

GREATER WESTERN

Regional Course Co-ordinator: Sue Brennan 9624 4270
Email: suebrennan88@gmail.com

Enquiries only

GREATER WESTERN REGION OF SYDNEY U3A

Our 'End of Semester One' Function

will be held on

Friday 23 June 2pm

(Please note, not the usual 'last Friday in June')

Venue to be advised

Come and catch up with old friends and make some wonderful new acquaintances.
Please bring a plate towards afternoon tea.
Come and join us, we'd love to see you!

Contact Course Coordinator Sue Brennan in June for details
suebrennan88@gmail.com
9624 4270 Mob: 0417 288 927

All Sydney U3A members are welcome to attend

Please see our two entries in 'Events for All' at the front of the book

PARRAMATTA

Level 2, 1-3 Fitzwilliam Street - adjacent to rail station
Enter through 'RAFFLES' door, left of library entrance
Lift and wheelchair accessible

MANDARIN 171GF01

This continuing course is intended for the Third Age people who want to learn Mandarin by means of learning Chinese characters and sentences using alphabetic transliteration. Your class level will determine alternate Monday session access.

Each Monday from 30 Jan 10:00 - 12:00

Leader: Ying Mei Zhang
Bookings: Ying Mei Zhang 9635 8798
or Nicole Liu 9311 2480

BOOK OF THE MONTH**(20) 171GF02

Discussion group. New members most welcome. Share the experience, expand your understanding and enjoy the process.

Every fourth Monday from 6 Feb 10:00 - 12:00

Leader and bookings: Isabel Halton 9872 4467

THRILLERS AND MYSTERIES 171GF03

Join a monthly book-reading group for those who read for entertainment and love 'whodunits'. We each take turns in selecting two authors for the following month.

Every fourth Monday from 30 Jan 1:00 - 3:00

Leader and bookings: Dorothy Johnson 9621 2389 (after 5pm)

STORYTELLERS PARRAMATTA 171GF04

Letting Thoughts Fly' is our motto. Come and join our lively, friendly group and write your family anecdotes, poems and tales both serious and frivolous. An optional topic is suggested for reading at the following session; however, personal themes are always welcome.

Alt Tuesdays from 31 Jan 10:00 - 12:00

Leader and Bookings: Helen Reardon 9631 7241
Email: helsjr@bigpond.com

GROWING YOUR FAMILY TREE 171GF05

Interested in your family history? Join a friendly, helpful group all engaged in digging up their ancestors.

Alt Tuesdays from 7 Feb 1:00 - 3:00

Leader and bookings: John Venables 9484 0526
Email: john_venables@yahoo.com

SHAKESPEARE TODAY 171GF06 - DISCUSSION (**15)

One play per session will be presented, *Hamlet*, *The Merchant of Venice*, *Antony & Cleopatra* and two plays of class choice (5 sessions).

Alt Tuesdays from 14 Feb 1:00 - 3:00

Leader and Bookings: Gwynn Roberts 9622 5458
Mob: 0416 107 232
Email: gwynnandbetsy@bigpond.com

SHORT STORY WRITING COURSE (**12) 171GF07

Got a story to tell and unsure how to proceed? Been writing for a while and got 'writer's block'? Keen to further your skills in short story writing with the aim of being published? Come and have fun whilst engaging in activities that develop your creative writing potential (3 sessions).

Alt Tuesdays from 9 May 1:00 - 3:30

Leader: Katherine Pinczuk
Bookings: Sue Brennan 9624 4270 Mob: 0417 288 927
Email: suebrennan88@gmail.com (preferred)

TEN SINGLE SESSION TUESDAYS (**18) 171GF08

A series of separate presentations on subjects of general interest.

All presentations are from 10:00 - 12:00

Bookings: Sue Brennan 9624 4270 Mob: 0417 288 927
Email: suebrennan88@gmail.com (preferred)

1. The Misunderstood Middle Ages

A wide-ranging look at the major achievements of the Middle Ages and how they underpin much of modernity.

Tuesday 7 Feb

Speaker: Tony McCurdy

2. Bush Poetry - A Tribute to Early Australians

A tribute to early Australians in the form of rousing bush poetry, which captures their tough, enduring spirit, humour and independence in the face of a harsh environment.

Tuesday 21 Feb

Speaker: Christine Lopacinski

3. Mediaeval Heroines in History and Legend

We look at the lives and achievements of Heloise, Hildegard of Bingen and Queen Eleanor of Aquitaine, whose personalities still engage our modern imagination.

