

# UPPER NORTH

## Regional Course Co-ordinators:

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Enquiries only

## UPPER NORTH REGION COURSE SHOWCASE AND WELCOME TO NEW MEMBERS

will be held on

**Monday 6th February, 10.00 – 12.30**

at

### Turramurra Uniting Church

10 Turramurra Avenue, Turramurra  
(behind shopping area car park)

Welcome to a Showcase of Courses where new and current members and non-members can sample what's on offer at U3A.

Listen to short lectures on a wide range of topics including new courses.

Discuss the courses you might be interested in with course leaders.

Meet the Upper North committee members to discuss general U3A matters.

**Refreshments provided**

**BRING YOUR FRIENDS**

**Bookings:** Claudine Parr 9487 2170 | Email: c\_parr@exemail.com.au

Sue Shaw 9868 4056 | Email: ssh84119@bigpond.net.au

Marilyn Pryor 9449 3415 | Email: marilynpryor7@gmail.com

## BEROWRA: COMMUNITY CENTRE

The Gully Road, Balcony room. Short walk from station.

Ample parking on-site.

**Venue Convener: Anne Lycett**

**Email: j\_alycett@optusnet.com.au**

### AFFAIRS OF INTEREST ..... 171NAO1

**A series of talks covering a wide range of topics, including:**

- Are we running out of water?
- Local history
- Inns of Sydney
- Quran and the Dead Sea Scrolls.
- Japanese submarine attack on Sydney Harbour
- An expedition to Antarctica
- Nuclear power: Australia's answer to climate change?
- Canals of Britain
- My life on the road

**Second and fourth Mondays from 13 Feb 10:00 - 12:00**

Leader and bookings: Anne Lycett

Email: j\_alycett@optusnet.com.au

### SIMPLY SCIENCE ..... 171NAO2

A series of four talks on scientific and technical topics designed for the layman. The speaker explains the subjects in simple non-scientific terms using Power Point projections. The topics include some contentious content very applicable to today's world. (4 sessions)

- How My Brain Works
- Seeing and Hearing
- Elementary Particles
- The Mystery of Water

**Mondays 20 March; 15, 29 May; 19 June 10:00 - 12:00**

Leader: Joan Scott Email djscott@tpg.com.au

Bookings: Pauline Holbrook 9456 2483

Email: holbrookj@bigpond.com

## CASTLE HILL: WARRINA VILLAGE ARV

Alix Scott Community Centre, Langshaw Circuit. Parking available.

**Venue Convener: Rose Leaf 9634 3159**

### ISSUES AND IDEAS ..... 171NC01

In this lively, long-lived group, newcomers are very welcome. We research papers (on a voluntary basis) on a wide variety of contemporary issues. We then discuss one issue per session.

**Alt Tuesdays from 14 Feb 10:00 - 12:00**

Leader and bookings: Rose Leaf 9634 3159

### GREAT BOOKS OF THE WESTERN WORLD ..... 171NC02

This course commences with *Narrow Road to the Deep North* followed by a play reading of John Misto's, *The Shoehorn Sonata*.

**Alt Tuesdays from 7 Feb 10:00 - 12:00**

Leader and bookings: Jenny Trimboli 9484 9223

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## EPPING: UNITING CHURCH

Corner Chester and Oxford Streets. Small hall. Short walk from station and bus interchange.

**Venue Convener: Wendy Walker 9858 1162**

**Email: robinwendy@optusnet.com.au**

### BOOK DISCUSSION GROUP ..... 171NX01

A reading and discussion group with an occasional classic text, but with the emphasis on contemporary literature. The first book will be *The Last Painting of Sara de Vos* by Dominic Smith followed by *The Buried Giant* by Kazuo Ishiguro.

**Alt Thursdays from 9 Feb 10:00 - 12:00**

Leader and bookings: Wendy Walker 9858 1162

Email: robinwendy@optusnet.com.au

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## EPPING: LEISURE AND LEARNING CENTRE

1 Chambers Court, off Pembroke Street, beneath Library. Short walk from station and bus interchange. Limited parking. **Wheelchair accessible.**

**Venue Convener: Ian De Mellow 9487 1908**

**Email: ian.mellow@bigpond.com**

### IRAQ: FROM CIVILISATION'S CRADLE TO THE KILLING GROUNDS OF ISIS ..... 171NE01

The history of an extraordinary civilization. From 5000 BC to fabled Babylonia; the Fertile Crescent; the Golden Age of Islam with Baghdad at the centre; the killing grounds of imperial powers and warlords.

**Alt Wednesdays from 15 Feb 1:00 - 3:00**

Leader and bookings: Ian De Mellow 9487 1908

Email: ian.mellow@bigpond.com

### TAI CHI\*\*(20) ..... 171NE02

Learn the ancient art of Tai Chi and gain health benefits through its gentle exercises and relaxation, ideal for Third Agers. Tai Chi's graceful, fluid movements combine three forms of exercise: strength, stretching and breathing. Participants should provide assurance from their GP that they are medically fit to undertake an exercise course. (10 sessions)

**Alt Wednesdays from 8 Feb 1:00 - 3:00**

Leader and bookings: Siang Tan 9888 7874

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## EPPING: COMMUNITY CENTRE

9 Oxford Street. Meeting room. Short walk from Epping station and bus interchange. Limited parking. **Wheelchair accessible.**

**Venue Convener: Ian De Mellow 9487 1908**

**Email: ian.mellow@bigpond.com**

### MAINTENANCE AND UNDERSTANDING OF AGEING ..... 171NF01

This series will explore a wide range of issues which affect us as we age, and provide some useful tips on health maintenance (including the efficacy of herbal treatments). We explore the process of decline, injuries, cognition, sight, hearing and the Alzheimer's condition. All the lecturers are experts on the topics they will present (7 sessions).

