

EASTERN

Regional Course Coordinator: Margaret Steel 9371 6953
Assistant Course Convenor: Wilma Werrin 93865049
Assistant Course Coordinator: Warwick Mayne-Wilson
Enquiries Only

EASTERN REGION OF SYDNEY U3A

Notice is hereby given that the
Annual General Meeting and Election of Office Bearers
will be held on
Tuesday 23 February at 12 noon
at
at All Saints Church Hall, 85 Ocean Street, Woollahra
Commencing at 10.30am
will be our
Guest Speaker: Michael Jensen

who will speak on the topic:

“The Human Story - on the deep end we have to tell stories”

All members are invited to attend our Annual General Meeting which will be preceded by light refreshments affording members the opportunity to socialise.

Members should consider standing for election to the committee to assist in the running of our excellent organisation. Positions for election are President, Vice President, Secretary, Treasurer, Course Coordinator, Publicity Officer and Committee members.

Nomination forms and return details are available from: Caro Phillips 9389 2440
Forms must be returned by Tuesday 2 February 2016

All Sydney U3A members are welcome to attend
Please write this date in your diary now

EASTERN EVENTS

Bookings essential for all events via our website - <http://sydneyu3a.org/>
Click on Eastern region calendar, scroll down to month, select date and then book.
Members without email please phone Margaret on 9371 6953 between 2 - 5 pm
All Sydney U3A members invited

Thursday 3 March	The Great Synagogue - guided tour**(60) Transition French Gothic architecture 187 Elizabeth Street, Sydney. 10:00 - 11:00 Concession \$7 at the door
Thursday 10 March	St. Mary's Cathedral - guided tour**(60) English Gothic style architecture College Street, Sydney. 10:00 - 11:30 \$2 donation at the door
Thursday 17 March	Victor Chang Cardiac Research Institute – guided tour**(50) Lowy Packer Building, 405 Liverpool Street, Darlinghurst 10:30 - 12:30 Morning tea provided at no cost
Thursday 24 March	St. Mark's, Darling Point**(30) Darling Point Road. Gothic – Edmund Blakett 11:00 - 12:00 Leader: Diane Speed. No cost Easy access from Greenoakes Avenue. Street parking

Thursday 21 April	Bondi Pavilion - Seagull Room, Campbell Parade, Bondi Beach Talk on General Sir John Monash. An engineer by training, John Monash revolutionised modern warfare and contributed greatly to shortening the course of WWI. He was loved by his troops but disliked by Charles Bean and the Murdoch Press. 10:00 - 12:00 Cost \$2 Speaker: John Malmberg
Thursday 5 May	Centennial Park Labyrinth Walk**(20) The Labyrinth is a magnificently crafted pathway designed for quiet reflection and exploration. You can find it adjacent to the northern end of Willow Pond (off Dickens Drive) in the Park. We meet at this spot. 10:00 - 12:00 No cost Leader: Emily Simpson
Thursday 12 May	All Saints, Woollahra**(30) English Gothic style – Edmund Bracket 85 Ocean Street. Woollahra 10:00 - 11:00 No cost
Thursday 26 May	The Garrison Church**(30) Argyle Street, The Rocks. Mixed Gothic – Henry Ginn and Edmund Blacket 11:00 - 12:00 No cost
Thursday 16 June	Norman Lindsay Gallery and Museum, Faulconbridge**(30) The property is a stone cottage on a 17-hectare block of land known as Springwood. Cost \$12. National Trust members no cost. Bus leaves Edgecliff Centre 09:30 - no cost Booking no later than 1 June. Cafeteria available or BYO lunch.

WOOLLAHRA: ALL SAINTS CHURCH CENTRE

85 Ocean Street. Buses 200, 327, 324, 325, 389 or train to Edgecliff station. Short walk from station, turning right into Ocean Street. Disabled parking available. **Wheelchair accessible.**
All sessions 10:30 - 12:30 unless otherwise indicated.
No bookings required.

