Frances Buchan 0412 127 182
francesandtonybuchan@gmail.com

ART CLASS WITH DENISE BARRY..... 172BC02

This course welcomes all. We will be working mainly in acrylic paint. The emphasis will be on fun, relaxation and creativity, encouraging each individual style. The leader comes from a background as a practising artist (painter), art teacher and therapist. Activities Room

Each Thursday from 20 July 1:00 - 4:00

Leader: Denise Barry 9974 5335
powerfulowl2@gmail.com
Bookings: Terry Bickerton 9970 7161
terry.bickerton@bigpond.com

TABLE TENNIS..... 172BC03

This exercise stimulates physical and mental performance. The air-conditioned venue is ideal for year-round play. We offer the opportunity to revive a dormant skill and to socialise with new friends.

Each Thursday from 20 July 1:30 - 4:30

Leader: John Hardiman 9940 0460
hardimanja@gmail.com
Bookings: John and Ann Hardiman;
hardimanja@gmail.com (preferred)

YOGA AND RELAXATION..... 172BC04

There are three yoga classes to choose from. **Booking essential, please book into one class only. Multiple class bookings are not permitted.** Each class consists of basic yoga practice, breathing and deep relaxation, which will help improve joint mobility, increase muscle flexibility and bone density. Yoga balances your nervous system, reduces stress, hypertension and insomnia, and helps to keep you happy and healthy. Connie Robinson is a highly qualified yoga teacher, and Louise Matthews is an International Yoga Teachers Association trained teacher. Main Hall

Each Friday from 21 July 12:30 - 2:00

Each Monday from 24 July 12:30 - 2:00

Leader: Connie Robinson
Bookings: Pamela Frei 9913 7852
ciesta@tpg.com.au (preferred)

Each Wednesday – except first Wednesday of each month – from 9 Aug 12:30 - 2:00

Leader: Louise Matthews 9981 4165
louisemtws@yahoo.com.au
Bookings: Joy Cook 9979 3523
joy.e.cook@gmail.com (preferred)

**FRIDAY ART WITH TEACHER 172BC05
ELIZABETH BOUSTEAD**

This is not a class for experts. It's for those who wonder about art, are willing to have a go and are happy to just see what happens. We will look at how art is made by exploring colour, line, composition, materials and art history. Skills needed – an open mind and patience. Activities Room 1 and 2.

Each Friday from 21 July 1:00 - 4:00

Leader: Elizabeth Boustead elizbou@gmail.com
Bookings: Julie Magill 9997 3221
jmagill2@bigpond.com (preferred)

ART CLASS WITH KAYE DEXTER 172BC06

This course is designed to develop painting skills in beginners and more advanced students. We shall use acrylic paints and explore a variety of techniques. The leader is a retired secondary art teacher and practising artist. Activities Room

Each Monday from 24 July 1:00 - 4:00

Leader: Kaye Dexter
Bookings: Mike Williams 0413 878 567
mikews@optusnet.com.au (preferred)

**DRAMA ACTIVITIES THROUGH 172BC07
MOVEMENT, MIME AND
IMPROVISATION**

Looking for a fun and enjoyable activity that extends you? Join our drama activities at Newport every second Wednesday. Not only will you meet new people and have fun along the way but we'll be doing relaxation and drama exercises to music that will make you feel well and happy!
Activity room

Alt Wednesdays from 26 July 2:00 - 4:00

Leader: Helen Rosenkranz 0405 060 727
helenrosenkranz@gmail.com
Bookings: Ann Hardiman 9940 0460
hardimanja@gmail.com (preferred)

**WEDNESDAY AFTERNOON 172BC08
AT NEWPORT**

Come and join a friendly group on the first Wednesday of each month. Enjoy the one-off lectures on a wide range of subjects. Main Hall (4 sessions) **Bookings not required**

**First Wednesday of each month (except Oct)
from 2 Aug 1:30 - 3:30**

Leader: Mavis Bickerton 9970 7161
mavis.bickerton@bigpond.com

1. Impressions of Mongolia and Alaska

Kevin and Glenys will present their impressions of Mongolia and Alaska, highlighting the fascinating connections between the history, geography, culture, lifestyle and landscape of each country.

Wednesday 2 Aug

Speakers: Kevin and Glenys Murray

**2. Celebrant Ceremonies 'Weddings – Wicked,
Wonderful and Wild'**

Whilst most weddings are enjoyable and wonderful affairs at which Wendy was very honoured to officiate, there are always those hilarious and even disastrous moments when events didn't quite work out! Come and hear more.

Wednesday 6 Sept

Speaker: Wendy Bull

3. Maritime Museum

Peter is the Chairperson, Australian National Maritime Museum. The Museum is Australia's leading resource in the field of maritime heritage and history. Peter will speak about its amazing collection.

Wednesday 1 Nov

Speaker: Peter Dexter

4. National Parks and Wildlife

31 May 1942: Three Japanese midget submarines attacked naval vessels in Sydney Harbour. This event will be discussed in detail, as well as the military and convict history of Fort Denison and Shark, Clark and Goat Islands.

Wednesday 6 Dec

Speaker: David Thompson

**NEWPORT: PITTWATER
PRESBYTERIAN CHURCH**

Corner Robertson Road and Ocean Avenue. Buses L88, L90 from Wynyard/Upper Peninsula.

**Venue Coordinator: Ann Hardiman 9940 0460
hardimanja@gmail.com**

RECORDER PLAYING 172BN01

A small group playing descant, treble, tenor and bass recorders. Playing music from Renaissance to Bach through to Modern and Jazz. We welcome new players at this level. Church Hall.

Each Wednesday from 19 July 10:30 - 12:30

Leader and bookings: Colleen Russell 9918 3817

**NORTH CURL CURL
COMMUNITY CENTRE**

Corner of Griffin and Abbott Roads. Parking available inside the venue grounds. Bus 136 Chatswood/Manly passes through Dee Why and stops on the corner of Griffin and Pitt Roads.

**Venue Coordinator: Ruth Buchanan 0401 203 368
ruth.buchanan@bigpond.com**

UNDERWATER ADVENTURES 172BD01

A series of three talks by David Strike. Main Hall
Bookings: 0414 290 938; sylviastrike@hotmail.com

1. Legends of Diving

Thrilling stories about the men and women whose underwater exploits, adventures and explorations have helped push back the boundaries of scientific knowledge.

Thursday 29 June 10:00 - 12:00

2. Diving for Oil

Tales of underwater mishaps and misadventures: In the early seventies the heavy demand for divers to work on the North Sea gas and oil platforms exceeded supply. Wages were high and so was the diver mortality rate.

Thursday 31 Aug 10:00 - 12:00

3. Shipwrecks and Salvage

Relying more on guts than intellect early salvage diving pioneers risked crippling injuries and death for the sake of reward. Stories of classic salvage diving operations and diving's role in maritime archaeology.

Thursday 30 Nov 10:00 - 12:00

BALANCE 'N' BONES EXERCISE.....172BD02

Conditioning exercises for all major muscle groups, balancing to improve posture, relaxation for mind and body following a low-impact aerobic warm-up. Instruction by the **Beth Denny DVD**. Easy program at 9:40 followed by an Advanced program at 10:35. Come to one or both sessions. Main Hall

Each Monday from 3 July 9:40 - 10:25 and 10:35 - 11:20
Each Friday from 7 July 9:40 - 10:25 and 10:35 - 11:20

Leader and bookings: Ruth Buchanan 0401 203 368
 ruth.buchanan@bigpond.com

MAH JONG.....172BD03

Play Mah Jong – the Western Game in a quiet, friendly atmosphere. Main Hall

Alt Mondays from 3 July 1:00 - 3:45

Leader and bookings: Jacki Bateman 9913 8559
 jacki.bateman@optusnet.com.au

SOCIAL SEQUENCE DANCING.....172BD04

Dancing for fun and to keep your mind and body active. Gracious old favourites. Please bring your own lunch. Main Hall.

Each Tuesday from 4 July 10:15 - 2:00

Leader and bookings: Rosemary MacDonald 9905 3851

CROQUET.....172BD05

Come and enjoy the game of Golf Croquet. No partner required. Teaching available upon request. During the mornings, games organised to accommodate on a first-come basis. Afternoons, specific times may be booked. Croquet lawn

Each Tuesday and Thursday from 4 and 6 July 9:00 - 3:45 pm

Leader and bookings: Ruth Buchanan 0401 203 368
 ruth.buchanan@bigpond.com

MUSIC – THE SOUNDTRACK OF OUR LIVES.....172BD06

Listen, laugh, sing along (or even get up and dance if the music takes you). Together we will share the memories that only a special piece of music can evoke. Whether it is rock 'n roll, big band swing, country, jazz or classical, we will be playing many of those forgotten favourites of yours (5 sessions). Main Hall.