**Alt Wednesdays from 8 Feb 10:00 - 12:00**

Leader and bookings: David Malone Mob: 0418 440 828

Email: dymalone@bigpond.net.au

### ALEXANDER TECHNIQUE\*\*(10) ..... 171NF02

The Alexander Technique improves our coordination and results in smoother, more balanced movement. Everyday movements such as walking, bending, getting in and out of chairs become easier and more graceful, lessening the impact of arthritis and other age-related complications.

**Tuesdays from 14 Feb 1:00 - 3:00**

Leader and bookings: Susan Whittingham 9868 1448

Email: susanwhittingham@bigpond.com

### ART GALLERY OF NSW: 1871 - 2012 ..... 171NFO3

The Art Gallery of NSW is one of Sydney's most popular cultural institutions. This course describes its fascinating history, including some of the 'hidden stories'. (2 sessions)

**Wednesdays 15 Feb and March 1 10:00 - 12:00**

Leader : Stewart Reed

Bookings: Ian De Mellow 9487 1908

Email: ian.mellow@bigpond.com

### MAY GIBBS: HER LIFE AND WORKS ..... 171NF04

May Gibbs iconic gumnuts only form a small part of her diverse output. This course describes how she left her distinctive mark in many fields (3 sessions).

**Alt Wednesdays from 29 March 10:00 - 12:00**

Leader: Stewart Reed

Bookings: Ian De Mellow 9487 1908

Email: ian.mellow@bigpond.com

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## GORDON: LIBRARY

799 Pacific Highway. Parking on Highway after 10am or in parking station. 3-hour parking at Woolworths. Short walk from station. **Wheelchair accessible.**

**Venue Convener: Margaret Harragon**

**Email: gordontaichi@hotmail.com**

### TAI CHI\*\*(15) ..... 171NG01

Learn the ancient art of Tai Chi and gain health benefits through its gentle exercises and relaxation. Tai Chi's graceful fluid movements combine three forms of exercise: strength, stretching and breathing. Participants should provide assurance from their GP that they are medically fit to undertake an exercise course.

**Each Thursday from 2 Feb to 8 June 10:00 - 12:00**

Leaders: Michael Wong and Rose Pettett

Bookings: Margaret Harragon

Email: gordontaichi@hotmail.com

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## HORNSBY: LEISURE AND LEARNING CENTRE

25 Edgeworth David Avenue. Short walk from the station and Westfield Shopping Centre. Limited on-site parking.

**Venue Convener: Ros Markham 9416 8486**

### YOGA ..... 171NQ01

Yoga for everybody: beginners to the experienced will enjoy the benefits of correct breathing, bending, stretching, twisting, balance, mind control and relaxation. Yoga is about health and wellbeing and now is a good time to start. The class leader is an experienced, certified and practicing yoga teacher.

**Each Wednesday from 1 Feb 6:15 - 7:15 pm**

(except school holidays)

Leader and bookings: Graham Marshall

Email: bitleadfeet@yahoo.com.au Mob: 0400 098 756

**PAINTING IN ACRYLICS**..... 171NQ02

Come and join our friendly class. Encouraging basic lessons are given to beginners and guidance and assistance provided when needed, whatever your skill level.

**Alt Thursdays from 2 Feb 9:30 - 12:00**

Leader and bookings: Janny Drayer 9144 1741

Email: jannydrayer@gmail.com

**WATERCOLOUR PAINTING**..... 171NQ03

Discover the magic of watercolour painting in this course where quick and expressive watercolour painting techniques will be discussed and encouraged. Encouragement will be given to beginners and assistance provided for all others. All members attending should provide their own materials.

**Alt Thursdays from 9 Feb 9:30 - 12:00**

Leader and bookings: Peter Moore 9808 3362

Email: plusph@gmail.com

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## HORNSBY: CENTRAL LIBRARY

28-44 George Street (entry in Hunter Lane). Opposite Hornsby station. Parking: Council car park, or nearby Westfield Shopping Centre.

**Venue Convenors: Lesley Goldberg 9484 2243**

**Email: ellkgee@bigpond.com**

**Kerrie Carley 9987 4998, Email: kerrie@carley.com.au**

**THE PLAY'S THE THING**..... 171NY01

Many people enjoy an evening at the theatre. It has appealed to widely differing audiences since its beginnings two and a half thousand years ago in Ancient Greece. We shall trace its development with the help of recorded performances, ending with an overview of contemporary theatre (8 sessions).

**Thursdays 2, 9, 16, 23 Feb; 9, 16, 23, 30 March**

**1:00 - 3:00 (note: no session on March 2)**

Leader: Keith Potten

Bookings: Roy Lawrence

Email: rmlaw@bigpond.net.au or phone 9489 5263

**AUSTRALIAN HISTORY SEMINARS**..... 171NY02

Historians and researchers discuss their work. Topics include: St Matthew's Windsor; Bushranger Ben Hall's last days; Society of Australian Genealogists; Jekyll and Hyde of Colonial History; Rookwood Necropolis; the Taylors, Pioneer Aviators; 57<sup>th</sup> regiment of Foot in NSW; the Australian Backyard.

**Alt Tuesdays from 7 Feb 10:15 - 12:15**

Leader: Gary Smith

Bookings: William Davies

Email: dtiger@optusnet.com.au Mob: 0404 072 562

**POETRY APPRECIATION**..... 171NY03

Listen to and discuss a wide range of poets and their works, from Shakespeare to Slessor, plus poems on separate themes such as love, war, animals, murder. Also your favourites from schooldays. There will be references to literary terms used in poetry.