161EJ01

MIX AND MATCH MONDAYS AT WOOLLAHRA

1. Inside Pine Gap - the true story of a NSA agent

Pine Gap in Alice Springs has been controversial since it was established by treaty with the USA in 1966. Should Australia continue to support the presence of Pine Gap?

Monday 22 Feb

Speaker: David Rosenberg

2. The Essentials of Judaism

A presentation of the basic beliefs of the Jewish faith, its relationship with Christianity and Islam and where it might go in the future.

Monday 29 Feb

Speaker: Rabbi Elton

3. Heritage Value in Landscapes

'Park Mania' in 19th century NSW - why?

Mondays 7 and 14 March

Speaker: Warwick Mayne-Wilson

4. The Ethics of Eavesdropping, Whistleblowers and Leakers

The ethical considerations of government eavesdropping, how legal and ethical

eavesdropping was done at Pine Gap, and the type of monitoring and oversight needed to ensure authorised eavesdropping.

Monday 21 March

Speaker: David Rosenberg

5. Psychology

This talk will include a short history of modern psychology, including some terms and definitions; the psychology of later life; the process of aging with some concerns and interests for older people.

Monday 4 April

Speaker: Joyce Grant

6. Weddings - Wicked, Wonderful and Wild

Wendy Bull was one of Sydney's leading marriage celebrants who will give a light-hearted account of ceremonies she performed. Weddings - Wicked, Wonderful and Wild. Her book *The Big Day* has been an enormous success.

Monday 11 April

Speaker: Wendy Bull

7. The Development of the Novel in English

The novel began in the 17th century as a new form of story-telling. Over time it has become the dominant literary form, spreading from Britain to the USA, Oceania, Africa and Asia.

Monday 18 April and 2 May

Speaker: Margaret Little

8. Using Natural Heritage for Connected Place-making

Presentation of study findings into botanical, emotional, sensual and aesthetic learning outcomes resulting from place-making at Eurobodalla Regional Botanic Gardens. Further examples of nature-derived place-making endeavours will be demonstrated.

Monday 9 May

Speaker: Trevor King

9. On Becoming Australian

The keys to our sustainability lie in: a) integration of Australia's natural heritage into our culture; b) using science and art to assist the integration; c) enhancing our cultural sensibility through enriched engagements with 'place'.

Monday 16 May

Speaker: Trevor King

10. Mapping an Empire

The gripping story of the stupendous work of 19th science in the mapping, by the British, of India.

Monday 23 May

Speaker: Tony McCurdy

11. Adam Smith can Change Your Life

A survey of the life and arguments of Adam Smith and how his ideas have shaped the modern world globally and personally.

Monday 30 May

Speaker: Tony McCurdy

12. Research for Modern-Day Plague

This talk will focus on the infectious diseases of importance in the 21st century and will discuss their impact on world health.

Monday 6 June

Speaker: Penny Bishop

161EJ02

ENJOY TUESDAYS AT WOOLLAHRA

1. The Human Story- on the Deep End we have to tell stories

Our speaker will explore comedy, tragedy and epic story types and offer a Christian perspective on these.

Tuesday 23 Feb

Speaker: Michael Jensen

2. Heritage Landscapes Overview

1) An introduction and overview of landscapes as a type of heritage item that we all know and love; type, what makes them special and to whom? 2) Heritage and trees - are they connected?
Tuesdays 1 and 8 March
Speaker: Stuart Read

3. Sydney Heritage Fleet Overview

A general overview of the Sydney Heritage Fleet Collection, philosophy and community interaction.
Tuesday 15 March
Speaker: Alan Linklater

4. Italy: The Country, The People, The Language

Italy: a young country with old roots. The Italians: so diverse. Italian Life: the good and the bad. Some basic Italian and pronunciation. Tips, trivia, gossip and news. (6 sessions)
Alt Tuesdays from 22 March
Leader: Margherita Curtis

5. Life and Society in Iran from the Middle Ages to Contemporary Times

1) Arab invasion of Iran and aftermath. 2) The coming of the Turks and Mongolians. 3) Safavid Empire and aftermath leading to contemporary Iran. (3 sessions)
Alt Tuesdays from 29 March
Leader: Ali Nasser