First Thursday of each month from 6 July 10:00 - 12:00

Leader and bookings: Brian Delgaty 0402 312 082
 briandelgaty@gmail.com

CANASTA FOR ALL.....172BD07

Canasta is a great social card game. This is an opportunity to learn the rules of the game, pick it up again if you have played before, or polish up your playing skills in a friendly and supportive environment. Main Hall

Each Thursday from 6 July 1:00 - 4:00

Leader and bookings: Eve Lane evelane222@gmail.com

MAH JONG - THE WESTERN GAME.....172BD08

Learn and play Mah Jong in a friendly atmosphere. Patient teaching is provided. Main Hall

Each Thursday from 6 July 1:15 - 3:45

Leader and bookings: Christine Ferguson 0409 306 768
 chrisfer43@gmail.com

CHESS CLUB.....172BD09

Play chess in a quiet friendly atmosphere. All levels welcome. Meeting Room

Each Friday from 7 July 10:00 - 12:00

Leader and bookings: Maria Jenkins 0448 893 788
 mariarjenkins@gmail.com

MAH JONG WESTERN STYLE.....172BD10

Play Mah Jong in a quiet, friendly atmosphere. No teaching. This course originates from the Dee Why Seniors Group program, but is very welcoming to any new member. Meeting Room

Each Friday from 7 July 10:00 - 1:00

Leader and bookings: Christine Ferguson 0409 306 768
 chrisfer43@gmail.com

ACTIVE SENIORS DANCE CLASSES.....172BD11

Delightful social atmosphere. Popular 'Dance for Life with U3A'. Learn waltz, quickstep, slow foxtrot, Latin (rumba, cha cha and samba), jive and sequence dances. Keep mind and body active. From beginners to improvers and beyond. Have fun, dance, enjoy. Main Hall.

Each Friday from 7 July 1:30 - 3:30

Leader: Barbara Martin 0413 656 387
 danceballroom@optusnet.com.au

Bookings: Susan Ascher 9999 4659; 0439 912 512
 sues2512@tpg.com.au

SECOND THURSDAY OF THE MONTH.....172BD12

A monthly program of separate presentations on a wide variety of topics, given by people with expertise in, and enthusiasm for, their subject. Main Hall.

Bookings not required.

Commencing Thursday 13 July 10:00 - 12:00

Leader: Ruth Buchanan ruth.buchanan@bigpond.com

1. Jim Murray and his Spices

An introduction to herbs and spices. We will discuss their folklore, history and origin. Fresh and dried herbs will be available to smell and taste. Recipes using the herbs and spices will be introduced.

13 July and 10 Aug

2. Ruth Fenton - Update your Interior Decoration for Spring

Interior decoration is easier than you think with a few simple guidelines and ideas. Come along and learn to re-think many of the decorative items you may already have. Décor can enhance any environment and change the way you think about your space.

14 Sept

3. Peter Nixon - The History of Moral Thought

From Homer's Greece to Mao's China, from ancient India to modern America, social needs and political desires have shaped moral thinking and therefore global history. In the three sessions, we will recall the stories of selected philosophers and perhaps challenge some of our cherished moral beliefs.

12 Oct, 9 Nov, 14 Dec

CHRISTMAS IN A BOX.....172BD13

Wondering how to wrap that oddly shaped gift? Add a little extra to your gift wrapping for any celebrations. Construct boxes, add origami and bows for minimum cost. Sessions finishing with a Christmas in July luncheon.

Bookings essential Main Hall

Monday 17 and 24 July 1:30 - 3:45

Leader and bookings: Jacki Bateman 9913 8559

AN ECLECTIC MIX.....172BD14

The presenters met at Eric Hitchen's jazz sessions at Glenaeon a couple of years ago and realised that they shared a love of fine music from a wide range of genres. They will present favourites from their combined collections of thousands of CDs and records of jazz, opera and classical, and music from the shows. Main Hall

Monthly on Thursdays: 20 July, 17 Aug, 21 Sept, 19 Oct, 16 Nov 10:00 - 12:00

Leaders: Martin Thorndycraft and Malcolm Raymond;
mthorndy@bigpond.net.au
Bookings: Ruth Buchanan 0401 203 368
ruth.buchanan@bigpond.com

ANDROID TABLET BASIC COURSE(7)** 172BD15

An introduction to your tablet including getting to know it, using inbuilt apps, setting an alarm, using the calendar and camera, visiting the app store, using the web, enlarging the text. The course will be repeated dependent on demand.

(3 sessions) Meeting Room

Each Tuesday from 1 Aug 1:30 - 2:30

Leader and bookings: Alan Bateman 9913 8559
alanbateman@optusnet.com.au

IPAD BASIC COURSE(7)** 172BD16

An introduction to your iPad including getting to know it, using inbuilt apps, setting an alarm, using the calendar and camera, visiting the app store, using the web, enlarging the text. The course will be repeated during the semester dependent on demand. (3 sessions) Meeting Room

Alt Mondays from 31 July 1:30 - 3:30

Leader: Malcolm Raymond malcolm.raymond@gmail.com
Bookings: Patricia Gordon 9948 4382
pjgordon@bigpond.com

ANDROID TABLET ADVANCED COURSE(7)** 172BD17

For those who have mastered the basics and want to learn more. This course deals with photos, e-books, files, email and more. The course will be repeated dependent on demand. (3 sessions) Meeting Room

Each Tuesday from 22 Aug 1:30 - 3:30

Leader and bookings: Alan Bateman 9913 8559
alanbateman@optusnet.com.au

SCIENCE TECHNOLOGY AND THE INTERNET OF THINGS (IoT) 172BD18

Science and technology are progressing at ever-increasing speeds. In particular, the latest hot topic is the Internet of Things. IoT is seeing billions of smart devices all connected to the internet and potentially changing the way we live.

Many IoT devices will help us to stay longer in our own homes as we age. (6 sessions) Main Hall

Fourth Thursday of each month from 24 Aug 10:00 - 12:00

Speakers are specialists in their field and participants notified by email each month or an IoT newsletter
Bookings: Ruth Buchanan ruth.buchanan@bigpond.com

IPAD ADVANCED COURSE(7)** 172BD19

For those who have mastered the basics and want to learn more. This course deals with photos, e-books, files, email and more. The course will be repeated during the semester dependent on demand. (3 sessions) Meeting Room

Alt Mondays from 21 Aug 1:30 - 3:30

Leader: Malcolm Raymond malcolm.raymond@gmail.com
Bookings: Patricia Gordon 9948 4382;
pjgordon@bigpond.com

WARRIEWOOD: NELSON HEATHER SENIOR CITIZENS CENTRE

Corner of Jacksons and Boondah Roads. Regular buses from Wynyard/Upper Peninsula. 156 from Manly/Church Point. On-site parking available, or in Boondah Road.

Wheelchair accessible

FRENCH WITHOUT GRAMMAR 172BW01

Weekly workshops for people with an understanding of French, who can conjugate the verbs to be and to have. The workbook is *French made Simple* by Pamela Rose Haze. Not a beginner's class. Angophora Room

Each Tuesday from 4 July 2:00 - 4:00

Leader and bookings: Alan Turner-Morris 9400 9223
alantm@optusnet.com.au

TOPICS OF OUR TIMES(25)** 172BW02

A discussion group which will consider timely issues that affect and interest us all. These may be local, national or international. Whilst all members are encouraged to submit topics and actively participate in the discussions, you are welcome to simply listen. Banksia Room

Alt Tuesdays from 4 July 2:00 - 4:00

Leader: Antoine van de Walle 8090 2884
antoinevdwalle@gmail.com
Bookings: Peggy Crocker 9975 6828
fripeg@optusnet.com.au

SINGING FOR THE JOY OF SINGING 172BW03

We meet fortnightly, no ability required. We sing songs from shows. This activity suits anyone who enjoys singing, irrespective of ability. We are a very social group and make friends easily. Non-singers are welcome to attend and just listen and enjoy or hum along. Angophora Room

Alt Fridays from 7 July 10:00 - 12:00

Leader: Alan Turner-Morris 9400 9223
alantm@optusnet.com.au
Bookings: Gigliana Caris 9905 5789
gidan.triman1@bigpond.com

YOU NEED NOT AGREE(16)** 172BW04

A small group for discussion of topical and general matters where all opinions are welcome. Waratah Room

Alt Mondays from 10 July 10:00 - 12:00

Leader: David Garrett 9971 7574
davidhgarrett@gmail.com
Bookings: Kevin Murray 9997 6078
kevandglenny@gmail.com (preferred)