Tuesday 7 March

Speaker: Tony McCurdy

4. Quality Control in the Pharmaceutical Industry

How can you be assured of the quality of the pharmaceuticals you take and that pharmaceutical companies ensure their products are safe and effective? How do government regulations control their quality? This talk will give some answers to these questions.

Tuesday 21 March

Speaker: Colin Smith

5. Trans Mongolia / Trans Siberia

Exploring the wonders of China, then travelling by Trans Mongolian Rail and the famous Trans Siberian Railway, camp in Mongolia, home-stay in Siberia and onward to Moscow and St. Petersburg.

Tuesday 4 April

Speaker: Michael D'Arcy

6. The Last Wilderness: Antarctica

After three visits to Antarctica, David Ellyard understands the powerful appeal of the Seventh Continent, drawing us there to explore and to marvel; and why the fate of Antarctica matters to the rest of the planet.

Tuesday 2 May

Speaker: David Ellyard

7. 'Fairbridge Farm', School for Child Migrants

Personal recollections of a ten-year stay at 'Fairbridge', the speaker having been sent as a seven-year-old in 1948.

Tuesday 16 May

Speaker: Daphne Appleby

8. All about NUMBERS

What is a number? Discover the difference between rational and irrational numbers, real and imaginary numbers. Find out about prime numbers and complex numbers, and have a slice of 'pi'.

Tuesday 30 May

Speaker: Gwynn Roberts

9. La Marseillaise and the French Revolution

The literature, music, art and ideas that led up to the French Revolution.

Tuesday 13 June

Speaker: John Flint

10. Les Miserables

A comparison of the book with the film and musical versions.

Tuesday 27 June

Speaker: Nora Hinchon

OUR WORDS 171GF09

Interested in the origin of language? Words and sayings can be fun. Join us and enjoy them. Bring a word and we'll use it in an 'on-the-spot' writing task. Hone your writing skills with a friendly, like-minded group and let your talent emerge.

Alt Wednesdays from 1 Feb 1:00 - 3:00

Leaders and bookings:

Ann Orel 9638 2547 Email: annorel@hotmail.com

Rachelle Rassaby 9797 2287 Email: rrassaby@gmail.com

The HISTORY OF WORLD WAR I 171GF10

How did World War I start? Why did it turn into a stalemate of mud and trenches? How was the stalemate broken by the Allies in 1918? These and other issues will be explored (8 sessions).

Alt Wednesdays 8 Feb to 17 May 1:30 - 3:30

Leader and bookings: Colin Smith

Email: colinsmith1@bigpond.com

A SOLDIER'S STORY 171GF11

The story of a World War II soldier who departed in the first convoy to go overseas, fought in North Africa and Greece and was held as a prisoner of war for four years.

Wednesday 31 May 1:30 - 3:30

Leader: Michael Peters

Bookings: Sue Brennan 9624 4270 Mob: 0417 288 927

Email: suebrennan88@gmail.com (preferred)

NAPOLEON AND WELLINGTON 171GF12

A look at the lives, personal histories and wars of Napoleon and his principal opponent, British General Wellington, including the operational methods of their two armies. We conclude by considering how Wellington defeated Napoleon (2 sessions).

Wednesdays 14 and 28 June 1:30 - 3:30

Leader: Michael Peters

Bookings: Sue Brennan 9624 4270 Mob: 0417 288 927

Email: suebrennan88@gmail.com (preferred)

CALLIGRAPHY**(18) 171GF13

Learn 'beautiful writing' and discover your artist within. No experience or talent necessary.

Alt Thursdays from 9 Feb 1:00 - 3:00

Leader and bookings: Georgie Tuck 9626 1334

Email: georginatuck93@gmail.com

PEOPLE WHO CHANGED THE WORLD 171GF14

We look closely at the lives of personalities who had a significant influence on social and economic development. Our focus is psychological. We consider the environment they grew up in, their family relationships, what they did that changed their world and how that may have affected our own lives.