**Alt Wednesdays from 8 Feb 10:15 - 12:15**

Leader and bookings: Jocey Pittman

Email: joceypittman@yahoo.com.au Mob: 0412 629 639

**TRAVELLING LADIES IN THE MIDDLE EAST**..... 171NY04

Immerse yourself in the amazing experiences of some unconventional 19<sup>th</sup> century ladies who travelled in Arabia, Palestine, Algeria, Morocco and Egypt (5 sessions).

**Tuesdays 14, 28 Feb; 23 May; 6, 20 June 10:15 - 12:15**

Leader: Nola Bramble

Bookings: Lynette Trupp

Email: roblyntrupp@bigpond.com.au or phone: 9484 2641

**BYZANTIUM**..... 171NY05

The Roman Empire with its capital in Constantinople survived the fall of Rome for over 1000 years. It had a fascinating mix of history, culture, rulers and religious controversies. The guardian of classical knowledge during the Dark Ages of Europe, it was also the bulwark against Islamic invasion of Europe for 700 years. (4 sessions)

**Tuesdays 14, 28 March; 11 April; 9 May 10:15 - 12:15**

Leader and bookings: Gail Ball

Email gbal4873@bigpond.net.au or phone 9488 7844

**THE WORLD OF CLASSICAL MUSIC**..... 171NY06

Continuing excursions into the world of classical music in all its forms, where you will meet familiar and not-so-familiar composers.

**Alt Wednesdays from 15 Feb 10:15 - 12:15**

Leader: John Yates

Bookings: Nancy Sinden

Email: nsinden@ihug.com.au or phone 9476 3632

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## KILLARA: LOURDES RETIREMENT VILLAGE

95 Stanhope Road. Village Auditorium. Easy parking in Stanhope Road. Wheelchair accessible.

**Venue Convener and Leader: Lesley Ransley 9880 9949**

**Email: ellar1@bigpond.com**

**HISTORICAL AND OTHER INTERESTING TOPICS**..... 171NR01

A lecture series on a wide variety of topics given by people with expertise in, and enthusiasm for, their subject. The auditorium is equipped for audio-visual presentations. Comments and questions are encouraged.

**Bookings not required.**

**First Thursday of each month 10:00 - 12:00**

**1. The History of the Royal Albert Hall**

'Not just a pretty picture': find out the amazing history of this much-loved, well-known and much used London land mark.

**2 Feb**

Speaker: Rosemary McCulloch

**2. A Life in Writing for the Stage and Screen**

A screen writer for over 35 years, some of Sue's credits are *Brides of Christ*, *The Leaving of Liverpool*, Disney's *Saving Mr Banks* and *RAN Remote Area Nurse*.

**2 March**

Speaker: Sue Smith

**3. The Daniel Solander Library at the Royal Botanic Gardens, Sydney**

Botanist Daniel Solander sailed with Captain Cook and made an immeasurable contribution to botanical science, Australian history and culture.

**6 April**

Speaker: Miguel Garcia from RBGS

**4. The Curious History and Controversies of Transplant Surgery**

Now retired, a most distinguished Sydney surgeon has much to share and will be happy to answer any questions.

**4 May**

Speaker: John Frawley

**5. Silver Hallmarks**

You'll be aware of silver hallmarks, now you can discover the history and origin as well as have the mystery markings solved.

**1 June**

Speakers: Colin and Deirdre Beacroft

## LINDFIELD GARDENS

2 Ulmarra Place, Lindfield. Ample street parking.  
**Fourth Thursday of each month 10:00 - 12:00**  
**Book through the office 9416 8466**

### A SERIES OF INTERESTING TALKS..... 171ND01 ON A VARIETY OF SUBJECTS

#### 1. Australiana

**23 Feb**

Speaker: Paul Storm

#### 2. The Biology and Habitat of Sydney Spiders

**23 March**

Speaker: Ian Thompson

#### 3. The Japanese Midget Submarine Attack on Sydney Harbour

**27 April**

Speaker: Noel Phelan

#### 4. The Great North Road: An Introductory Talk

**25 May**

Speaker: Elizabeth Roberts

#### 5. Venice - Yesterday, Today and Tomorrow

**22 June**

Speaker: John Flint

## LINDFIELD: SENIOR CITIZENS RESOURCE CENTRE

271 Pacific Highway, behind Library. Short walk from station and Lindfield shopping car park. Limited on-site parking.  
**Wheelchair accessible.**

**Venue Convener: Marika McLachlan 9988 3199**

### ROMAN HISTORY: THE LATE REPUBLIC..... 171NL01

The century from 133 BC to 31 BC was one of political assassinations, civil wars and general turbulence, imperial expansion and literary brilliance, until finally the Republic collapsed and was replaced by a subtly different form of government, the 'Principate'. Murder or suicide? It's a fascinating and well-documented period. New members welcome (Wesley Room)

**Alt Mondays from 6 Feb 10:00 - 12:00**

Leader and bookings: Leonie Hayne 9417 2894

### RUSSIAN ADVANCED\*\*(12)..... 171NL02

This is a continuing course where new members with an adequate level of Russian are very welcome.

**Each Monday from 6 Feb 12:00 - 2:00**

Leader: Olga Petlevanny 9939 6871

Bookings: Natalia Chapanis-Sidhu 9887 1735

Email: chapanisidhu@optusnet.com

### POST BEGINNERS SPANISH..... 171NL03

For those who have already completed some study of the language. This is a course offering instruction in basic grammar with the introduction of useful phrases, and opportunities for conversation. A variety of teaching methods will be used.