6. The Evolution of Relativity Theory

Modern relativity began with Einstein's famous 1905 paper. However many of the fundamental ideas date back to Galileo. The development of the subject since 1600 is discussed.
Tuesday 10 May
Speaker: Edwin Morris

7. Science and the Universe

Update on last years' Fundamental Physics and the Big Questions of Philosophy. It will include latest developments in science.
Tuesday 24 May
Speaker: Ian Bryce

8. Trans Mongolia, Trans Siberia

Exploring the wonders of China, then travelling by Trans Mongolian Rail and the famous Trans Siberian Railway, camp in Mongolia, home-stay in Siberia and onward to Moscow and St. Petersburg.
Tuesday 7 June
Speaker: Michael D'Arcy

161EJ03

JOIN OUR FABULOUS FRIDAYS AT EASTS

1. US Politics in the 2016 election year.

How does the year shape up at this point with the incumbent not running for President? What is the impact of the new cybersecurity complex? Are political parties outdated?
Friday 19 Feb
Leader: Bill Levantrosser

2. Percy Grainger and his Music

The diverse creative activities of Percy Grainger, a musical genius from Australia,
Friday 26 Feb.
Speaker: John Carmody

3. Two Queens of France

Marie Antoinette was Austrian, while Catherine Medici was Italian. Both became Queen of France with far-reaching consequences.
Friday 4 March
Speaker: Paul Barclay

4. Galileo

Galileo's contribution to human knowledge is fundamental to much of our science. Despite official opposition his discoveries and ideas have prevailed.
Friday 11 March
Speaker: Paul Barclay

5. J. Edgar Hoover

The legendary head of the FBI was a secretive man with a lust for power. He served under ten American presidents, many of whom did not trust him.
Friday 18 March
Speaker: Paul Barclay

6. Venturing out of Africa - the first steps of the Great Human Journey

Out of Africa through to early civilisations. They evolved from the primitive "hunter gatherer" bands through to the earliest sophisticated civilisations.
Friday 1 April

People on the move. People travelled across vast distances in pursuit of adventure, conquest and trade, while some actually travelled in captivity or to seek refuge.
Friday 8 April

Searching for routes to the sources of spices and silk with ships and guns they conquered and colonised the world.
Friday 29 April
Leader: Himanshu Jhala

7. The Labyrinth as a Path of Peace

The Labyrinth has been a path of peace and reflection for thousands of years. This talk includes the history, with modern application of the labyrinth, as a universal path of peace.
Friday 15 April
Speaker: Emily Simpson

8. The Baroque Music Era - 1660 - 1750

Baroque, the Portuguese word for "irregular pearl" was associated with corrupt taste. Today it denotes the flamboyant, decorative, detailed art and music of this era, which is characterised by contrast with Renaissance restraint. Presented on DVD.
Friday 22 April
Presenter: Prof. Robert Greenberg / DVD

9. The Baroque Opera - Parts 1 and 2

Excerpts from Euridice, Dido, and Orfeo move the dramatic action in Opera. This allows the singer to reflect on the action, this action becoming the focal point in opera. Presented on DVD.
Friday 6 May
Presenter: Prof. Robert Greenberg / DVD

10. Two Great Artists

The Norwegian Edmund Munch produced one of the most famous paintings in art history with The Scream. But He achieved many more major works of the expressionist movement. August Macke was a significant painter of German expressionism. We will view a large number of paintings by both artists.
Fridays 13 and 27 May
Speaker: Reinhard Ronnebeck

11. What Freud actually said

This talk will outline the basic facts of his career and practical application, illustrated with case histories from the speaker's career as a Freudian psychotherapist.
Friday 20 May
Speaker: Joan Philips

12. The Masters of Suspicion: Marx, Freud and Nietzsche

Karl Marx, Sigmund Freud and Friedrich Nietzsche are often grouped together as the "Masters of Suspicion" as they pointedly ask the question: Are we as good as we think we are?
Friday 3 June
Speaker: Paul Chew