CONTEMPORARY ISSUES(25)** 172BW05

A friendly forum at which matters of public interest are discussed and debated, all participants being free to express their views openly and nominate items for the agenda. New members welcome. Banksia Room

Alt Thursdays from 13 July 2:00 - 4:00

Leader: Lynn Grierson 9913 3964
lynngrrierson1@gmail.com
Bookings: Marianne van de Voorde;
marmonvan@hotmail.com

FRENCH CONVERSATION(16)** 172BW06

Advanced conversation in French based on a text and tape. Waratah Room

Alt Fridays from 14 July 10:00 - 12:00 (no public holidays)

Leader: Wendy Clark 9913 9807
scorpio39@bigpond.com
Bookings: Maureen Black 9982 7149

AN OVERVIEW OF SCIENCE 172BW07

For members who enjoy science, please join us for a series of talks on a wide range of topics presented by speakers, expert in their field (10 sessions). Banksia Room. **Bookings not required**

Alt Fridays from 21 July 2:00 - 4:00

Leaders: Ian Thompson and John Patterson
Enquiries: Merryn Parnell 9999 3414
merryn21@hotmail.com

BOOK DISCUSSION GROUP 172BW08

Share your interest in books by enjoying lively discussion with other avid readers. All books will be chosen by the group from a wide range of literature including fiction, non-fiction and biography. Banksia Room

Alt Fridays from 28 July 1:30 - 3:30

(no school or public holidays)

Leader: Kevin Herbert 9977 8505

white_boar@pacific.net.au

Bookings: Marcia Andrews 9979 8707

marciaandrews711@hotmail.com

PRIVATE HOMES

Note: Booking essential for all private homes

MAH JONG - THE WESTERN GAME..... 172BH01 **(Belrose)**(10)**

Learn and play Mah Jong in a friendly atmosphere.

Each Wednesday from 5 July 9:30 - 11:30

Leader and bookings: Delvene Lawrence 9975 3788

box142@bigpond.com

iPAD AND ANDROID TABLET 172BH02 **COMPUTER WORKSHOP** **(Belrose)**(10)**

Enjoy learning to use your iPad or Android tablet computer. Have fun and work collaboratively with peers and with the guidance of a tutor to uncover the power of your device.

Each Thursday from 6 July 1:00 - 3:00

Leaders and bookings: Delvene Lawrence 9975 3788

box142@bigpond.com

Antoine van de Walle 8090 2884; antoinevdwalle@gmail.com

ART - OILS, PASTELS, ACRYLICS 172BH03 **(Belrose)**(10)**

Enjoy art with a happy group of people for a friendly exchange of ideas and guidance.

Each Friday from 7 July 9:30 - 11:30

Leader and bookings: Delvene Lawrence 9975 3788

box142@bigpond.com

BACH TO THE FUTURE (Avalon)(20)**..... 172BH04

During each session a topic related to classical music is analysed, discussed and illustrated with relevant recordings by great performers. Subject suggestions from course participants are always welcomed.

Alt Fridays from 14 July 2:00 - 4:00

Leader and bookings: Roger Pratt 9918 9277

a.and.r.pratt2@bigpond.com

UPPER NORTH

Regional Course Co-ordinators:

Pauline Holbrook 0428 294 595 | holbrookj@bigpond.com

Grahame Marr 9487 3806 | gwmarr1@bigpond.com

Enquiries only

UPPER NORTH REGION OF SYDNEY U3A

Notice is hereby given that the

Annual General Meeting and Election of Office Bearers

will be held on

Monday 13 November 2017 at 12:30pm

at

Turramurra Uniting Church

10 Turramurra Avenue, Turramurra

(behind shops' parking area)

The meeting will be followed by a light luncheon with opportunities for members to socialise. Reports from President Grahame Marr, Treasurer Josie Lead and Course Coordinators Pauline Holbrook and Grahame Marr will be followed by the election of office bearers for 2018. Members should consider standing for the committee to assist in the running of our wonderful organisation.

Information and nomination forms may be obtained and returned to:
Secretary Marilyn Pryor 9449 3415; marilynpryor7@gmail.com by Friday 27 October.

Refreshments provided – bring your friends

Please RSVP to:

Claudine Parr 9487 2170; c_parr@exemail.com.au

Sue Shaw 9868 4056; ssh84119@bigpond.net.au

Marilyn Pryor 9449 3415; marilynpryor7@gmail.com

BEROWRA: COMMUNITY CENTRE

The Gully Road, Balcony room. Short walk from station. Ample parking on-site.

Venue Convener: Anne Lycett j_alycett@optusnet.com.au

AFFAIRS OF INTEREST 172NA01

A series of talks covering a wide range of topics, including:

- Invention of the printing press
- Spiders in the garden
- Astronomy snapshot
- Turning points in modern history
- Democracy and populism
- Australia 1901-2001, a history narrative
- Art Gallery NSW, 1871-2012
- Jesus Christ had a Chinese brother

Second and fourth Mondays from 31 July 10:00 - 12:00

Leader and bookings: Anne Lycett j_alycett@optusnet.com.au

SIMPLY SCIENCE 172NA02

A series of five talks on scientific and technical topics designed for the layman. The speakers explain the subjects in simple non-scientific terms using Power Point projections. The topics include some content very applicable to today's world.

Mondays: 21 Aug, 18 Sept, 16 Oct, 30 Oct and 20 Nov 10:00 - 12:00

Leader: Joan Scott djscott@tpg.com.au

Bookings: Pauline Holbrook 0428 294 595

holbrookj@bigpond.com

CASTLE HILL: WARRINA VILLAGE ARV

Alix Scott Community Centre, Langshaw Circuit. Parking available

Venue Convener: Pauline Holbrook 0428 294 595

ISSUES AND IDEAS 172NC01

In this lively, long-lived group, newcomers are very welcome. We research papers (on a voluntary basis) on a wide variety of contemporary issues. We then discuss one issue per session.

Alt Tuesdays from 18 July 10:00 - 12:00

Bookings: Lesley Goldberg 9484 2243

GREAT BOOKS OF THE WESTERN WORLD 172NC02

This course commences with *The Secret River* by Kate Grenville followed by a play reading to be advised.

Alt Tuesdays from 11 July 10:00 - 12:00

Leader and bookings: Jenny Trimboli 9484 9223

EPPING: UNITING CHURCH

Corner Chester and Oxford Streets. Small hall. Short walk from station and bus interchange

Venue Convener: Wendy Walker 9858 1162;
robinwendy@optusnet.com.au

BOOK DISCUSSION GROUP 172NX01

A reading and discussion group with an occasional classic text, but with the emphasis on contemporary literature. The first book will be *A Spool of Blue Thread* by Anne Tyler followed by *Barbed Wire and Cherry Blossom* by Anita Heiss.

Alt Thursdays from 13 July 10:00 - 12:00

Leader and bookings: Wendy Walker 9858 1162;
robinwendy@optusnet.com.au

EPPING: LEISURE AND LEARNING CENTRE

1 Chambers Court, off Pembroke Street, beneath Library. Short walk from station and bus interchange. Limited parking. **Wheelchair accessible.**

Venue Convener: Ian De Mellow 9487 1908
ian.mellow@bigpond.com

THE PACIFIC ASCENDANCY 172NE01

We examine the phenomenon of the Trans-Pacific nations and their ascendancies to the epicentre of global economic and geopolitical activity in the 21st century. The impact this will have on the Atlantic economies will also be discussed.

Alt Wednesdays from 19 July 1:00 - 3:00

Leader and bookings: Ian De Mellow 9487 1908;
ian.mellow@bigpond.com

TAI CHI**(20) 172NE02

Learn the ancient art of Tai Chi and gain health benefits through its gentle exercises and relaxation, ideal for Third Agers. Tai Chi's graceful, fluid movements combine three forms of exercise: strength, stretching and breathing. Participants should provide assurance from their GP that they are medically fit to undertake an exercise course. (10 sessions)

Alt Wednesdays from 26 July 1:00 - 3:00

Leader and bookings: Siang Tan 9888 7874

EPPING: COMMUNITY CENTRE

9 Oxford Street. Meeting room. Short walk from Epping station and bus interchange. Limited parking. **Wheelchair accessible.**

Venue Convener: Ian De Mellow 9487 1908
ian.mellow@bigpond.com

TALK ABOUT THE WEATHER 172NF01

We gain a basic understanding of the science of weather and how it affects us as well as other creatures and plants. We look at weather forecasting, scientific wonders and some of the dramatic weather events of the past. We also gain fascinating insights into clouds, rain, oceans and wind.