**Alt Mondays from 6 Feb 2:00 - 4:00**

Leader and bookings: Jenny Brady 9966 8510

### SPANISH CONVERSATION\*\*(10)..... 171NL04

Most of the time we discuss current affairs, cultural events or a subject previously decided upon. Spanish is spoken 90 percent of the time. Good knowledge of the language is required.

**Alt Tuesdays from 7 Feb 2:00 - 4:00**

Leader: Maria Criado Mob: 0424 939 767

Bookings: Jenny Brady 9966 8510

### LATIN INTERMEDIATE A..... 171NL05

This continuing course will proceed from Stage 43 of the *Oxford Latin Course Part III* and more complex grammar enhanced by passages of prose and poetry from classical authors.

**Each Wednesday from 8 Feb 1:45 - 3:45**

Leader and bookings: Helen Ledwidge 9489 7161

Email: hledwidge@iprimus.com.au

### LATIN INTERMEDIATE B..... 171NL06

This course is for students of who are already using the textbook, *Oxford Latin Course Part III*. We will resume at Chapter 45.

**Alt Wednesdays**

**Term 1: 8 Feb - 5 April 11:15 - 12:45**

**Term 2: 3 May - 14 June 11:15 - 12:45**

Leader and bookings: Barbara Twomey 9144 3583

### LATIN INTERMEDIATE C..... 171NL07

This course is for students who will resume their studies at the beginning of the textbook, *Oxford Latin Course Part III*, Chapter 34.

**Alt Wednesdays**

**Term 1: 8 Feb - 5 April 9:30 - 11:00**

**Term 2: 3 May - 14 June 9:30 - 11:00**

Leader and bookings: Barbara Twomey 9144 3583

### ELEMENTARY ANCIENT GREEK..... 171NL08

This course is for students interested in acquiring some knowledge of Classical or Koiné Greek. Reading and writing Greek script and learning basic Classical or Koine Greek vocabulary and grammar are practised using the textbook, *Athenaze Book 1 (2nd or 3rd edition)* and the accompanying workbook.

**Alt Wednesdays**

**Term 1: 1 Feb - 29 March 9:30 - 11:00**

**Term 2: 26 April - 21 June 9:30 - 11:00**

Leader and bookings: Barbara Twomey 9144 3583

### NOVELS AND BIOGRAPHIES:..... 171NL09 19th CENTURY ONWARDS

A literary discussion group studying 10 -11 books each semester. The first two books will be *Tom Jones* by Henry Fielding and *Nutshell* by Ian McEwan

**Alt Thursdays from 9 Feb 10:15 - 12:15**

Leader and bookings:

Maurice O'Donovan 9411 8717

Email: odonovan.1@bigpond.com

### MEDIA DISCUSSION GROUP..... 171NL10

This is a discussion group with a difference. Our numbers are small but everyone gets a chance to contribute to the discussion. We choose a topic for the following meeting from current affairs or social problems. New members welcome.

**Alt Thursdays from 2 Feb 10:00 - 12:00**

Leader and bookings: Bill Rees 9415 8257

### SOLO WHIST: A CARD GAME..... 171NL11

Knowledge of Solo required for this friendly group.

**Each Thursday from 5 Jan 1:00 - 3:30**

Leaders and bookings: Joan Martin 9453 2074

### GERMAN INTERMEDIATE\*\*(12)..... 171NL12

Text book: *em neu 2008 Brückenkurs - Kursbuch Hueber Verlag. Sechs Bausteine: Lesen, Sprechen, Hören, Schreiben, Grammatik, Wortschatz*. Basic German grammar required. New members welcome.

**Each Friday from 10 Feb 11:00 - 12:30**

Leader and bookings: Marika McLachlan Mob: 0411 151 722

## GERMAN ADVANCED\*\*(12)..... 171NL13

New members welcome. Students need to have a sound knowledge of German.

**Each Friday from 10 Feb 9:30 - 11:00**

Leaders and bookings:

Ebba van der Helder 9416 2232 and  
Marika McLachlan Mob: 0411 151 722

## FRENCH CONVERSATION\*\*(12)..... 171NL14

We discuss current affairs, articles of interest from magazines and journals, also topics previously agreed on. New members with a good knowledge of French are welcome.

**Alt Fridays from 24 Feb 2:00 - 4:00**

Leader and bookings: Mary Lambert 9440 2531

## PENNANT HILLS: LEISURE AND LEARNING CENTRE

8 Warne Street. Short walk from station. Some on-site parking, limited (3-hour) street parking.

**Venue Convener: Ros Markham 9416 8486**

## ART PRACTICE GROUP..... 171NP01

Love art? Then join this fun, relaxed class. Whether you are good at art or want to be good, this is the place for you. Experiment with any media, explore your own style and develop your creative expression by learning to look. Bring your own materials. Beginners are welcome.

**Alt Mondays from 6 Feb 1:00 - 4:00**

Leader and bookings: Terry Goddard 9878 1174

## PENNANT HILLS: COMMUNITY CENTRE

Corner Yarrara Road and Ramsey Street. Small Hall (lower level, Library building). Community Centre car park or shopping centre opposite.

**Venue Convener: Ros Markham 9416 8486**

## FRENCH - INFORMAL..... 171NM01 CONVERSATION GROUP

This group aims to encourage conversation in modern French in a relaxed atmosphere, with correction of grammar and usage. Topics for discussion include shared experiences, literature, music and current affairs.

**Alt Wednesdays from 8 Feb 1:00 - 3:00**

Leader: Chimène Hortense

Inquiries and bookings: Mary Ferguson 9487 7063

## PYMBLE: UNITING CHURCH

Corner Pacific Highway and Livingstone Avenue. Opposite station. Limited on-site parking and with lift from lower parking area. John Downes meeting room.