13. Baroque Art

Spanish Baroque art in the 17th century was one of weakened power and political influence, including the loss of the Northern Netherlands, but it also witnessed Spain's Golden Age of Art. Presented on DVD.
Friday 10 June
Presenter: Prof. William Kloss / DVD

14. The Antarctic Continent

A description of the Antarctic Continent: its early discovery and exploration; post WWII exploration and the Antarctic Treaty; environmental issues and commercial exploitation.
Friday 17 June
Speaker: Richard Thompson

BONDI JUNCTION: WAVERLEY LIBRARY THEATRETTE

32 Denison Street. A short walk from Bondi Junction station. Buses 200, 389. Parking available.

161EB01

WEDNESAYS AT BONDI JUNCTION

No bookings required
All times 10:00 - 12:00

1. North Korea, a Personal Experience

Maureen spent a few weeks travelling in DPRK (North Korea). She speaks of her journey into the secret Kingdom and her experience of its cities, people, borders and countryside.
Wednesday 24 Feb
Speaker: Maureen Brew

2. Sydney Opera House: Reasons for Change

Utzon urged that "changes should be such that the original character of the building is maintained". The original character of the glass walls and major and minor halls is examined.

Wednesdays 9 and 23 March

Speaker: Peter Compagnoni

3. Mediation and Dispute Resolution

Mediation is a method of dispute resolution as an alternative to going to court in an adversarial way. It brings warring parties together in a non-hierarchical way to sort out the issues involved. Courts prefer this method before they go into a hearing.

Wednesday 16 March

Speaker: Teik Hoc Lim

4. Inventions that Changed the World

A survey of the origin, nature and impact of those inventions that have had a major influence in changing the world from prehistoric times to the 21st century.

Wednesday 30 March

Speaker: Tony McCurdy

5. After the Guns of August 1588

What happened after the Spanish Armada? Philip of Spain launched another Armada. England and Spain became embroiled in the European Civil wars. England commenced carving its place in the New World.

Wednesday 6 April

Speaker: Dorothy McDonald.

6. Kemal Ataturk

Father of modern Turkey and one of the great reformers of the 20th century.

Wednesday 13 April

Speaker: Paul Barclay

7. The Norman Conquest - Post Bayeux Tapestry

New laws, language and architecture; the introduction of castles; every major church rebuilt and the destruction of the Anglo-Saxon ruling classes. Was it all go in Norman England?

Wednesday 20 April

Speaker: Dorothy MacDonald

8. Let's Put On A Show!

Our speaker from the Willoughby Theatre Company explores the myths and mysteries that occur before the curtain rises on a Broadway show.

Wednesdays 27 April; 11, 25 May

Speaker: Tom Sweeney

9. Bush Poetry - a Tribute to Early Australians

A tribute to early Australians in the form of rousing bush poetry, which captures their tough enduring spirit, humour and independence in the face of a harsh environment.

Wednesday 4 May

Speaker: Christine Lopacinski

10. Field Marshal Sir Thomas Blamey: an Australian Hero?

A controversial and colourful figure. Blamey was a country boy who went from being a teacher into a military

career at top level, then a stint as Police commissioner. His supporters included General Douglas Macarthur and Prime Minister John Curtin.

Wednesday 18 May

Speaker: John Malmberg

11. The History of Vaccination

Vaccination is the major method used today to combat viral diseases. However the use of vaccines to prevent or control viral diseases is often controversial. This talk will examine how vaccines work and discuss the way they are used to benefit mankind

Wednesday 1 June

Speaker: Penny Bishop

12. The Genius of Norman Lindsay

What a prodigious contribution Norman Lindsay made to art, literature and sculpture! The creator of *The Magic Pudding*, his representations of the female figure made him a controversial artist in his time.

Wednesday 8 June

Speaker: John Malmberg

13. The Art of Norman Lindsay

The presentation will either be a film relating to Lindsay's work, or some readings and displays.