Alt Wednesdays from 26 July 10:00 - 12:00

Leader and bookings: David Malone 0418 440 828;
dymalone@bigpond.net.au

GORDON: LIBRARY

799 Pacific Highway. Parking on Highway after 10am or in parking station. Three-hour parking at Woolworths. Short walk from station. **Wheelchair accessible.**

Venue Convener: Margaret Harragon
gordontaichi@hotmail.com

TAI CHI**(15) 172NG01

Learn the ancient art of Tai Chi and gain health benefits through its gentle exercises and relaxation. Tai Chi's graceful fluid movements combine three forms of exercise: strength, stretching and breathing. Participants should provide assurance from their GP that they are medically fit to undertake an exercise course.

Each Thursday from 13 July to 7 Dec 10:00 - 12:00

Leader: Michael Wong

Bookings: Margaret Harragon gordontaichi@hotmail.com

HORNSBY: LEISURE AND LEARNING CENTRE and WALLAROBBA ARTS AND CULTURAL CENTRE

25 Edgeworth David Avenue. Short walk from the station and Westfield Shopping Centre. Limited on-site parking.

Venue Convener: Ros Markham 9416 8486;
roslyn.markham@bigpond.com

YOGA 172NQ01

Beginners to the experienced will enjoy the benefits of correct breathing, bending, stretching, twisting, balance, mind control and relaxation. Yoga is about health and wellbeing and now is a good time to start. The class leader is an experienced, certified and practising yoga teacher.

Each Wednesday from 19 July (except school holidays) 6:15 - 7:15 pm

Leader and bookings: Graham Marshall; 0400 098 756
bitleadfeet@yahoo.com.au

PAINTING IN ACRYLICS 172NQ02

Come and join our friendly class. Encouraging basic lessons are given to beginners and guidance and assistance provided when needed, whatever your skill level.

Alt Thursdays from 6 July 9:30 - 12:00

Leader and bookings: Janny Drayer 9144 1741;
jannydrayer@gmail.com

WATERCOLOUR PAINTING 172NQ03

Discover the magic of watercolour painting in this course where quick and expressive watercolour painting techniques will be discussed and encouraged. The intent is for all to paint the same subject from a photograph within the class duration. Encouragement will be given to beginners and assistance provided for all others. Everyone attending should provide their own materials.

Alt Thursdays from 27 July 9:30 - 12:00

Leader and bookings: Peter Moore 9808 3362;
plusph@gmail.com

RECORDER GROUP 172NQ04

This is a group meeting regularly to enjoy playing music. New members need to be auditioned.

Alt Wednesdays from 26 July 10:00 - 12:30

Leader and bookings: Annette Salt 9489 5997

HORNSBY: CENTRAL LIBRARY

28-44 George Street (entry in Hunter Lane). Opposite the Hornsby station. Parking: Council car park, or nearby Westfield Shopping Centre.

Venue Convenors: Lesley Goldberg 9484 2243; ellkgee@bigpond.com
Kerrie Carley 9987 4998; kerrie@carley.com.au

ITALIAN FOR TRAVELLERS.....172NY01

Are you planning to visit Italy or have you been there and long to return? This course assumes no prior knowledge of Italian and will deal with everyday travel situations. As well as learning the basics of the language you will enjoy discussions on cultural topics to enhance your travel experience. Esther Wait Room. (20 sessions)

Each Tuesday from 18 July 1:30 - 3:30

Leader and bookings: Paddy Gunning 9456 1291; gunnosp@gmail.com

AUSTRALIAN HISTORY SEMINARS.....172NY02

Historians and researchers discuss their work. Topics include Ben Hall's legacy; Kalgoorlie Boulder - gold and politics; Greek-Australian occupational pursuits; life of Henry Parkes; the last 4-engine, propeller-driven airliner, England to Australia; struggle for unity in Australia; Tom Wills - an Australian story; North Shore tragedy - murder of Dr Tozer; and more. Library Meeting Room

Alt Tuesdays from 11 July 10:15 - 12:15

Leader: Gary Smith Bookings: William Davies 0404 072 562; dtiger@optusnet.com.au

POETRY APPRECIATION.....172NY03

Listen to and discuss a wide range of poets and their work from Shakespeare to Slessor, plus poems on separate themes such as love, war, animals and murder; also some of your old favourites. There will be references to literary terms used in poetry. Library Meeting Room.

Alt Wednesdays from 12 July 10:15 - 12:15

Leader and bookings: Jocey Pittman 0412 629 639 joceypittman@yahoo.com.au

TIME TRAVELLING INTO GREAT STORIES FROM THE PAST.....172NY04

We aim to visit a different place and time each session. Get ready for an intriguing look at Oscar Wilde; the 'Lost Queen' of George 1; the exiled Lady Luxborough; links across the Silk Road, snuff and nonsense and Charles Darwin; a Japanese tea ceremony; and more: All aboard!

Library Meeting Room. Alt Tuesdays from 18 July 10:30 - 12:30

Leader and bookings: Heather Bentley 0408 158 858 heatherbentley.joy@gmail.com

THE WORLD OF CLASSICAL MUSIC.....172NY05

Continuing excursions into the world of classical music in all its forms, where you will meet familiar and not-so-familiar composers.

Alt Wednesdays from 19 July 10:15 - 12:15

Leader: John Yates Bookings: Nancy Sinden 9476 3632; nsinden@ihug.com.au

KILLARA: LOURDES RETIREMENT VILLAGE

95 Stanhope Road. Village Auditorium. Easy parking in Stanhope Road. **Wheelchair accessible.**

Venue Convener and Leader: Lesley Ransley 9880 9949; ellar1@bigpond.com

HISTORICAL AND OTHER INTERESTING TOPICS.....172NR01

A lecture series on a wide variety of topics given by people with expertise in, and enthusiasm for, their subject. The auditorium is equipped for audiovisual presentations. Comments and questions are encouraged.

Bookings not required.

First Thursday of each month from 6 July 10:00 - 12:00

1. Roses from the Heart

A project begun in Tasmania as a memorial to the more than 25,000 women convicts transported to Australia between 1788 and 1853.

6 July

Speaker: Rosemary McCulloch

2. More Antics at the Airport Help Desk

Cheryl returns with more funny stories in poetic style.

3 Aug

Speaker: Cheryl Cartright

3. What a Character – Bea Miles

A unique personal account of this bygone Sydney identity – with memories and anecdotes.

7 Sept

Speaker: Graham Sims

4. Ann Neville – Queen of King Richard III

Not many queens were good in years gone by – especially this one!

5 Oct

Speaker: Dorothy McDonald

5. Iraq: From the cradle of civilisation to the killing grounds of ISIS

An introduction to the history of this extraordinary civilisation, its imperial powers and warlords.

2 Nov

Speaker: Ian De Mellow

6. Aussie hero quilts

Friends of Aussie Heroes remember our service men and women on deployment and their families by providing warm bed quilts and laundry bags when they are far from the comforts of home.

7 Dec

Speaker: Jan-Maree Ball

LINDFIELD GARDENS

2 Ulmarra Place, Lindfield. Ample street parking. Fourth

Thursday of each month from 27 July 10:00 - 12:00

Book through the office 9416 8466

A SERIES OF INTERESTING TALKS.....172ND01 ON A VARIETY OF SUBJECTS

1. Living with Shakespeare

27 July

Speaker: Heather Bentley

2. Easter Island – Its True Past

24 Aug

Speaker: Phillip Pryor

3. Forensic Science

28 Sept

Speaker: Ian Thompson

4. Does Literature Change or Reflect Society?

26 Oct

Speaker: Kathy Bradley

5. A Life of Song

23 Nov

Speaker: Little Patti (Patricia Thompson OAM)

LINDFIELD: SENIOR CITIZENS RESOURCE CENTRE

271 Pacific Highway, behind Library. Short walk from station and Lindfield shopping car park. Limited on-site parking.

Wheelchair accessible.

Venue Convener: Marika McLachlan marikamclachlan@bigpond.com; 9988 3199

ROMAN HISTORY: THE LATE REPUBLIC 172NL01

The century from 133 BC to 31 BC was one of political assassinations, civil wars and general turbulence, imperial expansion and literary brilliance, until finally the Republic collapsed and was replaced by a subtly different form of government, the Principate. Murder or suicide? It's a fascinating and well-documented period. New members welcome. Wesley Room.

Alt Mondays from 24 July 10:00 - 12:00

Leader and bookings: Leonie Hayne 9417 2894

RUSSIAN ADVANCED**(12) 172NL02

This is a continuing course where new members with an adequate level of Russian are very welcome.