**Venue Convener: Pauline Holbrook 9456 2483**

## FRENCH READING AND WRITING..... 171NU01 INTERMEDIATE\*\*(10)

For those having completed at least three years of a preliminary course. The aim of this course is to develop skills in reading, writing and speaking French.

**Alt Wednesdays from 1 Feb 1:30 - 3:30**

Leader and bookings: Peter Rennie 9451 8538

## FRENCH READING AND..... 171NU02 WRITING ADVANCED\*\*(10)

Suitable for those with a good basic knowledge of French grammar and pronunciation.

**Alt Wednesdays from 8 Feb 1:30 - 3:30**

Leader and bookings: Peter Rennie 9451 8538

## GERMAN INTERMEDIATE\*\*(10)..... 171NU03

For prospective students, please phone leader for all details.

**Each Thursday from 2 Feb 10:30 - 12:30**

Leader and bookings: Tamara Cronin 9144 6401

## ST. IVES: UNITING CHURCH

Corner Douglas Street and Mona Vale Road, St. Ives. Entrance to car park is in Douglas Street. In addition, street parking, level walking, disabled facilities, **wheelchair accessible**. Courses are in the Calvin Room unless otherwise indicated.

**Venue Convener: Alan Barge 9487 2899**

**Email: abarge@optusnet.com.au**

## MONDAYS AT ST. IVES..... 171NI01

This is a series of separate presentations by talented speakers on topics of general interest.

**Alt Mondays from 23 Jan 10:00 - 12:00**

Leaders and bookings:

Dorothy Smith 9417 1359

Email: dewoodhart@bigpond.com

Joy Liddell 9449 5193

Email: jlliddell@bigpond.com

### 1. Living with Shakespeare

400 years after his death, Shakespeare's works still illuminate human behaviour. Things were in flux so we look at what he says about customs, morals, food, flowers and even the jokes of his day; we finish with a good belly laugh like Falstaff.

**23 Jan**

Speaker: Heather Bentley

### 2. The Science of Happiness

A look at the so-called 'Science of Happiness' and the way in which it is used to drive speaker interest.

**6 Feb**

Speaker: Tony McCurdy

### 3. Iraq from Civilisation's Cradle to the Killing Grounds of ISIS

A summary of the history of this nation from 7000 BC. A history steeped in violence during successive waves of conquest, but with unique cultural gifts.

**20 Feb**

Speaker: Ian De Mellow

### 4. My Life in Submarines

A humorous true story seen through the eyes of a submariner who gives an insight into the many challenges and near disasters that are commonplace on these vessels.

**6 March**

Speaker: Douglas Edwards

### 5. Islam, Human Rights and Public Policy

A brief history of Islam, the focus on human rights in Sharia law, a quick review of the history of human rights plus debate on public policy.

**20 March**

Speaker: David Claydon

### 6. How Do We Know We Are Safe?

ASIO's pursuit of subversives in the '60s and '70s. Meredith discusses her book *Dirty Secrets: our ASIO Files*. It contains

reflections by ASIO targets including Michael Kirby, Philip Adams, Anne Summers, Peter Cundall, Gary Foley and David Stratton.

**3 April**

Speaker: Meredith Burgman

### 7. Casanova

You will be surprised, delighted, shocked and amused to learn about this Venetian adventurer and his picaresque life.

**17 April**

Speaker: Paul Barclay

### 8. The Criminal Justice Journey in NSW

We cover police and court proceedings that bring a matter into the court, the giving of evidence and reaching a verdict, District and Supreme courts, jury and judge alone trials and what happens when an offender is found guilty. Finally the Appeal process is explained. (2 sessions, second session 29 May)

**1 May - Session 1**

Speaker: Val De Rome

### 9. The Cattle King - Sidney Kidman

He left home at 13 and became a sheep drover, ending up a knight and the greatest pastoral landowner in modern history. An amazing story.

**15 May**

Speaker: Barbara Boston

### 10. The Criminal Justice Journey in NSW

This is a continuation of the 1 May session

**29 May - Session 2**

Speaker: Val De Rome

### 11. Turkey Before and After Gallipoli

Who exactly were the ANZAC foes at Gallipoli? Author Harvey Broadbent details the rise and fall of the Ottoman Empire and its successor after WWI, the modern Turkish Republic (2 sessions).

**12 June and 26 June**

Speaker: Harvey Broadbent

### PHILOSOPHY ..... 171NI02

We research and study philosophers and the issues they raised. Are they still valid today? How and why? Topics are chosen by members of the group. There are no formal lectures, but lots of discussion. (Calvin room)

**Alt Tuesdays from 7 Feb 10:30 - 12:30**

Leader: Margot Taverne 9449 2923

Email: margottaverne@gmail.com

Bookings: Priscilla Walker 9653 1549

Email: piwalker@bigpond.com

### ESSENTIAL ITALY - DVD ..... 171NI03

Historically, Italy is one of the central fonts of Western culture, as the centre of the Roman Empire, the cradle of Christianity and the place where the Renaissance flowered. From its history and art to its landscapes and architectural jewels, it would be hard to exaggerate the riches of this extraordinary country. Each session comprises three 30-minute DVD lectures by Prof. Kenneth Bartlett, University of Toronto.

**Alt Wednesdays from 1 Feb 1:00 - 3:00**

Leaders and bookings: Barrie Heath 9489 5126

Email: barrie1@optusnet.com.au

### ROMAN HISTORY: THE EARLY REPUBLIC ..... 171NI04

In January 27 BC the winner in the last civil war acquired a new name, Augustus, and introduced a modified form of Roman government, ruled by one man. This course will discuss the political, social and religious history of the reigns of Augustus and his family successors: Tiberius, Caligula, Claudius and Nero. New members welcome (Wesley Room)

**Alt Wednesdays from 22 Feb. 10:00 - 12:00**

Leader and bookings: Leonie Hayne 9417 2894

### WRITING STORIES ..... 171NI05

Everyone has at least one story in them just waiting to be found. Whether your stories come from life or your imagination, come and find them in our group.