Wednesday 15 June

Speaker: John Malmberg

161EB02

STEPPING ON: GENTLE EXERCISES FOR THE OLDER PERSON

These exercises will also include tips on fall prevention. Our trainer is from the NSW Dept. of Health. No cost. (7 sessions)

Weekly from Thursday 11 Feb to 24 March

Trainer: Trish Lynch

Booking: trish.lynych@sesiah.health.nsw.gov
9947 9818 Mob: 0400 771 281

BONDI JUNCTION: WAVERLEY COMMUNITY AND SENIORS CENTRE

B31- 33 Spring Street (Mill Hill Community Centre), Bondi Junction. Regular buses or trains to Bondi Junction.

161ES01

SPANISH INTERMEDIATE

An adequate knowledge of grammar, vocabulary and pronunciation is needed, as well as a sense of humour.

Each Thursday from 18 Feb 10:00 - 12:00

Leader and Bookings: Christine Lozano
9389 4310

ELIZABETH BAY: TRABARTHA APARTMENTS

Residents' Lounge 2nd Floor 61-69 Roslyn Gardens. 10-minute walk from Kings Cross Station. Buses 323, 324, 325 from Watsons Bay/Bondi Junction; 326, 327 from Circular Quay. Limited street parking.

161ET01

LAST FRIDAY BOOK CLUB

Share your interest in books by enjoying lively discussions with other avid readers. At each meeting the group decides the next book to be discussed, with the condition that it is readily available at an affordable price or can be borrowed from a local library. (5 sessions)

Last Friday of each month from 29 Jan

Leader and Bookings: Jan Macindoe

9660 0208 Mob: 0424 537 557

Email: macindoe@big:pond.net.au

MAROUBRA: BOWEN LIBRARY

Anzac Parade (cnr Gale St), Maroubra Junction. Buses 353,400 from Bondi Junction; 393,397,399 from Central Railway or the city.

161EM01

FILM DISCUSSION**(20)

Do you enjoy going to the movies, and would you like to share your opinions with others? Each fortnight, a discussion of acting, characters, plot and cinematography will be held on one or two nominated movies.

Alt. Tuesdays from 2 Feb 10:00 - 12:00

Leaders and Bookings: Graham Blazey
9365 1961

Gail Filetti 9349 5591

161EM02

DISCUSSION GROUP

If you are interested in the world around you, combined with a love of the occasional debate, come and join us at Maroubra. We have fun.

Alt Tuesdays from 9 Feb 10:00 - 12:00

Leader and Bookings: Judy Banwell
9664 2853

PADDINGTON: EJ WARD COMMUNITY CENTRE

189 Underwood Street. Buses 380, 381,
street parking.

161EP01

FRENCH INTERMEDIATE

Some previous knowledge is required.
Course covers basic grammar, reading,
vocabulary and conversation. A full-year
course.

Alt Mondays from 15 Feb 10:30 - 12:30

Leaders and Bookings:

Albert and Arlette Rousseau 9371 5725

161EP02

FRENCH ADVANCED

This is an informal discussion group.
We chat, debate topical subjects, read
articles, learn pronunciation and have fun
while brushing up on our French. A full-
year course.

Alt Fridays from 19 Feb 10:30 - 12:00

Leader and Bookings: Sabina Menczel
9371 5760

161EP03

FRENCH CONVERSATION

Lively discussion group debating topical
subjects. A full-year course. Held in
lounge area

Each Thursday from 4 Feb 9:30 - 11:00

Leader and Bookings: Sophie Brown
9953 2557

161EP04

ON THINKING

We will use selected writings by Gilbert
Ryle and Hannah Arendt on the themes
of thinking, imagining and remembering.
Readings will be made available. Held in
lounge area

Alt Fridays from 26 Feb. 10:30 - 12:30

Leader and Bookings: Max Deutscher
Bookings: 9251 5436 Mob: 0407 151 002

POTTS POINT: THE REGINALD MURPHY CENTRE

19 Greenknowe Avenue. 5-minute
walk from Kings Cross Station. 311 bus
from Central Station and Town Hall
(Park Street) passes the front door of
the centre. 2-minute walk from council
parking station in Elizabeth Bay Road.