Each Monday from 24 July 12:00 - 2:00

Leader: Olga Petlevanny 9939 6871

Bookings: Natalia Chapanis-Sidhu 9887 1735

chapanisidhu@optusnet.com

POST-BEGINNERS SPANISH 172NL03

For those who have already completed some study of the language, this is a course offering instruction in basic grammar with the introduction of useful phrases, and opportunities for conversation. A variety of teaching methods will be used. Continuing course, new members welcome.

Alt Mondays from 10 July 2:00 - 4:00

Leader and bookings: Jenny Brady 9966 8510

SPANISH CONVERSATION**(10) 172NL04

Most of the time we discuss current affairs, cultural events or a subject previously decided upon. Spanish is spoken 90 percent of the time. Good knowledge of the language is required.

Alt Tuesdays from 25 Jul 2:00 - 4:00

Leader: Maria Criado 0424 939 767

Bookings: Jenny Brady 9966 8510

LATIN INTERMEDIATE A 172NL05

This continuing course will proceed from Stage 46 of the *Oxford Latin Course Part III* and more complex grammar enhanced by passages of prose and poetry from classical authors.

Each Wednesday from 26 July 1:45 - 3:45

Leader and bookings: Helen Ledwidge 9489 7161

hledwidge@iprimus.com.au

LATIN INTERMEDIATE B 172NL06

This course is for students who are already using the textbook, *Oxford Latin Course Part III* and will resume at Chapter 47.

Alt Wednesdays

Term 3: 26 July - 20 Sept 11:15 - 12:45

Term 4: 18 Oct - 29 Nov 11:15 - 12:45

Leader and bookings: Barbara Twomey 9144 3583

barbara.twomey@bigpond.com

LATIN INTERMEDIATE C 172NL07

This course for students using the textbook, *Oxford Latin Course Part III*, will resume at Chapter 36.

Alt Wednesdays

Term 3: 26 July - 20 Sept 9:30 - 11:00

Term 4: 18 Oct - 29 Nov 9:30 - 11:00

Leader and bookings: Barbara Twomey 9144 3583

barbara.twomey@bigpond.com

ELEMENTARY ANCIENT GREEK 172NL08

This course is for students interested in acquiring some knowledge of Classical or Koiné Greek. The textbook, *Athenaze Book 1 (2nd or 3rd edition)* and the accompanying workbook are used in class.

Alt Wednesdays

Term 3: 2 Aug - 13 Sept 9:30 - 11:00

Term 4: 11 Oct - 22 Nov 9:30 - 11:00

Leader and bookings: Barbara Twomey 9144 3583

barbara.twomey@bigpond.com

MODERN AND CLASSIC NOVELS 172NL09

A literary discussion group studying 10 -11 books each semester in a friendly and informal setting. All enthusiastic readers welcome. The first two novels are *Animal Farm* by George Orwell and *Days Without End* by Sebastian Barry.

Alt Thursdays from 13 July 10:15 - 12:15

Leader and bookings: Maurice O'Donovan 9411 8717

odonovan.1@bigpond.com

SOLO WHIST: A CARD GAME 172NL10

Knowledge of solo required for this friendly group.

Each Thursday from 6 July 1:00 - 3:30

Leader and bookings: Joan Martin 9453 2074

GERMAN INTERMEDIATE**(12) 172NL11

Text book: *em neu 2008 Brückenkurs - Kursbuch Hueber Verlag. Sechs Bausteine: Lesen, Sprechen, Hören, Schreiben, Grammatik, Wortschatz*. Basic German grammar required. New members welcome.

Each Friday from 28 July 11:00 - 12:30

Leader and bookings: Marika McLachlan 0411 151 722

GERMAN ADVANCED**(12) 172NL12

New members welcome. Students need to have a sound knowledge of German.

Each Friday from 28 July 9:30 - 11:00

Leaders and bookings: Ebba van der Helder 9416 2232

and Marika McLachlan 0411 151 722

FRENCH CONVERSATION**(12) 172NL13

We discuss current affairs, articles of interest from magazines and journals, also topics previously agreed on. New members with a good knowledge of French are welcome.

Alt Fridays from 28 July 2:00 - 4:00

Leader and bookings: Mary Lambert 9440 2531

PENNANT HILLS: LEISURE AND LEARNING CENTRE

8 Warne Street. Short walk from station. Some on-site parking, limited (3-hour) street parking.

Venue Convener: Ros Markham 9416 8486;

roslyn.markham@bigpond.com

ART PRACTICE GROUP 172NP01

Love art? Then join this fun, relaxed class. Whether you are good at art or want to be good, this is the place for you. Experiment with any media, explore your own style and develop your creative expression by learning to look. Bring your own materials. Beginners are welcome.

Alt Mondays from 10 July 1:00 - 4:00

Leader and bookings: Terry Goddard 9878 1174

PENNANT HILLS: COMMUNITY CENTRE

Corner Yarrara Road and Ramsey Street. Small Hall (lower level, Library building). Community Centre car park or shopping centre opposite.

Venue Convener: Ros Markham 9416 8486;
roslyn.markham@bigpond.com

FRENCH - INFORMAL 172NM01 CONVERSATION GROUP

This group aims to encourage conversation in modern French in a relaxed atmosphere, with correction of grammar and usage. Topics for discussion include shared experiences, literature, music and current affairs.

Alt Wednesdays from 26 July 1:00 - 3:00

Leader: Chimène Hortense

Bookings: Mary Ferguson 9487 7063

PYMBLE: UNITING CHURCH

Corner Pacific Highway and Livingstone Avenue. Opposite station. Limited on-site parking and with lift from lower parking area. John Downes meeting room.

Venue Convener: Graeme Marshall 9489 8648;
g.marshall1@bigpond.com

FRENCH READING AND WRITING 172NU01 INTERMEDIATE**(10)

For those having completed at least three years of a preliminary course. The aim of this course is to develop skills in reading, writing and speaking French.

Alt Wednesdays from 5 July 1:30 - 3:30

Leader and bookings: Peter Rennie 9451 8538

FRENCH READING AND 172NU02 WRITING ADVANCED**(10)

Suitable for those with a good basic knowledge of French grammar and pronunciation.

Alt Wednesdays from 12 July 1:30 - 3:30

Leader and bookings: Peter Rennie 9451 8538

ST. IVES: UNITING CHURCH

Corner Douglas Street and Mona Vale Road, St. Ives. Entrance to Car park is in Douglas Street. In addition, street parking, level walking, disabled facilities **Wheelchair accessible. Courses are in the Calvin Room unless otherwise indicated.**

Venue Convener: Alan Barge 9487 2899;
abarge@optusnet.com.au

PHILOSOPHY 172NI01

We research and study philosophers and the issues they raised. Are they still valid today? How and why? Topics are chosen by members of the group. There are no formal lectures, but lots of discussion. Knox room.

Alt Tuesdays from 25 July 10:30 - 12:30

Leader: Margot Taverne 9449 2923

margottaverne@gmail.com

Bookings: Priscilla Walker 9653 1549

pwalker@bigpond.com

HISTORY OF THE ENGLISH LANGUAGE 172NI02

Each session comprises DVD lectures given by Professor Seth Lerer, Dean of Arts and Humanities from 2009 to 2014 at the University of California. We study the history of the early Indo-European language, then the Northern

European languages that merged to become Old English, the ancestor of the language we now know. Giants such as Chaucer and Shakespeare are discussed.

Alt Wednesdays from 19 July 1:00 - 3:00

Presenter: Seth Lerer - DVD

Leaders and bookings: Barrie Heath 9489 5126

barrieh1@optusnet.com.au

ROMAN HISTORY: THE EARLY EMPIRE 172NI03

In January 27 BC, the winner in the last civil war acquired a new name, Augustus, and introduced a modified form of Roman government, ruled by one man. This course will discuss the political, social and religious history of the reigns of Augustus and his family successors, Tiberius, Caligula, Claudius and Nero. A continuing course but new members welcome. Wesley Room.

Alt Wednesdays from 26 July 10:00 - 12:00

Leader and bookings: Leonie Hayne 9417 2894

WRITING STORIES 172NI04

Everyone has at least one story in them just waiting to be found. Whether your stories come from life or your imagination, come and find them in our group.

Alt Wednesdays from 26 July 10:00 - 12:00

Leader: Cecilia Inglis 9488 5404; 0403 129 048

Bookings: Carole Cohen 9144 1685;

cohenc2@bigpond.com

UKULELE FOR FUN 172NI05

Open to experienced ukulele players only. Knox Room.