**Alt Wednesdays from 8 Feb 10:00 - 12:00**

Leader: Cecilia Inglis 9488 5404 Mob: 0403 129 048

Email: ceciliainglis@yahoo.com.au

Bookings: Carole Cohen 9144 1685

Email: cohenc2@bigpond.com

### UKULELE FOR FUN ..... 171NI06

Join Roscoe, assisted by Angie Frank and Janet Bailey every Wednesday, No previous musical knowledge required, just a need to have a lot of fun with a friendly group. (Knox Room)

**Each Wednesday from 8 Feb 9:00 - 12:00**

Leader and bookings: Roscoe Behrmann

Mob: 0425 163 031

Email: roscoe.behrmann@bigpond.com

### SCIENCE AND TECHNOLOGY: GLIMPSES OF OUR PAST, PRESENT AND FUTURE ..... 171NI07

Come and join us in our 11<sup>th</sup> year of providing a variety of highly qualified speakers with a passion for their subject and the ability to present their topic in an easy to understand format. (Wesley Room)

**Alt Wednesdays from 1 March 10:00 - 12:00**

Leader: John Roberts

Bookings: Doug Milne Mob: 0435 869 199

Email: milnedk@live.com.au

### CURRENT AFFAIRS FORUM 1 ..... 171NI08

If you like to keep up-to-date with current affairs by listening to the news and talk shows on TV and radio, then this fortnightly public debate is an ideal forum for you to give your verdict. Participants can nominate topics for discussion and we respect the different opinions being expressed during our lively discussions. New members welcome.

**Alt Thursdays from 19 Jan 10:00 - 12:00**

Leader and bookings: Arthur Lith 9144 3541

Email: arthurlith@optusnet.com.au

### CURRENT AFFAIRS FORUM 2 ..... 171NI09

We discuss and debate actively, current news topics on which our members have strong and often different views. New members welcome.

**Alt Thursdays from 12 Jan 10:00 - 12:00**

Leader and bookings: Alan Barge 9487 2899

Email: abarge@optusnet.com.au

### A HISTORY OF INDIA - DVD ..... 171NI10

For over 5,000 years India has been home to a rich tapestry of peoples and cultures. The Indian subcontinent contains 20% of the world's population and is a thriving centre for global business. This series of DVD lectures given by Prof. Michael Fisher will enable you to understand the epic scope of the subcontinent's diverse history.

**Alt Thursdays from 9 Feb 1:00 - 3:00**

Leader and bookings: Philip Baynash 9889 1716

Email: philrita@baynash.com

### MUSICAL INSIGHTS ..... 171NI11

Trevor Cope, veteran leader of 16 years, returns from retirement for a short course of insights into several of Beethoven's sonatas and symphonies. There will also be literary references into the works of Shakespeare. (Wesley Room) (5 sessions).

**Alt Thursdays from 2 Feb 10:00 - 12:00**

Leader and bookings: Trevor Cope 9449 7964

Email: cope2@optusnet.com.au

## THE GOLDEN AGE OF CINEMA.....171NI12

Old films are not just a wallow in nostalgia but can be an insight into what makes any film more enjoyable or stimulating. It's often what comes from being part of our pleasant group. Explanatory notes are issued and discussed at each meeting.

**Alt Fridays from 17 Feb 10:00 - 12:30**

Leader and bookings: Alan Saunders 9144 6088

Email: thesaunders7@optusnet.com.au

## SUBTITLES AND SILENTS\*\* (20).....171NI13

An overview of some significant Italian and Japanese sound films with two famous silent productions. Old films are not just a wallow in nostalgia but can be an insight into what makes any film more enjoyable or stimulating. It's often what comes from being part of our pleasant group. Explanatory notes are issued and discussed at each meeting.

**Alt Fridays from 21 April 10:00 - 12:30**

Leader and bookings: Alan Saunders 9144 6088

Email: thesaunders7@optusnet.com.au

## TURRAMURRA NORTH: THE COTSWOLDS VILLAGE

28 Curagul Road, North Turramurra. Easy street parking and near to bus stop.

**Venue Convener: John Dryden 9449 2875**

## PLAY READING\*\*(12).....171NV01

Group reading of plays in a relaxed manner, no previous experience is necessary. Copies will be provided.

**Alt Fridays from 3 Feb 2:00 - 4:00**

Leader and bookings: John Dryden 9449 2875

Email: jdryden@iinet.net.au

## TURRAMURRA NORTH: THE LANDINGS

440 Bobbin Head Road, North Turramurra. Clubhouse. Easy street parking. inside "The Landings" village.

**Venue Convener: Wendy Bull 9488 5268**

Email: thelandingsvilla@gmail.com

## TOPICS OF INTEREST.....171NJ01

A variety of speakers will lecture on their favourite subjects in the comfortable and well-equipped clubhouse auditorium.