Wheelchair accessible

Venue Coordinator:

Jeanette Budak 8374 6310

Email: jeanette.budak@gmail.com

161EV01

SOAPBOX**(12)

A stimulating discussion group. Have
your say on local and global current
affairs and interesting topics. If it makes

you mad, sad or glad come and share.
Controversy welcomed. Laughter
assured.

**Second and Fourth Tuesdays from
2 Feb 1:00 - 3:00**

Leader and Bookings:

Jan Carroll Mob: 0400 699 386

Email: beyondnice_7@live.com.au

RANDWICK: BERGER CENTRE

Berger Centre, 120 King Street,

161ER01

THAI CHI**(12)

Thursday 3 March 12:30 - 1:30

Leader: Danny Newhouse.

Bookings: Mob. 0410 480 705

WOOLLAHRA: GADEN (COMMUNITY CENTRE)

(Previously known as the Woollahra:

Holdsworth Community Centre)

Cnr. Edgecliffe Road and Queen Street.

Bus 200 from Bondi Junction.

161EG01

ITALIAN BEGINNERS

This is a new course starting and for
beginners.

Alt Thursdays from 18 Feb

10:30 - 12:30

Leader and Bookings:

Isabella Franceschini 9380 9231

161EG02

ITALIAN ADVANCED

This course is for people who have a
reasonable knowledge of Italian. It is
conducted in Italian including some
advanced grammar.

Alt Wednesdays from 10 Feb

10:30 - 12:30

Leader and Bookings:

Isabella Franceschini 9380 9231

161EG03

GERMAN

Previous knowledge of German essential.

Alt Fridays from 19 Feb 10:00 - 12:00

Leader and Bookings: Lisa Gerber

9313 7668

Email: lisgerb@tpg.com.au

161EG04

FRENCH BEGINNERS

Course focus is on conversation
necessary for travelling. Also covers basic
grammar, pronunciation and vocabulary.

Each Thursday from 18 Feb

10:30 - 12:30

Leader and Bookings: Jeanette Pham

9398 1835

Email: nguyetpham45@yahoo.com.au

WOOLLOOMOOLOO: OZANAM LEARNING CENTRE

Level 3, 99 Forbes Street. Venue is
operated by the St Vincent de Paul
Society and serves both the homeless
and local community. Short walk from
Kings Cross Station via William Street.
Buses 324, 325 along William Street,
alight near the corner of Forbes Street.
Limited street parking, many spots with
meters. **Wheelchair Accessible. Lift
available.**

Venue Coordinator: Anton Crouch

Email: anton.crouch@optusnet.com.au

161EZ01

FILM GROUP**(20)

A series of courses considering motion
pictures in a thematic way. Generally,
the time period covered is the 1930s,
40s and 50s. Themes include genres and
the work of directors and actors. A film
is shown at each session, with members
encouraged to consider the work in its
historical context.

(2 series of 6 sessions)

Series 1. Great Dames

From the golden years of great actresses.

Stand-out performances from Greta
Garbo, Jean Harlow, Joan Crawford,
Bette Davis, Barbara Stanwyck and
Marlene Dietrich.

Each Monday from 15 Feb

10:00 - 12:00

Series 2. Science Fiction

No computer graphics here. Just small
people, monsters, giant spiders, space
travel and Shakespeare.

Each Monday from 2 May 10:00 - 12:00

Leader and Bookings: Anton Crouch
9660 2889

Email: anton.crouch@optusnet.com.au

PRIVATE HOMES

161EH01

BRONTE - BOOK GROUP

**First Thursday of each month from
4 Feb 2:00 onwards**

Leader and Bookings: Janet Sculfer

9387 2770

161EH02

NORTH BONDI - BOOK GROUP

**Third Wednesday of each month from
27 Jan 2:00 onwards**

Leader and Bookings:

Patricia Dunn 9365 6896

161EH03

ROSE BAY - BOOK GROUP

**First Wednesday of each month from
3 Feb 2:00 onwards**

Leader and Bookings:

Sylvia Bennett 9371 5547