Each Wednesday from 26 July 8:45 - 11:45

Leader and bookings: Roscoe Behrmann 0425 163 031

roscoe.behrmann@bigpond.com

SCIENCE AND TECHNOLOGY: GLIMPSES 172NI06 OF OUR PAST, PRESENT AND FUTURE

Come and join us in our 12th year of providing a variety of highly qualified speakers with a passion for their subject and the ability to present their topic in an easy to understand format. Wesley Room.

Alt Wednesdays from 19 July 10:00 - 12:00

Leader: John Roberts

Bookings: Doug Milne 0435 869 199; milnedk@live.com.au

CURRENT AFFAIRS FORUM 1 172NI07

If you like to keep up-to-date with current affairs by listening to the news and talk shows on TV and radio, then this fortnightly public debate is an ideal forum for you to give your verdict. Participants can nominate topics for discussion and we respect the different opinions being expressed during our lively discussions. New members welcome.

Alt Thursdays from 20 July 10:00 - 12:00

Leader and bookings: Arthur Lith 9144 3541

arthurlith@optusnet.com.au

CURRENT AFFAIRS FORUM 2 172NI08

We discuss and debate actively, current news topics on which our members have strong and often different views. New members welcome; however, vacancies are limited.

Alt Thursdays from 27 July 10:00 - 12:00

Leader and bookings: Alan Barge 9487 2899

abarge@optusnet.com.au

CONCERTO INSIGHTS 172NI09

The romantic mix of a soloist and orchestra is one of the most popular formats in the concert repertoire. We will trace concerto form from its roots up to the early 20th century, in both words and music.

Alt Thursdays from 20 July 10:00 - 12:00

Leader and enquiries: John Hughes 9449 3416

No advance bookings - register on arrival.

THE GOLDEN AGE OF CINEMA 172NI10

Old films are not just a wallow in nostalgia but can be an insight into what makes any film more enjoyable or stimulating. It's often what comes from being part of our pleasant group. Explanatory notes are issued and discussed at each meeting.

Alt Fridays from 4 Aug. 10:00 - 12:30

Leader and bookings: Alan Saunders 9144 6088
thesaunders7@optusnet.com.au

THORNLEIGH: HILLCREST UNITING CHURCH

1 Paling Street

Venue convener: James Stowe 9484 6064

BRIDGE FOR BEGINNERS (colour)

Learn to play Social / Rubber Bridge and Duplicate / Club Bridge in a friendly social setting. Course included notes and supervised play.

Alt Tuesdays from 18 July 10:00 – 12:00

Leader and bookings: James Stowe 9484 6064

TURRAMURRA NORTH: THE COTSWOLDS VILLAGE

28 Curagul Road, North Turramurra. Easy street parking and near to bus stop.

Venue Convener: John Dryden 9449 2875

PLAY READING** (12) 172NV01

Group reading of plays in a relaxed manner, no previous experience is necessary. Copies will be provided.

Alt Fridays from 21 July 2:00 - 4:00

Leader and bookings: John Dryden 9449 2875;
jdryden@iinet.net.au

TURRAMURRA NORTH: THE LANDINGS

440 Bobbin Head Road, North Turramurra. Clubhouse. Easy street parking. inside The Landings village.

Venue Convener: Wendy Bull 9488 5268;
thelandingsvilla@gmail.com

TOPICS OF INTEREST 172NJ01

A variety of speakers lecture on their favourite subjects in the comfortable and well-equipped clubhouse. auditorium.

**Second and fourth Tuesdays of each month July to Nov
incl. 10:00 - 12:00**

No Bookings required

1. The Great Game Between Britain and Czarist Russia (Part 2)

Our speaker presents the second in this series of two talks, the first talk having been given on 27 June.

11 July

Speaker: Peter Headley

2. Finding HMAS Sydney

Our speaker will outline the course of events leading to the discovery of the wreck of HMAS Sydney and also talk about the collision between HMAS Melbourne and HMAS Voyager.

25 July

Speaker: Noel Phelan

3. Mapping an Empire

8 Aug

Speaker: Tony McCurdy

4. Bea Miles and Arthur Stace

22 Aug

Speaker: Graham Sims

5. The House of Nutcote – May Gibbs

12 Sept

Speaker: Dick Gall

6. The Sydney Tramway Museum

26 Sept

Speaker: Peter Khan

7. Lecture by Composer and Concert Pianist

10 Oct

Presenter: Ambre Hammond

8. Egypt – the Giza Pyramids and a Trip Down the Nile

24 Oct

Speaker: Robin Wines

9. The Life of Brigadier General Harold 'Pompey' Elliott

14 Nov

Speaker: Peter Headley

10. What Causes Climate Change?

28 Nov

Speaker: Dick Whitaker

TURRAMURRA SOUTH: UNITING CHURCH

Corner Chisholm and Vernon Streets, South Turramurra. Vestry. Plenty of parking available. Bus to station.

Venue Convener: Grahame Marr 9487 3806

FRENCH INTERMEDIATE/ADVANCED 172NW01

For those having completed at least four years of a preliminary course. This course aims to develop the student's skills in reading, writing, and speaking French.

Each Wednesday from 19 July 10:00 - 12:00

Leader and bookings: Ethleen Low 9476 4259
ethlow@bigpond.net.au

FRENCH PRE-INTERMEDIATE 172NW02

This course is for those who have completed at least 18 months of a preliminary French course. Develop your skills in speaking, listening to, reading and writing French in a relaxed and friendly atmosphere. Two text books are required (phone leader for details).

Each Thursday from 27 July 1:00 - 3:00

Leader and bookings: Shirley Beck 9634 4214

FRENCH POST-BEGINNERS 172NW03

This course is for those who have completed one year of a preliminary French course. It will involve vocabulary, role plays and grammar to develop skills in speaking, listening to, reading and writing French.

Two text books are required (phone leader for details).

Each Tuesday from 25 July 1:00 - 3:00

Leader and bookings: Shirley Beck 9634 4214

TURRAMURRA: UNITING CHURCH

Turramurra Avenue. Adequate parking behind shopping centre. Short walk from station. **Wheelchair accessible.**

Venue Convener: Ros Markham 9416 8486;
roslyn.markham@bigpond.com

CURRENT AFFAIRS DISCUSSION GROUP 172NT01

We discuss current affairs and associated ideas based on media reports in an informal and objective manner. Subjects presented for discussion by a leader who is rostered, on a voluntary basis, in each session.

Alt Tuesdays from 18 July 10:00 - 12:00

Leader and bookings: Jan Martin 9456 7774

TRUTH IN HISTORY 172NT02

As history unfolds, mystery, myth, revelation, magic and murkiness are revealed. Modern science and research can help us in revision and reassessment by readings, discussion and inputs, using a few main texts and other research materials. Topics will be wide-ranging and the class is welcome to approve or select.

Alt Thursdays from 27 July 10:00 - 12:00

Leader: Phil Pryor

Bookings: Margaret Marshall 9487 1898

GERMAN BEGINNERS (CONTINUING) 172NT03

This course is for those who have an elementary understanding of German grammar and who have a vocabulary including commonly used words and expressions. Students should be able to make themselves understood in simple routine situations. The course aims to develop reading, writing, listening and speaking skills.

Each Monday from 24 July 10:00 - 12:00

Leader and bookings: Michael Hummel 9869 1023
michael.hummel48@gmail.com

TURRAMURRA: ROHINI VILLAGE

51-53 Rohini Avenue, north of Eastern Road. Cowper Room. Close to rail, bus and parking.

Venue Convener: Ros Markham 9416 8486;
roslyn.markham@bigpond.com

SPEAKERS' PROGRAM 172NN01

Second Wednesday of each month from 12 July 10:30 - 12:00

Leader and bookings: Patricia Johnson 0416 013 413

- **12 July** Alistair Henskens, MP - Local issues. What's happening now and how will it impact on Kuringai?
- **9 Aug** Fergus Hynes - Listening to prisoners.
- **13 Sept** Max Sha - A new appreciation of the authentic Chinese culture.
- **11 Oct** Evelyn Wyatt - The story of Lady Davidson Hospital and the people associated with the land.
- **8 Nov** Dorothy McDonald - Bayeux Tapestry (Normandy).

TUESDAY WORDSMITHS 172NN02

Everyone has a story to tell. Our friendly interactive group will help you find the key to unlock the door to your imagination.

Alt Tuesdays from 11 July 10:00 - 12:00

Leaders will rotate.

Bookings: Barry Lloyd 9449 2202

GREAT IDEAS OF PHILOSOPHY 172NN03

Lectures by Dan Robinson, Fellow at the Faculty of Philosophy at Oxford University, from his DVD, *The Great Ideas of Philosophy*, to introduce the main issues in philosophical thought from ancient Greece to contemporary studies. Covering three problems: knowledge (epistemology and metaphysics), conduct (ethics and morals), and governance (political science and law).