**Second and Fourth Tuesdays of each month commencing 14 Feb 10:00 - 12:00 No Bookings required**

### 1. An Expedition to Antarctica

**14 Feb**

Speaker: Noel Phelan

### 2. Pubs of Broken Hill

**28 Feb**

Speaker: Gary Hughes

### 3. Lecture Concert Pianist and Composer

**14 March**

Speaker: Ambre Hammond

### 4. Electromagnetic Radiation

**28 March**

Speaker: John Lincoln

### 5. The Life of Henry Parkes

**11 April**

Speaker: Ian Thom (Henry Parkes great-great grandson)

### 6. Anzac Day Please note: No U3A session

**25 April**

## 7. Pinchgut Opera

**9 May**

Speaker: Sarah Gilchrist

## 8. CSS Shenandoah

**23 May**

Speaker: Merv Rosen

## 9. The Railways, Stations and Tramways of Broken Hill

**13 June**

Speaker: Gary Hughes

## 10. The Great Game Between Britain and Czarist

**Russia (Part 1)**

**27 June**

Speaker: Peter Headley

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## TURRAMURRA SOUTH: UNITING CHURCH

Corner Chisholm and Vernon Streets, South Turramurra. Vestry. Plenty of parking available. Bus to station.

**Venue Convener: Grahame Marr 9487 3806**

## FRENCH INTERMEDIATE/ADVANCED\*\*(10).....171NW01

For those having completed at least four years of a preliminary course. This course aims to develop the student's skills in reading, writing, and speaking French.

**Each Wednesday from 8 Feb 10:00 - 12:00**

Leader and bookings: Ethleen Low 9476 4259

Email: ethlow@bigpond.net.au

## FRENCH BEGINNERS\*\*(10).....171NW02

Ever wanted to try a new language? We start from the beginning, with focus on speaking and listening.

**Each Tuesday from 7 Feb 1:00 - 3:00**

Leader and bookings: Shirley Beck 9634 4214

## FRENCH POST-BEGINNERS\*\*(10).....171NW03

**Each Thursday from 9 Feb 1:00 - 3:00**

Leader and bookings: Shirley Beck 9634 4214

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## TURRAMURRA: UNITING CHURCH

Turramurra Avenue. Adequate parking behind shopping centre. Short walk from station. Wheelchair accessible.

**Venue Convener: Ros Markham 9416 8486**

Email: roslyn.markham@bigpond.com

## CURRENT AFFAIRS DISCUSSION GROUP.....171NT01

We discuss current affairs and associated ideas based on media reports in an informal and objective manner. Subjects presented for discussion by a leader who is rostered on a voluntary basis in each session. New members are welcome.

**Alt Tuesdays from 31 Jan 10:00 - 12:00**

Leader and bookings: Jan Martin 9456 7774

## TRUTH IN HISTORY.....171NT02

There is mystery, myth, revelation, magic and murkiness in history as it unfolds. Modern science and research can help us in revision and reassessment. This is to be done by readings, discussion and inputs, using texts and other research materials. Topics will be wide-ranging and the class is welcome to approve or select.

**Alt Thursdays from 9 Feb 10:00 - 12:00**

Leader: Phil Pryor

Bookings: Margaret Marshall 9487 1898

## GERMAN BEGINNERS (CONTINUING).....171NT03

This is the second year of the course which commenced for those who had not previously studied German. It includes elementary vocabulary and grammar to develop reading, writing, listening and speaking skills. The program of lessons is suitable for those who have some familiarity with German grammar and vocabulary.

**Each Monday from 6 Feb 10:00 - 12:00**

Leader and bookings: Michael Hummel 9869 1023

Email: michael.hummel48@gmail.com

## FUN PROBLEM-SOLVING TO KEEP OUR MINDS ACTIVE.....171NT04

Let's challenge our brains and keep mentally young and agile by solving geometric puzzles such as tangrams and pentominoes, as well as space problems, number puzzles and logic problems. It is both satisfying and fun to find you can solve these using hands-on activities involving paper, pencils, scissors and eraser. Please bring these along with you.

**Alt Tuesdays from 7 Feb 10:00 - 12:00**

Leader and bookings: Sandra Sadler 9484 5513

Email: spsadler@dodo.com.au

## TURRAMURRA: ROHINI VILLAGE

51-53 Rohini Avenue, north of Eastern Road. Cowper Room. Close to rail, bus and parking.

**Venue Convener: Roslyn Markham 9416 8486**

**Email: roslyn.markham@bigpond.com**

## SPEAKERS' PROGRAM.....171NN01

**Second Wednesday of each month from 8 March  
10:30 - 12:00**

- **8 March** Garry Hughes – A history talk about Broken Hill
- **12 April** Graham Sims – Bernard O'Reilly and the search for the lost Stinson Airliner
- **10 May** Robin Wines – Egypt the Giza Pyramids and a trip down the Nile
- **14 June** Noel Phelan – A talk on *HMAS Melbourne* and the *HMAS Voyager* collision

Leader and bookings: Patricia Johnson Mob: 0416 013 413

## TUESDAY WORDSMITHS.....171NN02

Everyone has a story to tell. Our friendly interactive group will help you find the key to unlock the door to your imagination.

**Alt Tuesdays from 7 Feb 10:00 - 12:00**

Leaders will rotate. Bookings: Barry Lloyd 9449 2202

## GREAT IDEAS OF PHILOSOPHY - DVD.....171NN03

Lectures on DVD will be used to introduce the main currents and issues in philosophical thought from ancient Greece to more contemporary studies. The lectures cover three abiding problems: knowledge (epistemology and metaphysics), conduct (ethics and morals), and governance (political science and law). Presented by Prof. Dan Robinson, Oxford University.