Alt Thursdays from 2 Feb 2:00 - 4:00

Leader: Barry Hanlon

Bookings: Rex Broadbent 9686 3114

Email: rexpatoptusnet.com.au

1. Emmeline Pankhurst

Suffragette and political activist

Thursday 2 Feb

2. Joseph Lister

Surgeon and medical pioneer

Thursday 16 Feb

3. Morita Akio

Co-founder of SONY Corporation

Thursday 2 March

4. Diana Spencer

Campaigner against land mines

Thursday 16 March

5. Rupert Murdoch

Media proprietor

Thursday 30 March

6. William Shakespeare

Playwright, dramatist, poet and actor
Thursday 13 April

7. Wu Zetian

Tang empress, advocate of women's rights
Thursday 27 April

8. Martin Cooper

Inventor of the mobile phone
Thursday 11 May

9. Charles Lindbergh

Pioneer of transcontinental aviation
Thursday 25 May

10. Marco Polo

Venetian explorer
Thursday 8 June

11. Ivan Getting

Electrical engineer – co-inventor of Global Positioning System (GPS)
Thursday 22 June

MANDARIN P.I.E.S. 171GF15 (Practice in Everyday Speaking Chinese)

These sessions are intended for learners of Mandarin who want to practice and improve their listening and speaking skills. Depending on skill level, activities range from basic everyday conversation with emphasis on pronunciation and sentence structure, to role plays and discussions facilitated by native Mandarin speakers.

Each Friday from 27 Jan 1:00 - 3:00

Leader and bookings: Stanley Yan 9980 7289
Email: stanyan100@hotmail.com

PARRAMATTA: HARRY TODD BAND HALL

Jubilee Lane, Parramatta (approach from Jubilee Park on Parkes Street)

WORLD HISTORY: 171GT01 THE ROMAN EMPIRE**(50)

The Roman Empire at its height was the greatest empire in the known world. Our discussions will include: its formation, expansion, decadence, vibrant society, culture, how its people lived, its emperors, its many gods, its Imperial Army, its triumphs and its eventual decline.

Alt Fridays from 20 Jan 10:00 - 12:00

Leader and bookings: Mike Goodwin 9671 2284
Email: goodmike@bigpond.com

A LIVELY DISCUSSION GROUP 171GT02

Have your say. I may not agree with what you say but I will defend your right to say it.

Alt Fridays from 27 Jan 10:00 - 12:00

Leader: Martin Hanich
Bookings: Dorothy Johnson 9621 2389 (after 5pm)

GUILDFORD: HEWITT HOUSE

Corner of Guildford and Byron Roads

WRITING CREATIVELY 171GG01

Learn the skills of transforming experiences into prose and poetry and share the results in a friendly supportive environment.

Alt Wednesdays from 8 Feb 1:30 - 3:30

Leader and bookings: Lorna Clayton 8861 5736

BLACKTOWN: WESTPOINT

Community Room, Fourth Floor, up Alpha Street Ramp.
Four hours parking available with Seniors Card. **Wheelchair accessible**

TAI CHI 171GB01

Tai Chi has been said to relieve stress, arthritis and blood pressure. Assist in the mobility of mind and body. Aid blood circulation and muscle toning. Beginners and advanced classes.

Each Tuesday from 31 Jan 1:30 - 2:30

Leader and bookings: Vicky Fitzgibbon 9622 5638
Email: fitzus@yahoo.com Mob: 0427 240 583

POETRY AND PROSE FOR 171GB02 EVERYONE**(15)

Bring your poems or prose to read, or just relax and listen to the reading of established authors, or members' own work.

Alt Thursdays from 2 Feb 10:00 - 12:00

Leader and bookings: Margaret Bacon 9622 7874
Email: margaretbacon8@gmail.com

AUSTRALIAN COLONIAL HISTORY: 171GB03 EARLY EXPLORERS

The early explorers opened up Australia's interior making available more land for pastoral use/ farming. We will discuss their exploits from the arrival of the British, through Mitchell, Hume and Hovell, from Leichhardt to Burke and Wills. Their successes and deprivations make for interesting discussion.

Alt Thursdays from 9 Feb 10:00 - 12:00

Leader and bookings: Mike Goodwin 9671 2284
Email: goodmike@bigpond.com

TOPICAL CHAT**(12) 171GB04

Bring along your ideas for light-hearted discussions with fellow members.

Alt Fridays from 27 Jan 10:00 - 12:00

Leader: Robert Creswick
Bookings: Sue Brennan 9624 4270
Email: suebrennan88@gmail.com

FUN AND GAMES 171GB05

A light-hearted course to stretch your mind by playing scrabble, rummikub, canasta, and other games in a friendly atmosphere (11 sessions).

Alt Fridays from 3 Feb 10:00 - 1:00

Leader and bookings: June Keith 9621 1215
Email: junekeith@optusnet.com.au

BLACKTOWN CITY LIBRARY

Study Room, Level 1, corner of Alpha Street and Flushcombe Road. **Wheelchair accessible**

FAMILY TREE MYSTERIES SOLVED**(10) 171GL01

This is a support group for those addicted to researching their family history. Members range from beginners, to those with over thirty 30 years' experience in genealogy. Come and join our friendly and helpful group whose members assist each other to solve their genealogy problems.