Alt Mondays from 10 July 10:0 - 12:00

Presenter: Dan Robinson - DVD

Leader: Jock Buselli 9484 7041; jock.buselli@tpg.com.au

Bookings: Barbara Day 9416 3437;

sippebar@bigpond.net.au

WAHROONGA: ROSETTA PARK

Corner Pacific Highway and Ada Avenue. UPA Complex, Level 6, Activities Room. No visitor parking. Two-hour parking in shopping centre car park. **Wheelchair accessible.**

ITALIAN - COMBINED BEGINNERS 172NS01 AND INTERMEDIATE

Greet people, introduce yourself, buy train and theatre tickets, accommodation, ask directions, learn the accent, read and write sentences, concentrating on speaking and conversation. Grammar introduced as appropriate, construct sentences, express yourself and learn Italian culture and customs.

Every Tuesday from 11 July 10:00 - 12:00

Leader and bookings: Adrian Walker 9987 4299;
0417 224 011

walkeradrian@optusnet.com.au (preferred)

WAHROONGA: THE WONIORA

9 Woniora Avenue. Walking distance from Wahroonga Station. Plenty of on-site underground and street parking.

Wheelchair accessible.

Venue Convener: Tina Van der Heyden 9943 2212
aialbertina6@hotmail.com

GERMAN INTERMEDIATE**(12) 172NB01

This course assumes that students have studied German in the past and want to brush up on their speaking, reading skills and basic grammar. The emphasis is on oral German and some necessary grammar.

Each Monday from 3 July 10:00 - 12:00

Leader and bookings: Dorothee Schifter 9487 2578
dorothee.schifter@bigpond.com

COMPUTING EXPLAINED 172NB02

Do you know your broadband from your wi-fi? How big is a gigabyte? What is a hotspot and when should you use Bluetooth? From bits and bytes to smartphone apps, this course explains a wide range of computing topics in simple terms. This is not a workshop – no practicals, but help can be given with users' issues. Presentations will include projection of visuals (slides from iPad) and online demonstrations. (6 sessions)

Each Monday from 24 July to 28 Aug 2:00 - 4:00

Leader and bookings: Stephen Cooper
stephencooper@email.com

PRIVATE HOMES

Venue Convener: Jan Heath 9419 7336
heath54w@gmail.com

DISCUSSION GROUP (Wahroonga) 172NH01

A friendly group focusing on current affairs and topics of general interest.

Alt Mondays from 31 July 10:15 - 12:15

Leader and bookings: Eva Browne 9487 7246

INDONESIAN BEGINNERS (Wahroonga) 172NH02

Learn the language of our closest neighbours. Textbook: *Colloquial Indonesian* by Sutanto Atmosumarto.

Alt Wednesdays from 26 July 10:30 - 12:00

Leader and bookings: Tina Vander Heyden 9943 2212
albertina6@hotmail.com

INDONESIAN BEYOND BEGINNERS (Wahroonga) 172NH03

A continuation of Indonesian Beginners. Textbook: *Colloquial Indonesian* by Sutanto Atmosumarto.

Alt Wednesdays from 26 July 12:30 - 2:00

Leader and bookings Tina Vander Heyden 9943 2212
albertina6@hotmail.com

INDONESIAN ADVANCED (Wahroonga) 172NH04

Refresh and expand your knowledge of Indonesian with a small group of like-minded people in a relaxed atmosphere. Textbook used: *Bahasa Tetanggaku* by Ian J White.

Alt Wednesdays from 26 July 2:00 - 4:00

Leader and bookings: Tina Vander Heyden 9943 2212
albertina6@hotmail.com

PLAY READING (Wahroonga) 172NH05

No need for acting skills, just an interest in reading plays with a friendly group.

Fourth Friday of each month from 28 July 1:30 - 3:30

Leader and bookings: Jill Baxter 9487 5972

HEALTHY EATING FOR ONE (West Pymble) 172NH06

This course covers the signs of good health in mature years, nutritional needs of mature adults to prevent age-related disease, healthy food choices and meals, together with demystifying food labels. (4 sessions).

Alt Tuesdays from 18 July 1:00 - 3:00

Leader and bookings: Susanne Hledik 0414 497 512
phledik@bigpond.net.au

WITH RHYME AND REASON (Eastwood)(10)** 172NH07

We are a group of published poets and poetry lovers who meet together to study and discuss 20th century poets and poetry from all over the world. Material is distributed before each meeting. The atmosphere is relaxed and convivial. New members welcome.

Alt Thursdays from 20 July 10:30 - 12:30

Leader and bookings: Ron Wilkins 9876 1948
ronwtwilkins@hotmail.com

ANYONE CAN PAINT (Pymble) 172NH08

If it's time to try your hand at art again, join us in a very laid-back atmosphere, with as much or as little tuition as you wish, in oils or acrylics.

Alt Thursdays from 13 July 10:00 - 1:00

Leader and bookings: Marianne McMillan 0414 987 738

FOOD ALLERGIES AND INTOLERANCES (Pymble) 172NH09

One Session: 10 Oct 10:00 - 1:00

Leader and bookings:
Susann Hledik phledik@bigpond.net.au

BOOK DISCUSSION GROUP (Pymble) 172NH10

We meet each month to discuss both fiction and non-fiction.

First Monday of the month starting 3 July 10:00 - 12:00

Leader and bookings: Bill Rees 9415 8257

PLANNING CALENDAR

July - December 2017

Use this calendar to plan your timetable.

A fortnightly course lies on one line for the duration of the semester.

Public holidays are shown in grey.

School holidays are shown in blue.

2017	July	August	September	October	November	December
------	------	--------	-----------	---------	----------	----------

Week A

Monday		10	24		7	21		4	18	30	2	16		13	27		11	25
Tuesday		11	25		8	22		5	19	31	3	17		14	28		12	26
Wednesday		12	26		9	23		6	20		4	18	1	15	29		13	27
Thursday		13	27		10	24		7	21		5	19	2	16	30		14	28
Friday		14	28		11	25		8	22		6	20	3	17		1	15	29
Saturday	1	15	29		12	26		9	23		7	21	4	18		2	16	30
Sunday	2	16	30		13	27		10	24		8	22	5	19		3	17	31

Week B

Monday	3	17	31		14	28		11	25		9	23	6	20		4	18	
Tuesday	4	18		1	15	29		12	26		10	24	7	21		5	19	
Wednesday	5	19		2	16	30		13	27		11	25	8	22		6	20	
Thursday	6	20		3	17	31		14	28		12	26	9	23		7	21	
Friday	7	21		4	18		1	15	29		13	27	10	24		8	22	
Saturday	8	22		5	19		2	16	30		14	28	11	25		9	23	
Sunday	9	23		6	20		3	17		1	15	29	12	26		10	24	

2018	January	February	March	April	May	June
------	---------	----------	-------	-------	-----	------

Week A

Monday		8	22		5	19		5	19		2	16	30		14	28		11	25
Tuesday		9	23		6	20		6	20		3	17		1	15	29		12	26
Wednesday		10	24		7	21		7	21		4	18		2	16	30		13	27
Thursday		11	25		8	22		8	22		5	19		3	17	31		14	28
Friday		12	26		9	23		9	23		6	20		4	18		1	15	29
Saturday		13	27		10	24		10	24		7	21		5	19		2	16	30
Sunday		14	28		11	25		11	25		8	22		6	20		3	17	

Week B

Monday	1	15	29		12	26		12	26		9	23		7	21		4	18
Tuesday	2	16	30		13	27		13	27		10	24		8	22		5	19
Wednesday	3	17	31		14	28		14	28		11	25		9	23		6	20
Thursday	4	18		1	15		1	15	29		12	26		10	24		7	21
Friday	5	19		2	16		2	16	30		13	27		11	25		8	22
Saturday	6	20		3	17		3	17	31		14	28		12	26		9	23
Sunday	7	21		4	18		4	18		1	15	29		13	27		10	24

2017

Bank Holiday - Monday 7 August
 Labour Day - Monday 2 October
 Christmas Day - Monday 25 December
 Boxing Day - Tuesday 26 December

2018

Easter Friday - Friday 30 March
 Easter Monday - Monday 2 April
 Anzac Day - Wednesday 25 April
 Queen's Birthday - Monday 11 June

COURSE INDEX

Eastern Region	Pages 9 to 13
Endeavour (Southern) Region	Pages 14 to 19
Greater Western Region	Pages 20 to 23
Harbourside North Region	Pages 24 to 33
Inner West Region	Pages 34 to 40
Northern Beaches Region	Pages 41 to 48
Upper North Region	Pages 49 to 56