**Alt Mondays from 6 Feb 10:00 - 12:00**

Leader: Jock Buselli 9484 7041

Email: jock.buselli@tpg.com.au

Bookings: Barbara Day 9416 3437

Email: sippebar@bigpond.net.au

## MUSIC WE GREW UP WITH.....171NN04

This course is a musical journey, tracking changes to popular music through the 1920s to the Rock & Roll era, by decade. Songs of protest, music of inspiration and hope and traditional folk songs from various countries are added. From swing to swoon to R&R, come and enjoy. (10 sessions)

## Alt Thursdays commencing 2 Feb 10:00 - 12:00

- **2 Feb** Songs of Protest
- **16 Feb** Songs of Inspiration
- **2 March** The Roaring '20s
- **16 March** The Swinging '30s
- **30 March** Music from the BBC Proms
- **13 April** Trad Folk of Britain
- **27 April** Trad Folk of Russia, Italy and America
- **11 May** The Fabulous '40s
- **25 May** The Melodious '50s to 1955
- **6 June** Rock 'n Roll

Leader: Howard Ferrer Email: howardf@optusnet.com.au

Bookings: Ros Markham 9416 8486

Email: roslyn.markham@bigpond.com

## WAHROONGA: ROSETTA PARK

Corner Pacific Highway and Ada Avenue. UPA Complex, Level 6, Activities Room. No visitor parking. Two hour parking in shopping centre car park. **Wheelchair accessible**

## ITALIAN – COMBINED BEGINNERS.....171NSO1 AND INTERMEDIATE

Greet people, introduce yourself, buy train and theatre tickets, find accommodation and ask directions. We concentrate on speaking and conversation, grammar as appropriate, construct sentences, express yourself and learn Italian culture and customs. Course Book not expensive - includes CD. Details will be made available when making a booking. .

**Every Tuesday from 7 Feb 10:00 - 12:00**

Leader and bookings: Adrian Walker 9987 4299

Mob. 0417 224 011

Email: walkeradrian@optusnet.com.au (preferred)

## WAHROONGA: THE WONIORA

9 Woniora Avenue. Walking distance from Wahroonga Station. Plenty of on-site underground and street parking.

**Wheelchair accessible.**

**Venue Convener: Tina Van der Heyden 9943 2212**

**Email: albertina6@hotmail.com**

## GERMAN INTERMEDIATE\*\*(12).....171NB01

This course assumes that students have studied German in the past and want to brush up on their speaking, reading skills and basic grammar. The emphasis is on oral German and some necessary grammar.

**Each Monday from 6 Feb 10:00 - 12:00**

Leader and bookings: dorothee Schifter 9487 2578

Email: Dorothee.schifter@bigpond.com

## PRIVATE HOMES

**Venue Convener: Jan Heath 9419 7336**

Email: heath54w@gmail.com

## RECORDER GROUP (Waitara).....171NH01

This is a group meeting regularly to enjoy playing music. New members need to be auditioned.

**Alt Wednesdays from 8 Feb 10:00 - 12:30**

Leader and bookings: Annette Salt 9489 5997

## DISCUSSION GROUP (Wahroonga).....171NH02

A friendly group focusing on current affairs and topics of general interest.

**Alt Mondays from 27 Feb 10:15 - 12:15**

Leader and bookings: Eva Browne 9487 7246



**INDONESIAN BEGINNERS (Wahroonga) ..... 171NH03**

Learn the language of our closest neighbours. Textbook:

*Colloquial Indonesian* by Sutanto Atmosumarto.

**Alt Wednesdays from 22 Feb 10:30 - 12:00**

Leader and bookings: Tina Vander Heyden 9943 2212

Email: albertina6@hotmail.com

**INDONESIAN BEYOND ..... 171NH04**  
**BEGINNERS (Wahroonga)**

A continuation of Indonesian Beginners. Textbook:

*Colloquial Indonesian* by Sutanto Atmosumarto.

**Alt. Wednesdays from 22 Feb 12:30 - 2:00**

**INDONESIAN ADVANCED (Wahroonga) ..... 171NH05**

Refresh and expand your knowledge of Indonesian with a small group of like-minded people in a relaxed atmosphere.

Textbook used: *Bahasa Tetanggaku* by Ian J White.

**Alt Wednesdays from 22 Feb 2:00 - 4:00**

Leader and bookings: Tina Vander Heyden 9943 2212

Email: albertina6@hotmail.com

**PLAY READING (Wahroonga) ..... 171NH06**

No need for acting skills, just an interest in reading plays with a friendly group.

**Fourth Friday of each month from 24 Feb 1:30 - 3:30**

Leader and bookings: Jill Baxter 9487 5972

**HEALTHY EATING FOR ONE ..... 171NH07**  
**(West Pymble)**

This course covers the signs of good health in mature years, nutritional needs of mature adults to prevent age-related disease, healthy food choices and meals, together with demystifying food labels. (4 sessions).

**Alt Tuesdays from 14 Feb 1:00 - 3:00**

Leader and bookings: Susanne Hledik Mob: 0414 497 512

Email: phledik@bigpond.net.au

**WITH RHYME AND REASON ..... 171NH08**  
**(Eastwood)\*\*(10)**

You are invited on a voyage of discovery. We explore the ways in which people around the world express their thoughts and feelings in poetry. Materials will be provided for reading and discussion. You bring your own poems and I'll bring mine, recite a ballad and meet some Sydney poets

**Alt Thursdays from 16 Feb 10:30 - 12:30**

Leader and bookings: Ron Wilkins 9876 1948.

Email: ronwtwilkins@hotmail.com

**ANYONE CAN PAINT (Pymble) ..... 171NH09**

If it is time to try your hand at art again, join us in a very laid-back atmosphere, with as much or as little tuition as you wish, in oils or acrylics.

**Alt Thursdays from 2 Feb 10:00 - 1:00**

Leader and bookings: Marianne McMillan

Mob: 0414 987 738

**FOOD ALLERGIES AND ..... 171NH10**  
**INTOLERANCES (Pymble)**

**One Session: 9 May 10:00 - 1:00**

Leader and bookings: Susanne Hledik

Email: phledik@bigpond.net.au