Alt Tuesdays from 7 Feb 10:30 - 12:30

Leader: Marie Donaldson 9621 3375
Bookings: Kerry Stevenson
Email: kerryjune@hotmail.com

TOONGABBIE: ST. ANTHONY'S CHURCH HALL

Aurelia Street. Close to rail station and bus stop for 705 and 711, both Blacktown-Toongabbie-Parramatta and return services. Some parking available.

MONDAY CANASTA AND MAH JONG (WESTERN STYLE)..... 171GT01

Learn canasta and mah jong (Western style). Practice, refresh and polish up your skills for both these social games with a friendly group.

**Each Monday from 30 Jan 1:00 - 3:30
(Excluding public holidays 17 April and 12 June)**

Leader and bookings: Jon Hendrikse Mob: 0411 472 633
Email: jhendrikse39@hotmail.com

GENTLE EXERCISE AND DEEP RELAXATION**(20)..... 171GT02

This course aims to promote a depth of consciousness below the stressful surface. Discover the joy of deep relaxation and the health benefits of some very easy stretching. Please bring your own exercise mat and pillow.

**Each Tuesday from 7 Feb 1:00 - 3:00
(Excluding public holiday 25 April)**

Leader and bookings: Warwick Pitt: 9727 8415
Email: warwickpitt@hotmail.com

LINE DANCING..... 171GT03

Come along as a beginner and learn line dancing or further your skills with this enjoyable, healthy activity to Country or Modern music.

Each Wednesday from 1 Feb 1:00 - 3:00

Leader and bookings: Vicky Fitzgibbon 9622 5638 Mob: 0427 240 583
Email: fitzus@yahoo.com

PRIVATE HOMES

DESK-TOP FLYING FOR SENIORS..... 171GH01 (Carlingford) **(12)

Any frustrated aviators can learn to fly/navigate/enjoy scenery from some of 22,000 airports around the world using a stable of 50 aircraft (Wright Brothers to a 747). Projected onto a 6'x4' screen. No flying experience necessary. Venue close to Carlingford Railway Station or Parramatta/Epping bus route.

Alt Tuesdays from 7 Feb 1:30 - 3:30

Leader and bookings: Keith Manwaring 9872 2907
Email: snrpilot18@gmail.com

BRIDGE FOR ADVANCED PLAYERS..... 171GH02 (North Parramatta)**(8)

Bridge for advanced players in a non-competitive atmosphere.

Alt Wednesdays from 11 Jan 10:00 - 12:00

Leader and bookings: Liz Sobolewski 9630 7592

LET'S TALK ABOUT IT..... 171GH03 (Merrylands West)**(10)

Informal discussion about the activities and personalities of yesterday and today's prominent people, including royalty, outstanding contributors to the world scene and people in the news for whatever reason.

Alt Wednesdays from 1 Feb 10:00 - 12:00

Leader and bookings: Bev Cockburn 9635 7802

ANYONE FOR MURDER?..... 171GH04 (Merrylands West)**(10)

Participants will be offered a selection of DVDs and videos of murder mysteries featuring well-known fictional sleuths such as Frost, Morse, Colombo, Barnaby, Miss Marple, Hercule Poirot, and Inspector Lynley. Episodes of *Endeavour*, *Lewis* and *Vera* may also be added to our adventures!

Alt Wednesdays from 8 Feb 10:00 - 12:30

Leader and bookings: Bev Cockburn 9635 7802

MUSIC AND SONG (Carlingford)**(8)..... 171GH05

Learn theory and terminology of music, voice production and breathing methods. Bring along a short life story of your most admired composer and sing you favourite song.

Fourth Wednesday of each month from 22 Feb 1:00 - 3:00

Leader and bookings: Suzanne Su 9872 1230

EXPLORING THE PAST..... 171GH06 (Merrylands West)**(10)

Video clips and discussion about various famous people and events of historic importance from the past.

Alt Thursdays from 2 Feb 10:00 - 12:00

Leader and bookings: Bev Cockburn 9635 7802

MUSIC AND OTHER JOYFUL NOISES (Oatlands)**(10)..... 171GH07

Class members are invited to bring their own choice of music (tapes, CDs) and perhaps talk about the reason for their choice, be it personal or about the composition or musician. Any kind of music is welcome, including musical jokes.

Last Friday of each month from 27 Jan 10:00 - 12:00

Leader and bookings: June Kendrick 9638 1752