A

Archeology	18
Art	Appreciation 16, 30, 35
	Drawing / Painting 16, 17, 18, 28, 33, 36, 42, 44, 45, 48, 50, 52, 56

B

Books	Groups 12, 13, 19, 20, 29, 30, 33, 35, 37, 40, 41, 42, 48, 49, 50, 52, 56
-------	---

C

Cinema / Movies / Film	Appreciation 12, 15, 16, 30, 35, 36, 38, 39, 44, 54
	Viewing DVDs 23, 39, 41
Computers / Tablets Including Internet	30, 35, 47, 48, 55
Creative Thinking	Brain Games 15, 38
	Creating Thinking 36
	Storytelling 55
Creative Writing / Publishing	16, 17, 21, 22, 28, 30, 36, 42, 44, 53, 55

D

Discussion Groups	12, 16, 17, 22, 23, 25, 29, 33, 35, 37, 39, 41, 47, 49, 53, 54, 55
-------------------	--

E

Economics / Investment	25, 35
Education / Training	16

F

Famous People	22, 31, 37
---------------	------------

G

Games	Board Games 23
	Bridge 23, 34, 54
	Canasta 23, 46
	Chess 46
	Croquet 39, 46
	Mah Jong 23, 30, 41, 46, 48
	Scrabble 23
	Solo Whist 52
Genealogy/Family History Including memoirs	21, 23, 28, 34

H

Health / Nutrition	56
History	Art 15, 37
	Australia 15, 17, 22, 27, 29, 35, 51
	Ancient 16, 17
	Asian 25
	British 22
	China 37
	Discussion 55
	Economics 50
	English language 53
	Europe 35
	Roman / Italy 42, 52, 53
	Language 21
	Medical 29
	Medieval 29
	Middle East 28, 38
	Politics 31
	War / Military 21, 31
	World 17, 21, 23, 33, 42

L

Language	English / ESL 34
	French 12, 13, 15, 16, 17, 36, 39, 43, 44, 47, 52, 53, 54
	German 12, 13, 18, 52, 55
	Greek 52
	Indonesian 55, 56
	Italian 13, 17, 35, 38, 51, 55
	Japanese 35, 36
	Latin 15, 52
	Mandarin 20
	Russian 52
	Spanish 12, 21, 25, 36, 52
Legal	History 26
Leisure Activities	Calligraphy 22
	Crosswords 15, 36
	Dance 16, 23, 29, 34, 46
	Desktop Flying 23
	Exercise 23
	QiGong 33, 34
	Meditation / Relaxation 19, 34, 46
	Photo books 19
	Table Tennis 44
	Tai Chi 22, 34, 39, 50
	Trivia 43
	Yoga 44, 50

Literature

Detectives / Crime	18, 35
Novels	16, 17
Poetry	15, 21, 22, 30, 44, 51, 56
Shakespeare	15, 31, 37

M

Music	Appreciation 13, 15, 18, 19, 23, 25, 29, 32, 35, 36, 46, 48, 51, 53
	Ballet 15
	Opera 31
	Performance 25, 33, 34, 42, 43, 44, 45, 50, 53
	Singing 16, 39, 47

O

Outdoor/Outings	Eating Out 18, 33, 40
	Gardens 19
	Museums / Galleries 16, 35, 40
	Walks / Bushwalking 18, 40

P

Philosophy	29, 37, 43, 46, 53, 55
Photography	30

R

Religion	37
----------	----

S

Science and Technology	Engineering 31
	Evolution 31
	Series 19, 31, 37, 49, 50, 53
Sociology	38

T

Theatre/Drama/Play Reading	5, 45, 54, 56
Travel	15

Single Session Series

Monday	10, 21, 26, 32, 49
Tuesday	29, 51, 54
Wednesday	27, 28, 45, 55
Thursday	11, 33, 38, 45, 46, 51
Friday	37, 42, 47

SUBURBS INDEX

A	
Ashfield	Cardinal Freeman Village 34 Civic Centre 34 Club Ashfield 34 Private Home 48
Avalon	Private Home 48
B	
Balgowlah	Club Totem 41
Belrose	Glenaeon Retirement Village 41 Private Home 48
Berowra	Community Centre 49
Blacktown	City Library 23 Westpoint 22
Bondi Junction	Waverley Community and Seniors Centre 12 Private Home 13
Bondi North	Private Home 13
Bronte	Private Home 13
Brookvale	Warringah Mall Library 41
Burwood	Club Burwood 35 RSL Club 34 Woodstock Community Centre 35
C	
Carlingford	Private Home 23
Castle Cove	Watermark Retirement Village 30
Castle Hill	Warrina Village ARV 49
Chatswood	Dougherty Community Centre 25
City	Customs House Library 35 NSW Women's Bowls Association 36
Collaroy	Warringah Place Retirement Village 42
Collaroy Plateau	RSL Veterans' Retirement Village 42
Cronulla	Community Hall 16 School of Arts 15
Croydon Park	Croydon Park Club 36
Curly Curl North	Community Centre 45
D	
Drummoyne	Community Centre 36
E	
Eastwood	Private Home 56
Epping	Leisure and Learning Centre 50 Community Centre 50 Uniting Church 50
Elizabeth Bay	Trebartha Apartments 12
F	
Forestville	Forest Community Arts Centre 42
Frenchs Forest	Lionel Watts Community Centre 42
G	
Glebe	Library - Benledi Room 36 Nag's Head Hotel 36 St Helen's Community Centre 37 The Old Town Hall 36 Toxteth Hotel 37
Gordon	Library 50
Greenwich	The Baytree Retirement Resort 31
Guildford	Hewitt House 22
Gymea	Community Hall 16 Community Centre 17 Private Home 19
H	
Hornsby	Central Library 51 Leisure and Learning Centre 50
Hunters Hill	C A Fairland Hall 32
Hurstville	Benevolent Society 17 South Hurstville Library 17
K	
Killara	Lourdes Retirement Village 51
Kogarah	Senior Citizen Hall 18 Private Home 19
L	
Lane Cove	Living and Learning Centre 33
Leichhardt	Municipal Library 37
Lilli Pilli	Private Home 19
Lindfield	Lindfield Gardens 51 Senior Citizens Resource Centre 52
M	
Maroubra	Bowen Library 12
Marrickville	Library 38
McMahons Point	Community Centre 30 Community Centre Computer Education 30
Merrylands West	Private Home 23
Miranda	Community Centre 17 Westfield 17
Mona Vale	Memorial Hall 43
Mosman	Art Gallery 26 Art Gallery Melody Room 27 Mosman Square Seniors Centre 29 The Manors Retirement Village 29 Warringah Bowling Club 29
N	
Narrabeen	Baptist Church 43
Narrabeen North	Coastal Environment Centre 44 Northern Beaches Community College 44
Newington	Community Centre 38
Newport	Community Centre 44 Pittwater Presbyterian Church 45
O	
Oatlands	Private Home 23
Oatley	Library 17
Out There!	18, 33, 40
P	
Paddington	EJ Ward Community Centre 12 Senior Citizens Centre 38
Parramatta	Fitzwilliam Street 20 Harry Todd Band Hall 22
Parramatta North	Private Home 23
Pennant Hills	Community Centre 53 Leisure and Learning Centre 52
Pymble	Uniting Church 53 Private Home (West Pymble) 56
R	
Randwick	Private Home 13
Revesby	Community Hall 38 Congregational Church Hall 39
Rose Bay	Private Home 13
Roseville	Uniting Church 33
Rozelle	Hannaford Centre 39 Neighbourhood Centre 39
S	
Stanmore	Private Home 40
Strathfield	Croquet Club 39
St. Ives	Uniting Church 53
Sutherland	Leisure Centre 18 Library 18
T	
Toongabbie	St Anthony's Church Hall 23
Turramurra	Rohini Village 55 Uniting Church 54
Turramurra North	The Cotswolds Village 54 The Landings 54
Turramurra South	Uniting Church 54
W	
Warriewood	Nelson Heather Senior Citizens Centre 47
Wahroonga	Rosetta Park 55 Private Home 55 The Woniara 55
Waitara	Private Home 55
Woolahra	All Saints Church Centre 10 Gaden Community Centre 13
Woolloomooloo	Ozanam Learning Centre 39
Y	
Yowie Bay	Waterbrook Lifestyle Resort 18



**Now is the time to...
meet new friends...
keep an active mind...
learn something new.**

Sydney U3A is a not-for-profit organization open to anyone who is retired or not working full-time and wants to broaden their horizons. We provide stimulating and interesting talks and courses that cater for a multitude of interests in a friendly, welcoming group setting.

Photo Credit: June Keith
Photographer: Jan Bartholomew